



TRAIL RUN OUREM

29 de Janeiro de 2017
BTT CLUBE DOS PINHEIROS
Concelho de Ourém
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Chrono.pt



Trail Médio

22 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	2049	Carlos Manuel Rasteiro Bárbara,	FERREIRA & BÁRBARA, LDA.	SM-TM	1	2:09:01.19	05:52	
2	2248	Bruno Alexandre Vieira Conde Pereira,	UDR Zona Alta - Torres Novas	M40TM	1	2:09:10.96	05:52	0:00:10
3	2015	jose rosario,	juventude vidigalense	M40TM	2	2:10:21.91	05:56	0:01:21
4	2232	ANTÓNIO ALMEIDA,	CASA DO BENFICA EM ABRANTISM-TM	2	2:11:14.33	05:58	0:02:13	
5	2180	Helder Fernandes Pereira,	Clube de Atletismo de Ferreira do ZêSM-TM	3	2:17:41.71	06:16	0:08:41	
6	2262	TIAGO GASPAR,	TRILHOS DOS TEMPLÁRIOS / GFSM-TM	4	2:19:20.56	06:20	0:10:20	
7	2289	Rui Alexandre Ferreira Pires,	FET- Fátima Escola de Triatlo	SM-TM	5	2:20:33.46	06:23	0:11:32
8	2164	Fernando Augusto Pereira Neves,	Grupo Desportivo e Cultural EirapedM40TM	3	2:20:38.26	06:24	0:11:37	
9	2030	João Carlos augusto Fernandes,	UDR Zona Alta - Torres Novas	SM-TM	6	2:20:55.17	06:24	0:11:54
10	2060	Luís Trindade,	AMCF - Arrábida Trail Team	SM-TM	7	2:23:12.86	06:31	0:14:12
11	2304	Pedro Miguel Vieira Marques,	Ama(dores) BTT Trail	SM-TM	8	2:26:30.45	06:40	0:17:29
12	2159	João Pedro Correia Fernandes,	Caracol Trail Team	SM-TM	9	2:26:31.61	06:40	0:17:31
13	2120	Mário Rui Tordo Dias,	THOUGHTTRAIL ALENQUER	SM-TM	10	2:26:34.98	06:40	0:17:34
14	2228	David Marques,	CA Barreira	M40TM	4	2:26:58.02	06:41	0:17:57
15	2039	ventura da graça pires,	Cem Quedas	M60TM	1	2:27:51.42	06:43	0:18:50
16	2296	Henrique Jorge da Silva Fernandes,	Fonte Nova Runners	SM-TM	11	2:28:02.83	06:44	0:19:02
17	2117	Ricardo Ventura Ferreira Lopes,	ACRM SILVEIRINHA CLARAS	SM-TM	12	2:28:05.09	06:44	0:19:04
18	2104	Sérgio Nuno Nunes,	Turres Trail Team	M40TM	5	2:28:50.38	06:46	0:19:49
19	2032	Ricardo Filipe Pereira Gonçalves,		SM-TM	13	2:29:07.88	06:47	0:20:07
20	2522	Antonio Lemos,	WIKABOO	M50TM	1	2:29:56.30	06:49	0:20:55
21	2216	Samuel Francisco Oliveira Reis,	A C S.MAMEDE	SM-TM	14	2:30:24.33	06:50	0:21:23
22	2275	Fernando Simão,	CA Barreira	M50TM	2	2:30:38.48	06:51	0:21:37
23	2525	FERNANDO FERREIRA,	TRILHOS DOS TEMPLÁRIOS / GFSM-TM	15	2:30:39.00	06:51	0:21:38	
24	2527	Pedro Miguel,	Clube Veteranos do lis	SM-TM	16	2:31:43.75	06:54	0:22:43
25	2524	Tiago Pedrosa,	Veteranos do Lis	SM-TM	17	2:31:45.71	06:54	0:22:45
26	2061	Túlio Alexandre de Seabra Pires Coell	Monsanto Running Team	M40TM	6	2:31:57.50	06:54	0:22:56
27	2097	Paulo César Bandeiras Rodrigues Frar	Monsanto Running Team	SM-TM	18	2:31:58.72	06:54	0:22:58
28	2077	José Dias,	Os Galgos de Tancos	M50TM	3	2:32:05.71	06:55	0:23:05
29	2255	Filipe Jorge Marques Costa,	Irmãos Costa	SM-TM	19	2:32:23.86	06:56	0:23:23
30	2035	Carlos Alberto Pinho Fernandes,	AS BELAS E ELES	M40TM	7	2:33:16.82	06:58	0:24:16
31	2519	Emanuel Ferreira Batista,	Vespinga Trail	M40TM	8	2:34:04.25	07:00	0:25:03
32	2130	Hugo Bento das Neves,	Caracol Trail Team	SM-TM	20	2:34:07.14	07:00	0:25:06
33	2205	Osvaldo Miguel Ferreira Ovelheiro,	Individual	SM-TM	21	2:34:27.62	07:01	0:25:27
34	2066	Jorge Manuel Pires Pedroso,	Jobrinde - Montes Saloios	M40TM	9	2:34:28.39	07:01	0:25:27
35	2001	Hernani Luis Batista Tomás,	Sociedade Recreativa Camarnal	M40TM	10	2:35:54.81	07:05	0:26:54
36	2233	SÉRGIO CAMPOS,	CASA DO BENFICA EM ABRANTISM-TM	22	2:37:08.79	07:09	0:28:08	
37	2511	Nuno Carvalho,		SM-TM	23	2:37:18.84	07:09	0:28:18
38	2055	Gonçalo Filipe Costa Vicente,		SM-TM	24	2:37:38.83	07:10	0:28:38
39	2219	Joaquim Duarte,		SM-TM	25	2:37:40.46	07:10	0:28:39
40	2189	Alexis Costa Filipe,		SM-TM	26	2:37:46.18	07:10	0:28:45
41	2221	Mário José Silva Ferreira Marinheiro,	Casa Povo Abrunheira	M50TM	4	2:37:47.87	07:10	0:28:47
42	2170	André Barreiro Gonçalves,	Ama(dores) Trail Team	SM-TM	27	2:38:51.16	07:13	0:29:50
43	2521	luis Grilo,	WIKABOO	M40TM	11	2:38:54.64	07:13	0:29:54
44	2247	Carlos Pastilha,	Fátima Escola de Triatlo	SM-TM	28	2:39:08.51	07:14	0:30:08
45	2201	luis miguel carvalho neves,	marinhais ac	SM-TM	29	2:39:15.49	07:14	0:30:14

46	2308	joão Nepomuceno,	Vila Fit	M40TM	12	2:39:27.16	07:15	0:30:26
47	2157	Tiago De Oliveira David,	Os Zatopeques	SM-TM	30	2:39:32.06	07:15	0:30:31
48	2179	Rui Miguel do Carmo Fernandes,		M40TM	13	2:39:38.60	07:15	0:30:38
49	2528	Ricardo Coelho,	Vila Fit	SM-TM	31	2:39:45.37	07:16	0:30:44
50	2005	Pedro Gabriel,	C.A. Amigos Parque da Paz	M40TM	14	2:39:56.34	07:16	0:30:55
51	2501	Cláudio Nóbrega,	OPraticante.pt / Run Crew Trail Mor	SM-TM	32	2:40:07.71	07:17	0:31:07
52	2099	Pedro Gameiro,	União FCI de Tomar	SM-TM	33	2:40:45.72	07:18	0:31:45
53	2215	Cristiano Escudeiro Marques,	CNTN- Triatlo Torres Novas	SM-TM	34	2:40:46.52	07:18	0:31:46
54	2199	Ricardo Mendes,	Individual	SM-TM	35	2:41:17.22	07:20	0:32:16
55	2227	Jorge Agostinho,	CA Barreira	M50TM	5	2:41:39.34	07:21	0:32:38
56	2516	Gastão Sousa,	Fit@50	M40TM	15	2:41:41.92	07:21	0:32:41
57	2070	Frederico Ribeiro das Neves,	Ama(dores) BTT/Trail Team	SM-TM	36	2:41:45.92	07:21	0:32:45
58	2297	Simão G.Fernandes,	Monsanto Running Team	SM-TM	37	2:42:05.12	07:22	0:33:04
59	2195	Paulo Alexandre da Silva Barry,	O praticante.pt/Run Crew Trail Mon	M40TM	16	2:43:13.66	07:25	0:34:13
60	2234	Dinis da Silva Santos,		SM-TM	38	2:43:27.23	07:26	0:34:26
61	2105	Paulo Jorge Nunes Freire,	ALNetos	M40TM	17	2:44:31.96	07:29	0:35:31
62	2024	Edgar José Ferreira Gomes,		SM-TM	39	2:45:06.17	07:30	0:36:05
63	2310	Joaquim Vieira,	Vila Fit	M50TM	6	2:45:15.10	07:31	0:36:14
64	2198	Nuno Rafael de Jesus Orfão,		SM-TM	40	2:45:40.05	07:32	0:36:39
65	2123	Nuno Manuel da Luz Almeida Lopes,		M40TM	18	2:45:50.68	07:32	0:36:50
66	2531	Helder Ferreira,		M50TM	7	2:45:51.12	07:32	0:36:50
67	2269	Leandro Miguel Soares santos,	Cavalinhos runners	SM-TM	41	2:46:29.25	07:34	0:37:28
68	2188	Leonel António Rodrigues Campos,	"Os Matrecos"*****	M50TM	8	2:46:36.80	07:34	0:37:36
69	2211	João Pedro da Silva Maia,		SM-TM	42	2:47:24.08	07:37	0:38:23
70	2277	Nun jose romeiro Ferreira,	Fonte Nova Runners	M40TM	19	2:47:28.16	07:37	0:38:27
71	2085	Andreia Pinheiro,	Os Galgos de Tancos	SF-TM	1	2:47:35.47	07:37	0:38:34
72	2158	Hugo Freitas,	individual	SM-TM	43	2:47:41.22	07:37	0:38:40
73	2292	João Filipe Margal Pereira Bernardino	Mota,	M40TM	20	2:48:34.07	07:40	0:39:33
74	2231	Sérgio Alberto Pepino d' Oliveira,	pace.makers	M40TM	21	2:48:35.00	07:40	0:39:34
75	2514	Pedro Manso,	Fit@50	SM-TM	44	2:48:35.76	07:40	0:39:35
76	2040	marco ferreira,	pacariça runners	M40TM	22	2:48:39.61	07:40	0:39:39
77	2273	Pedro Jose Pereira Gomes,	Fonte Nova Runners	SM-TM	45	2:49:49.17	07:43	0:40:48
78	2027	Vitor Jorge Dias Pires,	UDR Zona Alta - Torres Novas	M40TM	23	2:50:00.88	07:44	0:41:00
79	2026	Rui Luis,	Os tolinhos	M40TM	24	2:50:08.85	07:44	0:41:08
80	2209	Tetyana Vakulyuk,	Caracol Trail Team	SF-TM	2	2:50:16.08	07:44	0:41:15
81	2235	Tiago Dias,		SM-TM	46	2:50:36.62	07:45	0:41:36
82	2119	Filipe Alexandre Duarte Perera,		SM-TM	47	2:50:47.79	07:46	0:41:47
83	2127	Paulo José Jorge Pereira dos Santos,		M40TM	25	2:50:51.72	07:46	0:41:51
84	2278	Leonor Mota,	A C S.MAMEDE	F40TM	1	2:51:02.13	07:46	0:42:01
85	2266	CARLOS BASÍLIO,	TRILHOS DOS TEMPLÁRIOS / Gf	SM-TM	48	2:51:25.02	07:48	0:42:24
86	2124	Davide Manuel Vieira Pereira,	Amadores Trail Team	SM-TM	49	2:51:31.11	07:48	0:42:30
87	2160	João Pedro Nunes Proença,		SM-TM	50	2:52:05.70	07:49	0:43:05
88	2071	Álvaro Santos,	AMCF - Arrábida Trail Team	M40TM	26	2:52:16.35	07:50	0:43:15
89	2260	Manuel dos Santos Carreira,	Veteranos do Lis	M50TM	9	2:52:23.84	07:50	0:43:23
90	2166	Leopoldo Frederico Francisco Ribeiro Só	Tangas	SM-TM	51	2:52:52.48	07:51	0:43:51
91	2094	Jorge Miguel da Silva Vinagre Russo	Sport Club Desportos Glória do Ribe	M40TM	27	2:54:10.23	07:55	0:45:09
92	2101	Alberto Graça,	União FCI de Tomar	M60TM	2	2:54:12.93	07:55	0:45:12
93	2256	Telmo Martins de Oliveira,		SM-TM	52	2:54:21.44	07:56	0:45:20
94	2274	Luis Miguel Reis Marques,	individual	M40TM	28	2:55:17.05	07:58	0:46:16
95	2268	VITOR MANUEL PEREIRA ORFÃO,		SM-TM	53	2:56:05.05	08:00	0:47:04
96	2526	José Martins,	Clube Veteranos do lis	M50TM	10	2:56:41.48	08:02	0:47:40
97	2213	Nelson Ferreira filipe,	Cavalinhos runners	SM-TM	54	2:56:56.09	08:03	0:47:55
98	2196	Filipe André Domingues Moleiro,	Ama(dores) Trail Team	SM-TM	55	2:57:16.45	08:03	0:48:15
99	2092	António Almeida Ferreira Reis,	SUPERFRESCO Trail Team	M50TM	11	2:57:39.59	08:05	0:48:39
100	2264	José Carlos reis prazeres,	Sapataria Sandrita	SM-TM	56	2:57:56.93	08:05	0:48:56
101	2112	António Miguel Barreto Torres Baptista,		M40TM	29	2:58:38.82	08:07	0:49:38
102	2217	Tiago António Ferreira Abreu,	OPraticante.PT/Run Crew Trail Mon	SM-TM	57	2:58:46.06	08:08	0:49:45
103	2072	Ismael António Mendes dos Santos M	BRRnightRUNNERS	M40TM	30	2:58:46.12	08:08	0:49:45
104	2186	Hugo Rafael de Sousa Francisco,		SM-TM	58	2:58:47.72	08:08	0:49:47

105	2053	José António Gomes Lemos,	Os Tolinhos	M50TM	12	2:58:50.34	08:08	0:49:49
106	2003	António Ferreira,	A-C-R A-dos-Pretos	M40TM	31	2:58:55.86	08:08	0:49:55
107	2192	PAULA CRISTINA GONÇALVES B	União FCI de Tomar	F40TM	2	2:59:04.80	08:08	0:50:04
108	2114	Raúl Gomes Velez,	Liz Runners	SM-TM	59	2:59:11.39	08:09	0:50:10
109	2078	António Soares,	Os Galgos de Tancos	SM-TM	60	2:59:14.04	08:09	0:50:13
110	2135	Ana Catarina Olival da Bárbara,		SF-TM	3	2:59:14.16	08:09	0:50:13
111	2240	Vitorino Simões,		SM-TM	61	3:00:29.08	08:12	0:51:28
112	2239	Nuno Miguel Ferreira Nunes,		SM-TM	62	3:00:49.04	08:13	0:51:48
113	2108	Pedro Miguel Ribeiro Guerra,	Moinhos	SM-TM	63	3:00:50.00	08:13	0:51:49
114	2212	Paulo Alexandre dos Santos Pedras,	Os Intocáveis	SM-TM	64	3:01:35.97	08:15	0:52:35
115	2037	Sérgio Manuel Oliveira Nunes,	Sport Clube Desportos Glória do Rib	SM-TM	65	3:01:47.78	08:16	0:52:47
116	2131	Joana Lopes Alves,	Caracol Trail Team	SF-TM	4	3:02:01.36	08:16	0:53:00
117	2245	Hélder Gaspar Pereira,	Os Tolinhos	M40TM	32	3:02:14.98	08:17	0:53:14
118	2050	Renato Miguel Vieira da Fonseca,		SM-TM	66	3:02:26.12	08:18	0:53:25
119	2172	Cristiano Casalinho,	CA Barreira	SM-TM	67	3:02:43.66	08:18	0:53:43
120	2095	Rodrigo Dias Lopes,	CCD CMT/SMAS TOMAR	SM-TM	68	3:02:56.70	08:19	0:53:56
121	2250	Andre Lopes,		SM-TM	69	3:02:58.01	08:19	0:53:57
122	2207	fidel conde,		SM-TM	70	3:03:17.01	08:20	0:54:16
123	2021	Samuel pedroso Nunes,	Os Tolinhos	SM-TM	71	3:03:29.83	08:20	0:54:29
124	2113	Jorge Galhispo,	Trigenius	M40TM	33	3:03:33.16	08:21	0:54:32
125	2090	Judith Rosário Ribeiro,	NASA /LEIRIBIKE	F40TM	3	3:03:34.85	08:21	0:54:34
126	2062	Manuel Lopes da Silva,	Casa do Benfica Abrantes	M40TM	34	3:04:06.51	08:22	0:55:06
127	2163	Carlos Carreira Major,	Grupo Desportivo e Cultural Eiraped	M50TM	13	3:04:42.97	08:24	0:55:42
128	2182	Cláudio Borges de Sousa,	Domplex	M40TM	35	3:04:43.50	08:24	0:55:43
129	2167	Telmo Alexandre Vala Gregório,	Só Tangas	SM-TM	72	3:04:44.31	08:24	0:55:43
130	2143	Carmen Sofia Fernandes Almeida,	Serviços Sociais Montepio Geral	SF-TM	5	3:04:56.61	08:24	0:55:56
131	2288	Rui Alberto Pereira,	PapaKms	M40TM	36	3:05:03.51	08:25	0:56:03
132	2177	Mário Filipe Alves Mendes,	Bora Bora Runners Leiria	M40TM	37	3:05:23.66	08:26	0:56:23
133	2512	Filipe Eusebio,		M40TM	38	3:05:40.41	08:26	0:56:39
134	2133	Cidália Maria Furtado Costa Martins,	Individual	F50TM	1	3:06:00.06	08:27	0:56:59
135	2270	António Guerreiro,	Monsanto Running Team	M60TM	3	3:06:03.01	08:27	0:57:02
136	2149	Francisco José Fernandes Vaz,	Frufreshrunners	M40TM	39	3:06:09.49	08:28	0:57:08
137	2162	Jorge Gomes,	Grupo Desportivo e Cultural Eiraped	M50TM	14	3:06:19.63	08:28	0:57:19
138	2302	Sofia Cerejo Ligeiro,	Os Tolinhos	SF-TM	6	3:06:31.80	08:29	0:57:31
139	2283	Miguel Ângelo Duarte das Neves Mat	CSCRFCHARNECA	M40TM	40	3:06:38.78	08:29	0:57:38
140	2091	Luis António dos Santos Ferreira,	SUPERFRESCO Trail Team	SM-TM	73	3:06:39.77	08:29	0:57:39
141	2134	José António Barros Martins,	Individual	M50TM	15	3:06:43.95	08:29	0:57:43
142	2523	Pedro Daniel Pacheco Lopes Calvario,		M40TM	41	3:06:44.00	08:29	0:57:43
143	2298	Micael Marques Costa,	Irmãos Costa	SM-TM	74	3:07:14.46	08:31	0:58:13
144	2148	vasco miguel cordeiro lopes,	grupo desportivo da parreira	M40TM	42	3:07:27.16	08:31	0:58:26
145	2520	Pedro Alfaiate,		SM-TM	75	3:08:54.77	08:35	0:59:54
146	2029	Bruno Gonçalo Pedro Custódio,		SM-TM	76	3:08:56.26	08:35	0:59:55
147	2193	Anibal dos Santos Silva,	CCRD BURINHOSA	M50TM	16	3:09:03.00	08:36	1:00:02
148	2271	ICIAR RODRIGO NEVADO,		F40TM	4	3:09:03.14	08:36	1:00:02
149	2118	Rogério Neves dos Santos Costa,	ACM TRAIL&RUNNING	M40TM	43	3:09:03.36	08:36	1:00:02
150	2067	Daniel Gomes Pereira,		SM-TM	77	3:10:14.73	08:39	1:01:14
151	2052	Frederico da Fonseca Sismeiro,	Os Intocáveis	M40TM	44	3:10:31.62	08:40	1:01:31
152	2012	Fábio Francisco,	Xiripiti Team	SM-TM	78	3:11:04.20	08:41	1:02:03
153	2243	Ana Paula Alves Tomé,	Trilho Perdido Eventos / Importlux	F40TM	5	3:11:32.69	08:42	1:02:32
154	2252	Pedro Filipe Ramos Monteiro Carreira,	Grupo Cicloturismo Barquinense	M40TM	45	3:11:44.03	08:43	1:02:43
155	2190	Ana Sofia Gonçalves Coelho,	Run Crew Trail Montijo	SF-TM	7	3:13:21.41	08:47	1:04:20
156	2041	Raul Abraão Cabral de Carvalho Martins,		M50TM	17	3:13:58.08	08:49	1:04:57
157	2033	Edgar Coutinho Ribeiro,	Degustar Vaidades Nazare	M40TM	46	3:14:25.93	08:50	1:05:25
158	2045	Miguel Mateus,		M40TM	47	3:14:26.86	08:50	1:05:26
159	2116	Rui Filipe Almeida Mota,		SM-TM	79	3:15:02.20	08:52	1:06:01
160	2237	Hugo Faria Neves,	individual	SM-TM	80	3:15:08.81	08:52	1:06:08
161	2208	Fabio Andre Nunes Roxo,		SM-TM	81	3:15:11.67	08:52	1:06:11
162	2063	Luis Filipe Mendes Gonçalves,	COA - Clube de Orientação e Aventura	M50TM	18	3:15:55.39	08:54	1:06:54
163	2121	João César de Carvalho Caldeira Calado,		SM-TM	82	3:16:27.22	08:56	1:07:26

164	2254	Fernando Jorge Lopes Antunes Ribeiro,	M50TM	19	3:16:28.00	08:56	1:07:27
165	2257	NELSON MANUL RODRIGUES DE SOUSA,	M40TM	48	3:17:12.25	08:58	1:08:11
166	2229	Henrique Simão, Jobrinde - Montes Saloios	M40TM	49	3:17:13.29	08:58	1:08:12
167	2279	Hugo Brazana, A C S.MAMEDE	SM-TM	83	3:17:14.44	08:58	1:08:13
168	2128	João Paulo Silva Pereira,	SM-TM	84	3:17:20.13	08:58	1:08:19
169	2020	Vasco Duarte Mendes,	SM-TM	85	3:17:46.49	08:59	1:08:45
170	2276	Orlando Duarte, EM'Forla - SPEM	M50TM	20	3:17:53.83	09:00	1:08:53
171	2171	Ana Luísa Neto Neves, Os Tolinhos	SF-TM	8	3:17:55.04	09:00	1:08:54
172	2311	Samuel Feitor, individual	SM-TM	86	3:17:57.89	09:00	1:08:57
173	2111	Guilherme Ferreira David, A Minha Corrida /Myprotein	M50TM	21	3:18:18.63	09:01	1:09:18
174	2224	Jónatas Miguel de Almeida Valença,	SM-TM	87	3:18:37.97	09:02	1:09:37
175	2280	JOAO CARVALHO JACINTO, Individual	M50TM	22	3:19:02.25	09:03	1:10:01
176	2191	MANUEL JOÃO PIRES CORDEIRO União FCI de Tomar	M40TM	50	3:19:19.98	09:04	1:10:19
177	2088	Bruno Miguel de Brederode Abrantes, Falcoes Selvagens	M40TM	51	3:19:20.00	09:04	1:10:19
178	2038	Mariano Patrício Ferreira e Veiga, Pés Troikados	SM-TM	88	3:19:28.87	09:04	1:10:28
179	2241	João Pedro Soares Batista, Plus one team	SM-TM	89	3:19:30.33	09:04	1:10:29
180	2013	João Paulo da Conceição Veríssimo A Vila de Pias	M40TM	52	3:19:30.54	09:04	1:10:30
181	2220	João Miguel Reis Gonçalves,	SM-TM	90	3:19:31.63	09:04	1:10:31
182	2242	Nelson Pedrosa Mota, Plus one team	SM-TM	91	3:19:31.70	09:04	1:10:31
183	2505	Rebeca Liborio ,	SF-TM	9	3:19:40.15	09:05	1:10:39
184	2103	Sandro Miguel Pedrosa Vilela, Amigos do descanso	M40TM	53	3:19:43.35	09:05	1:10:42
185	2168	Patric Alexandre Carreira Vieira,	SM-TM	92	3:19:44.00	09:05	1:10:43
186	2513	António Vieira,	M50TM	23	3:19:45.25	09:05	1:10:44
187	2238	Rodolfo Silva, Sapatilhas & Petiscos	SM-TM	93	3:21:10.27	09:09	1:12:09
188	2022	Sónia Almeida Filipe, Os Tolinhos	SF-TM	10	3:21:16.04	09:09	1:12:15
189	2515	João Loureiro, Fit@50	M40TM	54	3:21:17.00	09:09	1:12:16
190	2031	Marta Rosário Ribeiro, Os Tolinhos	F40TM	6	3:21:20.32	09:09	1:12:19
191	2129	Ricardo do Carmo,	M40TM	55	3:21:48.10	09:10	1:12:47
192	2303	NUNO MANUEL SOUSA BARATA, COA - Clube de Orientação e Aventura	M40TM	56	3:21:50.41	09:10	1:12:49
193	2028	Fernando Tomé Ferreira Lopes,	SM-TM	94	3:22:06.67	09:11	1:13:06
194	2009	Paulo Henrique Febra Andrino Pereira Os Tolinhos	SM-TM	95	3:22:53.67	09:13	1:13:53
195	2246	João Paulo Lopes,	M40TM	57	3:22:56.78	09:13	1:13:56
196	2014	Joao Fernandes Dias, Os Galgos de Tancos	M40TM	58	3:23:40.30	09:15	1:14:39
197	2161	Hugo Santos, Falcões Selvagens	SM-TM	96	3:24:15.28	09:17	1:15:14
198	2139	Gabriel Bonfim de Almeida,	SM-TM	97	3:25:00.87	09:19	1:16:00
199	2518	João Miguel sousa, Clube sosi/taxis moleanos	M40TM	59	3:25:07.44	09:19	1:16:06
200	2306	Nuno Tiago, Pace.Makers	M40TM	60	3:25:08.81	09:19	1:16:08
201	2293	Soraia Ferreira, AMCF - Arrábida Trail Team	F40TM	7	3:25:08.97	09:19	1:16:08
202	2510	Gonçalo Coelho, Clube Sosi	SM-TM	98	3:25:10.17	09:20	1:16:09
203	2202	Bruno Alexandre Gameiro,	SM-TM	99	3:25:30.67	09:20	1:16:30
204	2076	Carlos Grácio, Os Galgos de Tancos	M50TM	24	3:25:38.37	09:21	1:16:37
205	2008	Nuno Miguel Cadoso Diogo da Conceição Dias,	M40TM	61	3:26:42.37	09:24	1:17:41
206	2500	Miguel David, OPraticante.pt / Run Crew Trail Mor	SM-TM	100	3:26:44.00	09:24	1:17:43
207	2100	Carolina Feliz, União FCI de Tomar	F50TM	2	3:26:58.36	09:24	1:17:57
208	2184	João Manuel Ribeiro Rosa, G te a m	M50TM	25	3:27:05.74	09:25	1:18:05
209	2068	Joel Lourenço,	SM-TM	101	3:27:42.94	09:26	1:18:42
210	2136	Rúben Duque, UDR Zona Alta - Torres Novas	SM-TM	102	3:27:45.46	09:27	1:18:44
211	2185	Zélia Maria Lopes Rodrigues, O praticante.pt/Run Crew Trail Mont	F40TM	8	3:27:48.19	09:27	1:18:47
212	2214	Carlos Jorge Rodrigues Correia, MONBIKETEAM - Monforte Bike TM	M40TM	62	3:28:09.09	09:28	1:19:08
213	2286	Carlos António Mota Longo da Conce CSCRFCCHARNECA	M40TM	63	3:29:28.12	09:31	1:20:27
214	2181	Carlos Manuel Almeida Henriques, Individual	M50TM	26	3:29:35.52	09:32	1:20:35
215	2291	Cláudia Margarida da Silva Nobre Nu Juventude Vidigalense	F40TM	9	3:30:23.01	09:34	1:21:22
216	2011	Cristovao Bacalhau, Xiripiti Te a m	SM-TM	103	3:30:39.12	09:35	1:21:38
217	2064	Diogo Alfarelos,	SM-TM	104	3:30:56.35	09:35	1:21:55
218	2259	Patricia carreira, Juventude vidigalense	SF-TM	11	3:30:58.00	09:35	1:21:57
219	2069	Pedro Miguel Marques Oliveira,	SM-TM	105	3:31:05.16	09:36	1:22:04
220	2125	José Miguel Martins Diogo, URBAN RUN TEAM	SM-TM	106	3:31:09.71	09:36	1:22:09
221	2115	Ana Salomé Araújo Dos Santos, URBAN RUN TEAM	F40TM	10	3:31:11.09	09:36	1:22:10
222	2183	João Rosa, GTeam	SM-TM	107	3:31:34.21	09:37	1:22:33

223	2141	David dos Santos Lopes,	Morcegos Trail	SM-TM	108	3:31:49.46	09:38	1:22:48
224	2106	Marco Paulo Martins Coutinho Monteiro,		M40TM	64	3:32:01.02	09:38	1:23:00
225	2093	Octávio José Vieira Reis,	G.C.D.Recreativo Bairrense	SM-TM	109	3:33:28.52	09:42	1:24:28
226	2098	Ana Patrícia Gracio,	União FCI de Tomar	SF-TM	12	3:33:37.20	09:43	1:24:36
227	2210	Patricio André Da Costa Gaspar,	B.v.caxarias	SM-TM	110	3:34:47.79	09:46	1:25:47
228	2509	Daniel Luis,		SM-TM	111	3:34:55.79	09:46	1:25:55
229	2251	PAULO JOSE COSTA,		M40TM	65	3:35:33.11	09:48	1:26:32
230	2530	Sonia Patrícia dos Santos Jacinto Nete	Tomar Runners	SF-TM	13	3:36:51.56	09:51	1:27:51
231	2140	Isabel Marques,		F40TM	11	3:37:34.33	09:53	1:28:33
232	2137	João Farinha,	Caracol Trail Team	M50TM	27	3:37:43.74	09:54	1:28:43
233	2043	Mário Silva,	Os Intocáveis	M40TM	66	3:38:18.03	09:55	1:29:17
234	2151	Sérgio Miguel dos Santos Cruz,		SM-TM	112	3:38:20.17	09:55	1:29:19
235	2074	João Pedro Dias Baptista,	Os Galgos de Tancos	M40TM	67	3:38:57.75	09:57	1:29:57
236	2109	Adriana Alina Majer,	Os Tolinhos	SF-TM	14	3:39:52.91	10:00	1:30:52
237	2144	Thierry Pereira,	ANAK	M40TM	68	3:41:46.05	10:05	1:32:45
238	2206	MARIA LUISA,		F40TM	12	3:43:00.34	10:08	1:33:59
239	2010	Luís António Gorgulho Curado Chaveiro,		M40TM	69	3:43:24.12	10:09	1:34:23
240	2019	Pedro Miguel Caetano Pascoal,		SM-TM	113	3:44:10.54	10:11	1:35:10
241	2285	Nuno Miguel Gomes dos Santos,	CSCRFCHARNECA	SM-TM	114	3:44:31.37	10:12	1:35:30
242	2006	Diogo Henrique da Silva Arraias,	Os Arraias	M60TM	4	3:44:48.00	10:13	1:35:47
243	2007	Sandra Sofia da Silva Arraias,	Os Arraias	SF-TM	15	3:44:50.31	10:13	1:35:49
244	2156	João Pereira da Graça,	ACRM Silveirinha Grande Claras	M60TM	5	3:44:56.04	10:13	1:35:55
245	2265	Vítor Manuel Medeiros Fernandes,	CALMA - Tomar	M60TM	6	3:47:20.88	10:20	1:38:20
246	2506	David Pinto,		SM-TM	115	3:47:28.36	10:20	1:38:27
247	2200	João Pedro de Jesus Correia,		SM-TM	116	3:47:30.00	10:20	1:38:29
248	2110	Ana Baldeante,	Não Fazemos nem mais um...km	SF-TM	16	3:47:39.57	10:21	1:38:39
249	2034	Pedro Miguel de Lucena Granja Mont	Portugal	SM-TM	117	3:48:06.68	10:22	1:39:06
250	2152	Carlos Miguel Ribeiro de Melo,	Bombeiros Cartaxo Run Team	SM-TM	118	3:50:32.89	10:29	1:41:32
251	2294	Bruno Miguel Rodrigues de Moraes,	Alverca Urban Runners	SM-TM	119	3:51:26.12	10:31	1:42:25
252	2244	Ivone Vieira,	Os Tolinhos	F40TM	13	3:51:30.13	10:31	1:42:29
253	2138	Daniel Gaspar,	Atletismo Clube da Tocha	SM-TM	120	3:51:32.02	10:31	1:42:31
254	2284	Alexandre Rafael Costa Lourenço,	CSCRFCHARNECA	SM-TM	121	3:51:32.76	10:31	1:42:32
255	2203	Leonel Carlos Fernandes Coutinho,	Individual	SM-TM	122	3:54:27.29	10:39	1:45:26
256	2142	Henrique Manuel Oliveira Madrugo,	Sintexpel	M40TM	70	3:54:32.97	10:40	1:45:32
257	2223	Alexandre Jose Lopes Costa,	Atletismo Clube Tocha	M40TM	71	3:55:53.36	10:43	1:46:52
258	2194	Luis Manuel Almeida Conceição,	CCRD BURINHOSA	M50TM	28	4:01:04.16	10:57	1:52:03
259	2036	João Alberto da Silva Jorge,	Jobrinde - Montes Saloios	M50TM	29	4:01:11.37	10:58	1:52:10
260	2249	Isabel Alexandra dos Reis Marques Sa	Jobrinde - Montes Saloios	F40TM	14	4:01:11.47	10:58	1:52:10
261	2272	Ana Paula Martins,	Clube Veteranos do lis	F40TM	15	4:04:52.61	11:08	1:55:52
262	2042	Mónica Cristina dos Santos Pedras,	Os Intocáveis	SF-TM	17	4:04:59.13	11:08	1:55:58
263	2502	Carlos Figueira,	OPraticante.pt / Run Crew Trail Mor	M40TM	72	4:05:03.63	11:08	1:56:03
264	2154	Sílvia da Conceição Moço Azinheira,	Ocrportugal	F40TM	16	4:05:07.94	11:09	1:56:07
265	2173	Ana Afonso,	CA Barreira	SF-TM	18	4:06:25.25	11:12	1:57:24
266	2175	Susana Cristina Lopes Vilaça,		SF-TM	19	4:08:02.26	11:16	1:59:01
267	2176	Luís Miguel Boletto Pinto,		SM-TM	123	4:08:06.57	11:17	1:59:06
268	2023	marco antónio abrantos cardoso,	UDR Zona Alta - Torres Novas	M40TM	73	4:09:06.65	11:19	2:00:06
269	2018	BRUNO ALEXANDRE CARVALHO	NINITA PT & OUTDOOR	M40TM	74	4:19:02.74	11:46	2:10:02
270	2082	Juliana Pinheiral,	Os Galgos de Tancos	SF-TM	20	4:20:18.22	11:50	2:11:17
271	2065	Pedro Ezequiel Ribeiro Pereira,		SM-TM	124	4:21:56.84	11:54	2:12:56
272	2503	João Neves,	OPraticante.pt / Run Crew Trail Mor	M50TM	30	4:22:11.23	11:55	2:13:10
273	2504	Susana Neves,	OPraticante.pt / Run Crew Trail Mor	F40TM	17	4:22:16.87	11:55	2:13:16
274	2057	Maria Manuela Nunes dos Santos,	R.F.E. ALVIOBEIRA	F40TM	18	4:22:33.80	11:56	2:13:33
275	2058	jose Carlos Viana Maçarico,	R.F.E. ALVIOBEIRA	M40TM	75	4:22:36.14	11:56	2:13:35
276	2263	Carla Cristina Ribas Faustino Luís da	Não fazemos nem mais um...Km	F40TM	19	4:25:19.63	12:04	2:16:19
277	2002	Ana Luisa Oliveira Assunção Tomás,	Sociedade Recreativa Camarnal	F40TM	20	4:25:22.34	12:04	2:16:21
278	2086	Leonor Pires,	Os Galgos de Tancos	SF-TM	21	4:26:59.00	12:08	2:17:58
279	2317	Sandra Mendes,	individual	F40TM	21	4:46:12.65	13:01	2:37:12
280	2056	Vítor Manuel Dias Sarmento,		M40TM	76	4:47:36.73	13:04	2:38:36
281	2318	Tatiana Iria,	individual	SF-TM	22	4:49:40.07	13:10	2:40:39

282	2316 Sofia Almeida,	individual	F40TM	22	4:49:42.36	13:10	2:40:41
283	2081 Maria Ribeiro,	Os Galgos de Tancos	SF-TM	23	5:08:34.18	14:02	2:59:33
284	2084 Adriana Macedo,	Os Galgos de Tancos	SF-TM	24	5:08:35.50	14:02	2:59:35
285	2079 André Martins,	Os Galgos de Tancos	SM-TM	125	5:08:38.03	14:02	2:59:37
286	2169 Cláudio Filipe da Silva Tereso,	ATV - Académico de Torres Vedras	M40TM	77	5:11:11.75	14:09	3:02:11
287	2089 Ezequiel Hugo Ribeiro Abrantes,	Falcoes Selvagens	M60TM	7	5:25:52.73	14:49	3:16:52
288	2299 Ana Carolina de Nobre Torres,	PÉS TROIKADOS-CSCS	SF-TM	25	6:01:58.11	16:27	3:52:57