

Dorsal	Atleta	Clube	Sexo	Escalão	Esc.	Geral	Tempo
298	JOSÉ FERREIRA	INDIVIDUAL	M	M35	1	1	00:37:02
275	RUI HENRIQUES	INDIVIDUAL	M	M35	2	2	00:39:19
517	CATARINA GUERREIRO	INDIVIDUAL	F	JUNF	1	3	00:40:02
511	MARCO PINTO	INDIVIDUAL	M	SENM	2	4	00:40:26
501	LUÍS ALVES	INDIVIDUAL	M	M45	1	5	00:41:01
260	Lucília Soares	INDIVIDUAL	F	F50	1	6	00:42:13
254	Tiago Machado	INDIVIDUAL	M	M40	1	7	00:42:45
203	Luís Cancela	INDIVIDUAL	M	M45	2	8	00:43:07
300	TIAGO CRUZ	INDIVIDUAL	M	SENM	3	9	00:44:08
521	MIGUEL TAVARES	INDIVIDUAL	M	M40	2	10	00:44:16
505	MARISA COSTA	INDIVIDUAL	F	F35	1	11	00:44:30
262	Amílcar Duarte	Sporting Clube de Portugal	M	M55	1	12	00:44:55
519	DAVID FAUSTINO	INDIVIDUAL	M	M50	1	13	00:45:25
##	AFONSO COELHO	INDIVIDUAL	M	M40	3	14	00:47:40
550	BRUNO BUCO	INDIVIDUAL	M	SENM	4	15	00:47:40
218	Pedro Sérgio	CCDCA – Credito Agricola	M	M45	4	16	00:47:44
518	ISABEL MOLEIRO	INDIVIDUAL	F	F45	1	17	00:47:59
217	Paulo Ribeiro Nunes	INDIVIDUAL	M	M40	4	18	00:48:09
211	LUIS MARTINS	ECI Running Team	M	M40	5	19	00:48:19
537	EUARDO BRAZ	INDIVIDUAL	M	M45	3	20	00:49:08
273	RUI SERTÓRIO	INDIVIDUAL	M	M35	4	21	00:49:15
##	AIRES AFONSO	INDIVIDUAL	M	M35	3	22	00:49:16
206	Tiago Cabral	INDIVIDUAL	M	M35	5	23	00:49:23
263	Armando Aldegalega	Sporting Clube de Portugal	M	M55	2	24	00:49:23
540	NUNO LOPES	INDIVIDUAL	M	SENM	5	25	00:49:24
255	João Aparício Caetano	INDIVIDUAL	M	M35	6	26	00:49:38
296	IDALÉCIO BARROS	INDIVIDUAL	M	M55	3	27	00:49:49
249	Margarida Egea	INDIVIDUAL	F	F45	2	28	00:49:51
509	PAULA CARDOSO	INDIVIDUAL	F	F35	2	29	00:49:58
530	CARLOS OLIVEIRA	INDIVIDUAL	M	SENM	6	30	00:51:25
208	João Pereira Faria	ECI Running Team	M	M40	6	31	00:51:37
525	ISABEL MOLEIRO	INDIVIDUAL	F	F45	3	32	00:51:42
529	ANDRE GUILHERME	INDIVIDUAL	F	JUNM	1	33	00:52:09
291	LOURENSO DOUWENS	INDIVIDUAL	F	JUNM	2	34	00:52:18
276	PEDRO MENDES	INDIVIDUAL	M	M50	2	35	00:52:21
510	ANTÓNIO CARDOSO	INDIVIDUAL	M	M40	7	36	00:52:27
546	M	INDIVIDUAL	M	SENM	7	37	00:53:41
281	PAULO TREZENTES	INDIVIDUAL	M	M35	7	38	00:54:16
210	Felix Cuenca Acevedo	ECI Running Team	M	M55	4	39	00:54:31
536	LUIS FERNANDES	INDIVIDUAL	M	SENM	8	40	00:54:46
209	André Pessoa	ECI Running Team	M	SENM	9	41	00:54:51
267	Rafael Lopes	INDIVIDUAL	F	JUNM	3	42	00:55:43
251	Alexandre Livério	INDIVIDUAL	M	M40	8	43	00:55:43
257	Duarte Calado	INDIVIDUAL	F	JUNM	4	44	00:56:32
215	MARIA GARCIA	ECI Running Team	F	F35	3	45	00:56:34
284	PEDRO DOUWENS	INDIVIDUAL	F	JUNM	5	46	00:56:48
247	Paulo Azenhas	INDIVIDUAL	M	M45	5	47	00:56:48
272	PEDRO FARIA	INDIVIDUAL	M	SENM	10	48	00:56:53
292	JOÃO ALVIM	INDIVIDUAL	M	M40	9	49	00:56:56
299	CLAUDIA CARDOSO	INDIVIDUAL	F	SENF	1	50	00:57:09
542	PAULO PEDRO	INDIVIDUAL	M	M45	6	51	00:57:15
280	BRUNO SILVA	INDIVIDUAL	M	M35	8	52	00:58:08
224	Teresa Botelho Neves	INDIVIDUAL	F	F35	4	53	00:58:22
256	Luís Soares Ressureição	INDIVIDUAL	M	M40	10	54	00:58:39
547	FERNANDO AGOSTINHO	INDIVIDUAL	M	SENM	11	55	00:58:49
268	Tiago Ferreira	INDIVIDUAL	M	SENM	12	56	00:59:04
520	FILIPA FERRO	INDIVIDUAL	F	F35	5	57	00:59:18

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223	Maria Queiroz Martins	INDIVIDUAL	F	F35	6	58	00:59:22
201	Luiz Châtillon	INDIVIDUAL	M	M55	5	59	00:59:31
290	JOSE DOUWENS	INDIVIDUAL	M	M45	7	60	00:59:53
538	NELSON INÁCIO	INDIVIDUAL	M	SENM	13	61	00:59:53
289	MARIA DOUWENS	INDIVIDUAL	F	JUNF	2	62	00:59:56
228	Pedro Silveira	Colina São João de Brito 7.4	M	M40	11	63	01:00:04
549	GONÇALO DIAS	INDIVIDUAL	M	M35	9	64	01:00:13
502	MONICA JARDIM	INDIVIDUAL	F	SENF	2	65	01:00:23
244	Yolanda Blanco dos Santos	INDIVIDUAL	F	F35	7	66	01:00:57
528	PAULO COSTA	INDIVIDUAL	M	SENM	14	67	01:01:10
513	PEDRO LEITÃO	INDIVIDUAL	M	SENM	15	68	01:02:17
232	Eduardo Amorim	INDIVIDUAL	M	M45	8	69	01:02:19
221	Nuno Miguel Carvalho	INDIVIDUAL	M	M45	9	70	01:02:35
282	JOÃO OLIVEIRA	INDIVIDUAL	M	SENM	16	71	01:02:35
524	TOMÁS NEVES	INDIVIDUAL	M	M40	12	72	01:02:48
279	JOSE VARANDAS	INDIVIDUAL	M	M50	3	73	01:03:20
261	Marta Cunha	INDIVIDUAL	F	SENF	3	74	01:03:34
534	PAULA CARDOSO	INDIVIDUAL	F	F35	8	75	01:03:40
285	JONH ROWLANDS	INDIVIDUAL	M	M35	10	76	01:03:41
270	FATIMA ABREU	INDIVIDUAL	F	F50	2	77	01:04:23
541	MANUEL DUARTE	INDIVIDUAL	F	JUNM	6	78	01:05:21
545	ANTÓNIO DUARTE	INDIVIDUAL	M	SENM	17	79	01:05:21
544	MANUEL DUARTE	INDIVIDUAL	M	M40	13	80	01:05:23
286	JOSE HERMEZILHA	INDIVIDUAL	M	M35	11	81	01:05:47
506	JOÃO FRANCO	INDIVIDUAL	M	SENM	18	82	01:07:05
222	Nuno Veríssimo Mendes	INDIVIDUAL	M	M35	12	83	01:07:51
503	MIGUEL RIBEIRO	INDIVIDUAL	M	SENM	19	84	01:07:58
523	PEDRO RODRIGUES	INDIVIDUAL	M	M50	4	85	01:08:07
512	MARIA DIAS	INDIVIDUAL	M	M35	13	86	01:08:31
543	LEILA ANGELO	INDIVIDUAL	M	SENM	20	87	01:08:34
504	TERESA PERES	INDIVIDUAL	F	F35	9	88	01:08:38
248	Cristina Perez Frazão	INDIVIDUAL	F	F45	4	89	01:08:44
287	CATARINA PEREIRA	INDIVIDUAL	F	SENF	4	90	01:08:52
514	ELBERHARD WILHELM	INDIVIDUAL	M	SENM	21	91	01:10:00
539	MAILE VICOSA	INDIVIDUAL	M	M40	14	92	01:10:19
548	JOSÉ CAVADAS	INDIVIDUAL	M	SENM	22	93	01:10:20
252	Ana Silveira	INDIVIDUAL	F	F35	10	94	01:10:35
531	ANTÓNIO CAIDO	INDIVIDUAL	M	M45	10	95	01:10:36
##	MARIA DIAS	INDIVIDUAL	F	F50	3	96	01:11:36
202	Ana Châtillon	INDIVIDUAL	F	SENF	5	97	01:11:36
523	MARIA FERREIRA	INDIVIDUAL	F	F50	4	98	01:11:37
227	Isabel Barbieri Cardoso	INDIVIDUAL	F	F50	5	99	01:11:51
293	MANUEL CARDOSO	INDIVIDUAL	M	M50	5	100	01:11:51
295	RICARDO GONÇALVES	INDIVIDUAL	M	SENM	23	101	01:12:15
269	MIGUEL MORAIS	INDIVIDUAL	M	M55	6	102	01:12:23
508	MADALENA TOMÉ	INDIVIDUAL	F	SENF	6	103	01:12:23
207	Catarina Ceitil	INDIVIDUAL	F	F35	11	104	01:13:20
277	CATARINA MENDES	INDIVIDUAL	F	SENF	7	105	01:13:32
274	ANTONIO CACHORREIRO	INDIVIDUAL	M	M45	11	106	01:13:43
526	AIRES FONSECA	INDIVIDUAL	F	F35	12	107	01:13:57
515	ALEXANDRE VICENTE	INDIVIDUAL	M	SENM	1	108	01:18:48