

Pos	Dorsal	Nome	Género	Escalão	Clube	Tempo
1	34	JOÃO ALMEIDA	M	Senior M.	INDIVIDUAL	02:57:54
2	35	JOÃO FIGUEIREDO	M	Senior M.	CONQUISTA GINÁSIO - CADAVAL	03:19:18
3	29	CARLOS COSTA	M	Senior M.	ESCOLA ATLETISMO DE COIMBRA/ JPAIVA	03:20:49
4	31	JOÃO BELTRÃO	M	Vet. M40	INDIVIDUAL	03:21:20
5	12	JORGE RIBEIRO	M	Vet M35	HOMEWORKOUT & ACTIFISIO RUNNING TEAM	03:30:22
6	56	MANUEL PINTO	M	Senior M.	TRIBO NR	03:30:55
7	33	PAULO GOMES	M	Vet. M40	INDIVIDUAL	03:43:49
8	30	PEDRO BARGÃO	M	Vet. M45	PEDROGÃO TRIATLO	03:45:42
9	21	JOEL FERREIRA	M	Vet M35	INDIVIDUAL	03:47:51
10	17	JENNIFER MAIA	F	Senior F.	INDIVIDUAL	03:48:07
11	50	RAFAEL GOMES	M	Senior M.	GRUPO DESPORTIVO FERREIRENSE	03:48:23
12	55	ACÍLIO NORO	M	Vet. M45	Soure MOV	03:49:12
13	32	PEDRO PEREIRA	M	Vet. M55	INDIVIDUAL	03:51:07
14	22	ADRIANO ARAÚJO	M	Vet. M45	CONQUISTA GINÁSIO - CADAVAL	03:55:54
15	52	JOÃO SALUSTIANO	M	Vet. M50	INDIVIDUAL	04:08:05
16	42	BRUNO ESTÊVÃO	M	Vet M35	INDIVIDUAL	04:11:27
17	58	MÁRCIO EVARISTO	M	Vet M35	INDIVIDUAL	04:13:05
18	59	JORGE JUSTO	M	Vet. M55	INDIVIDUAL	04:15:02
19	10	PEDRO VICENTE	M	Vet. M55	INDIVIDUAL	04:21:21
20	39	PAULO CARDOSO	M	Vet. M45	INDIVIDUAL	04:22:06
21	8	GUILHERME GUILHERME	M	Vet. M50	INDIVIDUAL	04:24:44
22	51	HENRIQUE FERREIRA	M	Vet. M40	INDIVIDUAL	04:27:14
23	48	INÊS PEIXOTO	F	Vet F40	INDIVIDUAL	04:30:11
24	44	JOÃO VEIGA	M	Senior M.	IRON BROTHERS	04:32:37
25	49	ANA MENDES	F	Vet F40	INDIVIDUAL	04:32:59
26	11	RUI SILVA	M	Vet. M45	OS PAPA MILHAS	04:32:59
27	16	ANDRÉ WIBORG	M	Vet. M60	INDIVIDUAL	04:35:05
28	25	FREDERICO WIBORG	M	Vet. M50	INDIVIDUAL	04:37:44
29	20	JOSÉ FERNANDES	M	Vet. M55	INDIVIDUAL	04:43:11
30	14	PEDRO ROQUE	M	Vet. M50	OS PAPA MILHAS	04:47:31
31	53	SANDRA SIMÕES	F	Vet F45	INDIVIDUAL	04:51:52
32	15	CANDITA GANCHAS	F	Vet F45	INDIVIDUAL	04:53:44
33	5	LUÍS AGUIAR	M	Vet. M45	INDIVIDUAL	05:03:04
34	41	GILVANIA VELASCO	F	Vet F50	INDIVIDUAL	05:24:18
35	19	LUÍS BONITO	M	Vet. M45	INDIVIDUAL	05:43:24
36	7	JOSE BRANCO	M	Vet. M45	INDIVIDUAL	06:20:55