

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
1	284	MIGUEL R SILVA	M	29	M0039 1		00:34:56	00:34:55
2	286	VITOR T MARQUES	M	39	M0039 2	CORRER LISBOA	00:35:07	00:35:07
3	208	MARCO CARDOSO	M	29	M0039 3		00:35:51	00:35:50
4	215	PEDRO CAVILHAS	M	44	M4044 1	BELÉM RUNNERS	00:36:17	00:36:16
5	304	JOAO REPAS	M	37	M0039 4	MONSANTO RT	00:36:43	00:36:42
6	56	RICARDO CABO	M	26	M0039 5		00:37:10	00:37:10
7	170	PEDRO A MARQUES	M	41	M4044 2	GD CHELAS	00:37:24	00:37:23
8	186	JOAO J M CORREIA	M	53	M5054 1	CA AMORA	00:37:36	00:37:36
9	247	ANDREW YOUNG	M	32	M0039 6	SHIADU TEAM	00:37:41	00:37:38
10	303	DIDIER VALENTE	M	45	M4549 1	MONSANTO RT	00:37:47	00:37:46
11	348	FLAVIO SANTOS	M	23	M0039 7	FAMILIA PAZ MUNDIAL E UNI	00:37:57	00:37:57
12	265	ADOLFO LEAL	M	49	M4549 2	REST O CARTAXEIRO	00:38:06	00:38:06
13	233	HUMBERTO C S VIAIS	M	53	M5054 2	LAP S CLUBE	00:38:20	00:38:19
14	324	FREDERICO CERDEIRA	M	35	M0039 8	MONSANTO RT	00:38:55	00:38:53
15	321	PAULO GUERRA	M	46	M4549 3		00:39:03	00:39:03
16	251	KCÉNIA BOUGROVA	F	21	F0039 1	SPORTING CP	00:39:03	00:39:03
17	300	BRUNO AMARO	M	37	M0039 9	AMCF - ARRÁBIDA TRAIL TEAM	00:39:29	00:39:29
18	263	JOSE MARCELINO	M	53	M5054 3	AB CAMPOLIDE	00:39:45	00:39:43
19	104	JOÃO FERNANDES	M	18	M0039 10	CP ALCANENA	00:39:48	00:39:48
20	66	CARLOS PALAS	M	57	M5559 1	C PEDRO PESSOA ESC ATLETISMO	00:40:07	00:40:07
21	264	ARLINDO PAIXAO	M	53	M5054 4	REST O CARTAXEIRO	00:40:11	00:40:11
22	103	JOÃO FERNANDES	M	49	M4549 4	CP ALCANENA	00:41:01	00:41:00
23	71	JOSE M S R GOMES	M	56	M5559 2		00:41:20	00:41:17
24	150	ORLANDO J BARBOSA	M	59	M5559 3		00:41:30	00:41:29
25	200	NUNO ABREU	M	28	M0039 11		00:41:49	00:41:44
26	236	ORLANDO CORREIA	M	45	M4549 5	AB CAMPOLIDE	00:42:11	00:42:09
27	42	CARLOS FERREIRA	M	45	M4549 6	LESMAS	00:42:17	00:42:14
28	197	JOÃO P C PARRACHO	M	36	M0039 12	FIQUEMFORMA	00:42:37	00:42:33
29	171	NELSON DIAS	M	55	M5559 4	CLINICA SANTA MADALENA	00:42:38	00:42:35
30	210	JOSE MIRANDA	M	56	M5559 5		00:42:45	00:42:42
31	129	FILIPE SILVEIRA	M	34	M0039 13		00:42:51	00:42:51
32	209	EUGENIO V R MARTÍNEZ	M	35	M0039 14	SHIADU TEAM	00:42:56	00:42:51
33	309	JOAO MONTEIRO	M	31	M0039 15		00:43:03	00:42:59
34	329	RICARDO TEIXEIRA	M	38	M0039 16	AMCF ARRABIDA	00:43:11	00:43:09
35	299	MARGARIDA AMARO	F	39	F0039 2	AMCF - ARRÁBIDA TRAIL TEAM	00:43:12	00:43:10
36	295	RUI PACHECO	M	40	M4044 3	AMCF - ARRÁBIDA TRAIL TEAM	00:43:12	00:42:54
37	192	VITOR BATISTA	M	47	M4549 7		00:43:14	00:43:14
38	153	FÁBIO PEREIRA	M	27	M0039 17	ORI ESTARREJA	00:43:16	00:43:10
39	155	EDUARDO M A SILVA	M	53	M5054 5		00:43:17	00:43:17
40	22	ANA FILIPA CASTELA	F	36	F0039 3	GO RUNNERS	00:43:18	00:43:17
41	82	BRUNO SOARES	M	33	M0039 18	SLTETRA	00:43:25	00:43:17
42	52	PEDRO CABRAL	M	38	M0039 19	FAMILY	00:43:27	00:43:27
43	152	JORGE FORTUNATO	M	27	M0039 20	ORI ESTARREJA	00:43:32	00:43:32
44	335	FRANCISCO M FERREIRA	M	61	M6099 1		00:43:33	00:43:29

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
45	63	JUVENAL MOREIRA	M	52	M5054 6	ND AUTOCOOPE	00:43:59	00:43:57
46	297	LINO LUZ	M	41	M4044 4	AMCF - ARRÁBIDA TRAIL TEAM	00:44:20	00:44:02
47	277	NUNO MOLEIRO	M	39	M0039 21	EQUIPA DAVID VAZ	00:44:29	00:44:29
48	163	MANUEL ARAÚJO	M	55	M5559 6		00:44:30	00:44:30
49	326	TELMO VIEGAS	M	39	M0039 22		00:44:33	00:44:24
50	296	JOAO BRANCO	M	30	M0039 23	AMCF - ARRÁBIDA TRAIL TEAM	00:44:57	00:44:40
51	294	BRUNO SAFARA	M	35	M0039 24	AMCF - ARRÁBIDA TRAIL TEAM	00:44:57	00:43:40
52	121	GONÇALO FIADEIRO	M	37	M0039 25	SHIADU TEAM	00:45:02	00:44:46
53	339	JOAO MESQUITA	M	54	M5054 7		00:45:15	00:45:11
54	164	RAFAEL PIÇARRA	M	24	M0039 26		00:45:16	00:45:14
55	118	CARLOS COSTA	M	45	M4549 8	CLUBE ANACOM	00:45:18	00:45:14
56	340	DAVID NOGUEIRA	M	25	M0039 27		00:45:19	00:45:14
57	307	JOAO E FONSECA	M	47	M4549 9		00:45:20	00:45:12
58	238	RUI RODRIGUES	M	51	M5054 8	AB CAMPOLIDE	00:45:21	00:45:17
59	57	JORGE M M SANTOS	M	26	M0039 28	SHIADU TEAM	00:45:30	00:45:17
60	225	MARIO SOUSA	M	37	M0039 29	LESMAS	00:45:40	00:45:36
61	140	ANA VIEIRA	F	41	F4044 1	LEVELX	00:45:41	00:45:39
62	174	PEDRO REIS	M	41	M4044 5	OS GLORIOSOS	00:45:44	00:45:40
63	97	VITOR PINTO	M	53	M5054 9	SHIADU TEAM	00:45:45	00:45:45
64	117	FERNANDO CARREIRO	M	55	M5559 7	REST O CARTAXEIRO	00:45:45	00:45:44
65	226	ACACIO MENDES	M	31	M0039 30		00:45:58	00:45:48
66	83	NUNO PRAZERES	M	31	M0039 31	SLTETRA	00:46:12	00:46:04
67	149	RUI M C P DINIS	M	40	M4044 6		00:46:13	00:45:52
68	274	RICARDO ALVE	M	36	M0039 32		00:46:20	00:46:13
69	330	TANIA VALADA	F	41	F4044 2	MONSANTO RT	00:46:22	00:46:19
70	89	ALEXANDRE TESTAGROSSA	M	45	M4549 10	SHIADU TEAM	00:46:24	00:46:11
71	334	ANDRE BORGES	M	33	M0039 33		00:46:28	00:46:23
72	366	EDUARDO PINTO	M	32	M0039 34		00:46:46	00:46:29
73	86	FERNANDO PIRES	M	46	M4549 11		00:46:53	00:46:53
74	44	HUGO SANTOS	M	39	M0039 35	FAMILY	00:47:07	00:46:58
75	28	ABÍLIO OLIVEIRA	M	51	M5054 10		00:47:07	00:47:04
76	254	VERA VAZ	F	40	F4044 3	EQUIPA DAVID VAZ	00:47:08	00:47:06
77	81	RUI COSTA	M	30	M0039 36		00:47:11	00:47:05
78	196	LILIANA I F FILIPE	F	33	F0039 4	FIQUEMFORMA	00:47:12	00:47:08
79	349	ISABEL SANTOS	F	47	F4599 1	FAMILIA PAZ MUNDIAL E UNI	00:47:14	00:47:14
80	361	HELDER ROSARIO	M	36	M0039 37	GRCD LEIAO	00:47:23	00:47:19
81	261	MANUEL FONSECA	M	52	M5054 11	AB CAMPOLIDE	00:47:28	00:47:28
82	34	ANTONIO C NOVAS	M	38	M0039 38		00:47:33	00:47:17
83	145	ANDRE D A SIMOES	M	27	M0039 39		00:47:38	00:47:34
84	76	JOSE NETO	M	59	M5559 8	TEAM NETO	00:47:52	00:47:52
85	271	LILLA SAMU	F	22	F0039 5		00:47:57	00:47:54
86	235	ANTONIO BATISTA	M	69	M6099 2	AB CAMPOLIDE	00:48:08	00:48:05
87	202	HERNÂNI MONTEIRO	M	56	M5559 9	A VALE SILENCIO	00:48:09	00:47:59
88	99	AIRES AFONSECA	M	39	M0039 40		00:48:16	00:48:16

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
89	158	CLAUDIA S J ABREU	F	40	F4044 4		00:48:23	00:48:15
90	142	PAULO A C MAURÍCIO	M	32	M0039 41		00:48:25	00:48:03
91	219	PLAMEN DAMYANOV	M	36	M0039 42		00:48:27	00:48:24
92	193	JORGE VILELA	M	50	M5054 12	QUINTA DOS AZEREDOS	00:48:27	00:48:27
93	346	JOAO SALDANHA	M	43	M4044 7		00:48:30	00:48:20
94	93	RUI MENDES	M	44	M4044 8		00:48:42	00:48:39
95	319	FRANCISCO JULIAO	M	58	M5559 10	AMIGOS ECOPISTA	00:48:44	00:48:38
96	212	ANDRÉ D F S LABORINHO	M	48	M4549 12	CCD-AT	00:48:50	00:48:42
97	132	RUI V PEREIRA	M	33	M0039 43		00:49:09	00:48:44
98	59	ANTONIO ALMEIDA	M	52	M5054 13	ND AUTOCOOPE	00:49:14	00:49:09
99	146	MARIA OLIVEIRA	F	51	F4599 2		00:49:17	00:49:17
100	147	PEDRO PRETO	M	32	M0039 44		00:49:21	00:49:09
101	41	HUMBERTO BORGES	M	48	M4549 13	LESMAS	00:49:21	00:49:17
102	43	ANTONIO PATACA	M	44	M4044 9	LESMAS	00:49:23	00:49:19
103	36	FRANCISCO M C PINTO	M	57	M5559 11		00:49:29	00:49:28
104	157	JOSE ALVES	M	66	M6099 3	SS CGD	00:49:31	00:49:27
105	267	BENJAMIN BOELTZIG	M	24	M0039 45	BILLY-WILDER ULTRAS	00:49:34	00:49:21
106	184	MARCO GONÇALVES	M	40	M4044 10	SHIADU TEAM	00:49:58	00:49:44
107	306	IVAN A RAMOS	M	33	M0039 46	PFIZER	00:50:01	00:49:55
108	60	CARLOS FERREIRA	M	59	M5559 12	ND AUTOCOOPE	00:50:03	00:50:03
109	229	CLAUDIA L P ROMÃO	F	37	F0039 6	RUN CREW T MONTIJO/JUNTOSSOMOSMUITAFORTES	00:50:14	00:50:06
110	337	CARLA ANDRE	F	39	F0039 7		00:50:18	00:50:07
111	318	JOSE FERNANDES	M	63	M6099 4	REST FAZ FIGURA	00:50:21	00:50:21
112	211	PEDRO JOGO	M	24	M0039 47		00:50:36	00:50:18
113	133	JOAQUIM A H SILVÉRIO	M	71	M6099 5		00:50:40	00:50:35
114	315	RUI M S R CARVALHO	M	48	M4549 14	EQUIPA DAVID VAZ	00:51:01	00:50:56
115	275	RUI PEDRO	M	44	M4044 11	EQUIPA DAVID VAZ	00:51:02	00:50:56
116	259	DAVID PALMEIRO	M	50	M5054 14	AB CAMPOLIDE	00:51:08	00:51:05
117	127	LUIS NUNES	M	45	M4549 15	NUNES	00:51:16	00:51:09
118	154	GONÇALO PIRES	M	30	M0039 48	ORI ESTARREJA	00:51:22	00:51:17
119	141	RUTE PAIS BATISTA	F	37	F0039 8		00:51:32	00:51:17
120	331	PAULO ALMEIDA	M	42	M4044 12		00:51:37	00:51:37
121	30	RUI HENRIQUES	M	45	M4549 16		00:51:42	00:51:31
122	182	LUIS SOUTO	M	48	M4549 17		00:51:42	00:51:40
123	305	PEDRO H RAMOS	M	34	M0039 49	PFIZER	00:51:47	00:51:40
124	137	ADÉRITO CARRELHAS	M	62	M6099 6		00:51:51	00:51:50
125	250	VANESSA SOUSA	F	35	F0039 9	CORRER SR GRANJA	00:51:52	00:51:52
126	72	PAULO J N R SILVA	M	51	M5054 15		00:51:58	00:51:50
127	65	SERGIO BORGES	M	44	M4044 13	ND AUTOCOOPE	00:52:02	00:51:58
128	101	NUNO M B MARTINS	M	44	M4044 14		00:52:07	00:51:54
129	50	NADIA MARTINS	F	36	F0039 10	FAMILY	00:52:09	00:52:00
130	49	NATACHA MARTINS	F	34	F0039 11	FAMILY	00:52:10	00:52:00
131	237	ANTONIO LIMA	M	53	M5054 16	AB CAMPOLIDE	00:52:10	00:52:10
132	298	SORAIA FERREIRA	F	42	F4044 5	AMCF - ARRÁBIDA TRAIL TEAM	00:52:13	00:51:56

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
133	301	VITOR PINTO	M	42	M4044 15	AMCF - ARRÁBIDA TRAIL TEAM	00:52:13	00:51:54
134	123	SUSANA VICENTE	F	37	F0039 12	RB RUNNING	00:52:16	00:52:06
135	246	LUÍS MATIAS	M	38	M0039 50	GL14	00:52:38	00:52:37
136	131	FERNANDO L MARTINS	M	32	M0039 51	CUATRECASAS, GONÇALVES PEREIRA	00:52:41	00:52:16
137	106	MÁRIO S COSTA	M	36	M0039 52	CUATRECASAS, GONÇALVES PEREIRA	00:52:44	00:52:44
138	62	JOSE DIAS	M	59	M5559 13	ND AUTOCOOPE	00:52:45	00:52:42
139	130	DANIELA SANTOS	F	42	F4044 6	MAROTONERS DA LINHA	00:52:53	00:52:44
140	289	RUI LUZ	M	39	M0039 53	AMCF - ARRÁBIDA TRAIL TEAM	00:52:58	00:52:41
141	188	PAULO ONOFRE	M	46	M4549 18	AMCF - ARRÁBIDA TRAIL TEAM	00:52:58	00:52:40
142	280	MILTON C MELO	M	37	M0039 54		00:53:02	00:47:27
143	68	RAUL GIRÃO	M	59	M5559 14		00:53:06	00:52:54
144	249	LUCIANO C H MARQUES	M	57	M5559 15		00:53:12	00:53:06
145	336	UMBELINA NUNES	F	63	F4599 3		00:53:13	00:53:02
146	232	PEDRO DIAS	M	36	M0039 55	DSBC	00:53:14	00:53:02
147	55	TIAGO REIS	M	34	M0039 56		00:53:14	00:53:02
148	58	PEDRO C YAN	M	37	M0039 57		00:53:20	00:52:58
149	175	SANDRA GONÇALVES	F	30	F0039 13	OS GLORIOSOS	00:53:31	00:53:27
150	102	VITOR FERREIRA	M	52	M5054 17	CP ALCANENA	00:53:32	00:53:23
151	91	JOÃO HENRIQUES	M	27	M0039 58		00:53:42	00:53:31
152	203	CRISTINA CAETANO	F	51	F4599 4	GINÁSIO CLUBE PORTUGUÊS	00:53:45	00:53:30
153	205	NUNO M SILVA	M	47	M4549 19	GINÁSIO CLUBE PORTUGUÊS	00:53:48	00:53:34
154	204	JOSÉ C REIS	M	53	M5054 18	GINÁSIO CLUBE PORTUGUÊS	00:53:49	00:53:49
155	128	CRISTINA DE LA CERDA	F	42	F4044 7		00:53:52	00:53:46
156	191	BERNARDO GARCIA	M	31	M0039 59	ADRC MATA BENFICA	00:53:53	00:53:53
157	252	ANDRÉ G FIGUEIREDO	M	39	M0039 60	PERNAS DE GAFANHOTO	00:54:03	00:53:46
158	92	NUNO CAEIRO	M	28	M0039 61		00:54:41	00:54:30
159	122	NUNO MEIRINHO	M	33	M0039 62	SHIADU TEAM	00:54:43	00:54:27
160	266	LISA DÜBEN	F	25	F0039 14	BILLY-WILDER ULTRAS	00:54:49	00:54:35
161	87	ÂNGELA TEIXEIRA	F	29	F0039 15		00:54:51	00:54:44
162	279	ANTÓNIO DOMINGUES	M	51	M5054 19		00:54:52	00:54:44
163	344	HUGO SILVA	M	29	M0039 63		00:54:57	00:54:57
164	288	LUIA NOGUEIRA	F	25	F0039 16	CORRER LISBOA	00:55:11	00:55:07
165	374	BARBARA ALMEIDA	F	20	F0039 17		00:55:20	00:55:04
166	234	ANDRÉ PEREIRA	M	39	M0039 64		00:55:22	00:55:11
167	222	RICARDO MARQUES	M	39	M0039 65		00:55:31	00:55:20
168	78	SÉRGIO RODRIGUES	M	42	M4044 16		00:55:35	00:55:33
169	67	JOSÉ A M GOMES	M	64	M6099 7	ANDAI	00:55:44	00:55:31
170	308	BIANCA ACCIOLY	F	39	F0039 18	EQUIPA DAVID VAZ	00:55:47	00:55:36
171	276	FERNANDO CLAUDINO	M	64	M6099 8	EQUIPA DAVID VAZ	00:55:47	00:55:35
172	220	PEDRO H C BARROSO	M	35	M0039 66		00:55:49	00:55:41
173	165	ADRIANO CUNHA	M	62	M6099 9		00:55:55	00:55:46
174	230	PEDRO H F MARTINHO	M	40	M4044 17		00:56:00	00:55:50
175	216	FRANCISCO M A SARDINHA	M	46	M4549 20	CORRER LISBOA	00:56:17	00:56:07
176	35	LURDES SILVA	F	48	F4599 5		00:56:21	00:56:17

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
177	351	ANALICE SILVA	F	72	F4599 6		00:56:22	00:56:20
178	255	RUI LARANJEIRO	M	43	M4044 18	CA AMIGOS PARQUE PAZ	00:56:24	00:56:24
179	190	SOLANGE ALEIXO	F	26	F0039 19		00:56:36	00:56:36
180	180	LUIS TABORDA	M	31	M0039 67		00:56:54	00:56:54
181	48	VITOR FIGUEIREDO	M	38	M0039 68	FAMILY	00:56:58	00:56:49
182	138	HENRIQUE VILHENA	M	60	M6099 10	DONINHOS	00:56:59	00:56:40
183	126	ELSA NUNES	F	43	F4044 8	NUNES	00:57:06	00:57:06
184	135	JORGE MENDES	M	43	M4044 19		00:57:20	00:57:07
185	136	SERGIO NEVES	M	34	M0039 69		00:57:21	00:57:21
186	231	ANTONIO FONSECA	M	70	M6099 11		00:57:28	00:57:15
187	69	HELGA GIRÃO	F	64	F4599 7		00:57:36	00:57:25
188	124	BRUNO VICENTE	M	31	M0039 70	RB RUNNING	00:57:36	00:57:26
189	342	PATRICIA BACELAR	F	20	F0039 20		00:57:48	00:57:35
190	310	SANDRA ANTUNES	F	47	F4599 8	EQUIPA DAVID VAZ	00:57:51	00:57:40
191	343	ALFREDO BACELAR	M	66	M6099 12		00:57:57	00:57:44
192	214	FREDERICO FERRINHO	M	21	M0039 71		00:58:00	00:57:45
193	341	RICARDO GROVA	M	25	M0039 72		00:58:22	00:58:18
194	376	CELIA SILVEIRA	F	44	F4044 9		00:58:26	00:58:19
195	283	LUIS J S B LARA	M	67	M6099 13		00:58:27	00:58:14
196	47	PEDRO MANSO	M	38	M0039 73	FAMILY	00:58:28	00:58:28
197	177	PEDRO ALMEIDA	M	45	M4549 21		00:58:31	00:58:21
198	270	MANUEL GOMES	M	51	M5054 20	CLUBE MARGINAL	00:58:39	00:58:33
199	269	FRANCISCO COITO	M	64	M6099 14	CLUBE MARGINAL	00:58:41	00:58:35
200	273	PEDRO OLIVEIRA	M	41	M4044 20		00:59:14	00:59:08
201	195	MARISA MARQUES	F	40	F4044 10		00:59:15	00:58:57
202	98	INÊS PINTO	F	26	F0039 21	SHIADU TEAM	00:59:20	00:59:20
203	242	ANDRE NORONHA	M	51	M5054 21	SS CGD	00:59:26	00:59:10
204	243	CRISTIANA ALMEIDA	F	52	F4599 9	SS CGD	00:59:28	00:59:12
205	207	RITA MACEDO	F	27	F0039 22		01:00:37	01:00:21
206	88	DÉLIA VARINO	F	43	F4044 11		01:00:37	01:00:21
207	80	HENRIQUETA SOLIPA	F	54	F4599 10	TARTARUGAS SOLIDÁRIAS	01:00:37	01:00:22
208	332	MARTA BORGES	F	38	F0039 23		01:00:37	01:00:22
209	258	JOANA D CHOURIÇO	F	53	F4599 11		01:00:51	01:00:49
210	189	CLARA ONOFRE	F	18	F0039 24	AMCF - ARRÁBIDA TRAIL TEAM	01:00:57	01:00:57
211	116	MARCO SOUSA	M	35	M0039 74	SHIADU TEAM	01:00:59	01:00:59
212	90	VASCO ALVES	M	46	M4549 22	SHIADU TEAM	01:01:00	01:00:44
213	245	PAULA NOGUEIRA	F	47	F4599 12		01:01:12	01:01:10
214	125	JOAO LANDEIRO	M	70	M6099 15		01:01:14	01:00:55
215	79	ANA DIAS	F	28	F0039 25	LIS RUNNING CPA	01:01:21	01:01:09
216	312	LURDES ASSIS	F	46	F4599 13		01:01:22	01:01:22
217	198	BRUNO DIAS	M	23	M0039 75	SHIADU TEAM	01:01:31	01:01:16
218	178	ISABEL GUERRA	F	58	F4599 14		01:01:56	01:01:47
219	151	ADILIA BARBOSA	F	57	F4599 15		01:02:05	01:02:03
220	268	BIRKO BOELTZIG	M	50	M5054 22	BILLY-WILDER ULTRAS	01:02:11	01:01:58

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
221	282	DORA SOUSA	F	37	F0039 26	EGGBITE	01:02:19	01:02:12
222	281	CARLOS CHANÇA	M	42	M4044 21	EGGBITE	01:02:20	01:02:13
223	169	ANDRÉ C FERREIRA	M	25	M0039 76	CUATRECASAS, GONÇALVES PEREIRA	01:02:21	01:01:56
224	74	SYLVIE SANTO	F	56	F4599 16	SHIADU TEAM	01:02:31	01:02:17
225	253	FILIPA F FIGUEIREDO	F	41	F4044 12	PERNAS DE GAFANHOTO	01:02:37	01:02:37
226	73	RICARDO M GASPAR	M	63	M6099 16		01:03:18	01:03:00
227	166	JOAQUIM M C SANTOS	M	64	M6099 17		01:03:20	01:03:02
228	241	ISILDA BARRADAS	F	66	F4599 17	AB CAMPOLIDE	01:03:33	01:03:33
229	156	ANTONIO A P M F MASCARENHAS	M	52	M5054 23		01:04:03	01:03:39
230	287	CAROLINA MANHA	F	28	F0039 27	CORRER LISBOA	01:04:34	01:04:25
231	115	JOANA SOUSA	F	36	F0039 28	SHIADU TEAM	01:04:41	01:04:41
232	139	MIGUEL CUNHA	M	45	M4549 23		01:04:41	01:04:26
233	31	RAQUEL ONOFRE	F	43	F4044 13	AMCF - ARRÁBIDA TRAIL TEAM	01:04:44	01:04:24
234	32	SARA VALADARES	F	44	F4044 14	AMCF - ARRÁBIDA TRAIL TEAM	01:04:44	01:04:44
235	262	JOAQUIM CORREIA	M	55	M5559 16	AB CAMPOLIDE	01:05:15	01:05:03
236	223	PEDRO FREITAS	M	24	M0039 77		01:05:16	01:04:56
237	45	RAQUEL ROQUE	F	38	F0039 29	FAMILY	01:05:45	01:05:35
238	20	JOHNNY THOMASSEN	M	56	M5559 17		01:06:18	01:06:04
239	77	DORA R ARENGA	F	43	F4044 15		01:06:30	01:06:28
240	100	CÁTIA RODRIGUES	F	29	F0039 30		01:06:58	01:06:52
241	183	JOSÉ C S MENDES	M	64	M6099 18		01:07:21	01:07:00
242	227	NUNO PIRES	M	31	M0039 78		01:08:37	01:08:26
243	313	VALTER ALVES	M	33	M0039 79		01:09:20	01:08:54
244	173	FILIFE LEITE	M	37	M0039 80		01:10:13	01:09:55
245	113	DANIEL MARTINS	M	18	M0039 81		01:10:42	01:10:20
246	110	LIDIA REZIO	F	47	F4599 18	LIDIA E CARLOS	01:11:08	01:11:00
247	111	CARLOS PEDREIRINHO	M	52	M5054 24	LIDIA E CARLOS	01:11:08	01:11:01
248	25	ANA RITA CRESPO	F	25	F0039 31	ABBVIE	01:11:12	01:11:12
249	172	ELISA DIAS	F	53	F4599 19	CLINICA SANTA MADALENA	01:11:14	01:11:05
250	224	ANA TERESA FERREIRA	F	46	F4599 20		01:11:16	01:11:16
251	95	PAULO FRANÇA	M	54	M5054 25	GDCT UNICRE	01:11:20	01:11:13
252	96	FÁTIMA MANTEIGA	F	47	F4599 21	GDCT UNICRE	01:11:20	01:11:20
253	181	MARIA JOÃO ABREU	F	44	F4044 16		01:11:37	01:11:36
254	134	VILMA SALGADO	F	23	F0039 32		01:11:40	01:11:40
255	24	VÂNIA MARTINS	F	29	F0039 33		01:11:46	01:11:24
256	26	ANA RITA CRAVO	F	40	F4044 17		01:11:47	01:11:25
257	112	DAVIDE ALMEIDA	M	28	M0039 82		01:11:50	01:11:27
258	314	CARINA TRINDADE	F	29	F0039 34		01:12:11	01:12:03
259	311	J MIGUEL SILVA	M	52	M5054 26		01:12:11	01:11:44
260	167	ACÁCIO PEREIRA	M	55	M5559 18		01:14:00	01:13:41
261	292	MANUEL SILVA	M	42	M4044 22	AMCF - ARRÁBIDA TRAIL TEAM	01:14:29	01:14:09
262	290	ANA SILVA	F	41	F4044 18	AMCF - ARRÁBIDA TRAIL TEAM	01:14:29	01:14:09
263	228	MARTA CUNTIM	F	29	F0039 35		01:14:48	01:14:48
264	278	RAQUEL MOLEIRO	F	38	F0039 36	EQUIPA DAVID VAZ	01:15:28	01:15:17

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
265	37	TERESA CORDEIRO	F	60	F4599 22	GO RUNNERS	01:15:45	01:15:44
266	38	LUIS CORDEIRO	M	61	M6099 19	GO RUNNERS	01:15:46	01:15:45
267	144	SOFIA LOPES	F	18	F0039 37	AMCF - ARRÁBIDA TRAIL TEAM	01:15:51	01:15:30
268	143	BÁRBARA ONOFRE	F	18	F0039 38	AMCF - ARRÁBIDA TRAIL TEAM	01:15:51	01:15:30
269	46	MARTA CARDOSO	F	38	F0039 39	FAMILY	01:16:48	01:16:37
270	272	SERGIA LEMOS	F	36	F0039 40		01:17:24	01:17:18
271	161	PAULA BENGALA	F	37	F0039 41	BRAVE RUNNERS	01:23:15	01:22:58
272	162	ANA SILVA	F	58	F4599 23		01:25:06	01:25:06
273	160	ELSA FONSECA	F	43	F4044 19	BRAVE RUNNERS	01:28:50	01:28:34
274	159	JOÃO CAMPOS	M	44	M4044 23	PAVNESC.COM	01:28:50	01:28:33
275	257	LUIZA GRILO	F	56	F4599 24	CA AMIGOS PARQUE PAZ	01:30:09	01:29:50
276	256	CRISTINA LARANJEIRO	F	43	F4044 20	CA AMIGOS PARQUE PAZ	01:30:11	01:29:52
277	176	MARIO ALMEIDA	M	72	M6099 20		01:30:12	01:30:03