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Jorge Gomes Sn 1:02:49	Adriano Vitorino Sn 1:05:16	Hilario Oliveira Vt4 1:07:04
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Jose Verissimo Sn 1:02:56	Antonio Mendes Vt3 1:05:20	Luis Macedo Sn 1:07:08
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Armando Aires Vt2 1:03:55	Antonio Benigno Vt2 1:06:05	Antonio Ferreira Vt1 1:08:05
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Jose Pedro Vt3 1:03:59	Joao Bras Sn 1:06:06	Jose Nogueira Vt1 1:08:17
Anibal Nunes Vt1 1:04:01	Luis Sousa Sn 1:06:07	Fernando Mendes Vt3 1:08:18
Umbelina Nunes Vt1 1:04:02	Augusto Fernandes Vt1 1:06:08	Atilio Gaspar Vt2 1:08:21
Pedro Marinho Sn 1:04:02	Jose Cabrita Vt4 1:06:11	Antonio Duarte Vt1 1:08:22
Luis Ferreira Sn 1:04:05	Jose Simao Vt1 1:06:14	Paulo Ferreira Sn 1:08:24
Tome Santos Sn 1:04:07	Carlos Firmino Vt3 1:06:16	Raul Pimenta Vt2 1:08:24
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Adriano Dinis Sn 1:05:10	Henrique Costa Sn 1:06:58	Manuel Santos Vt2 1:09:09
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Firmino Valentim	V11 1:09:32	Jose Vicente	Sn 1:11:58	Jose Santos	Sn 1:14:32	Alfredo Almeida	V11 1:18:43	Luis Almeida	Sn 1:24:01		
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Luis Cerqueira	Sn 1:09:36	António Fernandes	V11 1:12:05	Paulo Curro	Sn 1:14:37	Jose Goncalves	V11 1:18:46	Lino Macao	V12 1:24:15		
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Jose Campanico	V13 1:09:53	Antonio Rodrigues	V14 1:12:17	Faustino Mestre	V11 1:15:12	Antonio Reis	Sn 1:19:03	Sergio Morica	Sn 1:24:52		
Humberto Pinheiro	V14 1:09:53	Alfredo Zegre	V14 1:12:18	Jose Carola	Sn 1:15:14	Joao Pereira	V11 1:19:16	Anibal Pereira	V12 1:24:53		
Alvaro Figueira	V12 1:09:55	Domingos Barreiros	V14 1:12:19	Ernesto Mendes	V11 1:15:20	Manuel Alves	Sn 1:19:18	Nuno Costa	Sn 1:24:56		
Joao Viana	Sn 1:09:56	Elio Fura	Sn 1:12:21	Carlos Rodrigues	V14 1:15:21	Idalio Bandeira	V13 1:19:22	Carlos Rosado	V11 1:24:59		
Francisco Terenas	V13 1:09:57	Jose Dionisio	V11 1:12:22	Mario Santos	Sn 1:15:24	Fernando Spinola	V14 1:19:22	Joao Parada	Sn 1:25:07		
Joao Rolo	V11 1:09:59	Jacinto Vaz	V11 1:12:23	Joao Anjos	Sn 1:15:26	Luis Maltez	V11 1:19:28	Carlos Salgueiro	Sn 1:25:17		
Armando Barbosa	V11 1:09:59	Dinis Silva	V11 1:12:24	Eduardo Rodrigues	Sn 1:15:29	Jose Fartaria	V12 1:19:29	Jose Vicente	V13 1:25:23		
Silvio Martins	V12 1:10:01	Bruno Silva	Sn 1:12:26	Manuel Goncalves	V13 1:15:30	Vitor Gomes	V12 1:19:30	Antonio Moura	V11 1:25:24		
Jose Rodrigues	V11 1:10:02	Antonio Evaristo	V13 1:12:27	Pedro Amigo	V11 1:15:31	Jorge Mendonca	V12 1:19:31	Joao Carvalho	Sn 1:25:25		
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Joao Azevedo	Sn 1:10:04	Jorge Duarte	Sn 1:12:29	Paulo Soares	Sn 1:15:36	Fernando Severino	V11 1:19:31	Carlos Maltez	Sn 1:25:40		
Acilio Marques	V12 1:10:04	Joao Nascimento	V14 1:12:30	Jose Real	V12 1:15:36	Francisco Ferreira	V12 1:19:35	Fernando Santos	Sn 1:25:50		
Duarte Santos	V12 1:10:06	Eduardo Almeida	V13 1:12:31	Manuel Catarino	Sn 1:15:37	Vitor Jorge	V11 1:19:37	Joao Matos	V12 1:25:50		
Antonio Cavallo	Sn 1:10:08	Raul Santos	V13 1:12:32	Mendes Pinto	V12 1:15:38	Jose Loule	V14 1:19:40	Fernando Rosado	Sn 1:26:02		
Fernando Farinha	V12 1:10:10	Rui Lopes	V12 1:12:33	Antonio Cardigos	V13 1:15:41	Fernando Silva	Sn 1:19:43	Vitor Boim	V14 1:26:06		
450				550				650			
Luis Paixao	V11 1:10:14	Cipriano Silva	V13 1:12:37	Antonio Albuquerque	Sn 1:15:42	Joao Figueiredo	V13 1:19:47	Carlos Campos	V13 1:26:18		
Carlos Silva	Sn 1:10:17	Jose Carlos	V12 1:12:38	Joao Nelo	Sn 1:15:44	Artur Dinis	V11 1:19:48	Raul Sousa	V14 1:26:26		
Carlos Carvalho	V12 1:10:18	Humberto Ferreira	V13 1:12:39	Gualdino Freire	V13 1:15:46	Alfredo Santos	V13 1:19:49	Eduardo Tafula	V13 1:26:33		
Joao Capinha	V12 1:10:19	Vitor Barata	Sn 1:12:40	Teresa Lopes	Sef 1:15:48	Ilidio Loureiro	V14 1:19:53	Manuel Santos	V12 1:26:35		
Jose Bento	V14 1:10:20	Jose Pereira	V13 1:12:40	Jose Silva	V11 1:15:49	Gabriel Anastacio	Sn 1:19:54	Anabela Carvalho	Sef 1:26:45		
Jacinto Lamarosa	Sn 1:10:22	Pedro Pinto	Sn 1:12:41	Key Moya	Sn 1:15:52	Carlos Duarte	Sn 1:19:56	Miguel Jorge	Sn 1:27:17		
Amadeu Lopes	V14 1:10:23	Henrique Dias	V12 1:12:42	Joao Veiga	V12 1:15:54	Duarte Correia	Sn 1:19:56	Antonio Gomes	Sn 1:27:19		
Joao Damas	V11 1:10:26	Joao Mousinho	V14 1:12:43	Antonio Pescador	Sn 1:15:55	Fernando Silva	Sn 1:20:06	Joao Mouchinho	V11 1:27:24		
Carlos Pascoal	Sn 1:10:27	Luis Santos	V14 1:12:44	Manuel Ferreira	V13 1:15:56	Carlos Tavares	V14 1:20:07	Ribeiro	V12 1:27:27		
Joao Grande	V11 1:10:28	Humberto Cabral	Sn 1:12:45	Nelson Rodrigues	Sn 1:15:57	Ilidio Monteiro	V12 1:20:10	Ludgero Caldeira	V13 1:27:33		
Armando Parreira	Sn 1:10:29	Joao Branco	V12 1:12:46	Jose Alves	V12 1:15:58	Salvador Passos	V14 1:20:18	Ramiro Nunes	V14 1:27:36		
Joao Monica	Sn 1:10:37	Fernando Peixoto	Sn 1:12:47	Joao Ruivo	V12 1:15:58	Jose Monteiro	V11 1:20:19	Manuel Castilho	V12 1:27:38		
Manuel Cardoso	V13 1:10:41	Joao Franco	V11 1:12:48	Joao Leitao	V11 1:15:59	Adriano Silva	V14 1:20:30	M.Ceu Silva	V11 1:27:38		
Joao Jesus	V12 1:10:43	Manuel Lourenco	V12 1:12:49	Jose Botelho	V12 1:16:00	Pedro Chiote	V11 1:20:31	Antonio Figueiredo	V11 1:27:39		
Carlos Antunes	Sn 1:10:44	Paulo Maduro	Sn 1:12:51	Bernardino Cruz	V13 1:16:07	Joao Duarte	V11 1:20:34	Demostenes Mesquita	V14 1:27:40		
Sergio Daniel	V14 1:10:45	Helder Romano	Sn 1:12:52	Francisco Cristo	V12 1:16:10	Jose Silva	Sn 1:20:34	Antonio Medeiros	V14 1:27:48		
Salomao Ribeiro	V12 1:10:46	Victor Mouchou	Sn 1:12:53	Jose Mendes	V13 1:16:13	Carlos Nunes	V11 1:20:42	Jose Loucas	V14 1:28:33		
Adriano Cunha	V11 1:10:47	Daniel Silva	Sn 1:12:55	Vitor Rodrigues	V12 1:16:13	Carlos Unia	V13 1:20:57	Antonio Fernandes	V11 1:28:45		
Jorge Formigo	V13 1:10:49	Jose Bugalho	V12 1:12:56	Fernando Rodrigues	Sn 1:16:19	Manuel Ferreira	V14 1:20:59	Orlando Silva	V14 1:28:46		
Antonio Adro	Sn 1:10:50	Jose Silva	V11 1:12:57	Bruno Martins	V11 1:16:26	Jose Nunes	V11 1:21:00	Alfredo Morgado	V14 1:28:46		
Jose Alberto	V13 1:10:51	Fernando Fragateiro	Sn 1:12:59	Manuel Augusto	V14 1:16:27	Luis Amornim	V11 1:21:01	Luis Borrego	V12 1:28:47		
Jose Gomes	V14 1:10:52	Vitor Sousa	V12 1:13:00	Arons Carvalho	V12 1:16:33	Costa	V14 1:21:03	Manuel Ferreira	V13 1:28:47		
Carlos Correia	V13 1:10:53	Mendonca Dias	V12 1:13:04	Pedro Lemos	Sn 1:16:33	Francisco Simao	V12 1:21:05	Fernando Ganhao	V13 1:28:56		
Domingos Correia	V12 1:10:53	Rui Macovio	Sn 1:13:04	Joao Pegas	V11 1:16:34	Antonio Vieira	V13 1:21:06	Antonio Ribeiro	V13 1:29:06		
Joao Sampaio	V11 1:10:54	Americo Bento	Sn 1:13:05	Pedro Lisboa	Sn 1:16:35	Vitor Costa	V11 1:21:06	Valdemar Vilar	V15 1:29:06		
Mano Fresco	V13 1:10:55	Francisco Farrajota	V11 1:13:06	Emidio Jorge	V12 1:16:37	Rui Raposo	Sn 1:21:17	Joao Leite	Sn 1:29:07		
Ilidio Fernandes	V11 1:10:56	Jose Sobreira	Sn 1:13:07	Mario Delgado	V11 1:16:38	Maio Silva	V14 1:21:18	Adriano Catarino	V14 1:29:54		
Adriano Lameiro	V12 1:10:57	Carlos Miguel	Sn 1:13:09	Victor Tim-Tim	V12 1:16:42	Victor Reis	V12 1:21:21	Bernardo Pinho	V12 1:29:56		
Antonio Brito	V14 1:10:58	Jose Figueiredo	V14 1:13:10	Rui Leal	Sn 1:16:43	Margarida Amigo	Sef 1:21:23	Luis Agostinho	V12 1:30:02		
Luis Franco	V12 1:11:01	Gracieta Lousada	V11 1:13:11	Antonio Venancio	V12 1:16:44	Antonio Loureiro	V12 1:21:30	Manuel Rodrigues	V11 1:30:07		
Isidoro Silva	V13 1:11:02	Jose Muxaxo	V11 1:13:16	Henrique Almeida	V12 1:16:50	Joao Gaspar	Sn 1:21:31	Maria Carmo	V11 1:30:11		
Carlos Duarte	V11 1:11:03	Joao Silva	Sn 1:13:18	Jose Ribeiro	V13 1:16:52	Manuel Marta	V13 1:21:34	Adelino Calado	V11 1:30:16		
Manuel Samora	V14 1:11:05	Rui Viggoco	V13 1:13:21	Ana Matos	Sef 1:16:53	Joao Marcelino	V14 1:21:35	Jose Vilela	Sn 1:30:36		
Julio Pedrosa	V14 1:11:05	Jose Pedro	Sn 1:13:22	Jorge Fradique	Sn 1:16:54	Rui Melo	V11 1:21:36	Luis Saraiva	Sn 1:30:58		
Joao Borges	V14 1:11:06	Luis Tomasio	Sn 1:13:23	Tito Santos	Sn 1:16:54	Placido Rosa	V14 1:21:41	Jose Moreira	V14 1:31:06		
Joao Pereira	V14 1:11:08	Amaro Mola	Sn 1:13:26	Carlos Costa	Sn 1:16:55	Manuel Santos	V13 1:21:42	Valter Pinheiro	V13 1:31:40		
Joao Moita	V12 1:11:10	Almerindo Silva	Sn 1:13:29	Jose Silva	V13 1:17:02	Rogério Mota	Sn 1:21:53	Jorge Alves	Sn 1:31:55		
Nuno Arraias	Sn 1:11:11	Amadeu Ferreira	V14 1:13:37	Ana Marques	Sef 1:17:04	Carlos Suissas	Sn 1:21:59	Manuel Franco	V12 1:33:06		
Carlos Silva	V11 1:11:12	Jose Pontes	V12 1:13:39	Humberto Lopes	V13 1:17:07	Anibal Pimenta	V13 1:21:59	Jose Galvao	Sn 1:33:34		
Agostinho Antunes	V12 1:11:14	Carlos Moreira	V12 1:13:41	Manuel Almeida	V12 1:17:12	Carlos Silva	V13 1:22:03	Gabriel Pessoa	Sn 1:34:03		
Esmeraldo Pereira	V13 1:11:15	Paulo Leonardo	Sn 1:13:41	Pedro Lopes	V12 1:17:13	Antonio Pimpao	V12 1:22:11	Armando Almeida	V14 1:34:17		
Joao Cordeiro	V13 1:11:17	Manuela Moço	V11 1:13:43	Anabela Pinela	Sef 1:17:14	Paulo Viegas	V11 1:22:15	Rui Ferreira	Sn 1:34:24		
Vitorino Rosado	V13 1:11:18	Jose Quintas	V13 1:13:46	Jose Ferreira	V13 1:17:23	Pedro Pimentel	Sn 1:22:18	Jose Pereira	V12 1:35:05		
Manuel Martins	V14 1:11:19	Luciano Fernandes	V13 1:13:48	Augusto Teixeira	V12 1:17:25	Pinho	V11 1:22:23	Jose Lourenco	Sn 1:35:13		
Jose Costa	Sn 1:11:20	Antonio Almeida	V13 1:13:49	Fernando Lemos	V12 1:17:25	Adao Bassaqueir	V13 1:22:33	Jose Fialho	Sn 1:35:13		
Augusto Silva	V13 1:11:22	Carlos Oliveira	V13 1:13:49	Felisberto Rei	V12 1:17:27	Armando Almeida	Sn 1:22:36	Joao Brito	V14 1:35:20		
Vitor Passarinho	Sn 1:11:23	Nascimento Costa	V13 1:13:50	Raul Henriques	V15 1:17:32	Manuel Neves	V14 1:22:37	Alvaro Padrao	V14 1:35:21		
Carlos Silva	V12 1:11:24	Artur Monteiro	Sn 1:13:51	Ivo Silva	V12 1:17:39	Helder Henriques	V11 1:22:39	Anastacio Valadas	V11 1:35:28		
Joao Ferreira	V12 1:11:25	Armando Luis	V13 1:13:52	Costa	V12 1:17:40	Lopes	Sn 1:22:46	Antonio Tavares	Sn 1:36:08		
Jose Cardoso	V11 1:11:27	Joaoquin Pinto	V12 1:13:53	Fernando Travassos	V13 1:17:43	Augusto Fernandes	V13 1:22:51	Manuel Fiuba	V12 1:36:09		
500				600				800			
Jose Agostinho	V14 1:11:30	Manuel Henriques	V11 1:13:57	Henrique Ferreira	V14 1:17:45	Domingos Santos	V11 1:22:52	Joao Pires	V14 1:36:22		
Abel Garcia	V14 1:11:31	Amenio Andrade	V12 1:13:57	Fernando Cardoso	Sn 1:17:45	Antonio Andre	V13 1:23:02	Jose Rosario	V12 1:37:45		
Marcelino Verissimo	Sn 1:11:33	Carlos Correia	V11 1:14:03	Jose Louro	V14 1:17:46	Luis Fernandes	V13 1:23:07	Artur Esteves	Sn 1:38:21		
Jose Santos	V14 1:11:34	Francisco Ramos	V12 1:14:04	Joaoquin Peixeiro	V12 1:17:47	Jose Isidoro	V13 1:23:14	Fernando Pires	V13 1:38:50		
Dinis Santos	V11 1:11:35	Jose Duarte	V13 1:14:05	Vitor Clemente	V12 1:17:51	Martins Sef	V12 1:23:20	Amadeu Araujo	Sn 1:39:33		
Antonio Veloso	V12 1:11:36	Jose Ferrera	V12 1:14:06	Mario Pinela	Sn 1:17:52	Juan Ruiz	V12 1:23:24	Antonio Vaz	V14 1:40:30		
Joao Durao	V12 1:11:37	Vitor Rodrigues	Sn 1:14:07	Luciano Branco	V13 1:17:53	Jorge Lobo	Sn 1:23:24				
Paulo Rebelo	Sn 1:11:38	Jose Cunha	Sn 1:14:07	Antonio Nascimento	V14 1:17:54	Jose Pacheco	V12 1:23:25				