

POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
1	1328	António Almeida	Casa Do Benfica Em Abrantes	01:16:20.337	00:00:00.000
2	1398	Ricardo Fonseca	Individual	01:19:37.267	00:03:16.930
3	1057	Tiago Henoch	Scalabis Night Runners	01:26:22.277	00:10:01.940
4	1232	Cláudio Bica	Individual	01:28:31.033	00:12:10.696
5	1383	Nelson Pereira	Garehotelruninng	01:28:45.557	00:12:25.220
6	1170	Pedro Henriques	Individual	01:29:13.037	00:12:52.700
7	1359	Pedro Pinheiro	Trilho Perdido Eventos/Imporlux	01:30:33.977	00:14:13.640
8	1080	Márcio Monteiro	Gdmtrailteam	01:32:15.547	00:15:55.210
9	1342	Pedro Pascoal	Arrabida Obstacle Runners	01:32:55.293	00:16:34.956
10	522	Jorge Alves	Os Matrecos	01:40:21.067	00:24:00.730
11	1048	Joel Gomes	Individual	01:40:25.073	00:24:04.736
12	1012	Luis Neves	Marinhais Ac	01:40:30.893	00:24:10.556
13	1353	João Machado	Os Matrecos	01:41:25.137	00:25:04.800
14	1046	Filipe Pimenta	Individual	01:41:33.887	00:25:13.550
15	1039	Joao Gonçalves	Individual	01:41:50.820	00:25:30.483
16	1238	Diogo Silva	Abc Gaviões Trail	01:41:53.317	00:25:32.980
17	1087	Rodrigo Reis	Individual	01:43:45.073	00:27:24.736
18	1348	Rui Silva	Santagri Opel	01:43:46.823	00:27:26.486
19	1233	João Proença	Trilhos Dos Templários - Greenroc.Pt	01:43:54.573	00:27:34.236
20	1049	Belmiro Pinto	Scd Glória Do Ribatejo	01:44:11.120	00:27:50.783
21	1357	Paulo Martins	Casa Do Benfica Em Abrantes	01:44:24.827	00:28:04.490
22	1358	Francisco Martins	Individual	01:45:03.577	00:28:43.240
23	1081	Pedro Granadas	Individual	01:45:18.833	00:28:58.496
24	1370	Vitor Lopes	Individual	01:45:22.327	00:29:01.990
25	1077	Antonio Almeida	Nucleo Dsportivo Autocoope	01:46:14.847	00:29:54.510
26	1072	Juvenal Moreira	Deixem Passar Os Coxos	01:46:56.583	00:30:36.246
27	1001	Toni Pereira	Individual	01:47:28.583	00:31:08.246
28	1236	Nuno Gomes	Individual	01:47:47.333	00:31:26.996
29	1268	Estela Martinho	Arrabida Obstacle Runners	01:47:53.833	00:31:33.496
30	1361	João Rafael	Individual	01:47:54.330	00:31:33.993
31	1285	Esmeraldo Prudêncio	Liz Runners	01:48:12.087	00:31:51.750
32	1121	Sergio Lopes	Aminhacorrída/Myprotein	01:50:43.340	00:34:23.003
33	1416	Diogo Maia	Zona Alta Trail	01:51:43.853	00:35:23.516
34	1228	Pedro Fogueteiro	"C.D ""Os Aguias"" De Alpiarça"	01:52:17.513	00:35:57.176
35	1083	João Costa	"C.D ""Os Aguias"" De Alpiarça"	01:52:28.343	00:36:08.006
36	1096	Paulo Rato	G.D.M. Trail Team	01:52:34.850	00:36:14.513
37	1065	Mário Rosa	Vitória Clube De Santarém	01:52:35.623	00:36:15.286
38	1010	Gonçalo Águas	Individual	01:52:38.497	00:36:18.160
39	1225	Dinis Pedralva	Individual	01:52:41.947	00:36:21.610
40	1174	Nelson Aguiar	Sflur	01:52:51.283	00:36:30.946
41	1356	José Pereira	Santagri Opel	01:52:51.320	00:36:30.983
42	1197	Dany Grilo	Grupo Alegre E Unido	01:52:54.270	00:36:33.933
43	1352	Fernando Ribeiro	Santagri Opel	01:53:02.347	00:36:42.010
44	1088	João Alves	Individual	01:53:13.347	00:36:53.010
45	1311	João Turíbia	Vide Trail Team	01:53:16.223	00:36:55.886
46	1278	Diogo Lucas	Montirunners	01:53:19.847	00:36:59.510
47	1289	Bruno Quitério	Strendure Running Team	01:53:19.943	00:36:59.606
48	1062	Belarmino Catroga	Individual	01:53:33.587	00:37:13.250
49	1058	Sérgio Simões	Individual	01:53:53.507	00:37:33.170
50	1059	João Cruz	Individual	01:53:53.830	00:37:33.493
51	1156	Carlos Martins	Boom Trail Team	01:54:03.830	00:37:43.493
52	1412	Nuno Oliveira	Os Trinca Espinhas	01:54:10.787	00:37:50.450
53	1086	Mário Caridade	Vegan Runner	01:54:14.713	00:37:54.376
54	1136	Pedro Borrego	Individual	01:54:57.600	00:38:37.263
55	1013	José Leal	Marinhais Ac	01:55:14.027	00:38:53.690
56	1014	Antonio Leal	Marinhais Ac	01:55:16.667	00:38:56.330
57	1341	Miguel Navega	Acportalegre / Utsm	01:55:36.657	00:39:16.320
58	1286	Joao Aranha	Craks Do Pedal Coruche	01:55:41.880	00:39:21.543
59	1388	José Martins	Individual	01:55:42.177	00:39:21.840
60	508	Ines Almeida	Conquistadores	01:55:51.117	00:39:30.780
61	1322	João Jacinto	Ccd Alvitejo	01:55:52.250	00:39:31.913
62	599	António Guerreiro	Monsanto Running Team	01:56:11.340	00:39:51.003
63	1300	Marco Madeira	Individual	01:56:14.737	00:39:54.400
64	1360	André Riscado	Strendure Running Team	01:56:18.287	00:39:57.950

POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
65	1015	Pedro Silva	Individual	01:56:25.550	00:40:05.213
66	1387	João Calado	Individual	01:57:29.780	00:41:09.443
67	1177	Nuno Marques	Individual	01:57:32.997	00:41:12.660
68	1390	Orlando Duarte	Em'Força - Spem	01:57:39.957	00:41:19.620
69	1389	Pedro Vitorino	Individual	01:58:08.393	00:41:48.056
70	1205	Ricardo Mesquita	Scd Glória Do Ribatejo	01:58:58.640	00:42:38.303
71	1196	Filipe Fernandes	Individual	01:59:03.107	00:42:42.770
72	1178	Ana Fernandes	Individual	01:59:45.060	00:43:24.723
73	1392	João Barnabé	Cork Trail Team	02:01:19.427	00:44:59.090
74	1279	Júlio Ribeiro	Individual	02:01:40.667	00:45:20.330
75	1008	Sergio Sota	Individual	02:02:33.913	00:46:13.576
76	1400	Pedro Miranda	Alverca Urban Runners	02:04:28.827	00:48:08.490
77	1295	Paulo Mota	Clac Entroncamento/Ondatrilhos	02:04:36.010	00:48:15.673
78	1245	Pedro André	Individual	02:05:11.223	00:48:50.886
79	1159	Flavio Pires	Dolce Furadouro	02:05:53.270	00:49:32.933
80	1249	Ana Almeida	Arrabida Obstacle Runners	02:06:13.650	00:49:53.313
81	1424	Mouzinho Cardoso	Urban Trail Samora Correia	02:06:15.177	00:49:54.840
82	1417	Joaquim Carrilho	Individual	02:06:18.070	00:49:57.733
83	1362	Ricardo Alexandre	Individual	02:06:37.743	00:50:17.406
84	1147	Nuno Vital	Outra Vez	02:07:10.583	00:50:50.246
85	1154	Claudia Moita	Boom Trail Team	02:07:11.523	00:50:51.186
86	1131	Luis Lopes	"C.D ""Os Aguias"" De Alpiarça"	02:07:11.900	00:50:51.563
87	1294	Sofia Coelho	Arrabida Obstacle Runners	02:07:20.020	00:50:59.683
88	1265	Samuel Gomes	Individual	02:08:00.013	00:51:39.676
89	1368	Filipe Balsa	Individual	02:08:34.387	00:52:14.050
90	1066	Weslen Lucena	Individual	02:08:48.637	00:52:28.300
91	1179	Ângelo Azevedo	Individual	02:09:07.143	00:52:46.806
92	1163	Bruno Dias	Ss Cgd	02:09:14.637	00:52:54.300
93	573	Paulo Lopes	Alverca Urban Runners	02:09:19.140	00:52:58.803
94	1426	Pedro Ferreira	Alverca Urban Runners	02:09:49.703	00:53:29.366
95	1326	Fernando Pereira	Clube Vodafone	02:09:57.133	00:53:36.796
96	1090	Bruno Gerales	"C.D ""Os Aguias"" De Alpiarça"	02:09:57.390	00:53:37.053
97	1372	João Silva	Individual	02:09:57.390	00:53:37.053
98	1280	Manuel Cordeiro	Scalabis Night Runners	02:09:58.077	00:53:37.740
99	1391	Eurico Marçal	Cork Trail Team	02:10:52.763	00:54:32.426
100	1166	Carla Barbosa	Os Matrecos	02:11:10.103	00:54:49.766
101	1164	Sandra Quintas	Os Matrecos	02:11:10.427	00:54:50.090
102	1259	Alberto Martins	Correr Lisboa	02:11:30.957	00:55:10.620
103	1250	Gil Pereira	1 Km/X	02:11:52.873	00:55:32.536
104	1251	Bruno Silva	1 Km/X	02:11:54.093	00:55:33.756
105	550	Nuno Afonso	Individual	02:12:05.897	00:55:45.560
106	1292	Jorge Ferreira	Individual	02:12:32.863	00:56:12.526
107	1333	Carlos Garcia	Individual	02:12:33.097	00:56:12.760
108	1393	João Miguel	Clube Desportivo Moitense	02:12:59.863	00:56:39.526
109	1396	Rui Neta	Individual	02:13:12.317	00:56:51.980
110	1223	Vasco Catroga	Tartarugas Olímpicas	02:13:29.090	00:57:08.753
111	1135	Cláudio Costa	Tudo É Vida	02:13:30.920	00:57:10.583
112	1229	Daniel Vital	"C.D ""Os Aguias"" De Alpiarça"	02:14:02.737	00:57:42.400
113	1343	Ana Teixeira	Arrabida Obstacle Runners	02:15:01.953	00:58:41.616
114	544	Graça Roldão	Os Tugas	02:15:32.580	00:59:12.243
115	1107	Catarina Costa	Ai Nós Jamor	02:15:34.090	00:59:13.753
116	1354	Emílio Miranda	Os Matrecos	02:16:10.193	00:59:49.856
117	1009	Paulo Souto	Individual	02:16:12.913	00:59:52.576
118	1325	Paulo Quaresma	Veteranos De Massamá	02:16:19.657	00:59:59.320
119	1218	Nuno Carvalho	Gdctin Casa Da Moeda	02:16:58.333	01:00:37.996
120	1007	Nelson Ruivo	Individual	02:17:22.587	01:01:02.250
121	1211	Diogo Conde	Best Family	02:17:40.607	01:01:20.270
122	1074	Pedro Pereira	Individual	02:17:41.097	01:01:20.760
123	1243	Nuno Lima	Individual	02:17:51.160	01:01:30.823
124	1239	Joaquim Rebelo	Os Trinca Espinhas	02:17:52.220	01:01:31.883
125	1287	Rogério Machado	Individual	02:18:05.737	01:01:45.400
126	1315	Inês Mateus	Individual	02:19:14.063	01:02:53.726
127	1405	Nuno Pereira	Individual	02:19:14.320	01:02:53.983
128	1144	Pedro Lopes	Ss Cgd	02:19:15.013	01:02:54.676

POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
129	1104	Roberto Barreto	Dap Trail Team	02:19:17.913	01:02:57.576
130	1115	Luis Melro	"C.D ""Os Aguias"" De Alpiarça"	02:19:20.440	01:03:00.103
131	1404	Sofia Batista	Scd Glória Do Ribatejo	02:19:22.093	01:03:01.756
132	1378	Helder Gomes	Scd Glória Do Ribatejo	02:19:22.387	01:03:02.050
133	1394	Diogo Lopes	A20kms - Desportos De Montanha	02:19:29.357	01:03:09.020
134	1382	Valter Madureira	Individual	02:19:29.497	01:03:09.160
135	1146	Sérgio Ferreira	Individual	02:20:01.170	01:03:40.833
136	1347	Ana Fortes	Santagri Opel	02:20:50.973	01:04:30.636
137	1134	Tiago Margarido	Individual	02:22:05.530	01:05:45.193
138	1157	Ana Henrique	Boom Trail Team	02:22:32.633	01:06:12.296
139	1222	Edgar Anastacio	Aza - Azambuja Com Alma	02:22:34.677	01:06:14.340
140	1116	Luis Silva	Correr Lisboa	02:22:45.173	01:06:24.836
141	1270	Samuel Feitor	Individual	02:23:03.677	01:06:43.340
142	1003	António Abreu	Individual	02:23:22.443	01:07:02.106
143	1253	Rute Caeiro	1 Km/X	02:23:22.710	01:07:02.373
144	1190	Carlos Tavares	Scalabis Night Runners	02:23:26.460	01:07:06.123
145	1423	João Antunes	Urban Trail Samora Correia	02:23:34.687	01:07:14.350
146	1207	Edgar Ferreira	Tertulia Amigosdocopo	02:24:46.677	01:08:26.340
147	1184	Maria Correia	Cem Quedas	02:25:44.933	01:09:24.596
148	1194	Bruno Barradas	Individual	02:25:46.680	01:09:26.343
149	1237	Luis Oliveira	Individual	02:26:25.763	01:10:05.426
150	1173	Joao Pratas	Forasteiros Team	02:27:28.493	01:11:08.156
151	1193	Ricardo Cardoso	Individual	02:27:28.940	01:11:08.603
152	1186	Maria Trindade	Os Trinca Espinhas	02:27:32.337	01:11:12.000
153	1230	Cláudia Ribeiro	"C.D ""Os Aguias"" De Alpiarça"	02:28:17.217	01:11:56.880
154	1281	Almerinda Frazao	Individual	02:28:21.337	01:12:01.000
155	1217	Carlos Mendes	Escola Triatlo Abrantes / Aventurirequinte	02:28:44.187	01:12:23.850
156	1105	Liliana Eusebio	Dap Trail Team	02:29:04.437	01:12:44.100
157	1171	Helder Martins	Individual	02:29:14.560	01:12:54.223
158	1038	Humberto Ferreira	Deixem Passar Os Coxos	02:30:06.417	01:13:46.080
159	1078	Paulo Resende	Deixem Passar Os Coxos	02:30:14.943	01:13:54.606
160	1143	Filipe Bonito	Camila Fica	02:31:13.800	01:14:53.463
161	1142	Federico Herrera	Camila Fica	02:31:54.837	01:15:34.500
162	1235	Ana Magalhães	A20kms - Desportos De Montanha	02:32:30.247	01:16:09.910
163	1210	Ricardo Póvoa	Sai De Gatas	02:32:48.457	01:16:28.120
164	1045	João Calado	No Limits	02:32:48.760	01:16:28.423
165	1097	Ricardo Rodrigues	G.D.M. Trail Team	02:33:00.093	01:16:39.756
166	1075	Rui Borralho	Sflur	02:33:24.773	01:17:04.436
167	545	Lurdes Silva	Os Tugas	02:33:43.357	01:17:23.020
168	1208	Silvia Oliveira	Individual	02:33:46.583	01:17:26.246
169	1209	João Pereira	Individual	02:33:50.210	01:17:29.873
170	1275	Vasco Pinto	A20kms - Desportos De Montanha	02:35:08.477	01:18:48.140
171	1060	Rafael Coelho	Individual	02:35:17.587	01:18:57.250
172	1005	Paulo Costa	Individual	02:35:31.113	01:19:10.776
173	1108	Patrícia Monteiro	Ai Nós Jamor	02:35:37.490	01:19:17.153
174	1111	Claudia Ramos	Corridas E Comidas	02:36:25.913	01:20:05.576
175	42	Mário Santiago	Kaninos	02:36:28.827	01:20:08.490
176	605	Alcina Silva	Urban Trail Samora Correia	02:36:33.313	01:20:12.976
177	1042	Amandio Busca	No Limits	02:36:47.193	01:20:26.856
178	1043	Nuno Marques	No Limits	02:36:47.937	01:20:27.600
179	1349	Jorge Rosa	Santagri Opel	02:36:50.317	01:20:29.980
180	1130	Luís Duarte	Tartarugas Solidárias	02:36:53.437	01:20:33.100
181	1293	Paulo Gonçalves	Correr Lisboa	02:36:54.457	01:20:34.120
182	1073	Jorge Moreira	Deixem Passar Os Coxos	02:36:56.210	01:20:35.873
183	1036	Marta Veríssimo	Individual	02:36:57.457	01:20:37.120
184	519	Sara Rainho	Individual	02:37:07.477	01:20:47.140
185	1350	António Paramés	Santagri Opel	02:37:11.163	01:20:50.826
186	1026	António Duarte	Individual	02:37:43.223	01:21:22.886
187	1103	Susana Amorim	Correr Lisboa	02:37:47.220	01:21:26.883
188	1165	António Ramos	Os Matrecos	02:39:04.213	01:22:43.876
189	1288	Hugo Lourinho	Individual	02:39:28.193	01:23:07.856
190	1051	Ana Duarte	Individual	02:39:41.713	01:23:21.376
191	1037	Luísa Ferreira	Deixem Passar Os Coxos	02:39:55.717	01:23:35.380
192	1329	Claudia Oliveira	Strendure Running Team	02:39:55.967	01:23:35.630

POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
193	1282	Pedro Freire	Vilaventura - Trail Running Team	02:39:58.967	01:23:38.630
194	1283	Romão Moita	Jobrinde Montes Saloios	02:39:59.433	01:23:39.096
195	1366	Ricardo Serodio	Individual	02:40:00.700	01:23:40.363
196	1258	Paulo Batalha	Scalabis Night Runners	02:40:02.173	01:23:41.836
197	1200	André Domingos	Raio Ta Parta!	02:40:40.423	01:24:20.086
198	1351	Sofia Sousa	Individual	02:40:44.717	01:24:24.380
199	1125	Pedro Sousa	Individual	02:40:46.970	01:24:26.633
200	1386	João Antunes	Individual	02:41:40.727	01:25:20.390
201	1324	João Santos	Veteranos De Massamá	02:41:41.437	01:25:21.100
202	1257	Maria Valério	Os Trinca Espinhas	02:42:05.720	01:25:45.383
203	1296	Maria Freitas	Individual	02:42:40.740	01:26:20.403
204	1145	Ana Ricardo	Individual	02:42:49.890	01:26:29.553
205	1067	Ricardo Apura	Quenianos Do Ribatejo	02:42:50.013	01:26:29.676
206	1403	Jacinta Fonseca	Scd Glória Do Ribatejo	02:42:53.397	01:26:33.060
207	1302	Ricardo Rocha	Individual	02:43:03.900	01:26:43.563
208	1365	Paulo Fernandes	Cartaxo Night Runners	02:44:08.777	01:27:48.440
209	1395	João Tomás	Casa Benfica Seixal	02:44:26.147	01:28:05.810
210	1263	Susan Pereira	Running Brothers	02:44:36.233	01:28:15.896
211	1346	Goncalo Ferraz	Individual	02:44:48.727	01:28:28.390
212	1053	Delfina Freire	Jobrinde Montes Saloios	02:45:04.527	01:28:44.190
213	1410	Isadora Costa	4 Ao Km	02:45:18.480	01:28:58.143
214	1409	Vitor Gonçalves	4 Ao Km	02:45:18.487	01:28:58.150
215	1017	Helena Cunha	Jobrinde Montes Saloios	02:45:23.973	01:29:03.636
216	1089	Carla Sequeira	"C.D ""Os Aguias"" De Alpiarça"	02:45:24.097	01:29:03.760
217	1019	Serafim Marques	Jobrinde Montes Saloios	02:45:34.477	01:29:14.140
218	1276	Cláudia Martins	A20kms - Desportos De Montanha	02:45:36.230	01:29:15.893
219	1291	Gina Oliveira	Individual	02:45:37.480	01:29:17.143
220	1381	Mariana Pinguicha	Individual	02:45:44.480	01:29:24.143
221	1224	Cristina Lino	Alverca Urban Runners	02:45:46.980	01:29:26.643
222	1044	Luis Garção	No Limits	02:46:20.733	01:30:00.396
223	1290	Carlos Vilafanha	Individual	02:46:57.767	01:30:37.430
224	1040	Lurdes Rabaça	Individual	02:47:16.133	01:30:55.796
225	1106	Rui Vermelho	Individual	02:47:17.647	01:30:57.310
226	1316	Vanda Medeiro	Individual	02:47:20.037	01:30:59.700
227	1191	Mafalda Alexandre	Scalabis Night Runners	02:47:41.380	01:31:21.043
228	1344	Inês Lopes	Individual	02:47:42.157	01:31:21.820
229	1084	Graça Nobre	Alverca Urban Runners	02:47:49.883	01:31:29.546
230	1212	Marta Valador	C.A.S.P.A.- Clube Amador Só Para Atletismo	02:48:20.993	01:32:00.656
231	1206	Fernanda Pratas	Cem Quedas	02:49:17.247	01:32:56.910
232	589	Carla Talaia	Urban Trail Samora Correia	02:50:20.990	01:34:00.653
233	1099	Helena Marques	Os Tolinhos	02:51:09.323	01:34:48.986
234	1138	Diogo Arraias	Os Arraias	02:51:15.213	01:34:54.876
235	1139	Sandra Arraias	Os Arraias	02:51:15.337	01:34:55.000
236	1335	Alexandra Simão	Casa Do Benfica Em Abrantes	02:51:45.587	01:35:25.250
237	1334	Paulo Simão	Casa Do Benfica Em Abrantes	02:51:46.627	01:35:26.290
238	1195	Paula Alves	Individual	02:51:58.497	01:35:38.160
239	1308	Sofia Ferreira	Individual	02:52:08.747	01:35:48.410
240	1252	Pedro Correia	1 Km/X	02:52:14.003	01:35:53.666
241	1199	Alexandra Ribeiro	Individual	02:52:16.513	01:35:56.176
242	1264	Adelaide Santos	Individual	02:52:16.777	01:35:56.440
243	1050	Joana Santos	Individual	02:52:30.257	01:36:09.920
244	1161	Marisa Bregieiro	Lama Solta	02:52:53.827	01:36:33.490
245	1023	Célia Júlio	Individual	02:53:13.667	01:36:53.330
246	1371	Helena Lopes	Mata De Benfica	02:53:18.133	01:36:57.796
247	1150	Sofia Pereira	#100Dor	02:53:26.710	01:37:06.373
248	1052	Nádia Lopes	Individual	02:53:32.000	01:37:11.663
249	1397	Humberto Neves	Individual	02:53:46.183	01:37:25.846
250	1227	Nuno Lopes	Individual	02:53:46.910	01:37:26.573
251	1155	Sonia Andrade	Boom Trail Team	02:53:53.773	01:37:33.436
252	1242	Helder Santos	Allbebike Team	02:53:58.750	01:37:38.413
253	1226	Claudia Fernandes	Clac Entroncamento/Ondatrilhos	02:53:59.007	01:37:38.670
254	1374	Mariana Fidalgo	A20kms - Desportos De Montanha	02:54:00.193	01:37:39.856
255	1274	Helena Inácio	A20kms - Desportos De Montanha	02:54:00.573	01:37:40.236
256	1272	Cláudia Verissimo	A20kms - Desportos De Montanha	02:54:12.750	01:37:52.413

POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
257	1375	Catarina Silva	A20kms - Desportos De Montanha	02:54:16.623	01:37:56.286
258	1129	Cristina Vicente	Individual	02:54:17.783	01:37:57.446
259	1169	Tiago Vieira	Correr Pouco Conhecer Muito	02:54:57.147	01:38:36.810
260	1127	Sérgio Dias	Deixem Passar Os Coxos	02:55:48.917	01:39:28.580
261	1240	Cláudia Neves	Grafiwork	02:56:27.373	01:40:07.036
262	1241	Franquelim Alvito	Grafiwork	02:56:28.723	01:40:08.386
263	1148	Joana Gomes	Individual	02:56:31.127	01:40:10.790
264	1312	Ana Racha	Évora Night Runners	02:58:15.187	01:41:54.850
265	1271	Ana Rodrigues	A20kms - Desportos De Montanha	02:58:15.430	01:41:55.093
266	1189	Sara Seguro	Individual	02:58:25.097	01:42:04.760
267	1176	Antonio Freitas	Individual	02:58:35.160	01:42:14.823
268	1379	Nuno Engenheiro	Individual	02:58:42.013	01:42:21.676
269	1327	Lara Cardoso	Lara Cardoso	02:59:22.190	01:43:01.853
270	1002	Aníbal Pepino	Individual	02:59:31.313	01:43:10.976
271	1256	João Botas	Individual	02:59:31.593	01:43:11.256
272	1068	Bruno Sampaio	Individual	02:59:48.063	01:43:27.726
273	1004	Ricardo Guedes	Individual	02:59:52.740	01:43:32.403
274	1158	Pilar Casquilho	Boom Trail Team	02:59:54.097	01:43:33.760
275	1152	Ana Gouveia	Boom Trail Team	02:59:54.940	01:43:34.603
276	1113	Jose Santos	Pé Ante Pé	03:00:01.287	01:43:40.950
277	1345	Ana Pimenta	Santagri Opel	03:00:02.753	01:43:42.416
278	1355	Nuno Corte-Real	Santagri Opel	03:00:03.697	01:43:43.360
279	592	Inês Barradas	Gumobile	03:00:18.767	01:43:58.430
280	1132	Ana Reis	Rail Runners	03:00:28.517	01:44:08.180
281	1338	António Fernandes	Rail Runners	03:00:50.323	01:44:29.986
282	1114	Sandra Santos	Individual	03:01:14.770	01:44:54.433
283	1027	Manuel Fontinha	Tartarugas Solidárias	03:01:28.017	01:45:07.680
284	1273	Francisco Rodrigues	A20kms - Desportos De Montanha	03:01:41.767	01:45:21.430
285	1363	Angelica Branquinho	Alter Runners	03:02:29.380	01:46:09.043
286	1100	Tânia Morgado	Individual	03:02:33.520	01:46:13.183
287	1373	José Peixoto	Os Matrecos	03:03:44.247	01:47:23.910
288	1168	Manuel Machado	Os Matrecos	03:03:52.577	01:47:32.240
289	1188	Ana Marques	Barrancos Fc / Biogado	03:04:11.773	01:47:51.436
290	1109	João Cavaleiro	Individual	03:04:23.677	01:48:03.340
291	1377	João Figueiredo	A20kms - Desportos De Montanha	03:04:23.940	01:48:03.603
292	1064	Patrícia Branco	Georunners	03:05:40.880	01:49:20.543
293	523	Lucia Ventura	Georunners	03:05:43.077	01:49:22.740
294	1006	Gonçalo Duarte	Individual	03:05:47.377	01:49:27.040
295	1055	Catarina Rebelo	Georunners	03:05:51.027	01:49:30.690
296	1214	Julia Meneses	Scalabis Night Runners	03:05:58.780	01:49:38.443
297	1401	Paula Magalhaes	Arrabida Obstacle Runners	03:06:45.623	01:50:25.286
298	1402	Nuno Magalhaes	Arrabida Obstacle Runners	03:06:45.737	01:50:25.400
299	1126	Diana Casimiro	Individual	03:07:58.287	01:51:37.950
300	1380	Otilia Vedor	Amigos Do Atletismo De Avis	03:08:32.427	01:52:12.090
301	1035	José Caldeira	Deixem Passar Os Coxos	03:08:41.287	01:52:20.950
302	1399	Ana Simoes	Individual	03:08:55.203	01:52:34.866
303	1310	Mario Miranda	Rulimov Lda	03:08:57.310	01:52:36.973
304	1309	Rui Caniço	Rulimov Lda	03:09:01.733	01:52:41.396
305	1047	Ana Azevedo	Ss Cgd	03:09:09.007	01:52:48.670
306	1079	Verónica Simões	Correr Lisboa	03:10:32.427	01:54:12.090
307	1175	Sandra Batista	Correr Lisboa	03:10:32.603	01:54:12.266
308	1056	António Cerejo	Individual	03:10:47.040	01:54:26.703
309	1082	Rute Faria	Individual	03:10:49.630	01:54:29.293
310	1018	Carla Fernandes	Jobrinde Montes Saloios	03:11:17.750	01:54:57.413
311	1020	Ruben Couto	Jobrinde Montes Saloios	03:11:19.117	01:54:58.780
312	1085	Fernanda Tavares	Vegan Runner	03:12:00.297	01:55:39.960
313	1323	Manuel Azevedo	Veteranos De Massamá	03:12:10.033	01:55:49.696
314	1021	Maria Alegria	Imparáveis	03:12:49.527	01:56:29.190
315	1133	Sandra Filipe	Rail Runners	03:13:02.467	01:56:42.130
316	1337	Ana Reis	Rail Runners	03:13:29.507	01:57:09.170
317	1183	Lurdes Pereira	Tolinhos	03:15:02.437	01:58:42.100
318	1034	Helena Santos	Deixem Passar Os Coxos	03:15:35.037	01:59:14.700
319	1331	Graciosa Santos	Caracóis De Corrida	03:15:40.273	01:59:19.936
320	1298	Mário Alves	Caracóis De Corrida	03:15:40.940	01:59:20.603

POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
321	1123	Sandra Pereira	Individual	03:16:40.420	02:00:20.083
322	1137	Vera Bexiga	Individual	03:17:21.760	02:01:01.423
323	1313	Patrícia Chaves	Individual	03:18:04.613	02:01:44.276
324	1284	Guadalupe Pereira	Jobrinde Montes Saloios	03:18:10.220	02:01:49.883
325	1319	Carla Sebastião	Individual	03:20:21.397	02:04:01.060
326	1124	José Alberto	Team 143 Tasca Do Zé Russo	03:21:05.073	02:04:44.736
327	1122	Maria Soares	Team 143 Tasca Do Zé Russo	03:21:05.817	02:04:45.480
328	1332	Nélia Caneira	Escaroupim Runners	03:21:12.580	02:04:52.243
329	1339	Patricia Xavier	Rail Runners	03:21:29.847	02:05:09.510
330	1317	Sónia Sónia	Scd Glória Do Ribatejo	03:22:10.717	02:05:50.380
331	1118	Lisbete Pereira	Correr Pouco Conhecer Muito	03:26:02.587	02:09:42.250
332	1117	Rui Coutinho	Correr Pouco Conhecer Muito	03:26:02.827	02:09:42.490
333	1069	Manel Gaio	Quenianos Do Ribatejo	03:27:31.090	02:11:10.753
334	1061	Inês Diogo	Individual	03:27:34.053	02:11:13.716
335	1336	João Gomes	Quenianos Do Ribatejo	03:27:34.847	02:11:14.510
336	1172	Toni Custodio	Rhinos	03:28:55.330	02:12:34.993
337	1297	Jorge Sousa	Caracóis De Corrida	03:31:14.000	02:14:53.663
338	1220	Rita Lopes	Gdctin Casa Da Moeda	03:31:34.340	02:15:14.003
339	1071	Cláudia Rato	Individual	03:33:38.847	02:17:18.510
340	1031	Joana Grilo	Asas Nos Pés	03:35:51.953	02:19:31.616
341	1033	Inês Carraça	Asas Nos Pés	03:43:33.370	02:27:13.033
342	1030	Maria Braga	Asas Nos Pés	03:44:25.123	02:28:04.786
343	1204	Cátia Balola	Individual	03:45:01.663	02:28:41.326
344	1314	Telma Eusébio	Scalkokas	03:45:04.153	02:28:43.816
345	1182	Carla Nicolau	Individual	03:45:05.577	02:28:45.240
346	1094	Carlos Bandola	Individual	03:48:09.257	02:31:48.920
347	1181	Ezequiel Abrantes	Falcões Selvagens	03:49:12.637	02:32:52.300
348	1095	Maximiana Pereira	Individual	03:49:49.067	02:33:28.730
349	1221	Patricia Martinho	Gdctin Casa Da Moeda	04:14:08.193	02:57:47.856
350	1369	Ana Morais	Gdctin Casa Da Moeda	04:14:08.700	02:57:48.363
351	1305	Olinda Serrador	Domingueira Vendas Novas	04:15:30.587	02:59:10.250
352	1304	Silvia Silva	Domingueira Vendas Novas	04:15:31.817	02:59:11.480
353	1303	Manuel Silva	Domingueira Vendas Novas	04:15:46.450	02:59:26.113
354	1054	Sara Cordeiro	Individual	04:15:51.950	02:59:31.613