# Trail das Azenhas 2018
## Esposende
## 22-July-2018

## TRAIL CURTO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 09:00 | 17ºC | 93% |
| End | 14:48 | 22.8ºC | 60% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 1026 | Bruno Ribeiro | águias de alvelos | Senior Masculino | 01:50:26 | | 06:08 |
| 2 | 1457 | paulo pinto | individual | Veterano M40 | 01:52:06 | +01:40 | 06:14 |
| 3 | 1102 | Ricardo Rego | b.t.m. | Senior Masculino | 01:52:43 | +02:17 | 06:16 |
| 4 | 1641 | Carlos Coelho | trail me | Senior Masculino | 01:52:44 | +02:18 | 06:16 |
| 5 | 1465 | Ricardo Moreira | individual | Veterano M40 | 01:52:51 | +02:25 | 06:16 |
| 6 | 1151 | Ricardo Sousa | dive \| into the mountains | Senior Masculino | 01:57:51 | +07:25 | 06:33 |
| 7 | 1586 | Francisco Miguel da Costa Fontelo | padela natural team - fisiofreixo | Veterano M40 | 01:57:53 | +07:27 | 06:33 |
| 8 | 85 | Fernando Grilo | sira aldreense \| jfa construções | Veterano M40 | 02:02:07 | +11:41 | 06:47 |
| 9 | 1075 | Francisco Gomes | apúlia a correr | Senior Masculino | 02:02:55 | +12:29 | 06:50 |
| 10 | 1441 | Luis Freitas | airórun | Veterano M40 | 02:02:58 | +12:32 | 06:50 |
| 11 | 1047 | Paulo Duarte | alexandra carvalho team | Senior Masculino | 02:03:05 | +12:39 | 06:50 |
| 12 | 1099 | João Manuel costa Duarte | b.t.m. | Senior Masculino | 02:03:10 | +12:44 | 06:51 |
| 13 | 1079 | Ricardo Campos | arc vale são cosme | Senior Masculino | 02:03:12 | +12:46 | 06:51 |
| 14 | 1058 | ADELINO ALVES AIRES | alexandra carvalho team | Veterano M40 | 02:03:41 | +13:15 | 06:52 |
| 15 | 1279 | CARLOS OLIVEIRA | individual | Senior Masculino | 02:03:50 | +13:24 | 06:53 |
| 16 | 1051 | Tiago Gonçalves Portela | alexandra carvalho team | Senior Masculino | 02:05:21 | +14:55 | 06:58 |
| 17 | 1039 | Daniel Raimundo Martins Cardoso | airorun | Veterano M50 | 02:06:06 | +15:40 | 07:00 |
| 18 | 1027 | Nelson Costa | águias de alvelos | Senior Masculino | 02:07:14 | +16:48 | 07:04 |
| 19 | 1606 | Carlos Barbosa | running penafiel trail | Veterano M40 | 02:07:19 | +16:53 | 07:04 |
| 20 | 1539 | Bruno Queiros | olímpico vianense trail | Senior Masculino | 02:08:06 | +17:40 | 07:07 |
| 21 | 1291 | Filipe Teixeira | individual | Senior Masculino | 02:08:06 | +17:40 | 07:07 |
| 22 | 1639 | José Avelino Ribeiro Martins | team workout 48/cam | Veterano M50 | 02:08:59 | +18:33 | 07:10 |
| 23 | 1028 | Ricardo Miranda | águias de alvelos | Senior Masculino | 02:10:06 | +19:40 | 07:14 |
| 24 | 1543 | Nuno Branco | olímpico vianense trail | Senior Masculino | 02:10:10 | +19:44 | 07:14 |
| 25 | 1658 | Carlos Pereira | individual | Veterano M40 | 02:10:27 | +20:01 | 07:15 |
| 26 | 1165 | Sérgio Ramos | edv viana trail | Veterano M40 | 02:11:17 | +20:51 | 07:18 |
| 27 | 1030 | Carlos Miguel Carvalho da Silva | airorun | Senior Masculino | 02:11:23 | +20:57 | 07:18 |
| 28 | 1307 | José Pereira | individual | Senior Masculino | 02:12:50 | +22:24 | 07:23 |
| 29 | 1020 | Joel Oliveira | ade trail running | Senior Masculino | 02:13:04 | +22:38 | 07:24 |
| 30 | 1607 | Carlos Vinhas | running penafiel trail | Veterano M50 | 02:13:11 | +22:45 | 07:24 |
| 31 | 1074 | César lopes fernandes | apúlia a correr | Senior Masculino | 02:13:26 | +23:00 | 07:25 |
| 32 | 1476 | Telmo Tomás | individual | Veterano M40 | 02:13:34 | +23:08 | 07:25 |
| 33 | 1032 | Luís Filipe Ramos Sousa | airorun | Senior Masculino | 02:14:29 | +24:03 | 07:28 |
| 34 | 1661 | Nuno Miguel Ferreira | trail me | Senior Masculino | 02:14:49 | +24:23 | 07:29 |
| 35 | 1664 | Paulo Barbosa | individual | Senior Masculino | 02:14:51 | +24:25 | 07:30 |
| 36 | 1197 | Bruno Costa | geofriends | Senior Masculino | 02:15:27 | +25:01 | 07:32 |
| 37 | 1362 | Vítor Manuel Dias Gonçalves | individual | Senior Masculino | 02:15:39 | +25:13 | 07:32 |
| 38 | 1285 | Fabien ROSIER | individual | Senior Masculino | 02:15:49 | +25:23 | 07:33 |
| 39 | 1315 | Márcio André Jesus Melo | individual | Senior Masculino | 02:17:08 | +26:42 | 07:37 |
| 40 | 1037 | jose pereira | airorun | Veterano M40 | 02:17:10 | +26:44 | 07:37 |

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## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 41 | 1182 | Patricio Afonso | equipa a | Veterano M40 | 02:17:10 | +26:44 | 07:37 |
| 42 | 1019 | João silva | ade trail running | Senior Masculino | 02:17:17 | +26:51 | 07:38 |
| 43 | 1150 | Nuno Figueiredo | dive \| into the mountains | Senior Masculino | 02:17:33 | +27:07 | 07:39 |
| 44 | 1137 | Francisco Silva | c.c team | Senior Masculino | 02:17:42 | +27:16 | 07:39 |
| 45 | 1435 | José António Moreira da Costa | individual | Veterano M40 | 02:17:53 | +27:27 | 07:40 |
| 46 | 1103 | Vitor Ramalho | b.t.m. | Senior Masculino | 02:18:03 | +27:37 | 07:40 |
| 47 | 1553 | César Gonçalves | olímpico vianense trail | Veterano M40 | 02:18:21 | +27:55 | 07:41 |
| 48 | 1298 | Hugo Cosa | individual | Senior Masculino | 02:18:29 | +28:03 | 07:42 |
| 49 | 1538 | Bruno Pires | olímpico vianense trail | Senior Masculino | 02:18:40 | +28:14 | 07:42 |
| 50 | 1645 | Miguel Araújo | trail me | Veterano M40 | 02:18:42 | +28:16 | 07:42 |
| 51 | 1616 | Tiago Areias | spin&run esposende | Senior Masculino | 02:18:58 | +28:32 | 07:43 |
| 52 | 1289 | Filipe Borges | individual | Senior Masculino | 02:19:01 | +28:35 | 07:43 |
| 53 | 1038 | casimiroi araujo | airorun | Veterano M50 | 02:19:35 | +29:09 | 07:45 |
| 54 | 1001 | Tania Covas Costa | .com-club ori minho | Veterana F40 | 02:20:09 | +29:43 | 07:47 |
| 55 | 1073 | Alfredo Fragoso | apúlia a correr | Senior Masculino | 02:20:24 | +29:58 | 07:48 |
| 56 | 1181 | Jorge Lopes | equipa a | Veterano M40 | 02:20:35 | +30:09 | 07:49 |
| 57 | 1584 | Amaro costa | padela natural team - fisiofreixo | Senior Masculino | 02:20:54 | +30:28 | 07:50 |
| 58 | 1033 | Pedro Cerqueira | airorun | Senior Masculino | 02:21:34 | +31:08 | 07:52 |
| 59 | 1558 | Alberto Cunha | olímpico vianense trail | Veterano M50 | 02:21:55 | +31:29 | 07:53 |
| 60 | 1468 | Rui | individual | Veterano M40 | 02:21:55 | +31:29 | 07:53 |
| 61 | 1545 | Rui Faria | olímpico vianense trail | Senior Masculino | 02:21:56 | +31:30 | 07:53 |
| 62 | 1411 | César Edgar de Sousa Leão | individual | Veterano M40 | 02:22:25 | +31:59 | 07:55 |
| 63 | 1083 | Vitor Silva | arca barcelos runners | Senior Masculino | 02:22:58 | +32:32 | 07:57 |
| 64 | 1321 | Miguel Lima Pilar | individual | Senior Masculino | 02:23:36 | +33:10 | 07:59 |
| 65 | 1017 | Alvaro Vale | ade trail running | Senior Masculino | 02:23:36 | +33:10 | 07:59 |
| 66 | 1496 | José Domingos Passos Bernardino | individual | Veterano M50 | 02:23:49 | +33:23 | 07:59 |
| 67 | 1156 | Jose Lopes | dive \| into the mountains | Veterano M40 | 02:24:13 | +33:47 | 08:01 |
| 68 | 1330 | Paulo Jorge Martins da Silva | individual | Senior Masculino | 02:25:44 | +35:18 | 08:06 |
| 69 | 1117 | RUI LARANJEIRA | bikeseven esposende - ktm | Veterano M40 | 02:25:46 | +35:20 | 08:06 |
| 70 | 1010 | Simão Ferreira | ad pedome | Senior Masculino | 02:25:57 | +35:31 | 08:07 |
| 71 | 1317 | Markus Georg Renn | individual | Senior Masculino | 02:26:07 | +35:41 | 08:07 |
| 72 | 1466 | Ricardo Vieira | individual | Veterano M40 | 02:26:37 | +36:11 | 08:09 |
| 73 | 1092 | Sara Cristina Fernandes Araujo | b.t.m. | Senior Feminino | 02:27:16 | +36:50 | 08:11 |
| 74 | 1104 | Agostinho Dantas Maia | b.t.m. | Veterano M40 | 02:27:16 | +36:50 | 08:11 |
| 75 | 1097 | César Manuel Martins Carvalho | b.t.m. | Senior Masculino | 02:27:17 | +36:51 | 08:11 |
| 76 | 1029 | Avelino Figueiredo | águias de alvelos | Veterano M40 | 02:27:24 | +36:58 | 08:11 |
| 77 | 1115 | João Carlos Vieira Teixeira Santos | barcelmalhas | Veterano M40 | 02:27:44 | +37:18 | 08:12 |
| 78 | 1564 | Rui Crasto | os duros | Veterano M40 | 02:28:09 | +37:43 | 08:14 |
| 79 | 1201 | Daniel Silva | grupo desportivo banco de portugal | Senior Masculino | 02:28:32 | +38:06 | 08:15 |
| 80 | 1312 | Luís Micael Correia de Sá | individual | Senior Masculino | 02:28:38 | +38:12 | 08:15 |
| 81 | 1508 | PAULO JOSE SILVA BARROS MOREIRA | individual | Veterano M50 | 02:28:57 | +38:31 | 08:17 |
| 82 | 1423 | Eliseu leite | individual | Veterano M40 | 02:28:58 | +38:32 | 08:17 |

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## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 83 | 1556 | Nuno Araujo | olímpico vianense trail | Veterano M40 | 02:29:08 | +38:42 | 08:17 |
| 84 | 1562 | João Passos | olímpico vianense trail | Veterano M50 | 02:29:08 | +38:42 | 08:17 |
| 85 | 1479 | Vitor Araújo | individual | Veterano M40 | 02:29:20 | +38:54 | 08:18 |
| 86 | 1199 | Ivo Carvalho | geofriends | Senior Masculino | 02:29:35 | +39:09 | 08:19 |
| 87 | 1567 | Andreia Sofia da Silva Pinheiro | os galgos de tancos | Senior Feminino | 02:29:39 | +39:13 | 08:19 |
| 88 | 1367 | Carla Almeida Sereno | individual | Veterana F40 | 02:29:45 | +39:19 | 08:19 |
| 89 | 1444 | Manuel Joaquim da Silva Baptista Vale | individual | Veterano M40 | 02:29:58 | +39:32 | 08:20 |
| 90 | 1320 | Miguel Cruz | individual | Senior Masculino | 02:30:52 | +40:26 | 08:23 |
| 91 | 1361 | Vitor Lima | individual | Senior Masculino | 02:31:33 | +41:07 | 08:25 |
| 92 | 1166 | Pedro morais | ei team trail | Senior Masculino | 02:31:46 | +41:20 | 08:26 |
| 93 | 1177 | Olga Branquinho | equipa a | Veterana F40 | 02:32:25 | +41:59 | 08:28 |
| 94 | 1446 | Manuel Nascimento | individual | Veterano M40 | 02:32:30 | +42:04 | 08:28 |
| 95 | 1011 | António Dias | ad pedome | Veterano M40 | 02:32:31 | +42:05 | 08:28 |
| 96 | 1008 | Luís Miranda | ad pedome | Senior Masculino | 02:32:35 | +42:09 | 08:29 |
| 97 | 1290 | Filipe Monteiro | individual | Senior Masculino | 02:34:05 | +43:39 | 08:34 |
| 98 | 1254 | Raquel Andrade | individual | Senior Feminino | 02:34:20 | +43:54 | 08:34 |
| 99 | 1592 | Miguel Barros | pernetas | Senior Masculino | 02:34:33 | +44:07 | 08:35 |
| 100 | 1138 | Luis Rocha | c.c team | Senior Masculino | 02:34:34 | +44:08 | 08:35 |
| 101 | 1101 | Ricardo Araujo | b.t.m. | Senior Masculino | 02:34:34 | +44:08 | 08:35 |
| 102 | 1634 | Joana Filipa Correia Barros | team workout 48/cam | Senior Feminino | 02:35:06 | +44:40 | 08:37 |
| 103 | 1018 | João Ramos | ade trail running | Senior Masculino | 02:35:32 | +45:06 | 08:38 |
| 104 | 1437 | José Gomes | individual | Veterano M40 | 02:35:35 | +45:09 | 08:39 |
| 105 | 1559 | Carlos Soares | olímpico vianense trail | Veterano M50 | 02:35:39 | +45:13 | 08:39 |
| 106 | 1475 | Sergio Paulo Rodrigues Ferraz | individual | Veterano M40 | 02:35:49 | +45:23 | 08:39 |
| 107 | 1619 | Valdemar Fragoso | spin&run esposende | Veterano M40 | 02:35:50 | +45:24 | 08:39 |
| 108 | 1633 | Eliana Pereira | team workout 48/cam | Senior Feminino | 02:36:18 | +45:52 | 08:41 |
| 109 | 1345 | Ricardo Silva | individual | Senior Masculino | 02:36:18 | +45:52 | 08:41 |
| 110 | 1147 | PAULO RIBEIRO | cmc - carapaus | Veterano M40 | 02:37:04 | +46:38 | 08:44 |
| 111 | 1533 | Daniela Barreto | olímpico vianense trail | Senior Feminino | 02:37:04 | +46:38 | 08:44 |
| 112 | 1546 | Sérgio Martins | olímpico vianense trail | Senior Masculino | 02:37:04 | +46:38 | 08:44 |
| 113 | 1657 | Cédric Laranjeira | individual | Senior Masculino | 02:37:20 | +46:54 | 08:44 |
| 114 | 1334 | Pedro Catarino | individual | Senior Masculino | 02:37:21 | +46:55 | 08:45 |
| 115 | 1402 | António Pedro Sereno | individual | Veterano M40 | 02:37:28 | +47:02 | 08:45 |
| 116 | 1142 | Filipe Alves | cerveira team running | Veterano M40 | 02:37:42 | +47:16 | 08:46 |
| 117 | 1401 | Antônio Capitão | individual | Veterano M40 | 02:37:43 | +47:17 | 08:46 |
| 118 | 1226 | Cristina Teixeira | individual | Senior Feminino | 02:39:20 | +48:54 | 08:51 |
| 119 | 1060 | Mário Braga | alexandra carvalho team | Veterano M40 | 02:39:20 | +48:54 | 08:51 |
| 120 | 135 | LEANDRO FREITAS | individual | Veterano M50 | 02:39:43 | +49:17 | 08:52 |
| 121 | 1405 | Arsélio sousa remélhe | individual | Veterano M40 | 02:40:04 | +49:38 | 08:54 |
| 122 | 1327 | NUNO LOPES | individual | Senior Masculino | 02:40:08 | +49:42 | 08:54 |
| 123 | 1082 | Lucia Dias | arca barcelos runners | Senior Feminino | 02:40:22 | +49:56 | 08:55 |
| 124 | 1534 | Natália Martins | olímpico vianense trail | Senior Feminino | 02:41:00 | +50:34 | 08:57 |
| 125 | 1550 | Susana Maciel | olímpico vianense trail | Veterana F40 | 02:41:00 | +50:34 | 08:57 |
| 126 | 1557 | Raul Curva | olímpico vianense trail | Veterano M40 | 02:41:00 | +50:34 | 08:57 |
| 127 | 1159 | Paulo Ribeiro | dive \| into the mountains | Veterano M40 | 02:41:09 | +50:43 | 08:57 |

## TRAIL CURTO - STAGE 1 — 18 KM

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## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 128 | 1560 | Fernando Alves | olímpico vianense trail | Veterano M50 | 02:41:24 | +50:58 | 08:58 |
| 129 | 1643 | António Grande | trail me | Veterano M40 | 02:41:28 | +51:02 | 08:58 |
| 130 | 1622 | Hugo Pacheco | stcp runners | Senior Masculino | 02:41:38 | +51:12 | 08:59 |
| 131 | 1175 | Paulo Mesquita | equipa a | Senior Masculino | 02:41:51 | +51:25 | 09:00 |
| 132 | 1588 | Rui Sousa | palmeira runners | Senior Masculino | 02:41:54 | +51:28 | 09:00 |
| 133 | 1587 | Marco Dias | padela natural team - fisiofreixo | Veterano M40 | 02:42:13 | +51:47 | 09:01 |
| 134 | 1095 | André Santos | b.t.m. | Senior Masculino | 02:42:21 | +51:55 | 09:01 |
| 135 | 1207 | HUGO PALMEIRA | gtt-armazém do caffè | Veterano M40 | 02:42:22 | +51:56 | 09:01 |
| 136 | 1451 | Paulo Carvalho | individual | Veterano M40 | 02:42:44 | +52:18 | 09:02 |
| 137 | 1522 | Miguel Lopes | moinhos run adrm | Senior Masculino | 02:42:54 | +52:28 | 09:03 |
| 138 | 1439 | José Maria Gouveia Martins | individual | Veterano M40 | 02:43:02 | +52:36 | 09:03 |
| 139 | 1363 | ZéPedro Ferreira | individual | Senior Masculino | 02:43:03 | +52:37 | 09:04 |
| 140 | 1598 | Filipe Ferreira | porto sentido runners | Veterano M40 | 02:43:22 | +52:56 | 09:05 |
| 141 | 1585 | José Maciel | padela natural team - fisiofreixo | Senior Masculino | 02:43:28 | +53:02 | 09:05 |
| 142 | 1501 | Manuel  Araujo | individual | Veterano M50 | 02:43:29 | +53:03 | 09:05 |
| 143 | 1565 | António Crasto | os duros | Veterano M50 | 02:43:36 | +53:10 | 09:05 |
| 144 | 1112 | Flávio Dias | banda de músicos | Senior Masculino | 02:43:40 | +53:14 | 09:06 |
| 145 | 1275 | Bruno Moura | individual | Senior Masculino | 02:43:59 | +53:33 | 09:07 |
| 146 | 124 | Carlos Ferreira | individual | Veterano M40 | 02:43:59 | +53:33 | 09:07 |
| 147 | 1454 | Paulo Jorge Martins de Faria | individual | Veterano M40 | 02:44:00 | +53:34 | 09:07 |
| 148 | 1460 | Pedro Ribeiro | individual | Veterano M40 | 02:44:06 | +53:40 | 09:07 |
| 149 | 1485 | António Fins | individual | Veterano M50 | 02:44:36 | +54:10 | 09:09 |
| 150 | 1404 | Antonio Vilaça | individual | Veterano M40 | 02:45:34 | +55:08 | 09:12 |
| 151 | 1432 | JOÃO SILVA | individual | Veterano M40 | 02:45:43 | +55:17 | 09:12 |
| 152 | 1447 | Miguel Ângelo Brito Faria | individual | Veterano M40 | 02:45:52 | +55:26 | 09:13 |
| 153 | 1284 | Ernesto Manuel de Oliveira Martins | individual | Senior Masculino | 02:46:24 | +55:58 | 09:15 |
| 154 | 1268 | Adelio Nuno Gomes Maranhao | individual | Senior Masculino | 02:46:32 | +56:06 | 09:15 |
| 155 | 1351 | Sousa Gabriel | individual | Senior Masculino | 02:46:34 | +56:08 | 09:15 |
| 156 | 1148 | João Manuel Santos Silva | cmc - carapaus | Veterano M50 | 02:46:52 | +56:26 | 09:16 |
| 157 | 1270 | André Gonçalves de Araújo | individual | Senior Masculino | 02:46:55 | +56:29 | 09:16 |
| 158 | 1319 | Miguel | individual | Senior Masculino | 02:46:55 | +56:29 | 09:16 |
| 159 | 1462 | Pedro teixeira | individual | Veterano M40 | 02:48:10 | +57:44 | 09:21 |
| 160 | 1326 | Nuno Gomes | individual | Senior Masculino | 02:48:25 | +57:59 | 09:21 |
| 161 | 1106 | Eduardo Fonseca | b.t.m. | Veterano M40 | 02:48:26 | +58:00 | 09:21 |
| 162 | 1118 | Jorge Sousa | bitrunners | Veterano M40 | 02:48:33 | +58:07 | 09:22 |
| 163 | 1176 | Diana Sousa | equipa a | Veterana F40 | 02:49:12 | +58:46 | 09:24 |
| 164 | 1590 | José Ferreira | palmeira runners | Veterano M40 | 02:49:18 | +58:52 | 09:24 |
| 165 | 1111 | Carlos Lima e Silva | banda de músicos | Senior Masculino | 02:49:32 | +59:06 | 09:25 |
| 166 | 1650 | Bruno Silva | vaiatéondeosteupéstelevar | Senior Masculino | 02:49:41 | +59:15 | 09:26 |
| 167 | 1292 | Francisco pilar | individual | Senior Masculino | 02:49:47 | +59:21 | 09:26 |
| 168 | 1599 | Humberto Pinho | porto sentido runners | Veterano M60 | 02:50:15 | +59:49 | 09:28 |
| 169 | 1113 | Tiago Ferreira | banda de músicos | Senior Masculino | 02:50:20 | +59:54 | 09:28 |
| 170 | 1273 | Bruno André Monteiro Martins | individual | Senior Masculino | 02:50:24 | +59:58 | 09:28 |
| 171 | 1061 | Paulo Ferreira | alexandra carvalho team | Veterano M40 | 02:50:33 | +01:00:07 | 09:29 |
| 172 | 1080 | Miguel Mendes | arc vale são cosme | Veterano M40 | 02:50:34 | +01:00:08 | 09:29 |

## TRAIL CURTO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 173 | 1629 | Patricia Lemos | team era esposende | Senior Feminino | 02:50:39 | +01:00:13 | 09:29 |
| 174 | 1360 | VAN VYVE MARTIN | individual | Senior Masculino | 02:51:05 | +01:00:39 | 09:30 |
| 175 | 1463 | Ricardo Abreu Lopes | individual | Veterano M40 | 02:51:12 | +01:00:46 | 09:31 |
| 176 | 1154 | Keta Batista | dive \| into the mountains | Veterana F40 | 02:51:18 | +01:00:52 | 09:31 |
| 177 | 1278 | Carlos eiras | individual | Senior Masculino | 02:51:34 | +01:01:08 | 09:32 |
| 178 | 1642 | António Coelho | trail me | Veterano M40 | 02:51:45 | +01:01:19 | 09:33 |
| 179 | 1127 | Carlos Cunha | bragaxplora/nortinfo | Veterano M40 | 02:51:46 | +01:01:20 | 09:33 |
| 180 | 1188 | António Neves | fardetas | Veterano M40 | 02:52:26 | +01:02:00 | 09:35 |
| 181 | 1087 | Antonio Gonçalves | arca barcelos runners | Veterano M40 | 02:52:28 | +01:02:02 | 09:35 |
| 182 | 1034 | deolinda faria | airorun | Veterana F40 | 02:52:30 | +01:02:04 | 09:35 |
| 183 | 1646 | Pedro Rocha | trail me | Veterano M40 | 02:52:30 | +01:02:04 | 09:35 |
| 184 | 1183 | pirata | equipa a | Veterano M40 | 02:53:17 | +01:02:51 | 09:38 |
| 185 | 1625 | Dinis Pinto | stcp runners | Veterano M40 | 02:53:18 | +01:02:52 | 09:38 |
| 186 | 1089 | Filipe Rodrigues | associação scd vile | Senior Masculino | 02:53:24 | +01:02:58 | 09:38 |
| 187 | 1054 | Susana Queiroz | alexandra carvalho team | Veterana F40 | 02:55:55 | +01:05:29 | 09:46 |
| 188 | 1049 | RICARDO JORGE CUNHA REGO | alexandra carvalho team | Senior Masculino | 02:57:42 | +01:07:16 | 09:52 |
| 189 | 1498 | José Mariz | individual | Veterano M50 | 02:58:23 | +01:07:57 | 09:55 |
| 190 | 1059 | António Valente | alexandra carvalho team | Veterano M40 | 02:58:23 | +01:07:57 | 09:55 |
| 191 | 1311 | Luís Filipe Vilas Boas Campos | individual | Senior Masculino | 02:58:33 | +01:08:07 | 09:55 |
| 192 | 1314 | luis ramos | individual | Senior Masculino | 02:58:45 | +01:08:19 | 09:56 |
| 193 | 114 | Ricardo castro | individual | Veterano M40 | 02:58:48 | +01:08:22 | 09:56 |
| 194 | 1179 | Alexandre Pereira | equipa a | Veterano M40 | 02:58:49 | +01:08:23 | 09:56 |
| 195 | 1064 | DANIEL BARRETO | alexandra carvalho team | Veterano M60 | 02:58:52 | +01:08:26 | 09:56 |
| 196 | 1202 | MONIA RIBEIRO | gtt-armazém do caffè | Senior Feminino | 02:58:55 | +01:08:29 | 09:56 |
| 197 | 1208 | PEDRO RIBEIRO | gtt-armazém do caffè | Veterano M40 | 02:58:55 | +01:08:29 | 09:56 |
| 198 | 76 | José Manuel Braga Ferreira | gtt-armazém do caffè | Veterano M50 | 02:58:56 | +01:08:30 | 09:56 |
| 199 | 1157 | Miguel Soares | dive \| into the mountains | Veterano M40 | 02:58:58 | +01:08:32 | 09:57 |
| 200 | 1160 | Pedro Costa | dive \| into the mountains | Veterano M40 | 02:59:00 | +01:08:34 | 09:57 |
| 201 | 1621 | Ramiro Batista | spin&run esposende | Veterano M50 | 02:59:03 | +01:08:37 | 09:57 |
| 202 | 1350 | Sebastião Calheiros | individual | Senior Masculino | 02:59:22 | +01:08:56 | 09:58 |
| 203 | 1341 | Pedro Mota | individual | Senior Masculino | 02:59:33 | +01:09:07 | 09:59 |
| 204 | 1573 | João André Eiras Novo Pinheiral | os galgos de tancos | Senior Masculino | 03:00:03 | +01:09:37 | 10:00 |
| 205 | 1620 | Jorge Serra | spin&run esposende | Veterano M50 | 03:00:36 | +01:10:10 | 10:02 |
| 206 | 1416 | Diogo Oliveira | individual | Veterano M40 | 03:01:31 | +01:11:05 | 10:05 |
| 207 | 1206 | Dimitri Matos | gtt-armazém do caffè | Veterano M40 | 03:01:31 | +01:11:05 | 10:05 |
| 208 | 1453 | PAULO FERREIRA | individual | Veterano M40 | 03:01:33 | +01:11:07 | 10:05 |
| 209 | 1055 | Adosinda Maciel | alexandra carvalho team | Veterana F50 | 03:01:35 | +01:11:09 | 10:05 |
| 210 | 1597 | Marina Silva | porto sentido runners | Veterana F40 | 03:01:56 | +01:11:30 | 10:06 |
| 211 | 1612 | José Costa | serviços sociais câmara municipal santa maria feira | Veterano M50 | 03:01:56 | +01:11:30 | 10:06 |
| 212 | 1412 | Juliana Lopes Onuma | individual | Veterana F40 | 03:01:57 | +01:11:31 | 10:07 |
| 213 | 1442 | Manuel Antonio Carvalho Faria Faria | individual | Veterano M40 | 03:02:04 | +01:11:38 | 10:07 |
| 214 | 1443 | Manuel Araujo | individual | Veterano M40 | 03:02:15 | +01:11:49 | 10:08 |
| 215 | 1637 | Florinda Fernandes | team workout 48/cam | Veterana F40 | 03:02:40 | +01:12:14 | 10:09 |

## TRAIL CURTO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 216 | 1420 | Eduardo Martins | individual | Veterano M40 | 03:02:53 | +01:12:27 | 10:10 |
| 217 | 1214 | Ana Marques | individual | Senior Feminino | 03:02:57 | +01:12:31 | 10:10 |
| 218 | 1456 | Paulo Marques | individual | Veterano M40 | 03:02:57 | +01:12:31 | 10:10 |
| 219 | 1124 | Diogo Ferreira | bragaxplora/nortinfo | Senior Masculino | 03:03:12 | +01:12:46 | 10:11 |
| 220 | 1276 | Bruno Vilaca | individual | Senior Masculino | 03:03:27 | +01:13:01 | 10:12 |
| 221 | 1300 | Hugo Miguel Abreu Patrão | individual | Senior Masculino | 03:03:49 | +01:13:23 | 10:13 |
| 222 | 1515 | ALBERTO SÁ | intratáveis | Veterano M60 | 03:04:17 | +01:13:51 | 10:14 |
| 223 | 1205 | Maria do Céu Lopes Lemos | gtt-armazém do caffè | Veterana F50 | 03:04:18 | +01:13:52 | 10:14 |
| 224 | 115 | Rui Fernandes | individual | Veterano M40 | 03:04:19 | +01:13:53 | 10:14 |
| 225 | 1316 | Márcio Mendes | individual | Senior Masculino | 03:04:27 | +01:14:01 | 10:15 |
| 226 | 1427 | Francisco eduardo ferreira areias | individual | Veterano M40 | 03:05:02 | +01:14:36 | 10:17 |
| 227 | 1094 | Vania Peixoto | b.t.m. | Senior Feminino | 03:05:27 | +01:15:01 | 10:18 |
| 228 | 1009 | Nelson Rodrigues | ad pedome | Senior Masculino | 03:05:35 | +01:15:09 | 10:19 |
| 229 | 1245 | Liliana Cristina Soares | individual | Senior Feminino | 03:05:46 | +01:15:20 | 10:19 |
| 230 | 1504 | manuel faria | individual | Veterano M50 | 03:05:57 | +01:15:31 | 10:20 |
| 231 | 1535 | Noemia ferreira | olímpico vianense trail | Senior Feminino | 03:06:09 | +01:15:43 | 10:21 |
| 232 | 1579 | Carlos Fernandes | os quatro | Senior Masculino | 03:06:12 | +01:15:46 | 10:21 |
| 233 | 1105 | Edgar Costa | b.t.m. | Veterano M40 | 03:06:12 | +01:15:46 | 10:21 |
| 234 | 1096 | André Silva | b.t.m. | Senior Masculino | 03:06:16 | +01:15:50 | 10:21 |
| 235 | 1050 | Ricardo Vaz | alexandra carvalho team | Senior Masculino | 03:06:39 | +01:16:13 | 10:22 |
| 236 | 1237 | Filipa Isabel Fonseca da Cruz | individual | Senior Feminino | 03:06:45 | +01:16:19 | 10:23 |
| 237 | 1282 | Daniel Jose Peixoto da Silva | individual | Senior Masculino | 03:06:46 | +01:16:20 | 10:23 |
| 238 | 1024 | Eduardo Coutada | ade trail running | Veterano M40 | 03:06:53 | +01:16:27 | 10:23 |
| 239 | 1022 | Sameiro Fraguinha | ade trail running | Veterana F40 | 03:06:53 | +01:16:27 | 10:23 |
| 240 | 1335 | pedro ferraz | individual | Senior Masculino | 03:06:55 | +01:16:29 | 10:23 |
| 241 | 1310 | Luis Cesar Picas Silva Ferreira | individual | Senior Masculino | 03:08:03 | +01:17:37 | 10:27 |
| 242 | 1563 | Fátima Crasto | os duros | Veterana F40 | 03:08:11 | +01:17:45 | 10:27 |
| 243 | 1359 | VAN VYVE Clément | individual | Senior Masculino | 03:08:11 | +01:17:45 | 10:27 |
| 244 | 1421 | Eduardo Nascimento | individual | Veterano M40 | 03:08:19 | +01:17:53 | 10:28 |
| 245 | 1477 | VAN VYVE THOMAS | individual | Veterano M40 | 03:08:27 | +01:18:01 | 10:28 |
| 246 | 1012 | Bruno Azevedo | ad pedome | Veterano M40 | 03:08:36 | +01:18:10 | 10:29 |
| 247 | 1450 | Paulo Bastos | individual | Veterano M40 | 03:08:39 | +01:18:13 | 10:29 |
| 248 | 1473 | Sérgio | individual | Veterano M40 | 03:08:45 | +01:18:19 | 10:29 |
| 249 | 1013 | Jorge Silva | ad pedome | Veterano M40 | 03:08:55 | +01:18:29 | 10:30 |
| 250 | 1382 | Natalina Aurora Ribeiro Rodrigues | individual | Veterana F40 | 03:08:56 | +01:18:30 | 10:30 |
| 251 | 1499 | José Mendes | individual | Veterano M50 | 03:09:34 | +01:19:08 | 10:32 |
| 252 | 1191 | martinho cunha | g.d castelense | Veterano M50 | 03:09:50 | +01:19:24 | 10:33 |
| 253 | 1271 | Antonio Marinho | individual | Senior Masculino | 03:10:10 | +01:19:44 | 10:34 |
| 254 | 1171 | Ana Rita Costa | equipa a | Senior Feminino | 03:10:11 | +01:19:45 | 10:34 |
| 255 | 1511 | Victor Alvarães Meira | individual | Veterano M50 | 03:10:42 | +01:20:16 | 10:36 |
| 256 | 1081 | Armindo Lopes | arc vale são cosme | Veterano M50 | 03:10:48 | +01:20:22 | 10:36 |
| 257 | 1576 | Isaías Vieira | os marretas | Senior Masculino | 03:11:17 | +01:20:51 | 10:38 |
| 258 | 1056 | Eulália Miranda | alexandra carvalho team | Veterana F50 | 03:11:25 | +01:20:59 | 10:38 |
| 259 | 1045 | André Silva | alexandra carvalho team | Senior Masculino | 03:11:52 | +01:21:26 | 10:40 |
| 260 | 1541 | Luís Miguel Freitas | olímpico vianense trail | Senior Masculino | 03:11:59 | +01:21:33 | 10:40 |

## TRAIL CURTO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 261 | 1525 | Paulo Magalhães | moinhos run adrm | Veterano M40 | 03:12:06 | +01:21:40 | 10:40 |
| 262 | 1146 | João Miguel Almeida da Silva | cmc - carapaus | Senior Masculino | 03:12:12 | +01:21:46 | 10:41 |
| 263 | 1492 | Ilídio Fernando de Abreu Peixoto | individual | Veterano M50 | 03:12:14 | +01:21:48 | 10:41 |
| 264 | 1438 | José Joaquim Gonçalves Duarte | individual | Veterano M40 | 03:12:18 | +01:21:52 | 10:41 |
| 265 | 1600 | José Afonso | rampinhas | Veterano M50 | 03:12:19 | +01:21:53 | 10:41 |
| 266 | 1635 | Bruno Rodrigues | team workout 48/cam | Senior Masculino | 03:12:19 | +01:21:53 | 10:41 |
| 267 | 1434 | Jose Alberto Ribeiro | individual | Veterano M40 | 03:12:25 | +01:21:59 | 10:41 |
| 268 | 1325 | Nuno Ferreira | individual | Senior Masculino | 03:12:45 | +01:22:19 | 10:43 |
| 269 | 1119 | Alzira alves | bits&bikes/trail running | Veterana F40 | 03:14:09 | +01:23:43 | 10:47 |
| 270 | 1424 | Fernando Ribeiro Pilar | individual | Veterano M40 | 03:14:10 | +01:23:44 | 10:47 |
| 271 | 1172 | Cristina Ramalho | equipa a | Senior Feminino | 03:14:13 | +01:23:47 | 10:47 |
| 272 | 1651 | Gaspar Fernanded | vaiatéondeosteupéstelevar | Veterano M50 | 03:14:25 | +01:23:59 | 10:48 |
| 273 | 1072 | Jerusa Ribeiro | apúlia a correr | Senior Feminino | 03:14:28 | +01:24:02 | 10:48 |
| 274 | 1128 | José Coelho | bragaxplora/nortinfo | Veterano M40 | 03:14:37 | +01:24:11 | 10:49 |
| 275 | 1582 | Lino Moreira | os turbomula | Veterano M60 | 03:14:46 | +01:24:20 | 10:49 |
| 276 | 1088 | Joao Cruz | arca barcelos runners | Veterano M50 | 03:15:05 | +01:24:39 | 10:50 |
| 277 | 1014 | Ana Carolina Pereira | ade trail running | Senior Feminino | 03:15:22 | +01:24:56 | 10:51 |
| 278 | 1489 | Carlos Manuel Sá Pereira Lomba | individual | Veterano M50 | 03:15:25 | +01:24:59 | 10:51 |
| 279 | 1158 | Paulo Alexandre Carneiro | dive \| into the mountains | Veterano M40 | 03:15:32 | +01:25:06 | 10:52 |
| 280 | 1005 | Carlos Macedo | a.d. amarante trail running | Veterano M60 | 03:15:39 | +01:25:13 | 10:52 |
| 281 | 1322 | Nelson Dantas | individual | Senior Masculino | 03:15:58 | +01:25:32 | 10:53 |
| 282 | 1353 | Tiago Correia | individual | Senior Masculino | 03:16:00 | +01:25:34 | 10:53 |
| 283 | 1662 | Ermelinda Coelho | individual | Veterana F40 | 03:16:34 | +01:26:08 | 10:55 |
| 284 | 1660 | Domingo Machado | dumiense - xallenge runners | Veterano M50 | 03:16:34 | +01:26:08 | 10:55 |
| 285 | 1340 | Pedro Martins | individual | Senior Masculino | 03:17:02 | +01:26:36 | 10:57 |
| 286 | 1042 | Alexandra Carvalho | alexandra carvalho team | Senior Feminino | 03:17:02 | +01:26:36 | 10:57 |
| 287 | 1043 | Ana Fael | alexandra carvalho team | Senior Feminino | 03:17:02 | +01:26:36 | 10:57 |
| 288 | 1346 | Rui Graça | individual | Senior Masculino | 03:17:08 | +01:26:42 | 10:57 |
| 289 | 1507 | PAULO GRAÇA | individual | Veterano M50 | 03:17:08 | +01:26:42 | 10:57 |
| 290 | 1329 | Paulo Cerqueira | individual | Senior Masculino | 03:17:12 | +01:26:46 | 10:57 |
| 291 | 1100 | Nuno Silva | b.t.m. | Senior Masculino | 03:17:24 | +01:26:58 | 10:58 |
| 292 | 1196 | Marcia Ferreira | geofriends | Senior Feminino | 03:17:36 | +01:27:10 | 10:59 |
| 293 | 1344 | Ricardo Manuel Alves Azevedo | individual | Senior Masculino | 03:17:39 | +01:27:13 | 10:59 |
| 294 | 1436 | José Baltazar Lage de Matos | individual | Veterano M40 | 03:17:39 | +01:27:13 | 10:59 |
| 295 | 1458 | Paulo Vilarinho | individual | Veterano M40 | 03:17:50 | +01:27:24 | 11:00 |
| 296 | 1155 | David ribeiro | dive \| into the mountains | Veterano M40 | 03:18:13 | +01:27:47 | 11:01 |
| 297 | 1429 | João Carlos da Silva Gomes | individual | Veterano M40 | 03:18:22 | +01:27:56 | 11:01 |
| 298 | 120 | Paulo Nóvoa | individual | Veterano M50 | 03:18:26 | +01:28:00 | 11:01 |
| 299 | 1528 | Pedro Vale Lima | nossa equipa | Veterano M40 | 03:18:39 | +01:28:13 | 11:02 |
| 300 | 1455 | Paulo Jorge Romão Campos | individual | Veterano M40 | 03:18:52 | +01:28:26 | 11:03 |
| 301 | 1309 | karl eiras cardoso | individual | Senior Masculino | 03:19:23 | +01:28:57 | 11:05 |
| 302 | 1632 | Cristina Esteves Rodrigues | team workout 48/cam | Senior Feminino | 03:19:35 | +01:29:09 | 11:05 |
| 303 | 1509 | PEDRO CASTEL-BRANCO | individual | Veterano M50 | 03:19:44 | +01:29:18 | 11:06 |
| 304 | 1134 | Patrícia Araújo | brothers trail team | Senior Feminino | 03:20:19 | +01:29:53 | 11:08 |

## TRAIL CURTO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 305 | 1135 | Márcio Araújo | brothers trail team | Senior Masculino | 03:20:20 | +01:29:54 | 11:08 |
| 306 | 1090 | Paulo hernani | att | Veterano M40 | 03:20:23 | +01:29:57 | 11:08 |
| 307 | 1185 | José Pereira | equipa a | Veterano M50 | 03:20:45 | +01:30:19 | 11:09 |
| 308 | 1174 | Nuno Santos | equipa a | Senior Masculino | 03:20:45 | +01:30:19 | 11:09 |
| 309 | 1180 | Carlos Alberto Soares de Magalhaes | equipa a | Veterano M40 | 03:20:45 | +01:30:19 | 11:09 |
| 310 | 1098 | João Carvalho | b.t.m. | Senior Masculino | 03:20:54 | +01:30:28 | 11:10 |
| 311 | 1529 | Henrique Gonçalves | oada - os amigos da aventura | Senior Masculino | 03:21:22 | +01:30:56 | 11:11 |
| 312 | 1198 | David Torres | geofriends | Senior Masculino | 03:21:26 | +01:31:00 | 11:12 |
| 313 | 1414 | Daniel Gonçalves | individual | Veterano M40 | 03:21:28 | +01:31:02 | 11:12 |
| 314 | 1469 | Rui Manuel Rolo de Sousa Caseiro | individual | Veterano M40 | 03:22:24 | +01:31:58 | 11:15 |
| 315 | 1021 | Pedro Rocha | ade trail running | Senior Masculino | 03:22:30 | +01:32:04 | 11:15 |
| 316 | 1519 | Mónica Domingues | lebres minhotas | Senior Feminino | 03:22:36 | +01:32:10 | 11:15 |
| 317 | 1655 | Cassiano Sampaio | individual | Veterano M50 | 03:24:08 | +01:33:42 | 11:20 |
| 318 | 1370 | Cristina Silva | individual | Veterana F40 | 03:24:27 | +01:34:01 | 11:22 |
| 319 | 1669 | Ricardo Faria | individual | Senior Masculino | 03:24:34 | +01:34:08 | 11:22 |
| 320 | 1269 | Alcindo Miranda | individual | Senior Masculino | 03:24:35 | +01:34:09 | 11:22 |
| 321 | 1333 | Pedro  Tiago Torres Moura | individual | Senior Masculino | 03:24:35 | +01:34:09 | 11:22 |
| 322 | 1336 | Pedro Gonçalves Pilar | individual | Senior Masculino | 03:24:35 | +01:34:09 | 11:22 |
| 323 | 1422 | Eduardo Rodrigues de Sá | individual | Veterano M40 | 03:24:51 | +01:34:25 | 11:23 |
| 324 | 1418 | Eduardo Benigno | individual | Veterano M40 | 03:24:54 | +01:34:28 | 11:23 |
| 325 | 1478 | Viriato Quintino | individual | Veterano M40 | 03:24:54 | +01:34:28 | 11:23 |
| 326 | 1184 | Ricardo Carvalho | equipa a | Veterano M40 | 03:25:06 | +01:34:40 | 11:24 |
| 327 | 1129 | Pedro Lima | bragaxplora/nortinfo | Veterano M40 | 03:25:28 | +01:35:02 | 11:25 |
| 328 | 1636 | Carlos Eduardo Martins Capaínha | team workout 48/cam | Senior Masculino | 03:25:53 | +01:35:27 | 11:26 |
| 329 | 1483 | Vitor inacio | individual | Veterano M40 | 03:26:42 | +01:36:16 | 11:29 |
| 330 | 1495 | Jose Cardoso | individual | Veterano M50 | 03:26:42 | +01:36:16 | 11:29 |
| 331 | 1048 | Ricardo Esteves | alexandra carvalho team | Senior Masculino | 03:27:01 | +01:36:35 | 11:30 |
| 332 | 1486 | António Manuel Lima Martins | individual | Veterano M50 | 03:27:08 | +01:36:42 | 11:30 |
| 333 | 1430 | João Paulo de Jesus Lemos Vieira | individual | Veterano M40 | 03:27:11 | +01:36:45 | 11:31 |
| 334 | 1623 | Renato Pinto | stcp runners | Senior Masculino | 03:27:15 | +01:36:49 | 11:31 |
| 335 | 1624 | Valter Barbosa | stcp runners | Senior Masculino | 03:27:15 | +01:36:49 | 11:31 |
| 336 | 1672 | Sandra Coutinho | individual | Veterana F40 | 03:27:22 | +01:36:56 | 11:31 |
| 337 | 1605 | Graça Ribeiro | running penafiel trail | Veterana F50 | 03:27:32 | +01:37:06 | 11:32 |
| 338 | 1618 | Mónica Ferreira | spin&run esposende | Veterana F40 | 03:27:33 | +01:37:07 | 11:32 |
| 339 | 1459 | Pedro Cruz | individual | Veterano M40 | 03:27:44 | +01:37:18 | 11:32 |
| 340 | 1108 | Ricardo Rocha | b.t.m. | Veterano M40 | 03:27:46 | +01:37:20 | 11:33 |
| 341 | 1093 | Tanya Patricia de Sousa Reis | b.t.m. | Senior Feminino | 03:27:46 | +01:37:20 | 11:33 |
| 342 | 1091 | Diana Lima | b.t.m. | Senior Feminino | 03:27:47 | +01:37:21 | 11:33 |
| 343 | 1025 | Filipe Gonçalves | ade trail running | Veterano M40 | 03:27:56 | +01:37:30 | 11:33 |
| 344 | 1328 | nuno marques | individual | Senior Masculino | 03:27:56 | +01:37:30 | 11:33 |
| 345 | 1053 | Susana Crasto | alexandra carvalho team | Veterana F40 | 03:28:19 | +01:37:53 | 11:34 |
| 346 | 1549 | Marina Salgueiro | olímpico vianense trail | Veterana F40 | 03:28:20 | +01:37:54 | 11:34 |
| 347 | 1555 | Marco Maciel | olímpico vianense trail | Veterano M40 | 03:28:55 | +01:38:29 | 11:36 |

## TRAIL CURTO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 348 | 1505 | Manuel Paiva | individual | Veterano M50 | 03:29:07 | +01:38:41 | 11:37 |
| 349 | 1299 | Hugo Guimarães | individual | Senior Masculino | 03:29:08 | +01:38:42 | 11:37 |
| 350 | 1016 | salete oliveira | ade trail running | Senior Feminino | 03:29:19 | +01:38:53 | 11:38 |
| 351 | 1301 | IVO Afonso Costa | individual | Senior Masculino | 03:29:37 | +01:39:11 | 11:39 |
| 352 | 1324 | Nuno Carreira | individual | Senior Masculino | 03:30:21 | +01:39:55 | 11:41 |
| 353 | 1318 | Martinho Capitao | individual | Senior Masculino | 03:30:39 | +01:40:13 | 11:42 |
| 354 | 1544 | Óscar Sousa | olímpico vianense trail | Senior Masculino | 03:31:15 | +01:40:49 | 11:44 |
| 355 | 1537 | Sara Rodrigues | olímpico vianense trail | Senior Feminino | 03:31:15 | +01:40:49 | 11:44 |
| 356 | 1296 | Henrique Faria | individual | Senior Masculino | 03:31:17 | +01:40:51 | 11:44 |
| 357 | 1484 | Vitor Manuel faria da silva | individual | Veterano M40 | 03:31:17 | +01:40:51 | 11:44 |
| 358 | 1295 | Helder Silva | individual | Senior Masculino | 03:31:23 | +01:40:57 | 11:45 |
| 359 | 1654 | Alexandre Rodrigues | vamos equipe | Veterano M40 | 03:31:23 | +01:40:57 | 11:45 |
| 360 | 1006 | Francisco oliveira | abrevales | Veterano M40 | 03:31:24 | +01:40:58 | 11:45 |
| 361 | 1215 | Ana Rio | individual | Senior Feminino | 03:31:25 | +01:40:59 | 11:45 |
| 362 | 1338 | Pedro Loureiro | individual | Senior Masculino | 03:31:25 | +01:40:59 | 11:45 |
| 363 | 1371 | Elisabete Borges | individual | Veterana F40 | 03:32:21 | +01:41:55 | 11:48 |
| 364 | 1663 | Adelino Pinto | individual | Senior Masculino | 03:32:37 | +01:42:11 | 11:49 |
| 365 | 1145 | Diana Dias | clube trilheiros e amigos | Senior Feminino | 03:32:37 | +01:42:11 | 11:49 |
| 366 | 1057 | Paula Martins | alexandra carvalho team | Veterana F50 | 03:32:46 | +01:42:20 | 11:49 |
| 367 | 1520 | Isabel Domingues | lebres minhotas | Veterana F40 | 03:32:49 | +01:42:23 | 11:49 |
| 368 | 1617 | Vasco Marta | spin&run esposende | Senior Masculino | 03:32:59 | +01:42:33 | 11:50 |
| 369 | 1615 | Ana Silva | spin&run esposende | Senior Feminino | 03:32:59 | +01:42:33 | 11:50 |
| 370 | 1116 | Albino Manuel Vieira Teixeira Santos | barcelmalhas | Veterano M50 | 03:33:21 | +01:42:55 | 11:51 |
| 371 | 1114 | João Filipe Santos Garrido | barcelmalhas | Senior Masculino | 03:33:21 | +01:42:55 | 11:51 |
| 372 | 1167 | Filipe escobar | ei team trail | Veterano M40 | 03:33:39 | +01:43:13 | 11:52 |
| 373 | 1513 | Jean-Claude Villain | individual | Veterano M60 | 03:33:50 | +01:43:24 | 11:53 |
| 374 | 1464 | Ricardo M Ferreira | individual | Veterano M40 | 03:34:17 | +01:43:51 | 11:54 |
| 375 | 1474 | Sérgio Mota | individual | Veterano M40 | 03:34:45 | +01:44:19 | 11:56 |
| 376 | 1331 | Paulo oliveira | individual | Senior Masculino | 03:34:50 | +01:44:24 | 11:56 |
| 377 | 1358 | Tiago Viana | individual | Senior Masculino | 03:34:51 | +01:44:25 | 11:56 |
| 378 | 1467 | Rolando Capitão | individual | Veterano M40 | 03:36:13 | +01:45:47 | 12:01 |
| 379 | 1614 | José Teixeira | somos nós team | Veterano M50 | 03:36:39 | +01:46:13 | 12:02 |
| 380 | 1583 | Susana Silva | padela natural team - fisiofreixo | Senior Feminino | 03:37:02 | +01:46:36 | 12:03 |
| 381 | 1580 | Pedro Vilas Boas | os quatro | Senior Masculino | 03:37:06 | +01:46:40 | 12:04 |
| 382 | 1343 | Ricardo Ferreira Coelho | individual | Senior Masculino | 03:37:22 | +01:46:56 | 12:05 |
| 383 | 1239 | ivone bentes | individual | Senior Feminino | 03:38:25 | +01:47:59 | 12:08 |
| 384 | 1445 | manuel miranda | individual | Veterano M40 | 03:38:25 | +01:47:59 | 12:08 |
| 385 | 1647 | Simao Vilaça | turbulentos | Senior Masculino | 03:38:33 | +01:48:07 | 12:09 |
| 386 | 1448 | Miguel Soares | individual | Veterano M40 | 03:38:47 | +01:48:21 | 12:09 |
| 387 | 1120 | António Vale Lima | bosch | Veterano M50 | 03:38:47 | +01:48:21 | 12:09 |
| 388 | 1132 | Elizabeth Ortiz | braguinhas runners | Veterana F40 | 03:38:53 | +01:48:27 | 12:10 |
| 389 | 1526 | Rui Quinta | moinhos run adrm | Veterano M50 | 03:38:55 | +01:48:29 | 12:10 |
| 390 | 1521 | Carlos Gonçalves | moinhos run adrm | Senior Masculino | 03:39:10 | +01:48:44 | 12:11 |
| 391 | 1287 | Fábio Santos | individual | Senior Masculino | 03:39:54 | +01:49:28 | 12:13 |
| 392 | 1372 | Fátima Saraiva | individual | Veterana F40 | 03:41:19 | +01:50:53 | 12:18 |

## TRAIL CURTO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 393 | 1136 | Silvia Faria | budeguita runners | Senior Feminino | 03:41:46 | +01:51:20 | 12:19 |
| 394 | 25 | Elisabete Pereira | alexandra carvalho team | Veterana F40 | 03:42:05 | +01:51:39 | 12:20 |
| 395 | 1626 | Domingos Faustino | stcp runners | Veterano M40 | 03:42:05 | +01:51:39 | 12:20 |
| 396 | 1413 | Daniel Gomes | individual | Veterano M40 | 03:42:17 | +01:51:51 | 12:21 |
| 397 | 1342 | Ricardo da Silva Ferreira | individual | Senior Masculino | 03:42:39 | +01:52:13 | 12:22 |
| 398 | 1232 | Diana Fernandes | individual | Senior Feminino | 03:42:40 | +01:52:14 | 12:22 |
| 399 | 1258 | Sandra Zeferino | individual | Senior Feminino | 03:42:40 | +01:52:14 | 12:22 |
| 400 | 1644 | José Luís Eusébio | trail me | Veterano M40 | 03:42:41 | +01:52:15 | 12:22 |
| 401 | 1571 | António José Gomez Soares | os galgos de tancos | Senior Masculino | 03:42:48 | +01:52:22 | 12:23 |
| 402 | 1575 | João Pedro Dias Baptista | os galgos de tancos | Veterano M50 | 03:42:48 | +01:52:22 | 12:23 |
| 403 | 1578 | Joana Figueiredo | os quatro | Senior Feminino | 03:43:55 | +01:53:29 | 12:26 |
| 404 | 1195 | alcino tavares | gansos | Veterano M40 | 03:44:02 | +01:53:36 | 12:27 |
| 405 | 1193 | Cristina Fonseca | gansos | Veterana F40 | 03:44:03 | +01:53:37 | 12:27 |
| 406 | 1228 | DANIELA DIAS | individual | Senior Feminino | 03:44:07 | +01:53:41 | 12:27 |
| 407 | 1204 | Aida Linhares | gtt-armazém do caffè | Veterana F40 | 03:44:21 | +01:53:55 | 12:28 |
| 408 | 1551 | Elisabete Pereira | olímpico vianense trail | Veterana F50 | 03:44:21 | +01:53:55 | 12:28 |
| 409 | 1561 | Jaime Pereira | olímpico vianense trail | Veterano M50 | 03:44:22 | +01:53:56 | 12:28 |
| 410 | 1248 | Manuela Cunha | individual | Senior Feminino | 03:44:22 | +01:53:56 | 12:28 |
| 411 | 1532 | Carla Cruz | olímpico vianense trail | Senior Feminino | 03:44:22 | +01:53:56 | 12:28 |
| 412 | 1527 | Eva Moreira | nocturnos de paredes | Senior Feminino | 03:45:11 | +01:54:45 | 12:31 |
| 413 | 1152 | Diana Moura | dive \| into the mountains | Veterana F40 | 03:45:36 | +01:55:10 | 12:32 |
| 414 | 1164 | Susana Matos | edv viana trail | Veterana F40 | 03:45:43 | +01:55:17 | 12:32 |
| 415 | 1163 | Ligia Fernandes | edv viana trail | Veterana F40 | 03:45:45 | +01:55:19 | 12:33 |
| 416 | 1591 | Beatriz Loureiro | pernetas | Senior Feminino | 03:46:39 | +01:56:13 | 12:36 |
| 417 | 1052 | Isabel Leitão | alexandra carvalho team | Veterana F40 | 03:46:54 | +01:56:28 | 12:36 |
| 418 | 1510 | Valentim Castro da Guia | individual | Veterano M50 | 03:46:55 | +01:56:29 | 12:36 |
| 419 | 1500 | Luís Sousa | individual | Veterano M50 | 03:47:09 | +01:56:43 | 12:37 |
| 420 | 1665 | Ana Carneiro | individual | Senior Feminino | 03:49:36 | +01:59:10 | 12:45 |
| 421 | 1236 | Fátima Costa | individual | Senior Feminino | 03:49:37 | +01:59:11 | 12:45 |
| 422 | 1293 | Gastão Ferreira | bpm running adi-higiene | Senior Masculino | 03:49:59 | +01:59:33 | 12:47 |
| 423 | 1149 | Ana Pestana | ctad-trilhos de cinfães | Veterana F40 | 03:50:00 | +01:59:34 | 12:47 |
| 424 | 1121 | Ivo Pereira | bpm running adi-higiene | Veterano M40 | 03:50:00 | +01:59:34 | 12:47 |
| 425 | 1122 | Jorge Rebelo | bpm running adi-higiene | Veterano M40 | 03:50:00 | +01:59:34 | 12:47 |
| 426 | 1123 | Marina Sousa | bragaxplora/nortinfo | Senior Feminino | 03:50:09 | +01:59:43 | 12:47 |
| 427 | 1125 | Raquel Gomes | bragaxplora/nortinfo | Veterana F40 | 03:50:10 | +01:59:44 | 12:47 |
| 428 | 1604 | Claudia Moura | running penafiel trail | Senior Feminino | 03:52:19 | +02:01:53 | 12:54 |
| 429 | 1192 | ana cristina | gansos | Veterana F40 | 03:52:21 | +02:01:55 | 12:55 |
| 430 | 1194 | florinda carvalho | gansos | Veterana F40 | 03:52:21 | +02:01:55 | 12:55 |
| 431 | 1126 | Sílvia Cunha | bragaxplora/nortinfo | Veterana F40 | 03:52:50 | +02:02:24 | 12:56 |
| 432 | 1200 | Antonio Araujo | geofriends | Veterano M40 | 03:53:32 | +02:03:06 | 12:58 |
| 433 | 1518 | Joel Pereira | jardins barbosa team | Senior Masculino | 03:53:56 | +02:03:30 | 13:00 |
| 434 | 1085 | Cidalia Rodrigues | arca barcelos runners | Veterana F40 | 03:54:05 | +02:03:39 | 13:00 |
| 435 | 1084 | Ana Matos | arca barcelos runners | Veterana F40 | 03:54:05 | +02:03:39 | 13:00 |
| 436 | 1630 | Vitor Silva | team era esposende | Senior Masculino | 03:54:09 | +02:03:43 | 13:01 |
| 437 | 1071 | Isabel Queiroga | apúlia a correr | Senior Feminino | 03:54:18 | +02:03:52 | 13:01 |
| 438 | 1306 | Jorge André Costa Almeida | individual | Senior Masculino | 03:54:41 | +02:04:15 | 13:02 |

## TRAIL CURTO - STAGE 1 — 18 KM

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## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 439 | 1231 | Daniela Vieira | individual | Senior Feminino | 03:55:34 | +02:05:08 | 13:05 |
| 440 | 1280 | César Martins | individual | Senior Masculino | 03:55:35 | +02:05:09 | 13:05 |
| 441 | 1133 | José Fonseca | braguinhas runners | Veterano M50 | 03:55:56 | +02:05:30 | 13:06 |
| 442 | 1131 | Aurora Silva | braguinhas runners | Veterana F40 | 03:55:57 | +02:05:31 | 13:07 |
| 443 | 1494 | JOAQUIM SANTOS | individual | Veterano M50 | 03:56:14 | +02:05:48 | 13:07 |
| 444 | 1394 | Ana Paula Teixeira | individual | Veterana F50 | 03:56:16 | +02:05:50 | 13:08 |
| 445 | 1603 | Virgínia Soares | royal wellness center | Senior Feminino | 03:56:32 | +02:06:06 | 13:08 |
| 446 | 1375 | Manuela | individual | Veterana F40 | 03:57:26 | +02:07:00 | 13:11 |
| 447 | 1364 | Ana Brito | individual | Veterana F40 | 03:58:08 | +02:07:42 | 13:14 |
| 448 | 1574 | Alexandre José Paixão Conde | os galgos de tancos | Veterano M40 | 04:00:14 | +02:09:48 | 13:21 |
| 449 | 1568 | Juliana Cristina Eiras Novo Pinheiral | os galgos de tancos | Senior Feminino | 04:00:15 | +02:09:49 | 13:21 |
| 450 | 1542 | Miguel Novo | olímpico vianense trail | Senior Masculino | 04:02:06 | +02:11:40 | 13:27 |
| 451 | 1267 | Vera Domingues | individual | Senior Feminino | 04:02:44 | +02:12:18 | 13:29 |
| 452 | 1379 | Maria da Graça Soares da Silva | individual | Veterana F40 | 04:02:44 | +02:12:18 | 13:29 |
| 453 | 1373 | Isabel Cristina Torres Caseiro | individual | Veterana F40 | 04:02:44 | +02:12:18 | 13:29 |
| 454 | 1648 | Fernanda Sá | v1d4 l0k4 | Veterana F40 | 04:03:49 | +02:13:23 | 13:33 |
| 455 | 1512 | Victor meira | individual | Veterano M50 | 04:03:57 | +02:13:31 | 13:33 |
| 456 | 1419 | Eduardo Jorge do Paço Viana | individual | Veterano M40 | 04:04:41 | +02:14:15 | 13:36 |
| 457 | 1229 | Daniela Filipa Oliveira Ramos | individual | Senior Feminino | 04:05:01 | +02:14:35 | 13:37 |
| 458 | 1666 | Beatriz Pires | individual | Senior Feminino | 04:05:01 | +02:14:35 | 13:37 |
| 459 | 1390 | Sara Capilupi | individual | Veterana F40 | 04:06:38 | +02:16:12 | 13:42 |
| 460 | 1409 | Carlos Gonca | individual | Veterano M40 | 04:06:40 | +02:16:14 | 13:42 |
| 461 | 1365 | Andreia Ribeiro | individual | Veterana F40 | 04:07:52 | +02:17:26 | 13:46 |
| 462 | 1219 | Anabela Silva | individual | Senior Feminino | 04:08:16 | +02:17:50 | 13:48 |
| 463 | 1378 | Maria da Gloria Vieira Pereira | individual | Veterana F40 | 04:09:39 | +02:19:13 | 13:52 |
| 464 | 1440 | José Pais | individual | Veterano M40 | 04:09:39 | +02:19:13 | 13:52 |
| 465 | 1261 | Silvia Cruz | individual | Senior Feminino | 04:12:31 | +02:22:05 | 14:02 |
| 466 | 1305 | Joel Ferreira Coelho | individual | Senior Masculino | 04:12:31 | +02:22:05 | 14:02 |
| 467 | 1264 | Susana Patricia Alves | individual | Senior Feminino | 04:16:06 | +02:25:40 | 14:14 |
| 468 | 1283 | Diogo Vieira | individual | Senior Masculino | 04:17:29 | +02:27:03 | 14:18 |
| 469 | 1497 | josé horacio teixeiar de carvalho | individual | Veterano M50 | 04:17:46 | +02:27:20 | 14:19 |
| 470 | 1234 | Elisa Maria Martins Alves | individual | Senior Feminino | 04:18:02 | +02:27:36 | 14:20 |
| 471 | 1178 | Rosa Castro | equipa a | Veterana F40 | 04:18:11 | +02:27:45 | 14:21 |
| 472 | 1303 | João Pedro Ferreira Morais | individual | Senior Masculino | 04:19:23 | +02:28:57 | 14:25 |
| 473 | 1203 | Sara Novais | gtt-armazém do caffè | Senior Feminino | 04:19:23 | +02:28:57 | 14:25 |
| 474 | 1044 | Sofia Gonçalves | alexandra carvalho team | Senior Feminino | 04:19:57 | +02:29:31 | 14:27 |
| 475 | 1294 | Hélder Filipe Vieira da Silva | individual | Senior Masculino | 04:20:11 | +02:29:45 | 14:27 |
| 476 | 1383 | Paula Sousa Costa | individual | Veterana F40 | 04:20:13 | +02:29:47 | 14:27 |
| 477 | 1471 | Rui Pedro Teixeira da Silva | individual | Veterano M40 | 04:21:10 | +02:30:44 | 14:31 |
| 478 | 1216 | Ana Rolo | individual | Senior Feminino | 04:21:11 | +02:30:45 | 14:31 |
| 479 | 1349 | Samuel Santos | individual | Senior Masculino | 04:21:11 | +02:30:45 | 14:31 |
| 480 | 1220 | Bruna Daniela | individual | Senior Feminino | 04:21:12 | +02:30:46 | 14:31 |
| 481 | 1377 | Manuela Matias | individual | Veterana F40 | 04:22:01 | +02:31:35 | 14:33 |
| 482 | 1086 | Gorete Cachada | arca barcelos runners | Veterana F40 | 04:22:01 | +02:31:35 | 14:33 |

## TRAIL CURTO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 483 | 1366 | Beta Fernandes | individual | Veterana F40 | 04:22:02 | +02:31:36 | 14:33 |
| 484 | 1304 | João Pedro Pereira Amorim | individual | Senior Masculino | 04:23:59 | +02:33:33 | 14:40 |
| 485 | 1490 | Fernando Vale | individual | Veterano M50 | 04:24:00 | +02:33:34 | 14:40 |
| 486 | 1286 | Fábio Bezerra | individual | Senior Masculino | 04:24:02 | +02:33:36 | 14:40 |
| 487 | 1297 | Henrique Mariz | individual | Senior Masculino | 04:24:03 | +02:33:37 | 14:40 |
| 488 | 1631 | Carlos Vale | team era esposende | Veterano M40 | 04:24:06 | +02:33:40 | 14:40 |
| 489 | 1069 | Manuel Fernandes | amigos do peito | Veterano M40 | 04:26:57 | +02:36:31 | 14:50 |
| 490 | 1004 | Cristiano Miranda | 3d | Senior Masculino | 04:28:37 | +02:38:11 | 14:55 |
| 491 | 1274 | Bruno Miguel Capitao Bras | individual | Senior Masculino | 04:30:45 | +02:40:19 | 15:03 |
| 492 | 1066 | José Cruz | amigos do peito | Senior Masculino | 04:32:33 | +02:42:07 | 15:09 |
| 493 | 1067 | Glória Vilas Boas | amigos do peito | Veterana F40 | 04:32:33 | +02:42:07 | 15:09 |
| 494 | 1212 | Alberta Carvalho | individual | Senior Feminino | 04:35:58 | +02:45:32 | 15:20 |
| 495 | 1259 | Sãozita Rosa | individual | Senior Feminino | 04:35:58 | +02:45:32 | 15:20 |
| 496 | 1107 | Jose Ribeiro | b.t.m. | Veterano M40 | 04:36:04 | +02:45:38 | 15:20 |
| 497 | 1251 | Marinha Regado de Abreu | individual | Senior Feminino | 04:36:05 | +02:45:39 | 15:20 |
| 498 | 1266 | Vera Clara Faria Ribeiro | individual | Senior Feminino | 04:38:14 | +02:47:48 | 15:27 |
| 499 | 1408 | Carlos César Lages Almeida | individual | Veterano M40 | 04:38:14 | +02:47:48 | 15:27 |
| 500 | 1524 | José Carlos Silva | moinhos run adrm | Veterano M40 | 04:38:43 | +02:48:17 | 15:29 |
| 501 | 1265 | Vânia Abreu | individual | Senior Feminino | 04:45:20 | +02:54:54 | 15:51 |
| 502 | 1386 | Sandra Lima | individual | Veterana F40 | 04:45:21 | +02:54:55 | 15:51 |
| 503 | 1569 | Margarida Capitão Rosa | os galgos de tancos | Senior Feminino | 04:45:24 | +02:54:58 | 15:51 |
| 504 | 1257 | Rita Lima | individual | Senior Feminino | 04:48:09 | +02:57:43 | 16:01 |
| 505 | 1263 | Sofia Sousa | individual | Senior Feminino | 04:48:09 | +02:57:43 | 16:01 |
| 506 | 1397 | MARIA MANUELA FAGUNDES GONÇALVES V. PEIXOTO | individual | Veterana F50 | 04:48:32 | +02:58:06 | 16:02 |
| 507 | 1250 | MARINA MANUELA VIEIRA PEIXOTO | individual | Senior Feminino | 04:48:32 | +02:58:06 | 16:02 |
| 508 | 1652 | Joana Barbosa | vamos equipe | Senior Feminino | 04:54:13 | +03:03:47 | 16:21 |
| 509 | 1653 | Miro Cunha | vamos equipe | Senior Masculino | 04:54:13 | +03:03:47 | 16:21 |
| 510 | 1396 | Isaura de almeida | individual | Veterana F50 | 04:59:20 | +03:08:54 | 16:38 |
| 511 | 1594 | Olga de Azevedo | pf arch studio | Senior Feminino | 05:03:28 | +03:13:02 | 16:52 |
| 512 | 1431 | João Pedro Carvalho de Sousa | individual | Veterano M40 | 05:03:28 | +03:13:02 | 16:52 |
| 513 | 1593 | Marta Claudia Reis Silva | pf arch studio | Veterana F40 | 05:03:29 | +03:13:03 | 16:52 |
| 514 | 1218 | Anabela Silva | individual | Senior Feminino | 05:03:57 | +03:13:31 | 16:53 |
| 515 | 1255 | Raquel Vieira | individual | Senior Feminino | 05:03:57 | +03:13:31 | 16:53 |
| 516 | 1595 | Telma Oliveira | pf arch studio | Senior Feminino | 05:10:18 | +03:19:52 | 17:14 |
| 517 | 1376 | Manuela Coutinho Eiras Novo | individual | Veterana F40 | 05:12:08 | +03:21:42 | 17:20 |
| 518 | 1384 | Rosa Oliveira | individual | Veterana F40 | 05:12:08 | +03:21:42 | 17:20 |
| 519 | 1076 | Edite Pimenta | apúlia a correr | Veterana F40 | 05:30:16 | +03:39:50 | 18:21 |
| 520 | 1077 | Sónia Gonçalves | apúlia a correr | Veterana F40 | 05:30:22 | +03:39:56 | 18:21 |
| 521 | 1070 | Elsa Joana | apúlia a correr | Senior Feminino | 05:30:23 | +03:39:57 | 18:21 |
| 522 | 1417 | Domingos Afonso | individual | Veterano M40 | 05:36:04 | +03:45:38 | 18:40 |
| 523 | 1374 | Isabel Ferreira | individual | Veterana F40 | 05:36:04 | +03:45:38 | 18:40 |
| 524 | 1415 | David Bonnet SA | individual | Veterano M40 | 05:47:07 | +03:56:41 | 19:17 |
| 525 | 1425 | Filipe Cabreira | individual | Veterano M40 | 05:47:07 | +03:56:41 | 19:17 |
| 526 | 1253 | Patrícia Flores | individual | Senior Feminino | 05:47:07 | +03:56:41 | 19:17 |

## TRAIL CURTO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 527 | 1369 | Cristina Gonçalves De Sa | individual | Veterana F40 | 05:47:08 | +03:56:42 | 19:17 |
| 528 | 1230 | Daniela Pontes | individual | Senior Feminino | 05:47:08 | +03:56:42 | 19:17 |
| 529 | 1385 | Sandra Cabreira | individual | Veterana F40 | 05:47:08 | +03:56:42 | 19:17 |
| 530 | 1244 | Lígia Barbosa | individual | Senior Feminino | 05:47:08 | +03:56:42 | 19:17 |
| 531 | 1246 | Liliana Sousa | individual | Senior Feminino | 05:47:08 | +03:56:42 | 19:17 |
| 532 | 1355 | Tiago Ribeiro | individual | Senior Masculino | 05:47:08 | +03:56:42 | 19:17 |

## Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 09:00 | 17ºC | 93% |
| End | 14:48 | 22.8ºC | 60% |

## Senior Feminino

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 1092 | Sara Cristina Fernandes Araujo | B.T.M. | Senior Feminino | 02:27:16 | +36:50 | 08:11 |
| 2 | 1567 | Andreia Sofia da Silva Pinheiro | Os Galgos de Tancos | Senior Feminino | 02:29:39 | +39:13 | 08:19 |
| 3 | 1254 | Raquel Andrade | Individual | Senior Feminino | 02:34:20 | +43:54 | 08:34 |
| 4 | 1634 | Joana Filipa Correia Barros | Team Workout 48/CAM | Senior Feminino | 02:35:06 | +44:40 | 08:37 |
| 5 | 1633 | Eliana Pereira | Team Workout 48/CAM | Senior Feminino | 02:36:18 | +45:52 | 08:41 |
| 6 | 1533 | Daniela Barreto | OLÍMPICO VIANENSE TRAIL | Senior Feminino | 02:37:04 | +46:38 | 08:44 |
| 7 | 1226 | Cristina Teixeira | Individual | Senior Feminino | 02:39:20 | +48:54 | 08:51 |
| 8 | 1082 | Lucia Dias | ARCA BarceloS runners | Senior Feminino | 02:40:22 | +49:56 | 08:55 |
| 9 | 1534 | Natália Martins | OLÍMPICO VIANENSE TRAIL | Senior Feminino | 02:41:00 | +50:34 | 08:57 |
| 10 | 1629 | Patricia Lemos | Team ERA Esposende | Senior Feminino | 02:50:39 | +01:00:13 | 09:29 |
| 11 | 1202 | MONIA RIBEIRO | GTT-Armazém do Caffè | Senior Feminino | 02:58:55 | +01:08:29 | 09:56 |
| 12 | 1214 | Ana Marques | Individual | Senior Feminino | 03:02:57 | +01:12:31 | 10:10 |
| 13 | 1094 | Vania Peixoto | B.T.M. | Senior Feminino | 03:05:27 | +01:15:01 | 10:18 |
| 14 | 1245 | Liliana Cristina Soares | Individual | Senior Feminino | 03:05:46 | +01:15:20 | 10:19 |
| 15 | 1535 | Noemia ferreira | OLÍMPICO VIANENSE TRAIL | Senior Feminino | 03:06:09 | +01:15:43 | 10:21 |
| 16 | 1237 | Filipa Isabel Fonseca da Cruz | Individual | Senior Feminino | 03:06:45 | +01:16:19 | 10:23 |
| 17 | 1171 | Ana Rita Costa | Equipa A | Senior Feminino | 03:10:11 | +01:19:45 | 10:34 |
| 18 | 1172 | Cristina Ramalho | Equipa A | Senior Feminino | 03:14:13 | +01:23:47 | 10:47 |
| 19 | 1072 | Jerusa Ribeiro | Apúlia a Correr | Senior Feminino | 03:14:28 | +01:24:02 | 10:48 |
| 20 | 1014 | Ana Carolina Pereira | ADE Trail Running | Senior Feminino | 03:15:22 | +01:24:56 | 10:51 |
| 21 | 1042 | Alexandra Carvalho | Alexandra Carvalho Team | Senior Feminino | 03:17:02 | +01:26:36 | 10:57 |
| 22 | 1043 | Ana Fael | Alexandra Carvalho Team | Senior Feminino | 03:17:02 | +01:26:36 | 10:57 |
| 23 | 1196 | Marcia Ferreira | geofriends | Senior Feminino | 03:17:36 | +01:27:10 | 10:59 |
| 24 | 1632 | Cristina Esteves Rodrigues | Team Workout 48/CAM | Senior Feminino | 03:19:35 | +01:29:09 | 11:05 |
| 25 | 1134 | Patrícia Araújo | Brothers Trail Team | Senior Feminino | 03:20:19 | +01:29:53 | 11:08 |
| 26 | 1519 | Mónica Domingues | LEBRES MINHOTAS | Senior Feminino | 03:22:36 | +01:32:10 | 11:15 |
| 27 | 1093 | Tanya Patricia de Sousa Reis | B.T.M. | Senior Feminino | 03:27:46 | +01:37:20 | 11:33 |
| 28 | 1091 | Diana Lima | B.T.M. | Senior Feminino | 03:27:47 | +01:37:21 | 11:33 |
| 29 | 1016 | salete oliveira | ADE Trail Running | Senior Feminino | 03:29:19 | +01:38:53 | 11:38 |
| 30 | 1537 | Sara Rodrigues | OLÍMPICO VIANENSE TRAIL | Senior Feminino | 03:31:15 | +01:40:49 | 11:44 |
| 31 | 1215 | Ana Rio | Individual | Senior Feminino | 03:31:25 | +01:40:59 | 11:45 |
| 32 | 1145 | Diana Dias | Clube Trilheiros e Amigos | Senior Feminino | 03:32:37 | +01:42:11 | 11:49 |
| 33 | 1615 | Ana Silva | Spin&Run Esposende | Senior Feminino | 03:32:59 | +01:42:33 | 11:50 |
| 34 | 1583 | Susana Silva | Padela Natural Team - Fisiofreixo | Senior Feminino | 03:37:02 | +01:46:36 | 12:03 |
| 35 | 1239 | ivone bentes | Individual | Senior Feminino | 03:38:25 | +01:47:59 | 12:08 |
| 36 | 1136 | Silvia Faria | BUDEGUITA RUNNERS | Senior Feminino | 03:41:46 | +01:51:20 | 12:19 |
| 37 | 1232 | Diana Fernandes | Individual | Senior Feminino | 03:42:40 | +01:52:14 | 12:22 |
| 38 | 1258 | Sandra Zeferino | Individual | Senior Feminino | 03:42:40 | +01:52:14 | 12:22 |
| 39 | 1578 | Joana Figueiredo | Os quatro | Senior Feminino | 03:43:55 | +01:53:29 | 12:26 |

## Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 40 | 1228 | DANIELA DIAS | Individual | Senior Feminino | 03:44:07 | +01:53:41 | 12:27 |
| 41 | 1248 | Manuela Cunha | Individual | Senior Feminino | 03:44:22 | +01:53:56 | 12:28 |
| 42 | 1532 | Carla Cruz | OLÍMPICO VIANENSE TRAIL | Senior Feminino | 03:44:22 | +01:53:56 | 12:28 |
| 43 | 1527 | Eva Moreira | NOCTURNOS DE PAREDES | Senior Feminino | 03:45:11 | +01:54:45 | 12:31 |
| 44 | 1591 | Beatriz Loureiro | Pernetas | Senior Feminino | 03:46:39 | +01:56:13 | 12:36 |
| 45 | 1665 | Ana Carneiro | Individual | Senior Feminino | 03:49:36 | +01:59:10 | 12:45 |
| 46 | 1236 | Fátima Costa | Individual | Senior Feminino | 03:49:37 | +01:59:11 | 12:45 |
| 47 | 1123 | Marina Sousa | BragaXplora/Nortinfo | Senior Feminino | 03:50:09 | +01:59:43 | 12:47 |
| 48 | 1604 | Claudia Moura | Running Penafiel Trail | Senior Feminino | 03:52:19 | +02:01:53 | 12:54 |
| 49 | 1071 | Isabel Queiroga | Apúlia a Correr | Senior Feminino | 03:54:18 | +02:03:52 | 13:01 |
| 50 | 1231 | Daniela Vieira | Individual | Senior Feminino | 03:55:34 | +02:05:08 | 13:05 |
| 51 | 1603 | Virgínia Soares | Royal Wellness Center | Senior Feminino | 03:56:32 | +02:06:06 | 13:08 |
| 52 | 1568 | Juliana Cristina Eiras Novo Pinheiral | Os Galgos de Tancos | Senior Feminino | 04:00:15 | +02:09:49 | 13:21 |
| 53 | 1267 | Vera Domingues | Individual | Senior Feminino | 04:02:44 | +02:12:18 | 13:29 |
| 54 | 1229 | Daniela Filipa Oliveira Ramos | Individual | Senior Feminino | 04:05:01 | +02:14:35 | 13:37 |
| 55 | 1666 | Beatriz Pires | Individual | Senior Feminino | 04:05:01 | +02:14:35 | 13:37 |
| 56 | 1219 | Anabela Silva | Individual | Senior Feminino | 04:08:16 | +02:17:50 | 13:48 |
| 57 | 1261 | Silvia Cruz | Individual | Senior Feminino | 04:12:31 | +02:22:05 | 14:02 |
| 58 | 1264 | Susana Patricia Alves | Individual | Senior Feminino | 04:16:06 | +02:25:40 | 14:14 |
| 59 | 1234 | Elisa Maria Martins Alves | Individual | Senior Feminino | 04:18:02 | +02:27:36 | 14:20 |
| 60 | 1203 | Sara Novais | GTT-Armazém do Caffè | Senior Feminino | 04:19:23 | +02:28:57 | 14:25 |
| 61 | 1044 | Sofia Gonçalves | Alexandra Carvalho Team | Senior Feminino | 04:19:57 | +02:29:31 | 14:27 |
| 62 | 1216 | Ana Rolo | Individual | Senior Feminino | 04:21:11 | +02:30:45 | 14:31 |
| 63 | 1220 | Bruna Daniela | Individual | Senior Feminino | 04:21:12 | +02:30:46 | 14:31 |
| 64 | 1212 | Alberta Carvalho | Individual | Senior Feminino | 04:35:58 | +02:45:32 | 15:20 |
| 65 | 1259 | Sãozita Rosa | Individual | Senior Feminino | 04:35:58 | +02:45:32 | 15:20 |
| 66 | 1251 | Marinha Regado de Abreu | Individual | Senior Feminino | 04:36:05 | +02:45:39 | 15:20 |
| 67 | 1266 | Vera Clara Faria Ribeiro | Individual | Senior Feminino | 04:38:14 | +02:47:48 | 15:27 |
| 68 | 1265 | Vânia Abreu | Individual | Senior Feminino | 04:45:20 | +02:54:54 | 15:51 |
| 69 | 1569 | Margarida Capitão Rosa | Os Galgos de Tancos | Senior Feminino | 04:45:24 | +02:54:58 | 15:51 |
| 70 | 1257 | Rita Lima | Individual | Senior Feminino | 04:48:09 | +02:57:43 | 16:01 |
| 71 | 1263 | Sofia Sousa | Individual | Senior Feminino | 04:48:09 | +02:57:43 | 16:01 |
| 72 | 1250 | MARINA MANUELA VIEIRA PEIXOTO | Individual | Senior Feminino | 04:48:32 | +02:58:06 | 16:02 |
| 73 | 1652 | Joana Barbosa | VAMOS EQUIPE | Senior Feminino | 04:54:13 | +03:03:47 | 16:21 |
| 74 | 1594 | Olga de Azevedo | PF Arch Studio | Senior Feminino | 05:03:28 | +03:13:02 | 16:52 |
| 75 | 1218 | Anabela Silva | Individual | Senior Feminino | 05:03:57 | +03:13:31 | 16:53 |
| 76 | 1255 | Raquel Vieira | Individual | Senior Feminino | 05:03:57 | +03:13:31 | 16:53 |
| 77 | 1595 | Telma Oliveira | PF Arch Studio | Senior Feminino | 05:10:18 | +03:19:52 | 17:14 |
| 78 | 1070 | Elsa Joana | Apúlia a Correr | Senior Feminino | 05:30:23 | +03:39:57 | 18:21 |
| 79 | 1253 | Patrícia Flores | Individual | Senior Feminino | 05:47:07 | +03:56:41 | 19:17 |
| 80 | 1230 | Daniela Pontes | Individual | Senior Feminino | 05:47:08 | +03:56:42 | 19:17 |
| 81 | 1244 | Lígia Barbosa | Individual | Senior Feminino | 05:47:08 | +03:56:42 | 19:17 |
| 82 | 1246 | Liliana Sousa | Individual | Senior Feminino | 05:47:08 | +03:56:42 | 19:17 |

## Trail Curto 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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# Senior Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1026 | Bruno Ribeiro | ÁGUIAS DE ALVELOS | Senior Masculino | 01:50:26 | | 06:08 |
| 2 | 1102 | Ricardo Rego | B.T.M. | Senior Masculino | 01:52:43 | +02:17 | 06:16 |
| 3 | 1641 | Carlos Coelho | TRAIL ME | Senior Masculino | 01:52:44 | +02:18 | 06:16 |
| 4 | 1151 | Ricardo Sousa | DiVE \| Into The Mountains | Senior Masculino | 01:57:51 | +07:25 | 06:33 |
| 5 | 1075 | Francisco Gomes | Apúlia a Correr | Senior Masculino | 02:02:55 | +12:29 | 06:50 |
| 6 | 1047 | Paulo Duarte | Alexandra Carvalho Team | Senior Masculino | 02:03:05 | +12:39 | 06:50 |
| 7 | 1099 | João Manuel costa Duarte | B.T.M. | Senior Masculino | 02:03:10 | +12:44 | 06:51 |
| 8 | 1079 | Ricardo Campos | ARC Vale São Cosme | Senior Masculino | 02:03:12 | +12:46 | 06:51 |
| 9 | 1279 | CARLOS OLIVEIRA | Individual | Senior Masculino | 02:03:50 | +13:24 | 06:53 |
| 10 | 1051 | Tiago Gonçalves Portela | Alexandra Carvalho Team | Senior Masculino | 02:05:21 | +14:55 | 06:58 |
| 11 | 1027 | Nelson Costa | ÁGUIAS DE ALVELOS | Senior Masculino | 02:07:14 | +16:48 | 07:04 |
| 12 | 1539 | Bruno Queiros | OLÍMPICO VIANENSE TRAIL | Senior Masculino | 02:08:06 | +17:40 | 07:07 |
| 13 | 1291 | Filipe Teixeira | Individual | Senior Masculino | 02:08:06 | +17:40 | 07:07 |
| 14 | 1028 | Ricardo Miranda | ÁGUIAS DE ALVELOS | Senior Masculino | 02:10:06 | +19:40 | 07:14 |
| 15 | 1543 | Nuno Branco | OLÍMPICO VIANENSE TRAIL | Senior Masculino | 02:10:10 | +19:44 | 07:14 |
| 16 | 1030 | Carlos Miguel Carvalho da Silva | AIRORUN | Senior Masculino | 02:11:23 | +20:57 | 07:18 |
| 17 | 1307 | José Pereira | Individual | Senior Masculino | 02:12:50 | +22:24 | 07:23 |
| 18 | 1020 | Joel Oliveira | ADE Trail Running | Senior Masculino | 02:13:04 | +22:38 | 07:24 |
| 19 | 1074 | César lopes fernandes | Apúlia a Correr | Senior Masculino | 02:13:26 | +23:00 | 07:25 |
| 20 | 1032 | Luís Filipe Ramos Sousa | AIRORUN | Senior Masculino | 02:14:29 | +24:03 | 07:28 |
| 21 | 1661 | Nuno Miguel Ferreira | TRAIL ME | Senior Masculino | 02:14:49 | +24:23 | 07:29 |
| 22 | 1664 | Paulo Barbosa | Individual | Senior Masculino | 02:14:51 | +24:25 | 07:30 |
| 23 | 1197 | Bruno Costa | geofriends | Senior Masculino | 02:15:27 | +25:01 | 07:32 |
| 24 | 1362 | Vítor Manuel Dias Gonçalves | Individual | Senior Masculino | 02:15:39 | +25:13 | 07:32 |
| 25 | 1285 | Fabien ROSIER | Individual | Senior Masculino | 02:15:49 | +25:23 | 07:33 |
| 26 | 1315 | Márcio André Jesus Melo | Individual | Senior Masculino | 02:17:08 | +26:42 | 07:37 |
| 27 | 1019 | João silva | ADE Trail Running | Senior Masculino | 02:17:17 | +26:51 | 07:38 |
| 28 | 1150 | Nuno Figueiredo | DiVE \| Into The Mountains | Senior Masculino | 02:17:33 | +27:07 | 07:39 |
| 29 | 1137 | Francisco Silva | C.C TEAM | Senior Masculino | 02:17:42 | +27:16 | 07:39 |
| 30 | 1103 | Vitor Ramalho | B.T.M. | Senior Masculino | 02:18:03 | +27:37 | 07:40 |
| 31 | 1298 | Hugo Cosa | Individual | Senior Masculino | 02:18:29 | +28:03 | 07:42 |
| 32 | 1538 | Bruno Pires | OLÍMPICO VIANENSE TRAIL | Senior Masculino | 02:18:40 | +28:14 | 07:42 |
| 33 | 1616 | Tiago Areias | Spin&Run Esposende | Senior Masculino | 02:18:58 | +28:32 | 07:43 |
| 34 | 1289 | Filipe Borges | Individual | Senior Masculino | 02:19:01 | +28:35 | 07:43 |
| 35 | 1073 | Alfredo Fragoso | Apúlia a Correr | Senior Masculino | 02:20:24 | +29:58 | 07:48 |
| 36 | 1584 | Amaro costa | Padela Natural Team - Fisiofreixo | Senior Masculino | 02:20:54 | +30:28 | 07:50 |
| 37 | 1033 | Pedro Cerqueira | AIRORUN | Senior Masculino | 02:21:34 | +31:08 | 07:52 |
| 38 | 1545 | Rui Faria | OLÍMPICO VIANENSE TRAIL | Senior Masculino | 02:21:56 | +31:30 | 07:53 |
| 39 | 1083 | Vitor Silva | ARCA BarceloS runners | Senior Masculino | 02:22:58 | +32:32 | 07:57 |
| 40 | 1321 | Miguel Lima Pilar | Individual | Senior Masculino | 02:23:36 | +33:10 | 07:59 |
| 41 | 1017 | Alvaro Vale | ADE Trail Running | Senior Masculino | 02:23:36 | +33:10 | 07:59 |
| 42 | 1330 | Paulo Jorge Martins da Silva | Individual | Senior Masculino | 02:25:44 | +35:18 | 08:06 |
| 43 | 1010 | Simão Ferreira | AD Pedome | Senior Masculino | 02:25:57 | +35:31 | 08:07 |
| 44 | 1317 | Markus Georg Renn | Individual | Senior Masculino | 02:26:07 | +35:41 | 08:07 |

## Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

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| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 45 | 1097 | César Manuel Martins Carvalho | B.T.M. | Senior Masculino | 02:27:17 | +36:51 | 08:11 |
| 46 | 1201 | Daniel Silva | Grupo Desportivo Banco de Portugal | Senior Masculino | 02:28:32 | +38:06 | 08:15 |
| 47 | 1312 | Luís Micael Correia de Sá | Individual | Senior Masculino | 02:28:38 | +38:12 | 08:15 |
| 48 | 1199 | Ivo Carvalho | geofriends | Senior Masculino | 02:29:35 | +39:09 | 08:19 |
| 49 | 1320 | Miguel Cruz | Individual | Senior Masculino | 02:30:52 | +40:26 | 08:23 |
| 50 | 1361 | Vitor Lima | Individual | Senior Masculino | 02:31:33 | +41:07 | 08:25 |
| 51 | 1166 | Pedro morais | Ei  Team trail | Senior Masculino | 02:31:46 | +41:20 | 08:26 |
| 52 | 1008 | Luís Miranda | AD Pedome | Senior Masculino | 02:32:35 | +42:09 | 08:29 |
| 53 | 1290 | Filipe Monteiro | Individual | Senior Masculino | 02:34:05 | +43:39 | 08:34 |
| 54 | 1592 | Miguel Barros | Pernetas | Senior Masculino | 02:34:33 | +44:07 | 08:35 |
| 55 | 1138 | Luis Rocha | C.C TEAM | Senior Masculino | 02:34:34 | +44:08 | 08:35 |
| 56 | 1101 | Ricardo Araujo | B.T.M. | Senior Masculino | 02:34:34 | +44:08 | 08:35 |
| 57 | 1018 | João Ramos | ADE Trail Running | Senior Masculino | 02:35:32 | +45:06 | 08:38 |
| 58 | 1345 | Ricardo Silva | Individual | Senior Masculino | 02:36:18 | +45:52 | 08:41 |
| 59 | 1546 | Sérgio Martins | OLÍMPICO VIANENSE TRAIL | Senior Masculino | 02:37:04 | +46:38 | 08:44 |
| 60 | 1657 | Cédric Laranjeira | Individual | Senior Masculino | 02:37:20 | +46:54 | 08:44 |
| 61 | 1334 | Pedro Catarino | Individual | Senior Masculino | 02:37:21 | +46:55 | 08:45 |
| 62 | 1327 | NUNO LOPES | Individual | Senior Masculino | 02:40:08 | +49:42 | 08:54 |
| 63 | 1622 | Hugo Pacheco | STCP Runners | Senior Masculino | 02:41:38 | +51:12 | 08:59 |
| 64 | 1175 | Paulo Mesquita | Equipa A | Senior Masculino | 02:41:51 | +51:25 | 09:00 |
| 65 | 1588 | Rui Sousa | Palmeira Runners | Senior Masculino | 02:41:54 | +51:28 | 09:00 |
| 66 | 1095 | André Santos | B.T.M. | Senior Masculino | 02:42:21 | +51:55 | 09:01 |
| 67 | 1522 | Miguel Lopes | Moinhos Run ADRM | Senior Masculino | 02:42:54 | +52:28 | 09:03 |
| 68 | 1363 | ZéPedro Ferreira | Individual | Senior Masculino | 02:43:03 | +52:37 | 09:04 |
| 69 | 1585 | José Maciel | Padela Natural Team - Fisiofreixo | Senior Masculino | 02:43:28 | +53:02 | 09:05 |
| 70 | 1112 | Flávio Dias | Banda de Músicos | Senior Masculino | 02:43:40 | +53:14 | 09:06 |
| 71 | 1275 | Bruno Moura | Individual | Senior Masculino | 02:43:59 | +53:33 | 09:07 |
| 72 | 1284 | Ernesto Manuel de Oliveira Martins | Individual | Senior Masculino | 02:46:24 | +55:58 | 09:15 |
| 73 | 1268 | Adelio Nuno Gomes Maranhao | Individual | Senior Masculino | 02:46:32 | +56:06 | 09:15 |
| 74 | 1351 | Sousa Gabriel | Individual | Senior Masculino | 02:46:34 | +56:08 | 09:15 |
| 75 | 1270 | André Gonçalves de Araújo | Individual | Senior Masculino | 02:46:55 | +56:29 | 09:16 |
| 76 | 1319 | Miguel | Individual | Senior Masculino | 02:46:55 | +56:29 | 09:16 |
| 77 | 1326 | Nuno Gomes | Individual | Senior Masculino | 02:48:25 | +57:59 | 09:21 |
| 78 | 1111 | Carlos Lima e Silva | Banda de Músicos | Senior Masculino | 02:49:32 | +59:06 | 09:25 |
| 79 | 1650 | Bruno Silva | Vaiatéondeosteupéstelevar | Senior Masculino | 02:49:41 | +59:15 | 09:26 |
| 80 | 1292 | Francisco pilar | Individual | Senior Masculino | 02:49:47 | +59:21 | 09:26 |
| 81 | 1113 | Tiago Ferreira | Banda de Músicos | Senior Masculino | 02:50:20 | +59:54 | 09:28 |
| 82 | 1273 | Bruno André Monteiro Martins | Individual | Senior Masculino | 02:50:24 | +59:58 | 09:28 |
| 83 | 1360 | VAN VYVE MARTIN | Individual | Senior Masculino | 02:51:05 | +01:00:39 | 09:30 |
| 84 | 1278 | Carlos eiras | Individual | Senior Masculino | 02:51:34 | +01:01:08 | 09:32 |
| 85 | 1089 | Filipe Rodrigues | Associação SCD Vile | Senior Masculino | 02:53:24 | +01:02:58 | 09:38 |
| 86 | 1049 | RICARDO JORGE CUNHA REGO | Alexandra Carvalho Team | Senior Masculino | 02:57:42 | +01:07:16 | 09:52 |
| 87 | 1311 | Luís Filipe Vilas Boas Campos | Individual | Senior Masculino | 02:58:33 | +01:08:07 | 09:55 |
| 88 | 1314 | luis ramos | Individual | Senior Masculino | 02:58:45 | +01:08:19 | 09:56 |
| 89 | 1350 | Sebastião Calheiros | Individual | Senior Masculino | 02:59:22 | +01:08:56 | 09:58 |
| 90 | 1341 | Pedro Mota | Individual | Senior Masculino | 02:59:33 | +01:09:07 | 09:59 |

## Trail Curto — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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|---|---|---|---|---|---|---|---|
| 91 | 1573 | João André Eiras Novo Pinheiral | Os Galgos de Tancos | Senior Masculino | 03:00:03 | +01:09:37 | 10:00 |
| 92 | 1124 | Diogo Ferreira | BragaXplora/Nortinfo | Senior Masculino | 03:03:12 | +01:12:46 | 10:11 |
| 93 | 1276 | Bruno Vilaca | Individual | Senior Masculino | 03:03:27 | +01:13:01 | 10:12 |
| 94 | 1300 | Hugo Miguel Abreu Patrão | Individual | Senior Masculino | 03:03:49 | +01:13:23 | 10:13 |
| 95 | 1316 | Márcio Mendes | Individual | Senior Masculino | 03:04:27 | +01:14:01 | 10:15 |
| 96 | 1009 | Nelson Rodrigues | AD Pedome | Senior Masculino | 03:05:35 | +01:15:09 | 10:19 |
| 97 | 1579 | Carlos Fernandes | Os quatro | Senior Masculino | 03:06:12 | +01:15:46 | 10:21 |
| 98 | 1096 | André Silva | B.T.M. | Senior Masculino | 03:06:16 | +01:15:50 | 10:21 |
| 99 | 1050 | Ricardo Vaz | Alexandra Carvalho Team | Senior Masculino | 03:06:39 | +01:16:13 | 10:22 |
| 100 | 1282 | Daniel Jose Peixoto da Silva | Individual | Senior Masculino | 03:06:46 | +01:16:20 | 10:23 |
| 101 | 1335 | pedro ferraz | Individual | Senior Masculino | 03:06:55 | +01:16:29 | 10:23 |
| 102 | 1310 | Luis Cesar Picas Silva Ferreira | Individual | Senior Masculino | 03:08:03 | +01:17:37 | 10:27 |
| 103 | 1359 | VAN VYVE Clément | Individual | Senior Masculino | 03:08:11 | +01:17:45 | 10:27 |
| 104 | 1271 | Antonio Marinho | Individual | Senior Masculino | 03:10:10 | +01:19:44 | 10:34 |
| 105 | 1576 | Isaías Vieira | Os Marretas | Senior Masculino | 03:11:17 | +01:20:51 | 10:38 |
| 106 | 1045 | André Silva | Alexandra Carvalho Team | Senior Masculino | 03:11:52 | +01:21:26 | 10:40 |
| 107 | 1541 | Luís Miguel Freitas | OLÍMPICO VIANENSE TRAIL | Senior Masculino | 03:11:59 | +01:21:33 | 10:40 |
| 108 | 1146 | João Miguel Almeida da Silva | CMC - CARAPAUS | Senior Masculino | 03:12:12 | +01:21:46 | 10:41 |
| 109 | 1635 | Bruno Rodrigues | Team Workout 48/CAM | Senior Masculino | 03:12:19 | +01:21:53 | 10:41 |
| 110 | 1325 | Nuno Ferreira | Individual | Senior Masculino | 03:12:45 | +01:22:19 | 10:43 |
| 111 | 1322 | Nelson Dantas | Individual | Senior Masculino | 03:15:58 | +01:25:32 | 10:53 |
| 112 | 1353 | Tiago Correia | Individual | Senior Masculino | 03:16:00 | +01:25:34 | 10:53 |
| 113 | 1340 | Pedro Martins | Individual | Senior Masculino | 03:17:02 | +01:26:36 | 10:57 |
| 114 | 1346 | Rui Graça | Individual | Senior Masculino | 03:17:08 | +01:26:42 | 10:57 |
| 115 | 1329 | Paulo Cerqueira | Individual | Senior Masculino | 03:17:12 | +01:26:46 | 10:57 |
| 116 | 1100 | Nuno Silva | B.T.M. | Senior Masculino | 03:17:24 | +01:26:58 | 10:58 |
| 117 | 1344 | Ricardo Manuel Alves Azevedo | Individual | Senior Masculino | 03:17:39 | +01:27:13 | 10:59 |
| 118 | 1309 | karl eiras cardoso | Individual | Senior Masculino | 03:19:23 | +01:28:57 | 11:05 |
| 119 | 1135 | Márcio Araújo | Brothers Trail Team | Senior Masculino | 03:20:20 | +01:29:54 | 11:08 |
| 120 | 1174 | Nuno Santos | Equipa A | Senior Masculino | 03:20:45 | +01:30:19 | 11:09 |
| 121 | 1098 | João Carvalho | B.T.M. | Senior Masculino | 03:20:54 | +01:30:28 | 11:10 |
| 122 | 1529 | Henrique Gonçalves | OADA - Os Amigos da Aventura | Senior Masculino | 03:21:22 | +01:30:56 | 11:11 |
| 123 | 1198 | David Torres | geofriends | Senior Masculino | 03:21:26 | +01:31:00 | 11:12 |
| 124 | 1021 | Pedro Rocha | ADE Trail Running | Senior Masculino | 03:22:30 | +01:32:04 | 11:15 |
| 125 | 1669 | Ricardo Faria | Individual | Senior Masculino | 03:24:34 | +01:34:08 | 11:22 |
| 126 | 1269 | Alcindo Miranda | Individual | Senior Masculino | 03:24:35 | +01:34:09 | 11:22 |
| 127 | 1333 | Pedro  Tiago Torres Moura | Individual | Senior Masculino | 03:24:35 | +01:34:09 | 11:22 |
| 128 | 1336 | Pedro Gonçalves Pilar | Individual | Senior Masculino | 03:24:35 | +01:34:09 | 11:22 |
| 129 | 1636 | Carlos Eduardo Martins Capaínha | Team Workout 48/CAM | Senior Masculino | 03:25:53 | +01:35:27 | 11:26 |
| 130 | 1048 | Ricardo Esteves | Alexandra Carvalho Team | Senior Masculino | 03:27:01 | +01:36:35 | 11:30 |
| 131 | 1623 | Renato Pinto | STCP Runners | Senior Masculino | 03:27:15 | +01:36:49 | 11:31 |
| 132 | 1624 | Valter Barbosa | STCP Runners | Senior Masculino | 03:27:15 | +01:36:49 | 11:31 |
| 133 | 1328 | nuno marques | Individual | Senior Masculino | 03:27:56 | +01:37:30 | 11:33 |
| 134 | 1299 | Hugo Guimarães | Individual | Senior Masculino | 03:29:08 | +01:38:42 | 11:37 |
| 135 | 1301 | IVO Afonso Costa | Individual | Senior Masculino | 03:29:37 | +01:39:11 | 11:39 |
| 136 | 1324 | Nuno Carreira | Individual | Senior Masculino | 03:30:21 | +01:39:55 | 11:41 |

## Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 137 | 1318 | Martinho Capitao | Individual | Senior Masculino | 03:30:39 | +01:40:13 | 11:42 |
| 138 | 1544 | Óscar Sousa | OLÍMPICO VIANENSE TRAIL | Senior Masculino | 03:31:15 | +01:40:49 | 11:44 |
| 139 | 1296 | Henrique Faria | Individual | Senior Masculino | 03:31:17 | +01:40:51 | 11:44 |
| 140 | 1295 | Helder Silva | Individual | Senior Masculino | 03:31:23 | +01:40:57 | 11:45 |
| 141 | 1338 | Pedro Loureiro | Individual | Senior Masculino | 03:31:25 | +01:40:59 | 11:45 |
| 142 | 1663 | Adelino Pinto | Individual | Senior Masculino | 03:32:37 | +01:42:11 | 11:49 |
| 143 | 1617 | Vasco Marta | Spin&Run Esposende | Senior Masculino | 03:32:59 | +01:42:33 | 11:50 |
| 144 | 1114 | João Filipe Santos Garrido | Barcelmalhas | Senior Masculino | 03:33:21 | +01:42:55 | 11:51 |
| 145 | 1331 | Paulo oliveira | Individual | Senior Masculino | 03:34:50 | +01:44:24 | 11:56 |
| 146 | 1358 | Tiago Viana | Individual | Senior Masculino | 03:34:51 | +01:44:25 | 11:56 |
| 147 | 1580 | Pedro Vilas Boas | Os quatro | Senior Masculino | 03:37:06 | +01:46:40 | 12:04 |
| 148 | 1343 | Ricardo Ferreira Coelho | Individual | Senior Masculino | 03:37:22 | +01:46:56 | 12:05 |
| 149 | 1647 | Simao Vilaça | TURBULENTOS | Senior Masculino | 03:38:33 | +01:48:07 | 12:09 |
| 150 | 1521 | Carlos Gonçalves | Moinhos Run ADRM | Senior Masculino | 03:39:10 | +01:48:44 | 12:11 |
| 151 | 1287 | Fábio Santos | Individual | Senior Masculino | 03:39:54 | +01:49:28 | 12:13 |
| 152 | 1342 | Ricardo da Silva Ferreira | Individual | Senior Masculino | 03:42:39 | +01:52:13 | 12:22 |
| 153 | 1571 | António José Gomez Soares | Os Galgos de Tancos | Senior Masculino | 03:42:48 | +01:52:22 | 12:23 |
| 154 | 1293 | Gastão Ferreira | BPM RUNNING ADI-HIGIENE | Senior Masculino | 03:49:59 | +01:59:33 | 12:47 |
| 155 | 1518 | Joel Pereira | Jardins Barbosa Team | Senior Masculino | 03:53:56 | +02:03:30 | 13:00 |
| 156 | 1630 | Vitor Silva | Team ERA Esposende | Senior Masculino | 03:54:09 | +02:03:43 | 13:01 |
| 157 | 1306 | Jorge André Costa Almeida | Individual | Senior Masculino | 03:54:41 | +02:04:15 | 13:02 |
| 158 | 1280 | César Martins | Individual | Senior Masculino | 03:55:35 | +02:05:09 | 13:05 |
| 159 | 1542 | Miguel Novo | OLÍMPICO VIANENSE TRAIL | Senior Masculino | 04:02:06 | +02:11:40 | 13:27 |
| 160 | 1305 | Joel Ferreira Coelho | Individual | Senior Masculino | 04:12:31 | +02:22:05 | 14:02 |
| 161 | 1283 | Diogo Vieira | Individual | Senior Masculino | 04:17:29 | +02:27:03 | 14:18 |
| 162 | 1303 | João Pedro Ferreira Morais | Individual | Senior Masculino | 04:19:23 | +02:28:57 | 14:25 |
| 163 | 1294 | Hélder Filipe Vieira da Silva | Individual | Senior Masculino | 04:20:11 | +02:29:45 | 14:27 |
| 164 | 1349 | Samuel Santos | Individual | Senior Masculino | 04:21:11 | +02:30:45 | 14:31 |
| 165 | 1304 | João Pedro Pereira Amorim | Individual | Senior Masculino | 04:23:59 | +02:33:33 | 14:40 |
| 166 | 1286 | Fábio Bezerra | Individual | Senior Masculino | 04:24:02 | +02:33:36 | 14:40 |
| 167 | 1297 | Henrique Mariz | Individual | Senior Masculino | 04:24:03 | +02:33:37 | 14:40 |
| 168 | 1004 | Cristiano Miranda | 3D | Senior Masculino | 04:28:37 | +02:38:11 | 14:55 |
| 169 | 1274 | Bruno Miguel Capitao Bras | Individual | Senior Masculino | 04:30:45 | +02:40:19 | 15:03 |
| 170 | 1066 | José Cruz | Amigos do Peito | Senior Masculino | 04:32:33 | +02:42:07 | 15:09 |
| 171 | 1653 | Miro Cunha | VAMOS EQUIPE | Senior Masculino | 04:54:13 | +03:03:47 | 16:21 |
| 172 | 1355 | Tiago Ribeiro | Individual | Senior Masculino | 05:47:08 | +03:56:42 | 19:17 |

## Veterana F40

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1001 | Tania Covas Costa | .COM-Club Ori Minho | Veterana F40 | 02:20:09 | +29:43 | 07:47 |
| 2 | 1367 | Carla Almeida Sereno | Individual | Veterana F40 | 02:29:45 | +39:19 | 08:19 |
| 3 | 1177 | Olga Branquinho | Equipa A | Veterana F40 | 02:32:25 | +41:59 | 08:28 |
| 4 | 1550 | Susana Maciel | OLÍMPICO VIANENSE TRAIL | Veterana F40 | 02:41:00 | +50:34 | 08:57 |
| 5 | 1176 | Diana Sousa | Equipa A | Veterana F40 | 02:49:12 | +58:46 | 09:24 |
| 6 | 1154 | Keta Batista | DiVE \| Into The Mountains | Veterana F40 | 02:51:18 | +01:00:52 | 09:31 |
| 7 | 1034 | deolinda faria | AIRORUN | Veterana F40 | 02:52:30 | +01:02:04 | 09:35 |

## Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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|---|---|---|---|---|---|---|---|
| 8 | 1054 | Susana Queiroz | Alexandra Carvalho Team | Veterana F40 | 02:55:55 | +01:05:29 | 09:46 |
| 9 | 1597 | Marina Silva | PORTO SENTIDO RUNNERS | Veterana F40 | 03:01:56 | +01:11:30 | 10:06 |
| 10 | 1412 | Juliana Lopes Onuma | Individual | Veterana F40 | 03:01:57 | +01:11:31 | 10:07 |
| 11 | 1637 | Florinda Fernandes | Team Workout 48/CAM | Veterana F40 | 03:02:40 | +01:12:14 | 10:09 |
| 12 | 1022 | Sameiro Fraguinha | ADE Trail Running | Veterana F40 | 03:06:53 | +01:16:27 | 10:23 |
| 13 | 1563 | Fátima Crasto | OS DUROS | Veterana F40 | 03:08:11 | +01:17:45 | 10:27 |
| 14 | 1382 | Natalina Aurora Ribeiro Rodrigues | Individual | Veterana F40 | 03:08:56 | +01:18:30 | 10:30 |
| 15 | 1119 | Alzira alves | Bits&Bikes/Trail Running | Veterana F40 | 03:14:09 | +01:23:43 | 10:47 |
| 16 | 1662 | Ermelinda Coelho | Individual | Veterana F40 | 03:16:34 | +01:26:08 | 10:55 |
| 17 | 1370 | Cristina Silva | Individual | Veterana F40 | 03:24:27 | +01:34:01 | 11:22 |
| 18 | 1672 | Sandra Coutinho | Individual | Veterana F40 | 03:27:22 | +01:36:56 | 11:31 |
| 19 | 1618 | Mónica Ferreira | Spin&Run Esposende | Veterana F40 | 03:27:33 | +01:37:07 | 11:32 |
| 20 | 1053 | Susana Crasto | Alexandra Carvalho Team | Veterana F40 | 03:28:19 | +01:37:53 | 11:34 |
| 21 | 1549 | Marina Salgueiro | OLÍMPICO VIANENSE TRAIL | Veterana F40 | 03:28:20 | +01:37:54 | 11:34 |
| 22 | 1371 | Elisabete Borges | Individual | Veterana F40 | 03:32:21 | +01:41:55 | 11:48 |
| 23 | 1520 | Isabel Domingues | LEBRES MINHOTAS | Veterana F40 | 03:32:49 | +01:42:23 | 11:49 |
| 24 | 1132 | Elizabeth Ortiz | Braguinhas Runners | Veterana F40 | 03:38:53 | +01:48:27 | 12:10 |
| 25 | 1372 | Fátima Saraiva | Individual | Veterana F40 | 03:41:19 | +01:50:53 | 12:18 |
| 26 | 25 | Elisabete Pereira | Alexandra Carvalho Team | Veterana F40 | 03:42:05 | +01:51:39 | 12:20 |
| 27 | 1193 | Cristina Fonseca | Gansos | Veterana F40 | 03:44:03 | +01:53:37 | 12:27 |
| 28 | 1204 | Aida Linhares | GTT-Armazém do Caffè | Veterana F40 | 03:44:21 | +01:53:55 | 12:28 |
| 29 | 1152 | Diana Moura | DiVE \| Into The Mountains | Veterana F40 | 03:45:36 | +01:55:10 | 12:32 |
| 30 | 1164 | Susana Matos | EDV Viana Trail | Veterana F40 | 03:45:43 | +01:55:17 | 12:32 |
| 31 | 1163 | Ligia Fernandes | EDV Viana Trail | Veterana F40 | 03:45:45 | +01:55:19 | 12:33 |
| 32 | 1052 | Isabel Leitão | Alexandra Carvalho Team | Veterana F40 | 03:46:54 | +01:56:28 | 12:36 |
| 33 | 1149 | Ana Pestana | CTAD-Trilhos de Cinfães | Veterana F40 | 03:50:00 | +01:59:34 | 12:47 |
| 34 | 1125 | Raquel Gomes | BragaXplora/Nortinfo | Veterana F40 | 03:50:10 | +01:59:44 | 12:47 |
| 35 | 1192 | ana cristina | Gansos | Veterana F40 | 03:52:21 | +02:01:55 | 12:55 |
| 36 | 1194 | florinda carvalho | Gansos | Veterana F40 | 03:52:21 | +02:01:55 | 12:55 |
| 37 | 1126 | Sílvia Cunha | BragaXplora/Nortinfo | Veterana F40 | 03:52:50 | +02:02:24 | 12:56 |
| 38 | 1085 | Cidalia Rodrigues | ARCA BarceloS runners | Veterana F40 | 03:54:05 | +02:03:39 | 13:00 |
| 39 | 1084 | Ana Matos | ARCA BarceloS runners | Veterana F40 | 03:54:05 | +02:03:39 | 13:00 |
| 40 | 1131 | Aurora Silva | Braguinhas Runners | Veterana F40 | 03:55:57 | +02:05:31 | 13:07 |
| 41 | 1375 | Manuela | Individual | Veterana F40 | 03:57:26 | +02:07:00 | 13:11 |
| 42 | 1364 | Ana Brito | Individual | Veterana F40 | 03:58:08 | +02:07:42 | 13:14 |
| 43 | 1379 | Maria da Graça Soares da Silva | Individual | Veterana F40 | 04:02:44 | +02:12:18 | 13:29 |
| 44 | 1373 | Isabel Cristina Torres Caseiro | Individual | Veterana F40 | 04:02:44 | +02:12:18 | 13:29 |
| 45 | 1648 | Fernanda Sá | V1D4 L0K4 | Veterana F40 | 04:03:49 | +02:13:23 | 13:33 |
| 46 | 1390 | Sara Capilupi | Individual | Veterana F40 | 04:06:38 | +02:16:12 | 13:42 |
| 47 | 1365 | Andreia Ribeiro | Individual | Veterana F40 | 04:07:52 | +02:17:26 | 13:46 |
| 48 | 1378 | Maria da Gloria Vieira Pereira | Individual | Veterana F40 | 04:09:39 | +02:19:13 | 13:52 |
| 49 | 1178 | Rosa Castro | Equipa A | Veterana F40 | 04:18:11 | +02:27:45 | 14:21 |
| 50 | 1383 | Paula Sousa Costa | Individual | Veterana F40 | 04:20:13 | +02:29:47 | 14:27 |
| 51 | 1377 | Manuela Matias | Individual | Veterana F40 | 04:22:01 | +02:31:35 | 14:33 |
| 52 | 1086 | Gorete Cachada | ARCA BarceloS runners | Veterana F40 | 04:22:01 | +02:31:35 | 14:33 |
| 53 | 1366 | Beta Fernandes | Individual | Veterana F40 | 04:22:02 | +02:31:36 | 14:33 |

## Trail Curto — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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|---|---|---|---|---|---|---|---|
| 54 | 1067 | Glória Vilas Boas | Amigos do Peito | Veterana F40 | 04:32:33 | +02:42:07 | 15:09 |
| 55 | 1386 | Sandra Lima | Individual | Veterana F40 | 04:45:21 | +02:54:55 | 15:51 |
| 56 | 1593 | Marta Claudia Reis Silva | PF Arch Studio | Veterana F40 | 05:03:29 | +03:13:03 | 16:52 |
| 57 | 1376 | Manuela Coutinho Eiras Novo | Individual | Veterana F40 | 05:12:08 | +03:21:42 | 17:20 |
| 58 | 1384 | Rosa Oliveira | Individual | Veterana F40 | 05:12:08 | +03:21:42 | 17:20 |
| 59 | 1076 | Edite Pimenta | Apúlia a Correr | Veterana F40 | 05:30:16 | +03:39:50 | 18:21 |
| 60 | 1077 | Sónia Gonçalves | Apúlia a Correr | Veterana F40 | 05:30:22 | +03:39:56 | 18:21 |
| 61 | 1374 | Isabel Ferreira | Individual | Veterana F40 | 05:36:04 | +03:45:38 | 18:40 |
| 62 | 1369 | Cristina Gonçalves De Sa | Individual | Veterana F40 | 05:47:08 | +03:56:42 | 19:17 |
| 63 | 1385 | Sandra Cabreira | Individual | Veterana F40 | 05:47:08 | +03:56:42 | 19:17 |

## Veterana F50

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1055 | Adosinda Maciel | Alexandra Carvalho Team | Veterana F50 | 03:01:35 | +01:11:09 | 10:05 |
| 2 | 1205 | Maria do Céu Lopes Lemos | GTT-Armazém do Caffè | Veterana F50 | 03:04:18 | +01:13:52 | 10:14 |
| 3 | 1056 | Eulália Miranda | Alexandra Carvalho Team | Veterana F50 | 03:11:25 | +01:20:59 | 10:38 |
| 4 | 1605 | Graça Ribeiro | Running Penafiel Trail | Veterana F50 | 03:27:32 | +01:37:06 | 11:32 |
| 5 | 1057 | Paula Martins | Alexandra Carvalho Team | Veterana F50 | 03:32:46 | +01:42:20 | 11:49 |
| 6 | 1551 | Elisabete Pereira | OLÍMPICO VIANENSE TRAIL | Veterana F50 | 03:44:21 | +01:53:55 | 12:28 |
| 7 | 1394 | Ana Paula Teixeira | Individual | Veterana F50 | 03:56:16 | +02:05:50 | 13:08 |
| 8 | 1397 | MARIA MANUELA FAGUNDES GONÇALVES V. PEIXOTO | Individual | Veterana F50 | 04:48:32 | +02:58:06 | 16:02 |
| 9 | 1396 | Isaura de almeida | Individual | Veterana F50 | 04:59:20 | +03:08:54 | 16:38 |

## Veterano M40

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1457 | paulo pinto | Individual | Veterano M40 | 01:52:06 | +01:40 | 06:14 |
| 2 | 1465 | Ricardo Moreira | Individual | Veterano M40 | 01:52:51 | +02:25 | 06:16 |
| 3 | 1586 | Francisco Miguel da Costa Fontelo | Padela Natural Team - Fisiofreixo | Veterano M40 | 01:57:53 | +07:27 | 06:33 |
| 4 | 85 | Fernando Grilo | Sira Aldreense \| JFA Construções | Veterano M40 | 02:02:07 | +11:41 | 06:47 |
| 5 | 1441 | Luis Freitas | airórun | Veterano M40 | 02:02:58 | +12:32 | 06:50 |
| 6 | 1058 | ADELINO ALVES AIRES | Alexandra Carvalho Team | Veterano M40 | 02:03:41 | +13:15 | 06:52 |
| 7 | 1606 | Carlos Barbosa | Running Penafiel Trail | Veterano M40 | 02:07:19 | +16:53 | 07:04 |
| 8 | 1658 | Carlos Pereira | Individual | Veterano M40 | 02:10:27 | +20:01 | 07:15 |
| 9 | 1165 | Sérgio Ramos | EDV Viana Trail | Veterano M40 | 02:11:17 | +20:51 | 07:18 |
| 10 | 1476 | Telmo Tomás | Individual | Veterano M40 | 02:13:34 | +23:08 | 07:25 |
| 11 | 1037 | jose pereira | AIRORUN | Veterano M40 | 02:17:10 | +26:44 | 07:37 |
| 12 | 1182 | Patricio Afonso | Equipa A | Veterano M40 | 02:17:10 | +26:44 | 07:37 |
| 13 | 1435 | José António Moreira da Costa | Individual | Veterano M40 | 02:17:53 | +27:27 | 07:40 |
| 14 | 1553 | César Gonçalves | OLÍMPICO VIANENSE TRAIL | Veterano M40 | 02:18:21 | +27:55 | 07:41 |
| 15 | 1645 | Miguel Araújo | TRAIL ME | Veterano M40 | 02:18:42 | +28:16 | 07:42 |
| 16 | 1181 | Jorge Lopes | Equipa A | Veterano M40 | 02:20:35 | +30:09 | 07:49 |
| 17 | 1468 | Rui | Individual | Veterano M40 | 02:21:55 | +31:29 | 07:53 |
| 18 | 1411 | César Edgar de Sousa Leão | Individual | Veterano M40 | 02:22:25 | +31:59 | 07:55 |
| 19 | 1156 | Jose Lopes | DiVE \| Into The Mountains | Veterano M40 | 02:24:13 | +33:47 | 08:01 |
| 20 | 1117 | RUI LARANJEIRA | BIKESEVEN ESPOSENDE - KTM | Veterano M40 | 02:25:46 | +35:20 | 08:06 |

## Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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|---|---|---|---|---|---|---|---|
| 21 | 1466 | Ricardo Vieira | Individual | Veterano M40 | 02:26:37 | +36:11 | 08:09 |
| 22 | 1104 | Agostinho Dantas Maia | B.T.M. | Veterano M40 | 02:27:16 | +36:50 | 08:11 |
| 23 | 1029 | Avelino Figueiredo | ÁGUIAS DE ALVELOS | Veterano M40 | 02:27:24 | +36:58 | 08:11 |
| 24 | 1115 | João Carlos Vieira Teixeira Santos | Barcelmalhas | Veterano M40 | 02:27:44 | +37:18 | 08:12 |
| 25 | 1564 | Rui Crasto | OS DUROS | Veterano M40 | 02:28:09 | +37:43 | 08:14 |
| 26 | 1423 | Eliseu leite | Individual | Veterano M40 | 02:28:58 | +38:32 | 08:17 |
| 27 | 1556 | Nuno Araujo | OLÍMPICO VIANENSE TRAIL | Veterano M40 | 02:29:08 | +38:42 | 08:17 |
| 28 | 1479 | Vitor Araújo | Individual | Veterano M40 | 02:29:20 | +38:54 | 08:18 |
| 29 | 1444 | Manuel Joaquim da Silva Baptista Vale | Individual | Veterano M40 | 02:29:58 | +39:32 | 08:20 |
| 30 | 1446 | Manuel Nascimento | Individual | Veterano M40 | 02:32:30 | +42:04 | 08:28 |
| 31 | 1011 | António Dias | AD Pedome | Veterano M40 | 02:32:31 | +42:05 | 08:28 |
| 32 | 1437 | José Gomes | Individual | Veterano M40 | 02:35:35 | +45:09 | 08:39 |
| 33 | 1475 | Sergio Paulo Rodrigues Ferraz | Individual | Veterano M40 | 02:35:49 | +45:23 | 08:39 |
| 34 | 1619 | Valdemar Fragoso | Spin&Run Esposende | Veterano M40 | 02:35:50 | +45:24 | 08:39 |
| 35 | 1147 | PAULO RIBEIRO | CMC - CARAPAUS | Veterano M40 | 02:37:04 | +46:38 | 08:44 |
| 36 | 1402 | António Pedro Sereno | Individual | Veterano M40 | 02:37:28 | +47:02 | 08:45 |
| 37 | 1142 | Filipe Alves | Cerveira Team Running | Veterano M40 | 02:37:42 | +47:16 | 08:46 |
| 38 | 1401 | Antônio Capitão | Individual | Veterano M40 | 02:37:43 | +47:17 | 08:46 |
| 39 | 1060 | Mário  Braga | Alexandra Carvalho Team | Veterano M40 | 02:39:20 | +48:54 | 08:51 |
| 40 | 1405 | Arsélio sousa remélhe | Individual | Veterano M40 | 02:40:04 | +49:38 | 08:54 |
| 41 | 1557 | Raul Curva | OLÍMPICO VIANENSE TRAIL | Veterano M40 | 02:41:00 | +50:34 | 08:57 |
| 42 | 1159 | Paulo Ribeiro | DiVE \| Into The Mountains | Veterano M40 | 02:41:09 | +50:43 | 08:57 |
| 43 | 1643 | António Grande | TRAIL ME | Veterano M40 | 02:41:28 | +51:02 | 08:58 |
| 44 | 1587 | Marco Dias | Padela Natural Team - Fisiofreixo | Veterano M40 | 02:42:13 | +51:47 | 09:01 |
| 45 | 1207 | HUGO PALMEIRA | GTT-Armazém do Caffè | Veterano M40 | 02:42:22 | +51:56 | 09:01 |
| 46 | 1451 | Paulo Carvalho | Individual | Veterano M40 | 02:42:44 | +52:18 | 09:02 |
| 47 | 1439 | José Maria Gouveia Martins | Individual | Veterano M40 | 02:43:02 | +52:36 | 09:03 |
| 48 | 1598 | Filipe Ferreira | PORTO SENTIDO RUNNERS | Veterano M40 | 02:43:22 | +52:56 | 09:05 |
| 49 | 124 | Carlos Ferreira | Individual | Veterano M40 | 02:43:59 | +53:33 | 09:07 |
| 50 | 1454 | Paulo Jorge Martins de Faria | Individual | Veterano M40 | 02:44:00 | +53:34 | 09:07 |
| 51 | 1460 | Pedro Ribeiro | Individual | Veterano M40 | 02:44:06 | +53:40 | 09:07 |
| 52 | 1404 | Antonio Vilaça | Individual | Veterano M40 | 02:45:34 | +55:08 | 09:12 |
| 53 | 1432 | JOÃO SILVA | Individual | Veterano M40 | 02:45:43 | +55:17 | 09:12 |
| 54 | 1447 | Miguel Ângelo Brito Faria | Individual | Veterano M40 | 02:45:52 | +55:26 | 09:13 |
| 55 | 1462 | Pedro teixeira | Individual | Veterano M40 | 02:48:10 | +57:44 | 09:21 |
| 56 | 1106 | Eduardo Fonseca | B.T.M. | Veterano M40 | 02:48:26 | +58:00 | 09:21 |
| 57 | 1118 | Jorge Sousa | BitRunners | Veterano M40 | 02:48:33 | +58:07 | 09:22 |
| 58 | 1590 | José Ferreira | Palmeira Runners | Veterano M40 | 02:49:18 | +58:52 | 09:24 |
| 59 | 1061 | Paulo Ferreira | Alexandra Carvalho Team | Veterano M40 | 02:50:33 | +01:00:07 | 09:29 |
| 60 | 1080 | Miguel Mendes | ARC Vale São Cosme | Veterano M40 | 02:50:34 | +01:00:08 | 09:29 |
| 61 | 1463 | Ricardo Abreu Lopes | Individual | Veterano M40 | 02:51:12 | +01:00:46 | 09:31 |
| 62 | 1642 | António Coelho | TRAIL ME | Veterano M40 | 02:51:45 | +01:01:19 | 09:33 |
| 63 | 1127 | Carlos Cunha | BragaXplora/Nortinfo | Veterano M40 | 02:51:46 | +01:01:20 | 09:33 |
| 64 | 1188 | António Neves | Fardetas | Veterano M40 | 02:52:26 | +01:02:00 | 09:35 |
| 65 | 1087 | Antonio Gonçalves | ARCA BarceloS runners | Veterano M40 | 02:52:28 | +01:02:02 | 09:35 |
| 66 | 1646 | Pedro Rocha | TRAIL ME | Veterano M40 | 02:52:30 | +01:02:04 | 09:35 |

## Trail Curto — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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|---|---|---|---|---|---|---|---|
| 67 | 1183 | pirata | Equipa A | Veterano M40 | 02:53:17 | +01:02:51 | 09:38 |
| 68 | 1625 | Dinis Pinto | STCP Runners | Veterano M40 | 02:53:18 | +01:02:52 | 09:38 |
| 69 | 1059 | António Valente | Alexandra Carvalho Team | Veterano M40 | 02:58:23 | +01:07:57 | 09:55 |
| 70 | 114 | Ricardo castro | Individual | Veterano M40 | 02:58:48 | +01:08:22 | 09:56 |
| 71 | 1179 | Alexandre Pereira | Equipa A | Veterano M40 | 02:58:49 | +01:08:23 | 09:56 |
| 72 | 1208 | PEDRO RIBEIRO | GTT-Armazém do Caffè | Veterano M40 | 02:58:55 | +01:08:29 | 09:56 |
| 73 | 1157 | Miguel Soares | DiVE \| Into The Mountains | Veterano M40 | 02:58:58 | +01:08:32 | 09:57 |
| 74 | 1160 | Pedro Costa | DiVE \| Into The Mountains | Veterano M40 | 02:59:00 | +01:08:34 | 09:57 |
| 75 | 1416 | Diogo Oliveira | Individual | Veterano M40 | 03:01:31 | +01:11:05 | 10:05 |
| 76 | 1206 | Dimitri Matos | GTT-Armazém do Caffè | Veterano M40 | 03:01:31 | +01:11:05 | 10:05 |
| 77 | 1453 | PAULO FERREIRA | Individual | Veterano M40 | 03:01:33 | +01:11:07 | 10:05 |
| 78 | 1442 | Manuel Antonio Carvalho Faria Faria | Individual | Veterano M40 | 03:02:04 | +01:11:38 | 10:07 |
| 79 | 1443 | Manuel Araujo | Individual | Veterano M40 | 03:02:15 | +01:11:49 | 10:08 |
| 80 | 1420 | Eduardo Martins | Individual | Veterano M40 | 03:02:53 | +01:12:27 | 10:10 |
| 81 | 1456 | Paulo Marques | Individual | Veterano M40 | 03:02:57 | +01:12:31 | 10:10 |
| 82 | 115 | Rui Fernandes | Individual | Veterano M40 | 03:04:19 | +01:13:53 | 10:14 |
| 83 | 1427 | Francisco eduardo ferreira areias | Individual | Veterano M40 | 03:05:02 | +01:14:36 | 10:17 |
| 84 | 1105 | Edgar Costa | B.T.M. | Veterano M40 | 03:06:12 | +01:15:46 | 10:21 |
| 85 | 1024 | Eduardo Coutada | ADE Trail Running | Veterano M40 | 03:06:53 | +01:16:27 | 10:23 |
| 86 | 1421 | Eduardo Nascimento | Individual | Veterano M40 | 03:08:19 | +01:17:53 | 10:28 |
| 87 | 1477 | VAN VYVE THOMAS | Individual | Veterano M40 | 03:08:27 | +01:18:01 | 10:28 |
| 88 | 1012 | Bruno Azevedo | AD Pedome | Veterano M40 | 03:08:36 | +01:18:10 | 10:29 |
| 89 | 1450 | Paulo Bastos | Individual | Veterano M40 | 03:08:39 | +01:18:13 | 10:29 |
| 90 | 1473 | Sérgio | Individual | Veterano M40 | 03:08:45 | +01:18:19 | 10:29 |
| 91 | 1013 | Jorge Silva | AD Pedome | Veterano M40 | 03:08:55 | +01:18:29 | 10:30 |
| 92 | 1525 | Paulo Magalhães | Moinhos Run ADRM | Veterano M40 | 03:12:06 | +01:21:40 | 10:40 |
| 93 | 1438 | José Joaquim Gonçalves Duarte | Individual | Veterano M40 | 03:12:18 | +01:21:52 | 10:41 |
| 94 | 1434 | Jose Alberto Ribeiro | Individual | Veterano M40 | 03:12:25 | +01:21:59 | 10:41 |
| 95 | 1424 | Fernando Ribeiro Pilar | Individual | Veterano M40 | 03:14:10 | +01:23:44 | 10:47 |
| 96 | 1128 | José Coelho | BragaXplora/Nortinfo | Veterano M40 | 03:14:37 | +01:24:11 | 10:49 |
| 97 | 1158 | Paulo Alexandre Carneiro | DiVE \| Into The Mountains | Veterano M40 | 03:15:32 | +01:25:06 | 10:52 |
| 98 | 1436 | José Baltazar Lage de Matos | Individual | Veterano M40 | 03:17:39 | +01:27:13 | 10:59 |
| 99 | 1458 | Paulo Vilarinho | Individual | Veterano M40 | 03:17:50 | +01:27:24 | 11:00 |
| 100 | 1155 | David ribeiro | DiVE \| Into The Mountains | Veterano M40 | 03:18:13 | +01:27:47 | 11:01 |
| 101 | 1429 | João Carlos da Silva Gomes | Individual | Veterano M40 | 03:18:22 | +01:27:56 | 11:01 |
| 102 | 1528 | Pedro Vale Lima | Nossa Equipa | Veterano M40 | 03:18:39 | +01:28:13 | 11:02 |
| 103 | 1455 | Paulo Jorge Romão Campos | Individual | Veterano M40 | 03:18:52 | +01:28:26 | 11:03 |
| 104 | 1090 | Paulo hernani | ATT | Veterano M40 | 03:20:23 | +01:29:57 | 11:08 |
| 105 | 1180 | Carlos Alberto Soares de Magalhaes | Equipa A | Veterano M40 | 03:20:45 | +01:30:19 | 11:09 |
| 106 | 1414 | Daniel Gonçalves | Individual | Veterano M40 | 03:21:28 | +01:31:02 | 11:12 |
| 107 | 1469 | Rui Manuel Rolo de Sousa Caseiro | Individual | Veterano M40 | 03:22:24 | +01:31:58 | 11:15 |
| 108 | 1422 | Eduardo Rodrigues de Sá | Individual | Veterano M40 | 03:24:51 | +01:34:25 | 11:23 |
| 109 | 1418 | Eduardo Benigno | Individual | Veterano M40 | 03:24:54 | +01:34:28 | 11:23 |
| 110 | 1478 | Viriato Quintino | Individual | Veterano M40 | 03:24:54 | +01:34:28 | 11:23 |
| 111 | 1184 | Ricardo Carvalho | Equipa A | Veterano M40 | 03:25:06 | +01:34:40 | 11:24 |
| 112 | 1129 | Pedro Lima | BragaXplora/Nortinfo | Veterano M40 | 03:25:28 | +01:35:02 | 11:25 |

## Trail Curto — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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|---|---|---|---|---|---|---|---|
| 113 | 1483 | Vitor inacio | Individual | Veterano M40 | 03:26:42 | +01:36:16 | 11:29 |
| 114 | 1430 | João Paulo de Jesus Lemos Vieira | Individual | Veterano M40 | 03:27:11 | +01:36:45 | 11:31 |
| 115 | 1459 | Pedro Cruz | Individual | Veterano M40 | 03:27:44 | +01:37:18 | 11:32 |
| 116 | 1108 | Ricardo Rocha | B.T.M. | Veterano M40 | 03:27:46 | +01:37:20 | 11:33 |
| 117 | 1025 | Filipe Gonçalves | ADE Trail Running | Veterano M40 | 03:27:56 | +01:37:30 | 11:33 |
| 118 | 1555 | Marco Maciel | OLÍMPICO VIANENSE TRAIL | Veterano M40 | 03:28:55 | +01:38:29 | 11:36 |
| 119 | 1484 | Vitor Manuel faria da silva | Individual | Veterano M40 | 03:31:17 | +01:40:51 | 11:44 |
| 120 | 1654 | Alexandre Rodrigues | VAMOS EQUIPE | Veterano M40 | 03:31:23 | +01:40:57 | 11:45 |
| 121 | 1006 | Francisco oliveira | abrevales | Veterano M40 | 03:31:24 | +01:40:58 | 11:45 |
| 122 | 1167 | Filipe escobar | Ei  Team trail | Veterano M40 | 03:33:39 | +01:43:13 | 11:52 |
| 123 | 1464 | Ricardo M Ferreira | Individual | Veterano M40 | 03:34:17 | +01:43:51 | 11:54 |
| 124 | 1474 | Sérgio Mota | Individual | Veterano M40 | 03:34:45 | +01:44:19 | 11:56 |
| 125 | 1467 | Rolando Capitão | Individual | Veterano M40 | 03:36:13 | +01:45:47 | 12:01 |
| 126 | 1445 | manuel miranda | Individual | Veterano M40 | 03:38:25 | +01:47:59 | 12:08 |
| 127 | 1448 | Miguel Soares | Individual | Veterano M40 | 03:38:47 | +01:48:21 | 12:09 |
| 128 | 1626 | Domingos Faustino | STCP Runners | Veterano M40 | 03:42:05 | +01:51:39 | 12:20 |
| 129 | 1413 | Daniel Gomes | Individual | Veterano M40 | 03:42:17 | +01:51:51 | 12:21 |
| 130 | 1644 | José Luís Eusébio | TRAIL ME | Veterano M40 | 03:42:41 | +01:52:15 | 12:22 |
| 131 | 1195 | alcino tavares | Gansos | Veterano M40 | 03:44:02 | +01:53:36 | 12:27 |
| 132 | 1121 | Ivo Pereira | BPM RUNNING ADI-HIGIENE | Veterano M40 | 03:50:00 | +01:59:34 | 12:47 |
| 133 | 1122 | Jorge Rebelo | BPM RUNNING ADI-HIGIENE | Veterano M40 | 03:50:00 | +01:59:34 | 12:47 |
| 134 | 1200 | Antonio Araujo | geofriends | Veterano M40 | 03:53:32 | +02:03:06 | 12:58 |
| 135 | 1574 | Alexandre José Paixão Conde | Os Galgos de Tancos | Veterano M40 | 04:00:14 | +02:09:48 | 13:21 |
| 136 | 1419 | Eduardo Jorge do Paço Viana | Individual | Veterano M40 | 04:04:41 | +02:14:15 | 13:36 |
| 137 | 1409 | Carlos Gonca | Individual | Veterano M40 | 04:06:40 | +02:16:14 | 13:42 |
| 138 | 1440 | José Pais | Individual | Veterano M40 | 04:09:39 | +02:19:13 | 13:52 |
| 139 | 1471 | Rui Pedro Teixeira da Silva | Individual | Veterano M40 | 04:21:10 | +02:30:44 | 14:31 |
| 140 | 1631 | Carlos Vale | Team ERA Esposende | Veterano M40 | 04:24:06 | +02:33:40 | 14:40 |
| 141 | 1069 | Manuel Fernandes | Amigos do Peito | Veterano M40 | 04:26:57 | +02:36:31 | 14:50 |
| 142 | 1107 | Jose Ribeiro | B.T.M. | Veterano M40 | 04:36:04 | +02:45:38 | 15:20 |
| 143 | 1408 | Carlos César Lages Almeida | Individual | Veterano M40 | 04:38:14 | +02:47:48 | 15:27 |
| 144 | 1524 | José Carlos Silva | Moinhos Run ADRM | Veterano M40 | 04:38:43 | +02:48:17 | 15:29 |
| 145 | 1431 | João Pedro Carvalho de Sousa | Individual | Veterano M40 | 05:03:28 | +03:13:02 | 16:52 |
| 146 | 1417 | Domingos Afonso | Individual | Veterano M40 | 05:36:04 | +03:45:38 | 18:40 |
| 147 | 1415 | David Bonnet SA | Individual | Veterano M40 | 05:47:07 | +03:56:41 | 19:17 |
| 148 | 1425 | Filipe Cabreira | Individual | Veterano M40 | 05:47:07 | +03:56:41 | 19:17 |

## Veterano M50

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1039 | Daniel Raimundo Martins Cardoso | AIRORUN | Veterano M50 | 02:06:06 | +15:40 | 07:00 |
| 2 | 1639 | José Avelino Ribeiro Martins | Team Workout 48/CAM | Veterano M50 | 02:08:59 | +18:33 | 07:10 |
| 3 | 1607 | Carlos Vinhas | Running Penafiel Trail | Veterano M50 | 02:13:11 | +22:45 | 07:24 |
| 4 | 1038 | casimiroi araujo | AIRORUN | Veterano M50 | 02:19:35 | +29:09 | 07:45 |
| 5 | 1558 | Alberto Cunha | OLÍMPICO VIANENSE TRAIL | Veterano M50 | 02:21:55 | +31:29 | 07:53 |
| 6 | 1496 | José Domingos Passos Bernardino | Individual | Veterano M50 | 02:23:49 | +33:23 | 07:59 |

## Trail Curto

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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|---|---|---|---|---|---|---|---|
| 7 | 1508 | PAULO JOSE SILVA BARROS MOREIRA | Individual | Veterano M50 | 02:28:57 | +38:31 | 08:17 |
| 8 | 1562 | João Passos | OLÍMPICO VIANENSE TRAIL | Veterano M50 | 02:29:08 | +38:42 | 08:17 |
| 9 | 1559 | Carlos Soares | OLÍMPICO VIANENSE TRAIL | Veterano M50 | 02:35:39 | +45:13 | 08:39 |
| 10 | 135 | LEANDRO FREITAS | Individual | Veterano M50 | 02:39:43 | +49:17 | 08:52 |
| 11 | 1560 | Fernando Alves | OLÍMPICO VIANENSE TRAIL | Veterano M50 | 02:41:24 | +50:58 | 08:58 |
| 12 | 1501 | Manuel  Araujo | Individual | Veterano M50 | 02:43:29 | +53:03 | 09:05 |
| 13 | 1565 | António Crasto | OS DUROS | Veterano M50 | 02:43:36 | +53:10 | 09:05 |
| 14 | 1485 | António Fins | Individual | Veterano M50 | 02:44:36 | +54:10 | 09:09 |
| 15 | 1148 | João Manuel Santos Silva | CMC - CARAPAUS | Veterano M50 | 02:46:52 | +56:26 | 09:16 |
| 16 | 1498 | José Mariz | Individual | Veterano M50 | 02:58:23 | +01:07:57 | 09:55 |
| 17 | 76 | José Manuel Braga Ferreira | GTT-Armazém do Caffè | Veterano M50 | 02:58:56 | +01:08:30 | 09:56 |
| 18 | 1621 | Ramiro Batista | Spin&Run Esposende | Veterano M50 | 02:59:03 | +01:08:37 | 09:57 |
| 19 | 1620 | Jorge Serra | Spin&Run Esposende | Veterano M50 | 03:00:36 | +01:10:10 | 10:02 |
| 20 | 1612 | José Costa | Serviços Sociais Câmara Municipal Santa Maria Feira | Veterano M50 | 03:01:56 | +01:11:30 | 10:06 |
| 21 | 1504 | manuel faria | Individual | Veterano M50 | 03:05:57 | +01:15:31 | 10:20 |
| 22 | 1499 | José Mendes | Individual | Veterano M50 | 03:09:34 | +01:19:08 | 10:32 |
| 23 | 1191 | martinho cunha | G.D Castelense | Veterano M50 | 03:09:50 | +01:19:24 | 10:33 |
| 24 | 1511 | Victor Alvarães Meira | Individual | Veterano M50 | 03:10:42 | +01:20:16 | 10:36 |
| 25 | 1081 | Armindo Lopes | ARC Vale São Cosme | Veterano M50 | 03:10:48 | +01:20:22 | 10:36 |
| 26 | 1492 | Ilídio Fernando de Abreu Peixoto | Individual | Veterano M50 | 03:12:14 | +01:21:48 | 10:41 |
| 27 | 1600 | José Afonso | Rampinhas | Veterano M50 | 03:12:19 | +01:21:53 | 10:41 |
| 28 | 1651 | Gaspar Fernanded | Vaiatéondeosteupéstelevar | Veterano M50 | 03:14:25 | +01:23:59 | 10:48 |
| 29 | 1088 | Joao Cruz | ARCA BarceloS runners | Veterano M50 | 03:15:05 | +01:24:39 | 10:50 |
| 30 | 1489 | Carlos Manuel Sá Pereira Lomba | Individual | Veterano M50 | 03:15:25 | +01:24:59 | 10:51 |
| 31 | 1660 | Domingo Machado | Dumiense - Xallenge Runners | Veterano M50 | 03:16:34 | +01:26:08 | 10:55 |
| 32 | 1507 | PAULO GRAÇA | Individual | Veterano M50 | 03:17:08 | +01:26:42 | 10:57 |
| 33 | 120 | Paulo Nóvoa | Individual | Veterano M50 | 03:18:26 | +01:28:00 | 11:01 |
| 34 | 1509 | PEDRO CASTEL-BRANCO | Individual | Veterano M50 | 03:19:44 | +01:29:18 | 11:06 |
| 35 | 1185 | José Pereira | Equipa A | Veterano M50 | 03:20:45 | +01:30:19 | 11:09 |
| 36 | 1655 | Cassiano Sampaio | Individual | Veterano M50 | 03:24:08 | +01:33:42 | 11:20 |
| 37 | 1495 | Jose Cardoso | Individual | Veterano M50 | 03:26:42 | +01:36:16 | 11:29 |
| 38 | 1486 | António Manuel Lima Martins | Individual | Veterano M50 | 03:27:08 | +01:36:42 | 11:30 |
| 39 | 1505 | Manuel Paiva | Individual | Veterano M50 | 03:29:07 | +01:38:41 | 11:37 |
| 40 | 1116 | Albino Manuel Vieira Teixeira Santos | Barcelmalhas | Veterano M50 | 03:33:21 | +01:42:55 | 11:51 |
| 41 | 1614 | José Teixeira | Somos Nós Team | Veterano M50 | 03:36:39 | +01:46:13 | 12:02 |
| 42 | 1120 | António Vale Lima | Bosch | Veterano M50 | 03:38:47 | +01:48:21 | 12:09 |
| 43 | 1526 | Rui Quinta | Moinhos Run ADRM | Veterano M50 | 03:38:55 | +01:48:29 | 12:10 |
| 44 | 1575 | João Pedro Dias Baptista | Os Galgos de Tancos | Veterano M50 | 03:42:48 | +01:52:22 | 12:23 |
| 45 | 1561 | Jaime Pereira | OLÍMPICO VIANENSE TRAIL | Veterano M50 | 03:44:22 | +01:53:56 | 12:28 |
| 46 | 1510 | Valentim Castro da Guia | Individual | Veterano M50 | 03:46:55 | +01:56:29 | 12:36 |
| 47 | 1500 | Luís Sousa | Individual | Veterano M50 | 03:47:09 | +01:56:43 | 12:37 |
| 48 | 1133 | José Fonseca | Braguinhas Runners | Veterano M50 | 03:55:56 | +02:05:30 | 13:06 |
| 49 | 1494 | JOAQUIM SANTOS | Individual | Veterano M50 | 03:56:14 | +02:05:48 | 13:07 |
| 50 | 1512 | Victor meira | Individual | Veterano M50 | 04:03:57 | +02:13:31 | 13:33 |
| 51 | 1497 | josé horacio teixeiar de carvalho | Individual | Veterano M50 | 04:17:46 | +02:27:20 | 14:19 |

## Trail Curto — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 52 | 1490 | Fernando Vale | Individual | Veterano M50 | 04:24:00 | +02:33:34 | 14:40 |

## Veterano M60

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1599 | Humberto Pinho | PORTO SENTIDO RUNNERS | Veterano M60 | 02:50:15 | +59:49 | 09:28 |
| 2 | 1064 | DANIEL BARRETO | Alexandra Carvalho Team | Veterano M60 | 02:58:52 | +01:08:26 | 09:56 |
| 3 | 1515 | ALBERTO SÁ | INTRATÁVEIS | Veterano M60 | 03:04:17 | +01:13:51 | 10:14 |
| 4 | 1582 | Lino Moreira | Os TurboMula | Veterano M60 | 03:14:46 | +01:24:20 | 10:49 |
| 5 | 1005 | Carlos Macedo | A.D. Amarante Trail Running | Veterano M60 | 03:15:39 | +01:25:13 | 10:52 |
| 6 | 1513 | Jean-Claude Villain | Individual | Veterano M60 | 03:33:50 | +01:43:24 | 11:53 |