

MAsc (23)**85,0 km 0 C**

1	23	PAULO PEREIRA	Guilhovai Guilhovai	Vet40 Mas	3:56
2	66	ÁLVARO RUCA	ADE Trail Runnin ADE Trail Running	Sen Mas	4:38
3	5	TIAGO CONCEIÇÃO	Individual Individual	Sen Mas	4:40
4	76	MARKO SANTOS	Team Corpos 3 Team Corpos 3	Sen Mas	4:49
5	84	CLÁUDIO COSTEIRA	Individual Individual	Sen Mas	4:51
5	85	DUARTE BARBOSA	Individual Individual	Vet40 Mas	4:51
7	88	David Price	Individual Individual	Sen Mas	4:56
8	91	Pedro Moreira	B.T.M	Vet40 Mas	4:59
9	2	JOSÉ SOUSA	A. A. Lebres Do A. A. Lebres Do Sado	Vet40 Mas	5:14
9	42	RAFAEL FERREIRA	Braguinhas Runne Braguinhas Runners	Sen Mas	5:14
11	12	JOAQUIM BARBOSA	Famalicense Atlé Famalicense Atlético Clube	Vet50 Mas	5:21
12	69	Augusto Lopes	Individual Individual	Sen Mas	5:30
13	24	ARMANDO OLIVEIRA	Magic friends ru Magic friends runners	Vet40 Mas	5:36
14	37	CARLOS ALVES	Xalleng Runners Xalleng Runners	Vet50 Mas	5:37
15	13	PAULO MOREIRA	Individual Individual	Vet50 Mas	5:39
16	87	Luis Santos	Individual Individual	Vet40 Mas	5:41
17	93	Mario Peres	Braga a Correr Braga a Correr	Sen Mas	6:04
17	65	JOÃO LARANGEIRA	ADE Trail Runnin ADE Trail Running	Sen Mas	6:04
19	33	EMANUEL FERREIRA	Individual Individual	Sen Mas	6:06
20	89	Toby Price	Individual Individual	Cr12 Mas	6:09
21	86	PAULO GOMES	Team Corpos 3 Team Corpos 3	Sen Mas	6:18
22	90	Milles Price	Individual Individual	Cr12 Mas	7:23
23	6	DANIEL GOMES	Individual Individual	Vet40 Mas	7:35

Fem (9)**5,0 km 0 C**

1	57	Naike Nogueira	Individual Individual	Sen Fem	6:14
2	83	Leonor Moreira	B.T.M	Cr12 Fem	6:25
3	92	Eunice Moreira	B.T.M	Sen Fem	6:57
4	14	CELESTE MOREIRA	Individual Individual	Vet50 Fem	7:04
5	1	EDUARDA ÂNGELO	Braga a Correr Braga a Correr	Cr12 Fem	7:07
6	39	LILIANA VILAÇA	Xalleng Runners Xalleng Runners	Sen Fem	7:11
7	25	NILDA MAGALHÃES	Magic friends ru Magic friends runners	Vet50 Fem	7:19
8	94	Ana Pereira	ADE Trail Runnin ADE Trail Running	Sen Fem	7:44
9	55	MARIA ALMEIDA	Individual Individual	Vet50 Fem	8:26

Pl	tno	Name	Club	Time
Cr12 Fem (2)			5,0 km 0 C	
1	83	Leonor Moreira	B.T.M	6:25
2	1	EDUARDA ANGELO	Braga a Correr Braga a Correr	7:07
Vet40 Mas (7)			85,0 km 0 C	
1	23	PAULO PEREIRA	Guilhovai Guilhovai	3:56
2	85	DUARTE BARBOSA	Individual Individual	4:51
3	91	Pedro Moreira	B.T.M	4:59
4	2	JOSE SOUSA	A. A. Lebres Do A. A. Lebres Do Sado	5:14
5	24	ARMANDO OLIVEIRA	Magic friends ru Magic friends runners	5:36
6	87	Luis Santos	Individual Individual	5:41
7	6	DANIEL GOMES	Individual Individual	7:35
Sen Mas (11)			85,0 km 0 C	
1	66	ÁLVARO RUCA	ADE Trail Runnin ADE Trail Running	4:38
2	5	TIAGO CONCEIÇÃO	Individual Individual	4:40
3	76	MARCO SANTOS	Team Corpus 3 Team Corpus 3	4:49
4	84	CLAUDIO COSTEIRA	Individual Individual	4:51
5	88	David Price	Individual Individual	4:56
6	42	RAFAEL FERREIRA	Braguinhas Runne Braguinhas Runners	5:14
7	69	Augusto Lopes	Individual Individual	5:30
8	93	Maio Peres	Braga a Correr Braga a Correr	6:04
8	65	JOÃO LARANJEIRA	ADE Trail Runnin ADE Trail Running	6:04
10	33	EMANUEL FERREIRA	Individual Individual	6:06
11	86	PAULO GOMES	Team Corpus 3 Team Corpus 3	6:18
Vet50 Mas (3)			85,0 km 0 C	
1	12	JOAQUIM BARBOSA	Famalicense Atlé Famalicense Atlético Clube clu	5:21
2	37	CARLOS ALVES	Xalleng Runners Xalleng Runners	5:37
3	13	PAULO MOREIRA	Individual Individual	5:39
Vet50 Fem (3)			5,0 km 0 C	
1	14	CELESTE MOREIRA	Individual Individual	7:04
2	25	NILDA MAGALHÃES	Magic friends ru Magic friends runners	7:19
3	55	MARIA ALMEIDA	Individual Individual	8:26
Sen Fem (4)			5,0 km 0 C	
1	57	Naike Nogueira	Individual Individual	6:14
2	92	Eunice Moreira	B.T.M	6:57
3	39	LILIANA VILAÇA	Xalleng Runners Xalleng Runners	7:11
4	94	Ana Pereira	ADE Trail Runnin ADE Trail Running	7:44
Est Mista (4)				
1	227	Pedro Moreira+ Eunice Moreira	B.T.M	4:29
2	204	Mafalda +Vitor	Team Corpus 3 Team Corpus 3	4:38
3	218	Ana Pereira+ Alvaro Ruca	ADE Trail Runnin ADE Trail Running	4:46
4	205	Armando Oliveira Élia Oliveira	Magic friends ru Magic friends runners	5:22

Pl	tno	Name	Club	Time
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Est Fem (2)

1	207	Élia Oliveira+ Nilda Magalhães	Magic friends ru Magic friends runners	6:32
2	228	Ana Carolina+ Maria Neves	ADE Trail Runnin ADE Trail Running	7:04

Est Mas (2)

1	221	Marko Santos+ Paulo Gomes	Team Corpus 3 Team Corpus 3	3:49
2	217	Álvaro Ruca+ Ricardo Briote	ADE Trail Runnin ADE Trail Running	4:04

Cr12 Mas (2)

85,0 km 0 C

1	89	Toby Price	Individual Individual	6:09
2	90	Milles Price	Individual Individual	7:23