

Col	Num	Nome	Equipa	Sx	Cat	1ª Passagem na Meta	2ª Passagem na Meta	Tempo	Vel.Média	Cat.
1.	55	Emiliano Vieira	Belém Runners	M	M35	00:00:33	00:05:47	00:50:58,691	03:24	1
2.	100	Joel Martins	C.U.A.Benaventense/Trilho Perdido Eventos	M	M35	00:00:32	00:05:47	00:51:18,649	03:25	2
3.	76	Isaias Gomes	Belém Runners	M	Sen M	00:00:32	00:05:48	00:53:42,178	03:35	1
4.	114	Carlos Tiago	Belém Runners	M	M35	00:00:33	00:06:09	00:54:09,487	03:37	3
5.	50	Hugo Augusto	Belém Runners	M	Sen M	00:00:34	00:06:08	00:54:09,923	03:37	2
6.	35	Roberto Ladeiras	GFD Running	M	Sen M	00:00:32	00:06:01	00:54:36,872	03:38	3
7.	102	Pedro Ribeiro	C.U.A.Benaventense/Trilho Perdido Eventos	M	Sen M	00:00:34	00:06:01	00:56:30,885	03:46	4
8.	101	Augusto Pires	C.U.A.Benaventense/Trilho Perdido Eventos	M	M45	00:00:36	00:06:18	00:56:42,585	03:47	1
9.	70	Sérgio Batalha	3B-S	M	M45	00:00:36	00:06:22	00:56:50,112	03:47	2
10.	32	José Pais	Correr Lisboa	M	M40	00:00:36	00:06:34	00:57:00,031	03:48	1
11.	82	Gilberto Fernandes		M	M55	00:00:40	00:06:40	00:57:06,753	03:49	1
12.	46	Carlos Freitas	Belém Runners	M	M45	00:00:37	00:06:35	00:57:11,337	03:49	3
13.	34	Pedro Duarte	GFD Running	M	Sen M	00:00:33	00:06:20	00:57:37,072	03:50	5
14.	14	David Pereira	Grupo Desportivo ""O Independente""	M	Sen M	00:00:39	00:06:44	00:57:54,280	03:52	6
15.	27	Ricardo Simões	C.C.D. O ALVITEJO	M	M50	00:00:39	00:06:40	00:58:06,860	03:52	1
16.	117	Vitor Hugo	Fajarda Runners	M	Sen M	00:00:35	00:06:34	00:58:17,370	03:53	7
17.	65	João Caniço	3B-S	M	M35	00:00:36	00:06:39	00:58:17,714	03:53	4
18.	75	José Custodio	Belém Runners	M	M50	00:00:38	00:06:39	00:58:43,928	03:55	2
19.	18	José Brito	NAZ Abóboda	M	M55	00:00:40	00:06:39	00:59:13,998	03:57	2
20.	5	Carlos Caetano		M	M40	00:00:36	00:06:45	00:59:23,811	03:58	2
21.	99	Celso Graciano	Beja Atlético Clube	M	Sen M	00:00:32	00:05:55	00:59:25,140	03:58	8
22.	108	Antonio Santos	GDINE	M	M55	00:00:39	00:06:46	00:59:26,595	03:58	3
23.	26	António Pais	C.C.D. O ALVITEJO	M	M45	00:00:36	00:06:34	00:59:37,793	03:58	4
24.	9	João Pedro		M	M45	00:00:36	00:06:34	01:00:17,087	04:01	5
25.	48	Fernando Santos	Belém Runners	M	M45	00:00:42	00:07:09	01:00:25,180	04:02	6
26.	74	Pedro Pereira	Belém Runners	M	M40	00:00:42	00:07:09	01:00:29,863	04:02	3
27.	44	Inocência Amorim	Belém Runners	M	M35	00:00:43	00:07:13	01:00:52,439	04:04	5
28.	36	Luís Silva	Casa do Povo de Alcanena	M	M45	00:00:39	00:06:34	01:01:33,933	04:06	7
29.	40	Sérgio Oliveira	Juventude Desportiva Almansor	M	Sen M	00:00:40	00:07:10	01:01:52,268	04:07	9
30.	93	Joao Pais	Boavista do pico-Acores	M	M55	00:00:38	00:06:46	01:01:55,456	04:08	4
31.	7	Sérgio Teixeira	Trilho Perdido & Friends	M	M40	00:00:38	00:06:47	01:02:11,870	04:09	4
32.	109	Jorge Gonçalves	3B-S	M	M45	00:00:42	00:07:08	01:02:33,421	04:10	8
33.	87	António Inácio		M	M45	00:00:41	00:07:09	01:03:14,090	04:13	9
34.	28	Nelson Santos	C.C.D. O ALVITEJO	M	M45	00:00:39	00:06:46	01:03:35,208	04:14	10
35.	118	João Crespo	Prudas Racing Team	M	M35	00:00:46	00:07:34	01:04:07,374	04:16	6
36.	38	José Rafael		M	M50	00:00:39	00:07:02	01:04:24,209	04:17	3
37.	69	Paulo Silva	3B-S	M	M35	00:00:45	00:07:45	01:04:28,388	04:18	7
38.	72	Nuno Silva	3B-S	M	Sen M	00:00:47	00:07:45	01:04:33,643	04:18	10
39.	94	Goncalo Roque	Chester's Team	M	M40	00:00:51	00:08:30	01:05:27,338	04:22	5
40.	49	Gonçalo Ferreira	Belém Runners	M	M40	00:00:59	00:08:07	01:06:08,794	04:25	6
41.	30	João Duarte	Amiciclo Grândola	M	M40	00:00:47	00:07:57	01:06:17,100	04:25	7
42.	119	José Mouta		M	M60	00:00:44	00:07:34	01:06:45,729	04:27	1
43.	45	Apolo Pereira	Belém Runners	M	M45	00:00:41	00:07:43	01:07:11,176	04:29	11
44.	98	Bruno Carvalho	Prudas Racing Team	M	M35	00:00:48	00:07:36	01:07:36,793	04:31	8
45.	97	Nuno Prudencio	Prudas Racing Team	M	M35	00:00:47	00:07:39	01:08:42,267	04:35	9

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46.	105	João Martins	C.U.A.Benaventense/Trilho Perdido Eventos	M	M50	00:00:53	00:07:55	01:08:45,280	04:35	4
47.	78	João Jacinto	C.C.D. O ALVITEJO	M	M60	00:00:50	00:08:10	01:09:27,614	04:38	2
48.	23	Luis Silva		M	M40	00:00:51	00:08:07	01:09:50,725	04:40	8
49.	54	Pedro Canelas	Belém Runners	M	M45	00:00:43	00:07:45	01:10:12,987	04:41	12
50.	84	Fernando Verissimo	Chester´s Team	M	M55	00:00:51	00:08:33	01:10:20,026	04:41	5
51.	85	Jorge Duarte	Chester´s Team	M	M40	00:00:51	00:08:34	01:10:20,314	04:41	9
52.	29	Ricardo Lourenço	C.C.D. O ALVITEJO	M	M60	00:00:51	00:08:18	01:10:20,423	04:41	3
53.	113	Sandra Barros	Belém Runners	F	F45	00:00:43	00:07:55	01:10:32,370	04:42	1
54.	91	Paulo Cação	Trilho Perdido & Friends	M	M40	00:01:02	00:08:39	01:10:43,944	04:43	10
55.	110	Gonçalo Esteves	BTT Marinheiros / Pelarigo	M	M35	00:00:48	00:08:01	01:10:56,743	04:44	10
56.	58	Joaquim Pinheiro		M	M35	00:00:53	00:07:55	01:10:58,808	04:44	11
57.	63	David Farinha	3B-S	M	Sen M	00:00:57	00:08:25	01:11:14,675	04:45	11
58.	96	Carlos Ribeiro		M	M35	00:00:59	00:09:08	01:11:54,493	04:47	12
59.	68	Paulo Cardoso	3B-S	M	M40	00:00:59	00:08:24	01:12:42,450	04:51	11
60.	3	César Gomes	pace.makers	M	M45	00:00:51	00:08:34	01:13:11,499	04:53	13
61.	8	Petru Nemes		M	M50	00:00:49	00:07:59	01:14:40,100	04:59	5
62.	33	Pedro Trabucho	BPI Runners	M	M50	00:00:49	00:08:33	01:15:01,514	05:00	6
63.	120	Helder Lopes		M	M40	00:00:57	00:08:25	01:15:13,294	05:01	12
64.	62	Dário Fidalgo	3B-S	M	Sen M	00:00:50	00:07:58	01:15:36,670	05:02	12
65.	88	Frederico Sismeiro	Os Intocáveis	M	M40	00:01:06	00:09:32	01:15:38,219	05:02	13
66.	95	Luis Santos	Salvaterra Night Runners	M	M50	00:01:01	00:08:40	01:15:48,680	05:03	7
67.	43	Antonio Ferreira		M	M55	00:00:47	00:08:31	01:16:05,545	05:04	6
68.	67	Madalena Fontinhas	3B-S	F	F35	00:00:51	00:07:58	01:16:10,105	05:05	1
69.	64	Hugo Gomes	3B-S	M	Sen M	00:00:51	00:07:58	01:16:11,011	05:05	13
70.	10	João Santos	Clube de Praças da Armada	M	M50	00:00:49	00:07:57	01:16:16,910	05:05	8
71.	104	Manuel Martins	C.U.A.Benaventense/Trilho Perdido Eventos	M	M60	00:00:48	00:08:43	01:16:21,709	05:05	4
72.	15	Eduardo Gomes		M	M45	00:00:49	00:08:17	01:16:38,077	05:07	14
73.	39	João Calisto		M	M55	00:00:53	00:08:50	01:16:43,306	05:07	7
74.	1	Carlos Pena	GRD OS FIXES	M	M45	00:01:05	00:09:13	01:17:31,616	05:10	15
75.	80	Bruno Silva	Silva team	M	M35	00:00:51	00:08:59	01:17:49,325	05:11	13
76.	47	Claudia Borralho	Belém Runners	F	F35	00:00:50	00:09:00	01:17:53,628	05:11	2
77.	51	Lénia Silva	Belém Runners	F	F35	00:00:50	00:09:01	01:18:02,907	05:12	3
78.	115	Pedro Favinha	Belém Runners	M	M45	00:00:50	00:09:01	01:18:13,885	05:13	16
79.	71	Susana Frazão	3B-S	F	F35	00:01:03	00:09:15	01:20:00,898	05:20	4
80.	60	Rui Silva	Silva team	M	M35	00:00:50	00:09:00	01:20:11,317	05:21	14
81.	56	Rosa Freitas	Belém Runners	F	F45	00:00:49	00:09:00	01:20:14,681	05:21	2
82.	6	Amável Luz		M	M55	00:00:49	00:08:45	01:20:28,233	05:22	8
83.	81	António Grazina		M	M60	00:00:58	00:09:13	01:20:34,655	05:22	5
84.	24	Leandro Santos		M	M60	00:00:48	00:08:10	01:21:39,361	05:26	6
85.	106	Edite Pires	C.U.A.Benaventense/Trilho Perdido Eventos	F	F45	00:00:43	00:08:35	01:21:42,988	05:27	3
86.	66	João Sousa	3B-S	M	M55	00:01:02	00:10:00	01:22:11,748	05:29	9
87.	42	Rute Sousa	Juventude Desportiva Almansor	F	F35	00:00:54	00:09:00	01:22:20,602	05:29	5
88.	52	Michele Correia	Belém Runners	F	F35	00:01:09	00:10:53	01:23:38,923	05:35	6
89.	53	Nuno Naia	Belém Runners	M	M40	00:00:42	00:07:55	01:23:39,594	05:35	14
90.	41	Paulo Guerra	Juventude Desportiva Almansor	M	M45	00:01:04	00:09:56	01:24:00,197	05:36	17

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91.	19	Claudia Lourenço	SS CGD	F	F45	00:00:57	00:09:35	01:24:15,232	05:37	4
92.	31	José Braga	Tejo Tsunami Team	M	M60	00:00:59	00:09:14	01:24:51,955	05:40	7
93.	89	Ricardo Mesquita	S C D Glória do Ribatejo	M	Sen M	00:00:59	00:09:13	01:25:06,174	05:40	14
94.	111	Artur Gonçalves	lebres do sado	M	M40	00:01:01	00:09:38	01:25:39,172	05:43	15
95.	83	Julio Parreira	Chester´s Team	M	M60	00:00:53	00:09:15	01:26:37,362	05:46	8
96.	73	Diogo Leite		M	M45	00:00:57	00:09:13	01:27:48,923	05:51	18
97.	22	Ricardo Seródio		M	M35	00:01:08	00:10:04	01:27:50,322	05:52	15
98.	112	Estela Gonçalves	lebres do sado	F	F35	00:01:01	00:09:39	01:28:55,870	05:56	7
99.	20	Natalia Fernandes		F	F35	00:01:08	00:10:17	01:29:18,885	05:57	8
100.	21	Paulo Fernandes	Cartaxo Night Runners	M	M40	00:01:08	00:10:04	01:29:18,989	05:57	16
101.	107	José Catita		M	M55	00:01:07	00:10:31	01:29:47,425	05:59	10
102.	59	Vítor Fernandes	CALMA - Tomar	M	M60	00:01:09	00:10:32	01:30:49,600	06:03	9
103.	77	Manuel Carlos	CALMA - Tomar	M	M55	00:01:09	00:10:31	01:30:51,054	06:04	11
104.	37	Eduardo Amorim		M	M45	00:01:09	00:10:29	01:36:19,922	06:25	19
105.	90	Carlos Silva	Fortíssimos Running Team	M	Sen M	00:00:52	00:09:01	01:37:43,506	06:31	15
106.	17	Ana Galhardo		F	F35	00:01:08	00:10:17	01:40:45,950	06:43	9
-	25	Ângela Mendes	C.C.D. O ALVITEJO	F	Sen F	00:00:46	00:08:58			