

CORRIDA EM ATLETISMO VENDAS NOVAS 2013

Patrocínio: CM VENDAS NOVAS

Apoio: AGUAS PUBLICAS ALENTEJO

Data: 18/05/2013

Classif.: Relatório Geral Masculino e Feminino

| Coloc. | Num. | Atleta | Id. | Fx.Et. | Cl.F.E | Sx. | C. | SC1 | SC2 | SC3 | Equipe | Tempo |
|--------|------|--------------------|-----|--------|--------|-----|----|-----|-----|-----|-------------------|----------|
| 1 | 5 | HERMANO FERREIRA | 30 | M2034 | 1 | M | | | | | GDR CONFORLIMPA | 00:29:57 |
| 2 | 4 | LUIS FEITEIRA | 33 | M2034 | 2 | M | | | | | RB RUNNING | 00:30:02 |
| 3 | 44 | EUCLIDES VARELA | 31 | M2034 | 3 | M | | | | | NUCLEOEIRAS/ | 00:30:06 |
| 4 | 307 | NELSON CRUZ | 33 | M2034 | 4 | M | | | | | CR PRAIA SALEMA | 00:30:10 |
| 5 | 382 | ANTONIO SILVA | 26 | M2034 | 5 | M | | | | | INDIVIDUAL | 00:30:25 |
| 6 | 451 | BRUNO M S PAIXAO | 28 | M2034 | 6 | M | | | | | AC PORTALEGRE | 00:30:33 |
| 7 | 1 | CARLOS SILVA | 30 | M2034 | 7 | M | | | | | SPORTING CP | 00:30:40 |
| 8 | 356 | JOSE MADURO | 40 | M4044 | 1 | M | | | | | MADURO ATHLETICS | 00:31:23 |
| 9 | 380 | FILIFE ROSA | 28 | M2034 | 8 | M | | | | | INDIVIDUAL | 00:31:35 |
| 10 | 391 | JOAO FIGUEIREDO | 21 | M2034 | 9 | M | | | | | CN ALVITO | 00:31:56 |
| 11 | 43 | JOAO CAETANO | 28 | M2034 | 10 | M | | | | | NUCLEOEIRAS/ | 00:31:59 |
| 12 | 9 | ALEXEI SCUTARU | 40 | M4044 | 2 | M | | | | | GM POBREZINHO | 00:32:18 |
| 13 | 339 | PEDRO NOGUEIRA | 30 | M2034 | 11 | M | | 1 | | | ADFA - EVORA | 00:32:42 |
| 14 | 62 | PEDRO GOMES | 35 | M3539 | 1 | M | | | | | ODIMARQ ALUMINIOS | 00:32:45 |
| 15 | 246 | JORGE CRUZ | 48 | M4549 | 1 | M | | | | | AA MAFRA | 00:32:49 |
| 16 | 42 | JOAO BARTOLO | 19 | M1819 | 1 | M | | | | | NUCLEOEIRAS/ | 00:32:52 |
| 17 | 308 | PEDRO PESSOA | 47 | M4549 | 2 | M | | | | | CR PRAIA SALEMA | 00:32:59 |
| 18 | 160 | PAULO GUIMARAES | 36 | M3539 | 2 | M | | | | | ACLIS LIBERTY | 00:33:10 |
| 19 | 22 | TIAGO PEDRO | 26 | M2034 | 12 | M | | 1 | | | GD DIANA | 00:33:13 |
| 20 | 6 | CARLOS ALVES | 46 | M4549 | 3 | M | | | | | BOAVISTA S MATEUS | 00:33:25 |
| 21 | 520 | NUNO CARRAÇA | 23 | M2034 | 13 | M | | | | | URCA | 00:33:25 |
| 22 | 433 | PAULO MARQUES | 36 | M3539 | 3 | M | | | | | C PRAÇAS ARMADA | 00:33:35 |
| 23 | 21 | RUI SOARES | 20 | M2034 | 14 | M | | 1 | | | GD DIANA | 00:33:40 |
| 24 | 19 | JOAO ANDRE | 27 | M2034 | 15 | M | | 1 | | | GD DIANA | 00:33:43 |
| 25 | 395 | ANDRE COSTA | 22 | M2034 | 16 | M | | | | | CN ALVITO | 00:33:44 |
| 26 | 174 | RUI DUARTE | 45 | M4549 | 4 | M | | | | | CR LEÕES P SALVO | 00:33:50 |
| 27 | 85 | JOAO FERREIRA | 37 | M3539 | 4 | M | | | | | GARMIN/ CO OEIRAS | 00:33:54 |
| 28 | 378 | MANUEL M M A HORTA | 22 | M2034 | 17 | M | | | | | INDIVIDUAL | 00:34:00 |
| 29 | 358 | PAULO PINHEIRO | 35 | M3539 | 5 | M | | | | | MARATONA CP | 00:34:03 |
| 30 | 8 | JOAO INOCENCIO | 42 | M4044 | 3 | M | | | | | A VALE SILENCIO | 00:34:04 |
| 31 | 82 | MARIO FERREIRA | 31 | M2034 | 18 | M | | | | | GARMIN/ CO OEIRAS | 00:34:05 |
| 32 | 83 | MARIO CASSACA | 40 | M4044 | 4 | M | | | | | GARMIN/ CO OEIRAS | 00:34:15 |
| 33 | 309 | PEDRO PELADO | 27 | M2034 | 19 | M | | | | | CR PRAIA SALEMA | 00:34:20 |

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| 34 | 45 | LUIS COELHO | 40 | M4044 | 5 | M | | | | | NUCLEOEIRAS/ | 00:34:24 |
| 35 | 456 | TIAGO LEAL | 22 | M2034 | 20 | M | | | | | GAFANHORI - | 00:34:27 |
| 36 | 123 | ALEXANDRE SOARES | 51 | M5054 | 1 | M | | | | | CR LEOES P SALVO | 00:34:29 |
| 37 | 120 | RICARDO PEREIRA | 36 | M3539 | 6 | M | | | | | CR LEOES P SALVO | 00:34:32 |
| 38 | 159 | JOSE CAMELO | 42 | M4044 | 6 | M | | | | | ACLIS LIBERTY | 00:34:32 |
| 39 | 47 | RICARDO MESTRE | 42 | M4044 | 7 | M | | | | | NUCLEOEIRAS/ | 00:34:35 |
| 40 | 81 | LUIS ALMEIDA | 40 | M4044 | 8 | M | | | | | GARMIN/ CO OEIRAS | 00:34:42 |
| 41 | 16 | SILVESTRE GOMES | 58 | M5559 | 1 | M | | | | | GM POBREZINHO | 00:34:46 |
| 42 | 121 | VIRGILIO GOMES | 44 | M4044 | 9 | M | | | | | CR LEOES P SALVO | 00:34:47 |
| 43 | 10 | ANDRE FERREIRA | 38 | M3539 | 7 | M | | | | | GM POBREZINHO | 00:34:49 |
| 44 | 97 | LUIS SILVA | 18 | M1819 | 2 | M | | | | | C PRAÇAS ARMADA | 00:34:52 |
| 45 | 149 | AMILCAR DUARTE | 54 | M5054 | 2 | M | | | | | SPORTING CP | 00:34:52 |
| 46 | 157 | JOAO CARDOSO | 51 | M5054 | 3 | M | | | | | ACLIS LIBERTY | 00:34:57 |
| 47 | 245 | EDUARDO EUSTAQUIO | 49 | M4549 | 5 | M | | | | | AA MAFRA | 00:35:02 |
| 48 | 481 | PAULO ALEXANDRE | 32 | M2034 | 21 | M | | | | | CASA VIVA OBRAS.PT | 00:35:08 |
| 49 | 284 | JOAO F BOA | 27 | M2034 | 22 | M | | | | | CA PATAMEIRAS | 00:35:16 |
| 50 | 438 | JOSE NARCISO | 41 | M4044 | 10 | M | | | | | C BENFICA ABRANTES | 00:35:18 |
| 51 | 527 | SANDRA TEIXEIRA | 34 | F2034 | 1 | F | | | | | SPORTING CP | 00:35:25 |
| 52 | 20 | PAULO ALDEAGAS | 34 | M2034 | 23 | M | 1 | | | | GD DIANA | 00:35:27 |
| 53 | 383 | JOAO LEAL | 22 | M2034 | 24 | M | | | | | INDIVIDUAL | 00:35:27 |
| 54 | 528 | LUIS PINTO | 30 | M2034 | 25 | M | | | | | SPORTING CP | 00:35:28 |
| 55 | 74 | NUNO REBOCHO | 21 | M2034 | 26 | M | 1 | | | | BV MONTEMOR NOVO | 00:35:30 |
| 56 | 502 | JOAO VALENTE | 36 | M3539 | 8 | M | | | | | A NATUREZA ENSINA | 00:35:31 |
| 57 | 508 | JOAO VEIGA | 53 | M5054 | 4 | M | | | | | A NATUREZA ENSINA | 00:35:32 |
| 58 | 69 | MIGUEL MARTINS | 33 | M2034 | 27 | M | 1 | | | | BV MONTEMOR NOVO | 00:35:34 |
| 59 | 63 | LUCIANO CONCEIÇÃO | 46 | M4549 | 6 | M | | | | | ODIMARQ ALUMINIOS | 00:35:35 |
| 60 | 247 | JOEL RODRIGUES | 39 | M3539 | 9 | M | | | | | AA MAFRA | 00:35:38 |
| 61 | 213 | JOSE A M MARTINS | 47 | M4549 | 7 | M | | | | | INAPA PORTUGAL | 00:35:52 |
| 62 | 454 | ANA M FERREIRA | 25 | F2034 | 2 | F | | | | | GD ESTREITO | 00:35:56 |
| 63 | 257 | BRUNO GAMITO | 25 | M2034 | 28 | M | | | | | GDR S FRANCISCO | 00:35:59 |
| 64 | 412 | FILIFE MOTA | 44 | M4044 | 11 | M | | | | | C ELVENSE NATAÇÃO | 00:36:00 |
| 65 | 503 | PEDRO RIBEIRO | 40 | M4044 | 12 | M | | | | | A NATUREZA ENSINA | 00:36:01 |
| 66 | 56 | AIRES PRATAS | 57 | M5559 | 2 | M | | | | | ODIMARQ ALUMINIOS | 00:36:05 |
| 67 | 385 | JOAO FONTINHA | 18 | M1819 | 3 | M | | | | | CRD ARRUDENSE | 00:36:08 |
| 68 | 66 | MARIO GRILLO | 18 | M1819 | 4 | M | 1 | | | | BV MONTEMOR NOVO | 00:36:10 |
| 69 | 3 | CATIA SANTOS | 20 | F2034 | 3 | F | | | | | GARMIN/ CO OEIRAS | 00:36:11 |
| 70 | 33 | RAUL LOURENÇO | 42 | M4044 | 13 | M | | | | | NDC ODEMIRA | 00:36:12 |
| 71 | 206 | PEDRO VIEIRA | 30 | M2034 | 29 | M | 1 | | | | ESTRELA FC | 00:36:13 |
| 72 | 23 | JOSE L PACHECO | 37 | M3539 | 10 | M | 1 | | | | GD DIANA | 00:36:27 |
| 73 | 73 | ANDRE SANTOS | 20 | M2034 | 30 | M | 1 | | | | BV MONTEMOR NOVO | 00:36:35 |

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| 74 | 464 | MARCO FRANCO | 32 | M2034 | 31 | M | | | | | C BENFICA ABRANTES | 00:36:36 |
| 75 | 399 | RUI M S FONTES | 34 | M2034 | 32 | M | | | | | BEJA AC | 00:36:50 |
| 76 | 384 | FILIFE REBELO | 18 | M1819 | 5 | M | | | | | CRD ARRUDENSE | 00:36:51 |
| 77 | 57 | ANTONIO HENRIQUES | 56 | M5559 | 3 | M | | | | | ODIMARQ ALUMINIOS | 00:37:01 |
| 78 | 381 | VASCO ROSA | 19 | M1819 | 6 | M | | | | | INDIVIDUAL | 00:37:05 |
| 79 | 254 | LUIS PEREIRA | 43 | M4044 | 14 | M | | | | | GDR S FRANCISCO | 00:37:06 |
| 80 | 161 | RICARDO GUIMARAES | 29 | M2034 | 33 | M | | | | | ACLIS LIBERTY | 00:37:11 |
| 81 | 68 | ALEXANDRE SERRANO | 18 | M1819 | 7 | M | 1 | | | | BV MONTEMOR NOVO | 00:37:14 |
| 82 | 260 | ROGERIO CASSACA | 42 | M4044 | 15 | M | | | | | GDR S FRANCISCO | 00:37:15 |
| 83 | 426 | ANTONIO REAL | 57 | M5559 | 4 | M | | | | | C ELVENSE NATAÇÃO | 00:37:23 |
| 84 | 350 | ISOLINDO FELIZARDO | 36 | M3539 | 11 | M | 1 | | | | BARBUS ATLETISMO | 00:37:30 |
| 85 | 526 | LUIS P TIRAPICOS | 53 | M5054 | 5 | M | | | | | BEJA AC | 00:37:30 |
| 86 | 453 | ERCILIA MACHADO | 26 | F2034 | 4 | F | | | | | SPORTING CP | 00:37:32 |
| 87 | 153 | JOAO J M CORREIA | 50 | M5054 | 6 | M | | | | | INDIVIDUAL | 00:37:34 |
| 88 | 50 | JORGE GONÇALVES | 44 | M4044 | 16 | M | | | | | A BROCA FERRAGENS | 00:37:35 |
| 89 | 60 | JOAO ESTEVAO | 47 | M4549 | 8 | M | | | | | ODIMARQ ALUMINIOS | 00:37:37 |
| 90 | 275 | EURICO CANDEIAS | 43 | M4044 | 17 | M | 1 | | | | ESTRELA FC | 00:37:38 |
| 91 | 293 | SERGIO M MACATRAO | 56 | M5559 | 5 | M | | | | | BV BOMBARRAL | 00:37:38 |
| 92 | 305 | NUNO ABILIO | 33 | M2034 | 34 | M | | | | | CADT PORTUCEL | 00:37:48 |
| 93 | 311 | CARLOS FRADE | 35 | M3539 | 12 | M | | | | | INDIVIDUAL | 00:37:48 |
| 94 | 328 | PAULO FERREIRA | 37 | M3539 | 13 | M | | | | | AGD ACADEMIA KORPO | 00:37:48 |
| 95 | 411 | ARQUIMINIO CARRETAS | 49 | M4549 | 9 | M | | | | | C ELVENSE NATAÇÃO | 00:37:57 |
| 96 | 353 | MANUEL MASSAS | 46 | M4549 | 10 | M | 1 | | | | BARBUS ATLETISMO | 00:38:00 |
| 97 | 504 | ISIDRO FONTES | 44 | M4044 | 18 | M | | | | | A NATUREZA ENSINA | 00:38:00 |
| 98 | 32 | FABIO BATISTA | 21 | M2034 | 35 | M | | | | | NDC ODEMIRA | 00:38:04 |
| 99 | 463 | ANTONIO RIBEIRO | 34 | M2034 | 36 | M | | | | | C BENFICA ABRANTES | 00:38:06 |
| 100 | 392 | LUIS VALVERDE | 47 | M4549 | 11 | M | | | | | CN ALVITO | 00:38:08 |
| 101 | 462 | DAVID RIBEIRO | 18 | M1819 | 8 | M | | | | | C BENFICA ABRANTES | 00:38:08 |
| 102 | 474 | MANUEL SOARES | 45 | M4549 | 12 | M | | | | | SL CAMPOLIDE | 00:38:08 |
| 103 | 54 | MANUEL VEIGA | 49 | M4549 | 13 | M | 1 | | | | GDC CRUZ PICADA | 00:38:11 |
| 104 | 58 | ANTONIO PAIAS | 56 | M5559 | 6 | M | | | | | ODIMARQ ALUMINIOS | 00:38:11 |
| 105 | 477 | FERNANDO GOMES | 39 | M3539 | 14 | M | | | | | SL CAMPOLIDE | 00:38:13 |
| 106 | 162 | FERNANDO PAULO | 46 | M4549 | 14 | M | | | | | ACLIS LIBERTY | 00:38:22 |
| 107 | 410 | RAQUEL TRABUCO | 26 | F2034 | 5 | F | | | | | C ELVENSE NATAÇÃO | 00:38:24 |
| 108 | 64 | AUGUSTO PIRES | 60 | M6064 | 1 | M | | | | | ODIMARQ ALUMINIOS | 00:38:25 |
| 109 | 28 | ANA C DIAS | 18 | F1819 | 1 | F | | | | | NDC ODEMIRA | 00:38:33 |
| 110 | 300 | SAMUEL GALVEIA | 32 | M2034 | 37 | M | | | | | CADT PORTUCEL | 00:38:36 |
| 111 | 480 | LUIS REBELO | 48 | M4549 | 15 | M | | | | | INDIVIDUAL | 00:38:36 |
| 112 | 262 | VALTER SOARES | 38 | M3539 | 15 | M | | | | | GDR S FRANCISCO | 00:38:39 |
| 113 | 53 | DUARTE QUINTAS | 30 | M2034 | 38 | M | 1 | | | | GDC CRUZ PICADA | 00:38:42 |

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| 114 | 228 | JOSE BARRINHA | 42 | M4044 | 19 | M | | | | | VILA FRIA/JG SEGUROS | 00:38:47 |
| 115 | 389 | LEONEL VIEGAS | 36 | M3539 | 16 | M | | | | | PASTELARIA CHARLYS | 00:38:49 |
| 116 | 341 | SERGIO SANTOS | 47 | M4549 | 16 | M | 1 | | | | ADFA - EVORA | 00:38:58 |
| 117 | 255 | VITOR PEREIRA | 36 | M3539 | 17 | M | | | | | GDR S FRANCISCO | 00:38:59 |
| 118 | 263 | PEDRO GAMITO | 36 | M3539 | 18 | M | | | | | GDR S FRANCISCO | 00:39:00 |
| 119 | 478 | GIL ALVES | 36 | M3539 | 19 | M | | | | | SL CAMPOLIDE | 00:39:01 |
| 120 | 87 | RUI JORGE | 43 | M4044 | 20 | M | | | | | SRCP Bº ALENTEJANO | 00:39:04 |
| 121 | 365 | ANTONIO BRANCO | 48 | M4549 | 17 | M | | | | | CR PENTEADO | 00:39:11 |
| 122 | 264 | VASCO AGOSTINHO | 47 | M4549 | 18 | M | | | | | GDR S FRANCISCO | 00:39:14 |
| 123 | 207 | ANTONIO VEIGA | 53 | M5054 | 7 | M | 1 | | | | ESTRELA FC | 00:39:16 |
| 124 | 165 | JAIME LAMEGO | 53 | M5054 | 8 | M | | | | | ACLIS LIBERTY | 00:39:18 |
| 125 | 321 | HELDER VARANDA | 35 | M3539 | 20 | M | | | | | AGD ACADEMIA KORPO | 00:39:29 |
| 126 | 352 | JOAQUIM SANTOS | 43 | M4044 | 21 | M | 1 | | | | BARBUS ATLETISMO | 00:39:31 |
| 127 | 86 | MARCO PEREIRA | 35 | M3539 | 21 | M | | | | | RB RUNNING | 00:39:33 |
| 128 | 344 | NELSON NARCISO | 34 | M2034 | 39 | M | | | | | UF DEGOLADOS | 00:39:37 |
| 129 | 271 | JOAO M C M JORGE | 18 | M1819 | 9 | M | | | | | MENTE TRAQUINA | 00:39:38 |
| 130 | 345 | JOAO RODRIGUES | 53 | M5054 | 9 | M | | | | | UF DEGOLADOS | 00:39:38 |
| 131 | 244 | ANTONIO J A G LOUREIRO | 32 | M2034 | 40 | M | | | | | TZS RUNNING GYM | 00:39:39 |
| 132 | 18 | RAQUEL CABAÇO | 26 | F2034 | 6 | F | 1 | | | | GD DIANA | 00:39:40 |
| 133 | 156 | PAULO LOPES | 44 | M4044 | 22 | M | | | | | ACLIS LIBERTY | 00:39:41 |
| 134 | 386 | JOSE VEIGA | 21 | M2034 | 41 | M | | | | | INDIVIDUAL | 00:39:41 |
| 135 | 88 | ANTONIO ANTUNES | 51 | M5054 | 10 | M | | | | | SRCP Bº ALENTEJANO | 00:39:47 |
| 136 | 505 | RODRIGO SILVA | 46 | M4549 | 19 | M | | | | | A NATUREZA ENSINA | 00:39:48 |
| 137 | 11 | LUCILIA SOARES | 51 | F4554 | 1 | F | | | | | SL BENFICA | 00:39:55 |
| 138 | 519 | CARLOS PIRES | 41 | M4044 | 23 | M | | | | | URCA | 00:39:55 |
| 139 | 277 | CARLOS ROSADO | 44 | M4044 | 24 | M | | | | | C RUGBY JUROMENHA | 00:39:56 |
| 140 | 302 | JOAO ARENGA | 61 | M6064 | 2 | M | | | | | CADT PORTUCEL | 00:39:59 |
| 141 | 253 | RUI CANDEIAS | 36 | M3539 | 22 | M | | | | | GDR S FRANCISCO | 00:40:05 |
| 142 | 276 | RUI BORRALHEIRA | 38 | M3539 | 23 | M | 1 | | | | ESTRELA FC | 00:40:05 |
| 143 | 70 | RODRIGO CARRILHO | 30 | M2034 | 42 | M | 1 | | | | BV MONTEMOR NOVO | 00:40:06 |
| 144 | 115 | LUIS MARTINS | 38 | M3539 | 24 | M | | | | | INDIVIDUAL | 00:40:11 |
| 145 | 15 | VERONICA SCUTARU | 36 | F3544 | 1 | F | | | | | GM POBREZINHO | 00:40:17 |
| 146 | 452 | JOAO GOMES | 40 | M4044 | 25 | M | | | | | AA MAFRA | 00:40:17 |
| 147 | 55 | ANTONIO CATRONGA | 54 | M5054 | 11 | M | 1 | | | | GDC CRUZ PICADA | 00:40:19 |
| 148 | 25 | RUI QUARESMA | 43 | M4044 | 26 | M | 1 | | | | GD DIANA | 00:40:22 |
| 149 | 99 | MARIO ALVES | 57 | M5559 | 7 | M | | | | | SFUAP | 00:40:25 |
| 150 | 142 | MARIA FRIAS | 47 | F4554 | 2 | F | | | | | AA MAFRA | 00:40:27 |
| 151 | 332 | JOSE GONCALVES | 46 | M4549 | 20 | M | | | | | AA MAFRA | 00:40:32 |
| 152 | 429 | ADOLFO LOUREIRO | 60 | M6064 | 3 | M | | | | | C PRAÇAS ARMADA | 00:40:33 |
| 153 | 98 | PEDRO ALVAREZ | 41 | M4044 | 27 | M | | | | | SFUAP | 00:40:34 |

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| 154 | 342 | JOAO BARRULAS | 51 | M5054 | 12 | M | | 1 | | | ADFA - EVORA | 00:40:35 |
| 155 | 59 | EDUARDO TANGANHITO | 66 | M6599 | 1 | M | | | | | ODIMARQ ALUMINIOS | 00:40:37 |
| 156 | 208 | JERONIMO CRUZ | 52 | M5054 | 13 | M | | 1 | | | ESTRELA FC | 00:40:39 |
| 157 | 322 | ALEXANDRE SILVA | 34 | M2034 | 43 | M | | | | | AGD ACADEMIA KORPO | 00:40:39 |
| 158 | 337 | ROGERIO ARRAIOLOS | 42 | M4044 | 28 | M | | | | | INDIVIDUAL | 00:40:39 |
| 159 | 129 | LUIS M C NEVES | 35 | M3539 | 25 | M | | | | | MARINHAI AC | 00:40:43 |
| 160 | 169 | CHANTAL XHERVELLE | 45 | F4554 | 3 | F | | | | | AM CASAL FIGUEIRAS | 00:40:46 |
| 161 | 220 | JOAQUIM VIEGAS | 46 | M4549 | 21 | M | | | | | BEJA AC | 00:40:46 |
| 162 | 222 | JOSE M C DIONISIO | 55 | M5559 | 8 | M | | | | | CCR ALTO MOINHO | 00:40:47 |
| 163 | 329 | HUGO BARROSO | 34 | M2034 | 44 | M | | | | | AGD ACADEMIA KORPO | 00:40:48 |
| 164 | 77 | ANTONIO GASPAR | 52 | M5054 | 14 | M | | 1 | | | BV MONTEMOR NOVO | 00:40:50 |
| 165 | 173 | RAQUEL COSTA | 30 | F2034 | 7 | F | | | | | GAFANHORI - | 00:40:58 |
| 166 | 183 | TIAGO ROMAO | 23 | M2034 | 45 | M | | | | | ADFA - EVORA | 00:40:58 |
| 167 | 150 | DANIEL A C NUNES | 53 | M5054 | 15 | M | | | | | OS NUNES | 00:41:01 |
| 168 | 227 | JOAQUIM SANTOS | 41 | M4044 | 29 | M | | | | | VILA FRIA/JG SEGUROS | 00:41:01 |
| 169 | 31 | FABIO GUERREIRO | 20 | M2034 | 46 | M | | | | | NDC ODEMIRA | 00:41:04 |
| 170 | 34 | NELSON MARTINS | 44 | M4044 | 30 | M | | | | | NDC ODEMIRA | 00:41:07 |
| 171 | 49 | DIOGO GONÇALVES | 18 | M1819 | 10 | M | | | | | A BROCA FERRAGENS | 00:41:08 |
| 172 | 13 | JOSE SILVA | 49 | M4549 | 22 | M | | | | | GM POBREZINHO | 00:41:13 |
| 173 | 37 | EURICO PEREIRA | 53 | M5054 | 16 | M | | | | | GD O INDEPENDENTE | 00:41:13 |
| 174 | 460 | JORGE F A D FONTES | 52 | M5054 | 17 | M | | | | | BEJA AC | 00:41:15 |
| 175 | 266 | JOAO JACINTO | 56 | M5559 | 9 | M | | | | | CCD O ALVITEJO | 00:41:17 |
| 176 | 407 | GUILHERME VICENTE | 34 | M2034 | 47 | M | | | | | INDIVIDUAL | 00:41:18 |
| 177 | 472 | CARLOS ALMEIDA | 55 | M5559 | 10 | M | | | | | INDIVIDUAL | 00:41:18 |
| 178 | 404 | DAVID M P SANTOS | 50 | M5054 | 18 | M | | | | | OS PERIGOSOS | 00:41:20 |
| 179 | 371 | SAMUEL F B SALGUEIRO | 26 | M2034 | 48 | M | | | | | INDIVIDUAL | 00:41:27 |
| 180 | 93 | RICARDO LOBO | 39 | M3539 | 26 | M | | | | | CDCR CTT ALMADA | 00:41:28 |
| 181 | 109 | ARMANDO SILVA | 57 | M5559 | 11 | M | | | | | INDIVIDUAL | 00:41:28 |
| 182 | 223 | JOSE M N LANÇA | 59 | M5559 | 12 | M | | | | | CCR ALTO MOINHO | 00:41:28 |
| 183 | 94 | NELSON LOPES | 35 | M3539 | 27 | M | | | | | CDCR CTT ALMADA | 00:41:31 |
| 184 | 420 | GUMERSINDO RODRIGUES | 63 | M6064 | 4 | M | | | | | AA LEBRES SADO | 00:41:31 |
| 185 | 465 | JOEL SIMOES | 31 | M2034 | 49 | M | | | | | C BENFICA ABRANTES | 00:41:32 |
| 186 | 170 | LUIS SOBRAL | 51 | M5054 | 19 | M | | | | | GD AGUIAS MOITA | 00:41:41 |
| 187 | 132 | PEDRO M R C LIMA | 47 | M4549 | 23 | M | | | | | INDIVIDUAL | 00:41:42 |
| 188 | 65 | CARLOS ANTUNES | 62 | M6064 | 5 | M | | | | | ODIMARQ ALUMINIOS | 00:41:45 |
| 189 | 507 | VIRGILIO OLIVEIRA | 52 | M5054 | 20 | M | | | | | A NATUREZA ENSINA | 00:41:47 |
| 190 | 422 | MIGUEL ROCHA | 41 | M4044 | 31 | M | | | | | INDIVIDUAL | 00:41:51 |
| 191 | 427 | PETER STEINHAUSEN | 60 | M6064 | 6 | M | | | | | INDIVIDUAL | 00:41:51 |
| 192 | 297 | NUNO SILVA | 37 | M3539 | 28 | M | | | | | CADT PORTUGEL | 00:41:54 |
| 193 | 299 | JOAO SILVA | 35 | M3539 | 29 | M | | | | | CADT PORTUGEL | 00:41:54 |

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| 194 | 116 | CARLA SANTOS | 37 | F3544 | 2 | F | | | | | CR LEOES P SALVO | 00:41:57 |
| 195 | 340 | MANUEL SANTOS | 49 | M4549 | 24 | M | 1 | | | | ADFA - EVORA | 00:41:58 |
| 196 | 141 | JOAO FRIAS | 46 | M4549 | 25 | M | | | | | AA MAFRA | 00:42:01 |
| 197 | 61 | JOAQUIM MARTINS | 49 | M4549 | 26 | M | | | | | ODIMARQ ALUMINIOS | 00:42:08 |
| 198 | 471 | MARIA LUCAS | 45 | F4554 | 4 | F | | | | | INDIVIDUAL | 00:42:26 |
| 199 | 90 | MARIO LOURENÇO | 47 | M4549 | 27 | M | | | | | C PRAÇAS ARMADA | 00:42:29 |
| 200 | 91 | MARCO MENDES | 38 | M3539 | 30 | M | | | | | C PRAÇAS ARMADA | 00:42:29 |
| 201 | 312 | RICARDO FRADE | 50 | M5054 | 21 | M | | | | | INDIVIDUAL | 00:42:32 |
| 202 | 196 | VERA ALVAREZ | 19 | F1819 | 2 | F | | | | | CPOC | 00:42:33 |
| 203 | 197 | HENRIQUE SILVA | 18 | M1819 | 11 | M | | | | | CPOC | 00:42:34 |
| 204 | 473 | CARLOS GANHAO | 25 | M2034 | 50 | M | | | | | INDIVIDUAL | 00:42:36 |
| 205 | 518 | ORLINDO FIGUEIREDO | 65 | M6599 | 2 | M | | | | | SS CGD | 00:42:41 |
| 206 | 113 | CARLOS M S JACINTO | 44 | M4044 | 32 | M | | | | | INDIVIDUAL | 00:42:42 |
| 207 | 95 | JOSE L ALVES | 48 | M4549 | 28 | M | | | | | CDCR CTT ALMADA | 00:42:48 |
| 208 | 27 | PEDRO REIS | 36 | M3539 | 31 | M | 1 | | | | GD DIANA | 00:42:53 |
| 209 | 243 | JOSE M G FERREIRA | 48 | M4549 | 29 | M | | | | | INDIVIDUAL | 00:42:54 |
| 210 | 357 | VITOR SILVA | 41 | M4044 | 33 | M | | | | | MADURO ATLETICS | 00:42:57 |
| 211 | 190 | ANTONIO CAMACHO | 61 | M6064 | 7 | M | | | | | CA VALE FIGUEIRA | 00:43:02 |
| 212 | 282 | JOSE BADALO | 47 | M4549 | 30 | M | | | | | INDIVIDUAL | 00:43:03 |
| 213 | 140 | HELDER J B CANIVETE | 39 | M3539 | 32 | M | | | | | INDIVIDUAL | 00:43:07 |
| 214 | 366 | AUGUSTO SEMEDO | 55 | M5559 | 13 | M | | | | | CR PENTEADO | 00:43:09 |
| 215 | 323 | LUIS PAISANA | 39 | M3539 | 33 | M | | | | | AGD ACADEMIA KORPO | 00:43:14 |
| 216 | 506 | LUIS SOARES | 48 | M4549 | 31 | M | | | | | A NATUREZA ENSINA | 00:43:14 |
| 217 | 501 | DAVID ROSA | 37 | M3539 | 34 | M | | | | | A NATUREZA ENSINA | 00:43:15 |
| 218 | 106 | PEDRO D BURQUETTE | 37 | M3539 | 35 | M | | | | | AÇOREANA C BANIF | 00:43:16 |
| 219 | 509 | JOSE MARTINS | 55 | M5559 | 14 | M | | | | | A NATUREZA ENSINA | 00:43:16 |
| 220 | 36 | ILIDIO CAMPOS | 53 | M5054 | 22 | M | | | | | NDC ODEMIRA | 00:43:17 |
| 221 | 30 | PEDRO POEIRA | 31 | M2034 | 51 | M | | | | | NDC ODEMIRA | 00:43:18 |
| 222 | 209 | ANTONIO ROSADO | 48 | M4549 | 32 | M | 1 | | | | ESTRELA FC | 00:43:20 |
| 223 | 242 | DUARTE PONTE | 39 | M3539 | 36 | M | | | | | INDIVIDUAL | 00:43:25 |
| 224 | 274 | ANA GOMES | 45 | F4554 | 5 | F | | | | | INDIVIDUAL | 00:43:25 |
| 225 | 201 | FLORAN JOABSING | 58 | M5559 | 15 | M | | | | | INDIVIDUAL | 00:43:33 |
| 226 | 421 | ISABEL M P MALDONADO | 49 | F4554 | 6 | F | | | | | GR QTA LOMBA | 00:43:34 |
| 227 | 413 | JOAO SANTOS | 48 | M4549 | 33 | M | | | | | AA LEBRES SADO | 00:43:40 |
| 228 | 448 | EDUARDO M M CAEIRO | 21 | M2034 | 52 | M | | | | | INDIVIDUAL | 00:43:40 |
| 229 | 346 | ANDRE CARRETAS | 20 | M2034 | 53 | M | | | | | UF DEGOLADOS | 00:43:42 |
| 230 | 163 | ALVARO COELHO | 55 | M5559 | 16 | M | | | | | ACLIS LIBERTY | 00:43:54 |
| 231 | 102 | JOAO CHAMBINO | 34 | M2034 | 54 | M | | | | | INDIVIDUAL | 00:44:00 |
| 232 | 125 | JOAO BOIM | 37 | M3539 | 37 | M | | | | | SEMPRE A FUGIR... | 00:44:00 |
| 233 | 259 | RICHARDSON FERREIRA | 38 | M3539 | 38 | M | | | | | GDR S FRANCISCO | 00:44:07 |

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| 234 | 151 | MARCO CASEIRO | 34 | M2034 | 55 | M | | | | | VIRA MINI RUNNING | 00:44:10 |
| 235 | 278 | RUI M D ESPADA | 37 | M3539 | 39 | M | | | | | INDIVIDUAL | 00:44:17 |
| 236 | 7 | ANTONIO SALSINHA | 62 | M6064 | 8 | M | | | | | BOAVISTA S MATEUS | 00:44:19 |
| 237 | 532 | CARLA GOMES | 32 | F2034 | 8 | F | | | | | GM POBREZINHO | 00:44:23 |
| 238 | 348 | LEONARDO CABACEIRA | 18 | M1819 | 12 | M | | | | | INDIVIDUAL | 00:44:30 |
| 239 | 333 | JOAO F S RECTO | 28 | M2034 | 56 | M | | | | | CARPINTARIA PARQUE | 00:44:31 |
| 240 | 265 | ANGELINO MIRA | 37 | M3539 | 40 | M | | | | | INDIVIDUAL | 00:44:33 |
| 241 | 370 | CARLOS BACHAREIS | 37 | M3539 | 41 | M | | | | | INDIVIDUAL | 00:44:33 |
| 242 | 330 | PAULO SILVA | 35 | M3539 | 42 | M | | | | | AGD ACADEMIA KORPO | 00:44:39 |
| 243 | 233 | ANTONIO HENRIQUES | 42 | M4044 | 34 | M | | | | | VILA FRIA/JG SEGUROS | 00:44:41 |
| 244 | 360 | JOSE FILHO | 50 | M5054 | 23 | M | | | | | BEJA AC | 00:44:44 |
| 245 | 443 | FRANCISCO FONTES | 29 | M2034 | 57 | M | | | | | VU TEAM | 00:44:45 |
| 246 | 232 | BERNARDO FIGUEIREDO | 42 | M4044 | 35 | M | | | | | VILA FRIA/JG SEGUROS | 00:44:54 |
| 247 | 379 | PEDRO C P PATRICIO | 58 | M5559 | 17 | M | | | | | INDIVIDUAL | 00:44:54 |
| 248 | 303 | OLIMPIO SANTOS | 46 | M4549 | 34 | M | | | | | CADT PORTUGEL | 00:44:59 |
| 249 | 467 | NUNO ALDEIAS | 28 | M2034 | 58 | M | | | | | INDIVIDUAL | 00:44:59 |
| 250 | 291 | RICARDO MARTIANITO | 28 | M2034 | 59 | M | | | | | INDIVIDUAL | 00:45:00 |
| 251 | 355 | JOSE MARTINS | 47 | M4549 | 35 | M | | | | | INDIVIDUAL | 00:45:00 |
| 252 | 319 | ALBERTO COELHO | 38 | M3539 | 43 | M | | | | | PIGYM SS TEAM | 00:45:07 |
| 253 | 130 | JOSE L C S LEAL | 36 | M3539 | 44 | M | | | | | MARINHAIS AC | 00:45:09 |
| 254 | 143 | HELDER VALADAS | 32 | M2034 | 60 | M | | | | | OS PERIGOSOS | 00:45:09 |
| 255 | 131 | ANTONIO M C S LEAL | 41 | M4044 | 36 | M | | | | | MARINHAIS AC | 00:45:10 |
| 256 | 479 | NUNO MESTRE | 38 | M3539 | 45 | M | | | | | SL CAMPOLIDE | 00:45:15 |
| 257 | 279 | FILIFE M P NUNES | 26 | M2034 | 61 | M | | | | | INDIVIDUAL | 00:45:23 |
| 258 | 415 | VALDEMAR DAMIAO | 64 | M6064 | 9 | M | | | | | AA LEBRES SADO | 00:45:25 |
| 259 | 405 | JOAQUIM CRISPIM | 57 | M5559 | 18 | M | | | | | OS PERIGOSOS | 00:45:30 |
| 260 | 117 | LUISA SANTO | 46 | F4554 | 7 | F | | | | | CR LEOES P SALVO | 00:45:34 |
| 261 | 317 | JOAO P D GUEDES | 28 | M2034 | 62 | M | | | | | INDIVIDUAL | 00:45:36 |
| 262 | 147 | ALCIDES NUNES | 54 | M5054 | 24 | M | | | | | OS PERIGOSOS | 00:45:37 |
| 263 | 295 | HELDER JOSE | 46 | M4549 | 36 | M | | | | | INDIVIDUAL | 00:45:39 |
| 264 | 226 | ANDRE SA | 36 | M3539 | 46 | M | | | | | VILA FRIA/JG SEGUROS | 00:45:40 |
| 265 | 225 | FILIFE SA | 42 | M4044 | 37 | M | | | | | VILA FRIA/JG SEGUROS | 00:45:44 |
| 266 | 80 | ABILIO CATARRO | 56 | M5559 | 19 | M | 1 | | | | BV MONTEMOR NOVO | 00:45:46 |
| 267 | 280 | HUGO M H NUNES | 25 | M2034 | 63 | M | | | | | INDIVIDUAL | 00:45:47 |
| 268 | 439 | PEDRO VEIRIA | 28 | M2034 | 64 | M | | | | | INDIVIDUAL | 00:45:51 |
| 269 | 425 | ANTONIO SEROMENHO | 54 | M5054 | 25 | M | | | | | INDIVIDUAL | 00:45:54 |
| 270 | 314 | ANTONIO M VALADAS | 47 | M4549 | 37 | M | | | | | INDIVIDUAL | 00:45:59 |
| 271 | 351 | VICENTE APERTA | 48 | M4549 | 38 | M | 1 | | | | BARBUS ATLETISMO | 00:46:01 |
| 272 | 67 | DIOGO CARNEIRO | 18 | M1819 | 13 | M | 1 | | | | BV MONTEMOR NOVO | 00:46:04 |
| 273 | 72 | CARLOS PIOREK | 35 | M3539 | 47 | M | 1 | | | | BV MONTEMOR NOVO | 00:46:05 |

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| 274 | 304 | DIAMANTINO MONDIM | 36 | M3539 | 48 | M | | | | | CADT PORTUCEL | 00:46:05 |
| 275 | 442 | BERNARD PACHE | 46 | M4549 | 39 | M | | | | | VU TEAM | 00:46:05 |
| 276 | 178 | HENRIQUE M H TRINDADE | 46 | M4549 | 40 | M | | | | | INDIVIDUAL | 00:46:07 |
| 277 | 261 | ANTONIO SIMOES | 49 | M4549 | 41 | M | | | | | GDR S FRANCISCO | 00:46:07 |
| 278 | 466 | PAULA RODRIGUES | 44 | F3544 | 3 | F | | | | | C BENFICA ABRANTES | 00:46:07 |
| 279 | 368 | JOSE F F MARMELEIRA | 39 | M3539 | 49 | M | | | | | INDIVIDUAL | 00:46:22 |
| 280 | 406 | CARLOS MIGUNES | 19 | M1819 | 14 | M | | | | | INDIVIDUAL | 00:46:23 |
| 281 | 76 | JOSE P MARQUES | 49 | M4549 | 42 | M | 1 | | | | BV MONTEMOR NOVO | 00:46:26 |
| 282 | 400 | HENRIQUE ALVAREDO | 55 | M5559 | 20 | M | | | | | C SARGENTO ARMADA | 00:46:27 |
| 283 | 525 | ICIAR R NEVADO | 36 | F3544 | 4 | F | | | | | INDIVIDUAL | 00:46:27 |
| 284 | 450 | INES PINTO | 21 | F2034 | 9 | F | | | | | GAFANHORI - | 00:46:28 |
| 285 | 414 | AMANDIO LOBO | 64 | M6064 | 10 | M | | | | | AA LEBRES SADO | 00:46:30 |
| 286 | 89 | JOSE MATOS | 44 | M4044 | 38 | M | | | | | C PRAÇAS ARMADA | 00:46:33 |
| 287 | 521 | ANTONIO COSTA | 56 | M5559 | 21 | M | | | | | INDIVIDUAL | 00:46:33 |
| 288 | 268 | ANA S RODRIGUES | 26 | F2034 | 10 | F | | | | | INDIVIDUAL | 00:46:34 |
| 289 | 269 | MANUEL RUSSO | 62 | M6064 | 11 | M | | | | | INDIVIDUAL | 00:46:34 |
| 290 | 144 | BENTO VALENTE | 47 | M4549 | 43 | M | | | | | OS PERIGOSOS | 00:46:38 |
| 291 | 92 | JOSE BELCHIOR | 61 | M6064 | 12 | M | | | | | OS PERIGOSOS | 00:46:39 |
| 292 | 354 | ANTONIO E C MARQUES | 40 | M4044 | 39 | M | | | | | INDIVIDUAL | 00:46:41 |
| 293 | 286 | PEDRO CAEIRO | 35 | M3539 | 50 | M | | | | | TE RUNNERS | 00:46:45 |
| 294 | 12 | JOSE AVELINO | 57 | M5559 | 22 | M | | | | | GM POBREZINHO | 00:46:46 |
| 295 | 418 | MANUEL BAPTISTA | 64 | M6064 | 13 | M | | | | | AA LEBRES SADO | 00:46:47 |
| 296 | 432 | JOSE A C GODINHO | 53 | M5054 | 26 | M | | | | | INDIVIDUAL | 00:46:48 |
| 297 | 219 | JOSE VELEZ | 38 | M3539 | 51 | M | | | | | INDIVIDUAL | 00:46:51 |
| 298 | 181 | NELSON R PIRES | 38 | M3539 | 52 | M | | | | | CC CORVAL | 00:46:52 |
| 299 | 103 | JOAO P S SILVA | 34 | M2034 | 65 | M | | | | | INDIVIDUAL | 00:47:03 |
| 300 | 334 | JOAO P G MARQUES | 39 | M3539 | 53 | M | | | | | CARPINTARIA PARQUE | 00:47:10 |
| 301 | 216 | PEDRO PRATES | 34 | M2034 | 66 | M | | | | | LEBRES PEGOES | 00:47:11 |
| 302 | 240 | JOAO P C M A SILVA | 32 | M2034 | 67 | M | | | | | INDIVIDUAL | 00:47:12 |
| 303 | 430 | ANTONIO BORLA | 67 | M6599 | 3 | M | | | | | C PRAÇAS ARMADA | 00:47:12 |
| 304 | 475 | MIGUEL BARBOSA | 58 | M5559 | 23 | M | | | | | SL CAMPOLIDE | 00:47:17 |
| 305 | 468 | RAQUEL LALANDA | 20 | F2034 | 11 | F | | | | | C BENFICA ABRANTES | 00:47:21 |
| 306 | 288 | VENANCIO BRANCO | 42 | M4044 | 40 | M | | | | | TECNOSPIE | 00:47:26 |
| 307 | 369 | JOSE SILVEIRA | 39 | M3539 | 54 | M | | | | | INDIVIDUAL | 00:47:27 |
| 308 | 361 | ARMINDO QUEIMADO | 47 | M4549 | 44 | M | | | | | ADCSA BALDIO | 00:47:34 |
| 309 | 469 | NELSON SIMOES | 35 | M3539 | 55 | M | | | | | INDIVIDUAL | 00:47:35 |
| 310 | 133 | ANTONO S P RAPOSO | 46 | M4549 | 45 | M | | | | | INDIVIDUAL | 00:47:49 |
| 311 | 237 | SAMUEL FONSECA | 28 | M2034 | 68 | M | | | | | INDIVIDUAL | 00:47:55 |
| 312 | 148 | JOSE HENRIQUES | 58 | M5559 | 24 | M | | | | | OS PERIGOSOS | 00:47:57 |
| 313 | 343 | ALCINO J D CIRILO | 54 | M5054 | 27 | M | | | | | UF DEGOLADOS | 00:48:00 |

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| 314 | 29 | CATARINA GOMES | 18 | F1819 | 3 | F | | | | | NDC ODEMIRA | 00:48:04 |
| 315 | 296 | EUSEBIO CAMACHO | 58 | M5559 | 25 | M | | | | | CADT PORTUGEL | 00:48:05 |
| 316 | 217 | MARIO SILVA | 33 | M2034 | 69 | M | | | | | LEBRES PEGOES | 00:48:17 |
| 317 | 401 | MAGNIFICA ALVAREDO | 58 | F5599 | 1 | F | | | | | C SARGENTO ARMADA | 00:48:23 |
| 318 | 298 | MANUEL CARDIM | 61 | M6064 | 14 | M | | | | | CADT PORTUGEL | 00:48:31 |
| 319 | 417 | FRANCISCO PRATES | 65 | M6599 | 4 | M | | | | | AA LEBRES SADO | 00:48:33 |
| 320 | 155 | RICARDO SILVA | 32 | M2034 | 70 | M | | | | | ACLIS LIBERTY | 00:48:34 |
| 321 | 359 | JOAQUIM ANTUNES | 54 | M5054 | 28 | M | | | | | ASS PARAQUEDISTAS | 00:48:35 |
| 322 | 168 | CARLA CARMONA | 34 | F2034 | 12 | F | | | | | ACLIS LIBERTY | 00:48:44 |
| 323 | 416 | COSNTANTINO MENDAO | 53 | M5054 | 29 | M | | | | | AA LEBRES SADO | 00:48:44 |
| 324 | 252 | AMILCAR ROMAO | 61 | M6064 | 15 | M | | | | | GDR S FRANCISCO | 00:48:50 |
| 325 | 79 | AGOSTINHO PINTO | 57 | M5559 | 26 | M | 1 | | | | BV MONTEMOR NOVO | 00:48:51 |
| 326 | 118 | MANUELA FOLGADO | 63 | F5599 | 2 | F | | | | | CR LEOES P SALVO | 00:48:52 |
| 327 | 137 | ANTONIO J R GRILO | 47 | M4549 | 46 | M | | | | | INDIVIDUAL | 00:48:54 |
| 328 | 138 | ISABEL M P R F GRILO | 42 | F3544 | 5 | F | | | | | INDIVIDUAL | 00:48:55 |
| 329 | 211 | JOSE CARVALHO | 51 | M5054 | 30 | M | 1 | | | | ESTRELA FC | 00:48:58 |
| 330 | 167 | ANTONIO BENTES | 66 | M6599 | 5 | M | | | | | ACLIS LIBERTY | 00:49:00 |
| 331 | 523 | PEDRO CAMPOS | 34 | M2034 | 71 | M | | | | | INDIVIDUAL | 00:49:03 |
| 332 | 119 | FATIMA SANTOS | 61 | F5599 | 3 | F | | | | | CR LEOES P SALVO | 00:49:10 |
| 333 | 224 | FILIPE LOURENÇO | 35 | M3539 | 56 | M | | | | | PIGYM SS TEAM | 00:49:10 |
| 334 | 114 | JORGE M S MATEUS | 37 | M3539 | 57 | M | | | | | INDIVIDUAL | 00:49:11 |
| 335 | 171 | CARLOS SECO | 52 | M5054 | 31 | M | | | | | GD AGUIAS MOITA | 00:49:12 |
| 336 | 338 | MANUEL MATOS | 41 | M4044 | 41 | M | | | | | INDIVIDUAL | 00:49:14 |
| 337 | 124 | JOANA FRAGATA | 36 | F3544 | 6 | F | | | | | SEMPRE A FUGIR... | 00:49:25 |
| 338 | 212 | JOSUE INACIO | 75 | M6599 | 6 | M | 1 | | | | ESTRELA FC | 00:49:30 |
| 339 | 251 | HUMBERTO SILVA | 55 | M5559 | 27 | M | | | | | INDIVIDUAL | 00:49:30 |
| 340 | 325 | PEDRO NUNES | 37 | M3539 | 58 | M | | | | | AGD ACADEMIA KORPO | 00:49:31 |
| 341 | 166 | CONSTANCIO MARTINS | 56 | M5559 | 28 | M | | | | | ACLIS LIBERTY | 00:49:37 |
| 342 | 367 | JOAO ROCHA | 61 | M6064 | 16 | M | | | | | CR PENTEADO | 00:49:40 |
| 343 | 250 | AVELINO PIÇARRA | 63 | M6064 | 17 | M | | | | | BEJA AC | 00:49:44 |
| 344 | 154 | FERNANDO NUNO | 50 | M5054 | 32 | M | | | | | ACLIS LIBERTY | 00:49:53 |
| 345 | 96 | MANUEL CRUZ | 67 | M6599 | 7 | M | | | | | C PRAÇAS ARMADA | 00:50:02 |
| 346 | 198 | SELMA N GONÇALVES | 38 | F3544 | 7 | F | | | | | INDIVIDUAL | 00:50:02 |
| 347 | 431 | JOSE INFANTE | 45 | M4549 | 47 | M | | | | | C PRAÇAS ARMADA | 00:50:03 |
| 348 | 318 | PEDRO L NEVES | 40 | M4044 | 42 | M | | | | | PIGYM SS TEAM | 00:50:04 |
| 349 | 175 | CARLOS SACRISTAO | 42 | M4044 | 43 | M | | | | | INDIVIDUAL | 00:50:07 |
| 350 | 315 | JOSE A S PEREIRA | 56 | M5559 | 29 | M | | | | | OS PERIGOSOS | 00:50:15 |
| 351 | 101 | HENRIQUE PEREIRA | 37 | M3539 | 59 | M | | | | | INDIVIDUAL | 00:50:20 |
| 352 | 104 | LUIS SOUSA | 38 | M3539 | 60 | M | | | | | INDIVIDUAL | 00:50:20 |
| 353 | 374 | MANUEL BALTAZAR | 47 | M4549 | 48 | M | | | | | INDIVIDUAL | 00:50:24 |

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| 354 | 316 | MANUEL CRISPIM | 61 | M6064 | 18 | M | | | | | OS PERIGOSOS | 00:50:33 |
| 355 | 364 | DIAMANTINO COSTA | 51 | M5054 | 33 | M | | | | | CR PENTEADO | 00:50:36 |
| 356 | 455 | PAULO A S LOPES | 28 | M2034 | 72 | M | | | | | INDIVIDUAL | 00:50:39 |
| 357 | 221 | BENTO M C PALMA | 39 | M3539 | 61 | M | | | | | BEJA AC | 00:50:44 |
| 358 | 145 | ANTONIO PICA | 64 | M6064 | 19 | M | | | | | OS PERIGOSOS | 00:50:47 |
| 359 | 281 | ANA M L MARTINS | 39 | F3544 | 8 | F | | | | | INDIVIDUAL | 00:50:49 |
| 360 | 327 | HORST LAUW | 42 | M4044 | 44 | M | | | | | AGD ACADEMIA KORPO | 00:51:02 |
| 361 | 189 | VERGILIO NASCIMENTO | 58 | M5559 | 30 | M | | | | | CA VALE FIGUEIRA | 00:51:09 |
| 362 | 186 | NATACHA MOUCO | 19 | F1819 | 4 | F | | | | | CA VALE FIGUEIRA | 00:51:11 |
| 363 | 362 | ANTONIO J M SERRA | 53 | M5054 | 34 | M | | | | | ADCSA BALDIO | 00:51:14 |
| 364 | 164 | JOSE M COSTA | 67 | M6599 | 8 | M | | | | | ACLIS LIBERTY | 00:51:21 |
| 365 | 210 | ANTONIO VALADAS | 62 | M6064 | 20 | M | 1 | | | | ESTRELA FC | 00:51:27 |
| 366 | 445 | ISIDORO BATISTA | 53 | M5054 | 35 | M | | | | | NINHO AGUIAS | 00:51:31 |
| 367 | 363 | MANUEL R AMEIXIEIRO | 64 | M6064 | 21 | M | | | | | INDIVIDUAL | 00:51:33 |
| 368 | 51 | HELDER CONSTANTINO | 42 | M4044 | 45 | M | | | | | A BROCA FERRAGENS | 00:51:34 |
| 369 | 52 | SANDRA CONSTANTINO | 38 | F3544 | 9 | F | | | | | A BROCA FERRAGENS | 00:51:35 |
| 370 | 78 | MANUEL ANTONIO | 52 | M5054 | 36 | M | 1 | | | | BV MONTEMOR NOVO | 00:51:39 |
| 371 | 267 | JOSE F R CALISTO | 30 | M2034 | 73 | M | | | | | BE FUN HAS | 00:51:49 |
| 372 | 290 | ANTONIO J A CAIADO | 43 | M4044 | 46 | M | | | | | BE FUN HAS | 00:51:49 |
| 373 | 524 | DIANA RIBEIRO | 29 | F2034 | 13 | F | | | | | INDIVIDUAL | 00:51:51 |
| 374 | 108 | NURO CARVALHO | 37 | M3539 | 62 | M | | | | | INDIVIDUAL | 00:51:55 |
| 375 | 372 | PATRICIA A P PEREIRA | 27 | F2034 | 14 | F | | | | | INDIVIDUAL | 00:52:01 |
| 376 | 449 | ANA P GAGO | 31 | F2034 | 15 | F | | | | | INDIVIDUAL | 00:52:01 |
| 377 | 172 | JAIME MESTRE | 42 | M4044 | 47 | M | | | | | GD AGUIAS MOITA | 00:52:10 |
| 378 | 336 | CARLOS M E ALEXANDRE | 30 | M2034 | 74 | M | | | | | INDIVIDUAL | 00:52:14 |
| 379 | 234 | DAVID PINHAL | 28 | M2034 | 75 | M | | | | | INDIVIDUAL | 00:52:19 |
| 380 | 310 | LUIS F D MENDES | 27 | M2034 | 76 | M | | | | | BE FUN HAS | 00:52:25 |
| 381 | 191 | JOSE LINDO | 66 | M6599 | 9 | M | | | | | CA VALE FIGUEIRA | 00:52:39 |
| 382 | 476 | FERNANDO NETO | 63 | M6064 | 22 | M | | | | | SL CAMPOLIDE | 00:52:45 |
| 383 | 176 | SANDRA S S MARTINS | 36 | F3544 | 10 | F | | | | | AÇOREANA C BANIF | 00:52:47 |
| 384 | 177 | NUNO J P E SANTO | 43 | M4044 | 48 | M | | | | | AÇOREANA C BANIF | 00:52:48 |
| 385 | 516 | ANTONIO MARTINHO | 61 | M6064 | 23 | M | | | | | GDCT REPSOL | 00:52:50 |
| 386 | 402 | RUI P N SANTOS | 38 | M3539 | 63 | M | | | | | INDIVIDUAL | 00:52:56 |
| 387 | 152 | PEDRO ALMEIDA | 40 | M4044 | 49 | M | | | | | INDIVIDUAL | 00:52:58 |
| 388 | 38 | JORGE NUNES | 59 | M5559 | 31 | M | | | | | GD O INDEPENDENTE | 00:53:07 |
| 389 | 193 | ANTONIO J CAIADO | 68 | M6599 | 10 | M | | | | | INDIVIDUAL | 00:53:09 |
| 390 | 301 | JOSE GALVEIA | 60 | M6064 | 24 | M | | | | | CADT PORTUCEL | 00:53:11 |
| 391 | 517 | CARLOS JESUS | 62 | M6064 | 25 | M | | | | | GDCT REPSOL | 00:53:11 |
| 392 | 215 | MARIA CORREIA | 58 | F5599 | 4 | F | | | | | GD O INDEPENDENTE | 00:53:12 |
| 393 | 24 | ANTONIO POTES | 45 | M4549 | 49 | M | 1 | | | | GD DIANA | 00:53:15 |

| Coloc. | Num. | Atleta | Id. | Fx.Et. | Cl.F.E | Sx. | C. | SC1 | SC2 | SC3 | Equipe | Tempo |
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| 394 | 313 | JOAO M D PERDIGAO | 37 | M3539 | 64 | M | | | | | INDIVIDUAL | 00:53:25 |
| 395 | 180 | ANA P E MARTINS | 47 | F4554 | 8 | F | | | | | GRD OS FIXES | 00:53:27 |
| 396 | 320 | IOLANDA SILVA | 32 | F2034 | 16 | F | | | | | AGD ACADEMIA KORPO00:53:33 | |
| 397 | 331 | ANA SILVA | 24 | F2034 | 17 | F | | | | | AGD ACADEMIA KORPO00:53:34 | |
| 398 | 347 | NICOLAU CABECAS | 60 | M6064 | 26 | M | | | | | UF DEGOLADOS | 00:53:44 |
| 399 | 324 | NUNO PAISANA | 40 | M4044 | 50 | M | | | | | AGD ACADEMIA KORPO00:53:48 | |
| 400 | 444 | JORGE FERNANDES | 38 | M3539 | 65 | M | | | | | NINHO AGUIAS | 00:53:52 |
| 401 | 529 | CARLOS REFORÇO | 63 | M6064 | 27 | M | 1 | | | | GD DIANA | 00:53:53 |
| 402 | 40 | LUIS SILVA | 61 | M6064 | 28 | M | | | | | GD O INDEPENDENTE | 00:54:14 |
| 403 | 230 | NUNO RICO | 39 | M3539 | 66 | M | | | | | VILA FRIA/JG SEGUROS00:54:25 | |
| 404 | 387 | NELIO J S R RODRIGUES | 37 | M3539 | 67 | M | | | | | INDIVIDUAL | 00:54:28 |
| 405 | 270 | LUIS F B ISIDORO | 29 | M2034 | 77 | M | | | | | INDIVIDUAL | 00:54:29 |
| 406 | 26 | MANUEL FERNANDES | 57 | M5559 | 32 | M | 1 | | | | GD DIANA | 00:55:00 |
| 407 | 515 | JOAO SANTOS | 37 | M3539 | 68 | M | | | | | GDCT REPSOL | 00:55:11 |
| 408 | 388 | HELDER H GAMEIRO | 45 | M4549 | 50 | M | | | | | INDIVIDUAL | 00:55:25 |
| 409 | 428 | INSE V SANTOS | 46 | F4554 | 9 | F | | | | | INDIVIDUAL | 00:55:26 |
| 410 | 195 | DANIEL PINTO | 39 | M3539 | 69 | M | | | | | INDIVIDUAL | 00:55:52 |
| 411 | 349 | ROSALIA MARQUES | 39 | F3544 | 11 | F | | | | | INDIVIDUAL | 00:55:53 |
| 412 | 375 | ARMANDO M L SIMOES | 43 | M4044 | 51 | M | | | | | INDIVIDUAL | 00:55:56 |
| 413 | 139 | NUNO MOLERO | 30 | M2034 | 78 | M | | | | | INDIVIDUAL | 00:56:04 |
| 414 | 214 | ANTONIO CORREIA | 61 | M6064 | 29 | M | | | | | GD O INDEPENDENTE | 00:56:04 |
| 415 | 447 | NEVES VIEIRA | 55 | M5559 | 33 | M | | | | | NINHO AGUIAS | 00:56:11 |
| 416 | 458 | SERGIO ALCACER | 28 | M2034 | 79 | M | | | | | GDCT UNICRE | 00:56:17 |
| 417 | 238 | CARLOS ANTUNES | 28 | M2034 | 80 | M | | | | | INDIVIDUAL | 00:56:23 |
| 418 | 134 | JOAO P S LIMA | 53 | M5054 | 37 | M | | | | | 4 AO KM | 00:56:27 |
| 419 | 377 | Mª CARMO P C M DIAS | 43 | F3544 | 12 | F | | | | | INDIVIDUAL | 00:56:30 |
| 420 | 376 | CARLOS M M DIAS | 47 | M4549 | 51 | M | | | | | INDIVIDUAL | 00:56:32 |
| 421 | 424 | PAULO N FIRMINO | 25 | M2034 | 81 | M | | | | | BATE BOTAS | 00:57:16 |
| 422 | 435 | CLAUDIA RIBEIRO | 39 | F3544 | 13 | F | | | | | 4NOSTOP | 00:57:16 |
| 423 | 513 | AMADEU FERREIRA | 71 | M6599 | 11 | M | | | | | GDCT REPSOL | 00:57:19 |
| 424 | 440 | JOAO P A ALMEIDA | 37 | M3539 | 70 | M | | | | | INDIVIDUAL | 00:57:22 |
| 425 | 283 | REGINA BADALO | 48 | F4554 | 10 | F | | | | | INDIVIDUAL | 00:57:23 |
| 426 | 292 | ETELVINA M L N PAULINO | 53 | F4554 | 11 | F | | | | | INDIVIDUAL | 00:58:24 |
| 427 | 241 | LUIS NEVES | 39 | M3539 | 71 | M | | | | | AÇOREANA C BANIF | 00:58:27 |
| 428 | 249 | JACINTO L ENGENHEIRO | 55 | M5559 | 34 | M | | | | | C CICLISMO EVORA | 00:58:33 |
| 429 | 135 | EBERHARD A WILHELM | 65 | M6599 | 12 | M | | | | | 4 AO KM | 00:58:35 |
| 430 | 459 | JOAO CORREIA | 33 | M2034 | 82 | M | | | | | GDCT UNICRE | 00:58:35 |
| 431 | 287 | AGAPITO BELGA | 62 | M6064 | 30 | M | | | | | TECNOSPIE | 00:59:04 |
| 432 | 200 | MONICA SANTOS | 30 | F2034 | 18 | F | | | | | INDIVIDUAL | 00:59:27 |
| 433 | 202 | JOAO FRADE | 30 | M2034 | 83 | M | | | | | INDIVIDUAL | 00:59:32 |

| Coloc. | Num. | Atleta | Id. | Fx.Et. | Cl.F.E | Sx. | C. | SC1 | SC2 | SC3 | Equipe | Tempo |
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| 434 | 107 | ANA AGOSTINHO | 36 | F3544 | 14 | F | | | | | INDIVIDUAL | 00:59:37 |
| 435 | 126 | JORGE BOIM | 37 | M3539 | 72 | M | | | | | SEMPRE A FUGIR... | 00:59:38 |
| 436 | 205 | RUI FLORINDO | 25 | M2034 | 84 | M | 1 | | | | ESTRELA FC | 00:59:41 |
| 437 | 457 | RUI FERREIRA | 36 | M3539 | 73 | M | | | | | GDCT UNICRE | 01:00:23 |
| 438 | 461 | MARINA GOMES | 32 | F2034 | 19 | F | | | | | INDIVIDUAL | 01:00:27 |
| 439 | 272 | MARGARIDA ROSA | 44 | F3544 | 15 | F | | | | | INDIVIDUAL | 01:00:36 |
| 440 | 218 | MARTA CANTANTE | 30 | F2034 | 20 | F | | | | | LEBRES PEGOES | 01:01:06 |
| 441 | 482 | TERESA VARELA | 28 | F2034 | 21 | F | | | | | INDIVIDUAL | 01:01:12 |
| 442 | 204 | MARIA FLORINDO | 34 | F2034 | 22 | F | 1 | | | | ESTRELA FC | 01:02:17 |
| 443 | 203 | CESAR FLORINDO | 32 | M2034 | 85 | M | 1 | | | | ESTRELA FC | 01:02:18 |
| 444 | 437 | VITOR FELIZARDO | 40 | M4044 | 52 | M | | | | | 4NOSTOP | 01:02:31 |
| 445 | 436 | BRUNO SANTOS | 37 | M3539 | 74 | M | | | | | 4NOSTOP | 01:02:32 |
| 446 | 273 | CATIA PINTO | 25 | F2034 | 23 | F | | | | | INDIVIDUAL | 01:02:39 |
| 447 | 408 | JOAO SANTOS | 34 | M2034 | 86 | M | | | | | VIRA MINI RUNNING | 01:02:39 |
| 448 | 409 | JOSE ESPERANÇA | 42 | M4044 | 53 | M | | | | | VIRA MINI RUNNING | 01:02:39 |
| 449 | 188 | ANTONIO MOURA | 56 | M5559 | 35 | M | | | | | CA VALE FIGUEIRA | 01:02:46 |
| 450 | 235 | TANIA SOUSA | 27 | F2034 | 24 | F | | | | | INDIVIDUAL | 01:02:59 |
| 451 | 236 | ESPECIOSA ALVES | 26 | F2034 | 25 | F | | | | | INDIVIDUAL | 01:02:59 |
| 452 | 229 | JOAO GOMES | 62 | M6064 | 31 | M | | | | | VILA FRIA/JG SEGUROS | 01:03:09 |
| 453 | 258 | ERMELINDO NUNES | 55 | M5559 | 36 | M | | | | | GDR S FRANCISCO | 01:04:09 |
| 454 | 419 | JOAQUIM PEREIRA | 73 | M6599 | 13 | M | | | | | AA LEBRES SADO | 01:04:09 |
| 455 | 510 | CARLOS CARMO | 59 | M5559 | 37 | M | | | | | GDCT REPSOL | 01:04:51 |
| 456 | 514 | LUIS TORRAO | 59 | M5559 | 38 | M | | | | | GDCT REPSOL | 01:04:51 |
| 457 | 434 | ADELAIDE FELIZARDO | 35 | F3544 | 16 | F | | | | | 4NOSTOP | 01:05:31 |
| 458 | 446 | JOAO PEDRO | 30 | M2034 | 87 | M | | | | | NINHO AGUIAS | 01:06:02 |
| 459 | 483 | PATRICIA MIRANDA | 27 | F2034 | 26 | F | | | | | INDIVIDUAL | 01:06:45 |
| 460 | 289 | NATALIA LIMA | 64 | F5599 | 5 | F | | | | | TECNOSPIE | 01:06:48 |
| 461 | 403 | ANA LABAREDAS | 46 | F4554 | 12 | F | | | | | INDIVIDUAL | 01:07:27 |
| 462 | 423 | NUNO F J FIRMINO | 34 | M2034 | 88 | M | | | | | BATE BOTAS | 01:07:30 |
| 463 | 511 | MANUEL SANTOS | 65 | M6599 | 14 | M | | | | | GDCT REPSOL | 01:11:53 |
| 464 | 512 | ALDA OLIVEIRA | 58 | F5599 | 6 | F | | | | | GDCT REPSOL | 01:11:53 |
| 465 | 187 | LUIS REIS | 46 | M4549 | 52 | M | | | | | CA VALE FIGUEIRA | 01:13:04 |
| 466 | 192 | TERESA BRITO | 64 | F5599 | 7 | F | | | | | CA VALE FIGUEIRA | 01:13:31 |