

Pl	tno	Name	B	Club	Cl.	Time
<b>Fem (28)</b>						
			<b>1,0 km</b>		<b>0 C</b>	
1	27	Laura Silva	84	Águias de Alvelos	Sen F	5:02,00
2	9	Cristina Teixeira	87	Braga a Corner	Sen F	5:53,00
3	40	Juliana Pinheiral	85	ADE Trail Running	Sen F	6:27,00
4	6	Celeste Moreira	68	Individual	Vet50 F	6:45,00
5	3	Eduarda Ângelo	08	Braga a Corner	Sub12 F	7:01,00
5	70	Bia Gonçalves	09	Braga Runners	Sub12 F	7:01,00
7	15	Liliana Vilaça	79	Dumniense X Runners	Vet40 F	7:21,00
8	1	Elia Oliveira	70	MagicFriendsRunners	Vet40 F	7:33,00
9	25	Catarina Costa	79	Desnivel Positivo	Vet40 F	7:39,00
10	60	Elizabete Silva		Braga Runners	Sen F	7:43,00
11	39	Ana Pereira	89	ADE Trail Running	Sen F	7:50,00
12	46	Inês Araújo	05	Braga Runners	Sen F	7:53,00
13	28	Ana Duro	88	Fehstásticos	Sen F	7:59,00
14	22	Kamila Martins	83	Braguinhas Runners	Sen F	8:02,00
14	32	Vera Fernandes	96	Fehstásticos	Sen F	8:02,00
14	23	Mónica Pedrosa	78	Top Top Runners	Vet40 F	8:02,00
17	16	Maria Oliveira	79	Trogloditas Runners	Vet40 F	8:10,00
18	72	Matilde Silva		.COM	Sub12 F	8:28,00
19	11	Isabel Veloso	66	Top Top Runners	Vet50 F	8:33,00
20	65	Micaela Freitas		Individual	Vet40 F	8:45,00
21	34	Raquel Costa	95	Fehstásticos	Sen F	10:19,00
22	33	Inês Fernandes	94	Fehstásticos	Sen F	10:25,00
23	45	Leonor Mendes	05	Braga Runners	Sen F	14:25,00
24	54	Marta Gomes		Cerci Braga	Sen F	15:18,00
	7	Maria Almeida	66	Individual	Vet50 F	dns
	21	Elisabete Ortiz	70	Braguinhas Runners	Vet40 F	dns
	50	Ana Rita Fernandes	99	.COM	Sen F	dns
	51	Susana Freitas	77	Individual	Vet40 F	dns

<b>Mas (41)</b>						
			<b>1,0 km</b>		<b>0 C</b>	
1	26	Pedro Martins	84	Águias de Alvelos	Sen M	4:05,00
2	73	Manuel Carral		Individual	Sen M	4:32,00
3	4	Daniel Torres	88	Individual	Sen M	4:38,00
4	20	Tiago Conceição	88	Individual	Sen M	4:46,00
5	42	Bruno Esteves	81	Desnivel Positivo	Sen M	4:49,00
6	37	Alvaro Vale	83	ADE Trail Running	Sen M	4:52,00
7	36	Luís Cardoso	64	Individual	Vet50 M	4:56,00
8	13	Carlos Dias	74	ACR Os Marretinhas	Vet40 M	5:02,00
9	57	Augusto Lopes		Individual	Vet40 M	5:09,00
10	64	Júlio Torres		Individual	Sen M	5:15,00
11	8	Ricardo Fernandes	80	Comp Bomb Sap Braga	Sen M	5:19,00
12	63	José Pereira		Fonixeburun	Sen M	5:30,00
13	69	Tomás Cunha		Braga Runners	Sen M	5:35,00
14	47	Bruno Grilo	84	Individual	Sen M	5:37,00
15	38	João Laranjeira	80	ADE Trail Running	Sen M	5:39,00
16	61	Manuel Marques		Braga Runners	Vet40 M	5:40,00
17	18	Nuno Martins	76	MagicFriendsRunners	Vet40 M	5:44,00
18	14	José Dias	72	ACR Os Marretinhas	Vet40 M	5:47,00
18	10	Gabriel Sousa	87	Solemates	Sen M	5:47,00
20	5	Paulo Moreira	67	Individual	Vet50 M	5:51,00
21	44	David Martins	06	Braga Runners	Sen M	5:52,00
22	24	Cristiano Coutinho	89	Individual	Sen M	6:03,00
22	2	José Sousa	72	AA Lebres Sado	Vet40 M	6:03,00

PI	tno	Name	B	Club	Cl.	Time
<b>Mas (41)</b>						
				<b>1,0 km</b>	<b>0 C</b>	<i>(cont.)</i>
24	68	Sérgio Duarte		.COM	Sen M	6:06,00
25	30	Rui Gomes	93	Fehstásticos	Sen M	6:14,00
26	12	José Dias	60	Top Top Runners	Vet50 M	6:17,00
27	71	João Cunha		Braga Runners	Vet40 M	6:28,00
28	59	André Bastos		Individual	Vet40 M	6:57,00
29	58	Nuno Maia		Individual	Vet50 M	7:00,00
30	31	Bruno Silva	88	Fehstásticos	Sen M	7:19,00
31	43	Bernardo Cunha	05	Braga Runners	Sen M	7:38,00
32	62	Balsenido Ferreira		Top Top Runners	Vet40 M	7:51,00
33	48	Daniel Gomes	70	Individual	Vet40 M	8:16,00
34	19	Ricardo Silva	74	MagicFriendsRunners	Sen M	8:30,00
35	17	Hilario Ramos		Braguinhas Runners	Vet40 M	8:40,00
36	53	Guilherme Costa		Cerci Braga	Sen M	13:05,00
37	52	Joel Machado		Cerci Braga	Sen M	13:49,00
38	55	Tiago Azevedo		Cerci Braga	Sen M	15:08,00
	49	Samuel Gonçalves	02	.COM	Sen M	dns
	35	Valdino Santos	81	Individual	Sen M	dns
	41	Joaquim Barbosa	65	Individual	Vet50 M	dns

<b>Geral Estafetas (24)</b>						
				<b>1,0 km</b>	<b>0 C</b>	
1	214	Sérgio Mont+ Paulo Gomes		TeamCorpos3	Est MAS	4:14,00
2	207	Álvaro Vale+ João Laranjeira		ADE Trail Running	Est MAS	4:18,00
3	218	Júlio+ Paulo		Individual	Est MAS	4:38,00
4	209	Álvaro Vale+ Jerusa Ribeiro		ADE Trail Running	Est MIS	5:08,00
5	222	Tomas+ Isabel		Braga Runners	Est MIS	5:14,00
6	221	Sebastião+ José		Braga Runners	Est MAS	5:18,00
6	217	José+ Juliana		ADE Trail Running	Est MIS	5:18,00
8	223	Júlio+ Juliana		ADE Trail Running	Est MIS	5:30,00
9	210	Bruno Esteves+ Catarina Co		Desnivel Positivo	Est MIS	5:37,00
9	206	Armando Oliv+ Nuno Martins		MagicFriendsRunners	Est MAS	5:37,00
11	203	Carla Sampaio+ Libório Vilel		Tsunami Team	Est MIS	5:39,00
12	200	Paulo Moreira+ Celeste More		Individual	Est MIS	5:57,00
13	220	Susana+ Gonçalo		Braga Runners	Est MIS	5:58,00
14	219	Ana+ Paulo		ADE Trail Running	Est MIS	6:05,00
15	205	Armando Oliv+ Élia Oliveira		MagicFriendsRunners	Est MIS	6:07,00
16	213	Leonor Silva+ Beatriz Lima		Braga Runners	Est FEM	6:10,00
17	208	Ana Pereira+ Juliana Pinheir		ADE Trail Running	Est FEM	6:27,00
18	204	Élia Oliveira+ Diana Oliveira		MagicFriendsRunners	Est FEM	6:31,00
19	215	Augusto+ José		Braga a Correr	Est MAS	6:52,00
20	216	Elsa+ Diogo		Escuteiros Nogueiro	Est MIS	7:12,00
21	211	Bernardo+ Bárbara Matos		Braga Runners	Est MIS	7:14,00
22	212	Vitória Gomes+ Camila Mend		Braga Runners	Est FEM	10:19,00
	201	Ana Nascimento+ Sara Nasc		Mickys	Est FEM	dns
	202	José Sousa+ Eduarda Ângel		Braga a Correr	Est MIS	dns