

08.09.2019

8^a MINI CORRIDA CIDADE DA AMADORA

MINI CORRIDA 5KM

BY DECATHLON

Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	1515	DUARTE COSTA	M	36	1	00:22:02.74	00:22:02.29	RUN FOR FRIENDS
2	1543	DANIEL LOPES FERREIRA	M	32	2	00:23:20.60	00:23:19.97	CRUZEIRO RUNNERS
3	1606	PATRÍCIA GOMES	F	29	1	00:26:00.29	00:25:58.06	PRO PÓDIO
4	1671	DUARTE PINTO COELHO	M	14	3	00:26:00.72	00:25:59.23	RACING BROS
5	1638	APARECIDO VANDERLEI CALEGARI	M	54	4	00:26:01.04	00:26:01.04	CUNZOLO
6	1670	FRANCISCO PEREIRA	M	15	5	00:26:41.25	00:26:40.05	RACING BROS
7	1660	RUI PEDRO FERREIRA	M	44	6	00:27:05.62	00:27:01.82	TONDELA RUNNERS
8	1668	ESTEFANIA REIS	F	32	2	00:28:35.92	00:28:35.67	VMA
9	1630	FERNANDO LUCAS VASCONCELOS DE OLIVEIRA	M	22	7	00:28:41.16	00:28:29.45	
10	1642	ALEXANDRE FERREIRA	M	44	8	00:29:33.29	00:29:29.59	
11	1538	JAIR ANUNCIAÇÃO	M	47	9	00:30:05.92	00:30:05.92	
12	1659	SANDRA PINTO	F	43	3	00:30:30.67	00:30:30.12	DECATHLON
13	1542	DAVID SILVA	M	11	10	00:31:48.64	00:31:47.78	PAI E FILHO
14	1675	JOAQUIM MORAIS	M	59	11	00:32:12.02	00:31:57.59	
15	1632	PEDRO CORDEIRO	M	29	12	00:32:31.13	00:32:15.88	
16	1607	CRISTIANA GOMES	F	24	4	00:32:58.67	00:32:56.11	PRO PÓDIO
17	1624	FABRICIO SERIO	M	43	13	00:33:07.55	00:33:07.55	CUNZOLO
18	1622	PAULA ANTUNES	F	40	5	00:33:16.23	00:33:08.56	TICOS
19	1629	RICARDO SARGAÇO	M	55	14	00:33:53.76	00:33:42.47	
20	1674	MANUEL FERREIRA	M	58	15	00:34:15.91	00:34:14.73	FERREIRA
21	1504	ANA LUÍSA SOUSA	F	47	6	00:34:25.11	00:34:22.51	
22	1594	JAQUELINE FERREIRA FERREIRA	F	17	7	00:34:48.85	00:34:46.26	
23	1678	HELENA DIAS	F	24	8	00:35:24.89	00:35:21.41	
24	1658	GUILHERME BRAZIL	M	25	16	00:35:35.09	00:35:30.24	
25	1681	CAMILA PENNAFORTE	F	30	9	00:35:59.37	00:35:59.37	EDIPO RUNNING
26	1556	CARLOS PEDREIRINHO	M	55	17	00:36:47.99	00:36:45.17	LIDIA E CARLOS
27	1557	LIDIA REZIO	F	50	10	00:36:48.68	00:36:46.26	LIDIA E CARLOS
28	1627	CECILIA DUMONT SARGAÇO	F	21	11	00:37:07.57	00:36:58.58	
29	1502	JOÃO DIAS	M	28	18	00:37:45.03	00:37:40.31	MAÇARICOS
30	1603	MARIA SOUSA	F	68	12	00:38:45.70	00:38:44.79	ADRC MATA DE BENFICA
31	1573	FILIPA OLIVEIRA	F	13	13	00:39:10.28	00:39:07.04	
32	1652	ORDINA TEODORO	F	42	14	00:40:00.36	00:39:54.92	
33	1510	MARIA MENDES	F	52	15	00:40:07.32	00:40:04.95	
34	1677	CARINA DUARTE	F	32	16	00:40:15.19	00:40:14.76	AMINHACORRIDA
35	1532	JOSÉ FIGUEIRA	M	57	19	00:40:25.64	00:40:20.70	

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MINI CORRIDA 5KM

36	1689	NUNO SANTOS	M	43	20	00:40:36.00	00:40:23.06	
37	1688	SANTIAGO	M	10	21	00:40:36.00	00:40:22.64	
38	1687	DINIS	M	10	22	00:40:36.05	00:40:18.36	
39	1679	LUIS FERREIRA	M	48	23	00:42:31.18	00:42:20.19	
40	1575	SUSANA MAURICIO	F	47	17	00:42:31.75	00:42:25.08	
41	1520	MARIA GRAÇA	F	55	18	00:42:31.96	00:42:29.80	
42	1602	RUI HENRIQUES	M	72	24	00:42:40.73	00:42:39.40	ADRC MATA DE BENFICA
43	1635	JOAO RODRIGUES	M	33	25	00:42:56.14	00:42:50.61	DECATHLON
44	1572	PAULO OLIVEIRA	M	49	26	00:43:09.66	00:43:07.40	
45	328	INES MENDONÇA	F	40	19	00:43:11.02	00:43:07.32	
46	1634	ELSA FREIXEIRO	F	35	20	00:43:11.32	00:43:08.19	DECATHLON
47	1530	MARIA DOURADO	F	59	21	00:43:27.23	00:43:27.23	
48	1625	ANA LUCIA NOTÁRIO	F	50	22	00:44:23.51	00:44:14.25	AO RITMO DAS 200 PPM
49	1533	VERÓNICA FIGUEIRA	F	47	23	00:44:26.63	00:44:24.83	
50	1558	VITOR FARIA	M	21	27	00:44:28.32	00:44:22.74	
51	1559	SELMA FARIA	F	47	24	00:44:28.78	00:44:22.44	
52	1682	CELY PENNAFORTE	F	60	25	00:45:08.58	00:45:08.58	EDIPO RUNNING
53	458	FILIPE COELHO	M	36	28	00:45:24.00	00:45:24.00	
54	1683	WALDEMIRO PENNAFORTE	M	63	29	00:45:24.14	00:45:24.14	EDIPO RUNNING
55	1673	IVA RIBEIRO	F	56	26	00:45:32.91	00:45:31.83	FERREIRA
56	1523	RITA PARRACHO	F	10	27	00:46:40.81	00:46:30.35	TARTARUGAS SOLIDÁRIAS
57	1626	ILDA GONÇALVES	F	47	28	00:46:41.19	00:46:29.69	AO RITMO DAS 200 PPM
58	1546	FILOMENA MENDES	F	53	29	00:46:51.00	00:46:40.47	NÃO TEM EQUIPA
59	1550	LUÍSA MIGUEL	F	52	30	00:47:11.99	00:47:00.85	KIRA
60	1618	PATRICIA AUGUSTO	F	39	31	00:47:21.91	00:47:04.53	C MILLENNIUM BCP
61	1651	WÍSLEY SILVA SILVA	M	17	30	00:48:03.19	00:47:52.96	AMIGOS
62	1649	CARINA DUARTE	F	28	32	00:48:29.97	00:48:22.58	AMIGOS
63	1655	LISLEY FILIPE	F	26	33	00:48:38.98	00:48:29.37	AMIGOS
64	1609	JOSÉ RODRIGUES	M	55	31	00:48:47.46	00:48:36.99	
65	1610	ISABEL RODRIGUES	F	56	34	00:48:47.47	00:48:36.28	
66	1561	VILMA MARISA CHIU MOY	F	48	35	00:48:49.46	00:48:46.09	
67	1631	KARLA MARIA BARROS DA CONCEIÇÃO	F	34	36	00:48:51.56	00:48:42.29	
68	1507	ÂNGELA MATEUS	F	52	37	00:49:58.74	00:49:56.88	
69	1654	LEILA SILVA	F	51	38	00:50:34.54	00:50:28.14	AMIGOS
70	1571	JORGE SOBRAL	M	81	32	00:50:35.28	00:50:23.77	
71	1577	ADELINO MAGALHÃES	M	60	33	00:50:56.79	00:50:52.10	ARANAV
72	1579	ALICE MAGALHÃES	F	58	39	00:50:58.45	00:50:58.45	ARANAV

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73	1545	AURORA MELO	F	46	40	00:51:09.71	00:51:02.12	
74	1544	PAULO MELO	M	49	34	00:51:11.71	00:51:03.69	
75	1569	CESALTINA JULIAO	F	57	41	00:51:35.43	00:51:30.14	CACEM
76	1565	AIDA LANCA	F	60	42	00:51:35.45	00:51:33.95	CACEM
77	1516	CAMILA NOVAIS CAMILA	F	35	43	00:52:07.04	00:52:01.23	
78	1555	CARLA COSTA	F	28	44	00:52:07.67	00:52:02.04	
79	1522	RICARDO MILHEIRO	M	20	35	00:52:25.94	00:52:19.73	
80	1521	HELENA RUAS	F	51	45	00:52:26.15	00:52:21.06	
81	1650	SANDRA SOUZA	F	30	46	00:52:40.14	00:52:34.34	AMIGOS
82	1648	JOÃO DUARTE	M	26	36	00:52:40.49	00:52:31.85	AMIGOS
83	1639	RUI FERREIRA	M	44	37	00:53:02.02	00:52:49.49	
84	1581	CESALTINA MAXIMIANO	F	62	47	00:53:31.93	00:53:23.51	ARANAV
85	1529	FERNANDO SOUZA	M	42	38	00:53:37.17	00:53:28.14	SOUZA
86	1508	ISABEL MARÇAL	F	57	48	00:53:41.32	00:53:32.46	
87	1620	DINIS OLIVEIRA	M	44	39	00:53:49.99	00:53:46.96	
88	1619	CONCEIÇÃO REIS	F	45	49	00:53:50.50	00:53:46.66	
89	1537	ANTÓNIO BAPTISTA	M	59	40	00:53:51.73	00:53:37.26	
90	1534	FERNANDO AMADO	M	62	41	00:53:51.87	00:53:38.47	
91	1685	ATLETA NÃO CADASTRADO	M	0	50	00:54:27.27	00:54:19.46	
92	1527	VERENA NUNES	F	34	51	00:54:40.01	00:54:30.34	SOUZA
93	1554	ISABEL SILVA	F	62	42	00:54:52.03	00:54:47.83	
94	1500	AMÉRICO MARQUES	M	53	43	00:54:52.37	00:54:48.17	
95	1592	PAULO FACA	M	57	52	00:55:10.38	00:55:07.27	ARANAV
96	1628	MARIA ANGELA DUMONT SARGAÇO	F	56	53	00:55:16.91	00:55:06.17	
97	1549	ILDA NOBRE	F	81	54	00:55:20.64	00:55:11.45	
98	1519	ANDREIA GRAÇA	F	24	55	00:55:21.20	00:55:21.20	
99	1501	FÁTIMA MONTEIRO	F	55	44	00:55:35.71	00:55:34.48	
100	1608	EDUARDO FERNANDES	M	45	56	00:55:45.96	00:55:32.92	SOZINHO E MOTIVADO
101	1636	TÂNIA PEREIRA	F	40	45	00:55:54.39	00:55:39.31	
102	1637	MÁRIO CRUZ	M	27	57	00:55:55.01	00:55:40.87	
103	1512	PAULA MAGALHÃES	F	42	58	00:55:56.25	00:55:55.37	FAMÍLIA MAGALHÃES
104	1513	BEATRIZ MAGALHÃES	F	18	46	00:55:57.00	00:55:56.08	FAMÍLIA MAGALHÃES
105	1599	CARLOS PEREIRA	M	38	47	00:56:05.06	00:55:59.57	
106	1526	JOSÉ LUIS FERREIRA	M	64	48	00:56:15.54	00:56:12.62	
107	1562	JOSÉ CANAVILHAS	M	57	59	00:56:58.97	00:56:55.73	
108	1593	GENTIL VICENTE	F	61	60	00:57:05.40	00:56:58.16	ARANAV
109	1551	MARIA CECILIA FERNANDES	F	65	61	00:58:25.76	00:58:16.54	

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MINI CORRIDA 5KM

110	1583	HELENA BENTO	F	59	62	00:58:27.67	00:58:21.42	ARANAV
111	1576	ADELINA RUNA	F	68	63	00:58:28.66	00:58:21.60	ARANAV
112	1548	CARLA SOUSA	F	46	64	00:58:31.97	00:58:19.62	
113	1503	ADELAIDE BESOURO	F	71	65	00:58:33.82	00:58:29.35	MAÇARICOS
114	1547	PAULA CRISTINA ALVES ROSA DIOGO	F	50	49	00:58:34.30	00:58:21.50	
115	1589	MÁRIO ROSEIRO	M	68	66	00:58:46.25	00:58:46.25	ARANAV
116	1605	ANABELA FIGUEIREDO	F	57	67	00:59:30.05	00:59:24.59	
117	1604	LUÍSA ALÍPIO	F	60	68	00:59:30.68	00:59:24.66	
118	1568	FORTUNATA COSTA	F	58	69	00:59:37.25	00:59:34.01	CACEM
119	1567	LUZ CALCA	F	58	50	00:59:38.16	00:59:38.16	CACEM
120	1582	FRANCISCO CAPÃO	M	67	70	01:02:44.39	01:02:38.54	ARANAV
121	1590	OLÍVIA MATIAS	F	63	51	01:04:07.64	01:03:58.37	ARANAV
122	1580	ANTÓNIO MATIAS	M	73	71	01:04:09.95	01:04:00.19	ARANAV
123	1587	MARGARIDA LIMA	F	69		01:04:12.10	01:04:01.87	ARANAV

Total de registros: 123