

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VICTOR FERNANDES	A.D.Amarante Trail Running	502	1	01:37:19.913	00:00:00.000
ADÃO PINTO	A.D.Amarante Trail Running	949	2	01:38:27.413	00:01:07.500
JOÃO SANTOS	Boccasballs	501	3	01:39:32.917	00:02:13.004
MIGUEL FERRÁS	A.D.Amarante Trail Running	918	4	01:41:43.080	00:04:23.167
FRANCISCO FERREIRA	Aliados Tail Running Team	909	5	01:42:10.080	00:04:50.167
CRISTIANO SANTOS	A.D.Amarante Trail Running	503	6	01:46:29.537	00:09:09.624
FRANCISCO SANTOS	Boccasballs	701	7	01:47:14.427	00:09:54.514
FERNANDO FIGUEIREDO	Centro Ciclista De Gondomar	1475	8	01:48:24.177	00:11:04.264
ANDRÉ NOGUEIRA	Aliados Tail Running Team	907	9	01:49:18.017	00:11:58.104
RUI AZEVEDO	Fridão Sem Limites	965	10	01:49:35.520	00:12:15.607
JORGE OLIVEIRA	A.D.Amarante Trail Running	506	11	01:52:03.433	00:14:43.520
NUNO LEMOS	Clube Atletismo Fafe	821	12	01:53:31.187	00:16:11.274
BRUNO PINTO	Aliados Tail Running Team	912	13	01:53:54.227	00:16:34.314
RUI FERNANDES	Clube Atletismo Fafe	819	14	01:54:36.940	00:17:17.027
NUNO MESQUITA	Sixtynine Team	830	15	01:54:47.977	00:17:28.064
VITOR CRUZ	Acrúz / Ambicruz	514	16	01:54:48.687	00:17:28.774
BRUNO AZEVEDO	Fridão Sem Limites	734	17	01:55:35.710	00:18:15.797
PAULO MACHADO	Aliados Tail Running Team	908	18	01:56:30.007	00:19:10.094
ABILIO MAGALHÃES	Emna Runners	569	19	01:56:31.690	00:19:11.777
PEDRO PEREIRA	Nocturnos De Paredes	747	20	01:56:32.690	00:19:12.777
VALENTIM HENRIQUES	C D Asas Do Milénium	628	21	01:56:49.190	00:19:29.277
MARCO BROCHADO	Os Lobos Do Saibro	550	22	01:57:43.457	00:20:23.544
ALEXANDRE PINTO	Amigo Trail Run	940	23	01:58:00.207	00:20:40.294
MANUEL BARBOSA	Amigo Trail Run	899	24	01:58:00.707	00:20:40.794
JOAQUIM TEIXEIRA	Amigo Trail Run	960	25	01:58:43.183	00:21:23.270
PAULO SOUSA	Nós Acreditamos	615	26	01:58:52.443	00:21:32.530
JORGE LOPES	Equipa A	954	27	02:00:07.420	00:22:47.507
SERGIO RAMOS	Edv Viana Trail	851	28	02:01:13.950	00:23:54.037
RICARDO AIRES	Fridão Sem Limites	931	29	02:01:35.450	00:24:15.537
LUIS LEÇA	Trocopasso Runners	646	30	02:01:41.197	00:24:21.284
IVO BARBOSA	Devasta Trilhos	944	31	02:01:49.707	00:24:29.794
JOSÉ PEDROSA	Os Primos	539	32	02:01:58.450	00:24:38.537
JOSE TEIXEIRA	A.D.Amarante Trail Running	941	33	02:02:18.903	00:24:58.990
JOSÉ RIBEIRO	Não Tenho	532	34	02:02:35.950	00:25:16.037
CARLOS FERNANDES	Aztrail/Mercentro	599	35	02:03:17.953	00:25:58.040
PAULO MARTINS	Individual	580	36	02:03:22.450	00:26:02.537
NUNO COSTA	Individual	753	37	02:04:11.643	00:26:51.730
JORGE SOUSA	Individual	957	38	02:05:05.207	00:27:45.294
IVAN SILVA	Individual	966	39	02:05:07.453	00:27:47.540
NUNO SILVA	The Newbies	642	40	02:05:50.203	00:28:30.290
BRUNO PEREIRA	Acrd Pombeiro	544	41	02:06:05.707	00:28:45.794
RICARDO LOBO	Gdu Cano	776	42	02:06:33.867	00:29:13.954
JOSÉ RIBEIRO	Individual	884	43	02:06:35.117	00:29:15.204
TIAGO MOREITA	Nocturnos De Paredes	924	44	02:06:52.460	00:29:32.547

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NANDO NUNES	Lousada Btt	602	45	02:06:58.707	00:29:38.794
ALCINO GOUVEIA	Sentir Escariz Running	865	46	02:07:17.210	00:29:57.297
CARMINDO GOMES	Nocturnos De Paredes	870	47	02:07:55.960	00:30:36.047
PAULO COSTA	Individual	656	48	02:08:11.460	00:30:51.547
HUGO FARIA	The Newbies	641	49	02:08:18.103	00:30:58.190
DOMINGOS MARTINS	Lousada Btt	680	50	02:08:25.457	00:31:05.544
EDUARDO VIEIRA	Nocturnos De Paredes	748	51	02:08:28.850	00:31:08.937
CARLOS SOUSA	Devasta Trilhos	718	52	02:08:31.600	00:31:11.687
ANTONIO PEREIRA	Nós Acreditamos	623	53	02:08:42.597	00:31:22.684
FILIPE PEREIRA	Lousada Runners	645	54	02:08:50.497	00:31:30.584
PAULO MESQUITA	Equipa A	953	55	02:10:04.217	00:32:44.304
PEDRO NEVES	Juventude Desportiva De Gondomar	840	56	02:10:05.337	00:32:45.424
NUNO SALGADO	Nocturnos De Paredes	744	57	02:10:27.583	00:33:07.670
FILIPE ESCOBAR	Equipa A	788	58	02:10:32.083	00:33:12.170
JORGE MIRANDA	Os Primos	726	59	02:10:35.090	00:33:15.177
BRUNO FONTÃO	Os Primos	541	60	02:10:37.083	00:33:17.170
FILIPE FERREIRA	Os Lobos Do Saibro	551	61	02:10:38.093	00:33:18.180
CLÁUDIO MONTEIRO	Douroconta - Gabinete De Apoio E Contabilidade	800	62	02:10:42.463	00:33:22.550
HUGO SOARES	Moinhos Run - Adrm	916	63	02:10:58.823	00:33:38.910
RUI FONTES	Acrd Pombeiro	604	64	02:11:03.467	00:33:43.554
ANTÓNIO TEIXEIRA	Fridão Sem Limites	942	65	02:11:06.077	00:33:46.164
AGOSTINHO NEVES	Juventude Desportiva De Gondomar	811	66	02:11:07.717	00:33:47.804
SIMÃO SOUSA	Moinhos Run - Adrm	915	67	02:11:27.467	00:34:07.554
JOAO BARROS	Devasta Trilhos	699	68	02:11:36.467	00:34:16.554
FILIPE MARTINHO	Super Lesmas	664	69	02:12:05.320	00:34:45.407
NUNO ALEXANDRE	Nocturnos De Paredes	833	70	02:12:15.717	00:34:55.804
NUNO LEMOS	Individual	611	71	02:12:27.217	00:35:07.304
CARLOS LEMOS	Individual	640	72	02:12:33.973	00:35:14.060
CARLOS JUNCO	Os Primos	542	73	02:13:45.467	00:36:25.554
DIANA MENDONÇA	Fridão Sem Limites	736	74	02:13:52.553	00:36:32.640
JOSÉ OLIVEIRA	Sentir Escariz Running	864	75	02:13:59.810	00:36:39.897
CARLOS LEAL	Trail Team Casa Das Reparações	562	76	02:14:22.980	00:37:03.067
ARMANDO RIBEIRO	Amigo Trail Run	895	77	02:15:07.073	00:37:47.160
NUNO FARIA	Individual	698	78	02:15:16.473	00:37:56.560
TONY MENDES	Btt Alegria // Tubani	687	79	02:15:26.720	00:38:06.807
ANDRÉ DIAS	Vieira Do Minho	686	80	02:15:57.973	00:38:38.060
LOURENÇO TEIXEIRA	Os Lobos Do Saibro	612	81	02:16:43.723	00:39:23.810
MARCELO TEIXEIRA	The Newbies	643	82	02:17:10.227	00:39:50.314
MÁRCIO SILVA	S. S. Montepio	880	83	02:17:15.473	00:39:55.560
RUI BARBOSA	Profisio Team	848	84	02:17:35.277	00:40:15.364
RICARDO CARVALHO	Equipa A	816	85	02:17:36.270	00:40:16.357
EDUARDO MENDES	Trail Team Casa Das Reparações	548	86	02:17:52.227	00:40:32.314
MIGUEL SANTOS	Moinhos Run - Adrm	917	87	02:18:13.777	00:40:53.864
LEANDRO TEIXEIRA	Nós Acreditamos	616	88	02:18:32.477	00:41:12.564

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FERNANDO SILVA	Nós Acreditamos	625	89	02:18:32.727	00:41:12.814
NUNO PEREIRA	Amigo Trail Run	901	90	02:18:33.523	00:41:13.610
ANTÓNIO ALVES	Fridão Sem Limites	733	91	02:18:33.733	00:41:13.820
HÉLDER RIBEIRO	Focoteam24	669	92	02:18:34.023	00:41:14.110
DAVIDE AFONSO	Nós Acreditamos	618	93	02:18:35.763	00:41:15.850
RUBENS SOARES	Sportarc	673	94	02:19:06.227	00:41:46.314
RICARDO MAGALHÃES	As Belas E Eles	597	95	02:19:07.007	00:41:47.094
FERNANDO PEREIRA	Gondomar Futsal Clube	926	96	02:19:07.727	00:41:47.814
PAULO GAMA	Gondomar Futsal Clube	929	97	02:19:13.477	00:41:53.564
ANA AMARAL	Centro Ciclista De Gondomar	930	98	02:19:22.480	00:42:02.567
JOSÉ MADUREIRA	Amigo Trail Run	898	99	02:19:46.253	00:42:26.340
ANDRÉ COSTA	Primalhada	706	100	02:20:19.497	00:42:59.584
ELIANA TEIXEIRA	Fridão Sem Limites	737	101	02:21:09.730	00:43:49.817
LUIS PINTO	Fridão Sem Limites	735	102	02:21:12.730	00:43:52.817
MANUEL SOUSA	Ótica Sousa	697	103	02:21:23.990	00:44:04.077
ANDRÉ ROCHA	Btt Alegria // Tubani	688	104	02:21:32.230	00:44:12.317
RAFAEL MOTA	Individual	557	105	02:21:47.730	00:44:27.817
HUGO FERNANDES	Clube Atletismo Fafe	826	106	02:21:51.727	00:44:31.814
CARLOS VASCONCELOS	Nocturnos De Paredes	749	107	02:22:35.477	00:45:15.564
RUI TEIXEIRA	Borba De Godim	510	108	02:22:41.483	00:45:21.570
JOSÉ ROCHA	Leões De Tardariz Trail	727	109	02:22:53.247	00:45:33.334
FILIPE GOMES	Individual	592	110	02:23:36.723	00:46:16.810
DAMIÃO DUARTE	Travassós Running Fafe	570	111	02:23:58.483	00:46:38.570
GORETI SOUSA	Profisio Team	846	112	02:24:15.463	00:46:55.550
LUIS MARTINS	Kikas Team	513	113	02:25:14.743	00:47:54.830
LIBÂNIO ALVES	Amigos Do Pedal Trailagares	871	114	02:25:18.210	00:47:58.297
CRISTINA CARDOSO	Individual	525	115	02:25:18.983	00:47:59.070
MARÇAL DOMINGUES	Individual	524	116	02:25:19.733	00:47:59.820
PEDRO FERREIRA	Leões De Tardariz Trail	674	117	02:25:21.983	00:48:02.070
CLAUDIA SANTOS	Nós Acreditamos	617	118	02:25:25.713	00:48:05.800
ARMANDO CARDOSO	Nós Acreditamos	842	119	02:25:27.453	00:48:07.540
JOAQUIM PEREIRA	Nós Acreditamos	614	120	02:25:30.987	00:48:11.074
JOÃO RIBEIRO	Individual	512	121	02:25:35.737	00:48:15.824
JOSÉ MENDES	Gondomar Futsal Clube	657	122	02:26:27.733	00:49:07.820
HENRIQUE MATOS	Centro Ciclista De Gondomar	950	123	02:26:38.490	00:49:18.577
CARLOS BARBOSA	Running Penafiel Trail	638	124	02:26:41.237	00:49:21.324
CARLOS VINHA	Running Penafiel Trail	613	125	02:26:41.240	00:49:21.327
HELDER MONTEIRO	Sucupiraf.C	630	126	02:26:51.490	00:49:31.577
MARIA BARBEDO	Sucupiraf.C	554	127	02:26:51.490	00:49:31.577
JORGE CARDOSO	Individual	757	128	02:28:02.470	00:50:42.557
PEDRO GONÇALVES	Caminheiros Da Sede	798	129	02:28:04.677	00:50:44.764
PEDRO SILVA	Clube Atletismo Fafe	822	130	02:28:14.930	00:50:55.017
ANTÓNIO ROSENDO	Rope	936	131	02:28:20.737	00:51:00.824
RUI FARIA	Gdu Cano	774	132	02:28:25.490	00:51:05.577

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANTONIO FERRAZ	Team 41	568	133	02:28:25.927	00:51:06.014
JORGE LOBO	Gdu Cano	773	134	02:28:26.500	00:51:06.587
FÁBIO CARDOSO	Lamego Tribo Runners	720	135	02:28:28.503	00:51:08.590
ARI CORREIA	Lamego Tribo Runners	872	136	02:28:29.437	00:51:09.524
VITOR CARDOSO	Lamego Tribo Runners	721	137	02:28:30.937	00:51:11.024
FERNANDO QUEIRÓS	A.D.Amarante Trail Running	932	138	02:28:40.747	00:51:20.834
FERNANDO BRANDÃO	Sentir Escariz Running	885	139	02:29:20.993	00:52:01.080
CÉSAR ROCHA	#Correratenumdarmais	769	140	02:29:52.680	00:52:32.767
DAVID COSTA	Gaia-Running	177	141	02:30:47.907	00:53:27.994
HENRIQUE ALMEIDA	Individual	517	142	02:31:07.993	00:53:48.080
HUGO COSTA	Profisio Team	961	143	02:31:17.753	00:53:57.840
ANTÓNIO PINTO	Monte Dos Amigos	874	144	02:31:18.490	00:53:58.577
JOANA SANTOS	Individual	644	145	02:31:19.400	00:53:59.487
MARTINHA ALVES	Nós Acreditamos	624	146	02:31:24.993	00:54:05.080
SERGIO COELHO	Btt Alegria // Tubani	694	147	02:31:37.647	00:54:17.734
RICARDO RIBEIRO	Emna Runners	760	148	02:31:38.747	00:54:18.834
MANUEL FERREIRA	Amarante	558	149	02:31:49.743	00:54:29.830
JOAQUIM FERREIRA	Amigo Trail Run	897	150	02:31:59.640	00:54:39.727
SÓNIA MADUREIRA	Trocopasso Runners	651	151	02:32:14.747	00:54:54.834
DANIEL MIRANDA	Os Pastilhas	555	152	02:32:27.497	00:55:07.584
PAULO RIBEIRO	Individual	793	153	02:32:41.253	00:55:21.340
RICARDO TAVARES	As Belas E Eles	598	154	02:32:41.753	00:55:21.840
PEDRO MOREIRA	Individual	905	155	02:32:43.393	00:55:23.480
PEDRO VIEIRA	Caça Raposas	860	156	02:32:46.747	00:55:26.834
LUÍS PEDROSA	Os Primos	540	157	02:33:00.397	00:55:40.484
JOAQUIM PEREIRA	Individual	588	158	02:33:51.630	00:56:31.717
ARMANDO MACHADO	Trail Team Casa Das Reparações	547	159	02:34:01.497	00:56:41.584
JOÃO SOUSA	Trail Team Casa Das Reparações	546	160	02:34:01.500	00:56:41.587
ADÃO ROCHA	Btt Alegria // Tubani	691	161	02:34:02.000	00:56:42.087
PEDRO SILVEIRA	Amigos Das Sapatilhas	589	162	02:34:17.127	00:56:57.214
FILIPE MOURA	Amigos Das Sapatilhas	668	163	02:34:17.377	00:56:57.464
CARLOS MACEDO	A.D.Amarante Trail Running	964	164	02:35:16.997	00:57:57.084
RUI FIGUEIREDO	Sentir Escariz Running	866	165	02:35:40.360	00:58:20.447
VÍTOR MOREIRA	Sentir Escariz Running	947	166	02:35:41.610	00:58:21.697
JOÃO MESQUITA	S. S. Montepio	877	167	02:35:49.497	00:58:29.584
HUGO MOTA	Índios De Btrail	596	168	02:35:54.997	00:58:35.084
JOAQUIM SILVA	Nós Acreditamos	620	169	02:35:57.120	00:58:37.207
LUÍS VIEIRA	Kunalama Runners	685	170	02:36:03.360	00:58:43.447
LILIANA PAIVA	Fridão Sem Limites	939	171	02:36:29.610	00:59:09.697
RICARDO FARIA	Individual	635	172	02:36:30.500	00:59:10.587
JOSÉ RODRIGUES	Trocopasso Runners	648	173	02:36:46.250	00:59:26.337
ELISABETE CARVALHO	Trocopasso Runners	649	174	02:36:46.253	00:59:26.340
JORGE SOUTO	Paços Runners	634	175	02:36:47.253	00:59:27.340
BRUNO SOUSA	Individual	906	176	02:36:48.747	00:59:28.834

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOÃO COUTINHO	Individual	585	177	02:37:14.597	00:59:54.684
SÉRGIO MAGALHÃES	Individual	556	178	02:37:28.000	01:00:08.087
JORGE MOREIRA	Sentir Escariz Running	867	179	02:37:28.750	01:00:08.837
MANUEL FERREIRA	Ctm Vila Pouca De Aguiar	666	180	02:37:29.000	01:00:09.087
JOÃO RIBEIRO	Individual	919	181	02:38:36.250	01:01:16.337
ALICE PEREIRA	A.D.Amarante Trail Running	780	182	02:39:00.503	01:01:40.590
MARGARIDA MONTEIRO	A.D.Amarante Trail Running	894	183	02:39:02.083	01:01:42.170
THOMAS MAGALHÃES	Individual	923	184	02:39:52.500	01:02:32.587
EDUARDO BENIGNO	Individual	768	185	02:40:05.503	01:02:45.590
JOSE SILVA	Individual	858	186	02:41:06.007	01:03:46.094
NATÁLIA LIMA	Brabus Runners	962	187	02:41:16.007	01:03:56.094
VÍTOR CUNHA	Brabus Runners	586	188	02:41:21.327	01:04:01.414
NUNO MORGADO	Correr Leça	654	189	02:41:31.257	01:04:11.344
QUINTINO CUNHA	Elite Do Atletismo Nortenho	845	190	02:41:57.253	01:04:37.340
HUGO PEREIRA	Red Line	792	191	02:42:42.050	01:05:22.137
PEDRO MORAIS	Individual	844	192	02:43:15.257	01:05:55.344
PEDRO PACHECO	Individual	796	193	02:43:22.757	01:06:02.844
RUI NETO	Individual	920	194	02:43:28.300	01:06:08.387
SANDRA PEREIRA	Nós Acreditamos	619	195	02:44:04.800	01:06:44.887
MANUEL SAMPAIO	Individual	595	196	02:44:30.783	01:07:10.870
RUI ALMEIDA	Nocturnos De Paredes	746	197	02:44:50.537	01:07:30.624
LUIS LOBO	Gdu Cano	775	198	02:45:22.527	01:08:02.614
MANUEL PEREIRA	Elite Do Atletismo Nortenho	818	199	02:45:27.260	01:08:07.347
ANA CABRAL	Sentir Escariz Running	887	200	02:47:09.257	01:09:49.344
JOSÉ MENDES	Team 41	529	201	02:47:10.513	01:09:50.600
AMÂNDIO SOUSA	Kinkipa	537	202	02:47:20.263	01:10:00.350
JOSÉ MOURA	Nocturnos De Paredes	745	203	02:47:31.013	01:10:11.100
DANIEL PEREIRA	Nocturnos De Paredes	750	204	02:47:31.013	01:10:11.100
ANDRÉ SANTOS	Individual	805	205	02:47:43.513	01:10:23.600
JOSÉ CARDOSO	A.D.Amarante Trail Running	778	206	02:47:59.513	01:10:39.600
PAULO MONTEIRO	Wolves	859	207	02:48:48.493	01:11:28.580
ANTÓNIO MENDONÇA	Fc Vizela	609	208	02:49:22.017	01:12:02.104
TIAGO LOPES	Individual	869	209	02:49:37.017	01:12:17.104
ISABEL SOARES	Sportarc	761	210	02:49:49.267	01:12:29.354
HENRIQUE BARBEDO	Sucupiraf.C	553	211	02:50:03.763	01:12:43.850
HELDER CASTRO	Sucupiraf.C	552	212	02:50:05.483	01:12:45.570
BRUNO MAIA	Javalis Portugal	629	213	02:50:51.267	01:13:31.354
JOSÉ MATOS	Individual	797	214	02:50:55.767	01:13:35.854
NAZARÉ OLIVEIRA	Sentir Escariz Running	889	215	02:52:17.973	01:14:58.060
ILÍDIO FREITAS	Gondomar Futsal Clube	759	216	02:53:46.527	01:16:26.614
FERNANDO FERREIRA	Gondomar Futsal Clube	925	217	02:53:47.020	01:16:27.107
ANTÓNIO GONÇALVES	A.D.Amarante Trail Running	779	218	02:54:01.273	01:16:41.360
JOÃO CARDOSO	Emna Runners	659	219	02:54:01.947	01:16:42.034
DANIEL COSTA	Clube Atletismo Fafe	823	220	02:54:03.527	01:16:43.614

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUI COSTA	Clube Atletismo Fafe	825	221	02:54:05.213	01:16:45.300
PEDRO PINTO	Clube Atletismo Fafe	820	222	02:54:05.447	01:16:45.534
MANUEL FERNANDES	Leões De Tardariz Trail	814	223	02:54:33.523	01:17:13.610
TÂNIA GONÇALVES	Leões De Tardariz Trail	815	224	02:54:33.773	01:17:13.860
PATRÍCIA MOREIRA	Monte Dos Amigos	716	225	02:55:30.023	01:18:10.110
CÉDRIC SILVA	Índios De Btrail	677	226	02:56:37.027	01:19:17.114
FLÁVIO CARDOSO	Penafiel	168	227	02:56:38.027	01:19:18.114
CARLA NEVES	Trocopasso Runners	647	228	02:56:41.273	01:19:21.360
ALEXANDRE AFONSO	Trocopasso Runners	653	229	02:56:41.523	01:19:21.610
RAQUEL VIEIRA	Clube Atletismo Fafe	827	230	02:56:59.667	01:19:39.754
JOAO BELCHIOR	Elite Do Atletismo Nortenho	817	231	02:57:08.527	01:19:48.614
VITOR COSTA	Nós Acreditamos	782	232	02:57:16.783	01:19:56.870
RICARDO MIRANDA	Nós Acreditamos	783	233	02:57:19.167	01:19:59.254
PAULO ROCHA	Villa De Basto Trail	839	234	02:57:39.163	01:20:19.250
JOÃO CARDOSO	S. S. Montepio	878	235	02:58:45.657	01:21:25.744
FILIPE SOARES	S. S. Montepio	883	236	02:58:46.167	01:21:26.254
RICARDO SOUSA	Fit Gaia Trail	531	237	02:58:49.023	01:21:29.110
ALFREDO LOPES	Individual	717	238	02:59:25.280	01:22:05.367
SANDRA CRISTINA	#Correratenumdarmais	741	239	02:59:59.030	01:22:39.117
ELISABETE NOGUEIRA	Fridão Sem Limites	590	240	03:00:01.527	01:22:41.614
SUSETE OLIVEIRA	Fridão Sem Limites	952	241	03:01:20.393	01:24:00.480
NUNO FONSECA	L	956	242	03:01:20.777	01:24:00.864
NELSON SANTOS	Npsantos	958	243	03:01:21.883	01:24:01.970
ALEXANDRA MADUREIRA	Mountain Climbers	584	244	03:02:24.280	01:25:04.367
SOPHIE DUARTE	Individual	520	245	03:03:01.783	01:25:41.870
CARLOS ALMEIDA	Individual	521	246	03:03:02.033	01:25:42.120
VANESSA DIAS	Equipa A	711	247	03:03:03.367	01:25:43.454
NUNO COSTA	Individual	571	248	03:03:15.543	01:25:55.630
LIGIA FERNANDES	Edv Viana Trail	850	249	03:03:55.033	01:26:35.120
PAULA COSTA	Kikas Team	903	250	03:04:11.283	01:26:51.370
FILIPE PEREIRA	Primalhada	672	251	03:05:01.283	01:27:41.370
JOSÉ TEIXEIRA	Somos Nós Team	838	252	03:05:31.783	01:28:11.870
DANIEL ANDRADE	Villa De Basto Trail	582	253	03:06:17.283	01:28:57.370
MANUEL BABO	Individual	515	254	03:06:25.290	01:29:05.377
ARTUR MORAIS	Individual	610	255	03:06:49.537	01:29:29.624
FERNANDO CERQUEIRA	A.D.Amarante Trail Running	955	256	03:06:51.833	01:29:31.920
LILIANA CARVALHO	Pimentinhas	945	257	03:07:31.040	01:30:11.127
ANTÓNIO PEREIRA	A.D.Amarante Trail Running	777	258	03:08:18.290	01:30:58.377
ANA SILVA	Sentir Escariz Running	890	259	03:08:30.290	01:31:10.377
RUI RODRIGUES	Amigos Da Montanha	938	260	03:08:35.313	01:31:15.400
VALTER COUTO	Individual	742	261	03:10:04.557	01:32:44.644
JOSÉ SILVA	Clube Trilheiros & Amigos	530	262	03:10:05.040	01:32:45.127
DIANA DIAS	Clube Trilheiros & Amigos	607	263	03:10:05.837	01:32:45.924
BRUNO PEREIRA	Hora Do Lobo Trail / Fc Perosinho	678	264	03:10:11.790	01:32:51.877

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
TIAGO FRUTUOSO	Individual	608	265	03:10:12.290	01:32:52.377
JOSÉ MAGALHÃES	Lamego Tribo Runners	813	266	03:10:50.047	01:33:30.134
LUIS ELIAS	Individual	516	267	03:12:49.323	01:35:29.410
ANDRE MENDES	Individual	681	268	03:13:22.023	01:36:02.110
LILIANA TEIXEIRA	Lesmas & Caracóis	663	269	03:13:49.043	01:36:29.130
SONIA SILVA	Paredes Running	561	270	03:14:06.800	01:36:46.887
ANTONIO BARBOSA	Paredes Running	560	271	03:14:08.523	01:36:48.610
ALVARO CARDOSO	Nós Acreditamos	622	272	03:17:07.300	01:39:47.387
CLÁUDIO TORRES	Sixtynine Team	831	273	03:17:08.490	01:39:48.577
CLAUDIA MAEIRO	Kikas Team	967	274	03:17:44.967	01:40:25.054
JOSÉ FONSECA	B.V.A	593	275	03:22:07.307	01:44:47.394
FERNANDO FERREIRA	Amigos Do Pedal Trailagares	740	276	03:23:16.307	01:45:56.394
BRUNA COSTA	Alexandra Carvalho Team	559	277	03:24:13.303	01:46:53.390
PAULA ALVES	Profisio Team	847	278	03:26:25.810	01:49:05.897
MARCO OLIVEIRA	Leões De Tardariz Trail	801	279	03:26:54.300	01:49:34.387
ISABEL SANTOS	Mountain Climbers	533	280	03:31:23.317	01:54:03.404
CLÁUDIA MAGALHÃES	Running Penafiel Trail	758	281	03:32:18.817	01:54:58.904
MARIA PINTO	Individual	764	282	03:33:41.817	01:56:21.904
DORA VENTURA	Individual	935	283	03:33:41.820	01:56:21.907
MARCO PINTO	Individual	763	284	03:33:44.133	01:56:24.220
JOÃO PEIXOTO	Btt Trilhos Penaguião	606	285	03:34:02.317	01:56:42.404
FILIPE GONÇALVES	Índios De Bttrail	594	286	03:35:57.827	01:58:37.914
EURICO FERNANDES	Clube Trilheiros & Amigos	526	287	03:36:32.313	01:59:12.400
CLAUDIA FERNANDES	Clube Trilheiros & Amigos	527	288	03:36:33.077	01:59:13.164
PAULO FERNANDES	Barrancos Fc/Biogado	511	289	03:37:23.833	02:00:03.920
ROSA ARAÚJO	Mountain Climbers	583	290	03:37:24.070	02:00:04.157
MARLENE PINTURA	Individual	633	291	03:37:30.573	02:00:10.660
ARLINDO CUNHA	Clube Trilheiros & Amigos	576	292	03:37:32.053	02:00:12.140
EMÍLIA PINTO	Individual	543	293	03:42:01.007	02:04:41.094
EMÍLIA PÉREZ	Clube Trilheiros & Amigos	563	294	03:42:18.837	02:04:58.924
ANGELA PEREIRA	United Team	631	295	03:42:18.837	02:04:58.924
CHARLENE SOUSA	United Team	632	296	03:42:19.327	02:04:59.414
PAULO CAMPOS	Individual	578	297	03:42:19.327	02:04:59.414
MANUEL SILVA	Team Aguenta Aí	715	298	03:42:29.830	02:05:09.917
VÁLTER AZEVEDO	Individual	534	299	03:44:04.327	02:06:44.414
ELISABETE SILVA	Individual	535	300	03:44:14.830	02:06:54.917
MIGUEL SILVA	Individual	812	301	03:44:15.327	02:06:55.414
FILIPE LEITÃO	Gondomar Futsal Clube	927	302	03:47:47.830	02:10:27.917
LUIS RIBEIRO	Paredes Running	572	303	03:49:00.947	02:11:41.034
CARLA FERREIRA	Correr Leça	725	304	03:55:44.793	02:18:24.880
MARISA SILVA	Correr Leça	723	305	03:56:06.090	02:18:46.177
MARIA COSTA	Bb Bravas E Boas	639	306	03:56:07.340	02:18:47.427
CARLOS TRIGO	Individual	771	307	03:57:19.123	02:19:59.210
HELDER CASTRO	Individual	772	308	03:57:19.123	02:19:59.210

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUI FERREIRA	Individual	791	309	03:57:19.880	02:19:59.967
DIANA NOGUEIRA	Not Fast Just Furious	702	310	04:00:45.653	02:23:25.740
NICOLAU NOGUEIRA	Oliveira Do Bairro	676	311	04:01:08.607	02:23:48.694
ELISABETE SILVA	Clube Trilheiros & Amigos	627	312	04:06:23.413	02:29:03.500
JOSÉ SILVA	Individual	794	313	04:15:56.713	02:38:36.800
NUNO FERREIRA	Individual	854	314	04:18:26.430	02:41:06.517