

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Sexo	Tempo
1	1	2	BRUNO SILVA	Oralklass-Amigos do trail	Senior Masculino	M	01:36:50,340
2	1	183	PEDRO SANTOS	Oralklass-Amigos do trail	Veterano M40	M	01:37:33,673
3	2	185	PEDRO ROCHA	GDR Retorta	Senior Masculino	M	01:38:36,600
4	2	184	LUÍS MARTINS	Oralklass-Amigos do trail	Veterano M40	M	01:38:39,130
5	3	218	NUNO PEREIRA	Oralklass-Amigos do trail	Senior Masculino	M	01:43:35,583
6	4	160	ANTONIO MAIA	TEAM TRAIL BEM VIVER	Senior Masculino	M	01:43:51,427
7	5	68	HELDER ROBALINHO	Individual	Senior Masculino	M	01:45:49,513
8	3	219	TOZÉ AMORIM	Fiães S Clube	Veterano M40	M	01:46:53,297
9	4	173	EURICO MOURA	GDR Retorta	Veterano M40	M	01:47:59,660
10	6	189	MÁRCIO CARVALHO	GDR Retorta	Senior Masculino	M	01:48:01,023
11	5	20	FERNANDO CARVALHO	NOS ACREDITAMOS	Veterano M40	M	01:49:58,003
12	7	193	TIAGO SOARES	Moinhos Run - ADRM	Senior Masculino	M	01:50:21,800
13	6	105	ANTONIO TELES	DAPproduções Eventos	Veterano M40	M	01:50:31,177
14	7	52	MAURICIO FERREIRA	Travassós Running Fafe	Veterano M40	M	01:51:38,803
15	8	433	CARLOS CUNHA	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	M	01:51:48,317
16	8	99	ABILIO ALMEIDA	Dá-lhe Gás Trail Team Fisioduo	Veterano M40	M	01:52:21,770
17	9	97	CARLOS PRUDÊNCIO	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	M	01:53:31,370
18	9	103	FRANK FRITSCHÉ	Individual	Veterano M40	M	01:54:17,757
19	10	131	ANDRÉ COSTA	Befitness runners	Senior Masculino	M	01:54:48,193
20	11	29	ANDRÉ COSTA	Corredores da noite	Senior Masculino	M	01:55:04,550
21	12	174	FLÁVIO OLIVEIRA	GDR Retorta	Senior Masculino	M	01:55:07,463
22	1	17	FRANCISCO LEMOS	NOS ACREDITAMOS	Veterano M50	M	01:55:20,297
23	13	75	SÉRGIO MONTEIRO	Sardonisca Runners	Senior Masculino	M	01:55:35,700
24	10	50	RUI SOUSA	Centro ciclista de gondomar	Veterano M40	M	01:55:44,977
25	11	30	CARLOS SILVA	Corredores da noite	Veterano M40	M	01:56:18,787
26	14	180	SÉRGIO PEREIRA	ErmidaFit	Senior Masculino	M	01:56:50,227
27	15	16	JOSE PINTO	NOS ACREDITAMOS	Senior Masculino	M	01:57:07,997
28	16	98	PEDRO DIAS	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	M	01:58:01,293
29	12	70	QUIM MANEL	Wolves	Veterano M40	M	01:58:06,130
30	13	620	LAURINDO OSÓRIO	KeMedo Team / Forno da Portela	Veterano M40	M	01:58:07,897
31	14	155	DIONISIO FERREIRA	TEAM TRAIL BEM VIVER	Veterano M40	M	01:58:28,577
32	2	120	JOSÉ RIBEIRO	Individual	Veterano M50	M	01:58:37,773
33	3	90	MANUEL FARIA	MSS Contabilidade Trail Team	Veterano M50	M	01:58:40,447
34	4	78	ADOLFO GOMES	C. A. Andatrilhos Freamunde	Veterano M50	M	01:58:48,503
35	17	48	NELSO VILELA	FigueiróFit	Senior Masculino	M	01:59:33,580
36	18	161	BRUNO FERNANDES	TEAM TRAIL BEM VIVER	Senior Masculino	M	01:59:54,940
37	19	42	ANTONIO PINTO	Monte dos Amigos	Senior Masculino	M	02:00:31,873
38	20	88	FILIPE PÓVOAS	MSS Contabilidade Trail Team	Senior Masculino	M	02:00:56,443
39	21	217	DAVID FERREIRA	Individual	Senior Masculino	M	02:01:27,323
40	5	106	CARLOS SILVA	DAPproduções Eventos	Veterano M50	M	02:01:41,057
41	22	107	BRUNO PEREIRA	ACRD POMBEIRO	Senior Masculino	M	02:01:57,563
42	15	210	FERNANDO GOMES	KeMedo Team / Forno da Portela	Veterano M40	M	02:02:01,443
43	23	124	TIAGO PINTO	C. A. Andatrilhos Freamunde	Senior Masculino	M	02:02:12,663
44	24	220	CARLOS CARDOSO	BITRUNNERS	Senior Masculino	M	02:02:46,367

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Sexo	Tempo
45	25	127	PEDRO JORGE	Aliança de Gandra	Senior Masculino	M	02:02:55,470
46	6	79	RICARDO MACHADO	C. A. Andatrilhos Freamunde	Veterano M50	M	02:03:35,957
47	7	51	MANUEL PINHEIRO	Individual	Veterano M50	M	02:03:44,037
48	8	18	ANTONIO PEREIRA	NOS ACREDITAMOS	Veterano M50	M	02:04:02,930
49	26	96	JOSÉ BARBOSA	Individual	Senior Masculino	M	02:04:20,893
50	16	100	AGOSTINHO COSTA	Dá-lhe Gás Trail Team Fisioduo	Veterano M40	M	02:04:25,813
51	27	149	JOÃO OLIVEIRA	Individual	Senior Masculino	M	02:04:37,463
52	17	31	ANJELO RIBEIRO	Corredores da noite	Veterano M40	M	02:05:57,970
53	9	28	INÁCIO MENDES	Corredores da noite	Veterano M50	M	02:05:58,117
54	18	89	VICTOR AZEVEDO	MSS Contabilidade Trail Team	Veterano M40	M	02:06:01,393
55	28	134	BRUNO FERREIRA	TURBO KINGS 2.0	Senior Masculino	M	02:06:07,913
56	19	39	LEANDRO PACHECO	Monte dos Amigos	Veterano M40	M	02:07:08,497
57	10	27	MANUEL COSTA	Corredores da noite	Veterano M50	M	02:07:37,817
58	20	195	JOAQUIM PINTO	Individual	Veterano M40	M	02:07:46,940
59	21	194	JORGE RIBEIRO	Individual	Veterano M40	M	02:07:47,783
60	29	36	MARCOS RIBEIRO	Individual	Senior Masculino	M	02:09:34,860
61	11	110	ADÃO SEABRA	Individual	Veterano M50	M	02:10:27,930
62	30	156	RICARDO FERNANDES	TEAM TRAIL BEM VIVER	Senior Masculino	M	02:10:34,033
63	31	157	BRUNO GONCALVES	TEAM TRAIL BEM VIVER	Senior Masculino	M	02:11:05,140
64	32	150	PAULO MELO	Individual	Senior Masculino	M	02:11:16,327
65	22	125	VÍTOR NETO	C. A. Andatrilhos Freamunde	Veterano M40	M	02:11:24,127
66	1	197	EVA MONTEIRO	Moinhos Run - ADRM	Senior Feminino	F	02:13:08,363
67	12	73	JOAQUIM BARBOSA	Individual	Veterano M50	M	02:13:09,740
68	33	154	FILIPE FERREIRA	TEAM TRAIL BEM VIVER	Senior Masculino	M	02:13:30,170
69	23	123	PEDRO SANTOS	Crocodilos / MisterPC	Veterano M40	M	02:14:23,173
70	24	34	JOSÉ AUGUSTO	Corredores da noite	Veterano M40	M	02:14:35,557
71	25	76	DANIEL MACHADO	C. A. Andatrilhos Freamunde	Veterano M40	M	02:14:42,800
72	26	25	VITOR SANTOS	Individual	Veterano M40	M	02:14:47,617
73	27	122	MANUEL FONSECA	100 Pressa	Veterano M40	M	02:14:48,947
74	34	170	TIAGO MOTA	BITRUNNERS	Senior Masculino	M	02:14:55,477
75	28	104	PAULO SOUSA	NOS ACREDITAMOS	Veterano M40	M	02:15:17,237
76	35	3	JOAO OLIVEIRA	Individual	Senior Masculino	M	02:15:34,563
77	36	121	VITOR CUNHA	DAPproduções Eventos	Senior Masculino	M	02:15:38,157
78	37	35	TIAGO SILVA	Corredores da noite	Senior Masculino	M	02:15:54,057
79	38	5	HUGO COUTO	Comdor Runners	Senior Masculino	M	02:16:01,730
80	39	181	RICARDO PAIS	ErmidaFit	Senior Masculino	M	02:16:11,110
81	2	169	SANDRA CUNHA	Amigos do Pedal TrailLagares	Senior Feminino	F	02:16:41,877
82	40	159	RUI MADUREIRA	TEAM TRAIL BEM VIVER	Senior Masculino	M	02:16:49,453
83	13	22	MARCELO FERNANDES	Individual	Veterano M50	M	02:17:10,197
84	41	85	ANTÓNIO SILVA	Wolves	Senior Masculino	M	02:17:52,947
85	1	65	HELENA GOMES	Wolves	Veterana F40	F	02:17:53,230
86	29	129	JOÃO TAVARES	BTT Alegria // TUBANI	Veterano M40	M	02:18:19,180
87	42	84	CARLOS FELGUEIRAS	Individual	Senior Masculino	M	02:19:11,320
88	30	69	MANUEL FREIRE	Clube Trilheiros & Amigos	Veterano M40	M	02:19:20,823

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Sexo	Tempo
89	43	10	HÉLDER MOREIRA	Mata elefantes	Senior Masculino	M	02:19:53,080
90	31	93	FILIPE PINHEIRO	Fridão sem limites	Veterano M40	M	02:20:27,643
91	44	196	TIAGO PEREIRA	Individual	Senior Masculino	M	02:21:03,407
92	32	126	PEDRO SILVA	Aliança de Gandra	Veterano M40	M	02:21:06,317
93	45	63	VASCO FARIA	CB RUN	Senior Masculino	M	02:21:31,497
94	46	44	RUI PEREIRA	Individual	Senior Masculino	M	02:21:32,827
95	47	205	LUIS PEREIRA	Individual	Senior Masculino	M	02:22:07,020
96	14	26	CASIMIRO TAVARES	Corredores da noite	Veterano M50	M	02:22:32,163
97	33	21	DANIEL MIRANDA	Individual	Veterano M40	M	02:22:42,407
98	48	140	PAULO NEVES	Individual	Senior Masculino	M	02:22:46,920
99	49	66	LUIS BARREIRO	CB RUN	Senior Masculino	M	02:23:44,937
100	50	108	NELSON FERREIRA	CB RUN	Senior Masculino	M	02:23:45,463
101	51	213	CARLOS LEAL	KeMedo Team / Forno da Portela	Senior Masculino	M	02:23:58,517
102	34	221	PAULO LEITE	Vizela nos Pés	Veterano M40	M	02:24:44,150
103	35	142	MIGUEL OLIVEIRA	Airão Trail Team	Veterano M40	M	02:25:07,140
104	52	102	TIAGO FERREIRA	100 Pressa	Senior Masculino	M	02:25:20,360
105	36	151	DIMITRI MATOS	GTT - Armazém do Caffè	Veterano M40	M	02:26:05,727
106	53	13	RUI BESSA	Sob Efeito Trail	Senior Masculino	M	02:26:14,483
107	37	199	JORGE MESQUITA	tog Associação Running Team	Veterano M40	M	02:27:36,033
108	54	111	ALEXANDRE FERNANDES	Clube Trilheiros & Amigos	Senior Masculino	M	02:27:45,417
109	55	190	ANDRÉ MAGALHÃES	Individual	Senior Masculino	M	02:28:04,273
110	56	179	RUI COSTA	Individual	Senior Masculino	M	02:28:22,727
111	57	56	JOSÉ CARVALHO	Travassós Running Fafe	Senior Masculino	M	02:28:42,053
112	38	55	HELDER PEREIRA	Travassós Running Fafe	Veterano M40	M	02:28:43,123
113	58	223	MANUEL SILVA	Gondomar Futsal Clube	Senior Masculino	M	02:29:30,287
114	15	37	JOSÉ GONÇALVES	Individual	Veterano M50	M	02:32:26,103
115	3	130	HELENA CASTRO	Befitness runners	Senior Feminino	F	02:32:33,733
116	39	200	RICARDO CARVALHO	tog Associação Running Team	Veterano M40	M	02:33:48,833
117	16	201	MANUEL BARROS	tog Associação Running Team	Veterano M50	M	02:33:49,607
118	17	12	TIAGO MENDES	Individual	Veterano M50	M	02:34:13,593
119	2	45	MARTA SOUSA	Individual	Veterana F40	F	02:34:48,170
120	59	4	EMANUEL ALMEIDA	Comdor Runners	Senior Masculino	M	02:34:54,103
121	60	54	NUNO ALMEIDA	Individual	Senior Masculino	M	02:36:07,007
122	40	207	RUI ALMEIDA	Nocturnos de Paredes	Veterano M40	M	02:36:45,683
123	41	192	SÉRGIO SOUSA	Individual	Veterano M40	M	02:36:59,627
124	18	46	DAVID NOGUEIRA	Hora do Lobo Trail/ CF Perosinho	Veterano M50	M	02:37:00,597
125	61	177	FERNANDO SOUSA	Individual	Senior Masculino	M	02:37:05,077
126	4	132	SANDRA SILVA	Befitness runners	Senior Feminino	F	02:37:09,877
127	3	215	LAURA MENDES	KeMedo Team / Forno da Portela	Veterana F40	F	02:37:23,057
128	19	147	JOSÉ FERREIRA	GTT - Armazém do Caffè	Veterano M50	M	02:40:04,763
129	62	208	ANDRÉ	Individual	Senior Masculino	M	02:40:47,427
130	63	146	JOÃO RODRIGUES	Individual	Senior Masculino	M	02:41:28,127
131	64	176	JOÃO SANTOS	Individual	Senior Masculino	M	02:41:54,717
132	65	94	MÁRIO FERREIRA	Evolution Trail Team	Senior Masculino	M	02:42:35,933

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Sexo	Tempo
133	42	224	JÚLIO HENRIQUES	Individual	Veterano M40	M	02:43:47,070
134	43	57	MIGUEL COSTA	Gansos	Veterano M40	M	02:44:49,673
135	44	74	JORGE CALDAS	Gansos	Veterano M40	M	02:44:49,887
136	20	62	ALVARO ALMEIDA	Gansos	Veterano M50	M	02:44:49,977
137	66	113	VITOR DIAS	DAPproduções Eventos	Senior Masculino	M	02:44:57,353
138	45	115	EDGAR CÂMARA	Equipa A	Veterano M40	M	02:45:30,233
139	5	204	ANA CONCEICÃO	Individual	Senior Feminino	F	02:45:37,820
140	6	167	JOANA SOUSA	Individual	Senior Feminino	F	02:45:38,397
141	67	168	JOSE SILVA	Individual	Senior Masculino	M	02:45:39,353
142	21	175	SÉRGIO PEREIRA	TrepaTrilhos Trail Team	Veterano M50	M	02:45:42,953
143	46	67	ROGÉRIO RIBEIRO	CB RUN	Veterano M40	M	02:46:59,913
144	7	206	FATIMA SANTANA	Individual	Senior Feminino	F	02:47:15,613
145	68	91	GUSTAVO SANTOS	GRAMIDENSE IFC	Senior Masculino	M	02:47:26,257
146	4	119	SUSANA NETA	Clube Zupper	Veterana F40	F	02:48:43,727
147	47	145	CARLOS CORREIA	Individual	Veterano M40	M	02:48:52,707
148	48	163	TIAGO MARTINS	Individual	Veterano M40	M	02:49:03,320
149	22	152	JORGE CARIA	Individual	Veterano M50	M	02:49:05,247
150	69	143	MÁRCIO MENDES	Individual	Senior Masculino	M	02:49:07,243
151	70	43	JOSE FERREIRA	Individual	Senior Masculino	M	02:49:11,620
152	5	109	MÓNICA SÁ	Tartarugas do Asfalto	Veterana F40	F	02:53:42,797
153	23	212	JORGE ESTEVES	KeMedo Team / Forno da Portela	Veterano M50	M	02:54:24,940
154	71	128	LUÍS	Individual	Senior Masculino	M	02:55:10,777
155	6	59	FLORINDA CARVALHO	Gansos	Veterana F40	F	02:56:06,697
156	72	7	PEDRO MADUREIRA	Comdor Runners	Senior Masculino	M	02:56:06,927
157	73	80	TIAGO MAIA	Spartans Spirit	Senior Masculino	M	02:56:08,660
158	8	171	BRUNA COELHO	Individual	Senior Feminino	F	02:56:24,077
159	49	172	ALFREDO ROCHA	Individual	Veterano M40	M	02:56:24,597
160	50	60	ALCINO TAVARES	Gansos	Veterano M40	M	02:56:24,810
161	74	41	MIGUEL PINTO	Monte dos Amigos	Senior Masculino	M	02:57:01,243
162	51	203	NELSON SANTOS	tog Associação Running Team	Veterano M40	M	02:57:51,787
163	7	81	MARLENE FERREIRA	Spartans Spirit	Veterana F40	F	02:57:53,420
164	52	58	PAULO RIBEIRO	Gansos	Veterano M40	M	02:58:05,963
165	8	61	CRISTINA NETO	Gansos	Veterana F40	F	02:58:06,420
166	24	6	PAULO JORGE	A.N.A.	Veterano M50	M	03:02:37,887
167	75	49	RUI MARANTE	Individual	Senior Masculino	M	03:02:40,627
168	9	53	LUIZA MOTA	Individual	Senior Feminino	F	03:04:09,263
169	76	71	SÉRGIO LOURO	Atalanta runners	Senior Masculino	M	03:05:01,097
170	53	72	PAULO CAMPOS	Individual	Veterano M40	M	03:05:01,170
171	25	24	ALBERTO MARTINS	Individual	Veterano M50	M	03:05:08,833
172	1	1	IRACEMA VILELA	Individual	Veterana F50	F	03:05:10,587
173	77	23	JOÃO NEVES	Individual	Senior Masculino	M	03:05:13,470
174	54	114	ALEXANDRE PEREIRA	Equipa A	Veterano M40	M	03:05:31,787
175	55	112	JORGE VASCONCELOS	Equipa A	Veterano M40	M	03:05:32,457
176	56	135	LEANDRO ANDRADE	Baltar Centro do Mundo	Veterano M40	M	03:08:49,553

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Sexo	Tempo
177	10	116	ANABELA SEABRA	Atalanta runners	Senior Feminino	F	03:13:15,833
178	78	117	PEDRO RODRIGUES	Atalanta runners	Senior Masculino	M	03:13:16,313
179	79	64	BRUNO VILAÇA	Atalanta runners	Senior Masculino	M	03:13:18,150
180	80	137	JOSÉ RIBEIRO	Baltar Centro do Mundo	Senior Masculino	M	03:16:57,863
181	81	166	PEDRO BARBOSA	Individual	Senior Masculino	M	03:16:58,057
182	82	216	RAUL ANDRADE	Individual	Senior Masculino	M	03:26:01,577
183	83	136	ANTÓNIO BESSA	Baltar Centro do Mundo	Senior Masculino	M	03:26:03,317
184	2	202	PAULINA SOARES	tog Associação Running Team	Veterana F50	F	03:26:12,297
185	9	211	SANDRA LOPES	KeMedo Team / Forno da Portela	Veterana F40	F	03:32:32,253
186	26	141	EDUARDO MOREIRA	Individual	Veterano M50	M	03:34:27,157
187	10	86	MIMI PÉREZ	Clube Trilheiros & Amigos	Veterana F40	F	03:34:27,653
188	11	83	MARLENE PINHEIRO	Individual	Senior Feminino	F	03:34:28,100
189	12	82	ANGELA PEREIRA	Individual	Senior Feminino	F	03:34:28,257
190	57	138	EURICO FERNANDES	Individual	Veterano M40	M	03:34:29,003
191	84	95	LUÍS SILVA	Individual	Senior Masculino	M	03:34:29,007
192	27	87	ARLINDO CUNHA	Clube Trilheiros & Amigos	Veterano M50	M	03:34:29,107
193	11	139	CLAUDIA FERNANDES	Individual	Veterana F40	F	03:34:30,337
194	13	198	LILIANA PEREIRA	tog Associação Running Team	Senior Feminino	F	04:22:25,627