

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	725	Henrique Pires	00:36:57	00:36:53	1	Núcleo Atletismo Taipas	Senior	1
2	736	Fernando Anselmo	00:37:21	00:37:18	2		Senior	2
3	683	Tiago Fonseca	00:37:41	00:37:38	3	OUTSYSTEMS CLUBE OLIMPICO DE OEIRAS	Senior	3
4	444	Afonso Feijão	00:37:44	00:37:40	4	TRIBIKE.PT	Senior	4
5	684	Marco Costa	00:38:04	00:38:01	5	OUTSYSTEMS CLUBE OLIMPICO DE OEIRAS	V35	1
6	717	Marco Mello	00:38:04	00:38:01	6	AMATIBÁ	V45	1
7	716	Rui Belo	00:38:38	00:38:34	7	AMATIBÁ	V40	1
8	555	Pedro Guimarães	00:39:38	00:39:34	8		V35	2
9	726	Afonso Garcia	00:40:23	00:40:19	9		Senior	5
10	561	Telmo Nogueira	00:40:39	00:40:35	10		V35	3
11	42	Patrício Sismeiro	00:41:13	00:41:09	11		V40	2
12	715	Frederico Jacob	00:41:30	00:41:27	12	AMATIBÁ	V45	2
13	765	Lucas Mendonça	00:41:41	00:41:40	13		Senior	6
14	477	Alexandre Rodrigues	00:42:21	00:42:14	14		V40	3
15	687	Vasco Damásio	00:42:32	00:42:18	15	OUTSYSTEMS CLUBE OLIMPICO DE OEIRAS	Senior	7
16	354	João Feijão	00:42:33	00:42:29	16	Clube TAP PORTUGAL	V35	4
17	35	Nuno Dias	00:42:42	00:42:32	18		V40	4
18	487	Paulo Gomes	00:42:45	00:42:29	17		V35	5
19	757	João Mendonça	00:42:54	00:42:48	19		Senior	8
20	110	Diogo Roberto	00:42:59	00:42:55	20		Senior	9

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21	15	Fernando Vicente	00:43:02	00:42:59	21		V50	1
22	432	Humberto Spínola	00:43:14	00:43:10	22		V45	3
23	325	Nuno Henriques	00:43:15	00:43:11	23	GDCTINCM	V40	5
24	324	Nuno Sousa	00:43:31	00:43:28	24	GDCTINCM	V45	4
25	671	Rui Machinho	00:43:51	00:43:47	25	Grupo Desportivo Santander Totta	V40	6
26	476	Nuno Moreira	00:43:51	00:43:47	26		V40	7
27	766	Miguel David	00:43:57	00:43:49	27		V45	5
28	738	Paulo Vieira	00:44:08	00:43:57	28	GMCJamor	V50	2
29	747	Mónica Moreiras	00:44:10	00:44:07	29	AMATIBÁ	V40	1
30	691	Rita Furtado	00:44:20	00:44:16	30		Senior	1
31	349	Carlos Pedro	00:44:25	00:44:19	31	Clube TAP PORTUGAL	V45	6
32	30	Gonçalo Magalhães	00:44:36	00:44:27	32		Senior	10
33	115	Constantino Araujo	00:44:46	00:44:38	33		V50	3
34	494	João Moniz	00:44:51	00:44:45	34		Senior	11
35	226	David Saraiva	00:44:54	00:44:46	35	Mind Runners	V35	6
36	659	Rui Firmino	00:45:01	00:44:58	37		V45	7
37	601	João Silva	00:45:09	00:45:05	40	Casa da Dizima	V40	8
38	309	Ruben Santos	00:45:09	00:45:03	39		Senior	12
39	275	Robert Teixeira	00:45:10	00:45:02	38	KonanRunners	Senior	13
40	746	Cristina Garcia	00:45:18	00:45:14	43	AMATIBÁ	V45	1

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41	125	Nuno Cordeiro	00:45:23	00:45:08	41		V40	9
42	101	Luis Cascão	00:45:24	00:45:14	42	CASA DO PESSOAL DA RTP	V45	8
43	654	André Firmino	00:45:27	00:45:23	44		Junior	1
44	763	Gonçalo Carvalho	00:45:28	00:44:57	36	Brites Carvalho	Senior	14
45	577	Alexandre Santos	00:45:46	00:45:23	45	SS CGD	V50	4
46	38	Tomás Rodrigues	00:45:59	00:45:50	46	FIDELIDADE GDC	Senior	15
47	410	Ricardo Teixeira	00:46:08	00:46:05	49		Senior	16
48	397	Edson Bragança	00:46:10	00:45:59	48		Senior	17
49	68	Luis Estêvão	00:46:16	00:46:11	51		V50	5
50	491	Rui Fialho	00:46:20	00:46:08	50		V40	10
51	31	Joel Domingues	00:46:22	00:45:56	47		Senior	18
52	353	Diamantino Gamito	00:46:28	00:46:24	52	Clube TAP PORTUGAL	V50	6
53	260	José Bárbara	00:46:34	00:46:30	53		V50	7
54	482	Vitor Pinto	00:46:43	00:46:37	54		V45	9
55	731	Bruno Carvalho	00:47:05	00:46:37	55		Senior	19
56	319	João Pereira	00:47:05	00:47:01	61	CCD PM CASCAIS	Senior	20
57	329	António Martins	00:47:06	00:47:00	60		V50	8
58	768	Nuno Sousa	00:47:06	00:46:59	58	OUTSYSTEMS CLUBE OLIMPICO DE OEIRAS	Senior	21
59	44	Antonio Lopes	00:47:09	00:46:59	59		V45	10
60	695	André Carvalho	00:47:13	00:47:09	63		V35	7

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Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	649	Nuno Melo	00:47:17	00:46:54	56	EY Runners	Senior	22
62	520	Paulo Fernandes	00:47:22	00:46:56	57		V45	11
63	662	José Moreira	00:47:28	00:47:25	65		V40	11
64	509	Ricardo Silva	00:47:30	00:47:11	64		V35	8
65	519	Gonçalo Rodrigues	00:47:30	00:47:05	62		Senior	23
66	320	Nuno Brito	00:47:35	00:47:29	66		V45	12
67	711	Horácio Alexandre	00:47:36	00:47:32	67	Academia do Pro	V35	9
68	17	Nuno Lopes	00:47:40	00:47:33	68		V40	12
69	330	João Rosado	00:47:48	00:47:43	69		V55	1
70	599	Rui Duarte	00:47:49	00:47:44	70		V40	13
71	316	Bernardo Fernandes	00:48:04	00:48:00	71	CCD PM CASCAIS	Senior	24
72	644	Miguel Rocha	00:48:10	00:48:05	72		V45	13
73	392	Ana Correia	00:48:26	00:48:15	73	Grupo Barraqueiro	V40	2
74	406	Gil Carneiro	00:48:26	00:48:15	74		V40	14
75	408	Arménio Pontes	00:48:27	00:48:24	76		V40	15
76	342	José Orvalho	00:48:28	00:48:24	75	URBAN RUN TEAM	V70	1
77	646	Pedro Rebelo	00:48:50	00:48:45	79		V45	14
78	86	Nuno Lopes	00:48:53	00:48:43	78	FUTEBOL CLUBE ESTRELAS LISBOA	V40	16
79	171	Rui Tavares	00:49:00	00:48:41	77		V35	10
80	688	Gonçalo Rosa	00:49:02	00:48:48	81	OUTSYSTEMS CLUBE OLIMPICO DE OEIRAS	Senior	25

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Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	356	António Carvalho	00:49:07	00:48:56	83		V50	9
82	440	Frederico Rocha	00:49:11	00:48:57	85		Senior	26
83	713	João Carvalho	00:49:12	00:49:02	87		V45	15
84	201	Americo Ramos	00:49:13	00:49:02	88		V60	1
85	283	Luis Santos	00:49:13	00:48:51	82		Senior	27
86	145	Paulo Garrudo	00:49:14	00:48:56	84		V40	17
87	175	Sérgio Grade	00:49:14	00:48:46	80		V35	11
88	364	Francisco Correia	00:49:23	00:49:07	91	Papa Laus	V35	12
89	707	Jorge Ferreira	00:49:24	00:49:05	90		V45	16
90	200	Armando Martins	00:49:27	00:49:22	94		V50	10
91	378	Rodrigo Paveia	00:49:29	00:49:24	95		V40	18
92	538	Joao Lopes	00:49:34	00:49:25	96		V40	19
93	419	José Monsanto	00:49:37	00:49:05	89		V35	13
94	113	Luís Nunes	00:49:38	00:49:20	92		V40	20
95	749	Bruno Marcelino	00:49:38	00:49:20	93		V40	21
96	264	Rui Henriques	00:49:40	00:49:28	99		V45	17
97	172	Paulo Tomás	00:49:44	00:49:32	101	GMCJamor	V50	11
98	75	Leonel Neves	00:49:45	00:49:27	97	Amigos Vale Silêncio	V65	1
99	116	José Reis	00:49:46	00:49:39	102		V65	2
100	669	Paulo Alves	00:49:53	00:49:48	104	Grupo Desportivo Santander Totta	V40	22

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Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	670	Rita Mogo	00:49:54	00:49:50	105	Grupo Desportivo Santander Totta	Senior	2
102	694	António Louro	00:49:54	00:49:50	106	Grupo Desportivo Santander Totta	V45	18
103	37	Magadiel Lopes	00:49:56	00:49:28	98	FIDELIDADE GDC	V50	12
104	375	Paulo Almeida	00:49:57	00:49:50	107		V55	2
105	727	Bruno Silva	00:49:59	00:49:32	100		V35	14
106	350	Rui Soeiro	00:50:01	00:49:40	103	Clube TAP PORTUGAL	V35	15
107	348	Fernando Pereira	00:50:05	00:49:51	108	Clube TAP PORTUGAL	V55	3
108	34	Márcio Rodrigues	00:50:11	00:49:58	109		V40	23
109	699	Carlos Souto	00:50:19	00:48:58	86		V50	13
110	297	Jose Hilario	00:50:26	00:50:18	115	KonanRunners	V60	2
111	610	Nuno Barreto	00:50:28	00:50:04	110		V45	19
112	611	Nuno Melo	00:50:28	00:50:04	111		V45	20
113	407	Pedro Pinto	00:50:29	00:50:10	112		Senior	28
114	490	Rui Marques	00:50:30	00:50:21	117		V40	24
115	248	Filipe Branco	00:50:30	00:50:18	114	alcobela	V45	21
116	249	Edgar Francisco	00:50:30	00:50:19	116	alcobela	V50	14
117	535	Nuno Romãozinho	00:50:40	00:50:21	118		V45	22
118	424	Paulo Henriques	00:50:47	00:50:23	119		V40	25
119	689	Eva Braz	00:50:54	00:50:47	120	OUTSYSTEMS CLUBE OLIMPICO DE OEIRAS	V35	1
120	66	Pedro Monteiro	00:50:56	00:50:47	121		V45	23

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Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
121	409	Ricardo Oliveira	00:51:02	00:50:50	122		V35	16
122	186	Eduardo Moreira	00:51:07	00:50:53	124		V45	24
123	486	Inês Peixoto	00:51:08	00:50:50	123		V40	3
124	554	Cipriano Martins	00:51:11	00:51:05	126		V40	26
125	710	Bernardo Mota	00:51:19	00:50:11	113		V40	27
126	234	Daniel Revés	00:51:21	00:51:12	130		Junior	2
127	311	José Vaz	00:51:22	00:51:16	131	CLUBE ANACOM	V60	3
128	299	Nuno Mendes	00:51:25	00:51:18	133		V35	17
129	692	Sílvia Romão	00:51:28	00:51:09	128		V35	18
130	712	Luis Serrumbia	00:51:30	00:50:56	125		V55	4
131	263	José Lopes	00:51:33	00:51:08	127		V50	15
132	150	João Pereira	00:51:33	00:51:16	132		Senior	29
133	597	Paula Fernandes	00:51:38	00:51:33	137		V50	1
134	334	Nuno Esperança	00:51:40	00:51:29	135		V40	28
135	627	Vasco Rodrigues	00:51:45	00:51:10	129		V40	29
136	741	Maria Carmo	00:51:46	00:51:43	142	AMATIBÁ	V45	2
137	539	Bernardo Filipitsch	00:51:49	00:51:35	139		V35	19
138	149	Rui Sá	00:51:53	00:51:34	138		V35	20
139	205	Carlos Duarte	00:51:53	00:51:39	140	CD ARNEIRO	V65	3
140	703	Hélder Marques	00:51:53	00:51:28	134	SR. CAMARNAL	V50	16

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Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
141	395	Marco Pinto	00:51:59	00:51:42	141		V35	21
142	233	Paulo Revés	00:52:02	00:51:53	145		V45	25
143	280	André Oliveira	00:52:05	00:51:55	147		V35	22
144	67	Marcos Martins	00:52:08	00:51:33	136		V35	23
145	120	Abílio Oliveira	00:52:10	00:52:01	150		V50	17
146	29	Manuel Sequeira	00:52:11	00:51:53	146		V50	18
147	361	Antonio Nogueira	00:52:11	00:51:58	148		V45	26
148	643	António Marques	00:52:15	00:52:05	151		V55	5
149	592	António Car	00:52:16	00:52:06	154		V65	4
150	244	Joao Russo	00:52:19	00:51:52	143		V50	19
151	663	Carlos Teixeira	00:52:20	00:52:12	156	Grupo Desportivo Santander Totta	V45	27
152	306	Natacha Ribeirinho	00:52:20	00:52:07	155		Senior	3
153	756	Nuno Sousa	00:52:25	00:52:19	160		V40	30
154	635	João Monteiro	00:52:26	00:51:53	144		V45	28
155	604	Francisco Passos	00:52:30	00:52:17	158		V55	6
156	251	Luis Ferreira	00:52:30	00:52:18	159	alcobela	V50	20
157	650	António Henriques	00:52:31	00:52:06	153	EY Runners	Senior	30
158	365	João Dias	00:52:31	00:52:14	157	Papa Laus	V35	24
159	651	André Santos	00:52:32	00:52:05	152	EY Runners	Senior	31
160	420	Nuno Ribeiro	00:52:34	00:52:01	149		V45	29



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161	723	M. Castro	00:52:40	00:52:30	162		V45	3
162	737	Carlos Figueiredo	00:52:47	00:52:22	161		V45	30
163	12	Luís Alter	00:52:55	00:52:51	170		V40	31
164	27	Fábio Júlio	00:52:55	00:52:40	165		Senior	32
165	210	Tiago Dias	00:52:56	00:52:34	163	condores varge mondar	V35	25
166	345	Jorge Gonçalves	00:52:57	00:52:36	164	Clube TAP PORTUGAL	Senior	33
167	253	Nuno Duarte	00:52:57	00:52:42	166	SERUL - Os Unidos de Leceia	V45	31
168	390	João Barral	00:53:07	00:52:46	169		V40	32
169	418	Nuno António	00:53:10	00:52:42	167		V40	33
170	389	Paulo Santos	00:53:11	00:52:44	168	Proteínas & Aminoácidos	V45	32
171	413	Luís Pereira	00:53:18	00:53:03	172		V55	7
172	598	Paula Lemos	00:53:25	00:53:21	173		V50	2
173	274	Carlos Magalhães	00:53:32	00:53:22	174	Asas	V50	21
174	18	João Soares	00:53:32	00:53:22	175		V50	22
175	531	Gonçalo Pedro	00:53:34	00:53:26	178		V35	26
176	318	João Pereira	00:53:38	00:52:58	171	CCD PM CASCAIS	V55	8
177	620	Vasco Saldanha	00:53:47	00:53:43	181		Senior	34
178	693	António Barbosa	00:53:50	00:53:43	182		V40	34
179	227	Joao Marques	00:53:55	00:53:23	176	Grupo Recreativo e Desportivo da Ribeira da Lag	V50	23
180	618	Daniela Afonso	00:53:56	00:53:50	185		Senior	4

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181	127	Jose Rodrigues	00:53:57	00:53:25	177		V60	4
182	372	João Teixeira	00:54:00	00:53:38	179		V50	24
183	690	Daniela Souto	00:54:03	00:53:49	184	OUTSYSTEMS CLUBE OLIMPICO DE OEIRAS	V45	4
184	583	Luis Silva	00:54:03	00:53:55	187	SS CGD	V50	25
185	743	Joana Caldeira	00:54:09	00:53:58	188	AMATIBÁ	V40	4
186	167	Frederico Nunes	00:54:11	00:53:48	183	Stanley Security	V40	35
187	152	Bruno Grácio	00:54:12	00:53:51	186		Senior	35
188	285	José Batista	00:54:15	00:54:07	189		V45	33
189	629	Miguel Passanha	00:54:19	00:53:43	180		Senior	36
190	206	Manuel Alves	00:54:20	00:54:08	190	CD ARNEIRO	Senior	37
191	411	Alcino Ramos	00:54:25	00:54:21	196		V60	5
192	252	Andrè Mota	00:54:28	00:54:15	193	alcobela	V40	36
193	69	Nuno Oliveira	00:54:29	00:54:22	198	Santos & Oliveira Lda	V40	37
194	478	Susana Belas	00:54:30	00:54:24	199		V45	5
195	355	Paulo Minteiro	00:54:31	00:54:22	197	Clube TAP PORTUGAL	V35	27
196	204	Pedro Bueno	00:54:34	00:54:20	194	CD ARNEIRO	V50	26
197	302	Armando Correia	00:54:35	00:54:15	192		V65	5
198	513	António Martins	00:54:37	00:54:24	200		V55	9
199	92	Marta Andrade	00:54:39	00:54:26	201		V35	2
200	379	João Paveia	00:54:44	00:54:36	205		V40	38

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201	382	Nuno Neves	00:54:44	00:54:35	204		V35	28
202	428	Filipe Leite	00:54:48	00:54:14	191		Senior	38
203	582	Jose Ferreira	00:54:49	00:54:34	203	SS CGD	V60	6
204	374	António Teixeira	00:54:52	00:54:45	210		V55	10
205	767	Pompeu Aires	00:54:53	00:54:20	195		V50	27
206	387	Beatriz Gonçalves	00:54:54	00:54:40	208	Quarentões na Bisga	Junior	1
207	377	Vanda Murteira	00:54:56	00:54:46	212		V45	6
208	543	João Calisto	00:54:57	00:54:37	206		V55	11
209	57	João Sotomayor	00:54:59	00:54:39	207		V55	12
210	475	Rita Rodrigues	00:54:59	00:54:46	211		Senior	5
211	73	Pedro Matos	00:55:00	00:54:28	202		V55	13
212	290	Guilherme Moreira	00:55:05	00:54:59	214		V45	34
213	41	Paulo Moutinho	00:55:05	00:54:44	209		V45	35
214	265	Carla Fernandes	00:55:15	00:55:05	218	AminnaCorrida	V40	5
215	272	Nuno Santos	00:55:16	00:55:04	217	Asas	V40	39
216	441	Diogo Marques	00:55:19	00:55:06	219		Senior	39
217	33	Bernardo Salavessa	00:55:21	00:55:17	224		V40	40
218	506	Paulo Almeida	00:55:22	00:55:01	215		V45	36
219	100	Crina Oltean	00:55:24	00:54:59	213	FarmAtiva	V35	3
220	435	José Amaral	00:55:26	00:55:07	220		V45	37

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Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	202	Pedro Tavares	00:55:27	00:55:07	221		V35	29
222	341	João Pereira	00:55:28	00:55:10	222		V50	28
223	203	José Maio	00:55:31	00:55:17	223	CD ARNEIRO	V55	14
224	117	Adília Rosa	00:55:34	00:55:28	227		V40	6
225	64	João Zacarias	00:55:35	00:55:03	216		V45	38
226	239	Adelino Pereira	00:55:39	00:55:24	225	Run2Finish.PT	V55	15
227	151	Paulo Silva	00:55:46	00:55:33	228		V50	29
228	433	António Branco	00:55:47	00:55:34	229		V60	7
229	236	José Martins	00:55:47	00:55:26	226		Senior	40
230	28	Carlos Costa	00:55:53	00:55:39	230		V50	30
231	742	Nuno Paiva	00:55:55	00:55:45	232	AMATIBÁ	V40	41
232	439	Fernando Santos	00:55:56	00:55:40	231		V50	31
233	63	Alex Silva	00:56:03	00:55:48	234	CCD O ALVITEJO/O FORNO	Senior	41
234	261	António Junior	00:56:06	00:55:53	236	SERUL - Os Unidos de Leceia	V50	32
235	147	Andreia Mesquita	00:56:07	00:55:48	235		V35	4
236	664	Fernando Fernandes	00:56:17	00:56:00	237	Grupo Desportivo Santander Totta	V50	33
237	351	Carlos Nunes	00:56:17	00:55:46	233	Clube TAP PORTUGAL	V50	34
238	459	Luís Miguel	00:56:17	00:56:08	240		V40	42
239	576	Margarida Correia	00:56:25	00:56:04	238	Mind Runners	Senior	6
240	572	Mónica Martins	00:56:25	00:56:06	239	Caracóis Turbinados	V35	5

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
241	62	Rui Gomes	00:56:26	00:56:22	246		V35	30
242	128	Luis Morgado	00:56:27	00:56:11	242	GMCJamor	V45	39
243	595	Patricia Bacelar	00:56:27	00:56:12	243		Senior	7
244	496	Alberto Bernardo	00:56:29	00:56:25	248		V50	35
245	346	Carlos Hilário	00:56:30	00:56:25	249	Clube TAP PORTUGAL	V50	36
246	630	Camilo Vieira	00:56:32	00:56:21	245		V50	37
247	526	Tiago Rodrigues	00:56:35	00:56:25	247		V35	31
248	466	Carlos Oliveira	00:56:49	00:56:09	241		V35	32
249	97	Luis Carvalho	00:56:50	00:56:18	244		V40	43
250	590	Miguel Vasconcelos	00:56:58	00:56:50	254		V45	40
251	328	António Sarmento	00:56:58	00:56:47	253		V40	44
252	138	Jose Basto	00:57:02	00:56:53	259		Senior	42
253	524	Manuel Crispim	00:57:03	00:56:35	251		V65	6
254	262	Fernando Gonçalves	00:57:04	00:56:51	258	SERUL - Os Unidos de Leceia	V50	38
255	574	Pedro Batista	00:57:05	00:56:47	252	Caracóis Turbinados	V35	33
256	421	Hugo Lopes	00:57:08	00:56:35	250		V35	34
257	591	Carlos Brás	00:57:10	00:56:50	255		V50	39
258	333	Nuno Almeida	00:57:11	00:57:02	262		V40	45
259	336	Adriano Zambujeiro	00:57:12	00:57:03	263		V40	46
260	632	João Silva	00:57:14	00:56:51	256		V35	35

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	658	Jorge Camoesas	00:57:14	00:56:51	257		V35	36
262	196	Pedro Lopes	00:57:22	00:57:00	261		V45	41
263	121	Nuno Almeida	00:57:27	00:57:04	264		V35	37
264	394	Rui Barros	00:57:28	00:56:55	260	Ainosjamor	V45	42
265	287	Carlos Páscoa	00:57:30	00:57:25	269		V65	7
266	467	Hugo Neves	00:57:31	00:57:21	268		V45	43
267	173	Paulo Madeira	00:57:34	00:57:12	266		V40	47
268	223	Jose Branco	00:57:43	00:57:25	270	Clube Millennium Bcp	V65	8
269	434	Nuno Patricio	00:57:45	00:57:27	271		V45	44
270	122	Hugo Santos	00:57:49	00:57:13	267	Falcões Selvagens	V40	48
271	674	Antonio Cruz	00:57:51	00:57:39	276	Grupo Desportivo Santander Totta	V70	2
272	396	Nuno Milheiro	00:57:51	00:57:40	278		V40	49
273	271	João Conceição	00:57:51	00:57:41	280	Asas	V40	50
274	568	Rui Silva	00:57:53	00:57:10	265		V45	45
275	208	Luis Santos	00:57:56	00:57:29	272	condores varge mondar	V45	46
276	209	Pedro Nobre	00:57:57	00:57:30	273	condores varge mondar	V40	51
277	114	João Pereira	00:58:01	00:57:33	275		V60	8
278	19	Américo Francisco	00:58:01	00:57:32	274		V40	52
279	55	Telmo Gaspar	00:58:09	00:57:56	285		V35	38
280	511	Bernardo Eliseu	00:58:09	00:57:40	279		V45	47

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	706	Guilherme Mariano	00:58:09	00:57:59	287		Junior	3
282	512	Frederico Eliseu	00:58:10	00:57:39	277		V40	53
283	422	Sara Silva	00:58:13	00:57:53	283		Senior	8
284	639	Cristina Otero	00:58:15	00:57:48	281	LINGUAGEST	Senior	9
285	623	Tiago Costa	00:58:15	00:57:49	282		Senior	43
286	207	José Sousa	00:58:19	00:57:59	286	CD ARNEIRO	V65	9
287	504	Luís Grancho	00:58:21	00:58:02	289		V50	40
288	613	Jorge Ferro	00:58:24	00:57:55	284		V50	41
289	448	Rui Guerreiro	00:58:35	00:58:03	290		V45	48
290	686	Tiago Lopes	00:58:39	00:58:31	294	OUTSYSTEMS CLUBE OLIMPICO DE OEIRAS	Senior	44
291	449	Marta Rodrigues	00:58:39	00:58:26	292		V45	7
292	137	Carlos Cardoso	00:58:40	00:58:09	291		V55	16
293	292	Lourenço Rebelo	00:58:48	00:58:34	295	All Stars	Junior	4
294	323	Mário Lino	00:58:52	00:58:36	296		V55	17
295	291	Miguel Rebelo	00:58:56	00:58:42	300	All Stars	V40	54
296	61	Manuel Mestre	00:58:59	00:58:47	303		V60	9
297	734	Paulo Roxo	00:59:01	00:58:47	304		V40	55
298	454	Joaquim Dias	00:59:07	00:58:45	301		V45	49
299	606	Pedro Rocha	00:59:08	00:58:47	305		V45	50
300	169	José Lopes	00:59:08	00:58:38	297		V40	56

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	507	Rita Ramos	00:59:08	00:58:51	306		V40	7
302	462	Paulo Lopes	00:59:10	00:58:41	299		V45	51
303	195	José Silva	00:59:12	00:58:40	298	Lenita Runners & Sportbillys	V50	42
304	730	Frederico Farreca	00:59:20	00:59:02	312		Senior	45
305	647	Daniela Amaro	00:59:20	00:59:02	311	EY Runners	Senior	10
306	586	Luis Tavares	00:59:22	00:58:57	308	SS CGD	V50	43
307	451	Joaquim Mendes	00:59:23	00:58:01	288		V55	18
308	564	Maria Craveiro	00:59:24	00:59:09	314		V45	8
309	343	Nuno Pinto	00:59:26	00:58:53	307		V45	52
310	281	Cristiana Piçarra	00:59:27	00:59:18	320		V35	6
311	516	Duarte Miranda	00:59:28	00:58:58	309		Senior	46
312	517	Luis Machado	00:59:29	00:58:59	310		Senior	47
313	304	Silvério Rodrigues	00:59:30	00:59:12	316		V45	53
314	91	João Neves	00:59:31	00:59:08	313	Linda-a-Pastora Sporting Clube	V45	54
315	20	Jorge Guerreiro	00:59:34	00:59:21	322		V50	44
316	721	Diogo Gomes	00:59:39	00:59:27	323		Senior	48
317	483	Luisa Machado	00:59:40	00:59:19	321	GoLu	V35	7
318	250	Gabriel Antonio	00:59:42	00:59:12	315	alcobela	V55	19
319	480	Luisa Pica	00:59:43	00:59:14	319		V55	1
320	697	Tiago Silva	00:59:43	00:59:12	318		Senior	49



# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
321	696	Américo Cacheira	00:59:43	00:59:12	317		V55	20
322	709	Luis Sousa	00:59:50	00:58:29	293		V50	45
323	308	Francisco Fernandes	00:59:54	00:59:39	328		V35	39
324	211	Nuno Mestre	00:59:55	00:59:29	324	condores varge mondar	V45	55
325	313	Sérgio Antunes	00:59:59	00:59:52	331	CLUBE ANACOM	V50	46
326	193	Bruno Martiniano	01:00:01	00:59:30	325	Lenita Runners & Sportbillys	V40	57
327	523	Joaquim Crispim	01:00:05	00:59:36	327		V60	10
328	58	Pedro Abreu	01:00:06	00:59:32	326	FIDELIDADE GDC	V40	58
329	315	António Baleizão	01:00:09	00:59:44	329	CCD PM CASCAIS	V45	56
330	733	Marco Santos	01:00:14	00:59:47	330		V40	59
331	65	Carmen Santos	01:00:17	00:59:59	334		V45	9
332	154	Pedro Maroco	01:00:17	00:59:59	335		Senior	50
333	470	Luis Miguel	01:00:17	01:00:00	336		V40	60
334	385	Carla Neves	01:00:18	01:00:05	337		V35	8
335	184	Amandio Busca	01:00:18	01:00:06	338		V50	47
336	90	Ricardo Sequeira	01:00:22	00:59:55	332		V40	61
337	495	Paulo Moniz	01:00:24	01:00:19	340		V60	11
338	153	Joana Tavares	01:00:28	01:00:10	339		Senior	11
339	764	Filipa Carvalho	01:00:33	00:59:58	333	Brites Carvalho	Senior	12
340	602	Carlos Simões	01:00:43	00:58:45	302		V40	62

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
341	581	João Almeida	01:00:53	01:00:27	341	SS CGD	V50	48
342	398	Sonia Barros	01:01:00	01:00:28	342		V40	8
343	445	Jorge Almeida	01:01:11	01:00:49	343	CLUBE ATLETISMO AMIGOS DE BELÉM	V70	3
344	460	Tiago Cruz	01:01:14	01:01:09	349		Senior	51
345	94	Rui Ferreira	01:01:16	01:00:52	345		V45	57
346	370	Celestino Oliveira	01:01:22	01:00:50	344		V60	12
347	593	Tomás Eiró	01:01:27	01:01:07	347		Senior	52
348	484	Gonçalo Silva	01:01:29	01:01:09	350	GoLu	V35	40
349	148	Joel Alexandre	01:01:32	01:01:12	351		V40	63
350	326	Ana Paredes	01:01:32	01:01:26	353		V45	10
351	163	Sara Gonçalves	01:01:33	01:01:14	352		Senior	13
352	84	Cristina Figueiredo	01:01:45	01:01:08	348		V40	9
353	532	António Marrachinho	01:01:47	01:00:55	346	Trevodequatrofolhas	V55	21
354	751	Humberto Galvao	01:01:49	01:01:29	354		V45	58
355	503	António Gouveia	01:01:50	01:01:29	355		V45	59
356	740	Ana Sousa	01:01:50	01:01:36	357	OUTSYSTEMS CLUBE OLIMPICO DE OEIRAS	V35	9
357	452	Rafael Figueiredo	01:01:51	01:01:32	356		V45	60
358	32	Paulo Sousa	01:02:01	01:01:55	362		V45	61
359	676	Luis Dias	01:02:03	01:01:40	358	Grupo Desportivo Santander Totta	V40	64
360	705	Jose Mariano	01:02:09	01:01:58	364		V50	49

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	78	Conceição Ferreira	01:02:11	01:02:04	370		V65	1
362	465	José Campos	01:02:12	01:02:00	367		Senior	53
363	347	David Afonso	01:02:13	01:02:03	369	Clube TAP PORTUGAL	V50	50
364	98	Joao Galveia	01:02:14	01:01:47	359	FarmAtiva	V40	65
365	677	Pedro Reis	01:02:15	01:01:52	361	Grupo Desportivo Santander Totta	V45	62
366	371	Jose Macedo	01:02:16	01:01:58	365		V50	51
367	358	Susana Silva	01:02:17	01:01:56	363		V40	10
368	732	Martim Giraldes	01:02:19	01:01:59	366		Senior	54
369	254	Acácio Lopes	01:02:21	01:02:01	368	SERUL - Os Unidos de Leceia	V50	52
370	130	Sofia D.V.C.Morgado	01:02:22	01:02:07	371	GMCJamor	V45	11
371	457	Cristina Lavrador	01:02:22	01:01:50	360		V50	3
372	166	Paulo Mallen	01:02:23	01:02:09	374	GMCJamor	V55	22
373	129	Nuno Morgado	01:02:23	01:02:08	373	GMCJamor	V45	63
374	235	Paulo Antunes	01:02:26	01:02:18	377		V50	53
375	218	Nuno Anjos	01:02:27	01:02:10	375	Clube Millennium Bcp	V50	54
376	748	Mónica Lopes	01:02:31	01:02:19	378	AMATIBÁ	V40	11
377	105	Nuno Ferreira	01:02:38	01:02:08	372		V40	66
378	177	Pedro Magalhães	01:02:38	01:02:12	376		Senior	55
379	241	Manuel Paulo	01:02:49	01:02:34	380	Run2Finish.PT	V60	13
380	24	Sandra Arraias	01:02:54	01:02:32	379	Os Arraias	V35	10

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	178	Luis Garção	01:02:56	01:02:36	381		V50	55
382	40	Tiago Pinto	01:02:57	01:02:52	385		Senior	56
383	615	A Balsemão	01:03:01	01:02:54	387		V65	10
384	438	Marco Barros	01:03:05	01:02:36	382		V50	56
385	215	Antonio Almeida	01:03:05	01:02:49	384	Clube Millennium Bcp	V50	57
386	612	Cláudio Milheiro	01:03:11	01:02:42	383		V40	67
387	502	Nuno Sousa	01:03:15	01:03:07	394		V45	64
388	657	José Ramos	01:03:17	01:03:07	393		V40	68
389	656	Paulo Ramos	01:03:17	01:03:06	392		V45	65
390	222	Artur Leite	01:03:19	01:03:01	390	Clube Millennium Bcp	V50	58
391	242	José Ferreira	01:03:20	01:03:05	391		V55	23
392	702	Vanda Gama	01:03:32	01:03:01	389		Senior	14
393	53	Sergio Ramalho	01:03:38	01:02:55	388		V35	41
394	85	João Figueiredo	01:03:38	01:02:53	386		V35	42
395	142	José Baixinho	01:03:39	01:03:15	396		V60	14
396	753	Miguel Lopes	01:03:40	01:03:22	397		V50	59
397	529	António Tavares	01:03:43	01:03:11	395		V55	24
398	303	Isabel Rodrigues	01:03:58	01:03:40	398		V50	4
399	641	César Viegas	01:04:08	01:03:57	401		V60	15
400	255	Isabel Gomes	01:04:12	01:03:41	399	AI NÓS, JAMOR!	V40	12

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	414	Júlio Alves	01:04:19	01:03:56	400		V55	25
402	190	Rafaela Gonçalves	01:04:21	01:04:09	404		Senior	15
403	327	André Mendes	01:04:23	01:04:14	405		V35	43
404	573	Tiago Catalão	01:04:24	01:04:06	402	Caracóis Turbinados	V35	44
405	603	Paulo Gonçalves	01:04:29	01:04:07	403		V45	66
406	544	Júlia Calisto	01:04:34	01:04:14	406		V55	2
407	54	Jose Correia	01:04:44	01:04:25	408		V60	16
408	14	Luis Mota	01:04:47	01:04:34	409		V45	67
409	458	Eduardo Santos	01:04:50	01:04:41	412		V60	17
410	667	Mario Costa	01:04:56	01:04:21	407	Grupo Desportivo Santander Totta	V40	69
411	367	André Silva	01:04:57	01:04:40	411	CD ARNEIRO	Junior	5
412	719	Bruno Teixeira	01:05:03	01:04:52	418		Senior	57
413	322	Paulo Ferreira	01:05:10	01:04:39	410		Senior	58
414	578	Cristiana Reis	01:05:15	01:04:46	414	SS CGD	V40	13
415	456	Carlos Lavrador	01:05:19	01:04:50	417		V50	60
416	185	Carla Martiniano	01:05:20	01:04:41	413	Grupo Barraqueiro	V35	11
417	634	Paulo Flórido	01:05:21	01:04:47	415		V50	61
418	174	Edna Fernandes	01:05:23	01:05:01	419		Senior	16
419	642	Maria Viegas	01:05:24	01:05:13	421		V55	3
420	660	António Fernandes	01:05:34	01:04:49	416		V55	26

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
421	144	Sergio Silveira	01:05:45	01:05:21	422		V45	68
422	384	José Trem	01:05:58	01:05:44	427		V55	27
423	332	Tiago Campos	01:06:08	01:05:49	428		V40	70
424	89	Helder Costa	01:06:11	01:05:35	423		V45	69
425	380	Alexandra Coelho	01:06:14	01:05:40	424	GD4Caminhos	V50	5
426	429	Bea Figueiredo	01:06:15	01:05:42	426	FIDELIDADE GDC	V40	14
427	430	Marco Dias	01:06:15	01:05:41	425	FIDELIDADE GDC	V40	71
428	645	Pedro Duarte	01:06:17	01:06:09	437		V35	45
429	426	Rafael Hartmann	01:06:18	01:05:55	435		Senior	59
430	160	Rita Gonçalves	01:06:19	01:05:54	434	TAL PAI TAL FILHA	Senior	17
431	159	Duarte Gonçalves	01:06:20	01:05:53	431	TAL PAI TAL FILHA	V60	18
432	714	Joaquim Matos	01:06:20	01:05:53	432		V60	19
433	453	Ricardo Picanço	01:06:24	01:05:54	433		V45	70
434	59	Paulo Rosa	01:06:27	01:06:05	436	Stanley Security	V40	72
435	179	Nuno Santos	01:06:29	01:05:52	429	CUIDADO - LENTOS E PERIGOSOS	V35	46
436	181	Marco Marques	01:06:29	01:05:52	430	CUIDADO - LENTOS E PERIGOSOS	V40	73
437	698	Claudia Pernencar	01:06:49	01:06:30	438		V45	12
438	508	Clara Nunes	01:06:50	01:06:32	439		V45	13
439	140	Nuno Gonçalves	01:07:11	01:06:42	440	KEEPRUNNING	V65	11
440	268	Helena Cunha	01:07:13	01:06:42	441	Asas	V60	1

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	270	António Marques	01:07:13	01:06:42	442	Asas	V70	4
442	273	Lídia Santos	01:07:13	01:06:42	443	Asas	V55	4
443	228	Mario Dias	01:07:15	01:06:59	447		V65	12
444	501	Sara Catita	01:07:20	01:06:47	444		Senior	18
445	500	Alexandre Silva	01:07:20	01:06:47	445		V40	74
446	546	Javier Nieto	01:07:20	01:06:50	446		V40	75
447	563	Vitor Moura	01:07:22	01:07:08	449		V40	76
448	400	João Churro	01:07:26	01:07:02	448		V40	77
449	246	Joaquim Branco	01:07:30	01:07:16	451		V60	20
450	225	Eduardo Barradas	01:07:40	01:07:15	450	Mind Runners	V35	47
451	118	Teresa Moreno	01:07:45	01:07:39	452	sunday team	V50	6
452	376	Leonor Oliveira	01:07:58	01:07:48	453		V45	14
453	70	Jose Figueiredo	01:08:12	01:08:05	458	Santos & Oliveira Lda	V65	13
454	352	Madalena Pina	01:08:16	01:08:08	460	Clube TAP PORTUGAL	V50	7
455	530	João Costa	01:08:18	01:08:03	457		V60	21
456	425	Ricardo Hartmann	01:08:21	01:07:58	455		V60	22
457	510	António Fonseca	01:08:29	01:07:58	456		V45	71
458	752	Pedro Reis	01:08:35	01:08:06	459		V45	72
459	551	Judite Basilio	01:08:36	01:07:52	454		V55	5
460	739	Pedro Rebelo	01:08:41	01:08:37	466		V40	78

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	754	Sergio Cardeira	01:08:42	01:08:36	465		V40	79
462	143	Judite Baixinho	01:08:52	01:08:28	462		Senior	19
463	755	Paula Figueiredo	01:08:57	01:08:33	463	Grupo Desportivo Santander Totta	V50	8
464	373	Paulo Padrão	01:08:58	01:08:36	464		V50	62
465	423	João Silva	01:09:00	01:08:47	467		V40	80
466	199	Frederico Maia	01:09:06	01:08:26	461		V45	73
467	96	Antonio Lima	01:09:11	01:09:05	472		V45	74
468	106	Francisco Soares	01:09:11	01:05:01	420		V40	81
469	111	Cristina Brigham	01:09:18	01:08:58	468	CD Salvaterrense	V45	15
470	112	Francisco Naia	01:09:19	01:08:59	469	CD Salvaterrense	V45	75
471	416	Isabel Fernandes	01:09:22	01:09:00	470		V40	15
472	359	Maria Rodrigues	01:09:31	01:09:08	473		V55	6
473	527	José Pereira	01:09:33	01:09:03	471		V55	28
474	95	Ana Sobral	01:10:05	01:09:39	477		V35	12
475	237	Maria Oliveira	01:10:05	01:09:38	476		V45	16
476	493	Gil Vieira	01:10:10	01:09:36	474		V40	82
477	492	Joana Lírio	01:10:10	01:09:37	475		V35	13
478	72	Veloso Mauela	01:10:12	01:09:55	479		V65	2
479	541	Luis Oliveira	01:10:13	01:10:03	481		V35	48
480	399	António Rodrigues	01:10:20	01:10:12	484		V35	49



# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	45	Maria Simoes	01:10:25	01:09:57	480		V50	9
482	321	Rute Magalhães	01:10:25	01:09:55	478		Senior	20
483	256	Rita Pereira	01:10:41	01:10:06	482	AI NÓS, JAMOR!	V40	16
484	536	Miguel Moreira	01:10:49	01:10:23	486		V55	29
485	559	Armando Almeida	01:10:49	01:10:15	485		V60	23
486	133	André Palma	01:10:54	01:10:11	483	Os coxos 2	V40	83
487	631	Hugo Matias	01:10:57	01:10:51	490		V40	84
488	212	Soraia Mestre	01:11:03	01:10:38	487	condores varge mondar	Senior	21
489	213	João Caeiro	01:11:04	01:10:39	488	condores varge mondar	Senior	60
490	665	Jose Monteiro	01:11:15	01:11:10	493	Grupo Desportivo Santander Totta	V70	5
491	240	Joaquim Simão	01:11:19	01:10:41	489	Run2Finish.PT	V55	30
492	728	Paulo Santos	01:11:28	01:10:56	491		V45	76
493	750	Carlos Carreira	01:11:28	01:10:56	492		V45	77
494	300	Silvino Monteiro	01:11:29	01:11:13	494		V55	31
495	528	João Rocha	01:11:55	01:11:40	497		V45	78
496	415	João Brito	01:11:59	01:11:26	495		V45	79
497	310	Isaac Carrêlo	01:12:01	01:11:55	500	CLUBE ANACOM	V55	32
498	93	Carina Bexiga	01:12:04	01:11:43	498		V35	14
499	198	Javier Girón	01:12:06	01:11:44	499		V35	50
500	176	Vasco Monteiro	01:12:18	01:11:39	496		Senior	61

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	23	Diogo Arraias	01:12:25	01:12:02	501	Os Arraias	V65	14
502	146	André Afonso	01:12:32	01:12:12	503		V35	51
503	609	Rui Silva	01:12:41	01:12:10	502		Senior	62
504	443	João Cardeal	01:12:42	01:12:27	504		V35	52
505	16	Miguel Pita	01:13:19	01:12:43	505		Senior	63
506	479	Ana Pinto	01:13:27	01:13:07	506		Senior	22
507	119	Sara Reis	01:13:44	01:13:37	509	sunday team	V40	17
508	335	Beatriz Franco	01:13:48	01:13:12	507		V60	2
509	619	Antonio Henriques	01:13:50	01:13:16	508		V60	24
510	498	Nelson Ramos	01:14:15	01:14:08	511		V45	80
511	360	Vitorino Nunes	01:14:27	01:14:04	510	CLUBE ATLETISMO AMIGOS DE BELÉM	V65	15
512	99	Isabel Oltean	01:14:35	01:14:10	512	FarmAtiva	Junior	2
513	170	Liliane Ruge	01:14:37	01:14:18	515		V35	15
514	194	Paula Martiniano	01:14:44	01:14:11	513	Lenita Runners & Sportbillys	V40	18
515	134	Andreia Barão	01:14:55	01:14:12	514	Os coxos 2	V35	16
516	136	Bruno Santos	01:14:55	01:14:22	516	Os coxos 2	V40	85
517	488	Rui Pinto	01:15:04	01:14:34	517		V55	33
518	463	Pedro Gonçalves	01:15:07	01:14:37	518		V50	63
519	722	Vasco Pipa	01:15:42	01:15:17	520		V55	34
520	108	Irene Magalhaes	01:15:46	01:15:29	521		V65	3

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
521	269	José Ferrabelo	01:15:47	01:15:16	519	Asas	V65	16
522	282	Luisa Santos	01:15:57	01:15:34	522		V50	10
523	295	Joana Cotovio	01:16:05	01:15:42	524	All Stars	Senior	23
524	469	António Vidas	01:16:05	01:15:51	526	CLUBE ANACOM	V55	35
525	107	João Vaz	01:16:06	01:15:51	525		V55	36
526	464	Frederico Lavrador	01:16:06	01:15:36	523		Senior	64
527	344	Alexandra Ferreira	01:16:23	01:16:15	527	Clube TAP PORTUGAL	V40	19
528	88	Rosa Reis	01:16:52	01:16:36	528		V60	3
529	637	Lara Guzzetti	01:17:16	01:16:37	529	LINGUAGEST	V35	17
530	633	Deolinda Santos	01:17:26	01:16:58	530		V45	17
531	417	João Ilharco	01:17:29	01:17:02	531		V35	53
532	393	Susana Morais	01:17:54	01:17:20	532	AI NÓS, JAMOR!	V40	20
533	43	Bruno Vaz	01:18:02	01:17:27	533	FIDELIDADE GDC	V40	86
534	162	Nuno Oliveira	01:18:04	01:17:38	534		V40	87
535	164	Maria Martins	01:18:20	01:17:41	535		Senior	24
536	533	Mafalda Silva	01:18:27	01:17:52	537	Trevodequatrofolhas	V55	7
537	534	Cristina Soares	01:18:28	01:17:52	536	Trevodequatrofolhas	V55	8
538	579	Francisco Clerigo	01:18:46	01:18:23	540	SS CGD	V65	17
539	124	Paula Almeida	01:18:48	01:18:11	538		V35	18
540	636	Isabella Zanutta	01:18:58	01:18:21	539	LINGUAGEST	V55	9

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
541	701	Carlos Domingues	01:19:00	01:18:33	542		V45	81
542	700	Barbara Alves	01:19:01	01:18:34	543		V40	21
543	245	Sofia Carvalho	01:19:04	01:18:26	541		V50	11
544	589	Cristina Garoupa	01:19:13	01:18:44	548	SS CGD	V50	12
545	614	Paulo Xavier	01:19:13	01:18:44	549		V55	37
546	608	Ana Aguiar	01:19:14	01:18:44	547		V35	19
547	668	Susana Guerreiro	01:19:15	01:18:38	544	Grupo Desportivo Santander Totta	V40	22
548	79	Fernando Santos	01:19:17	01:18:52	550		Senior	65
549	673	Fabio Dias	01:19:18	01:18:41	546	Grupo Desportivo Santander Totta	V45	82
550	675	Eduardo Quaresma	01:19:19	01:18:41	545	Grupo Desportivo Santander Totta	V40	88
551	468	Maria Soares	01:19:37	01:19:26	552		V45	18
552	188	Ana Moreira	01:19:49	01:19:23	551		V35	20
553	729	Ondina Teodoro	01:19:55	01:19:36	553		V40	23
554	183	Alice Machado	01:20:19	01:20:04	554	Linda-a-Pastora Sporting Clube	V60	4
555	47	Joana Almeida	01:20:31	01:20:17	556	Resistentes	V35	21
556	197	Rui Santos	01:20:40	01:20:16	555		V50	64
557	628	Susana Oliveira	01:22:01	01:21:25	557		V40	24
558	557	João Costa	01:22:03	01:21:28	558		Senior	66
559	388	Pedro Matos	01:22:13	01:21:43	559		V55	38
560	455	Nidia Silva	01:22:29	01:22:20	561		V60	5

# CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	616	Ana Azevedo	01:22:29	01:22:01	560		V45	19
562	243	Andreia Soares	01:22:37	01:22:31	562		V40	25
563	368	Raul Gomes	01:23:05	01:22:45	563	CD ARNEIRO	Junior	6
564	50	Patrícia Campos	01:23:35	01:23:21	565	Resistentes	V40	26
565	661	Filipe Leão	01:23:50	01:23:14	564		V40	89
566	131	Maria Oliveira	01:23:59	01:23:26	566	Os coxos 2	V45	20
567	545	Raquel Fortunato	01:24:05	01:23:54	567		V45	21
568	505	Rute Rodrigues	01:24:09	01:23:57	568		V40	27
569	161	Elsa Silva	01:24:40	01:24:26	571		V45	22
570	49	Isabel Tissot	01:24:41	01:24:25	570	Resistentes	V40	28
571	569	Célia Silva	01:25:07	01:24:24	569		V45	23
572	553	Rui Melão	01:25:16	01:24:40	572		V55	39
573	132	António Rodrigues	01:26:03	01:25:31	574	Os coxos 2	V40	90
574	258	André Corvo	01:26:05	01:25:30	573	AI NÓS, JAMOR!	V35	54
575	652	Mariana Catroga	01:26:09	01:25:42	576	EY Runners	Senior	25
576	653	Catarina Roleta	01:26:09	01:25:42	577	EY Runners	Senior	26
577	257	Marina Pantalhão	01:26:13	01:25:40	575	AI NÓS, JAMOR!	V40	29
578	383	Leonardo Serra	01:27:49	01:27:41	579		V35	55
579	126	Gabriela Almeida	01:27:54	01:27:17	578		V65	4
580	312	Carlos Faias	01:28:26	01:28:19	580	CLUBE ANACOM	V50	65

# CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
581	431	Sanjaysinh Nathá	01:31:55	01:31:39	582		V45	83
582	485	Pedro Jesus	01:31:55	01:31:39	581		V40	91
583	566	Filipe Monteiro	01:32:34	01:31:50	583		V55	40
584	340	Isabel Bell	01:37:56	01:37:31	584	Força nas Canetas	V35	22
585	339	Alexandra Silva	01:37:57	01:37:32	585	Força nas Canetas	V45	24
586	362	João Oliveira	01:38:01	01:37:50	586		Senior	67
587	294	João Soares	01:40:18	01:40:12	588	All Stars	Senior	68
588	293	Bruno Magalhães	01:40:18	01:40:13	589	All Stars	V35	56
589	638	Elena Santos	01:40:50	01:40:11	587	LINGUAGEST	V50	13