Trail Serra da Boneca 2016
Cabroelo
04-September-2016

TRAIL LONGO 35K - STAGE 1 — 35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	23.9ºC	39%
End	15:30	32.2ºC	30%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	32	Carlos Ferreira	nast	Senior Masculino	03:38:50		06:15
2	19	Agostinho Barbosa Reis	individual	Senior Masculino	03:57:06	+18:16	06:46
3	18	Joaquim Manuel Martins De Freitas	gdr retorta	Senior Masculino	04:02:13	+23:24	06:55
4	12	Toze Amorim	caldas de são jorge sport club	Senior Masculino	04:04:19	+25:30	06:59
5	34	Belmiro Moreira	oralklass - amigos do trail	Senior Masculino	04:04:49	+25:59	07:00
6	33	Diogo Carvalho	nast	Veterano M45	04:17:27	+38:37	07:21
7	36	Rita Loureiro	oralklass - amigos do trail	Sub 23 Feminino	04:19:40	+40:50	07:25
8	40	Sérgio Miguel Lopes Monteiro	sardonisca runners	Senior Masculino	04:23:32	+44:43	07:32
9	15	Joaquim Madureira	clube zupper	Senior Masculino	04:23:54	+45:05	07:32
10	35	Francisco Martins de Figueiredo	oralklass - amigos do trail	Senior Masculino	04:27:13	+48:23	07:38
11	7	Duarte Gil Ribeiro Barbosa	all about spirit team	Veterano M45	04:28:15	+49:25	07:40
12	10	Maria Augusta da Costa Loureiro	associação desportiva de cabroelo	Senior Feminino	04:36:46	+57:56	07:54
13	27	António Amador	individual	Veterano M45	04:43:11	+01:04:21	08:05
14	20	Alcides José Silva Barbosa	individual	Senior Masculino	04:47:32	+01:08:42	08:13
15	44	Adão Silva	f. c. penafiel	Senior Masculino	04:57:14	+01:18:25	08:30
16	9	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M45	05:12:22	+01:33:33	08:56
17	6	Bruno Vilaça	abicae	Senior Masculino	05:24:32	+01:45:43	09:16
18	21	André Cavadas	clube zupper	Senior Masculino	05:34:36	+01:55:46	09:34
19	11	Pedro Miguel Oliveira da Silva	associação desportiva de cabroelo	Sub 23 Masculino	05:36:03	+01:57:13	09:36
20	38	Avelino Rodrigues	porto sentido runners	Senior Masculino	05:57:33	+02:18:43	10:13
21	39	Miguel Pereira	porto sentido runners	Senior Masculino	05:57:33	+02:18:44	10:13
22	30	luis de Almeida	lion runners - g. d. leões da guarda	Veterano M45	05:59:22	+02:20:32	10:16
23	28	Bruno Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	05:59:26	+02:20:37	10:16
24	16	Gil Ferreira da Silva	eu+ run	Senior Masculino	06:05:02	+02:26:12	10:26
25	43	Pedro Manuel Leão Bastos	via verde team	Veterano M45	06:22:25	+02:43:35	10:56
26	29	Maria Ricardo	lion runners - g. d. leões da guarda	Veterana F45	06:34:14	+02:55:24	11:16
27	24	lino pinto	individual	Senior Masculino	06:48:15	+03:09:26	11:40
28	42	PAULO FERREIRA	sweet runners	Veterano M45	06:54:14	+03:15:24	11:50
29	41	VITOR NUNO SILVA	sweet runners	Senior Masculino	06:54:14	+03:15:24	11:50

Trail Longo 35K

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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	Time	Temperature	Humidity
Start	08:30	23.9ºC	39%
End	15:30	32.2ºC	30%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	10	Maria Augusta da Costa Loureiro	Associação Desportiva de Cabroelo	Senior Feminino	04:36:46		07:54
Senior Masculino							
1	32	Carlos Ferreira	NAST	Senior Masculino	03:38:50		06:15
2	19	Agostinho Barbosa Reis	Individual	Senior Masculino	03:57:06	+18:16	06:46
3	18	Joaquim Manuel Martins De Freitas	GDR RETORTA	Senior Masculino	04:02:13	+23:24	06:55
4	12	Toze Amorim	Caldas de São Jorge Sport Club	Senior Masculino	04:04:19	+25:30	06:59
5	34	Belmiro Moreira	Oralklass - Amigos Do Trail	Senior Masculino	04:04:49	+25:59	07:00
6	40	Sérgio Miguel Lopes Monteiro	Sardonisca Runners	Senior Masculino	04:23:32	+44:43	07:32
7	15	Joaquim Madureira	Clube Zupper	Senior Masculino	04:23:54	+45:05	07:32
8	35	Francisco Martins de Figueiredo	Oralklass - Amigos Do Trail	Senior Masculino	04:27:13	+48:23	07:38
9	20	Alcides José Silva Barbosa	Individual	Senior Masculino	04:47:32	+01:08:42	08:13
10	44	Adão Silva	F. C. Penafiel	Senior Masculino	04:57:14	+01:18:25	08:30
11	6	Bruno Vilaça	AbiCae	Senior Masculino	05:24:32	+01:45:43	09:16
12	21	André Cavadas	Clube Zupper	Senior Masculino	05:34:36	+01:55:46	09:34
13	38	Avelino Rodrigues	Porto Sentido Runners	Senior Masculino	05:57:33	+02:18:43	10:13
14	39	Miguel Pereira	Porto Sentido Runners	Senior Masculino	05:57:33	+02:18:44	10:13
15	28	Bruno Monteiro	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	05:59:26	+02:20:37	10:16
16	16	Gil Ferreira da Silva	EU+ Run	Senior Masculino	06:05:02	+02:26:12	10:26
17	24	lino pinto	Individual	Senior Masculino	06:48:15	+03:09:26	11:40
18	41	VITOR NUNO SILVA	SWEET RUNNERS	Senior Masculino	06:54:14	+03:15:24	11:50
Sub 23 Feminino							
1	36	Rita Loureiro	Oralklass - Amigos Do Trail	Sub 23 Feminino	04:19:40		07:25
Sub 23 Masculino							
1	11	Pedro Miguel Oliveira da Silva	Associação Desportiva de Cabroelo	Sub 23 Masculino	05:36:03		09:36

Trail Longo 35K — 35 KM

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Veterana F45

1	29	Maria Ricardo	LION RUNNERS - G. D. Leões da Guarda	Veterana F45	06:34:14		11:16

Veterano M45

1	33	Diogo Carvalho	NAST	Veterano M45	04:17:27		07:21
2	7	Duarte Gil Ribeiro Barbosa	ALL ABOUT SPIRIT TEAM	Veterano M45	04:28:15	+10:48	07:40
3	27	António Amador	Individual	Veterano M45	04:43:11	+25:44	08:05
4	9	Jorge Manuel Barbosa Moreira	Amigos do Pedal TraiLagares	Veterano M45	05:12:22	+54:56	08:56
5	30	luis de Almeida	LION RUNNERS - G. D. Leões da Guarda	Veterano M45	05:59:22	+01:41:55	10:16
6	43	Pedro Manuel Leão Bastos	Via Verde Team	Veterano M45	06:22:25	+02:04:58	10:56
7	42	PAULO FERREIRA	SWEET RUNNERS	Veterano M45	06:54:14	+02:36:47	11:50