Trail Serra da Boneca 2016
Cabroelo
04-September-2016

TRAIL 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	25ºC	39%
End	14:16	32.2ºC	30%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	569	António Martins	clube ciclista de gondomar	Veterano M45	02:17:05		05:29
2	512	Fernando Miguel Neves	centro ciclista de gondomar	Senior Masculino	02:24:34	+07:29	05:47
3	533	Luís Ricardo Beato Pereira	individual	Senior Masculino	02:32:21	+15:17	06:06
4	543	Celso Oliveira	lion runners - g. d. leões da guarda	Senior Masculino	02:39:29	+22:25	06:23
5	525	José Paulo Ribeiro	gondomar futsal clube	Senior Masculino	02:50:14	+33:10	06:49
6	506	Joaquim Quintas	ass. btt - tt samdim	Senior Masculino	02:53:21	+36:16	06:56
7	504	Rui Pedro Moreira Lopes	amigos do pedal trailagares	Senior Masculino	02:55:41	+38:37	07:02
8	555	Daniela Russo	oralklass - amigos do trail	Senior Feminino	02:57:01	+39:56	07:05
9	505	CARLOS FERNANDES	as belas e eles	Senior Masculino	02:59:44	+42:40	07:11
10	537	Rui Silva	individual	Senior Masculino	03:08:31	+51:26	07:32
11	507	Marinho Quintas	ass. btt - tt samdim	Senior Masculino	03:10:23	+53:18	07:37
12	517	Andre Filipe Oliveira Almeida	factor x / s4l / medensefc	Senior Masculino	03:11:19	+54:15	07:39
13	561	Carlos Duarte	porto sentido runners	Senior Masculino	03:21:00	+01:03:55	08:02
14	523	Ricardo Rocha	fast ao km	Senior Masculino	03:23:15	+01:06:11	08:08
15	570	Carlos Alberto Martins da Silva	individual	Senior Masculino	03:23:25	+01:06:20	08:08
16	538	Vitor manuel ribeiro Dias	individual	Senior Masculino	03:23:46	+01:06:41	08:09
17	539	Paulo Graça	individual	Veterano M45	03:24:44	+01:07:40	08:11
18	508	Manuel Quintas	ass. btt - tt samdim	Veterano M45	03:25:49	+01:08:44	08:14
19	530	Flávio Martins	individual	Senior Masculino	03:27:07	+01:10:03	08:17
20	526	Carla Sousa	individual	Senior Feminino	03:29:21	+01:12:16	08:22
21	545	José Sá	lion runners - g. d. leões da guarda	Senior Masculino	03:31:51	+01:14:47	08:28
22	531	Francisco Manuel Ribeiro da Costa	individual	Senior Masculino	03:32:00	+01:14:55	08:29
23	502	Monica Isabel Vieira Coelho	amigos do pedal trailagares	Senior Feminino	03:38:53	+01:21:48	08:45
24	521	Vitor Santos	factor x / s4l / medensefc	Senior Masculino	03:39:00	+01:21:55	08:46
25	559	Paulo Jorge de Sousa Magalhães	ou vai ou racha	Senior Masculino	03:44:40	+01:27:35	08:59
26	558	JOSÉ GENTIL	ou vai ou racha	Senior Masculino	03:44:40	+01:27:36	08:59
27	563	Andreia Morais	somos nós team	Sub 23 Feminino	03:45:13	+01:28:09	09:01
28	564	Fátima Vieira	somos nós team	Veterana F45	03:46:15	+01:29:10	09:03
29	548	Ernesto Martins	lion runners - g. d. leões da guarda	Veterano M45	03:48:40	+01:31:35	09:09
30	532	Libanio José Rocha Alves	individual	Senior Masculino	03:49:28	+01:32:23	09:11
31	566	Rosa Conceição	trail running btt sanguedo	Veterana F45	03:50:50	+01:33:45	09:14
32	568	Quintino Amorim	trail running btt sanguedo	Veterano M45	03:50:50	+01:33:45	09:14
33	510	Manuel Couto	body & zen salão manos running	Veterano M45	03:50:50	+01:33:46	09:14
34	546	Miguel Mendes	lion runners - g. d. leões da guarda	Senior Masculino	03:52:10	+01:35:06	09:17
35	536	Nuno Pinho	individual	Senior Masculino	03:52:45	+01:35:40	09:19
36	540	Cristina Gonçalves	lion runners - g. d. leões da guarda	Senior Feminino	03:54:56	+01:37:51	09:24
37	516	Francisco Aragão	eu+ run	Senior Masculino	03:55:01	+01:37:56	09:24
38	554	Tiago Melo	mello's	Sub 23 Masculino	04:05:44	+01:48:40	09:50
39	552	Pedro Melo	mello's	Senior Masculino	04:05:45	+01:48:40	09:50
40	509	Tiago André da Silva Ferreira	associação desportiva de cabroelo	Sub 23 Masculino	04:16:54	+01:59:50	10:17
41	529	cesar goncalves carneiro	individual	Senior Masculino	04:16:55	+01:59:50	10:17
42	567	Fernando Correia	trail running btt sanguedo	Veterano M45	04:17:28	+02:00:23	10:18

TRAIL 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	565	Dulce Correia	trail running btt sanguedo	Veterana F45	04:17:28	+02:00:23	10:18
44	535	Nuno Filipe Menezes da Silva	individual	Senior Masculino	04:18:58	+02:01:54	10:22
45	560	Bruno Guedes	porto sentido runners	Senior Masculino	04:18:58	+02:01:54	10:22
46	544	Filipe Pereira	lion runners - g. d. leões da guarda	Senior Masculino	04:24:41	+02:07:36	10:35
47	557	Lino Moura	os manguelas	Veterano M45	04:28:28	+02:11:23	10:44
48	556	Nuno Brandão	os manguelas	Senior Masculino	04:28:29	+02:11:24	10:44
49	528	Solange Sousa	individual	Senior Feminino	04:44:23	+02:27:19	11:23
50	522	Vitor Sousa	factor x / s4l / medensefc	Senior Masculino	04:44:24	+02:27:19	11:23
51	542	Susana Faria	lion runners - g. d. leões da guarda	Senior Feminino	05:08:48	+02:51:44	12:21
52	549	Paulo Henriques	lion runners - g. d. leões da guarda	Veterano M45	05:15:00	+02:57:56	12:36

Trail Serra da Boneca 2016
Cabroelo
04-September-2016

Trail 25K — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	25ºC	39%
End	14:16	32.2ºC	30%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	555	Daniela Russo	Oralklass - Amigos Do Trail	Senior Feminino	02:57:01		07:05
2	526	Carla Sousa	Individual	Senior Feminino	03:29:21	+32:20	08:22
3	502	Monica Isabel Vieira Coelho	Amigos do Pedal TraiLagares	Senior Feminino	03:38:53	+41:52	08:45
4	540	Cristina Gonçalves	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	03:54:56	+57:55	09:24
5	528	Solange Sousa	Individual	Senior Feminino	04:44:23	+01:47:23	11:23
6	542	Susana Faria	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	05:08:48	+02:11:48	12:21

Senior Masculino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	512	Fernando Miguel Neves	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	02:24:34		05:47
2	533	Luís Ricardo Beato Pereira	Individual	Senior Masculino	02:32:21	+07:48	06:06
3	543	Celso Oliveira	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	02:39:29	+14:56	06:23
4	525	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:50:14	+25:41	06:49
5	506	Joaquim Quintas	Ass. BTT - TT Samdim	Senior Masculino	02:53:21	+28:47	06:56
6	504	Rui Pedro Moreira Lopes	Amigos do Pedal TraiLagares	Senior Masculino	02:55:41	+31:08	07:02
7	505	CARLOS FERNANDES	AS BELAS E ELES	Senior Masculino	02:59:44	+35:11	07:11
8	537	Rui Silva	Individual	Senior Masculino	03:08:31	+43:57	07:32
9	507	Marinho Quintas	Ass. BTT - TT Samdim	Senior Masculino	03:10:23	+45:49	07:37
10	517	Andre Filipe Oliveira Almeida	Factor X / S4L / MedenseFC	Senior Masculino	03:11:19	+46:46	07:39
11	561	Carlos Duarte	Porto Sentido Runners	Senior Masculino	03:21:00	+56:26	08:02
12	523	Ricardo Rocha	FAST AO KM	Senior Masculino	03:23:15	+58:42	08:08
13	570	Carlos Alberto Martins da Silva	Individual	Senior Masculino	03:23:25	+58:51	08:08
14	538	Vitor manuel ribeiro Dias	Individual	Senior Masculino	03:23:46	+59:12	08:09
15	530	Flávio Martins	Individual	Senior Masculino	03:27:07	+01:02:34	08:17
16	545	José Sá	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	03:31:51	+01:07:18	08:28
17	531	Francisco Manuel Ribeiro da Costa	Individual	Senior Masculino	03:32:00	+01:07:26	08:29
18	521	Vitor Santos	Factor X / S4L / MedenseFC	Senior Masculino	03:39:00	+01:14:26	08:46
19	559	Paulo Jorge de Sousa Magalhães	Ou Vai ou Racha	Senior Masculino	03:44:40	+01:20:06	08:59
20	558	JOSÉ GENTIL	Ou Vai ou Racha	Senior Masculino	03:44:40	+01:20:07	08:59
21	532	Libanio José Rocha Alves	Individual	Senior Masculino	03:49:28	+01:24:54	09:11
22	546	Miguel Mendes	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	03:52:10	+01:27:37	09:17
23	536	Nuno Pinho	Individual	Senior Masculino	03:52:45	+01:28:11	09:19
24	516	Francisco Aragão	EU+ Run	Senior Masculino	03:55:01	+01:30:27	09:24
25	552	Pedro Melo	Mello's	Senior Masculino	04:05:45	+01:41:11	09:50
26	529	cesar goncalves carneiro	Individual	Senior Masculino	04:16:55	+01:52:21	10:17

Trail 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

27	535	Nuno Filipe Menezes da Silva	Individual	Senior Masculino	04:18:58	+01:54:25	10:22
28	560	Bruno Guedes	Porto Sentido Runners	Senior Masculino	04:18:58	+01:54:25	10:22
29	544	Filipe Pereira	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	04:24:41	+02:00:07	10:35
30	556	Nuno Brandão	OS MANGUELAS	Senior Masculino	04:28:29	+02:03:55	10:44
31	522	Vitor Sousa	Factor X / S4L / MedenseFC	Senior Masculino	04:44:24	+02:19:50	11:23

Sub 23 Feminino

1	563	Andreia Morais	Somos Nós Team	Sub 23 Feminino	03:45:13		09:01

Sub 23 Masculino

1	554	Tiago Melo	Mello's	Sub 23 Masculino	04:05:44		09:50
2	509	Tiago André da Silva Ferreira	Associação Desportiva de Cabroelo	Sub 23 Masculino	04:16:54	+11:10	10:17

Veterana F45

1	564	Fátima Vieira	Somos Nós Team	Veterana F45	03:46:15		09:03
2	566	Rosa Conceição	Trail Running BTT Sanguedo	Veterana F45	03:50:50	+04:35	09:14
3	565	Dulce Correia	Trail Running BTT Sanguedo	Veterana F45	04:17:28	+31:13	10:18

Veterano M45

1	569	António Martins	Clube Ciclista de Gondomar	Veterano M45	02:17:05		05:29
2	539	Paulo Graça	Individual	Veterano M45	03:24:44	+01:07:40	08:11
3	508	Manuel Quintas	Ass. BTT - TT Samdim	Veterano M45	03:25:49	+01:08:44	08:14
4	548	Ernesto Martins	LION RUNNERS - G. D. Leões da Guarda	Veterano M45	03:48:40	+01:31:35	09:09
5	568	Quintino Amorim	Trail Running BTT Sanguedo	Veterano M45	03:50:50	+01:33:45	09:14
6	510	Manuel Couto	Body & Zen Salão Manos Running	Veterano M45	03:50:50	+01:33:46	09:14
7	567	Fernando Correia	Trail Running BTT Sanguedo	Veterano M45	04:17:28	+02:00:23	10:18
8	557	Lino Moura	OS MANGUELAS	Veterano M45	04:28:28	+02:11:23	10:44
9	549	Paulo Henriques	LION RUNNERS - G. D. Leões da Guarda	Veterano M45	05:15:00	+02:57:56	12:36