

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
1	1199	M	JOÃO LOPES	PORTUGAL	COIMBRA TRAIL RUNNING	M SEN	02:55:19.027	00:00:00.000
2	1466	M	ANDREW OBRIEN	AUSTRALIA	AMCF - ARRÁBIDA TRAIL TEAM	M45	02:55:39.283	00:00:20.256
3	1165	M	JOEL GOMES	PORTUGAL	GO!RUNNERS/OUTPROSTORE	M40	02:58:05.503	00:02:46.476
4	1568	M	JOÃO FERNANDES	PORTUGAL	ZONA ALTA TRAIL	M40	02:58:25.947	00:03:06.920
5	1577	M	SÉRGIO CORREIA	PORTUGAL	ZONA ALTA TRAIL	M SEN	02:59:46.487	00:04:27.460
6	1565	M	ANDRÉ ROSÁRIO	PORTUGAL	ZONA ALTA TRAIL	M SEN	03:02:43.453	00:07:24.426
7	1318	M	PATRICO MENINO	PORTUGAL	NOTÍCIAS DE COLMEIAS ATLETISMO	M40	03:06:32.670	00:11:13.643
8	1358	M	TIAGO AMARAL	PORTUGAL	INDIVIDUAL	M SEN	03:08:18.427	00:12:59.400
9	1021	M	JOSE ROSARIO	PORTUGAL	ZONA ALTA TRAIL	M45	03:08:49.713	00:13:30.686
10	1003	M	RUI AZEVEDO	PORTUGAL	FRIDAO SEM LIMITES	M40	03:09:37.217	00:14:18.190
11	1008	M	JOSE MARTINS	PORTUGAL	DCI/TRILHOS LUSO BUSSACO	M55	03:09:56.400	00:14:37.373
12	1011	M	DAVID GOUVEIA	PORTUGAL	CMMOURONHO - ESCARAVELHOS	M SEN	03:10:17.063	00:14:58.036
13	1055	M	VALDEMAR CARDOSO	PORTUGAL	VERTICAL NAVIS	M40	03:12:30.383	00:17:11.356
14	1079	M	ELTON MARTINS	PORTUGAL	CDC PORTO MONIZ	M SEN	03:12:43.920	00:17:24.893
15	1231	M	RICARDO PARADA	PORTUGAL	OCS ARRÁBIDA TRAIL TEAM	M40	03:13:12.873	00:17:53.846
16	1043	M	JOÃO FERREIRA	PORTUGAL	FORSPTS	M SEN	03:13:30.377	00:18:11.350
17	1608	M	DIOGO PIMENTA	PORTUGAL	DCI/TRILHOS LUSO BUSSACO	M SEN	03:14:59.473	00:19:40.446
18	1491	M	JORGE PEDROSO	PORTUGAL	AMIGOS ATLETISMO MAFRA	M45	03:15:28.857	00:20:09.830
19	1014	M	MANUEL COSTA	PORTUGAL	DCI/TRILHOS LUSO BUSSACO	M60	03:16:07.727	00:20:48.700
20	1384	M	ANDRÉ MAGALHÃES	PORTUGAL	A.R.S.M. ASSOCIAÇÃO RECREATIVA SÃO MIGUEL	M SEN	03:17:59.977	00:22:40.950
21	1006	M	FERNANDO SANTOS	PORTUGAL	CMM-ESCARAVELHOS	M SEN	03:18:37.317	00:23:18.290
22	1587	M	MARIO POVOA	PORTUGAL	INDIVIDUAL	M SEN	03:19:54.067	00:24:35.040
23	1253	M	RICARDO NUNES	PORTUGAL	AD MARCO 09	M SEN	03:20:12.230	00:24:53.203
24	1540	M	JOSE MENESES	PORTUGAL	NOCTURNOS DE PAREDES	M40	03:20:13.563	00:24:54.536
25	1351	M	SÉRGIO CARNEIRO	PORTUGAL	AD MARCO 09	M SEN	03:21:12.233	00:25:53.206
26	1552	M	TONY FIGUEIREDO	PORTUGAL	DÃO NELAS RUNNERS	M SEN	03:22:50.983	00:27:31.956
27	1007	M	SÉRGIO PEREIRA	PORTUGAL	AMCF - ARRÁBIDA TRAIL TEAM	M40	03:23:21.797	00:28:02.770
28	1366	M	JOAQUIM SILVA	PORTUGAL	INDIVIDUAL	M45	03:23:37.783	00:28:18.756
29	1375	M	RODRIGO QUINTAL	PORTUGAL	SCPOVENSE CARACÓIS CORRIDA	M40	03:24:03.030	00:28:44.003
30	1013	M	BRUNO SANTOS	PORTUGAL	A. D. AMARANTE	M40	03:24:15.237	00:28:56.210
31	1000	F	SUSANA RODRÍGUEZ	SPAIN	COIMBRA TRAIL RUNNING	F45	03:24:29.527	00:29:10.500
32	1474	M	CARLOS SIMÕES	PORTUGAL	A.R.S.M. ASSOCIAÇÃO RECREATIVA SÃO MIGUEL	M50	03:24:53.033	00:29:34.006
33	1207	M	JOÃO RIBEIRO	PORTUGAL	MANU'S THERAPY TRAIL RUNNING	M40	03:25:15.990	00:29:56.963
34	1292	M	ABEL VALENTE	PORTUGAL	ANSIBIKERS	M40	03:26:35.507	00:31:16.480
35	1140	M	JUVENAL FARIA	PORTUGAL	ACD JARDIM DA SERRA	M40	03:27:45.250	00:32:26.223
36	1413	M	TITO FERREIRA	PORTUGAL	MARVILA JOVEM	M SEN	03:27:53.747	00:32:34.720
37	1541	M	NUNO LEMOS	PORTUGAL	CLUBE ATLETISMO FAFE	M40	03:28:55.493	00:33:36.466
38	1048	M	PEDRO OSÓRIO	PORTUGAL	VISEU 360	M40	03:29:30.997	00:34:11.970
39	1332	M	MANUEL RODRIGUES	FRANCE	INDIVIDUAL	M60	03:29:55.980	00:34:36.953
40	1527	M	JOSÉ SANTOS	PORTUGAL	SCPOVENSE CARACÓIS CORRIDA	M40	03:30:41.473	00:35:22.446
41	1210	M	CARLOS FERREIRA	PORTUGAL	VISEU 360	M45	03:33:40.447	00:38:21.420
42	1254	M	HENRIQUE DIAS	PORTUGAL	CARACOL TRAIL TEAM	M SEN	03:33:59.443	00:38:40.416
43	1451	M	BRUNO AZEVEDO	PORTUGAL	FRIDAO SEM LIMITES	M SEN	03:34:25.440	00:39:06.413
44	1004	M	EDGAR SALVADO	PORTUGAL	ABCANSADO TRAIL	M SEN	03:35:03.470	00:39:44.443
45	1324	M	CARLOS AMIGO	PORTUGAL	ZIMBRA FOX RUNNERS	M45	03:35:54.927	00:40:35.900
46	1113	M	SÉRGIO TEIXEIRA	PORTUGAL	ALVERCA URBAN RUNNERS	M45	03:37:14.163	00:41:55.136
47	1610	M	BRUNO SILVA	PORTUGAL	BRAVOS & BRAVITAS RUN	M SEN	03:37:56.170	00:42:37.143
48	1005	M	JOÃO SANTOS	PORTUGAL	TURRES TRAIL TEAM	M40	03:38:03.007	00:42:43.980
49	1401	M	OSVALDO FERREIRA	PORTUGAL	INDIVIDUAL	M40	03:38:05.407	00:42:46.380
50	1173	M	JOÃO RODRIGUES	PORTUGAL	VALE CORRER	M50	03:38:16.657	00:42:57.630
51	1493	M	PEDRO PEREIRA	PORTUGAL	NOCTURNOS DE PAREDES	M40	03:38:27.257	00:43:08.230

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
52	1550	M	VITOR SANTO	PORTUGAL	ARCD VENDA DA LUÍSA	M40	03:38:47.900	00:43:28.873
53	1019	M	MIGUEL NUNES	PORTUGAL	ABCANSADO TRAIL	M SEN	03:39:07.900	00:43:48.873
54	1120	M	SÉRGIO ALMEIDA	PORTUGAL	AFRIKANRUNNERS	M SEN	03:39:15.897	00:43:56.870
55	1045	M	ADÃO MONTEIRO	PORTUGAL	FRIDAO SEM LIMITES	M40	03:39:43.893	00:44:24.866
56	1016	M	HUGO VENTURA	PORTUGAL	OZXTREME	M40	03:39:46.760	00:44:27.733
57	1220	M	CARLOS CUNHA	PORTUGAL	DCI/TRILHOS LUSO BUSSACO	M55	03:40:09.010	00:44:49.983
58	1357	M	ÉLIO AVEIRO	PORTUGAL	GRUPO DESPORTIVO DAS CORTICEIRAS	M45	03:40:24.390	00:45:05.363
59	1600	M	ANTÓNIO CAMILO	PORTUGAL	INDIVIDUAL	M SEN	03:40:59.640	00:45:40.613
60	1198	M	JOSÉ MESTRE	PORTUGAL	CLUBE ATLETISMO VIANA DO ALENTEJO	M SEN	03:41:24.367	00:46:05.340
61	1472	M	ALFREDO GASPAR	PORTUGAL	GRVILAVERDENSE	M SEN	03:43:25.610	00:48:06.583
62	1398	M	PAULO CASTRO	PORTUGAL	CLUBE EFACEC	M40	03:43:32.267	00:48:13.240
63	1426	M	AMÍLCAR RAMOS	PORTUGAL	TOCER	M40	03:43:32.360	00:48:13.333
64	1152	M	DANIEL BARROS	PORTUGAL	JUVENTUDE CORTEGACENSE	M SEN	03:43:45.107	00:48:26.080
65	1034	M	BRUNO CANTO	PORTUGAL	LOBOS DO BRUNHEIRO CHAVES / CROSSBOX	M SEN	03:43:48.607	00:48:29.580
66	1279	M	ANTONIO MENDES	PORTUGAL	A. D. AMARANTE	M SEN	03:43:59.097	00:48:40.070
67	1063	M	PEDRO SOUSA	PORTUGAL	TRAIL BELA BELA	M SEN	03:44:26.853	00:49:07.826
68	1121	M	DÁRIO SILVA	PORTUGAL	BOAVISTA TRAIL	M40	03:44:27.353	00:49:08.326
69	1026	M	MIGUEL BAPTISTA	PORTUGAL	ABCANSADO TRAIL	M SEN	03:44:28.730	00:49:09.703
70	1562	M	LAURENTINO MARTINS	PORTUGAL	CAMINHAR AO LUAR	M50	03:44:31.267	00:49:12.240
71	1452	M	ÁLVARO MANO	PORTUGAL	COIMBRA TRAIL RUNNING	M45	03:44:32.110	00:49:13.083
72	1114	M	FRANCISCO FERRO	PORTUGAL	GDA - TRAILRUNNERS	M45	03:44:37.033	00:49:18.006
73	1361	M	RENATO CARVALHO	PORTUGAL	SICÓTRILHOS ABIÚL	M SEN	03:44:45.090	00:49:26.063
74	1176	M	NELSON DIOGO	PORTUGAL	OCS ARRÁBIDA TRAIL TEAM	M40	03:44:47.847	00:49:28.820
75	1455	M	ROBERTO FREITAS	PORTUGAL	BOAVISTA TRAIL	M SEN	03:45:50.590	00:50:31.563
76	1360	M	SÉRGIO LOURENÇO	PORTUGAL	INDIVIDUAL	M45	03:46:20.837	00:51:01.810
77	1054	M	ANDRÉ FERREIRA	PORTUGAL	SC PARADELA	M SEN	03:46:30.093	00:51:11.066
78	1379	M	JOSÉ SANTOS	PORTUGAL	SCPOVENSE CARACÓIS CORRIDA	M45	03:47:03.077	00:51:44.050
79	1010	F	ANDREIA ALMEIDA	PORTUGAL	FURFOR RUNNING PROJECT	F SEN	03:48:23.270	00:53:04.243
80	1352	M	FÁBIO VASCONCELOS	PORTUGAL	CLUBE EFACEC	M SEN	03:49:06.560	00:53:47.533
81	1201	M	PEDRO CASTRO	PORTUGAL	CLUBE EFACEC	M40	03:49:10.560	00:53:51.533
82	1465	M	RUI LOPES	PORTUGAL	CORTT - CORK TRAIL TEAM	M SEN	03:49:30.307	00:54:11.280
83	1106	M	MÁRCIO FELÍCIO	PORTUGAL	SOURE MOV	M SEN	03:49:32.047	00:54:13.020
84	1554	M	OLAVO CARNEIRO	PORTUGAL	MINHO E LIMA TRAIL	M SEN	03:50:14.563	00:54:55.536
85	1571	M	JOSÉ DIAS	PORTUGAL	ZONA ALTA TRAIL	M55	03:50:25.550	00:55:06.523
86	1561	F	LINA MARQUES	PORTUGAL	ZONA ALTA TRAIL	F40	03:50:25.800	00:55:06.773
87	1208	M	JOSÉ RIBEIRO	PORTUGAL	INDIVIDUAL	M45	03:50:47.047	00:55:28.020
88	1418	M	DANIEL ROBB	UNITED KINGDOM	INDIVIDUAL	M SEN	03:50:52.297	00:55:33.270
89	1520	M	EDUARDO VIEIRA	PORTUGAL	NOCTURNOS DE PAREDES	M SEN	03:50:57.273	00:55:38.246
90	1329	M	RICARDO GONCALVES	PORTUGAL	FÁTIMA TRAIL TEAM	M45	03:51:35.527	00:56:16.500
91	1180	M	VÍTOR GOMES	PORTUGAL	FLASHOVER - BVPENELA	M45	03:51:57.287	00:56:38.260
92	1133	M	FÁBIO MENDES	PORTUGAL	MONTANHA CLUBE TRAIL RUNNING EFAPEL	M SEN	03:52:10.290	00:56:51.263
93	1187	M	TIAGO GREGÓRIO	PORTUGAL	SCPOVENSE CARACÓIS CORRIDA	M40	03:52:30.280	00:57:11.253
94	1340	M	BRUNO MOREIRA	PORTUGAL	AD MARCO 09	M SEN	03:52:35.530	00:57:16.503
95	1463	M	MÁRIO RODRIGUES	PORTUGAL	INDIVIDUAL	M50	03:52:38.530	00:57:19.503
96	1594	M	BRUNO SIMOES	PORTUGAL	TRAIL BELA BELA	M SEN	03:52:52.287	00:57:33.260
97	1371	M	MARCO FERREIRA	PORTUGAL	RODA DIANTEIRA	M40	03:53:19.773	00:58:00.746
98	1191	M	SERGIO VALE	PORTUGAL	FURFOR RUNNING PROJECT	M SEN	03:53:22.773	00:58:03.746
99	1228	M	DANIEL MOTA	PORTUGAL	LION RUNNERS-G. D. LEÕES DA GUARDA	M45	03:53:42.527	00:58:23.500
100	1415	M	VITOR CARNEIRO	PORTUGAL	NUCLEO DO SPORTING CLUBE DE PORTUGAL DE VILA NOVA DE FAMALICÃO	M40	03:53:46.527	00:58:27.500
101	1190	M	PEDRO BALDAIA	PORTUGAL	CLUBE DE MONTANHISMO DA GUARDA	M SEN	03:53:51.267	00:58:32.240
102	1521	M	LUCAS MORGADO	PORTUGAL	FURFOR RUNNING PROJECT	M45	03:54:02.267	00:58:43.240

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
103	1298	M	VÍTOR CARDOSO	PORTUGAL	INDIVIDUAL	M40	03:54:45.763	00:59:26.736
104	1545	M	BRUNO PEREIRA	PORTUGAL	O QUE QUEREMOS É MONTE	M SEN	03:55:16.530	00:59:57.503
105	1593	M	NELSON GRAÇA	PORTUGAL	MONSANTO RUNNING TEAM	M SEN	03:55:25.257	01:00:06.230
106	1603	M	PEDRO MENDES	PORTUGAL	A.R.S.M. ASSOCIAÇÃO RECREATIVA SÃO MIGUEL	M45	03:55:39.753	01:00:20.726
107	1356	M	EURICO SILVA	PORTUGAL	FÁTIMA TRAIL TEAM	M SEN	03:55:52.990	01:00:33.963
108	1572	M	LICÍNIO SEQUEIRA	PORTUGAL	O MUNDO DA CORRIDA	M45	03:56:00.033	01:00:41.006
109	1471	M	ALBERTO FREITAS	PORTUGAL	AD MARCO 09	M40	03:56:10.000	01:00:50.973
110	1496	M	TIAGO LOPES	PORTUGAL	ANSIBIKERS	M SEN	03:56:13.987	01:00:54.960
111	1517	M	LUIS SANTOS	PORTUGAL	CLUVE	M45	03:56:15.250	01:00:56.223
112	1050	M	VITOR MOTA	PORTUGAL	SCPOMBAL/TRAIL TEAM	M45	03:57:23.977	01:02:04.950
113	1001	M	JOÃO SACRAMENTO	PORTUGAL	OZXTREME	M SEN	03:57:31.747	01:02:12.720
114	1123	M	PEDRO DIAS	PORTUGAL	ASSOCIAÇÃO DE TOLEDO	M40	03:57:35.983	01:02:16.956
115	1485	M	JOSÉ LOPES	PORTUGAL	INDIVIDUAL	M50	03:57:51.533	01:02:32.506
116	1124	M	PAULO FERREIRA	PORTUGAL	CLUBE EDP LISBOA	M SEN	03:58:13.283	01:02:54.256
117	1074	M	DAVID ASSIS	PORTUGAL	CASA DO POVO DE MANGUALDE	M50	03:58:32.980	01:03:13.953
118	1592	M	RUI MACHINHO	PORTUGAL	GRUPO DESPORTIVO SANTANDER TOTTA	M40	03:58:38.727	01:03:19.700
119	1386	M	NUNO BARROS	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M SEN	03:58:52.723	01:03:33.696
120	1090	M	JOÃO SIMÕES	PORTUGAL	ARSM-ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	M SEN	03:59:19.470	01:04:00.443
121	1320	M	CARLOS ANDRADE	PORTUGAL	CABARÉ DOS COXOS	M SEN	03:59:56.217	01:04:37.190
122	1128	M	MANUEL ALVES	PORTUGAL	ICARUS RUNNING TEAM	M55	04:00:05.970	01:04:46.943
123	1544	M	MANUEL REIS	PORTUGAL	FRIDAO SEM LIMITES	M50	04:00:18.723	01:04:59.696
124	1084	M	RICARDO MENDONÇA	PORTUGAL	SHFIT TRAIL TEAM	M40	04:00:30.710	01:05:11.683
125	1037	M	RUI ISIDORO	PORTUGAL	A.R. MEIRINHAS	M40	04:00:39.710	01:05:20.683
126	1229	M	PAULO ALVES	PORTUGAL	GRUPO DESPORTIVO SANTANDER TOTTA	M40	04:00:42.787	01:05:23.760
127	1057	M	PEDRO SANTOS	PORTUGAL	GRUPO DESPORTIVO SANTANDER TOTTA	M45	04:00:44.283	01:05:25.256
128	1249	F	RITA MOGO	PORTUGAL	GRUPO DESPORTIVO SANTANDER TOTTA	F SEN	04:00:45.207	01:05:26.180
129	1412	M	EMANUEL FAIM	PORTUGAL	INDIVIDUAL	M SEN	04:00:58.963	01:05:39.936
130	1403	M	ARTUR GIL	PORTUGAL	PÉS DE CHUMBO RUNNERS	M40	04:02:48.940	01:07:29.913
131	1462	M	HÉLDER MATOS	PORTUGAL	AC BATALHA	M45	04:02:55.687	01:07:36.660
132	1067	M	GONÇALO MORAIS	PORTUGAL	CHAVES RUNNING TEAM	M40	04:03:10.437	01:07:51.410
133	1181	M	CARLOS BORGES	PORTUGAL	LOBOS DO BRUNHEIRO CHAVES / CROSSBOX	M40	04:03:12.187	01:07:53.160
134	1363	M	RUI SILVA	PORTUGAL	LOBOS DO BRUNHEIRO CHAVES / CROSSBOX	M40	04:03:12.537	01:07:53.510
135	1400	M	BRUNO MONTEIRO	PORTUGAL	TOG- TRINCA ORELHAS DE GATO	M SEN	04:03:25.687	01:08:06.660
136	1513	M	MIGUEL RIBEIRO	PORTUGAL	SCPOVENSE CARACÓIS CORRIDA	M40	04:03:40.683	01:08:21.656
137	1139	M	DAVID LOPES	PORTUGAL	MORCEGOS TRAIL CLUBE	M40	04:04:03.677	01:08:44.650
138	1560	F	SÃO CASTANHEIRA	PORTUGAL	ZONA ALTA TRAIL	F55	04:04:20.927	01:09:01.900
139	1406	M	MANUEL CABETE	PORTUGAL	MOINHOS DA GÂNDARA TRAIL	M50	04:04:31.173	01:09:12.146
140	1109	M	NUNO GONÇALVES	PORTUGAL	ARSM-ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	M40	04:04:36.680	01:09:17.653
141	1582	M	NUNO BRAGA	PORTUGAL	INDIVIDUAL	M SEN	04:04:36.923	01:09:17.896
142	1025	F	FÁTIMA AMOÍNS	PORTUGAL	LOBOS DO BRUNHEIRO CHAVES / CROSSBOX	F SEN	04:04:38.673	01:09:19.646
143	1242	M	HUGO ANTUNES	PORTUGAL	PATROLHA PATA	M SEN	04:04:54.670	01:09:35.643
144	1237	M	RUI RODRIGUES	PORTUGAL	AD MARCO 09	M40	04:05:32.917	01:10:13.890
145	1170	M	NUNO CARVALHO	PORTUGAL	CAMINHAR AO LUAR	M45	04:06:51.540	01:11:32.513
146	1495	M	LUIS LIMA	PORTUGAL	DAR-RECARDAES	M40	04:07:04.043	01:11:45.016
147	1194	M	RICARDO HENRIQUES	PORTUGAL	LAAC	M SEN	04:07:11.910	01:11:52.883
148	1281	M	DAVID SARAIVA	PORTUGAL	GRUPO BTT DE MANTEIGAS	M SEN	04:07:14.797	01:11:55.770
149	1260	M	PEDRO MATOS	PORTUGAL	PISTOLEIROS DO TRAIL / RUNTREINO	M SEN	04:07:16.650	01:11:57.623
150	1099	M	EMANUEL MARTINS	PORTUGAL	AFRIKANRUNNERS	M40	04:07:48.393	01:12:29.366
151	1092	M	SÉRGIO MOREIRA	PORTUGAL	INDIVIDUAL	M40	04:07:54.393	01:12:35.366
152	1095	M	RICARDO FERNANDES	PORTUGAL	AFRIKANRUNNERS	M40	04:07:58.143	01:12:39.116
153	1240	F	PAULA VALENTE	PORTUGAL	ANSIBIKERS	F SEN	04:08:14.650	01:12:55.623

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
154	1247	M	LUIS ANDRADE	PORTUGAL	GRUPO DESPORTIVO FERREIRENSE	M SEN	04:08:38.887	01:13:19.860
155	1108	M	JOÃO GONÇALVES	PORTUGAL	PEDAIS DO RAIA	M SEN	04:09:20.390	01:14:01.363
156	1354	M	ANTÓNIO AMADOR	PORTUGAL	INDIVIDUAL	M50	04:09:41.377	01:14:22.350
157	1394	M	PAULINO OLIVEIRA	PORTUGAL	ANSIBIKERS	M SEN	04:09:59.127	01:14:40.100
158	1442	M	ROMÃO CORREIA	PORTUGAL	DEVAGAR, DEVAGARINHO...	M40	04:10:01.373	01:14:42.346
159	1127	M	ALBERTO AGUIAR	PORTUGAL	GRUPO DESPORTIVO DAS CORTICEIRAS	M SEN	04:10:30.297	01:15:11.270
160	1029	M	FLÁVIO GOUVEIA	PORTUGAL	BOAVISTA TRAIL	M SEN	04:10:50.123	01:15:31.096
161	1543	F	CÉLIA HENRIQUES	PORTUGAL	BRUXOS RUNNERS	F50	04:10:54.047	01:15:35.020
162	1166	M	VITOR CALDEIRA	PORTUGAL	BOAVISTA TRAIL	M40	04:11:04.363	01:15:45.336
163	1157	M	ALEXANDRE LEITE	PORTUGAL	JUVENTUDE CORTEGACENSE	M SEN	04:11:17.370	01:15:58.343
164	1265	M	VICTOR LOPES	PORTUGAL	VILAVENTURA - TRAIL RUNNING TEAM	M40	04:11:29.860	01:16:10.833
165	1078	M	FREDERICO CARVALHO	PORTUGAL	AZTRAIL/MERCENTRO	M SEN	04:11:50.847	01:16:31.820
166	1359	M	PAULO GAIÃO	PORTUGAL	ZONA ALTA TRAIL	M45	04:11:52.110	01:16:33.083
167	1239	M	ANDRÉ FERREIRA	PORTUGAL	GRUPO DESPORTIVO DA PARREIRA	M SEN	04:11:57.607	01:16:38.580
168	1179	M	PAULO OLIVEIRA	PORTUGAL	O QUE QUEREMOS É MONTE	M50	04:12:28.353	01:17:09.326
169	1345	M	BRUNO CARDOSO	PORTUGAL	TRAIL BELA BELA	M SEN	04:13:10.597	01:17:51.570
170	1073	M	PAULO PINHEIRO	PORTUGAL	DEGUSTARCOS BTT SAI DA FRENTE	M40	04:13:27.600	01:18:08.573
171	1344	M	ANDRÉ NETO	PORTUGAL	SOURE MOV	M SEN	04:13:50.847	01:18:31.820
172	1539	M	PEDRO MONTEIRO	PORTUGAL	GAIA-RUNNING	M SEN	04:14:29.850	01:19:10.823
173	1368	M	JOSÉ PEREIRA	PORTUGAL	OZXTREME	M SEN	04:14:31.303	01:19:12.276
174	1511	M	JOSÉ FERREIRA	PORTUGAL	MELRES TRAIL RUNNING ORDEM PARA ARREAR	M55	04:14:35.860	01:19:16.833
175	1177	F	LUZ PAULO	PORTUGAL	CLUBE DE MONTANHISMO DA GUARDA	F50	04:14:39.833	01:19:20.806
176	1573	M	FERNANDO GOMES	PORTUGAL	KEMEDO TEAM	M50	04:15:07.553	01:19:48.526
177	1457	M	LUIS TEIXEIRA	PORTUGAL	SPORTARC.RUNNING	M45	04:15:09.077	01:19:50.050
178	1350	M	PEDRO NOGUEIRA	PORTUGAL	AD MARCO 09	M SEN	04:15:42.803	01:20:23.776
179	1023	M	NUNO FONTES	PORTUGAL	ARRIBAS	M SEN	04:15:57.820	01:20:38.793
180	1487	M	EMANUEL FREITAS	PORTUGAL	TEAM LANTEMIL	M SEN	04:16:07.067	01:20:48.040
181	1116	M	LINO SILVA	PORTUGAL	GRUPO DESPORTIVO DAS CORTICEIRAS	M45	04:16:09.073	01:20:50.046
182	1605	M	HENRIQUE MATEUS	PORTUGAL	MTBA	M45	04:16:18.303	01:20:59.276
183	1153	M	JOAO ROSO	PORTUGAL	A.R.C. - ESCOLA DE ATLETISMO DE COIMBRA	M SEN	04:16:55.563	01:21:36.536
184	1548	M	EDUARDO LOPES	PORTUGAL	INDIVIDUAL	M55	04:17:16.560	01:21:57.533
185	1355	M	DANIEL SILVA	PORTUGAL	NOCTURNOS DE PAREDES	M SEN	04:17:29.057	01:22:10.030
186	1151	M	LUIS ALMEIDA	PORTUGAL	MONTES SALOIOS TRAIL TEAM	M45	04:17:29.807	01:22:10.780
187	1578	M	BRUNO MOURA	PORTUGAL	INDIVIDUAL	M SEN	04:17:32.557	01:22:13.530
188	1226	F	MARILISA FERNANDES	PORTUGAL	CDC PORTO MONIZ	F SEN	04:17:58.553	01:22:39.526
189	1017	F	VERA REIS	PORTUGAL	CLUBE DE PRAÇAS DA ARMADA	F40	04:18:15.300	01:22:56.273
190	1129	M	MIGUEL CRUZ	PORTUGAL	CLUBE EFACEC	M40	04:18:28.047	01:23:09.020
191	1446	M	SÉRGIO SOARES	PORTUGAL	#LETSRUNAZORES	M45	04:18:46.547	01:23:27.520
192	1530	M	GONÇALO FREITAS	PORTUGAL	SCPOMBAL/TRAIL TEAM	M SEN	04:18:51.807	01:23:32.780
193	1245	M	NELSON FILIPE	PORTUGAL	CAVALINHOS RUNNERS	M40	04:18:55.297	01:23:36.270
194	1273	M	ULISSES MONTEIRO	PORTUGAL	CORRER NA CIDADE	M40	04:19:20.290	01:24:01.263
195	1510	M	DIOGO PEREIRA	PORTUGAL	INDIVIDUAL	M SEN	04:19:23.790	01:24:04.763
196	1188	M	HUGO FERREIRA	PORTUGAL	OFRUNNING	M SEN	04:19:29.060	01:24:10.033
197	1534	M	FILIPE MOREIRA	PORTUGAL	PORTO DE MOS A CORRER	M40	04:19:53.533	01:24:34.506
198	1302	M	NUNO ESTACIO	PORTUGAL	PÉ NO MONTE	M40	04:19:57.287	01:24:38.260
199	1195	M	JOÃO SANTOS	PORTUGAL	MONSANTO RUNNING TEAM	M40	04:20:11.063	01:24:52.036
200	1492	F	INÊS SANTOS	PORTUGAL	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	F SEN	04:20:47.777	01:25:28.750
201	1020	F	PAULA BRANCO	PORTUGAL	ZONA ALTA TRAIL	F45	04:21:06.773	01:25:47.746
202	1569	M	RUI NEVES	PORTUGAL	GRUPO DESPORTIVO DAS CORTICEIRAS	M40	04:21:12.810	01:25:53.783
203	1275	M	NUNO VIEIRA	PORTUGAL	TRAIL DO TEXUGO	M SEN	04:21:22.023	01:26:02.996
204	1163	M	CARLOS PINHEIRO	PORTUGAL	INDIVIDUAL	M50	04:22:22.513	01:27:03.486

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
205	1309	M	SILVIO FERREIRA	PORTUGAL	SALGUEIROS RUNNING	M40	04:22:34.263	01:27:15.236
206	1277	M	HELDER RODRIGUES	PORTUGAL	GRUPETA RUNNING TEAM	M40	04:22:44.760	01:27:25.733
207	1058	M	RICARDO SANTA	PORTUGAL	INDIVIDUAL	M40	04:22:51.507	01:27:32.480
208	1197	M	HÉLDER SOARES	PORTUGAL	BRUXOS RUNNERS	M40	04:23:04.257	01:27:45.230
209	1269	M	ANTÓNIO PEGO	PORTUGAL	ACDRS QUINHENDROS	M45	04:23:18.813	01:27:59.786
210	1449	M	PEDRO GOMES	PORTUGAL	CLUBE COLABORADORES AGEAS	M40	04:23:32.520	01:28:13.493
211	1365	F	LUÍSA MESQUITA	PORTUGAL	COIMBRA TRAIL RUNNING	F SEN	04:23:46.063	01:28:27.036
212	1018	F	GINA DOMINGUES	PORTUGAL	SCPOMBAL/TRAIL TEAM	F40	04:23:55.497	01:28:36.470
213	1468	M	JOSE ORGANISTA	PORTUGAL	INDIVIDUAL	M45	04:23:58.250	01:28:39.223
214	1192	F	ANA ÂNGELO	PORTUGAL	BARRANCOS FC/BIOGADO	F SEN	04:24:09.497	01:28:50.470
215	1206	M	ARNALDO SANTOS	PORTUGAL	NOCTURNOS DE PAREDES	M SEN	04:24:22.313	01:29:03.286
216	1432	M	DELFIN NUNES	PORTUGAL	KEMEDO TEAM	M45	04:24:22.500	01:29:03.473
217	1223	M	ÁLVARO CENTEIO	PORTUGAL	UGAS TRAIL RUNNING	M50	04:25:26.237	01:30:07.210
218	1256	M	LUÍS FERRAZ	PORTUGAL	GTT - ARMAZÉM DO CAFFÈ	M SEN	04:25:29.733	01:30:10.706
219	1392	M	NUNO ALMEIDA	PORTUGAL	GRUPO DESPORTIVO SANTANDER TOTTA	M45	04:25:58.067	01:30:39.040
220	1505	M	PAULO CARVALHO	PORTUGAL	COIMBRA TRAIL RUNNING	M45	04:25:58.490	01:30:39.463
221	1317	M	MARCO MAIA	PORTUGAL	IRMÃOS TARTARUGA DE ALPALHÃO	M40	04:26:07.817	01:30:48.790
222	1300	M	JOSÉ MACHADO	PORTUGAL	INDIVIDUAL	M SEN	04:26:10.067	01:30:51.040
223	1186	M	SÉRGIO VILÃO	PORTUGAL	ARCD VENDA DA LUÍSA	M SEN	04:26:34.727	01:31:15.700
224	1411	M	LUIS VIEIRA	PORTUGAL	NUCLEO DO SPORTING CLUBE DE PORTUGAL DE VILA NOVA DE FAMALICÃO	M SEN	04:27:01.220	01:31:42.193
225	1135	M	LUIS SANTOS	PORTUGAL	ADI-ILHAVO	M40	04:27:43.717	01:32:24.690
226	1488	M	JORGE SILVA	PORTUGAL	S.C.ESPINHO ATLETISMO/ANTÓNIO LEITÃO	M45	04:27:50.717	01:32:31.690
227	1182	M	JORGE FERNANDES	PORTUGAL	INDIVIDUAL	M SEN	04:28:09.727	01:32:50.700
228	1526	M	MÁRIO SILVA	PORTUGAL	ADA DESNIVEL	M SEN	04:28:20.960	01:33:01.933
229	1038	M	NELSON SOUSA	PORTUGAL	GAC - GRUPO ATLETISMO CARANGUEJEIRA	M40	04:28:26.707	01:33:07.680
230	1438	M	CARLOS RIBEIRO	PORTUGAL	BOAVISTA TRAIL	M SEN	04:28:30.207	01:33:11.180
231	1336	M	JOSÉ BRITO	PORTUGAL	CDM RUNNING	M SEN	04:28:45.953	01:33:26.926
232	1261	M	EDUARDO RIBEIRO	PORTUGAL	A. D. AMARANTE	M45	04:29:01.957	01:33:42.930
233	1436	M	HILDEBRAND CASTRO	PORTUGAL	MONSANTO RUNNING TEAM	M40	04:29:03.450	01:33:44.423
234	1306	M	MARCO CUNHA	PORTUGAL	COIMBRA TRAIL RUNNING	M SEN	04:29:12.963	01:33:53.936
235	1104	F	MARILIA NORO	PORTUGAL	COA / CORVUS TRAIL TEAM	F SEN	04:29:55.943	01:34:36.916
236	1115	M	TIAGO MAGALHÃES	PORTUGAL	SALAMANDRECOS	M40	04:29:58.447	01:34:39.420
237	1601	M	CARMINDO GOMES	PORTUGAL	NOCTURNOS DE PAREDES	M45	04:30:02.070	01:34:43.043
238	1461	F	CATARINA ALVES	PORTUGAL	COIMBRA TRAIL RUNNING	F45	04:30:08.193	01:34:49.166
239	1497	M	PEDRO BARROS	PORTUGAL	INDIVIDUAL	M40	04:30:37.937	01:35:18.910
240	1563	M	JOSÉ GIL	SPAIN	C.A.R. MARISQUEIRO	M SEN	04:30:42.070	01:35:23.043
241	1409	M	NUNO NEVES	PORTUGAL	TURRES TRAIL TEAM	M45	04:30:42.697	01:35:23.670
242	1111	M	FILIPPE PIMENTA	PORTUGAL	INDIVIDUAL	M SEN	04:30:51.687	01:35:32.660
243	1255	F	BÁRBARA SÁ	PORTUGAL	SANTANA FC TRAIL TEAM	F40	04:31:00.187	01:35:41.160
244	1389	M	JOÃO COSTA	PORTUGAL	ANSIBIKERS	M SEN	04:31:41.823	01:36:22.796
245	1528	M	MANUEL SILVA	PORTUGAL	GONDOMAR FUTSAL CLUBE	M SEN	04:31:56.183	01:36:37.156
246	1435	F	JOANA CARDOSO	PORTUGAL	GONDOMAR FUTSAL CLUBE	F SEN	04:31:56.820	01:36:37.793
247	1202	M	VALTER VIVEIROS	PORTUGAL	SCPOVENSE CARACÓIS CORRIDA	M SEN	04:32:08.923	01:36:49.896
248	1499	M	RICARDO MOREIRA	PORTUGAL	LOBOS DA SERRA - LOUREIRO	M40	04:32:17.673	01:36:58.646
249	1283	F	MAREEN ENGELKE	GERMANY	UNDERTRAINED AND OVERCONFIDENT	F SEN	04:32:19.683	01:37:00.656
250	1105	M	RAPHAEL BEISEL	GERMANY	UNDERTRAINED AND OVERCONFIDENT	M SEN	04:32:20.173	01:37:01.146
251	1395	M	RUI TEIXEIRA	PORTUGAL	BOAVISTA TRAIL	M45	04:32:21.673	01:37:02.646
252	1450	M	CARLOS ESTEVES	PORTUGAL	MATILHA RUNNING	M50	04:32:37.170	01:37:18.143
253	1519	M	ARNALDO SANTOS	PORTUGAL	INDIVIDUAL	M55	04:32:39.923	01:37:20.896
254	1268	M	RUI AZEVEDO	PORTUGAL	MATILHA RUNNING	M45	04:32:50.077	01:37:31.050
255	1288	M	NUNO MARQUES	PORTUGAL	SANTANA FC TRAIL TEAM	M40	04:33:03.417	01:37:44.390

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
256	1285	M	MÁRCIO MADEIRA	PORTUGAL	LIZ RUNNERS	M40	04:33:18.413	01:37:59.386
257	1597	M	BRUNO SAFARA	PORTUGAL	INDIVIDUAL	M SEN	04:33:40.323	01:38:21.296
258	1537	M	HELDER GOMES	PORTUGAL	KEMEDO TEAM	M40	04:33:56.170	01:38:37.143
259	1142	M	NELSON NUNES	PORTUGAL	AFRIKANRUNNERS	M40	04:34:10.823	01:38:51.796
260	1167	M	MICAEL DOMINGUES	PORTUGAL	KALENJI BY DECATHLON	M SEN	04:34:27.573	01:39:08.546
261	1052	M	MIGUEL LOPES	PORTUGAL	BOAVISTA TRAIL	M40	04:34:32.323	01:39:13.296
262	1342	M	MARCOS SOARES	PORTUGAL	VALE CORRER	M SEN	04:35:03.647	01:39:44.620
263	1125	M	RUI NINA	PORTUGAL	TRAIL BELA BELA	M SEN	04:36:01.327	01:40:42.300
264	1434	M	DOMINGOS GONÇALVES	PORTUGAL	AFRIKANRUNNERS	M45	04:36:51.140	01:41:32.113
265	1227	M	JOSÉ SÁ	PORTUGAL	INDIVIDUAL	M SEN	04:36:58.630	01:41:39.603
266	1216	M	EDGAR TAVARES	PORTUGAL	COAAL-CLUBE DE ORIENTAÇÃO DO ALTO ALENTEJO	M40	04:37:11.877	01:41:52.850
267	1118	F	PATRÍCIA CONCEIÇÃO	PORTUGAL	AMIGOS 100 LIMITES	F40	04:37:20.877	01:42:01.850
268	1241	M	JOÃO HENRIQUES	PORTUGAL	GRT-GUEPARDOS RUNNING TEAM	M SEN	04:37:27.127	01:42:08.100
269	1602	M	ROGÉRIO PALMEIRO	PORTUGAL	SHFIT TRAIL TEAM	M40	04:37:32.327	01:42:13.300
270	1031	F	ORLANDA REGO	PORTUGAL	GAIRUNNING	F45	04:37:41.623	01:42:22.596
271	1441	F	CATARINA FIGUEIREDO	PORTUGAL	GAIA-RUNNING	F40	04:37:44.873	01:42:25.846
272	1377	F	ANA CONTREIRAS	PORTUGAL	ALGARUNNERS	F SEN	04:37:46.827	01:42:27.800
273	1515	F	MARIA SIMOES	PORTUGAL	GRV	F45	04:38:03.577	01:42:44.550
274	1574	M	RUBEN DUQUE	PORTUGAL	ZONA ALTA TRAIL	M SEN	04:38:04.827	01:42:45.800
275	1051	M	JOÃO BATISTA	PORTUGAL	SICÓTRILHOS ABIÚL	M40	04:38:08.370	01:42:49.343
276	1532	F	BELÉM SAMPAIO-MARQUES	PORTUGAL	ADOSA - OS SANTA APOLÓNIA	F40	04:38:15.377	01:42:56.350
277	1102	M	MARCO MACHADO	PORTUGAL	AFRIKANRUNNERS	M40	04:38:30.367	01:43:11.340
278	1424	M	FILIPPE RODRIGUES	PORTUGAL	SICÓTRILHOS ABIÚL	M SEN	04:38:32.577	01:43:13.550
279	1035	M	JORGE NUNES	PORTUGAL	AFRIKANRUNNERS	M45	04:38:32.867	01:43:13.840
280	1399	M	FRANCISCO MELO	PORTUGAL	CORRER NA CIDADE	M SEN	04:38:37.867	01:43:18.840
281	1393	F	BO IRIK	NETHERLANDS	CORRER NA CIDADE	F SEN	04:38:38.613	01:43:19.586
282	1425	F	LAURINDA BARROS	PORTUGAL	A. D. AMARANTE	F50	04:38:45.330	01:43:26.303
283	1454	M	DAVID NOGUEIRA	PORTUGAL	INDIVIDUAL	M SEN	04:38:46.367	01:43:27.340
284	1567	M	RUI NEVES	PORTUGAL	WOLF TEAM RUN	M SEN	04:38:50.363	01:43:31.336
285	1141	M	PAULO BRAGA	PORTUGAL	ARRIBAS	M50	04:38:51.620	01:43:32.593
286	1479	F	CRISTINA BARROS	PORTUGAL	SINMETRO	F45	04:39:03.613	01:43:44.586
287	1443	F	FRANCISCA LEITE	PORTUGAL	ALEXANDRA CARVALHO TEAM	F SEN	04:39:19.607	01:44:00.580
288	1531	M	ANDRÉ SILVA	PORTUGAL	WISEU RUNNING TEAM	M40	04:39:26.607	01:44:07.580
289	1103	M	LUÍS FIGUEIREDO	PORTUGAL	INDIVIDUAL	M SEN	04:39:33.857	01:44:14.830
290	1097	M	NUNO RAMOS	PORTUGAL	CLUBE FUTEBOL GUADIANA	M40	04:39:49.607	01:44:30.580
291	1469	M	MANUEL VALENTE	PORTUGAL	DUBLIN O' SEVEN	M SEN	04:39:49.853	01:44:30.826
292	1221	M	JOSE SANTOS	PORTUGAL	SOURE MOV	M45	04:40:09.850	01:44:50.823
293	1575	M	HUGO FELICIANO	PORTUGAL	A.R. MEIRINHAS	M40	04:40:22.350	01:45:03.323
294	1326	F	JOANA FREITAS	PORTUGAL	AD GALOMAR	F SEN	04:40:31.600	01:45:12.573
295	1542	M	CÉSAR LOBO	PORTUGAL	O QUE QUEREMOS É MONTE	M40	04:40:39.847	01:45:20.820
296	1481	M	TIAGO PINHAL	PORTUGAL	ZIMBRA FOX RUNNERS	M40	04:41:03.347	01:45:44.320
297	1168	M	RUI MARÇAL	PORTUGAL	PACE.MAKERS	M45	04:41:10.093	01:45:51.066
298	1271	M	ANTÓNIO CARLOS	PORTUGAL	INDIVIDUAL	M60	04:41:15.343	01:45:56.316
299	1264	M	BELMIRO PARADA	PORTUGAL	PATROLHA PATA	M45	04:41:18.843	01:45:59.816
300	1486	M	FERNANDO CORVELO	PORTUGAL	PIMPÕES TRAIL TEAM	M50	04:41:21.590	01:46:02.563
301	1217	M	DAVID SEOANE	SPAIN	INDIVIDUAL	M40	04:41:28.600	01:46:09.573
302	1321	M	STEPHANE SANTOS	PORTUGAL	COIMBRA TRAIL RUNNING	M40	04:41:32.587	01:46:13.560
303	1620	M	MIGUEL JUDAS		RUNNING MAGAZINE	M SEN	04:41:41.830	01:46:22.803
304	1483	M	DAVID CARVALHO	PORTUGAL	KEMEDO TEAM	M SEN	04:41:43.340	01:46:24.313
305	1385	M	DAVID MARQUES	PORTUGAL	CARIBEÑOS	M SEN	04:41:50.087	01:46:31.060
306	1061	M	MIGUEL ALMEIDA	PORTUGAL	RUNNERS DA FRENTE RIBEIRINHA DA PÓVOA DE SANTA IRIA	M40	04:42:11.083	01:46:52.056

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
307	1588	M	JORGE NUNES	PORTUGAL	TOMAR RUNNERS	M40	04:42:22.330	01:47:03.303
308	1098	M	DIOGO MONTEIRO	PORTUGAL	RODA DIANTEIRA	M SEN	04:43:40.320	01:48:21.293
309	1589	M	BRUNO ABRANTES	PORTUGAL	RODA DIANTEIRA	M40	04:43:41.070	01:48:22.043
310	1284	M	MAURO CARDOSO	PORTUGAL	NOCTURNOS DE PAREDES	M SEN	04:43:49.817	01:48:30.790
311	1551	M	JOSÉ RAPOSO	PORTUGAL	GRUPO DESPORTIVO SANTANDER TOTTA	M50	04:43:55.337	01:48:36.310
312	1287	M	TIAGO FERNANDES	PORTUGAL	CAMINHAR AO LUAR	M40	04:43:56.083	01:48:37.056
313	1596	M	RUI PEREIRA	PORTUGAL	GAJARUNNING	M40	04:44:26.567	01:49:07.540
314	1305	M	RICARDO FERNANDES	PORTUGAL	PORTEL	M SEN	04:45:04.307	01:49:45.280
315	1219	M	MARCO MENDES	PORTUGAL	SICÓTRILHOS ABIÚL	M SEN	04:45:06.337	01:49:47.310
316	1134	M	ALFREDO CHAMBEL	PORTUGAL	FIDELIDADE GDC	M50	04:45:13.807	01:49:54.780
317	1224	M	JORGE MARIEIRO	PORTUGAL	INDIVIDUAL	M SEN	04:45:27.803	01:50:08.776
318	1039	M	DANIEL SANTOS	PORTUGAL	UGAS TRAIL RUNNING	M SEN	04:45:29.337	01:50:10.310
319	1066	M	JOSÉ ANDRADE	PORTUGAL	GRUPO DESPORTIVO FERREIRENSE	M SEN	04:45:50.540	01:50:31.513
320	1494	M	PEDRO PEREIRA	PORTUGAL	ABCANSADO TRAIL	M45	04:46:35.043	01:51:16.016
321	1033	M	JORGE PINTO	PORTUGAL	INDIVIDUAL	M45	04:46:36.803	01:51:17.776
322	1086	M	HUGO SANTOS	PORTUGAL	PÉS DE CHUMBO RUNNERS	M45	04:46:40.043	01:51:21.016
323	1083	M	CARLOS ALVES	PORTUGAL	PÉS DE CHUMBO RUNNERS	M40	04:46:47.543	01:51:28.516
324	1489	M	PAULO FERREIRA	PORTUGAL	BOAVISTA TRAIL	M55	04:47:19.590	01:52:00.563
325	1364	M	CARLOS MOREIRA	PORTUGAL	RUNRIVER-ESCOLA ATLETISMO DE RIO TINTO	M SEN	04:47:34.087	01:52:15.060
326	1414	M	JOAO SANTOS	PORTUGAL	PINHAL TOTAL OLEIROS AVENTURA	M SEN	04:47:42.087	01:52:23.060
327	1535	M	LINO MOREIRA	PORTUGAL	ALL ABOUT	M60	04:47:59.527	01:52:40.500
328	1506	M	DIOGO ROSÁRIO	PORTUGAL	INDIVIDUAL	M SEN	04:48:36.777	01:53:17.750
329	1391	M	JORGE MESQUITA	PORTUGAL	TOG- TRINCA ORELHAS DE GATO	M40	04:48:48.027	01:53:28.1000
330	1417	M	KAZÉ GIL	PORTUGAL	FLASHOVER - BVPENELA	M40	04:48:51.340	01:53:32.313
331	1448	M	JOÃO BALDAIA	PORTUGAL	INDIVIDUAL	M SEN	04:48:51.340	01:53:32.313
332	1211	M	CARLOS SEIXAS	PORTUGAL	BRUXOS RUNNERS	M50	04:48:59.270	01:53:40.243
333	1024	M	FERNANDO VENDA	PORTUGAL	COIMBRA TRAIL RUNNING	M60	04:49:01.270	01:53:42.243
334	1383	M	MIGUEL MACHADO	PORTUGAL	DIVE INTO THE MOUNTAINS	M45	04:49:14.840	01:53:55.813
335	1062	M	RICARDO SALGUEIRO	PORTUGAL	COA / CORVUS TRAIL TEAM	M SEN	04:49:51.773	01:54:32.746
336	1212	F	NÁDIA AFONSO	PORTUGAL	COA / CORVUS TRAIL TEAM	F SEN	04:49:52.517	01:54:33.490
337	1064	M	CARLOS GRADE	PORTUGAL	SALAMANDRECOS	M45	04:50:46.507	01:55:27.480
338	1503	M	NUNO NABEIRO	PORTUGAL	MELGAÇO ALVARINHO TRAIL TEAM / QUINTAS DE MELGAÇO	M45	04:50:49.340	01:55:30.313
339	1272	M	HUGO EVARISTO	PORTUGAL	INDIVIDUAL	M SEN	04:51:04.753	01:55:45.726
340	1431	M	DANIEL LOURO	PORTUGAL	INDIVIDUAL	M SEN	04:51:24.747	01:56:05.720
341	1175	M	PAULO SANTOS	PORTUGAL	FLASHOVER - BVPENELA	M45	04:51:25.750	01:56:06.723
342	1065	M	EUGÉNIO SANTOS	PORTUGAL	MIRO TRAIL	M SEN	04:51:58.493	01:56:39.466
343	1280	M	PEDRO CUNHA	PORTUGAL	INDIVIDUAL	M50	04:52:01.343	01:56:42.316
344	1380	M	ANTONIO CAMPANIÇO	PORTUGAL	BARRANCOS FC/BIOGADO	M40	04:52:43.990	01:57:24.963
345	1059	M	MARCO FERNANDES	PORTUGAL	MTBA	M40	04:53:14.483	01:57:55.456
346	1555	F	OLGA BRANQUINHO	PORTUGAL	EQUIPA A	F45	04:53:25.980	01:58:06.953
347	1480	M	JOSÉ PEREIRA	PORTUGAL	EQUIPA A	M55	04:53:29.480	01:58:10.453
348	1376	F	MARISA BREGIEIRO	PORTUGAL	SOURE MOV	F SEN	04:54:26.097	01:59:07.070
349	1482	M	LUIS SANTIAGO	PORTUGAL	ROTA D'OSSA	M50	04:54:41.467	01:59:22.440
350	1362	M	PEDRO SOUSA	PORTUGAL	GONDOMAR FUTSAL CLUBE	M50	04:55:07.467	01:59:48.440
351	1215	F	JÉSSICA CORREIA	PORTUGAL	ARCD VENDA DA LUÍSA	F SEN	04:55:25.963	02:00:06.936
352	1204	F	OLGA CAIADO	PORTUGAL	INDIVIDUAL	F45	04:55:31.960	02:00:12.933
353	1509	M	PAULO SANTOS	PORTUGAL	INDIVIDUAL	M45	04:56:13.707	02:00:54.680
354	1423	M	PEDRO ALMEIDA	PORTUGAL	COIMBRA TRAIL RUNNING	M40	04:56:14.207	02:00:55.180
355	1408	M	PEDRO LOURENÇO	PORTUGAL	MATILHA RUNNING	M50	04:56:30.450	02:01:11.423
356	1529	M	RENATO PINTO	PORTUGAL	NOCTURNOS DE PAREDES	M SEN	04:56:59.100	02:01:40.073
357	1310	M	NUNO JACINTO	PORTUGAL	GANG DO AMENDOIM	M45	04:57:18.443	02:01:59.416

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
358	1343	M	FILIFE ABREU	PORTUGAL	BOAVISTA TRAIL	M40	04:57:21.693	02:02:02.666
359	1112	F	NEUZA CARIDADE	PORTUGAL	BOAVISTA TRAIL	F SEN	04:57:26.693	02:02:07.666
360	1230	M	BRUNO RAMIRO	PORTUGAL	KEMEDO TEAM	M SEN	04:57:31.193	02:02:12.166
361	1093	M	JOSE CAETANO	PORTUGAL	CLUBE FUTEBOL GUADIANA	M60	04:57:52.690	02:02:33.663
362	1313	M	JOSÉ ANDRADE	PORTUGAL	INDIVIDUAL	M40	04:58:08.187	02:02:49.160
363	1370	M	HELDER MARQUES	PORTUGAL	HORA DO LOBO TRAIL CF PEROSINHO	M SEN	04:58:54.430	02:03:35.403
364	1444	F	FATIMA VIEIRA	PORTUGAL	NOCTURNOS DE PAREDES	F50	05:00:11.170	02:04:52.143
365	1178	F	SÓNIA MARÇAL	PORTUGAL	PACE.MAKERS	F45	05:00:11.353	02:04:52.326
366	1171	M	LUIS CARDOSO	PORTUGAL	WISEU 360	M45	05:01:39.353	02:06:20.326
367	1291	F	CELIA SOUSA	PORTUGAL	INDIVIDUAL	F40	05:02:46.647	02:07:27.620
368	1429	M	JOSÉ NAVARRO	PORTUGAL	GRUPO DESPORTIVO DAS CORTICEIRAS	M40	05:02:55.393	02:07:36.366
369	1586	M	RICARDO PEREIRA	PORTUGAL	GRUPO DESPORTIVO FERREIRENSE	M SEN	05:03:08.893	02:07:49.866
370	1161	F	ANA CARNEIRO	PORTUGAL	MINHO E LIMA TRAIL	F SUB23	05:03:28.887	02:08:09.860
371	1440	M	PAULO ALVES	PORTUGAL	GONDOMAR FUTSAL CLUBE	M45	05:03:29.887	02:08:10.860
372	1258	M	DAVID COSTA	PORTUGAL	INDIVIDUAL	M45	05:03:46.387	02:08:27.360
373	1233	F	ANDREIA JOÃO	PORTUGAL	GRUPO DESPORTIVO DAS CORTICEIRAS	F40	05:03:46.897	02:08:27.870
374	1119	F	DINA VIVEIROS	PORTUGAL	GRUPO DESPORTIVO DAS CORTICEIRAS	F40	05:03:52.363	02:08:33.336
375	1508	F	DIANA MARTINS	PORTUGAL	BOAVISTA TRAIL	F SEN	05:05:04.127	02:09:45.100
376	1447	M	NELSON FREITAS	PORTUGAL	AFRIKANRUNNERS	M SEN	05:05:30.120	02:10:11.093
377	1068	M	PAULO PINHEIRO	PORTUGAL	DRAGÕES DO MATO	M50	05:05:57.117	02:10:38.090
378	1238	F	SOFIA GUERRA	PORTUGAL	MATILHA DA ATALAIA	F40	05:06:23.400	02:11:04.373
379	1267	M	TIAGO SILVA	PORTUGAL	INDIVIDUAL	M SEN	05:06:24.357	02:11:05.330
380	1523	M	VÍTOR FERNANDES	PORTUGAL	GAIA-RUNNING	M45	05:06:53.357	02:11:34.330
381	1030	M	HUGO GOMES	PORTUGAL	FITRUNNERS SESIMBRA	M SEN	05:07:25.867	02:12:06.840
382	1407	M	RUI NASCIMENTO	PORTUGAL	DEVAGAR, DEVAGARINHO...	M50	05:08:26.847	02:13:07.820
383	1160	M	FERNANDO VICENTE	PORTUGAL	INDIVIDUAL	M60	05:08:46.110	02:13:27.083
384	1200	M	RICARDO CARRONDO	PORTUGAL	AMIGOS DO PEDAL - CORTES DO MEIO	M SEN	05:08:53.090	02:13:34.063
385	1218	M	RICARDO PATRÍCIO	PORTUGAL	INDIVIDUAL	M40	05:09:35.610	02:14:16.583
386	1387	M	JOÃO RODRIGUES	PORTUGAL	SALAMANDRECOS	M45	05:09:43.840	02:14:24.813
387	1525	M	PEDRO NOGUEIRA	PORTUGAL	NOCTURNOS DE PAREDES	M40	05:09:53.320	02:14:34.293
388	1374	F	CARLA SOUSA	PORTUGAL	NOCTURNOS DE PAREDES	F SEN	05:09:54.110	02:14:35.083
389	1189	M	LUIS MARTINS	PORTUGAL	GRUPETA RUNNING TEAM	M40	05:09:57.610	02:14:38.583
390	1289	M	RUI PEREIRA	PORTUGAL	FÁTIMA TRAIL TEAM	M40	05:10:06.860	02:14:47.833
391	1293	M	BRUNO CUNHA	PORTUGAL	RODA DIANTEIRA	M40	05:11:00.820	02:15:41.793
392	1080	M	LUIS BRAVO	PORTUGAL	ZIMBRA FOX RUNNERS	M45	05:11:16.577	02:15:57.550
393	1297	M	GONÇALO MARQUES	PORTUGAL	PÉ NO MONTE	M40	05:11:28.320	02:16:09.293
394	1308	M	CAMILO GUEDES	PORTUGAL	CLUBE PESSOAL AGUAS DE GAIA	M50	05:11:57.863	02:16:38.836
395	1248	M	JOAO CARDOSO	PORTUGAL	COMDOR RUNNERS	M45	05:12:58.613	02:17:39.586
396	1533	M	ÓSCAR FIGUEIREDO	PORTUGAL	INDIVIDUAL	M40	05:13:07.050	02:17:48.023
397	1372	M	LUÍS SILVA	PORTUGAL	TÁLENTOS TEAM	M50	05:13:20.823	02:18:01.796
398	1564	F	MI COUTO	PORTUGAL	BOAVISTA TRAIL	F SEN	05:13:34.363	02:18:15.336
399	1367	M	LUIS CRUZ	PORTUGAL	INDIVIDUAL	M40	05:13:44.043	02:18:25.016
400	1101	M	PAULO LOPES	PORTUGAL	ALVERCA URBAN RUNNERS	M SEN	05:16:37.617	02:21:18.590
401	1022	M	ANTONIO CARVALHO	PORTUGAL	SCPOVENSE CARACÓIS CORRIDA	M60	05:16:40.367	02:21:21.340
402	1580	F	PATRÍCIA COSTA	PORTUGAL	INDIVIDUAL	F SUB23	05:17:11.267	02:21:52.240
403	1325	M	LUIS NEVES	PORTUGAL	INDIVIDUAL	M45	05:17:43.007	02:22:23.980
404	1316	F	MARGARIDA ALBUQUERQUE	PORTUGAL	VIRIATHVS RUNNERS VISEU	F SEN	05:18:59.150	02:23:40.123
405	1047	M	ANDRÉ MARTINS	PORTUGAL	WISEU 360	M SEN	05:19:28.490	02:24:09.463
406	1174	F	MARIA FELISARDO	PORTUGAL	OUTDOOR CLUBE DE SETUBAL	F50	05:19:34.740	02:24:15.713
407	1473	M	PAULO LARA	PORTUGAL	BOAVISTA TRAIL	M45	05:19:36.740	02:24:17.713
408	1184	M	NUNO CABEÇA	PORTUGAL	INDIVIDUAL	M50	05:20:23.483	02:25:04.456

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
409	1536	M	MARCO CARVALHO	PORTUGAL	INDIVIDUAL	M40	05:20:30.483	02:25:11.456
410	1147	M	PEDRO RODRIGUES	PORTUGAL	PÉ NO MONTE	M40	05:20:42.870	02:25:23.843
411	1484	M	CARLOS FERREIRA	PORTUGAL	INDIVIDUAL	M50	05:20:43.870	02:25:24.843
412	1585	F	SOFIA BATISTA	PORTUGAL	SCD GLÓRIA DO RIBATEJO	F SEN	05:20:55.480	02:25:36.453
413	1547	F	MÉLANIE DUARTE	PORTUGAL	FARMÁCIA LUCIANO E MATOS	F40	05:20:55.620	02:25:36.593
414	1263	M	TIAGO FRUTUOSO	PORTUGAL	INDIVIDUAL	M40	05:21:00.727	02:25:41.700
415	1041	M	FILIPPE BESSA	PORTUGAL	CLUBE EFACEC	M SEN	05:21:21.727	02:26:02.700
416	1467	M	PEDRO NUNES	PORTUGAL	PATROLHA PATA	M45	05:22:08.373	02:26:49.346
417	1476	F	LILIANA AGUIAR	PORTUGAL	INDIVIDUAL	F40	05:22:26.717	02:27:07.690
418	1107	F	SÓNIA SILVA	PORTUGAL	GRUPO DESPORTIVO DAS CORTICEIRAS	F40	05:22:43.713	02:27:24.686
419	1244	M	JOSÉ PATOLA	PORTUGAL	ALENTEJO TRAIL RUNNING	M40	05:23:26.623	02:28:07.596
420	1599	M	RUI LEAL	PORTUGAL	TRAIL DO TEXUGO	M40	05:23:27.697	02:28:08.670
421	1222	F	ÂNGELA CARVALHO	PORTUGAL	ALENTEJO TRAIL RUNNING	F40	05:23:31.373	02:28:12.346
422	1110	F	ELZA CORDEIRO	PORTUGAL	ARCD VENDA DA LUÍSA	F45	05:23:44.720	02:28:25.693
423	1046	M	RUI SANTOS	PORTUGAL	BLACKBULLS / CLUBE DE CONDEIXA	M45	05:23:45.957	02:28:26.930
424	1234	M	RUI PALRINHAS	PORTUGAL	FLASHOVER - BVPENELA	M SEN	05:23:47.627	02:28:28.600
425	1091	M	STEFÁN GEORGSSON	ICELAND	INDIVIDUAL	M45	05:24:11.197	02:28:52.170
426	1353	F	CLÁUDIA ISIDORO	PORTUGAL	COIMBRA TRAIL RUNNING	F45	05:24:45.877	02:29:26.850
427	1070	F	DORES CACHETAS	PORTUGAL	AKUAFIT	F40	05:25:11.127	02:29:52.100
428	1299	F	MARIAELENA D'AMBROSIO	ITALY	INDIVIDUAL	F SEN	05:26:52.677	02:31:33.650
429	1549	M	ILIDIO FREITAS	PORTUGAL	GONDOMAR FUTSAL CLUBE	M55	05:26:54.930	02:31:35.903
430	1373	M	RUI COSTA	PORTUGAL	BOAVISTA TRAIL	M SEN	05:27:09.673	02:31:50.646
431	1416	M	RUI COLAÇO	PORTUGAL	LOBOS DA SERRA - LOUREIRO	M50	05:27:48.920	02:32:29.893
432	1044	M	DAVID MALVA	PORTUGAL	NAC TRAIL	M50	05:27:59.417	02:32:40.390
433	1270	M	LUIS LOBO	PORTUGAL	ALL TITUDES TRAIL TEAM	M45	05:28:21.417	02:33:02.390
434	1196	M	PEDRO FERREIRA	PORTUGAL	ALVERCA URBAN RUNNERS	M45	05:28:25.410	02:33:06.383
435	1312	M	SANTIAGO SANTIAGO	PORTUGAL	CATR CORREIO DE ALBERGARIA TRAIL RUNNING	M45	05:28:27.157	02:33:08.130
436	1251	F	SÓNIA CARDOSO	PORTUGAL	WISEU 360	F40	05:28:51.407	02:33:32.380
437	1144	M	ÁLVARO FERREIRA	PORTUGAL	TRILHOS DO COSTUME	M50	05:29:28.900	02:34:09.873
438	1558	M	JOÃO CÂMARA	PORTUGAL	HL RUNNERS	M40	05:29:29.887	02:34:10.860
439	1056	F	SUSANA PORTELA	PORTUGAL	SS CGD	F50	05:29:49.900	02:34:30.873
440	1591	M	JOÃO SILVA	PORTUGAL	ACDRS QUINHENDROS	M40	05:29:50.397	02:34:31.370
441	1085	M	HENRIQUE BORGES	PORTUGAL	INDIVIDUAL	M50	05:30:06.647	02:34:47.620
442	1475	M	TIAGO GUERREIRO	PORTUGAL	GRCD LEIÃO - COBRAS TRAILISTAS	M40	05:31:22.130	02:36:03.103
443	1559	M	LUIS SANTOS	PORTUGAL	GRCD LEIÃO - COBRAS TRAILISTAS	M45	05:31:23.637	02:36:04.610
444	1117	F	BARBARA SILVEIRA	FRANCE	INDIVIDUAL	F55	05:32:15.633	02:36:56.606
445	1390	F	MARTA FARIA	PORTUGAL	INDIVIDUAL	F45	05:33:17.627	02:37:58.600
446	1243	M	HUGO RIBEIRO	PORTUGAL	SALAMANDRECOS	M45	05:36:55.583	02:41:36.556
447	1278	M	MARCO DIAS	PORTUGAL	INDIVIDUAL	M45	05:36:58.387	02:41:39.360
448	1422	M	CARLOS CARVALHO	PORTUGAL	INDIVIDUAL	M SEN	05:37:48.323	02:42:29.296
449	1460	M	NUNO SOUSA	PORTUGAL	ARRIBAS	M45	05:38:31.567	02:43:12.540
450	1081	M	PEDRO CASTRO	PORTUGAL	INDIVIDUAL	M50	05:40:04.803	02:44:45.776
451	1311	F	SILVINA GAMA	PORTUGAL	GONDOMAR FUTSAL CLUBE	F45	05:40:41.547	02:45:22.520
452	1439	M	FIRMINO MENDES	PORTUGAL	MONTANHA CLUBE TRAIL RUNNING EFAPEL	M55	05:40:45.557	02:45:26.530
453	1330	M	JOSÉ AMARO	PORTUGAL	LIZ RUNNERS	M40	05:41:16.297	02:45:57.270
454	1333	M	JOÃO BERNARDINO	PORTUGAL	DEVAGAR, DEVAGARINHO...	M45	05:42:07.783	02:46:48.756
455	1349	F	CATARINA TEIXEIRA	PORTUGAL	ABUTRES	F50	05:42:19.533	02:47:00.506
456	1382	F	MIRANDOLINA MARTINS	PORTUGAL	PUXA POR TI	F40	05:42:25.530	02:47:06.503
457	1609	M	ROMEU AFONSO	PORTUGAL	CCDR COLMEAL DA TORRE	M40	05:42:27.030	02:47:08.003
458	1334	M	PAULO SOUSA	PORTUGAL	PUXA POR TI	M40	05:42:28.540	02:47:09.513
459	1232	M	FRANCISCO REBELO	PORTUGAL	ABCANSADO TRAIL	M45	05:43:00.027	02:47:40.1000

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
460	1331	M	ANTÓNIO CARVALHO	PORTUGAL	SILVAS E CARRASCOS	M45	05:43:54.767	02:48:35.740
461	1075	F	SUSANA SANTO	PORTUGAL	ARCD VENDA DA LUÍSA	F40	05:44:19.513	02:49:00.486
462	1619	M	MÁRIO FERREIRA		CLUBE EFACEC	M45	05:45:12.507	02:49:53.480
463	1346	M	BRUNO MOREIRA	PORTUGAL	CATR CORREIO DE ALBERGARIA TRAIL RUNNING	M40	05:45:33.507	02:50:14.480
464	1295	M	RUI GONÇALVES	PORTUGAL	EQUIPA DAVID VAZ	M45	05:46:37.647	02:51:18.620
465	1235	F	VERA VAZ	PORTUGAL	DAVID VAZ ASSOCIAÇÃO	F40	05:46:37.743	02:51:18.716
466	1027	F	ANA MELO	PORTUGAL	RUN 4 FUN	F45	05:47:20.397	02:52:01.370
467	1049	M	RICARDO SILVA	PORTUGAL	INDIVIDUAL	M45	05:48:14.983	02:52:55.956
468	1262	F	RITA MONTEIRO	PORTUGAL	INDIVIDUAL	F45	05:48:35.230	02:53:16.203
469	1296	F	SARA QUINTA	PORTUGAL	CATR CORREIO DE ALBERGARIA TRAIL RUNNING	F40	05:49:20.467	02:54:01.440
470	1294	F	IOLANDA BABO	PORTUGAL	CATR CORREIO DE ALBERGARIA TRAIL RUNNING	F40	05:49:20.900	02:54:01.873
471	1304	M	PAULO VILARINHO	PORTUGAL	GAJARUNNING	M45	05:49:55.900	02:54:36.873
472	1338	M	LUÍS DUARTE	PORTUGAL	GAJARUNNING	M50	05:49:57.963	02:54:38.936
473	1276	M	DAVID GONÇALVES	PORTUGAL	CLUBE DXC	M45	05:50:10.963	02:54:51.936
474	1420	M	NUNO CASEIRO	PORTUGAL	ASSOCIAÇÃO VALE GRANDE	M45	05:51:21.903	02:56:02.876
475	1347	F	CARLA JESUS	PORTUGAL	PACE.MAKERS	F SEN	05:53:11.697	02:57:52.670
476	1257	F	SUSANA FERNANDES	PORTUGAL	INDIVIDUAL	F45	05:53:28.713	02:58:09.686
477	1266	M	JOÃO SILVA	PORTUGAL	COIMBRA TRAIL RUNNING	M40	05:53:34.400	02:58:15.373
478	1159	F	ANA BARROSO	PORTUGAL	NO TOMORROW RUNNING TEAM	F45	05:55:01.413	02:59:42.386
479	1459	M	PAULO ALVES	PORTUGAL	ARCD VENDA DA LUÍSA	M40	05:55:17.423	02:59:58.396
480	1478	F	MARGARIDA MONTEIRO	PORTUGAL	ALVERCA URBAN RUNNERS	F55	05:55:42.910	03:00:23.883
481	1570	M	RUI TEIXEIRA	PORTUGAL	#ATÉCHORAS	M45	05:56:10.657	03:00:51.630
482	1162	F	ISABEL CONCEIÇÃO	PORTUGAL	ALVERCA URBAN RUNNERS	F SEN	05:56:18.893	03:00:59.866
483	1246	M	BRUNO MONTEIRO	PORTUGAL	TÁLENTOS TEAM	M40	05:56:33.907	03:01:14.880
484	1072	M	CARLOS HENRIQUE	PORTUGAL	GRUPO DESPORTIVO SANTANDER TOTTA	M50	05:56:36.400	03:01:17.373
485	1193	F	ANA ROSA	PORTUGAL	RUNNERS DA FRENTE RIBEIRINHA DA PÓVOA DE SANTA IRIA	F40	05:56:43.407	03:01:24.380
486	1149	F	HELENA SOARES	PORTUGAL	RUN 4 FUN	F45	05:56:44.147	03:01:25.120
487	1183	M	LUIS GOMES	PORTUGAL	KEMEDO TEAM	M50	05:59:55.117	03:04:36.090
488	1132	F	BEATRIZ LOUREIRO	PORTUGAL	PERNETAS	F SEN	06:00:23.863	03:05:04.836
489	1032	M	BRUNO PEREIRA	PORTUGAL	HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO	M40	06:01:59.600	03:06:40.573
490	1213	M	PAULO ALVES	PORTUGAL	MATILHA RUNNING	M45	06:05:50.163	03:10:31.136
491	1404	M	RUI BARBOSA	PORTUGAL	MATILHA RUNNING	M45	06:05:51.313	03:10:32.286
492	1437	M	JOSÉ CAMELO	PORTUGAL	MATILHA RUNNING	M45	06:06:02.567	03:10:43.540
493	1369	F	FÁTIMA MALTA	PORTUGAL	INDIVIDUAL	F50	06:06:39.557	03:11:20.530
494	1388	M	CARLOS LEAL	PORTUGAL	KEMEDO TEAM	M SEN	06:07:02.053	03:11:43.026
495	1164	F	RITA LEAL	PORTUGAL	KEMEDO TEAM	F SEN	06:07:02.553	03:11:43.526
496	1507	M	RUI SÁ	PORTUGAL	FIT GAIA TRAIL	M55	06:07:19.790	03:12:00.763
497	1339	M	TIAGO MATOS	PORTUGAL	FIDELIDADE GDC	M45	06:08:11.043	03:12:52.016
498	1490	M	VALDEMAR ALMEIDA	PORTUGAL	INVICTA RUNNERS TEAM	M55	06:10:10.530	03:14:51.503
499	1143	M	LUIS TORRES	PORTUGAL	COMDOR RUNNERS	M45	06:10:17.277	03:14:58.250
500	1381	M	SÉRGIO PEREIRA	PORTUGAL	GONDOMAR FUTSAL CLUBE	M40	06:11:37.260	03:16:18.233
501	1584	F	ELISABETE AZOUGADO	PORTUGAL	TÁLENTOS TEAM	F45	06:16:26.467	03:21:07.440
502	1185	F	MARIA SANCHES	PORTUGAL	INDIVIDUAL	F45	06:17:08.463	03:21:49.436
503	1259	M	DANIEL XAREPE	PORTUGAL	GRUPO DESPORTIVO SANTANDER TOTTA	M55	06:18:01.453	03:22:42.426
504	1225	M	ARTUR SILVA	PORTUGAL	ALL ABOUT	M55	06:20:12.427	03:24:53.400
505	1595	F	HELENA NOGUEIRA	PORTUGAL	INDIVIDUAL	F50	06:20:13.170	03:24:54.143
506	1327	M	PEDRO JAIME	PORTUGAL	SALAMANDRECOS	M50	06:20:13.940	03:24:54.913
507	1378	M	NUNO SANTOS	PORTUGAL	HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO	M SEN	06:20:37.427	03:25:18.400
508	1604	M	DINIS MARTINS	PORTUGAL	INDIVIDUAL	M50	06:25:37.437	03:30:18.410
509	1348	F	PAULA CAPELA	PORTUGAL	KANINOS	F50	06:26:11.127	03:30:52.100
510	1138	M	ANTÓNIO VIVEIROS	PORTUGAL	GRUPO DESPORTIVO DAS CORTICEIRAS	M40	06:28:38.107	03:33:19.080

Pos.	Dorsal	G	Nome	País	Equipa	Escalão	Tempo	Diferença
511	1282	M	PAULO VIANA	PORTUGAL	QUENIANOS	M45	06:28:50.613	03:33:31.586
512	1028	M	JOÃO MELANDA	PORTUGAL	GRVILAVERDENSE	M SEN	06:30:43.583	03:35:24.556
513	1290	M	JOSE OLIVEIRA	PORTUGAL	INDIVIDUAL	M45	06:30:57.687	03:35:38.660
514	1397	M	PEDRO NUNES	PORTUGAL	INDIVIDUAL	M45	06:32:11.820	03:36:52.793
515	1433	F	INÊS MENDONÇA	PORTUGAL	DESLIZA TEAM	F SEN	06:34:00.303	03:38:41.276
516	1274	F	MARIA COSTA	PORTUGAL	MOREIRA RELAX RUNNERS	F55	06:35:21.540	03:40:02.513
517	1607	M	CARLOS BRITO	PORTUGAL	INDIVIDUAL	M45	06:38:40.193	03:43:21.166
518	1036	M	TIAGO HENRIQUES	PORTUGAL	TRAIL RUNNERS PORTIMÃO	M SEN	06:38:52.010	03:43:32.983
519	1590	F	SANDRA FERNANDES	PORTUGAL	FRIDAO SEM LIMITES	F40	06:40:06.007	03:44:46.980
520	1060	M	JOSÉ ABRANTES	PORTUGAL	TRIBO NR	M45	06:49:40.410	03:54:21.383
521	1514	M	PAULO CARDOSO	PORTUGAL	INDIVIDUAL	M45	06:56:58.090	04:01:39.063
522	1301	F	PATRICIA CAEIRO	PORTUGAL	NÚCLEO SCP DE PORTEL	F SEN	06:57:31.717	04:02:12.690
523	1323	M	BRUNO MARQUES	PORTUGAL	BOMBEIROS BRASFEMES-TRAIL E BTT	M SEN	06:57:40.710	04:02:21.683