

Dorsal	Lugar	Escalão	Atleta	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
102	1	1	HUGO SOUSA	CAAC	M	34	02:10:10	05:13	MSEN
93	2	2	CESAR DUARTE	GYM PORTO D AVE	M	29	02:11:26	05:16	MSEN
11	3	3	BRUNO GAZELA	TRAIL LAGARES	M	33	02:12:35	05:18	MSEN
83	4	4	JOAO BORGES	ADDICTED TO TRAIL	M	37	02:28:49	05:57	MSEN
94	5	5	MIGUEL CARVALHO	OZXTREME	M	32	02:31:49	06:04	MSEN
43	6	1	ISAAC COSTA	ADDICTED TO TRAIL	M	43	02:33:04	06:07	M40
46	7	6	EDUARDO SOUSA	VIEIRA A CORRER	M	28	02:33:18	06:08	MSEN
110	8	2	FERNANDO CASTRO	COUTADAS TRAIL TEAM	M	44	02:36:48	06:17	M40
66	9	7	BRUNO SILVA		M	27	02:37:05	06:17	MSEN
96	10	3	FERNANDO GARCIA	KORPORE ARENTEIRO TR	M	45	02:37:25	06:18	M40
104	11	8	SERGIO SANTOS	DIDAXIS TRAIL	M	36	02:37:33	06:18	MSEN
97	12	9	TIAGO SOUSA	CAAC	M	30	02:37:43	06:18	MSEN
64	13	4	PAULO MARTINS		M	49	02:38:28	06:20	M40
70	14	1	NARCISO MARQUES	CLUBE MONTANHISMO DE	M	57	02:39:30	06:23	M50
82	15	2	JOSE OLIVEIRA	PETRO BASTO	M	52	02:41:07	06:27	M50
41	16	10	FILIPE FERNANDES		M	29	02:42:10	06:29	MSEN
78	17	11	JORGE COSTA	MINHO AVENTURA	M	35	02:44:19	06:35	MSEN
9	18	5	PAULO JORGE	TRAIL LAGARES	M	46	02:49:09	06:46	M40
4	19	12	BERNARDO GIRALDEZ	TRAIL RUNNING NIGRAN	M	39	02:57:00	07:05	MSEN
10	20	6	MANUEL FERREIRA	TRAIL LAGARES	M	49	02:59:31	07:11	M40
37	21	13	ALEXANDRE SA		M	28	02:59:34	07:11	MSEN
79	22	3	CARLOS FERNANDES	TURBULENTOS	M	50	03:00:00	07:12	M50
5	23	14	EMANUEL COSTA		M	37	03:00:34	07:13	MSEN
101	24	15	JOAO VIEIRA		M	38	03:00:45	07:14	MSEN
33	25	16	ANDRE DIAS		M	29	03:00:50	07:14	MSEN
21	26	7	RUI RODRIGUES		M	40	03:02:41	07:19	M40
59	27	8	MIGUEL REGO	LOBOS DAS TERRAS DA	M	42	03:03:22	07:20	M40
60	28	9	PAULO MACHADO	CLUB VETERANOS DO PO	M	49	03:03:22	07:20	M40
3	29	1	MANUELA MACHADO	CYCLONES	F	53	03:04:11	07:22	FVET
32	30	1	SUSY COSTA	MINHO AVENTURA	F	39	03:04:30	07:23	FSEN
86	31	10	FERNANDO PINHEIRO	MINHO AVENTURA	M	41	03:04:31	07:23	M40
91	32	4	RUI PEREIRA	CLUBE MONTANHISMO DE	M	54	03:09:12	07:34	M50
72	33	2	SUSANA RODRIGUES	BOLOTA CAMPESTRE	F	31	03:11:07	07:39	FSEN
63	34	17	EDUARDO GONCALVES		M	25	03:15:40	07:50	MSEN
31	35	11	FRANK DOMINGUES		M	43	03:16:12	07:51	M40
36	36	12	OSVALDO REBELO		M	41	03:17:47	07:55	M40
27	37	5	OSVALDO OLIVEIRA	TURBULENTOS	M	56	03:20:26	08:01	M50
67	38	18	MAURICIO SOUSA		M	33	03:21:03	08:02	MSEN
7	39	19	ADRIANO REIS	TRAIL LAGARES	M	37	03:22:28	08:06	MSEN
8	40	3	MARIA LEAL	TRAIL LAGARES	F	36	03:22:50	08:07	FSEN
68	41	13	PAULO PEDRA	EDVVIANA TRAIL	M	44	03:23:35	08:08	M40
39	42	14	JOSE MACHADO		M	42	03:23:51	08:09	M40
52	43	20	MIGUEL PEREIRA	VIEIRA A CORRER	M	31	03:24:48	08:12	MSEN
71	44	6	ANTONIO LOURENCO	AMIGOS ATLETISMO POV	M	55	03:26:35	08:16	M50
42	45	4	BLANDINE CRAVEIRO	ADDICTED TO TRAIL	F	39	03:27:54	08:19	FSEN

Dorsal	Lugar	Escalão	Atleta	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
1	46	21	MARCO NUNES	A D AMARANTE TRAIL R	M	37	03:28:31	08:20	MSEN
80	47	2	MARINHA FERNANDES	TURBULENTOS	F	51	03:30:02	08:24	FVET
87	48	5	SUSANA MACHADO		F	29	03:30:46	08:26	FSEN
24	49	7	JOSE PEREIRA	FAMILIA PEREIRA	M	57	03:31:08	08:26	M50
73	50	15	NUNO SANTOS		M	41	03:32:27	08:30	M40
85	51	6	ELSA DIREITO	MINHO AVENTURA	F	33	03:32:29	08:30	FSEN
111	52	16	NICHOLAS HAJIKOUMI		M	40	03:32:30	08:30	M40
98	53	7	TELMA DUARTE	ERMIDAFIT RUNNERS	F	30	03:33:18	08:32	FSEN
99	54	22	RICARDO PAIS	ST TRAIL	M	36	03:33:18	08:32	MSEN
88	55	3	BELEN VIDAL	KORPORE ARENTEIRO TR	F	41	03:36:29	08:39	FVET
90	56	4	DORA GOMEZ	KORPORE ARENTEIRO TR	F	43	03:36:30	08:39	FVET
57	57	5	CARLA OLIVEIRA	CLUBE MONTANHISMO DE	F	42	03:37:08	08:41	FVET
2	58	23	ANDRE RODRIGUES		M	28	03:38:47	08:45	MSEN
6	59	8	JOSE COSTEIRA		M	55	03:40:51	08:50	M50
89	60	6	MONICA RODRIGUEZ	KORPORE ARENTEIRO TR	F	42	03:41:23	08:51	FVET
92	61	9	CAMILO RODRIGUEZ	KARREIROS	M	54	03:41:23	08:51	M50
23	62	17	NUNO CUNHA		M	46	03:45:36	09:01	M40
95	63	8	ANGELA MENDES	TEAM SILVARES COM VI	F	32	03:48:28	09:08	FSEN
77	64	18	LUCAS BARROSO	TEAM SILVARES COM VI	M	40	03:48:29	09:08	M40
25	65	19	LUIS MARQUES		M	43	03:53:13	09:20	M40
26	66	7	ELSA RODRIGUES		F	41	03:53:13	09:20	FVET
69	67	24	VITOR OLIVEIRA		M	39	03:56:28	09:27	MSEN
100	68	8	ANABELA SILVA	EDVVIANA TRAIL	F	40	04:05:23	09:49	FVET
74	69	9	SONIA PARENTE	EDVVIANA TRAIL	F	39	04:05:23	09:49	FSEN
103	70	9	ANDREA CAMPELO	EDVVIANA TRAIL	F	40	04:05:23	09:49	FVET
107	71	25	RODRIGO TEIXEIRA	VIEIRA A CORRER	M	35	04:06:35	09:52	MSEN
105	72	10	GORETI CARVALHO	CORRER VIEIRA	F	29	04:14:19	10:10	FSEN
112	73	10	ELISABETE GONCALVES		F	49	04:18:17	10:20	FVET
75	74	20	LUIS ROCHA	VIEIRA A CORRER	M	44	04:25:33	10:38	M40
76	75	11	SILVIA PEDROSO	AASM TRIATLO	F	44	04:30:25	10:49	FVET
34	76	11	ANA SOARES	A VOAR	F	32	04:40:54	11:14	FSEN
35	77	12	PAULA CARNEIRO	A VOAR	F	38	04:40:54	11:14	FSEN
109	78	13	TANIA SALGADO		F	35	04:50:39	11:38	FSEN
106	79	14	MARCIA FERREIRA		F	32	04:50:39	11:38	FSEN
108	80	12	ANA FERRAZ	VIEIRA A CORRER	F	41	04:53:35	11:45	FVET
53	81	13	PAULA RIBEIRO		F	49	04:53:36	11:45	FVET
56	82	14	MARIA PEREIRA	VIEIRA A CORRER	F	47	04:53:43	11:45	FVET
55	83	15	PATRICIA SILVA	VIEIRA A CORRER	F	25	04:57:48	11:55	FSEN
58	84	26	BRUNO ALMEIDA	VIEIRA A CORRER	M	31	05:01:42	12:04	MSEN