

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
1405	1	1	JOAO SANTOS	BOCCASBALLS	M	21	01:20:40	05:03	MSEN
1296	2	2	NUNO FERNANDES	FAFE RUNNERS	M	34	01:21:38	05:06	MSEN
1264	3	1	PEDRO SANTOS	FUGITIVOS URBANOS CLINICA + SAUDE	M	41	01:24:23	05:16	M40
1420	4	3	FABIO PINTO	ROYAL WELNESS CENTER	M	35	01:25:31	05:21	MSEN
1320	5	4	HUGO LEITE	FAFE RUNNERS	M	25	01:29:02	05:34	MSEN
1289	6	2	FERNANDO GONCALVES	FAFE RUNNERS	M	51	01:30:27	05:39	M40
1429	7	5	INUO MELO	RUN 4 ALL	M	36	01:31:16	05:42	MSEN
1195	8	6	TIAGO SOARES	MOINHOS RUN ADRM	M	32	01:32:27	05:47	MSEN
1342	9	3	JOAO SANTOS	BOCCASBALLS	M	49	01:34:44	05:55	M40
1189	10	7	AURELIO REBELO		M	34	01:35:08	05:57	MSEN
1110	11	4	PAULO SOUSA	FRIDAO SEM LIMITES	M	44	01:35:19	05:57	M40
1454	12	8	FLAVIO NUNES	A.D.AMARANTE TRAIL RUNNING	M	25	01:35:20	05:57	MSEN
1113	13	9	ADAO MONTEIRO	FRIDAO SEM LIMITES	M	36	01:35:22	05:57	MSEN
1404	14	5	MANUEL BARBOSA	AMIGO	M	43	01:36:31	06:02	M40
1065	15	6	ABILIO MAGALHAES	AQUALIDADE RUNNERS	M	50	01:37:27	06:05	M40
1292	16	7	ALBANO SECA	FAFE RUNNERS	M	44	01:37:30	06:05	M40
1089	17	10	RICARDO NUNES	FRIDAO SEM LIMITES	M	29	01:39:56	06:15	MSEN
1459	18	11	ANTONIO PINTO	MOCIDADE SANGEMIL AC	M	35	01:40:10	06:15	MSEN
1244	19	12	VITOR MOREIRA	AMIGOS DO PEDAL TRILAGARES	M	19	01:40:22	06:17	MSEN
1156	20	8	AURELIO VIEIRA	CASA DO POVO DE SOALHAES	M	43	01:40:47	06:18	M40
1417	21	13	MIGUEL NETO	ROYAL WELNESS CENTER	M	26	01:41:28	06:20	MSEN
1206	22	14	LEANDRO TEIXEIRA	NOS ACREDITAMOS	M	36	01:41:41	06:22	MSEN
1307	23	15	JOSE CRUZ	EI TEAM TRAIL	M	37	01:42:22	06:24	MSEN
1302	24	16	BRUNO AZEVEDO	FRIDAO SEM LIMITES	M	34	01:42:25	06:24	MSEN
1048	25	17	MANUEL BARBOSA		M	36	01:43:13	06:27	MSEN
1226	26	18	IGOR GONCALVES		M	32	01:43:15	06:27	MSEN
1252	27	19	IVAN SILVA		M	29	01:43:23	06:28	MSEN
1431	28	9	ALVARO RIBEIRO	RUN 4 ALL	M	47	01:43:31	06:28	M40
1250	29	10	JOAQUIM COELHO	EI TEAM TRAIL	M	42	01:43:45	06:29	M40
1437	30	20	ULISSES COSTA	RUN 4 ALL	M	29	01:43:54	06:30	MSEN
1092	31	11	RUI LOPES	AMIGOS DO PEDAL TRILAGARES	M	42	01:43:58	06:30	M40
1340	32	21	JOAO MENDES	BOCCASBALLS	M	23	01:44:57	06:33	MSEN
1400	33	22	MARCELO PINTO		M	23	01:45:04	06:34	MSEN
1230	34	12	JOSE FERNANDES	COM CLUBE DE ORIENTACAO DO MINHO	M	57	01:45:10	06:35	M40
1229	35	1	JOANA FERNANDES	COM CLUBE DE ORIENTACAO DO MINHO	F	20	01:45:10	06:35	FSEN
1313	36	23	RUI MADUREIRA	MARCO RUNNERS	M	34	01:45:13	06:35	MSEN
1438	37	24	HELDER MAGALHAES	RUN 4 ALL	M	36	01:45:34	06:36	MSEN
1024	38	25	PAULO COELHO	AMIGOS DO PEDAL TRILAGARES	M	21	01:46:29	06:40	MSEN
1391	39	13	CARLOS VINHAS		M	51	01:47:15	06:42	M40
1282	40	26	SERGIO VALE	NOCTURNOS DE PAREDES	M	28	01:47:29	06:43	MSEN
1064	41	27	LUIS MAGALHAES	AQUALIDADE RUNNERS	M	22	01:47:48	06:44	MSEN
1211	42	28	MIGUEL PINTO	AMIGOS DO PEDAL TRILAGARES	M	20	01:48:20	06:46	MSEN
1028	43	2	EVA COELHO	MOINHOS RUN ADRM	F	27	01:48:32	06:47	FSEN
1339	44	29	RICARDO CARVALHO	EI TEAM TRAIL	M	38	01:48:49	06:48	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalação
1059	45	3	ANDREIA CUNHA		F	29	01:49:22	06:50	FSEN
1343	46	14	JOAO LAZARO	BOCCASBALLS	M	46	01:49:50	06:52	M40
170	47	15	ALBINO ABREU	FAFE RUNNERS	M	59	01:50:47	06:55	M40
1066	48	30	FILIFE PINHEIRO	FRIDAO SEM LIMITES	M	39	01:51:24	06:58	MSEN
1433	49	31	HUGO LOBO	RUN 4 ALL	M	27	01:51:38	06:59	MSEN
1386	50	16	AUGUSTO GONCALVES	LAMEGO TRIBO RUNNERS	M	41	01:51:52	06:59	M40
1348	51	32	DOMINGOS MARTINS		M	27	01:51:53	06:59	MSEN
1349	52	4	INES PINTO		F	24	01:51:53	06:59	FSEN
1069	53	33	MANUEL PEREIRA	MOINHOS RUN ADRM	M	32	01:52:51	07:03	MSEN
1355	54	17	JORGE RIBEIRO	PACOS RUNNERS	M	44	01:53:36	07:06	M40
1479	55	18	ANTONIO ALVES	FRIDAO SEM LIMITES	M	40	01:53:47	07:07	M40
175	56	34	NELSON NASCIMENTO	AMIGO	M	27	01:53:52	07:07	MSEN
1351	57	1	FATIMA COELHO	SOMOS NOS TEAM	F	46	01:54:19	07:09	F40
1365	58	35	PEDRO NOGUEIRA	MARCO RUNNERS	M	26	01:54:23	07:09	MSEN
133	59	36	HELDER RIBEIRO	NOS ACREDITAMOS	M	37	01:55:13	07:12	MSEN
1042	60	37	ANTONIO NAVEGA		M	28	01:55:16	07:12	MSEN
1352	61	19	FERNANDO MORAIS	SOMOS NOS TEAM	M	48	01:55:48	07:14	M40
1177	62	38	MARCO SOUSA		M	39	01:56:06	07:16	MSEN
1467	63	20	PAULO GUIMARAES	FAFE RUNNERS	M	41	01:56:16	07:16	M40
1375	64	39	MIGUEL NETO	EI TEAM TRAIL	M	36	01:56:18	07:16	MSEN
1470	65	40	RUI ALMEIDA		M	37	01:56:51	07:18	MSEN
1476	66	21	GERALDO GOMES	MARCO TRAIL	M	50	01:56:56	07:19	M40
1341	67	41	LUIS FERREIRA	BOCCASBALLS	M	22	01:56:58	07:19	MSEN
1322	68	42	MANUEL BARBOSA	PAREDES RUNNING	M	39	01:57:12	07:19	MSEN
1297	69	22	JOAQUIM PEREIRA		M	52	01:57:16	07:20	M40
1270	70	43	NUNO FERREIRA	FUGITIVOS URBANOS CLINICA + SAUDE	M	38	01:57:36	07:21	MSEN
1117	71	44	CARLOS LEAL	ANDATRILHOS FREAMUNDE	M	34	01:57:56	07:22	MSEN
1164	72	45	JOAO NEVES	EQUIPOTENCIA TRAIL TEAM	M	24	01:58:04	07:23	MSEN
1033	73	46	DAMIAO DUARTE	TRAVASSOS RUNNING FAFE	M	33	01:58:27	07:24	MSEN
1109	74	47	RUI RODRIGUES	MOUNTAIN RUNNERS	M	39	01:58:45	07:26	MSEN
1421	75	23	LUCAS MORGADO	ROYAL WELNESS CENTER	M	41	01:58:45	07:26	M40
221	76	48	FABIO RIBEIRO	AMIGO	M	27	01:58:49	07:26	MSEN
1215	77	49	FABIO SILVA	NOS ACREDITAMOS	M	21	01:58:54	07:26	MSEN
1179	78	50	LIBANIO ALVES		M	37	01:59:24	07:27	MSEN
1286	79	5	ALBERTINA CUNHA	NOCTURNOS DE PAREDES	F	31	01:59:31	07:28	FSEN
1085	80	24	PAULO SA		M	49	01:59:37	07:29	M40
1306	81	25	PEDRO FERRAS		M	42	01:59:37	07:29	M40
1081	82	51	PEDRO VIEIRA	A.D.SEBOLIDO TRAIL DA BONECA	M	37	01:59:41	07:29	MSEN
1008	83	52	HUGO PEREIRA	CAMPUS CLINIC DR RUI MONTERROSO	M	31	02:00:15	07:31	MSEN
1114	84	26	CARLOS MACEDO	A.D.AMARANTE TRAIL RUNNING	M	60	02:00:16	07:31	M40
1276	85	53	RUI ALMEIDA	NOCTURNOS DE PAREDES	M	39	02:00:26	07:32	MSEN
1390	86	54	HUGO ESTEVES	EI TEAM TRAIL	M	33	02:00:38	07:32	MSEN
1385	87	55	VASCO ESCOBAR	EI TEAM TRAIL	M	36	02:00:38	07:32	MSEN
1217	88	27	FERNANDO SILVA	NOS ACREDITAMOS	M	49	02:00:39	07:32	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
1091	89	56	SERGIO SILVA	AMIGOS DO PEDAL TRAILAGARES	M	21	02:00:39	07:32	MSEN
1455	90	2	ANA AMARAL	GONDOMAR FUTSAL CLUBE	F	42	02:00:45	07:33	F40
1456	91	28	FERNANDO FERREIRA	GONDOMAR FUTSAL CLUBE	M	52	02:00:45	07:33	M40
1078	92	3	CLARA CARVALHO	A.D.AMARANTE TRAIL RUNNING	F	47	02:00:58	07:34	F40
1426	93	57	JORGE RIBEIRO		M	22	02:01:00	07:34	MSEN
1057	94	58	SERGIO VALENTE	CLINICA MEDICA DA FOZ	M	38	02:01:07	07:34	MSEN
1414	95	6	LUISA CRUZ	MOINHOS RUN ADRM	F	37	02:01:33	07:35	FSEN
265	96	59	RICARDO MOREIRA		M	32	02:02:00	07:37	MSEN
1144	97	29	PAULO DIAS		M	40	02:02:37	07:40	M40
1315	98	60	PEDRO MENESES		M	28	02:03:07	07:42	MSEN
1104	99	30	VITOR CUNHA		M	44	02:03:11	07:42	M40
1471	100	61	BRUNO MAIA		M	32	02:03:24	07:43	MSEN
1462	101	31	JORGE ALVES	VILLA DE BASTO TRAIL	M	40	02:03:25	07:43	M40
1185	102	62	RICARDO BATISTA	LAMEGO TRIBO RUNNERS	M	39	02:03:25	07:43	MSEN
1411	103	32	TONY MENDES	BTT ALEGRIA / TUBANI	M	43	02:03:36	07:44	M40
1311	104	33	DOMINGOS GOMES	LUSOS XXI	M	48	02:04:17	07:46	M40
1319	105	34	FRANCISCO COSTA		M	42	02:04:21	07:46	M40
1063	106	63	FILIPE CARRIL		M	37	02:04:22	07:46	MSEN
1408	107	64	DANIEL BARBOSA	BTT ALEGRIA / TUBANI	M	34	02:04:50	07:48	MSEN
1146	108	7	CELIA SILVA		F	37	02:04:56	07:49	FSEN
1409	109	35	PAULO NUNES	BTT ALEGRIA / TUBANI	M	43	02:05:42	07:52	M40
1097	110	36	ANTONIO SOUSA	AMIGOS DO PEDAL TRAILAGARES	M	40	02:05:43	07:52	M40
1214	111	8	SANDRA PEREIRA	NOS ACREDITAMOS	F	38	02:05:44	07:52	FSEN
1247	112	65	RICARDO SILVA	MOUNTAIN RUNNERS	M	29	02:06:17	07:54	MSEN
1271	113	66	SERGIO SILVA	FUGITIVOS URBANOS CLINICA + SAUDE	M	38	02:06:19	07:54	MSEN
1055	114	4	EUGENIA TEIXEIRA	KEEPMOVING	F	46	02:07:52	08:00	F40
1304	115	67	BRUNO RIBEIRO		M	35	02:07:53	08:00	MSEN
1418	116	9	ANITA COSTA	ROYAL WELNESS CENTER	F	27	02:07:54	08:00	FSEN
1278	117	68	RAUL FERREIRA	NOCTURNOS DE PAREDES	M	34	02:07:55	08:00	MSEN
1423	118	69	LEONEL FERREIRA	ROYAL WELNESS CENTER	M	35	02:08:06	08:00	MSEN
1236	119	70	NUNO PEREIRA		M	39	02:08:09	08:00	MSEN
1382	120	71	MIGUEL PEREIRA		M	30	02:08:10	08:00	MSEN
167	121	72	RICARDO GONCALVES	FAFE RUNNERS	M	38	02:08:31	08:02	MSEN
1090	122	10	ANDREIA ALMEIDA	FRIDAO SEM LIMITES	F	27	02:08:35	08:02	FSEN
1221	123	73	DANIEL MIRANDA		M	38	02:09:19	08:05	MSEN
1213	124	37	ARMANDO CARDOSO	NOS ACREDITAMOS	M	44	02:09:22	08:05	M40
1256	125	11	SOFIA PIMENTA	LION RUNNERS G. D. LEOES DA GUARDA	F	36	02:09:48	08:07	FSEN
1255	126	38	LUIS FERREIRA	LION RUNNERS G. D. LEOES DA GUARDA	M	41	02:09:48	08:07	M40
1473	127	12	INES MAGALHAES		F	28	02:09:49	08:07	FSEN
1415	128	74	MARCO SOUSA	BTT ALEGRIA / TUBANI	M	35	02:09:56	08:07	MSEN
1016	129	39	RICARDO RIBEIRO		M	40	02:10:03	08:08	M40
1192	130	40	ALBERTO CARVALHO		M	46	02:10:10	08:08	M40
1478	131	41	FERNANDO PEREIRA	GONDOMAR FUTSAL CLUBE	M	50	02:10:19	08:08	M40
1248	132	13	PATRICIA RIBEIRO	MOUNTAIN RUNNERS	F	29	02:10:44	08:10	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
1262	133	75	HUGO OLIVEIRA	FUGITIVOS URBANOS CLINICA + SAUDE	M	30	02:11:38	08:13	MSEN
1272	134	76	TOME MARQUES	FUGITIVOS URBANOS CLINICA + SAUDE	M	32	02:11:38	08:13	MSEN
1200	135	42	SERGIO SOUSA		M	40	02:11:45	08:14	M40
1182	136	77	JORGE SAMPAIO		M	34	02:12:12	08:16	MSEN
1037	137	78	ANTIDES FIGUEIREDO		M	38	02:12:12	08:16	MSEN
1344	138	14	MARCIA CUNHA		F	30	02:12:21	08:16	FSEN
1119	139	43	ANTONIO GONCALVES	A.D.AMARANTE TRAIL RUNNING	M	52	02:12:21	08:16	M40
1294	140	79	LUIS AZEVEDO	A.D.AMARANTE TRAIL RUNNING	M	30	02:12:22	08:16	MSEN
1077	141	44	FERNANDO CERQUEIRA	A.D.AMARANTE TRAIL RUNNING	M	53	02:12:29	08:16	M40
1188	142	5	CARLA GONCALVES		F	46	02:13:56	08:22	F40
1194	143	80	BRUNO PEREIRA		M	34	02:14:04	08:23	MSEN
1127	144	6	PAULA ANJOS	KEEPMOVING	F	44	02:14:06	08:23	F40
1458	145	7	ROSA MENDES	GONDOMAR FUTSAL CLUBE	F	53	02:14:20	08:24	F40
1030	146	45	NUNO CARVALHO	OS 6 FANTASTICOS	M	42	02:14:32	08:25	M40
1338	147	81	JOAO RIBEIRO		M	27	02:14:33	08:25	MSEN
1285	148	82	JORGE MOREIRA	NOCTURNOS DE PAREDES	M	34	02:14:36	08:25	MSEN
1035	149	15	ALEXANDRA AZEVEDO	CLINICA MEDICA DA FOZ	F	37	02:15:01	08:26	FSEN
1358	150	8	DANIELA SARMENTO	LION RUNNERS G. D. LEOES DA GUARDA	F	41	02:15:11	08:27	F40
1216	151	46	ALVARO CARDOSO	NOS ACREDITAMOS	M	50	02:15:34	08:28	M40
1183	152	47	ANTONIO FERRAZ	ARRASTA AS BOTAS	M	48	02:15:36	08:28	M40
1122	153	9	SONIA MADUREIRA	TROCOPASSO RUNNERS	F	40	02:15:44	08:29	F40
1123	154	83	JOSE ALMEIDA	TROCOPASSO RUNNERS	M	34	02:15:45	08:29	MSEN
1308	155	16	VERA PINTO		F	29	02:15:46	08:29	FSEN
1082	156	17	ALEXANDRA PIMENTA		F	26	02:15:46	08:29	FSEN
1084	157	18	INES CARDOSO	FRIDAO SEM LIMITES	F	20	02:15:46	08:29	FSEN
1413	158	84	FRANCISCO SILVA	BTT ALEGRIA / TUBANI	M	36	02:16:02	08:30	MSEN
1396	159	85	RICARDO PEREIRA	LAMEGO TRIBO RUNNERS	M	39	02:16:32	08:32	MSEN
1131	160	19	SANDRA FERNANDES	FRIDAO SEM LIMITES	F	39	02:16:32	08:32	FSEN
1191	161	10	CRISTINA SOUSA	AMIGOS DO PEDAL TRAILAGARES	F	48	02:16:33	08:32	F40
1157	162	86	MARCELO TEIXEIRA		M	26	02:16:36	08:32	MSEN
1367	163	87	PEDRO CASTRO		M	29	02:16:39	08:33	MSEN
1305	164	48	LEANDRO RAMOS	NOCTURNOS DE PAREDES	M	40	02:16:39	08:33	M40
1347	165	11	ALZIRA FONTES		F	44	02:16:40	08:33	F40
1158	166	20	ANDREIA MOTA	FRIDAO SEM LIMITES	F	28	02:16:44	08:33	FSEN
1475	167	88	RUI RODRIGUES	AMIGOS DA MONTANHA	M	33	02:16:53	08:33	MSEN
1204	168	89	JORGE MARTINS		M	31	02:17:08	08:35	MSEN
242	169	90	MARCO RIBAS		M	25	02:17:53	08:37	MSEN
1401	170	91	NELSON CUNHA		M	25	02:17:53	08:37	MSEN
1106	171	12	MARIA MONTEIRO		F	43	02:17:58	08:38	F40
1027	172	49	RUI BORGES		M	42	02:18:00	08:38	M40
1169	173	21	LILIANA MAGALHAES	MOUNTAIN RUNNERS	F	25	02:18:00	08:38	FSEN
1370	174	92	JORGE CANELA		M	36	02:18:03	08:38	MSEN
1136	175	50	RICARDO MAGALHAES		M	41	02:18:10	08:38	M40
1026	176	93	LEANDRO ANJOS		M	33	02:19:14	08:42	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
1050	177	94	CARLOS GONCALVES	MOINHOS RUN ADRM	M	32	02:19:33	08:43	MSEN
1038	178	51	PEDRO SA	MOINHOS RUN ADRM	M	50	02:19:33	08:43	M40
1088	179	0	ALVARO CERQUEIRA	A.D.AMARANTE TRAIL RUNNING	M	0	02:20:29	08:47	
1269	180	95	MARCIO PEREIRA	FUGITIVOS URBANOS CLINICA + SAUDE	M	36	02:20:40	08:48	MSEN
1362	181	13	SANDRINA QUEIROZ	GEADAS RUNNING	F	40	02:20:58	08:49	F40
1361	182	52	ANTONIO QUADROS	GEADAS RUNNING	M	43	02:20:59	08:49	M40
1025	183	96	RICARDO MEIRELES	MOUNTAIN RUNNERS	M	39	02:21:23	08:50	MSEN
1171	184	14	ARMANDINA TORRES	GDCT INCM	F	43	02:22:00	08:53	F40
1439	185	97	RUI CARVALHO	RUN 4 ALL	M	27	02:22:10	08:53	MSEN
1029	186	98	RICARDO LOPES	OS 6 FANTASTICOS	M	26	02:22:36	08:55	MSEN
1118	187	99	HUGO MOREIRA		M	33	02:23:15	08:57	MSEN
1031	188	100	ALBERTO	OS 6 FANTASTICOS	M	37	02:23:23	08:58	MSEN
1274	189	101	HUGO DANIEL	FUGITIVOS URBANOS CLINICA + SAUDE	M	20	02:23:29	08:58	MSEN
1299	190	22	RAQUEL COSTA	LUSOS XXI	F	29	02:23:38	08:59	FSEN
1287	191	23	FATIMA ARAUJO	FAFE RUNNERS	F	28	02:23:38	08:59	FSEN
1220	192	24	ELIANA TEIXEIRA	FRIDAO SEM LIMITES	F	34	02:23:40	08:59	FSEN
1219	193	53	MANUEL TEIXEIRA	FRIDAO SEM LIMITES	M	40	02:23:41	08:59	M40
1460	194	102	JOAO MOREIRA	VILLA DE BASTO TRAIL	M	27	02:23:41	08:59	MSEN
1466	195	103	RENATO SILVA	VILLA DE BASTO TRAIL	M	26	02:23:41	08:59	MSEN
1115	196	104	CARLOS FELGUEIRAS	ANDATRILHOS FREAMUNDE	M	33	02:24:32	09:02	MSEN
1371	197	105	PAULO AGUIAR	MARCO RUNNERS	M	39	02:25:08	09:04	MSEN
1251	198	106	ROBERTO SILVA		M	32	02:25:16	09:05	MSEN
1469	199	107	TIAGO FREITAS		M	34	02:25:16	09:05	MSEN
1436	200	108	CELESTINO CASTRO	RUN 4 ALL	M	24	02:25:18	09:05	MSEN
1407	201	109	CARLOS VIEIRA	BTT ALEGRIA / TUBANI	M	25	02:25:30	09:06	MSEN
1419	202	110	ANDRE MOREIRA	ROYAL WELNESS CENTER	M	27	02:25:43	09:06	MSEN
1280	203	15	ROSARIA SOUSA	NOCTURNOS DE PAREDES	F	43	02:25:44	09:06	F40
1350	204	54	JOAO LEITE	NOCTURNOS DE PAREDES	M	45	02:25:44	09:06	M40
1310	205	55	DUARTE VITORIA		M	43	02:25:59	09:07	M40
1309	206	16	LIGIA DIAS		F	42	02:25:59	09:07	F40
1258	207	111	MIGUEL MENDES	LION RUNNERS G. D. LEOES DA GUARDA	M	34	02:26:01	09:07	MSEN
1232	208	25	CARMEN FAGUNDES	LION RUNNERS G. D. LEOES DA GUARDA	F	39	02:26:01	09:07	FSEN
1261	209	17	CARMEN MAGALHAES	LION RUNNERS G. D. LEOES DA GUARDA	F	43	02:26:01	09:07	F40
1279	210	26	RAQUEL RIBEIRO	NOCTURNOS DE PAREDES	F	35	02:27:04	09:11	FSEN
116	211	112	AGOSTINHO REIS		M	35	02:27:04	09:11	MSEN
1373	212	113	MARIO GRACIO	ANIMAL	M	31	02:27:12	09:12	MSEN
1374	213	114	ANTONIO GRACIO	ANIMAL	M	37	02:27:12	09:12	MSEN
1321	214	115	VITOR QUEIROS	MARCO TRAIL	M	29	02:27:19	09:12	MSEN
1170	215	27	MARTA LEAL	ANDATRILHOS FREAMUNDE	F	31	02:27:47	09:14	FSEN
1323	216	56	LUIS SANTOS	PAREDES RUNNING	M	40	02:27:52	09:14	M40
1046	217	116	ANTONIO BARBOSA	PAREDES RUNNING	M	39	02:27:52	09:14	MSEN
1128	218	18	ANA ALVES	PAPATRAILS	F	42	02:28:03	09:15	F40
1277	219	19	FERNANDA LEAO	NOCTURNOS DE PAREDES	F	45	02:28:22	09:16	F40
1187	220	57	DANIEL GOMES		M	45	02:28:50	09:18	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
1072	221	58	JOSE MENDES	ARRASTA AS BOTAS	M	43	02:29:34	09:21	M40
1111	222	117	AMERICO BOTELHO		M	34	02:29:35	09:21	MSEN
1112	223	59	MANUEL BASTOS		M	47	02:29:40	09:21	M40
1205	224	20	MARISA PINTO	A.D.AMARANTE TRAIL RUNNING	F	40	02:30:07	09:23	F40
1137	225	60	JORGE SILVA		M	42	02:31:07	09:27	M40
1242	226	28	OLGA MOTA	FRIDAO SEM LIMITES	F	31	02:31:22	09:27	FSEN
1080	227	118	CARLOS	AMARANTUS AC	M	35	02:31:33	09:28	MSEN
1070	228	29	CATIA PEREIRA		F	28	02:31:37	09:29	FSEN
1022	229	21	CARMEN MOREIRA	AMIGOS DO PEDAL TRAILAGARES	F	45	02:31:54	09:30	F40
1378	230	119	NUNO FERREIRA	RUNNING TEAM MAIA	M	38	02:32:14	09:31	MSEN
1387	231	120	FERNANDO REIS		M	38	02:32:14	09:31	MSEN
1364	232	30	SANDRA	MCN NIGHT RUNNERS	F	26	02:32:35	09:32	FSEN
1388	233	121	SERGIO OLIVEIRA		M	39	02:32:40	09:32	MSEN
1212	234	122	RICARDO CARVALHO	NOS ACREDITAMOS	M	38	02:32:58	09:34	MSEN
1151	235	61	MIGUEL BASTOS		M	44	02:33:04	09:34	M40
1062	236	31	ANA ARAUJO	KEEPMOVING	F	36	02:33:09	09:34	FSEN
1360	237	32	SOFIA FERREIRA		F	30	02:33:16	09:35	FSEN
1150	238	33	ANA LIRIO		F	30	02:33:46	09:37	FSEN
1044	239	34	ALCINA PEREIRA	AIRAES A PEDALAR SOTRAVEL	F	31	02:33:49	09:37	FSEN
1043	240	123	DAVIDE PEREIRA	AIRAES A PEDALAR SOTRAVEL	M	30	02:33:49	09:37	MSEN
1152	241	124	GONCALO RODRIGUES		M	39	02:34:18	09:39	MSEN
1406	242	62	JOSE TEIXEIRA		M	49	02:34:22	09:39	M40
1105	243	35	FERNANDA OLIVEIRA		F	34	02:34:43	09:40	FSEN
1239	244	63	PEDRO LOPES		M	43	02:34:50	09:40	M40
1283	245	64	JORGE CARVALHO	NOCTURNOS DE PAREDES	M	54	02:34:54	09:41	M40
248	246	36	SUSANA CARRILHO	KEEPMOVING	F	38	02:35:07	09:42	FSEN
1281	247	37	CARINA MOREIRA	NOCTURNOS DE PAREDES	F	37	02:35:18	09:42	FSEN
1120	248	65	CELIO SOARES	MARCO RUNNERS	M	40	02:35:55	09:45	M40
1398	249	22	CATARINA PEREIRA	EI TEAM TRAIL	F	41	02:36:02	09:45	F40
1372	250	23	GRACA RIBEIRO		F	54	02:36:21	09:46	F40
1249	251	38	MARCIA COELHO	EI TEAM TRAIL	F	38	02:36:36	09:47	FSEN
1047	252	39	SONIA SILVA	PAREDES RUNNING	F	38	02:37:32	09:51	FSEN
1353	253	125	RICARDO RIBEIRO		M	29	02:37:58	09:52	MSEN
1095	254	126	ANTONIO BARBOSA	AMIGOS DO PEDAL TRAILAGARES	M	36	02:38:37	09:55	MSEN
1067	255	66	CARLOS RUSSO		M	49	02:39:25	09:58	M40
1053	256	127	RICARDO SILVEIRA	A.D.AMARANTE TRAIL RUNNING	M	39	02:39:45	09:59	MSEN
1103	257	40	CLAUDIA SOUSA	MOUNTAIN RUNNERS	F	29	02:39:54	10:00	FSEN
1143	258	24	ALEXANDRA BESSA	TEAM AGUENTA AI	F	40	02:39:58	10:00	F40
1442	259	128	PEDRO VIEIRA	RUN 4 ALL	M	37	02:40:26	10:02	MSEN
1444	260	129	JOSE SILVA	RUN 4 ALL	M	33	02:40:27	10:02	MSEN
1465	261	130	NELSON SILVA	VILLA DE BASTO TRAIL	M	27	02:40:29	10:02	MSEN
1464	262	41	CLAUDIA RAMOS	VILLA DE BASTO TRAIL	F	28	02:40:31	10:02	FSEN
1154	263	131	PEDRO MONTEIRO	OS 6 FANTASTICOS	M	33	02:41:18	10:05	MSEN
1163	264	67	ABILIO NEVES	EQUIPOTENCIA TRAIL TEAM	M	57	02:41:22	10:05	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
1101	265	132	RUI AZEVEDO	FRIDAO SEM LIMITES	M	37	02:41:25	10:05	MSEN
1100	266	42	CARLA TEIXEIRA	FRIDAO SEM LIMITES	F	35	02:41:26	10:05	FSEN
1463	267	43	MARCIA CARVALHO	VILLA DE BASTO TRAIL	F	31	02:41:27	10:05	FSEN
1461	268	133	JOSE LEMOS	VILLA DE BASTO TRAIL	M	32	02:41:28	10:05	MSEN
1259	269	25	JOANA MARTINS	LION RUNNERS G. D. LEOES DA GUARDA	F	40	02:41:29	10:05	F40
1237	270	134	NUNO CUNHA	GENETICA AMARANTINA	M	34	02:41:31	10:06	MSEN
1193	271	135	SAMUEL SILVA	GENETICA AMARANTINA	M	34	02:41:31	10:06	MSEN
1107	272	68	JORGE ANTUNES	AMARANTUS AC	M	43	02:41:34	10:06	M40
1129	273	44	MAFALDA ALVES	PAPATRAILS	F	22	02:41:36	10:06	FSEN
1125	274	45	MONICA MAGALHAES	PAPATRAILS	F	30	02:41:36	10:06	FSEN
1060	275	46	CLAUDIA COELHO	GENEROSOS RUNNERS	F	34	02:42:10	10:08	FSEN
1061	276	69	RODRIGO FERRAZ	GENEROSOS RUNNERS	M	49	02:42:10	10:08	M40
1389	277	70	NELSON SANTOS		M	40	02:42:14	10:08	M40
1034	278	136	PEDRO MONTEIRO	CLINICA MEDICA DA FOZ	M	39	02:42:58	10:11	MSEN
1148	279	26	IRENE PEREIRA		F	42	02:43:20	10:13	F40
1149	280	71	JOSE PEREIRA		M	44	02:43:20	10:13	M40
1357	281	72	CESAR HENRIQUES	COUCH RUNNERS	M	41	02:43:41	10:14	M40
1079	282	73	JAIME TEIXEIRA		M	56	02:43:43	10:14	M40
1218	283	27	LUCIA OLIVEIRA	NOS ACREDITAMOS	F	42	02:46:09	10:23	F40
1275	284	137	RENATO PINTO	NOCTURNOS DE PAREDES	M	35	02:46:09	10:23	MSEN
1165	285	138	ANDRE FREITAS	EQUIPOTENCIA TRAIL TEAM	M	31	02:46:28	10:25	MSEN
1227	286	139	VITOR SOUSA	EQUIPOTENCIA TRAIL TEAM	M	31	02:46:29	10:25	MSEN
1329	287	140	BRUNO PINTO	MCN NIGHT RUNNERS	M	35	02:46:39	10:25	MSEN
1334	288	47	ISABEL MADUREIRA	MCN NIGHT RUNNERS	F	26	02:46:40	10:25	FSEN
1159	289	74	ANIBAL FELIZARDO		M	46	02:46:42	10:25	M40
1126	290	75	JOSE ALVES	PAPATRAILS	M	45	02:47:09	10:27	M40
1257	291	48	RAQUEL SANTOS	LION RUNNERS G. D. LEOES DA GUARDA	F	37	02:47:23	10:28	FSEN
1203	292	28	ISABEL LOPES	LION RUNNERS G. D. LEOES DA GUARDA	F	51	02:47:23	10:28	F40
1260	293	29	DINA GONCALVES	LION RUNNERS G. D. LEOES DA GUARDA	F	45	02:48:01	10:30	F40
1073	294	76	AUGUSTO BARBOSA	S.LIUZ	M	53	02:48:03	10:30	M40
1074	295	30	MARIA MOREIRA	S.LIUZ	F	51	02:48:03	10:30	F40
1402	296	77	FILIPE OLIVEIRA	NOCTURNOS DE PAREDES	M	40	02:48:37	10:33	M40
1155	297	49	ESTELA OLIVEIRA	PAPATRAILS	F	37	02:49:03	10:34	FSEN
1099	298	31	SUZETE SOUSA	FRIDAO SEM LIMITES	F	40	02:50:19	10:39	F40
1140	299	78	SERGIO PINTO		M	40	02:50:19	10:39	M40
1314	300	50	VERA PEREIRA		F	34	02:50:21	10:39	FSEN
1379	301	141	PEDRO BARBOSA	NOCTURNOS DE PAREDES	M	35	02:50:27	10:39	MSEN
1141	302	51	ELSA COSTA		F	35	02:50:28	10:39	FSEN
1176	303	142	JOAO FERREIRA		M	38	02:50:28	10:39	MSEN
1145	304	32	MARIA MENDES		F	44	02:50:28	10:39	F40
1121	305	79	RAUL MACEDO		M	52	02:50:28	10:39	M40
1076	306	52	VERA CARVALHO		F	31	02:51:08	10:42	FSEN
1087	307	33	ALEXANDRA VASCONCELOS		F	40	02:51:08	10:42	F40
1435	308	143	BRUNO MAGALHAES	RUN 4 ALL	M	29	02:53:22	10:50	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
1167	309	144	MIGUEL FERRAS		M	32	02:53:23	10:50	MSEN
1135	310	53	DIANA SOUSA	OTICA SOUSA	F	22	02:53:23	10:50	FSEN
1058	311	145	JOSE TEIXEIRA		M	31	02:53:26	10:51	MSEN
1186	312	34	MARIA MACEDO		F	42	02:54:28	10:54	F40
1040	313	54	CATIA CANELAS	MDRUN	F	30	02:54:58	10:56	FSEN
1041	314	146	JOAO CARVAS	MDRUN	M	35	02:54:58	10:56	MSEN
1327	315	80	CARLOS PASCOAL		M	51	02:55:39	10:59	M40
1266	316	81	RUI COELHO	FUGITIVOS URBANOS CLINICA + SAUDE	M	49	02:56:12	11:01	M40
1303	317	55	MARIA PINTO	GENEROSOS RUNNERS	F	27	02:56:16	11:01	FSEN
1018	318	0	CARLOS MOREIRA		M	0	02:56:25	11:02	
1376	319	56	LIDIA LENCASTRE		F	38	02:56:26	11:02	FSEN
1368	320	82	JOAO SANTOS		M	55	02:56:51	11:03	M40
1472	321	83	FILIPE TEIXEIRA	BTT ALEGRIA / TUBANI	M	44	02:58:54	11:11	M40
1036	322	147	WILSON PEREIRA	CLINICA MEDICA DA FOZ	M	29	02:59:04	11:12	MSEN
1184	323	57	CAROLINA FILES	ANDATRILHOS FREAMUNDE	F	37	03:00:00	11:15	FSEN
1245	324	84	AVELINO TEIXEIRA		M	62	03:00:02	11:15	M40
1246	325	35	MARIA TEIXEIRA		F	56	03:00:02	11:15	F40
1006	326	0	PEDRO MACEDO		M	0	03:00:22	11:16	
1291	327	58	GABRIELA PINTO		F	37	03:02:29	11:24	FSEN
1130	328	59	PATRICIA CARVALHO		F	36	03:02:29	11:24	FSEN
1445	329	60	ANA ARRISCADO	RUN 4 ALL	F	37	03:02:37	11:25	FSEN
1451	330	61	CATARINA GOMES	NOCTURNOS DE PAREDES	F	17	03:03:59	11:30	FSEN
1450	331	36	MONICA GUEDES	NOCTURNOS DE PAREDES	F	40	03:03:59	11:30	F40
155	332	85	LUIS SANTOS	NOCTURNOS DE PAREDES	M	43	03:04:00	11:30	M40
1124	333	148	VITOR TEIXEIRA	PAPATRILHS	M	33	03:04:06	11:30	MSEN
1416	334	149	PEDRO SILVA	NOCTURNOS DE PAREDES	M	32	03:05:45	11:37	MSEN
1199	335	62	DANIELA QUEIROS		F	29	03:05:52	11:37	FSEN
1138	336	63	SONIA BASTOS		F	34	03:05:52	11:37	FSEN
1369	337	64	CARINA PINTO	FIRE RUNNERS	F	27	03:05:57	11:37	FSEN
1366	338	65	ADELIA MOREIRA		F	37	03:05:58	11:37	FSEN
1253	339	86	PAULO LACERDA	EXTREME ACADEMY	M	56	03:06:05	11:38	M40
1318	340	66	INES BORGES	NOCTURNOS DE PAREDES	F	29	03:06:19	11:38	FSEN
1068	341	87	ANTONIO MONTEIRO		M	44	03:07:40	11:43	M40
1222	342	67	MADALENA MOTA		F	36	03:07:40	11:43	FSEN
1083	343	150	DANIEL MONTEIRO	OS 6 FANTASTICOS	M	25	03:09:18	11:50	MSEN
1102	344	68	MARTA TEIXEIRA	OS 6 FANTASTICOS	F	25	03:09:18	11:50	FSEN
1021	345	37	PAULA FERREIRA	AMIGOS DO PEDAL TRILAGARES	F	43	03:10:38	11:55	F40
1238	346	69	ANA CUNHA		F	28	03:11:06	11:56	FSEN
1326	347	88	LUIS RIBEIRO	PAREDES RUNNING	M	41	03:11:07	11:56	M40
1096	348	38	NATALIA FERREIRA	AMIGOS DO PEDAL TRILAGARES	F	52	03:11:10	11:57	F40
1142	349	89	MANUEL SILVA	TEAM AGUENTA AI	M	47	03:13:37	12:06	M40
1392	350	70	ANA COSTEIRA	BRABUS RUNNERS	F	28	03:13:40	12:06	FSEN
1393	351	151	VITOR CASTRO	BRABUS RUNNERS	M	32	03:13:41	12:06	MSEN
1094	352	71	ANA COELHO	AMIGOS DO PEDAL TRILAGARES	F	25	03:15:12	12:12	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
1346	353	90	JOSE PINHEIRO		M	43	03:16:19	12:16	M40
1345	354	72	ALEXANDRA RIBEIRO		F	38	03:16:19	12:16	FSEN
1284	355	152	PEDRO FERRAZ	NOCTURNOS DE PAREDES	M	37	03:17:27	12:21	MSEN
1197	356	91	PEDRO SILVEIRA		M	41	03:19:33	12:28	M40
1196	357	153	BRUNO RODRIGUES		M	27	03:19:34	12:28	MSEN
1432	358	73	ANABELA GARCIA	RUN 4 ALL	F	31	03:20:52	12:33	FSEN
1243	359	92	SERGIO ROCHA		M	41	03:20:53	12:33	M40
1240	360	154	GUSTAVO JORGE		M	38	03:24:09	12:46	MSEN
1098	361	39	GUILHERMINA ROCHA	AMIGOS DO PEDAL TRAILAGARES	F	54	03:24:14	12:46	F40
1453	362	40	MARIA PINTO		F	45	03:26:44	12:55	F40
1208	363	74	DORA VENTURA	EQUIPA XPTO	F	39	03:26:44	12:56	FSEN
1317	364	93	MIGUEL BROCHADO	EQUIPA XPTO	M	40	03:26:45	12:56	M40
1410	365	75	CRISTINA NEVES	BTT ALEGRIA / TUBANI	F	33	03:27:44	12:59	FSEN
1172	366	41	DINA COELHO		F	41	03:27:44	12:59	F40
1412	367	76	PAULA SILVA	BTT ALEGRIA / TUBANI	F	36	03:27:57	13:00	FSEN
1265	368	77	SANDRA SILVA	FUGITIVOS URBANOS CLINICA + SAUDE	F	29	03:32:22	13:17	FSEN
1263	369	78	SOFIA COELHO	FUGITIVOS URBANOS CLINICA + SAUDE	F	26	03:32:22	13:17	FSEN
1198	370	79	SANDRA SILVEIRA		F	37	03:33:50	13:22	FSEN
1174	371	80	LUCIANA COELHO		F	30	03:39:53	13:45	FSEN
1173	372	155	JOSE PINHEIRO		M	30	03:39:53	13:45	MSEN
1132	373	81	NATALIA LEITE		F	32	03:39:54	13:45	FSEN
1209	374	82	SUSANA RANZAL	EQUIPA XPTO	F	38	03:44:07	14:00	FSEN
1224	375	156	RICARDO CARDOSO		M	31	03:51:01	14:26	MSEN
1223	376	83	VANDA CAMPOCHAO		F	36	03:51:02	14:26	FSEN
1377	377	157	MARCO GARGES		M	38	04:06:24	15:24	MSEN