

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
1	1187	Ricardo Mendes	Amadores Trail Team	M	32	01:17:53.03
2	1107	Bruno Silva	Clube Veteranos Do Lis	M	37	01:20:11.95
3	1072	David Cruz	G.R.Corredoura	M	32	01:20:55.08
4	1069	Nuno Goncalves	Runcrosstrail	M	41	01:22:29.11
5	1039	Tiago Lobo	Naus Trail Team	M	41	01:24:26.16
6	1223	Pedro Mendes.		M	28	01:27:03.93
7	1110	Álvaro Castelão	Amadores Trail Team	M	30	01:29:28.88
8	1144	Rodrigo Rosa	A.D.R Águas Belas	M	32	01:31:30.71
9	1022	Joel Batista	Lourival Bike Team	M	32	01:32:00.62
10	1116	Sérgio Ferreira	Barcouço Bike Team / Tp Pascoal / 111 Sport	M	26	01:32:11.46
11	1077	Filipe Caldeira	Scfz Trail Runners	M	41	01:32:59.60
12	1169	Jose Silva	Casa De Benfica Abrantes	M	57	01:33:22.65
13	1071	Carlos Oliveira	#Osmanos	M	38	01:34:33.24
14	1115	Rui Ferreira	Individual	M	40	01:36:20.80
15	1154	Bruno Antunes	Vilaventura - Trail Running Team	M	24	01:37:01.20
16	1059	Luís Caetano	Individual	M	42	01:37:14.35
17	1146	Carlos Duro	A.D.R Águas Belas	M	62	01:37:36.40
18	1193	Vitor Reis	Amadores Trail Team	M	55	01:37:44.17
19	1082	Filipe Antonio	Trail Da Ladeia Runing Team	M	47	01:37:49.10
20	1085	Pedro Silva	Team Burpee	M	25	01:38:49.60
21	1078	Rodrigo Simões	Cscd Norte E Soure	M	20	01:39:17.00
22	1099	Sergio Pais	Vaca Tt	M	44	01:39:18.20
23	1201	André Costa	Ansidente	M	19	01:40:14.28
24	1202	Nuno Madeira	Lobos Da Serra-Loureiro	M	39	01:40:17.17
25	1100	Rui Faria	Vaca Tt	M	42	01:41:40.14
26	1114	Pedro Vitorino	Individual	M	42	01:42:06.17
27	1164	Renato Santos	Vilaventura - Trail Running Team	M	39	01:42:25.91
28	1007	Fernando Freire	Dá-Lhe Gás Team	M	38	01:42:42.08
29	1143	Wilson Subtil	Nda	M	47	01:43:14.88
30	1058	João Costa	Dá-Lhe Gás Team	M	31	01:44:12.00
31	1156	Filipe Carneiro	G.A.U. Bajouca	M	55	01:44:26.61
32	1080	Nelson Vieira	Vilaventura - Trail Running Team	M	37	01:44:40.03
33	1108	Denise Pereira	Runcrosstrail	F	35	01:44:50.84
34	1010	Luís Machado	Individual	M	37	01:44:52.06
35	1101	Carlos Dinis	Team Burpee	M	37	01:45:40.89
36	1023	João Dâmaso	Grupo Maravilha	M	33	01:45:51.41
37	1027	José Dias	Dá-Lhe Gás Team	M	46	01:45:53.88
38	1171	Bruno Barbosa	Naus Trail Team	M	28	01:46:22.89
39	1153	Jose Miguel Santos	Individual	M	41	01:47:07.44
40	1145	Domingos Casimiro	A.D.R Águas Belas	M	52	01:47:26.54
41	1196	Frederico Neves	Amadores Trail Team	M	37	01:47:41.99
42	1137	Norberto Rosa	Jáestrada	M	43	01:48:40.44
43	1084	Amilcar Dinis	Cavalinhos Runners	M	28	01:49:10.72
44	1012	Rui Neves	Wolf Team Run	M	35	01:49:25.05

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
45	1206	Hugo Filipe Da Costa Morais Calado	Naus Trail Team	M	36	01:49:35.40
46	1122	Tiago Joaquim	Scfz Trail Runners	M	35	01:49:50.49
47	1132	Helder Marco Silva Domingues	Individual	M	41	01:50:19.94
48	1017	Rodrigo Santos	Dá-Lhe Gás Team	M	37	01:50:24.10
49	1067	Clarinda Santos	Os Moscardos	F	42	01:51:16.74
50	1013	Eliana Raimundo	Dá-Lhe Gás Team	F	36	01:51:40.24
51	1048	Daniel Santos	Scfz Trail Runners	M	46	01:51:46.35
52	1002	Júlio Loureiro	Dá-Lhe Gás Team	M	47	01:51:58.52
53	1018	Rui Abreu	Dá-Lhe Gás Team	M	41	01:52:04.71
54	1062	João Cardoso	Individual	M	37	01:52:45.69
55	1088	João Gaspar	Associação Pombal Jovem	M	27	01:53:00.86
56	1148	Diogo Silva	A.D.R Águas Belas	M	18	01:53:27.71
57	1147	Carlos Silva	A.D.R Águas Belas	M	52	01:53:27.82
58	1063	Magda Caldeira	S.C.F.Z Trail Runners	F	32	01:53:48.53
59	1030	Catarina Oliveira	Dá-Lhe Gás Team	F	27	01:54:11.91
60	1049	Ricardo Henriques	Dá-Lhe Gás Team	M	36	01:54:31.21
61	1127	Carlos Manso	Individual	M	20	01:55:19.32
62	1044	Telmo Filipe Fernandes Rodrigues	Individual	M	37	01:55:54.60
63	1155	Miguel António Nunes Gonçalves	Dá-Lhe Gás Team	M	42	01:56:08.21
64	1065	Jorge Lopes	Trail Da Ladeia Runinng Team	M	47	01:56:09.70
65	1004	Sónia Almeida	Aza - Azambuja Com Alma	F	41	01:56:37.23
66	1160	Ricardo Carreira	Loureira	M	34	01:57:34.45
67	1200	Pedro Sequeira	Fotos Do Zé	M	34	01:57:45.65
68	1006	Virgílio Neto	Ozxtreme/Adcprreira	M	44	01:57:50.37
69	1117	Pedro Natario	Individual	M	42	01:58:01.67
70	1089	Luis Pereira	C.M.M. Escaravelhos	M	59	01:58:26.43
71	1040	David Oliveira	Individual	M	38	01:58:48.10
72	1121	Tomás Torres	Barrancos Fc/Biogado	M	22	01:58:50.94
73	1151	Raquel Matias	Cscd Norte E Soure	F	40	01:58:56.68
74	1204	Gonçalo Freitas	Ccd Credito Agricola	M	37	01:58:59.13
75	1083	Graça Queiroz	Lisboa	F	46	01:59:09.72
76	126	Rui Estrada	Individual	M	27	02:00:23.60
77	1036	Miguel Eugénio	Individual	M	38	02:00:50.40
78	1191	Ricardo Jorge	Birds Team	M	23	02:01:41.25
79	122	Jorge Manuel Rocha	Individual	M	44	02:02:05.20
80	1000	Rogério Fernandes	Sóbe - Sóbimeu	M	40	02:02:05.92
81	1180	Fernando Medeiros	Marta Mendes	M	51	02:02:19.10
82	1136	Rui Palrinhas	Flashover - Bvpenela	M	34	02:02:33.55
83	1096	Rodrigo Veríssimo	Individual	M	22	02:02:33.63
84	1221	André Santos		M	22	02:02:54.62
85	1033	Lisete Antunes	Dá-Lhe Gás Team	F	24	02:03:02.68
86	1158	Pedro Mendes	Ansião	M	34	02:03:03.42
87	1038	Isabel Vieira	Avelar Sunset Trail	F	53	02:03:04.61
88	1011	Carlos Alberto Afonso	Nexebra Trail Team	M	46	02:03:11.28

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
89	1179	Daniel Antunes	Vilaventura - Trail Running Team	M	20	02:03:43.16
90	1183	Joana Pascoal	Montanha Clube Trail Runners / Efapel	F	38	02:04:00.39
91	1086	Eduardo Silva	Individual	M	46	02:04:01.57
92	1198	Paulo Nogueira	Montanha Clube Trail Runners / Efapel	M	41	02:04:12.74
93	1203	Luis Terceiro	Individual	M	41	02:04:41.39
94	1076	Maria Ferreira	Individual	F	35	02:05:01.83
95	1119	Luís Silva	Arsm - Associação R. Miguel	M	34	02:05:02.04
96	1135	Paula Martins	Individual	F	44	02:05:32.52
97	1124	José Pedrosa	Grupo Maravilha	M	56	02:06:27.14
98	1052	Silvia Farto	Individual	F	44	02:06:30.16
99	1019	João Fernandes	L&F	M	39	02:06:41.07
100	1159	Alexandre Veloso	Individual	M	30	02:07:47.56
101	1178	Fernando Gomes	Individual	M	61	02:07:51.82
102	1053	João Santos	Individual	M	46	02:08:20.95
103	1125	Luís Simões	Individual	M	45	02:08:21.40
104	1222	Jorge Cancelinha		M	40	02:09:19.71
105	1091	Humberto Oliveira	Centro Trail Carlos Sá Penacova	M	46	02:09:20.39
106	1098	Rui Lourenço-Ruka	Abutres	M	47	02:09:23.59
107	1074	Jorge Faria	Cumibroa Bike`S Running Team	M	44	02:09:31.73
108	1034	Carla Gonçalves	Dá-Lhe Gás Team	F	41	02:09:55.82
109	1031	Marco Neves	Gear Up	M	39	02:10:00.09
110	1068	Hugo Manuel Guerra Lopes	Agd Sports Academy	M	36	02:10:06.48
111	1106	Vânia Patrícia Da Leal	Associação Pombal Jovem	F	25	02:10:45.85
112	1042	Rafael Ferreira	Individual	M	41	02:11:01.41
113	1043	Sandra Araújo	Individual	F	42	02:11:01.49
114	1014	Rui Rocha	Nexebra Trail Team	M	50	02:11:04.57
115	1095	Nuno Gonçalo Simões	Trail Da Ladeira Runinng Team	M	39	02:11:06.00
116	1032	Filipe Goulão	Individual	M	40	02:12:26.79
117	1166	Jorge Santos	Pombal Jornal	M	52	02:13:20.22
118	1045	Lidia Timovschi	Cavalinhos Runners	F	37	02:13:23.27
119	1199	Bruno Silva.	Não Dá +	F	28	02:13:52.76
120	1003	Helder Carrasqueira	Dá-Lhe Gás Team	M	40	02:14:04.04
121	1060	Joao Gaspar Simões	Avelar Sunset Trail	M	63	02:14:16.44
122	1129	Isabel Parreiral	Gear Up	F	38	02:15:00.40
123	1016	Carina Sousa	Dá-Lhe Gás Team	F	37	02:16:47.38
124	1102	Daniela Silva	Vilaventura - Trail Running Team	F	22	02:17:23.11
125	1028	Cândida Gonçalves	Dá-Lhe Gás Team	F	40	02:17:30.61
126	1167	Sónia Pereira	Pombal Jornal	F	46	02:17:55.43
127	1128	Carlos Araújo	Nexebra Trail Team	M	35	02:18:31.73
128	1181	Antónia Fernandes	Individual	F	37	02:19:13.05
129	1172	Tânia Jesus	Cavalinhos Runners	F	36	02:19:19.07
130	1055	Valter Marques Gonçalves	Lorenzo - Sport Team	M	30	02:20:52.47
131	1056	Pedro Silva	Lorenzo - Sport Team	M	37	02:20:53.64
132	1015	Mário Medeiros	Lorenzo - Sport Team	M	50	02:21:50.17

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
133	1020	Cristiana Lopes	Individual	F	36	02:21:51.52
134	1220	Carlos Silva.		M	22	02:21:52.44
135	1185	Nuno Martins	Individual	M	37	02:22:21.86
136	1087	Cristina Silva	Dá-Lhe Gás Team	F	43	02:22:50.12
137	1165	Cláudia Mota	Pombal Jornal	F	45	02:22:51.16
138	1009	Vitor Santos	Dá-Lhe Gás Team	M	44	02:22:54.66
139	1104	Rui Paulo Gaspar Simoes	Moscardos	M	47	02:23:12.83
140	1081	Marco Oliveira	Trail Da Ladeia Runing Team	M	41	02:24:07.83
141	1149	Zulmira Silva	A.D.R Águas Belas	F	49	02:24:22.57
142	1113	Sérgio Silva	Ansião	M	42	02:24:23.26
143	1047	Dorisa Portela	Cavalinhos Runners	F	37	02:24:27.20
144	1073	Anabela Monteiro	Cumibroa Bike`S Running Team	F	46	02:24:49.50
145	1094	Paulo Araújo	Slow Runners Pombal	M	46	02:25:46.41
146	1092	Pedro Moreira	Slow Runners Pombal	M	38	02:25:47.35
147	1090	Zélia Caseiro	Individual	F	50	02:26:32.07
148	1001	Fatima Anastacio	Dá-Lhe Gás Team	F	47	02:27:11.16
149	1109	Vera Bizarro	Coimbra	F	35	02:27:25.57
150	1120	Ana Mateus Faustino	Arsm - Associação R. Miguel	F	33	02:27:26.62
151	1207	Monica Salvador	Gear Up	F	43	02:27:31.50
152	1176	Nelson Cordeiro	Dá-Lhe Gás Team	M	38	02:27:31.86
153	1189	Luis Alves	Individual	M	26	02:27:37.34
154	1054	Ana Raquel Carvalho	Vilaventura - Trail Running Team	F	34	02:27:56.76
155	1197	Sandra Isabel Santos	Individual	F	38	02:29:04.64
156	1152	Arlindo De Jesus Oliveira	Cscrf Charneca	M	52	02:30:14.17
157	1118	Telma Andreia David Alves Simões	Nexebra Trail Team	F	33	02:32:42.01
158	1141	Margarete Rodrigues	Tu E Eu	F	36	02:32:42.41
159	1140	Francisco Borges	Tu E Eu	M	40	02:32:42.41
160	1194	Isaac Gadanha	Individual	M	36	02:33:22.90
161	1066	Marília Teixeira	Individual	F	39	02:35:29.85
162	1035	Ana Patrício	Caminhantes Sem Tin(T)O	F	35	02:36:05.77
163	1190	Henrique Jorge	Individual	M	25	02:36:58.45
164	1205	Pedro Abreu	Try To Stop Us / A.N.D.A.R.	M	42	02:37:38.85
165	1170	Ana Paula Sardinha Figueiredo	Naus Trail Team	F	53	02:38:13.76
166	1126	Júlio Rodrigues	Individual	M	37	02:38:55.50
167	1057	Hugo Barros	Lorenzo - Sport Team	M	29	02:38:56.58
168	1079	Vítor Manuel Medeiros Fernandes	Calma - Tomar	M	68	02:39:44.32
169	1162	Silvia Ferreira	Naus Trail Team	F	40	02:39:56.07
170	1093	Patrícia Lobo	Naus Trail Team	F	39	02:39:56.56
171	1161	Ivo Ferreira	Naus Trail Team	M	42	02:40:19.32
172	1163	Filipa Barreiros	Naus Trail Team	F	26	02:40:20.06
173	1131	Luis Simões	Flashover - Bvpenela	M	28	02:42:19.72
174	1174	Adriana Costa	Individual	F	26	02:42:56.79
175	1123	Rafael Bronze	Grupo Maravilha	M	44	02:44:28.24
176	1097	Carla Gomes	Individual	F	39	02:44:49.11

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
177	1182	João Pereira	Abutres	M	39	02:45:21.76
178	1133	Nuno Godinho	Abutres	M	37	02:45:22.62
179	1112	Jaime Guedes	Abutres	M	41	02:45:22.74
180	1051	Mónica Cabecinhas	Individual	F	26	02:45:34.26
181	1150	Florbela Soares Fernandes	Crossriders	F	49	02:47:27.60
182	1130	Carolina Silva	Gear Up	F	27	02:51:19.75
183	1029	Ana Marques	Barrancos Fc/Biogado	F	27	02:51:55.94
184	1138	Elisabete Pereira	Jáestrada	F	41	02:52:26.12
185	1139	Gilvania Gaspar	Jáestrada	F	40	02:52:27.14
186	1173	Fatima Caetano	Dá-Lhe Gás Team	F	42	02:52:39.31
187	1025	Luís Marques	Barrancos Fc/Biogado	M	23	02:57:09.28
188	1026	Cláudia Duarte	Individual	F	24	02:57:09.74
189	1111	Paulo Rosa	Individual	M	43	02:57:22.03
190	1192	Cátia Marques	Birds Team	F	24	02:57:40.07
191	1008	Maria Manuela Murtinho	Dá-Lhe Gás Team	F	44	02:59:33.34
192	1184	Sandra Ribeiro	Individual	F	39	02:59:45.54
193	1061	Maria Freire	Avelar Sunset Trail	F	60	03:21:54.34
194	1134	Anabela Valente	Individual	F	43	03:21:55.32
DNS	1186	Inês Morais	Banco Primus	F	42	
DNS	1188	Sérgio Estêvão	Banco Primus	M	36	