

| Dorsal | Lugar | Escalão | Atleta | Equipa | Sexo | Idade | Tempo | Ritmo | Escalão |
|--------|-------|---------|-------------------|----------------------|------|-------|----------|-------|---------|
| 1092 | 1 | 1 | FILIFE ROCHA | GYM PORTO D AVE | M | 21 | 01:19:20 | 05:18 | MSEN |
| 1079 | 2 | 2 | TIAGO PINTO | DOUROCONTA TRAIL TEA | M | 33 | 01:20:13 | 05:21 | MSEN |
| 1081 | 3 | 3 | ROGERIO MOREIRA | DOUROCONTA TRAIL TEA | M | 28 | 01:20:14 | 05:21 | MSEN |
| 1148 | 4 | 4 | HELDER RIBEIRO | AIRORUN | M | 34 | 01:21:02 | 05:24 | MSEN |
| 1100 | 5 | 1 | ALBANO SECA | FAFE RUNNERS | M | 44 | 01:21:41 | 05:27 | M40 |
| 1160 | 6 | 5 | CLAUDIO ARAUJO | A D ESMERIZ RUNNING | M | 37 | 01:22:59 | 05:32 | MSEN |
| 1129 | 7 | 6 | MARIO OTERO | ATLETISMO FONTES DO | M | 38 | 01:23:10 | 05:32 | MSEN |
| 1159 | 8 | 7 | BRUNO LOPES | | M | 36 | 01:23:29 | 05:34 | MSEN |
| 1116 | 9 | 8 | MIGUEL JAQUES | OLIMPICO VIANENSE TR | M | 31 | 01:25:06 | 05:41 | MSEN |
| 1130 | 10 | 9 | BRUNO LEMOS | IAT IMOBILIARIA ESPO | M | 36 | 01:25:07 | 05:41 | MSEN |
| 1025 | 11 | 2 | JOSE PEREIRA | AIRORUN | M | 47 | 01:25:08 | 05:41 | M40 |
| 1024 | 12 | 3 | FANCISCO PEREIRA | AIRORUN | M | 46 | 01:25:20 | 05:41 | M40 |
| 1001 | 13 | 10 | JOAO SILVA | CLUBE FLUVIAL VILACO | M | 30 | 01:25:50 | 05:43 | MSEN |
| 1048 | 14 | 1 | DIONISIO SOUSA | | M | 51 | 01:27:44 | 05:51 | M50 |
| 1158 | 15 | 11 | OCTAVIO SILVA | | M | 19 | 01:27:56 | 05:52 | MSEN |
| 1080 | 16 | 12 | BRUNO SANTOS | DOUROCONTA TRAIL TEA | M | 29 | 01:28:42 | 05:55 | MSEN |
| 1119 | 17 | 2 | ALIPIO FERNANDES | PETRO BASTO | M | 53 | 01:29:14 | 05:57 | M50 |
| 1036 | 18 | 3 | ARTUR PEREIRA | | M | 52 | 01:30:41 | 06:03 | M50 |
| 1165 | 19 | 13 | VITOR RIBEIRO | DIDAXIS TRAIL | M | 33 | 01:33:11 | 06:13 | MSEN |
| 1144 | 20 | 14 | PAULO GOMES | GYM PORTO D AVE | M | 31 | 01:33:17 | 06:13 | MSEN |
| 1143 | 21 | 1 | ADRIANA GOMES | MINHO AVENTURA | F | 32 | 01:34:16 | 06:17 | FSEN |
| 1021 | 22 | 4 | LUIS MOTA | AIRORUN | M | 46 | 01:34:27 | 06:18 | M40 |
| 1004 | 23 | 15 | MARIO ANTUNES | | M | 28 | 01:34:41 | 06:18 | MSEN |
| 1084 | 24 | 4 | CARLOS SILVA | | M | 55 | 01:36:06 | 06:25 | M50 |
| 1090 | 25 | 5 | PAULO FONSECA | OS BRACAS | M | 45 | 01:36:06 | 06:25 | M40 |
| 1104 | 26 | 5 | JOSE PEREIRA | BRAGUINHAS RUNNERS | M | 57 | 01:36:21 | 06:25 | M50 |
| 1032 | 27 | 6 | CASEMIRO ARAUJO | AIRORUN | M | 52 | 01:37:43 | 06:31 | M50 |
| 1123 | 28 | 16 | FILIFE MACHADO | | M | 32 | 01:37:58 | 06:32 | MSEN |
| 1147 | 29 | 17 | BRUNO FERNANDES | | M | 30 | 01:37:59 | 06:32 | MSEN |
| 1022 | 30 | 18 | BRUNO SOUSA | AIRORUN | M | 36 | 01:38:33 | 06:34 | MSEN |
| 1072 | 31 | 19 | ROLANDO COSTA | CASA BENFICA MATOSIN | M | 38 | 01:38:52 | 06:35 | MSEN |
| 1059 | 32 | 20 | ANTONIO GONCALVES | BOLOTA CAMPESTRE | M | 23 | 01:40:15 | 06:41 | MSEN |
| 1061 | 33 | 21 | PAULO FREITAS | BOLOTA CAMPESTRE | M | 39 | 01:40:15 | 06:41 | MSEN |
| 1063 | 34 | 22 | JORGE ANTUNES | BOLOTA CAMPESTRE | M | 22 | 01:43:19 | 06:53 | MSEN |
| 1027 | 35 | 1 | DEOLINDA FARIA | AIRORUN | F | 47 | 01:44:20 | 06:58 | FVET |
| 1163 | 36 | 23 | ANDRE MARTINS | A D ESMERIZ RUNNING | M | 39 | 01:44:22 | 06:58 | MSEN |
| 1128 | 37 | 24 | AUGUSTO SILVA | | M | 26 | 01:44:47 | 06:59 | MSEN |
| 1050 | 38 | 25 | MARCO FERREIRA | BRAGUINHAS RUNNERS | M | 38 | 01:45:06 | 07:00 | MSEN |
| 1078 | 39 | 6 | ELISEU LEITE | | M | 40 | 01:46:18 | 07:05 | M40 |
| 1089 | 40 | 26 | AVELINO DIAS | | M | 36 | 01:46:24 | 07:06 | MSEN |
| 1114 | 41 | 7 | ANTONIO RODRIGUES | BRAGUINHAS RUNNERS | M | 60 | 01:48:06 | 07:12 | M50 |
| 1106 | 42 | 2 | LUCILIA LOBAO | | F | 42 | 01:48:07 | 07:12 | FVET |
| 1003 | 43 | 27 | ANTONIO | | M | 38 | 01:48:25 | 07:14 | MSEN |
| 1055 | 44 | 7 | MANUEL PEREIRA | | M | 46 | 01:49:08 | 07:16 | M40 |
| 1058 | 45 | 28 | JOSE GONCALVES | BOLOTA CAMPESTRE | M | 22 | 01:50:14 | 07:21 | MSEN |

| Dorsal | Lugar | Escalão | Atleta | Equipa | Sexo | Idade | Tempo | Ritmo | Escalão |
|--------|-------|---------|---------------------|----------------------|------|-------|----------|-------|---------|
| 1042 | 46 | 2 | SANDRA PEREIRA | | F | 39 | 01:50:32 | 07:22 | FSEN |
| 1005 | 47 | 29 | RODRIGO GOMES | | M | 30 | 01:50:34 | 07:22 | MSEN |
| 1052 | 48 | 3 | CELINA SILVA | A D ESMERIZ RUNNING | F | 35 | 01:50:45 | 07:23 | FSEN |
| 1166 | 49 | 8 | JOSE RAMALHO | .COM CLUBE DE ORIE | M | 49 | 01:50:55 | 07:24 | M40 |
| 1137 | 50 | 3 | HELENA FERNANDES | | F | 40 | 01:51:39 | 07:27 | FVET |
| 1155 | 51 | 4 | MARIA OLIVEIRA | | F | 49 | 01:52:23 | 07:29 | FVET |
| 1134 | 52 | 4 | VERA FERNANDES | BRAGUINHAS RUNNERS | F | 35 | 01:52:23 | 07:29 | FSEN |
| 1049 | 53 | 30 | PEDRO FREITAS | BOLOTA CAMPESTRE | M | 36 | 01:52:42 | 07:31 | MSEN |
| 1112 | 54 | 31 | JOSE PEREIRA | LEROY MERLIN BRAGA | M | 33 | 01:53:18 | 07:33 | MSEN |
| 1157 | 55 | 32 | TIAGO GONCALVES | RXBIKE CLUBE | M | 19 | 01:54:09 | 07:37 | MSEN |
| 1149 | 56 | 33 | TIAGO VIEIRA | | M | 18 | 01:54:10 | 07:37 | MSEN |
| 1164 | 57 | 5 | ESTELA NETO | DIDAXIS TRAIL | F | 36 | 01:54:38 | 07:39 | FSEN |
| 1068 | 58 | 34 | PEDRO TORRES | | M | 34 | 01:54:58 | 07:40 | MSEN |
| 1105 | 59 | 8 | MARIO GONCALVES | BRAGUINHAS RUNNERS | M | 73 | 01:57:27 | 07:50 | M50 |
| 1135 | 60 | 35 | DIOGO TORRES | VILAVERDEACORRER | M | 19 | 01:58:17 | 07:53 | MSEN |
| 1156 | 61 | 36 | SERGIO SOARES | VILAVERDEACORRER | M | 38 | 01:58:18 | 07:53 | MSEN |
| 1138 | 62 | 9 | JOAO GRACA | VILAVERDEACORRER | M | 46 | 01:58:18 | 07:53 | M40 |
| 1029 | 63 | 10 | ANTONIO NOGUEIRA | | M | 44 | 01:59:27 | 07:58 | M40 |
| 1030 | 64 | 5 | AMANDIA ALVES | | F | 41 | 01:59:27 | 07:58 | FVET |
| 1039 | 65 | 6 | ISABEL NOGUEIRA | | F | 25 | 01:59:28 | 07:58 | FSEN |
| 1124 | 66 | 37 | IVO CARDOSO | | M | 27 | 02:00:14 | 08:01 | MSEN |
| 1071 | 67 | 11 | PEDRO ABREU | | M | 44 | 02:01:01 | 08:04 | M40 |
| 1064 | 68 | 38 | FRANCISCO ARAUJO | | M | 37 | 02:01:06 | 08:05 | MSEN |
| 1053 | 69 | 12 | DOMINGOS SILVA | SEM CLUBE | M | 45 | 02:01:06 | 08:05 | M40 |
| 1115 | 70 | 39 | CESAR COSTA | | M | 31 | 02:01:09 | 08:05 | MSEN |
| 1161 | 71 | 40 | CELESTINO MORAIS | | M | 28 | 02:01:41 | 08:07 | MSEN |
| 1002 | 72 | 7 | ELISABETE VILASBOAS | CLUBE FLUVIAL VILACO | F | 30 | 02:02:52 | 08:12 | FSEN |
| 1102 | 73 | 8 | ISABEL ALVES | | F | 29 | 02:03:24 | 08:13 | FSEN |
| 1139 | 74 | 9 | ELISABETE COSTA | BRAGUINHAS RUNNERS | F | 38 | 02:03:31 | 08:14 | FSEN |
| 1023 | 75 | 41 | MARCOS PEREIRA | AIRORUN | M | 20 | 02:03:37 | 08:15 | MSEN |
| 1146 | 76 | 42 | VITOR MENDES | | M | 34 | 02:04:09 | 08:16 | MSEN |
| 1109 | 77 | 43 | DANIEL CARVALHO | | M | 30 | 02:04:09 | 08:16 | MSEN |
| 1087 | 78 | 44 | LUIS FERNANDES | | M | 25 | 02:04:21 | 08:17 | MSEN |
| 1086 | 79 | 45 | RICARDO MOREIRA | | M | 21 | 02:04:39 | 08:18 | MSEN |
| 1103 | 80 | 46 | SERGIO VAZ | | M | 38 | 02:05:49 | 08:23 | MSEN |
| 1113 | 81 | 13 | ALEXANDRE RIBEIRO | LEROY MERLIN BRAGA | M | 42 | 02:06:31 | 08:26 | M40 |
| 1162 | 82 | 14 | TIAGO MORAIS | | M | 43 | 02:07:01 | 08:28 | M40 |
| 1075 | 83 | 9 | NUNO ALBUQUERQUE | NADV.PT RUNNING TEAM | M | 52 | 02:07:17 | 08:29 | M50 |
| 1054 | 84 | 10 | EDUARDA SANTOS | | F | 38 | 02:07:32 | 08:30 | FSEN |
| 1067 | 85 | 47 | CARLOS TORRES | | M | 34 | 02:07:32 | 08:30 | MSEN |
| 47 | 86 | 15 | NUNO HENRIQUE | | M | 43 | 02:07:59 | 08:32 | M40 |
| 44 | 87 | 11 | MARLENE PINTO | | F | 38 | 02:07:59 | 08:32 | FSEN |
| 1108 | 88 | 10 | JOSE FERREIRA | BRAGUINHAS RUNNERS | M | 52 | 02:08:09 | 08:33 | M50 |
| 1107 | 89 | 6 | PAULA PEIXOTO | BRAGUINHAS RUNNERS | F | 50 | 02:08:10 | 08:33 | FVET |
| 1125 | 90 | 48 | PEDRO CERQUEIRA | | M | 36 | 02:08:41 | 08:35 | MSEN |

| Dorsal | Lugar | Escalão | Atleta | Equipa | Sexo | Idade | Tempo | Ritmo | Escalão |
|--------|-------|---------|--------------------|----------------------|------|-------|----------|-------|---------|
| 1126 | 91 | 12 | RITA BRAGA | | F | 36 | 02:08:42 | 08:35 | FSEN |
| 1074 | 92 | 16 | PAULO FERNANDES | | M | 49 | 02:08:49 | 08:35 | M40 |
| 1098 | 93 | 7 | MARTA CARDOSO | | F | 44 | 02:09:01 | 08:36 | FVET |
| 1111 | 94 | 11 | CARLOS OLIVEIRA | GONDOMAR FUTSAL CLUB | M | 59 | 02:09:05 | 08:36 | M50 |
| 1142 | 95 | 49 | JOSE MAIA | BRAGUINHAS RUNNERS | M | 36 | 02:09:44 | 08:39 | MSEN |
| 1136 | 96 | 13 | ANA MARQUES | | F | 26 | 02:09:48 | 08:39 | FSEN |
| 1031 | 97 | 12 | AUGUSTO CUNHA | | M | 70 | 02:10:19 | 08:41 | M50 |
| 1097 | 98 | 8 | CARLOS CAMPOS | | F | 40 | 02:10:33 | 08:42 | FVET |
| 1096 | 99 | 9 | MARIA COELHO | | F | 46 | 02:10:39 | 08:43 | FVET |
| 1026 | 100 | 50 | ANTONIO RODRIGUES | AIRORUN | M | 34 | 02:10:40 | 08:43 | MSEN |
| 20 | 101 | 10 | MARGARIDA REIS | | F | 48 | 02:11:48 | 08:47 | FVET |
| 1043 | 102 | 17 | JOAO SILVA | GRUPO DE ESPELEOLOGI | M | 47 | 02:12:26 | 08:49 | M40 |
| 1095 | 103 | 51 | MANUEL PINHEIRO | LEROY MERLIN BRAGA | M | 34 | 02:12:36 | 08:50 | MSEN |
| 1082 | 104 | 52 | JOAO OLIVEIRA | | M | 37 | 02:14:15 | 08:57 | MSEN |
| 1141 | 105 | 13 | ALBERTO SOUSA | CAAC | M | 50 | 02:14:16 | 08:57 | M50 |
| 1140 | 106 | 18 | JOSE BARREIRO | CAAC | M | 49 | 02:14:25 | 08:58 | M40 |
| 1132 | 107 | 11 | CECILIA COSTA | BRAGUINHAS RUNNERS | F | 46 | 02:14:39 | 08:59 | FVET |
| 1120 | 108 | 14 | HELENA GONCALVES | BRAGUINHAS RUNNERS | F | 37 | 02:14:53 | 08:59 | FSEN |
| 1151 | 109 | 12 | CLAUDIA MACEDO | | F | 42 | 02:15:01 | 09:00 | FVET |
| 1091 | 110 | 15 | EDUARDA COELHO | | F | 38 | 02:16:06 | 09:04 | FSEN |
| 1131 | 111 | 19 | VICTOR COSTA | BRAGUINHAS RUNNERS | M | 45 | 02:18:09 | 09:12 | M40 |
| 1044 | 112 | 53 | JOAO GOMES | | M | 33 | 02:18:18 | 09:13 | MSEN |
| 1150 | 113 | 16 | SILVIA SOUSA | | F | 35 | 02:18:47 | 09:15 | FSEN |
| 1133 | 114 | 54 | LUIS ARANTES | | M | 24 | 02:20:37 | 09:22 | MSEN |
| 1145 | 115 | 17 | JU CORREIA | | F | 33 | 02:20:37 | 09:22 | FSEN |
| 1066 | 116 | 55 | ROBERTO MORIM | | M | 33 | 02:21:42 | 09:27 | MSEN |
| 1127 | 117 | 14 | JOSE CARNEIRO | ERMIDAFIT RUNNERS | M | 57 | 02:24:07 | 09:37 | M50 |
| 1047 | 118 | 13 | IDALINA RIBEIRO | | F | 48 | 02:24:26 | 09:38 | FVET |
| 1077 | 119 | 14 | LUISA ALVOEIRO | | F | 45 | 02:24:26 | 09:38 | FVET |
| 1118 | 120 | 15 | HELENA SOARES | TURBULENTOS | F | 47 | 02:27:32 | 09:50 | FVET |
| 1117 | 121 | 15 | ARMANDO VARANDA | TURBULENTOS | M | 51 | 02:27:32 | 09:50 | M50 |
| 1101 | 122 | 18 | MAFALDA DIAS | LEROY MERLIN BRAGA | F | 22 | 02:30:13 | 10:01 | FSEN |
| 1073 | 123 | 16 | CAROLINA FERNANDES | | F | 46 | 02:30:14 | 10:01 | FVET |
| 1038 | 124 | 17 | MARCIA ESTELA | | F | 42 | 02:30:54 | 10:03 | FVET |
| 1065 | 125 | 19 | FILIPA MEIRA | | F | 38 | 02:33:20 | 10:13 | FSEN |
| 1045 | 126 | 18 | CARLA MORIM | | F | 42 | 02:34:10 | 10:16 | FVET |
| 1034 | 127 | 56 | DANIEL ANTUNES | | M | 37 | 02:34:14 | 10:17 | MSEN |
| 1035 | 128 | 20 | RITA MOREIRA | | F | 37 | 02:35:15 | 10:21 | FSEN |
| 1040 | 129 | 21 | SANDRA MOREIRA | | F | 33 | 02:35:16 | 10:21 | FSEN |
| 1110 | 130 | 20 | HUGO COSTA | GONDOMAR FUTSAL CLUB | M | 46 | 02:36:09 | 10:25 | M40 |
| 1046 | 131 | 16 | JOAQUIM FRANQUEIRA | | M | 57 | 02:38:00 | 10:32 | M50 |
| 1057 | 132 | 22 | ADRIANA RODRIGUES | | F | 26 | 02:38:06 | 10:33 | FSEN |
| 1033 | 133 | 21 | HELDER MENDONCA | BOLOTA CAMPESTRE | M | 41 | 02:38:07 | 10:33 | M40 |
| 1093 | 134 | 19 | OLGA OLIVEIRA | | F | 40 | 02:38:11 | 10:33 | FVET |
| 1122 | 135 | 23 | CLAUDIA LEITAO | CLUBE MONTANHISMO DE | F | 39 | 03:00:30 | 12:02 | FSEN |

| Dorsal | Lugar | Escalão | Atleta | Equipa | Sexo | Idade | Tempo | Ritmo | Escalão |
|--------|-------|---------|-------------------|----------------------|------|-------|----------|-------|---------|
| 1041 | 136 | 20 | EMILIA GONCALVES | CLUBE MONTANHISMO DE | F | 41 | 03:00:30 | 12:02 | FVET |
| 1099 | 137 | 22 | JORGE HUMBERTO | LEROY MERLIN BRAGA | M | 42 | 03:13:58 | 12:56 | M40 |
| 1152 | 138 | 24 | CHRISTINE MARTINS | A VOAR | F | 32 | 03:25:25 | 13:41 | FSEN |
| 1056 | 139 | 25 | MARIA | A VOAR | F | 35 | 03:25:26 | 13:41 | FSEN |
| 1060 | 140 | 26 | SANDRINA VIEIRA | BOLOTA CAMPESTRE | F | 22 | 03:32:24 | 14:09 | FSEN |
| 1062 | 141 | 27 | ELISABETE ANTUNES | BOLOTA CAMPESTRE | F | 34 | 03:32:31 | 14:10 | FSEN |