6º Trail do Almonda
Pedrógão
05-julho-2015

MINI-TRAIL - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	-99ºC	-99%
End	12:47	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1126	João Plácido	união fci de tomar	Senior Masculino	01:00:38		05:03
2	1125	Sérgio Correia	união desportiva e recreativa zona alta-torres novas	Senior Masculino	01:01:34	+00:56	05:08
3	1029	Alcino Nunes	clac - entroncamento	Veterano M40	01:05:29	+04:51	05:27
4	1028	Ricardo Silva	clac - entroncamento	Sub 23 Masculino	01:06:04	+05:26	05:30
5	1124	Rui Leandro	união desportiva e recreativa zona alta-torres novas	Senior Masculino	01:07:13	+06:35	05:36
6	1027	João Pedro	clac - entroncamento	Senior Masculino	01:08:40	+08:02	05:43
7	1120	Helder José Ribeiro da costa	porto de mos a correr	Veterano M40	01:08:49	+08:11	05:44
8	1117	joão carlos alves de sousa	n.c.do sporting de torres novas	Veterano M40	01:13:10	+12:32	06:06
9	1067	Helder Fernandes Pereira	individual	Senior Masculino	01:13:16	+12:38	06:06
10	1123	Diogo Maia	união desportiva e recreativa zona alta-torres novas	Senior Masculino	01:13:27	+12:49	06:07
11	1127	Manuel Moreno	união fci de tomar	Veterano M50	01:15:31	+14:53	06:18
12	1030	Rui Simões	clac - entroncamento	Veterano M40	01:15:39	+15:01	06:18
13	1104	Luis Santos	individual	Veterano M40	01:16:41	+16:03	06:23
14	1106	PAULO GAIAO	individual	Veterano M40	01:17:27	+16:49	06:27
15	1009	Luís Fernando Maurício	ac portalegre / utsm	Veterano M40	01:17:39	+17:01	06:28
16	1082	Nuno Mendes	individual	Senior Masculino	01:17:57	+17:19	06:30
17	1100	Jorge Henrique Pereira de Sousa	individual	Veterano M40	01:18:49	+18:11	06:34
18	1116	silvia seco jorge	n.c.do sporting de torres novas	Veterana F40	01:18:49	+18:11	06:34
19	1133	Nuno Moita	urban corps family	Senior Masculino	01:18:50	+18:12	06:34
20	1137	Cláudio Rodrigues	urban corps family	Senior Masculino	01:18:50	+18:12	06:34
21	1088	Vasco Antunes	individual	Senior Masculino	01:19:00	+18:22	06:35
22	1084	Paulo Vieira	urban corps family	Senior Masculino	01:19:05	+18:27	06:35
23	1010	Luis Miguel da Cruz Rodrigues	ac portalegre / utsm	Veterano M40	01:20:09	+19:31	06:41
24	1091	João Pedro Nunes Proença	individual	Sub 23 Masculino	01:20:14	+19:36	06:41
25	1141	João Guia	urban corps family	Senior Masculino	01:20:36	+19:58	06:43
26	1129	João Heleno	urban corps family	Senior Masculino	01:20:36	+19:58	06:43
27	1143	Rodrigo Domingos	urban corps family	Senior Masculino	01:20:36	+19:58	06:43
28	1011	JOÃO CARLOS PINHEIRO CORREIA	ac portalegre / utsm	Veterano M50	01:21:06	+20:28	06:46
29	1087	Rui Pereira	individual	Senior Masculino	01:22:35	+21:57	06:53
30	1064	Francisco José Gonçalves Marques	individual	Senior Masculino	01:22:35	+21:57	06:53
31	1066	Gonçalo Antunes	individual	Senior Masculino	01:23:09	+22:31	06:56
32	1075	José Luís Dinis da Silva	individual	Senior Masculino	01:23:44	+23:06	06:59
33	1081	Nuno Marques	individual	Senior Masculino	01:23:59	+23:21	07:00
34	1072	João Carlos Estanqueiro Ferreira	individual	Senior Masculino	01:24:43	+24:05	07:04
35	1142	Luis Carvalho	urban corps family	Senior Masculino	01:24:43	+24:05	07:04
36	1071	João Bento	individual	Senior Masculino	01:25:29	+24:51	07:07
37	1052	Margarida Fernandes	individual	Senior Feminino	01:25:33	+24:55	07:08
38	1058	Alexandre Ferreira	individual	Senior Masculino	01:26:28	+25:50	07:12
39	1070	Hugo Silva	individual	Senior Masculino	01:26:58	+26:20	07:15
40	1065	Frederico Cerdeira	individual	Senior Masculino	01:27:00	+26:22	07:15

MINI-TRAIL - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1060	Carlos José da Silva Rodrigues	individual	Senior Masculino	01:27:15	+26:37	07:16
42	1103	Josué Amoroso	individual	Veterano M40	01:27:20	+26:42	07:17
43	1003	Filipa Gonçalves	ac portalegre / utsm	Senior Feminino	01:27:24	+26:46	07:17
44	1076	José Miguel Sousa Seguro	individual	Senior Masculino	01:27:28	+26:50	07:17
45	1107	Rui Travanca Pereira	individual	Veterano M40	01:27:52	+27:14	07:19
46	1134	João Fernandes	urban corps family	Senior Masculino	01:28:17	+27:39	07:21
47	1069	HUGO SEQUEIRA	individual	Senior Masculino	01:29:31	+28:53	07:28
48	1039	Rui Amaral	coc - clube de orientação do centro	Senior Masculino	01:29:56	+29:18	07:30
49	1108	Sérgio Paulo Caetano Mendes	individual	Veterano M40	01:30:28	+29:50	07:32
50	1083	Paulo carreira	individual	Senior Masculino	01:31:26	+30:48	07:37
51	1079	Marco Paulo Espalha Alexandre	individual	Senior Masculino	01:31:38	+31:00	07:38
52	1019	Rita Inês Ambrósio Henriques	caracol trail team	Senior Feminino	01:31:57	+31:19	07:40
53	1015	Telmo Pina	amigos	Sub 23 Masculino	01:33:41	+33:03	07:48
54	1004	RUTE MARIA FERNANDES FERREIRA	ac portalegre / utsm	Senior Feminino	01:34:56	+34:18	07:55
55	1005	Helena Ceia	ac portalegre / utsm	Veterana F40	01:34:56	+34:18	07:55
56	1062	ELIO BATISTA	individual	Senior Masculino	01:34:58	+34:20	07:55
57	1014	Gonçalo Palma	amigos	Sub 23 Masculino	01:35:30	+34:52	07:58
58	1074	Jorge Miguel Antunes C. Henriques	individual	Senior Masculino	01:35:31	+34:53	07:58
59	1101	José João Geada	individual	Veterano M40	01:36:21	+35:43	08:02
60	1036	Anabela Vieito	coc - clube de orientação do centro	Veterana F40	01:36:45	+36:07	08:04
61	1044	Ana Claudia Sereno	individual	Senior Feminino	01:36:57	+36:19	08:05
62	1139	Gonçalo Sousa	urban corps family	Senior Masculino	01:38:02	+37:24	08:10
63	1140	João Gonçalo	urban corps family	Senior Masculino	01:38:03	+37:25	08:10
64	1040	Carlos Monteiro	coc - clube de orientação do centro	Veterano M50	01:38:07	+37:29	08:11
65	1049	Filipa Alexandra de Jesus Ferreira Vedor	individual	Senior Feminino	01:39:08	+38:30	08:16
66	1020	Catarina Neves	caracol trail team	Veterana F40	01:39:10	+38:32	08:16
67	1008	JOSÉ MANUEL CASCALHO MOISÉS	ac portalegre / utsm	Veterano M40	01:39:43	+39:05	08:19
68	1099	Ismael Pires Duarte	individual	Veterano M40	01:40:42	+40:04	08:23
69	1042	Rui Jovino Martins	devagar se vai ao longe	Veterano M40	01:40:49	+40:11	08:24
70	1092	Raquel Maria	individual	Senior Feminino	01:41:29	+40:51	08:27
71	1038	Leonel Vieito	coc - clube de orientação do centro	Veterano M40	01:41:41	+41:03	08:28
72	309	Nuno Miguel Ferreira	offtel runners	Senior Masculino	01:42:12	+41:34	08:31
73	1032	Vitor Silva	clac - entroncamento	Veterano M50	01:43:39	+43:01	08:38
74	1145	José Manuel Trincão Marques	individual	Senior Masculino	01:46:09	+45:31	08:51
75	1080	Miguel Catarino Silva	individual	Senior Masculino	01:46:43	+46:05	08:54
76	1025	Antonio Joaquim	cks karate fzz	Veterano M40	01:46:52	+46:14	08:54
77	1136	Paula Fernandes	urban corps family	Senior Feminino	01:46:55	+46:17	08:55
78	1105	Paulo César Pina Seixas da Silva	individual	Veterano M40	01:47:08	+46:30	08:56
79	1085	Pedro Estanqueiro	individual	Veterano M40	01:48:00	+47:22	09:00
80	1023	Tania Fernandes	cks karate fzz	Senior Feminino	01:48:05	+47:27	09:00
81	1001	ANA RITA MAURÍCIO VENTURA	ac portalegre / utsm	Senior Feminino	01:48:58	+48:20	09:05
82	1122	Rui Cardoso	scalkokas	Veterano M40	01:49:19	+48:41	09:07
83	1046	Carla Maria Pereira Teopisto	individual	Senior Feminino	01:49:45	+49:07	09:09
84	1041	José António da Palma Bolrão	coc - clube de orientação do centro	Veterano M50	01:50:17	+49:39	09:11

MINI-TRAIL - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1118	joao sousa	offtel runners	Veterano M40	01:50:29	+49:51	09:12
86	1102	jose Manuel catarino orvalho	individual	Veterano M40	01:50:30	+49:52	09:13
87	1096	Natalia Escudeiro	individual	Veterana F40	01:50:31	+49:53	09:13
88	1033	António Seca	clube de atletismo "os pesados"	Veterano M50	01:50:33	+49:55	09:13
89	1131	Andreia Silva	urban corps family	Senior Feminino	01:50:35	+49:57	09:13
90	1111	José Conchinha	individual	Veterano M50	01:50:56	+50:18	09:15
91	1128	Hugo Oliveira	urban corps family	Senior Masculino	01:52:15	+51:37	09:21
92	1130	Tina Gonçalves	urban corps family	Veterana F40	01:52:15	+51:37	09:21
93	1144	Nuno Morgado	urban corps family	Veterano M40	01:52:22	+51:44	09:22
94	1135	Marta Silva	urban corps family	Senior Feminino	01:52:23	+51:45	09:22
95	1077	Luis Manuel de Almeida Lopes Silva	individual	Senior Masculino	01:53:19	+52:41	09:27
96	1006	MARIA JOÃO MONTEIRO VALÉRIO	ac portalegre / utsm	Veterana F40	01:53:28	+52:50	09:27
97	1037	Isabel António	coc - clube de orientação do centro	Veterana F50	01:56:42	+56:04	09:44
98	1119	Rafael Santos	os tugas	Veterano M40	01:58:05	+57:27	09:50
99	1115	Carlos Manuel da Conceição Ferraz	juventude vidigalense	Veterano M50	01:58:07	+57:29	09:51
100	1110	Francisco Linhol	individual	Veterano M50	01:58:23	+57:45	09:52
101	1093	Carla Morgado	individual	Veterana F40	01:58:32	+57:54	09:53
102	1086	Rui Pedro Costa Sousa	individual	Senior Masculino	02:00:02	+59:24	10:00
103	1138	Daniel Pedroso	urban corps family	Senior Masculino	02:00:43	+01:00:05	10:04
104	1132	Carla Teixeira	urban corps family	Senior Feminino	02:00:43	+01:00:05	10:04
105	1112	José Joaquim De Oliveira Pereira	individual	Veterano M50	02:00:44	+01:00:06	10:04
106	1022	Carlos Cagica	ccd siemens	Veterano M50	02:02:50	+01:02:12	10:14
107	1012	Francisca Trabucho	amigos	Sub 23 Feminino	02:03:29	+01:02:51	10:17
108	1017	PEDRO TRABUCHO	amigos	Veterano M50	02:03:29	+01:02:51	10:17
109	1054	Patrícia Isabel Picton Santos	individual	Senior Feminino	02:05:05	+01:04:27	10:25
110	1051	INES VIDAL	individual	Senior Feminino	02:05:05	+01:04:27	10:25
111	1002	Claudia Tavares	ac portalegre / utsm	Senior Feminino	02:05:05	+01:04:27	10:25
112	1057	Sandra Isabel de Oliveira Ferreira de Sousa	individual	Senior Feminino	02:05:58	+01:05:20	10:30
113	1024	Zulmira Silva	cks karate fzz	Veterana F40	02:05:58	+01:05:20	10:30
114	1026	Luis Lopes	cks karate fzz	Veterano M40	02:05:59	+01:05:21	10:30
115	1095	Dulce Manso	individual	Veterana F40	02:09:37	+01:08:59	10:48
116	1114	Susana Paula Duarte Vaz Saraiva Ferraz	juventude vidigalense	Veterana F50	02:10:20	+01:09:42	10:52
117	1045	Ana Sofia Presume Santos	individual	Senior Feminino	02:15:15	+01:14:37	11:16
118	1078	Luís Manuel Santos	individual	Senior Masculino	02:15:16	+01:14:38	11:16
119	1059	Camilo Mendes	individual	Senior Masculino	02:17:18	+01:16:40	11:27
120	1056	Rute Montenegro	individual	Senior Feminino	02:18:02	+01:17:24	11:30
121	1053	monica isabel santos carvalho	individual	Senior Feminino	02:18:02	+01:17:24	11:30
122	1121	Telma Eusébio	scalkokas	Senior Feminino	02:18:22	+01:17:44	11:32
123	1113	José Maria Barroca Sapateiro	individual	Veterano M50	02:24:26	+01:23:48	12:02
124	1055	Paula Alcântara Feliciano	individual	Senior Feminino	02:37:47	+01:37:09	13:09
125	1034	José Carlos Carreira Jorge	clube de atletismo "os pesados"	Veterano M50	02:41:24	+01:40:46	13:27
126	1035	José Luciano Ramos	clube de atletismo "os pesados"	Veterano M50	03:17:01	+02:16:23	16:25

MINI-TRAIL - STAGE 1 — 12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Mini-Trail

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	-99ºC	-99%
End	12:47	-99ºC	-99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1052	Margarida Fernandes	Individual	Senior Feminino	01:25:33		07:08
2	1003	Filipa Gonçalves	AC PORTALEGRE / UTSM	Senior Feminino	01:27:24	+01:51	07:17
3	1019	Rita Inês Ambrósio Henriques	Caracol Trail Team	Senior Feminino	01:31:57	+06:24	07:40
4	1004	RUTE MARIA FERNANDES FERREIRA	AC PORTALEGRE / UTSM	Senior Feminino	01:34:56	+09:23	07:55
5	1044	Ana Claudia Sereno	Individual	Senior Feminino	01:36:57	+11:24	08:05
6	1049	Filipa Alexandra de Jesus Ferreira Vedor	Individual	Senior Feminino	01:39:08	+13:35	08:16
7	1092	Raquel Maria	Individual	Senior Feminino	01:41:29	+15:56	08:27
8	1136	Paula Fernandes	Urban Corps Family	Senior Feminino	01:46:55	+21:22	08:55
9	1023	Tania Fernandes	CKS Karate FZZ	Senior Feminino	01:48:05	+22:32	09:00
10	1001	ANA RITA MAURÍCIO VENTURA	AC PORTALEGRE / UTSM	Senior Feminino	01:48:58	+23:25	09:05
11	1046	Carla Maria Pereira Teopisto	Individual	Senior Feminino	01:49:45	+24:12	09:09
12	1131	Andreia Silva	Urban Corps Family	Senior Feminino	01:50:35	+25:02	09:13
13	1135	Marta Silva	Urban Corps Family	Senior Feminino	01:52:23	+26:50	09:22
14	1132	Carla Teixeira	Urban Corps Family	Senior Feminino	02:00:43	+35:10	10:04
15	1054	Patrícia Isabel Picton Santos	Individual	Senior Feminino	02:05:05	+39:32	10:25
16	1051	INES VIDAL	Individual	Senior Feminino	02:05:05	+39:32	10:25
17	1002	Claudia Tavares	AC PORTALEGRE / UTSM	Senior Feminino	02:05:05	+39:32	10:25
18	1057	Sandra Isabel de Oliveira Ferreira de Sousa	Individual	Senior Feminino	02:05:58	+40:25	10:30
19	1045	Ana Sofia Presume Santos	Individual	Senior Feminino	02:15:15	+49:42	11:16
20	1056	Rute Montenegro	Individual	Senior Feminino	02:18:02	+52:29	11:30
21	1053	monica isabel santos carvalho	Individual	Senior Feminino	02:18:02	+52:29	11:30
22	1121	Telma Eusébio	Scalkokas	Senior Feminino	02:18:22	+52:49	11:32
23	1055	Paula Alcântara Feliciano	Individual	Senior Feminino	02:37:47	+01:12:14	13:09

Senior Masculino

1	1126	João Plácido	UNIÃO FCI DE TOMAR	Senior Masculino	01:00:38		05:03
2	1125	Sérgio Correia	União Desportiva e Recreativa Zona Alta-Torres Novas	Senior Masculino	01:01:34	+00:56	05:08
3	1124	Rui Leandro	União Desportiva e Recreativa Zona Alta-Torres Novas	Senior Masculino	01:07:13	+06:35	05:36
4	1027	João Pedro	CLAC - ENTRONCAMENTO	Senior Masculino	01:08:40	+08:02	05:43
5	1067	Helder Fernandes Pereira	Individual	Senior Masculino	01:13:16	+12:38	06:06
6	1123	Diogo Maia	União Desportiva e Recreativa Zona Alta-Torres Novas	Senior Masculino	01:13:27	+12:49	06:07
7	1082	Nuno Mendes	Individual	Senior Masculino	01:17:57	+17:19	06:30
8	1133	Nuno Moita	Urban Corps Family	Senior Masculino	01:18:50	+18:12	06:34
9	1137	Cláudio Rodrigues	Urban Corps Family	Senior Masculino	01:18:50	+18:12	06:34

Mini-Trail

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

10	1088	Vasco Antunes	Individual	Senior Masculino	01:19:00	+18:22	06:35
11	1084	Paulo Vieira	Urban Corps Family	Senior Masculino	01:19:05	+18:27	06:35
12	1141	João Guia	Urban Corps Family	Senior Masculino	01:20:36	+19:58	06:43
13	1129	João Heleno	Urban Corps Family	Senior Masculino	01:20:36	+19:58	06:43
14	1143	Rodrigo Domingos	Urban Corps Family	Senior Masculino	01:20:36	+19:58	06:43
15	1087	Rui Pereira	Individual	Senior Masculino	01:22:35	+21:57	06:53
16	1064	Francisco José Gonçalves Marques	Individual	Senior Masculino	01:22:35	+21:57	06:53
17	1066	Gonçalo Antunes	Individual	Senior Masculino	01:23:09	+22:31	06:56
18	1075	José Luís Dinis da Silva	Individual	Senior Masculino	01:23:44	+23:06	06:59
19	1081	Nuno Marques	Individual	Senior Masculino	01:23:59	+23:21	07:00
20	1072	João Carlos Estanqueiro Ferreira	Individual	Senior Masculino	01:24:43	+24:05	07:04
21	1142	Luis Carvalho	Urban Corps Family	Senior Masculino	01:24:43	+24:05	07:04
22	1071	João Bento	Individual	Senior Masculino	01:25:29	+24:51	07:07
23	1058	Alexandre Ferreira	Individual	Senior Masculino	01:26:28	+25:50	07:12
24	1070	Hugo Silva	Individual	Senior Masculino	01:26:58	+26:20	07:15
25	1065	Frederico Cerdeira	Individual	Senior Masculino	01:27:00	+26:22	07:15
26	1060	Carlos José da Silva Rodrigues	Individual	Senior Masculino	01:27:15	+26:37	07:16
27	1076	José Miguel Sousa Seguro	Individual	Senior Masculino	01:27:28	+26:50	07:17
28	1134	João Fernandes	Urban Corps Family	Senior Masculino	01:28:17	+27:39	07:21
29	1069	HUGO SEQUEIRA	Individual	Senior Masculino	01:29:31	+28:53	07:28
30	1039	Rui Amaral	COC - Clube de Orientação do Centro	Senior Masculino	01:29:56	+29:18	07:30
31	1083	Paulo carreira	Individual	Senior Masculino	01:31:26	+30:48	07:37
32	1079	Marco Paulo Espalha Alexandre	Individual	Senior Masculino	01:31:38	+31:00	07:38
33	1062	ELIO BATISTA	Individual	Senior Masculino	01:34:58	+34:20	07:55
34	1074	Jorge Miguel Antunes C. Henriques	Individual	Senior Masculino	01:35:31	+34:53	07:58
35	1139	Gonçalo Sousa	Urban Corps Family	Senior Masculino	01:38:02	+37:24	08:10
36	1140	João Gonçalo	Urban Corps Family	Senior Masculino	01:38:03	+37:25	08:10
37	309	Nuno Miguel Ferreira	OFFtel Runners	Senior Masculino	01:42:12	+41:34	08:31
38	1145	José Manuel Trincão Marques	Individual	Senior Masculino	01:46:09	+45:31	08:51
39	1080	Miguel Catarino Silva	Individual	Senior Masculino	01:46:43	+46:05	08:54
40	1128	Hugo Oliveira	Urban Corps Family	Senior Masculino	01:52:15	+51:37	09:21
41	1077	Luis Manuel de Almeida Lopes Silva	Individual	Senior Masculino	01:53:19	+52:41	09:27
42	1086	Rui Pedro Costa Sousa	Individual	Senior Masculino	02:00:02	+59:24	10:00
43	1138	Daniel Pedroso	Urban Corps Family	Senior Masculino	02:00:43	+01:00:05	10:04
44	1078	Luís Manuel Santos	Individual	Senior Masculino	02:15:16	+01:14:38	11:16
45	1059	Camilo Mendes	Individual	Senior Masculino	02:17:18	+01:16:40	11:27

Sub 23 Feminino

1	1012	Francisca Trabucho	Amigos	Sub 23 Feminino	02:03:29		10:17

Sub 23 Masculino

1	1028	Ricardo Silva	CLAC - ENTRONCAMENTO	Sub 23 Masculino	01:06:04		05:30
2	1091	João Pedro Nunes Proença	Individual	Sub 23 Masculino	01:20:14	+14:10	06:41

3	1015	Telmo Pina	Amigos	Sub 23 Masculino	01:33:41	+27:37	07:48
4	1014	Gonçalo Palma	Amigos	Sub 23 Masculino	01:35:30	+29:26	07:58

Veterana F40

1	1116	silvia seco jorge	n.c.do sporting de torres novas	Veterana F40	01:18:49		06:34
2	1005	Helena Ceia	AC PORTALEGRE / UTSM	Veterana F40	01:34:56	+16:07	07:55
3	1036	Anabela Vieito	COC - Clube de Orientação do Centro	Veterana F40	01:36:45	+17:56	08:04
4	1020	Catarina Neves	Caracol Trail Team	Veterana F40	01:39:10	+20:21	08:16
5	1096	Natalia Escudeiro	Individual	Veterana F40	01:50:31	+31:42	09:13
6	1130	Tina Gonçalves	Urban Corps Family	Veterana F40	01:52:15	+33:26	09:21
7	1006	MARIA JOÃO MONTEIRO VALÉRIO	AC PORTALEGRE / UTSM	Veterana F40	01:53:28	+34:39	09:27
8	1093	Carla Morgado	Individual	Veterana F40	01:58:32	+39:43	09:53
9	1024	Zulmira Silva	CKS Karate FZZ	Veterana F40	02:05:58	+47:09	10:30
10	1095	Dulce Manso	Individual	Veterana F40	02:09:37	+50:48	10:48

Veterana F50

1	1037	Isabel António	COC - Clube de Orientação do Centro	Veterana F50	01:56:42		09:44
2	1114	Susana Paula Duarte Vaz Saraiva Ferraz	Juventude Vidigalense	Veterana F50	02:10:20	+13:38	10:52

Veterano M40

1	1029	Alcino Nunes	CLAC - ENTRONCAMENTO	Veterano M40	01:05:29		05:27
2	1120	Helder José Ribeiro da costa	Porto de mos a correr	Veterano M40	01:08:49	+03:20	05:44
3	1117	joão carlos alves de sousa	n.c.do sporting de torres novas	Veterano M40	01:13:10	+07:41	06:06
4	1030	Rui Simões	CLAC - ENTRONCAMENTO	Veterano M40	01:15:39	+10:10	06:18
5	1104	Luis Santos	Individual	Veterano M40	01:16:41	+11:12	06:23
6	1106	PAULO GAIAO	Individual	Veterano M40	01:17:27	+11:58	06:27
7	1009	Luís Fernando Maurício	AC PORTALEGRE / UTSM	Veterano M40	01:17:39	+12:10	06:28
8	1100	Jorge Henrique Pereira de Sousa	Individual	Veterano M40	01:18:49	+13:20	06:34
9	1010	Luis Miguel da Cruz Rodrigues	AC PORTALEGRE / UTSM	Veterano M40	01:20:09	+14:40	06:41
10	1103	Josué Amoroso	Individual	Veterano M40	01:27:20	+21:51	07:17
11	1107	Rui Travanca Pereira	Individual	Veterano M40	01:27:52	+22:23	07:19
12	1108	Sérgio Paulo Caetano Mendes	Individual	Veterano M40	01:30:28	+24:59	07:32
13	1101	José João Geada	Individual	Veterano M40	01:36:21	+30:52	08:02
14	1008	JOSÉ MANUEL CASCALHO MOISÉS	AC PORTALEGRE / UTSM	Veterano M40	01:39:43	+34:14	08:19
15	1099	Ismael Pires Duarte	Individual	Veterano M40	01:40:42	+35:13	08:23
16	1042	Rui Jovino Martins	Devagar se vai ao longe	Veterano M40	01:40:49	+35:20	08:24
17	1038	Leonel Vieito	COC - Clube de Orientação do Centro	Veterano M40	01:41:41	+36:12	08:28
18	1025	Antonio Joaquim	CKS Karate FZZ	Veterano M40	01:46:52	+41:23	08:54
19	1105	Paulo César Pina Seixas da Silva	Individual	Veterano M40	01:47:08	+41:39	08:56

Mini-Trail

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

20	1085	Pedro Estanqueiro	Individual	Veterano M40	01:48:00	+42:31	09:00
21	1122	Rui Cardoso	Scalkokas	Veterano M40	01:49:19	+43:50	09:07
22	1118	joao sousa	OFFtel Runners	Veterano M40	01:50:29	+45:00	09:12
23	1102	jose Manuel catarino orvalho	Individual	Veterano M40	01:50:30	+45:01	09:13
24	1144	Nuno Morgado	Urban Corps Family	Veterano M40	01:52:22	+46:53	09:22
25	1119	Rafael Santos	OS TUGAS	Veterano M40	01:58:05	+52:36	09:50
26	1026	Luis Lopes	CKS Karate FZZ	Veterano M40	02:05:59	+01:00:30	10:30

Veterano M50

1	1127	Manuel Moreno	UNIÃO FCI DE TOMAR	Veterano M50	01:15:31		06:18
2	1011	JOÃO CARLOS PINHEIRO CORREIA	AC PORTALEGRE / UTSM	Veterano M50	01:21:06	+05:35	06:46
3	1040	Carlos Monteiro	COC - Clube de Orientação do Centro	Veterano M50	01:38:07	+22:36	08:11
4	1032	Vitor Silva	CLAC - ENTRONCAMENTO	Veterano M50	01:43:39	+28:08	08:38
5	1041	José António da Palma Bolrão	COC - Clube de Orientação do Centro	Veterano M50	01:50:17	+34:46	09:11
6	1033	António Seca	Clube de Atletismo "Os Pesados"	Veterano M50	01:50:33	+35:02	09:13
7	1111	José Conchinha	Individual	Veterano M50	01:50:56	+35:25	09:15
8	1115	Carlos Manuel da Conceição Ferraz	Juventude Vidigalense	Veterano M50	01:58:07	+42:36	09:51
9	1110	Francisco Linhol	Individual	Veterano M50	01:58:23	+42:52	09:52
10	1112	José Joaquim De Oliveira Pereira	Individual	Veterano M50	02:00:44	+45:13	10:04
11	1022	Carlos Cagica	CCD Siemens	Veterano M50	02:02:50	+47:19	10:14
12	1017	PEDRO TRABUCHO	Amigos	Veterano M50	02:03:29	+47:58	10:17
13	1113	José Maria Barroca Sapateiro	Individual	Veterano M50	02:24:26	+01:08:55	12:02
14	1034	José Carlos Carreira Jorge	Clube de Atletismo "Os Pesados"	Veterano M50	02:41:24	+01:25:53	13:27
15	1035	José Luciano Ramos	Clube de Atletismo "Os Pesados"	Veterano M50	03:17:01	+02:01:30	16:25

MINI TRAIL COLETIVA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLAC - ENTRONCAMENTO	3 + 4 + 6	13
2	União Desportiva e Recreativa Zona Alta-Torres Novas	2 + 5 + 10	17
3	Urban Corps Family	19 + 20 + 22	61
4	AC PORTALEGRE / UTSM	15 + 23 + 28	66
5	COC - Clube de Orientação do Centro	48 + 60 + 64	172
6	Amigos	53 + 57 + 107	217
7	CKS Karate FZZ	76 + 80 + 113	269
8	Clube de Atletismo "Os Pesados"	88 + 125 + 126	339