

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
67	1	1	NUNO FERNANDES	CLUBE ATLETISMO FAFE	M	35	02:32:14	06:05	MSEN
68	2	2	RUI FERNANDES	CLUBE ATLETISMO FAFE	M	37	02:46:59	06:41	MSEN
38	3	3	OCTAVIO SILVA		M	20	02:47:56	06:43	MSEN
40	4	4	HUGO AGUA	COAC	M	33	02:48:24	06:44	MSEN
52	5	5	BRUNO RODRIGUES	AASM TRIATLO	M	32	02:56:29	07:04	MSEN
42	6	1	ADOLFO RIBEIRO	CABRITOS DA CORTICA TRAIL	M	45	03:00:44	07:14	M40
37	7	6	JOSE SILVA		M	35	03:06:56	07:29	MSEN
45	8	1	MANUEL ALVES	OLIMPICO VIANENSE TRAIL	M	52	03:08:28	07:32	M50
69	9	2	EUSEBIO FERNANDES	CLUBE ATLETISMO FAFE	M	40	03:09:16	07:34	M40
66	10	7	MARIO BARBOSA	BRAGUINHAS RUNNERS	M	39	03:11:55	07:40	MSEN
58	11	8	JOSE SILVA		M	33	03:13:19	07:44	MSEN
65	12	3	JOSE SILVA	ERMIDA TEAM	M	45	03:14:08	07:46	M40
50	13	9	FERNANDO CARNEIRO	NAST	M	35	03:15:56	07:50	MSEN
71	14	4	OSCAR SOUSA	VILAVERDEACORRER	M	42	03:24:10	08:10	M40
44	15	5	LUIS ALVES	QUEIROZ TEAM/ NOKAROL	M	49	03:25:48	08:14	M40
33	16	2	VITOR COSTA	PIRATAS DAS MONTANHAS	M	50	03:25:48	08:14	M50
34	17	6	HUGO SANTOS	PIRATAS DAS MONTANHAS	M	43	03:25:49	08:14	M40
51	18	10	CARLOS ALVES	TURBULENTOS	M	39	03:26:34	08:16	MSEN
43	19	3	JORGE LOBO		M	60	03:35:02	08:36	M50
1	20	11	HERNANI VERISSIMO		M	35	03:41:06	08:51	MSEN
31	21	12	AVELINO DIAS		M	37	03:43:09	08:56	MSEN
57	22	13	BRUNO SILVA		M	28	03:43:09	08:56	MSEN
55	23	14	EDUARDO GONCALVES		M	26	03:43:10	08:56	MSEN
53	24	1	ANA MIRANDA	XLES TRAIL	F	38	03:48:41	09:09	FSEN
26	25	1	SONIA	EDVVIANA TRAIL	F	40	03:49:02	09:10	FVET
61	26	15	JOAO DIAS		M	31	03:58:06	09:32	MSEN
54	27	16	ANGELO SANTOS		M	35	03:58:20	09:32	MSEN
70	28	17	JOAO MENDES	CLUBE ATLETISMO FAFE	M	39	04:00:21	09:37	MSEN
41	29	4	ANTONIO SANTOS	ASSOCIACAO ACADEMICA S.MAMEDE	M	64	04:06:06	09:50	M50
32	30	2	IVA SILVA	EDVVIANA TRAIL	F	37	04:13:11	10:08	FSEN
36	31	5	JOSE RODRIGUES	AASM TRIATLO	M	53	04:13:12	10:08	M50
29	32	7	SILVIO CALDAS		M	44	04:22:24	10:29	M40
60	33	6	JOSE RIBEIRO	ALEXANDRA CARVALHO TEAM	M	53	04:22:24	10:29	M50
27	34	2	HELENA ALVES		F	40	04:22:45	10:31	FVET
28	35	18	JOSE LUIS		M	37	04:22:46	10:31	MSEN
59	36	3	SOLANGE CABRAL	ALEXANDRA CARVALHO TEAM	F	41	04:28:19	10:44	FVET
49	37	4	SILVIA PEDROSO	AASM TRIATLO	F	45	05:02:20	12:06	FVET
25	38	3	ANA BORGES	AMIGOS DA ONCA	F	32	05:02:20	12:06	FSEN
56	39	19	TIAGO BARBOSA		M	31	05:02:22	12:06	MSEN