

TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | Equipe |
|-------|-----|----------------------|----|-----|-----|-------------|-------------------------|
| 1 | 38 | ANDRE RODRIGUES | M | 30 | | 01:22:13.02 | OFFTEL RUNNERS |
| 2 | 3 | ANTONIO SOUSA | M | 43 | | 01:23:05.88 | GARMIN/CO OEIRAS |
| 3 | 226 | RICARDO ABREU | M | 34 | | 01:23:52.94 | L M FREG PORTELA FOJO |
| 4 | 198 | ORLANDO F VALENTE | M | 46 | | 01:28:18.41 | GRUPO AMIZADE |
| 5 | 40 | PAULO SERRA | M | 36 | | 01:29:41.66 | INDIVIDUAL |
| 6 | 210 | MARCOLINO VERISSIMO | M | 41 | | 01:29:49.96 | SS CGD |
| 7 | 188 | RICARDO FERREIRA | M | 29 | | 01:31:17.37 | FENIX TEAM |
| 8 | 251 | CARLOS M SIMOES | M | 44 | | 01:31:19.46 | ASS RECREATIVA S MIGUEL |
| 9 | 113 | JOSE QUARESMA | M | 44 | | 01:31:42.48 | FORNIA |
| 10 | 177 | ANDRE FERREIRA | M | 23 | | 01:33:05.00 | UFCI TOMAR |
| 11 | 50 | JOAO PITEIRA | M | 20 | | 01:33:28.13 | INDIVIDUAL |
| 12 | 4 | VERA NUNES | F | 33 | | 01:34:07.88 | SL BENFICA |
| 13 | 60 | RENATO SILVA | M | 44 | | 01:34:31.86 | INDIVIDUAL |
| 14 | 182 | ANSELMO D BARATA | M | 55 | | 01:35:05.00 | NA CABRIL |
| 15 | 247 | MARIO CRUJEIRA | M | 26 | | 01:35:43.29 | UFCI TOMAR |
| 16 | 147 | FRANCISCO GAIO | M | 50 | | 01:36:19.59 | MOCAL&FRAN |
| 17 | 203 | ANTONIO F B FONTES | M | 41 | | 01:36:22.66 | GRUPO AMIZADE |
| 18 | 39 | JORGE RODRIGUES | M | 47 | | 01:36:26.11 | INDIVIDUAL |
| 19 | 44 | ANTONIO ANTUNES | M | 43 | | 01:36:59.77 | INDIVIDUAL |
| 20 | 109 | JOAO GINJA | M | 47 | | 01:37:56.66 | NAZ ABOBODA |
| 21 | 166 | JOSE P P RIBEIRO | M | 38 | | 01:38:30.71 | FACTOR X |
| 22 | 101 | JOAO P C FONSECA | M | 24 | | 01:38:31.22 | INDIVIDUAL |
| 23 | 63 | JORGE JUSTO | M | 52 | | 01:39:07.77 | MUNDO CORRIDA |
| 24 | 66 | FRANCISCO PAIS | M | 44 | | 01:41:42.50 | MUNDO CORRIDA |
| 25 | 110 | BRUNO FIGUEIREDO | M | 23 | | 01:41:45.54 | INDIVIDUAL |
| 26 | 59 | PEDRO GONCALVES | M | 31 | | 01:42:11.00 | PINHAL TOTAL OLE28 |
| 27 | 200 | FERNANDO HOMEM | M | 35 | | 01:42:24.38 | INDIVIDUAL |
| 28 | 131 | JOSE F SILVA | M | 51 | | 01:42:32.34 | ACR SANTA CITA |
| 29 | 219 | CARLOS M P PEREIRA | M | 30 | | 01:43:05.06 | INDIVIDUAL |
| 30 | 201 | GONÇALO FERREIRA | M | 39 | | 01:43:10.84 | INDIVIDUAL |
| 31 | 156 | TIAGO SALGUEIRO | M | 35 | | 01:43:59.39 | O MUNDO CORRIDA |
| 32 | 107 | JOAO P MENDES | M | 34 | | 01:44:07.20 | O MUNDO CORRIDA |
| 33 | 102 | ANTONIO B SOARES | M | 47 | | 01:44:19.63 | CD ASAS MILENIUM |
| 34 | 145 | RUBEN CANTANTE | M | 25 | | 01:44:49.63 | INDIVIDUAL |
| 35 | 130 | JOSE ALVES | M | 64 | | 01:45:01.16 | INDIVIDUAL |
| 36 | 129 | GONÇALO P G FERREIRA | M | 28 | | 01:45:07.31 | MONTANHA CT RUNNING |
| 37 | 183 | HORACIO D BARATA | M | 47 | | 01:45:15.02 | NA CABRIL |
| 38 | 208 | MIGUEL ROCHA | M | 33 | | 01:45:28.08 | INDIVIDUAL |
| 39 | 241 | MARCIO LOUREIRO | M | 34 | | 01:45:33.03 | INDIVIDUAL |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | Equipe |
|-------|-----|----------------------|----|-----|-----|-------------|-------------------------------------|
| 40 | 67 | CARLOS LOURENCO | M | 44 | | 01:45:43.88 | ESCOLA SEC MONTE CAPARICA |
| 41 | 51 | CARLOS CORREIA | M | 32 | | 01:46:02.00 | O MUNDO CORRIDA |
| 42 | 196 | MARIO BARATA | M | 42 | | 01:46:25.43 | INDIVIDUAL |
| 43 | 193 | PEDRO SOUSA | M | 56 | | 01:46:48.69 | INDIVIDUAL |
| 44 | 230 | HUGO R A CALDEIRA | M | 33 | | 01:46:51.09 | FAST N FURIOUS |
| 45 | 29 | DANIEL JAULINO | M | 47 | | 01:47:05.26 | C VETERANOS LIS |
| 46 | 178 | JOAO PLACIDO | M | 27 | | 01:48:02.00 | UFCI TOMAR |
| 47 | 255 | FILIPE J A DOMINGUES | M | 35 | | 01:48:05.93 | ASS PINHAL TOTAL - OLEIROS AVENTURA |
| 48 | 150 | RUI PINA | M | 35 | | 01:48:27.44 | INDIVIDUAL |
| 49 | 159 | LUIS F M MOTA | M | 48 | | 01:48:28.66 | INDIVIDUAL |
| 50 | 116 | JORGE TIAGO | M | 42 | | 01:48:37.16 | TUNI TRAIL |
| 51 | 30 | DAVID OLIVEIRA | M | 38 | | 01:49:02.70 | C VETERANOS LIS |
| 52 | 232 | VITORINO CORAGEM | M | 60 | | 01:49:25.72 | O MUNDO CORRIDA |
| 53 | 151 | FLAVIO FRANCISCO | M | 40 | | 01:49:37.22 | INDIVIDUAL |
| 54 | 160 | PEDRO FREITAS | M | 31 | | 01:49:43.40 | CARACOL TRAIL TEAM |
| 55 | 18 | JOSE C GOMES | M | 53 | | 01:49:46.18 | LIGEIRINHOS |
| 56 | 27 | JOAO GAMA | M | 38 | | 01:49:56.84 | A PONTE FAJAO |
| 57 | 103 | ANTONIO R RELVAS | M | 50 | | 01:50:08.60 | FORNEA |
| 58 | 22 | PAULO QUARESMA | M | 57 | | 01:50:09.24 | FORNEA |
| 59 | 9 | MIGUEL PEREIRA | M | 26 | | 01:50:29.73 | SEASIDE |
| 60 | 202 | RUI S D FERREIRA | M | 33 | | 01:50:34.24 | A CORRER PRO HOSPITAL |
| 61 | 167 | TIAGO A M TEIXEIRA | M | 25 | | 01:51:02.99 | FACTOR X |
| 62 | 23 | MANUEL SILVA | M | 58 | | 01:51:08.47 | FORNEA |
| 63 | 114 | JOAO A R SANTOS | M | 37 | | 01:51:12.90 | INDIVIDUAL |
| 64 | 252 | PAULO A P S CARVALHO | M | 33 | | 01:51:37.96 | A CORRER PRO HOSPITAL |
| 65 | 137 | BRUNO MARQUES | M | 30 | | 01:51:47.90 | MONTANHA CT RUNNING |
| 66 | 224 | HUGO M FONSECA | M | 36 | | 01:52:05.61 | CC TEAM |
| 67 | 65 | IETE GONCALVES | F | 41 | | 01:52:20.61 | MUNDO CORRIDA |
| 68 | 62 | ANTONIO GERALDES | M | 56 | | 01:52:21.65 | MUNDO CORRIDA |
| 69 | 229 | JOSE L PINTO | M | 44 | | 01:52:22.28 | FULLMOTO |
| 70 | 37 | JOAO JACINTO | M | 56 | | 01:53:16.12 | CD ALVITEJO |
| 71 | 173 | NUNO TEIXEIRA | M | 31 | | 01:53:54.75 | FACTOR X |
| 72 | 122 | PEDRO DIAS | M | 41 | | 01:54:40.00 | RUN BABY RUN |
| 73 | 141 | JOSE COELHO | M | 34 | | 01:54:59.11 | CA LAMAS |
| 74 | 139 | CARLOS A S CARDOSO | M | 41 | | 01:54:59.39 | CA LAMAS |
| 75 | 254 | JOAO M L SIMOES | M | 35 | | 01:55:00.63 | XTRILHOS-L BICICLETAS CALHANDRIZ |
| 76 | 181 | VITOR M D BARATA | M | 56 | | 01:55:12.49 | NA CABRIL |
| 77 | 104 | BRUNO S QUERIDO | M | 41 | | 01:55:37.57 | INDIVIDUAL |
| 78 | 244 | NARCISO CORDEIRO | M | 49 | | 01:56:05.91 | CCRD ARRIMAL |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | Equipe |
|-------|-----|---------------------|----|-----|-----|-------------|---------------------------------|
| 79 | 28 | ANDRE WIBORG | M | 54 | | 01:56:20.18 | VFF1896 |
| 80 | 34 | HENRIQUE SIMAO | M | 46 | | 01:56:31.03 | INDIVIDUAL |
| 81 | 149 | JOSE C D SILVA | M | 51 | | 01:56:52.53 | LAUFMONSTER |
| 82 | 184 | RUI M D BARATA | M | 28 | | 01:57:10.66 | NA CABRIL |
| 83 | 207 | JOAQUIM SANTOS | M | 55 | | 01:57:37.00 | FALCOES SELVAGENS |
| 84 | 134 | LUIS M SILVA | M | 29 | | 01:58:19.58 | A CORRER PRO HOSPITAL |
| 85 | 144 | RENATO M F S BARROS | M | 49 | | 01:58:30.14 | MONTANHA CT RUNNING |
| 86 | 233 | ALEXANDRE T DIAS | M | 29 | | 01:58:39.64 | OS BOTS |
| 87 | 158 | RUI SOEIRO | M | 33 | | 01:59:18.39 | INDIVIDUAL |
| 88 | 243 | CARLOS LOURENÇO | M | 41 | | 01:59:57.76 | PINHAL TOTAL - OLEIROS AVENTURA |
| 89 | 25 | LUIS GAMA | M | 49 | | 02:00:13.70 | A PONTE FAJAO |
| 90 | 45 | ARSENIO FERNANDES | M | 58 | | 02:01:21.02 | INDIVIDUAL |
| 91 | 215 | ANTONIO C TEIXEIRA | M | 44 | | 02:01:30.45 | C BENFICA ARGANIL |
| 92 | 228 | TELMO J C INACIO | M | 34 | | 02:01:34.26 | C VETERANOS LIS |
| 93 | 126 | LUIS RAMOS | M | 41 | | 02:02:11.42 | RUN BABY RUN |
| 94 | 195 | SUSANA ROSA | F | 20 | | 02:02:32.66 | C BENFICA ABRANTES |
| 95 | 105 | MARCO A A CLARA | M | 33 | | 02:03:05.48 | INDIVIDUAL |
| 96 | 136 | DAVID AMARAL | M | 38 | | 02:03:14.86 | INDIVIDUAL |
| 97 | 43 | JOSE VIVEIROS | M | 47 | | 02:04:44.85 | INDIVIDUAL |
| 98 | 108 | CARLOS MARQUES | M | 51 | | 02:05:16.13 | TRILHOS E CORRIDAS TERCENA |
| 99 | 155 | RUI M J PAULO | M | 47 | | 02:05:55.62 | INDIVIDUAL |
| 100 | 53 | RUI MENDES | M | 24 | | 02:06:18.71 | PAIONENSE TRAIL TEAM |
| 101 | 240 | RUI M M S GONÇALVES | M | 37 | | 02:07:05.00 | INDIVIDUAL |
| 102 | 222 | DUARTE N FERREIRA | M | 35 | | 02:07:07.58 | INDIVIDUAL |
| 103 | 140 | PEDRO LINO | M | 36 | | 02:07:09.35 | CA LAMAS |
| 104 | 242 | SERGIO A L TANOEIRO | M | 30 | | 02:07:10.58 | CAES CAÇA BTT |
| 105 | 49 | TIAGO SIMOES | M | 25 | | 02:07:29.92 | INDIVIDUAL |
| 106 | 148 | ANTONIETA SA | F | 45 | | 02:08:00.23 | MOCAL&FRAN |
| 107 | 209 | ANA L DUARTE | F | 43 | | 02:08:05.33 | FALCOES SELVAGENS |
| 108 | 152 | ANTONIO MERUJO | M | 54 | | 02:09:02.21 | NS ILHA TERCEIRA |
| 109 | 52 | VERA GRADE | F | 30 | | 02:09:56.66 | INDIVIDUAL |
| 110 | 119 | JOAO REIS | M | 36 | | 02:10:24.55 | RUN BABY RUN |
| 111 | 10 | CARLOS FREIRE | M | 41 | | 02:10:30.56 | SEASIDE |
| 112 | 220 | ANTONIO ANTUNES | M | 47 | | 02:10:39.69 | O MUNDO CORRIDA |
| 113 | 225 | TIAGO ROCHA | M | 23 | | 02:10:40.15 | INDIVIDUAL |
| 114 | 69 | MARIA JOAO | F | 32 | | 02:11:20.95 | SEASIDE |
| 115 | 11 | LUIS BOLETO | M | 36 | | 02:11:21.52 | SEASIDE |
| 116 | 118 | PAULO REIS | M | 37 | | 02:11:47.00 | RUN BABY RUN |
| 117 | 1 | ACACIO TEIXEIRA | M | 54 | | 02:12:03.02 | SEASIDE |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | Equipe |
|-------|-----|----------------------|----|-----|-----|-------------|-----------------------|
| 118 | 143 | ARTUR ROCHA | M | 30 | | 02:12:30.26 | A CORRER PRO HOSPITAL |
| 119 | 185 | JOAO P D BARATA | M | 25 | | 02:12:32.67 | NA CABRIL |
| 120 | 250 | CELIO A M CRISTOVAO | M | 45 | | 02:13:58.64 | INDIVIDUAL |
| 121 | 237 | HENRIQUE PINTO | M | 34 | | 02:14:51.90 | INDIVIDUAL |
| 122 | 176 | CARLOS MORGADO | M | 50 | | 02:15:28.45 | CP EDP LISBOA |
| 123 | 197 | CARLOS J P TEIXEIRA | M | 39 | | 02:15:30.00 | INDIVIDUAL |
| 124 | 106 | AUGUSTO LOPES | M | 59 | | 02:15:35.59 | INDIVIDUAL |
| 125 | 204 | LUIS EANES | M | 40 | | 02:15:59.13 | INDIVIDUAL |
| 126 | 157 | MIGUEL A N GONÇALVES | M | 37 | | 02:16:41.65 | MORCEGOS CHICHARO |
| 127 | 15 | SERGIO MARQUES | M | 20 | | 02:16:44.51 | A CORRER PRO HOSPITAL |
| 128 | 135 | VERA F S BIZARRO | F | 30 | | 02:16:45.52 | A CORRER PRO HOSPITAL |
| 129 | 133 | PEDRO M M PINTO | M | 32 | | 02:16:58.89 | A CORRER PRO HOSPITAL |
| 130 | 162 | GRAÇA ROLDAO | F | 49 | | 02:17:13.33 | OS TUGAS |
| 131 | 115 | FERNANDO VICENTE | M | 53 | | 02:17:14.00 | INDIVIDUAL |
| 132 | 138 | RUI VARAO | M | 26 | | 02:17:14.75 | INDIVIDUAL |
| 133 | 153 | LUIS MARTINS | M | 36 | | 02:17:22.94 | O MUNDO CORRIDA |
| 134 | 194 | CARLOS ALFAIATE | M | 60 | | 02:17:28.06 | C BENFICA ABRANTES |
| 135 | 217 | LUIS M B C MOREIRA | M | 42 | | 02:17:41.15 | INDIVIDUAL |
| 136 | 245 | ARMANDO O LOUREIRO | M | 40 | | 02:17:54.98 | INDIVIDUAL |
| 137 | 127 | SERGIO RODELO | M | 43 | | 02:17:55.21 | INDIVIDUAL |
| 138 | 16 | ROSA L SILVA | F | 45 | | 02:18:25.56 | LIGEIRINHOS |
| 139 | 46 | MARCIO SILVA | M | 28 | | 02:19:19.84 | INDIVIDUAL |
| 140 | 42 | PEDRO JAULI | M | 25 | | 02:19:20.12 | INDIVIDUAL |
| 141 | 205 | PAULO J L COSTA | M | 44 | | 02:19:53.51 | INDIVIDUAL |
| 142 | 171 | JOAO A LIMA | M | 30 | | 02:20:04.00 | INDIVIDUAL |
| 143 | 164 | HUGO NEVES | M | 31 | | 02:20:04.13 | INDIVIDUAL |
| 144 | 238 | LUIS P G NEVES | M | 24 | | 02:20:04.35 | TA ME APETECER |
| 145 | 239 | CATIA F F L CATARINO | F | 24 | | 02:20:04.80 | TA ME APETECER |
| 146 | 223 | ANA S GOMES | F | 35 | | 02:20:07.29 | CC TEAM |
| 147 | 253 | JOSE A GONÇALVES | M | 30 | | 02:20:08.60 | INDIVIDUAL |
| 148 | 206 | PEDRO M C R OLIVEIRA | M | 43 | | 02:20:10.15 | INDIVIDUAL |
| 149 | 227 | PEDRO TEODORO | M | 42 | | 02:20:52.31 | INDIVIDUAL |
| 150 | 246 | NUNO D R FERNANDES | M | 38 | | 02:21:43.69 | INDIVIDUAL |
| 151 | 175 | SERGIO F RODRIGUES | M | 55 | | 02:22:00.41 | INDIVIDUAL |
| 152 | 7 | HUGO DINIS | M | 35 | | 02:22:05.12 | SEASIDE |
| 153 | 174 | CARLA S L L N GARCEZ | F | 39 | | 02:22:28.95 | INDIVIDUAL |
| 154 | 132 | SERGIO F C MARQUES | M | 30 | | 02:22:34.55 | A CORRER PRO HOSPITAL |
| 155 | 2 | MIGUEL TEIXEIRA | M | 25 | | 02:22:42.58 | SEASIDE |
| 156 | 169 | FAUSTO PIMENTEL | M | 43 | | 02:22:52.57 | INDIVIDUAL |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | Equipe |
|-------|-----|--------------------|----|-----|-----|-------------|-----------------------|
| 157 | 186 | ESMERALDA GOMES | F | 51 | | 02:23:12.49 | INDIVIDUAL |
| 158 | 5 | BRUNO CLAUDINO | M | 39 | | 02:25:02.12 | SEASIDE |
| 159 | 57 | VICTOR FIGUEIREDO | M | 43 | | 02:25:25.57 | INDIVIDUAL |
| 160 | 231 | TANIA CUNHA | F | 33 | | 02:25:52.84 | FAST N FURIOUS |
| 161 | 24 | MANUEL AZEVEDO | M | 56 | | 02:26:04.79 | FORNEA |
| 162 | 212 | TANIA BATISTA | F | 34 | | 02:27:17.00 | CLUVE |
| 163 | 64 | CEU SANTOS | F | 50 | | 02:27:23.77 | MUNDO CORRIDA |
| 164 | 61 | FERNANDO FONSECA | M | 50 | | 02:27:23.78 | MUNDO CORRIDA |
| 165 | 142 | LUCIA M S MARTINS | F | 30 | | 02:27:30.00 | A CORRER PRO HOSPITAL |
| 166 | 257 | PAULO PONTES | M | 36 | | 02:27:53.74 | LUANDA RUNNERS |
| 167 | 187 | JOAO GOMES | M | 52 | | 02:28:22.31 | INDIVIDUAL |
| 168 | 161 | JOAO MONTEIRO | M | 31 | | 02:28:32.95 | INDIVIDUAL |
| 169 | 180 | NUNO ROSA | M | 30 | | 02:28:33.21 | INDIVIDUAL |
| 170 | 146 | JOSE M MARTINS | M | 35 | | 02:28:40.11 | CA LAMAS |
| 171 | 170 | JOAQUIM LIMA | M | 49 | | 02:28:43.24 | INDIVIDUAL |
| 172 | 12 | MANUEL ANTONIO | M | 44 | | 02:29:06.94 | SEASIDE |
| 173 | 48 | JOSE REIS | M | 61 | | 02:29:27.44 | INDIVIDUAL |
| 174 | 154 | TIAGO FIGUEIREDO | M | 27 | | 02:29:33.40 | INDIVIDUAL |
| 175 | 168 | JOSE C MELO | M | 51 | | 02:29:39.85 | RUN 4 FUN |
| 176 | 216 | LUIS G CALDEIRA | M | 41 | | 02:30:36.44 | INDIVIDUAL |
| 177 | 124 | RITA SILVA | F | 37 | | 02:31:06.76 | RUN BABY RUN |
| 178 | 165 | JOAQUIM AMIEIRO | M | 62 | | 02:31:35.52 | INDIVIDUAL |
| 179 | 54 | CARLOS BRITO | M | 38 | | 02:32:00.71 | NDCB |
| 180 | 36 | PEDRO PIRES | M | 38 | | 02:32:58.69 | INDIVIDUAL |
| 181 | 256 | NUNO MAIA | M | 35 | | 02:33:01.98 | INDIVIDUAL |
| 182 | 58 | RICARDO GONCALVES | M | 20 | | 02:33:42.46 | INDIVIDUAL |
| 183 | 179 | RUI A V CUNHA | M | 47 | | 02:34:22.13 | INDIVIDUAL |
| 184 | 55 | FRANCISCO OLIVEIRA | M | 37 | | 02:35:22.77 | NDCB |
| 185 | 17 | DEOLINDA R SILVA | F | 53 | | 02:35:33.35 | LIGEIRINHOS |
| 186 | 32 | JOSE VALERIO | M | 67 | | 02:35:40.71 | INDIVIDUAL |
| 187 | 117 | ANABELA RODRIGUES | F | 38 | | 02:37:52.65 | RUN BABY RUN |
| 188 | 41 | ABILIO TAVARES | M | 58 | | 02:38:33.43 | INDIVIDUAL |
| 189 | 6 | FERNANDO CLAUDINO | M | 60 | | 02:41:39.46 | SEASIDE |
| 190 | 248 | BRUNO F L ESTEVES | M | 29 | | 02:41:40.45 | FIRETEAM BVMC |
| 191 | 221 | JOAO COSTA | M | 28 | | 02:42:18.98 | INDIVIDUAL |
| 192 | 121 | PATRICIA REIS | F | 37 | | 02:47:50.02 | RUN BABY RUN |
| 193 | 120 | NUNO FIDELIS | M | 37 | | 02:47:50.16 | RUN BABY RUN |
| 194 | 191 | JOAO P REIS | M | 32 | | 02:47:51.42 | INDIVIDUAL |
| 195 | 123 | PAULO PIRES | M | 43 | | 02:47:52.53 | RUN BABY RUN |

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Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | Equipe |
|-------|-----|-----------------------|----|-----|-----|-------------|--------------------|
| 196 | 35 | JOAO M LOPES | M | 33 | | 02:54:10.06 | INDIVIDUAL |
| 197 | 213 | ARTUR J P M COSTA | M | 36 | | 02:54:36.14 | COMPANHIA BAZOFIAS |
| 198 | 214 | VERA M C SILVA | F | 33 | | 02:54:36.32 | COMPANHIA BAZOFIAS |
| 199 | 199 | ALEXANDRE M M M SILVA | M | 33 | | 02:59:19.89 | CASOS NOTAVEIS |
| 200 | 19 | SANDRA AMORIM | F | 41 | | 03:22:54.01 | LIGEIRINHOS |
| 201 | 8 | JOSE P PINTO | M | 34 | | 03:22:54.12 | SEASIDE |

Total de registros: 201

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

F2034

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|-------|-----|----------------------|----|-----|-------------|-----------------------|
| 1 | 4 | VERA NUNES | F | 33 | 01:34:07.88 | SL BENFICA |
| 2 | 195 | SUSANA ROSA | F | 20 | 02:02:32.66 | C BENFICA ABRANTES |
| 3 | 52 | VERA GRADE | F | 30 | 02:09:56.66 | INDIVIDUAL |
| 4 | 69 | MARIA JOAO | F | 32 | 02:11:20.95 | SEASIDE |
| 5 | 135 | VERA F S BIZARRO | F | 30 | 02:16:45.52 | A CORRER PRO HOSPITAL |
| 6 | 239 | CATIA F F L CATARINO | F | 24 | 02:20:04.80 | TA ME APETECER |
| 7 | 231 | TANIA CUNHA | F | 33 | 02:25:52.84 | FAST N FURIOUS |
| 8 | 212 | TANIA BATISTA | F | 34 | 02:27:17.00 | CLUVE |
| 9 | 142 | LUCIA M S MARTINS | F | 30 | 02:27:30.00 | A CORRER PRO HOSPITAL |
| 10 | 214 | VERA M C SILVA | F | 33 | 02:54:36.32 | COMPANHIA BAZOFIAS |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

F3544

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|--------------|------------|----------------------|-----------|------------|-----------------|-------------------|
| 1 | 65 | IETE GONCALVES | F | 41 | 01:52:20.61 | MUNDO CORRIDA |
| 2 | 209 | ANA L DUARTE | F | 43 | 02:08:05.33 | FALCOES SELVAGENS |
| 3 | 223 | ANA S GOMES | F | 35 | 02:20:07.29 | CC TEAM |
| 4 | 174 | CARLA S L L N GARCEZ | F | 39 | 02:22:28.95 | INDIVIDUAL |
| 5 | 124 | RITA SILVA | F | 37 | 02:31:06.76 | RUN BABY RUN |
| 6 | 117 | ANABELA RODRIGUES | F | 38 | 02:37:52.65 | RUN BABY RUN |
| 7 | 121 | PATRICIA REIS | F | 37 | 02:47:50.02 | RUN BABY RUN |
| 8 | 19 | SANDRA AMORIM | F | 41 | 03:22:54.01 | LIGEIRINHOS |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

F4599

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|-------|-----|------------------|----|-----|-------------|---------------|
| 1 | 148 | ANTONIETA SA | F | 45 | 02:08:00.23 | MOCAL&FRAN |
| 2 | 162 | GRAÇA ROLDAO | F | 49 | 02:17:13.33 | OS TUGAS |
| 3 | 16 | ROSA L SILVA | F | 45 | 02:18:25.56 | LIGEIRINHOS |
| 4 | 186 | ESMERALDA GOMES | F | 51 | 02:23:12.49 | INDIVIDUAL |
| 5 | 64 | CEU SANTOS | F | 50 | 02:27:23.77 | MUNDO CORRIDA |
| 6 | 17 | DEOLINDA R SILVA | F | 53 | 02:35:33.35 | LIGEIRINHOS |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

M2034

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|--------------|------------|----------------------|-----------|------------|-----------------|-----------------------|
| 1 | 38 | ANDRE RODRIGUES | M | 30 | 01:22:13.02 | OFFTEL RUNNERS |
| 2 | 226 | RICARDO ABREU | M | 34 | 01:23:52.94 | L M FREG PORTELA FOJO |
| 3 | 188 | RICARDO FERREIRA | M | 29 | 01:31:17.37 | FENIX TEAM |
| 4 | 177 | ANDRE FERREIRA | M | 23 | 01:33:05.00 | UFCI TOMAR |
| 5 | 50 | JOAO PITEIRA | M | 20 | 01:33:28.13 | INDIVIDUAL |
| 6 | 247 | MARIO CRUJEIRA | M | 26 | 01:35:43.29 | UFCI TOMAR |
| 7 | 101 | JOAO P C FONSECA | M | 24 | 01:38:31.22 | INDIVIDUAL |
| 8 | 110 | BRUNO FIGUEIREDO | M | 23 | 01:41:45.54 | INDIVIDUAL |
| 9 | 59 | PEDRO GONCALVES | M | 31 | 01:42:11.00 | PINHAL TOTAL OLE28 |
| 10 | 219 | CARLOS M P PEREIRA | M | 30 | 01:43:05.06 | INDIVIDUAL |
| 11 | 107 | JOAO P MENDES | M | 34 | 01:44:07.20 | O MUNDO CORRIDA |
| 12 | 145 | RUBEN CANTANTE | M | 25 | 01:44:49.63 | INDIVIDUAL |
| 13 | 129 | GONÇALO P G FERREIRA | M | 28 | 01:45:07.31 | MONTANHA CT RUNNING |
| 14 | 208 | MIGUEL ROCHA | M | 33 | 01:45:28.08 | INDIVIDUAL |
| 15 | 241 | MARCIO LOUREIRO | M | 34 | 01:45:33.03 | INDIVIDUAL |
| 16 | 51 | CARLOS CORREIA | M | 32 | 01:46:02.00 | O MUNDO CORRIDA |
| 17 | 230 | HUGO R A CALDEIRA | M | 33 | 01:46:51.09 | FAST N FURIOUS |
| 18 | 178 | JOAO PLACIDO | M | 27 | 01:48:02.00 | UFCI TOMAR |
| 19 | 160 | PEDRO FREITAS | M | 31 | 01:49:43.40 | CARACOL TRAIL TEAM |
| 20 | 9 | MIGUEL PEREIRA | M | 26 | 01:50:29.73 | SEASIDE |
| 21 | 202 | RUI S D FERREIRA | M | 33 | 01:50:34.24 | A CORRER PRO HOSPITAL |
| 22 | 167 | TIAGO A M TEIXEIRA | M | 25 | 01:51:02.99 | FACTOR X |
| 23 | 252 | PAULO A P S CARVALHO | M | 33 | 01:51:37.96 | A CORRER PRO HOSPITAL |
| 24 | 137 | BRUNO MARQUES | M | 30 | 01:51:47.90 | MONTANHA CT RUNNING |
| 25 | 173 | NUNO TEIXEIRA | M | 31 | 01:53:54.75 | FACTOR X |
| 26 | 141 | JOSE COELHO | M | 34 | 01:54:59.11 | CA LAMAS |
| 27 | 184 | RUI M D BARATA | M | 28 | 01:57:10.66 | NA CABRIL |
| 28 | 134 | LUIS M SILVA | M | 29 | 01:58:19.58 | A CORRER PRO HOSPITAL |
| 29 | 233 | ALEXANDRE T DIAS | M | 29 | 01:58:39.64 | OS BOTS |
| 30 | 158 | RUI SOEIRO | M | 33 | 01:59:18.39 | INDIVIDUAL |
| 31 | 228 | TELMO J C INACIO | M | 34 | 02:01:34.26 | C VETERANOS LIS |
| 32 | 105 | MARCO A A CLARA | M | 33 | 02:03:05.48 | INDIVIDUAL |
| 33 | 53 | RUI MENDES | M | 24 | 02:06:18.71 | PAIONENSE TRAIL TEAM |
| 34 | 242 | SERGIO A L TANOEIRO | M | 30 | 02:07:10.58 | CAES CAÇA BTT |
| 35 | 49 | TIAGO SIMOES | M | 25 | 02:07:29.92 | INDIVIDUAL |
| 36 | 225 | TIAGO ROCHA | M | 23 | 02:10:40.15 | INDIVIDUAL |
| 37 | 143 | ARTUR ROCHA | M | 30 | 02:12:30.26 | A CORRER PRO HOSPITAL |
| 38 | 185 | JOAO P D BARATA | M | 25 | 02:12:32.67 | NA CABRIL |
| 39 | 237 | HENRIQUE PINTO | M | 34 | 02:14:51.90 | INDIVIDUAL |
| 40 | 15 | SERGIO MARQUES | M | 20 | 02:16:44.51 | A CORRER PRO HOSPITAL |

ITRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

M2034

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|-------|-----|-----------------------|----|-----|-------------|-----------------------|
| 41 | 133 | PEDRO M M PINTO | M | 32 | 02:16:58.89 | A CORRER PRO HOSPITAL |
| 42 | 138 | RUI VARAO | M | 26 | 02:17:14.75 | INDIVIDUAL |
| 43 | 46 | MARCIO SILVA | M | 28 | 02:19:19.84 | INDIVIDUAL |
| 44 | 42 | PEDRO JAULI | M | 25 | 02:19:20.12 | INDIVIDUAL |
| 45 | 171 | JOAO A LIMA | M | 30 | 02:20:04.00 | INDIVIDUAL |
| 46 | 164 | HUGO NEVES | M | 31 | 02:20:04.13 | INDIVIDUAL |
| 47 | 238 | LUIS P G NEVES | M | 24 | 02:20:04.35 | TA ME APETECER |
| 48 | 253 | JOSE A GONÇALVES | M | 30 | 02:20:08.60 | INDIVIDUAL |
| 49 | 132 | SERGIO F C MARQUES | M | 30 | 02:22:34.55 | A CORRER PRO HOSPITAL |
| 50 | 2 | MIGUEL TEIXEIRA | M | 25 | 02:22:42.58 | SEASIDE |
| 51 | 161 | JOAO MONTEIRO | M | 31 | 02:28:32.95 | INDIVIDUAL |
| 52 | 180 | NUNO ROSA | M | 30 | 02:28:33.21 | INDIVIDUAL |
| 53 | 154 | TIAGO FIGUEIREDO | M | 27 | 02:29:33.40 | INDIVIDUAL |
| 54 | 58 | RICARDO GONCALVES | M | 20 | 02:33:42.46 | INDIVIDUAL |
| 55 | 248 | BRUNO F L ESTEVES | M | 29 | 02:41:40.45 | FIRETEAM BVMC |
| 56 | 221 | JOAO COSTA | M | 28 | 02:42:18.98 | INDIVIDUAL |
| 57 | 191 | JOAO P REIS | M | 32 | 02:47:51.42 | INDIVIDUAL |
| 58 | 35 | JOAO M LOPES | M | 33 | 02:54:10.06 | INDIVIDUAL |
| 59 | 199 | ALEXANDRE M M M SILVA | M | 33 | 02:59:19.89 | CASOS NOTAVEIS |
| 60 | 8 | JOSE P PINTO | M | 34 | 03:22:54.12 | SEASIDE |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

M3539

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|--------------|------------|----------------------|-----------|------------|-----------------|-------------------------------------|
| 1 | 40 | PAULO SERRA | M | 36 | 01:29:41.66 | INDIVIDUAL |
| 2 | 166 | JOSE P P RIBEIRO | M | 38 | 01:38:30.71 | FACTOR X |
| 3 | 200 | FERNANDO HOMEM | M | 35 | 01:42:24.38 | INDIVIDUAL |
| 4 | 201 | GONÇALO FERREIRA | M | 39 | 01:43:10.84 | INDIVIDUAL |
| 5 | 156 | TIAGO SALGUEIRO | M | 35 | 01:43:59.39 | O MUNDO CORRIDA |
| 6 | 255 | FILIPE J A DOMINGUES | M | 35 | 01:48:05.93 | ASS PINHAL TOTAL - OLEIROS AVENTURA |
| 7 | 150 | RUI PINA | M | 35 | 01:48:27.44 | INDIVIDUAL |
| 8 | 30 | DAVID OLIVEIRA | M | 38 | 01:49:02.70 | C VETERANOS LIS |
| 9 | 27 | JOAO GAMA | M | 38 | 01:49:56.84 | A PONTE FAJAO |
| 10 | 114 | JOAO A R SANTOS | M | 37 | 01:51:12.90 | INDIVIDUAL |
| 11 | 224 | HUGO M FONSECA | M | 36 | 01:52:05.61 | CC TEAM |
| 12 | 254 | JOAO M L SIMOES | M | 35 | 01:55:00.63 | XTRILHOS-L BICICLETAS CALHANDRIZ |
| 13 | 136 | DAVID AMARAL | M | 38 | 02:03:14.86 | INDIVIDUAL |
| 14 | 240 | RUI M M S GONÇALVES | M | 37 | 02:07:05.00 | INDIVIDUAL |
| 15 | 222 | DUARTE N FERREIRA | M | 35 | 02:07:07.58 | INDIVIDUAL |
| 16 | 140 | PEDRO LINO | M | 36 | 02:07:09.35 | CA LAMAS |
| 17 | 119 | JOAO REIS | M | 36 | 02:10:24.55 | RUN BABY RUN |
| 18 | 11 | LUIS BOLETO | M | 36 | 02:11:21.52 | SEASIDE |
| 19 | 118 | PAULO REIS | M | 37 | 02:11:47.00 | RUN BABY RUN |
| 20 | 197 | CARLOS J P TEIXEIRA | M | 39 | 02:15:30.00 | INDIVIDUAL |
| 21 | 157 | MIGUEL A N GONÇALVES | M | 37 | 02:16:41.65 | MORCEGOS CHICHARO |
| 22 | 153 | LUIS MARTINS | M | 36 | 02:17:22.94 | O MUNDO CORRIDA |
| 23 | 246 | NUNO D R FERNANDES | M | 38 | 02:21:43.69 | INDIVIDUAL |
| 24 | 7 | HUGO DINIS | M | 35 | 02:22:05.12 | SEASIDE |
| 25 | 5 | BRUNO CLAUDINO | M | 39 | 02:25:02.12 | SEASIDE |
| 26 | 257 | PAULO PONTES | M | 36 | 02:27:53.74 | LUANDA RUNNERS |
| 27 | 146 | JOSE M MARTINS | M | 35 | 02:28:40.11 | CA LAMAS |
| 28 | 54 | CARLOS BRITO | M | 38 | 02:32:00.71 | NDCB |
| 29 | 36 | PEDRO PIRES | M | 38 | 02:32:58.69 | INDIVIDUAL |
| 30 | 256 | NUNO MAIA | M | 35 | 02:33:01.98 | INDIVIDUAL |
| 31 | 55 | FRANCISCO OLIVEIRA | M | 37 | 02:35:22.77 | NDCB |
| 32 | 120 | NUNO FIDELIS | M | 37 | 02:47:50.16 | RUN BABY RUN |
| 33 | 213 | ARTUR J P M COSTA | M | 36 | 02:54:36.14 | COMPANHIA BAZOFIAS |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

M4044

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|-------|-----|----------------------|----|-----|-------------|---------------------------------|
| 1 | 3 | ANTONIO SOUSA | M | 43 | 01:23:05.88 | GARMIN/CO OEIRAS |
| 2 | 210 | MARCOLINO VERISSIMO | M | 41 | 01:29:49.96 | SS CGD |
| 3 | 251 | CARLOS M SIMOES | M | 44 | 01:31:19.46 | ASS RECREATIVA S MIGUEL |
| 4 | 113 | JOSE QUARESMA | M | 44 | 01:31:42.48 | FORNIA |
| 5 | 60 | RENATO SILVA | M | 44 | 01:34:31.86 | INDIVIDUAL |
| 6 | 203 | ANTONIO F B FONTES | M | 41 | 01:36:22.66 | GRUPO AMIZADE |
| 7 | 44 | ANTONIO ANTUNES | M | 43 | 01:36:59.77 | INDIVIDUAL |
| 8 | 66 | FRANCISCO PAIS | M | 44 | 01:41:42.50 | MUNDO CORRIDA |
| 9 | 67 | CARLOS LOURENCO | M | 44 | 01:45:43.88 | ESCOLA SEC MONTE CAPARICA |
| 10 | 196 | MARIO BARATA | M | 42 | 01:46:25.43 | INDIVIDUAL |
| 11 | 116 | JORGE TIAGO | M | 42 | 01:48:37.16 | TUNI TRAIL |
| 12 | 151 | FLAVIO FRANCISCO | M | 40 | 01:49:37.22 | INDIVIDUAL |
| 13 | 229 | JOSE L PINTO | M | 44 | 01:52:22.28 | FULLMOTO |
| 14 | 122 | PEDRO DIAS | M | 41 | 01:54:40.00 | RUN BABY RUN |
| 15 | 139 | CARLOS A S CARDOSO | M | 41 | 01:54:59.39 | CA LAMAS |
| 16 | 104 | BRUNO S QUERIDO | M | 41 | 01:55:37.57 | INDIVIDUAL |
| 17 | 243 | CARLOS LOURENÇO | M | 41 | 01:59:57.76 | PINHAL TOTAL - OLEIROS AVENTURA |
| 18 | 215 | ANTONIO C TEIXEIRA | M | 44 | 02:01:30.45 | C BENFICA ARGANIL |
| 19 | 126 | LUIS RAMOS | M | 41 | 02:02:11.42 | RUN BABY RUN |
| 20 | 10 | CARLOS FREIRE | M | 41 | 02:10:30.56 | SEASIDE |
| 21 | 204 | LUIS EANES | M | 40 | 02:15:59.13 | INDIVIDUAL |
| 22 | 217 | LUIS M B C MOREIRA | M | 42 | 02:17:41.15 | INDIVIDUAL |
| 23 | 245 | ARMANDO O LOUREIRO | M | 40 | 02:17:54.98 | INDIVIDUAL |
| 24 | 127 | SERGIO RODELO | M | 43 | 02:17:55.21 | INDIVIDUAL |
| 25 | 205 | PAULO J L COSTA | M | 44 | 02:19:53.51 | INDIVIDUAL |
| 26 | 206 | PEDRO M C R OLIVEIRA | M | 43 | 02:20:10.15 | INDIVIDUAL |
| 27 | 227 | PEDRO TEODORO | M | 42 | 02:20:52.31 | INDIVIDUAL |
| 28 | 169 | FAUSTO PIMENTEL | M | 43 | 02:22:52.57 | INDIVIDUAL |
| 29 | 57 | VICTOR FIGUEIREDO | M | 43 | 02:25:25.57 | INDIVIDUAL |
| 30 | 12 | MANUEL ANTONIO | M | 44 | 02:29:06.94 | SEASIDE |
| 31 | 216 | LUIS G CALDEIRA | M | 41 | 02:30:36.44 | INDIVIDUAL |
| 32 | 123 | PAULO PIRES | M | 43 | 02:47:52.53 | RUN BABY RUN |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

M4549

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|-------|-----|---------------------|----|-----|-------------|---------------------|
| 1 | 198 | ORLANDO F VALENTE | M | 46 | 01:28:18.41 | GRUPO AMIZADE |
| 2 | 39 | JORGE RODRIGUES | M | 47 | 01:36:26.11 | INDIVIDUAL |
| 3 | 109 | JOAO GINJA | M | 47 | 01:37:56.66 | NAZ ABOBODA |
| 4 | 102 | ANTONIO B SOARES | M | 47 | 01:44:19.63 | CD ASAS MILENIUM |
| 5 | 183 | HORACIO D BARATA | M | 47 | 01:45:15.02 | NA CABRIL |
| 6 | 29 | DANIEL JAULINO | M | 47 | 01:47:05.26 | C VETERANOS LIS |
| 7 | 159 | LUIS F M MOTA | M | 48 | 01:48:28.66 | INDIVIDUAL |
| 8 | 244 | NARCISO CORDEIRO | M | 49 | 01:56:05.91 | CCRD ARRIMAL |
| 9 | 34 | HENRIQUE SIMAO | M | 46 | 01:56:31.03 | INDIVIDUAL |
| 10 | 144 | RENATO M F S BARROS | M | 49 | 01:58:30.14 | MONTANHA CT RUNNING |
| 11 | 25 | LUIS GAMA | M | 49 | 02:00:13.70 | A PONTE FAJAO |
| 12 | 43 | JOSE VIVEIROS | M | 47 | 02:04:44.85 | INDIVIDUAL |
| 13 | 155 | RUI M J PAULO | M | 47 | 02:05:55.62 | INDIVIDUAL |
| 14 | 220 | ANTONIO ANTUNES | M | 47 | 02:10:39.69 | O MUNDO CORRIDA |
| 15 | 250 | CELIO A M CRISTOVAO | M | 45 | 02:13:58.64 | INDIVIDUAL |
| 16 | 170 | JOAQUIM LIMA | M | 49 | 02:28:43.24 | INDIVIDUAL |
| 17 | 179 | RUI A V CUNHA | M | 47 | 02:34:22.13 | INDIVIDUAL |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

M5054

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|-------|-----|------------------|----|-----|-------------|----------------------------|
| 1 | 147 | FRANCISCO GAIO | M | 50 | 01:36:19.59 | MOCAL&FRAN |
| 2 | 63 | JORGE JUSTO | M | 52 | 01:39:07.77 | MUNDO CORRIDA |
| 3 | 131 | JOSE F SILVA | M | 51 | 01:42:32.34 | ACR SANTA CITA |
| 4 | 18 | JOSE C GOMES | M | 53 | 01:49:46.18 | LIGEIRINHOS |
| 5 | 103 | ANTONIO R RELVAS | M | 50 | 01:50:08.60 | FORNEA |
| 6 | 28 | ANDRE WIBORG | M | 54 | 01:56:20.18 | VFF1896 |
| 7 | 149 | JOSE C D SILVA | M | 51 | 01:56:52.53 | LAUFMONSTER |
| 8 | 108 | CARLOS MARQUES | M | 51 | 02:05:16.13 | TRILHOS E CORRIDAS TERCENA |
| 9 | 152 | ANTONIO MERUJO | M | 54 | 02:09:02.21 | NS ILHA TERCEIRA |
| 10 | 1 | ACACIO TEIXEIRA | M | 54 | 02:12:03.02 | SEASIDE |
| 11 | 176 | CARLOS MORGADO | M | 50 | 02:15:28.45 | CP EDP LISBOA |
| 12 | 115 | FERNANDO VICENTE | M | 53 | 02:17:14.00 | INDIVIDUAL |
| 13 | 61 | FERNANDO FONSECA | M | 50 | 02:27:23.78 | MUNDO CORRIDA |
| 14 | 187 | JOAO GOMES | M | 52 | 02:28:22.31 | INDIVIDUAL |
| 15 | 168 | JOSE C MELO | M | 51 | 02:29:39.85 | RUN 4 FUN |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

M5559

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|-------|-----|--------------------|----|-----|-------------|-------------------|
| 1 | 182 | ANSELMO D BARATA | M | 55 | 01:35:05.00 | NA CABRIL |
| 2 | 193 | PEDRO SOUSA | M | 56 | 01:46:48.69 | INDIVIDUAL |
| 3 | 22 | PAULO QUARESMA | M | 57 | 01:50:09.24 | FORNEA |
| 4 | 23 | MANUEL SILVA | M | 58 | 01:51:08.47 | FORNEA |
| 5 | 62 | ANTONIO GERALDES | M | 56 | 01:52:21.65 | MUNDO CORRIDA |
| 6 | 37 | JOAO JACINTO | M | 56 | 01:53:16.12 | CD ALVITEJO |
| 7 | 181 | VITOR M D BARATA | M | 56 | 01:55:12.49 | NA CABRIL |
| 8 | 207 | JOAQUIM SANTOS | M | 55 | 01:57:37.00 | FALCOES SELVAGENS |
| 9 | 45 | ARSENIO FERNANDES | M | 58 | 02:01:21.02 | INDIVIDUAL |
| 10 | 106 | AUGUSTO LOPES | M | 59 | 02:15:35.59 | INDIVIDUAL |
| 11 | 175 | SERGIO F RODRIGUES | M | 55 | 02:22:00.41 | INDIVIDUAL |
| 12 | 24 | MANUEL AZEVEDO | M | 56 | 02:26:04.79 | FORNEA |
| 13 | 41 | ABILIO TAVARES | M | 58 | 02:38:33.43 | INDIVIDUAL |

I TRAL DA PAMPILHOSA DA SERRA - 17/08/2013

Relatório por Faixas Etárias

M6099

| Class | Num | Nome | Sx | Idd | T. Bruto | Equipe |
|-------|-----|-------------------|----|-----|-------------|--------------------|
| 1 | 130 | JOSE ALVES | M | 64 | 01:45:01.16 | INDIVIDUAL |
| 2 | 232 | VITORINO CORAGEM | M | 60 | 01:49:25.72 | O MUNDO CORRIDA |
| 3 | 194 | CARLOS ALFAIATE | M | 60 | 02:17:28.06 | C BENFICA ABRANTES |
| 4 | 48 | JOSE REIS | M | 61 | 02:29:27.44 | INDIVIDUAL |
| 5 | 165 | JOAQUIM AMIEIRO | M | 62 | 02:31:35.52 | INDIVIDUAL |
| 6 | 32 | JOSE VALERIO | M | 67 | 02:35:40.71 | INDIVIDUAL |
| 7 | 6 | FERNANDO CLAUDINO | M | 60 | 02:41:39.46 | SEASIDE |