Trail Serra da Boneca 2018
Cabroelo, PT
11-March-2018

TRAIL LONGO - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	-99ºC	-99%
End	13:41	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	6	Bruno Miguel Rodrigues Moreira	amigos do pedal trailagares	Senior Masculino	03:11:22		05:48
2	36	ADOLFO GARRIDO FERNANDEZ	individual	Veterano M45	03:13:30	+02:07	05:52
3	16	André Almeida	factor x / s4l / medense fc	Senior Masculino	03:14:14	+02:51	05:53
4	18	joaquim manuel Martins de freitas	gdr retorta	Senior Masculino	03:16:45	+05:22	05:58
5	59	António Amorim	serviços sociais camara municipal santa maria da feira	Veterano M45	03:20:50	+09:27	06:05
6	61	Carlos Cunha	dá-lhe gás	Senior Masculino	03:32:50	+21:28	06:27
7	13	Pedro Dias	dá-lhe gás	Senior Masculino	03:33:21	+21:58	06:28
8	7	Jorge Moreira	amigos do pedal trailagares	Veterano M45	03:34:54	+23:31	06:31
9	58	Ivan Silva	limitless	Senior Masculino	03:37:44	+26:21	06:36
10	26	Frank Fritsche	individual	Senior Masculino	03:41:23	+30:01	06:43
11	33	Paulo Almiro Borges Sampaio	individual	Senior Masculino	03:42:32	+31:09	06:45
12	8	António Fernandes	amigos do traill	Senior Masculino	03:46:01	+34:38	06:51
13	28	Joao Moreira	individual	Senior Masculino	03:49:15	+37:52	06:57
14	60	Nuno Nunes	dá-lhe gás	Senior Masculino	04:04:12	+52:49	07:24
15	40	Agostinho Sousa	moinhos run-adrm	Veterano M45	04:08:05	+56:42	07:31
16	43	Eduardo Pinto	piratas running team	Veterano M45	04:14:28	+01:03:05	07:43
17	9	Maria Loureiro	associação desportiva de cabroelo	Veterana F45	04:15:30	+01:04:08	07:45
18	38	Paulo Ferreira	individual	Veterano M45	04:28:22	+01:17:00	08:08
19	25	francisco moreira	individual	Senior Masculino	04:28:23	+01:17:00	08:08
20	14	Liliana Gomes	dr. merino/4moove	Senior Feminino	04:29:33	+01:18:11	08:10
21	31	Mário Oliveira	individual	Senior Masculino	04:29:37	+01:18:14	08:10
22	29	Luis Miguel Alves de Freitas Ribeiro	individual	Senior Masculino	04:32:43	+01:21:20	08:16
23	44	Joaquim lobato	running espinho	Veterano M45	04:37:38	+01:26:15	08:25
24	42	Carlos Passos	piratas running team	Veterano M45	04:53:27	+01:42:04	08:54
25	41	Paulo Seabra	piratas running team	Senior Masculino	04:53:27	+01:42:05	08:54
26	55	Artur Ferreira	unidos à fresca	Senior Masculino	05:06:11	+01:54:48	09:17
27	56	Nelson Machado	unidos à fresca	Senior Masculino	05:06:15	+01:54:52	09:17
28	52	Henrique Barbedo	sucupiraf.c	Veterano M45	05:09:27	+01:58:04	09:23
29	51	Lurdes Barbedo	sucupiraf.c	Veterana F45	05:09:27	+01:58:04	09:23
30	49	Nuno Costa	sucupiraf.c	Senior Masculino	05:09:27	+01:58:04	09:23
31	47	Hélder Castro	sucupiraf.c	Senior Masculino	05:09:27	+01:58:05	09:23
32	37	Antero Cunha	individual	Veterano M45	05:10:52	+01:59:30	09:25

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Trail Longo

33 KM

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	Time	Temperature	Humidity
Start	08:30	-99ºC	-99%
End	13:41	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	14	Liliana Gomes	Dr. Merino/4moove	Senior Feminino	04:29:33	+01:18:11	08:10
Senior Masculino							
1	6	Bruno Miguel Rodrigues Moreira	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	03:11:22		05:48
2	16	André Almeida	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:14:14	+02:51	05:53
3	18	joaquim manuel Martins de freitas	GDR RETORTA	Senior Masculino	03:16:45	+05:22	05:58
4	61	Carlos Cunha	Dá-Lhe Gás	Senior Masculino	03:32:50	+21:28	06:27
5	13	Pedro Dias	Dá-Lhe Gás	Senior Masculino	03:33:21	+21:58	06:28
6	58	Ivan Silva	Limitless	Senior Masculino	03:37:44	+26:21	06:36
7	26	Frank Fritsche	Individual	Senior Masculino	03:41:23	+30:01	06:43
8	33	Paulo Almiro Borges Sampaio	Individual	Senior Masculino	03:42:32	+31:09	06:45
9	8	António Fernandes	Amigos do Traill	Senior Masculino	03:46:01	+34:38	06:51
10	28	Joao Moreira	Individual	Senior Masculino	03:49:15	+37:52	06:57
11	60	Nuno Nunes	Dá-Lhe Gás	Senior Masculino	04:04:12	+52:49	07:24
12	25	francisco moreira	Individual	Senior Masculino	04:28:23	+01:17:00	08:08
13	31	Mário Oliveira	Individual	Senior Masculino	04:29:37	+01:18:14	08:10
14	29	Luis Miguel Alves de Freitas Ribeiro	Individual	Senior Masculino	04:32:43	+01:21:20	08:16
15	41	Paulo Seabra	Piratas Running Team	Senior Masculino	04:53:27	+01:42:05	08:54
16	55	Artur Ferreira	UNIDOS À FRESCA	Senior Masculino	05:06:11	+01:54:48	09:17
17	56	Nelson Machado	UNIDOS À FRESCA	Senior Masculino	05:06:15	+01:54:52	09:17
18	49	Nuno Costa	SucupiraF.c	Senior Masculino	05:09:27	+01:58:04	09:23
19	47	Hélder Castro	SucupiraF.c	Senior Masculino	05:09:27	+01:58:05	09:23
Veterana F45							
1	9	Maria Loureiro	Associação Desportiva de Cabroelo	Veterana F45	04:15:30	+01:04:08	07:45
2	51	Lurdes Barbedo	SucupiraF.c	Veterana F45	05:09:27	+01:58:04	09:23
Veterano M45							
1	36	ADOLFO GARRIDO FERNANDEZ	Individual	Veterano M45	03:13:30	+02:07	05:52
2	59	António Amorim	Serviços Sociais Camara Municipal Santa Maria da Feira	Veterano M45	03:20:50	+09:27	06:05
3	7	Jorge Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M45	03:34:54	+23:31	06:31
4	40	Agostinho Sousa	Moinhos Run-ADRM	Veterano M45	04:08:05	+56:42	07:31

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33 KM

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5	43	Eduardo Pinto	Piratas Running Team	Veterano M45	04:14:28	+01:03:05	07:43
6	38	Paulo Ferreira	Individual	Veterano M45	04:28:22	+01:17:00	08:08
7	44	Joaquim lobato	RUNNING ESPINHO	Veterano M45	04:37:38	+01:26:15	08:25
8	42	Carlos Passos	Piratas Running Team	Veterano M45	04:53:27	+01:42:04	08:54
9	52	Henrique Barbedo	SucupiraF.c	Veterano M45	05:09:27	+01:58:04	09:23
10	37	Antero Cunha	Individual	Veterano M45	05:10:52	+01:59:30	09:25