

TRAIL MEDA DE MOUROS



CLASSIFICAÇÃO GERAL ABSOLUTA - 17 KMS

POS	NUM	NOME	EQUIPA	CATEGORIA	TEMPO	DIF.
1	5	Amândio ANTUNES	Friend Fitness	-	01:24:21	
2	169	Nelson COSTA	O Mundo da Corrida	-	01:26:10	00:01:49
3	104	João PATRÍCIO	Escaravelhos Team	-	01:26:53	00:00:43
4	111	David GOUVEIA	Escaravelhos Team	-	01:29:37	00:02:44
5	112	João GONÇALVES	Vimarunners	-	01:30:03	00:00:26
6	207	Nuno COELHO	Coimbra Trail Running	-	01:30:49	00:00:46
7	224	Nelson SANTOS	Individual	-	01:31:20	00:00:30
8	126	José SEQUEIRA	Montanha Clube Trail Running/ Runners	-	01:31:53	00:00:34
9	232	António FIGUEIREDO	Coimbra Trail Running	-	01:35:07	00:03:14
10	129	Daniel DUARTE	G.D. Os Ribeirinhos	-	01:35:45	00:00:38
11	196	Márcio LOUREIRO	2OnTrail	-	01:37:00	00:01:15
12	120	João ALVES	OFFLINE runners	-	01:37:23	00:00:23
13	114	Fernando SANTOS	Escaravelhos Team	-	01:38:47	00:01:24
14	127	José SANTOS	ASSS Columbófila Cantanhede	-	01:40:27	00:01:40
15	110	José COSTA	Individual	-	01:40:51	00:00:24
16	163	Luís SALVADOR	Runner's do DEMO	-	01:42:52	00:02:01
17	158	Alexandre APOSTOLO	Clube dos Atletas Tortos	-	01:43:29	00:00:37
18	115	Fernando PINTO	Individual	-	01:44:57	00:01:28
19	225	César ?	Time2run	-	01:45:59	00:01:02
20	223	Daniel CORREIA	Individual	-	01:46:00	00:00:01
21	168	Hernâni ALVES	Escaravelhos Team	-	01:47:06	00:01:06
22	180	Pedro SEQUEIRA	Montanha Clube Trail Running/ Runners	-	01:47:37	00:00:31
23	202	Carlos LOPES	Malucos da Gare	-	01:48:08	00:00:32
24	160	Cristóvão CHAVES	Runner's do DEMO	-	01:49:01	00:00:53
25	164	Augusto TRINDADE	Runner's do DEMO	-	01:49:06	00:00:05
26	152	Sofia LOURENÇO	ARSM-ASSOCIAÇÃO RECREATIVA S.MIGUEL	-	01:50:40	00:01:34
27	135	Francisco MATEUS	Escaravelhos Team	-	01:50:45	00:00:05
28	148	Pedro SOUSA	Runner's do DEMO	-	01:50:57	00:00:12
29	167	Miguel ALVES	Escaravelhos Team	-	01:51:12	00:00:14
30	134	Rafael CHÁ-CHÁ	Escaravelhos Team	-	01:51:49	00:00:38
31	147	Jorge CARVALHO	Estrelas Lisboa	-	01:51:59	00:00:09
32	101	Joel MARTINS	Escaravelhos Team	-	01:52:41	00:00:43
33	175	Sérgio MATOS	EDV-Viana Trail	-	01:53:08	00:00:26
34	230	Pedro PAULO	Águas de Penacova	-	01:54:10	00:01:02
35	154	Telmo CARVALHO	ARSM-ASSOCIAÇÃO RECREATIVA S.MIGUEL	-	01:54:15	00:00:06
36	162	João ALMEIDA	OFFLINE runners	-	01:54:38	00:00:23
37	116	João ROSINHA	Goes Trail Running	-	01:54:46	00:00:08
38	222	Homero LOURENÇO	G.D. Os Ribeirinhos	-	01:56:14	00:01:27
39	217	Luís ANDRADE	Mountain Trails	-	01:58:10	00:01:56
40	219	André BENIDO	Escaravelhos Team	-	01:59:31	00:01:21
41	170	Filipe CORDEIRO	Extreme Academy	-	01:59:40	00:00:09
42	102	Carla SANTOS	Montanha Clube Trail Running/ Runners	-	02:01:40	00:02:00
43	200	Miguel CAMPOS	Individual	-	02:02:51	00:01:11
44	159	Rui FIGUEIREDO	Runner's do DEMO	-	02:03:18	00:00:28
45	214	Bruno JULIÃO	Pés Troikados GTL16	-	02:03:19	00:00:01

etc.



UNião das Freguesias de Penacova e Vila de Mouros

APOIOS



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POS	NUM	NOME	EQUIPA	CATEGORIA	TEMPO	DIF.
46	218	José NUNES	Escaravelhos Team	-	02:04:28	00:01:09
47	144	Nuno FERNANDES	Abutres Running Team	-	02:04:40	00:00:11
48	121	Pedro PINTO	O Mundo da Corrida	-	02:05:18	00:00:38
49	139	José OLIVEIRA	Os Tugas saloios	-	02:06:10	00:00:52
50	177	Emanuel COSTA	Galhardos Runners	-	02:06:15	00:00:05
51	153	Carla REIS	ARSM-ASSOCIAÇÃO RECREATIVA S.MIGUEL	-	02:06:16	00:00:01
52	155	João LUCAS	ASSS Columbófila Cantanhede	-	02:08:02	00:01:46
53	181	Maria FONSECA	Runner's do DEMO	-	02:13:08	00:05:07
54	165	Vitorino CORAGEM	O Mundo da Corrida	-	02:13:14	00:00:06
55	189	António MARTINS	Individual	-	02:13:15	00:00:01
56	142	António NEVES	OFFLINE runners	-	02:14:39	00:01:23
57	161	Joaquim BRANQUINHO	Coimbra Trail Running	-	02:18:48	00:04:10
58	206	António MARQUES	Individual	-	02:18:50	00:00:02
59	156	David ASSIS	Individual	-	02:20:02	00:01:12
60	186	Nuno RIBEIRO	Viriathv Runners Viseu	-	02:21:22	00:01:20
61	197	Alcinda BRANDÃO	2OnTrail	-	02:21:30	00:00:08
62	113	Ana SERENO	Vimarunners	-	02:21:48	00:00:18
63	132	Nuno AMARAL	Individual	-	02:22:46	00:00:58
64	125	Pedro LONGUINHO	GeoGang	-	02:22:48	00:00:01
65	216	José ANDRADE	Mountain Trails	-	02:23:27	00:00:39
66	209	Manuel FERNANDES	Correr Viseu	-	02:23:40	00:00:13
67	208	Ricardo SILVA	Correr Viseu	-	02:23:43	00:00:03
68	128	Tiago SANTOS	Clube dos Atletas Tortos	-	02:24:02	00:00:19
69	211	Luís ROSA	Canianos	-	02:24:35	00:00:33
70	210	Paulo MENDES	Canianos	-	02:24:36	00:00:01
71	183	José OLIVEIRA	Individual	-	02:25:37	00:01:01
72	109	Amaro RODRIGUES	Ginásio Extreme Fit	-	02:25:38	00:00:02
73	234	Carlos MARTINS	Escaravelhos Team	-	02:25:51	00:00:12
74	227	Amilcar LOPES	Flechas Trail	-	02:26:32	00:00:41
75	195	Carina FERREIRA	CIGA	-	02:26:45	00:00:13
76	233	Mafalda FRIAS	Individual	-	02:26:47	00:00:02
77	151	Paulo CARVALHO	Flechas Trail	-	02:26:48	00:00:02
78	166	Aderito BERNARDINO	Runner's do DEMO	-	02:28:34	00:01:46
79	149	Dora NEVES	ASSS Columbófila Cantanhede	-	02:28:35	00:00:01
80	150	Dulce CARVALHO	ASSS Columbófila Cantanhede	-	02:29:10	00:00:35
81	184	Joaquim TAVARES	Xpto	-	02:30:00	00:00:50
82	194	Rodrigo OLIVEIRA	CIGA	-	02:30:01	00:00:01
83	39	Ruben BORGES	Montanha Clube Trail Running/ Runners	-	02:32:48	00:02:47
84	7	Rita GASPAS	CTAD Trilhos de Cinfães	-	02:32:52	00:00:04
85	173	Paulo SIMÕES	Individual	-	02:33:10	00:00:18
86	204	Pedro CALDEIRA	Individual	-	02:34:11	00:01:01
87	190	Rosa BEJA	Individual	-	02:34:49	00:00:38

etc.



APÓIOS



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POS	NUM	NOME	EQUIPA	CATEGORIA	TEMPO	DIF.
88	187	Vitor NUNES	Correr + Aguiar da Beira	-	02:34:49	00:00:00
89	119	Bruno DIAS	SS CGD	-	02:36:22	00:01:32
90	229	Melanie DUARTE	Farmácia Luciano e Matos	-	02:42:34	00:06:12
91	192	Catarina GOMES	ARSM-ASSOCIAÇÃO RECREATIVA S.MIGUEL	-	02:43:05	00:00:31
92	212	Carla SOARES	ARSM-ASSOCIAÇÃO RECREATIVA S.MIGUEL	-	02:43:07	00:00:02
93	137	Patrícia ?	Os Tugas saloios	-	02:43:55	00:00:48
94	138	Teresa OLIVEIRA	Os Tugas saloios	-	02:43:56	00:00:01
95	140	Michael JORGE	Os Tugas saloios	-	02:43:57	00:00:01
96	228	Susana MARTINS	Ffitness Team	-	02:44:41	00:00:44
97	133	Sérgio MARQUES	O Mundo da Corrida	-	02:46:01	00:01:20
98	179	Filipa RODRIGUES	Individual	-	02:47:08	00:01:07
99	178	António RODRIGUES	Individual	-	02:48:33	00:01:25
100	213	Alexandre FERNANDES	ARSM-ASSOCIAÇÃO RECREATIVA S.MIGUEL	-	02:49:34	00:01:02
101	117	Lúcia MARTINS	O Mundo da Corrida	-	02:49:41	00:00:06
102	107	Vitor COSTA	Amigos Vale Silêncio	-	02:50:24	00:00:44
103	108	Sandra COSTA	Amigos Vale Silêncio	-	02:50:26	00:00:01
104	118	Bruno COSTA	B+&B- Running Team	-	02:50:26	00:00:00
105	171	Hugo MARQUES	Extreme Academy	-	02:50:43	00:00:17
106	136	Pedro ALMEIDA	Clube dos Atletas Tortos	-	02:51:37	00:00:54
107	2	Fernando CARVALHO	O Mundo da Corrida	-	02:52:47	00:01:11
108	231	Anne PACHECO	ARSM-ASSOCIAÇÃO RECREATIVA S.MIGUEL	-	02:54:13	00:01:26
109	174	Vera REIS	ARSM-ASSOCIAÇÃO RECREATIVA S.MIGUEL	-	02:54:14	00:00:00
110	182	Fábio PEREIRA	Correr + Aguiar da Beira	-	03:01:44	00:07:30
111	145	Zina FERNANDES	Individual	-	03:01:51	00:00:07
112	221	Cátia VANZELER	G.D. Os Ribeirinhos	-	03:04:29	00:02:38
113	220	Sónia MARTINS	G.D. Os Ribeirinhos	-	03:04:29	00:00:00
114	157	Patrícia ROCHA	k2run	-	03:07:14	00:02:45
115	176	Dina SIMÃO	Individual	-	03:07:17	00:00:03
116	141	Maria SILVA	Os Tugas saloios	-	03:08:37	00:01:20
117	198	Joana PEREIRA	Saw addicted	-	03:10:00	00:01:22
118	205	Alexandra PEREIRA	ASSS Colúmbófila Cantanhede	-	03:10:01	00:00:02
119	226	Nádia ANDRADE	Saw addicted	-	03:10:02	00:00:01
120	199	José MATOS	Saw addicted	-	03:10:04	00:00:01
121	203	Teresa COSTA	Individual	-	03:10:27	00:00:23
122	122	Luís MOURA	NA BEIERSDORF	-	03:14:50	00:04:23
123	193	Rafaela NEVES	Escaravelhos Team	-	03:17:13	00:02:24
124	172	Maria SANTOS	Escaravelhos Team	-	03:24:36	00:07:23
125	188	Lurdes GOUVEIA	Escaravelhos Team	-	03:24:37	00:00:01
126	105	Ana NARCISO	Tough Trails Alenquer	-	03:49:46	00:25:09
127	106	Pedro TEIXEIRA	Tough Trails Alenquer	-	03:49:47	00:00:01
128	201	José NUNES	Escaravelhos Team	-	04:04:08	00:14:21

etc.



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