

Lugar	Dorsal	Nome	Equipa	Tempo	Escalão	Esc.	Split 1	Split 2	
1	5216	PAULO	OLIVEIRA	Sporting Clube de Esp	00:37:15.37	Overall Male Runner	1	00:18:54.36	00:18:21.01
2	5255	FABIO	CORREIA	Trail running clube b	00:37:22.37	Overall Male Runner	2	00:18:41.33	00:18:41.04
3	5405	DIOGO	FERNANDES	Dr. Merino / 4moove	00:37:28.62	Overall Male Runner	3	00:18:41.08	00:18:47.54
4	5214	BRUNO	SILVA	Wikaboo	00:37:38.37	SENIORES M	1	00:18:39.72	00:18:58.65
5	5330	Diogo	Pinheiro		00:37:45.88	SENIORES M	2	00:18:54.08	00:18:51.79
6	5381	Hugo	Bastos		00:37:55.13	SENIORES M	3	00:18:54.58	00:19:00.54
7	5342	Pedro	Fraga		00:39:23.38	SENIORES M	4	00:19:18.33	00:20:05.05
8	5264	CARLOS	GOMES	Salgueiros Running	00:40:15.38	SENIORES M	5	00:19:39.83	00:20:35.55
9	5251	FRANCISCO	SANTOS	G. D. Leoes da Agra	00:40:15.88	VET III M	1	00:19:28.33	00:20:47.55
10	5322	Velhote	Mark		00:40:56.38	VET I M	1	00:19:51.33	00:21:05.05
11	5250	PEDRO	SANCHES	G. D. Leoes da Agra	00:41:24.13	VET II M	1	00:20:09.08	00:21:15.05
12	5232	DUARTE GIL	RIBEIRO BARBOSA	Individual	00:42:24.39	VET II M	2	00:20:41.83	00:21:42.55
13	5249	JOAQUIM	MONTEIRO	G. D. Leoes da Agra	00:43:08.89	VET III M	2	00:21:08.08	00:22:00.80
14	5277	JOSE PEDRO	MARTINS		00:44:12.14	VET I M	2	00:21:06.33	00:23:05.80
15	5210	VITOR	NOVAIS	Running tribe solinca	00:44:25.41	VET III M	3	00:21:22.83	00:23:02.57
16	5271	FERNANDO	MIRANDA		00:45:22.89	VET III M	4	00:21:41.33	00:23:41.55
17	5406	PEDRO	BARBOSA	individual	00:46:18.90	SENIORES M	6	00:22:02.10	00:24:16.79
18	5252	ANTONIO	GONCALVES	G. D. Leoes da Agra	00:46:49.40	VET III M	5	00:22:50.09	00:23:59.31
19	5254	FILIPE	BENTO		00:46:50.15	SENIORES M	7	00:22:28.09	00:24:22.06
20	5283	ANDRE	BARBOSA	GDC Castelo de Paiva	00:47:20.15	SENIORES M	8	00:23:06.34	00:24:13.81
21	5235	ANTONIO	NETO	Trifitrofa	00:48:11.40	VET V M	1	00:24:09.34	00:24:02.06
22	5383	LUIS	GOMES		00:48:30.40	VET I M	3	00:23:10.34	00:25:20.06
23	5288	ANDRE	RELVAS	SOREMA	00:48:36.90	VET I M	4	00:23:25.34	00:25:11.56
24	5327	Jose	Morais		00:48:42.15	VET III M	6	00:23:31.59	00:25:10.56
25	5225	PAULA	QUINTELA	EARO - Escola Atletis	00:48:46.40	Overall Female Runner	1	00:23:45.59	00:25:00.81
26	5281	NUNO	SILVA	na	00:48:46.66	VET I M	5	00:23:00.59	00:25:46.07
27	5395	NELSON	CORREIA	Grupo Solinca	00:49:00.30	SENIORES M	9	00:21:35.73	00:27:24.57
28	5234	ADERITO	ALVES	Salgueiros Running	00:49:46.05	VET VI M	1	00:23:29.34	00:26:16.71
29	5370	PAULO	FERNANDES	Solinca Running Tribe	00:50:05.16	VET I M	6	00:23:33.59	00:26:31.56
30	5278	FRANCISCO	VIEIRA	individual	00:50:08.91	SENIORES M	10	00:23:55.84	00:26:13.06
31	5343	Mario	Elson		00:51:03.41	SENIORES M	11	00:25:05.09	00:25:58.31
32	5229	JORGE	VILELA	QUINTA DOS AZEREDOS	00:51:53.66	VET III M	7	00:25:58.60	00:25:55.06
33	5223	WELLINGTON	ALVES		00:51:59.17	SENIORES M	12	00:24:25.09	00:27:34.07
34	5290	HELDER	GOMES	SOREMA	00:52:05.16	VET I M	7	00:25:27.59	00:26:37.56
35	5363	Souto	Gloria		00:52:26.91	Overall Female Runner	2	00:24:30.59	00:27:56.32
36	5212	RUI	GODINHO	Salgueiros Running	00:52:39.41	VET II M	3	00:24:57.84	00:27:41.57
37	5247	CRISTINA	CARVALHO		00:52:47.16	Overall Female Runner	3	00:25:34.59	00:27:12.56
38	5396	LILIANA	CORREIA	Grupo Solinca	00:53:10.36	SENIORES F	1	00:33:13.01	00:19:57.34
39	5239	RUI	GARCIA		00:53:11.81	SENIORES M	13	00:25:35.60	00:27:36.21
40	5291	RICARDO	RELVAS	SOREMA	00:53:56.17	SENIORES M	14	00:25:04.59	00:28:51.57
41	5219	ELISABETE	CUNHA	Individual	00:54:17.09	SENIORES F	2	00:25:55.74	00:28:21.35
42	5236	EMIDIO SILVA	SILVA	Clube Mmillennium BCP	00:55:21.57	VET VI M	2	00:27:02.10	00:28:19.46
43	5398	JOSE CARLOS	ALMEIDA	Clube de Montanha Alt	00:57:16.17	SENIORES M	15	00:26:53.85	00:30:22.32
44	5292	DUARTE	RELVAS	SOREMA	00:57:38.42	VET II M	4	00:27:27.85	00:30:10.57
45	5351	JOSE QUEIROS ALVES	ALVES		00:57:53.69	VET III M	8	00:28:56.85	00:28:56.83

Lugar	Dorsal	Nome	Equipa	Tempo	Escalão	Esc.	Split 1	Split 2	
46	5286	SECA	JOSE	Raminho de Salsa	00:57:54.43	VET II M	5	00:27:04.10	00:30:50.32
47	5269	CARLOS	SOUSA		00:58:01.93	VET I M	8	00:27:45.10	00:30:16.82
48	5265	BRONZE	XXX		00:58:08.68	VET III M	9	00:27:41.49	00:30:27.18
49	5233	DINO	GABRIEL		00:58:25.19	SENIORES M	16	00:26:57.60	00:31:27.58
50	5257	LENIO	MARINHO	Salgueiros Running	00:59:10.43	VET V M	2	00:28:32.24	00:30:38.18
51	5373	MARCIO	MEIRELES	running tribe solinca	00:59:26.68	SENIORES M	17	00:28:28.10	00:30:58.57
52	5263	JOAO	REMEDIOS	Carapaus	00:59:45.93	VET IV M	1	00:28:35.85	00:31:10.07
53	5256	CRISTIANA	SANTOS	Trail running clube b	00:59:46.18	SENIORES F	3	00:28:57.60	00:30:48.57
54	5270	JOSE	SILVA		01:00:02.43	SENIORES M	18	00:27:45.24	00:32:17.18
55	5374	JULIANA	SANTOS	running tribe solinca	01:00:35.18	SENIORES F	4	00:29:02.10	00:31:33.08
56	5253	VICTOR	CARVALHO	G. D. Leoes da Agra	01:00:39.43	VET V M	3	00:28:23.85	00:32:15.58
57	5364	CARLA	COELHO	Equipa Maravilha	01:01:08.43	VET I F	1	00:29:04.00	00:32:04.43
58	5238	ALEXANDRA	PEREIRA		01:01:10.45	SENIORES F	5	00:29:36.86	00:31:33.59
59	5365	PAULA	MIRANDA	Equipa	01:01:13.18	VET II F	1	00:29:00.35	00:32:12.83
60	5217	INES	ARCOS		01:01:14.68	SENIORES F	6	00:29:36.11	00:31:38.57
61	5248	ANGELA	SOUSA	running tribe solinca	01:01:25.18	VET I F	2	00:28:38.35	00:32:46.83
62	5335	ANTONIO	BAGANHA		01:01:41.43	VET II M	6	00:29:23.60	00:32:17.83
63	5243	PEDRO MIGUEL	MARTINS		01:01:41.93	VET I M	9	00:29:26.35	00:32:15.58
64	5231	FILIPE	RODRIGUES		01:02:15.69	VET I M	10	00:29:31.35	00:32:44.33
65	5387	Rodrigo	Braga		01:02:20.94	VET II M	7	00:31:12.86	00:31:08.07
66	5220	JOAO PEDRO	DA COSTA	Individual	01:02:54.84	VET I M	11	00:29:49.50	00:33:05.33
67	5221	MANUELA	DAMAS	Individual	01:02:56.22	SENIORES F	7	00:29:52.11	00:33:04.11
68	5237	MANUEL	COSTA		01:03:37.45	VET IV M	2	00:30:26.36	00:33:11.09
69	5268	CATIA	ALVES		01:04:03.94	SENIORES F	8	00:30:40.11	00:33:23.83
70	5366	REINALDO	MIRANDA	Equipa Maravilhas	01:04:07.69	VET III M	10	00:29:57.62	00:34:10.07
71	5301	JOSE ANTONIO	FREITAS	rolling aventura -gru	01:04:38.44	VET III M	11	00:29:42.85	00:34:55.58
72	5213	ANTONIO	FERREIRA		01:05:02.45	SENIORES M	19	00:30:40.36	00:34:22.09
73	5211	SANDRA	AGUIAR	Salgueiros Running	01:05:16.19	VET I F	3	00:30:05.61	00:35:10.58
74	5215	CARLOS	SILVA	DBSchenker	01:05:33.69	SENIORES M	20	00:29:42.75	00:35:50.94
75	5261	JOSE	PAIVA		01:05:55.70	SENIORES M	21	00:30:53.11	00:35:02.58
76	5241	HUGO	PEIXOTO		01:06:00.20	VET I M	12	00:29:24.35	00:36:35.84
77	5397	ALBERTO	LIZARDO		01:06:08.45	VET VI M	3	00:32:01.86	00:34:06.58
78	5293	CRISTINA	TAVARES	SOREMA	01:06:30.70	VET I F	4	00:30:43.11	00:35:47.58
79	5289	ANA PALMIRA	RELVAS	SOREMA	01:06:54.70	VET I F	5	00:31:28.86	00:35:25.83
80	5280	CLAUDIA	BABO	NA	01:06:55.95	SENIORES F	9	00:31:27.61	00:35:28.33
81	5273	JOAQUINA	MARTINS	" Os Pressinhas "	01:07:14.95	VET IV F	1	00:31:11.12	00:36:03.83
82	5404	JOAQUIM	SANTOS	" Os Pressinhas "	01:08:54.70	VET V M	4	00:32:01.86	00:36:52.84
83	5284	ANDREIA	SANTOS	Lion Runners	01:09:28.10	SENIORES F	10	00:32:17.50	00:37:10.60
84	5272	HERMINIA	OLIVEIRA	" Os Pressinhas "	01:10:55.46	VET III F	1	00:33:09.61	00:37:45.84
85	5259	PAULO	MACHADO	Fit Gaia Trail	01:11:07.11	VET III M	12	00:34:32.37	00:36:34.74
86	5260	MARTA	MARQUES	Fit Gaia Trail	01:11:07.96	VET I F	6	00:34:32.01	00:36:35.94
87	5266	HELOISE	RODRIGUES	CF Runners	01:11:49.46	VET I F	7	00:34:36.37	00:37:13.09
88	5386	Paulo_	Goncalves		01:12:16.71	VET II M	8	00:32:49.76	00:39:26.95
89	5246	HELENA	CARVALHO	Espalha Charme	01:12:56.86	SENIORES F	11	00:34:40.87	00:38:15.99
90	5285	RUI	FERREIRA		01:14:44.72	SENIORES M	22	00:32:02.50	00:42:42.21

Lugar	Dorsal	Nome	Equipa	Tempo	Escalão	Esc.	Split 1	Split 2	
91	5274	ALVARO	NELSON	running tribe solinca	01:15:08.47	VET IV M	3	00:37:50.52	00:37:17.94
92	5399	ALBERTO	NETO	Individual	01:15:32.72	VET V M	5	00:35:43.87	00:39:48.85
93	5267	MIGUEL	BRANCO	CF Runners	01:15:32.97	SENIORES M	23	00:35:29.62	00:40:03.35
94	5245	DIANA	SOARES	Espalha Charme	01:20:35.23	SENIORES F	12	00:39:13.63	00:41:21.60
95	5244	DIANA	DUARTE	Espalha Charme	01:20:35.73	SENIORES F	13	00:39:13.38	00:41:22.35
96	5262	JOAQUIM MANUEL	PEDROSO DA SILVA FARIA	Clube Portugal Teleco	01:20:54.25	VET IV M	4	00:39:46.38	00:41:07.87
97	5224	SUSANA	CASTRO	Virgin Gaia	01:22:06.01	VET II F	2	00:39:12.13	00:42:53.87