

Lugar	Atleta	Dorsal	Escalão	Equipa	Tempo
1	Jailson Manuel Duarte Olveira	257	M SEN	Brigada	01:57:00
2	Rui Pedro Pinheiro Da Fonseca	205	M SEN	GDU Azóia	02:13:20
3	Sérgio Tavares	164	M SEN	Amigos Atletismo Mafra	02:15:32
4	Joao Pedro Capa	264	M 40	aguias da misericórdia	02:18:29
5	André Morgado Patrício	184	M SEN	---	02:20:55
6	António Rebelo	152	M 40	CTT Running	02:22:36
7	Pedro Nunes	236	M SEN	---	02:24:06
8	Pedro Leitão Nunes	115	M 40	PVS	02:25:43
9	Nelson Candeias	252	M 40	ERA MAFRA / ERICEIRA / MALVEIRA	02:28:00
10	Sérgio Nuno Nunes	84	M 40	Carapaus de Corridas	02:28:14
11	Victor Varizo	69	M 40	Pernas de Gafanhoto	02:29:39
12	Pedro Gabriel	197	M 40	C.A. Amigos Parque da Paz	02:29:55
13	Sérgio Simão	157	M SEN	Cartaxo Night Runners	02:31:22
14	José Carlos Marques	217	M SEN	---	02:31:50
15	Vasco Leitão Nunes	188	M 40	---	02:32:52
16	Helena Martins	49	F 50	Amigos Atletismo Mafra	02:33:22
17	Pedro J C Gouveia	47	M 40	GRCD Leião	02:33:40
18	Cláudia Batalha	135	F 40	Amigos Atletismo Mafra	02:34:50
19	Fernando Alves	136	M 50	Amigos Atletismo Mafra	02:34:53
20	António Nunes	119	M 40	CASA DO PESSOAL DA RTP	02:35:00
21	Paulo Marques	50	M 50	Amigos Atletismo Mafra	02:36:09
22	Rui Pereira	268	M SEN	---	02:36:37
23	Marco Rasteiro	31	M SEN	Caracóis Vassoura	02:37:13
24	Carlos Pascoal	63	M 50	---	02:37:32
25	Hélder Tavares	72	M 40	Varitintas	02:38:51
26	Bruno Lopes	227	M SEN	---	02:39:21
27	Joao Moro	213	M 50	LV Team	02:39:25
28	António Miguel Baptista	86	M 40	---	02:39:31
29	Luis Pedro Peixoto Nunes	192	M 40	---	02:39:43
30	Rui Soveral	133	M SEN	Carregueira Runners	02:41:14
31	Joaquim Alvaro Caetano Belo	244	M 50	correr soc.recreativa da Granja	02:41:17
32	António Casaca	13	M 50	---	02:41:51
33	Diogo Garcia	65	M SEN	Os Conta-Kilómetros	02:42:48
34	Luis Miguel Pinto	74	M 40	Varitintas	02:43:03
35	Valter Gaspar	91	M SEN	Papamilhas	02:43:43
36	Carmen Henriques	45	F SEN	---	02:43:45
37	Pedro Fontoura	237	M 40	---	02:43:48
38	Gilberto Dias	52	M 50	Amigos Atletismo Mafra	02:44:44
39	Liliana Baltazar	276	F SEN	Decathlon Portugal Kalenji Club	02:45:26
40	Ricardo Morgado	182	M 40	---	02:45:27
41	Luis Andrade	155	M 40	CTT Running	02:47:32
42	André Nunes	185	M SEN	---	02:47:35
43	António Marques	92	M 40	---	02:47:51
44	Rui Moura	93	M 40	---	02:47:54

Lugar	Atleta	Dorsal	Escalão	Equipa	Tempo
45	Tiago Abreu	163	M SEN	O Praticante	02:47:58
46	Luis Aires	111	M 40	100 esTRILHOS	02:49:06
47	Henrique Amador	35	M 40	SS CGD	02:49:16
48	André Almeida	116	M 40	Amigos Atletismo Mafra	02:49:49
49	Diogo Barros	73	M SEN	Varitintas	02:50:06
50	Jaime Couto	181	M 40	---	02:50:11
51	António Gonçalves	19	M 50	Os Tugas	02:50:51
52	Valter Rodrigues	187	M SEN	---	02:50:57
53	Nuno Mota	95	M SEN	Amigos Atletismo Mafra	02:51:27
54	Sergio Almeida	112	M SEN	100 esTRILHOS	02:51:31
55	Mário Luis Da Costa Ramos	201	M 50	---	02:51:42
56	Ricardo Domingues Leitão	171	M 40	---	02:52:01
57	Luís Miguel De Jesus Ferreira	172	M 40	---	02:52:05
58	Filipe Ramalho	219	M SEN	Correr Soc Rec da Granja	02:52:21
59	Osvaldo Rodrigues	220	M 40	Correr Soc Rec da Granja	02:52:41
60	Manuel Regalado	241	M 40	---	02:52:46
61	Carlos Alberto Vieira Oleastro	81	M 50	---	02:53:26
62	Vasco Ascensão	151	M 40	CTT Running	02:53:35
63	Nuno Bertolino Da Silva Gameiro	270	M SEN	Saúde ao Quadrado	02:53:48
64	Pedro Manuel De Oliveira Leiria	55	M 40	---	02:54:59
65	Rui Pedro Silva	240	M 40	---	02:55:53
66	Nuno Caldeira	20	M SEN	---	02:55:56
67	João Branco	96	M SEN	Amigos Atletismo Mafra	02:56:05
68	Rita Filipe	260	F SEN	ATR3	02:56:09
69	Alcino Ramos	3	M 50	---	02:56:20
70	Hugo Guerreiro	71	M SEN	Varitintas	02:56:42
71	João Moreira	12	M SEN	---	02:56:45
72	Fabrice Polteau	275	M 40	Decathlon Portugal Kalenji Club	02:56:56
73	Rui Gonçalves	207	M SEN	---	02:57:22
74	João Pereira	189	M SEN	---	02:58:17
75	Bruno Miguel Sereno Costa	191	M SEN	---	02:58:19
76	Horácio Santos	147	M SEN	---	02:58:26
77	Susana Raquel Bernardo	280	F SEN	O Praticante	02:58:51
78	Bruno Bernardo	247	M SEN	---	02:58:53
79	Jorge Filipe Marques	206	M 50	---	02:58:59
80	Luis Estevens	21	M SEN	---	02:59:15
81	Paulo Vieira	145	M 40	---	02:59:55
82	António Reis	51	M 60	Amigos Atletismo Mafra	03:00:47
83	Eduardo Rodrigues	39	M SEN	SS CGD	03:00:56
84	João Batalha	203	M 50	Amigos Atletismo Mafra	03:01:05
85	Daniel Reis	68	M SEN	Os Conta-Kilómetros	03:01:49
86	André Pires	28	M 50	---	03:02:15
87	Marco António De Sousa Feio Caldeira Salgado	174	M 40	---	03:02:35
88	Antonio Baldo	140	M SEN	---	03:03:12

Lugar	Atleta	Dorsal	Escalão	Equipa	Tempo
89	João Pedro Silva	263	M 40	SS CGD	03:03:14
90	David Cardoso	110	M SEN	---	03:03:19
91	João Costa Duarte	117	M 50	---	03:04:37
92	Ruben Costa	267	M 50	RUN 4 FUN	03:04:40
93	David Camocho	97	M SEN	Amigos Atletismo Mafra	03:05:03
94	Helder Baptista - Spc	248	M 40	---	03:05:05
95	João Frazão	53	M SEN	---	03:05:36
96	Eurico Ferreira	198	M 40	---	03:06:06
97	Rui Dias	54	M 40	---	03:06:16
98	João Veiga	107	M SEN	---	03:06:22
99	Luís Zeferino	202	M SEN	Amigos Atletismo Mafra	03:06:37
100	Alexandre Varino	245	M 40	Tema Rhinos	03:06:53
101	Sofia Coelho	161	F SEN	O Praticante	03:07:17
102	Pedro Silva	167	M SEN	---	03:07:51
103	Luis Filipe Mendes Santos	41	M 40	SS CGD	03:09:05
104	Luís Conceição	168	M 50	CCRD Burinhosa	03:09:41
105	Armindo Mirante	208	M 50	LxRun	03:10:03
106	José Vaz	102	M 40	---	03:10:08
107	Sergio Vicente	2	M SEN	---	03:10:15
108	Fernando Ferreira	278	M 50	---	03:10:38
109	Valter Fontão	254	M SEN	ERA MAFRA / ERICEIRA / MALVEIRA	03:10:43
110	Ângela Suzano	153	F 40	CTT Running	03:11:03
111	Alvaro Miranda	4	M 40	---	03:11:09
112	Carlos De Gouveia Freire	16	M 40	---	03:11:19
113	João Alexandre Santos	143	M 40	---	03:11:22
114	Pedro Fernandes	76	M 50	Novos trilhos	03:11:25
115	João Paulo Duarte Caetano	180	M 40		1973 03:11:41
116	Pedro Moreira	269	M SEN	---	03:11:51
117	Isabel França	123	F 40	ameg	03:12:11
118	António Elísio Gonçalves	122	M 50	ameg	03:12:14
119	Celina Maria Valente Santos Gomes	246	F 40	---	03:12:37
120	Ludgero Santana	139	M 50	---	03:12:56
121	Alfredo Falcão	234	M 50	RUN 4 FUN	03:13:16
122	Pedro Vida-larga	179	M 40		1973 03:13:58
123	Paulo Henriques	195	M SEN	---	03:14:58
124	Pedro Monteiro	103	M 40	---	03:15:32
125	Gonçalo Fontes De Melo	235	M 50	RUN 4 FUN	03:15:39
126	João Saraiva	265	M SEN	---	03:15:43
127	Fernando Lima	34	M 40	SS CGD	03:15:46
128	Andre Serra	23	M SEN	Caracóis Vassoura	03:16:06
129	José Carlos Ferreira Rodrigues	231	M 50	---	03:17:17
130	Miguel Pedro Ribeiro Castela	190	M 40	A.A.Lebres do Sado	03:17:22
131	Fernando Vicente	82	M 50	---	03:17:46
132	David Bergano	158	M SEN	---	03:17:49

Lugar	Atleta	Dorsal	Escalão	Equipa	Tempo
133	João Carlos Santos	27	M SEN	---	03:17:52
134	José Nuno Ferreira	216	M 40	---	03:17:57
135	Valter Amadinho	100	M SEN	Amigos Atletismo Mafra	03:18:28
136	Joana Maria Ferreira	113	F SEN	---	03:18:31
137	João Torres	146	M 60	---	03:18:47
138	Jorge Alexandre Teixeira Esteves	233	M 50	RUN 4 FUN	03:18:58
139	Nuno Nunes	61	M 40	---	03:19:19
140	Joao Fernandes Silva	43	M 40	---	03:19:42
141	Alexandre Nunes	42	M 40	---	03:19:45
142	José Guia	36	M 60	SS CGD	03:20:02
143	David Sardinha	211	M SEN	---	03:21:14
144	Rui A Ferreira	176	M 40	---	03:21:27
145	Marco Lourenço	134	M SEN	---	03:21:42
146	Nuno ArigÓ Sousa Rocha	186	M 40	---	03:21:45
147	Luis Ferreira	11	M 50	---	03:21:49
148	Álvaro Alpoim	75	M 50	Varitintas	03:22:03
149	José Veiga	108	M 50	---	03:22:12
150	Rogério Falcão	15	M 40	---	03:22:16
151	João Nuno Perneco	138	M 40	---	03:22:30
152	Amy Herrick	209	F 50	LxRun	03:23:14
153	Jose Martins	40	M 40	SS CGD	03:23:16
154	Pedro Louro	271	M SEN	SS CGD	03:24:02
155	Alexandre Jorge	212	M SEN	---	03:25:11
156	Celia Azenha	99	F 50	---	03:25:57
157	Rui Catarrinha	261	M 40	ATR3	03:26:02
158	José Magalhães	109	M 40	---	03:27:02
159	Teodoro Trindade	232	M 50	RUN 4 FUN	03:27:05
160	Nuno Barreiros	256	M SEN	---	03:27:11
161	Nuno Belo	266	M SEN	---	03:27:15
162	João Filipe Henriques	131	M 40	SSCGD	03:27:18
163	Francisco Cid	223	M 50	Georunners	03:27:28
164	Diogo Vieira	225	M SEN	Georunners	03:27:44
165	José Garcez	218	M 40	Évora Night Runners	03:27:48
166	Sara Margarida Carneiro Pereira Sousa Lopes	243	F SEN	The Rookies	03:27:51
167	Pedro Miguel Gomes Silva	242	M SEN	The Rookies	03:27:55
168	Luis Cruz	6	M SEN	---	03:28:24
169	Ricardo Coelho	106	M SEN	Varitintas	03:28:44
170	Eduardo Pinto	70	M SEN	Varitintas	03:28:48
171	Isabel Barra	160	F 40	O Praticante	03:28:56
172	Pedro Sobral	57	M 40	LeYatletas	03:28:59
173	Paulo Louro	58	M 50	LeYatletas	03:29:02
174	Pedro Azevedo	59	M 40	LeYatletas	03:29:04
175	Joaquim Antunes	38	M SEN	SS CGD	03:29:07
176	Bruno Pinto	175	M 40	---	03:29:29

Lugar	Atleta	Dorsal	Escalão	Equipa	Tempo
177	Rogério Pinto	83	M 60	Novos trilhos	03:29:52
178	Fernando Pereira	183	M 40	---	03:30:21
179	Jorge Amaro Chaves De Figueiredo	177	M 50	---	03:30:25
180	Pedro Caneco	272	M 40	COININHAS RUNNERS	03:30:28
181	Paulo Sousa	56	M 40	LeYatletas	03:30:34
182	Miraldo Ramos	37	M SEN	SS CGD	03:31:22
183	Arminda Rosa Mendes Cartarino	281	F 50	---	03:31:31
184	Mário Costa	90	M SEN	Papamilhas	03:31:35
185	Marco Aurélio Bandeira Urbano	88	M SEN	Papamilhas	03:31:38
186	Bruno Silva	7	M SEN	---	03:32:27
187	Luís Roquete	8	M 40	---	03:32:58
188	Luís Nóbrega	60	M SEN	LeYatletas	03:33:04
189	Carina Oliveira	169	F SEN	---	03:33:42
190	José Urbano	89	M SEN	Papamilhas	03:34:03
191	José Costa Mendes	229	M 40	---	03:34:06
192	João Neves	159	M 50	O Praticante	03:34:10
193	Andrea Neves	258	F SEN	ATR3	03:34:16
194	Raquel Viegas	262	F SEN	ATR3	03:34:19
195	Rita Luz	193	F 40	Team Rhinos	03:35:22
196	Nuno Palma	228	M 40	---	03:35:38
197	Paulo Sousa	142	M 40	Runniologia	03:36:23
198	Lucia Ventura	224	F 40	Georunners	03:39:55
199	Luis Afonso	221	M 40	Georunners	03:39:58
200	Rui Dias	226	M 40	Georunners	03:40:02
201	Rui Pedro Julião	222	M 50	Georunners	03:40:07
202	Liliana Henriques	66	F SEN	Os Conta-Kilómetros	03:41:23
203	Joana Costa	67	F SEN	Os Conta-Kilómetros	03:41:25
204	Nuno Frederico Henriques Trindade	165	M SEN	---	03:41:39
205	Rodrigo Rodrigues	166	M SEN	Panquecas	03:41:42
206	Rui Gameiro	118	M 40	CASA DO PESSOAL DA RTP	03:42:13
207	Helder Malhão	250	M SEN	ERA MAFRA / ERICEIRA / MALVEIRA	03:43:23
208	Paulo Picão	251	M 40	ERA MAFRA / ERICEIRA / MALVEIRA	03:43:28
209	Vitor Paulo	215	M 40	---	03:43:57
210	Jose Manuel Valentim	120	M 50	---	03:44:11
211	Mauro Castro	141	M 40	Runniologia	03:44:50
212	Marco Gonçalves	199	M SEN	---	03:44:53
213	Nuno Bernardino	253	M SEN	ERA MAFRA / ERICEIRA / MALVEIRA	03:46:10
214	Gisela Branco Padre	124	F 40	---	03:47:35
215	Joaquim Santos	170	M 50	---	03:48:56
216	Claudia Sofia Marques Topete	10	F SEN	---	03:49:01
217	Céline Correia	162	F SEN	O Praticante	03:50:05
218	Adélia Cabral	46	F SEN	SS CGD	03:52:32
219	Bruno Caramelo	101	M SEN	Amigos Atletismo Mafra	03:52:35
220	Ricardo Carvalho	156	M 40	CTT Running	03:52:38

Lugar	Atleta	Dorsal	Escalão	Equipa	Tempo
221	Luisa Lopes	79	F 40	Novos trilhos	03:52:50
222	João Rodrigues	22	M 40	---	03:54:45
223	Rui Martins	33	M 40	---	03:54:47
224	Ana Rute De Sousa	98	F SEN	HERBALIFE NUTRITION	03:55:03
225	Taciana Rasteiro	32	F SEN	Caracóis Vassoura	03:55:16
226	Nuno Cordeiro	105	M 40	---	03:55:31
227	Maria Do Céu Miguel	77	F 50	Novos trilhos	03:57:33
228	Antonio Jorge Florindo	24	M 50	---	03:57:59
229	Mario Santos	94	M 40	Monte da Lua Runners	03:58:14
230	Bruno Pinto	249	M SEN	ERA MAFRA / ERICEIRA / MALVEIRA	03:59:00
231	Jorge Condeças	5	M 40	---	04:00:53
232	Vânia Daniela Alves Moreira	9	F SEN	---	04:02:19
233	Antonio Rui Veloso	230	M 50	---	04:04:32
234	Tiago Basílio	259	M 40	ATR3	04:04:35
235	Sofia Guilhoto	154	F 40	CTT Running	04:10:12
236	Jorge Humberto Pereira	178	M 50	---	04:10:57
237	João Fernando Geada Peres	214	M 50	---	04:11:02
238	Miguel Assunção	255	M SEN	ERA MAFRA / ERICEIRA / MALVEIRA	04:11:34
239	Alexandre Faustino	204	M 40	Amigos Atletismo Mafra	04:12:22
240	Jorge Bicho	114	M 50	---	04:14:08
241	Ana Sancho	78	F 40	Novos trilhos	04:16:57
242	Susana Maria Ferreira Fonseca	25	F 40	Patarronas de força	04:18:10
243	Hugo Miguel Carriço Monteiro	26	M SEN	Patarronas de força	04:18:12
244	Joao Carlos Ferreira	104	M 40	Clube Cimpor	04:25:11
245	Miguel David Matos Martins	44	M 40	---	04:32:55
246	Diana Helena Pimenta Da Rocha	126	F SEN	Os Sobrinhos do Rim	04:43:48
247	Duarte Cardoso	279	M SEN	---	04:53:54
248	Ana Jacinto	125	F SEN	Os Sobrinhos do Rim	04:54:12
249	André Carvalho	148	M SEN	Os Sobrinhos do Rim	04:54:14
250	Armanda Sofia Domingos Lopes	238	F SEN	I Will Run	05:11:25
251	José Barradas	239	M SEN	I Will Run	05:11:28
252	Rui Oliveira	149	M 50	Falcões Selvagens	05:14:20
253	Carlos Morais	150	M 40	Falcões Selvagens	05:14:22
254	Luis Silvestre	273	M SEN	COININHAS RUNNERS	05:15:22
255	Fátima Gonçalves	18	F 40	Os Tugas	05:21:50
256	Beatriz Cruz	129	F SEN	Os Sobrinhos do Rim	05:37:14
	Catarina Pires	14	F SEN	---	DNS
	Daniel Louro	17	M SEN	---	DNS
	César Moreira	29	M SEN	Caracóis Vassoura	DNS
	Pedro Duarte	30	M 40	Caracóis Vassoura	DNS
	João Paço	48	M 50	Amigos Atletismo Mafra	DNS
	Silvério Correia	62	M 40	Arrábida Runners	DNS
	Jose Casimiro Fernandes	64	M 40	Arrábida Runners	DNS
	Manuela Raimundo	80	F 50	Novos trilhos	DNS

Lugar	Atleta	Dorsal	Escalão	Equipa	Tempo
	Joao Barrigola	85	M SEN	---	DNS
	Catarina Pardal	87	F SEN	---	DNS
	Yevhen Doloshytskyy	128	M SEN	Os Sobrinhos do Rim	DNS
	Nuno Anastácio	121	M SEN	RunLovers	DNS
	Pedro Fernandes	127	M SEN	Os Sobrinhos do Rim	DNS
	Gonçalo Cunha	130	M SEN	Os Sobrinhos do Rim	DNS
	Manuel Azevedo	132	M 40	---	DNS
	Maria L Fernandez Regojo	137	F 60	---	DNS
	Bruno Miguel De Matos	144	M SEN	---	DNS
	Ana Policarpo	173	F SEN	---	DNS
	Hugo Jorge Pinto Pereira	194	M SEN	---	DNS
	Renato Ramalho	274	M SEN	COININHAS RUNNERS	DNS
	Roberto Rolandone	196	M SEN	---	DNS
	Abilio Tavares	200	M 60	---	DNS
	Elvino Miguel De Campos Gonçalves	210	M SEN	---	DNS
	Rui Rodas	277	M 40	Decathlon Portugal Kalenji Club	DNS