

Corrida/Caminhada Vital Contra o AVC

Vital Contra o AVC
29 de Outubro de 2017
Hospital de Braga
Chrono.pt



| Pos. | Dor. | Nome | Clube | Cat. | Pos. Cat. | Tempo | Km./h. | Diferencia |
|------|------|--------------------|--------------------------------------|------|-----------|----------|--------|------------|
| 1 | 944 | João Lopes | | M | 1 | 29:05.68 | 18,57 | |
| 2 | 943 | Rui Borges | | M | 2 | 29:14.46 | 18,47 | 0:00:08 |
| 3 | 381 | Leandro Martisn | Escola Atletismo Rosa Oliveira | M | 3 | 30:03.07 | 17,97 | 0:00:57 |
| 4 | 415 | nuno Fernandes | Escola Atletismo Rosa Oliveira | M | 4 | 31:37.20 | 17,08 | 0:02:31 |
| 5 | 769 | João Novo | | M | 5 | 31:40.28 | 17,05 | 0:02:34 |
| 6 | 413 | Rui Fernandes | Escola Atletismo Rosa Oliveira | M | 6 | 32:40.11 | 16,53 | 0:03:34 |
| 7 | 303 | João Costa | MNMs | M | 7 | 33:05.05 | 16,32 | 0:03:59 |
| 8 | 637 | José Andrade | Movimento de juventude de Merelim | M | 8 | 33:05.90 | 16,32 | 0:04:00 |
| 9 | 4 | Filipe Saraiva | Palmeira Runners | M | 9 | 33:22.75 | 16,18 | 0:04:17 |
| 10 | 280 | Tiago Conceição | | M | 10 | 33:24.00 | 16,17 | 0:04:18 |
| 11 | 665 | Francisco Teixeira | Amigos da corrida | M | 11 | 33:28.81 | 16,14 | 0:04:23 |
| 12 | 234 | Nuno Carvalho | | M | 12 | 33:37.64 | 16,06 | 0:04:32 |
| 13 | 221 | José Fins | Braguinhas Runners | M | 13 | 33:43.02 | 16,02 | 0:04:37 |
| 14 | 767 | Rafael Boas | S.C.Braga | M | 14 | 34:00.59 | 15,88 | 0:04:55 |
| 15 | 399 | Joaquim Coelho | Escola Atletismo Rosa Oliveira | M | 15 | 34:35.44 | 15,61 | 0:05:29 |
| 16 | 382 | Miguel Torres | Escola Atletismo Rosa Oliveira | M | 16 | 34:40.29 | 15,58 | 0:05:34 |
| 17 | 679 | Flávio Fernandes | NBA Barrosas | M | 17 | 34:50.43 | 15,50 | 0:05:44 |
| 18 | 631 | João Cardoso | Os Madrugadores do Parque das Taipas | M | 18 | 34:51.09 | 15,49 | 0:05:45 |
| 19 | 32 | JOAO MACHADO | Turbulentos | M | 19 | 35:04.32 | 15,40 | 0:05:58 |
| 20 | 748 | Marco Marques | | M | 20 | 35:06.92 | 15,38 | 0:06:01 |
| 21 | 129 | Tiago Flores | | M | 21 | 35:10.06 | 15,36 | 0:06:04 |
| 22 | 309 | José marques | Gulbenkian | M | 22 | 35:11.96 | 15,35 | 0:06:06 |
| 23 | 596 | José Boavista | | M | 23 | 35:42.72 | 15,13 | 0:06:37 |
| 24 | 651 | Sérgio Talaia | | M | 24 | 35:52.00 | 15,06 | 0:06:46 |
| 25 | 680 | Ramiro Ribeiro | NBA Barrosas | M | 25 | 35:52.04 | 15,06 | 0:06:46 |
| 26 | 41 | Fernando Antunes | Turbulentos | M | 26 | 36:06.58 | 14,96 | 0:07:01 |
| 27 | 390 | José Ferreira | | M | 27 | 36:13.81 | 14,91 | 0:07:08 |
| 28 | 174 | Luciano Pena | | M | 28 | 36:19.39 | 14,87 | 0:07:13 |
| 29 | 584 | Vítor Faria | Palmeira Runners | M | 29 | 36:20.72 | 14,86 | 0:07:15 |
| 30 | 153 | Paulo Tavares | Friends | M | 30 | 36:22.48 | 14,85 | 0:07:16 |
| 31 | 24 | Filipe Correia | Arrasta o pé | M | 31 | 36:26.32 | 14,82 | 0:07:20 |
| 32 | 827 | José Barbosa | | M | 32 | 36:28.34 | 14,81 | 0:07:22 |
| 33 | 681 | Marco Vaz | NBA Barrosas | M | 33 | 36:34.11 | 14,77 | 0:07:28 |
| 34 | 161 | João Malheiro | | M | 34 | 36:41.28 | 14,72 | 0:07:35 |
| 35 | 34 | Miguel Rego | QUALY - Produtos de Limpeza | M | 35 | 36:49.93 | 14,67 | 0:07:44 |
| 36 | 717 | Paulo Matos | Gulbenkian | M | 36 | 36:56.00 | 14,62 | 0:07:50 |
| 37 | 949 | Marco Pinto | | M | 37 | 36:56.10 | 14,62 | 0:07:50 |
| 38 | 977 | Fernando Rocha | | M | 38 | 36:57.10 | 14,61 | 0:07:51 |
| 39 | 269 | Bruno Santos | | M | 39 | 37:09.96 | 14,54 | 0:08:04 |
| 40 | 146 | Rui Leite | Friends | M | 40 | 37:10.38 | 14,53 | 0:08:04 |
| 41 | 212 | Raul Ribeiro | Braga Runners | M | 41 | 37:23.13 | 14,44 | 0:08:17 |
| 42 | 92 | Rui Nogueira | | M | 42 | 37:39.30 | 14,34 | 0:08:33 |
| 43 | 79 | Joao Carvalho | | M | 43 | 37:55.01 | 14,24 | 0:08:49 |
| 44 | 740 | José Rego | Palmeira Runners | M | 44 | 37:57.66 | 14,23 | 0:08:52 |
| 45 | 842 | Paulo Sá | Braguinhas Runners | M | 45 | 38:10.83 | 14,15 | 0:09:05 |
| 46 | 333 | André Dias | | M | 46 | 38:15.78 | 14,12 | 0:09:10 |
| 47 | 818 | Carlos Fernandes | Turbulentos | M | 47 | 38:24.30 | 14,06 | 0:09:18 |

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| 48 | 973 | Rafael Lima | | M | 48 | 38:32.40 | 14,01 | 0:09:26 |
| 49 | 658 | João Correia | | M | 49 | 38:33.66 | 14,01 | 0:09:28 |
| 50 | 405 | Luís Oliveira | | M | 50 | 38:34.25 | 14,00 | 0:09:28 |
| 51 | 511 | Luis Ferreira | | M | 51 | 38:37.90 | 13,98 | 0:09:32 |
| 52 | 149 | Nuno Ferreira | Friends | M | 52 | 38:40.69 | 13,97 | 0:09:35 |
| 53 | 975 | Manuel Barrocas | Braguinhas | M | 53 | 38:41.82 | 13,96 | 0:09:36 |
| 54 | 317 | MANUEL COSTA | A.C. VERMOIM | M | 54 | 38:42.69 | 13,95 | 0:09:37 |
| 55 | 912 | José Ribeiro Marques | | M | 55 | 38:46.00 | 13,93 | 0:09:40 |
| 56 | 971 | Guilherme Rodrigues | CLUBE ACCENTURE | M | 56 | 38:54.74 | 13,88 | 0:09:49 |
| 57 | 456 | Adriano Ferreira | CHOCO TEAM | M | 57 | 39:00.19 | 13,85 | 0:09:54 |
| 58 | 188 | Américo Lopes | Kalenji Runers Braga | M | 58 | 39:00.83 | 13,85 | 0:09:55 |
| 59 | 813 | Alexandre Martins | SABSEG | M | 59 | 39:03.69 | 13,83 | 0:09:58 |
| 60 | 400 | Rosa Oliveira | Escola Atletismo Rosa Oliveira | F | 1 | 39:06.15 | 13,81 | 0:10:00 |
| 61 | 69 | Paulo Ribeiro | DiVE | M | 60 | 39:06.73 | 13,81 | 0:10:01 |
| 62 | 1 | Tiago Oliveira | | M | 61 | 39:06.97 | 13,81 | 0:10:01 |
| 63 | 97 | *****Dorsal 97 | | ????? | | 39:07.55 | 13,80 | 0:10:02 |
| 64 | 414 | Américo Oliveira | Escola Atletismo Rosa Oliveira | M | 62 | 39:08.85 | 13,80 | 0:10:03 |
| 65 | 815 | Emanuel Braga | SABSEG | M | 63 | 39:09.10 | 13,79 | 0:10:03 |
| 66 | 306 | Camilo Oliveira | Kalenji Runers Braga | M | 64 | 39:14.71 | 13,76 | 0:10:09 |
| 67 | 6 | Cristiano Silva | Giancarla Cabidelli de Souza Silva | M | 65 | 39:16.02 | 13,75 | 0:10:10 |
| 68 | 244 | Tiago Carvalho | tiago carvalho | M | 66 | 39:19.59 | 13,73 | 0:10:14 |
| 69 | 179 | Tiago Almeida | | M | 67 | 39:23.57 | 13,71 | 0:10:18 |
| 70 | 792 | JOÃO L LOPES | Desportivo Ases S. Jorge-Fafe | M | 68 | 39:26.33 | 13,69 | 0:10:20 |
| 71 | 826 | Fernando Silva | | M | 69 | 39:29.63 | 13,68 | 0:10:24 |
| 72 | 11 | Manuel Craveiro | | M | 70 | 39:30.42 | 13,67 | 0:10:24 |
| 73 | 117 | Domingos Vilaca | | M | 71 | 39:32.04 | 13,66 | 0:10:26 |
| 74 | 645 | Fábio Soares | 4brain | M | 72 | 39:34.85 | 13,65 | 0:10:29 |
| 75 | 262 | Joaquim Carvalho | | M | 73 | 39:38.02 | 13,62 | 0:10:32 |
| 76 | 90 | Filipa Gomes | Kalenji Runers Braga | F | 2 | 39:38.78 | 13,62 | 0:10:33 |
| 77 | 907 | Jaime Lima | | M | 74 | 39:41.11 | 13,61 | 0:10:35 |
| 78 | 966 | Óscar Resende | CLUBE ACCENTURE | M | 75 | 39:45.88 | 13,58 | 0:10:40 |
| 79 | 924 | Bruno Rafael | | M | 76 | 39:47.38 | 13,57 | 0:10:41 |
| 80 | 787 | jorge faria | | M | 77 | 39:51.63 | 13,55 | 0:10:46 |
| 81 | 176 | Tiago Correia | QUALY - Produtos de limpeza | M | 78 | 39:55.31 | 13,53 | 0:10:49 |
| 82 | 263 | Gonçalo Aroso | | M | 79 | 39:57.60 | 13,52 | 0:10:52 |
| 83 | 458 | David Gonçalves | CHOCO TEAM | M | 80 | 40:01.21 | 13,49 | 0:10:55 |
| 84 | 781 | Avelino Silva | Avelino Silva | M | 81 | 40:04.63 | 13,48 | 0:10:59 |
| 85 | 557 | Domingos Raimundo | | M | 82 | 40:06.16 | 13,47 | 0:11:00 |
| 86 | 979 | João Dias | Movimento de juventude de Merelim | M | 83 | 40:13.58 | 13,43 | 0:11:08 |
| 87 | 173 | Henrique Correia | QUALY - Produtos de Limpeza | M | 84 | 40:13.91 | 13,43 | 0:11:08 |
| 88 | 692 | Rui Braga | Kalenji Runers Braga | M | 85 | 40:15.09 | 13,42 | 0:11:09 |
| 89 | 607 | Filipe Sousa | | M | 86 | 40:19.33 | 13,39 | 0:11:13 |
| 90 | 964 | Armando Freitas | CLUBE ACCENTURE | M | 87 | 40:27.21 | 13,35 | 0:11:21 |
| 91 | 765 | JOSE BOAS | S.C:Braga | M | 88 | 40:29.76 | 13,34 | 0:11:24 |
| 92 | 215 | Rafael Ferreira | Braguinhas Runners | M | 89 | 40:34.09 | 13,31 | 0:11:28 |
| 93 | 727 | Miguel Alves | | M | 90 | 40:40.83 | 13,28 | 0:11:35 |
| 94 | 476 | Paulo Oliveira | Bracarenses | M | 91 | 40:41.74 | 13,27 | 0:11:36 |
| 95 | 75 | Simão Vilaça | Turbulentos | M | 92 | 40:42.52 | 13,27 | 0:11:37 |
| 96 | 472 | Hélio Guimarães | Os bracarenses | M | 93 | 40:42.81 | 13,27 | 0:11:37 |
| 97 | 687 | Rui Rito | Turbulentos | M | 94 | 40:44.42 | 13,26 | 0:11:38 |
| 98 | 289 | José Ferreira | | M | 95 | 40:44.81 | 13,26 | 0:11:39 |
| 99 | 441 | Roberto Meira | | M | 96 | 40:55.39 | 13,20 | 0:11:49 |
| 100 | 181 | Gjermund Johansen | | M | 97 | 41:03.20 | 13,15 | 0:11:57 |
| 101 | 364 | Luis Gonçalves | | M | 98 | 41:04.32 | 13,15 | 0:11:58 |
| 102 | 91 | João Mota | | M | 99 | 41:05.80 | 13,14 | 0:12:00 |
| 103 | 29 | Miguel Ribeiro | M&M | M | 100 | 41:05.95 | 13,14 | 0:12:00 |
| 104 | 742 | Helder Barroso | Braguinhas Runners | M | 101 | 41:06.49 | 13,14 | 0:12:00 |
| 105 | 691 | SEBASTIÃO GONÇALVES | Braga Runners | M | 102 | 41:07.71 | 13,13 | 0:12:02 |
| 106 | 344 | João Pereira | Kalenji Runers Braga | M | 103 | 41:08.82 | 13,13 | 0:12:03 |

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| 107 | 204 | Nuno Sá | | M | 104 | 41:09.07 | 13,12 | 0:12:03 |
| 108 | 521 | Casimiro Azevedo | | M | 105 | 41:19.85 | 13,07 | 0:12:14 |
| 109 | 307 | Teresa Silva | Amigos da corrida | F | 3 | 41:28.34 | 13,02 | 0:12:22 |
| 110 | 183 | Nuno Silva | | M | 106 | 41:28.35 | 13,02 | 0:12:22 |
| 111 | 308 | Fernando Nunes | Amigos da corrida | M | 107 | 41:28.84 | 13,02 | 0:12:23 |
| 112 | 803 | André Oliveira | | M | 108 | 41:28.88 | 13,02 | 0:12:23 |
| 113 | 283 | António Oliveira | | M | 109 | 41:33.37 | 13,00 | 0:12:27 |
| 114 | 950 | Ricardo Silva | Turbulentos | M | 110 | 41:33.45 | 13,00 | 0:12:27 |
| 115 | 148 | Fernando Soares | Friends | M | 111 | 41:33.66 | 13,00 | 0:12:28 |
| 116 | 406 | Edgar Pereira | | M | 112 | 41:35.97 | 12,99 | 0:12:30 |
| 117 | 554 | Raúl Villanueva | NoHayMáNá | M | 113 | 41:36.69 | 12,98 | 0:12:31 |
| 118 | 663 | Manuel Matos | Grupo Desportivo União Oliveirense | M | 114 | 41:36.93 | 12,98 | 0:12:31 |
| 119 | 371 | Jorge Parrinha | Bragaxplora/Nortinfo | M | 115 | 41:37.14 | 12,98 | 0:12:31 |
| 120 | 553 | Manuel Moreno | NoHayMáNá | M | 116 | 41:37.47 | 12,98 | 0:12:31 |
| 121 | 954 | José Sousa | | M | 117 | 41:41.29 | 12,95 | 0:12:35 |
| 122 | 760 | Artur Gil | Artur Gil | M | 118 | 41:43.96 | 12,94 | 0:12:38 |
| 123 | 112 | Eugénio Veiga | M.E.D.O. | M | 119 | 41:44.67 | 12,94 | 0:12:39 |
| 124 | 311 | FRANCISCO MIRANDA | A.C. VERMOIM | M | 120 | 41:47.21 | 12,92 | 0:12:41 |
| 125 | 366 | Andre Miranda | Fitness Run Club Braga | M | 121 | 41:52.43 | 12,90 | 0:12:46 |
| 126 | 961 | Carla Araújo | CLUBE ACCENTURE | F | 4 | 41:57.88 | 12,87 | 0:12:52 |
| 127 | 605 | Nuno Rodrigues | RonfeACorrer | M | 122 | 41:59.05 | 12,86 | 0:12:53 |
| 128 | 976 | Ângela Barros | CLUBE ACCENTURE | F | 5 | 41:59.52 | 12,86 | 0:12:54 |
| 129 | 780 | Agostinho Fernandes | | M | 123 | 42:01.23 | 12,85 | 0:12:55 |
| 130 | 836 | José Marques | | M | 124 | 42:03.05 | 12,84 | 0:12:57 |
| 131 | 763 | António Oliveira | Arpo | M | 125 | 42:04.03 | 12,84 | 0:12:58 |
| 132 | 955 | Pedro Barros | Turbulentos | M | 126 | 42:04.55 | 12,84 | 0:12:59 |
| 133 | 9 | Hugo Oliveira | | M | 127 | 42:04.99 | 12,84 | 0:12:59 |
| 134 | 319 | HERCULANO CARDOSO | A.C. VERMOIM | M | 128 | 42:06.87 | 12,83 | 0:13:01 |
| 135 | 713 | José Ferreira | GTT - Armazem do Caffé | M | 129 | 42:07.95 | 12,82 | 0:13:02 |
| 136 | 542 | J.Manuel Barbosa | Grupo Desportivo União Oliveirense | M | 130 | 42:08.00 | 12,82 | 0:13:02 |
| 137 | 551 | Manuel Araújo | Calca Folhas | M | 131 | 42:08.23 | 12,82 | 0:13:02 |
| 138 | 27 | Carlos Braga | MNMs | M | 132 | 42:09.53 | 12,81 | 0:13:04 |
| 139 | 356 | António Gaspar | MNMs | M | 133 | 42:10.01 | 12,81 | 0:13:04 |
| 140 | 609 | Luís Vieira | | M | 134 | 42:11.26 | 12,80 | 0:13:05 |
| 141 | 974 | Helena Lima | | F | 6 | 42:12.05 | 12,80 | 0:13:06 |
| 142 | 13 | Manuel Sobreira | | M | 135 | 42:12.48 | 12,80 | 0:13:06 |
| 143 | 420 | Miguel silva | | M | 136 | 42:14.71 | 12,79 | 0:13:09 |
| 144 | 462 | Mário Rosas | WeDo Runners | M | 137 | 42:16.06 | 12,78 | 0:13:10 |
| 145 | 217 | João Cunha | ATIB FinaBraga Running | M | 138 | 42:20.56 | 12,76 | 0:13:15 |
| 146 | 941 | Ângelo Carneiro | Hipocampos de corrida | M | 139 | 42:23.59 | 12,74 | 0:13:18 |
| 147 | 761 | João Pinho | | M | 140 | 42:23.70 | 12,74 | 0:13:18 |
| 148 | 104 | Paulo Gouveia | | M | 141 | 42:26.29 | 12,73 | 0:13:20 |
| 149 | 407 | João Miguel Costa | Turbulentos | M | 142 | 42:26.91 | 12,73 | 0:13:21 |
| 150 | 328 | Telmo Peixoto | | M | 143 | 42:27.57 | 12,72 | 0:13:22 |
| 151 | 706 | José Pereira | Braguinhas Runners | M | 144 | 42:28.09 | 12,72 | 0:13:22 |
| 152 | 265 | Bruno Fernandes | | M | 145 | 42:28.57 | 12,72 | 0:13:23 |
| 153 | 798 | Andreia Batista | | F | 7 | 42:29.07 | 12,71 | 0:13:23 |
| 154 | 594 | Ricardo Carvalho | | M | 146 | 42:29.10 | 12,71 | 0:13:23 |
| 155 | 804 | Albinl Bento | Travassos Running Fafe | M | 147 | 42:31.48 | 12,70 | 0:13:25 |
| 156 | 628 | José Freitas | Os Madrugadores do Parque das Taipas | M | 148 | 42:37.51 | 12,67 | 0:13:32 |
| 157 | 630 | Manuel Oliveira | Os Madrugadores do Parque das Taipas | M | 149 | 42:38.03 | 12,67 | 0:13:32 |
| 158 | 291 | Antonio Costa | Turbulentos | M | 150 | 42:41.08 | 12,65 | 0:13:35 |
| 159 | 396 | Fernando Costa | | M | 151 | 42:41.95 | 12,65 | 0:13:36 |
| 160 | 218 | Rui Matias | | M | 152 | 42:42.48 | 12,65 | 0:13:36 |
| 161 | 969 | João Teixeira | CLUBE ACCENTURE | M | 153 | 42:42.86 | 12,65 | 0:13:37 |
| 162 | 736 | Adolfo Silva | Braguinhas Runners | M | 154 | 42:46.59 | 12,63 | 0:13:41 |
| 163 | 516 | Nuno Andrade | | M | 155 | 42:47.79 | 12,62 | 0:13:42 |
| 164 | 618 | Ricardo Oliveira | 2017_AVC | M | 156 | 42:48.35 | 12,62 | 0:13:42 |
| 165 | 652 | David Rodrigues | RonfeACorrer | M | 157 | 42:48.67 | 12,62 | 0:13:43 |

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| 166 | 602 | Alexandre Ribeiro | RonfeACorrer | M | 158 | 42:50.45 | 12,61 | 0:13:44 |
| 167 | 76 | Babila Carvalho | Kalenji Runers Braga | F | 8 | 42:51.03 | 12,60 | 0:13:45 |
| 168 | 246 | José Ferreira | | M | 159 | 42:56.66 | 12,58 | 0:13:51 |
| 169 | 49 | Pedro | | M | 160 | 43:02.54 | 12,55 | 0:13:57 |
| 170 | 967 | João Meireles | CLUBE ACCENTURE | M | 161 | 43:03.83 | 12,54 | 0:13:58 |
| 171 | 776 | Patricia Ferreira | Gazelas | F | 9 | 43:06.12 | 12,53 | 0:14:00 |
| 172 | 401 | Miguel Marinho | Escola Atletismo Rosa Oliveira | M | 162 | 43:08.82 | 12,52 | 0:14:03 |
| 173 | 735 | Rui Gomes | Braguinhas Runners | M | 163 | 43:09.34 | 12,51 | 0:14:03 |
| 174 | 752 | Paulo alves | | M | 164 | 43:10.55 | 12,51 | 0:14:05 |
| 175 | 714 | Maria Lemos | GTT - Armazém do Caffé | F | 10 | 43:10.74 | 12,51 | 0:14:05 |
| 176 | 182 | Igor Pinto | | M | 165 | 43:14.37 | 12,49 | 0:14:08 |
| 177 | 699 | Sandra Leite | Sandra Leite | F | 11 | 43:21.73 | 12,46 | 0:14:16 |
| 178 | 982 | António Pimentel | | M | 166 | 43:23.43 | 12,45 | 0:14:17 |
| 179 | 700 | Abilio Pereira | | M | 167 | 43:24.70 | 12,44 | 0:14:19 |
| 180 | 128 | Sofia Marques | | F | 12 | 43:25.51 | 12,44 | 0:14:20 |
| 181 | 591 | Manuel Martins | | M | 168 | 43:28.84 | 12,42 | 0:14:23 |
| 182 | 942 | João dos Santos Magalhães | | M | 169 | 43:29.77 | 12,42 | 0:14:24 |
| 183 | 805 | Orlando Pinto | Travassos Running Fafe | M | 170 | 43:30.27 | 12,41 | 0:14:24 |
| 184 | 167 | Carlos Cunha | Bragaxplora/Nortinfo | M | 171 | 43:30.47 | 12,41 | 0:14:24 |
| 185 | 671 | Francisco Silva | | M | 172 | 43:33.16 | 12,40 | 0:14:27 |
| 186 | 330 | Patrícia Soares | | F | 13 | 43:35.53 | 12,39 | 0:14:30 |
| 187 | 87 | Miguel Mendes | Bosch | M | 173 | 43:38.41 | 12,38 | 0:14:32 |
| 188 | 219 | Pedro Costa | M&M | M | 174 | 43:41.97 | 12,36 | 0:14:36 |
| 189 | 368 | Amaro Fernandes | | M | 175 | 43:45.34 | 12,34 | 0:14:39 |
| 190 | 649 | Manuel Graça | | M | 176 | 43:47.05 | 12,33 | 0:14:41 |
| 191 | 662 | Manuel Martins | | M | 177 | 43:47.20 | 12,33 | 0:14:41 |
| 192 | 121 | Jose Peixoto | | M | 178 | 43:47.65 | 12,33 | 0:14:42 |
| 193 | 314 | ANTÓNIO FERREIRA | A.C. VERMOIM | M | 179 | 43:48.85 | 12,33 | 0:14:43 |
| 194 | 429 | Paulo leite | | M | 180 | 43:49.49 | 12,32 | 0:14:43 |
| 195 | 189 | Anabela lopes | | F | 14 | 43:50.31 | 12,32 | 0:14:44 |
| 196 | 190 | João Gomes | Gulbenkian | M | 181 | 43:53.88 | 12,31 | 0:14:48 |
| 197 | 249 | Marco Ferreira | Braguinhas Runners | M | 182 | 43:54.05 | 12,30 | 0:14:48 |
| 198 | 707 | Mário Gonçalves | Braguinhas Runners | M | 183 | 43:55.16 | 12,30 | 0:14:49 |
| 199 | 369 | Carlos Alves | Kalenji Runers Braga | M | 184 | 43:55.24 | 12,30 | 0:14:49 |
| 200 | 956 | Daniel Fernandes | Turbulentos | M | 185 | 43:59.61 | 12,28 | 0:14:54 |
| 201 | 50 | Vitor Pacheco | Turbulentos | M | 186 | 44:00.00 | 12,27 | 0:14:54 |
| 202 | 809 | Nuno Nogueira | | M | 187 | 44:00.87 | 12,27 | 0:14:55 |
| 203 | 36 | José Loureiro | Turbulentos | M | 188 | 44:02.63 | 12,26 | 0:14:57 |
| 204 | 617 | José Silva | 2017_AVC | M | 189 | 44:06.02 | 12,24 | 0:15:00 |
| 205 | 985 | Sergio Gonçalves | | M | 190 | 44:06.37 | 12,24 | 0:15:00 |
| 206 | 940 | Rui Pereira | | M | 191 | 44:08.78 | 12,24 | 0:15:03 |
| 207 | 65 | Pedro Medeiros | Badochinhas | M | 192 | 44:08.83 | 12,24 | 0:15:03 |
| 208 | 423 | Davide Ribeiro | | M | 193 | 44:09.02 | 12,23 | 0:15:03 |
| 209 | 841 | Fernando Sanches | Braguinhas Runners | M | 194 | 44:10.66 | 12,23 | 0:15:05 |
| 210 | 914 | josé nuno alves | | M | 195 | 44:12.56 | 12,22 | 0:15:07 |
| 211 | 737 | Paula Silva | Braguinhas Runners | F | 15 | 44:13.48 | 12,21 | 0:15:07 |
| 212 | 627 | Carlos Ribeiro | Os Madrugadores do Parque das Taipas | M | 196 | 44:13.83 | 12,21 | 0:15:08 |
| 213 | 625 | Roberto Gonçalves | Os Madrugadores do Parque das Taipas | M | 197 | 44:14.33 | 12,21 | 0:15:08 |
| 214 | 835 | Bruno Costa | ICVS runners | M | 198 | 44:14.84 | 12,21 | 0:15:09 |
| 215 | 747 | Simão Gomes | | M | 199 | 44:16.70 | 12,20 | 0:15:11 |
| 216 | 335 | Leandro Silva | | M | 200 | 44:17.07 | 12,19 | 0:15:11 |
| 217 | 12 | sergio oliveira | Socicarn | M | 201 | 44:18.03 | 12,19 | 0:15:12 |
| 218 | 98 | Raul Cerdeira | | M | 202 | 44:23.34 | 12,17 | 0:15:17 |
| 219 | 64 | Carlos Alves | Turbulentos | M | 203 | 44:26.11 | 12,15 | 0:15:20 |
| 220 | 172 | Artur Silva | Turbulentos | M | 204 | 44:26.43 | 12,15 | 0:15:20 |
| 221 | 342 | Carla Oliveira | | F | 16 | 44:28.52 | 12,14 | 0:15:23 |
| 222 | 682 | CARLOS RIBEIRO | | M | 205 | 44:32.16 | 12,13 | 0:15:26 |
| 223 | 365 | Fernando Carneiro | | M | 206 | 44:36.31 | 12,11 | 0:15:30 |
| 224 | 845 | José Torres | Braguinhas Runners | M | 207 | 44:37.81 | 12,10 | 0:15:32 |

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| 225 | 970 Nuno Dias | CLUBE ACCENTURE | F | 17 | 44:38.61 | 12,10 0:15:33 |
| 226 | 391 Elisa Rodrigues | | F | 18 | 44:41.11 | 12,09 0:15:35 |
| 227 | 327 Rui Costa | MNMs | M | 208 | 44:43.30 | 12,08 0:15:37 |
| 228 | 525 Fernando Vaz | | M | 209 | 44:44.22 | 12,07 0:15:38 |
| 229 | 794 RUI FERNANDES | BRAGAXPLORA / NORTINFO | M | 210 | 44:48.56 | 12,05 0:15:43 |
| 230 | 933 Suse Patricia Lucas | | F | 19 | 44:48.60 | 12,05 0:15:43 |
| 231 | 934 Ricardo Miguel Reis Rodrigues | | M | 211 | 44:48.94 | 12,05 0:15:43 |
| 232 | 981 Leonor Marques | ICVS runners | F | 20 | 44:55.04 | 12,02 0:15:49 |
| 233 | 539 Jorge Ramos | | M | 212 | 45:00.85 | 12,00 0:15:55 |
| 234 | 785 Ricardo Vaz | Alexandra Carvalho Team | M | 213 | 45:01.46 | 12,00 0:15:55 |
| 235 | 374 Rui Ferreira | Bragaxplora/Nortinfo | M | 214 | 45:01.86 | 12,00 0:15:56 |
| 236 | 440 Vitor Moço | | M | 215 | 45:02.73 | 11,99 0:15:57 |
| 237 | 131 José Fonseca | Braguinhas Runners | M | 216 | 45:05.84 | 11,98 0:16:00 |
| 238 | 66 Marta Carrito | Kalenji Runers Braga | F | 21 | 45:08.27 | 11,96 0:16:02 |
| 239 | 419 Pedro Goncalves | Alexandra Carvalho Team | M | 217 | 45:12.60 | 11,95 0:16:07 |
| 240 | 465 Bruno Oliveira | Besurg | M | 218 | 45:15.69 | 11,93 0:16:10 |
| 241 | 703 Ricardo Garcia | | M | 219 | 45:18.37 | 11,92 0:16:12 |
| 242 | 593 José Silva | Alexandra Carvalho Team | M | 220 | 45:22.78 | 11,90 0:16:17 |
| 243 | 425 Paulo Silva | | M | 221 | 45:24.26 | 11,89 0:16:18 |
| 244 | 467 João Fonseca | Besurg | M | 222 | 45:26.43 | 11,89 0:16:20 |
| 245 | 480 Jorge Teixeira | Choco Team | M | 223 | 45:27.52 | 11,88 0:16:22 |
| 246 | 118 José Freitas | | M | 224 | 45:28.97 | 11,88 0:16:23 |
| 247 | 484 Pedro Silva | | M | 225 | 45:29.21 | 11,87 0:16:23 |
| 248 | 53 Carlos Silva | socicarne | M | 226 | 45:29.24 | 11,87 0:16:23 |
| 249 | 820 José Araújo | | M | 227 | 45:29.54 | 11,87 0:16:24 |
| 250 | 434 José Cunha | | M | 228 | 45:32.06 | 11,86 0:16:26 |
| 251 | 418 Joaquim Ferreira | Kalenji Runers Braga | M | 229 | 45:32.07 | 11,86 0:16:26 |
| 252 | 258 Carlos silva | Cds de priscos | M | 230 | 45:32.24 | 11,86 0:16:26 |
| 253 | 481 Pedro Coelho | Os Bracarenses | M | 231 | 45:34.33 | 11,85 0:16:28 |
| 254 | 750 Americo Macedo | | M | 232 | 45:35.50 | 11,85 0:16:30 |
| 255 | 755 Nelson Vilaça | | M | 233 | 45:38.75 | 11,83 0:16:33 |
| 256 | 917 Jonahntan Martins | | M | 234 | 45:39.88 | 11,83 0:16:34 |
| 257 | 569 Jose Araujo | | M | 235 | 45:41.01 | 11,82 0:16:35 |
| 258 | 745 José Gomes | José Gomes | M | 236 | 45:42.31 | 11,82 0:16:36 |
| 259 | 817 Marinha Fernandes | Turbulentos | F | 22 | 45:47.87 | 11,79 0:16:42 |
| 260 | 70 MANUEL SILVA | Turbulentos | M | 237 | 45:47.92 | 11,79 0:16:42 |
| 261 | 668 Pedro Mendes | Mendes Team | M | 238 | 45:48.67 | 11,79 0:16:43 |
| 262 | 348 Manuel Sousa | Turbulentos | M | 239 | 45:48.77 | 11,79 0:16:43 |
| 263 | 51 António Santos | Turbulentos | M | 240 | 45:49.05 | 11,79 0:16:43 |
| 264 | 655 Paulo Oliveira | RonfeACorrer | M | 241 | 45:53.48 | 11,77 0:16:47 |
| 265 | 604 Sandra Marques | RonfeACorrer | F | 23 | 45:53.65 | 11,77 0:16:48 |
| 266 | 603 Marisa Salgado | RonfeACorrer | F | 24 | 45:54.55 | 11,76 0:16:49 |
| 267 | 537 Nelson Dantas | A. D. Calca Folhas | M | 242 | 45:56.94 | 11,76 0:16:51 |
| 268 | 527 Maria Rodrigues | Amigos da corrida | F | 25 | 45:58.00 | 11,75 0:16:52 |
| 269 | 983 Domingos Pereira | | M | 243 | 45:59.68 | 11,74 0:16:54 |
| 270 | 17 Carlos Barbosa | Hangover Running | M | 244 | 46:00.39 | 11,74 0:16:54 |
| 271 | 560 Miguel Lopes | Bracara Genus | M | 245 | 46:06.23 | 11,71 0:17:00 |
| 272 | 666 João Gonçalves | | M | 246 | 46:06.51 | 11,71 0:17:01 |
| 273 | 558 José Costa | Bracara Genus | M | 247 | 46:07.07 | 11,71 0:17:01 |
| 274 | 367 anibal machado | | M | 248 | 46:07.43 | 11,71 0:17:01 |
| 275 | 825 Manuel Miranda | | M | 249 | 46:10.82 | 11,70 0:17:05 |
| 276 | 938 Joaquim Matos | Gulbenkian | M | 250 | 46:17.80 | 11,67 0:17:12 |
| 277 | 545 Isabel Gomes | Amigos da corrida | F | 26 | 46:23.67 | 11,64 0:17:18 |
| 278 | 310 FILIPE RIBEIRO | A.C. VERMOIM | M | 251 | 46:26.57 | 11,63 0:17:21 |
| 279 | 629 Manuel Macedo | Os Madrugadores do Parque das Taipas | M | 252 | 46:29.21 | 11,62 0:17:23 |
| 280 | 191 Dinis Andrade | | M | 253 | 46:31.42 | 11,61 0:17:25 |
| 281 | 331 Jose Mendes | Adeca | M | 254 | 46:32.19 | 11,60 0:17:26 |
| 282 | 945 Paulo Rosário | sporting | M | 255 | 46:35.57 | 11,59 0:17:30 |
| 283 | 601 Erick Araújo | | M | 256 | 46:35.96 | 11,59 0:17:30 |

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| 284 | 916 Hugo Couto | | M | 257 | 46:37.05 | 11,58 0:17:31 |
| 285 | 237 Sara Lima | Gavionas | F | 27 | 46:39.06 | 11,58 0:17:33 |
| 286 | 586 Rui Carvalho | | M | 258 | 46:41.51 | 11,57 0:17:36 |
| 287 | 951 Mário Cardoso | Turbulentos | M | 259 | 46:43.01 | 11,56 0:17:37 |
| 288 | 959 Manuela Maia | Turbulentos | F | 28 | 46:43.53 | 11,56 0:17:38 |
| 289 | 701 Paulo Rito | | M | 260 | 46:43.97 | 11,56 0:17:38 |
| 290 | 360 jose brandao | | M | 261 | 46:44.10 | 11,55 0:17:38 |
| 291 | 372 Francisco Vilaça | | M | 262 | 46:44.19 | 11,55 0:17:38 |
| 292 | 588 Jose Pinto | | M | 263 | 46:44.32 | 11,55 0:17:38 |
| 293 | 143 Francisco Costa | | M | 264 | 46:47.04 | 11,54 0:17:41 |
| 294 | 980 Fernanda Marques | ICVS runners | F | 29 | 46:50.87 | 11,53 0:17:45 |
| 295 | 708 Eduardo Freitas | | M | 265 | 46:51.90 | 11,53 0:17:46 |
| 296 | 427 Ana Carvalho | Vizela nos pés | F | 30 | 46:52.77 | 11,52 0:17:47 |
| 297 | 978 Marco Guimarães | ICVS runners | M | 266 | 46:54.64 | 11,51 0:17:49 |
| 298 | 639 Jorge Vilaça | | M | 267 | 46:54.95 | 11,51 0:17:49 |
| 299 | 749 Jose Costeira | | M | 268 | 46:55.03 | 11,51 0:17:49 |
| 300 | 633 Jorge Duarte | Movimento de juventude de Merelim | M | 269 | 46:57.95 | 11,50 0:17:52 |
| 301 | 33 Helena Soares | Turbulentos | F | 31 | 46:58.49 | 11,50 0:17:52 |
| 302 | 795 Filipe Sousa | Amigos da corrida | M | 270 | 46:59.26 | 11,49 0:17:53 |
| 303 | 56 Conceição Marques | Turbulentos | F | 32 | 47:01.71 | 11,49 0:17:56 |
| 304 | 808 Tiago Gomes | | M | 271 | 47:08.59 | 11,46 0:18:03 |
| 305 | 59 Nelson Peixoto | Mountain Byters | M | 272 | 47:10.13 | 11,45 0:18:04 |
| 306 | 278 Ricardo Freitas | R&R Team | F | 33 | 47:13.74 | 11,44 0:18:08 |
| 307 | 37 Inês | Turbulentos | F | 34 | 47:13.83 | 11,44 0:18:08 |
| 308 | 612 Belém Marques | ICVS runners | F | 35 | 47:14.07 | 11,43 0:18:08 |
| 309 | 410 Fábio Abreu | | M | 273 | 47:14.13 | 11,43 0:18:08 |
| 310 | 26 Mario Araújo | | M | 274 | 47:15.82 | 11,43 0:18:10 |
| 311 | 459 André Ferreira | CHOCO TEAM | M | 275 | 47:17.71 | 11,42 0:18:12 |
| 312 | 466 Sandro Queirós | Besurg | M | 276 | 47:19.30 | 11,41 0:18:13 |
| 313 | 437 Luísa Monteiro | Corre comigo Riba d'ave | F | 36 | 47:21.72 | 11,40 0:18:16 |
| 314 | 54 Nuno Fernandes | | M | 277 | 47:22.01 | 11,40 0:18:16 |
| 315 | 496 Diogo Mendes | Amigos da corrida | M | 278 | 47:31.67 | 11,36 0:18:26 |
| 316 | 403 Ana Duraes | | F | 37 | 47:33.17 | 11,36 0:18:27 |
| 317 | 831 Luís Sousa | Kalenji Runers Braga | M | 279 | 47:33.79 | 11,36 0:18:28 |
| 318 | 751 Sérgio Marques | | M | 280 | 47:35.69 | 11,35 0:18:30 |
| 319 | 233 Joao Pereira | | M | 281 | 47:36.96 | 11,34 0:18:31 |
| 320 | 995 Paulo Duarte | | M | 282 | 47:37.25 | 11,34 0:18:31 |
| 321 | 536 Filipe Araújo | GDAS - basketball | M | 283 | 47:41.32 | 11,32 0:18:35 |
| 322 | 247 João Leite | | M | 284 | 47:47.99 | 11,30 0:18:42 |
| 323 | 259 Olga Martins | ermida Team | F | 38 | 47:48.17 | 11,30 0:18:42 |
| 324 | 144 Mariana Boçon | M&M | F | 39 | 47:48.76 | 11,30 0:18:43 |
| 325 | 260 Luis Landeira | ErmidaTeam | M | 285 | 47:48.82 | 11,30 0:18:43 |
| 326 | 57 Rui Santos | Turbulentos | M | 286 | 47:54.21 | 11,27 0:18:48 |
| 327 | 38 Helena Oliveira | Turbulentos | F | 40 | 47:54.31 | 11,27 0:18:48 |
| 328 | 675 Tiago Costa | | F | 41 | 47:59.13 | 11,25 0:18:53 |
| 329 | 68 Fernanda Fernandes | | F | 42 | 47:59.44 | 11,25 0:18:53 |
| 330 | 828 Anabela Neves | | F | 43 | 47:59.50 | 11,25 0:18:54 |
| 331 | 449 Paulo Marques | | M | 287 | 48:00.71 | 11,25 0:18:55 |
| 332 | 667 Nuno Mendes | Mendes Team | M | 288 | 48:01.34 | 11,25 0:18:55 |
| 333 | 546 Manuel Gomes | Amigos da corrida | M | 289 | 48:04.78 | 11,23 0:18:59 |
| 334 | 960 Hugo Portela | CLUBE ACCENTURE | M | 290 | 48:06.08 | 11,23 0:19:00 |
| 335 | 171 Teresa Silva | Turbulentos | F | 44 | 48:07.01 | 11,22 0:19:01 |
| 336 | 18 ABEL TIAGO | Hangover Running | M | 291 | 48:08.11 | 11,22 0:19:02 |
| 337 | 325 Sonia Martins | Intensivistas | F | 45 | 48:11.22 | 11,21 0:19:05 |
| 338 | 284 Miguel Soares | | M | 292 | 48:12.17 | 11,20 0:19:06 |
| 339 | 282 Marco Rascão | | M | 293 | 48:12.69 | 11,20 0:19:07 |
| 340 | 491 José Pereira | Braguinhas Runners | M | 294 | 48:16.18 | 11,19 0:19:10 |
| 341 | 526 Rosa Vaz | | F | 46 | 48:16.53 | 11,19 0:19:11 |
| 342 | 743 Samy Costa | Braguinhas Runners | F | 47 | 48:16.58 | 11,19 0:19:11 |

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| 343 | 517 | Jose Rodrigues | | M | 295 | 48:17.59 | 11,18 | 0:19:12 |
| 344 | 697 | Carlos Rodrigues | | M | 296 | 48:18.03 | 11,18 | 0:19:12 |
| 345 | 477 | Joana Meneses | Choco Team | F | 48 | 48:22.73 | 11,16 | 0:19:17 |
| 346 | 166 | Marlene Alexandre | | F | 49 | 48:27.18 | 11,15 | 0:19:21 |
| 347 | 493 | Susana Costa | Amigos da corrida | F | 50 | 48:31.21 | 11,13 | 0:19:25 |
| 348 | 494 | Paulo Mendes | Amigos da corrida | M | 297 | 48:31.41 | 11,13 | 0:19:25 |
| 349 | 361 | Vasco Brito | Fitness Run Club Braga | M | 298 | 48:33.64 | 11,12 | 0:19:28 |
| 350 | 695 | Luís Rodrigues | Luis Rodrigues | M | 299 | 48:34.75 | 11,12 | 0:19:29 |
| 351 | 690 | João Silva | | M | 300 | 48:35.52 | 11,11 | 0:19:30 |
| 352 | 39 | Jose Quinteiro | Kalenji Runers Braga | M | 301 | 48:41.01 | 11,09 | 0:19:35 |
| 353 | 40 | Carmo ferreira | Kalenji Runers Braga | F | 51 | 48:41.12 | 11,09 | 0:19:35 |
| 354 | 482 | Catarina Pinto | | F | 52 | 48:41.21 | 11,09 | 0:19:35 |
| 355 | 965 | Gonçalo Pimentel | CLUBE ACCENTURE | M | 302 | 48:45.81 | 11,08 | 0:19:40 |
| 356 | 52 | Luís Pereira | | M | 303 | 48:45.96 | 11,08 | 0:19:40 |
| 357 | 664 | Lurdes Sá | Grupo Desportivo União Oliveirense | F | 53 | 48:46.62 | 11,07 | 0:19:41 |
| 358 | 773 | José Bonjardim | | M | 304 | 48:47.68 | 11,07 | 0:19:42 |
| 359 | 844 | Carlos Torres | Braguinhas Runners | M | 305 | 48:50.86 | 11,06 | 0:19:45 |
| 360 | 199 | FERNANDO CAMPOS | | M | 306 | 48:51.36 | 11,05 | 0:19:45 |
| 361 | 657 | Pedro Rocha | | M | 307 | 48:52.64 | 11,05 | 0:19:47 |
| 362 | 599 | Albano Pereira | | M | 308 | 48:52.67 | 11,05 | 0:19:47 |
| 363 | 571 | Eurico Damasio | | M | 309 | 48:53.07 | 11,05 | 0:19:47 |
| 364 | 768 | Paulo Nogueira | Sequeirense | M | 310 | 48:53.15 | 11,05 | 0:19:47 |
| 365 | 766 | Miguel Silva | Sequeirense | M | 311 | 48:53.15 | 11,05 | 0:19:47 |
| 366 | 145 | Rui Monteiro | Friends | M | 312 | 48:57.26 | 11,03 | 0:19:51 |
| 367 | 653 | Domingos Teixeira | | M | 313 | 48:58.04 | 11,03 | 0:19:52 |
| 368 | 562 | Francisco peixoto | Fire Runners | M | 314 | 48:58.33 | 11,03 | 0:19:52 |
| 369 | 502 | Paulino Amorim | | M | 315 | 49:03.31 | 11,01 | 0:19:57 |
| 370 | 74 | Alzira Almeida | Turbulentos | F | 54 | 49:03.70 | 11,01 | 0:19:58 |
| 371 | 947 | Maria Isabel Abreu | | F | 55 | 49:04.28 | 11,01 | 0:19:58 |
| 372 | 523 | Pedro Abreu | Ideal Team / Dot Spot | M | 316 | 49:09.49 | 10,99 | 0:20:03 |
| 373 | 721 | Sofia Rocha | Hipocampos de corrida | F | 56 | 49:11.43 | 10,98 | 0:20:05 |
| 374 | 122 | João Pereira | Hipocampos de corrida | M | 317 | 49:11.80 | 10,98 | 0:20:06 |
| 375 | 589 | Joel | LEVANTA TUDO | M | 318 | 49:12.28 | 10,98 | 0:20:06 |
| 376 | 549 | Marcelino Vieira | LEVANTA TUDO | M | 319 | 49:12.33 | 10,98 | 0:20:06 |
| 377 | 385 | RICARDO PESSOA | CLUBE ACCENTURE | M | 320 | 49:17.40 | 10,96 | 0:20:11 |
| 378 | 514 | João Martins | | M | 321 | 49:18.44 | 10,95 | 0:20:12 |
| 379 | 953 | Mário Rodrigues | Turbulentos | M | 322 | 49:18.50 | 10,95 | 0:20:13 |
| 380 | 35 | Armando Varanda | Turbulentos | M | 323 | 49:20.10 | 10,95 | 0:20:14 |
| 381 | 358 | Rui Magalhães | | M | 324 | 49:20.85 | 10,95 | 0:20:15 |
| 382 | 996 | Marcos André Paredes Borlido | | M | 325 | 49:23.96 | 10,93 | 0:20:18 |
| 383 | 597 | José Carvalho | | M | 326 | 49:31.38 | 10,91 | 0:20:25 |
| 384 | 733 | Elizabeth Ortiz | Braguinhas Runners | F | 57 | 49:40.01 | 10,87 | 0:20:34 |
| 385 | 731 | Adriano Pinto | Braguinhas Runners | M | 327 | 49:40.05 | 10,87 | 0:20:34 |
| 386 | 447 | João Vilaça | Besurg | M | 328 | 49:44.54 | 10,86 | 0:20:39 |
| 387 | 141 | Alexandra Mesquita | | F | 58 | 49:48.02 | 10,84 | 0:20:42 |
| 388 | 759 | João Pereira | O Tomás é o da frente | M | 329 | 49:48.22 | 10,84 | 0:20:42 |
| 389 | 783 | Tomás Bezerra | O Tomás é o da frente | M | 330 | 49:49.72 | 10,84 | 0:20:44 |
| 390 | 332 | Telmo Pires | Telmo Pires | M | 331 | 49:50.54 | 10,84 | 0:20:45 |
| 391 | 648 | FILIPA | | F | 59 | 49:52.82 | 10,83 | 0:20:47 |
| 392 | 540 | Ricardo Araújo | | M | 332 | 49:53.23 | 10,83 | 0:20:47 |
| 393 | 175 | BRUNO GOMES | | M | 333 | 49:58.50 | 10,81 | 0:20:53 |
| 394 | 156 | Manuel Miranda | | M | 334 | 50:06.03 | 10,78 | 0:21:00 |
| 395 | 513 | José Rodrigues | | M | 335 | 50:16.28 | 10,74 | 0:21:10 |
| 396 | 709 | Sandra Costa | Braguinhas Runners | F | 60 | 50:16.28 | 10,74 | 0:21:10 |
| 397 | 213 | José Ferreira | Braguinhas Runners | M | 336 | 50:25.31 | 10,71 | 0:21:19 |
| 398 | 62 | Domingos Lourenço | Kalenji Club de Braga | M | 337 | 50:26.16 | 10,71 | 0:21:20 |
| 399 | 214 | Paula Peixoto | Braguinhas Runners | F | 61 | 50:27.28 | 10,70 | 0:21:21 |
| 400 | 272 | Duarte Barreiro | | M | 338 | 50:32.61 | 10,69 | 0:21:27 |
| 401 | 678 | Luís Costa | | M | 339 | 50:40.65 | 10,66 | 0:21:35 |

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| 402 | 504 paulo silva | os três magnificos | M | 340 | 50:43.22 | 10,65 | 0:21:37 |
| 403 | 505 andreia silva | os três magnificos | F | 62 | 50:43.30 | 10,65 | 0:21:37 |
| 404 | 583 RUI RODRIGUES | FIRE RUNNING'S | M | 341 | 50:43.76 | 10,65 | 0:21:38 |
| 405 | 506 joão arújo | os três magnificos | M | 342 | 50:44.12 | 10,64 | 0:21:38 |
| 406 | 235 Susana Forte | Gavionas | F | 63 | 50:44.39 | 10,64 | 0:21:38 |
| 407 | 240 Helena Portela | | F | 64 | 50:45.10 | 10,64 | 0:21:39 |
| 408 | 448 Patricia Lopes | | F | 65 | 50:45.15 | 10,64 | 0:21:39 |
| 409 | 474 Nuno Rodrigues | Besurg | M | 343 | 50:47.00 | 10,63 | 0:21:41 |
| 410 | 936 Néelson André Dias Soares Pinto | | M | 344 | 50:50.42 | 10,62 | 0:21:44 |
| 411 | 135 Maria Ferreira | Turbulentos | F | 66 | 50:53.19 | 10,61 | 0:21:47 |
| 412 | 270 Fernando Pinto | | M | 345 | 50:55.42 | 10,61 | 0:21:49 |
| 413 | 621 Alexandre Magalhães | 2017_AVC | M | 346 | 50:59.30 | 10,59 | 0:21:53 |
| 414 | 704 Clara Rebelo | | F | 67 | 51:01.62 | 10,58 | 0:21:56 |
| 415 | 433 Alberto Pinhão | CLUBE DE MONTANHISMO DE BRAGA | M | 347 | 51:02.32 | 10,58 | 0:21:56 |
| 416 | 232 Francisco Apresentação | | M | 348 | 51:03.74 | 10,58 | 0:21:58 |
| 417 | 231 Rui Apresentação | Rui Jorge Apresentação | M | 349 | 51:03.85 | 10,58 | 0:21:58 |
| 418 | 490 Gabriel Alves | Toca a Mexer | M | 350 | 51:04.52 | 10,57 | 0:21:59 |
| 419 | 567 Francisco Araujo | | M | 351 | 51:06.10 | 10,57 | 0:22:00 |
| 420 | 929 Rui Silva | | M | 352 | 51:15.59 | 10,54 | 0:22:10 |
| 421 | 48 Fernando Pimentel | Palmeira Runners | M | 353 | 51:16.84 | 10,53 | 0:22:11 |
| 422 | 619 Joaquim Silva | 2017_AVC | M | 354 | 51:18.74 | 10,53 | 0:22:13 |
| 423 | 71 João Almeida | CA RUNNERS | M | 355 | 51:22.93 | 10,51 | 0:22:17 |
| 424 | 656 Ricardo Mendes | | M | 356 | 51:27.90 | 10,50 | 0:22:22 |
| 425 | 840 Abílio Faria | Braguinhas Runners | M | 357 | 51:31.28 | 10,48 | 0:22:25 |
| 426 | 839 Vítor Rodrigues | Braguinhas Runners | M | 358 | 51:31.33 | 10,48 | 0:22:25 |
| 427 | 774 Jorge Marinho | Braguinhas Runners | M | 359 | 51:31.55 | 10,48 | 0:22:26 |
| 428 | 577 Natália Bento | Travassos Running Fafe | F | 68 | 51:31.63 | 10,48 | 0:22:26 |
| 429 | 206 Leonardo Boas | IdealPneus/Dotspot | M | 360 | 51:32.55 | 10,48 | 0:22:27 |
| 430 | 277 Raquel Pereira | R&R Team | F | 69 | 51:35.87 | 10,47 | 0:22:30 |
| 431 | 640 Daniel Faria | | M | 361 | 51:39.65 | 10,45 | 0:22:34 |
| 432 | 587 Pedro Carvalho | | M | 362 | 51:42.48 | 10,44 | 0:22:36 |
| 433 | 386 Marina Graça | Kalenji Runers Braga | F | 70 | 51:49.65 | 10,42 | 0:22:44 |
| 434 | 552 Isabel Carneiro | | F | 71 | 51:52.89 | 10,41 | 0:22:47 |
| 435 | 241 Lina Martins | Gavionas | F | 72 | 51:53.48 | 10,41 | 0:22:47 |
| 436 | 63 José Ferreira | Badochinhas | M | 363 | 51:55.97 | 10,40 | 0:22:50 |
| 437 | 997 Angela Maria Lima Campos | | F | 73 | 51:57.23 | 10,39 | 0:22:51 |
| 438 | 685 Marco Couto | | M | 364 | 51:57.25 | 10,39 | 0:22:51 |
| 439 | 451 Jorge Correia | Choco Team | M | 365 | 51:57.56 | 10,39 | 0:22:52 |
| 440 | 650 Deolinda Antunes | | F | 74 | 52:00.45 | 10,38 | 0:22:54 |
| 441 | 705 Diogo Nóvoa | Diogo Nóvoa | M | 366 | 52:08.66 | 10,36 | 0:23:03 |
| 442 | 471 Manuel Andrade | | M | 367 | 52:11.46 | 10,35 | 0:23:05 |
| 443 | 495 Leonardo Nunes | Amigos da corrida | M | 368 | 52:21.83 | 10,32 | 0:23:16 |
| 444 | 138 Luís Azevedo | | M | 369 | 52:26.63 | 10,30 | 0:23:21 |
| 445 | 968 Ana Sousa | CLUBE ACCENTURE | F | 75 | 52:31.17 | 10,28 | 0:23:25 |
| 446 | 833 Ricardo Faria | | M | 370 | 52:32.13 | 10,28 | 0:23:26 |
| 447 | 986 *****Dorsal 986 | | ????? | | 52:33.93 | 10,28 | 0:23:28 |
| 448 | 910 Domingos Silva | | M | 371 | 52:36.59 | 10,27 | 0:23:31 |
| 449 | 578 Esmeralda Pinto | Travassos Running Fafe | F | 76 | 52:37.07 | 10,26 | 0:23:31 |
| 450 | 789 Armindo coelho | | M | 372 | 52:46.08 | 10,23 | 0:23:40 |
| 451 | 485 Maria Magalhaes | | M | 373 | 52:48.52 | 10,23 | 0:23:43 |
| 452 | 580 Maria paiva | | F | 77 | 52:48.60 | 10,23 | 0:23:43 |
| 453 | 313 FÁTIMA AZEVEDO | A.C. VERMOIM | F | 78 | 52:48.74 | 10,23 | 0:23:43 |
| 454 | 312 JOAQUIM FERREIRA | A.C. VERMOIM | M | 374 | 52:49.48 | 10,22 | 0:23:43 |
| 455 | 683 CARLOS CARVALHO | Braga Runners | M | 375 | 52:50.15 | 10,22 | 0:23:44 |
| 456 | 702 Luis Macedo | | M | 376 | 52:53.75 | 10,21 | 0:23:48 |
| 457 | 373 Carlos Fernandes | Bragaxplora/Nortinfo | M | 377 | 52:58.29 | 10,20 | 0:23:52 |
| 458 | 83 José Ribeiro Oliveira | | M | 378 | 53:05.42 | 10,17 | 0:23:59 |
| 459 | 192 João Soares | Kalenji Runers Braga | M | 379 | 53:06.16 | 10,17 | 0:24:00 |
| 460 | 193 Rosário Lemos | BOSCH | F | 79 | 53:06.20 | 10,17 | 0:24:00 |

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| 461 | 906 | Paulo Cruz Dias | | M | 380 | 53:08.48 | 10,16 | 0:24:02 |
| 462 | 377 | Anabela Silva | | F | 80 | 53:19.87 | 10,13 | 0:24:14 |
| 463 | 89 | Rosaria Ferreira | | F | 81 | 53:22.42 | 10,12 | 0:24:16 |
| 464 | 711 | Liliana Correia | | F | 82 | 53:22.69 | 10,12 | 0:24:17 |
| 465 | 821 | victor costa | Braguinhas Runners | M | 381 | 53:23.93 | 10,12 | 0:24:18 |
| 466 | 816 | FRANCISCO GASPAR | Braguinhas Runners | M | 382 | 53:24.29 | 10,11 | 0:24:18 |
| 467 | 285 | Sandra Oliveira | | F | 83 | 53:30.93 | 10,09 | 0:24:25 |
| 468 | 229 | Rita Durães | | F | 84 | 53:31.53 | 10,09 | 0:24:26 |
| 469 | 44 | Afonso Pires | Runfamily | M | 383 | 53:31.98 | 10,09 | 0:24:26 |
| 470 | 88 | Isabel Fernandes | | F | 85 | 53:31.99 | 10,09 | 0:24:26 |
| 471 | 102 | Carla Vaz | | F | 86 | 53:32.00 | 10,09 | 0:24:26 |
| 472 | 23 | Carmo Ferreira | Palmeira Runners | F | 87 | 53:32.08 | 10,09 | 0:24:26 |
| 473 | 42 | Arnaldo Pires | Runfamily | M | 384 | 53:32.10 | 10,09 | 0:24:26 |
| 474 | 103 | Nuno MOrreira | | M | 385 | 53:33.85 | 10,08 | 0:24:28 |
| 475 | 939 | Rui Chaves | | M | 386 | 53:34.30 | 10,08 | 0:24:28 |
| 476 | 522 | Tiago Araujo | LEVANTA TUDO | M | 387 | 53:34.32 | 10,08 | 0:24:28 |
| 477 | 566 | Inês Teixeira | | F | 88 | 53:37.87 | 10,07 | 0:24:32 |
| 478 | 556 | Carlos Teixeira | | M | 388 | 53:38.17 | 10,07 | 0:24:32 |
| 479 | 10 | Marco Alves | | M | 389 | 53:40.27 | 10,06 | 0:24:34 |
| 480 | 300 | Isabel Columbano | | F | 89 | 53:41.26 | 10,06 | 0:24:35 |
| 481 | 395 | Ricardo Oliveira | | M | 390 | 53:42.42 | 10,06 | 0:24:36 |
| 482 | 715 | JORGE silva | | M | 391 | 53:51.10 | 10,03 | 0:24:45 |
| 483 | 824 | Cristiana Gomes | | F | 90 | 53:51.31 | 10,03 | 0:24:45 |
| 484 | 351 | Sérgio Jerónimo | | M | 392 | 53:53.10 | 10,02 | 0:24:47 |
| 485 | 250 | Rita Lima | | F | 91 | 53:54.59 | 10,02 | 0:24:49 |
| 486 | 251 | António Lima | BOSCH | M | 393 | 53:56.59 | 10,01 | 0:24:51 |
| 487 | 921 | Fábio Pires | | M | 394 | 53:56.68 | 10,01 | 0:24:51 |
| 488 | 764 | Rui Araújo | | M | 395 | 53:59.84 | 10,00 | 0:24:54 |
| 489 | 689 | Daniel Gonçalves | Filhos do Gym | M | 396 | 54:06.69 | 9,98 | 0:25:01 |
| 490 | 688 | Diogo Ribeiro | Filhos do Gym | M | 397 | 54:07.26 | 9,98 | 0:25:01 |
| 491 | 347 | Adelino Correia | MNMs | M | 398 | 54:08.55 | 9,98 | 0:25:03 |
| 492 | 529 | Mariana Silva | GDAS - basketball | F | 92 | 54:24.24 | 9,93 | 0:25:18 |
| 493 | 455 | Patrícia Rodrigues | | F | 93 | 54:30.36 | 9,91 | 0:25:24 |
| 494 | 932 | Ana Isabel Vinhas | | F | 94 | 54:31.01 | 9,91 | 0:25:25 |
| 495 | 492 | Lara Nunes | Amigos da corrida | F | 95 | 54:35.46 | 9,89 | 0:25:29 |
| 496 | 806 | Filomena Magalhães | Braguinhas Runners | F | 96 | 54:35.77 | 9,89 | 0:25:30 |
| 497 | 198 | Paulo Ferreira | | M | 399 | 54:38.59 | 9,88 | 0:25:33 |
| 498 | 927 | António Magalhães | | M | 400 | 54:45.46 | 9,86 | 0:25:39 |
| 499 | 225 | Fernando Luís | MNMs | M | 401 | 54:45.84 | 9,86 | 0:25:40 |
| 500 | 470 | Domingos Araujo | | M | 402 | 54:46.09 | 9,86 | 0:25:40 |
| 501 | 926 | Renato Antunes | | M | 403 | 54:46.12 | 9,86 | 0:25:40 |
| 502 | 469 | Irene silva | | F | 97 | 54:49.59 | 9,85 | 0:25:44 |
| 503 | 424 | Laura Afonso | | F | 98 | 54:49.64 | 9,85 | 0:25:44 |
| 504 | 544 | Rosa Fernandes | Amigos da corrida | F | 99 | 54:51.28 | 9,85 | 0:25:45 |
| 505 | 346 | Sofia Xavier | | F | 100 | 54:54.39 | 9,84 | 0:25:48 |
| 506 | 937 | Maria Manuela Galego Dias | Kalenji Runers Braga | F | 101 | 54:56.92 | 9,83 | 0:25:51 |
| 507 | 616 | João Sousa | ICVS runners | M | 404 | 55:02.31 | 9,81 | 0:25:56 |
| 508 | 107 | Pedro Santos | | M | 405 | 55:04.09 | 9,81 | 0:25:58 |
| 509 | 281 | Filipa Andrade | | F | 102 | 55:05.00 | 9,80 | 0:25:59 |
| 510 | 397 | Daniel Queiroz | | M | 406 | 55:06.28 | 9,80 | 0:26:00 |
| 511 | 807 | Júlia Magalhães | Braguinhas Runners | F | 103 | 55:10.84 | 9,79 | 0:26:05 |
| 512 | 339 | Marta Borges | Braga a correr | F | 104 | 55:11.23 | 9,79 | 0:26:05 |
| 513 | 120 | Natalia Ferreira | | F | 105 | 55:30.06 | 9,73 | 0:26:24 |
| 514 | 489 | Tânia Dias | Grupo Desportivo da Goma | F | 106 | 55:31.50 | 9,73 | 0:26:26 |
| 515 | 984 | Rita Monteiro | | F | 107 | 55:33.54 | 9,72 | 0:26:28 |
| 516 | 398 | Marco Fernandes | | M | 407 | 55:49.54 | 9,67 | 0:26:44 |
| 517 | 446 | Fernando Veloso | Besurg | M | 408 | 55:50.73 | 9,67 | 0:26:45 |
| 518 | 111 | Bárbara Gonçalves | | F | 108 | 55:51.02 | 9,67 | 0:26:45 |
| 519 | 389 | Josefina Marques | | F | 109 | 55:55.29 | 9,66 | 0:26:49 |

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| 520 | 515 | António Oliveira | | M | 409 | 55:58.22 | 9,65 | 0:26:52 |
| 521 | 432 | Cristian Costa | | M | 410 | 56:01.07 | 9,64 | 0:26:55 |
| 522 | 295 | Sofia Coelho | | F | 110 | 56:01.61 | 9,64 | 0:26:56 |
| 523 | 431 | Maria Costa | | F | 111 | 56:02.71 | 9,64 | 0:26:57 |
| 524 | 95 | Rui Ribeiro | | M | 411 | 56:05.90 | 9,63 | 0:27:00 |
| 525 | 93 | Armindo Ribeiro | | M | 412 | 56:11.72 | 9,61 | 0:27:06 |
| 526 | 479 | Ricardina Meneses | Choco Team | F | 112 | 56:12.78 | 9,61 | 0:27:07 |
| 527 | 209 | Liliana Vilaça | Kalenji Runers Braga | F | 113 | 56:16.59 | 9,60 | 0:27:11 |
| 528 | 94 | Maria Ribeiro | | F | 114 | 56:17.89 | 9,59 | 0:27:12 |
| 529 | 908 | Sandra Raquel ferreira da silva oliveira | | F | 115 | 56:24.67 | 9,57 | 0:27:19 |
| 530 | 532 | Michelle Chandela | GDAS - basketball | F | 116 | 56:29.34 | 9,56 | 0:27:23 |
| 531 | 632 | Andreia Maia | Os Madrugadores do Parque das Taipas | F | 117 | 56:35.53 | 9,54 | 0:27:30 |
| 532 | 626 | David Maia | Os Madrugadores do Parque das Taipas | M | 413 | 56:36.02 | 9,54 | 0:27:30 |
| 533 | 519 | Ana Azevedo | Intensivistas | F | 118 | 56:36.88 | 9,54 | 0:27:31 |
| 534 | 439 | Pedro Morais | Besurg | M | 414 | 56:37.70 | 9,54 | 0:27:32 |
| 535 | 72 | Judite Costa | | F | 119 | 56:46.49 | 9,51 | 0:27:40 |
| 536 | 253 | João Caldas | Montariol Runners | M | 415 | 56:48.21 | 9,51 | 0:27:42 |
| 537 | 159 | Baltazar Peixoto | Montariol Runners | M | 416 | 56:48.22 | 9,51 | 0:27:42 |
| 538 | 498 | Carina Amorim | | F | 120 | 56:49.69 | 9,50 | 0:27:44 |
| 539 | 647 | Sandy Ferreira | Braga Runners | F | 121 | 56:55.04 | 9,49 | 0:27:49 |
| 540 | 775 | Margarida Lopes | | F | 122 | 56:55.95 | 9,49 | 0:27:50 |
| 541 | 579 | Anabela Mota | Travassos Running Fafe | F | 123 | 56:57.66 | 9,48 | 0:27:52 |
| 542 | 375 | Barbara Ferreira | Bragaxplora/Nortinfo | F | 125 | 57:05.09 | 9,46 | 0:27:59 |
| 543 | 565 | Marina Lima | Bragaxplora/Nortinfo | F | 124 | 57:05.09 | 9,46 | 0:27:59 |
| 544 | 168 | Sílvia Cunha | Bragaxplora/Nortinfo | F | 126 | 57:05.81 | 9,46 | 0:28:00 |
| 545 | 286 | Ana Marques | Bicigrinos | F | 127 | 57:09.18 | 9,45 | 0:28:03 |
| 546 | 620 | Paula Vilaça | 2017_AVC | F | 128 | 57:10.87 | 9,45 | 0:28:05 |
| 547 | 137 | Ana Marques | | F | 129 | 57:11.53 | 9,44 | 0:28:06 |
| 548 | 255 | Pedro Fernandes | | M | 417 | 57:11.74 | 9,44 | 0:28:06 |
| 549 | 287 | Eduardo Cunha | Bicigrinos | M | 418 | 57:11.89 | 9,44 | 0:28:06 |
| 550 | 254 | Ana Gomes | | F | 130 | 57:11.95 | 9,44 | 0:28:06 |
| 551 | 288 | Rui Ferreira | Bicigrinos | M | 419 | 57:12.69 | 9,44 | 0:28:07 |
| 552 | 622 | Joaquim Vilaça | 2017_AVC | M | 420 | 57:13.88 | 9,44 | 0:28:08 |
| 553 | 142 | José Ferreira | | M | 421 | 57:20.49 | 9,42 | 0:28:14 |
| 554 | 96 | manuela | Turbulentos | F | 131 | 57:24.76 | 9,41 | 0:28:19 |
| 555 | 127 | Jorge Lourenço | Turbulentos | M | 422 | 57:26.47 | 9,40 | 0:28:20 |
| 556 | 8 | Celeste Cruz | Turbulentos | F | 132 | 57:26.57 | 9,40 | 0:28:21 |
| 557 | 31 | Graça | Turbulentos | F | 133 | 57:27.53 | 9,40 | 0:28:22 |
| 558 | 642 | sérgio Manuel | Turbulentos | M | 423 | 57:27.86 | 9,40 | 0:28:22 |
| 559 | 838 | Carlos Brito | Turbulentos | M | 424 | 57:27.90 | 9,40 | 0:28:22 |
| 560 | 957 | João Rodrigues | Turbulentos | M | 425 | 57:28.49 | 9,40 | 0:28:22 |
| 561 | 170 | Cristina Pacheco | | F | 134 | 57:28.99 | 9,40 | 0:28:23 |
| 562 | 46 | Antonio Nogueira | Turbulentos | M | 426 | 57:29.30 | 9,39 | 0:28:23 |
| 563 | 177 | joao carlos | Kalenji Runers Braga | M | 427 | 57:29.35 | 9,39 | 0:28:23 |
| 564 | 530 | Cátia Andrade | GDAS - basketball | F | 135 | 57:32.60 | 9,39 | 0:28:27 |
| 565 | 533 | Filipa Gonçalves | GDAS - basketball | F | 136 | 57:33.15 | 9,38 | 0:28:27 |
| 566 | 531 | Érica Furquim | GDAS - basketball | F | 137 | 57:33.97 | 9,38 | 0:28:28 |
| 567 | 222 | Maria Ribeiro | Braguinhas | F | 138 | 57:42.75 | 9,36 | 0:28:37 |
| 568 | 948 | Ana Cristina Pinto | | F | 139 | 57:43.36 | 9,36 | 0:28:37 |
| 569 | 830 | Manuela Almeida | | F | 140 | 57:45.88 | 9,35 | 0:28:40 |
| 570 | 116 | Elisabete Vieira | | F | 141 | 57:46.13 | 9,35 | 0:28:40 |
| 571 | 535 | Inês Pinto | GDAS - basketball | F | 142 | 57:46.65 | 9,35 | 0:28:41 |
| 572 | 223 | Américo Imperadeiro | Braguinhas | M | 428 | 57:46.67 | 9,35 | 0:28:41 |
| 573 | 383 | José Silva | Ermida Team | M | 429 | 57:47.62 | 9,35 | 0:28:42 |
| 574 | 534 | Shirley Andrade | GDAS - basketball | F | 143 | 57:48.31 | 9,34 | 0:28:42 |
| 575 | 972 | Ana Costeira | CLUBE ACCENTURE | F | 144 | 57:49.37 | 9,34 | 0:28:43 |
| 576 | 180 | Marco Sameiro | Montariol Runners | M | 430 | 57:50.60 | 9,34 | 0:28:45 |
| 577 | 568 | Graça Barroso | | F | 145 | 58:09.98 | 9,29 | 0:29:04 |
| 578 | 720 | Rosa Pereira | | F | 146 | 58:10.67 | 9,28 | 0:29:05 |

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| 579 | 355 | José Costa | MNMs | M | 431 | 58:20.41 | 9,26 0:29:14 |
| 580 | 353 | Sérgia Rocha | MNMs | F | 147 | 58:20.86 | 9,26 0:29:15 |
| 581 | 732 | Maria Almeida | | F | 148 | 58:21.93 | 9,25 0:29:16 |
| 582 | 354 | José Costa | MNMs | M | 432 | 58:22.04 | 9,25 0:29:16 |
| 583 | 184 | Pedro Câmara | Turbulentos | M | 433 | 58:22.36 | 9,25 0:29:16 |
| 584 | 290 | Ana Sadio | | F | 149 | 58:25.95 | 9,24 0:29:20 |
| 585 | 157 | Cátia Abreu | | F | 150 | 58:28.35 | 9,24 0:29:22 |
| 586 | 158 | Mário Fonte | | M | 434 | 58:28.85 | 9,24 0:29:23 |
| 587 | 919 | Ana Antunes | | F | 151 | 58:29.43 | 9,23 0:29:23 |
| 588 | 925 | Bento Vieira | | M | 435 | 58:29.90 | 9,23 0:29:24 |
| 589 | 636 | Fátima Ribeiro | Grupo Desportivo União Oliveirense | F | 152 | 58:31.34 | 9,23 0:29:25 |
| 590 | 923 | Isabel Portela | | F | 153 | 58:32.04 | 9,23 0:29:26 |
| 591 | 207 | Rui Abreu | IDEAL TEAM DOT SPOT | M | 436 | 58:32.51 | 9,23 0:29:27 |
| 592 | 674 | Sandra Pinto | Travassos Running Fafe | F | 154 | 58:38.07 | 9,21 0:29:32 |
| 593 | 155 | Carlos Fernandes | HB a correr | M | 437 | 58:38.70 | 9,21 0:29:33 |
| 594 | 928 | Filipe Faria | | M | 438 | 58:39.67 | 9,21 0:29:34 |
| 595 | 77 | Fernando Oliveira | Kalenji Runers Braga | M | 439 | 58:56.97 | 9,16 0:29:51 |
| 596 | 520 | Fabio Silva | | M | 440 | 59:04.03 | 9,14 0:29:58 |
| 597 | 296 | RUI LOPES | Montariol Runners | M | 441 | 59:20.06 | 9,10 0:30:14 |
| 598 | 236 | Sonia Ferreira | Gavionas | F | 155 | 59:27.54 | 9,08 0:30:22 |
| 599 | 746 | Alexandra Vilar | Braga a correr | F | 156 | 59:28.47 | 9,08 0:30:22 |
| 600 | 301 | candida Silva | Gavionas | F | 157 | 59:29.51 | 9,08 0:30:24 |
| 601 | 426 | Carla Ferreira | Vizela nos pés | F | 158 | 59:32.67 | 9,07 0:30:27 |
| 602 | 428 | Elsa Gonçalves | Vizela nos pés | F | 159 | 59:32.90 | 9,07 0:30:27 |
| 603 | 483 | Agostinha Ferreira | Vizela nos pés | F | 160 | 59:32.92 | 9,07 0:30:27 |
| 604 | 445 | Sofia Ribeiro | #semdesculpas | F | 161 | 59:36.09 | 9,06 0:30:30 |
| 605 | 243 | rita costa | | F | 162 | 59:50.38 | 9,03 0:30:44 |
| 606 | 380 | Renato Xavier | | M | 442 | 1:00:02.62 | 9,00 0:30:57 |
| 607 | 211 | Paulo Costa | | M | 443 | 1:00:03.37 | 8,99 0:30:57 |
| 608 | 315 | JOSÉ COSTA | A.C. VERMOIM | M | 444 | 1:00:31.48 | 8,92 0:31:25 |
| 609 | 316 | ASSUNÇÃO RIBEIRO | A.C. VERMOIM | F | 163 | 1:00:31.57 | 8,92 0:31:26 |
| 610 | 729 | Matilde Freitas | Vizela nos pés | F | 164 | 1:00:55.05 | 8,86 0:31:49 |
| 611 | 119 | Alexandrina Oliveira | | F | 165 | 1:01:20.40 | 8,80 0:32:14 |
| 612 | 559 | Ana Silva | Fire Runners | F | 166 | 1:01:34.68 | 8,77 0:32:29 |
| 613 | 563 | Paula Matos | Fire Runners | F | 167 | 1:01:37.29 | 8,76 0:32:31 |
| 614 | 788 | susanaferreira | | F | 168 | 1:01:45.74 | 8,74 0:32:40 |
| 615 | 230 | LUIS MATEUS | | M | 445 | 1:01:51.98 | 8,73 0:32:46 |
| 616 | 387 | Manuel Barbosa | | M | 446 | 1:01:52.25 | 8,73 0:32:46 |
| 617 | 911 | Ana Cristina Ribeiro | | F | 169 | 1:02:00.47 | 8,71 0:32:54 |
| 618 | 686 | Bruna Rocha | Intensivistas | F | 170 | 1:02:16.30 | 8,67 0:33:10 |
| 619 | 920 | Joana Martins | | F | 171 | 1:02:42.02 | 8,61 0:33:36 |
| 620 | 392 | Maria Machado | | F | 172 | 1:02:42.76 | 8,61 0:33:37 |
| 621 | 279 | Anabela costa | | F | 173 | 1:02:43.94 | 8,61 0:33:38 |
| 622 | 393 | Maria Machado | | F | 174 | 1:02:44.12 | 8,61 0:33:38 |
| 623 | 548 | Tiago Ribeiro | | M | 447 | 1:02:46.09 | 8,60 0:33:40 |
| 624 | 338 | ARIANA FERREIRA | MONTARIOL RUNNERS | F | 175 | 1:03:22.92 | 8,52 0:34:17 |
| 625 | 337 | HÉLDER FERREIRA | MONTARIOL RUNNERS | M | 448 | 1:03:23.11 | 8,52 0:34:17 |
| 626 | 252 | Fernanda Beiramar | Montariol Runners | F | 176 | 1:03:23.94 | 8,52 0:34:18 |
| 627 | 614 | Belina Rodrigues | ICVS runners | F | 177 | 1:03:24.23 | 8,52 0:34:18 |
| 628 | 336 | BÁRBARA SILVA | MONTARIOL RUNNERS | F | 178 | 1:03:24.32 | 8,52 0:34:18 |
| 629 | 712 | Fernando Costa | | M | 449 | 1:04:02.00 | 8,43 0:34:56 |
| 630 | 738 | Paulo Marques | O Tomás é o da frente | M | 450 | 1:04:15.49 | 8,40 0:35:09 |
| 631 | 905 | João Batista sousa Ribeiro Fernandes | | M | 451 | 1:04:38.38 | 8,35 0:35:32 |
| 632 | 61 | William Costa | Badochinhas | M | 452 | 1:04:39.02 | 8,35 0:35:33 |
| 633 | 248 | Alexandra | | F | 179 | 1:04:40.11 | 8,35 0:35:34 |
| 634 | 60 | Emanuel Airosa | Badochinhas | M | 453 | 1:04:40.12 | 8,35 0:35:34 |
| 635 | 452 | Rosana Alves | | F | 180 | 1:04:44.49 | 8,34 0:35:38 |
| 636 | 453 | Cláudia Antunes | | F | 181 | 1:04:45.38 | 8,34 0:35:39 |
| 637 | 901 | Francisco José MARTINS Pinto | | M | 454 | 1:05:12.23 | 8,28 0:36:06 |

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| 638 | 902 | soraia de oliveira pinto | F | 182 | 1:05:12.75 | 8,28 | 0:36:07 |
| 639 | 726 | Francisco Carvalho | M | 455 | 1:06:13.92 | 8,16 | 0:37:08 |
| 640 | 810 | Alcina Caldas | F | 183 | 1:07:06.59 | 8,05 | 0:38:01 |
| 641 | 904 | patricia isabel pereira peixoto | F | 184 | 1:08:07.00 | 7,93 | 0:39:01 |
| 642 | 611 | Sofia Cardoso | F | 185 | 1:08:10.90 | 7,92 | 0:39:05 |
| 643 | 242 | Mariana Paiva Gavionas | F | 186 | 1:08:11.23 | 7,92 | 0:39:05 |
| 644 | 676 | Sandra Fernandes | F | 187 | 1:08:13.87 | 7,92 | 0:39:08 |
| 645 | 903 | claudia manuela fernandes moreira | F | 188 | 1:08:15.17 | 7,91 | 0:39:09 |
| 646 | 716 | Isabel Coelho | F | 189 | 1:08:41.88 | 7,86 | 0:39:36 |
| 647 | 610 | Teresa Cardoso | F | 190 | 1:08:42.96 | 7,86 | 0:39:37 |
| 648 | 677 | ANDREIA PINTO | F | 191 | 1:09:14.90 | 7,80 | 0:40:09 |
| 649 | 710 | Cláudia Vieira | F | 192 | 1:09:20.53 | 7,79 | 0:40:15 |
| 650 | 205 | Claudia Silva | F | 193 | 1:09:20.69 | 7,79 | 0:40:15 |
| 651 | 613 | Sara Granja ICVS runners | F | 194 | 1:10:22.02 | 7,67 | 0:41:16 |
| 652 | 635 | José Vidrigo Movimento de juventude de Merelim | M | 456 | 1:10:35.04 | 7,65 | 0:41:29 |
| 653 | 931 | Maria de Lurdes Vieira Ferreira | F | 195 | 1:10:35.63 | 7,65 | 0:41:30 |
| 654 | 952 | Oswaldo Oliveira Turbulentos | M | 457 | 1:11:54.32 | 7,51 | 0:42:48 |
| 655 | 412 | paula peixoto | F | 196 | 1:12:35.28 | 7,44 | 0:43:29 |
| 656 | 725 | Susana Martins | F | 197 | 1:12:53.86 | 7,41 | 0:43:48 |
| 657 | 724 | Jose Martins | M | 458 | 1:12:54.44 | 7,41 | 0:43:48 |
| 658 | 457 | Eva Gomes | F | 198 | 1:16:08.82 | 7,09 | 0:47:03 |