

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
1	1551	Tiago Romão	U.F Comércio E Indústria Atletismo	02:59:28.077	00:00:00.000
2	1205	Romeu Gouveia	Salomon Suunto	03:04:10.977	00:04:42.900
3	1000	Paulo Serra	Individual	03:04:22.727	00:04:54.650
4	1001	Nelson Graça	Team Goldnutrition / Run.Pt	03:12:38.250	00:13:10.173
5	1550	Bruno Silva	Satecnosol Outdoor / Raidlight Portugal	03:19:10.767	00:19:42.690
6	1280	Paulo Oliveira	All About	03:27:19.287	00:27:51.210
7	1038	Paulo Costa	A.D.Amarante Trail Running	03:28:00.787	00:28:32.710
8	1006	Luís Martins	Gtt - Armazém Do Caffè	03:29:53.543	00:30:25.466
9	1547	Hélio Fumo	Edv - Viana Trail	03:33:40.553	00:34:12.476
10	1549	Fábio Pinto	Satecnosol Outdoor / Raidlight Portugal	03:34:54.557	00:35:26.480
11	1537	Diogo Pinheiro	Ozxtreme/Rda	03:35:29.180	00:36:01.103
12	1044	Paulo Pires	Runner'S Do Demo	03:35:40.057	00:36:11.980
13	1450	David Gouveia	Cmm - Escaravelhos Team	03:36:10.560	00:36:42.483
14	1026	Nelson Costa	O Mundo Da Corrida	03:36:11.060	00:36:42.983
15	1329	Nuno Paiva	A C Portalegre / Utsm	03:41:23.080	00:41:55.003
16	1007	Pedro Veríssimo	Arsm-Associação Recreativa De S. Miguel	03:41:44.580	00:42:16.503
17	1480	Ricardo Miranda	Gtt - Armazém Do Caffè	03:42:09.583	00:42:41.506
18	1554	Rui Santos	Satecnosol Outdoor / Raidlight Portugal	03:44:25.830	00:44:57.753
19	1465	Sérgio Pereira	Amcf - Arrábida Trail Team	03:44:40.080	00:45:12.003
20	1270	Jorge Duarte	Coimbra Trail Running	03:46:00.093	00:46:32.016
21	1005	Manuel Costa	Dci/Ccdrpedrulha Mealhada	03:46:21.087	00:46:53.010
22	1207	Miguel Pires	Escola Atletismo De Coimbra / Jpaiva	03:47:28.090	00:48:00.013
23	1130	Sérgio Suzano	Oralklass-Amigos Do Trail	03:49:36.847	00:50:08.770
24	1063	Fernando Pinto	Individual	03:52:34.103	00:53:06.026
25	1200	Marco Carvalho	Fire Team Bvmc	03:53:01.610	00:53:33.533
26	1022	Francisco Reis	Ac S.Mamede	03:53:04.353	00:53:36.276
27	1019	Bruno Santos	Ctad Trilhos De Cinfães	03:53:22.103	00:53:54.026
28	1232	Wesley Trigg	Go!Runners	03:53:30.607	00:54:02.530
29	1548	Cesar Barros	Satecnosol Outdoor / Raidlight Portugal	03:58:08.470	00:58:40.393
30	1212	David Silva	Farmácia Luciano E Matos	04:00:39.377	01:01:11.300
31	1500	Paulo Nogueira	Montanha Clube Trail Running/Efapel	04:00:40.373	01:01:12.296
32	1283	Marco Silva	All About	04:01:36.127	01:02:08.050
33	1108	André Reis	Monsanto Running Team-Mrt	04:02:21.480	01:02:53.403
34	1553	Ricardo Aires	Fridão Sem Limites	04:02:54.877	01:03:26.800
35	1312	Nelson Teixeira	""Crocodilos / Mister Pc""	04:02:58.880	01:03:30.803
36	1190	André Guedes	Dr. Merino/4Moove	04:03:10.630	01:03:42.553
37	1483	Nuno Castel-Branco	Olimpico Vianense Trail/ Nd Sport	04:03:26.630	01:03:58.553
38	1147	Miguel Nunes	Abcansado Trail	04:03:34.130	01:04:06.053
39	1073	Ricardo Aguiar	Assscc Ar Livre E Aventura	04:03:39.633	01:04:11.556
40	1448	Vasco Sousa	Old School Smash Young Ducks	04:04:16.883	01:04:48.806
41	1115	João Sacramento	Ac Vermoil	04:05:15.883	01:05:47.806
42	1384	Guel Ferreira	Ccd De Porto Mendo	04:05:45.893	01:06:17.816
43	1179	Paulo Rodrigues	Arcd Venda Da Luisa	04:05:46.137	01:06:18.060
44	1281	Filipe Sousa	All About	04:06:04.137	01:06:36.060

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
45	1362	Nélson Rodrigues	Galhardos Runners	04:06:11.637	01:06:43.560
46	1126	José Costa	Runner`S Do Demo	04:07:14.997	01:07:46.920
47	1015	Renato Vaz	Individual	04:07:21.890	01:07:53.813
48	1320	Narciso Machado	Profisio Team	04:07:33.147	01:08:05.070
49	1039	Fábio Filipe	Individual	04:08:00.497	01:08:32.420
50	1543	Gonzalo Martin	Sporthg-Amlsport	04:08:16.393	01:08:48.316
51	1367	Agostinho Sousa	Fridão Sem Limites	04:09:20.250	01:09:52.173
52	1471	Francisco Carvalho	Individual	04:09:25.147	01:09:57.070
53	1194	Licínio Sequeira	O Mundo Da Corrida	04:10:14.897	01:10:46.820
54	1344	Jorge Alves	Escola Atletismo De Coimbra / Jpaiva	04:10:26.907	01:10:58.830
55	1129	Milton Santos	Sport Clube Beira-Mar	04:10:51.900	01:11:23.823
56	1381	Rui Martins	Vertical Navis	04:11:12.907	01:11:44.830
57	1472	Paulo Araujo	Slow Runners Pombal	04:12:19.403	01:12:51.326
58	1133	Eduardo Moreira	Assscc Ar Livre E Aventura	04:12:34.903	01:13:06.826
59	1517	Pedro Gabriel	Pocariça Runners	04:12:45.157	01:13:17.080
60	1354	Sandra Mendes	Profisio Team	04:13:05.657	01:13:37.580
61	1027	José Mendes	Fire Team Bvmc	04:14:25.667	01:14:57.590
62	1198	Alfredo Gualdino	Coac Coruche	04:14:27.657	01:14:59.580
63	1064	Hélder Melo	A C Portalegre / Utsm	04:14:50.660	01:15:22.583
64	1291	David Felizardo	Ozxtreme/Rda	04:15:14.163	01:15:46.086
65	1142	Sérgio Anunciação	Oralklass-Amigos Do Trail	04:17:31.923	01:18:03.846
66	1014	Rui Cruz	Individual	04:17:37.917	01:18:09.840
67	1286	Vítor Cavadas	All About	04:18:17.917	01:18:49.840
68	1221	Jorge Catarino	Insane Trail Team	04:18:18.917	01:18:50.840
69	1202	António Carvalho	Coimbra Trail Running	04:20:11.423	01:20:43.346
70	1059	Jorge Nabais	Coa - Clube Orientação E Aventura	04:20:18.423	01:20:50.346
71	1401	Daniela Russo	Oralklass-Amigos Do Trail	04:20:34.463	01:21:06.386
72	1060	Francisco Figueiredo	Oralklass-Amigos Do Trail	04:20:34.470	01:21:06.393
73	1137	Nádia Casteleiro	Oralklass-Amigos Do Trail	04:20:40.177	01:21:12.100
74	1021	Nuno Silva	Correr Lisboa	04:20:48.923	01:21:20.846
75	1420	Adão Monteiro	Fridão Sem Limites	04:22:04.177	01:22:36.100
76	1447	Marçal Mendes	Individual	04:23:45.933	01:24:17.856
77	1455	Luis Silva	Fonte Nova Runners	04:24:22.943	01:24:54.866
78	1058	Paulo Colaço	Nocturnos De Paredes	04:25:13.447	01:25:45.370
79	1197	Miguel Gualdino	Coac Coruche	04:26:26.947	01:26:58.870
80	1135	Tiago Gregório	Assscc Ar Livre E Aventura	04:27:21.690	01:27:53.613
81	1113	Rui Leandro	Individual	04:27:33.960	01:28:05.883
82	1338	Renato Barros	Montanha Clube Trail Running/Efapel	04:27:52.453	01:28:24.376
83	1463	Augusto Trindade	Runner`S Do Demo	04:28:20.693	01:28:52.616
84	1070	Diana Gaspar	Coimbra Trail Running	04:28:55.953	01:29:27.876
85	1318	Raul Silva	Individual	04:28:57.227	01:29:29.150
86	1484	Paulo Moura	Profisio Team	04:29:58.947	01:30:30.870
87	1040	Eurico Moura	Kemedo Team	04:30:07.207	01:30:39.130
88	1136	Vitor Faim	Atletismo Clube Da Tocha	04:30:29.950	01:31:01.873

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
89	1100	Pedro Martins	Arcd Venda Da Luisa	04:30:30.703	01:31:02.626
90	1524	Pedro Sousa	Runner`S Do Demo	04:31:14.703	01:31:46.626
91	1453	Sérgio Monteiro	Sardonisca Runners	04:31:16.953	01:31:48.876
92	1010	Bruno Martelo	Coimbra Trail Running	04:33:33.207	01:34:05.130
93	1035	Luís Narciso	O Mundo Da Corrida	04:33:42.957	01:34:14.880
94	1164	Toni Leitao	Trutas Do Mau - Gdr Granja (Castro Daire)	04:33:50.957	01:34:22.880
95	1298	Rui Gonçalves	Adefacec	04:34:17.207	01:34:49.130
96	1127	Ricardo Goncalves	Vespinga Trail	04:34:18.460	01:34:50.383
97	1317	José Mestre	Individual	04:34:21.990	01:34:53.913
98	1144	Ricardo Nunes	Fridão Sem Limites	04:34:36.967	01:35:08.890
99	1095	Hélder Lopes	Team7	04:34:39.460	01:35:11.383
100	1493	Paulo Açafrão	Mountain Trails	04:35:04.210	01:35:36.133
101	1429	Bruno Juliao	Pés Troikados - Cscs	04:36:16.713	01:36:48.636
102	1333	Pedro Cruz	Individual	04:36:25.973	01:36:57.896
103	1042	Alexandre Narciso	Juventude Vidigalense	04:36:58.467	01:37:30.390
104	1052	Mauro Cardoso	Nocturnos De Paredes	04:37:14.467	01:37:46.390
105	1031	Hugo Duarte	A.D.Amarante Trail Running	04:38:01.467	01:38:33.390
106	1189	Miguel Fernandes	Montanha Clube Trail Running/Efapel	04:38:06.970	01:38:38.893
107	1252	Gildo Santos	Fire Team Bvmc	04:38:07.720	01:38:39.643
108	1036	Luís Silva	O Mundo Da Corrida	04:38:25.973	01:38:57.896
109	1195	Hugo Lopes	Individual	04:39:16.973	01:39:48.896
110	1211	Laurentino Martins	Xanacabeleireiros	04:40:05.977	01:40:37.900
111	1305	Ignacio Jaen	Individual	04:40:14.477	01:40:46.400
112	1066	Leonardo Ara?Jo	Slow Runners Pombal	04:40:58.227	01:41:30.150
113	1074	Luísa Mesquita	Coimbra Trail Running	04:40:58.977	01:41:30.900
114	1314	Nelson Correia	Arcd Venda Da Luisa	04:41:02.227	01:41:34.150
115	1053	Paulo Sarmento	Ffit Gaia Trail	04:42:33.330	01:43:05.253
116	1494	Nuno Faria	Monsanto Running Team-Mrt	04:43:40.087	01:44:12.010
117	1086	Fred Kalahari	Tomar Runners	04:44:06.737	01:44:38.660
118	1132	Miguel Ribeiro	Assssc Ar Livre E Aventura	04:44:16.587	01:44:48.510
119	1065	Andr? Paiva	Farmácia Luciano E Matos	04:44:19.737	01:44:51.660
120	1441	Ricardo Duarte	Individual	04:45:04.257	01:45:36.180
121	1091	Bruno Carvalho	Espirito Inquieto	04:46:08.497	01:46:40.420
122	1419	Carlos Pereira	Afifense Trail	04:46:11.497	01:46:43.420
123	1146	Jorge Henriques	Lourival Bike Team	04:46:14.990	01:46:46.913
124	1196	Luís Salvador	Runner`S Do Demo	04:47:09.747	01:47:41.670
125	1477	Nunofpsousa	Nah	04:47:24.993	01:47:56.916
126	1077	Bruno Casimiro	Coimbra Trail Running	04:47:27.993	01:47:59.916
127	1387	Paulo Baptista	Gazelas Running.Figueira	04:47:43.747	01:48:15.670
128	1355	Alcino Santos	Vertical Navis	04:48:03.993	01:48:35.916
129	1515	João Moreira	Individual	04:48:26.003	01:48:57.926
130	1008	Eduardo Merino	Dr. Merino/4Moove	04:48:47.247	01:49:19.170
131	1294	Tomé Pinto	Edv - Viana Trail	04:48:47.503	01:49:19.426
132	1296	Vitor Matos	Adefacec	04:48:47.747	01:49:19.670

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
133	1028	José Correia	Arsm-Associação Recreativa De S. Miguel	04:48:49.747	01:49:21.670
134	1048	Arnaldo Santos	Nocturnos De Paredes	04:50:51.253	01:51:23.176
135	1454	Rogério Pronto	Tomar Runners	04:50:51.260	01:51:23.183
136	1530	Gustavo Ferreira	Idealmed	04:51:25.287	01:51:57.210
137	1409	Filipe Moreira	Juventude Vidigalense	04:52:06.757	01:52:38.680
138	1303	Antonio Brito	Nocturnos De Paredes	04:52:08.113	01:52:40.036
139	1201	André Dias	Gaia-Running	04:53:16.007	01:53:47.930
140	1479	Miguel Veludo	100 Estrilhos	04:53:18.757	01:53:50.680
141	1545	Jose Figueiredo	Monsanto Running Team-Mrt	04:54:25.517	01:54:57.440
142	1539	Rodolfo Silva	Edv - Viana Trail	04:54:33.013	01:55:04.936
143	1163	João Salvador	Individual	04:54:37.263	01:55:09.186
144	1152	José Farinha	Clube Millenniumbcp	04:54:53.263	01:55:25.186
145	1427	Carlos Ribeiro	Gtt - Armazém Do Caffè	04:55:21.020	01:55:52.943
146	1055	Ricardo Mainha	4 Trail Team	04:55:26.270	01:55:58.193
147	1544	Tiago Batista	Ozxtreme/Rda	04:55:41.273	01:56:13.196
148	1184	Ana Miranda	A C Portalegre / Utsm	04:55:58.517	01:56:30.440
149	1363	Hugo Ventura	Puzzle - Centro De Explicações	04:56:21.017	01:56:52.940
150	1057	Luís Carlos	Chitas De Alcobaça	04:56:45.517	01:57:17.440
151	1433	Horacio Ferreira	Arsm-Associação Recreativa De S. Miguel	04:57:09.767	01:57:41.690
152	1288	Lidia Domínguez	Individual	04:57:13.770	01:57:45.693
153	1061	Rui Madureira	Marco Runners	04:57:49.913	01:58:21.836
154	1423	Vitor Marques	Kondores Trail Running	04:57:58.270	01:58:30.193
155	1522	Liliana Caçoete	Girq -Quiaios Run Team	04:59:02.530	01:59:34.453
156	1505	Pedro Anjos	Clac - Entroncamento	04:59:41.023	02:00:12.946
157	1300	Paulo Pacheco	#Letsrunazores	04:59:43.527	02:00:15.450
158	1542	Diogo Rosário	Fit&Fun	04:59:44.027	02:00:15.950
159	1080	Pedro Guimaraes	#Letsrunazores	04:59:44.627	02:00:16.550
160	1123	Ricardo Fernandes	Espaço Saúde	04:59:59.537	02:00:31.460
160	1478	Tony Seródio	Espaço Saúde	04:59:59.537	02:00:31.460
161	1501	Luis Rosado	Em´Força Spem	05:00:00.527	02:00:32.450
162	1143	Eurico Silva	Fatima	05:01:56.280	02:02:28.203
163	1323	Pedro Alves	Enjoyandgorunners/Gtcc	05:02:10.783	02:02:42.706
164	1016	Renato Ramos	Coimbra Trail Running	05:02:36.387	02:03:08.310
165	1167	Carlos	Tomar Runners	05:02:40.283	02:03:12.206
166	1492	Cláudia Cálix	Sport Clube Beira-Mar	05:03:51.287	02:04:23.210
167	1187	Luis Dias	Jimbras Running Team	05:03:51.793	02:04:23.716
168	1148	Ricardo Couto	Gondomar Futsal Clube	05:04:13.133	02:04:45.056
169	1342	Tiago Costa	Individual	05:04:33.537	02:05:05.460
170	1503	Manuel Silva	Gondomar Futsal Clube	05:04:55.797	02:05:27.720
171	1235	Cesar Grillo	Individual	05:05:09.537	02:05:41.460
172	1023	José Costa	Coimbra Trail Running	05:05:15.637	02:05:47.560
173	1438	Pedro Costa	Gtt - Armazém Do Caffè	05:05:20.077	02:05:52.000
174	1046	Pedro Nogueira	Nocturnos De Paredes	05:05:50.043	02:06:21.966
174	1114	Tiago Moreira	Nocturnos De Paredes	05:05:50.043	02:06:21.966

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
175	1088	José Pinto	Nocturnos De Paredes	05:05:50.290	02:06:22.213
176	1188	Jorge Carvalho	Estrelas Lisboa	05:06:07.540	02:06:39.463
177	1398	Emanuel Costa	Gtt - Armazém Do Caffè	05:06:13.637	02:06:45.560
178	1272	Diogo Caseiro	Liz Runners	05:06:30.293	02:07:02.216
179	1250	João Salgueiro	Liz Runners	05:06:37.290	02:07:09.213
180	1497	Luís Figueiredo	Girq -Quiaios Run Team	05:06:44.800	02:07:16.723
181	1348	Manuel Alves	Queiróz Team / Nokárol	05:07:14.793	02:07:46.716
182	1373	Alcino Pereira	Clube De Montanhismo Da Guarda	05:07:16.043	02:07:47.966
183	1234	Enrique Castrillo	Kutxus Trailrunningteam	05:07:27.297	02:07:59.220
184	1297	Paulo Borges	Adefacec	05:07:47.793	02:08:19.716
185	1092	Joao Reis	Arcd Venda Da Luisa	05:07:49.793	02:08:21.716
186	1357	Joao Cardoso	Individual	05:08:00.797	02:08:32.720
187	1502	Joao Reis	Coac Coruche	05:08:14.797	02:08:46.720
188	1208	Joaquim Figueira	Team 33	05:08:22.547	02:08:54.470
189	1442	Diogo Duarte	Ccrd Burinhosa	05:08:34.307	02:09:06.230
190	1507	Mário Dias	Abcansado Trail	05:08:41.057	02:09:12.980
191	1231	Maximino Izquierdp	Individual	05:08:50.653	02:09:22.576
192	1425	Filipe Martinho	Individual	05:08:53.557	02:09:25.480
193	1366	Stephane Santos	Coimbra Trail Running	05:09:42.300	02:10:14.223
194	1332	Paulo Duarte	Slow Runners Pombal	05:09:44.557	02:10:16.480
195	1405	Daniel Silva	Arcorun	05:10:24.063	02:10:55.986
196	1054	Rui Rodrigues	Mountain Runners	05:10:33.803	02:11:05.726
197	1410	Nuno Baltazar	Juventude Vidigalense	05:10:38.303	02:11:10.226
198	1224	Marco Marques	""Crocodilos / Mister Pc""	05:10:39.053	02:11:10.976
199	1487	Pedro Osório	Viseu 360	05:10:46.803	02:11:18.726
200	1248	Jorge Henriques	Liz Runners	05:10:54.303	02:11:26.226
201	1328	Paulo Dias	Nel - Pedatleta	05:11:46.057	02:12:17.980
202	1394	Candy	Individual	05:11:53.557	02:12:25.480
203	1395	Javier	Individual	05:11:53.560	02:12:25.483
204	1253	Joaquim Paiva	Fire Team Bvmc	05:11:54.057	02:12:25.980
205	1382	Nuno Pereira	Individual	05:11:55.557	02:12:27.480
206	1514	Eduardo Esteves	Individual	05:12:14.557	02:12:46.480
207	1319	Carlos Ferreira	Individual	05:12:36.060	02:13:07.983
208	1536	Marija	Sk Tribe	05:12:53.310	02:13:25.233
209	1243	Esmeraldo Prudencio	Liz Runners	05:13:09.060	02:13:40.983
210	1302	Renato Pinto	Nocturnos De Paredes	05:13:18.653	02:13:50.576
211	1364	Antonio Rufino	Ccd De Porto Mendo	05:13:24.810	02:13:56.733
212	1155	Bruno Moreira	Nocturnos De Paredes	05:13:32.817	02:14:04.740
213	1011	Filipe Santos	Coimbra Trail Running	05:14:12.310	02:14:44.233
214	1090	Nuno Salgado	Nocturnos De Paredes	05:14:39.320	02:15:11.243
215	1029	Hugo Bera	Coimbra Trail Running	05:14:47.563	02:15:19.486
216	1412	André Marcos	Os Ílhavos	05:14:50.817	02:15:22.740
217	1116	Aurélio Saúde	Jogging Lovers Coimbra	05:15:15.813	02:15:47.736
218	1096	Nelson Gaspar	Liz Runners	05:18:10.363	02:18:42.286

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
219	1488	Lurdes Gil	Mountain Trails	05:18:53.573	02:19:25.496
220	1141	Agnelo Silva	Ozxtreme/Rda	05:19:00.323	02:19:32.246
221	1099	Pedro Pereira	Bikes & Friends	05:19:01.333	02:19:33.256
222	1150	Joana Cardodo	Gondomar Futsal Clube	05:20:02.333	02:20:34.256
223	1346	António Soares	Urb Teodora Running Team	05:20:27.833	02:20:59.756
224	1293	Manuela Gonzalez	Individual	05:20:31.827	02:21:03.750
225	1199	Pedro Longuinho	The_Geogang	05:20:33.077	02:21:05.000
226	1456	André Silva	Quinta De Paramos - Atletismo	05:20:35.080	02:21:07.003
227	1360	André Varão	Cb Running	05:20:38.077	02:21:10.000
228	1160	Luis Martins	O Mundo Da Corrida	05:20:38.327	02:21:10.250
229	1489	Lígia Coelho	Arsm-Associação Recreativa De S. Miguel	05:21:09.077	02:21:41.000
230	1404	Carlos Gomez	Los Cinco	05:21:10.577	02:21:42.500
231	1246	Luis Lage	Liz Runners	05:21:11.330	02:21:43.253
232	1339	Manuel Silva	Trepatrihos Trail Team	05:21:18.577	02:21:50.500
233	1233	Cacau Medeiros	Fatima	05:22:03.080	02:22:35.003
234	1481	Helder Parracho	Individual	05:22:08.080	02:22:40.003
235	1083	Miguel Pedro	Salamandreco	05:22:53.087	02:23:25.010
236	1415	Manuel Faro	100 Estrilhos	05:22:55.833	02:23:27.756
237	1020	Célia Meira	Edv - Viana Trail	05:23:17.587	02:23:49.510
238	1402	Sérgio Teixeira	Individual	05:23:22.337	02:23:54.260
239	1343	Lourenço Teixeira	Os Lobos Do Saibro	05:23:44.837	02:24:16.760
240	1104	Rui Pereira	Gaia-Running	05:24:08.587	02:24:40.510
241	1192	Manuel Antunes	Ac S.Mamede	05:24:40.340	02:25:12.263
242	1139	Daniel Santos	Ugas Trail Running	05:24:41.847	02:25:13.770
243	1432	Nélio Girão	Formobike Btt & Trail Running	05:25:20.840	02:25:52.763
244	1214	Helder Baptista	Clube Millenniumbcp	05:25:38.590	02:26:10.513
245	1535	David Lopes	Morcegos Trail	05:26:03.593	02:26:35.516
246	1345	Luis Nunes	Individual	05:26:15.093	02:26:47.016
247	1239	Cristina Barros	Sinmetro	05:26:35.343	02:27:07.266
248	1295	Marco Lourenço	Adefacec	05:26:37.343	02:27:09.266
249	1240	Jose Baptista	Liz Runners	05:27:36.847	02:28:08.770
250	1249	Ana Gomes	Liz Runners	05:27:49.197	02:28:21.120
251	1430	Jorge Costa	Individual	05:28:21.097	02:28:53.020
252	1506	Carlos Magalhães	As Belas E Eles	05:28:21.357	02:28:53.280
253	1378	Ricardo Magalhães	As Belas E Eles	05:28:23.447	02:28:55.370
254	1435	Vítor Fernandes	Gaia-Running	05:29:00.350	02:29:32.273
255	1287	Carlos Fonseca	All About	05:29:55.603	02:30:27.526
256	1282	Paulo Leite	All About	05:29:56.603	02:30:28.526
257	1255	Francisco Ricardo	Fire Team Bvmc	05:29:57.853	02:30:29.776
258	1220	Joel Silva	Insane Trail Team	05:30:02.853	02:30:34.776
259	1227	Luís Santos	Insane Trail Team	05:30:05.207	02:30:37.130
260	1361	José Matos	Centro Ciclista De Gondomar	05:30:19.357	02:30:51.280
261	1424	José Eufrasio	Cluve	05:30:31.107	02:31:03.030
262	1176	António Coelho	Moreira Relax Runners	05:31:02.167	02:31:34.090

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
263	1532	Orlanda Rego	Gaia-Running	05:32:22.357	02:32:54.280
264	1359	Jose Antonio	Individual	05:32:50.360	02:33:22.283
265	1050	José Velez	A C Portalegre / Utsm	05:32:58.110	02:33:30.033
266	1486	Catarina Pires	#Letsrunazores	05:33:11.863	02:33:43.786
267	1210	Rui Nascimento	Devagar, Devagarinho... By Snickers Workware	05:33:12.360	02:33:44.283
268	1185	Rui Grandão	Coimbra Trail Running	05:34:15.863	02:34:47.786
269	1209	Eduardo Rodrigues	Clube Millenniumbcp	05:34:37.157	02:35:09.080
270	1171	Nuno Almeida	Clube Millenniumbcp	05:34:37.613	02:35:09.536
271	1062	João Vaz	Figueira Kayak Clube	05:34:59.613	02:35:31.536
272	1440	João Oliveira	Individual	05:35:10.367	02:35:42.290
273	1482	Luis Vilela	Montanha Clube Trail Running/Efapel	05:35:29.123	02:36:01.046
274	1495	João Rocha	Individual	05:35:39.867	02:36:11.790
275	1383	Luis Carvalho	Urb Teodora Running Team	05:35:59.120	02:36:31.043
276	1216	Nuno Moinho	Coimbra Trail Running	05:36:31.370	02:37:03.293
277	1112	Joaquim Caeiro	Alenminho	05:36:32.120	02:37:04.043
278	1043	Neuza Gomes	Slow Runners Pombal	05:36:43.617	02:37:15.540
279	1499	Rui Palrinhas	Flashover-Bvpenela	05:37:07.370	02:37:39.293
280	1336	Ricardo Ferreira	Team Rh	05:37:09.127	02:37:41.050
281	1310	João Teixeira	""Crocodilos / Mister Pc""	05:37:18.370	02:37:50.293
282	1519	Carolina Pereira	Afifense Trail	05:37:37.870	02:38:09.793
283	1186	Nuno Carrasco	Mau Maus	05:37:40.623	02:38:12.546
284	1045	Vitor Felgueiras	Monitar Aventura	05:37:53.123	02:38:25.046
285	1321	Paulo Carvalho	Formobike Btt & Trail Running	05:38:03.873	02:38:35.796
286	1418	Nelson Duarte	Outsiders Trail Team	05:38:04.873	02:38:36.796
287	1473	Hugo Moreir	Gtt - Armazém Do Caffè	05:38:05.123	02:38:37.046
288	1245	Sergio Miranda	Liz Runners	05:38:11.627	02:38:43.550
289	1414	Jorge Mendes	Cumibroa Bikes Running Team	05:39:14.627	02:39:46.550
290	1498	Carlos Silva	Correio De Albergaria	05:39:37.627	02:40:09.550
291	1292	Tomas Pinal	Individual	05:40:43.233	02:41:15.156
292	1337	Rui Calado	Independente	05:41:32.133	02:42:04.056
293	1458	Paulo Ferreira	Tálenos Team	05:41:35.477	02:42:07.400
294	1109	Francisco Aragao	Eu??	05:41:50.890	02:42:22.813
295	1131	Carlos .Macedo	A.D.Amarante Trail Running	05:42:08.637	02:42:40.560
296	1128	Rui Almeida	Nocturnos De Paredes	05:43:00.887	02:43:32.810
297	1068	Manuela Tavares	Apt	05:43:22.387	02:43:54.310
298	1299	Nuno Moreira	Adefacec	05:43:33.137	02:44:05.060
299	1138	Duarte Neves	Ugas Trail Running	05:43:35.487	02:44:07.410
300	1264	Pedro Fernando	Adcr Polícia Judiciária	05:43:55.487	02:44:27.410
301	1541	Nelson Lopes	Individual	05:43:58.397	02:44:30.320
302	1204	Jorge Assunção	Individual	05:43:58.887	02:44:30.810
303	1349	Fernando Vicente	Os Galgos	05:44:31.640	02:45:03.563
304	1426	Gonçalo Antunes	Gang Do Amendoim	05:46:12.393	02:46:44.316
305	1110	Francisco Morais	Coimbra Trail Running	05:46:42.893	02:47:14.816
306	1374	Luís Simão	Individual	05:46:46.893	02:47:18.816

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
307	1313	Miguel Judas	Individual	05:46:47.143	02:47:19.066
308	1325	João Fernandes	Gim Running Team	05:46:49.403	02:47:21.326
309	1149	Carlos Sá	Individual	05:47:16.897	02:47:48.820
310	1229	Antonio Hornero	Individual	05:47:35.897	02:48:07.820
311	1439	Joaquim Silva	Gdp - Grupo Desportivo Pesqueira	05:47:41.940	02:48:13.863
311	1431	Fausto Neves	Gdp - Grupo Desportivo Pesqueira	05:47:41.940	02:48:13.863
312	1236	Pedro Nogueira	Marco Runners	05:48:03.897	02:48:35.820
313	1120	Hugo Rodrigues	Montanha Clube Trail Running/Efapel	05:48:23.157	02:48:55.080
314	1443	Ricardo Conde	Individual	05:48:27.657	02:48:59.580
315	1037	Pedro Pinto	O Mundo Da Corrida	05:48:48.650	02:49:20.573
316	1081	Miguel Cruz	Clube Millenniumbcp	05:49:09.410	02:49:41.333
317	1166	Pedro Neves	Clube Millenniumbcp	05:49:10.153	02:49:42.076
318	1267	Hugo Ribeiro	Mau Maus	05:49:38.153	02:50:10.076
319	1024	Anabela Silva	Edv - Viana Trail	05:50:04.653	02:50:36.576
320	1386	Raul Viana	Sem Equipa	05:50:23.657	02:50:55.580
321	1262	José Lages	Liz Runners	05:50:39.923	02:51:11.846
322	1193	Luís Santos	Nocturnos De Paredes	05:50:41.157	02:51:13.080
322	1105	Jose Cunha	Nocturnos De Paredes	05:50:41.157	02:51:13.080
323	1316	Nuno Granadas	Tough Trails Alenquer	05:50:45.407	02:51:17.330
324	1284	Lino Moreira	All About	05:51:27.257	02:51:59.180
325	1445	David Assis	Individual	05:52:02.907	02:52:34.830
326	1258	Luís Mendes	Fire Team Bvmc	05:52:17.757	02:52:49.680
327	1467	Magda Vieira	Individual	05:52:20.660	02:52:52.583
328	1421	Rui Fernandes	Runner`S Do Demo	05:52:37.910	02:53:09.833
329	1546	Nino Raleiras	Individual	05:52:38.253	02:53:10.176
330	1436	Filipe Ferreira	Speed Of Yellow	05:52:40.410	02:53:12.333
331	1330	Bruno Pereira	Individual	05:52:58.660	02:53:30.583
332	1168	Fernando Silva	Running Team Maia	05:53:00.160	02:53:32.083
333	1528	Marco Machado	Idealmed	05:53:12.933	02:53:44.856
334	1490	César Pereira	Tarahumara	05:54:19.163	02:54:51.086
335	1446	Sérgio Casal	Proaventuras	05:54:34.167	02:55:06.090
336	1468	Peres Carvalho	Abcansado Trail	05:54:41.917	02:55:13.840
337	1285	Álvaro Nunes	All About	05:55:01.167	02:55:33.090
338	1111	Jose Oliveira	Individual	05:55:01.917	02:55:33.840
339	1370	Fernando Costa	Figueira Kayak Clube	05:55:08.167	02:55:40.090
340	1525	Carlos Farinha	Blue O / Changing Diabetes	05:55:10.417	02:55:42.340
341	1256	Samuel Lopes	Fire Team Bvmc	05:56:23.670	02:56:55.593
342	1145	Andreia Almeida	Fridão Sem Limites	05:57:12.670	02:57:44.593
343	1434	Cristina Freitas	Melres Trail Running - Ordem Para Arrear	05:58:16.423	02:58:48.346
344	1392	Cristovao Bacalhau	Xiripiti Team	05:58:28.173	02:59:00.096
345	1350	Joel Coelho	Chitas De Alcobaça	05:59:02.927	02:59:34.850
346	1466	Fernando Azevedo	Kemedo Team	05:59:45.120	03:00:17.043
347	1400	David Antunes	Desnível Positivo	05:59:57.177	03:00:29.100
348	1520	Alexandre Maniés	Individual	06:00:18.177	03:00:50.100

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
349	1449	Luisa Mota	Correria	06:00:23.020	03:00:54.943
350	1238	Nelson Perpetua	Liz Runners	06:00:26.430	03:00:58.353
351	1540	Cláudia Isidoro	Coimbra Trail Running	06:00:51.680	03:01:23.603
352	1247	Armando Carmo	Liz Runners	06:03:20.437	03:03:52.360
353	1069	João Ferreira	Edp Gaia	06:04:19.940	03:04:51.863
354	1157	Ana Geraldo	Coimbra Trail Running	06:05:03.190	03:05:35.113
355	1417	Paula Vidas	Coimbra Trail Running	06:05:41.693	03:06:13.616
356	1178	André Azambujo	Individual	06:05:47.040	03:06:18.963
357	1075	Miguel Rodrigues	Benfica Em Forma	06:06:24.193	03:06:56.116
358	1331	José Camelo	Matilha Running	06:06:42.197	03:07:14.120
359	1523	Maria Ricardo	Lion Runners - G.D. Leões Da Guarda	06:07:27.197	03:07:59.120
360	1082	Luís Pereira	Individual	06:08:56.200	03:09:28.123
361	1213	Sílvio Patrício	A.D.Amarante Trail Running	06:10:37.997	03:11:09.920
362	1085	Ricardo Teixeira	A.D.Amarante Trail Running	06:10:40.457	03:11:12.380
363	1403	José Finuras	Multirunners	06:11:26.963	03:11:58.886
364	1311	Nuno Santos	""Crocodilos / Mister Pc""	06:11:31.207	03:12:03.130
365	1388	Pedro Branco	Dr. Merino/4Moove	06:11:31.467	03:12:03.390
366	1165	Edgar Semedo	Coimbra Trail Running	06:11:40.467	03:12:12.390
367	1076	Nuno Silva	Grupeta Running Team	06:12:18.210	03:12:50.133
368	1324	Cláudio Caseiro	Individual	06:12:39.460	03:13:11.383
369	1341	Pedro Serra	Correr Lisboa	06:13:59.007	03:14:30.930
369	1047	Telmo Carvalho	Correr Lisboa	06:13:59.007	03:14:30.930
370	1327	Joao Rodrigues	Fundão Trail Running	06:14:13.213	03:14:45.136
371	1119	Luis Cruz	Individual	06:14:44.967	03:15:16.890
372	1219	Nelson Santos	Individual	06:15:29.967	03:16:01.890
373	1107	João Barreto	Go!Runners	06:15:32.727	03:16:04.650
374	1222	Pedro Pratas	Paredes Aventura	06:15:33.217	03:16:05.140
375	1408	Sérgio Artilheiro	Individual	06:15:47.717	03:16:19.640
376	1518	Vitor Viana	Clube Zupper	06:15:50.220	03:16:22.143
377	1289	Luis García	Individual	06:16:04.467	03:16:36.390
378	1416	Ana Leal	Figueira Kayak Clube	06:16:08.967	03:16:40.890
379	1462	João Quintas	Figueira Kayak Clube	06:16:09.720	03:16:41.643
380	1269	João Bernardino	Devagar, Devagarinho... By Snickers Workware	06:16:18.487	03:16:50.410
381	1491	Manuel Martins	Clube Nortada - Murtosa Night Runners	06:16:37.223	03:17:09.146
382	1226	Pedro Joaquim	Liz Runners	06:17:32.973	03:18:04.896
383	1516	Raquel Lobao	Pés Troikados - Cscs	06:17:58.227	03:18:30.150
384	1452	Antonio Santos	Confectavia	06:18:26.727	03:18:58.650
385	1485	Ricardo Romano	Coimbra Trail Running	06:19:35.727	03:20:07.650
386	1308	Cláudia Gomes	""Crocodilos / Mister Pc""	06:20:32.730	03:21:04.653
387	1309	Rui Gomes	""Crocodilos / Mister Pc""	06:20:32.987	03:21:04.910
388	1509	Ellenjacobs	Paluko	06:20:47.233	03:21:19.156
389	1470	Ant?Nio Pereira	Mulas Da Cooperativa	06:20:54.233	03:21:26.156
390	1161	Fausto Sá	Individual	06:20:59.730	03:21:31.653
391	1407	Sérgio Pedro	Individual	06:22:18.237	03:22:50.160

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
392	1428	Rui Oliveira	Gondomar Futsal Clube	06:22:34.237	03:23:06.160
393	1154	Ana Borges	Amigos Da Onça	06:22:46.493	03:23:18.416
394	1335	Hugo Godinho	Cumibroa Bikes Running Team	06:24:17.740	03:24:49.663
395	1406	Carlos Mendes	Cumibroa Bikes Running Team	06:24:18.240	03:24:50.163
396	1380	Diogo Oliveira	Tarahumara	06:24:19.240	03:24:51.163
397	1067	Carlos Duarte	Coimbra Trail Running	06:24:36.243	03:25:08.166
398	1225	José Amaro	Liz Runners	06:26:18.247	03:26:50.170
399	1140	Sara Cunha	Magic Runners / Enterprom - Brindes Promocionais	06:27:37.997	03:28:09.920
400	1365	Rui Barros	Correria	06:28:25.000	03:28:56.923
401	1121	Margarida Carvalho	Coimbra Trail Running	06:30:51.007	03:31:22.930
402	1177	Rui Colaço	Lobos Da Serra	06:30:52.007	03:31:23.930
403	1030	Renato Ferreira	Coimbra Trail Running	06:30:53.257	03:31:25.180
404	1242	Luís Tavares	Liz Runners	06:31:00.757	03:31:32.680
405	1290	Javier González	Individual	06:31:29.510	03:32:01.433
406	1159	Isabel Trindade	O Mundo Da Corrida	06:32:38.017	03:33:09.940
407	1217	Fernando Luis	O Mundo Da Corrida	06:32:38.023	03:33:09.946
408	1191	Antonio Carvalho	Nocturnos De Paredes	06:32:46.263	03:33:18.186
409	1078	Pedro Barros	Happyrun	06:33:02.017	03:33:33.940
410	1041	Edgar Serrano	Rompetocas Rt	06:33:20.263	03:33:52.186
411	1533	José Lascasas	Gondomar Futsal Clube	06:34:04.267	03:34:36.190
412	1474	Helena Matias	Figueira Kayak Clube	06:34:16.513	03:34:48.436
413	1552	Isabel Barra	Gafanhori	06:34:47.017	03:35:18.940
414	1351	Rui Miguel	Opraticante.Pt	06:34:47.767	03:35:19.690
415	1389	Gonçalo Godinho	Monbiketteam - Monforte Bike Team	06:35:53.020	03:36:24.943
416	1122	Ivo Santos	Individual	06:36:19.520	03:36:51.443
417	1469	Joao Gil	Individual	06:38:57.777	03:39:29.700
418	1459	Sonia Bras	Individual	06:39:06.527	03:39:38.450
419	1170	Emanuel Ferreira	Jogging Lovers Coimbra	06:39:07.030	03:39:38.953
419	1174	Liliana Pragana	Jogging Lovers Coimbra	06:39:07.030	03:39:38.953
420	1451	Rui Fernandes	Individual	06:39:21.537	03:39:53.460
421	1079	Bruno Pereira	The Aa Team	06:39:42.280	03:40:14.203
422	1371	Odília Pereira	Clube Vodafone	06:40:40.530	03:41:12.453
423	1531	André Leão	Idealmed	06:42:22.537	03:42:54.460
424	1413	Jorge Pimpao	Ccd De Porto Mendo	06:44:13.790	03:44:45.713
425	1279	Ricardo Baptista	Ccd De Porto Mendo	06:44:14.297	03:44:46.220
426	1241	Nuno Belo	Liz Runners	06:44:28.293	03:45:00.216
427	1301	Joao Leite	Nocturnos De Paredes	06:46:08.297	03:46:40.220
428	1277	Roberto Romero	Club Atletismo Gelves	06:46:25.047	03:46:56.970
429	1278	Carmen Infantes	Club Atletismo Gelves	06:46:25.803	03:46:57.726
430	1334	Lucilia Faustino	Individual	06:47:14.307	03:47:46.230
431	1271	Hernani Nogueira	Asae	06:50:00.557	03:50:32.480
431	1372	Hugo Tavares	Individual	06:50:00.557	03:50:32.480
432	1071	Ricardo Brito	Individual	06:52:17.563	03:52:49.486
433	1049	André Borralho	Vm Runners	06:52:17.570	03:52:49.493

Lugar	Dorsal	Atleta	Equipa	Tempo	Diferença
434	1056	Ruben Fernandes	Vm Runners	06:54:28.653	03:55:00.576
435	1051	Diogo Correia	Vm Runners	06:54:33.070	03:55:04.993
436	1461	Teresa Sousa	Individual	06:54:41.820	03:55:13.743