

TRILHOS 25KM - STAGE 1

25 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	10:00	7,1°C	98%
End	18:01	11.6°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1240	Paulo J D Serra	individual	Senior Masculino	02:22:18		05:42
2	1503	Nelson Graça	team goldnutrition/run.pt	Senior Masculino	02:25:01	+02:43	05:48
3	1479	Armandino Taborda	satecnosol outdoor / la sportiva	Veterano M40	02:32:21	+10:03	06:06
4	1130	André Guedes	dr. merino/nutrifit	Veterano M40	02:32:53	+10:35	06:07
5	1135	João Patricio	escaravelhos team	Senior Masculino	02:35:42	+13:24	06:14
6	1468	Miguel Pires	quinta da maia runners	Senior Masculino	02:36:11	+13:53	06:15
7	1129	Luis Ricardo Fernandes Letra	dr. merino/nutrifit	Senior Masculino	02:37:35	+15:17	06:18
8	1093	Nuno Coelho	coimbra trail running	Veterano M40	02:38:04	+15:46	06:19
9	1392	GONÇALO PEDRO GONÇALVES FERREIRA	montanha clube trail running/runners	Senior Masculino	02:40:32	+18:14	06:25
10	1180	Luís Pedro ferreira de Sousa Martins	gtt amazém do caffè	Senior Masculino	02:42:10	+19:52	06:29
11	1082	João FerreirA	coimbra trail running	Senior Masculino	02:43:33	+21:15	06:33
12	1112	Bruno Alexandre Santos	ctad trilhos de cinfães	Senior Masculino	02:44:12	+21:54	06:34
13	1321	Manuel Lino Costa	individual	Veterano M50	02:45:43	+23:25	06:38
14	1148	Marco Carvalho	fire team bvmc	Senior Masculino	02:48:45	+26:27	06:45
15	1083	Jorge Duarte	coimbra trail running	Senior Masculino	02:49:29	+27:11	06:47
16	1511	Rui Leandro	udr zona alta - torres novas	Senior Masculino	02:50:38	+28:20	06:50
17	1371	Renato Vaz	liz runners	Veterano M40	02:50:50	+28:32	06:50
18	1351	Francisco Reis	liz runners	Senior Masculino	02:51:08	+28:50	06:51
19	1085	Paulo Viegas	coimbra trail running	Senior Masculino	02:51:34	+29:16	06:52
20	1124	Hugo Marante Lima	desnível positivo	Senior Masculino	02:53:10	+30:52	06:56
21	1103	Nuno Filipe Gil Silva	correr lisboa	Veterano M40	02:53:46	+31:28	06:57
22	1462	José Vieira	proaventuras	Veterano M50	02:54:15	+31:57	06:58
23	1438	Miguel Jaques	olimpico vianense trail	Senior Masculino	02:54:30	+32:12	06:59
24	1035	Pedro Veríssimo	arsm-associação recreativa de s. miguel	Senior Masculino	02:54:38	+32:20	06:59
25	1332	David Lopes dos Santos	juventude vidigalense	Veterano M40	02:55:44	+33:26	07:02
26	1309	Telmo Almeida	individual	Veterano M40	02:56:20	+34:02	07:03
27	1053	Pedro Anselmo	bttrain	Veterano M40	02:56:56	+34:38	07:05
28	1306	Rui Cruz	individual	Veterano M40	02:56:58	+34:40	07:05
29	1334	Eurico Moura	kemedo team	Senior Masculino	02:57:03	+34:45	07:05
30	1098	Paulo José Oliveira Gomes	coimbra trail running	Veterano M50	02:57:36	+35:18	07:06
31	1048	Patrícia Isabel Viegas Serafim	beja atletico clube	Senior Feminino	02:58:44	+36:26	07:09
32	1128	Eduardo Merino	dr. merino/nutrifit	Senior Masculino	02:59:21	+37:03	07:10
33	1038	José Correia	arsm-associação recreativa de s. miguel	Veterano M50	02:59:34	+37:16	07:11
34	1289	Laurentino Manuel Simões Martins	individual	Veterano M40	03:00:19	+38:01	07:13
35	1062	Hugo Filipe Pinto Gonçalves	cbrunningteam	Senior Masculino	03:02:42	+40:24	07:18
36	1255	Tiago cordeiro amaral	individual	Senior Masculino	03:02:49	+40:31	07:19
37	1152	Alexandre Mendes	fire team bvmc	Veterano M40	03:02:58	+40:40	07:19
38	1162	Ricardo Francisco Sousa AIRES	fridão sem limites	Veterano M40	03:03:37	+41:19	07:21
39	1011	Ivo Alexandre Mendes Oliveira Silva	adefacec	Senior Masculino	03:03:56	+41:38	07:21
40	1492	João Farinhas	tãlentos team	Veterano M40	03:04:12	+41:54	07:22

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25 KM

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1017	Tomé Barrosa Pinto	adefacec	Senior Masculino	03:05:00	+42:42	07:24
42	1018	José Pedro Gomes Meneses	adefacec	Veterano M40	03:05:09	+42:51	07:24
43	1338	Rui Manuel Santos Correia	kemedo team	Senior Masculino	03:05:18	+43:00	07:25
44	1214	Fábio Miguel Alves Filipe	individual	Senior Masculino	03:05:31	+43:13	07:25
45	1075	Adriano Coutinho	clube nortada - murtosa night runners	Veterano M40	03:06:01	+43:43	07:26
46	1211	Davide Emanuel Gouveia cruz	individual	Senior Masculino	03:06:28	+44:10	07:28
47	1452	Paula Lage	paredes aventura	Veterana F40	03:06:45	+44:27	07:28
48	1428	Tiago Mateus	o mundo da corrida	Senior Masculino	03:07:15	+44:57	07:29
49	1436	Licínio José Antunes Sequeira	o mundo da corrida	Veterano M40	03:07:24	+45:06	07:30
50	1301	pedro nuno serra pires	individual	Veterano M40	03:07:30	+45:12	07:30
51	1036	Hugo Rodrigues	arasm-associação recreativa de s. miguel	Senior Masculino	03:07:35	+45:17	07:30
52	1161	Manuel Avelino Reis Pinheiro	fridão sem limites	Veterano M40	03:07:49	+45:31	07:31
53	1131	Luís Jorge ribeiro de Carvalho	dr. merino/nutrifit	Veterano M50	03:08:04	+45:46	07:31
54	1442	Lúcio da rocha Alves	os papatrilhos	Veterano M40	03:08:07	+45:49	07:31
55	1507	Carrula	tomar runners	Senior Masculino	03:08:33	+46:15	07:33
56	1410	Mauro Cardoso	nocturnos de paredes	Senior Masculino	03:09:23	+47:05	07:35
57	1414	Sergio Vale	nocturnos de paredes	Senior Masculino	03:09:23	+47:05	07:35
58	1517	SERGIO PAULO	viriahtvs runners viseu	Veterano M40	03:09:27	+47:09	07:35
59	1331	Barbara Fernandes	juventude vidigalense	Senior Feminino	03:10:29	+48:11	07:37
60	1497	Romeu Duarte Simões Fernandes	tarahumara	Senior Masculino	03:10:57	+48:39	07:38
61	1144	Joaquim Paiva	fire team bvmc	Senior Masculino	03:12:50	+50:32	07:43
62	1425	Gonçalo Rodrigues	o mundo da corrida	Senior Masculino	03:13:13	+50:55	07:44
63	1052	José Brito	btt arouca	Senior Masculino	03:13:14	+50:56	07:44
64	1050	Vítor Paulo Duarte Caldeira	boavista fc	Senior Masculino	03:13:15	+50:57	07:44
65	1099	Renato Ramos	coimbra trail running	Veterano M50	03:13:15	+50:57	07:44
66	1506	Mário Rui Tordo Dias	thoughttrail alenquer	Senior Masculino	03:14:19	+52:01	07:46
67	1168	Francisco Figueiredo	ginásio fit4fun	Senior Masculino	03:14:25	+52:07	07:47
68	1167	Daniela Russo	ginásio fit4fun	Senior Feminino	03:14:25	+52:07	07:47
69	1336	Jose Pinto	kemedo team	Senior Masculino	03:14:43	+52:25	07:47
70	1043	Ricardo Aguiar	asss columbófila cantanhede	Veterano M40	03:14:58	+52:40	07:48
71	1389	Vítor Felgueiras	monitar aventura	Senior Masculino	03:15:19	+53:01	07:49
72	1041	Eduardo Silva Moreira	asss columbófila cantanhede	Senior Masculino	03:15:43	+53:25	07:50
73	1042	Tiago Filipe Pereira Mendes Gregório	asss columbófila cantanhede	Senior Masculino	03:15:43	+53:25	07:50
74	1405	MARCO ALEXANDRE DE SOUSA ROSA	ndap	Veterano M40	03:15:45	+53:27	07:50
75	1230	Jorge Rosa	individual	Senior Masculino	03:15:46	+53:28	07:50
76	1244	Pedro Faria	individual	Senior Masculino	03:16:17	+53:59	07:51
77	1239	Nuno Filipe Santos Pereira	individual	Senior Masculino	03:16:55	+54:37	07:53
78	1525	JOÃO ROSINHA	goes trail	Veterano M40	03:16:59	+54:41	07:53
79	1039	Bruno Rodrigues	artysport	Senior Masculino	03:17:04	+54:46	07:53
80	1310	Toni bento	individual	Veterano M40	03:17:12	+54:54	07:53
81	1170	LUIS ANTONIO RODRIGUES MIRANDA	goes trail	Senior Masculino	03:17:21	+55:03	07:54
82	1362	Gonçalo Nuno Barreiro	liz runners	Veterano M40	03:17:32	+55:14	07:54
83	1284	João Jaques	individual	Veterano M40	03:17:45	+55:27	07:55
84	1416	ARNALDO SANTOS	nocturnos de paredes	Veterano M40	03:17:49	+55:31	07:55

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1227	João Marmelo	individual	Senior Masculino	03:17:59	+55:41	07:55
86	1333	Nuno Filipe Lopes Baltazar	juventude vidigalense	Veterano M40	03:18:18	+56:00	07:56
87	1408	Rodrigo Selada	nel - pétatleta	Senior Masculino	03:18:30	+56:12	07:56
88	1225	João Antunes	individual	Senior Masculino	03:18:33	+56:15	07:57
89	1398	Paulo Açafrão	mountain trails	Veterano M50	03:20:05	+57:47	08:00
90	1179	Emanuel Costa	gtt armazém do caffè	Senior Masculino	03:20:12	+57:54	08:00
91	1037	Marco Rodrigues	arsm-associação recreativa de s. miguel	Veterano M40	03:20:37	+58:19	08:01
92	1399	RUI CARLOS SILVA DE AZEVEDO	mtt	Veterano M40	03:20:53	+58:35	08:02
93	1476	João Paulo das Neves Serôdio	salamandrecos	Senior Masculino	03:21:18	+59:00	08:03
94	1121	Diogo Gomes da Silva Pimenta	dci / ccdrp - mealhada	Senior Masculino	03:21:31	+59:13	08:04
95	1241	Paulo Jaime Monteiro	individual	Senior Masculino	03:21:42	+59:24	08:04
96	1372	Ricardo Gonçalves	liz runners	Veterano M40	03:22:01	+59:43	08:05
97	1233	Luis Filipe Barreiras Amândio	individual	Senior Masculino	03:22:44	+01:00:26	08:07
98	1320	José Luis Engrossa Amândio	individual	Veterano M50	03:22:44	+01:00:26	08:07
99	1467	TIAGO JOSÉ SILVESTRE PÊGO	quiaios run team	Senior Masculino	03:22:45	+01:00:27	08:07
100	1030	Paulo Onofre	amcf-arrábida trail team	Veterano M40	03:23:00	+01:00:42	08:07
101	1512	Diogo Maia	udr zona alta-torres novas	Senior Masculino	03:23:26	+01:01:08	08:08
102	1319	JORGE JOSÉ ANDRADE ASSUNÇÃO	individual	Veterano M50	03:23:42	+01:01:24	08:09
103	1519	Aurélio Saúde	individual	Senior Masculino	03:24:11	+01:01:53	08:10
104	1165	Paulo Baptista	gazelas running.figueira	Veterano M40	03:24:28	+01:02:10	08:11
105	1243	Pedro Cruz	individual	Senior Masculino	03:24:41	+01:02:23	08:11
106	1181	Pedro Costa	gtt armazém do caffè	Veterano M40	03:24:47	+01:02:29	08:11
107	1433	Pedro Beaumont	o mundo da corrida	Veterano M50	03:24:52	+01:02:34	08:12
108	1341	Arnaldo Santos	ko trail running	Veterano M50	03:24:58	+01:02:40	08:12
109	1395	TIAGO MIGUEL FERREIRA LOBO	montanha clube trail running/runners	Senior Masculino	03:24:59	+01:02:41	08:12
110	1028	Augusto José de Urjais Gonçalves Oliveira Gomes	all see dio	Senior Masculino	03:25:01	+01:02:43	08:12
111	1427	Luis Manuel Silva	o mundo da corrida	Senior Masculino	03:25:17	+01:02:59	08:13
112	1373	Mario Carvalho	liz runners	Veterano M50	03:25:27	+01:03:09	08:13
113	1249	Rui Pereira	individual	Senior Masculino	03:26:14	+01:03:56	08:15
114	1040	Davide Silva	artysport	Senior Masculino	03:26:43	+01:04:25	08:16
115	1094	Paulo J Caravalho	coimbra trail running	Veterano M40	03:27:28	+01:05:10	08:18
116	1337	Pedro Costa	kemedo team	Senior Masculino	03:27:46	+01:05:28	08:19
117	1523	JOAO CARLOS RODRIGUES MIRANDA	goes trail	Senior Masculino	03:27:58	+01:05:40	08:19
118	1213	Eurico Silva	individual	Senior Masculino	03:28:06	+01:05:48	08:19
119	1402	Paulo Alexandre da Fonseca Amadeu	multipower gaia trail	Veterano M40	03:28:09	+01:05:51	08:20
120	1404	Gonçalo Valente	não fazemos nem mais um...km	Veterano M40	03:28:48	+01:06:30	08:21
121	1172	Andreia Amorim	gondomar futsal clube	Senior Feminino	03:28:59	+01:06:41	08:22
122	1280	Francisco José dos Santos Vicente da Silva	individual	Veterano M40	03:29:02	+01:06:44	08:22
123	1100	Ricardo de Almeida Pinho Carmo	complexo desportivo de arouca	Senior Masculino	03:29:16	+01:06:58	08:22
124	1459	João Nuno Faria	proaventuras	Senior Masculino	03:29:29	+01:07:11	08:23
125	1046	Antonio José Machado Loureiro	autistic runners	Veterano M50	03:29:33	+01:07:15	08:23
126	1136	Ricardo José Marques Fernandes	espaço saúde	Senior Masculino	03:29:34	+01:07:16	08:23

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	1329	João Alberto	jobrinde - montes saloios	Veterano M40	03:30:09	+01:07:51	08:24
128	1077	Artur Jorge Nunes Oliveira	coa - clube de orientação e aventura	Senior Masculino	03:30:27	+01:08:09	08:25
129	1460	Miguel Lino	proaventuras	Veterano M40	03:30:42	+01:08:24	08:26
130	1285	José Coelho	individual	Veterano M40	03:31:22	+01:09:04	08:27
131	1322	Paulo Nova	individual	Veterano M50	03:31:46	+01:09:28	08:28
132	1166	Fausto José Pereira Neves	gd- grupo desportivo pescaieira	Veterano M40	03:31:47	+01:09:29	08:28
133	1029	Paulo Jorge Nunes Freire	aln	Veterano M40	03:31:54	+01:09:36	08:29
134	1210	David Cardoso	individual	Senior Masculino	03:31:58	+01:09:40	08:29
135	1081	Hugo Alexandre do Nascimento Bera	coimbra trail running	Senior Masculino	03:32:06	+01:09:48	08:29
136	1209	Claudio António Pereira Coelho Teixeira	individual	Senior Masculino	03:32:32	+01:10:14	08:30
137	1466	Luís Figueiredo	quiaios run team	Senior Masculino	03:33:21	+01:11:03	08:32
138	1364	João Salgueiro	liz runners	Veterano M40	03:33:59	+01:11:41	08:34
139	1004	PAULO MANUEL MONTEIRO DA COSTA	a.d.amarante trail running	Senior Masculino	03:34:12	+01:11:54	08:34
140	1391	Gonçalo Gonçalves	montanha clube trail running/runners	Senior Masculino	03:34:18	+01:12:00	08:34
141	1232	Luís F Machado	individual	Senior Masculino	03:34:21	+01:12:03	08:34
142	1092	Jaime Carvalho	coimbra trail running	Veterano M40	03:34:48	+01:12:30	08:36
143	1034	João Octávio Gonçalves César Cruz	arsm-associação recreativa de s. miguel	Senior Masculino	03:35:38	+01:13:20	08:38
144	1205	BRUNO BOTELHO	individual	Senior Masculino	03:35:43	+01:13:25	08:38
145	1137	Tony Alberto Serôdio Marques	espaço saúde	Veterano M40	03:35:54	+01:13:36	08:38
146	1453	Vitor Martins	pocariça runners	Veterano M40	03:35:54	+01:13:36	08:38
147	1221	Helder Parracho	individual	Senior Masculino	03:36:02	+01:13:44	08:38
148	1147	Luis Paulo	fire team bvmc	Senior Masculino	03:36:03	+01:13:45	08:39
149	1090	Bruno Martelo	coimbra trail running	Veterano M40	03:36:14	+01:13:56	08:39
150	1079	Diana Cristina Coimbra Gaspar	coimbra trail running	Senior Feminino	03:36:14	+01:13:56	08:39
151	1339	Nuno Marques	kemedo team	Veterano M40	03:36:26	+01:14:08	08:39
152	1494	Fernando Rafael Ribeiro Carvalho	tarahumara	Senior Masculino	03:36:33	+01:14:15	08:40
153	1088	Dina Rocha	coimbra trail running	Veterana F40	03:36:43	+01:14:25	08:40
154	1084	Nuno Tavares	coimbra trail running	Senior Masculino	03:36:43	+01:14:25	08:40
155	1086	Ricardo Delgadinho	coimbra trail running	Senior Masculino	03:36:49	+01:14:31	08:40
156	1058	manuel franco civdanes	bugallasmobles&victorpazos	Veterano M50	03:36:51	+01:14:33	08:40
157	1160	António Joaquim Teixeira Alves	fridão sem limites	Veterano M40	03:36:52	+01:14:34	08:40
158	1217	Francisco Aragao	individual	Senior Masculino	03:37:00	+01:14:42	08:41
159	1515	Miguel Alves	uma vez perdi-me no monte	Senior Masculino	03:37:18	+01:15:00	08:42
160	1282	Hugo Miguel Sioga	individual	Veterano M40	03:37:19	+01:15:01	08:42
161	1311	Vitor José Santos Mota	individual	Veterano M40	03:37:44	+01:15:26	08:43
162	1328	Nuno Amaro	javalis do cacete	Senior Masculino	03:37:55	+01:15:37	08:43
163	1114	João Cardoso	ctad trilhos de cinfães	Senior Masculino	03:38:15	+01:15:57	08:44
164	1520	RICARDO JESUS	individual	Senior Masculino	03:39:08	+01:16:50	08:46
165	1049	Carlos Carvalho	blip.pt	Senior Masculino	03:39:22	+01:17:04	08:46
166	1015	Paulo Roberto Dias Oliveira Borges	adefacec	Senior Masculino	03:39:58	+01:17:40	08:48
167	1023	Filipe Medeiros	all about sport events	Senior Masculino	03:40:17	+01:17:59	08:49
168	1096	Carlos Galamba	coimbra trail running	Veterano M50	03:40:40	+01:18:22	08:50
169	1014	Nuno Filipe Jesus Saraiva	adefacec	Senior Masculino	03:40:40	+01:18:22	08:50

TRILHOS 25KM - STAGE 1

25 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
170	1218	Frederico Franco Fonseca	individual	Senior Masculino	03:40:41	+01:18:23	08:50
171	1223	Hugo Miguel Ventura Lopes	individual	Senior Masculino	03:40:54	+01:18:36	08:50
172	1095	Renato Ferreira	coimbra trail running	Veterano M40	03:41:36	+01:19:18	08:52
173	1097	José Botelho	coimbra trail running	Veterano M50	03:41:47	+01:19:29	08:52
174	1117	Ricardo Estevão Ribeiro Carvalho	ctad trilhos de cinfães	Senior Masculino	03:41:57	+01:19:39	08:53
175	1250	Sérgio Alexandre Mendes Vinagre Ferreira Artilheiro	individual	Senior Masculino	03:43:17	+01:20:59	08:56
176	1370	Paulo Alves	liz runners	Veterano M40	03:43:18	+01:21:00	08:56
177	1450	Tiago Batista	ozxtreme	Senior Masculino	03:43:37	+01:21:19	08:57
178	1140	André Paiva	farmácia luciano e matos	Senior Masculino	03:44:13	+01:21:55	08:58
179	1113	Carlos Silva	ctad trilhos de cinfães	Senior Masculino	03:44:30	+01:22:12	08:59
180	1296	Nuno Filipe Quitério Almeida	individual	Veterano M40	03:45:02	+01:22:44	09:00
181	1073	José Eufrásio	clube fluvial de coimbra	Veterano M60	03:45:30	+01:23:12	09:01
182	1390	BRUNO SIMÕES MARQUES	montanha clube trail running/runners	Senior Masculino	03:45:48	+01:23:30	09:02
183	1413	renato pinto	nocturnos de paredes	Senior Masculino	03:45:48	+01:23:30	09:02
184	1499	Gonçalo Nuno Jorge Rita	tartarugas do alviela	Senior Masculino	03:46:20	+01:24:02	09:03
185	1031	Marco Paulo Simões de Oliveira	arcd venda da luisa	Senior Masculino	03:46:47	+01:24:29	09:04
186	1032	Nelson José Vaz Correia	arcd venda da luisa	Senior Masculino	03:46:51	+01:24:33	09:04
187	1003	José Freitas	a. a. lebres do sado	Veterano M50	03:46:51	+01:24:33	09:04
188	1055	diego fernandez lopez	bugallasmobles&victorpazos	Veterano M40	03:46:51	+01:24:33	09:04
189	1376	Joana Martins	maiacrossteam	Senior Feminino	03:47:35	+01:25:17	09:06
190	1260	Lígia Pires Coelho	individual	Veterana F40	03:47:55	+01:25:37	09:07
191	1222	Hugo Filipe Vieira Moura	individual	Senior Masculino	03:48:32	+01:26:14	09:08
192	1059	Gustavo Faria	c.a.s.p.a. clube amador só para atletismo	Senior Masculino	03:48:44	+01:26:26	09:09
193	1291	Manuel Antunes	individual	Veterano M40	03:48:47	+01:26:29	09:09
194	1412	Pedro Ferraz	nocturnos de paredes	Senior Masculino	03:49:08	+01:26:50	09:10
195	1431	Luis Martins	o mundo da corrida	Veterano M40	03:49:28	+01:27:10	09:11
196	1272	Bruno casimiro	individual	Veterano M40	03:49:28	+01:27:10	09:11
197	1432	Herbert Beaumont	o mundo da corrida	Veterano M50	03:52:19	+01:30:01	09:18
198	1498	César Emanuel Costa Gonçalves Pereira	tarahumara running	Senior Masculino	03:52:23	+01:30:05	09:18
199	1065	Susana Lobo Santos	chegamos ao fim	Veterana F40	03:52:32	+01:30:14	09:18
200	1119	Humberto Almeida	ctad trilhos de cinfães	Veterano M40	03:53:01	+01:30:43	09:19
201	1496	Ricardo Miguel Pocinho Silva	tarahumara	Senior Masculino	03:54:00	+01:31:42	09:22
202	1288	JOSE OLIVEIRA	individual	Veterano M40	03:54:00	+01:31:42	09:22
203	1420	Nuno Salgado	nocturnos de paredes	Veterano M40	03:54:04	+01:31:46	09:22
204	1518	Hugo Dâmaso	individual	Senior Masculino	03:54:07	+01:31:49	09:22
205	1345	RICARDO ANTÓNIO RODRIGUES LEAL FONTES	kondores trail running	Senior Masculino	03:54:16	+01:31:58	09:22
206	1281	Hermenegildo Manuel Soares dias Santos	fire team bvmc	Veterano M40	03:54:17	+01:31:59	09:22
207	1175	Vitor Ribeiro	gondomar futsal clube	Veterano M50	03:54:35	+01:32:17	09:23
208	1292	Miguel Judas	individual	Veterano M40	03:55:00	+01:32:42	09:24
209	1177	LUIS OLIVEIRA	grupo desportivo da parreira	Senior Masculino	03:55:21	+01:33:03	09:25
210	1411	Pedro Daniel de Oliveira Nogueira	nocturnos de paredes	Senior Masculino	03:56:03	+01:33:45	09:27
211	1397	Mario Sequeira	mountain trails	Veterano M40	03:56:22	+01:34:04	09:27
212	1027	Lino Moreira	all about sport events	Veterano M60	03:57:20	+01:35:02	09:30

TRILHOS 25KM - STAGE 1

25 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
213	1276	Carlos Manuel Oliveira Canais	individual	Veterano M40	03:57:32	+01:35:14	09:30
214	1521	JOÃO REIS	individual	Senior Masculino	03:57:55	+01:35:37	09:31
215	1344	LUÍS CARLOS DA SILVA RODRIGUES	kondores trail running	Senior Masculino	03:58:26	+01:36:08	09:32
216	1489	Nuno Miguel Monteiro de Oliveira	sport varonil cc	Senior Masculino	03:58:32	+01:36:14	09:32
217	1350	Donato Barbeiro	liz runners	Senior Masculino	03:59:04	+01:36:46	09:34
218	1353	João Pedro Martins Espirito Santo	liz runners	Senior Masculino	03:59:04	+01:36:46	09:34
219	1367	Nelson Perpétua	liz runners	Veterano M40	03:59:04	+01:36:46	09:34
220	1340	Rui Manuel Ribeiro Mesquita	ko trail running	Senior Masculino	03:59:05	+01:36:47	09:34
221	1326	José Monteiro	individual	Veterano M60	03:59:26	+01:37:08	09:35
222	1357	Cristina Barros	liz runners	Veterana F40	03:59:51	+01:37:33	09:36
223	1495	Marco António Oliveira Santos	tarahumara	Senior Masculino	04:00:11	+01:37:53	09:36
224	1265	Almerinda Velez	individual	Veterana F50	04:00:12	+01:37:54	09:36
225	1375	André Micael Carrasqueira António	lourival	Senior Masculino	04:00:15	+01:37:57	09:37
226	1245	Rafael dos Santos Rodrigues	individual	Senior Masculino	04:00:27	+01:38:09	09:37
227	1295	Nuno Ferreira	individual	Veterano M40	04:00:48	+01:38:30	09:38
228	1352	Frederico Crasto	liz runners	Senior Masculino	04:00:51	+01:38:33	09:38
229	1190	Inês Moura Ferreira	individual	Senior Feminino	04:00:54	+01:38:36	09:38
230	1484	Gina Maria Estrela Domingues	slow runners pombal	Senior Feminino	04:00:54	+01:38:36	09:38
231	1485	Jorge Humberto Santos Ferreira Martins	slow runners pombal	Senior Masculino	04:00:54	+01:38:36	09:38
232	1449	Samuel de Oliveira Martinho	ozxtreme	Senior Masculino	04:01:14	+01:38:56	09:39
233	1208	César Filipe Martins ferreira	individual	Senior Masculino	04:01:36	+01:39:18	09:40
234	1139	Carlos Pereira	eu+ ginásio lma	Veterano M40	04:01:43	+01:39:25	09:40
235	1509	Paulo Carvalho	tomar runners	Veterano M40	04:02:14	+01:39:56	09:41
236	1481	Vasco Portugal	scvouga - pearl izumi	Senior Masculino	04:02:37	+01:40:19	09:42
237	1056	sergio fernandez rodriguez	bugallasmobles&victorpazos	Veterano M40	04:03:07	+01:40:49	09:43
238	1458	Sofia Farto	proaventuras	Senior Feminino	04:03:30	+01:41:12	09:44
239	1006	Rafael Antonio Gaspar Bronze Pinto	acrm silveirinha claras	Veterano M40	04:03:37	+01:41:19	09:45
240	1138	Gil Ferreira da Silva	eu+ ginásio lma	Senior Masculino	04:04:04	+01:41:46	09:46
241	1514	Thomas Ramos	ugas trail running	Senior Masculino	04:04:35	+01:42:17	09:47
242	1513	Daniel Marques dos Santos	ugas trail running	Senior Masculino	04:04:35	+01:42:17	09:47
243	1234	Luis Manuel Saraiva Duarte	individual	Senior Masculino	04:05:17	+01:42:59	09:49
244	1087	Vítor Manuel Lages Antunes da Fonseca	coimbra trail running	Senior Masculino	04:05:57	+01:43:39	09:50
245	1461	Sérgio Casal	proaventuras	Veterano M40	04:05:57	+01:43:39	09:50
246	1220	Helder Filipe Teixeira Monteiro	individual	Senior Masculino	04:06:19	+01:44:01	09:51
247	1415	Goreti Rocha	nocturnos de paredes	Veterana F40	04:06:36	+01:44:18	09:52
248	1305	Ricardo Meireles	individual	Veterano M40	04:06:36	+01:44:18	09:52
249	1417	Hugo Cortez Marques	nocturnos de paredes	Veterano M40	04:06:36	+01:44:18	09:52
250	1118	Severina Almeida	ctad trilhos de cinfães	Senior Feminino	04:07:02	+01:44:44	09:53
251	1142	Eduardo Bento	fire team bvmc	Senior Masculino	04:07:09	+01:44:51	09:53
252	1012	José Francisco Brandão Batista	adefacec	Senior Masculino	04:07:09	+01:44:51	09:53
253	1401	Fernando Manuel Vilar Patricio	multipower gaia trail	Senior Masculino	04:07:27	+01:45:09	09:54
254	1089	paula vidas	coimbra trail running	Veterana F50	04:07:29	+01:45:11	09:54
255	1080	Maria Luísa Ferreira Mesquita	coimbra trail running	Senior Feminino	04:07:33	+01:45:15	09:54

TRILHOS 25KM - STAGE 1

25 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
256	1493	Fábio Daniel Pocinho Silva	tarahumara	Senior Masculino	04:07:47	+01:45:29	09:55
257	1448	João pedro de almeida liberal	oz extreme	Veterano M50	04:07:47	+01:45:29	09:55
258	1219	Gonçalo Lopes	individual	Senior Masculino	04:08:22	+01:46:04	09:56
259	1001	Carlos Vilaça	100 fôlego	Veterano M40	04:08:31	+01:46:13	09:56
260	1251	Sérgio Alexandre Ventura Lopes	individual	Senior Masculino	04:08:36	+01:46:18	09:57
261	1228	Jorge Miguel Gomes da Costa	individual	Senior Masculino	04:08:41	+01:46:23	09:57
262	1070	JOSE MIGUEL CRUZ PINTO	ciclistas cósmicos - gislótica	Veterano M50	04:09:13	+01:46:55	09:58
263	1132	João Meira	edv - viana trail	Senior Masculino	04:09:19	+01:47:01	09:58
264	1068	João bajouco	chitas de alcobaça	Senior Masculino	04:09:27	+01:47:09	09:59
265	1008	Jorge Ribeiro	adcr polícia judiciária	Veterano M40	04:09:27	+01:47:09	09:59
266	1505	Joaquim Claudio Rodrigues Figueira	team33	Veterano M40	04:09:31	+01:47:13	09:59
267	1191	Joana Frazão	individual	Senior Feminino	04:09:38	+01:47:20	09:59
268	1104	Pedro Miguel Bessa Mendes de Brito Serra	correr lisboa	Veterano M40	04:10:14	+01:47:56	10:01
269	1361	Esmeraldo Prudêncio	liz runners	Veterano M40	04:10:15	+01:47:57	10:01
270	1072	Alexandre Apostolo	clube dos atletas tortos	Senior Masculino	04:10:17	+01:47:59	10:01
271	1307	Rui Manuel da Rosa Colaço	individual	Veterano M40	04:10:18	+01:48:00	10:01
272	1153	João Paulo Massas Quintas	fkc - ateam	Veterano M40	04:10:24	+01:48:06	10:01
273	1154	Fernando Manuel Cação Costa	fkc - ateam	Veterano M50	04:10:24	+01:48:06	10:01
274	1242	Paulo Mártires	individual	Senior Masculino	04:10:31	+01:48:13	10:01
275	1516	Eunice Paula Loureiro	viriahtvs runners viseu	Veterana F50	04:11:07	+01:48:49	10:03
276	1146	Luis Mendes	fire team bvmc	Senior Masculino	04:11:16	+01:48:58	10:03
277	1347	Tiago Jorge Mia Fernandes	kondores trail running	Senior Masculino	04:11:22	+01:49:04	10:03
278	1274	Carlos Ferreira	individual	Veterano M40	04:11:50	+01:49:32	10:04
279	1016	Rui Miguel Nogueira Gonçalves	adefacec	Senior Masculino	04:12:28	+01:50:10	10:06
280	1474	Claudia Pargana	run 4 fun	Veterana F50	04:13:19	+01:51:01	10:08
281	1400	Ana Sofia Correia Vieira	multipower gaia trail	Senior Feminino	04:13:45	+01:51:27	10:09
282	1187	Cristina Isabel Mendes Oliveira Dias	individual	Senior Feminino	04:13:45	+01:51:27	10:09
283	1403	Nuno Albuquerque	nadv.pt running team	Veterano M50	04:13:56	+01:51:38	10:09
284	1504	Catarina Teixeira	team33	Veterana F40	04:15:14	+01:52:56	10:13
285	1421	Antonio Carvalho	nocturnos de paredes	Veterano M50	04:15:14	+01:52:56	10:13
286	1407	Ricardo Moniz	nel - pédatleta	Senior Masculino	04:15:15	+01:52:57	10:13
287	1116	Pedro Ferreirinha	ctad trilhos de cinfães	Senior Masculino	04:17:55	+01:55:37	10:19
288	1252	Sergio Valdera Carpintero	individual	Senior Masculino	04:17:59	+01:55:41	10:19
289	1253	Simão Cardoso	individual	Senior Masculino	04:18:05	+01:55:47	10:19
290	1298	Paulo Godinho	individual	Veterano M40	04:18:23	+01:56:05	10:20
291	1174	Fernando Pereira	gondomar futsal clube	Veterano M50	04:18:25	+01:56:07	10:20
292	1173	monica carvalhais	gondomar futsal clube	Veterana F40	04:18:25	+01:56:07	10:20
293	1381	Cristina Freitas	melres trail running - ordem para arrear	Veterana F40	04:18:25	+01:56:07	10:20
294	1183	André Leão	idealmed	Veterano M40	04:18:33	+01:56:15	10:21
295	1454	Luis Santos Poeira	porto runners	Veterano M50	04:18:46	+01:56:28	10:21
296	1263	Sandra Arribança	individual	Veterana F40	04:18:50	+01:56:32	10:21
297	1456	Joel José Ginga	praticamentequenianos	Senior Masculino	04:18:50	+01:56:32	10:21
298	1374	Pedro Vendeirinho	liz runners	Veterano M50	04:19:25	+01:57:07	10:23
299	1393	LUCIANO MENDES DA COSTA	montanha clube trail running/runners	Senior Masculino	04:19:25	+01:57:07	10:23

TRILHOS 25KM - STAGE 1

25 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
300	1354	Marco Sousa	liz runners	Senior Masculino	04:19:26	+01:57:08	10:23
301	1418	Nuno Alexandre	nocturnos de paredes	Veterano M40	04:20:20	+01:58:02	10:25
302	1290	Luís Serra Simões	individual	Veterano M40	04:20:25	+01:58:07	10:25
303	1469	claudia patricia pinto tavares da silva	rainha club	Senior Feminino	04:20:37	+01:58:19	10:25
304	1470	Filipe Cunha	rainha club	Senior Masculino	04:20:37	+01:58:19	10:25
305	1471	Pedro Emanuel Ventura Henriques	rainha club	Senior Masculino	04:20:37	+01:58:19	10:25
306	1488	Bruno Miguel Oliveira Marques	sport varonil cc	Senior Masculino	04:20:38	+01:58:20	10:25
307	1064	Roberto Barreto	centro vicentino da serra	Senior Masculino	04:21:50	+01:59:32	10:28
308	1246	RICARDO BRITO	individual	Senior Masculino	04:21:57	+01:59:39	10:29
309	1212	Diogo Correia	individual	Senior Masculino	04:21:57	+01:59:39	10:29
310	1066	Pedro Ribeiro	chegamos ao fim	Veterano M40	04:22:06	+01:59:48	10:29
311	1330	Liliana Patricia Lopes Pragana	jogging lovers coimbra	Senior Feminino	04:22:14	+01:59:56	10:29
312	1120	Isabel Maria Teixeira Araujo	ctad trilhos de cinfães	Veterana F50	04:22:14	+01:59:56	10:29
313	1020	Luis Ferreira	agarrados	Senior Masculino	04:22:27	+02:00:09	10:30
314	1021	CRISTINA MARIA PEREIRA DA PALMA	agarrados	Veterana F40	04:22:27	+02:00:09	10:30
315	1156	José Carlos Soares	fotha	Veterano M40	04:23:06	+02:00:48	10:31
316	1237	Michel Rolo	individual	Senior Masculino	04:23:09	+02:00:51	10:32
317	1406	Aurélio Gonçalves Coelho Silva	nel - pédatleta	Senior Masculino	04:23:24	+02:01:06	10:32
318	1360	Diogo Caseiro	liz runners	Veterano M40	04:23:24	+02:01:06	10:32
319	1443	luis neves	os snows	Veterano M50	04:23:39	+02:01:21	10:33
320	1444	Helena Janeiro	os trinca espinhas	Senior Feminino	04:23:53	+02:01:35	10:33
321	1226	João marco domingues gomes	individual	Senior Masculino	04:24:07	+02:01:49	10:34
322	1194	Mariana Ortigoso	individual	Senior Feminino	04:24:36	+02:02:18	10:35
323	1363	Guilherme Gomes	liz runners	Veterano M40	04:24:38	+02:02:20	10:35
324	1044	Manuel Deus	atletacampioni	Veterano M50	04:24:43	+02:02:25	10:35
325	1051	Ricardo Miguel Martins	bpi runners	Veterano M40	04:24:49	+02:02:31	10:36
326	1355	Rui Pereira	liz runners	Senior Masculino	04:24:55	+02:02:37	10:36
327	1169	JOSEPHINE MARQUES	goes trail	Senior Feminino	04:25:06	+02:02:48	10:36
328	1078	Ana Luisa Geraldo	coimbra trail running	Senior Feminino	04:25:10	+02:02:52	10:36
329	1422	Ana Margarida Nogueira Coelho	not run alone	Veterana F40	04:25:17	+02:02:59	10:37
330	1133	Paulo Vilaverde	edv - viana trail	Veterano M40	04:25:39	+02:03:21	10:38
331	1346	Rodrigo Emanuel Lopes Paiva	kondores trail running	Senior Masculino	04:25:50	+02:03:32	10:38
332	1248	Rui Carrusca	individual	Senior Masculino	04:25:54	+02:03:36	10:38
333	1141	Edgar Fernandes	fire team bvmc	Senior Masculino	04:27:10	+02:04:52	10:41
334	1195	MARIANNE BONNEAU	individual	Senior Feminino	04:27:35	+02:05:17	10:42
335	1327	Paulo Jorge Cardoso Gonçalves	individual	Veterano M40	04:29:46	+02:07:28	10:47
336	1238	Miguel Ângelo Dias Agostinho Rodrigues	individual	Senior Masculino	04:31:03	+02:08:45	10:51
337	1074	Ana Sousa	clube nortada - murtosa night runners	Senior Feminino	04:31:33	+02:09:15	10:52
338	1047	Mário Coutinho	banana runners	Senior Masculino	04:31:34	+02:09:16	10:52
339	1178	pedro oliveira	grupo desportivo da parreira	Senior Masculino	04:31:43	+02:09:25	10:52
340	1315	Alexandre Manuel Viegas Maniés	individual	Veterano M50	04:31:47	+02:09:29	10:52
341	1323	Van den Broeke Patrick	individual	Veterano M50	04:32:19	+02:10:01	10:54
342	1202	Vanessa Sousa	individual	Senior Feminino	04:32:43	+02:10:25	10:55
343	1054	dolores gonzalez enriquez	bugallasmobles&victorpazos	Veterana F50	04:33:44	+02:11:26	10:57

TRILHOS 25KM - STAGE 1

25 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
344	1151	Rui Raposo	fire team bvmc	Senior Masculino	04:34:23	+02:12:05	10:59
345	1396	Antonio José Alves de Carvalho	motores a broa	Veterano M40	04:34:56	+02:12:38	11:00
346	1057	dionisio amear pacheco	bugallasmobles&victorpazos	Veterano M50	04:35:11	+02:12:53	11:00
347	1318	João Paulo Balau	individual	Veterano M50	04:35:37	+02:13:19	11:01
348	1377	fausto Sá	manos sá	Veterano M40	04:36:10	+02:13:52	11:03
349	1277	Carlos Sá	individual	Veterano M40	04:36:10	+02:13:52	11:03
350	1500	Sara Cartaxo	tartarugas solidárias	Senior Feminino	04:36:11	+02:13:53	11:03
351	1487	António Simões	slow runners pombal	Veterano M50	04:36:40	+02:14:22	11:04
352	1486	Leonardo José Rodrigues Araújo	slow runners pombal	Senior Masculino	04:36:40	+02:14:22	11:04
353	1067	Victor Ventura	chegamos ao fim	Veterano M40	04:36:42	+02:14:24	11:04
354	1501	Alexandre Ribeiro	tartarugas solidárias	Senior Masculino	04:36:47	+02:14:29	11:04
355	1465	José Botelho Duarte	qqep	Senior Masculino	04:37:04	+02:14:46	11:05
356	1107	Raquel Paiva	corridas de pernas pro ar	Senior Feminino	04:37:28	+02:15:10	11:06
357	1110	Hugo Ribeiro	corridas de pernas pro ar	Senior Masculino	04:37:28	+02:15:10	11:06
358	1123	Bia Martins	desnível positivo	Senior Feminino	04:38:31	+02:16:13	11:08
359	1125	Marco Barbosa	desnível positivo	Senior Masculino	04:38:31	+02:16:13	11:08
360	1105	Bo Irik	correr na cidade	Senior Feminino	04:38:38	+02:16:20	11:09
361	1440	jose moura de sousa	os barriguitas	Veterano M60	04:38:39	+02:16:21	11:09
362	1491	Nuno Belo	ss cgd	Veterano M40	04:39:12	+02:16:54	11:10
363	1317	João Cavadas	individual	Veterano M50	04:39:18	+02:17:00	11:10
364	1115	Mariana Figueiredo Delgado	ctad trilhos de cinfães	Senior Masculino	04:39:49	+02:17:31	11:12
365	1026	Paulo Leite	all about sport events	Veterano M50	04:39:50	+02:17:32	11:12
366	1069	Lúcio Tomé	chitas de alcobaça	Senior Masculino	04:39:51	+02:17:33	11:12
367	1445	Ana Patrício Martiins Pomba	os trinca espinhas	Veterana F40	04:39:51	+02:17:33	11:12
368	1224	Ivónio Martins	individual	Senior Masculino	04:40:07	+02:17:49	11:12
369	1196	Nélia Antunes	individual	Senior Feminino	04:40:07	+02:17:49	11:12
370	1430	António Ferreira	o mundo da corrida	Veterano M40	04:40:25	+02:18:07	11:13
371	1171	PEDRO BANDEIRA	goes trail	Senior Masculino	04:41:08	+02:18:50	11:15
372	1524	CARLOS CASTANHEIRA	goes trail	Veterano M40	04:41:08	+02:18:50	11:15
373	1275	Carlos Henrique	individual	Veterano M40	04:41:22	+02:19:04	11:15
374	1324	Vitor Luis Pratas dos Santos	individual	Veterano M50	04:42:53	+02:20:35	11:19
375	1358	Paula Falacho	liz runners	Veterana F40	04:43:09	+02:20:51	11:20
376	1159	Filipe Reis Pinheiro	fridão sem limites	Senior Masculino	04:43:16	+02:20:58	11:20
377	1108	Simone Paiva	corridas de pernas pro ar	Senior Feminino	04:43:16	+02:20:58	11:20
378	1155	André Campante	fotha	Veterano M40	04:43:38	+02:21:20	11:21
379	1508	João Paulo Alcobia	tomar runners	Veterano M40	04:44:02	+02:21:44	11:22
380	1434	Fernando Luis	o mundo da corrida	Veterano M60	04:44:14	+02:21:56	11:22
381	1429	Isabel Trindade	o mundo da corrida	Veterana F50	04:44:14	+02:21:56	11:22
382	1451	Pedro Correia Milharadas	papa milhas	Senior Masculino	04:44:21	+02:22:03	11:22
383	1185	Angela Norberta Soares da Silva	individual	Senior Feminino	04:44:21	+02:22:03	11:22
384	1297	Nuno Miguel Roque Teixeira Marques	individual	Veterano M40	04:44:42	+02:22:24	11:23
385	1258	Dulce Carvalho	individual	Veterana F40	04:46:46	+02:24:28	11:28
386	1106	Elisabete Araújo	corridas de pernas pro ar	Senior Feminino	04:47:08	+02:24:50	11:29
387	1192	Marcia Cristina Mateus Lopes	individual	Senior Feminino	04:47:11	+02:24:53	11:29
388	1369	Nuno Vilela Marques	liz runners	Veterano M40	04:47:26	+02:25:08	11:30

TRILHOS 25KM - STAGE 1

25 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
389	1439	Manuela Arantes	oriestarreja	Veterana F40	04:48:15	+02:25:57	11:32
390	1349	Daniel Gomes	liz runners	Senior Masculino	04:48:53	+02:26:35	11:33
391	1299	Paulo Jorge Jordão	individual	Veterano M40	04:51:10	+02:28:52	11:39
392	1278	FERNANDO CUNHA	individual	Veterano M40	04:51:17	+02:28:59	11:39
393	1455	George Martins	pprt-spem	Senior Masculino	04:51:17	+02:28:59	11:39
394	1204	André Borralho	individual	Senior Masculino	04:51:20	+02:29:02	11:39
395	1247	Ruben Fernandes	individual	Senior Masculino	04:51:21	+02:29:03	11:39
396	1025	Ricardo Teixeira	all about sport events	Veterano M40	04:52:46	+02:30:28	11:43
397	1022	Ana Dolores	all about sport events	Senior Feminino	04:52:46	+02:30:28	11:43
398	1482	DAVID TEIXEIRA	sempre a galgar	Senior Masculino	04:53:21	+02:31:03	11:44
399	1394	TIAGO ANDRÉ PAIVA FIGUEIREDO	montanha clube trail running/runners	Senior Masculino	04:54:04	+02:31:46	11:46
400	1419	Nuno Ricardo Moura Ferreira Gomes	nocturnos de paredes	Veterano M40	04:54:37	+02:32:19	11:47
401	1024	Gloria Monteiro	all about sport events	Veterana F40	04:55:58	+02:33:40	11:50
402	1409	João Manuel oliveira afonso	nel - pédatleta	Veterano M40	04:56:13	+02:33:55	11:51
403	1157	Luís Miguel Martins	fotha	Veterano M40	04:56:28	+02:34:10	11:52
404	1236	Mário Rui Bonita do Nascimento Pinto	individual	Senior Masculino	04:56:46	+02:34:28	11:52
405	1510	Ricardo Baptista	tomar runners	Veterano M50	04:56:46	+02:34:28	11:52
406	1198	Sara Brandao	individual	Senior Feminino	04:57:37	+02:35:19	11:54
407	1287	José Manuel Lopes Francisco	individual	Veterano M40	04:57:40	+02:35:22	11:54
408	1359	Armando Carmo	liz runners	Veterano M40	04:58:14	+02:35:56	11:56
409	1215	Fernando Pedro Vieira Santos	individual	Senior Masculino	04:59:29	+02:37:11	11:59
410	1182	Carla Pereira	idealmed	Senior Feminino	04:59:47	+02:37:29	11:59
411	1356	Ana Gomes	liz runners	Veterana F40	05:00:13	+02:37:55	12:01
412	1522	Susana Santos	individual	Veterana F40	05:00:53	+02:38:35	12:02
413	1045	CARLOS SILVA FERREIRA	autistic runners	Veterano M40	05:01:49	+02:39:31	12:04
414	1312	Vítor Manuel Moreira Viana	individual	Veterano M40	05:02:12	+02:39:54	12:05
415	1379	Célio Soares	marco runners	Veterano M40	05:02:24	+02:40:06	12:06
416	1231	Luís Carlos Silva Fonseca	individual	Senior Masculino	05:02:47	+02:40:29	12:07
417	1308	Sérgio André da Cunha Brites	individual	Veterano M40	05:02:48	+02:40:30	12:07
418	1483	Ana Rita Gaspar	slow runners pombal	Senior Feminino	05:02:48	+02:40:30	12:07
419	1149	Nuno Carvalho	fire team bvmc	Senior Masculino	05:03:34	+02:41:16	12:09
420	1143	João Francisco	fire team bvmc	Senior Masculino	05:03:34	+02:41:16	12:09
421	1447	Sérgio Alexandre Abrantes Varela	oz extreme	Senior Masculino	05:04:21	+02:42:03	12:10
422	1386	RICARDO JORGE SALVADOR MENDES	millennium bcp	Veterano M40	05:05:02	+02:42:44	12:12
423	1235	Manuel Veigas	individual	Senior Masculino	05:06:27	+02:44:09	12:15
424	1269	Alberto Cardoso	individual	Veterano M40	05:07:20	+02:45:02	12:18
425	1176	Rita Coelho	grupo desportivo da parreira	Senior Feminino	05:10:08	+02:47:50	12:24
426	1385	KARSTEN SOMMER	millennium bcp	Veterano M40	05:11:04	+02:48:46	12:27
427	1314	Alberto Galamba	individual	Veterano M50	05:11:43	+02:49:25	12:28
428	1063	Liliana Eusébio	centro vicentino da serra	Senior Feminino	05:12:44	+02:50:26	12:31
429	1188	Daniela Mota Machado	individual	Senior Feminino	05:12:44	+02:50:26	12:31
430	1382	Filipa Alexandra Fernandes Freitas Vilar	millennium bcp	Senior Feminino	05:14:20	+02:52:02	12:34

TRILHOS 25KM - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
431	1007	DIANA TAVARES	ad quinta - atletismo	Senior Feminino	05:14:33	+02:52:15	12:35
432	1380	Luís Tavares	me, myself and i	Veterano M40	05:14:51	+02:52:33	12:36
433	1365	Luis Sá	liz runners	Veterano M40	05:15:05	+02:52:47	12:36
434	1383	Ana Cristina Nogueira Lopes	millennium bcp	Veterana F40	05:16:25	+02:54:07	12:39
435	1279	Filipe Madeira	individual	Veterano M40	05:17:08	+02:54:50	12:41
436	1002	Pedro Freitas	a. a. lebres do sado	Senior Masculino	05:20:47	+02:58:29	12:56
437	1264	Susete Marques	individual	Veterana F40	05:23:25	+03:01:07	12:56
438	1273	Bruno Filipe Fernandes Rodrigues	individual	Veterano M40	05:23:45	+03:01:27	12:57
439	1254	Tiago Afonso Marujo	individual	Senior Masculino	05:23:45	+03:01:27	12:57
440	1473	Edgar Serrano	rompetocas rt	Senior Masculino	05:24:26	+03:02:08	12:59
441	1101	José Moutinho	confraria trotamontes	Veterano M50	05:25:01	+03:02:43	13:00
442	1019	sandra isabel pereira freitas	agarrados	Senior Feminino	05:25:29	+03:03:11	13:01
443	1286	JOSÉ LUÍS COELHO ROSA ABREU	individual	Veterano M40	05:29:35	+03:07:17	13:11
444	1122	Inês Barroso	de sedentário a maratonista	Veterana F40	05:35:41	+03:13:23	13:26
445	1189	Filipa Matias	individual	Senior Feminino	05:36:27	+03:14:09	13:27
446	1134	Paulo Jorge Figueiredo Alves	em'força	Senior Masculino	05:41:29	+03:19:11	13:40
447	1200	Sofia Matias	individual	Senior Feminino	05:43:06	+03:20:48	13:43
448	1150	Pedro Daniel Jesus Verdial Silva	fire team bvmc	Senior Masculino	05:44:03	+03:21:45	13:46
449	1325	Eduardo Correia	individual	Veterano M60	05:45:26	+03:23:08	13:49
450	1184	Marco Machado	ideamed	Veterano M40	05:57:29	+03:35:11	14:18
451	1293	Miguel Piedade	individual	Veterano M40	05:57:37	+03:35:19	14:18
452	1472	Carlos Bruno Belo Rodrigues Henriques	rompetocas rt	Senior Masculino	06:05:38	+03:43:20	14:38
453	1303	Rafael Marques	individual	Veterano M40	06:08:32	+03:46:14	14:44
454	1259	Joana Paulo de Sousa Martins	individual	Veterana F40	06:14:31	+03:52:13	14:59
455	1186	Claudia Marisa Couto Amaral	individual	Senior Feminino	06:14:31	+03:52:13	14:59
456	1102	Carla Raposo	correr lisboa	Veterana F40	06:17:28	+03:55:10	15:06
457	1384	ROSIMEIRE SERAFIM	millennium bcp	Veterana F50	06:27:12	+04:04:54	15:29
458	1387	Paulo Jorge Sousa Cardigos	millennium bcp	Veterano M50	06:27:12	+04:04:54	15:29
459	1378	Nuno Amorim	marco runners	Senior Masculino	06:31:32	+04:09:14	15:40
460	1076	Dulce Morêda	clube zipper	Veterana F40	07:01:44	+04:39:26	16:52
461	1316	Flavio Manuel Assunção de Oliveira	individual	Veterano M50	07:03:42	+04:41:24	16:57
462	1267	Maria José dos Santos Batista	individual	Veterana F50	07:03:42	+04:41:24	16:57
463	1005	Maria Joao Fernandes Cardoso	a+ / loja do atleta	Veterana F40	07:16:52	+04:54:34	17:28
464	1061	Patricia Filipa da Costa Graça de Barros	cascais fototrail running	Senior Feminino	08:01:49	+05:39:31	19:16

Trilhos 25km

25 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:00	7,1°C	98%
End	18:01	11,6°C	89%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1048	Patrícia Isabel Viegas Serafim	Beja Atletico Clube	Senior Feminino	02:58:44		07:09
2	1331	Barbara Fernandes	Juventude Vidigalense	Senior Feminino	03:10:29	+11:45	07:37
3	1167	Daniela Russo	Ginásio Fit4Fun	Senior Feminino	03:14:25	+15:41	07:47
4	1172	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:28:59	+30:15	08:22
5	1079	Diana Cristina Coimbra Gaspar	Coimbra Trail Running	Senior Feminino	03:36:14	+37:30	08:39
6	1376	Joana Martins	MaiaCrossTeam	Senior Feminino	03:47:35	+48:51	09:06
7	1190	Inês Moura Ferreira	Individual	Senior Feminino	04:00:54	+01:02:10	09:38
8	1484	Gina Maria Estrela Domingues	Slow Runners Pombal	Senior Feminino	04:00:54	+01:02:10	09:38
9	1458	Sofia Farto	PROAVENTURAS	Senior Feminino	04:03:30	+01:04:46	09:44
10	1118	Severina Almeida	CTAD TRILHOS DE CINFÃES	Senior Feminino	04:07:02	+01:08:18	09:53
11	1080	Maria Luísa Ferreira Mesquita	Coimbra Trail Running	Senior Feminino	04:07:33	+01:08:49	09:54
12	1191	Joana Frazão	Individual	Senior Feminino	04:09:38	+01:10:54	09:59
13	1400	Ana Sofia Correia Vieira	MULTIPOWER GAIA TRAIL	Senior Feminino	04:13:45	+01:15:01	10:09
14	1187	Cristina Isabel Mendes Oliveira Dias	Individual	Senior Feminino	04:13:45	+01:15:01	10:09
15	1469	claudia patricia pinto tavares da silva	Rainha Club	Senior Feminino	04:20:37	+01:21:53	10:25
16	1330	Liliana Patricia Lopes Pragana	Jogging Lovers Coimbra	Senior Feminino	04:22:14	+01:23:30	10:29
17	1444	Helena Janeiro	Os Trinca Espinhas	Senior Feminino	04:23:53	+01:25:09	10:33
18	1194	Mariana Ortigoso	Individual	Senior Feminino	04:24:36	+01:25:52	10:35
19	1169	JOSEPHINE MARQUES	GOES TRAIL	Senior Feminino	04:25:06	+01:26:22	10:36
20	1078	Ana Luisa Geraldo	Coimbra Trail Running	Senior Feminino	04:25:10	+01:26:26	10:36
21	1195	MARIANNE BONNEAU	Individual	Senior Feminino	04:27:35	+01:28:51	10:42
22	1074	Ana Sousa	Clube Nortada - Murtosa Night Runners	Senior Feminino	04:31:33	+01:32:49	10:52
23	1202	Vanessa Sousa	Individual	Senior Feminino	04:32:43	+01:33:59	10:55
24	1500	Sara Cartaxo	Tartarugas Solidárias	Senior Feminino	04:36:11	+01:37:27	11:03
25	1107	Raquel Paiva	Corridas De Pernas Pro Ar	Senior Feminino	04:37:28	+01:38:44	11:06
26	1123	Bia Martins	Desnível Positivo	Senior Feminino	04:38:31	+01:39:47	11:08
27	1105	Bo Irik	Correr na cidade	Senior Feminino	04:38:38	+01:39:54	11:09
28	1196	Nélia Antunes	Individual	Senior Feminino	04:40:07	+01:41:23	11:12
29	1108	Simone Paiva	Corridas De Pernas Pro Ar	Senior Feminino	04:43:16	+01:44:32	11:20
30	1185	Angela Norberta Soares da Silva	Individual	Senior Feminino	04:44:21	+01:45:37	11:22
31	1106	Elisabete Araújo	Corridas De Pernas Pro Ar	Senior Feminino	04:47:08	+01:48:24	11:29
32	1192	Marcia Cristina Mateus Lopes	Individual	Senior Feminino	04:47:11	+01:48:27	11:29
33	1022	Ana Dolores	All About Sport Events	Senior Feminino	04:52:46	+01:54:02	11:43
34	1198	Sara Brandao	Individual	Senior Feminino	04:57:37	+01:58:53	11:54
35	1182	Carla Pereira	Idealmed	Senior Feminino	04:59:47	+02:01:03	11:59
36	1483	Ana Rita Gaspar	Slow Runners Pombal	Senior Feminino	05:02:48	+02:04:04	12:07
37	1176	Rita Coelho	Grupo Desportivo da Parreira	Senior Feminino	05:10:08	+02:11:24	12:24
38	1063	Liliana Eusébio	Centro Vicentino da Serra	Senior Feminino	05:12:44	+02:14:00	12:31
39	1188	Daniela Mota Machado	Individual	Senior Feminino	05:12:44	+02:14:00	12:31

Official Timekeeper: Lap2Go	1 / 12	generate 05-fev-2016 17:19
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Trilhos 25km

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25 KM

OFFICIAL RESULT

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40	1382	Filipa Alexandra Fernandes Freitas Vilar	MILLENNIUM BCP	Senior Feminino	05:14:20	+02:15:36	12:34
41	1007	DIANA TAVARES	AD Quinta - Atletismo	Senior Feminino	05:14:33	+02:15:49	12:35
42	1019	sandra isabel pereira freitas	Agarrados	Senior Feminino	05:25:29	+02:26:45	13:01
43	1189	Filipa Matias	Individual	Senior Feminino	05:36:27	+02:37:43	13:27
44	1200	Sofia Matias	Individual	Senior Feminino	05:43:06	+02:44:22	13:43
45	1186	Claudia Marisa Couto Amaral	Individual	Senior Feminino	06:14:31	+03:15:47	14:59
46	1061	Patricia Filipa da Costa Graça de Barros	Cascais FotoTrail Running	Senior Feminino	08:01:49	+05:03:05	19:16

Senior Masculino

1	1240	Paulo J D Serra	Individual	Senior Masculino	02:22:18	05:42
2	1503	Nelson Graça	Team GoldNutrition/RUN.PT	Senior Masculino	02:25:01	+02:43 05:48
3	1135	João Patricio	Escaravelhos Team	Senior Masculino	02:35:42	+13:24 06:14
4	1468	Miguel Pires	Quinta da Maia Runners	Senior Masculino	02:36:11	+13:53 06:15
5	1129	Luis Ricardo Fernandes Letra	Dr. Merino/Nutrifit	Senior Masculino	02:37:35	+15:17 06:18
6	1392	GONÇALO PEDRO GONÇALVES FERREIRA	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	Senior Masculino	02:40:32	+18:14 06:25
7	1180	Luís Pedro ferreira de Sousa Martins	Gtt armazém do Caffè	Senior Masculino	02:42:10	+19:52 06:29
8	1082	João FerreiraA	Coimbra Trail Running	Senior Masculino	02:43:33	+21:15 06:33
9	1112	Bruno Alexandre Santos	CTAD TRILHOS DE CINFÃES	Senior Masculino	02:44:12	+21:54 06:34
10	1148	Marco Carvalho	Fire Team BVMC	Senior Masculino	02:48:45	+26:27 06:45
11	1083	Jorge Duarte	Coimbra Trail Running	Senior Masculino	02:49:29	+27:11 06:47
12	1511	Rui Leandro	UDR ZONA ALTA - Torres Novas	Senior Masculino	02:50:38	+28:20 06:50
13	1351	Francisco Reis	LIZ RUNNERS	Senior Masculino	02:51:08	+28:50 06:51
14	1085	Paulo Viegas	Coimbra Trail Running	Senior Masculino	02:51:34	+29:16 06:52
15	1124	Hugo Marante Lima	Desnível Positivo	Senior Masculino	02:53:10	+30:52 06:56
16	1438	Miguel Jaques	OLIMPICO VIANENSE TRAIL	Senior Masculino	02:54:30	+32:12 06:59
17	1035	Pedro Veríssimo	ARSM-Associação Recreativa de S. Miguel	Senior Masculino	02:54:38	+32:20 06:59
18	1334	Eurico Moura	KeMedo Team	Senior Masculino	02:57:03	+34:45 07:05
19	1128	Eduardo Merino	Dr. Merino/Nutrifit	Senior Masculino	02:59:21	+37:03 07:10
20	1062	Hugo Filipe Pinto Gonçalves	CBrunningTeam	Senior Masculino	03:02:42	+40:24 07:18
21	1255	Tiago cordeiro amaral	Individual	Senior Masculino	03:02:49	+40:31 07:19
22	1011	Ivo Alexandre Mendes Oliveira Silva	ADEFACEC	Senior Masculino	03:03:56	+41:38 07:21
23	1017	Tomé Barrosa Pinto	ADEFACEC	Senior Masculino	03:05:00	+42:42 07:24
24	1338	Rui Manuel Santos Correia	KeMedo Team	Senior Masculino	03:05:18	+43:00 07:25
25	1214	Fábio Miguel Alves Filipe	Individual	Senior Masculino	03:05:31	+43:13 07:25
26	1211	Davide Emanuel Gouveia cruz	Individual	Senior Masculino	03:06:28	+44:10 07:28
27	1428	Tiago Mateus	O Mundo da Corrida	Senior Masculino	03:07:15	+44:57 07:29
28	1036	Hugo Rodrigues	ARSM-Associação Recreativa de S. Miguel	Senior Masculino	03:07:35	+45:17 07:30
29	1507	Carrula	Tomar Runners	Senior Masculino	03:08:33	+46:15 07:33
30	1410	Mauro Cardoso	NOCTURNOS DE PAREDES	Senior Masculino	03:09:23	+47:05 07:35
31	1414	Sergio Vale	NOCTURNOS DE PAREDES	Senior Masculino	03:09:23	+47:05 07:35
32	1497	Romeu Duarte Simões Fernandes	Tarahumara	Senior Masculino	03:10:57	+48:39 07:38
33	1144	Joaquim Paiva	Fire Team BVMC	Senior Masculino	03:12:50	+50:32 07:43

Official Timekeeper: Lap2Go	2 / 12	generate 05-fev-2016 17:19
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Trilhos 25km

25 KM

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OFFICIAL RESULT

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34	1425	Gonalo Rodrigues	O Mundo da Corrida	Senior Masculino	03:13:13	+50:55	07:44
35	1052	Jos Brito	BTT Arouca	Senior Masculino	03:13:14	+50:56	07:44
36	1050	Vtor Paulo Duarte Caldeira	BOAVISTA FC	Senior Masculino	03:13:15	+50:57	07:44
37	1506	Mrio Rui Tordo Dias	Thoughtrail Alenquer	Senior Masculino	03:14:19	+52:01	07:46
38	1168	Francisco Figueiredo	Ginsio Fit4Fun	Senior Masculino	03:14:25	+52:07	07:47
39	1336	Jose Pinto	KeMedo Team	Senior Masculino	03:14:43	+52:25	07:47
40	1389	Vtor Felgueiras	MONITAR AVENTURA	Senior Masculino	03:15:19	+53:01	07:49
41	1041	Eduardo Silva Moreira	ASSS Columbfila Cantanhede	Senior Masculino	03:15:43	+53:25	07:50
42	1042	Tiago Filipe Pereira Mendes Gregrio	ASSS Columbfila Cantanhede	Senior Masculino	03:15:43	+53:25	07:50
43	1230	Jorge Rosa	Individual	Senior Masculino	03:15:46	+53:28	07:50
44	1244	Pedro Faria	Individual	Senior Masculino	03:16:17	+53:59	07:51
45	1239	Nuno Filipe Santos Pereira	Individual	Senior Masculino	03:16:55	+54:37	07:53
46	1039	Bruno Rodrigues	Artysport	Senior Masculino	03:17:04	+54:46	07:53
47	1170	LUIS ANTONIO RODRIGUES MIRANDA	GOES TRAIL	Senior Masculino	03:17:21	+55:03	07:54
48	1227	Joo Marmelo	Individual	Senior Masculino	03:17:59	+55:41	07:55
49	1408	Rodrigo Selada	NEL - Pdatleta	Senior Masculino	03:18:30	+56:12	07:56
50	1225	Joo Antunes	Individual	Senior Masculino	03:18:33	+56:15	07:57
51	1179	Emanuel Costa	Gtt armazm do Caff	Senior Masculino	03:20:12	+57:54	08:00
52	1476	Joo Paulo das Neves Serdio	Salamandrecos	Senior Masculino	03:21:18	+59:00	08:03
53	1121	Diogo Gomes da Silva Pimenta	DCI / CCDRP - Mealhada	Senior Masculino	03:21:31	+59:13	08:04
54	1241	Paulo Jaime Monteiro	Individual	Senior Masculino	03:21:42	+59:24	08:04
55	1233	Luis Filipe Barreiras Amndio	Individual	Senior Masculino	03:22:44	+01:00:26	08:07
56	1467	TIAGO JOS SILVESTRE PGO	QUIAIOS RUN TEAM	Senior Masculino	03:22:45	+01:00:27	08:07
57	1512	Diogo Maia	udr zona alta-torres novas	Senior Masculino	03:23:26	+01:01:08	08:08
58	1519	Aurlio Sade	Individual	Senior Masculino	03:24:11	+01:01:53	08:10
59	1243	Pedro Cruz	Individual	Senior Masculino	03:24:41	+01:02:23	08:11
60	1395	TIAGO MIGUEL FERREIRA LOBO	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	Senior Masculino	03:24:59	+01:02:41	08:12
61	1028	Augusto Jos de Urjais Gonalves Oliveira Gomes	All See Dio	Senior Masculino	03:25:01	+01:02:43	08:12
62	1427	Luis Manuel Silva	O Mundo da Corrida	Senior Masculino	03:25:17	+01:02:59	08:13
63	1249	Rui Pereira	Individual	Senior Masculino	03:26:14	+01:03:56	08:15
64	1040	Davide Silva	Artysport	Senior Masculino	03:26:43	+01:04:25	08:16
65	1337	Pedro Costa	KeMedo Team	Senior Masculino	03:27:46	+01:05:28	08:19
66	1523	JOAO CARLOS RODRIGUES MIRANDA	GOES TRAIL	Senior Masculino	03:27:58	+01:05:40	08:19
67	1213	Eurico Silva	Individual	Senior Masculino	03:28:06	+01:05:48	08:19
68	1100	Ricardo de Almeida Pinho Carmo	complexo desportivo de arouca	Senior Masculino	03:29:16	+01:06:58	08:22
69	1459	Joo Nuno Faria	PROAVENTURAS	Senior Masculino	03:29:29	+01:07:11	08:23
70	1136	Ricardo Jos Marques Fernandes	ESPAO SADE	Senior Masculino	03:29:34	+01:07:16	08:23
71	1077	Artur Jorge Nunes Oliveira	COA - Clube de Orientao e Aventura	Senior Masculino	03:30:27	+01:08:09	08:25
72	1210	David Cardoso	Individual	Senior Masculino	03:31:58	+01:09:40	08:29
73	1081	Hugo Alexandre do Nascimento Bera	Coimbra Trail Running	Senior Masculino	03:32:06	+01:09:48	08:29
74	1209	Claudio Antnio Pereira Coelho Teixeira	Individual	Senior Masculino	03:32:32	+01:10:14	08:30
75	1466	Lus Figueiredo	QUIAIOS RUN TEAM	Senior Masculino	03:33:21	+01:11:03	08:32

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Trilhos 25km

25 KM

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76	1004	PAULO MANUEL MONTEIRO DA COSTA	A.D.Amarante trail running	Senior Masculino	03:34:12	+01:11:54	08:34
77	1391	Gonalo Gonalves	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	Senior Masculino	03:34:18	+01:12:00	08:34
78	1232	Lu�s F Machado	Individual	Senior Masculino	03:34:21	+01:12:03	08:34
79	1034	Jo�o Oct�vio Gonalves C�sar Cruz	ARSM-Associa�o Recreativa de S. Miguel	Senior Masculino	03:35:38	+01:13:20	08:38
80	1205	BRUNO BOTELHO	Individual	Senior Masculino	03:35:43	+01:13:25	08:38
81	1221	Helder Parracho	Individual	Senior Masculino	03:36:02	+01:13:44	08:38
82	1147	Luis Paulo	Fire Team BVMC	Senior Masculino	03:36:03	+01:13:45	08:39
83	1494	Fernando Rafael Ribeiro Carvalho	Tarahumara	Senior Masculino	03:36:33	+01:14:15	08:40
84	1084	Nuno Tavares	Coimbra Trail Running	Senior Masculino	03:36:43	+01:14:25	08:40
85	1086	Ricardo Delgadinho	Coimbra Trail Running	Senior Masculino	03:36:49	+01:14:31	08:40
86	1217	Francisco Arag�o	Individual	Senior Masculino	03:37:00	+01:14:42	08:41
87	1515	Miguel Alves	Uma Vez Perdi-me no Monte	Senior Masculino	03:37:18	+01:15:00	08:42
88	1328	Nuno Amaro	Javal�s do Cacete	Senior Masculino	03:37:55	+01:15:37	08:43
89	1114	Jo�o Cardoso	CTAD TRILHOS DE CINF�ES	Senior Masculino	03:38:15	+01:15:57	08:44
90	1520	RICARDO JESUS	Individual	Senior Masculino	03:39:08	+01:16:50	08:46
91	1049	Carlos Carvalho	Blip.pt	Senior Masculino	03:39:22	+01:17:04	08:46
92	1015	Paulo Roberto Dias Oliveira Borges	ADEFACEC	Senior Masculino	03:39:58	+01:17:40	08:48
93	1023	Filipe Medeiros	All About Sport Events	Senior Masculino	03:40:17	+01:17:59	08:49
94	1014	Nuno Filipe Jesus Sara�va	ADEFACEC	Senior Masculino	03:40:40	+01:18:22	08:50
95	1218	Frederico Franco Fonseca	Individual	Senior Masculino	03:40:41	+01:18:23	08:50
96	1223	Hugo Miguel Ventura Lopes	Individual	Senior Masculino	03:40:54	+01:18:36	08:50
97	1117	Ricardo Estev�o Ribeiro Carvalho	CTAD TRILHOS DE CINF�ES	Senior Masculino	03:41:57	+01:19:39	08:53
98	1250	S�rgio Alexandre Mendes Vinagre Ferreira Artilheiro	Individual	Senior Masculino	03:43:17	+01:20:59	08:56
99	1450	Tiago Batista	OZXTREME	Senior Masculino	03:43:37	+01:21:19	08:57
100	1140	Andr� Paiva	Farm�cia Luciano e Matos	Senior Masculino	03:44:13	+01:21:55	08:58
101	1113	Carlos Silva	CTAD TRILHOS DE CINF�ES	Senior Masculino	03:44:30	+01:22:12	08:59
102	1390	BRUNO SIM�ES MARQUES	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	Senior Masculino	03:45:48	+01:23:30	09:02
103	1413	renato pinto	NOCTURNOS DE PAREDES	Senior Masculino	03:45:48	+01:23:30	09:02
104	1499	Gonalo Nuno Jorge Rita	Tartarugas do Alviela	Senior Masculino	03:46:20	+01:24:02	09:03
105	1031	Marco Paulo Sim�es de Oliveira	ARCD Venda da Luisa	Senior Masculino	03:46:47	+01:24:29	09:04
106	1032	Nelson Jos� Vaz Correia	ARCD Venda da Luisa	Senior Masculino	03:46:51	+01:24:33	09:04
107	1222	Hugo Filipe Vieira Moura	Individual	Senior Masculino	03:48:32	+01:26:14	09:08
108	1059	Gustavo Faria	C.A.S.P.A. Clube Amador S� Para Atletismo	Senior Masculino	03:48:44	+01:26:26	09:09
109	1412	Pedro Ferraz	NOCTURNOS DE PAREDES	Senior Masculino	03:49:08	+01:26:50	09:10
110	1498	C�sar Emanuel Costa Gonalves Pereira	Tarahumara Running	Senior Masculino	03:52:23	+01:30:05	09:18
111	1496	Ricardo Miguel Pocinho Silva	Tarahumara	Senior Masculino	03:54:00	+01:31:42	09:22
112	1518	Hugo D�maso	Individual	Senior Masculino	03:54:07	+01:31:49	09:22
113	1345	RICARDO ANT�NIO RODRIGUES LEAL FONTES	Kondores Trail Running	Senior Masculino	03:54:16	+01:31:58	09:22
114	1177	LUIS OLIVEIRA	Grupo Desportivo da Parreira	Senior Masculino	03:55:21	+01:33:03	09:25
115	1411	Pedro Daniel de Oliveira Nogueira	NOCTURNOS DE PAREDES	Senior Masculino	03:56:03	+01:33:45	09:27
116	1521	JO�O REIS	Individual	Senior Masculino	03:57:55	+01:35:37	09:31

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Trilhos 25km

25 KM

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117	1344	LUÍS CARLOS DA SILVA RODRIGUES	Kondores Trail Running	Senior Masculino	03:58:26	+01:36:08	09:32
118	1489	Nuno Miguel Monteiro de Oliveira	Sport Varonil CC	Senior Masculino	03:58:32	+01:36:14	09:32
119	1350	Donato Barbeiro	LIZ RUNNERS	Senior Masculino	03:59:04	+01:36:46	09:34
120	1353	João Pedro Martins Espirito Santo	LIZ RUNNERS	Senior Masculino	03:59:04	+01:36:46	09:34
121	1340	Rui Manuel Ribeiro Mesquita	KO TRAIL RUNNING	Senior Masculino	03:59:05	+01:36:47	09:34
122	1495	Marco António Oliveira Santos	Tarahumara	Senior Masculino	04:00:11	+01:37:53	09:36
123	1375	André Micael Carrasqueira António	Lourival	Senior Masculino	04:00:15	+01:37:57	09:37
124	1245	Rafael dos Santos Rodrigues	Individual	Senior Masculino	04:00:27	+01:38:09	09:37
125	1352	Frederico Crasto	LIZ RUNNERS	Senior Masculino	04:00:51	+01:38:33	09:38
126	1485	Jorge Humberto Santos Ferreira Martins	Slow Runners Pombal	Senior Masculino	04:00:54	+01:38:36	09:38
127	1449	Samuel de Oliveira Martinho	OZXTREME	Senior Masculino	04:01:14	+01:38:56	09:39
128	1208	César Filipe Martins ferreira	Individual	Senior Masculino	04:01:36	+01:39:18	09:40
129	1481	Vasco Portugal	SCVouga - Pearl Izumi	Senior Masculino	04:02:37	+01:40:19	09:42
130	1138	Gil Ferreira da Silva	Eu+ Ginásio LMA	Senior Masculino	04:04:04	+01:41:46	09:46
131	1514	Thomas Ramos	UGAS TRAIL Running	Senior Masculino	04:04:35	+01:42:17	09:47
132	1513	Daniel Marques dos Santos	UGAS TRAIL Running	Senior Masculino	04:04:35	+01:42:17	09:47
133	1234	Luis Manuel Saraiva Duarte	Individual	Senior Masculino	04:05:17	+01:42:59	09:49
134	1087	Vitor Manuel Lages Antunes da Fonseca	Coimbra Trail Running	Senior Masculino	04:05:57	+01:43:39	09:50
135	1220	Helder Filipe Teixeira Monteiro	Individual	Senior Masculino	04:06:19	+01:44:01	09:51
136	1142	Eduardo Bento	Fire Team BVMC	Senior Masculino	04:07:09	+01:44:51	09:53
137	1012	José Francisco Brandão Batista	ADEFACEC	Senior Masculino	04:07:09	+01:44:51	09:53
138	1401	Fernando Manuel Vilar Patricio	MULTIPOWER GAIA TRAIL	Senior Masculino	04:07:27	+01:45:09	09:54
139	1493	Fábio Daniel Pocinho Silva	Tarahumara	Senior Masculino	04:07:47	+01:45:29	09:55
140	1219	Gonçalo Lopes	Individual	Senior Masculino	04:08:22	+01:46:04	09:56
141	1251	Sérgio Alexandre Ventura Lopes	Individual	Senior Masculino	04:08:36	+01:46:18	09:57
142	1228	Jorge Miguel Gomes da Costa	Individual	Senior Masculino	04:08:41	+01:46:23	09:57
143	1132	João Meira	EDV - Viana Trail	Senior Masculino	04:09:19	+01:47:01	09:58
144	1068	João bajouco	Chitas de Alcobaça	Senior Masculino	04:09:27	+01:47:09	09:59
145	1072	Alexandre Apostolo	Clube dos Atletas Tortos	Senior Masculino	04:10:17	+01:47:59	10:01
146	1242	Paulo Mártires	Individual	Senior Masculino	04:10:31	+01:48:13	10:01
147	1146	Luis Mendes	Fire Team BVMC	Senior Masculino	04:11:16	+01:48:58	10:03
148	1347	Tiago Jorge Mia Fernandes	Kondores Trail Running	Senior Masculino	04:11:22	+01:49:04	10:03
149	1016	Rui Miguel Nogueira Gonçalves	ADEFACEC	Senior Masculino	04:12:28	+01:50:10	10:06
150	1407	Ricardo Moniz	NEL - Pédatleta	Senior Masculino	04:15:15	+01:52:57	10:13
151	1116	Pedro Ferreirinha	CTAD TRILHOS DE CINFÃES	Senior Masculino	04:17:55	+01:55:37	10:19
152	1252	Sergio Valdera Carpintero	Individual	Senior Masculino	04:17:59	+01:55:41	10:19
153	1253	Simão Cardoso	Individual	Senior Masculino	04:18:05	+01:55:47	10:19
154	1456	Joel José Ginga	praticamentequenianos	Senior Masculino	04:18:50	+01:56:32	10:21
155	1393	LUCIANO MENDES DA COSTA	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	Senior Masculino	04:19:25	+01:57:07	10:23
156	1354	Marco Sousa	LIZ RUNNERS	Senior Masculino	04:19:26	+01:57:08	10:23
157	1470	Filipe Cunha	Rainha Club	Senior Masculino	04:20:37	+01:58:19	10:25
158	1471	Pedro Emanuel Ventura Henriques	Rainha Club	Senior Masculino	04:20:37	+01:58:19	10:25
159	1488	Bruno Miguel Oliveira Marques	Sport Varonil CC	Senior Masculino	04:20:38	+01:58:20	10:26
160	1064	Roberto Barreto	Centro Vicentino da Serra	Senior Masculino	04:21:50	+01:59:32	10:28

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Trilhos 25km

25 KM

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161	1246	RICARDO BRITO	Individual	Senior Masculino	04:21:57	+01:59:39	10:29
162	1212	Diogo Correia	Individual	Senior Masculino	04:21:57	+01:59:39	10:29
163	1020	Luis Ferreira	Agarrados	Senior Masculino	04:22:27	+02:00:09	10:30
164	1237	Michel Rolo	Individual	Senior Masculino	04:23:09	+02:00:51	10:32
165	1406	Aurélio Gonçalves Coelho Silva	NEL - Pédatleta	Senior Masculino	04:23:24	+02:01:06	10:32
166	1226	João marco domingues gomes	Individual	Senior Masculino	04:24:07	+02:01:49	10:34
167	1355	Rui Pereira	LIZ RUNNERS	Senior Masculino	04:24:55	+02:02:37	10:36
168	1346	Rodrigo Emanuel Lopes Paiva	Kondores Trail Running	Senior Masculino	04:25:50	+02:03:32	10:38
169	1248	Rui Carrusca	Individual	Senior Masculino	04:25:54	+02:03:36	10:38
170	1141	Edgar Fernandes	Fire Team BVMC	Senior Masculino	04:27:10	+02:04:52	10:41
171	1238	Miguel Ângelo Dias Agostinho Rodrigues	Individual	Senior Masculino	04:31:03	+02:08:45	10:51
172	1047	Mário Coutinho	Banana Runners	Senior Masculino	04:31:34	+02:09:16	10:52
173	1178	pedro oliveira	Grupo Desportivo da Parreira	Senior Masculino	04:31:43	+02:09:25	10:52
174	1151	Rui Raposo	Fire Team BVMC	Senior Masculino	04:34:23	+02:12:05	10:59
175	1486	Leonardo José Rodrigues Araújo	Slow Runners Pombal	Senior Masculino	04:36:40	+02:14:22	11:04
176	1501	Alexandre Ribeiro	Tartarugas Solidárias	Senior Masculino	04:36:47	+02:14:29	11:04
177	1465	José Botelho Duarte	QQEP	Senior Masculino	04:37:04	+02:14:46	11:05
178	1110	Hugo Ribeiro	Corridas De Pernas Pro Ar	Senior Masculino	04:37:28	+02:15:10	11:06
179	1125	Marco Barbosa	Desnível Positivo	Senior Masculino	04:38:31	+02:16:13	11:08
180	1115	Mariana Figueiredo Delgado	CTAD TRILHOS DE CINFÃES	Senior Masculino	04:39:49	+02:17:31	11:12
181	1069	Lúcio Tomé	Chitas de Alcobaça	Senior Masculino	04:39:51	+02:17:33	11:12
182	1224	Ivónio Martins	Individual	Senior Masculino	04:40:07	+02:17:49	11:12
183	1171	PEDRO BANDEIRA	GOES TRAIL	Senior Masculino	04:41:08	+02:18:50	11:15
184	1159	Filipe Reis Pinheiro	Fridão Sem Limites	Senior Masculino	04:43:16	+02:20:58	11:20
185	1451	Pedro Correia Milharadas	PAPA MILHAS	Senior Masculino	04:44:21	+02:22:03	11:22
186	1349	Daniel Gomes	LIZ RUNNERS	Senior Masculino	04:48:53	+02:26:35	11:33
187	1455	George Martins	PPRT-SPEM	Senior Masculino	04:51:17	+02:28:59	11:39
188	1204	André Borralho	Individual	Senior Masculino	04:51:20	+02:29:02	11:39
189	1247	Ruben Fernandes	Individual	Senior Masculino	04:51:21	+02:29:03	11:39
190	1482	DAVID TEIXEIRA	SEMPRE A GALGAR	Senior Masculino	04:53:21	+02:31:03	11:44
191	1394	TIAGO ANDRÉ PAIVA FIGUEIREDO	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	Senior Masculino	04:54:04	+02:31:46	11:46
192	1236	Mário Rui Bonita do Nascimento Pinto	Individual	Senior Masculino	04:56:46	+02:34:28	11:52
193	1215	Fernando Pedro Vieira Santos	Individual	Senior Masculino	04:59:29	+02:37:11	11:59
194	1231	Luís Carlos Silva Fonseca	Individual	Senior Masculino	05:02:47	+02:40:29	12:07
195	1149	Nuno Carvalho	Fire Team BVMC	Senior Masculino	05:03:34	+02:41:16	12:09
196	1143	João Francisco	Fire Team BVMC	Senior Masculino	05:03:34	+02:41:16	12:09
197	1447	Sérgio Alexandre Abrantes Varela	Oz Extreme	Senior Masculino	05:04:21	+02:42:03	12:10
198	1235	Manuel Veigas	Individual	Senior Masculino	05:06:27	+02:44:09	12:15
199	1002	Pedro Freitas	A. A. Lebres do Sado	Senior Masculino	05:20:47	+02:58:29	12:50
200	1254	Tiago Afonso Marujo	Individual	Senior Masculino	05:23:45	+03:01:27	12:57
201	1473	Edgar Serrano	Rompetocas RT	Senior Masculino	05:24:26	+03:02:08	12:59
202	1134	Paulo Jorge Figueiredo Alves	EM'Força	Senior Masculino	05:41:29	+03:19:11	13:40
203	1150	Pedro Daniel Jesus Verdial Silva	Fire Team BVMC	Senior Masculino	05:44:03	+03:21:45	13:46
204	1472	Carlos Bruno Belo Rodrigues Henriques	Rompetocas RT	Senior Masculino	06:05:38	+03:43:20	14:38
205	1378	Nuno Amorim	Marco Runners	Senior Masculino	06:31:32	+04:09:14	15:40

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Trilhos 25km

25 KM

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Veterana F40

1	1452	Paula Lage	PAREDES AVENTURA	Veterana F40	03:06:45	07:28
2	1088	Dina Rocha	Coimbra Trail Running	Veterana F40	03:36:43	+29:58 08:40
3	1260	Lígia Pires Coelho	Individual	Veterana F40	03:47:55	+41:10 09:07
4	1065	Susana Lobo Santos	Chegamos ao fim	Veterana F40	03:52:32	+45:47 09:18
5	1357	Cristina Barros	LIZ RUNNERS	Veterana F40	03:59:51	+53:06 09:36
6	1415	Goreti Rocha	NOCTURNOS DE PAREDES	Veterana F40	04:06:36	+59:51 09:52
7	1504	Catarina Teixeira	Team33	Veterana F40	04:15:14	+01:08:29 10:13
8	1173	monica carvalhais	GONDOMAR FUTSAL CLUBE	Veterana F40	04:18:25	+01:11:40 10:20
9	1381	Cristina Freitas	MELRES TRAIL RUNNING - ORDEM PARA ARREAR	Veterana F40	04:18:25	+01:11:40 10:20
10	1263	Sandra Arribança	Individual	Veterana F40	04:18:50	+01:12:05 10:21
11	1021	CRISTINA MARIA PEREIRA DA PALMA	Agarrados	Veterana F40	04:22:27	+01:15:42 10:30
12	1422	Ana Margarida Nogueira Coelho	Not Run Alone	Veterana F40	04:25:17	+01:18:32 10:37
13	1445	Ana Patrício Martiins Pomba	Os Trinca Espinhas	Veterana F40	04:39:51	+01:33:06 11:12
14	1358	Paula Falacho	LIZ RUNNERS	Veterana F40	04:43:09	+01:36:24 11:20
15	1258	Dulce Carvalho	Individual	Veterana F40	04:46:46	+01:40:01 11:28
16	1439	Manuela Arantes	OriEstarreja	Veterana F40	04:48:15	+01:41:30 11:32
17	1024	Gloria Monteiro	All About Sport Events	Veterana F40	04:55:58	+01:49:13 11:50
18	1356	Ana Gomes	LIZ RUNNERS	Veterana F40	05:00:13	+01:53:28 12:01
19	1522	Susana Santos	Individual	Veterana F40	05:00:53	+01:54:08 12:02
20	1383	Ana Cristina Nogueira Lopes	MILLENNIUM BCP	Veterana F40	05:16:25	+02:09:40 12:39
21	1264	Susete Marques	Individual	Veterana F40	05:23:25	+02:16:40 12:56
22	1122	Inês Barroso	De Sedentário a Maratonista	Veterana F40	05:35:41	+02:28:56 13:26
23	1259	Joana Paulo de Sousa Martins	Individual	Veterana F40	06:14:31	+03:07:46 14:59
24	1102	Carla Raposo	CORRER LISBOA	Veterana F40	06:17:28	+03:10:43 15:06
25	1076	Dulce Morêda	Clube Zupper	Veterana F40	07:01:44	+03:54:59 16:52
26	1005	Maria Joao Fernandes Cardoso	A+ / Loja do Atleta	Veterana F40	07:16:52	+04:10:07 17:28

Veterana F50

1	1265	Almerinda Velez	Individual	Veterana F50	04:00:12	09:36
2	1089	paula vidas	Coimbra Trail Running	Veterana F50	04:07:29	+07:17 09:54
3	1516	Eunice Paula Loureiro	Viriathvs Runners Viseu	Veterana F50	04:11:07	+10:55 10:03
4	1474	Claudia Pargana	RUN 4 FUN	Veterana F50	04:13:19	+13:07 10:08
5	1120	Isabel Maria Teixeira Araujo	CTAD TRILHOS DE CINFÃES	Veterana F50	04:22:14	+22:02 10:29
6	1054	dolores gonzalez enriquez	Bugallasmobles&Victorpazos	Veterana F50	04:33:44	+33:32 10:57
7	1429	Isabel Trindade	O Mundo da Corrida	Veterana F50	04:44:14	+44:02 11:22
8	1384	ROSIMEIRE SERAFIM	MILLENNIUM BCP	Veterana F50	06:27:12	+02:27:00 15:29
9	1267	Maria José dos Santos Batista	Individual	Veterana F50	07:03:42	+03:03:30 16:57

Trilhos 25km

25 KM



OFFICIAL RESULT

Veterano M40

1	1479	Armandino Tabora	Satecnosol Outdoor / La Sportiva	Veterano M40	02:32:21		06:06
2	1130	André Guedes	Dr. Merino/Nutrifit	Veterano M40	02:32:53	+00:32	06:07
3	1093	Nuno Coelho	Coimbra Trail Running	Veterano M40	02:38:04	+05:43	06:19
4	1371	Renato Vaz	LIZ RUNNERS	Veterano M40	02:50:50	+18:29	06:50
5	1103	Nuno Filipe Gil Silva	CORRER LISBOA	Veterano M40	02:53:46	+21:25	06:57
6	1332	David Lopes dos Santos	Juventude Vidigalense	Veterano M40	02:55:44	+23:23	07:02
7	1309	Telmo Almeida	Individual	Veterano M40	02:56:20	+23:59	07:03
8	1053	Pedro Anselmo	Btrain	Veterano M40	02:56:56	+24:35	07:05
9	1306	Rui Cruz	Individual	Veterano M40	02:56:58	+24:37	07:05
10	1289	Laurentino Manuel Simões Martins	Individual	Veterano M40	03:00:19	+27:58	07:13
11	1152	Alexandre Mendes	Fire Team BVMC	Veterano M40	03:02:58	+30:37	07:19
12	1162	Ricardo Francisco Sousa AIRES	Fridão Sem Limites	Veterano M40	03:03:37	+31:16	07:21
13	1492	João Farinhas	Tálenos Team	Veterano M40	03:04:12	+31:51	07:22
14	1018	José Pedro Gomes Meneses	ADEFACEC	Veterano M40	03:05:09	+32:48	07:24
15	1075	Adriano Coutinho	Clube Nortada - Murtosa Night Runners	Veterano M40	03:06:01	+33:40	07:26
16	1436	Licínio José Antunes Sequeira	O Mundo da Corrida	Veterano M40	03:07:24	+35:03	07:30
17	1301	pedro nuno serra pires	Individual	Veterano M40	03:07:30	+35:09	07:30
18	1161	Manuel Avelino Reis Pinheiro	Fridão Sem Limites	Veterano M40	03:07:49	+35:28	07:31
19	1442	Lúcio da rocha Alves	Os Papatrilhos	Veterano M40	03:08:07	+35:46	07:31
20	1517	SERGIO PAULO	Viriathvs Runners Viseu	Veterano M40	03:09:27	+37:06	07:35
21	1043	Ricardo Aguiar	ASSS Columbófila Cantanhede	Veterano M40	03:14:58	+42:37	07:48
22	1405	MARCO ALEXANDRE DE SOUSA ROSA	NDAP	Veterano M40	03:15:45	+43:24	07:50
23	1525	JOÃO ROSINHA	GOES TRAIL	Veterano M40	03:16:59	+44:38	07:53
24	1310	Toni bento	Individual	Veterano M40	03:17:12	+44:51	07:53
25	1362	Gonçalo Nuno Barreiro	LIZ RUNNERS	Veterano M40	03:17:32	+45:11	07:54
26	1284	João Jaques	Individual	Veterano M40	03:17:45	+45:24	07:55
27	1416	ARNALDO SANTOS	NOCTURNOS DE PAREDES	Veterano M40	03:17:49	+45:28	07:55
28	1333	Nuno Filipe Lopes Baltazar	Juventude Vidigalense	Veterano M40	03:18:18	+45:57	07:56
29	1037	Marco Rodrigues	ARSM-Associação Recreativa de S. Miguel	Veterano M40	03:20:37	+48:16	08:01
30	1399	RUI CARLOS SILVA DE AZEVEDO	MTT	Veterano M40	03:20:53	+48:32	08:02
31	1372	Ricardo Gonçalves	LIZ RUNNERS	Veterano M40	03:22:01	+49:40	08:05
32	1030	Paulo Onofre	AMCF-Arrábida Trail Team	Veterano M40	03:23:00	+50:39	08:07
33	1165	Paulo Baptista	GAZELAS Running.figueira	Veterano M40	03:24:28	+52:07	08:11
34	1181	Pedro Costa	Gtt armazém do Caffè	Veterano M40	03:24:47	+52:26	08:11
35	1094	Paulo J Carvalho	Coimbra Trail Running	Veterano M40	03:27:28	+55:07	08:18
36	1402	Paulo Alexandre da Fonseca Amadeu	MULTIPOWER GAIA TRAIL	Veterano M40	03:28:09	+55:48	08:20
37	1404	Gonçalo Valente	Não Fazemos Nem Mais Um...Km	Veterano M40	03:28:48	+56:27	08:21
38	1280	Francisco José dos Santos Vicente da Silva	Individual	Veterano M40	03:29:02	+56:41	08:22
39	1329	João Alberto	JOBRINDE - MONTES SALOIOS	Veterano M40	03:30:09	+57:48	08:24
40	1460	Miguel Lino	PROAVENTURAS	Veterano M40	03:30:42	+58:21	08:26
41	1285	José Coelho	Individual	Veterano M40	03:31:22	+59:01	08:27
42	1166	Fausto José Pereira Neves	GD- Grupo Desportivo Pesqueira	Veterano M40	03:31:47	+59:26	08:28

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Trilhos 25km

[illegible]

25 KM

OFFICIAL RESULT

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43	1029	Paulo Jorge Nunes Freire	ALN	Veterano M40	03:31:54	+59:33	08:29
44	1364	João Salgueiro	LIZ RUNNERS	Veterano M40	03:33:59	+01:01:38	08:34
45	1092	Jaime Carvalho	Coimbra Trail Running	Veterano M40	03:34:48	+01:02:27	08:36
46	1137	Tony Alberto Seródio Marques	ESPAÇO SAÚDE	Veterano M40	03:35:54	+01:03:33	08:38
47	1453	Vitor Martins	Pocariça Runners	Veterano M40	03:35:54	+01:03:33	08:38
48	1090	Bruno Martelo	Coimbra Trail Running	Veterano M40	03:36:14	+01:03:53	08:39
49	1339	Nuno Marques	KeMedo Team	Veterano M40	03:36:26	+01:04:05	08:39
50	1160	António Joaquim Teixeira Alves	Fridão Sem Limites	Veterano M40	03:36:52	+01:04:31	08:40
51	1282	Hugo Miguel Sioga	Individual	Veterano M40	03:37:19	+01:04:58	08:42
52	1311	Vitor José Santos Mota	Individual	Veterano M40	03:37:44	+01:05:23	08:43
53	1095	Renato Ferreira	Coimbra Trail Running	Veterano M40	03:41:36	+01:09:15	08:52
54	1370	Paulo Alves	LIZ RUNNERS	Veterano M40	03:43:18	+01:10:57	08:56
55	1296	Nuno Filipe Quitério Almeida	Individual	Veterano M40	03:45:02	+01:12:41	09:00
56	1055	diego fernandez lopez	Bugallasmobles&Victorpazos	Veterano M40	03:46:51	+01:14:30	09:04
57	1291	Manuel Antunes	Individual	Veterano M40	03:48:47	+01:16:26	09:09
58	1431	Luis Martins	O Mundo da Corrida	Veterano M40	03:49:28	+01:17:07	09:11
59	1272	Bruno casimiro	Individual	Veterano M40	03:49:28	+01:17:07	09:11
60	1119	Humberto Almeida	CTAD TRILHOS DE CINFÃES	Veterano M40	03:53:01	+01:20:40	09:19
61	1288	JOSE OLIVEIRA	Individual	Veterano M40	03:54:00	+01:21:39	09:22
62	1420	Nuno Salgado	NOCTURNOS DE PAREDES	Veterano M40	03:54:04	+01:21:43	09:22
63	1281	Hermenegildo Manuel Soares dias Santos	Fire Team BVMC	Veterano M40	03:54:17	+01:21:56	09:22
64	1292	Miguel Judas	Individual	Veterano M40	03:55:00	+01:22:39	09:24
65	1397	Mario Sequeira	Mountain trails	Veterano M40	03:56:22	+01:24:01	09:27
66	1276	Carlos Manuel Oliveira Canais	Individual	Veterano M40	03:57:32	+01:25:11	09:30
67	1367	Nelson Perpétua	LIZ RUNNERS	Veterano M40	03:59:04	+01:26:43	09:34
68	1295	Nuno Ferreira	Individual	Veterano M40	04:00:48	+01:28:27	09:38
69	1139	Carlos Pereira	Eu+ Ginásio LMA	Veterano M40	04:01:43	+01:29:22	09:40
70	1509	Paulo Carvalho	Tomar Runners	Veterano M40	04:02:14	+01:29:53	09:41
71	1056	sergio fernandez rodriguez	Bugallasmobles&Victorpazos	Veterano M40	04:03:07	+01:30:46	09:43
72	1006	Rafael Antonio Gaspar Bronze Pinto	ACRM Silveirinha Claras	Veterano M40	04:03:37	+01:31:16	09:45
73	1461	Sérgio Casal	PROAVENTURAS	Veterano M40	04:05:57	+01:33:36	09:50
74	1305	Ricardo Meireles	Individual	Veterano M40	04:06:36	+01:34:15	09:52
75	1417	Hugo Cortez Marques	NOCTURNOS DE PAREDES	Veterano M40	04:06:36	+01:34:15	09:52
76	1001	Carlos Vilaça	100 Fôlego	Veterano M40	04:08:31	+01:36:10	09:56
77	1008	Jorge Ribeiro	ADCR Polícia Judiciária	Veterano M40	04:09:27	+01:37:06	09:59
78	1505	Joaquim Claudio Rodrigues Figueira	Team33	Veterano M40	04:09:31	+01:37:10	09:59
79	1104	Pedro Miguel Bessa Mendes de Brito Serra	CORRER LISBOA	Veterano M40	04:10:14	+01:37:53	10:01
80	1361	Esmeraldo Prudêncio	LIZ RUNNERS	Veterano M40	04:10:15	+01:37:54	10:01
81	1307	Rui Manuel da Rosa Colaço	Individual	Veterano M40	04:10:18	+01:37:57	10:01
82	1153	João Paulo Massas Quintas	FKC - ATeam	Veterano M40	04:10:24	+01:38:03	10:01
83	1274	Carlos Ferreira	Individual	Veterano M40	04:11:50	+01:39:29	10:04
84	1298	Paulo Godinho	Individual	Veterano M40	04:18:23	+01:46:02	10:20
85	1183	André Leão	Idealmed	Veterano M40	04:18:33	+01:46:12	10:21
86	1418	Nuno Alexandre	NOCTURNOS DE PAREDES	Veterano M40	04:20:20	+01:47:59	10:25
87	1290	Luís Serra Simões	Individual	Veterano M40	04:20:25	+01:48:04	10:25

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Trilhos 25km

25 KM

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OFFICIAL RESULT

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88	1066	Pedro Ribeiro	Chegamos ao fim	Veterano M40	04:22:06	+01:49:45	10:29
89	1156	José Carlos Soares	FOTHA	Veterano M40	04:23:06	+01:50:45	10:31
90	1360	Diogo Caseiro	LIZ RUNNERS	Veterano M40	04:23:24	+01:51:03	10:32
91	1363	Guilherme Gomes	LIZ RUNNERS	Veterano M40	04:24:38	+01:52:17	10:35
92	1051	Ricardo Miguel Martins	BPI Runners	Veterano M40	04:24:49	+01:52:28	10:36
93	1133	Paulo Vilaverde	EDV - Viana Trail	Veterano M40	04:25:39	+01:53:18	10:38
94	1327	Paulo Jorge Cardoso Gonçalves	Individual	Veterano M40	04:29:46	+01:57:25	10:47
95	1396	Antonio José Alves de Carvalho	Motores a Broa	Veterano M40	04:34:56	+02:02:35	11:00
96	1377	fausto Sá	Manos Sá	Veterano M40	04:36:10	+02:03:49	11:03
97	1277	Carlos Sá	Individual	Veterano M40	04:36:10	+02:03:49	11:03
98	1067	Victor Ventura	Chegamos ao fim	Veterano M40	04:36:42	+02:04:21	11:04
99	1491	Nuno Belo	SS CGD	Veterano M40	04:39:12	+02:06:51	11:10
100	1430	António Ferreira	O Mundo da Corrida	Veterano M40	04:40:25	+02:08:04	11:13
101	1524	CARLOS CASTANHEIRA	GOES TRAIL	Veterano M40	04:41:08	+02:08:47	11:15
102	1275	Carlos Henrique	Individual	Veterano M40	04:41:22	+02:09:01	11:15
103	1155	André Campante	FOTHA	Veterano M40	04:43:38	+02:11:17	11:21
104	1508	João Paulo Alcobia	Tomar Runners	Veterano M40	04:44:02	+02:11:41	11:22
105	1297	Nuno Miguel Roque Teixeira Marques	Individual	Veterano M40	04:44:42	+02:12:21	11:23
106	1369	Nuno Vilela Marques	LIZ RUNNERS	Veterano M40	04:47:26	+02:15:05	11:30
107	1299	Paulo Jorge Jordão	Individual	Veterano M40	04:51:10	+02:18:49	11:39
108	1278	FERNANDO CUNHA	Individual	Veterano M40	04:51:17	+02:18:56	11:39
109	1025	Ricardo Teixeira	All About Sport Events	Veterano M40	04:52:46	+02:20:25	11:43
110	1419	Nuno Ricardo Moura Ferreira Gomes	NOCTURNOS DE PAREDES	Veterano M40	04:54:37	+02:22:16	11:47
111	1409	João Manuel oliveira afonso	NEL - Pédatleta	Veterano M40	04:56:13	+02:23:52	11:51
112	1157	Luís Miguel Martins	FOTHA	Veterano M40	04:56:28	+02:24:07	11:52
113	1287	José Manuel Lopes Francisco	Individual	Veterano M40	04:57:40	+02:25:19	11:54
114	1359	Armando Carmo	LIZ RUNNERS	Veterano M40	04:58:14	+02:25:53	11:56
115	1045	CARLOS SILVA FERREIRA	Autistic Runners	Veterano M40	05:01:49	+02:29:28	12:04
116	1312	Vítor Manuel Moreira Viana	Individual	Veterano M40	05:02:12	+02:29:51	12:05
117	1379	Célio Soares	Marco Runners	Veterano M40	05:02:24	+02:30:03	12:06
118	1308	Sérgio André da Cunha Brites	Individual	Veterano M40	05:02:48	+02:30:27	12:07
119	1386	RICARDO JORGE SALVADOR MENDES	MILLENNIUM BCP	Veterano M40	05:05:02	+02:32:41	12:12
120	1269	Alberto Cardoso	Individual	Veterano M40	05:07:20	+02:34:59	12:18
121	1385	KARSTEN SOMMER	MILLENNIUM BCP	Veterano M40	05:11:04	+02:38:43	12:27
122	1380	Luís Tavares	Me, myself and I	Veterano M40	05:14:51	+02:42:30	12:36
123	1365	Luis Sá	LIZ RUNNERS	Veterano M40	05:15:05	+02:42:44	12:36
124	1279	Filipe Madeira	Individual	Veterano M40	05:17:08	+02:44:47	12:41
125	1273	Bruno Filipe Fernandes Rodrigues	Individual	Veterano M40	05:23:45	+02:51:24	12:57
126	1286	JOSÉ LUÍS COELHO ROSA ABREU	Individual	Veterano M40	05:29:35	+02:57:14	13:11
127	1184	Marco Machado	Idealmed	Veterano M40	05:57:29	+03:25:08	14:18
128	1293	Miguel Piedade	Individual	Veterano M40	05:57:37	+03:25:16	14:18
129	1303	Rafael Marques	Individual	Veterano M40	06:08:32	+03:36:11	14:44

Trilhos 25km

[illegible][illegible]

25 KM

OFFICIAL RESULT

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REVISED

Veterano M50

1	1321	Manuel Lino Costa	Individual	Veterano M50	02:45:43	06:38
2	1462	José Vieira	PROAVENTURAS	Veterano M50	02:54:15	+08:32 06:58
3	1098	Paulo José Oliveira Gomes	Coimbra Trail Running	Veterano M50	02:57:36	+11:53 07:06
4	1038	José Correia	ARSM-Associação Recreativa de S. Miguel	Veterano M50	02:59:34	+13:51 07:11
5	1131	Luís Jorge ribeiro de Carvalho	Dr. Merino/Nutrifit	Veterano M50	03:08:04	+22:21 07:31
6	1099	Renato Ramos	Coimbra Trail Running	Veterano M50	03:13:15	+27:32 07:44
7	1398	Paulo Açafrão	Mountain trails	Veterano M50	03:20:05	+34:22 08:00
8	1320	José Luis Engrossa Amândio	Individual	Veterano M50	03:22:44	+37:01 08:07
9	1319	JORGE JOSÉ ANDRADE ASSUNÇÃO	Individual	Veterano M50	03:23:42	+37:59 08:09
10	1433	Pedro Beaumont	O Mundo da Corrida	Veterano M50	03:24:52	+39:09 08:12
11	1341	Arnaldo Santos	KO TRAIL RUNNING	Veterano M50	03:24:58	+39:15 08:12
12	1373	Mario Carvalho	LIZ RUNNERS	Veterano M50	03:25:27	+39:44 08:13
13	1046	Antonio José Machado Loureiro	Autistic Runners	Veterano M50	03:29:33	+43:50 08:23
14	1322	Paulo Nova	Individual	Veterano M50	03:31:46	+46:03 08:28
15	1058	manuel franco cividanes	Bugallasmobles&Victorpazos	Veterano M50	03:36:51	+51:08 08:40
16	1096	Carlos Galamba	Coimbra Trail Running	Veterano M50	03:40:40	+54:57 08:50
17	1097	José Botelho	Coimbra Trail Running	Veterano M50	03:41:47	+56:04 08:52
18	1003	José Freitas	A. A. Lebres do Sado	Veterano M50	03:46:51	+01:01:08 09:04
19	1432	Herbert Beaumont	O Mundo da Corrida	Veterano M50	03:52:19	+01:06:36 09:18
20	1175	Vitor Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M50	03:54:35	+01:08:52 09:23
21	1448	joão pedro de almeida liberal	Oz Extreme	Veterano M50	04:07:47	+01:22:04 09:55
22	1070	JOSE MIGUEL CRUZ PINTO	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M50	04:09:13	+01:23:30 09:58
23	1154	Fernando Manuel Cação Costa	FKC - ATeam	Veterano M50	04:10:24	+01:24:41 10:01
24	1403	Nuno Albuquerque	nadv.pt running team	Veterano M50	04:13:56	+01:28:13 10:09
25	1421	Antonio Carvalho	NOCTURNOS DE PAREDES	Veterano M50	04:15:14	+01:29:31 10:13
26	1174	Fernando Pereira	GONDOMAR FUTSAL CLUBE	Veterano M50	04:18:25	+01:32:42 10:20
27	1454	Luis Santos Poeira	Porto Runners	Veterano M50	04:18:46	+01:33:03 10:21
28	1374	Pedro Vendeirinho	LIZ RUNNERS	Veterano M50	04:19:25	+01:33:42 10:23
29	1443	luis neves	Os Snows	Veterano M50	04:23:39	+01:37:56 10:33
30	1044	Manuel Deus	AtletaCampioni	Veterano M50	04:24:43	+01:39:00 10:35
31	1315	Alexandre Manuel Viegas Maniés	Individual	Veterano M50	04:31:47	+01:46:04 10:52
32	1323	Van den Broeke Patrick	Individual	Veterano M50	04:32:19	+01:46:36 10:54
33	1057	dionisio ameal pacheco	Bugallasmobles&Victorpazos	Veterano M50	04:35:11	+01:49:28 11:00
34	1318	João Paulo Balau	Individual	Veterano M50	04:35:37	+01:49:54 11:01
35	1487	António Simões	Slow Runners Pombal	Veterano M50	04:36:40	+01:50:57 11:04
36	1317	João Cavadas	Individual	Veterano M50	04:39:18	+01:53:35 11:10
37	1026	Paulo Leite	All About Sport Events	Veterano M50	04:39:50	+01:54:07 11:12
38	1324	Vitor Luis Pratas dos Santos	Individual	Veterano M50	04:42:53	+01:57:10 11:19
39	1510	Ricardo Baptista	Tomar Runners	Veterano M50	04:56:46	+02:11:03 11:52
40	1314	Alberto Galamba	Individual	Veterano M50	05:11:43	+02:26:00 12:28
41	1101	José Moutinho	Confraria Trotamontes	Veterano M50	05:25:01	+02:39:18 13:00
42	1387	Paulo Jorge Sousa Cardigos	MILLENNIUM BCP	Veterano M50	06:27:12	+03:41:29 15:29
43	1316	Flavio Manuel Assunção de Oliveira	Individual	Veterano M50	07:03:42	+04:17:59 16:57

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25 KM

OFFICIAL RESULT

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REVISED

1	1073	José Eufrásio	Clube Fluvial de Coimbra	Veterano M60	03:45:30	09:01
2	1027	Lino Moreira	All About Sport Events	Veterano M60	03:57:20	+11:50 09:30
3	1326	José Monteiro	Individual	Veterano M60	03:59:26	+13:56 09:35
4	1440	jose moura de sousa	OS BARRIGUITAS	Veterano M60	04:38:39	+53:09 11:09
5	1434	Fernando Luis	O Mundo da Corrida	Veterano M60	04:44:14	+58:44 11:22
6	1325	Eduardo Correia	Individual	Veterano M60	05:45:26	+01:59:56 13:49

COLETIVA 25K[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	Coimbra Trail Running	8 + 11 + 15	34
2	Dr. Merino/Nutrifit	4 + 7 + 32	43
3	ARSM-Associação Recreativa de S. Miguel	24 + 33 + 51	108
4	Fire Team BVMC	14 + 37 + 61	112
5	LIZ RUNNERS	17 + 18 + 82	117
6	ADEFACEC	39 + 41 + 42	122
7	KeMedo Team	29 + 43 + 69	141
8	Juventude Vidigalense	25 + 59 + 86	170
9	NOCTURNOS DE PAREDES	56 + 57 + 84	197
10	Gtt armazém do Caffè	10 + 90 + 106	206
11	ASSS Columbófila Cantanhede	70 + 72 + 73	215
12	O Mundo da Corrida	48 + 62 + 107	217
13	Fridão Sem Limites	38 + 52 + 157	247
14	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	9 + 109 + 140	258
15	PROAVENTURAS	22 + 124 + 129	275
16	GOES TRAIL	78 + 81 + 117	276
17	CTAD TRILHOS DE CINFÃES	12 + 163 + 174	349
18	Tarahumara	60 + 152 + 201	413
19	Bugallasmobles&Victorpazos	156 + 188 + 237	581
20	GONDOMAR FUTSAL CLUBE	121 + 207 + 291	619
21	MULTIPOWER GAIA TRAIL	119 + 253 + 281	653
22	Tomar Runners	55 + 235 + 379	669
23	NEL - Pédatleta	87 + 286 + 317	690
24	Kondores Trail Running	205 + 215 + 277	697
25	Desnível Positivo	20 + 358 + 359	737
26	All About Sport Events	167 + 212 + 365	744
27	CORRER LISBOA	21 + 268 + 456	745
28	Slow Runners Pombal	230 + 231 + 351	812
29	Chegamos ao fim	199 + 310 + 353	862
30	Rainha Club	303 + 304 + 305	912
31	Grupo Desportivo da Parreira	209 + 339 + 425	973
32	Agarrados	313 + 314 + 442	1069
33	Corridas De Pernas Pro Ar	356 + 357 + 377	1090
34	FOTHA	315 + 378 + 403	1096
35	Idealmed	294 + 410 + 450	1154
36	MILLENNIUM BCP	422 + 426 + 430	1278