



I AlmadaTrail - Trail Curto

18 de Fevereiro, 2018

<https://werun.pt/resultados/almadatrail-trail-curto/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	5795	FERNANDO SILVA	00:56:18	00:56:13	M2339	SAPATILHAS FRIENDS	1
2	1467	CUSTÓDIO PINTO	00:56:18	00:56:07	M6099	INDIVIDUAL	1
3	1698	CARLOS MIGUEL FONSECA	01:00:03	01:00:00	M2339	ASSOCIAÇÃO TOLEDO	2
4	1503	GONÇALO PRUDÊNCIO	01:00:43	01:00:40	M2339	SPALD GINÁSIOS	3
5	5740	LUIS SILVA	01:01:02	01:00:58	M2339	CLUBE DE PRAÇAS DA ARMADA	4
6	1529	TIAGO DUARTE	01:02:26	01:02:23	M2339	SPALD GINÁSIOS	5
7	1658	CARLOS PINHO	01:02:41	01:02:37	M2339	CROSSFITALPHADEN	6
8	1518	PAULO FERREIRA	01:03:16	01:03:12	M4049	PINHAL NOVO A CORRER	1
9	5866	RUI RODRIGUES	01:03:23	01:03:19	M2339	GORUNNERS - OUTPRO	7
10	5892	FLORIANO	01:03:42	01:03:39	M2339	A MINHACORRIDA	8
11	5895	JORGE CARVALHO	01:05:17	01:05:14	M2339	GORUNNERS - OUTPRO	9
12	1625	JOSE GEADA	01:06:31	01:06:27	M4049	ASC VALE GRANDE	2
13	1606	FÉLIX	01:07:22	01:07:15	M2339	INDIVIDUAL	10
14	1338	JOSÉ LOPES	01:07:23	01:07:19	M4049	CCD SIEMENS	3
15	5870	JOÃO ALVES	01:07:28	01:07:23	M2339	GORUNNERS - OUTPRO	11
16	1649	ARTUR VINHAIS	01:07:36	01:07:33	M4049	INDIVIDUAL	4
17	1635	BRUNO LOUREIRO	01:08:40	01:08:36	M2339	CLUBE DE PRAÇAS DA ARMADA	12
18	5776	RUBEN COTRIM	01:08:50	01:08:45	M2339	CLUBE DIRTRUNNERS	13

19	1201	HUGO SANTOS	01:09:03	01:08:57	M4049	INDIVIDUAL	5
20	1242	LEBRE	01:09:16	01:09:09	M4049	INDIVIDUAL	6
21	1218	JOAO GONÇALVES	01:09:46	01:09:40	M2339	INDIVIDUAL	14
22	1693	JOÃO DIOGO PEREIRA	01:10:01	01:09:56	M2339	GORUNNERS - OUTPRO	15
23	1524	JOÃO OLIVEIRA	01:10:16	01:10:02	M4049	STJOAOLIVEIRATEAM	7
24	5739	BRUNO CARVALHO	01:11:04	01:10:59	M4049	ESPÍRITO INQUIETO OUTDOOR	8
25	1248	RICARDO LEITÃO	01:11:09	01:10:57	M4049	INDIVIDUAL	9
26	1637	ANTÓNIO PIRES	01:11:16	01:11:11	M5059	CROSSFITALPHADEN	1
27	1247	FILIPE PIMENTA	01:11:19	01:11:13	M2339	INDIVIDUAL	16
28	1661	JOSÉ SILVA	01:11:23	01:11:19	M5059	INDIVIDUAL	2
29	1399	RAUL CORREIA PENA	01:11:29	01:11:29	M5059	INDIVIDUAL	3
30	1405	TIAGO MORAIS	01:11:34	01:11:34	M2339	HOUSEMARTINS BELAS	17
31	1488	LÁZARO ALEXANDRE	01:12:22	01:12:06	M2339	TEAM "BROTHERS"	18
32	1671	PAULO SANTOS	01:12:30	01:12:08	M4049	HOUSEMARTINS BELAS	10
33	1636	MANUEL AMARO	01:12:36	01:12:25	M6099	CLUBE DE PRAÇAS DA ARMADA	2
34	1231	ALEXANDRE CANTANHEDE	01:12:41	01:12:41	M2339	CLUBE DE PRAÇAS DA ARMADA	19
35	1228	MÁRIO LOURENÇO	01:12:49	01:12:45	M5059	CLUBE DE PRAÇAS DA ARMADA	4
36	1676	PEDRO PATRÍCIO	01:12:53	01:12:47	M2339	A2EL	20
37	1441	SOUSA	01:13:10	01:12:59	M6099	PALMELENSE F. CLUBE	3
38	1622	CARLOS BORGES	01:13:19	01:13:13	M2339	GRUPO DESPORTIVO DE SÃO PEDRO	21
39	1234	FRANCISCO LOPES	01:13:33	01:12:38	M4049	INDIVIDUAL	11
40	1513	ANDRÉ	01:13:40	01:13:32	M2339	INDIVIDUAL	22
41	1660	MARCELINO ALMEIDA	01:13:50	01:13:40	M5059	INDIVIDUAL	5

42	1349	JOSE NUNES	01:13:51	01:13:45	M5059	KEEPRUNNING	6
43	5806	PAULO SARTY	01:13:51	01:13:33	M4049	INDIVIDUAL	12
44	1616	FILIPE FERREIRA	01:15:19	01:15:09	M2339	U.F. COMÉRCIO E INDÚSTRIA ATLETISMO	23
45	1574	MIGUEL SANTOS	01:15:31	01:15:21	M4049	U.F. COMÉRCIO E INDÚSTRIA ATLETISMO	13
46	5784	RUI CARNEIRO	01:15:44	01:15:29	M4049	INDIVIDUAL	14
47	5863	BRUNO MONTEIRO	01:15:48	01:15:40	M2339	GO! RUNNERS	24
48	1492	VASCO LEVITA	01:15:52	01:15:39	M2339	CAPARICA RUNNERS	25
49	1483	JUVENAL MOREIRA	01:15:54	01:15:43	M5059	NUCLEO DESPORTIVO AUTOCOOPE	7
50	1505	DEMUH	01:15:56	01:15:50	M2339	INDIVIDUAL	26
51	5766	ANTONIO ALMEIDA	01:16:10	01:16:00	M5059	NUCLEO DESPORTIVO AUTOCOOPE	8
52	1290	VENÂNCIO	01:16:27	01:16:21	M4049	MUNDO	15
53	1589	RAFAEL FERNANDES	01:16:40	01:16:34	M2339	TEAM RUNNING II	27
54	1462	ANTÓNIO GABRIEL	01:17:14	01:17:06	M2339	BARRANCOS FUTEBOL CLUBE	28
55	1532	PAULO PINTO	01:17:16	01:17:12	M4049	PINHAL NOVO A CORRER	16
56	1557	FILIPA TAVARES FERNANDES	01:17:18	01:17:08	F2339	U.F. COMÉRCIO E INDÚSTRIA ATLETISMO	1
57	1711	ALEXANDRE RODRIGUES	01:17:27	01:17:10	M0022	CORK TRAIL TEAM	1
58	1469	PAULO ASCENÇÃO	01:17:36	01:16:51	M4049	BOOM TRAIL TEAM	17
59	5839	SERGIO NUNES	01:17:55	01:16:57	M0022	MARVILA JOVEM	2
60	1575	HELDER FERNANDES	01:17:56	01:17:47	M4049	INDIVIDUAL	18
61	1511	VITORINO MOTA	01:18:04	01:17:51	M5059	STJOÃOOLIVEIRATEAM	9
62	1292	LUIS FERREIRA	01:18:30	01:18:15	M5059	STJOÃOOLIVEIRATEAM	10
63	1257	LUÍS GODINHO	01:18:38	01:18:29	M2339	BARRANCOS F.C./ BIOGADO	29
64	1404	ANTÓNIO MARTINS	01:18:51	01:18:36	M4049	HOUSEMARTINS BELAS	19

65	5736	ALEXANDRE	01:18:58	01:18:33	M4049	INDIVIDUAL	20
66	1691	SOFIA AGOSTINHO	01:19:06	01:19:02	F4049	GORUNNERS - OUTPRO	1
67	1215	AFONSO ATAÍDE	01:19:10	01:18:43	M2339	INDIVIDUAL	30
68	5881	MANUEL GERALDO	01:19:47	01:19:33	M4049	UNIÃO CAMIONAGEM DE CARGA	21
69	5790	MAFALDA MONIZ	01:19:59	01:19:55	F2339	AMCF - ARRÁBIDA TRAIL TEAM	2
70	1680	HELDER BEXIGA	01:20:31	01:20:21	M4049		22
71	1639	NUNO GERALDES BARBA	01:20:32	01:20:32	M2339	INDIVIDUAL	31
72	1551	SÉRGIO MÓNICA	01:20:45	01:20:32	M4049	COALA	23
73	1389	DIOGO MESQUITA	01:20:57	01:20:02	M0022	MATILHA RUNNING	3
74	1496	JOÃO MIRANDA	01:21:10	01:20:55	M2339	PÉ LIGEIRO	32
75	1209	ICIAR RODRIGO NEVADO	01:21:26	01:21:21	F4049	INDIVIDUAL	2
76	5865	TIAGO MARQUES	01:21:40	01:21:32	M2339	GORUNNERS - OUTPRO	33
77	1506	SARMENTO	01:21:52	01:21:47	F2339	ALPHADEN	3
78	1381	BARRADAS	01:21:57	01:21:48	M2339	INDIVIDUAL	34
79	265	CARLOS IMPERADEIRO	01:22:18	01:21:28	M2339	INDIVIDUAL	35
80	1229	MÁRCIA CANTANHADE	01:22:23	01:22:20	F2339	CLUBE DE PRAÇAS DA ARMADA	4
81	1712	PEDRO BRANCO	01:23:01	01:22:44	M0022	CORK TRAIL TEAM	4
82	1373	CARLOS FRADINHO	01:23:06	01:22:37	M2339	GRUPO DESPORTIVO VERDERENA	36
83	1634	JOÃO PEQUITO	01:23:11	01:22:53	M2339	DUROS E BICHOS	37
84	5827	CLÁUDIO MOREIRA	01:23:14	01:23:07	M2339	MTT-MCDONALDS TRAIL TEAM	38
85	1238	RUI BARRACHA	01:23:17	01:22:23	M4049	INDIVIDUAL	24
86	5748	RUI SALVADOR	01:23:19	01:23:08	M2339	INDIVIDUAL	39
87	1683	TITO PEREIRA	01:23:21	01:22:48	M2339	G.D.R. SÃO FRANCISCO DA SERRA	40

88	1512	SOARES	01:23:28	01:22:31	M2339	INDIVIDUAL	41
89	1293	LUIS SILVA	01:23:29	01:23:22	M4049	INDIVIDUAL	25
90	1235	LUIS ESTÊVÃO	01:23:31	01:22:49	M4049	CORRE@CORRER	26
91	1299	ARTUR MARINHO	01:23:35	01:23:02	M2339	INDIVIDUAL	42
92	1452	RUI PEREIRA	01:23:46	01:23:18	M2339	POL RUNNERS	43
93	1331	MÁRCIA SANTOS	01:23:52	01:23:31	F2339	ASSOCIAÇÃO ACADÉMICA PINHALNOVENSE	5
94	1473	CARLOS MARTINS	01:24:13	01:23:28	M4049	BOOM TRAIL TEAM	27
95	1211	ALEXANDRA SILVA	01:24:17	01:23:56	F4049	TĂLENTOS TEAM	3
96	1484	PEDRO SEQUEIRA	01:24:25	01:24:13	M2339	NUCLEO DESPORTIVO AUTOCOOPE	44
97	1319	CARLOS DE JESUS	01:24:34	01:24:23	M5059	FIT RUNNERS	11
98	1267	LISETE MOUSINHO	01:24:34	01:24:26	F4049	FITRUNNERS	4
99	5769	JORGE SOBRINHO	01:24:44	01:24:28	M4049	CARTOON RUM TEAM	28
100	1580	PAULO PEREIRA	01:24:49	01:23:55	M5059	TARTARUGAS TEAM	12
101	5840	BRUNO RAIMUNDO	01:24:54	01:23:56	M2339	MARVILA JOVEM	45
102	1485	CARLOS FERREIRA	01:25:07	01:24:59	M6099	NUCLEO DESPORTIVO AUTOCOOPE	4
103	1330	HELDER NUNES	01:25:22	01:25:00	M2339	INDIVIDUAL	46
104	1251	BELMIRO SILVA	01:25:28	01:25:20	M5059	INDIVIDUAL	13
105	1295	MIGUEL MANA	01:25:31	01:24:50	M2339	INDIVIDUAL	47
106	1418	EDGAR PRAZERES	01:25:47	01:25:17	M2339	OS QUENIAS	48
107	1696	ANTÓNIO GONÇALVES	01:25:49	01:25:44	M4049	CCCA	29
108	1363	S. CIPRIANO	01:25:58	01:25:49	M2339	DIRTRUNNERS - FONTE GRADA	49
109	1553	JOSÉ PEDRO	01:26:00	01:25:04	M4049	XOKE TEAM	30
110	5862	JOANA MONTEIRO	01:26:11	01:26:02	F2339	GORUNNERS - OUTPRO	6

111	1266	NUNO GOMES	01:26:12	01:25:58	M4049	INDIVIDUAL	31
112	1279	DANIEL PINA	01:26:16	01:26:16	M2339	KEEP RUNNING	50
113	1709	JOSÉ CHARRUA	01:26:33	01:26:24	M2339		51
114	1358	JOÃO GANHO	01:26:55	01:26:55	M4049	GD-SBSI	32
115	1278	HUGO PEREIRA	01:27:00	01:26:44	M2339	INDIVIDUAL	52
116	1629	GONÇALO JACINTO	01:27:02	01:26:49	M4049	ARRÁBIDA OBSTACLE RUNNERS	33
117	1322	LUÍS CIPRIANO	01:27:04	01:26:57	M4049	DIRT RUNNERS	34
118	5896	JULIO QUINTINO	01:27:06	01:27:00	M4049	CAMARA ALMADA	35
119	1695	RICARDO MOTA	01:27:17	01:26:38	M4049	CLUBE PEDRO PESSOA ESCOLA ATLETISMO	36
120	5708	LUÍS SIMÕES	01:27:25	01:27:19	M4049	LEVEL HC	37
121	1714	RICARDO SILVA	01:27:30	01:27:14	M2339		53
122	1225	FERNANDO AGOSTINHO	01:27:31	01:27:03	M2339	EL CORTE INGLÉS RUNNING TEAM	54
123	5858	ANTONIO SANTOS	01:27:39	01:27:24	M6099	OS VICENTES	5
124	5808	MANUEL COITO	01:27:57	01:27:44	M2339	INDIVIDUAL	55
125	1439	EZEQUIEL	01:27:58	01:27:33	M2339	POL RUNNERS	56
126	1270	NUNO CONDESSO	01:28:29	01:28:19	M4049	INDIVIDUAL	38
127	1256	SOARES	01:28:33	01:28:12	M4049	INDIVIDUAL	39
128	1588	JOAQUIM GUERREIRO	01:28:39	01:28:25	M4049	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	40
129	1431	MIGUEL LUCENA	01:29:08	01:28:52	M2339	HOUSEMARTINS BELAS	57
130	1614	ORLINDO FIGUEIREDO	01:29:18	01:29:11	M6099	SSCGD	6
131	1437	SOFIA SEMEDO COELHO	01:29:47	01:29:35	F2339	ARRABIDA OBSTACLE RUNNERS	7
132	1345	ANA TEIXEIRA	01:30:33	01:30:22	F4049	ARRÁBIDA OBSTACLE RUNNERS	5
133	5894	CARLA FERNANDES	01:30:42	01:30:42	F2339		8

134	1336	BÁRBARA CRUZ	01:30:50	01:30:44	F2339	INDIVIDUAL	9
135	1320	PEDRO CARVALHO	01:30:51	01:30:31	M2339	INDIVIDUAL	58
136	1632	JOÃO TEIXEIRA	01:30:56	01:30:23	M4049	INDIVIDUAL	41
137	1379	LUIS GONÇALVES	01:30:56	01:30:22	M0022	GDR SAO FRANCISCO DA SERRA	5
138	1583	JOSÉ PAULO RAMOS COSTA	01:31:05	01:30:55	M5059	INDIVIDUAL	14
139	1521	MARTA SOFIA FREITAS	01:31:08	01:30:18	F2339	INDIVIDUAL	10
140	5745	JORGE FERRAZ	01:32:16	01:32:09	M4049	MTT-MCDONALDS TRAIL TEAM	42
141	1284	JOÃO MIRANDA	01:32:21	01:32:06	M5059	HOUSEMARTINS BELAS	15
142	1453	GONÇALO CARDOSO	01:32:28	01:32:22	M4049	INDIVIDUAL	43
143	1230	ARMANDO REIS	01:32:33	01:32:16	M2339	HOUSEMARTINS BELAS	59
144	5796	ANA ALMEIDA	01:32:34	01:32:29	F2339	SAPATILHAS FRIENDS	11
145	5864	ARLETE REGO	01:32:35	01:32:03	F2339	GORUNNERS - OUTPRO	12
146	1534	SUSANA JEREMIAS	01:32:38	01:32:28	F4049	FIT RUNNERS	6
147	5807	RUI FLORES	01:32:43	01:32:15	M4049	INDIVIDUAL	44
148	530	CARLOS GONÇALVES	01:32:46	01:32:35	M4049	MARGEM SUL RUNNERS	45
149	1233	MARGARIDA FONSECA	01:32:50	01:32:42	F6099	INDIVIDUAL	1
150	5775	LUÍS	01:32:58	01:32:26	M4049	AMIGOSDACORRIDA.COM	46
151	1417	FRANCISCO CASTANHAS	01:33:04	01:32:56	M4049	RESTINGA	47
152	1694	ALEXANDRE BARROSO	01:33:17	01:32:38	M4049	CLUBE PEDRO PESSOA ESCOLA ATLETISMO	48
153	1627	GRAÇA ROLDÃO	01:33:26	01:33:07	F5059	OS TUGAS	1
154	5816	PATRÍCIA GERALDES	01:33:43	01:33:38	F4049	INDIVIDUAL	7
155	1650	JOSÉ DIAS	01:33:53	01:33:03	M0022		6
156	1377	SERGIO SILVA	01:33:57	01:33:41	M2339	INDIVIDUAL	60

157	1375	CARINA VEIGA	01:33:57	01:33:41	F2339	INDIVIDUAL	13
158	5752	VITOR PEREIRA	01:34:03	01:33:21	M4049	RUNNING FOR LIFE	49
159	5753	VIRGÍNIA PEREIRA	01:34:05	01:33:23	F5059	RUNNING FOR LIFE	2
160	1285	JORGE SALVADO	01:34:15	01:33:51	M5059	INDIVIDUAL	16
161	1686	ANTONIO RIBEIRO	01:34:26	01:34:14	M5059	INDIVIDUAL	17
162	1364	ANA COELHO	01:34:37	01:34:30	F4049	MODERNAS & MODERNO	8
163	1549	PEDRO	01:34:52	01:34:18	M2339	INDIVIDUAL	61
164	5733	NUNO ALMEIDA	01:34:52	01:34:17	M2339	CAVALONIS	62
165	5794	JORGE COSTA	01:34:54	01:34:32	M4049	SERVIÇOS SOCIAIS MONTEPIO GERAL	50
166	5791	PEDRO BOTO	01:34:55	01:34:34	M5059	SERVIÇOS SOCIAIS MONTEPIO GERAL	18
167	1716	DENIS TEODORO	01:34:55	01:34:30	M4049	INDIVIDUAL	51
168	1550	LUÍS DINIZ	01:35:08	01:34:17	M2339	INDIVIDUAL	63
169	1401	PEDRO LOPES	01:35:13	01:34:13	M2339	INDIVIDUAL	64
170	1434	POSSIDÓNIO CONSTANTINO	01:35:38	01:35:18	M6099	CLUBE DE PRAÇAS DA ARMADA	7
171	1245	RICARDO MARQUES	01:35:49	01:34:55	M2339	INDIVIDUAL	65
172	1323	RICHARD WARRELL	01:35:49	01:34:55	M4049	INDIVIDUAL	52
173	5880	DIOGO SOARES	01:35:56	01:35:44	M2339	INDIVIDUAL	66
174	1579	LUIS CARLOS SILVA	01:35:58	01:35:02	M2339	TARTARUGAS TEAM	67
175	1402	ESMERALDA RODRIGUES	01:36:04	01:35:25	F2339	#LAURA	14
176	1577	FILIPE FERREIRA	01:36:05	01:35:25	M4049	BAZÓFIAS TEAM	53
177	1263	HUMBERTO FERREIRA	01:36:05	01:35:47	M4049	DEIXEM PASSAR OS COXOS	54
178	1688	ANGELA RAMALHO	01:36:12	01:35:54	F4049	INDIVIDUAL	9
179	1294	RITA AZEVEDO	01:36:15	01:36:08	F4049	MTT - MCDONALDS TRAIL TEAM	10

180	1302	SANDRA ARRAIAS	01:36:21	01:35:36	F2339	OS ARRAIAS	15
181	1475	MIGUEL SEQUEIRA	01:36:22	01:36:05	M2339	STJOAOLIVEIRATEAM	68
182	1715	NUNO MIGUEL SILVA	01:36:23	01:36:05	M4049	INDIVIDUAL	55
183	1206	JOEL SOUSA	01:36:30	01:35:59	M2339	INDIVIDUAL	69
184	1204	PAULO MISSAS	01:36:31	01:36:01	M2339	INDIVIDUAL	70
185	1558	MIGUEL LOURENÇO	01:36:33	01:35:36	M2339	TRENGOS	71
186	1559	FOFINHA	01:36:37	01:35:40	F2339	TRENGOS	16
187	1217	JOÃO LEITE	01:36:51	01:36:41	M5059	CENTRO DE MARCHA E CORRIDA DE ALENQUER	19
188	5800	FRANCISCO NOVERSA	01:36:55	01:36:24	M2339	AFIFENSE TRAIL	72
189	1531	PEDRO RIBEIRO	01:37:01	01:36:17	M2339	INDIVIDUAL	73
190	1410	ARMINDO MARIA	01:37:01	01:36:53	M4049	R.F.F.-RUN FOR FUN	56
191	1411	PAULO PARDAL	01:37:01	01:36:53	M4049	R.F.F.-RUN FOR FUN	57
192	1286	GONÇALO ALVES	01:37:04	01:37:04	M4049	INDIVIDUAL	58
193	1287	DÁRIO NOBRE	01:37:26	01:36:35	M2339	SEPPIA	74
194	5792	NUNO SANTOS	01:37:30	01:37:09	M4049	SERVIÇOS SOCIAIS MONTEPIO GERAL	59
195	5793	TIAGO GASPAR	01:37:30	01:37:09	M2339	SERVIÇOS SOCIAIS MONTEPIO GERAL	75
196	1246	MIGUEL MELO	01:37:46	01:37:35	M5059	INDIVIDUAL	20
197	1572	GONÇALO SANTOS	01:37:48	01:37:19	M2339	INDIVIDUAL	76
198	1586	TÂNIA AZEVEDO	01:37:49	01:37:29	F2339	GORUNNERS - OUTPRO	17
199	1239	TIAGO	01:37:50	01:37:02	M2339	INDIVIDUAL	77
200	1541	ROSA AFONSO	01:37:52	01:36:53	F5059	CCRAM	3
201	1220	JOÃO VENTURA	01:37:52	01:37:39	M4049	INDIVIDUAL	60
202	1564	RICARDO DUARTE	01:37:55	01:37:00	M0022	XOKE TEAM	7

203	1609	ANDRÉ REIS	01:37:55	01:37:02	M4049	MULTIRUNNERS	61
204	1472	ANINHAS	01:37:57	01:37:14	F4049	BOOM TRAIL EQUIPA	11
205	1536	VANESSA	01:37:57	01:37:13	F2339	INDIVIDUAL	18
206	1590	FILIFE LUIS	01:37:59	01:37:06	M2339	INDIVIDUAL	78
207	1500	PEDRO RODRIGUES	01:38:05	01:37:56	M5059	NATURA	21
208	1309	PAULO SOUTO	01:38:06	01:37:08	M5059	INDIVIDUAL	22
209	1563	FERNANDO DUARTE	01:38:10	01:37:14	M5059	XOKE TEAM	23
210	1593	JOSÉ MENDES SILVA	01:38:22	01:37:36	M5059	LENITARUNNERS	24
211	5732	TIAGO PIRES	01:38:26	01:37:48	M2339	INDIVIDUAL	79
212	5734	RUI LOPES	01:38:26	01:37:48	M2339	INDIVIDUAL	80
213	1605	PEDRO BARATA	01:38:31	01:37:57	M5059	INDIVIDUAL	25
214	1628	LURDES SILVA	01:38:41	01:38:22	F4049	OS TUGAS	12
215	314	EL TOSTAS	01:38:43	01:38:24	M2339	AL MOÇA GEME	81
216	1704	REBECA LIBÓRIO	01:38:45	01:38:39	F2339	INDIVIDUAL	19
217	1280	GIL PEREIRA	01:38:46	01:38:26	M4049	1 KM/X	62
218	1236	CARLOS TAVARES	01:39:05	01:38:58	M4049	INDIVIDUAL	63
219	1393	EMANIMAL	01:39:05	01:38:58	M4049	INDIVIDUAL	64
220	5771	CARLOS JESUS	01:39:07	01:38:55	M5059	INDIVIDUAL	26
221	5875	R FREIXO	01:39:10	01:38:32	M2339	INDIVIDUAL	82
222	1682	LUÍSA RALHA	01:39:17	01:38:36	F5059	RUN 4 FUN	4
223	1556	CARLOS MARTINS	01:39:25	01:38:51	M0022	INDIVIDUAL	8
224	1710	BRUNA ROCHA	01:39:39	01:39:20	F2339	AFM	20
225	5706	NUNO OLIVEIRA	01:39:48	01:39:26	M2339	CDCR CTT	83

226	1281	RUTE CAEIRO	01:39:49	01:39:30	F2339	1 KM/X	21
227	1254	AFONSO ALCASO	01:40:04	01:39:06	M0022	INDIVIDUAL	9
228	1253	CLAUDIA	01:40:16	01:39:16	F4049	INDIVIDUAL	13
229	1611	NUNO MONTEIRO	01:40:19	01:39:48	M2339	INDIVIDUAL	84
230	1533	PAULA SANTOS	01:40:19	01:39:58	F4049	INDIVIDUAL	14
231	1350	GONÇALO ABREU	01:40:19	01:40:11	M4049	ADRC MATA BENFICA	65
232	1378	MARTA HORTÊNCIO	01:40:20	01:40:11	F4049	ADRC MATA DE BENFICA	15
233	5860	JOÃO BOLINA	01:40:21	01:39:45	M5059	INDIVIDUAL	27
234	1283	ANTÓNIO MARTINS	01:40:25	01:40:08	M4049	HOUSEMARTINS BELAS	66
235	1335	VÍTOR MACHADO	01:40:29	01:40:10	M2339	INDIVIDUAL	85
236	1314	JOSE MOURA	01:40:31	01:39:57	M4049	TARTARUGAS SOLIDÁRIAS	67
237	1382	JOSE NEVES	01:41:41	01:40:39	M2339	DRAGÕES	86
238	1666	JOAO JOSE BERRINCHA	01:41:47	01:41:17	M5059	CLUBE MILLENNIUM BCP	28
239	264	FERNANDO LUZ	01:41:48	01:41:33	M4049	GDCT UNICRE	68
240	1436	JOSÉ MARIA PEDRO	01:41:53	01:41:04	M6099	INDIVIDUAL	8
241	1450	JOÃO CHASQUEIRA	01:41:57	01:41:32	M4049	GANG DOS PAIS	69
242	1205	JOSÉ ESTEVES	01:42:18	01:41:46	M2339	INDIVIDUAL	87
243	1250	PEDRO NUNES	01:42:32	01:42:18	M2339	INDIVIDUAL	88
244	1249	LUIZA LANDEIRO	01:42:32	01:42:19	F4049	SS CGD	16
245	5797	666	01:42:43	01:42:36	M4049	CLUBE DIRTRUNNERS	70
246	1428	NUNO FRANCISCO	01:43:42	01:43:08	M4049	INDIVIDUAL	71
247	1540	PAULO MONIZ	01:43:44	01:43:11	M6099	INDIVIDUAL	9
248	1400	SOFIA BOLÉO	01:43:46	01:43:41	F4049	CLUBE ANACOM	17

249	1384	BUNNY	01:43:57	01:43:42	F2339	PUMP RUNNERS	22
250	1329	JOÃO SOUSA	01:44:07	01:43:55	M2339	TARTARUGAS SOLIDÁRIAS	89
251	1328	JANETE MORAIS	01:44:07	01:43:55	F2339	TARTARUGAS SOLIDÁRIAS	23
252	1592	EMANUEL SARAMAGO	01:44:10	01:43:40	M2339	INDIVIDUAL	90
253	1423	SERGIO PEIXINHO	01:44:24	01:43:50	M4049	AKI VAMOS NÓS	72
254	1269	MIGUEL GOMES	01:44:36	01:44:08	M4049	INDIVIDUAL	73
255	5762	RUI	01:44:52	01:44:44	M4049	MTT-MCDONALDS TRAIL TEAM	74
256	1542	PAULO SOARES	01:44:58	01:43:48	M4049	CCRAM	75
257	1430	TÂNIA CARVALHO	01:45:12	01:44:56	F2339	HOUSEMARTINS BELAS	24
258	1355	RICARDO JOSÉ DUARTE	01:45:22	01:44:26	M2339	INDIVIDUAL	91
259	1298	ADÉLIA CABRAL	01:45:31	01:45:00	F2339	SSCGD	25
260	1332	JOSE LUIS MARQUES	01:45:31	01:45:19	M4049	MBCP	76
261	5720	FILIPE LOUREIRO	01:45:35	01:44:48	M5059	CORRER LISBOA	29
262	1395	ARMANDO NUNES	01:45:45	01:44:49	M4049	ACADEMIA D'ESTRELAS	77
263	1504	HUGO LOUREIRO	01:45:46	01:44:58	F2339	CORRER LISBOA	26
264	1692	PAULA ORDONHO	01:45:46	01:45:15	F2339	GORUNNERS - OUTPRO	27
265	5785	PAULO L	01:45:48	01:45:28	M5059	INDIVIDUAL	30
266	1670	ROSÁRIO FIGUEIRAL	01:45:52	01:45:31	F5059		5
267	1461	PEDRO CUSTÓDIO	01:45:57	01:45:52	M4049		78
268	1347	MÁRIO DIAS	01:46:00	01:45:38	M2339	INDIVIDUAL	92
269	1210	BRUNO ALVES	01:46:01	01:45:28	M2339	INDIVIDUAL	93
270	1669	ANA	01:46:01	01:45:29	F2339		28
271	1543	ANA MARQUES	01:46:02	01:45:29	F4049	INDIVIDUAL	18

272	1289	NUNO MOLERO	01:46:02	01:45:23	M4049	INDIVIDUAL	79
273	1348	LILIANA LOPES	01:46:08	01:45:47	F2339	INDIVIDUAL	29
274	5841	PAULO GONÇALVES	01:46:10	01:45:27	M5059	MARVILA JOVEM	31
275	5834	CARLA CUNHA	01:46:12	01:46:06	F4049	MTT-MCDONALDS TRAIL TEAM	19
276	1413	ORLANDO SANTOS	01:46:14	01:45:25	M4049	EX FEDERADOS	80
277	1255	MIGUEL SERRA	01:46:24	01:45:25	M0022	INDIVIDUAL	10
278	5789	PI	01:46:25	01:46:16	M4049	AMCF - ARRÁBIDA TRAIL TEAM	81
279	5805	CLAUDIA RAMOS	01:46:54	01:46:37	F4049	CORRIDAS E COMIDAS	20
280	5743	LUIS ROMANEIRO	01:46:54	01:46:37	M5059	CORRIDAS E COMIDAS	32
281	1334	PEDRO FERREIRA	01:46:59	01:46:24	M4049	INDIVIDUAL	82
282	1685	ÑUNO MAGALHÃES	01:47:05	01:46:52	M4049	ARRÁBIDA OBSTACLE RUNNERS	83
283	1708	PAULA MAGALHÃES	01:47:05	01:46:54	F4049	ARRÁBIDA OBSTACLE RUNNERS	21
284	1530	HELDER FERNANDES	01:47:32	01:47:27	M2339	INDIVIDUAL	94
285	1265	MARINA GUERREIRO	01:47:52	01:47:20	F4049	DEIXEM PASSAR OS COXOS	22
286	1578	JORGE CÔCO	01:48:08	01:47:55	M4049	U.F. COMÉRCIO E INDÚSTRIA ATLETISMO	84
287	1216	CRISTINA DUARTE	01:48:12	01:48:06	F2339	INDIVIDUAL	30
288	1271	PEDRO MANZANO	01:48:25	01:47:39	M2339	#ÉSÓISTO	95
289	1482	SANDRA CRUZ	01:48:25	01:47:40	F4049	OS SALOIOS	23
290	1262	LUÍSA FERREIRA	01:48:33	01:48:18	F4049	DEIXEM PASSAR OS COXOS	24
291	5764	NUNO MONTEIRO	01:48:35	01:47:54	M2339	INDIVIDUAL	96
292	1481	PEDRO TEIGAS	01:48:48	01:48:13	M4049	TARTARUGAS SOLIDÁRIAS	85
293	1297	RITA CERTÃ	01:48:48	01:48:11	F4049	TARTARUGAS SOLIDÁRIAS	25
294	1584	CÉU CARVALHO	01:48:48	01:48:10	F4049	TARTARUGAS SOLIDARIAS	26

295	1303	PEDRO FÉLIX	01:48:48	01:48:10	M4049	INDIVIDUAL	86
296	1353	ZÉ	01:48:50	01:48:29	F2339	INDIVIDUAL	31
297	5756	PEDRO SILVA	01:49:10	01:48:13	M4049	INDIVIDUAL	87
298	5787	ANTÓNIO BARROS	01:49:18	01:48:36	M5059	INDIVIDUAL	33
299	1470	JÚLIA ANDRADE	01:49:29	01:48:45	F2339	BOOM TRAIL TEAM	32
300	1252	JOAO SERRA	01:49:40	01:48:39	M4049	OS DUROS	88
301	1272	HELENA SOARES	01:49:42	01:49:33	F4049	FIT RUNNERS	27
302	1595	CARINA SARAMAGO	01:49:50	01:49:18	F2339	INDIVIDUAL	33
303	1361	JOAQUIM RODRIGUES	01:50:28	01:50:05	M4049	CRUZ DE PAU	89
304	1667	BRUNO BERRINCHA	01:50:32	01:50:02	M2339	CLUBE MILLENNIUM BCP	97
305	1305	PAULO EUSÉBIO	01:51:02	01:50:39	M4049	INDIVIDUAL	90
306	1200	CHIARA BEDINI	01:51:04	01:50:37	F4049	MOAMBA	28
307	5777	MIGUEL MIRANDA	01:51:07	01:50:51	M4049	CLUBE DIRTRUNNERS	91
308	388	LEANDRO SOARES	01:51:07	01:51:05	M2339	ACD JARDIM DA SERRA	98
309	1653	GUILHEM DAVEZAC	01:51:15	01:51:02	M0022	LUXEMBOURG	11
310	1493	CRISTINA CUNHA	01:51:21	01:50:49	F4049		29
311	1495	CATARINA CASTRO	01:51:21	01:50:46	F2339		34
312	1362	ANTONIO ALMEIDA	01:51:32	01:50:55	M5059	CLUBE MILLENNIUM BCP	34
313	1486	LUIS CARVALHO	01:51:35	01:50:56	M0022	TARTARUGAS SOLIDÁRIAS	12
314	1357	LUIS MARIA	01:51:37	01:51:27	M4049	GD-SBSI	92
315	1451	ANA FANECA	01:51:57	01:51:06	F4049	INDIVIDUAL	30
316	1656	LUIS COSTA	01:52:04	01:51:17	M4049	INDIVIDUAL	93
317	1442	VALTER NUNES	01:52:21	01:51:59	M2339	GANG DOS PAIS	99

318	300	JOANA CRISTINA CORREIA ALVES	01:52:36	01:51:59	F2339		35
319	1631	CARLOS MENDES	01:52:38	01:51:43	M4049	INDIVIDUAL	94
320	1454	NELSON MOREIRA	01:52:41	01:52:32	M2339	INDIVIDUAL	100
321	1352	TETÉ	01:52:46	01:52:25	F2339	INDIVIDUAL	36
322	1497	ANA MIRANDA	01:52:48	01:52:34	F2339	PÉ LIGEIRO	37
323	1526	RUI NUNES	01:52:52	01:52:37	M2339	CISMÁTICOS RUNNING!	101
324	5728	MARIA VIEIRA	01:52:55	01:52:31	F4049	TÉCNICO RUGBY RUNNING TEAM	31
325	1702	VICTOR MONTEIRO	01:52:59	01:52:35	M6099	AMIGOS DO VALE SILÊNCIO	10
326	1489	MIA GONÇALVES	01:53:05	01:52:19	F4049	OS SALOIOS	32
327	1525	RICARDO FELIZARDO	01:53:06	01:52:51	M2339	CISMÁTICOS RUNNING!	102
328	1275	GRAÇA QUEIROZ	01:53:09	01:52:24	F4049	INDIVIDUAL	33
329	1610	KATHARINA SILVA	01:53:11	01:52:15	F4049	INDIVIDUAL	34
330	1675	ETIENNE	01:53:16	01:53:16	M2339		103
331	5702	BEATRZ SÉCIO	01:53:21	01:52:22	F0022	MÃE E FILHA	1
332	1487	ANDREIA ALEXANDRE	01:53:23	01:53:06	F2339	TEAM "BROTHERS"	38
333	1567	MIGUEL FERREIRA	01:53:34	01:52:32	M4049	FIRE TEAM	95
334	1568	VERA PINTAS	01:53:35	01:52:32	F4049	FIRE TEAM	35
335	1421	GONÇALO CAEIRO	01:53:39	01:53:04	M4049	AKI VAMOS NÓS	96
336	1207	SUSANA CORREIA	01:53:53	01:53:09	F2339	INDIVIDUAL	39
337	5770	ANTÓNIO DUARTE	01:53:59	01:53:30	M6099	INDIVIDUAL	11
338	1443	MÓNICA CUNHA	01:54:01	01:53:38	F2339	GANG DOS PAIS	40
339	1528	NAIR	01:54:01	01:53:40	F2339	GANG DOS PAIS	41
340	1547	FILIPA BRANDÃO	01:54:04	01:53:57	F4049	CORRER LOURES	36

341	1498	SAMMY	01:54:56	01:54:06	M2339	INDIVIDUAL	104
342	1633	ALBERTO LOPES	01:54:56	01:54:05	M2339	INDIVIDUAL	105
343	1264	NUNO RODRIGUES	01:55:05	01:54:41	M4049	INDIVIDUAL	97
344	1301	DIOGO ARRAIAS	01:55:07	01:54:23	M6099	OS ARRAIAS	12
345	1581	BRUNO ABRANTES	01:55:08	01:54:21	M4049	FALCÕES SELVAGENS	98
346	5705	VALTER RIBEIRO	01:55:12	01:54:43	M2339	GAEIRAS RUNNING TEAM	106
347	1700	JOÃO CARLOS ANTUNES	01:55:14	01:54:19	M2339	INDIVIDUAL	107
348	1476	SÓNIA SEQUEIRA	01:55:16	01:54:59	F4049	STJOAOLIVEIRATEAM	37
349	554	CLÁUDIA OLIVEIRA	01:55:17	01:54:41	F4049	STRENDURE RUNNING TEAM	38
350	1313	CARMEN PERU	01:55:21	01:54:48	F2339	TARTARUGAS SOLIDÁRIAS	42
351	1538	TREXMAUROOESCUROFUTUREFIL	01:55:24	01:54:20	M4049	FAMÍLIA SELVAGEM	99
352	1537	MRMOUSE-TMAN ON THE CHEST	01:55:28	01:54:25	M4049	FAMÍLIA SELVAGEM	100
353	1668	PEDRO JORGE MURCA	01:55:32	01:54:55	M5059	CLUBE MILLENNIUM BCP	35
354	366	SANDRA SOUSA	01:56:09	01:55:56	F4049	INDIVIDUAL	39
355	1465	PAULO ESTRELA	01:56:12	01:55:43	M2339	INDIVIDUAL	108
356	1466	ANA	01:56:13	01:55:45	F2339	INDIVIDUAL	43
357	5729	NUNO VIEIRA	01:56:17	01:55:52	M4049	TÉCNICO RUGBY RUNNING TEAM	101
358	1325	BERNARDETE VICENTE	01:56:35	01:56:26	F6099	FITRUNNERS	2
359	1409	MARIA ZITA	01:56:36	01:56:28	F5059	FIT RUNNERS	6
360	1477	GONÇALO FERREIRA	01:56:53	01:56:42	M0022	FERREIRAS	13
361	1478	HERMINIA FERREIRA	01:56:53	01:56:41	F4049	FERREIRAS	40
362	1407	HENRIQUETA SOLIPA	01:57:05	01:56:24	F5059	TARTARUGAS SOLIDÁRIAS	7
363	1491	MONICA LOPES	01:57:38	01:57:23	F4049	STJOAOLIVEIRATEAM	41

364	1458	MIGUEL GUERREIRO	01:57:42	01:56:55	M2339	BLUE-INFINITY	109
365	1501	ELRUBARINO	01:57:42	01:56:55	M2339	BLUE-INFINITY	110
366	1499	MÓNICA	01:57:51	01:57:00	F2339	INDIVIDUAL	44
367	1354	PAULA SOBRAL	01:58:00	01:57:22	F4049	TARTARUGAS SOLIDÁRIAS	42
368	1307	CARLOS SAMPAIO	01:58:17	01:57:55	M5059	INDIVIDUAL	36
369	1383	RICARDO MARTINS	01:58:21	01:57:19	M2339	DRAGÕES	111
370	1440	SÉRGIO TACÃO	01:58:23	01:58:23	M2339	INDIVIDUAL	112
371	1366	ISMAR FERREIRA	01:58:28	01:57:32	M5059	INDIVIDUAL	37
372	1369	CARLA LOURENÇO	01:58:36	01:58:19	F2339	REMEMBER GDASN	45
373	1367	LOURENCO	01:58:37	01:58:17	M2339	REMEMBER GDASN	113
374	5763	RICARDO VALE	01:59:28	01:58:46	M2339	INDIVIDUAL	114
375	5726	MARIA JOÃO ALVES	01:59:31	01:58:51	F4049	INDIVIDUAL	43
376	1226	ANA FONTE SANTA	01:59:44	01:59:15	F2339	INDIVIDUAL	46
377	1276	LUIS VITORINO	02:00:04	01:59:16	M2339	NEWYEARRUNNERS	115
378	1674	CLARA MARTINELLI	02:00:05	01:59:25	F2339		47
379	5802	ANA LUISA GUERREIRO	02:00:10	01:59:28	F4049	INDIVIDUAL	44
380	5786	PAUKA GOULART	02:00:11	01:59:29	F5059	INDIVIDUAL	8
381	5803	JOÃO AFONSO	02:00:12	01:59:22	M4049	INDIVIDUAL	102
382	5817	PEDRO DUARTE	02:00:21	01:59:30	M4049	INDIVIDUAL	103
383	1510	ALBERTO MARTINS	02:00:49	02:00:06	M5059	CORRER LISBOA	38
384	1202	PATRÍCIA VICENTE	02:00:49	02:00:29	F4049	PRIMAS	45
385	1412	PAULOS SILVA	02:01:19	02:00:44	M5059	INDIVIDUAL	39
386	1468	SONIA ANDRADE	02:01:25	02:00:41	F4049	BOOM TRAIL TEAM	46

387	1591	MAURA BOUÇA	02:01:33	02:01:00	F2339	INDIVIDUAL	48
388	329	ANA MADEIRA	02:02:28	02:02:12	F4049	GDCT UNICRE	47
389	1337	CLÁUDIO GONÇALVES	02:02:40	02:01:45	M2339	INDIVIDUAL	116
390	1240	LUCINDA DIAS	02:02:55	02:01:57	F4049	INDIVIDUAL	48
391	1455	CARLA NASCIMENTO	02:02:57	02:02:50	F4049	INDIVIDUAL	49
392	1689	RUI SILVA	02:03:04	02:02:44	M4049	INDIVIDUAL	104
393	1368	MAGALHÃES	02:03:08	02:02:50	M2339	REMEMBER GDASN	117
394	1598	MARIANA MACHADO	02:03:23	02:02:22	F2339		49
395	1203	ELISABETE MARTINS	02:03:46	02:03:25	F2339	PRIMAS	50
396	231	ANA AZEVEDO	02:04:00	02:03:39	F2339	SS CGD	51
397	5829	HUGO OLIVEIRA	02:04:13	02:03:26	M4049	NOTEAM	105
398	5772	MARINA MATEUS	02:04:26	02:03:42	F2339	INDIVIDUAL	52
399	5773	FERNANDO	02:04:27	02:03:43	M4049	INDIVIDUAL	106
400	1630	XICOMOURARIA	02:04:43	02:04:08	M4049	ESPANTA LOBOS	107
401	5826	CELIA SOBRAL	02:04:49	02:04:38	F4049	TÁLENTOS TEAM	50
402	1654	CLAUDIA CARDOSO	02:04:51	02:04:02	F4049	INDIVIDUAL	51
403	1699	NUNO ROBLES	02:04:51	02:04:02	M4049	INDIVIDUAL	108
404	1641	RUI CUNHA	02:05:26	02:05:26	M4049	OCR PORTUGAL LAB	109
405	1554	MARIA JOÃO	02:05:36	02:05:07	F2339	INDIVIDUAL	53
406	1259	JOSÉ CALDEIRA	02:06:11	02:05:55	M4049	DEIXEM PASSAR OS COXOS	110
407	5701	HELENA SÉCIO	02:06:18	02:05:19	F5059	MÃE E FILHA	9
408	1370	MELO	02:06:18	02:05:59	F2339	REMEMBER GDASN	54
409	5804	MARGARIDA LEMOS	02:06:32	02:06:32	F0022	CLUBE DIRTRUNNERS	2

410	1471	SARA SANTOS	02:06:46	02:06:01	F4049	BOOM TRAIL TEAM	52
411	1479	PAULA TELES	02:07:30	02:07:13	F5059	STJOAOLIVEIRATEAM	10
412	1552	CÉLIA SOUSA	02:07:46	02:07:32	F4049	PUMP RUNNERS	53
413	1494	TERESA TEIXEIRA	02:08:04	02:07:28	F5059		11
414	1237	SÓNIA SOUSA	02:08:06	02:07:17	F2339	INDIVIDUAL	55
415	1546	SILVIA CASACA	02:08:06	02:07:17	F2339	INDIVIDUAL	56
416	1244	NOQAS	02:08:07	02:07:19	F2339	INDIVIDUAL	57
417	1514	SÉRGIO DIAS	02:08:37	02:08:19	M4049	DEIXEM PASSAR OS COXOS	111
418	1429	GONÇALO MENDES	02:08:45	02:08:11	M2339	INDIVIDUAL	118
419	1517	FILIPE FRADE	02:09:02	02:08:11	M2339	SEM MEDOS	119
420	1613	HELENA SALGUEIRO	02:09:05	02:08:12	F4049	INDIVIDUAL	54
421	1419	LEONOR OLIVEIRA	02:09:09	02:08:32	F4049	AKI VAMOS NÓS	55
422	1427	VANDA MURTEIRA	02:09:10	02:08:34	F4049	AKI VAMOS NÓS	56
423	5746	ANA CORREIA	02:09:14	02:08:25	F2339	CROSS TRAIL	58
424	1324	NADINE	02:09:14	02:08:25	F2339	INDIVIDUAL	59
425	1414	RITA BRANCO	02:09:33	02:09:19	F4049	R & R RUNNERS	57
426	1447	JOANA SOARES	02:09:44	02:08:55	F2339	INDIVIDUAL	60
427	5874	ANDREA GRAÇA	02:09:49	02:09:18	F2339	INDIVIDUAL	61
428	1600	NUNO LOUÇÃO	02:09:54	02:08:59	M4049	ESTOICOS	112
429	1602	MÁRIO ATILHO	02:09:59	02:09:05	M4049	AO RITMO DAS 200 PPM	113
430	5725	ANA RODRIGUES	02:10:03	02:09:23	F5059	INDIVIDUAL	12
431	1260	CATARINA LIMA	02:10:35	02:09:53	F2339	INDIVIDUAL	62
432	1261	SOFIA SILVA	02:10:35	02:09:51	F2339	INDIVIDUAL	63

433	1687	PEDRO FARIA	02:11:40	02:11:01	M4049	AKI VAMOS NÓS	114
434	1416	RITA GIRIA	02:12:20	02:12:12	F4049	RESTINGA	58
435	1508	NUNO RODRIGO BRANCO	02:12:58	02:11:57	M4049	RAN RUNNING AVENIDAS NOVAS	115
436	1516	VALÉRIE LAUR	02:13:02	02:12:08	F5059		13
437	1213	CLÁUDIA	02:13:06	02:12:42	F2339	INDIVIDUAL	64
438	1258	HELENA SANTOS	02:13:09	02:12:53	F4049	DEIXEM PASSAR OS COXOS	59
439	1444	HUGO LIMA	02:14:21	02:14:21	M2339	GANG DOS PAIS	120
440	319	ROMÃO MOITA	02:14:54	02:14:20	M5059	JOBRINDE-MONTES SALOIOS	40
441	1243	INES MACHADO	02:15:10	02:14:32	F0022	TARTARUGAS SOLIDÁRIAS	3
442	1603	CARLA ATILHO	02:15:31	02:14:37	F4049	AO RITMO DAS 200 PPM	60
443	1697	TÂNIA BUFFELLI	02:15:54	02:15:31	F2339	GALHARDOS RUNNERS	65
444	1398	VERA BEXIGA	02:15:54	02:15:35	F2339	INDIVIDUAL	66
445	1333	VANDA OLIVEIRA	02:16:05	02:15:05	F4049	INDIVIDUAL	61
446	1608	DIANA RAMOS	02:16:11	02:15:19	F2339	BP	67
447	1713	BRUNO ROCHA	02:16:13	02:15:20	M2339	INDIVIDUAL	121
448	1222	PATRICIA CARAPUÇA	02:16:18	02:15:19	F2339	INDIVIDUAL	68
449	1223	ANTONIO CARAPUÇA	02:16:19	02:15:17	M5059	INDIVIDUAL	41
450	1224	EUGÉNIA PINHEIRO	02:16:19	02:15:19	F5059	INDIVIDUAL	14
451	1340	LUIS MEIRINHOS	02:16:55	02:16:14	M4049	INDIVIDUAL	116
452	1304	MEIRINHOS	02:16:55	02:16:14	M2339	TARTARUGAS SOLIDÁRIAS	122
453	1296	LUÍS CABAÇA	02:16:57	02:16:17	M4049	TARTARUGAS SOLIDÁRIAS	117
454	1672	LUÍS LOPES	02:17:21	02:16:55	M2339		123
455	1677	MÁRIO LOBO	02:17:22	02:16:55	M4049	LOPES FAMILY & FRIENDS	118

456	1612	JOANA GRILO	02:17:27	02:16:42	F2339	INDIVIDUAL	69
457	1376	TIAGO VEIGA	02:17:46	02:17:29	M2339	INDIVIDUAL	124
458	1380	SANDRA CUNHA	02:17:47	02:17:31	F4049	SANTANDER TOTTA	62
459	5812	MARCO BARRADAS	02:18:41	02:18:11	M5059	TÁLENTOS TEAM	42
460	1618	CREMILDE	02:18:41	02:18:15	F5059	TÁLENTOS TEAM	15
461	1560	SOFIA RODRIGUES	02:18:44	02:18:21	F2339	GALHARDOS RUNNERS	70
462	1535	ISABEL RODRIGUES	02:18:45	02:18:22	F4049	GALHARDOS RUNNERS	63
463	1241	PEDRO NUNES	02:18:50	02:17:51	M5059	INDIVIDUAL	43
464	1403	ALEXANDRA RUIVO	02:18:55	02:18:18	F5059	TARTARUGAS SOLIDARIAS	16
465	1657	ACACIO LOPES	02:18:57	02:18:09	M5059	INDIVIDUAL	44
466	1655	CARLOS OLIVEIRA	02:18:57	02:18:10	M5059	INDIVIDUAL	45
467	5893	MANUEL RAPOSO	02:19:12	02:18:37	M6099	INDIVIDUAL	13
468	1624	RAQUEL MARQUES	02:19:36	02:19:09	M4049	GDCT UNICRE	119
469	1623	PAULO MARQUES	02:19:37	02:19:09	M4049	GDCT UNICRE	120
470	1360	CAROLINA SILVA	02:19:45	02:18:54	F2339	INDIVIDUAL	71
471	1359	MAURICE ESCORCIO	02:19:45	02:18:53	M2339	CLUBE DESPORTIVO INFANTE	125
472	1566	PAULO ARSÉNIO	02:19:49	02:19:07	M4049	INDIVIDUAL	121
473	1565	MILA BENTO	02:19:50	02:19:08	F4049	INDIVIDUAL	64
474	1343	JOSÉ NUNO	02:20:15	02:19:49	M2339	INDIVIDUAL	126
475	1268	ALVARO OLIVEIRA	02:20:17	02:19:48	M4049	INDIVIDUAL	122
476	238	GUADALUPE PEREIRA	02:20:21	02:19:47	F5059	JOBRIINDE-MONTES SALOIOS	17
477	1690	FILOMENA CORREIA	02:20:39	02:19:49	F6099	O PRATICANTE	3
478	1509	ANDRÉ	02:21:11	02:20:12	M4049	RAN RUNNING AVENIDAS NOVAS	123

479	1507	RITA	02:21:11	02:20:11	M4049	RAN RUNNING AVENIDAS NOVAS	124
480	1300	DULCE CARVALHO	02:22:36	02:22:09	F4049	ARRABIDA OBSTACLE RUNNERS	65
481	1273	MARTA LOPES	02:22:36	02:22:09	F4049	ARRABIDA OBSTACLE RUNNERS	66
482	1648	LUIS LOPES	02:22:55	02:22:28	M6099	LOPES FAMILY & FRIENDS	14
483	1596	FÁTIMA MENDES	02:23:48	02:23:11	F6099	TARTARUGAS SOLIDÁRIAS	4
484	1288	TONI CUSTODIO	02:24:07	02:23:32	M4049	RHINOS	125
485	1342	SANDRA MARQUES	02:24:07	02:23:20	F5059	OS SALOIOS	18
486	1356	TOBIAS ROCHA	02:25:55	02:25:44	M5059	TĂLENTOS TEAM	46
487	1480	ALVARO FIRME	02:26:16	02:25:41	M4049	AKI VAMOS NÓS	126
488	1424	ANDRE AZEVEDO	02:26:16	02:25:41	M4049	AKI VAMOS NÓS	127
489	1422	SOFIA ROCHA	02:26:17	02:25:40	F4049	AKI VAMOS NÓS	67
490	1214	RUI MIGUEL CORTES	02:27:45	02:27:11	M4049	TARTARUGAS SOLIDARIAS	128
491	1678	ALÍPIO COSTA	02:28:15	02:27:48	M5059	LOPES FAMILY & FRIENDS	47
492	1679	SARA CARVALHA	02:28:16	02:27:50	F4049		68
493	1397	ROSA PANTALEÃO	02:28:22	02:28:05	F5059	INDIVIDUAL	19
494	1277	RICARDO PEÇAS	02:28:59	02:28:13	M4049	NEWYEARRUNNERS	129
495	1460	TATIANA CABRAL	02:30:46	02:29:54	F2339	LIMA	72
496	1291	JOAO HENRIQUES	02:32:55	02:32:19	M4049	RHINOS	130
497	1561	RAMIRO VAZ	02:32:57	02:31:47	M4049	VAZ-BAIÃO	131
498	5821	FATIMA BRITO	02:33:07	02:32:41	F4049	TĂLENTOS TEAM	69
499	5813	MADALENA	02:33:07	02:32:38	F4049	TĂLENTOS TEAM	70
500	1456	ANA SOFIA PIMENTA	02:33:21	02:32:42	F4049	INDIVIDUAL	71
501	1703	DAVID RICARDO	02:34:07	02:34:07	M2339	INDIVIDUAL	127

502	1626	PATROCÍNIA VARANDAS	02:34:43	02:34:29	F4049	STJOAOLIVEIRATEAM	72
503	1391	CARLA RODRIGUES	02:36:15	02:35:19	F4049	ACADEMIA D'ESTRELAS	73
504	1707	CARLA SOFIA ATILHO	02:36:38	02:35:45	F4049	AO RITMO DAS 200 PPM	74
505	1570	SÓNIA ALVAREZ	02:36:39	02:35:46	F4049		75
506	1642	ELSA DUARTE	02:38:34	02:38:34	F2339	SEM MEDOS	73
507	1527	CARLA RIBEIRO	02:38:35	02:37:43	F4049	SEM MEDOS	76
508	1662	LUIS NOGUEIRA	02:39:39	02:39:39	M5059	CLUBE MILLENNIUM BCP	48
509	1620	MARIA EMÍLIA	02:41:24	02:40:54	F4049	GO FASTER	77
510	1432	FLÁVIA FÉLIX	02:42:28	02:41:16	F2339	INDIVIDUAL	74
511	1502	PIPOCAS	02:43:28	02:43:14	F4049	PUMP RUNNERS	78
512	1617	SUSANA FIGUEIREDO	02:45:06	02:44:38	F4049	INDIVIDUAL	79
513	1311	ANA TERESA OLIVEIRA	02:45:06	02:44:40	F5059	INDIVIDUAL	20
514	1310	ESTRELA1	02:45:35	02:45:10	F4049	INDIVIDUAL	80
515	1339	SUSANA ALMEIDA	02:45:36	02:45:36	F4049	INDIVIDUAL	81
516	5735	JOANA	02:45:37	02:45:12	F4049	INDIVIDUAL	82
517	1520	CECÍLIA AGUIAR	02:45:41	02:45:16	F5059	INDIVIDUAL	21
518	1519	ANA FERREIRA	02:45:42	02:45:17	F4049	INDIVIDUAL	83
519	5780	MIGASU	02:47:29	02:47:03	M2339	FAMÍLIA SUAREZ	128
520	5781	GUIDA SUÁREZ	02:47:29	02:47:03	F2339	FAMÍLIA SUAREZ	75
521	1374	CLAUDIA SANTOS	02:47:29	02:47:03	F4049	PERNOCAS D'AÇO	84
522	1571	CÉLIA FRANCISCO	02:57:00	02:56:29	F4049	TARTARUGAS SOLIDARIAS	85
523	1433	DAVID SARAIVA	03:00:03	02:58:51	M2339	INDIVIDUAL	129
524	1274	JORGE COSTA	03:00:27	02:56:00	M5059	INDIVIDUAL	49

525	1406	PATRICIA PRATES	03:10:33	03:09:36	F4049	ACADEMIA D'ESTRELAS	86
526	1390	ANABELA MARTINS	03:10:34	03:09:40	F2339	ACADEMIA D'ESTRELAS	76
527	1385	CARLA VIEGAS	03:12:35	03:11:40	F2339	ACADEMIA D'ESTRELAS	77
528	1386	MATILDE MENAS	03:13:55	03:12:59	F0022	MATILHA RUNNING	4
529	1474	CLAUDIA GONÇALVES	03:14:33	03:13:33	F2339	ACADEMIA D'ESTRELAS	78
530	1415	BRUNO FORRETA	03:15:07	03:14:08	M0022	ACADEMIA D'ESTRELAS	14
531	1388	RODRIGO MESTRE	03:15:19	03:14:21	M0022	ACADEMIA D'ESTRELAS	15
532	1387	LILIANA MESTRE	03:15:19	03:14:21	F4049	ACADEMIA D'ESTRELAS	87