

TRILHOS DOS ABUTRES 23K

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:30	11,8°C	86,7%
End	16:39	11,8°C	86,7%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1134	Diogo Fernandes	offtel runners	Senior Masculino	02:36:03		06:47
2	1424	Armandino Taborda	longus trilhos	Veterano M40	02:43:22	+07:19	07:06
3	1379	FERNANDO CARVALHO	ctt coimbra	Senior Masculino	02:44:09	+08:06	07:08
4	1400	João Pimentel	individual	Senior Masculino	02:45:16	+09:13	07:11
5	1028	João Pedro Pedrosa Nunes	multipower gaia trail	Senior Masculino	02:47:32	+11:29	07:17
6	1171	Nuno Miguel Gonçalves Gravito	pinhal total - oleiros aventura	Senior Masculino	02:52:21	+16:18	07:30
7	1073	Marco Carlos Correia Carvalho	fire team bvmc	Senior Masculino	02:52:54	+16:51	07:3
8	1377	João Pedro Rodrigues	individual	Senior Masculino	02:53:04	+17:01	07:31
9	1129	Rui Casaleiro	offtel runners	Veterano M45	02:53:53	+17:50	07:34
10	1205	Guilherme Neto	sunset runners	Senior Masculino	02:55:51	+19:48	07:39
11	1049	Tiago Aragão	ctad tiagoaragao.com	Senior Masculino	02:56:36	+20:33	07:41
12	1088	Joel António Santos Martins	juventude vidigalense	Senior Masculino	02:56:56	+20:53	07:42
13	1054	Fernando dos Reis Baltazar	excepçãoobtt	Veterano M45	02:57:26	+21:23	07:43
14	1101	Nuno Braga	montanha clube trail running	Senior Masculino	02:58:39	+22:36	07:46
15	1112	Carlos Correia	o mundo da corrida	Senior Masculino	02:59:07	+23:04	07:47
16	1260	José Manuel Antunes Correia	individual	Veterano M45	03:00:59	+24:56	07:52
17	1133	Diogo Baena	offtel runners	Senior Masculino	03:02:11	+26:08	07:55
18	1394	Sérgio Morais	individual	Senior Masculino	03:03:40	+27:37	07:59
19	1009	Pedro Miguel Batista	arism - associação recreativa de s. miguel	Senior Masculino	03:04:28	+28:25	08:01
20	1072	Joaquim Dias de Paiva	fire team bvmc	Senior Masculino	03:04:40	+28:37	08:02
21	1050	Victor Fernandes	ctad tiagoaragao.com	Senior Masculino	03:05:43	+29:40	08:04
22	1421	Rui Pedro Almeida Costa	c.a.s.p.a./greenroc	Senior Masculino	03:07:02	+30:59	08:08
23	1434	João Sanches	c.a.s.p.a./greenroc	Veterano M45	03:09:05	+33:02	08:13
24	1008	Orlando Manuel Pires	arism - associação recreativa de s. miguel	Veterano M40	03:09:30	+33:27	08:14
25	1450	Manuel Lino Costa	individual	Veterano M55	03:09:34	+33:31	08:15
26	1388	Tiago Manuel Serodio Gaspar	individual	Senior Masculino	03:10:38	+34:35	08:17
27	1432	Rui Manuel Agapito Marques	clube portugal telecom	Veterano M50	03:10:44	+34:41	08:18
28	1130	André João Fonseca	offtel runners	Senior Masculino	03:11:21	+35:18	08:19
29	1162	Patricia Serafim	osc/ipa	Senior Feminino	03:12:31	+36:28	08:22
30	1055	Miguel Ferreira	excepçãoobtt	Senior Masculino	03:12:42	+36:39	08:23
31	1069	Francisco Jose Patricio Ricardo	fire team bvmc	Senior Masculino	03:12:52	+36:49	08:23
32	1097	Luís Trindade	monsanto running team	Senior Masculino	03:12:53	+36:50	08:23
33	1047	Pedro Fernandes	ctad tiagoaragao.com	Senior Masculino	03:13:01	+36:58	08:24
34	1179	Marco Rosa	proaventuras	Senior Masculino	03:13:22	+37:19	08:24
35	1225	Bruno Figueiredo	offtel runners	Sub 23 Masculino	03:15:05	+39:02	08:29
36	1352	David Rodrigues Quelhas	individual	Sub 23 Masculino	03:16:25	+40:22	08:32
37	1056	Nuno Saraiva	excepçãoobtt	Senior Masculino	03:17:00	+40:57	08:34
38	1211	Sérgio Manuel Moreira Duarte	team duas faces	Senior Masculino	03:17:20	+41:17	08:35
39	1166	JOAQUIM GONÇALVES	individual	Senior Masculino	03:17:25	+41:22	08:35
40	1151	Patricia Carreira	offtel runners	Sub 23 Feminino	03:18:02	+41:59	08:37
41	1382	helder gomes	individual	Senior Masculino	03:18:37	+42:34	08:38
42	1170	Carlos ILOURENÇO	pinhal total - oleiros aventura	Veterano M40	03:19:05	+43:02	08:39

Official Timekeeper: Lap2Go	1 / 9	generate 27-Jan-2014 11:33
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TRILHOS DOS ABUTRES 23K

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
43	1446	Paulo Renato Sousa Marreiros	idealmed	Senior Masculino	03:19:46	+43:43	08:41
44	1206	Jaime Goes	sunset runners	Senior Masculino	03:20:31	+44:28	08:43
45	1046	Paulo César Ferreira	ctad tiagoaragao.com	Senior Masculino	03:20:32	+44:29	08:43
46	1051	Vitor Amaral	ctad tiagoaragao.com	Senior Masculino	03:20:32	+44:29	08:43
47	1335	Nuno Pimenta	individual	Senior Masculino	03:20:40	+44:37	08:43
48	1002	Cristina Marlene Couceiro	arsm - associação recreativa de s. miguel	Senior Feminino	03:20:42	+44:39	08:44
49	1126	Rui Ferreira	o mundo da corrida	Senior Masculino	03:21:45	+45:42	08:46
50	1182	Pedro Sousa	proaventuras	Veterano M55	03:21:55	+45:52	08:47
51	1372	Jorge Costa	individual	Senior Masculino	03:22:36	+46:33	08:49
52	1065	Joao Pedro Almeida Rodrigues	fire team bvmc	Senior Masculino	03:25:06	+49:03	08:55
53	1444	Carlos Soares	ctad tiagoaragao.com	Senior Masculino	03:25:14	+49:11	08:55
54	1102	Renato Barros	montanha clube trail running	Veterano M45	03:25:49	+49:46	08:57
55	1006	Marco Rodrigues	arsm - associação recreativa de s. miguel	Senior Masculino	03:26:31	+50:28	08:59
56	1168	Rui Rodrigues	paratrail running	Deficiente Masculino	03:28:23	+52:20	09:04
57	1120	José Simões	o mundo da corrida	Veterano M50	03:29:24	+53:21	09:06
58	1359	Mario Silva Cardoso	individual	Veterano M60	03:31:08	+55:05	09:11
59	1257	Tiago Daniel Correia Rodrigues	individual	Senior Masculino	03:31:33	+55:30	09:12
60	1413	Luis Freitas	individual	Veterano M40	03:31:48	+55:45	09:13
61	1098	Bruno Marques	montanha clube trail running	Senior Masculino	03:31:54	+55:51	09:13
62	1044	Joana Tomás	ctad tiagoaragao.com	Senior Feminino	03:31:58	+55:55	09:13
63	1248	OSCAR JOSE DE OLIVEIRA LOUREIRO SILVA	individual	Veterano M45	03:32:04	+56:01	09:13
64	1330	Hugo Manuel Fernandes Pereira	individual	Senior Masculino	03:32:06	+56:03	09:13
65	1079	Tiago Manuel Fernandes Mateus	fire team bvmc	Senior Masculino	03:32:10	+56:07	09:13
66	1242	Paulo Miguel Pereira Viegas	individual	Senior Masculino	03:32:24	+56:21	09:14
67	1210	Eduardo Merino	team duas faces	Senior Masculino	03:33:44	+57:41	09:18
68	1401	henrique madeira	individual	Senior Masculino	03:33:53	+57:50	09:18
69	1063	Hugo Caldeira	fast n furious	Senior Masculino	03:34:09	+58:06	09:19
70	1132	Daniel Gomes	offtel runners	Senior Masculino	03:34:28	+58:25	09:19
71	1412	Arnaldo Santos	individual	Veterano M45	03:36:28	+01:00:25	09:25
72	1104	Jorge Costa	mountain trail team / cesta da camponesa	Veterano M40	03:38:27	+01:02:24	09:30
73	1143	Mário carvalho	offtel runners	Veterano M55	03:38:34	+01:02:31	09:30
74	1165	Nelson Santos	paratrail running	Deficiente Masculino	03:38:41	+01:02:38	09:30
75	1255	Henrique Pinto	individual	Senior Masculino	03:39:11	+01:03:08	09:32
76	1241	Fernando Carneiro	offtel runners	Senior Masculino	03:39:26	+01:03:23	09:32
77	1176	Filipa Fernandes	proaventuras	Senior Feminino	03:40:11	+01:04:08	09:34
78	1180	Miguel Santos	proaventuras	Veterano M40	03:40:12	+01:04:09	09:34
79	1338	Sérgio Moreira	individual	Senior Masculino	03:40:30	+01:04:27	09:35
80	1058	Richard Vaudin	delucci team	Veterano M45	03:43:30	+01:07:27	09:43
81	1062	Ricardo Jorge Cruz Almeida Pinhão	excepçãoobtt	Senior Masculino	03:43:56	+01:07:53	09:44
82	1043	Eduardo Teixeira	ctad tiagoaragao.com	Veterano M45	03:44:57	+01:08:54	09:47
83	1000	Leonel Duarte Cordeiro	4trail	Veterano M40	03:45:42	+01:09:39	09:49
84	1119	Jorge Tiago	o mundo da corrida	Veterano M40	03:47:25	+01:11:22	09:53
85	1235	PAULO MAGANO	individual	Senior Masculino	03:47:45	+01:11:42	09:54
86	1184	Bruno Mendes	prr/ad quinta	Sub 23 Masculino	03:47:53	+01:11:50	09:54
87	1207	Fernando Lopes	team duas faces	Senior Masculino	03:48:32	+01:12:29	09:56

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23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
88	1246	Bruno Manuel Oliveira Paiva	individual	Senior Masculino	03:48:40	+01:12:37	09:57
89	1325	José Luis Sobrino Rodríguez	individual	Veterano M40	03:48:40	+01:12:37	09:57
90	1425	Pedro Joao Reis	individual	Veterano M40	03:48:54	+01:12:51	09:57
91	1276	João Salgueiro	individual	Veterano M40	03:48:56	+01:12:53	09:57
92	1247	João Carlos Pingarilho Madruga	individual	Senior Masculino	03:49:26	+01:13:23	09:59
93	1217	FRANCISCO ARAGÃO	tnt - trilhos natura team	Senior Masculino	03:49:33	+01:13:30	09:59
94	1294	LEANDRO FREITAS	individual	Veterano M45	03:49:38	+01:13:35	09:59
95	1228	José Carvalho	individual	Veterano M45	03:49:53	+01:13:50	10:00
96	1441	Paolo Giacosa	k2run	Veterano M40	03:51:06	+01:15:03	10:03
97	1370	Sérgio Duarte	trepa montanhas btt	Senior Masculino	03:51:30	+01:15:27	10:04
98	1106	Rodrigo Selada	nel-pedatleta	Senior Masculino	03:52:35	+01:16:32	10:07
99	1323	Paula Diz Ferreiro	individual	Veterana F40	03:52:47	+01:16:44	10:07
100	1172	Pedro Manuel Cardoso da Fonseca Ferrão	pinhal total - oleiros aventura	Senior Masculino	03:52:49	+01:16:46	10:07
101	1405	Valdemar Oliveira	individual	Veterano M45	03:54:39	+01:18:36	10:12
102	1124	Pedro Beaumonte	o mundo da corrida	Veterano M50	03:54:52	+01:18:49	10:13
103	1443	Paulo Ramirez	slowdown trail running	Veterano M40	03:54:58	+01:18:55	10:13
104	1327	Pedro Nobre Rodrigues	individual	Senior Masculino	03:55:06	+01:19:03	10:13
105	1367	Filipe Primitivo (PRIMITIVO)	oftel runners	Senior Masculino	03:55:55	+01:19:52	10:15
106	1337	ARNALDO FERREIRA	individual	Senior Masculino	03:56:10	+01:20:07	10:16
107	1074	Ricardo Antonio Rodrigues Leal Fontes	fire team bvmc	Senior Masculino	03:56:43	+01:20:40	10:18
108	1411	Miguel Catarino	individual	Veterano M40	03:57:25	+01:21:22	10:19
109	1032	Lia Ferreira	cães d'avenida	Senior Feminino	03:57:25	+01:21:22	10:19
110	1308	Humberto Fábio da Silva Bezerra	individual	Senior Masculino	03:57:25	+01:21:22	10:19
111	1418	Mário Oliveira	individual	Senior Masculino	03:57:26	+01:21:23	10:19
112	1173	Angelo Letras	proaventuras	Senior Masculino	03:57:28	+01:21:25	10:19
113	1251	Luis Nunes	individual	Veterano M40	03:58:27	+01:22:24	10:22
114	1221	Miguel José Pereira Neves	ugas trail running	Senior Masculino	03:58:28	+01:22:25	10:22
115	1271	Pedro Miguel Silvério da Cruz	individual	Senior Masculino	03:59:30	+01:23:27	10:25
116	1259	Paulo Moreira	holmes place os ilhavos	Senior Masculino	04:00:09	+01:24:06	10:26
117	1116	Herbert Beaumont	o mundo da corrida	Veterano M55	04:00:52	+01:24:49	10:28
118	1048	Ricardo Ferreira	ctad tiagoaragao.com	Senior Masculino	04:00:59	+01:24:56	10:29
119	1059	Ricardo Jorge Marques Silva	excepçãobtt	Senior Masculino	04:01:09	+01:25:06	10:29
120	1300	Paulo Jorge Ferreira Barreto	individual	Senior Masculino	04:01:30	+01:25:27	10:30
121	1007	Moisés Manso Nunes	arsm - associação recreativa de s. miguel	Veterano M45	04:01:48	+01:25:45	10:31
122	1374	Bruno Alexandre Silva Vieira Gaspar	individual	Deficiente Masculino	04:01:49	+01:25:46	10:31
123	1010	Rui Miguel Barreirinhas	arsm - associação recreativa de s. miguel	Senior Masculino	04:02:21	+01:26:18	10:32
124	1240	Pedro Miguel Gomes Ferreira	individual	Senior Masculino	04:02:23	+01:26:20	10:32
125	1153	Pedro Fonseca	oftel runners	Senior Masculino	04:02:31	+01:26:28	10:33
126	1005	Luís António Inácio	arsm - associação recreativa de s. miguel	Senior Masculino	04:03:24	+01:27:21	10:35
127	1396	João Carvalho	individual	Senior Masculino	04:04:02	+01:27:59	10:37
128	1295	Joel Graça	individual	Senior Masculino	04:04:03	+01:28:00	10:37
129	1304	Rui Miguel Monteiro Soles Gonçalves	individual	Senior Masculino	04:04:37	+01:28:34	10:38
130	1239	Paulo Jorge Pinho Ferreira	individual	Veterano M45	04:05:04	+01:29:01	10:39

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23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
131	1142	Luis Lages	offtel runners	Veterano M45	04:07:17	+01:31:14	10:45
132	1408	Margarida Madeira	individual	Senior Feminino	04:07:53	+01:31:50	10:47
133	1219	João Cesar Grilo Ramos	ugas trail running	Sub 23 Masculino	04:08:04	+01:32:01	10:47
134	1447	Pedro Seabra	idealmed	Senior Masculino	04:08:22	+01:32:19	10:48
135	1155	Raquel Clemente	offtel runners	Senior Feminino	04:08:22	+01:32:19	10:48
136	1099	Goncalo Ferreira	montanha clube trail running	Senior Masculino	04:08:40	+01:32:37	10:49
137	1430	artur manuel caretas lopes	individual	Veterano M45	04:09:36	+01:33:33	10:51
138	1034	Luís Rei	clac - entroncamento	Veterano M60	04:10:23	+01:34:20	10:53
139	1437	Jorge Lestro	o mundo da corrida	Senior Masculino	04:10:23	+01:34:20	10:53
140	1122	Luis Manuel Silva	o mundo da corrida	Senior Masculino	04:10:49	+01:34:46	10:54
141	1013	JOÃO SALVADOR	minho aventura	Senior Masculino	04:10:51	+01:34:48	10:54
142	1445	Paulo Alexandre Lema Pelicano	idealmed	Veterano M40	04:11:13	+01:35:10	10:55
143	1169	Antonio Madeira	pickle films	Veterano M55	04:12:06	+01:36:03	10:58
144	1397	Marco Paulo Miranda Coelho Magalhães	individual	Senior Masculino	04:12:08	+01:36:05	10:58
145	1253	JOSE OLIVEIRA	individual	Veterano M40	04:12:14	+01:36:11	10:58
146	1016	Ivo Silva	associação desportiva da efacec	Senior Masculino	04:12:19	+01:36:16	10:58
147	1057	Ricardo José Marques Fernandes	excepçãobtt	Senior Masculino	04:12:29	+01:36:26	10:59
148	1150	Nuno Miguel Ferreira	offtel runners	Senior Masculino	04:12:45	+01:36:42	10:59
149	1045	Luis Ricardo Pereira	ctad tiagoaragao.com	Senior Masculino	04:12:47	+01:36:44	10:59
150	1033	Nuno Lima	cães d'avenida	Senior Masculino	04:12:52	+01:36:49	11:00
151	1031	João Velez de Lima	cães d'avenida	Senior Masculino	04:12:52	+01:36:49	11:00
152	1140	João Pedro Domingos	offtel runners	Veterano M40	04:13:22	+01:37:19	11:01
153	1404	Nuno A Silva	turbulentos	Senior Masculino	04:13:24	+01:37:21	11:01
154	1439	Fausto Moreira	holmes place os ilhavos	Senior Masculino	04:13:32	+01:37:29	11:01
155	1218	Daniel Marques Santos	ugas trail running	Senior Masculino	04:13:34	+01:37:31	11:01
156	1299	David Francisco Ventura Amado	individual	Sub 23 Masculino	04:14:07	+01:38:04	11:03
157	1108	Daniel Filipe Lacerda	núcleo de montanha de espinho	Senior Masculino	04:14:08	+01:38:05	11:03
158	1341	Sérgio Gonçalo	individual	Senior Masculino	04:14:15	+01:38:12	11:03
159	1107	Cristina Gomes	núcleo de montanha de espinho	Senior Feminino	04:14:31	+01:38:28	11:04
160	1395	pedro marques	individual	Senior Masculino	04:15:14	+01:39:11	11:06
161	1017	Marco Lourenço	associação desportiva da efacec	Senior Masculino	04:15:24	+01:39:21	11:06
162	1245	Joel Valente	nel-pedatleta	Senior Masculino	04:15:53	+01:39:50	11:08
163	1305	João Diogo Mendes Martins	individual	Senior Masculino	04:16:05	+01:40:02	11:08
164	1451	José Miguel Machado Marques dos Santos	individual	Veterano M40	04:16:14	+01:40:11	11:08
165	1227	Vitor Pedro Silva	individual	Senior Masculino	04:16:14	+01:40:11	11:08
166	1371	José Coelho	individual	Senior Masculino	04:16:25	+01:40:22	11:09
167	1302	JAVIER BLANCO AQUINO	individual	Senior Masculino	04:18:18	+01:42:15	11:14
168	1216	Fernando Gabriel Reis Leite	tnt - trilhos natura team	Senior Masculino	04:18:30	+01:42:27	11:14
169	1422	André Saleiro	edv-viana trail	Veterano M40	04:18:47	+01:42:44	11:15
170	1282	Ricardo Marques	individual	Senior Masculino	04:19:11	+01:43:08	11:16
171	1267	Ricardo Areias	oralklass amigos do trail	Sub 23 Masculino	04:19:55	+01:43:52	11:18
172	1208	João Neves Moutinho	team duas faces	Senior Masculino	04:20:04	+01:44:01	11:18
173	1021	Miguel Fernando Pires de Carvalho	associação naval de lisboa	Veterano M40	04:20:05	+01:44:02	11:18
174	1312	Tiago José Neves Simões	individual	Senior Masculino	04:20:21	+01:44:18	11:19
175	1419	Tiago Figueiredo	individual	Senior Masculino	04:20:21	+01:44:18	11:19

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23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
176	1089	Pedro Jorge Costa Santos	café são martinho	Senior Masculino	04:20:30	+01:44:27	11:20
177	1220	Leonel Fonseca Ramos	ugas trail running	Senior Masculino	04:20:42	+01:44:39	11:20
178	1145	Miguel Mota	offtel runners	Veterano M40	04:20:45	+01:44:42	11:20
179	1157	Rogério Antunes	offtel runners	Senior Masculino	04:20:56	+01:44:53	11:21
180	1144	Mario Salgueiro	offtel runners	Senior Masculino	04:20:56	+01:44:53	11:21
181	1270	Luís Manuel Gomes Veríssimo	individual	Veterano M40	04:21:32	+01:45:29	11:22
182	1376	Henrique Narciso	c.a.s.p.a./greenroc	Veterano M45	04:22:06	+01:46:03	11:24
183	1264	Nuno Filipe Correia Rodrigues	individual	Veterano M40	04:22:10	+01:46:07	11:24
184	1025	Luis paulo PitA	blackbulls adcrp/cni	Senior Masculino	04:22:37	+01:46:34	11:25
185	1026	Nelson Machado Gois	blackbulls adcrp/cni	Veterano M40	04:22:37	+01:46:34	11:25
186	1433	José Brito	c.a.s.p.a./greenroc	Veterano M40	04:23:10	+01:47:07	11:27
187	1147	Nelson Perpétua	offtel runners	Senior Masculino	04:23:53	+01:47:50	11:28
188	1343	Miguel Judas	individual	Veterano M40	04:24:46	+01:48:43	11:31
189	1244	Cláudia Nunes	individual	Senior Feminino	04:26:54	+01:50:51	11:36
190	1386	Artur Ferreira	individual	Veterano M40	04:26:54	+01:50:51	11:36
191	1383	Leonardo Martins Crisóstomo	individual	Senior Masculino	04:27:02	+01:50:59	11:37
192	1190	Pedro Miguel Da Silva Oliveira	run team lantermil	Senior Masculino	04:27:52	+01:51:49	11:39
193	1103	Rui Carvalho	montanha clube trail running	Veterano M40	04:29:04	+01:53:01	11:42
194	1310	Anabela Maria Rainho	individual	Senior Feminino	04:30:30	+01:54:27	11:46
195	1309	Fernando Martins Mateus	individual	Veterano M55	04:30:30	+01:54:27	11:46
196	1265	Carlos Otão	individual	Veterano M40	04:30:32	+01:54:29	11:46
197	1316	João Vaz	individual	Senior Masculino	04:30:33	+01:54:30	11:46
198	1311	Paulo Pinto	individual	Veterano M50	04:30:33	+01:54:30	11:46
199	1328	Gabriel Revez	individual	Senior Masculino	04:30:46	+01:54:43	11:46
200	1336	José Augusto Castro Marques	individual	Senior Masculino	04:30:46	+01:54:43	11:46
201	1100	Luciano Costa	montanha clube trail running	Senior Masculino	04:30:49	+01:54:46	11:46
202	1105	Maria Lurdes Gil	mountain trail team / cesta da camponesa	Veterana F40	04:31:30	+01:55:27	11:48
203	1368	PEDRO JORGE JERONIMO VAZ	individual	Senior Masculino	04:32:04	+01:56:01	11:50
204	1392	Paulo Polónio	individual	Veterano M45	04:32:05	+01:56:02	11:50
205	1019	Vitor Matos	associação desportiva da efacec	Senior Masculino	04:32:41	+01:56:38	11:51
206	1185	Bruno Rocha	prt/ad quinta	Senior Masculino	04:33:16	+01:57:13	11:53
207	1406	Pedro Manuel Domingues Ferreira da Maia	individual	Veterano M50	04:33:19	+01:57:16	11:53
208	1410	Miguel Almeida	individual	Veterano M40	04:33:19	+01:57:16	11:53
209	1052	Filipe (Black Bay) Goncalves	desnível positivo	Veterano M45	04:33:37	+01:57:34	11:54
210	1250	Armando Cruz	individual	Veterano M45	04:34:12	+01:58:09	11:55
211	1389	Pedro Carmo - CLAC Entroncamento	clac - entroncamento	Senior Masculino	04:34:32	+01:58:29	11:56
212	1204	Eurico Marçal	sunset runners	Senior Masculino	04:34:35	+01:58:32	11:56
213	1254	Marco Veludo Pires	individual	Senior Masculino	04:34:50	+01:58:47	11:57
214	1164	Ricardo Ferreira	ourteam	Senior Masculino	04:35:09	+01:59:06	11:58
215	1114	Fernando Luis	o mundo da corrida	Veterano M60	04:35:30	+01:59:27	11:59
216	1118	Isabel Trindade	o mundo da corrida	Veterana F45	04:35:34	+01:59:31	11:59
217	1345	Karina Moura	individual	Veterana F40	04:37:04	+02:01:01	12:03
218	1358	Alberto Costa Almeida	individual	Veterano M45	04:37:31	+02:01:28	12:04
219	1232	João Paradinha	individual	Veterano M40	04:37:59	+02:01:56	12:05
220	1167	Paulo Jorge da Silva Costa	paratrail running	Deficiente Masculino	04:39:49	+02:03:46	12:10

TRILHOS DOS ABUTRES 23K

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	1342	Nino Raleiras	individual	Veterano M40	04:40:01	+02:03:58	12:10
222	1187	Mario Moreira	prt/ad quinta	Senior Masculino	04:40:45	+02:04:42	12:12
223	1123	Luis Martins	o mundo da corrida	Senior Masculino	04:40:50	+02:04:47	12:13
224	1351	Pedro Filipe de Sá Guimarães Marinho	individual	Senior Masculino	04:41:00	+02:04:57	12:13
225	1249	Márcio Filipe Sacramento de Castro	individual	Senior Masculino	04:41:24	+02:05:21	12:14
226	1096	PATRICIA CONCEIÇÃO JEREMIAS	matilha radical	Senior Feminino	04:41:47	+02:05:44	12:15
227	1014	Luís Sousa	associação de atletismo lebres do sado	Senior Masculino	04:41:47	+02:05:44	12:15
228	1038	PAULO JORGE BAETA PINTO	clube millennium bcp	Veterano M45	04:42:53	+02:06:50	12:18
229	1448	João Carlos Nunes Patrício	pizzaria papo-seco trail	Sub 23 Masculino	04:43:47	+02:07:44	12:20
230	1080	Tiago Miguel Simoes Amado	fire team bvmc	Sub 23 Masculino	04:44:10	+02:08:07	12:21
231	1027	Cristiano Cunha	c.a.s.p.a./greenroc	Senior Masculino	04:44:10	+02:08:07	12:21
232	1226	César Francisco	individual	Veterano M40	04:46:19	+02:10:16	12:27
233	1189	Pedro Coelho	run team lantemil	Senior Masculino	04:46:51	+02:10:48	12:28
234	1001	Paula Cristina Galvão Pita	4trail	Senior Feminino	04:48:00	+02:11:57	12:31
235	1070	joao manuel dias francisco	fire team bvmc	Senior Masculino	04:48:26	+02:12:23	12:32
236	1029	JOÃO COELHO	caçadores de coelho	Senior Masculino	04:48:54	+02:12:51	12:34
237	1423	Isabel Almeida	individual	Veterana F40	04:49:43	+02:13:40	12:36
238	1417	Jenny Martins Martins	individual	Senior Feminino	04:49:43	+02:13:40	12:36
239	1090	Miguel Guimarães	lap2go	Veterano M40	04:50:38	+02:14:35	12:38
240	1064	Tânia Cunha	fast n furious	Senior Feminino	04:50:40	+02:14:37	12:38
241	1233	paulo jose louro costa	individual	Veterano M45	04:50:40	+02:14:37	12:38
242	1331	Luis Miguel Brito Faria	individual	Senior Masculino	04:51:36	+02:15:33	12:41
243	1067	Bruno Rafael Simoes Raposo	fire team bvmc	Senior Masculino	04:52:09	+02:16:06	12:42
244	1283	Mariana Ortigoso	individual	Senior Feminino	04:54:37	+02:18:34	12:49
245	1149	Nuno Costa	offtel runners	Senior Masculino	04:54:38	+02:18:35	12:49
246	1195	Ricardo Sousa	run to be alive	Senior Masculino	04:54:38	+02:18:35	12:49
247	1135	Francisco Macedo	offtel runners	Veterano M40	04:54:58	+02:18:55	12:49
248	1209	Miguel José Freitas Leite	team duas faces	Senior Masculino	04:55:43	+02:19:40	12:51
249	1148	Nuno Cardoso	offtel runners	Senior Masculino	04:55:46	+02:19:43	12:52
250	1427	Ana Luisa Vidal da Silva	slowdown trail running	Veterana F45	04:56:07	+02:20:04	12:52
251	1115	Hélder Tomé	o mundo da corrida	Veterano M40	04:56:28	+02:20:25	12:53
252	1373	Nuno Carvalho	individual	Senior Masculino	04:59:12	+02:23:09	13:01
253	1066	Bruno Diogo da Costa Santos	fire team bvmc	Senior Masculino	04:59:12	+02:23:09	13:01
254	1018	Miguel Cruz	associação desportiva da efaced	Senior Masculino	05:01:38	+02:25:35	13:07
255	1087	Catarina Nóvoa	ginásio eu+	Senior Feminino	05:02:00	+02:25:57	13:08
256	1290	Tania Fernande Batista	o mundo da corrida	Senior Feminino	05:04:24	+02:28:21	13:14
257	1314	João Diogo	individual	Veterano M50	05:04:26	+02:28:23	13:14
258	1152	Paula Cristina Gil Santos	offtel runners	Veterana F45	05:04:26	+02:28:23	13:14
259	1385	Joao Pedro Castanheira	individual	Sub 23 Masculino	05:04:33	+02:28:30	13:14
260	1128	Vera Bizarro	o mundo da corrida	Senior Feminino	05:05:02	+02:28:59	13:16
261	1292	Maria Isabel de Araujo Martins	individual	Veterana F40	05:06:03	+02:30:00	13:18
262	1322	Márcia Cristino dos Santos	individual	Senior Feminino	05:06:50	+02:30:47	13:20
263	1030	Nuno Redinha	caçadores de coelho	Veterano M40	05:06:50	+02:30:47	13:20
264	1409	Sandra Travessas	turbulentos	Senior Feminino	05:07:30	+02:31:27	13:22
265	1215	Rita Chaves Rebelo	terrores do asfalto	Senior Feminino	05:07:57	+02:31:54	13:23

TRILHOS DOS ABUTRES 23K

23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
266	1213	Isabel Maria da Silva Henriques	terrores do asfalto	Senior Feminino	05:07:57	+02:31:54	13:23
267	1214	Joana Chaves Rebelo	terrores do asfalto	Senior Feminino	05:07:57	+02:31:54	13:23
268	1390	Ana Lopes	individual	Senior Feminino	05:08:39	+02:32:36	13:25
269	1291	Vasco Alexandre Valente Ferro de Brito Borges	individual	Veterano M40	05:09:20	+02:33:17	13:27
270	1354	Toze Almeida	individual	Senior Masculino	05:09:21	+02:33:18	13:27
271	1365	SORTEIO DECATHLON1	individual	Senior Masculino	05:09:49	+02:33:46	13:28
272	1366	SORTEIO DECATHLON2	individual	Senior Masculino	05:09:49	+02:33:46	13:28
273	1431	Marco José Cravo Costa	individual	Sub 23 Masculino	05:10:54	+02:34:51	13:31
274	1078	Alberto Pereira do Cabo	fire team bvmc	Veterano M45	05:10:54	+02:34:51	13:31
275	1296	João Pedro Antunes Rodrigues	individual	Senior Masculino	05:10:55	+02:34:52	13:31
276	1035	JOSE CARLOS OLIVEIRA MACHADO FARIA	clube millennium bcp	Veterano M50	05:11:07	+02:35:04	13:32
277	1293	Mafalda Nunes	individual	Veterana F45	05:11:26	+02:35:23	13:32
278	1121	Lúcia Martins	o mundo da corrida	Senior Feminino	05:11:34	+02:35:31	13:33
279	1160	Daniel Machado	os fugitivos da crise	Senior Masculino	05:11:53	+02:35:50	13:34
280	1320	Lara Catarina Carapeta Azambujo	individual	Senior Feminino	05:13:19	+02:37:16	13:37
281	1321	Luís Alberto Bonito Cavaleiro	individual	Senior Masculino	05:13:20	+02:37:17	13:37
282	1183	Carlos Brito	proaventuras	Senior Masculino	05:14:04	+02:38:01	13:39
283	1127	Sérgio Marques	o mundo da corrida	Senior Masculino	05:16:00	+02:39:57	13:44
284	1053	RUTH MARIA DIAS DUARTE	excepçãoibt	Veterana F40	05:16:43	+02:40:40	13:46
285	1060	Diamantino Linhares	excepçãoibt	Senior Masculino	05:16:46	+02:40:43	13:46
286	1329	Nuno Homem Sousa	individual	Veterano M40	05:16:47	+02:40:44	13:46
287	1261	Pedro Santos	individual	Senior Masculino	05:17:02	+02:40:59	13:47
288	1349	Ricardo Garcia Guedes	individual	Senior Masculino	05:17:02	+02:40:59	13:47
289	1263	Ricardo Jorge Bastos dos Santos	individual	Senior Masculino	05:19:15	+02:43:12	13:53
290	1158	Sérgio Miranda	offtel runners	Veterano M50	05:19:25	+02:43:22	13:53
291	1156	Renato Figueiredo	offtel runners	Senior Masculino	05:19:27	+02:43:24	13:53
292	1285	Vitor Manuel Pereira Gonçalves	individual	Veterano M40	05:22:06	+02:46:03	14:00
293	1258	Tiago Simoes	individual	Senior Masculino	05:22:06	+02:46:03	14:00
294	1109	Tiago Costa	núcleo de montanha de espinho	Senior Masculino	05:23:30	+02:47:27	14:04
295	1440	Rita Glória	holmes place os ilhavs	Senior Feminino	05:24:09	+02:48:06	14:06
296	1091	Pedro Lobo	lap2go	Senior Masculino	05:24:23	+02:48:20	14:06
297	1420	Fernando Camarneiro	individual	Veterano M50	05:25:55	+02:49:52	14:10
298	1301	Patrícia Silva	individual	Senior Feminino	05:26:55	+02:50:52	14:13
299	1093	Miguel Gameiro	liga dos últimos	Veterano M40	05:27:33	+02:51:30	14:14
300	1092	Alexandra Martins	liga dos últimos	Veterana F40	05:27:34	+02:51:31	14:15
301	1139	João Laranjeira	offtel runners	Senior Masculino	05:31:10	+02:55:07	14:24
302	1236	Sérgio Baptista	individual	Senior Masculino	05:31:29	+02:55:26	14:25
303	1273	Fátima Cristina Alves	individual	Veterana F40	05:32:36	+02:56:33	14:28
304	1138	Joana Oliveira	offtel runners	Senior Feminino	05:35:19	+02:59:16	14:35
305	1136	Francisco Monteiro	offtel runners	Veterano M40	05:35:27	+02:59:24	14:35
306	1022	Nuno Mendes	associação naval de lisboa	Veterano M45	05:35:28	+02:59:25	14:35
307	1075	Tiago José Amaro Simões	fire team bvmc	Senior Masculino	05:37:53	+03:01:50	14:41
308	1361	José Moutinho	confraria trotamontes	Veterano M55	05:39:53	+03:03:50	14:47
309	1084	Maria Monteiro	fotha	Veterana F40	05:40:18	+03:04:15	14:48
310	1086	Pedro Ferreira da Costa	fotha	Veterano M40	05:40:18	+03:04:15	14:48

TRILHOS DOS ABUTRES 23K

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
311	1161	Anabela Delgado	turbulentos	Senior Feminino	05:40:30	+03:04:27	14:48
312	1326	José Carlos Araújo	amigos da montanha	Veterano M40	05:40:30	+03:04:27	14:48
313	1082	João Vilar	fotha	Senior Masculino	05:41:40	+03:05:37	14:51
314	1197	Vera Augusto	run to be alive	Senior Feminino	05:44:16	+03:08:13	14:58
315	1192	Antonio Freitas	run to be alive	Veterano M40	05:44:16	+03:08:13	14:58
316	1196	Margarida Figueiroa	run to be alive	Senior Feminino	05:44:16	+03:08:13	14:58
317	1191	Ana Paula Pinto	run to be alive	Veterana F40	05:44:16	+03:08:13	14:58
318	1375	Gustavo Faria	c.a.s.p.a./greenroc	Senior Masculino	05:45:04	+03:09:01	15:00
319	1416	ligia santos matos	individual	Senior Feminino	05:45:09	+03:09:06	15:00
320	1262	Catherine de Freitas	ada desnível	Veterana F50	05:48:25	+03:12:22	15:09
321	1256	Sonya Gravato Marques Pereira	individual	Senior Feminino	05:52:18	+03:16:15	15:19
322	1159	Vitor Sarmento	offtel runners	Veterano M40	05:55:19	+03:19:16	15:27
323	1435	Mayer Raposo	associação de atletismo lebres do sado	Veterano M60	05:57:02	+03:20:59	15:31
324	1041	Joana Lopes Vaz	crp ribafria	Senior Feminino	05:57:13	+03:21:10	15:32
325	1042	Viviana Penas Ribeiro	crp ribafria	Senior Feminino	05:57:13	+03:21:10	15:32
326	1306	Duarte de Oliveira Monteiro Donas Bôto	individual	Senior Masculino	05:57:26	+03:21:23	15:32
327	1212	SÍLVIA TEIXEIRA	team duas faces	Senior Feminino	05:57:31	+03:21:28	15:33
328	1380	Sara Ricardo	desnível positivo	Senior Feminino	05:57:41	+03:21:38	15:33
329	1076	Rui Filipe Simoes Raposo	fire team bvmc	Senior Masculino	06:01:07	+03:25:04	15:42
330	1224	Pedro Conde	individual	Veterano M45	06:01:07	+03:25:04	15:42
331	1284	João Pereira	individual	Veterano M40	06:02:23	+03:26:20	15:45
332	1449	Luis Sá	individual	Veterano M40	06:08:08	+03:32:05	16:00
333	1039	VANDA SOFIA FERNANDES C ROSA	clube millennium bcp	Senior Feminino	06:13:10	+03:37:07	16:13
334	111	MARIA CEU MARCELINO MOVILHA N SILVA	clube millennium bcp	Veterana F45	06:13:10	+03:37:07	16:13
335	1037	OSCAR SILVA MARQUES	clube millennium bcp	Veterano M50	06:13:11	+03:37:08	16:14
336	1036	LUIS CARLOS COSTA PRAZERES	clube millennium bcp	Veterano M50	06:13:11	+03:37:08	16:14
337	1110	Ana Ceríaco	o mundo da corrida	Senior Feminino	06:19:16	+03:43:13	16:29
338	1442	Ana Cristina Batista	o mundo da corrida	Senior Feminino	06:19:16	+03:43:13	16:29
339	1281	Sandra Oliveira	team duas faces	Senior Feminino	06:20:22	+03:44:19	16:32
340	1200	Marina Sousa	scalabis night runners	Veterana F45	06:21:54	+03:45:51	16:36
341	1199	Rui Faria	run4fun	Veterano M40	06:24:41	+03:48:38	16:44
342	1198	Filipa Brás	run4fun	Senior Feminino	06:24:41	+03:48:38	16:44
343	2	Eduardo Santos	o mundo da corrida	Veterano M55	06:25:59	+03:49:56	16:47
344	1	Margarida Henriques	o mundo da corrida	Veterana F50	06:25:59	+03:49:56	16:47
345	1279	Jose Maria Mascarenhas	individual	Veterano M40	06:26:59	+03:50:56	16:50
346	1278	Andrea sá couto	individual	Senior Feminino	06:27:00	+03:50:57	16:50
347	1407	Sara Colaço	individual	Senior Feminino	06:27:46	+03:51:43	16:52
348	1399	Luis Pires	individual	Veterano M45	06:27:46	+03:51:43	16:52
349	1188	Sofia Sá	prt/ad quinta	Senior Feminino	06:29:01	+03:52:58	16:55
350	1186	Diana Tavares	prt/ad quinta	Senior Feminino	06:29:01	+03:52:58	16:55
351	1381	Ricardo Dias	arism - associação recreativa de s. miguel	Senior Masculino	06:30:34	+03:54:31	16:59
352	1317	João Veigas	individual	Senior Masculino	06:30:39	+03:54:36	16:59
353	1398	Sandra Maria Coelho Lopes	individual	Senior Feminino	06:34:21	+03:58:18	17:09
354	1384	Victor Manuel Morgado Ventura	individual	Veterano M45	06:34:21	+03:58:18	17:09

TRILHOS DOS ABUTRES 23K

23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
355	1268	Susana Mendes Silva	individual	Senior Feminino	06:34:49	+03:58:46	17:10
356	1015	Eduardo Oliveira	associação desportiva da efacec	Veterano M40	06:34:49	+03:58:46	17:10
357	1252	Zina Fernandes	individual	Senior Feminino	06:36:32	+04:00:29	17:14
358	1238	Nuno Fernandes	individual	Senior Masculino	06:36:32	+04:00:29	17:14
359	1011	Vitor Manuel Pimenta	arsm - associação recreativa de s. miguel	Veterano M45	06:41:10	+04:05:07	17:27
360	1274	CARLA MARGARIDA SACRAMENTO DE MATOS	individual	Senior Feminino	06:44:21	+04:08:18	17:35
361	1319	Ana Maria Pires Marques	individual	Veterana F40	06:44:35	+04:08:32	17:35
362	1429	José Carlos Alves	slowdown trail running	Veterano M45	06:44:37	+04:08:34	17:36
363	1201	Pedro Domingues	slowdown trail running	Veterano M40	06:44:37	+04:08:34	17:36
364	1203	Susana Domingues	slowdown trail running	Senior Feminino	06:44:37	+04:08:34	17:36
365	1428	João Pedro Almeida Liberal	slowdown trail running	Veterano M50	06:44:37	+04:08:34	17:36
366	1438	Claudia Roque	holmes place os ilhavos	Senior Feminino	06:44:38	+04:08:35	17:36
367	1324	Esmeralda Fatima Oliveira Melo	individual	Veterana F50	06:47:29	+04:11:26	17:43
368	1353	Marisa Gerales Lázaro	individual	Senior Feminino	06:47:32	+04:11:29	17:43
369	1402	Maria Jose Batista	individual	Veterana F45	06:58:30	+04:22:27	18:12
370	1403	Flavio manuel Olineira	individual	Veterano M45	06:58:30	+04:22:27	18:12
371	1234	RITA PIMENTA	individual	Senior Feminino	07:00:53	+04:24:50	18:18
372	1178	ANA GABRIELA	proaventuras	Senior Feminino	07:05:03	+04:29:00	18:29
373	1181	GRAÇA GUERREIRO	proaventuras	Senior Feminino	07:05:04	+04:29:01	18:29
374	1287	Luís Campos	individual	Veterano M40	07:05:05	+04:29:02	18:29
375	1350	Ana José Basto Ferraz	individual	Senior Feminino	07:27:29	+04:51:26	19:27
376	1348	Emília Basto Pereira	individual	Senior Feminino	07:27:29	+04:51:26	19:27
377	1117	Isabel Sequeira	o mundo da corrida	Veterana F45	07:30:28	+04:54:25	19:35
378	1436	Carlos Pinto Coelho	o mundo da corrida	Veterano M50	07:30:28	+04:54:25	19:35
379	1272	Ana Teresa Azevedo	individual	Senior Feminino	07:40:57	+05:04:54	20:02
380	1230	Anabela Esteves	individual	Veterana F50	07:44:18	+05:08:15	20:11
381	1111	António Pereira	o mundo da corrida	Veterano M45	08:09:10	+05:33:07	21:16
382	1113	Esmeralda Alves	o mundo da corrida	Senior Feminino	08:09:11	+05:33:08	21:16

Trilhos dos Abutres 23K

23 KM

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OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	08:30	11,8°C	86,7%
End	16:39	11,8°C	86,7%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Deficiente Masculino

1	1168	Rui Rodrigues	Paratrail Running	Deficiente Masculino	03:28:23	+52:20	09:04:43
2	1165	Nelson Santos	Paratrail Running	Deficiente Masculino	03:38:41	+01:02:38	09:30:19
3	1374	Bruno Alexandre Silva Vieira Gaspar	Individual	Deficiente Masculino	04:01:49	+01:25:46	10:31:35
4	1167	Paulo Jorge da Silva Costa	Paratrail Running	Deficiente Masculino	04:39:49	+02:03:46	12:10:05

Senior Feminino

1	1162	Patricia Serafim	OSC/IPA	Senior Feminino	03:12:31	+36:28	08:22
2	1002	Cristina Marlene Couceiro	ARSM - Associação Recreativa de S. Miguel	Senior Feminino	03:20:42	+44:39	08:44
3	1044	Joana Tomás	CTAD tiagoaragao.com	Senior Feminino	03:31:58	+55:55	09:13
4	1176	Filipa Fernandes	PROAVENTURAS	Senior Feminino	03:40:11	+01:04:08	09:34
5	1032	Lia Ferreira	Cães d'Avenida	Senior Feminino	03:57:25	+01:21:22	10:19
6	1408	Margarida Madeira	Individual	Senior Feminino	04:07:53	+01:31:50	10:47
7	1155	Raquel Clemente	OFFtel Runners	Senior Feminino	04:08:22	+01:32:19	10:48
8	1107	Cristina Gomes	Núcleo de Montanha de Espinho	Senior Feminino	04:14:31	+01:38:28	11:04
9	1244	Cláudia Nunes	Individual	Senior Feminino	04:26:54	+01:50:51	11:36
10	1310	Anabela Maria Rainho	Individual	Senior Feminino	04:30:30	+01:54:27	11:46
11	1096	PATRICIA CONCEIÇÃO JEREMIAS	MATILHA RADICAL	Senior Feminino	04:41:47	+02:05:44	12:15
12	1001	Paula Cristina Galvão Pita	4Trail	Senior Feminino	04:48:00	+02:11:57	12:31
13	1417	Jenny Martins Martins	Individual	Senior Feminino	04:49:43	+02:13:40	12:36
14	1064	Tânia Cunha	FAST N FURIOUS	Senior Feminino	04:50:40	+02:14:37	12:38
15	1283	Mariana Ortigoso	Individual	Senior Feminino	04:54:37	+02:18:34	12:49
16	1087	Catarina Nóvoa	Ginásio Eu+	Senior Feminino	05:02:00	+02:25:57	13:08
17	1290	Tania Fernande Batista	O Mundo da Corrida	Senior Feminino	05:04:24	+02:28:21	13:14
18	1128	Vera Bizarro	O Mundo da Corrida	Senior Feminino	05:05:02	+02:28:59	13:16
19	1322	Márcia Cristino dos Santos	Individual	Senior Feminino	05:06:50	+02:30:47	13:20
20	1409	Sandra Travessas	TURBULENTOS	Senior Feminino	05:07:30	+02:31:27	13:22
21	1215	Rita Chaves Rebelo	Terroros do Asfalto	Senior Feminino	05:07:57	+02:31:54	13:23
22	1213	Isabel Maria da Silva Henriques	Terroros do Asfalto	Senior Feminino	05:07:57	+02:31:54	13:23
23	1214	Joana Chaves Rebelo	Terroros do Asfalto	Senior Feminino	05:07:57	+02:31:54	13:23
24	1390	Ana Lopes	Individual	Senior Feminino	05:08:39	+02:32:36	13:25
25	1121	Lúcia Martins	O Mundo da Corrida	Senior Feminino	05:11:34	+02:35:31	13:33
26	1320	Lara Catarina Carapeta Azambujo	Individual	Senior Feminino	05:13:19	+02:37:16	13:37
27	1440	Rita Glória	Holmes Place Os Ílhavos	Senior Feminino	05:24:09	+02:48:06	14:06
28	1301	Patrícia Silva	Individual	Senior Feminino	05:26:55	+02:50:52	14:13
29	1138	Joana Oliveira	OFFtel Runners	Senior Feminino	05:35:19	+02:59:16	14:35
30	1161	Anabela Delgado	TURBULENTOS	Senior Feminino	05:40:30	+03:04:27	14:48
31	1197	Vera Augusto	RUN TO BE ALIVE	Senior Feminino	05:44:16	+03:08:13	14:58

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Trilhos dos Abutres 23K

23 KM

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OFFICIAL RESULT

[illegible]

32	1196	Margarida Figueiroa	RUN TO BE ALIVE	Senior Feminino	05:44:16	+03:08:13	14:58
33	1416	ligia santos matos	Individual	Senior Feminino	05:45:09	+03:09:06	15:00
34	1256	Sonya Gravato Marques Pereira	Individual	Senior Feminino	05:52:18	+03:16:15	15:19
35	1041	Joana Lopes Vaz	CRP RIBAFRIA	Senior Feminino	05:57:13	+03:21:10	15:32
36	1042	Viviana Penas Ribeiro	CRP RIBAFRIA	Senior Feminino	05:57:13	+03:21:10	15:32
37	1212	SÍLVIA TEIXEIRA	Team DUAS FACES	Senior Feminino	05:57:31	+03:21:28	15:33
38	1380	Sara Ricardo	Desnível Positivo	Senior Feminino	05:57:41	+03:21:38	15:33
39	1039	VANDA SOFIA FERNANDES C ROSA	Clube Millennium BCP	Senior Feminino	06:13:10	+03:37:07	16:13
40	1110	Ana Ceríaco	O Mundo da Corrida	Senior Feminino	06:19:16	+03:43:13	16:29
41	1442	Ana Cristina Batista	O Mundo da Corrida	Senior Feminino	06:19:16	+03:43:13	16:29
42	1281	Sandra Oliveira	Team DUAS FACES	Senior Feminino	06:20:22	+03:44:19	16:32
43	1198	Filipa Brás	run4fun	Senior Feminino	06:24:41	+03:48:38	16:44
44	1278	Andrea sá couto	Individual	Senior Feminino	06:27:00	+03:50:57	16:50
45	1407	Sara Colaço	Individual	Senior Feminino	06:27:46	+03:51:43	16:52
46	1188	Sofia Sá	PRT/AD QUINTA	Senior Feminino	06:29:01	+03:52:58	16:55
47	1186	Diana Tavares	PRT/AD QUINTA	Senior Feminino	06:29:01	+03:52:58	16:55
48	1398	Sandra Maria Coelho Lopes	Individual	Senior Feminino	06:34:21	+03:58:18	17:09
49	1268	Susana Mendes Silva	Individual	Senior Feminino	06:34:49	+03:58:46	17:10
50	1252	Zina Fernandes	Individual	Senior Feminino	06:36:32	+04:00:29	17:14
51	1274	CARLA MARGARIDA SACRAMENTO DE MATOS	Individual	Senior Feminino	06:44:21	+04:08:18	17:35
52	1203	Susana Domingues	Slowdown Trail Running	Senior Feminino	06:44:37	+04:08:34	17:36
53	1438	Claudia Roque	Holmes Place Os Ílhavos	Senior Feminino	06:44:38	+04:08:35	17:36
54	1353	Marisa Geraldés Lázaro	Individual	Senior Feminino	06:47:32	+04:11:29	17:43
55	1234	RITA PIMENTA	Individual	Senior Feminino	07:00:53	+04:24:50	18:18
56	1178	ANA GABRIELA	PROAVENTURAS	Senior Feminino	07:05:03	+04:29:00	18:29
57	1181	GRAÇA GUERREIRO	PROAVENTURAS	Senior Feminino	07:05:04	+04:29:01	18:29
58	1350	Ana José Basto Ferraz	Individual	Senior Feminino	07:27:29	+04:51:26	19:27
59	1348	Emília Basto Pereira	Individual	Senior Feminino	07:27:29	+04:51:26	19:27
60	1272	Ana Teresa Azevedo	Individual	Senior Feminino	07:40:57	+05:04:54	20:02
61	1113	Esmeralda Alves	O Mundo da Corrida	Senior Feminino	08:09:11	+05:33:08	21:16

Senior Masculino

1	1134	Diogo Fernandes	OFFtel Runners	Senior Masculino	02:36:03		06:47
2	1379	FERNANDO CARVALHO	CTT COIMBRA	Senior Masculino	02:44:09	+08:06	07:08
3	1400	João Pimentel	Individual	Senior Masculino	02:45:16	+09:13	07:11
4	1028	João Pedro Pedrosa Nunes	MULTIPOWER GAIA TRAIL	Senior Masculino	02:47:32	+11:29	07:17
5	1171	Nuno Miguel Gonçalves Gravito	Pinhal Total - Oleiros Aventura	Senior Masculino	02:52:21	+16:18	07:30
6	1073	Marco Carlos Correia Carvalho	Fire Team BVMC	Senior Masculino	02:52:54	+16:51	07:31
7	1377	João Pedro Rodrigues	Individual	Senior Masculino	02:53:04	+17:01	07:31
8	1205	Guilherme Neto	Sunset Runners	Senior Masculino	02:55:51	+19:48	07:39
9	1049	Tiago Aragão	CTAD tiagoaragao.com	Senior Masculino	02:56:36	+20:33	07:41
10	1088	Joel António Santos Martins	Juventude Vidigalense	Senior Masculino	02:56:56	+20:53	07:42
11	1101	Nuno Braga	Montanha Clube Trail Running	Senior Masculino	02:58:39	+22:36	07:46
12	1112	Carlos Correia	O Mundo da Corrida	Senior Masculino	02:59:07	+23:04	07:47

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Trilhos dos Abutres 23K

23 KM

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OFFICIAL RESULT

[illegible]

13	1133	Diogo Baena	OFFtel Runners	Senior Masculino	03:02:11	+26:08	07:55
14	1394	Sérgio Morais	Individual	Senior Masculino	03:03:40	+27:37	07:59
15	1009	Pedro Miguel Batista	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	03:04:28	+28:25	08:01
16	1072	Joaquim Dias de Paiva	Fire Team BVMC	Senior Masculino	03:04:40	+28:37	08:02
17	1050	Victor Fernandes	CTAD tiagoaragao.com	Senior Masculino	03:05:43	+29:40	08:04
18	1421	Rui Pedro Almeida Costa	C.A.S.P.A./GreenRoc	Senior Masculino	03:07:02	+30:59	08:08
19	1388	Tiago Manuel Serodio Gaspar	Individual	Senior Masculino	03:10:38	+34:35	08:17
20	1130	André João Fonseca	OFFtel Runners	Senior Masculino	03:11:21	+35:18	08:19
21	1055	Miguel Ferreira	eXCepçãoBTT	Senior Masculino	03:12:42	+36:39	08:23
22	1069	Francisco Jose Patricio Ricardo	Fire Team BVMC	Senior Masculino	03:12:52	+36:49	08:23
23	1097	Luís Trindade	Monsanto Running Team	Senior Masculino	03:12:53	+36:50	08:23
24	1047	Pedro Fernandes	CTAD tiagoaragao.com	Senior Masculino	03:13:01	+36:58	08:24
25	1179	Marco Rosa	PROAVENTURAS	Senior Masculino	03:13:22	+37:19	08:24
26	1056	Nuno Saraiva	eXCepçãoBTT	Senior Masculino	03:17:00	+40:57	08:34
27	1211	Sérgio Manuel Moreira Duarte	Team DUAS FACES	Senior Masculino	03:17:20	+41:17	08:35
28	1166	JOAQUIM GONÇALVES	Individual	Senior Masculino	03:17:25	+41:22	08:35
29	1382	helder gomes	Individual	Senior Masculino	03:18:37	+42:34	08:38
30	1446	Paulo Renato Sousa Marreiros	Idealmed	Senior Masculino	03:19:46	+43:43	08:41
31	1206	Jaime Goes	Sunset Runners	Senior Masculino	03:20:31	+44:28	08:43
32	1046	Paulo César Ferreira	CTAD tiagoaragao.com	Senior Masculino	03:20:32	+44:29	08:43
33	1051	Vitor Amaral	CTAD tiagoaragao.com	Senior Masculino	03:20:32	+44:29	08:43
34	1335	Nuno Pimenta	Individual	Senior Masculino	03:20:40	+44:37	08:43
35	1126	Rui Ferreira	O Mundo da Corrida	Senior Masculino	03:21:45	+45:42	08:46
36	1372	Jorge Costa	Individual	Senior Masculino	03:22:36	+46:33	08:49
37	1065	Joao Pedro Almeida Rodrigues	Fire Team BVMC	Senior Masculino	03:25:06	+49:03	08:55
38	1444	Carlos Soares	CTAD tiagoaragao.com	Senior Masculino	03:25:14	+49:11	08:55
39	1006	Marco Rodrigues	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	03:26:31	+50:28	08:59
40	1257	Tiago Daniel Correia Rodrigues	Individual	Senior Masculino	03:31:33	+55:30	09:12
41	1098	Bruno Marques	Montanha Clube Trail Running	Senior Masculino	03:31:54	+55:51	09:13
42	1330	Hugo Manuel Fernandes Pereira	Individual	Senior Masculino	03:32:06	+56:03	09:13
43	1079	Tiago Manuel Fernandes Mateus	Fire Team BVMC	Senior Masculino	03:32:10	+56:07	09:13
44	1242	Paulo Miguel Pereira Viegas	Individual	Senior Masculino	03:32:24	+56:21	09:14
45	1210	Eduardo Merino	Team DUAS FACES	Senior Masculino	03:33:44	+57:41	09:18
46	1401	henrique madeira	Individual	Senior Masculino	03:33:53	+57:50	09:18
47	1063	Hugo Caldeira	FAST N FURIOUS	Senior Masculino	03:34:09	+58:06	09:19
48	1132	Daniel Gomes	OFFtel Runners	Senior Masculino	03:34:28	+58:25	09:19
49	1255	Henrique Pinto	Individual	Senior Masculino	03:39:11	+01:03:08	09:32
50	1241	Fernando Carneiro	OFFtel Runners	Senior Masculino	03:39:26	+01:03:23	09:32
51	1338	Sérgio Moreira	Individual	Senior Masculino	03:40:30	+01:04:27	09:35
52	1062	Ricardo Jorge Cruz Almeida Pinhão	eXCepçãoBTT	Senior Masculino	03:43:56	+01:07:53	09:44
53	1235	PAULO MAGANO	Individual	Senior Masculino	03:47:45	+01:11:42	09:54
54	1207	Fernando Lopes	Team DUAS FACES	Senior Masculino	03:48:32	+01:12:29	09:56
55	1246	Bruno Manuel Oliveira Paiva	Individual	Senior Masculino	03:48:40	+01:12:37	09:57
56	1247	João Carlos Plngarilho Madruga	Individual	Senior Masculino	03:49:26	+01:13:23	09:59
57	1217	FRANCISCO ARAGÃO	TNT - Trilhos Natura Team	Senior Masculino	03:49:33	+01:13:30	09:59

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Trilhos dos Abutres 23K

23 KM

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OFFICIAL RESULT

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58	1370	Sérgio Duarte	Trepa Montanhas BTT	Senior Masculino	03:51:30	+01:15:27	10:04
59	1106	Rodrigo Selada	NEL-Pedatleta	Senior Masculino	03:52:35	+01:16:32	10:07
60	1172	Pedro Manuel Cardoso da Fonseca Ferrão	Pinhal Total - Oleiros Aventura	Senior Masculino	03:52:49	+01:16:46	10:07
61	1327	Pedro Nobre Rodrigues	Individual	Senior Masculino	03:55:06	+01:19:03	10:13
62	1367	Filipe Primitivo (PRIMITIVO)	OFFtel Runners	Senior Masculino	03:55:55	+01:19:52	10:15
63	1337	ARNALDO FERREIRA	Individual	Senior Masculino	03:56:10	+01:20:07	10:16
64	1074	Ricardo Antonio Rodrigues Leal Fontes	Fire Team BVMC	Senior Masculino	03:56:43	+01:20:40	10:18
65	1308	Humberto Fábio da Silva Bezerra	Individual	Senior Masculino	03:57:25	+01:21:22	10:19
66	1418	Mário Oliveira	Individual	Senior Masculino	03:57:26	+01:21:23	10:19
67	1173	Angelo Letras	PROAVENTURAS	Senior Masculino	03:57:28	+01:21:25	10:19
68	1221	Miguel José Pereira Neves	UGAS TRAIL Running	Senior Masculino	03:58:28	+01:22:25	10:22
69	1271	Pedro Miguel Silvério da Cruz	Individual	Senior Masculino	03:59:30	+01:23:27	10:25
70	1259	Paulo Moreira	Holmes Place Os Ílhavos	Senior Masculino	04:00:09	+01:24:06	10:26
71	1048	Ricardo Ferreira	CTAD tiagoaragao.com	Senior Masculino	04:00:59	+01:24:56	10:29
72	1059	Ricardo Jorge Marques Silva	eXCepçãoBTT	Senior Masculino	04:01:09	+01:25:06	10:29
73	1300	Paulo Jorge Ferreira Barreto	Individual	Senior Masculino	04:01:30	+01:25:27	10:30
74	1010	Rui Miguel Barreirinhas	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	04:02:21	+01:26:18	10:32
75	1240	Pedro Miguel Gomes Ferreira	Individual	Senior Masculino	04:02:23	+01:26:20	10:32
76	1153	Pedro Fonseca	OFFtel Runners	Senior Masculino	04:02:31	+01:26:28	10:33
77	1005	Luís António Inácio	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	04:03:24	+01:27:21	10:35
78	1396	João Carvalho	Individual	Senior Masculino	04:04:02	+01:27:59	10:37
79	1295	Joel Graça	Individual	Senior Masculino	04:04:03	+01:28:00	10:37
80	1304	Rui Miguel Monteiro Soles Gonçalves	Individual	Senior Masculino	04:04:37	+01:28:34	10:38
81	1447	Pedro Seabra	Idealmed	Senior Masculino	04:08:22	+01:32:19	10:48
82	1099	Goncalo Ferreira	Montanha Clube Trail Running	Senior Masculino	04:08:40	+01:32:37	10:49
83	1437	Jorge Lestro	O Mundo da Corrida	Senior Masculino	04:10:23	+01:34:20	10:53
84	1122	Luis Manuel Silva	O Mundo da Corrida	Senior Masculino	04:10:49	+01:34:46	10:54
85	1013	JOÃO SALVADOR	MINHO AVENTURA	Senior Masculino	04:10:51	+01:34:48	10:54
86	1397	Marco Paulo Miranda Coelho Magalhães	Individual	Senior Masculino	04:12:08	+01:36:05	10:58
87	1016	Ivo Silva	Associação Desportiva da Efacec	Senior Masculino	04:12:19	+01:36:16	10:58
88	1057	Ricardo José Marques Fernandes	eXCepçãoBTT	Senior Masculino	04:12:29	+01:36:26	10:59
89	1150	Nuno Miguel Ferreira	OFFtel Runners	Senior Masculino	04:12:45	+01:36:42	10:59
90	1045	Luis Ricardo Pereira	CTAD tiagoaragao.com	Senior Masculino	04:12:47	+01:36:44	10:59
91	1033	Nuno Lima	Cães d'Avenida	Senior Masculino	04:12:52	+01:36:49	11:00
92	1031	João Velez de Lima	Cães d'Avenida	Senior Masculino	04:12:52	+01:36:49	11:00
93	1404	Nuno A Silva	TURBULENTOS	Senior Masculino	04:13:24	+01:37:21	11:01
94	1439	Fausto Moreira	Holmes Place Os Ílhavos	Senior Masculino	04:13:32	+01:37:29	11:01
95	1218	Daniel Marques Santos	UGAS TRAIL Running	Senior Masculino	04:13:34	+01:37:31	11:01
96	1108	Daniel Filipe Lacerda	Núcleo de Montanha de Espinho	Senior Masculino	04:14:08	+01:38:05	11:03
97	1341	Sérgio Gonçalo	Individual	Senior Masculino	04:14:15	+01:38:12	11:03
98	1395	pedro marques	Individual	Senior Masculino	04:15:14	+01:39:11	11:06
99	1017	Marco Lourenço	Associação Desportiva da Efacec	Senior Masculino	04:15:24	+01:39:21	11:06
100	1245	Joel Valente	NEL-Pedatleta	Senior Masculino	04:15:53	+01:39:50	11:08
101	1305	João Diogo Mendes Martins	Individual	Senior Masculino	04:16:05	+01:40:02	11:08

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Trilhos dos Abutres 23K

23 KM

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OFFICIAL RESULT

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102	1227	Vitor Pedro Silva	Individual	Senior Masculino	04:16:14	+01:40:11	11:08
103	1371	José Coelho	Individual	Senior Masculino	04:16:25	+01:40:22	11:09
104	1302	JAVIER BLANCO AQUINO	Individual	Senior Masculino	04:18:18	+01:42:15	11:14
105	1216	Fernando Gabriel Reis Leite	TNT - Trilhos Natura Team	Senior Masculino	04:18:30	+01:42:27	11:14
106	1282	Ricardo Marques	Individual	Senior Masculino	04:19:11	+01:43:08	11:16
107	1208	João Neves Moutinho	Team DUAS FACES	Senior Masculino	04:20:04	+01:44:01	11:18
108	1312	Tiago José Neves Simões	Individual	Senior Masculino	04:20:21	+01:44:18	11:19
109	1419	Tiago Figueiredo	Individual	Senior Masculino	04:20:21	+01:44:18	11:19
110	1089	Pedro Jorge Costa Santos	Café São Martinho	Senior Masculino	04:20:30	+01:44:27	11:20
111	1220	Leonel Fonseca Ramos	UGAS TRAIL Running	Senior Masculino	04:20:42	+01:44:39	11:20
112	1157	Rogério Antunes	OFFtel Runners	Senior Masculino	04:20:56	+01:44:53	11:21
113	1144	Mário Salgueiro	OFFtel Runners	Senior Masculino	04:20:56	+01:44:53	11:21
114	1025	Luis paulo PitA	BlackBulls ADCRP/CNI	Senior Masculino	04:22:37	+01:46:34	11:25
115	1147	Nelson Perpétua	OFFtel Runners	Senior Masculino	04:23:53	+01:47:50	11:28
116	1383	Leonardo Martins Crisóstomo	Individual	Senior Masculino	04:27:02	+01:50:59	11:37
117	1190	Pedro Miguel Da Silva Oliveira	RUN TEAM LANTEMIL	Senior Masculino	04:27:52	+01:51:49	11:39
118	1316	João Vaz	Individual	Senior Masculino	04:30:33	+01:54:30	11:46
119	1328	Gabriel Revez	Individual	Senior Masculino	04:30:46	+01:54:43	11:46
120	1336	José Augusto Castro Marques	Individual	Senior Masculino	04:30:46	+01:54:43	11:46
121	1100	Luciano Costa	Montanha Clube Trail Running	Senior Masculino	04:30:49	+01:54:46	11:46
122	1368	PEDRO JORGE JERONIMO VAZ	Individual	Senior Masculino	04:32:04	+01:56:01	11:50
123	1019	Vitor Matos	Associação Desportiva da Efacec	Senior Masculino	04:32:41	+01:56:38	11:51
124	1185	Bruno Rocha	PRT/AD QUINTA	Senior Masculino	04:33:16	+01:57:13	11:53
125	1389	Pedro Carmo - CLAC Entroncamento	CLAC - ENTRONCAMENTO	Senior Masculino	04:34:32	+01:58:29	11:56
126	1204	Eurico Marçal	Sunset Runners	Senior Masculino	04:34:35	+01:58:32	11:56
127	1254	Marco Veludo Pires	Individual	Senior Masculino	04:34:50	+01:58:47	11:57
128	1164	Ricardo Ferreira	OurTeam	Senior Masculino	04:35:09	+01:59:06	11:58
129	1187	Mário Moreira	PRT/AD QUINTA	Senior Masculino	04:40:45	+02:04:42	12:12
130	1123	Luis Martins	O Mundo da Corrida	Senior Masculino	04:40:50	+02:04:47	12:13
131	1351	Pedro Filipe de Sá Guimarães Marinho	Individual	Senior Masculino	04:41:00	+02:04:57	12:13
132	1249	Márcio Filipe Sacramento de Castro	Individual	Senior Masculino	04:41:24	+02:05:21	12:14
133	1014	Luís Sousa	Associação de atletismo Lebres do sado	Senior Masculino	04:41:47	+02:05:44	12:15
134	1027	Cristiano Cunha	C.A.S.P.A./GreenRoc	Senior Masculino	04:44:10	+02:08:07	12:21
135	1189	Pedro Coelho	RUN TEAM LANTEMIL	Senior Masculino	04:46:51	+02:10:48	12:28
136	1070	joao manuel dias francisco	Fire Team BVMC	Senior Masculino	04:48:26	+02:12:23	12:32
137	1029	JOÃO COELHO	CAÇADORES DE COELHO	Senior Masculino	04:48:54	+02:12:51	12:34
138	1331	Luis Miguel Brito Faria	Individual	Senior Masculino	04:51:36	+02:15:33	12:41
139	1067	Bruno Rafael Simoes Raposo	Fire Team BVMC	Senior Masculino	04:52:09	+02:16:06	12:42
140	1149	Nuno Costa	OFFtel Runners	Senior Masculino	04:54:38	+02:18:35	12:49
141	1195	Ricardo Sousa	RUN TO BE ALIVE	Senior Masculino	04:54:38	+02:18:35	12:49
142	1209	Miguel José Freitas Leite	Team DUAS FACES	Senior Masculino	04:55:43	+02:19:40	12:51
143	1148	Nuno Cardoso	OFFtel Runners	Senior Masculino	04:55:46	+02:19:43	12:52
144	1373	Nuno Carvalho	Individual	Senior Masculino	04:59:12	+02:23:09	13:01
145	1066	Bruno Diogo da Costa Santos	Fire Team BVMC	Senior Masculino	04:59:12	+02:23:09	13:01
146	1018	Miguel Cruz	Associação Desportiva da Efacec	Senior Masculino	05:01:38	+02:25:35	13:07
147	1354	Toze Almeida	Individual	Senior Masculino	05:09:21	+02:33:18	13:27

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Trilhos dos Abutres 23K

23 KM

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OFFICIAL RESULT

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148	1365	SORTEIO DECATHLON1	Individual	Senior Masculino	05:09:49	+02:33:46	13:28
149	1366	SORTEIO DECATHLON2	Individual	Senior Masculino	05:09:49	+02:33:46	13:28
150	1296	João Pedro Antunes Rodrigues	Individual	Senior Masculino	05:10:55	+02:34:52	13:31
151	1160	Daniel Machado	OS FUGITIVOS DA CRISE	Senior Masculino	05:11:53	+02:35:50	13:34
152	1321	Luís Alberto Bonito Cavaleiro	Individual	Senior Masculino	05:13:20	+02:37:17	13:37
153	1183	Carlos Brito	PROAVENTURAS	Senior Masculino	05:14:04	+02:38:01	13:39
154	1127	Sérgio Marques	O Mundo da Corrida	Senior Masculino	05:16:00	+02:39:57	13:44
155	1060	Diamantino Linhares	eXCepçãoBTT	Senior Masculino	05:16:46	+02:40:43	13:46
156	1261	Pedro Santos	Individual	Senior Masculino	05:17:02	+02:40:59	13:47
157	1349	Ricardo Garcia Guedes	Individual	Senior Masculino	05:17:02	+02:40:59	13:47
158	1263	Ricardo Jorge Bastos dos Santos	Individual	Senior Masculino	05:19:15	+02:43:12	13:53
159	1156	Renato Figueiredo	OFFtel Runners	Senior Masculino	05:19:27	+02:43:24	13:53
160	1258	Tiago Simoes	Individual	Senior Masculino	05:22:06	+02:46:03	14:00
161	1109	Tiago Costa	Núcleo de Montanha de Espinho	Senior Masculino	05:23:30	+02:47:27	14:04
162	1091	Pedro Lobo	Lap2Go	Senior Masculino	05:24:23	+02:48:20	14:06
163	1139	João Laranjeira	OFFtel Runners	Senior Masculino	05:31:10	+02:55:07	14:24
164	1236	Sérgio Baptista	Individual	Senior Masculino	05:31:29	+02:55:26	14:25
165	1075	Tiago José Amaro Simões	Fire Team BVMC	Senior Masculino	05:37:53	+03:01:50	14:41
166	1082	João Vilar	FOTHA	Senior Masculino	05:41:40	+03:05:37	14:51
167	1375	Gustavo Faria	C.A.S.P.A./GreenRoc	Senior Masculino	05:45:04	+03:09:01	15:00
168	1306	Duarte de Oliveira Monteiro Donas Bôto	Individual	Senior Masculino	05:57:26	+03:21:23	15:32
169	1076	Rui Filipe Simoes Raposo	Fire Team BVMC	Senior Masculino	06:01:07	+03:25:04	15:42
170	1381	Ricardo Dias	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	06:30:34	+03:54:31	16:59
171	1317	João Veigas	Individual	Senior Masculino	06:30:39	+03:54:36	16:59
172	1238	Nuno Fernandes	Individual	Senior Masculino	06:36:32	+04:00:29	17:14

Sub 23 Feminino

1	1151	Patricia Carreira	OFFtel Runners	Sub 23 Feminino	03:18:02	+41:59	08:37
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Sub 23 Masculino

1	1225	Bruno Figueiredo	OFFtel Runners	Sub 23 Masculino	03:15:05	+39:02	08:29
2	1352	David Rodrigues Quelhas	Individual	Sub 23 Masculino	03:16:25	+40:22	08:32
3	1184	Bruno Mendes	PRT/AD QUINTA	Sub 23 Masculino	03:47:53	+01:11:50	09:54
4	1219	João Cesar Grilo Ramos	UGAS TRAIL Running	Sub 23 Masculino	04:08:04	+01:32:01	10:47
5	1299	David Francisco Ventura Amado	Individual	Sub 23 Masculino	04:14:07	+01:38:04	11:03
6	1267	Ricardo Areias	Oralklass Amigos do Trail	Sub 23 Masculino	04:19:55	+01:43:52	11:18
7	1448	João Carlos Nunes Patrício	Pizzaria Papo-Seco Trail	Sub 23 Masculino	04:43:47	+02:07:44	12:20
8	1080	Tiago Miguel Simoes Amado	Fire Team BVMC	Sub 23 Masculino	04:44:10	+02:08:07	12:21
9	1385	Joao Pedro Castanheira	Individual	Sub 23 Masculino	05:04:33	+02:28:30	13:14
10	1431	Marco José Cravo Costa	Individual	Sub 23 Masculino	05:10:54	+02:34:51	13:31

Trilhos dos Abutres 23K

23 KM

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OFFICIAL RESULT

[illegible]

Veterana F40

1	1323	Paula Diz Ferreiro	Individual	Veterana F40	03:52:47	+01:16:44	10:07:31
2	1105	Maria Lurdes Gil	Mountain Trail Team / Cesta da Camponesa	Veterana F40	04:31:30	+01:55:27	11:48:37
3	1345	Karina Moura	Individual	Veterana F40	04:37:04	+02:01:01	12:03:45
4	1423	Isabel Almeida	Individual	Veterana F40	04:49:43	+02:13:40	12:36:26
5	1292	Maria Isabel de Araujo Martins	Individual	Veterana F40	05:06:03	+02:30:00	13:18:18
6	1053	RUTH MARIA DIAS DUARTE	eXCepçãoBTT	Veterana F40	05:16:43	+02:40:40	13:46:23
7	1092	Alexandra Martins	Liga dos Últimos	Veterana F40	05:27:34	+02:51:31	14:15:05
8	1273	Fátima Cristina Alves	Individual	Veterana F40	05:32:36	+02:56:33	14:28:59
9	1084	Maria Monteiro	FOTHA	Veterana F40	05:40:18	+03:04:15	14:48:33
10	1191	Ana Paula Pinto	RUN TO BE ALIVE	Veterana F40	05:44:16	+03:08:13	14:58:49
11	1319	Ana Maria Pires Marques	Individual	Veterana F40	06:44:35	+04:08:32	17:35:17

Veterana F45

1	1118	Isabel Trindade	O Mundo da Corrida	Veterana F45	04:35:34	+01:59:31	11:59
2	1427	Ana Luisa Vidal da Silva	Slowdown Trail Running	Veterana F45	04:56:07	+02:20:04	12:52
3	1152	Paula Cristina Gil Santos	OFFtel Runners	Veterana F45	05:04:26	+02:28:23	13:14
4	1293	Mafalda Nunes	Individual	Veterana F45	05:11:26	+02:35:23	13:32
5	111	MARIA CEU MARCELINO MOVILHA N SILVA	Clube Millennium BCP	Veterana F45	06:13:10	+03:37:07	16:13
6	1200	Marina Sousa	SCALABIS NIGHT RUNNERS	Veterana F45	06:21:54	+03:45:51	16:36
7	1402	Maria Jose Batista	Individual	Veterana F45	06:58:30	+04:22:27	18:12
8	1117	Isabel Sequeira	O Mundo da Corrida	Veterana F45	07:30:28	+04:54:25	19:35

Veterana F50

1	1262	Catherine de Freitas	ADA DESNIVEL	Veterana F50	05:48:25	+03:12:22	15:09
2	1	Margarida Henriques	O Mundo da Corrida	Veterana F50	06:25:59	+03:49:56	16:47
3	1324	Esmeralda Fatima Oliveira Melo	Individual	Veterana F50	06:47:29	+04:11:26	17:43
4	1230	Anabela Esteves	Individual	Veterana F50	07:44:18	+05:08:15	20:11

Veterano M40

1	1424	Armandino Taborda	LONGUS TRILHOS	Veterano M40	02:43:22	+07:19	07:06
2	1008	Orlando Manuel Pires	ARSM - Associação Recreativa de S. Miguel	Veterano M40	03:09:30	+33:27	08:14
3	1170	Carlos ILOURENÇO	Pinhal Total - Oleiros Aventura	Veterano M40	03:19:05	+43:02	08:39
4	1413	Luis Freitas	Individual	Veterano M40	03:31:48	+55:45	09:13
5	1104	Jorge Costa	Mountain Trail Team / Cesta da Camponesa	Veterano M40	03:38:27	+01:02:24	09:30
6	1180	Miguel Santos	PROAVENTURAS	Veterano M40	03:40:12	+01:04:09	09:34
7	1000	Leonel Duarte Cordeiro	4Trail	Veterano M40	03:45:42	+01:09:39	09:49
8	1119	Jorge Tiago	O Mundo da Corrida	Veterano M40	03:47:25	+01:11:22	09:53

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Trilhos dos Abutres 23K

23 KM

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OFFICIAL RESULT

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9	1325	José Luis Sobrino Rodríguez	Individual	Veterano M40	03:48:40	+01:12:37	09:57
10	1425	Pedro Joao Reis	Individual	Veterano M40	03:48:54	+01:12:51	09:57
11	1276	João Salgueiro	Individual	Veterano M40	03:48:56	+01:12:53	09:57
12	1441	Paolo Giacosa	K2RUN	Veterano M40	03:51:06	+01:15:03	10:03
13	1443	Paulo Ramirez	Slowdown Trail Running	Veterano M40	03:54:58	+01:18:55	10:13
14	1411	Miguel Catarino	Individual	Veterano M40	03:57:25	+01:21:22	10:19
15	1251	Luis Nunes	Individual	Veterano M40	03:58:27	+01:22:24	10:22
16	1445	Paulo Alexandre Lema Pelicano	Idealmed	Veterano M40	04:11:13	+01:35:10	10:55
17	1253	JOSE OLIVEIRA	Individual	Veterano M40	04:12:14	+01:36:11	10:58
18	1140	João Pedro Domingos	OFFtel Runners	Veterano M40	04:13:22	+01:37:19	11:01
19	1451	José Miguel Machado Marques dos Santos	Individual	Veterano M40	04:16:14	+01:40:11	11:08
20	1422	André Saleiro	EDV-VIANA TRAIL	Veterano M40	04:18:47	+01:42:44	11:15
21	1021	Miguel Fernado Pires de Carvalho	Associação Naval de Lisboa	Veterano M40	04:20:05	+01:44:02	11:18
22	1145	Miguel Mota	OFFtel Runners	Veterano M40	04:20:45	+01:44:42	11:20
23	1270	Luís Manuel Gomes Veríssimo	Individual	Veterano M40	04:21:32	+01:45:29	11:22
24	1264	Nuno Filipe Correia Rodrigues	Individual	Veterano M40	04:22:10	+01:46:07	11:24
25	1026	Nelson Machado Gois	BlackBulls ADCRP/CNI	Veterano M40	04:22:37	+01:46:34	11:25
26	1433	José Brito	C.A.S.P.A./GreenRoc	Veterano M40	04:23:10	+01:47:07	11:27
27	1343	Miguel Judas	Individual	Veterano M40	04:24:46	+01:48:43	11:31
28	1386	Artur Ferreira	Individual	Veterano M40	04:26:54	+01:50:51	11:36
29	1103	Rui Carvalho	Montanha Clube Trail Running	Veterano M40	04:29:04	+01:53:01	11:42
30	1265	Carlos Otão	Individual	Veterano M40	04:30:32	+01:54:29	11:46
31	1410	Miguel Almeida	Individual	Veterano M40	04:33:19	+01:57:16	11:53
32	1232	João Paradinha	Individual	Veterano M40	04:37:59	+02:01:56	12:05
33	1342	Nino Raleiras	Individual	Veterano M40	04:40:01	+02:03:58	12:10
34	1226	César Francisco	Individual	Veterano M40	04:46:19	+02:10:16	12:27
35	1090	Miguel Guimarães	Lap2Go	Veterano M40	04:50:38	+02:14:35	12:38
36	1135	Francisco Macedo	OFFtel Runners	Veterano M40	04:54:58	+02:18:55	12:49
37	1115	Hélder Tomé	O Mundo da Corrida	Veterano M40	04:56:28	+02:20:25	12:53
38	1030	Nuno Redinha	CAÇADORES DE COELHO	Veterano M40	05:06:50	+02:30:47	13:20
39	1291	Vasco Alexandre Valente Ferro de Brito Borges	Individual	Veterano M40	05:09:20	+02:33:17	13:27
40	1329	Nuno Homem Sousa	Individual	Veterano M40	05:16:47	+02:40:44	13:46
41	1285	Vitor Manuel Pereira Gonçalves	Individual	Veterano M40	05:22:06	+02:46:03	14:00
42	1093	Miguel Gameiro	Liga dos Últimos	Veterano M40	05:27:33	+02:51:30	14:14
43	1136	Francisco Monteiro	OFFtel Runners	Veterano M40	05:35:27	+02:59:24	14:35
44	1086	Pedro Ferreira da Costa	FOTHA	Veterano M40	05:40:18	+03:04:15	14:48
45	1326	José Carlos Araújo	Amigos da Montanha	Veterano M40	05:40:30	+03:04:27	14:48
46	1192	Antonio Freitas	RUN TO BE ALIVE	Veterano M40	05:44:16	+03:08:13	14:58
47	1159	Vitor Sarmento	OFFtel Runners	Veterano M40	05:55:19	+03:19:16	15:27
48	1284	João Pereira	Individual	Veterano M40	06:02:23	+03:26:20	15:45
49	1449	Luis Sá	Individual	Veterano M40	06:08:08	+03:32:05	16:00
50	1199	Rui Faria	run4fun	Veterano M40	06:24:41	+03:48:38	16:44
51	1279	Jose Maria Mascarenhas	Individual	Veterano M40	06:26:59	+03:50:56	16:50
52	1015	Eduardo Oliveira	Associação Desportiva da Efacec	Veterano M40	06:34:49	+03:58:46	17:10
53	1201	Pedro Domingues	Slowdown Trail Running	Veterano M40	06:44:37	+04:08:34	17:36

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Trilhos dos Abutres 23K

23 KM

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OFFICIAL RESULT

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54	1287	Luís Campos	Individual	Veterano M40	07:05:05	+04:29:02	18:29
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Veterano M45

1	1129	Rui Casaleiro	OFFtel Runners	Veterano M45	02:53:53	+17:50	07:34
2	1054	Fernando dos Reis Baltazar	eXCepçãoBTT	Veterano M45	02:57:26	+21:23	07:43
3	1260	José Manuel Antunes Correia	Individual	Veterano M45	03:00:59	+24:56	07:52
4	1434	João Sanches	C.A.S.P.A./GreenRoc	Veterano M45	03:09:05	+33:02	08:13
5	1102	Renato Barros	Montanha Clube Trail Running	Veterano M45	03:25:49	+49:46	08:57
6	1248	OSCAR JOSE DE OLIVEIRA LOUREIRO SILVA	Individual	Veterano M45	03:32:04	+56:01	09:11
7	1412	Arnaldo Santos	Individual	Veterano M45	03:36:28	+01:00:25	09:25
8	1058	Richard Vaudin	Delucci Team	Veterano M45	03:43:30	+01:07:27	09:43
9	1043	Eduardo Teixeira	CTAD tiagoaragao.com	Veterano M45	03:44:57	+01:08:54	09:47
10	1294	LEANDRO FREITAS	Individual	Veterano M45	03:49:38	+01:13:35	09:59
11	1228	José Carvalho	Individual	Veterano M45	03:49:53	+01:13:50	10:00
12	1405	Valdemar Oliveira	Individual	Veterano M45	03:54:39	+01:18:36	10:12
13	1007	Moisés Manso Nunes	ARSM - Associação Recreativa de S. Miguel	Veterano M45	04:01:48	+01:25:45	10:31
14	1239	Paulo Jorge Pinho Ferreira	Individual	Veterano M45	04:05:04	+01:29:01	10:39
15	1142	Luis Lages	OFFtel Runners	Veterano M45	04:07:17	+01:31:14	10:45
16	1430	artur manuel caretas lopes	Individual	Veterano M45	04:09:36	+01:33:33	10:51
17	1376	Henrique Narciso	C.A.S.P.A./GreenRoc	Veterano M45	04:22:06	+01:46:03	11:24
18	1392	Paulo Polónio	Individual	Veterano M45	04:32:05	+01:56:02	11:50
19	1052	Filipe (Black Bay) Goncalves	Desnível Positivo	Veterano M45	04:33:37	+01:57:34	11:54
20	1250	Armando Cruz	Individual	Veterano M45	04:34:12	+01:58:09	11:55
21	1358	Alberto Costa Almeida	Individual	Veterano M45	04:37:31	+02:01:28	12:04
22	1038	PAULO JORGE BAETA PINTO	Clube Millennium BCP	Veterano M45	04:42:53	+02:06:50	12:18
23	1233	paulo jose louro costa	Individual	Veterano M45	04:50:40	+02:14:37	12:38
24	1078	Alberto Pereira do Cabo	Fire Team BVMC	Veterano M45	05:10:54	+02:34:51	13:31
25	1022	Nuno Mendes	Associação Naval de Lisboa	Veterano M45	05:35:28	+02:59:25	14:35
26	1224	Pedro Conde	Individual	Veterano M45	06:01:07	+03:25:04	15:42
27	1399	Luis Pires	Individual	Veterano M45	06:27:46	+03:51:43	16:52
28	1384	Victor Manuel Morgado Ventura	Individual	Veterano M45	06:34:21	+03:58:18	17:09
29	1011	Vitor Manuel Pimenta	ARSM - Associação Recreativa de S. Miguel	Veterano M45	06:41:10	+04:05:07	17:27
30	1429	José Carlos Alves	Slowdown Trail Running	Veterano M45	06:44:37	+04:08:34	17:36
31	1403	Flavio manuel Olineira	Individual	Veterano M45	06:58:30	+04:22:27	18:12
32	1111	António Pereira	O Mundo da Corrida	Veterano M45	08:09:10	+05:33:07	21:16

Veterano M50

1	1432	Rui Manuel Agapito Marques	Clube Portugal Telecom	Veterano M50	03:10:44	+34:41	08:18
2	1120	José Simões	O Mundo da Corrida	Veterano M50	03:29:24	+53:21	09:06
3	1124	Pedro Beaumonte	O Mundo da Corrida	Veterano M50	03:54:52	+01:18:49	10:13

Trilhos dos Abutres 23K

23 KM

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OFFICIAL RESULT

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4	1311	Paulo Pinto	Individual	Veterano M50	04:30:33	+01:54:30	11:46
5	1406	Pedro Manuel Domingues Ferreira da Maia	Individual	Veterano M50	04:33:19	+01:57:16	11:53
6	1314	João Diogo	Individual	Veterano M50	05:04:26	+02:28:23	13:14
7	1035	JOSE CARLOS OLIVEIRA MACHADO FARIA	Clube Millennium BCP	Veterano M50	05:11:07	+02:35:04	13:32
8	1158	Sérgio Miranda	OFFtel Runners	Veterano M50	05:19:25	+02:43:22	13:53
9	1420	Fernando Camarneiro	Individual	Veterano M50	05:25:55	+02:49:52	14:10
10	1037	OSCAR SILVA MARQUES	Clube Millennium BCP	Veterano M50	06:13:11	+03:37:08	16:14
11	1036	LUIS CARLOS COSTA PRAZERES	Clube Millennium BCP	Veterano M50	06:13:11	+03:37:08	16:14
12	1428	João Pedro Almeida Liberal	Slowdown Trail Running	Veterano M50	06:44:37	+04:08:34	17:36
13	1436	Carlos Pinto Coelho	O Mundo da Corrida	Veterano M50	07:30:28	+04:54:25	19:35

Veterano M55

1	1450	Manuel Lino Costa	Individual	Veterano M55	03:09:34	+33:31	08:15
2	1182	Pedro Sousa	PROAVENTURAS	Veterano M55	03:21:55	+45:52	08:47
3	1143	Mário carvalho	OFFtel Runners	Veterano M55	03:38:34	+01:02:31	09:30
4	1116	Herbert Beaumont	O Mundo da Corrida	Veterano M55	04:00:52	+01:24:49	10:28
5	1169	Antonio Madeira	Pickle Films	Veterano M55	04:12:06	+01:36:03	10:58
6	1309	Fernando Martins Mateus	Individual	Veterano M55	04:30:30	+01:54:27	11:46
7	1361	José Moutinho	Confraria Trotamontes	Veterano M55	05:39:53	+03:03:50	14:47
8	2	Eduardo Santos	O Mundo da Corrida	Veterano M55	06:25:59	+03:49:56	16:47

Veterano M60

1	1359	Mario Silva Cardoso	Individual	Veterano M60	03:31:08	+55:05	09:11
2	1034	Luís Rei	CLAC - ENTRONCAMENTO	Veterano M60	04:10:23	+01:34:20	10:53
3	1114	Fernando Luis	O Mundo da Corrida	Veterano M60	04:35:30	+01:59:27	11:59
4	1435	Mayer Raposo	Associação de atletismo Lebres do sado	Veterano M60	05:57:02	+03:20:59	15:31