

organização:

FAMA RUNNERS
CORRIDORES DE FAMALICÃO

FAMALICÃO

Rotary
CLUB DE FAMALICÃO



**TRAIL
EXPERIENCE
FAMALICÃO**

2017

3 JUNHO
inscrições abertas
famarunners.com

SPONSORES:

COMETIP

bioelectrica

aiqo

MANO

25
Aniversário

DISCO

AM

STATUS



Trail Curto
15,00 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos. Cat.	Tempo	T/Km.	Dif.
1	3022	Marcelo Costa	UMFCA Warriors	Sen	1	1:17:03.16	05:08	
2	1554	Bruno Silva	Afa Cycles	40	1	1:19:29.00	05:18	0:02:26
3	1002	Ricardo Rodrigues		Sen	2	1:19:30.29	05:18	0:02:27
4	8002	Algusto Antunes	ARPO - Associação Recreativa Pousa	50	1	1:19:31.00	05:18	0:02:28
5	1048	Tiago Oliveira	UMFCA Warriors	Sen	3	1:21:34.61	05:26	0:04:32
6	1086	Pedro Oliveira	Fama Runners	Sen	4	1:23:14.94	05:33	0:06:12
7	1064	Ricardo Carreira		Sen	5	1:24:46.12	05:39	0:07:43
8	1555	Raul Silva	ProFisio Team	40	2	1:26:15.29	05:45	0:09:12
9	1062	Hélder Ribeiro	airorun	Sen	6	1:26:23.19	05:46	0:09:20
10	1535	Patrick Marques	F.S.L.	40	3	1:26:34.56	05:46	0:09:32
11	1510	paulo pereira	DRAGON club	40	4	1:27:12.55	05:49	0:10:10
12	3532	Gualter Freitas	Fisiovera Lemos	40	5	1:27:35.13	05:50	0:10:32
13	3508	José Ribeiro		40	6	1:27:47.04	05:51	0:10:44
14	1001	Felisberto Arcipreste		Sen	7	1:28:13.22	05:53	0:11:10
15	1039	Sérgio Pereira	ERMIDAFIT	Sen	8	1:28:35.84	05:54	0:11:33
16	1046	José Rocha	Cin-runners	Sen	9	1:29:08.14	05:57	0:12:05
17	1050	Romeu Pereira		Sen	10	1:29:18.41	05:57	0:12:15
18	1019	Luis Fernandes	Alive Runners	Sen	11	1:29:36.36	05:58	0:12:33
19	3046	Paulo Leça	Team Lanthemil	Sen	12	1:29:38.00	05:59	0:12:35
20	3547	Marco Rocha	DRAGON club	40	7	1:29:51.58	05:59	0:12:49
21	3542	Jose Fernandes	ProFisio Team	40	8	1:30:27.32	06:02	0:13:24
22	1538	André Martins	Tesco Team Running	40	9	1:30:56.39	06:04	0:13:53
23	1038	Ricardo Pais	ERMIDAFIT	Sen	13	1:31:02.53	06:04	0:14:00
24	3057	HELDER LEMOS	Tesco Team Running	Sen	14	1:31:21.25	06:05	0:14:18
25	1094	Micael Guimarães		Sen	15	1:31:37.55	06:07	0:14:35
26	2509	Paulo Pinheiro	BICIATUS	40	10	1:32:26.34	06:10	0:15:23
27	1557	Sandra Moura	ProFisio Team	40F	1	1:33:27.57	06:14	0:16:25
28	8000	Paulo Domingues	Escola do Movimento	40	11	1:33:31.80	06:14	0:16:29
29	1037	Telma Duarte	ERMIDAFIT	SenF	1	1:33:51.06	06:15	0:16:48
30	1099	Antonio Pedro Vieira		Sen	16	1:34:19.32	06:17	0:17:16
31	1540	Abilio Martins Almeida		40	12	1:34:29.37	06:18	0:17:26
32	1053	Hugo Moreira	Cin-runners	Sen	17	1:35:05.52	06:20	0:18:03
33	1551	Carlos Fernandes	FREZITE	50	2	1:35:38.15	06:23	0:18:35
34	1045	Miguel Alves	Cin-runners	Sen	18	1:35:39.86	06:23	0:18:37
35	3090	Ruben Barbosa		Sen	19	1:35:41.02	06:23	0:18:38
36	3060	RICARDO RODRIGUE	Tesco Team Running	Sen	20	1:36:08.79	06:25	0:19:06
37	3525	José Costa		40	13	1:36:44.55	06:27	0:19:42
38	1558	Paulo Moura	ProFisio Team	40	14	1:37:04.62	06:28	0:20:02
39	1071	Rui Ferreira	Fama Runners	Sen	21	1:37:45.89	06:31	0:20:43
40	4015	João Silva	DRAGON club	50	3	1:38:00.05	06:32	0:20:57
41	3102	Sérgio Louros	Fama Runners	Sen	22	1:38:58.30	06:36	0:21:55
42	1057	Helder Faria	Amigos da Onça	Sen	23	1:39:32.64	06:38	0:22:30
43	1016	André Fraga		Sen	24	1:39:57.64	06:40	0:22:55

44	3045	Hugo Monteiro	Alive Runners	Sen	25	1:40:23.38	06:42	0:23:20
45	1518	André Castro		40	15	1:40:53.14	06:44	0:23:50
46	1074	Elsa Almeida	Fama Runners	SenF	2	1:41:13.16	06:45	0:24:10
47	3017	Carlos Guimaraes		Sen	26	1:41:28.55	06:46	0:24:26
48	3009	Rafael Santos		Sen	27	1:41:35.90	06:46	0:24:33
49	3107	André Martins	DRAGON club	Sen	28	1:42:10.62	06:49	0:25:08
50	1529	Amadeu Soares		40	16	1:42:33.15	06:50	0:25:30
51	3087	António Ferreira		Sen	29	1:42:53.56	06:52	0:25:51
52	3521	Armando Oliveira	Magic Friends Runners	40	17	1:43:43.96	06:55	0:26:41
53	1093	Jorge Pereira	ProFisio Team	Sen	30	1:43:45.14	06:55	0:26:42
54	3545	António Ferreira	DRAGON club	40	18	1:43:47.43	06:55	0:26:44
55	1024	Pedro Vieira	A.D.Sebolido Trail Boneca D'Ouro	Sen	31	1:44:38.72	06:59	0:27:36
56	1007	Paulo Gomes	A.Cu.R.A. 4 Trail	Sen	32	1:45:06.99	07:00	0:28:04
57	3031	Marco Salgado		Sen	33	1:45:20.57	07:01	0:28:18
58	3020	Nelson Mendes		Sen	34	1:45:21.79	07:01	0:28:19
59	3079	Joao Campos		Sen	35	1:45:26.63	07:02	0:28:24
60	3080	Antonio Vilas BOAS		Sen	36	1:45:27.91	07:02	0:28:25
61	1544	Manuel Gomes	Fama Runners	40	19	1:45:41.57	07:03	0:28:39
62	1512	Casimiro Tavares	Amigos do Caneco	50	4	1:45:42.86	07:03	0:28:40
63	1006	Vasco faria	Evolution trail team Amve	Sen	37	1:45:55.14	07:04	0:28:52
64	1041	André Costa	BeFitness Runners	Sen	38	1:45:55.19	07:04	0:28:52
65	3549	José Saldanha	EDV-Viana Trail	40	20	1:46:00.67	07:04	0:28:58
66	3515	José Pereira	Go-Fama	50	5	1:46:00.67	07:04	0:28:58
67	1058	Jose Pereira	GTT - ARMAZÉM DO CAFFÉ	Sen	39	1:46:39.93	07:07	0:29:37
68	3077	Daniel Lopes		Sen	40	1:47:04.45	07:08	0:30:01
69	1536	Jorge Vale	Fama Runners	50	6	1:47:11.00	07:09	0:30:08
70	3531	Mário Coelho		40	21	1:47:12.41	07:09	0:30:09
71	1049	João Rodrigues		Sen	41	1:47:22.36	07:09	0:30:19
72	3039	Lili Santos	DRAGON club	SenF	3	1:47:23.00	07:10	0:30:20
73	1017	Rogério Santos		Sen	42	1:47:23.37	07:10	0:30:20
74	3121	Sandra Pera3120		SenF	4	1:48:31.66	07:14	0:31:29
75	1082	Ana Cardoso	Fama Runners	SenF	5	1:48:58.02	07:16	0:31:55
76	3548	Sérgio Cabral	Acdar	40	22	1:49:19.80	07:17	0:32:17
77	3544	Milton Cabral		40	23	1:49:26.23	07:18	0:32:23
78	1014	João Machado	Squadra di Potenza	Sen	43	1:49:36.13	07:18	0:32:33
79	3004	Franco Costa	FITTEAM	40	24	1:50:16.99	07:21	0:33:14
80	3055	ANGELO RIBEIRO	Tesco Team Running	Sen	44	1:50:21.44	07:21	0:33:18
81	1043	Rita Cruz	BeFitness Runners	SenF	6	1:50:32.33	07:22	0:33:29
82	4008	Julio Ferreira		50	7	1:50:36.48	07:22	0:33:33
83	3070	Ricardo Alves		Sen	45	1:50:43.33	07:23	0:33:40
84	1047	Pedro Ferreira	Airão Trail Team	Sen	46	1:51:56.61	07:28	0:34:54
85	3040	Sandra Araújo		SenF	7	1:52:26.53	07:30	0:35:24
86	3010	Marina Graça	Kalenji Runners Braga	SenF	8	1:52:29.00	07:30	0:35:26
87	1081	Daniel Vieira	Fama Runners	Sen	47	1:53:13.57	07:33	0:36:11
88	1015	Rui Goncalves	GTT - ARMAZÉM DO CAFFÉ	Sen	48	1:53:22.30	07:33	0:36:19
89	3086	Emanuel Freitas	Team Lantemil	Sen	49	1:53:40.03	07:35	0:36:37
90	1085	Filipe Oliveira	Fama Runners	Sen	50	1:53:41.04	07:35	0:36:38
91	3509	Mário Jorge Oliveira	JOBRAGA/SEMPRINOX	40	25	1:53:55.08	07:36	0:36:52
92	3025	Daniel Oliveira	Airão Trail Team	Sen	51	1:54:08.65	07:37	0:37:06
93	1068	Hugo Sampaio		Sen	52	1:54:09.67	07:37	0:37:07
94	3091	Katline Leterrier	Fama Runners	SenF	9	1:54:10.67	07:37	0:37:08
95	1504	António Gomes	A.Cu.R.A. 4 Trail	40	26	1:54:25.20	07:38	0:37:22
96	1098	José Fernandes8003		40	27	1:54:48.43	07:39	0:37:45
97	3524	José Pedro Teixeira		40	28	1:54:50.16	07:39	0:37:47
98	1559	José Silva		40	29	1:55:04.83	07:40	0:38:02
99	3100	T P8004	Fama Runners	Sen	53	1:55:05.51	07:40	0:38:03
100	3027	Vitor Beleza		Sen	54	1:55:31.10	07:42	0:38:28
101	1063	Luís Da Fonseca	A.Cu.R.A. 4 Trail	Sen	55	1:55:48.81	07:43	0:38:46
102	3540	Isabel Gonçalves		40F	2	1:56:41.85	07:47	0:39:39

103	3038 TOZÉ Ls	DRAGON club	Sen	56	1:56:43.00	07:47	0:39:40
104	4011 Goretí Sousa	ProFisio Team	50F	1	1:56:44.07	07:47	0:39:41
105	3097 Artur Vilas Boas		Sen	57	1:56:54.67	07:48	0:39:52
106	3538 Antonio Coelho		40	30	1:57:04.04	07:48	0:40:01
107	3112 Lúgia Santos	Fama Runners	SenF	10	1:57:05.00	07:48	0:40:02
108	3047 Daniel Soares		Sen	58	1:57:07.66	07:49	0:40:05
109	1527 Andreia Ribeiro		40F	3	1:57:09.00	07:49	0:40:06
110	2008 Joaquim Silva	Cin-runners	50	8	1:57:31.45	07:50	0:40:28
111	3536 Vítor Araújo	Magic Friends Runners	40	31	1:57:32.27	07:50	0:40:29
112	1042 Sandra Silva	BeFitness Runners	SenF	11	1:57:32.70	07:50	0:40:30
113	1501 José Luis Costa		40	32	1:57:33.00	07:50	0:40:30
114	3052 CARINA OLIVEIRA	Tesco Team Running	SenF	12	1:57:35.53	07:50	0:40:33
115	3054 FABIO MATOS	Tesco Team Running	Sen	59	1:57:37.00	07:50	0:40:34
116	1089 Tomé Batista	Fama Runners	Sen	60	1:57:37.54	07:51	0:40:35
117	1060 Paulo Laranjo		Sen	61	1:57:40.74	07:51	0:40:38
118	3533 César Costa		40	33	1:57:42.00	07:51	0:40:39
119	1097 Pedro Oliveira	Fama Runners	Sen	62	1:57:56.90	07:52	0:40:54
120	1033 Andre Alexandre Vasconcelos	FREZITE	Sen	63	1:58:19.36	07:53	0:41:16
121	1023 Vítor Hugo Alves		Sen	64	1:58:39.92	07:55	0:41:37
122	3015 Liliana Barros	Alive Runners	SenF	13	1:58:53.05	07:56	0:41:50
123	1091 Francisco Dinis	Fama Runners	Sen	65	1:58:53.58	07:56	0:41:51
124	1032 José Lima	FREZITE	Sen	66	1:59:33.00	07:58	0:42:30
125	3073 José Macedo		Sen	67	1:59:44.16	07:59	0:42:41
126	3109 Tiago De Araújo		Sen	68	2:00:28.77	08:02	0:43:26
127	3088 Ana Oliveira		SenF	14	2:00:30.95	08:02	0:43:28
128	3051 SARA FERREIRA	Tesco Team Running	SenF	15	2:00:36.84	08:02	0:43:34
129	3502 João Couto	FITTEAM	40	34	2:00:45.94	08:03	0:43:43
130	3037 Rui Costa		Sen	69	2:00:46.68	08:03	0:43:44
131	1008 Vasco Guimarães	Fama Runners	Sen	70	2:00:57.69	08:04	0:43:55
132	1011 Pedro Sousa	Evolution trail team Amve	Sen	71	2:01:11.60	08:05	0:44:09
133	4002 Joaquim Oliveira	Airão Trail Team	50	9	2:01:52.00	08:07	0:44:49
134	1040 Helena Castro	BeFitness Runners	SenF	16	2:02:02.21	08:08	0:44:59
135	3504 Armindo Fernandes		40	35	2:02:15.81	08:09	0:45:13
136	1506 Paula Sá	Online Team	40F	4	2:02:28.52	08:10	0:45:26
137	1069 Inês Matos	Fama Runners	SenF	17	2:02:28.91	08:10	0:45:26
138	1070 Filipe Fonseca	Fama Runners	Sen	72	2:02:29.34	08:10	0:45:26
139	1524 João Carlos Gomes		40	36	2:02:42.44	08:11	0:45:39
140	3095 Nelson Machado	ProFisio Team	Sen	73	2:02:50.92	08:11	0:45:48
141	4004 Rosa Araujo	ARPO - Associação Recreativa Pousada	50F	2	2:02:57.71	08:12	0:45:55
142	1026 Jorge Meireles	FREZITE	Sen	74	2:03:03.82	08:12	0:46:01
143	3050 RICARDO MOTA	Tesco Team Running	Sen	75	2:03:46.75	08:15	0:46:44
144	3541 Jose Miguel Lopes Ferreira Torres	TORRES	40	37	2:03:50.60	08:15	0:46:48
145	1051 Luis Leite		Sen	76	2:03:56.06	08:16	0:46:53
146	1010 Pedro Gonçalves	Evolution trail team Amve	Sen	77	2:04:08.06	08:17	0:47:05
147	1003 Cristiano Saldanha	Evolution trail team Amve	Sen	78	2:04:11.79	08:17	0:47:09
148	3023 Flávio Sampaio		Sen	79	2:04:22.58	08:18	0:47:20
149	3016 Maria Rodrigues	Os Santa Apolonia	SenF	18	2:04:52.65	08:20	0:47:50
150	4010 Joaquim Peliteiro	Fama Runners	50	10	2:05:13.72	08:21	0:48:11
151	1004 Hugo Peixoto	Evolution trail team Amve	Sen	80	2:05:27.68	08:22	0:48:25
152	1505 Pedro rocha		50	11	2:05:37.31	08:22	0:48:34
153	1526 João Araújo		50	12	2:06:22.33	08:25	0:49:19
154	3003 JOSÉ ARMANDO ALVES		Sen	81	2:06:26.33	08:26	0:49:23
155	1521 João Novais		40	38	2:06:44.04	08:27	0:49:41
156	1523 Silvério Pereira	ERMIDAFIT	40	39	2:06:45.00	08:27	0:49:42
157	3001 Fernando Vilarinho		Sen	82	2:14:02.36	08:56	0:56:59
158	3085 Patrícia Carvalho		SenF	19	2:14:02.84	08:56	0:57:00
159	3034 Rui Bezerra	ProFisio Team	Sen	85	2:14:03.00	08:56	0:57:00
160	3028 David Sousa	UMFCA Warriors	Sen	83	2:14:03.00	08:56	0:57:00
161	3021 Sandrine Costa		SenF	20	2:14:03.00	08:56	0:57:00

162	4016 Cleiton Silva		50	13	2:14:03.00	08:56	0:57:00
163	3098 Sergio Neves	ProFisio Team	Sen	84	2:14:03.00	08:56	0:57:00
164	3056 JOSÉ OLIVEIRA	Tesco Team Running	Sen	88	2:14:04.00	08:56	0:57:01
165	3082 Sérgio Freitas		Sen	89	2:14:04.00	08:56	0:57:01
166	3534 César Almeida		40	40	2:14:04.00	08:56	0:57:01
167	3101 Jorge Vale	Fama Runners	Sen	87	2:14:04.00	08:56	0:57:01
168	1061 Rui Costa	A.Cu.R.A. 4 Trail	Sen	86	2:14:04.00	08:56	0:57:01
169	3072 Rui Polido		SenF	21	2:14:04.00	08:56	0:57:01
170	3099 Gonçalo Maia	GTT - ARMAZÉM DO CAFFÉ	Sen	90	2:14:05.00	08:56	0:57:02
171	4013 Carlos Gandra	GTT - ARMAZÉM DO CAFFÉ	50	14	2:14:06.00	08:56	0:57:03
172	4005 Nilda Magalhães	Magic Friends Runners	50F	3	2:14:13.00	08:57	0:57:10
173	3522 Élia Oliveira	Magic Friends Runners	40F	5	2:14:15.00	08:57	0:57:12
174	1028 Anibal Cunha	FREZITE	Sen	91	2:14:17.00	08:57	0:57:14
175	1027 Ricardo Maia	FREZITE	Sen	92	2:14:17.00	08:57	0:57:14
176	1513 MANUEL CARVALHO		50	15	2:14:17.09	08:57	0:57:14
177	1508 Lucas Vilela		40	41	2:14:18.00	08:57	0:57:15
178	1522 Anabela Gonçalves	ERMIDAFIT	40F	6	2:14:18.00	08:57	0:57:15
179	4014 Maria Silva	DRAGON club	50F	4	2:14:20.00	08:57	0:57:17
180	3019 Paulo Azevedo		Sen	93	2:14:20.00	08:57	0:57:17
181	1514 Luís Rodrigues		40	42	2:14:20.00	08:57	0:57:17
182	3059 Ana Ferreira	Tesco Team Running	SenF	24	2:14:21.00	08:57	0:57:18
183	3026 Catarina Capela		SenF	22	2:14:21.00	08:57	0:57:18
184	3049 Marisa Pereira	Tesco Team Running	SenF	23	2:14:21.00	08:57	0:57:18
185	3539 ILDA PINHEIRO		40F	7	2:14:22.00	08:57	0:57:19
186	3081 Cristóvão Magalhães		Sen	94	2:14:22.00	08:57	0:57:19
187	3546 Vitor Moreira	Fama Runners	40	43	2:14:25.00	08:58	0:57:22
188	3075 Celeste Ramos	A D ESMERIZ RUNNING	SenF	25	2:14:25.00	08:58	0:57:22
189	3105 Isabel Carneiro	Fama Runners	Sen	95	2:15:21.08	09:01	0:58:18
190	3526 Filipe Freitas		40	44	2:15:32.96	09:02	0:58:30
191	1541 Manuel Veloso	Fama Runners	40	45	2:15:35.95	09:02	0:58:33
192	1095 Vitor Santos		Sen	96	2:16:13.15	09:05	0:59:10
193	3071 Hélder Neves		Sen	97	2:16:26.51	09:06	0:59:24
194	3535 jo Oliveira	Magic Friends Runners	40F	8	2:17:17.35	09:09	1:00:14
195	1531 Pedro Dinis	A2D Running	40	46	2:17:18.00	09:09	1:00:15
196	3104 Manuel Ribeiro		Sen	98	2:17:57.60	09:12	1:00:55
197	3064 JULIANA OLIVEIRA	Tesco Team Running	SenF	26	2:18:18.69	09:13	1:01:16
198	3068 JOÃO MOREIRA	Tesco Team Running	Sen	99	2:18:22.76	09:14	1:01:20
199	3058 CLAUDIA LEITE	Tesco Team Running	SenF	27	2:18:27.63	09:14	1:01:25
200	3008 Joel Mendes		Sen	100	2:19:44.09	09:19	1:02:41
201	1092 Rogério Sá	Fama Runners	Sen	101	2:19:46.74	09:19	1:02:44
202	1005 Bruno Silva	Evolution trail team Amve	Sen	102	2:19:49.37	09:19	1:02:46
203	1020 Liliana Gomes		SenF	28	2:19:55.12	09:20	1:02:52
204	1025 Ricardo Amorim	FREZITE	Sen	103	2:20:02.78	09:20	1:03:00
205	1543 Manuel Costa e Sá	Fama Runners	50	16	2:20:07.98	09:21	1:03:05
206	1065 BRUNO VASCONCELOS		Sen	104	2:20:14.33	09:21	1:03:11
207	3519 Miguel Mendes		40	47	2:20:19.44	09:21	1:03:16
208	3029 Sergio Torre		Sen	105	2:21:06.71	09:24	1:04:04
209	3030 Eduarda Barros		SenF	29	2:21:08.00	09:25	1:04:05
210	3520 Isabel Fernandes		40F	9	2:21:54.68	09:28	1:04:52
211	1066 mario vilaca		Sen	106	2:22:06.39	09:28	1:05:03
212	3530 Maria Sá		40F	10	2:23:04.02	09:32	1:06:01
213	3551 Joana Silva	Fama Runners	40F	11	2:23:05.82	09:32	1:06:03
214	3044 Mafalda Reis		SenF	30	2:23:21.20	09:33	1:06:18
215	3110 Joaquim Ferreira		Sen	107	2:23:28.57	09:34	1:06:26
216	1055 Paulo Clemente	Salseiros	Sen	108	2:23:32.44	09:34	1:06:29
217	3065 ELIANA PIMENTA	Tesco Team Running	SenF	31	2:24:09.46	09:37	1:07:06
218	1076 João Pinheiro	Fama Runners	Sen	109	2:24:53.57	09:40	1:07:51
219	5006 Helder Costa		Sen	110	2:24:55.00	09:40	1:07:52
220	3512 Paula Oliveira		40F	12	2:25:40.90	09:43	1:08:38

221	3066	RICARDO FERREIRA	Tesco Team Running	Sen	111	2:25:44.72	09:43	1:08:42
222	4012	Camilo Muñiz Rodriguez		50	17	2:26:03.59	09:44	1:09:01
223	3115	Julie Martins	Os Santa Apolonia	SenF	32	2:26:16.81	09:45	1:09:14
224	3511	FRANCISCO MARINHO		40	48	2:26:33.39	09:46	1:09:30
225	1052	Elisabete Rente	Salseiros	SenF	33	2:26:36.62	09:46	1:09:34
226	3036	Rui Martins	ProFisio Team	Sen	112	2:26:57.17	09:48	1:09:54
227	1547	Tiago Oliveira	Fama Runners	Sen	113	2:27:09.10	09:49	1:10:06
228	1080	Diana Gomes	Fama Runners	SenF	34	2:27:10.68	09:49	1:10:08
229	1067	Paulo Costa		Sen	114	2:27:15.52	09:49	1:10:13
230	3523	bety Osório	Magic Friends Runners	40F	13	2:27:21.23	09:49	1:10:18
231	3514	Patrícia Silva	Go-Fama	40F	14	2:28:26.52	09:54	1:11:24
232	3007	Ana Moura		SenF	35	2:29:06.79	09:56	1:12:04
233	3552	Isabel Alves	Isabel Alves	40F	15	2:29:41.95	09:59	1:12:39
234	3074	JOSÉ FREITAS	Tesco Team Running	Sen	115	2:30:44.22	10:03	1:13:41
235	1502	Ricardo Pimenta		40	49	2:30:49.78	10:03	1:13:47
236	3093	Carla Moreira	ProFisio Team	SenF	36	2:30:50.90	10:03	1:13:48
237	3094	Teresa Oliveira	ProFisio Team	SenF	37	2:30:51.34	10:03	1:13:48
238	3108	Cátia Salgado		SenF	38	2:31:29.36	10:06	1:14:26
239	1519	Rosa Fontes	ERMIDAFIT	40F	16	2:31:51.75	10:07	1:14:49
240	1030	Rafael Silva	FREZITE	Sen	116	2:32:38.45	10:11	1:15:35
241	3501	Laurinda Martins	Apúlia a correr	40F	17	2:32:39.62	10:11	1:15:37
242	1056	Fernando Silva	FREZITE	Sen	117	2:32:42.01	10:11	1:15:39
243	3041	José Neves	ProFisio Team	Sen	118	2:33:00.01	10:12	1:15:57
244	3011	Nina Gouveia	Trail Pinoco	SenF	39	2:33:24.95	10:14	1:16:22
245	3024	Tiago Faria		Sen	119	2:33:28.20	10:14	1:16:25
246	3505	Domingos Gouveia	Trail Pinoco	40	50	2:33:32.20	10:14	1:16:29
247	3067	Sandra Guerreiro	Tesco Team Running	40F	18	2:37:28.79	10:30	1:20:26
248	3061	MARCIA SILVA	Tesco Team Running	SenF	40	2:37:29.91	10:30	1:20:27
249	4006	Fernanda Macedo	Online Team	50F	5	2:38:30.21	10:34	1:21:27
250	1545	Paula Ribeiro	Fama Runners	40F	19	2:40:28.29	10:42	1:23:25
251	1511	LUIZ BLANQUET		50	18	2:40:29.00	10:42	1:23:26
252	4007	MARIA ALEXANDRINA MARQUES DA SILVA		50	19	2:41:09.50	10:45	1:24:06
253	3012	antonio oliveira		Sen	120	2:41:51.74	10:47	1:24:49
254	3114	Joana Silva	Metralhas Runners	SenF	41	2:42:28.78	10:50	1:25:26
255	4009	Artur Saraiva	Metralhas Runners	50	20	2:42:31.23	10:50	1:25:28
256	3006	Hugo Fernandes	Farmacia Marinho	Sen	121	2:45:08.72	11:01	1:28:06
257	3005	Vânia Campos	Farmacia Marinho	SenF	42	2:45:09.46	11:01	1:28:06
258	1009	Zé Casanova	Puxa e Empurra	Sen	122	2:45:39.00	11:03	1:28:36
259	1012	Ângela Soares		SenF	43	2:47:18.56	11:09	1:30:16
260	1078	Nuno Oliveira	Fama Runners	Sen	123	2:47:42.85	11:11	1:30:40
261	1079	vera pires	Fama Runners	SenF	44	2:47:46.30	11:11	1:30:43
262	1550	Carlos Espírito Santo	Fama Runners	40	51	2:54:21.84	11:37	1:37:19
263	1083	Cristina Cruz	Fama Runners	SenF	45	2:54:23.37	11:38	1:37:20
264	3537	CARLOS FADIGAS		40	52	2:54:33.30	11:38	1:37:30
265	1542	Mário Cunha	Go-Fama	40	53	2:55:35.72	11:42	1:38:33
266	3513	Goretí Cunha	Go-Fama	40F	20	2:56:38.83	11:47	1:39:36
267	3516	Paula Moreira	Go-Fama	40F	21	2:56:39.28	11:47	1:39:36
268	3084	Cristina Ribeiro	#semdesculpas	SenF	46	2:57:45.87	11:51	1:40:43
269	3083	Filipa Simoes	#semdesculpas	SenF	47	2:57:46.81	11:51	1:40:44
270	3503	Orquidea Maria Ferreira	FITTEAM	40F	22	2:57:47.56	11:51	1:40:45
271	3527	Diana Moura		40F	23	2:57:49.00	11:51	1:40:46
272	3035	Paula Alves	ProFisio Team	SenF	48	3:03:07.68	12:13	1:46:05
273	1036	Marcia Oliveira	FREZITE	SenF	49	3:05:33.55	12:22	1:48:31
274	1517	Marta Silva	FREZITE	40F	24	3:05:36.47	12:22	1:48:33
275	1515	Maria Clara Pinto Reis Rodrigues		40F	25	3:06:31.60	12:26	1:49:29
276	3518	sonia sampaio	Metralhas Runners	40F	26	3:09:23.33	12:38	1:52:20
277	3042	Vanda Silva	Metralhas Runners	SenF	50	3:09:29.00	12:38	1:52:26
278	3063	JOÃO CARDOSO	Tesco Team Running	Sen	124	3:09:33.74	12:38	1:52:31
279	3062	DANIELA BARBOSA	Tesco Team Running	SenF	51	3:09:36.64	12:38	1:52:34

280	3103	Isac Pinto	Fama Runners	Sen	125	3:09:38.00	12:39	1:52:35
281	1073	Daniela Marques	Fama Runners	SenF	52	3:11:36.07	12:46	1:54:33
282	3018	Marta Moreira	BeFitness Runners	SenF	53	3:11:37.00	12:46	1:54:34
283	3076	JOANA TEDIM	Tesco Team Running	SenF	54	3:21:49.18	13:27	2:04:46
284	3069	ANDREIA BARBOSA	Tesco Team Running	SenF	55	3:22:15.63	13:29	2:05:13
285	3092	Marisa Rocha	Healthy Women	SenF	56	3:25:32.05	13:42	2:08:29
286	3032	Vera Gomes	Healthy Women	SenF	57	3:25:32.93	13:42	2:08:30
287	3043	Patricia Oliveira	Healthy Women	SenF	58	3:25:35.00	13:42	2:08:32
288	3013	Susana Dourado	Healthy Women	SenF	59	3:25:35.29	13:42	2:08:32
289	3517	Marcia Pinto	Metralhas Runners	40F	27	3:26:24.69	13:46	2:09:22
290	1549	Paulo Loureiro	Fama Runners	40	54	3:26:30.37	13:46	2:09:27

organização :

FAMA RUNNERS POWERED BY STATUS

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