

Percurso 13k

#	NOME	DORSAL	TEMPO
1	João Cruz	91	00:48:15
2	Rui Fontes	57	00:48:24
3	ALEXANDRE PIMPAO	180	00:50:59
4	Vitor Manuel Romeiro Fialho Piçarra	322	00:51:28
5	Armando palma	34	00:53:19
6	Emanuel Matos	70	00:53:40
7	João Martins	300	00:54:40
8	Eduardo Montinhos	159	00:54:48
9	João Fragoso	20	00:56:01
10	Rui José Lança Sousa	42	00:56:11
11	Jorge Fontes	30	00:57:24
12	Luís M. R. Costa	407	00:57:53
13	José Pernas	100	00:58:31
14	José Simões	72	00:59:32
15	Jorge Raposo	191	00:59:48
16	Luis Miguel Salgado Amarante	93	01:00:16
17	Jose Filhó	222	01:00:39
18	João Amarante	107	01:00:56
19	José Manuel Silva Tomaz	147	01:01:06
20	Sérgio Pôla	205	01:01:09
21	Romualdo Mateus	14	01:01:33
22	Pedro Vidinha Machado	90	01:01:43
23	António Ventura	49	01:02:17
24	Antonio Beja	10	01:02:23
25	António Mateus	15	01:02:59
26	João Rosa	309	01:03:29
27	André Fernandes	424	01:04:06
28	José Francisco Vilhena	138	01:07:40
29	Carlos Rocha	40	01:07:44
30	Jose Caetano	8	01:07:46
31	Jose Mauricio Portugues	314	01:09:22
32	José Eduardo A. Madeira	247	01:10:41
33	Joao Castilho	11	01:10:43
34	Vitor Brissos	149	01:11:09
35	JOAO CARAMBA	295	01:11:18
36	Jorge Caixeiro	248	01:11:22
37	Valter Cupertino	333	01:11:27
38	Jorge borracha	98	01:12:41
39	Antonio Manuel Garcia Castilho	250	01:13:04
40	Joaquim Manuel de Mira Branquinho	13	01:13:10
41	Manuel Carrasqueira	52	01:13:17
42	LUIS CARAMBA	296	01:13:59
43	Vasco pacheco	285	01:14:02
44	Luis Luis	89	01:14:24
45	Luís carlos Santos Miranda	267	01:15:07

46	Fernando Carvalheiras	365	01:15:09
47	Maria de Jesus Serra Braz Sousa	41	01:15:24
48	João Carlos Oliveira Ribeiro	419	01:15:26
49	Francisco Santos	27	01:16:20
50	Carlos Freitas	268	01:16:47
51	Jose Augusto Rodrigues Parrinha	323	01:16:50
52	Joaquim Maria Rosa	243	01:17:24
53	Ana Isabel Salvador da Silva Curva	5	01:17:27
54	José Pedro Salema	35	01:18:21
55	Francisco Castro e Sousa	272	01:18:49
56	Jorge Vazquez	299	01:19:23
57	DORSAL RESERVA	436	01:20:19
58	Telma Guedelha	334	01:20:23
59	Anabela Estacio	297	01:20:41
60	Jorge Pereira	226	01:20:45
61	MANUEL MANUEL	128	01:21:30
62	José Palha	48	01:22:23
63	Pedro Miguel Almeida Fernandes dos Santos	45	01:23:33
64	Marcolino Batista	73	01:24:11
65	Sérgio Guerra	31	01:24:25
66	ARLINDO MORAIS	17	01:25:34
67	Emanuel Martins	111	01:30:00
68	Joaquim Cola Pais	119	01:34:04
69	António Santos	245	01:34:43
70	Maria Madalena VA lente	244	01:36:17
71	LUIS MOURA	24	01:40:17
72	Lina Maria Branco de Freitas Jan	76	01:44:36
73	MANUEL MOSTEIAS	25	02:29:39

Percurso 9k

#	NOME	DORSAL	TEMPO
1	Afonso Caetano de Freitas	381	00:56:09
2	Luís Medeiros	252	00:58:00
3	Pedro Rosa	379	00:58:04
4	Ana Teresa Moreno da Silva	66	00:59:59
5	Margarida Silvestre	75	01:00:30
6	José Agostinho	281	01:01:00
7	Rúben Alexandre Bicas Ramos	414	01:09:41
8	José Justino Marques Pereira	405	01:10:02
9	Daniela Rocha	251	01:10:05
10	António Rosa	378	01:12:17
11	Vitor Gaspar	383	01:12:22
12	Ana Rita Fialho	126	01:12:34
13	Luis Palma	307	01:13:22
14	Fernando Raposo	59	01:16:43
15	João Francisco Martins	278	01:17:40
16	Joao Camacho	238	01:17:45

17	Maria Pontes	87	01:19:27
18	Ivone Leal	28	01:20:51
19	Paula Rita	29	01:21:03
20	Emilia Matias Castilho	12	01:21:09
21	Manuela Martins	36	01:30:28
22	Pedro Mendes	406	01:30:33
23	Marta Simenta	181	01:31:38
24	Cristina Isabel Mestre	319	01:31:43
25	Isabel Alinho	229	01:31:46
26	Carlos José Contente Romão	133	01:33:48
27	Maria Domingas Simplicio	135	01:33:51
28	Pedro Lopes	335	01:33:54
29	Claudia Pacheco	324	01:33:58
30	Mauro Mira	336	01:34:01
31	Isabel Caetano de Freitas	384	01:34:21
32	Gonçalo Sebastião	124	01:35:18
33	Paulo Vargas	174	01:35:42
34	silvia duarte	327	01:35:48
35	Joana Nobre	308	01:35:52
36	Francisco Guerreiro	84	01:36:20
37	Maria Francisca Santos Marques Leonardo	255	01:36:23
38	Maria Clara Fialho	127	01:36:32
39	Fernando Fialho	125	01:36:34
40	Alice Jesus Teixeira	214	01:37:09
41	António Romão	371	01:37:12
	António Miguel Fialho Santa Maria		
42	Fernandes	329	01:38:02
43	Daniel Filipe Serafim Penas	291	01:38:53
44	Jose	408	01:38:56
45	Casimira Costa Nogueira Venâncio	388	01:39:33
46	Paulo Justo	241	01:39:39
47	Luis Filipe Vaz Estevens	326	01:39:43
48	Carla Raimundo	65	01:40:57
49	Inês Alexandra Palma Batista Romão	165	01:41:00
50	Lara Filipa Rodrigues Romão	130	01:41:03
51	Verónica Sousa	340	01:41:08
52	Miguel Moita	339	01:41:10
53	Madalena Remédios	409	01:42:17
54	Rui Silva	201	01:42:22
55	Luísa Pinto	200	01:42:34
56	Luis Mestre	33	01:43:05
57	Mariana Sousa	51	01:43:59
58	Maria Luisa Oliveira Andrade Patola	88	01:44:09
59	Glória de Sousa	328	01:44:12
60	Maria José Guerreiro	83	01:44:18
61	Marta Guerreiro	82	01:44:22
62	Maria Alice Neves	182	01:45:57

63 Augusta Santos	315	01:46:04
64 Carla Monte	304	01:46:07
65 Adélia Vilão	104	01:46:09
66 Ana Rita Neves Cordeiro	155	01:46:20
67 Filomena Neves	4	01:46:23
68 Lena Aguiã	313	01:46:26
69 Luís Manuel Aguiã	347	01:46:31
70 Augusta de Jesus Cachoupo	56	01:46:46
71 Lassalete Sampaio	204	01:46:50
72 Luis Vieira	63	01:46:55
73 Lúcia Espinho	237	01:46:58
74 Lurdes Quirino	332	01:47:01
75 Paulo Silva	331	01:47:03
76 Margarida Canilhas	345	01:47:58
77 Rosa Feixeira	346	01:48:06
78 Carlos Maltez Almeida	143	01:48:09
79 Leonor Fialho Almeida	141	01:48:13
80 Laura Fialho Almeida	142	01:48:24
81 João Emanuel Martins	276	01:48:36
82 Graça Feixeira	343	01:48:43
83 DORSAL RESERVA	435	01:48:47
84 Francisco Santos	316	01:50:14
85 Maria de Lourdes dos Santos Mestre Colaço	386	01:51:32
86 Eduardo Rosa	153	01:52:35
87 Paulo Rosa	294	01:52:40
88 Maria Irene Frazão k.	193	01:52:43
89 Laura Kellner	172	01:52:46
90 ALICE MARQUES	23	01:52:55
91 Virgilio Palminha	26	01:52:58
92 Licinia Martins	277	01:53:47
93 Matilde Martins	279	01:53:51
94 Conceição Mendonça	342	01:53:58
95 Odete Correia	370	01:54:01
96 Maria Inês Mateus	217	01:54:05
97 João Aniceto	216	01:54:08
98 Maria Dulce Mateus	215	01:54:10
99 carla sofia conduto parreira	338	01:54:13
100 Marta Parreira	203	01:54:16
101 Vítor Marques	271	01:54:22
102 Ana Marques	270	01:54:25
103 Luísa Barnabé	196	01:54:28
104 Sílvia Rodrigues	382	01:54:30
105 Maria Monge	389	01:54:34
106 Violante Mariana Gacha Ameixa Batista	282	01:54:37
Vitória Margarida Sacramento Fernandes		
107 Batista	292	01:54:40
108 Fernanda Horta	218	01:54:42

109	Maria Manuela da Costa Menicha Soeiro	287	01:54:50
110	Maria José Ameixa Batista	283	01:54:54
111	Francisco Manuel do Sacramento Fernandes	293	01:54:58
112	João Magalhães	349	01:56:20
113	João Magalhães	351	01:56:23
114	Antonio Lança	360	01:56:26
115	João Macedo	363	01:56:30
116	Inês Janeiro	364	01:56:33
117	Maria Deodato	350	01:56:36
118	Maria Salomé Costa Rafael	67	01:56:38
119	Lina Eugénrio	361	01:56:43
120	Maria Helena Lima	353	01:56:46
121	Teresa Teixeira	362	01:56:49
122	João Francisco Silvestre Chainho	77	01:56:50
123	DORSAL RESERVA	428	01:56:54
124	Manuela Ruivo	16	01:56:57
125	Margarida Valente	37	01:57:00
126	Carolina Valente	39	01:57:03
127	Helena Magro	169	01:57:05
128	Nazaré Martins Dias	373	01:57:09
129	MARIA HELENA GUERREIRO	274	01:57:12
130	Carolina Barrocas	179	01:57:19
131	Maria Teresa Monteiro	401	01:57:25
132	Paula Maria Fialho	400	01:57:28
133	Tomás Capa	427	01:57:40
	Margarida Mendes Moreira Soares		
134	Rodrigues	186	01:58:15
135	Miguel Mendes Moreira Soares Rodrigues	185	01:58:27
136	Sandra Cardoso	398	01:58:56
137	António Aragão	265	01:59:22
138	Ana Baptista	266	01:59:26
139	Manuel Francisco Moreno Silvestre	192	01:59:52
140	Paula Horta	190	02:01:10
141	Patrocínia Páscoa	118	02:01:14
142	Ivo Moreira Batista Rodrigues	183	02:01:25
143	Maria Antonia Mendes Soares Rodrigues	184	02:01:27
144	Luís do Pereiro	303	02:01:42
145	Minda Pereiro	301	02:01:46
146	Paula prego	116	02:01:48
147	Raquel Pereiro	302	02:01:52
148	Sérgio Afonso	394	02:02:37
149	Susana Charrua	393	02:02:40
150	Maria do Carmo Lampreia	372	02:02:45
151	Madalena Lampreia	374	02:02:49

152 António Lampreia	369	02:02:53
153 DORSAL RESERVA	433	02:02:57
154 DORSAL RESERVA	434	02:03:00
155 Manuela Pires	121	02:03:05
156 Luis Miguel Raposo Janeiro	148	02:03:08
157 Inês Machado	197	02:03:11
158 Sofia Raquel Baptista de Lemos	207	02:03:15
159 Jacinta Mendes	109	02:03:18
160 Paula Luísa Mendonça Pinto Mendes	108	02:03:22
161 Débora Sofia de Sousa Janeiro Leão Isabel Maria da Ressurreição Lameira Dias	289	02:03:31
162 Leão	288	02:03:34
163 Elsa Caixeirinho	392	02:03:40
164 Margarida Sebastião	263	02:04:54
165 DORSAL RESERVA	429	02:04:58
166 Rosário Costa	137	02:05:02
167 Telma Baptista	228	02:05:05
168 José Saião	210	02:05:17
169 Andreia Saião	211	02:05:19
170 Maria Capa	426	02:05:49
171 Ana Margarida Correia Sebastião	123	02:05:52
172 Sónia Correia	158	02:06:00
173 Sandra Mira	92	02:06:04
174 SARA NOZES	260	02:06:06
175 Andreia Nascimento	262	02:06:15
176 Filipa Matos	261	02:06:16
177 DORSAL RESERVA	431	02:07:00
178 Carla Barros Neves	177	02:07:19
179 Maria Manuel dos Santos Neves	46	02:07:26
180 Artemisa Nobre	311	02:09:42
181 Carmen Clara Jesuino	96	02:09:49
182 Íris Varela	175	02:09:52
183 Marco Valente Mendes	97	02:10:00
184 Dora	156	02:10:09
185 Valter Bento	157	02:10:16
186 Luís Ferreira	418	02:11:23
187 Madalena Espinho	416	02:11:26
188 Rui Miguel Reis Crespim Rodrigues	317	02:16:47
189 Vanda Rodrigues	58	02:16:50
190 Margarida Agostinho Martins Rapaso	358	02:17:00
191 HELENA MARQUES	22	02:29:37