

Lugar	Dorsal	Atleta	Equipa	Escalão	Tempo	Diferença
1	167	Tiago Aires	Nutrimania Sports Nutrition	M Seniores	02:56:17.167	00:00:00.0
2	173	Vitor Cordeiro	ac portalegre/utsm	M 50	03:01:18.373	00:05:01.206
3	42	Diogo Baena	Juventude Vidigalense	M Seniores	03:27:09.410	00:30:52.243
4	66	João Martins	Clube de Atletismo de Ferreira do Zêzere	M Sub 23	03:30:36.633	00:34:19.466
5	169	Tiago Godinho	Caracol Trail Team	M Seniores	03:33:09.610	00:36:52.443
6	69	João Pimentel	Coimbra Trail Running	M Seniores	03:43:03.347	00:46:46.180
7	117	Nelson Santos	Dão Nelas Running	M Seniores	03:43:38.780	00:47:21.613
8	92	Luís Graça	Clube de Atletismo de Ferreira do Zêzere	M 40	03:49:23.233	00:53:06.66
9	13	António Ferreira	RUNNERS do DEMO	M 40	03:49:33.980	00:53:16.813
10	48	Fernando Gomes	Clube de Atletismo de Ferreira do Zêzere	M Seniores	03:51:26.467	00:55:09.300
11	139	Pedro Ribeiro	Caracol Trail Team	M Seniores	03:53:11.950	00:56:54.783
12	193	Cristina Ponte	Aminhacorrida/Kalenji	F 40	03:54:55.440	00:58:38.273
13	153	Ricardo Duarte	Clube de Atletismo de Ferreira do Zêzere	M Seniores	03:56:52.667	01:00:35.500
14	73	Jose Ramos	estrela campo de viação	M 45	03:59:10.960	01:02:53.793
15	161	Sérgio Pereira	AMCF - Arrábida Trail Team	M 40	04:00:03.500	01:03:46.333
16	84	José Tomás	ACRD/PSP Viseu Runners	M 45	04:01:05.197	01:04:48.30
17	33	Casimira Moura	Dr. Merino/Nutrifit	F 40	04:01:35.133	01:05:17.966
18	53	Gil Vicente	Caracol Trail Team	M 40	04:05:40.657	01:09:23.490
19	162	Simão Seiça	Crash&Run	M Seniores	04:06:42.350	01:10:25.183
20	133	Paulo Santos	Mountain Trails	M 45	04:08:52.383	01:12:35.216
21	174	Zo Vieira	Proaventuras	M 50	04:09:14.73	01:12:56.906
22	122	Paula Barbosa	ORALKLASS - AMIGOS DO TRAIL	F Seniores	04:14:18.783	01:18:01.616
23	51	Francisco Rodrigues	Turres Trail Clube	M 40	04:19:19.240	01:23:02.73
24	12	Aníbal Godinho	Caracol Trail Team	M 50	04:19:36.240	01:23:19.73
25	141	Pedro Crispim	Caracol Trail Team	M Seniores	04:19:36.740	01:23:19.573
26	95	Luis Trindade	AMCF - Arrábida Trail Team	M Seniores	04:20:12.233	01:23:55.66
27	103	Marco Rodrigues	ARSM-Associação Recreativa de São Miguel	M 40	04:20:56.780	01:24:39.613
28	143	Pedro Gomes	Galhardos Runners	M Seniores	04:22:39.17	01:26:21.850
29	22	Bernardo Tavares	Ganitasportive	M Seniores	04:25:22.197	01:29:05.30
30	101	Marco Nabais	ac portalegre/utsm	M Seniores	04:25:43.440	01:29:26.273
31	151	Pedro Simões	ARSM-Associação Recreativa de São Miguel	M 40	04:31:48.940	01:35:31.773
32	16	António Miranda	ATR - Algarve Trail Running	M 45	04:33:55.387	01:37:38.220
33	134	Paulo Marques	GO!Runners	M 40	04:34:17.123	01:37:59.956
34	91	Luís Faísco	Proaventuras	M 45	04:34:41.370	01:38:24.203
35	52	Frederico Cerdeira	Monsanto Running Team	M Seniores	04:35:37.613	01:39:20.446
36	59	Humberto Teixeira	Spot Criativo Viseu Running Team	M 45	04:36:04.860	01:39:47.693
37	9	André Carvalho	Individual	M Seniores	04:36:15.857	01:39:58.690
38	14	António Araújo	COA - Clube de Orientação e Aventura	M Seniores	04:39:15.397	01:42:58.230
39	19	Artur Oliveira	COA - Clube de Orientação e Aventura	M Seniores	04:39:16.333	01:42:59.166
40	135	Paulo Pelicano	Corcodilos / Mister PC	M 45	04:40:05.827	01:43:48.660
41	46	Fátima Alendouro	desnível positivo	F 40	04:40:46.70	01:44:28.903
42	77	José Machado	Sport Viseu e Benfica	M Seniores	04:43:10.100	01:46:52.933
43	63	João Ferreira	Porto de Mós a Correr	M Seniores	04:46:53.527	01:50:36.360
44	148	Pedro Pires	RUNNERS do DEMO	M 40	04:48:01.763	01:51:44.596

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45	4	Almiro Feijão	Linda a Pastora Sporting Clube	M 55	04:48:35.807	01:52:18.640
46	17	Aretino Mota	Linda a Pastora Sporting Clube	M 50	04:48:36.513	01:52:19.346
47	138	Pedro Coelho	Team Lantemil	M Seniores	04:48:44.757	01:52:27.590
48	78	José Nunes	RUNNERS do DEMO	M 40	04:49:01.797	01:52:44.630
49	89	Luis André	COA - Clube de Orientação e Aventura	M Seniores	04:50:47.747	01:54:30.580
50	35	Cidália Martins	Aminhacorrida/Kalenji	F 50	04:52:53.480	01:56:36.313
51	125	Paulo Durão	VIRIATHVS RUNNERS VISEU	M 40	04:53:08.727	01:56:51.560
52	127	Paulo Gregório	Gteam	M 40	04:53:35.977	01:57:18.810
53	132	Paulo Açafrao	Mountain Trails	M 50	04:55:41.453	01:59:24.286
54	62	João Farinha	ac portalegre/utsm	M Seniores	04:55:56.203	01:59:39.36
55	142	Pedro Veríssimo	ARSM-Associação Recreativa de São Miguel	M Seniores	04:56:57.447	02:00:40.280
56	28	Bruno Viana	AfifenseTrail	M Sub 23	04:56:58.737	02:00:41.570
57	100	Marco Campos	Tálenos Team	M Seniores	04:57:17.943	02:01:00.776
58	75	Jose Reis	ac portalegre/utsm	M Seniores	04:58:04.937	02:01:47.770
59	49	Fernando Homem	C.A.S.P.A.(Clube Amador Só Para Atletismo)	M Seniores	04:58:31.723	02:02:14.556
60	61	João Girão	Estrela Campo Aviação Futebol Clube	M Seniores	05:01:20.413	02:05:03.246
61	82	José Nunes	NAZA - Núcleo de Atletismo da Zona da Abóboda	M 45	05:02:10.197	02:05:53.30
62	50	Fernando Marques	ACRD/PSP Viseu Runners	M Seniores	05:03:00.397	02:06:43.230
63	55	Gonçalo Valente	Não Fazemos Nem Mais Um...Km	M 45	05:03:54.900	02:07:37.733
64	154	Ricardo Valente	Não Fazemos Nem Mais Um...Km	M 50	05:03:54.900	02:07:37.733
65	170	Tiago Ramos	Clube de Atletismo de Ferreira do Zêzere	M Seniores	05:07:22.113	02:11:04.946
66	130	Paulo Machado	Dr. Merino/Nutritfit	M 40	05:09:03.410	02:12:46.243
67	30	Carlos Neto	AfifenseTrail	M 40	05:11:36.867	02:15:19.700
68	36	Custódio Loureiro	Coimbra Trail Running	M 50	05:11:46.327	02:15:29.160
69	41	Dino Pinto	Dr. Merino/Nutritfit	M Seniores	05:12:19.827	02:16:02.660
70	37	Daniel Duarte	GD Os Ribeirinhos	M Seniores	05:17:50.40	02:21:32.873
71	60	João Barroso	Individual	M 55	05:17:54.317	02:21:37.150
72	118	Nuno Baltazar	Juventude Vidigalense	M 40	05:17:56.567	02:21:39.400
73	116	Nelson Nogueira	RCVital	M Seniores	05:19:48.550	02:23:31.383
74	3	Almerinda Velez	ac portalegre/utsm	F 50	05:20:52.517	02:24:35.350
75	39	Diana Romão	ac portalegre/utsm	F Seniores	05:20:53.257	02:24:36.90
76	159	Samuel Martinho	OzXtreme/GDCR	M Seniores	05:21:57.0	02:25:39.833
77	65	João Maia	Falcões Selvagens	M 50	05:24:10.483	02:27:53.316
78	94	Luís Emídio	COA - Clube de Orientação e Aventura	M 45	05:24:43.977	02:28:26.810
79	72	Jorge Rodrigues	NAZA - Núcleo de Atletismo da Zona da Abóboda	M 50	05:27:13.240	02:30:56.73
80	115	Mónica Martins	Team Lantemil	F Seniores	05:29:37.193	02:33:20.26
81	80	José Martins	Aminhacorrida/Kalenji	M 50	05:29:37.473	02:33:20.306
82	140	Pedro Barbosa	Olimpico Vianense Trail/ND Sport	M 45	05:29:38.190	02:33:21.23
83	166	Telmo Lages	Individual	M Seniores	05:31:47.673	02:35:30.506
84	111	Maria Felisardo	Proaventuras	F 45	05:36:18.137	02:40:00.970
85	83	José Santos	VIRIATHVS RUNNERS VISEU	M 45	05:36:22.147	02:40:04.980
86	68	João Rodrigues	Linda a Pastora Sporting Clube	M 40	05:37:46.133	02:41:28.966
87	165	Sónia Marques	COA - Clube de Orientação e Aventura	F Seniores	05:38:49.117	02:42:31.950
88	155	Rodrigo Lopes	COA - Clube de Orientação e Aventura	M Seniores	05:38:50.880	02:42:33.713

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89	109	Maria Costa	Vidaativarunners	F 50	05:39:49.660	02:43:32.493
90	97	Lurdes Gil	Mountain Trails	F 40	05:41:02.353	02:44:45.186
91	29	Carlos Figueiredo	Morcegos Trail - S. Miguel Açores	M 40	05:44:33.77	02:48:15.910
92	2	Alexandre Narciso	Juventude Vidigalense	M Seniores	05:44:44.73	02:48:26.906
93	121	Patricia Lourenço	GO!Runners	F Seniores	05:48:09.47	02:51:51.880
94	107	Maria Silva	Juventude Vidigalense	F 50	05:48:09.297	02:51:52.130
95	157	Rui Dias	Pi-Linha Runners	M 40	05:55:17.993	02:59:00.826
96	136	Paulo Simões	GO!Runners	M Seniores	05:55:52.503	02:59:35.336
97	43	Diogo Sousa	GO!Runners	M Seniores	05:55:56.757	02:59:39.590
98	31	Carlos Pereira	AfifenseTrail	M 40	05:58:32.997	03:02:15.830
99	32	Carolina Pereira	AfifenseTrail	F 45	05:58:33.467	03:02:16.300
100	87	Luciano Amaro	AfifenseTrail	M Sub 23	05:58:35.467	03:02:18.300
101	85	José Velez	ac portalegre/utsm	M 55	06:01:07.957	03:04:50.790
102	147	Pedro Monteiro	Individual	M Seniores	06:06:53.907	03:10:36.740
103	131	Paulo Martins	Proaventuras	M 50	06:09:56.883	03:13:39.716
104	108	Maria Martins	Proaventuras	F 45	06:09:57.633	03:13:40.466
105	18	Arsénio Fernandes	ARSM-Associação Recreativa de São Miguel	M 60	06:23:20.280	03:27:03.113
106	58	Horácio Ferreira	ARSM-Associação Recreativa de São Miguel	M 45	06:23:30.83	03:27:12.916
107	57	Homero Lourenço	Viseu Running Team	M 40	06:28:25.993	03:32:08.826
108	164	Sónia Martins	Viseu Running Team	F 40	06:28:25.993	03:32:08.826