

Lugar	Dorsal	Sexo	Atleta	País	Equipa	Escalão	Tempo	Diferença
1	601	M	MIGUEL ARSENIO	PORTUGAL	EDV VIANA TRAIL	M SEN	02:35:53.297	00:00:00.000
2	901	M	ANDRÉ COSTA	PORTUGAL	CLUBE DE PRAÇAS DA ARMADA	M SEN	02:37:27.033	00:01:33.736
3	803	M	LUIS GIL	PORTUGAL	GRUPO DESPORTIVO DO ESTREITO	M40	03:00:46.727	00:24:53.430
4	608	M	ARTUR RODRIGUES	PORTUGAL	PNB - BESTOFDAY.NET	M40	03:01:39.420	00:25:46.123
5	898	M	EMÍLIO CARVALHO	PORTUGAL	THE ROOKIES	M40	03:02:48.580	00:26:55.283
6	647	M	EDGAR RESENDE	PORTUGAL	INDIVIDUAL	M SEN	03:07:45.797	00:31:52.500
7	818	M	FILIFE GUERRA	PORTUGAL	ZONA ALTA TRAIL	M SEN	03:11:19.040	00:35:25.743
8	799	M	JOSÉ MARTINS	PORTUGAL	DCI/TRILHOS LUSO BUSSACO	M60	03:13:10.993	00:37:17.696
9	1478	M	RICARDO BARREIRO	PORTUGAL	IMPETUS TEAM	M SEN	03:13:50.490	00:37:57.193
10	881	M	BRUNO ESTEVES	PORTUGAL	INDIVIDUAL	M SEN	03:18:02.757	00:42:09.460
11	724	M	ANTÓNIO SOUSA	PORTUGAL	ASSOCIAÇÃO DESPORTIVA GRIJÓ A CORRER	M50	03:21:32.687	00:45:39.390
12	850	M	RAUL CORRALES	SPAIN	SAMERTOLOMEU	M40	03:22:06.797	00:46:13.500
13	773	F	FÁTIMA MELO	PORTUGAL	LOVE TILES	F50	03:22:23.867	00:46:30.570
14	921	M	TELMO URCEIRA	SPAIN	DIVE INTO THE MOUNTAINS	M SEN	03:22:45.417	00:46:52.120
15	714	M	PAULO PEREIRA	PORTUGAL	DRAGON CLUB	M40	03:22:49.460	00:46:56.163
16	765	M	RODRIGO ARAÚJO	PORTUGAL	INDIVIDUAL	M SEN	03:23:01.267	00:47:07.970
17	915	M	FERNANDO GARCÍA	SPAIN	OLÍMPICO VIANENSE	M50	03:24:02.263	00:48:08.966
18	671	M	ABÍLIO RIBEIRO	PORTUGAL	TRAIL RUNNING SUIL PARK	M50	03:26:17.270	00:50:23.973
19	730	M	SÉRGIO SILVA	PORTUGAL	TEAM #ELCOMANDANTE	M SEN	03:27:31.887	00:51:38.590
20	864	F	SANDRA FERREIRA	PORTUGAL	FEIRENSE TRAIL	F40	03:28:26.527	00:52:33.230
21	836	M	FRANCISCO SALGADO-SEIXAS	PORTUGAL	INDIVIDUAL	M SEN	03:28:27.373	00:52:34.076
22	793	M	PEDRO BARBOSA	PORTUGAL	RUNRIVER- ESCOLA DE ATLETISMO DE RIO TINTO	M40	03:29:24.807	00:53:31.510
23	702	M	MIGUEL MACIEIRA	PORTUGAL	INDIVIDUAL	M50	03:29:48.027	00:53:54.730
24	653	M	JOSÉ CORREIA	PORTUGAL	INDIVIDUAL	M SEN	03:30:19.030	00:54:25.733
25	804	M	VITOR PINTO	PORTUGAL	OCS - ARRÁBIDA TRAIL TEAM	M SEN	03:30:50.280	00:54:56.983
26	879	M	ELISEU LEITE	PORTUGAL	LOBOS DO MONTE RUN	M40	03:31:13.100	00:55:19.803
27	873	M	JORGE BASTOS	PORTUGAL	PERNETAS	M40	03:31:32.530	00:55:39.233
28	897	M	DANIEL RIBEIRO	PORTUGAL	INDIVIDUAL	M SEN	03:31:55.533	00:56:02.236
29	844	M	FERNANDO SOUSA	PORTUGAL	LOBOS DO MONTE RUN	M SEN	03:31:56.533	00:56:03.236
30	832	M	ISAAC COSTA	PORTUGAL	NÚCLEO DE MONTANHA DE ESPINHO	M40	03:32:52.587	00:56:59.290
31	785	M	GUSTAVO VILAR	SPAIN	GTR-GALAICO TRAIL RUN	M SEN	03:33:40.327	00:57:47.030
32	654	M	FERNANDO GONÇALVES	PORTUGAL	DCI/TRILHOS LUSO BUSSACO	M50	03:33:53.057	00:57:59.760
33	672	M	PAULO FERNANDES	PORTUGAL	RUN4FUN VILA REAL	M40	03:35:36.797	00:59:43.500
34	756	M	HUGO MARTINS	PORTUGAL	INDIVIDUAL	M40	03:36:14.040	01:00:20.743
35	919	M	NUNO CAMPOS	PORTUGAL	INDIVIDUAL	M40	03:36:45.557	01:00:52.260
36	681	M	FILIFE AFONSO	PORTUGAL	AC PORTALEGRE /UTSM	M40	03:37:46.543	01:01:53.246
37	856	M	MANUEL FERREIRA	PORTUGAL	INDIVIDUAL	M50	03:37:57.797	01:02:04.500
38	632	M	HÉLDER MELO	PORTUGAL	AC PORTALEGRE/UTSM	M SEN	03:39:10.533	01:03:17.236
39	824	M	PAULO TAVARES	PORTUGAL	BEAPT	M40	03:39:20.297	01:03:27.000
40	770	M	VITOR MENDES	PORTUGAL	TESCO TEAM	M40	03:41:18.800	01:05:25.503
41	706	M	MÁRIO MONTEIRO	PORTUGAL	RUN4FUN VILA REAL	M40	03:42:09.270	01:06:15.973
42	736	M	MIGUEL NOVAIS	PORTUGAL	INDIVIDUAL	M40	03:42:26.803	01:06:33.506

Lugar	Dorsal	Sexo	Atleta	País	Equipa	Escalão	Tempo	Diferença
43	812	M	RICARDO BOMTEMPO	PORTUGAL	INDIVIDUAL	M40	03:42:27.757	01:06:34.460
44	845	M	FERNANDO ANTUNES	PORTUGAL	TURBULENTOS	M60	03:42:55.307	01:07:02.010
45	872	M	MARCO CUNHA	PORTUGAL	C.D. MEXE AS PERNAS	M40	03:43:18.017	01:07:24.720
46	747	M	JOSÉ GRAÇA	PORTUGAL	C.D. SÃO SALVADOR DO CAMPO	M40	03:44:00.247	01:08:06.950
47	610	M	PEDRO FREITAS	PORTUGAL	ARRIBAS	M SEN	03:44:08.247	01:08:14.950
48	699	M	MANUEL CHANTRE	PORTUGAL	CLUBE DE TRAIL DO ALVÃO	M50	03:44:35.307	01:08:42.010
49	609	M	ALEX TONDELA	PORTUGAL	VVTR VALONGO VOUGA TRAIL RUNNING	M40	03:47:07.563	01:11:14.266
50	602	F	ALEXANDRA FERNANDES	PORTUGAL	ATAD ORALKLASS	F50	03:48:03.213	01:12:09.916
51	778	M	CARLOS MIRANDA	PORTUGAL	FURNA TEAM	M SEN	03:48:37.710	01:12:44.413
52	861	M	MIGUEL SILVA	PORTUGAL	INDIVIDUAL	M SEN	03:48:40.567	01:12:47.270
53	606	F	CATARINA FERNANDES	PORTUGAL	INDIVIDUAL	F SEN	03:49:40.260	01:13:46.963
54	613	M	JOSÉ MOREIRA	PORTUGAL	VIRIATHVS RUNNERS VISEU	M50	03:49:40.260	01:13:46.963
55	871	M	JOSE GOMES	PORTUGAL	AGUALVA RUNNERS	M40	03:50:07.443	01:14:14.146
56	692	M	HUGO TEIXEIRA	PORTUGAL	RETORTA - QUINTA DAS ARCAS	M40	03:50:37.190	01:14:43.893
57	710	M	FRANCISCO PINHEIRO	PORTUGAL	INDIVIDUAL	M40	03:50:58.320	01:15:05.023
58	737	M	ERNESTO PEREIRA	PORTUGAL	OS GALGOS	M50	03:51:10.570	01:15:17.273
59	810	M	JUAN NOVOA	SPAIN	GTR-GALAICO TRAIL RUN	M SEN	03:51:43.570	01:15:50.273
60	865	M	PAULO MOREIRA	PORTUGAL	LOBOS DO MONTE	M50	03:52:17.927	01:16:24.630
61	624	M	PAULO SILVA	PORTUGAL	INDIVIDUAL	M40	03:52:28.320	01:16:35.023
62	661	M	RUI SOUSA	PORTUGAL	OFRUNNING TEAM	M40	03:52:57.823	01:17:04.526
63	768	M	DINIS SILVA	PORTUGAL	INDIVIDUAL	M SEN	03:53:30.240	01:17:36.943
64	641	M	MANUEL RODRIGUES	PORTUGAL	ARCORUN	M60	03:55:48.077	01:19:54.780
65	605	M	ANTÓNIO LOUREIRO	PORTUGAL	AUTISTIC RUNNERS	M50	03:55:50.327	01:19:57.030
66	629	M	JOAQUIM SILVA	PORTUGAL	TEAM LANTEMIL	M40	03:56:46.147	01:20:52.850
67	666	M	BRUNO FERREIRA	PORTUGAL	OSTEO PERFORMANCE 360°	M SEN	03:57:13.890	01:21:20.593
68	687	M	PEDRO VILELA	PORTUGAL	TRILHOS DE VIANA	M40	03:57:40.083	01:21:46.786
69	680	M	PAULO GOMES	PORTUGAL	WERUN	M40	03:58:06.837	01:22:13.540
70	863	M	CARLOS RIBEIRO	PORTUGAL	DIVE INTO THE MOUNTAINS	M40	03:58:28.497	01:22:35.200
71	755	M	CARLOS RODRIGUES	PORTUGAL	EDV VIANA TRAIL	M SEN	03:59:12.370	01:23:19.073
72	867	F	FÁTIMA AMOÍNHA	PORTUGAL	LOBOS DO BRUNHEIRO DE CHAVES	F40	03:59:15.377	01:23:22.080
73	878	M	PAULO FIALHO	PORTUGAL	OCS - ARRÁBIDA TRAIL TEAM	M50	03:59:16.873	01:23:23.576
74	843	M	ANGELO PEREIRA	PORTUGAL	INDIVIDUAL	M50	03:59:23.840	01:23:30.543
75	876	M	DAVID CAMELO	PORTUGAL	CINFÃES A CORRER	M40	03:59:40.380	01:23:47.083
76	834	M	MODESTO RODRIGUES	PORTUGAL	MAR	M50	03:59:45.347	01:23:52.050
77	761	M	BRUNO BARGE	PORTUGAL	C.D.C. SÃO MARTINHO DA GÂNDARA	M40	04:00:19.363	01:24:26.066
78	880	M	GONCALO COUTO	PORTUGAL	RUNNERS DO DEMO	M40	04:00:25.620	01:24:32.323
79	829	M	JOAO VALENTE	PORTUGAL	JUVENTUDE CORTEGACENSE	M SEN	04:00:59.590	01:25:06.293
80	740	M	BRUNO ROSA	PORTUGAL	OS GALGOS	M SEN	04:01:12.093	01:25:18.796
81	826	F	CRISTINA IGLESIAS	PORTUGAL	EDV VIANA TRAIL	F40	04:01:50.593	01:25:57.296
82	885	M	DAMIAN GUTIÉRREZ	SPAIN	CASTRO-TRAIL	M SEN	04:02:06.843	01:26:13.546
83	655	M	TIAGO LIMA	PORTUGAL	AVES RUNNERS	M SEN	04:02:33.093	01:26:39.796
84	838	M	MIGUEL FERREIRA	PORTUGAL	INDIVIDUAL	M40	04:02:44.450	01:26:51.153

Lugar	Dorsal	Sexo	Atleta	País	Equipa	Escalão	Tempo	Diferença
85	825	M	CARLOS ALVES	PORTUGAL	ALL ABOUT	M60	04:03:13.343	01:27:20.046
86	732	M	JORGE REZA	SPAIN	TRIBU TRAIL	M40	04:04:08.077	01:28:14.780
87	769	M	MÁRIO FERREIRA	PORTUGAL	INDIVIDUAL	M SEN	04:04:43.727	01:28:50.430
88	677	M	PEDRO VOGA	PORTUGAL	INDIVIDUAL	M40	04:06:39.603	01:30:46.306
89	908	M	ROMEU LEITE	PORTUGAL	INDIVIDUAL	M40	04:06:40.887	01:30:47.590
90	916	M	LUIS CARVALHO	PORTUGAL	INDIVIDUAL	M SEN	04:07:00.187	01:31:06.890
91	757	M	HUMBERTO PESTANA	PORTUGAL	AD IALBAX	M40	04:07:27.103	01:31:33.806
92	670	M	BRUNO NEVES	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M SEN	04:07:32.057	01:31:38.760
93	697	F	CARLA OLIVEIRA	PORTUGAL	TURBULENTOS	F40	04:08:25.603	01:32:32.306
94	807	M	NUNO SIMÕES	PORTUGAL	INDIVIDUAL	M50	04:08:50.907	01:32:57.610
95	691	M	ANTÓNIO MAGALHÃES	PORTUGAL	NÚCLEO DE MONTANHA DE ESPINHO	M40	04:09:59.090	01:34:05.793
96	698	M	JOSÉ NETO	PORTUGAL	CLUBE DE TRAIL DO ALVÃO	M50	04:10:16.140	01:34:22.843
97	801	M	ÂNGELO NOGUEIRA	PORTUGAL	TEAM LANTEMIL	M40	04:10:18.607	01:34:25.310
98	745	F	ANA GOMES	PORTUGAL	GUARDARUNNERS	F40	04:10:28.360	01:34:35.063
99	612	M	RUBEN CONCEIÇÃO	PORTUGAL	INDIVIDUAL	M SEN	04:10:36.360	01:34:43.063
100	808	F	RAQUEL GUIMARÃES	PORTUGAL	INDIVIDUAL	F40	04:10:50.210	01:34:56.913
101	806	M	RUI MELO	PORTUGAL	CLUBE DE MONTANHISMO DA GUARDA	M50	04:11:09.773	01:35:16.476
102	831	F	BLANDINE CRAVEIRO	FRANCE	NÚCLEO DE MONTANHA DE ESPINHO	F40	04:11:19.280	01:35:25.983
103	797	F	SANDRA PEREIRA	PORTUGAL	TEAM LANTEMIL	F40	04:12:58.037	01:37:04.740
104	796	M	LUÍS PEREIRA	PORTUGAL	TEAM LANTEMIL	M40	04:13:00.010	01:37:06.713
105	888	M	MIGUEL BARROS	PORTUGAL	BOAVISTA TRAIL	M SEN	04:13:28.113	01:37:34.816
106	784	M	EDUARDO PINTO	PORTUGAL	NASCIDOS PARA CORRER	M60	04:14:34.617	01:38:41.320
107	775	M	CAMPOS PATRÍCIO	FRANCE	PENDULÉS	M40	04:14:41.863	01:38:48.566
108	635	M	JOSÉ SOARES	PORTUGAL	INDIVIDUAL	M40	04:14:50.867	01:38:57.570
109	789	M	FAUSTO TEIXEIR	PORTUGAL	LOBOS DO MONTE BTT	M50	04:15:07.867	01:39:14.570
110	875	M	ANÍBAL GODINHO	PORTUGAL	CARACOL TRAIL TEAM	M50	04:15:09.367	01:39:16.070
111	764	F	JOANA CREISSAC	PORTUGAL	INDIVIDUAL	F40	04:15:14.480	01:39:21.183
112	636	M	JOSÉ CORREIA	PORTUGAL	ARCORUN	M40	04:16:15.370	01:40:22.073
113	667	M	LUÍS RAMOS	PORTUGAL	C. F. PEROSINHO TRAIL & RUNNING	M40	04:16:39.697	01:40:46.400
114	729	M	ANDRÉ COSTA	PORTUGAL	INDIVIDUAL	M40	04:17:01.870	01:41:08.573
115	611	F	LUZ PAULO	PORTUGAL	CLUBE DE MONTANHISMO DA GUARDA	F50	04:17:05.247	01:41:11.950
116	689	M	LUIS PEREIRA	PORTUGAL	LOBOS DO MONTE	M40	04:17:11.620	01:41:18.323
117	726	M	ANTÓNIO LOPES	PORTUGAL	PAPAKMS	M50	04:17:15.220	01:41:21.923
118	693	M	DANIEL BATALHA	PORTUGAL	INDIVIDUAL	M SEN	04:17:19.123	01:41:25.826
119	744	M	RUI CARVALHO	PORTUGAL	INDIVIDUAL	M50	04:17:35.723	01:41:42.426
120	739	M	JORGE ALVES	PORTUGAL	LIMITED EDITION	M40	04:17:47.923	01:41:54.626
121	725	M	CARLOS RIPOLINS	PORTUGAL	ASSOCIAÇÃO DESPORTIVA GRIJÓ A CORRER	M60	04:17:56.470	01:42:03.173
122	886	M	JAIME CASTRO	PORTUGAL	RUNNING ESPINHO	M40	04:17:57.980	01:42:04.683
123	859	M	VALTER CORREIA	PORTUGAL	OUTLAW RUNNERS	M40	04:18:25.463	01:42:32.166
124	620	M	FILIPPE PEREIRA	PORTUGAL	INDIVIDUAL	M SEN	04:18:44.373	01:42:51.076
125	603	M	JOSÉ GOMES	PORTUGAL	CERVEIRA TEAM RUNNING	M50	04:19:33.123	01:43:39.826
126	708	M	VICTOR AZEVEDO	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M40	04:19:40.203	01:43:46.906

Lugar	Dorsal	Sexo	Atleta	País	Equipa	Escalão	Tempo	Diferença
127	795	M	EDUARDO BASTOS	PORTUGAL	SERVIÇOS SOCIAIS MONTEPIO GERAL	M40	04:19:44.127	01:43:50.830
128	910	M	JORGE MEIRELES	PORTUGAL	PC RUNNERS	M50	04:19:44.377	01:43:51.080
129	746	M	RUI FILIPE	PORTUGAL	ABCANSADO TRAIL	M40	04:19:49.703	01:43:56.406
130	754	M	TIAGO NOGUEIRA	PORTUGAL	INDIVIDUAL	M40	04:20:17.127	01:44:23.830
131	664	M	MIGUEL CORREIA	PORTUGAL	RUN4FUN VILA REAL	M40	04:20:24.200	01:44:30.903
132	648	M	JORGE COSTA	PORTUGAL	INDIVIDUAL	M SEN	04:21:09.877	01:45:16.580
133	652	M	NELSON BARBOSA	PORTUGAL	INDIVIDUAL	M SEN	04:21:33.380	01:45:40.083
134	650	M	MARCO MENDES	PORTUGAL	INDIVIDUAL	M40	04:21:33.657	01:45:40.360
135	630	M	MÍLTON TRIGO	PORTUGAL	TURBULENTOS	M40	04:22:23.383	01:46:30.086
136	787	M	VITOR DIAS	PORTUGAL	RETORTA - QUINTA DAS ARCAS	M50	04:22:34.883	01:46:41.586
137	889	M	PEDRO TEIXEIRA	PORTUGAL	CLUBE ZUPPER	M40	04:22:37.627	01:46:44.330
138	887	F	OLGA BRANQUINHO	PORTUGAL	EQUIPA A	F50	04:23:03.200	01:47:09.903
139	855	M	ANTÓNIO PEREIRA	PORTUGAL	INVICTA RUNNERS TEAM	M60	04:23:09.883	01:47:16.586
140	906	M	FERNANDO FERREIRA	PORTUGAL	PAREDES AVENTURA	M50	04:23:37.493	01:47:44.196
141	688	M	BRUNO RIBEIRO	PORTUGAL	INDIVIDUAL	M SEN	04:23:38.883	01:47:45.586
142	711	F	FRANCISCA SOUSA	PORTUGAL	DR. RUNNER'S TEAM	F SEN	04:23:43.380	01:47:50.083
143	774	M	JESUS PRIETO-LLORET	SPAIN	CD ATLETAS POPULARES VALLADOLID	M40	04:24:16.917	01:48:23.620
144	771	M	PAULO LEITE	PORTUGAL	ALL ABOUT	M50	04:24:28.533	01:48:35.236
145	798	M	ANTONINO GONÇALVES	PORTUGAL	DESNIVEL POSITIVO	M50	04:24:32.417	01:48:39.120
146	709	M	RICARDO MOREIRA	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M40	04:25:20.887	01:49:27.590
147	833	F	CRISTINA SARAIVA	PORTUGAL	INDIVIDUAL	F50	04:25:51.387	01:49:58.090
148	868	M	HUGO PACHECO	PORTUGAL	INDIVIDUAL	M40	04:26:02.373	01:50:09.076
149	734	M	PEDRO ASSUNCAO	PORTUGAL	PIRILAMPOS TEAM	M40	04:26:27.980	01:50:34.683
150	607	M	HENRIQUE ANTUNES	PORTUGAL	GOAT - WEST TRAIL TEAM/CAPENAFIRME	M40	04:26:39.393	01:50:46.096
151	782	M	JOSÉ MOTA	PORTUGAL	FIT4HIM	M SUB23	04:26:58.143	01:51:04.846
152	851	M	DIOGO AGUIAR	PORTUGAL	INQUIPA	M SEN	04:27:03.890	01:51:10.593
153	817	F	CLÁUDIA CARRILHO	PORTUGAL	ZONA ALTA TRAIL	F SEN	04:27:08.413	01:51:15.116
154	645	M	MANUEL FERNANDES	PORTUGAL	URBANATLETAS	M40	04:27:24.907	01:51:31.610
155	727	M	PEDRO SANTOS	PORTUGAL	MONTES SALOIOS TRAIL TEAM	M40	04:27:49.653	01:51:56.356
156	665	F	HELENA GOMES	PORTUGAL	F. C. PENAFIEL ATLETISMO	F40	04:29:01.487	01:53:08.190
157	741	M	NUNO FONTES	PORTUGAL	ARRIBAS	M SEN	04:29:03.637	01:53:10.340
158	835	F	AUGUSTA RODRIGUES	PORTUGAL	M.A.R	F40	04:29:14.647	01:53:21.350
159	616	M	PEDRO VICENTE	PORTUGAL	INDIVIDUAL	M50	04:29:45.897	01:53:52.600
160	767	M	ANDRÉ CARVALHO	PORTUGAL	INDIVIDUAL	M SEN	04:31:03.647	01:55:10.350
161	753	M	LUIS PIRES	PORTUGAL	INDIVIDUAL	M60	04:31:18.147	01:55:24.850
162	682	M	FILIPE SEQUEIRA	PORTUGAL	RUN4FUN VILA REAL	M40	04:31:26.483	01:55:33.186
163	866	M	PAULO HENRIQUES	PORTUGAL	INDIVIDUAL	M50	04:31:26.523	01:55:33.226
164	675	M	MARIO NOBREGA	PORTUGAL	RUN4FUN VILA REAL	M50	04:31:28.110	01:55:34.813
165	849	M	PAULO NOBRE	PORTUGAL	INQUIPA	M SEN	04:34:12.583	01:58:19.286
166	621	M	MANUEL OLIVEIRA	PORTUGAL	INDIVIDUAL	M50	04:35:01.653	01:59:08.356
167	870	M	ÁLVARO TOJINHA	PORTUGAL	INDIVIDUAL	M40	04:35:27.657	01:59:34.360
168	658	M	PEDRO OLIVEIRA	PORTUGAL	INDIVIDUAL	M50	04:35:29.833	01:59:36.536

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169	805	M	VITOR ARAÚJO	PORTUGAL	MINHO AVENTURA	M50	04:35:48.657	01:59:55.360
170	791	M	VITOR ALVES	PORTUGAL	LOBOS DO MONTE	M SEN	04:36:16.487	02:00:23.190
171	912	M	MIGUEL PLÁCIDO	PORTUGAL	INDIVIDUAL	M40	04:37:02.657	02:01:09.360
172	759	M	AUGUSTO OLIVEIRA	PORTUGAL	INDIVIDUAL	M40	04:37:43.160	02:01:49.863
173	788	M	BRUNO PEREIRA	PORTUGAL	FIT4HIM	M SEN	04:38:09.447	02:02:16.150
174	815	M	GEORGES GOMES	FRANCE	INDIVIDUAL	M50	04:39:58.180	02:04:04.883
175	800	M	JORGE COELHO	PORTUGAL	FEIRENSE TRAIL	M50	04:40:16.917	02:04:23.620
176	852	M	FILIFE ALVES	PORTUGAL	DESNIVEL POSITIVO	M40	04:40:19.030	02:04:25.733
177	839	M	BRUNO PINHEIRO	PORTUGAL	TRAIL TEAM MONTARIA	M SEN	04:40:23.827	02:04:30.530
178	728	M	NUNO GOMES	PORTUGAL	INDIVIDUAL	M40	04:40:56.030	02:05:02.733
179	827	F	GORETI SILVA	PORTUGAL	DESNIVEL POSITIVO	F40	04:40:58.000	02:05:04.703
180	802	M	DANIEL CERZÓN	SPAIN	C.A. VETERANOS DE SAMIL	M SEN	04:41:42.417	02:05:49.120
181	766	M	FERNANDO CASTANHEIRA	PORTUGAL	INDIVIDUAL	M SEN	04:41:52.287	02:05:58.990
182	913	M	SERGIO FERRAZ	PORTUGAL	CFG - THIS IS GENERATION	M40	04:41:57.920	02:06:04.623
183	874	M	VITOR PEREIRA	PORTUGAL	DCI/TRILHOS LUSO BUSSACO	M SEN	04:42:09.167	02:06:15.870
184	809	M	DINIS CORREIA	PORTUGAL	INDIVIDUAL	M SEN	04:42:10.673	02:06:17.376
185	735	M	JOAQUIM GOMES	PORTUGAL	ASSOCIAÇÃO DESPORTIVA RIO LARGO ESPINHO	M60	04:42:12.427	02:06:19.130
186	894	M	ANTONIO FRANCO	PORTUGAL	SERVIÇOS SOCIAIS MONTEPIO GERAL	M50	04:42:42.920	02:06:49.623
187	676	F	ELIZABETE LOUREIRO	PORTUGAL	PORTO SENTIDO RUNNERS	F40	04:43:43.923	02:07:50.626
188	780	F	LUISA MARQUES	PORTUGAL	PORTO SENTIDO RUNNERS	F40	04:43:44.257	02:07:50.960
189	896	M	BRUNO VILAÇA	PORTUGAL	ATALANTA RUNNERS	M SEN	04:43:59.920	02:08:06.623
190	696	M	JOAO SILVA	PORTUGAL	INDIVIDUAL	M40	04:44:14.087	02:08:20.790
191	662	M	FRANCISCO FONSECA	PORTUGAL	INDIVIDUAL	M40	04:45:22.927	02:09:29.630
192	742	M	LICÍNIO MACÁRIO	PORTUGAL	INDIVIDUAL	M40	04:45:24.243	02:09:30.946
193	748	M	RUI SILVA	PORTUGAL	INDIVIDUAL	M40	04:46:49.980	02:10:56.683
194	700	M	EMÍDIO QUINTEIRA	PORTUGAL	CLUBE DE TRAIL DO ALVÃO	M40	04:46:51.677	02:10:58.380
195	720	M	CHRISTOPHER SÁ	UNITED KINGDOM	INDIVIDUAL	M50	04:47:13.260	02:11:19.963
196	717	M	FERNANDO COSTA	PORTUGAL	RUNNING ESPINHO	M40	04:47:14.430	02:11:21.133
197	813	M	MAURO PINTO	PORTUGAL	INDIVIDUAL	M40	04:47:31.430	02:11:38.133
198	657	M	JOSÉ SOUSA	PORTUGAL	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	M40	04:47:55.823	02:12:02.526
199	917	M	MÁRCIO SILVA	PORTUGAL	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	M SEN	04:47:58.940	02:12:05.643
200	811	M	JOÃO RODRIGUES	PORTUGAL	SALAMANDRECOS	M40	04:48:42.940	02:12:49.643
201	816	M	RUI PEREIRA	PORTUGAL	PATOS BRAVOS	M50	04:48:47.680	02:12:54.383
202	718	M	JEAN-SEBASTIEN BOILEAU	FRANCE	INDIVIDUAL	M40	04:49:06.960	02:13:13.663
203	637	M	LUIS TERÊNCIO	PORTUGAL	ÉJALI...	M40	04:50:22.687	02:14:29.390
204	640	M	PEDRO GOMES	PORTUGAL	ÉJALI...	M SEN	04:50:22.687	02:14:29.390
205	883	M	HELDER SILVA	PORTUGAL	CFG - THIS IS GENERATION	M SEN	04:50:51.437	02:14:58.140
206	846	F	HELENA GASPAR	PORTUGAL	LIFE RUNNERS	F40	04:50:56.707	02:15:03.410
207	905	M	JOSE FERREIRA	PORTUGAL	BRAGUINHASRUNNERS	M50	04:51:37.633	02:15:44.336
208	690	M	LUIS OLIVEIRA	PORTUGAL	INDIVIDUAL	M40	04:52:11.777	02:16:18.480
209	646	M	EDUARDO COUTADA	PORTUGAL	SPIN&RUN ESPOSENDE	M50	04:52:20.293	02:16:26.996
210	639	F	MARIA CAMPOS	PORTUGAL	SPIN&RUN ESPOSENDE	F50	04:52:21.190	02:16:27.893

Lugar	Dorsal	Sexo	Atleta	País	Equipa	Escalão	Tempo	Diferença
211	723	M	PAULO BRÁS	PORTUGAL	CLUBE DE MONTANHISMO DA GUARDA	M40	04:53:37.007	02:17:43.710
212	895	M	MARCO RIBEIRO	PORTUGAL	PC RUNNERS	M40	04:54:00.193	02:18:06.896
213	615	M	FLORINDO GONZÁLEZ	SPAIN	MULTIDEPORTE MASIDE	M40	04:54:45.190	02:18:51.893
214	678	M	RICARDO GONÇALVES	PORTUGAL	AZU	M40	04:54:49.693	02:18:56.396
215	656	M	ANTÓNIO VIEIRA	PORTUGAL	INDIVIDUAL	M40	04:54:59.697	02:19:06.400
216	918	M	TELMO VELOSO	PORTUGAL	INDIVIDUAL	M40	04:55:02.240	02:19:08.943
217	857	M	MANUEL RIBEIRO	PORTUGAL	CONFRARIA XXXI	M60	04:55:58.197	02:20:04.900
218	892	M	JOÃO SILVA	PORTUGAL	MILLENIUM BCP	M50	04:57:44.123	02:21:50.826
219	819	M	ALBINO CAMPOS	PORTUGAL	GTT – ARMAZÉM DO CAFFÈ	M50	04:57:46.697	02:21:53.400
220	659	M	ALFREDO ROCHA	PORTUGAL	INDIVIDUAL	M50	04:58:23.197	02:22:29.900
221	750	M	LUIS REBELO	PORTUGAL	OS AMIGOS DO CHULETÓN	M40	04:59:24.450	02:23:31.153
222	685	M	PAULO RIBEIRO	PORTUGAL	INDIVIDUAL	M40	04:59:45.200	02:23:51.903
223	860	F	SARA MACHADO	PORTUGAL	NBA BARROSAS	F SEN	05:00:12.220	02:24:18.923
224	890	M	PEDRO FERREIRA	PORTUGAL	INDIVIDUAL	M40	05:03:42.023	02:27:48.726
225	893	M	JOAO AMARAL	PORTUGAL	INDIVIDUAL	M40	05:03:42.043	02:27:48.746
226	642	M	ALVARO SOUSA	PORTUGAL	OS SANTA APOLÓNIA	M50	05:04:03.710	02:28:10.413
227	848	M	CESARIO ROCHA	PORTUGAL	LADECASA	M50	05:05:07.270	02:29:13.973
228	707	M	ALVARO SILVA	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M60	05:05:22.463	02:29:29.166
229	631	M	RUI BARBOSA	PORTUGAL	INDIVIDUAL	M40	05:05:25.713	02:29:32.416
230	841	F	MARISA FERREIRA	PORTUGAL	CERVEIRA TEAM RUNNING	F40	05:06:03.467	02:30:10.170
231	840	F	MARIA FERNANDES	PORTUGAL	CERVEIRA TEAM RUNNING	F40	05:06:03.467	02:30:10.170
232	902	M	AMARO ROCHA	PORTUGAL	INDIVIDUAL	M50	05:07:16.217	02:31:22.920
233	877	F	FERNANDA CARNEIRO	PORTUGAL	PORTO SENTIDO RUNNERS	F50	05:07:34.230	02:31:40.933
234	619	M	RUI MADEIRA	PORTUGAL	INDIVIDUAL	M50	05:08:47.267	02:32:53.970
235	862	M	ANTÓNIO MACHADO	PORTUGAL	INDIVIDUAL	M50	05:09:56.987	02:34:03.690
236	625	M	JOSÉ ALMEIDA	PORTUGAL	URBANATLETAS	M50	05:11:25.227	02:35:31.930
237	644	M	JOEL GONÇALVES	PORTUGAL	URBANATLETAS	M40	05:11:25.473	02:35:32.176
238	783	M	VÍTOR VEIGA	PORTUGAL	URBANATLETAS	M50	05:11:27.277	02:35:33.980
239	777	M	CARLOS PINTO	PORTUGAL	INDIVIDUAL	M SEN	05:14:46.793	02:38:53.496
240	776	M	CARLOS CHORA	PORTUGAL	ESGALHADA TRAIL TEAM	M SEN	05:14:46.983	02:38:53.686
241	847	F	ALDA CORDEIRO	PORTUGAL	LADECASA	F50	05:14:59.993	02:39:06.696
242	705	M	ANDRÉ OLIVEIRA	PORTUGAL	PORTO SENTIDO RUNNERS	M SEN	05:18:45.240	02:42:51.943
243	651	M	RUI TORRES	PORTUGAL	DESNIVEL POSITIVO	M50	05:19:28.487	02:43:35.190
244	752	M	PAULO MARQUES	PORTUGAL	OS AMIGOS DO CHULETÓN	M40	05:20:37.453	02:44:44.156
245	634	M	RICARDO MAGALHAES	PORTUGAL	INDIVIDUAL	M SEN	05:21:18.630	02:45:25.333
246	837	M	TIAGO CUNHA	PORTUGAL	FIT4HIM	M SEN	05:21:19.747	02:45:26.450
247	842	M	LEONEL FERREIRA	PORTUGAL	CERVEIRA TEAM RUNNING	M40	05:21:58.003	02:46:04.706
248	854	M	DIOGO ALVES	PORTUGAL	ICARUS RUNNING TEAM	M SEN	05:22:30.497	02:46:37.200
249	914	M	JOÃO SILVA	PORTUGAL	INDIVIDUAL	M SEN	05:22:31.243	02:46:37.946
250	703	F	ADELAIDE DUARTE	PORTUGAL	INDIVIDUAL	F40	05:26:29.753	02:50:36.456
251	719	M	ABOT CLAUDE	FRANCE	INDIVIDUAL	M60	05:28:23.133	02:52:29.836
252	781	F	FLÁVIA MONTEIRO	PORTUGAL	TRILHOS DE VIANA	F SEN	05:37:31.560	03:01:38.263

Lugar	Dorsal	Sexo	Atleta	País	Equipa	Escalão	Tempo	Diferença
253	721	M	ARTUR MOREIRA	PORTUGAL	INDIVIDUAL	M50	05:39:37.097	03:03:43.800
254	792	F	MANUELA MATIAS	PORTUGAL	BRAGUINHASRUNNERS	F40	05:39:39.550	03:03:46.253
255	617	M	CARLOS FRANCO	PORTUGAL	INDIVIDUAL	M50	05:43:18.567	03:07:25.270
256	830	M	SIMÃO FERNANDES	PORTUGAL	AVENTUREIROS	M SEN	05:43:21.010	03:07:27.713
257	150	M	RUI PEDRAS	PORTUGAL	INDIVIDUAL	M60	05:46:30.540	03:10:37.243
258	853	M	HILARIO RAMOS	PORTUGAL	INDIVIDUAL	M40	05:50:20.297	03:14:26.1000
259	822	M	DOMINGOS MACHADO	PORTUGAL	INDIVIDUAL	M60	05:50:20.547	03:14:27.250
260	749	M	PAULO SÁ	PORTUGAL	BRAGUINHASRUNNERS	M SEN	05:50:20.550	03:14:27.253
261	679	F	MARIA ANDRADE	PORTUGAL	INDIVIDUAL	F60	05:50:27.050	03:14:33.753
262	779	M	PEDRO SANTOS	PORTUGAL	INDIVIDUAL	M40	05:51:26.050	03:15:32.753
263	751	M	PEDRO AZEVEDO	PORTUGAL	OS AMIGOS DO CHULETÓN	M40	05:53:35.553	03:17:42.256
264	673	M	JOAO PINHEIRO	PORTUGAL	PORTO SENTIDO RUNNERS	M50	06:00:25.870	03:24:32.573
265	674	M	RUI SILVA	PORTUGAL	PORTO SENTIDO RUNNERS	M40	06:08:49.840	03:32:56.543
266	704	F	CLÁUDIA CARVALHEIRA	PORTUGAL	INDIVIDUAL	F40	06:14:43.753	03:38:50.456
267	715	M	JOSÉ ROCHA	PORTUGAL	INDIVIDUAL	M40	06:14:44.597	03:38:51.300
268	920	M	JOSÉ RIBEIRO	PORTUGAL	INDIVIDUAL	M60	06:14:44.847	03:38:51.550
269	904	F	MARTA COUTO	PORTUGAL	INDIVIDUAL	F40	06:14:58.093	03:39:04.796
270	903	M	FRANCISCO REBELO	PORTUGAL	INDIVIDUAL	M40	06:15:03.000	03:39:09.703