

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
BRUNO SOUSA	Team Trail Bifase	9	1	02:56:48.897	00:00:00.000
NUNO FERNANDES	Clube Atletismo Fafe	3	2	03:00:36.403	00:03:47.506
JOEL PEREIRA	Minho E Lima Trail	53	3	03:08:15.340	00:11:26.443
RUI POVO	Clube Atletismo Fafe	106	4	03:09:40.667	00:12:51.770
MIGUEL NETO	Royal Wellness Center	209	5	03:14:44.927	00:17:56.030
JOSÉ MENESES	Nocturnos De Paredes	169	6	03:18:28.433	00:21:39.536
FILIPE PINTO	Btt Alegria // Tubani	90	7	03:18:52.683	00:22:03.786
RICARDO NUNES	Fridão Sem Limites	85	8	03:20:48.437	00:23:59.540
JOÃO RODRIGUES	Amigos Da Montanha	5	9	03:21:53.723	00:25:04.826
ANTONIO MAIA	Team Trail Bem Viver	201	10	03:22:50.190	00:26:01.293
PAULO COLAÇO	Nocturnos De Paredes	92	11	03:25:06.443	00:28:17.546
TIAGO SOARES	Moinhos Run - Adrm	218	12	03:25:31.447	00:28:42.550
ADÃO MONTEIRO	Fridão Sem Limites	88	13	03:26:59.453	00:30:10.556
FERNANDO CARVALHO	Nós Acreditamos	44	14	03:27:09.947	00:30:21.050
NUNO GUIMARÃES	Trogloditas Runners	48	15	03:28:25.450	00:31:36.553
FRANCISCO LEMOS	Nós Acreditamos	45	16	03:28:58.700	00:32:09.803
MIGUEL MACHADO	Profisio Team	115	17	03:29:15.207	00:32:26.310
MARCO PINTO	Brabus Runners	25	18	03:31:25.453	00:34:36.556
JOSÉ PEREIRA	Clube Atletismo Fafe	103	19	03:31:43.460	00:34:54.563
CARLOS PEIXOTO	Amigos Da Montanha	10	20	03:32:11.203	00:35:22.306
ANTÓNIO ALVES	Clube Escola Do Estreito	139	21	03:32:44.877	00:35:55.980
DIONISIO FERREIRA	Team Trail Bem Viver	132	22	03:33:20.207	00:36:31.310
EUSÉBIO FERNANDES	Clube Atletismo Fafe	105	23	03:35:06.960	00:38:18.063
FERNANDO AUGUSTO	Caracois Do Monte	164	24	03:35:56.963	00:39:08.066
MIGUEL BARROS	A.D.Amarante Trail Running	128	25	03:36:20.597	00:39:31.700
HUGO SILVA	Lion Runners - G. D. Leões Da Guarda	83	26	03:37:07.213	00:40:18.316
LUCINDA SOUSA	Individual	2	27	03:37:57.717	00:41:08.820
MANUEL PINHEIRO	Fridão Sem Limites	39	28	03:39:56.220	00:43:07.323
JOÃO SILVA	Individual	79	29	03:41:23.303	00:44:34.406
BRUNO MOREIRA	Nocturnos De Paredes	159	30	03:41:35.300	00:44:46.403
BRUNO CUNHA	Brabus Runners	147	31	03:41:51.720	00:45:02.823
EDUARDO XAVIER	Devasta Trilhos	223	32	03:42:59.473	00:46:10.576
VÍTOR ALVES	Brabus Runners	158	33	03:43:40.473	00:46:51.576
JOSÉ GOMES	Nocturnos De Paredes	94	34	03:44:32.977	00:47:44.080
BRUNO FERNANDES	Individual	42	35	03:44:47.730	00:47:58.833
AMADEU TEIXEIRA	Nós Acreditamos	47	36	03:44:57.227	00:48:08.330
JOSE PINTO	Nós Acreditamos	46	37	03:45:15.473	00:48:26.576
ALBERTO FREITAS	Nova Linha Trail Runners	171	38	03:45:32.477	00:48:43.580
MÁRIO SOARES	Individual	35	39	03:49:35.230	00:52:46.333
MANUEL FARIA	Mss Contabilidade Trail Team	174	40	03:51:17.977	00:54:29.080
BRUNO PEREIRA	Adeca	43	41	03:53:40.197	00:56:51.300
JOSÉ CRUZ	Ei Team Trail	28	42	03:53:56.443	00:57:07.546
MIGUEL ALVES	Leões De Tardariz Trail	81	43	03:54:38.737	00:57:49.840
RICARDO SAMPAIO	Brabus Runners	109	44	03:55:09.237	00:58:20.340

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DOMINGOS TEIXEIRA	Individual	131	45	03:56:07.990	00:59:19.093
RUI NETO	Individual	75	46	03:58:05.923	01:01:17.026
NUNO DUARTE	Individual	118	47	03:58:18.493	01:01:29.596
ADÉLIO GOUVEIA	Amigos Da Montanha	141	48	03:58:25.927	01:01:37.030
JOAQUIM COELHO	Ei Team Trail	89	49	03:58:52.247	01:02:03.350
HERMENEGILDO MENDES	Gondomar Futsal Clube	199	50	03:59:06.150	01:02:17.253
RICARDO COSTA	Figueiró Fit	59	51	03:59:36.997	01:02:48.100
VALTER CORREIA	Ovarrun	212	52	03:59:44.747	01:02:55.850
CARLOS PEDRINHAS	Amigos Da Montanha	145	53	04:00:17.247	01:03:28.350
LUIS SANTOS	Vimarunners	157	54	04:01:24.493	01:04:35.596
CARLOS SOUSA	Ctm Vila Pouca De Aguiar	69	55	04:01:36.873	01:04:47.976
HUGO LOBO	Run4all	38	56	04:01:52.997	01:05:04.100
BRUNO GONCALVES	Team Trail Bem Viver	133	57	04:02:30.133	01:05:41.236
ANDREIA ALMEIDA	Fridão Sem Limites	86	58	04:03:11.863	01:06:22.966
RICARDO FERNANDES	Team Trail Bem Viver	40	59	04:05:29.253	01:08:40.356
RAUL SILVA	Profisio Team	113	60	04:05:54.253	01:09:05.356
FERNANDO MENDES	Individual	189	61	04:07:42.507	01:10:53.610
PAULO PINHEIRO	Os Lobos Trail Sai Da Frente	36	62	04:07:49.003	01:11:00.106
FILIPE FERREIRA	Team Trail Bem Viver	136	63	04:08:50.503	01:12:01.606
LUIS RIBEIRO	Arrastassolas	65	64	04:10:07.007	01:13:18.110
PEDRO CARVALHO	Arrastassolas	64	65	04:10:07.810	01:13:18.913
FILIPE PINHEIRO	Fridão Sem Limites	50	66	04:11:03.543	01:14:14.646
DIOGO AGUIAR	Inquipa	26	67	04:11:19.037	01:14:30.140
DOMINGOS BARROS	Amigos Da Montanha	219	68	04:11:53.010	01:15:04.113
LUIS FONTINHA	Amigos Da Montanha	222	69	04:11:53.013	01:15:04.116
JOÃO RICARDO	Vimarunners	101	70	04:12:20.007	01:15:31.110
NELSON PINTO	Figueiró Fit	55	71	04:13:23.760	01:16:34.863
ROSA BARROS	A.D.Amarante Trail Running	129	72	04:14:43.767	01:17:54.870
PEDRO MONTEIRO	Gaia-Running	216	73	04:16:04.757	01:19:15.860
MARIA SÁ	Não Tenho	211	74	04:16:09.263	01:19:20.366
GUILHERMINO MEIRELES	Ctm Vila Pouca De Aguiar	71	75	04:16:13.747	01:19:24.850
JOAQUIM LEITE	Leões De Tardariz Trail	99	76	04:16:14.513	01:19:25.616
BRUNO MONTEIRO	Lion Runners - G. D. Leões Da Guarda	82	77	04:16:25.517	01:19:36.620
PEDRO GAIO	Lion Runners - G. D. Leões Da Guarda	52	78	04:16:26.243	01:19:37.346
RUI MADUREIRA	Team Trail Bem Viver	135	79	04:16:43.263	01:19:54.366
MANUEL BARBOSA	Paredes Running	41	80	04:16:48.763	01:19:59.866
FILIPE BARBOSA	Nocturnos De Paredes	91	81	04:17:15.267	01:20:26.370
MARIO COSTA	Profisio Team	114	82	04:17:33.017	01:20:44.120
HELENA GOMES	Wolves	112	83	04:18:25.017	01:21:36.120
NELSON MACHADO	Profisio Team	116	84	04:19:55.017	01:23:06.120
PATRÍCIA RIBEIRO	Mountain Runners	195	85	04:20:02.020	01:23:13.123
HENRIQUE FERREIRA	Centro Ciclista De Gondomar	184	86	04:21:15.523	01:24:26.626
ÂNGELO COSTA	Ctm Vila Pouca De Aguiar	70	87	04:24:48.777	01:27:59.880
VASCO ESCOBAR	Ei Team Trail	97	88	04:26:23.527	01:29:34.630

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
SÉRGIO VILELA	Ctm Vila Pouca De Aguiar	72	89	04:27:12.397	01:30:23.500
AFONSO CARDOSO	A.D.Amarante Trail Running	205	90	04:27:18.027	01:30:29.130
VICTOR CARVALHAIS	Individual	80	91	04:27:39.527	01:30:50.630
MANUEL MARTINS	Opraticantenoticias@Gmail.Com	186	92	04:30:11.280	01:33:22.383
ELISABETE REPAS	Gaia-Running	153	93	04:30:17.623	01:33:28.726
EMANUEL MAIO	Honra Team	176	94	04:34:43.287	01:37:54.390
OSCAR LOSADA	Individual	170	95	04:34:45.330	01:37:56.433
VITOR CORREIA	Arrastassolas	63	96	04:35:43.180	01:38:54.283
NELSON VAZ	Profisio Team	102	97	04:36:01.540	01:39:12.643
MARIA LOUREIRO	Associação Desportiva De Cabroelo	183	98	04:36:16.290	01:39:27.393
JORGE ALVES	Villa De Basto Trail	178	99	04:36:17.307	01:39:28.410
DIOGO RESENDE	Caracois Do Monte	163	100	04:38:29.040	01:41:40.143
MANUEL GRAÇA	Palmeira Runners	193	101	04:38:49.293	01:42:00.396
EDUARDO PINTO	Candoso /Piratas	188	102	04:40:32.523	01:43:43.626
RUI BESSA	Sob Efeito Trail	187	103	04:41:12.793	01:44:23.896
GUSTAVO BENTO	Kikas Team	51	104	04:45:42.297	01:48:53.400
RICARDO PINHEIRO	Kikas Team	148	105	04:45:43.480	01:48:54.583
HÉLDER CUNHA	Individual	49	106	04:45:53.727	01:49:04.830
CELIA SOUSA	Individual	57	107	04:47:21.967	01:50:33.070
JOAQUIM OLIVEIRA	Felgueiras Team Trail	191	108	04:47:55.537	01:51:06.640
CATARINA FIGUEIREDO	Gaia-Running	152	109	04:48:39.637	01:51:50.740
ORLANDA REGO	Gaia-Running	150	110	04:48:40.407	01:51:51.510
VÍTOR FERNANDES	Gaia-Running	156	111	04:48:58.057	01:52:09.160
PAULO MOURA	Honra Team	33	112	04:49:01.700	01:52:12.803
PAULO PINTO	Honra Team	32	113	04:49:24.710	01:52:35.813
HUGO PINTO	Individual	196	114	04:49:52.803	01:53:03.906
MÁRCIA BANDEIRA	Amigos Da Montanha	146	115	04:50:27.300	01:53:38.403
SYLVIE DUARTE	Individual	95	116	04:50:35.303	01:53:46.406
PAULO ALVES	A.D.Amarante Trail Running	125	117	04:50:37.307	01:53:48.410
CARLOS SOARES	Amigos Da Montanha	142	118	04:52:45.167	01:55:56.270
FERNANDO RODRIGUES	Individual	214	119	04:54:02.907	01:57:14.010
CÉSAR SOUSA	Ctm Vila Pouca De Aguiar	66	120	04:54:39.663	01:57:50.766
RUI PEREIRA	Gaia-Running	151	121	04:55:22.183	01:58:33.286
RAFAELA BENTO	Ctm Vila Pouca De Aguiar	74	122	04:57:27.310	02:00:38.413
PEDRO SIMÕES	Individual	190	123	05:00:12.063	02:03:23.166
FÁBIO FERREIRA	Honra Team	182	124	05:02:03.340	02:05:14.443
PAULO NOBRE	Inquipa	27	125	05:02:16.817	02:05:27.920
ZECA CARVALHAIS	Individual	24	126	05:02:43.317	02:05:54.420
BRUNO FERNANDES	Kikas Team	179	127	05:05:16.820	02:08:27.923
MANUEL GUEDES	C.I.A. Alpendorada	120	128	05:06:56.943	02:10:08.046
RAFAEL MOURA	Honra Team	34	129	05:07:06.820	02:10:17.923
FÁTIMA VIEIRA	Somos Nós Team	110	130	05:10:29.323	02:13:40.426
CARLA SANTOS	Individual	207	131	05:14:22.087	02:17:33.190
HENRIQUE SANTOS	Individual	202	132	05:14:22.087	02:17:33.190

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NÉLSON SILVA	Celorico De Basto	30	133	05:15:49.470	02:19:00.573
LÚCIA LEMOS	Ctm Vila Pouca De Aguiar	68	134	05:17:11.060	02:20:22.163
SÍLVIA PERALTA	Gaia-Running	154	135	05:22:09.613	02:25:20.716
AMÉLIA MOREIRA	Amigos Da Montanha	220	136	05:22:29.340	02:25:40.443
DEOLINDA ANTUNES	Palmeira Runners	192	137	05:28:12.097	02:31:23.200
MANUEL LIMA	Experienciar	130	138	05:31:57.643	02:35:08.746
CLAUDIA MOURA	Running Penafiel Trail	54	139	05:32:37.257	02:35:48.360
FELICIANO FERREIRA	Kikas Team	119	140	05:41:34.220	02:44:45.323
JIMMY MARTINS	Not Fast Just Furious	77	141	05:50:17.147	02:53:28.250
JOSÉ FONSECA	Ruptura Total	20	142	06:03:28.033	03:06:39.136
ISABEL MARTINS	Amigos Da Montanha	144	143	06:07:40.000	03:10:51.103
DIANA RIBEIRO	Amigos Da Montanha	143	144	06:07:43.253	03:10:54.356