

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
1	1	276	José NEVES	Aliança de Gandra	M-40	M	01:46:49
2	1	889	César LEÃO	Unidade Especial de Corrida	SENIORES M	M	01:47:47
3	2	391	Miguel MARTINS	Centro Ciclista de Gondomar	SENIORES M	M	01:48:02
4	3	695	Bruno SILVA	Oralklass-Amigos do Trail	SENIORES M	M	01:51:14
5	4	261	Carlos QUEIRÓS	A.D.Amarante Trail Running	SENIORES M	M	01:51:24
6	1	389	David TAVARES	Centro Ciclista de Gondomar	M-50	M	01:53:28
7	2	647	José SILVA	Nocturnos de Paredes	M-40	M	01:53:39
8	5	991	Bruno GONÇALVES	Individual	SENIORES M	M	01:53:43
9	2	500	Belmiro FERREIRA	G.D. Leões Da Guarda	M-50	M	01:53:44
10	3	388	Asdrubal FREITAS	Centro Ciclista de Gondomar	M-40	M	01:53:45
11	3	977	José ALMEIDA	Individual	M-50	M	01:53:49
12	4	604	Patrick MARQUES	Gondomar Futsal Clube	M-40	M	01:54:03
13	6	485	Ricardo NUNES	Fridão Sem Limites	SENIORES M	M	01:54:10
14	7	434	Tiago PINTO	douroconta Trail Team	SENIORES M	M	01:54:26
15	5	492	Pedro SANTOS	Fugitivos Urbanos	M-40	M	01:55:22
16	8	913	José GONÇALVES	Worth A Grid	SENIORES M	M	01:55:55
17	9	893	Pedro BATISTA	Unidade Especial de Corrida	SENIORES M	M	01:56:07
18	4	480	Adão REGADAS	Foge Foge Bandido	M-50	M	01:56:59
19	10	694	José NETO	Oralklass-Amigos do Trail	SENIORES M	M	01:57:02
20	5	483	Alfredo PINHEIRO	Fridão Sem Limites	M-50	M	01:57:22
21	6	952	Abilio PAULO	Individual	M-40	M	01:58:44
22	11	1006	Paulo SANTOS	Individual	SENIORES M	M	01:59:01
23	12	785	Fabio PINTO	Royal Club Running	SENIORES M	M	01:59:02
24	13	821	Vitor RIO	S. S. Montepio	SENIORES M	M	01:59:30
25	1	157	Paula BARBOSA	Oralklass-Amigos do Trail	SENIORES F	F	01:59:44
26	7	437	Paulo MACHADO	Dr Merino / Nutrifit	M-40	M	02:00:58
27	14	424	Cristiano NOGUEIRA	Clube Zupper	SENIORES M	M	02:00:58
28	15	652	Mauro CARDOSO	Nocturnos de Paredes	SENIORES M	M	02:01:06
29	16	690	Bruno PINTO	Oralklass-Amigos do Trail	SENIORES M	M	02:01:17
30	6	896	Abílio MARQUES	Unidade Especial de Corrida	M-50	M	02:01:22
31	17	277	Agostinho SOUSA	Aliança de Gandra	SENIORES M	M	02:01:30
32	18	393	Filipe TEIXEIRA	Unidade Especial de Corrida	SENIORES M	M	02:02:04
33	19	891	Ricardo COSTA	Unidade Especial de Corrida	SENIORES M	M	02:02:23
34	7	745	Avelino MARTINS	Petro Basto	M-50	M	02:02:45
35	20	791	Hugo LOBO	Run 4 All	SENIORES M	M	02:03:21
36	21	660	Sérgio VALE	Nocturnos de Paredes	SENIORES M	M	02:03:25
37	8	344	Fernando NEVES	Amigos do Pedal Trailagares	M-50	M	02:03:32
38	22	880	Ricardo FERREIRA	U.S.C.Bicicletinha	SENIORES M	M	02:03:38

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
39	8	278	Leonel NEVES	Aliança de Gandra	M-40	M	02:03:38
40	9	274	Ivo ALMEIDA	Aliança de Gandra	M-40	M	02:03:52
41	23	298	Filipe MOREIRA	Aliança de Gandra	SENIORES M	M	02:04:30
42	24	744	Henrique VELON	Petro Basto	SENIORES M	M	02:04:30
43	10	486	Paulo SOUSA	Fridão Sem Limites	M-40	M	02:04:40
44	25	552	Joao BARBOSA	Individual	SENIORES M	M	02:05:06
45	11	1002	Alcino GOMES	Individual	M-40	M	02:05:48
46	26	362	Hélder BARBOSA	Bifase	SENIORES M	M	02:07:00
47	27	446	Ricardo SILVA	Eat Pasta Run Fasta	SENIORES M	M	02:07:14
48	28	868	Josué MOREIRA	Tj27	SENIORES M	M	02:07:21
49	29	698	Fernando TABORDA	Oralklass-Amigos do Trail	SENIORES M	M	02:07:23
50	12	630	Paulo SILVA	More Contrac	M-40	M	02:07:29
51	30	600	Celso OLIVEIRA	Lion Runners -G. D. Leões Da Guarda	SENIORES M	M	02:07:38
52	13	565	Laurindo OSÓRIO	Kemedo Team	M-40	M	02:08:13
53	14	601	Carlos FERREIRA	Lusos Xxi	M-40	M	02:08:22
54	31	430	João CARDOSO	Ctad - Trilhos de Cinfães	SENIORES M	M	02:08:57
55	15	288	Fernando OLIVEIRA	Aliança de Gandra	M-40	M	02:09:01
56	32	941	Adriano PINTO	Individual	SENIORES M	M	02:09:02
57	33	412	Paulo SILVA	Clube Zupper	SENIORES M	M	02:09:14
58	16	387	José REGUEIRAS	Ccdfpjp	M-40	M	02:10:08
59	34	633	Manuel MUXAGATO	Nadacontra	SENIORES M	M	02:10:25
60	35	851	Márcio SOUSA	Tecla 3 Runners	SENIORES M	M	02:10:33
61	36	595	Pedro GAIO	Lion Runners -G. D. Leões Da Guarda	SENIORES M	M	02:10:35
62	37	254	Roberto FREITAS	A.D.Sebolido Trail Boneca douro	SENIORES M	M	02:10:49
63	9	418	António TEIXEIRA	Clube Zupper	M-50	M	02:11:15
64	17	390	Filipe SOUSA	Centro Ciclista de Gondomar	M-40	M	02:11:37
65	38	766	Pedro MOREIRA	Prosel Team	SENIORES M	M	02:11:43
66	39	688	Mário TABORDA	Oralklass-Amigos do Trail	SENIORES M	M	02:11:54
67	40	789	Leonel FERREIRA	Royal Club Running	SENIORES M	M	02:12:01
68	2	687	Rita LOUREIRO	Oralklass-Amigos do Trail	SENIORES F	F	02:12:09
69	41	607	Rui MADUREIRA	Marco Runners	SENIORES M	M	02:12:11
70	18	378	Paulo NUNES	Btt Alegria / Tubani	M-40	M	02:12:24
71	19	305	António SILVA	Aliança de Gandra	M-40	M	02:12:35
72	20	922	Joaquim LEITE	Individual	M-40	M	02:12:50
73	42	807	Rui PEDRO	Runriver - Escola de Atletismo de Rio Tinto	SENIORES M	M	02:14:06
74	43	1045	Rui AMORIM	Royal School of Languages	SENIORES M	M	02:14:12
75	21	646	Arnaldo SANTOS	Nocturnos de Paredes	M-40	M	02:14:21
76	44	1027	Ivo BARBOSA	Individual	SENIORES M	M	02:14:26

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
77	22	279	Fernando SANTOS	Aliança de Gandra	M-40	M	02:14:31
78	45	431	Bruno COSTA	Ctad - Trilhos de Cinfães	SENIORES M	M	02:15:07
79	46	427	Pedro SANTOS	Crocodilos	SENIORES M	M	02:15:11
80	47	540	Manuel SILVA	Gondomar Futsal Clube	SENIORES M	M	02:15:13
81	3	392	Sónia SOUSA	Centro Ciclista de Gondomar	SENIORES F	F	02:15:20
82	48	584	Mario SANTOS	Kunalamarunners	SENIORES M	M	02:15:31
83	49	273	Leandro ANJOS	Adc S.Jacinto	SENIORES M	M	02:15:54
84	50	925	Ricardo FERREIRA	Individual	SENIORES M	M	02:15:56
85	51	263	Tiago SOUSA	A.D.Sebolido Trail Boneca douro	SENIORES M	M	02:16:01
86	52	964	Carlos CAMPOS	Individual	SENIORES M	M	02:16:22
87	23	962	Constantino MOTA	Individual	M-40	M	02:16:57
88	53	345	Miguel SANTOS	Amigos Run	SENIORES M	M	02:17:01
89	54	343	Antóniommanuel MOREIRA	Amigos do Pedal Trailagares	SENIORES M	M	02:17:23
90	55	414	Rui NEVES	Clube Zupper	SENIORES M	M	02:17:31
91	56	465	Pedro BARROS	Factor X / S4L / Medensefc	SENIORES M	M	02:17:59
92	24	383	Geraldo GOMES	Casa Povo Soalhães	M-40	M	02:18:11
93	57	765	Jorge MOREIRA	Prosel Team	SENIORES M	M	02:18:18
94	25	381	Pedro CUNHA	Calmex	M-40	M	02:18:21
95	58	980	Acácio SANTOS	Individual	SENIORES M	M	02:18:25
96	59	926	Sergio SOUSA	Individual	SENIORES M	M	02:18:52
97	60	846	Rui FARIA	Taludos Pá	SENIORES M	M	02:19:13
98	1	453	Alexandra FERNANDES	Elite Team	F-40	F	02:19:15
99	4	452	Estela MARTINS	Elite Team	SENIORES F	F	02:19:20
100	61	697	Ruben MARTINS	Oralklass-Amigos do Trail	SENIORES M	M	02:20:08
101	62	767	Sérgio SOARES	Prosel Team	SENIORES M	M	02:20:48
102	63	852	Alexandre SOARES	Tecla 3 Runners	SENIORES M	M	02:20:58
103	64	876	Daniel COSTA	Trilha dos Runners	SENIORES M	M	02:21:37
104	10	736	Vitor SOUSA	Pé de Chumbo Team	M-50	M	02:21:47
105	65	829	Pedro VIEIRA	A.D.Sebolido Trail Boneca douro	SENIORES M	M	02:21:56
106	66	615	Pedro SANTOS	Medense Runners	SENIORES M	M	02:22:03
107	67	260	Hugo DUARTE	A.D.Amarante Trail Running	SENIORES M	M	02:22:03
108	68	370	Daniel RIBEIRO	Bitrunners	SENIORES M	M	02:22:03
109	26	335	Paulo FERREIRA	Amigos do Pedal Trailagares	M-40	M	02:22:11
110	27	338	Manuel FERREIRA	Amigos do Pedal Trailagares	M-40	M	02:22:12
111	28	407	Vitor NETO	Cfit	M-40	M	02:22:15
112	69	466	André ALMEIDA	Factor X / S4L / Medensefc	SENIORES M	M	02:22:15
113	70	689	David MORAIS	Oralklass-Amigos do Trail	SENIORES M	M	02:22:55
114	71	450	Bruno SOUSA	Ele E Ela	SENIORES M	M	02:23:13

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
115	72	875	Vitor SANTOS	Trepaparedes	SENIORES M	M	02:23:20
116	73	326	Sergio SILVA	Alunos de Meirim F.C.	SENIORES M	M	02:23:31
117	74	248	Jorge RIBEIRO	1001 Trilhos	SENIORES M	M	02:23:55
118	29	827	Carlos ROCHA	Sai Da Frente	M-40	M	02:23:57
119	75	800	Basilio NOGUEIRA	Runforwhat	SENIORES M	M	02:23:58
120	30	416	Manuel CARDOSO	Clube Zupper	M-40	M	02:24:00
121	76	802	Vitor DIAS	Runforwhat	SENIORES M	M	02:24:01
122	31	244	Alberto SOUSA	1001 Trilhos	M-40	M	02:24:11
123	77	467	Vitor MOREIRA	Factor X / S4L / Medensefc	SENIORES M	M	02:24:28
124	32	461	João NEVES	Factor X / S4L / Medensefc	M-40	M	02:24:28
125	33	460	Rui MOTA	Factor X / S4L / Medensefc	M-40	M	02:24:28
126	78	242	Pedro RODRIGUES		33 SENIORES M	M	02:24:37
127	5	330	Maria LEÃO	Amigos do Pedal Trailagares	SENIORES F	F	02:25:15
128	79	727	Ângelo RIBEIRO	Parjovem	SENIORES M	M	02:25:54
129	80	970	Orlando GONÇALVES	Individual	SENIORES M	M	02:25:57
130	34	974	Lourenço CARDOSO	Individual	M-40	M	02:26:14
131	81	707	Ricardo MOREIRA	Os Malucos	SENIORES M	M	02:26:21
132	11	549	Vitor RIBEIRO	Gondomar Futsal Clube	M-50	M	02:26:26
133	6	1043	Flávia BESSA	Royal School of Languages	SENIORES F	F	02:26:41
134	82	350	Ricardo NETO	Andatrilhos Freamunde	SENIORES M	M	02:26:42
135	35	755	Pedro REIS	Play Life	M-40	M	02:27:27
136	36	656	Nuno SALGADO	Nocturnos de Paredes	M-40	M	02:27:51
137	83	1000	Helder PINTO	Individual	SENIORES M	M	02:27:59
138	37	739	Jorge CRUZ	Pé de Chumbo Team	M-40	M	02:28:08
139	84	638	Bruno MOURA	Nascidos Para Correr	SENIORES M	M	02:28:24
140	7	637	Raquel ANDRADE	Nascidos Para Correr	SENIORES F	F	02:28:24
141	38	717	Pabelo MARQUES	Paredes	M-40	M	02:28:29
142	85	566	Filipe SALA	Kikorun	SENIORES M	M	02:28:32
143	12	534	Fernando FERREIRA	Gondomar Futsal Clube	M-50	M	02:28:39
144	8	405	Carolina MALHEIRO	Cfit	SENIORES F	F	02:28:42
145	86	756	Vitor CRUZ	Play Life	SENIORES M	M	02:28:57
146	87	245	Pedro NUNES	1001 Trilhos	SENIORES M	M	02:29:07
147	39	543	Paulo GAMA	Gondomar Futsal Clube	M-40	M	02:29:19
148	13	538	José MENDES	Gondomar Futsal Clube	M-50	M	02:29:20
149	88	801	Carlos PACHECO	Runforwhat	SENIORES M	M	02:29:20
150	40	790	Álvaro RIBEIRO	Run 4 All	M-40	M	02:29:27
151	89	873	Filipe CAMPOS	Trail O Vale do Cabrum	SENIORES M	M	02:29:35
152	90	872	Andre CAMPOS	Trail O Vale do Cabrum	SENIORES M	M	02:29:35

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
153	91	1014	Antonio FONSECA	Individual	SENIORES M	M	02:29:41
154	92	663	Renato PINTO	Nocturnos de Paredes	SENIORES M	M	02:29:56
155	93	255	Marco NUNES	A.D.Amarante Trail Running	SENIORES M	M	02:30:04
156	94	556	José MORAIS	Izzef	SENIORES M	M	02:30:21
157	95	636	Silvio FERREIRA	Nascidos Para Correr	SENIORES M	M	02:30:33
158	96	408	Arnaldo NOGUEIRA	Cfit	SENIORES M	M	02:30:51
159	14	761	José RODRIGUES	Prestígio	M-50	M	02:31:06
160	97	553	Hugo MOREIRA	Individual	SENIORES M	M	02:31:24
161	41	972	Vitor CARDOSO	Individual	M-40	M	02:31:37
162	42	731	Silvério SANTOS	Particular	M-40	M	02:32:16
163	15	558	Tomás CORREIA	Ja Te Apanho	M-50	M	02:32:46
164	98	933	Pedro SILVA	Individual	SENIORES M	M	02:32:58
165	2	280	Ana PINTO	Aliança de Gandra	F-40	F	02:33:07
166	43	328	Fernando BRANCO	Alunos de Meirim F.C.	M-40	M	02:33:08
167	99	623	Bruno CARNEIRO	Minions	SENIORES M	M	02:33:08
168	9	770	Ana CAMPANHÃ	Radio Jornal Fm Runners	SENIORES F	F	02:33:08
169	10	692	Patrícia SANTOS	Oralklass-Amigos do Trail	SENIORES F	F	02:33:16
170	100	892	Niger FONTES	Unidade Especial de Corrida	SENIORES M	M	02:33:19
171	16	528	Manuel ROCHA	Gondomar Futsal Clube	M-50	M	02:33:22
172	101	792	Paulo REIS	Run 4 All	SENIORES M	M	02:33:32
173	102	429	Carlos SILVA	Ctad - Trilhos de Cinfães	SENIORES M	M	02:34:10
174	103	679	Ricardo COELHO	not Run Alone	SENIORES M	M	02:34:32
175	104	840	Luis SOUSA	Sousa	SENIORES M	M	02:34:44
176	105	413	Pedro CANCELO	Clube Zupper	SENIORES M	M	02:35:24
177	44	738	Rui CUNHA	Pé de Chumbo Team	M-40	M	02:35:29
178	106	877	Tiago SILVA	Trilha dos Runners	SENIORES M	M	02:35:52
179	45	319	Paulo MELO	All About	M-40	M	02:35:54
180	107	379	Daniel BARBOSA	Btt Alegria / Tubani	SENIORES M	M	02:35:54
181	108	306	Ricardo OLIVEIRA	All About	SENIORES M	M	02:35:54
182	109	975	Carlos SANTOS	Individual	SENIORES M	M	02:36:10
183	46	822	António PINTO	Sai Da Frente	M-40	M	02:36:22
184	17	676	Álvaro CARDOSO	Nós Acreditamos	M-50	M	02:36:54
185	47	693	Pedro SEIXAS	Oralklass-Amigos do Trail	M-40	M	02:37:07
186	110	759	Carlos AZEVEDO	Pol	SENIORES M	M	02:37:32
187	48	751	Pedro BRIZIDO	Pipb	M-40	M	02:37:38
188	49	677	Fernando SILVA	Nós Acreditamos	M-40	M	02:38:00
189	111	675	Ricardo CARVALHO	Nós Acreditamos	SENIORES M	M	02:38:00
190	112	906	Gonçalo OLIVEIRA	Vilar Rt	SENIORES M	M	02:38:12

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
191	50	669	Joaquim NOGUEIRA	Nocturnos de Paredes	M-40	M	02:38:13
192	113	914	Pedro DIAS	Worth A Grid	SENIORES M	M	02:38:57
193	114	484	Carlos PINTO	Fridão Sem Limites	SENIORES M	M	02:39:03
194	11	686	Joana GONÇALVES	Oralklass-Amigos do Trail	SENIORES F	F	02:39:06
195	115	691	Luis LOPES	Oralklass-Amigos do Trail	SENIORES M	M	02:39:06
196	51	806	Nelson CAMPOS	Running Mates	M-40	M	02:39:19
197	18	586	Augstinho SOUSAO	Kunalamarunners	M-50	M	02:39:38
198	116	855	Daniel SILVA	Tecla 3 Runners	SENIORES M	M	02:39:59
199	19	417	António BARBOSA	Clube Zupper	M-50	M	02:39:59
200	117	474	Joel MARQUES	Fast ao Km	SENIORES M	M	02:40:32
201	118	718	Manuel BARBOSA	Paredes Running	SENIORES M	M	02:40:32
202	119	959	Pedro SILVA	Individual	SENIORES M	M	02:40:36
203	120	870	Luís TEIXEIRA	Too Stupid To Stop	SENIORES M	M	02:40:44
204	121	845	Jonas FARIA	Taludos Pá	SENIORES M	M	02:40:47
205	122	300	Francisco BOGALHO	Aliança de Gandra	SENIORES M	M	02:40:57
206	123	561	Ricardo GOMES	Kata	SENIORES M	M	02:40:58
207	124	447	Bruno GONÇALVES	Eat Pasta Run Fasta	SENIORES M	M	02:41:01
208	125	327	Ibraim SOUSA	Alunos de Meirim F.C.	SENIORES M	M	02:41:12
209	52	644	Acácio TEIXEIRA	Nocturnos de Paredes	M-40	M	02:41:18
210	126	811	Hugo COSTA	S. S. Montepio	SENIORES M	M	02:41:29
211	127	773	Tiago CASTRO	Radio Jornal Fm Runners	SENIORES M	M	02:41:45
212	20	557	Porfirio SILVA	Izzef	M-50	M	02:41:53
213	53	772	Paulo RIBEIRO	Radio Jornal Fm Runners	M-40	M	02:42:05
214	128	883	José SANTOS	Uma Vez Perdi-Me no Monte	SENIORES M	M	02:42:15
215	129	399	Luis FERREIRA	Cfit	SENIORES M	M	02:42:24
216	54	817	Pedro SOARES	S. S. Montepio	M-40	M	02:42:26
217	12	609	Anistalda VIEIRA	Marlene	SENIORES F	F	02:42:27
218	13	398	Luisa GUIMARAES	Cfit	SENIORES F	F	02:42:28
219	3	854	Teresa SILVA	Tecla 3 Runners	F-40	F	02:43:10
220	14	858	Andrea COELHO	Tecla 3 Runners	SENIORES F	F	02:43:11
221	55	978	Sergio SOUSA	Individual	M-40	M	02:43:39
222	4	436	Alice SOUSA	Dr Merino / Nutrifit	F-40	F	02:43:50
223	130	944	Fernando PACHECO	Individual	SENIORES M	M	02:43:51
224	131	1007	Luis PACHECO	Individual	SENIORES M	M	02:43:51
225	132	411	Tiago RAMALHO	Clube Zupper	SENIORES M	M	02:44:04
226	15	629	Natália CUNHA	Moinhos Run	SENIORES F	F	02:44:14
227	133	702	Luis OLIVEIRA	Os Barrigas	SENIORES M	M	02:44:17
228	134	573	André COELHO	Kinkipa	SENIORES M	M	02:44:45

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
229	135	843	Jonas MAIA	Taludos Pá	SENIORES M	M	02:44:46
230	5	281	Alexandra PADILHA	Aliança de Gandra	F-40	F	02:44:55
231	21	591	Mário SOARES	Lion Runners -G. D. Leões Da Guarda	M-50	M	02:45:04
232	16	337	Mónica COELHO	Amigos do Pedal Trailagares	SENIORES F	F	02:45:29
233	136	653	Nuno ALEXANDRE	Nocturnos de Paredes	SENIORES M	M	02:45:36
234	137	642	Rui ALMEIDA	Nocturnos de Paredes	SENIORES M	M	02:45:36
235	138	998	Francisco BATISTA	Individual	SENIORES M	M	02:45:38
236	139	259	Nuno MOURA	A.D.Amarante Trail Running	SENIORES M	M	02:45:56
237	56	1020	Wilson FONSECA	Individual	M-40	M	02:46:08
238	57	809	Antonio COELHO	S. S. Montepio	M-40	M	02:46:58
239	140	815	Julio SANTOS	S. S. Montepio	SENIORES M	M	02:46:58
240	6	674	Lúcia OLIVEIRA	Nós Acreditamos	F-40	F	02:47:01
241	141	394	Filipe NUNES	Cfa Runners	SENIORES M	M	02:47:37
242	17	931	Andrea CUNHA	Individual	SENIORES F	F	02:47:51
243	142	932	Carlos BARBOSA	Individual	SENIORES M	M	02:47:51
244	143	812	Hugo SILVA	S. S. Montepio	SENIORES M	M	02:48:17
245	7	810	Carla BARROS	S. S. Montepio	F-40	F	02:48:18
246	1	546	Rosa MENDES	Gondomar Futsal Clube	F-50	F	02:48:27
247	144	428	Nuno SANTOS	Crocodilos	SENIORES M	M	02:48:30
248	58	1012	Carlos AVELINO	Individual	M-40	M	02:48:46
249	145	920	Diogo SILVA	Individual	SENIORES M	M	02:48:48
250	2	903	Fatima NUNES	Usf Ts	F-50	F	02:48:58
251	22	828	António OSÓRIO	Santiago	M-50	M	02:49:08
252	146	860	Miguel TEIXEIRA	Teixeira	SENIORES M	M	02:49:11
253	147	440	Nuno FERREIRA	Dreams 2016	SENIORES M	M	02:49:14
254	148	701	Carlos PEREIRA	Os Barrigas	SENIORES M	M	02:49:32
255	149	850	Aníbal BOTELHO	Team Siguritus	SENIORES M	M	02:49:38
256	18	554	Ana SILVA	Izzef	SENIORES F	F	02:49:38
257	8	555	Maria SILVA	Izzef	F-40	F	02:49:38
258	59	732	Luis GOMES	Particular	M-40	M	02:49:39
259	150	380	Fernando NOGUEIRA	Bttombos	SENIORES M	M	02:49:58
260	151	857	Sérgio SILVA	Tecla 3 Runners	SENIORES M	M	02:50:16
261	152	336	Adriano REIS	Amigos do Pedal Trailagares	SENIORES M	M	02:50:37
262	153	479	Tiago RIBEIRO	Foge Foge Bandido	SENIORES M	M	02:50:39
263	60	668	Luís DIAS	Nocturnos de Paredes	M-40	M	02:50:40
264	154	665	Tiago PINTO	Nocturnos de Paredes	SENIORES M	M	02:50:40
265	155	262	Fábio CORREIA	A.D.Sebolido Trail Boneca douro	SENIORES M	M	02:50:42
266	156	481	André PINTO	Freamunde Running Crew	SENIORES M	M	02:50:44

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
267	61	536	Jorge SUZANO	Gondomar Futsal Clube	M-40	M	02:51:17
268	157	853	Carlos MOREIRA	Tecla 3 Runners	SENIORES M	M	02:51:26
269	158	867	Jose CASTRO	Tj27	SENIORES M	M	02:51:56
270	19	966	Luisa CRUZ	Individual	SENIORES F	F	02:52:03
271	20	856	Cristina COUTO	Tecla 3 Runners	SENIORES F	F	02:52:05
272	23	904	Jorge CONCEIÇÃO	Usf Ts	M-50	M	02:52:09
273	62	376	Leonel TEIXEIRA	Btt Alegria / Tubani	M-40	M	02:52:14
274	21	253	Celina SILVA	A D Esmeriz Running	SENIORES F	F	02:52:18
275	24	740	Marco COSTA	Pé de Chumbo Team	M-50	M	02:52:38
276	159	463	João SOUSA	Factor X / S4L / Medensefc	SENIORES M	M	02:52:45
277	160	415	Gabriel MOREIRA	Clube Zupper	SENIORES M	M	02:52:46
278	9	422	Paula NASCIMENTO	Clube Zupper	F-40	F	02:52:46
279	22	728	Emanuela ROCHA	Parjovem	SENIORES F	F	02:52:51
280	161	724	António NETO	Parjovem	SENIORES M	M	02:52:52
281	63	982	Paulo FERREIRA	Individual	M-40	M	02:53:02
282	162	482	Ricardo AIRES	Fridão Sem Limites	SENIORES M	M	02:53:07
283	23	768	Anarita SILVA	R&B	SENIORES F	F	02:53:10
284	24	769	Bruna DIAS	R&B	SENIORES F	F	02:53:11
285	163	869	Christophe SOUSA	Too Stupid To Stop	SENIORES M	M	02:53:11
286	164	374	Carlos GONÇALVES	Brmar	SENIORES M	M	02:53:19
287	25	598	Luis ALMEIDA	Lion Runners -G. D. Leões Da Guarda	M-50	M	02:53:27
288	64	593	Miguel FONSECA	Lion Runners -G. D. Leões Da Guarda	M-40	M	02:53:28
289	165	803	Filipe PACHECO	Runforwhat	SENIORES M	M	02:53:32
290	25	696	Ana RODRIGUES	Oralklass-Amigos do Trail	SENIORES F	F	02:53:34
291	166	837	Henrique SOUSA	Solitário	SENIORES M	M	02:53:45
292	65	243	Salvador SANTOS	@Venida Team	M-40	M	02:53:48
293	167	572	Ricardo SILVA	Kinkipa	SENIORES M	M	02:53:48
294	10	526	Aida PRESA	Girls4Run	F-40	F	02:53:55
295	26	971	Susana SOUSA	Individual	SENIORES F	F	02:54:06
296	27	992	Joana AZEVEDO	Individual	SENIORES F	F	02:54:06
297	66	818	Ricardo SILVA	S. S. Montepio	M-40	M	02:54:14
298	168	631	Pedro LOBO	Nadacontra	SENIORES M	M	02:54:26
299	28	625	Inês MOREIRA	Moinhos Run	SENIORES F	F	02:54:29
300	29	895	Marta COUTO	Unidade Especial de Corrida	SENIORES F	F	02:54:39
301	30	654	Salette SILVA	Nocturnos de Paredes	SENIORES F	F	02:54:53
302	67	632	Miguel GUIMARÃES	Nadacontra	M-40	M	02:54:56
303	169	122	Luis SILVA	Kemedo Team	SENIORES M	M	02:55:02
304	11	397	Adilia TEIXEIRA	Cfit	F-40	F	02:55:07

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
305	68	475	Francisco MOTA	Fatextil Runers	M-40	M	02:55:08
306	69	804	Pedro MATOS	Running Mates	M-40	M	02:56:06
307	170	409	Ricardo NOGUEIRA	Cfit	SENIORES M	M	02:56:15
308	31	622	Ana BARROS	Minions	SENIORES F	F	02:56:19
309	32	934	Marlene SILVA	Individual	SENIORES F	F	02:56:19
310	171	351	Marco MENDES	Andatrilhos Freamunde	SENIORES M	M	02:56:21
311	172	419	João RODRIGUES	Clube Zupper	SENIORES M	M	02:56:30
312	173	472	Sílvia SÍLVA	Fast And Furious	SENIORES M	M	02:56:34
313	26	886	Joaquim LEITE	Uma Vez Perdi-Me no Monte	M-50	M	02:56:52
314	33	956	Mariana GUERRA	Individual	SENIORES F	F	02:57:01
315	12	614	Nina SILVA	Mean Machine	F-40	F	02:57:03
316	34	1021	Sandra GONÇALVES	Individual	SENIORES F	F	02:57:04
317	70	824	Emanuel DURÃES	Sai Da Frente	M-40	M	02:57:11
318	71	1054	Abílio PACHECO	Bifase	M-40	M	02:57:12
319	13	499	Carmen MAGALHÃES	G.D. Leões Da Guarda	F-40	F	02:57:18
320	174	575	Marco NOGUEIRA	Kinkipa	SENIORES M	M	02:57:27
321	175	123	Jose PINTO	Kemedo Team	SENIORES M	M	02:57:37
322	35	282	Isabel NEVES	Aliança de Gandra	SENIORES F	F	02:57:38
323	36	286	Paula SILVA	Aliança de Gandra	SENIORES F	F	02:57:39
324	37	448	Joana ABREU	Eat Pasta Run Fasta	SENIORES F	F	02:57:44
325	176	375	Bruno GUEDES	Bruno Guedes	SENIORES M	M	02:57:44
326	177	847	André FERREIRA	Taludos Pá	SENIORES M	M	02:57:51
327	178	550	Fernando PEREIRA	Hangover Running	SENIORES M	M	02:58:00
328	38	1024	Ana TORRES	Individual	SENIORES F	F	02:58:00
329	14	924	Isabel CARVALHO	Individual	F-40	F	02:58:22
330	72	564	Alexandre TEIXEIRA	Kemedo Team	M-40	M	02:58:24
331	73	834	Luis NOGUEIRA	Só Nós dois	M-40	M	02:58:30
332	15	833	Isabel ARAUJO	Só Nós dois	F-40	F	02:58:30
333	179	945	Ricardo NOGUEIRA	Individual	SENIORES M	M	02:59:35
334	180	730	Ricardo NOGUEIRA	Parjovem	SENIORES M	M	02:59:56
335	39	320	Marcia LOPES	All About	SENIORES F	F	02:59:57
336	40	658	Raquel RIBEIRO	Nocturnos de Paredes	SENIORES F	F	03:00:29
337	74	301	António OLIVEIRA	Aliança de Gandra	M-40	M	03:00:31
338	27	382	Joaquim MOREIRA	Calmex	M-50	M	03:00:32
339	28	624	Rui QUINTA	Moinhos Run	M-50	M	03:00:32
340	41	628	Patrícia MOREIRA	Moinhos Run	SENIORES F	F	03:00:32
341	75	361	José LEAL	Bifase	M-40	M	03:00:36
342	16	410	Cândida VILAS-BOAS	Clube Zupper	F-40	F	03:00:38

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
343	181	547	Rui SANTOS	Gondomar Futsal Clube	SENIORES M	M	03:00:39
344	76	537	José LASCASAS	Gondomar Futsal Clube	M-40	M	03:01:06
345	182	788	Ricardo LEITE	Royal Club Running	SENIORES M	M	03:01:12
346	183	639	Jose PEREIRA	Nights	SENIORES M	M	03:01:33
347	184	969	Pedro MONTEIRO	Individual	SENIORES M	M	03:01:37
348	42	287	Carla PEREIRA	Aliança de Gandra	SENIORES F	F	03:01:45
349	185	757	Fábio ANTELO	Playlife	SENIORES M	M	03:01:46
350	29	560	Joao SILVA	Jps	M-50	M	03:02:03
351	186	425	Antonio SANTOS	Confectavia	SENIORES M	M	03:02:03
352	187	621	Rui MARTINS	Mifal	SENIORES M	M	03:02:13
353	188	643	Jorge RIBEIRO	Nocturnos de Paredes	SENIORES M	M	03:02:18
354	189	946	Bruno MAGALHAES	Individual	SENIORES M	M	03:02:21
355	190	965	Joaquim CARDOSO	Individual	SENIORES M	M	03:02:59
356	43	420	Cátia MOREIRA	Clube Zupper	SENIORES F	F	03:02:59
357	3	529	Adelaide VIGÁRIO	Gondomar Futsal Clube	F-50	F	03:03:14
358	77	266	António COSTA	Aacc	M-40	M	03:03:18
359	191	871	Filipe PEREIRA	Touquenemposso	SENIORES M	M	03:03:28
360	78	771	Rui SÁ	Radio Jornal Fm Runners	M-40	M	03:03:37
361	44	705	Rita PEREIRA	Os Barrigas	SENIORES F	F	03:03:48
362	192	816	Marcirio SILVA	S. S. Montepio	SENIORES M	M	03:03:50
363	193	605	Paulo AGUIAR	Marco Runners	SENIORES M	M	03:03:59
364	194	1001	José CUNHA	Individual	SENIORES M	M	03:04:37
365	45	993	Liliana MAGALHÃES	Individual	SENIORES F	F	03:04:43
366	46	671	Eva MOREIRA	Nocturnos de Paredes	SENIORES F	F	03:05:12
367	17	741	Maria TEIXEIRA	Pé de Chumbo	F-40	F	03:05:16
368	79	468	Rui SILVA	Familia Paradela	M-40	M	03:05:22
369	80	928	Pedro PRÓSPERO	Individual	M-40	M	03:05:27
370	18	830	Águeda SANTOS	Sheet Wheells	F-40	F	03:05:29
371	19	386	Branca NABAIS	Ccdfpjp	F-40	F	03:05:36
372	195	364	Ernesto CARNEIRO	Bifase	SENIORES M	M	03:05:59
373	30	365	Paulo FERREIRA	Bifase	M-50	M	03:06:00
374	196	363	Pedro SILVA	Bifase	SENIORES M	M	03:06:00
375	81	592	Paulo RIBEIRO	Lion Runners -G. D. Leões Da Guarda	M-40	M	03:06:16
376	47	594	Cristina GONÇALVES	Lion Runners -G. D. Leões Da Guarda	SENIORES F	F	03:06:19
377	197	275	Filipe SILVA	Aliança de Gandra	SENIORES M	M	03:06:22
378	82	733	Rui GANDRA	Patás Negras	M-40	M	03:06:55
379	48	270	Rosa MENDES	Acrrorunners	SENIORES F	F	03:07:11
380	83	360	Carlos SILVA	Bifase	M-40	M	03:07:49

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
381	84	359	Joaquim ROCHA	Bifase	M-40	M	03:07:49
382	198	649	Luis CARDOSO	Nocturnos de Paredes	SENIORES M	M	03:07:49
383	85	979	Jota OLIVEIRA	Individual	M-40	M	03:08:07
384	199	1005	Pedro MIRANDA	Individual	SENIORES M	M	03:08:08
385	200	518	Pedro REIS	Generosos	SENIORES M	M	03:08:09
386	201	357	Bruno MENDES	Bcm	SENIORES M	M	03:08:28
387	20	973	Sandra CARDOSO	Individual	F-40	F	03:08:32
388	86	541	Mário RIBEIRO	Gondomar Futsal Clube	M-40	M	03:08:35
389	31	535	Joaquim MATOS	Gondomar Futsal Clube	M-50	M	03:08:35
390	202	588	Albano TEIXEIRA	La Familia	SENIORES M	M	03:08:38
391	203	746	José FERNANDES	Piastrail	SENIORES M	M	03:08:45
392	204	743	Ricardo PINTO	Pé de Chumbo	SENIORES M	M	03:08:57
393	49	742	Marisa SOUSA	Pé de Chumbo	SENIORES F	F	03:08:57
394	205	520	Antonio OLIVEIRA	Generosos	SENIORES M	M	03:09:05
395	206	522	Manuel ADRIANO	Generosos	SENIORES M	M	03:09:05
396	207	477	Paulo COSTA	Ffit Gaia Trail Running	SENIORES M	M	03:09:07
397	208	685	Élsio LEAL	O Atleta E As Amigas	SENIORES M	M	03:09:08
398	50	670	Irina OLIVEIRA	Nocturnos de Paredes	SENIORES F	F	03:09:10
399	51	662	Carina MOREIRA	Nocturnos de Paredes	SENIORES F	F	03:09:10
400	209	367	Gilberto FERREIRA	Bifase	SENIORES M	M	03:09:32
401	87	678	Vitor ALMEIDA	Nós Acreditamos	M-40	M	03:09:56
402	21	917	Paula ANJOS	Individual	F-40	F	03:10:04
403	32	597	Raul FERREIRA	Lion Runners -G. D. Leões Da Guarda	M-50	M	03:10:36
404	88	950	Ricardo PINTO	Individual	M-40	M	03:10:41
405	89	942	Rui PINTO	Individual	M-40	M	03:10:41
406	210	704	João FERREIRA	Os Barrigas	SENIORES M	M	03:10:41
407	52	955	Elisabete ALMEIDA	Individual	SENIORES F	F	03:10:43
408	33	957	Carlos ALMEIDA	Individual	M-50	M	03:12:00
409	53	894	Filipa PEREIRA	Unidade Especial de Corrida	SENIORES F	F	03:12:01
410	211	805	Orlando MAGALHAES	Running Mates	SENIORES M	M	03:12:52
411	212	943	Jose NOGUEIRA	Individual	SENIORES M	M	03:13:21
412	54	264	Ana RODRIGUES	A.D.Sebolido Trail Boneca douro	SENIORES F	F	03:14:00
413	55	265	Sofia CARVALHO	A.D.Sebolido Trail Boneca douro	SENIORES F	F	03:14:00
414	22	787	Joana REGUENGO	Royal Club Running	F-40	F	03:14:02
415	56	401	Marta RIBEIRO	Cfit	SENIORES F	F	03:14:09
416	213	1044	Luís BORGES	Royal School of Languages	SENIORES M	M	03:14:27
417	23	1023	Susana SANTOS	Individual	F-40	F	03:14:36
418	57	396	Liliana TEIXEIRA	Cfit	SENIORES F	F	03:15:07

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
419	58	842	Joana MONTENEGRO	Sweet Runners	SENIORES F	F	03:15:07
420	90	918	Paulo SOARES	Individual	M-40	M	03:15:22
421	59	864	Marlene RODRIGUES	Thunder Team	SENIORES F	F	03:15:27
422	91	865	Pedro RODRIGUES	Thunder Team	M-40	M	03:15:27
423	214	619	Luís MELO	Mickeys	SENIORES M	M	03:15:37
424	215	1042	Ricardo MOREIRA	Royal School of Languages	SENIORES M	M	03:15:38
425	216	1041	Rui MOREIRA	Royal School of Languages	SENIORES M	M	03:15:38
426	217	491	Tiago COELHO	Fugitivos Urbanos	SENIORES M	M	03:15:46
427	218	488	Hugo OLIVEIRA	Fugitivos Urbanos	SENIORES M	M	03:15:46
428	34	473	Manuel ROCHA	Fast ao Km	M-50	M	03:16:07
429	219	574	Idalio GUIMARÃES	Kinkipa	SENIORES M	M	03:16:09
430	60	525	Rita RESENDE	Girls4Run	SENIORES F	F	03:16:11
431	61	323	Filipa ALVES	All About	SENIORES F	F	03:16:11
432	92	501	Philippe DOMINGUES	Gafanhotos	M-40	M	03:16:20
433	62	395	Liliana RIBEIRO	Cfa Runners	SENIORES F	F	03:16:21
434	24	502	Dulce ALMEIDA	Gafanhotos	F-40	F	03:16:22
435	220	577	Nuno BARBOSA	Kunalamarunners	SENIORES M	M	03:16:39
436	63	421	Ângela BRAGANÇA	Clube Zupper	SENIORES F	F	03:16:42
437	221	356	André VIEIRA	Barros	SENIORES M	M	03:16:59
438	222	909	Americo BOTELHO	Vreal	SENIORES M	M	03:17:05
439	223	462	Nuno CORREIA	Factor X / S4L / Medensefc	SENIORES M	M	03:17:07
440	224	464	Pedro VIANA	Factor X / S4L / Medensefc	SENIORES M	M	03:17:08
441	93	908	Manuel BASTOS	Vreal	M-40	M	03:17:09
442	64	505	Claudia COELHO	Generosos	SENIORES F	F	03:17:11
443	65	324	Andreia REIS	All About	SENIORES F	F	03:17:38
444	225	325	Bruno FERREIRA	All About	SENIORES M	M	03:17:38
445	25	823	Marieta MOREIRA	Sai Da Frente	F-40	F	03:18:20
446	26	996	Maria CARVALHO	Individual	F-40	F	03:18:22
447	226	1034	Jorge MOSQUEIRA	Individual	SENIORES M	M	03:18:51
448	66	651	Maria MOUTINHO	Nocturnos de Paredes	SENIORES F	F	03:18:52
449	227	433	Sérgio VALENTE	Dharma	SENIORES M	M	03:19:36
450	228	439	Rui CORREIA	Dragon Runners	SENIORES M	M	03:20:13
451	67	825	Lurdes LOUREIRO	Sai Da Frente	SENIORES F	F	03:20:34
452	94	826	Ivo LOUREIRO	Sai Da Frente	M-40	M	03:20:35
453	229	268	Ricardo BROCHADO	Acrorunners	SENIORES M	M	03:20:36
454	230	269	João CUNHA	Acrorunners	SENIORES M	M	03:20:36
455	231	763	Bruno RODRIGUES	Prestígio	SENIORES M	M	03:20:42
456	232	257	Luis MENDES	A.D.Amarante Trail Running	SENIORES M	M	03:20:45

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
457	68	256	Ana MENDONÇA	A.D.Amarante Trail Running	SENIORES F	F	03:20:45
458	233	283	Marco MOREIRA	Aliança de Gandra	SENIORES M	M	03:20:49
459	69	580	Elisabete FONSECA	Kunalamarunners	SENIORES F	F	03:21:10
460	234	581	Joao PINTO	Kunalamarunners	SENIORES M	M	03:21:10
461	95	589	Paulo LARA	Larocas Team	M-40	M	03:21:12
462	4	532	Branca MARQUES	Gondomar Futsal Clube	F-50	F	03:22:42
463	70	606	Joana BABO	Marco Runners	SENIORES F	F	03:23:10
464	27	1050	Margarida OLIVEIRA	Individual	F-40	F	03:23:13
465	96	902	Hugo ALMEIDA	Usf Ts	M-40	M	03:23:16
466	235	760	Telmo RODRIGUES	Prestígio	SENIORES M	M	03:23:59
467	236	372	Jorge SOUSA	Bitrunners	SENIORES M	M	03:24:01
468	71	527	Ana MACEDO	Gondomar Futsal Clube	SENIORES F	F	03:24:16
469	35	531	António QUEIROZ	Gondomar Futsal Clube	M-50	M	03:24:16
470	237	1028	Hugo SEABRA	Individual	SENIORES M	M	03:24:20
471	72	1029	Lúcia RIOS	Individual	SENIORES F	F	03:24:20
472	238	844	Armando MARTINS	Taludos Pá	SENIORES M	M	03:24:39
473	73	458	Sílvia ROCHA	Esmoriz Runners	SENIORES F	F	03:24:58
474	74	968	Albertina CUNHA	Individual	SENIORES F	F	03:25:04
475	75	994	Sandra RAMOS	Individual	SENIORES F	F	03:25:05
476	97	995	Joaquim RAMOS	Individual	M-40	M	03:25:06
477	76	900	Mónica MAGALHÃES	Usf Ts	SENIORES F	F	03:25:07
478	77	897	Mafalda ALVES	Usf Ts	SENIORES F	F	03:25:07
479	239	352	Filipe LOPES	Andatrilhos Freamunde	SENIORES M	M	03:25:13
480	78	334	Ana COELHO	Amigos do Pedal Trailagares	SENIORES F	F	03:25:30
481	79	333	Telma ROCHA	Amigos do Pedal Trailagares	SENIORES F	F	03:25:31
482	98	838	Fernando ALMEIDA	Sóplabifana	M-40	M	03:26:06
483	240	402	Carlos LEAL	Cfit	SENIORES M	M	03:26:09
484	241	285	Marco MOREIRA	Aliança de Gandra	SENIORES M	M	03:26:16
485	99	444	Miguel GOMES	Duros de Roer	M-40	M	03:26:23
486	242	443	Alberto GOMES	Duros de Roer	SENIORES M	M	03:26:23
487	80	907	Snia PINTO	Viver Saudavel	SENIORES F	F	03:26:47
488	81	1025	Joana MARTINS	Individual	SENIORES F	F	03:26:51
489	82	627	Mónica BARBOSA	All About	SENIORES F	F	03:26:52
490	36	747	Avelino FERNANDES	Piastrail	M-50	M	03:26:53
491	243	308	Pedro SISTELO	All About	SENIORES M	M	03:27:08
492	28	322	Diana CANCELA	All About	F-40	F	03:27:09
493	83	961	Raquel SANTOS	Individual	SENIORES F	F	03:27:35
494	29	673	Rosaria SOUSA	Nocturnos de Paredes	F-40	F	03:27:40

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
495	244	813	Ivo MARTINS	S. S. Montepio	SENIORES M	M	03:28:05
496	84	814	Joana DIREITO	S. S. Montepio	SENIORES F	F	03:28:05
497	85	899	Estela OLIVEIRA	Usf Ts	SENIORES F	F	03:29:03
498	30	898	Ana ALVES	Usf Ts	F-40	F	03:29:03
499	86	715	Brígida DUARTE	Osfazconta	SENIORES F	F	03:29:06
500	245	997	Bruno LOURENÇO	Individual	SENIORES M	M	03:30:02
501	100	426	Carlos RUSSO	Cr	M-40	M	03:30:02
502	246	836	Marcos MARTINS	Sódescidas Trail	SENIORES M	M	03:30:14
503	247	835	Ricardo SOARES	Sódescidas Trail	SENIORES M	M	03:30:14
504	101	984	Miguel RUFINO	Individual	M-40	M	03:30:38
505	37	539	José SOUSA	Gondomar Futsal Clube	M-50	M	03:31:21
506	87	432	Daniela COSTA	Daniela	SENIORES F	F	03:31:44
507	248	299	Helder MOREIRA	Aliança de Gandra	SENIORES M	M	03:31:44
508	88	1035	Liliana SILVA	Individual	SENIORES F	F	03:31:45
509	31	911	Mónica MATOS	All About	F-40	F	03:32:26
510	32	459	Ana OLIVEIRA	Extreme Runners	F-40	F	03:32:27
511	102	626	Pedro SÁ	Moinhos Run	M-40	M	03:32:30
512	89	470	Rita LEAL	Familiapatanisca.Blogspot.Com	SENIORES F	F	03:32:32
513	249	706	Mauro MAGALHÃES	Os Furatrails	SENIORES M	M	03:32:33
514	250	469	Carlos LEAL	Familiapatanisca.Blogspot.Com	SENIORES M	M	03:32:33
515	251	371	Rui SILVA	Bitrunners	SENIORES M	M	03:32:39
516	90	496	Maria SOUSA	Futurrunners	SENIORES F	F	03:33:41
517	38	587	Alberto MARTINS	Kunalamarunners	M-50	M	03:33:41
518	91	304	Cátia FRANCISCO	Aliança de Gandra	SENIORES F	F	03:33:49
519	92	990	Cecília SOUSA	Individual	SENIORES F	F	03:34:09
520	93	681	Maria SILVA	O Atleta E As Amigas	SENIORES F	F	03:34:21
521	94	683	Ana MOREIRA	O Atleta E As Amigas	SENIORES F	F	03:34:21
522	33	700	Marília DIAS	Os Arrastas	F-40	F	03:34:47
523	103	699	Carlos SOUSA	Os Arrastas	M-40	M	03:34:47
524	252	820	Sergio OLIVEIRA	S. S. Montepio	SENIORES M	M	03:34:58
525	104	551	Rui OLIVEIRA	Hp	M-40	M	03:34:58
526	105	641	José FARIA	no Tomorrow Running Team	M-40	M	03:35:01
527	95	579	Sandra SOUSA	Kunalamarunners	SENIORES F	F	03:35:05
528	253	578	Ângelo RIBEIRO	Kunalamarunners	SENIORES M	M	03:35:06
529	96	887	Sara RAFAEL	Únicos	SENIORES F	F	03:35:23
530	254	888	Helder RODRIGUES	Únicos	SENIORES M	M	03:35:23
531	255	112	Filipe LEITÃO	Gondomar Futsal Clube	SENIORES M	M	03:35:42
532	97	879	Tânia VASCONCELOS	Tv	SENIORES F	F	03:35:46

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
533	98	635	Dianelys CABALLERO	Nascidos Para Correr	SENIORES F	F	03:35:46
534	99	311	Daniela MARQUES	All About	SENIORES F	F	03:35:52
535	100	312	Elisabete ARAÚJO	All About	SENIORES F	F	03:35:53
536	106	377	Filipe TEIXEIRA	Btt Alegria / Tubani	M-40	M	03:35:57
537	101	404	Ana MENDONÇA	Cfit	SENIORES F	F	03:35:57
538	34	640	Ana BARROSO	no Tomorrow Running Team	F-40	F	03:36:03
539	102	859	Sílvia FARIA	Teixeira	SENIORES F	F	03:36:27
540	35	1019	Ana SILVA	Individual	F-40	F	03:36:28
541	36	510	Cristina DUARTE	Generosos	F-40	F	03:36:30
542	5	530	Ana SOUSA	Gondomar Futsal Clube	F-50	F	03:36:35
543	107	296	António PAIVA	Aliança de Gandra	M-40	M	03:36:37
544	108	293	Telmo ALMEIDA	Aliança de Gandra	M-40	M	03:36:38
545	103	250	Débora VIEIRA	A Caminho de Ser Fit - Team	SENIORES F	F	03:36:51
546	104	251	Ana COELHO	A Caminho de Ser Fit - Team	SENIORES F	F	03:36:51
547	105	457	Dora VENTURA	Equipa Xpto	SENIORES F	F	03:37:25
548	106	252	Maria MAGALHÃES	A Caminho de Ser Fit - Team	SENIORES F	F	03:37:31
549	256	521	Hugo GAMA	Generosos	SENIORES M	M	03:37:33
550	107	471	Liliana MONTEIRO	Fast And Furious	SENIORES F	F	03:37:48
551	257	545	Pedro RODRIGUES	Gondomar Futsal Clube	SENIORES M	M	03:37:51
552	108	723	Sonia SILVA	Paredes Running	SENIORES F	F	03:38:44
553	258	722	Antonio BARBOSA	Paredes Running	SENIORES M	M	03:38:44
554	37	1013	Mónica ROCHA	Individual	F-40	F	03:38:59
555	6	355	Maria MOREIRA	Barbosa	F-50	F	03:39:13
556	39	354	Augusto BARBOSA	Barbosa	M-50	M	03:39:14
557	259	797	Nuno CORREIA	Run2Eat	SENIORES M	M	03:39:15
558	109	798	Rui ROCHA	Run2Eat	M-40	M	03:39:17
559	260	863	Tiago MACHADO	The Walkers	SENIORES M	M	03:39:34
560	110	438	Luis MOUTINHO	Dragon Runners	M-40	M	03:39:41
561	40	1022	Manuel CARVALHO	Individual	M-50	M	03:39:45
562	7	963	Clara CAPELAS	Individual	F-50	F	03:40:02
563	109	890	Liliana CARDOSO	Unidade Especial de Corrida	SENIORES F	F	03:40:18
564	38	507	Paula FERREIRA	Generosos	F-40	F	03:41:19
565	261	400	Daniel MOREIRA	Cfit	SENIORES M	M	03:41:44
566	39	634	Cristina MOREIRA	Nascidos Para Correr	F-40	F	03:41:57
567	40	548	Susana SOUSA	Gondomar Futsal Clube	F-40	F	03:42:07
568	110	1033	Alexandra SILVA	Individual	SENIORES F	F	03:42:13
569	262	582	Pedro ROCHA	Kunalamarunners	SENIORES M	M	03:42:25
570	111	583	Isabel FONSECA	Kunalamarunners	SENIORES F	F	03:42:25

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
571	263	657	Pedro FERRAZ	Nocturnos de Paredes	SENIORES M	M	03:44:04
572	111	672	João LEITE	Nocturnos de Paredes	M-40	M	03:44:05
573	112	750	Isabel SANTOS	Pigosos & Belozes	SENIORES F	F	03:44:09
574	113	495	Diana TEIXEIRA	Fugitivos Urbanos	SENIORES F	F	03:45:47
575	264	494	Manuel GONÇALVES	Fugitivos Urbanos	SENIORES M	M	03:45:47
576	41	915	Liliana BRANDÃO	Wtf	F-40	F	03:46:15
577	42	342	Carmen MOREIRA	Amigos do Pedal Trailagares	F-40	F	03:46:16
578	265	703	Ricardo MOREIRA	Os Barrigas	SENIORES M	M	03:46:51
579	114	599	Daniela SILVA	Lion Runners -G. D. Leões Da Guarda	SENIORES F	F	03:46:56
580	43	506	Lúcia MARQUES	Generosos	F-40	F	03:47:14
581	266	406	Cesar MOURA	Cfit	SENIORES M	M	03:47:22
582	115	384	Sandra MACHADO	Casal Maravilha	SENIORES F	F	03:47:41
583	267	385	Miguel COSTA	Casal Maravilha	SENIORES M	M	03:47:42
584	116	292	Fernanda MACHADO	Aliança de Gandra	SENIORES F	F	03:48:06
585	268	290	Sérgio PEREIRA	Aliança de Gandra	SENIORES M	M	03:48:06
586	117	509	Sara LOPES	Generosos	SENIORES F	F	03:48:10
587	118	661	Tânia FERREIRA	Nocturnos de Paredes	SENIORES F	F	03:48:14
588	112	753	Isidro SILVA	Pipb	M-40	M	03:48:20
589	44	927	Susana GARCIAS	Individual	F-40	F	03:48:26
590	119	841	Susana CARRILHO	Susana Carrilho	SENIORES F	F	03:48:26
591	41	567	Luís CUNHA	Kinkipa	M-50	M	03:50:24
592	120	570	Sónia GONÇALVES	Kinkipa	SENIORES F	F	03:50:24
593	42	568	Augusto TEIXEIRA	Kinkipa	M-50	M	03:50:25
594	121	569	Bruna NUNES	Kinkipa	SENIORES F	F	03:50:25
595	113	571	Amândio SOUSA	Kinkipa	M-40	M	03:50:25
596	122	958	Raquel SILVA	Individual	SENIORES F	F	03:50:48
597	123	349	Débora MAGALHÃES	Andatrilhos Freamunde	SENIORES F	F	03:50:50
598	269	348	Luís PEDRO	Andatrilhos Freamunde	SENIORES M	M	03:50:50
599	124	347	Cristina MACHADO	Andatrilhos Freamunde	SENIORES F	F	03:50:50
600	270	346	Daniel NETO	Andatrilhos Freamunde	SENIORES M	M	03:50:50
601	271	954	Paulo CARVALHO	Individual	SENIORES M	M	03:50:59
602	272	666	Telmo MOTA	Nocturnos de Paredes	SENIORES M	M	03:51:59
603	125	497	Joana RANGEL	Futurrunners	SENIORES F	F	03:52:02
604	114	504	Rodrigo FERRAZ	Generosos	M-40	M	03:52:29
605	126	508	Sofia TADEU	Generosos	SENIORES F	F	03:52:30
606	127	454	Andrea VIEIRA	Ellas	SENIORES F	F	03:52:34
607	273	862	Júlio SANTOS	The Walkers	SENIORES M	M	03:52:35
608	128	456	Lúcia FERRIRA	Ellas	SENIORES F	F	03:52:42

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
609	129	455	Eunice COELHO	Ellas	SENIORES F	F	03:52:42
610	274	1015	Rogério OLIVEIRA	Individual	SENIORES M	M	03:52:44
611	45	423	Dulce MOREDA	Clube Zupper	F-40	F	03:55:21
612	275	617	José COELHO	Mete H2O	SENIORES M	M	03:55:54
613	46	596	Dina GONÇALVES	Lion Runners -G. D. Leões Da Guarda	F-40	F	03:56:53
614	47	650	Maria JESUS	Nocturnos de Paredes	F-40	F	03:57:01
615	115	819	Rui SILVA	S. S. Montepio	M-40	M	03:57:01
616	130	659	Rita FERREIRA	Nocturnos de Paredes	SENIORES F	F	03:57:02
617	131	783	Belinda COSTA	Royal Club Running	SENIORES F	F	03:57:04
618	132	716	Vania SOARES	Osfazconta	SENIORES F	F	03:57:04
619	48	878	Sílvia SILVA	Tugas Na Estrada	F-40	F	03:57:44
620	133	986	Maria CAMPOS	Individual	SENIORES F	F	03:57:44
621	49	762	Ermesinda CARVALHO	Prestígio	F-40	F	03:59:09
622	276	608	Nuno AMORIM	Marco Runners	SENIORES M	M	03:59:14
623	277	735	Alexandre TELES	Patas Negras	SENIORES M	M	04:00:05
624	134	620	Heloísa NETO	Mickeys	SENIORES F	F	04:00:05
625	135	882	Carmelita MARQUES	Uh Lá Lá	SENIORES F	F	04:00:06
626	278	861	Roberto GOMES	The Walkers	SENIORES M	M	04:00:08
627	136	930	Susana ALMEIDA	Individual	SENIORES F	F	04:00:41
628	279	726	Luís MOTA	Parjovem	SENIORES M	M	04:00:49
629	137	645	Andreia SILVA	Nocturnos de Paredes	SENIORES F	F	04:00:49
630	280	648	Luis MARQUES	Nocturnos de Paredes	SENIORES M	M	04:00:49
631	116	1011	Vitor SOUSA	Factor X / S4L / Medensefc	M-40	M	04:00:49
632	138	523	Sonia SOUSA	Generosos	SENIORES F	F	04:00:57
633	139	476	Kisy UYEKI	Ffit Gaia Trail Running	SENIORES F	F	04:01:13
634	140	881	Carla LEAL	Uh Lá Lá	SENIORES F	F	04:02:21
635	141	794	Carla BRINCO	Run2Eat	SENIORES F	F	04:02:21
636	281	799	Paulo MIRANDA	Run2Eat	SENIORES M	M	04:02:22
637	50	781	Maria SOUSA	Royal Club Running	F-40	F	04:02:55
638	142	947	Maria BESSA	Individual	SENIORES F	F	04:03:14
639	143	935	Marisa VIEIRA	Individual	SENIORES F	F	04:03:18
640	144	752	Sandra NOVA	Pipb	SENIORES F	F	04:03:20
641	51	720	Lucinda MARQUES	Paredes Running	F-40	F	04:04:24
642	145	309	Elsa SILVA	All About	SENIORES F	F	04:04:45
643	52	1049	Isabel FAZENDA	All About	F-40	F	04:04:45
644	53	321	Adélia BALTAZAR	All About	F-40	F	04:04:45
645	117	310	Filipe PIRES	All About	M-40	M	04:04:46
646	146	981	Rita COSTA	Individual	SENIORES F	F	04:05:45

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
647	54	754	Maria SILVA	Pipb	F-40	F	04:06:23
648	282	940	Nuno SOUSA	Individual	SENIORES M	M	04:06:26
649	147	939	Rute LEMOS	Individual	SENIORES F	F	04:06:26
650	148	949	Maria NOGUEIRA	Individual	SENIORES F	F	04:07:06
651	283	988	Manuel OLIVEIRA	Individual	SENIORES M	M	04:07:19
652	149	936	Ana SILVA	Individual	SENIORES F	F	04:07:19
653	150	987	Susana MOREIRA	Individual	SENIORES F	F	04:07:19
654	284	1010	Renato MOREIRA	Individual	SENIORES M	M	04:07:20
655	285	849	Pedro CARVALHO	All About	SENIORES M	M	04:07:23
656	8	1026	Alice VIVEIROS	Individual	F-50	F	04:07:44
657	118	307	Nuno HENRIQUE	All About	M-40	M	04:07:45
658	286	848	Paulo SOUSA	All About	SENIORES M	M	04:07:45
659	55	910	Ana TRIGO	All About	F-40	F	04:07:45
660	151	714	Adriana DUARTE	Osfazconta	SENIORES F	F	04:10:51
661	287	713	Jorge SILVA	Osfazconta	SENIORES M	M	04:10:52
662	288	610	Marco SANTOS	Mcoutinho	SENIORES M	M	04:10:52
663	152	611	Patrícia BARBOSA	Mcoutinho	SENIORES F	F	04:10:53
664	119	839	Alzira SOUSA	Sousa	M-40	M	04:11:14
665	56	1037	Isabel SILVA	Individual	F-40	F	04:11:15
666	9	332	Ana DIAS	Amigos do Pedal Trailagares	F-50	F	04:12:13
667	153	749	Rafaela MARQUES	Pigosos & Belozes	SENIORES F	F	04:12:40
668	154	590	Susana MATEUS	Lion Runners -G. D. Leões Da Guarda	SENIORES F	F	04:14:44
669	57	515	Manuela ROSAS	Generosos	F-40	F	04:14:44
670	58	1016	Paula SOUSA	Individual	F-40	F	04:14:50
671	59	1018	Manuela OLIVEIRA	Individual	F-40	F	04:14:50
672	60	874	Maria CORREIA	Trailletra	F-40	F	04:14:53
673	155	983	Oriana TEIXEIRA	Individual	SENIORES F	F	04:14:53
674	120	734	Paulo CUNHA	Patas Negras	M-40	M	04:14:55
675	121	721	Luis RIBEIRO	Paredes Running	M-40	M	04:15:09
676	122	774	Fernando SÁ	Radio Jornal Fm Runners	M-40	M	04:16:01
677	156	775	Alexandra SÁ	Radio Jornal Fm Runners	SENIORES F	F	04:16:01
678	157	524	Fatima FREITAS	Generosos	SENIORES F	F	04:16:34
679	61	314	Carla GABRIEL	All About	F-40	F	04:18:22
680	62	313	Fernanda MAGALHÃES	All About	F-40	F	04:18:22
681	158	667	Lídia MOTA	Nocturnos de Paredes	SENIORES F	F	04:18:44
682	159	901	Sabrina PEDONE	Usf Ts	SENIORES F	F	04:18:44
683	289	776	Alfredo MACHADO	Radio Jornal Fm Runners	SENIORES M	M	04:21:02
684	43	602	Jaime MARQUES	Maiatos/Reabnorte	M-50	M	04:21:16

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
685	10	603	Rosalina MARQUES	Maiatos/Reabnorte	F-50	F	04:21:16
686	160	353	Claudia SANTOS	Arranca Troços	SENIORES F	F	04:23:08
687	161	542	Patrícia SANTOS	Gondomar Futsal Clube	SENIORES F	F	04:23:39
688	290	294	Roberto MOREIRA	Aliança de Gandra	SENIORES M	M	04:24:00
689	123	303	Victor ROCHA	Aliança de Gandra	M-40	M	04:24:01
690	63	912	Sónia MADUREIRA	All About	F-40	F	04:27:45
691	64	339	Florabela GONÇALVES	Amigos do Pedal Trailagares	F-40	F	04:27:47
692	162	341	Carina FERREIRA	Amigos do Pedal Trailagares	SENIORES F	F	04:27:47
693	163	498	Helena RANGEL	Futurrunners	SENIORES F	F	04:28:04
694	164	780	Andreia TEIXEIRA	Radio Jornal Fm Runners	SENIORES F	F	04:28:41
695	291	777	Edgar FARIA	Radio Jornal Fm Runners	SENIORES M	M	04:28:41
696	165	513	Isabel ROCHA	Generosos	SENIORES F	F	04:29:00
697	11	511	Ana PRATA	Generosos	F-50	F	04:30:10
698	292	533	Bruno VIGÁRIO	Gondomar Futsal Clube	SENIORES M	M	04:31:23
699	166	618	Sara VIGARIO	Metralhas	SENIORES F	F	04:31:24
700	124	1038	José SOUSA	Individual	M-40	M	04:32:44
701	293	1039	Américo MOREIRA	Individual	SENIORES M	M	04:32:45
702	65	291	Maria NEVES	Aliança de Gandra	F-40	F	04:34:37
703	66	289	Silvia PINTO	Aliança de Gandra	F-40	F	04:34:42
704	67	284	Elisabete GONÇALVES	Aliança de Gandra	F-40	F	04:34:42
705	167	340	Alice SILVA	Amigos do Pedal Trailagares	SENIORES F	F	04:34:46
706	168	295	Angela ALMEIDA	Aliança de Gandra	SENIORES F	F	04:34:47
707	169	923	Isabel SUSANO	Individual	SENIORES F	F	04:42:44
708	170	369	Fátima COSTA	Bitrunners	SENIORES F	F	04:42:44
709	171	512	Salomé MEDEIROS	Generosos	SENIORES F	F	04:45:44
710	172	782	Inés SOUSA	Royal Club Running	SENIORES F	F	04:45:44
711	173	297	Liliana FERREIRA	Aliança de Gandra	SENIORES F	F	04:45:46
712	174	953	Diana VALENTE	Individual	SENIORES F	F	04:45:57
713	125	442	José PIMENTA	Duros de Roer	M-40	M	04:50:24
714	68	1008	Suzana NOGUEIRA	Individual	F-40	F	04:50:33
715	126	1009	Pedro CRUZ	Individual	M-40	M	04:50:34
716	175	247	Celina PACHECO	1001 Trilhos	SENIORES F	F	04:51:29
717	176	246	Fatima RIBEIRO	1001 Trilhos	SENIORES F	F	04:51:29
718	294	249	Rafael PACHECO	1001 Trilhos	SENIORES M	M	04:51:30
719	177	796	Liliana BORGES	Run2Eat	SENIORES F	F	04:53:26
720	178	793	Bárbara CASTRO	Run2Eat	SENIORES F	F	04:53:29
721	179	795	Patrícia SILVA	Run2Eat	SENIORES F	F	04:53:30
722	69	613	Carla BARBOSA	Mcoutinho	F-40	F	04:54:51

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
723	127	612	Marco MOREIRA	Mcoutinho	M-40	M	04:54:51
724	180	779	Daniela MOREIRA	Radio Jornal Fm Runners	SENIORES F	F	04:55:22
725	181	778	Ana MOREIRA	Radio Jornal Fm Runners	SENIORES F	F	04:55:23
726	182	709	Márcia MARAFONA	Os Não Menos	SENIORES F	F	04:55:58
727	295	708	Hugo MARAFONA	Os Não Menos	SENIORES M	M	04:55:59
728	296	710	Bruno LOPES	Os Não Menos	SENIORES M	M	04:55:59
729	183	711	Patrícia CASANOVA	Os Não Menos	SENIORES F	F	04:55:59
730	297	712	Carlos CADILHE	Os Não Menos	SENIORES M	M	04:55:59
731	298	585	Bruno BARTES	Kunalamarunners	SENIORES M	M	05:14:41
732	299	562	Ricardo DIAS	Keepmoving	SENIORES M	M	05:17:16
733	184	1004	Marlene FERNANDES	Individual	SENIORES F	F	05:17:17
734	70	937	Elsa DIAS	Individual	F-40	F	05:21:42
735	185	960	Ana SILVA	Individual	SENIORES F	F	05:21:42
736	300	1031	César PAIS	Individual	SENIORES M	M	05:25:23
737	71	514	Carla GOMES	Generosos	F-40	F	05:43:26
738	72	516	Lu PINTO	Generosos	F-40	F	05:43:27
739	73	315	Cristina COSTA	All About	F-40	F	05:43:27
740	74	445	Gisela LOUREIRO	Duros de Roer	F-40	F	05:43:27
741	75	316	Odete NEVES	All About	F-40	F	05:43:27