



























**Trail Longo**

**42 KM**



**OFFICIAL RESULT**

54	400	Hugo Alexandre Faria Ferreira	Individual	Senior Masculino	05:36:28	+01:49:30	08:01
55	284	Marco Campos	Tálenos Team	Senior Masculino	05:36:33	+01:49:35	08:01
56	410	Nuno Henriques	Individual	Senior Masculino	05:38:54	+01:51:56	08:04
57	315	Romeu Alexandre Taneco Colaço	Individual	Senior Masculino	05:38:57	+01:51:59	08:04
58	414	Carlos Carola	Individual	Senior Masculino	05:39:11	+01:52:13	08:05
59	15	João Miguel Louro Farinha	AC PORTALEGRE / UTSM	Senior Masculino	05:39:42	+01:52:44	08:05
60	128	João Tiago Dias	Estrela do Campo de Aviação Futebol Clube	Senior Masculino	05:42:25	+01:55:27	08:09
61	57	Fernando Homem	C.A.S.P.A. - Clube Amador Só Para Atletismo	Senior Masculino	05:44:14	+01:57:16	08:12
62	16	José Manuel Antunes Curado Serra	AC PORTALEGRE / UTSM	Senior Masculino	05:46:48	+01:59:50	08:15
63	437	Vitor Manuel Romeiro Fialho Piçarra	Individual	Senior Masculino	05:48:25	+02:01:27	08:18
64	142	Tiago Sousa	GO!Runners	Senior Masculino	05:49:07	+02:02:09	08:19
65	304	Alexandre Pinto	Individual	Senior Masculino	05:50:06	+02:03:08	08:20
66	478	Bruno Carrudo	Individual	Senior Masculino	05:51:05	+02:04:07	08:22
67	222	João Marmelo	Os Trinca Espinhas	Senior Masculino	05:51:24	+02:04:26	08:22
68	153	Jorge Carola	jotaces	Senior Masculino	05:51:51	+02:04:53	08:23
69	119	Dino Pinto	Dr. Merino/Nutrifit	Senior Masculino	05:52:10	+02:05:12	08:23
70	379	Joel Simões	Individual	Senior Masculino	05:52:44	+02:05:46	08:24
71	79	HUGO MATOS	CASA MATOS BIKE SHOP/REATAM - TRAMAGAL	Senior Masculino	05:53:40	+02:06:42	08:25
72	17	André Filipe Paulino Trindade	AC PORTALEGRE / UTSM	Senior Masculino	05:57:11	+02:10:13	08:30
73	135	Luis Alberto	FOZ365	Senior Masculino	05:57:48	+02:10:50	08:31
74	187	Nuno Braga	Montanha Clube Trail Running/Runners	Senior Masculino	06:02:40	+02:15:42	08:38
75	183	Helder Martins Padilha Ferreira	Montanha Clube Trail Running/Runners	Senior Masculino	06:02:40	+02:15:42	08:38
76	296	Diogo Maia	UDR ZONA ALTA - Torres Novas	Senior Masculino	06:03:23	+02:16:25	08:39
77	22	Nuno Paiva	AC PORTALEGRE / UTSM	Senior Masculino	06:04:58	+02:18:00	08:41
78	113	Rui Miguel Semedo Pena	COA - Clube de Orientação e Aventura	Senior Masculino	06:06:19	+02:19:21	08:43
79	174	Miguel Soares	Monsanto Running Team	Senior Masculino	06:07:29	+02:20:31	08:45
80	154	Joao Canholas	jotaces	Senior Masculino	06:08:29	+02:21:31	08:46
81	889	Miguel Ángel Sánchez Galea	Individual	Senior Masculino	06:08:49	+02:21:51	08:47
82	317	valter filipe pereira martinho	Individual	Senior Masculino	06:09:25	+02:22:27	08:48
83	463	Tome pinto	Individual	Senior Masculino	06:10:06	+02:23:08	08:49
84	255	Eduardo Miguel Gomes Domingos	Runners da Frente ribeirinha da Póvoa de santa iria	Senior Masculino	06:12:49	+02:25:51	08:53
85	145	Marco António Candeias dos Santos	Ialbax Running	Senior Masculino	06:14:50	+02:27:52	08:55
86	103	Artur Jorge Nunes Oliveira	COA - Clube de Orientação e Aventura	Senior Masculino	06:16:00	+02:29:02	08:57
87	144	Ricardo Cunha	PROAVENTURAS	Senior Masculino	06:16:49	+02:29:51	08:58
88	329	João Artur Lopes Tomaz	Individual	Senior Masculino	06:16:50	+02:29:52	08:58
89	327	Pedro Pinho	CORREMOS.PT	Senior Masculino	06:17:24	+02:30:26	08:59
90	179	Nuno Manuel Rosmaninho Rolo Varandas Faria	Monsanto Running Team	Senior Masculino	06:17:58	+02:31:00	09:00
91	394	Luis Filipe Serrano Ramos	Individual	Senior Masculino	06:17:59	+02:31:01	09:00
92	65	Andre Duarte	C.D."Os Águias" Trail/Running	Senior Masculino	06:21:10	+02:34:12	09:05
93	188	André Carvalho	Montanha Clube Trail Running/Runners	Senior Masculino	06:24:55	+02:37:57	09:10

Official Timekeeper: Lap2Go	3 / 12	generate 19-Jan-2016 09:25
-----------------------------	--------	----------------------------

**Trail Longo**

**42 KM**



**OFFICIAL RESULT**

94	157	Alexandre Miguel Serra Narciso	Juventude Vidigalense	Senior Masculino	06:25:01	+02:38:03	09:10
95	225	luis felicio	Os Trinca Espinhas	Senior Masculino	06:27:07	+02:40:09	09:13
96	347	Silvio Miguel Batista Horta	Individual	Senior Masculino	06:29:20	+02:42:22	09:16
97	240	Pedro Falcão Costa	Individual	Senior Masculino	06:32:21	+02:45:23	09:20
98	455	Filipe Miguel Barqueiro Bandeira	Individual	Senior Masculino	06:32:41	+02:45:43	09:21
99	454	Gonçalo Nuno Neto Francisco	Individual	Senior Masculino	06:32:41	+02:45:43	09:21
100	156	Jorge Luís Gonçalves Vieira	Juventude Vidigalense	Senior Masculino	06:36:34	+02:49:36	09:27
101	34	João Miguel Chambel dos Santos Teixeira	Alverca Urban Runners	Senior Masculino	06:36:42	+02:49:44	09:27
102	87	MIGUEL COLLADO ESCUDERO	CLUB TRAIL COMESUELAS	Senior Masculino	06:37:38	+02:50:40	09:28
103	460	Diogo Barros	Individual	Senior Masculino	06:38:33	+02:51:35	09:29
104	115	Joel Almeida Martinho	Coimbra Trail Running	Senior Masculino	06:38:44	+02:51:46	09:30
105	211	Joaquim Martins	Os Trinca Espinhas	Senior Masculino	06:42:21	+02:55:23	09:35
106	146	Bruno Charrinho	INIJOVEM - NISA	Senior Masculino	06:43:35	+02:56:37	09:37
107	257	Armando Cardoso	Runners da Frente ribeirinha da Póvoa de santa iria	Senior Masculino	06:44:25	+02:57:27	09:38
108	249	Rafael Joaquim Carvalho Monteiro	Runners da Frente ribeirinha da Póvoa de santa iria	Senior Masculino	06:44:25	+02:57:27	09:38
109	452	Pedro coelho	Individual	Senior Masculino	06:45:06	+02:58:08	09:39
110	205	Rodolfo Orfão	OFFtel Runners	Senior Masculino	06:47:18	+03:00:20	09:42
111	462	Valter Antonio Escrevente	A20KM	Senior Masculino	06:48:53	+03:01:55	09:44
112	184	Tiago Miguel Ferreira Lobo	Montanha Clube Trail Running/Runners	Senior Masculino	06:51:05	+03:04:07	09:47
113	89	Gonzalo Simon Bernal	CLUB TRAIL COMESUELAS	Senior Masculino	06:51:43	+03:04:45	09:48
114	416	Fernando Marques	ATR - Algarve Trail Running	Senior Masculino	06:54:13	+03:07:15	09:52
115	311	José Manuel Freira Mataloto	Individual	Senior Masculino	06:55:29	+03:08:31	09:54
116	82	Pedro Carmo	CLAC Entroncamento	Senior Masculino	06:55:49	+03:08:51	09:54
117	363	Cláudio Sergio Dos Anjos Pereira	Individual	Senior Masculino	06:55:56	+03:08:58	09:54
118	1565	António Perinha	Os Trinca Espinhas	Senior Masculino	06:55:59	+03:09:01	09:54
119	208	André Relvas	Os Trinca Espinhas	Senior Masculino	06:56:00	+03:09:02	09:54
120	106	João Dourado	Individual	Senior Masculino	06:58:16	+03:11:18	09:58
121	366	Nuno Filipe Santos Pereira	Individual	Senior Masculino	06:58:55	+03:11:57	09:58
122	475	David Silva Clemente	A20KM	Senior Masculino	07:00:17	+03:13:19	10:00
123	422	Julio Miranda Morillo	MÉRIDA TRAIL	Senior Masculino	07:01:11	+03:14:13	10:02
124	413	José Alberto Rodríguez Falcón	MÉRIDA TRAIL	Senior Masculino	07:01:12	+03:14:14	10:02
125	140	João Manuel Mendes Moniz Barreto	GO!Runners	Senior Masculino	07:03:16	+03:16:18	10:05
126	440	Daniel Lérias	Individual	Senior Masculino	07:06:03	+03:19:05	10:09
127	261	Carlos Barros	Salamandrecos	Senior Masculino	07:06:03	+03:19:05	10:09
128	259	Rui Loureiro Marques	Runners Dream Moments	Senior Masculino	07:06:03	+03:19:05	10:09
129	477	Álvaro Joaquim Luís Mendonça	GáfeteRunners	Senior Masculino	07:08:17	+03:21:19	10:12
130	484	Ricardo Maia	Individual	Senior Masculino	07:08:58	+03:22:00	10:13
131	351	Sérgio Pedro	Individual	Senior Masculino	07:10:42	+03:23:44	10:15
132	408	Rui Soeiro	Individual	Senior Masculino	07:11:08	+03:24:10	10:16
133	355	Valter Matos	Individual	Senior Masculino	07:13:21	+03:26:23	10:19
134	253	Angelo Relvas	Runners da Frente ribeirinha da Póvoa de santa iria	Senior Masculino	07:16:03	+03:29:05	10:23
135	450	jose antonio molina marquez	Individual	Senior Masculino	07:17:38	+03:30:40	10:25
136	268	Paulo Silva	Seixal - Running	Senior Masculino	07:18:55	+03:31:57	10:27











**Trail Longo**

**42 KM**



**OFFICIAL RESULT**

16	472	Luís Fáisco	PROAVENTURAS	Veterano M45	06:02:13	+01:45:35	08:37
17	186	António Manuel Fernandes	Montanha Clube Trail Running/Runners	Veterano M45	06:02:40	+01:46:02	08:38
18	41	Horácio Ferreira	ARSM - Associação Recreativa de S. Miguel	Veterano M45	06:02:40	+01:46:02	08:38
19	246	Manuel Antonio Barreiros Matos	Individual	Veterano M45	06:07:37	+01:50:59	08:45
20	481	Luis Miguel Matos Ferreira	run4fun	Veterano M45	06:10:26	+01:53:48	08:49
21	280	Luis Madeira	SS CGD	Veterano M45	06:10:29	+01:53:51	08:49
22	81	César Francisco	cesarfrancisco.com   lagrimas team	Veterano M45	06:12:39	+01:56:01	08:52
23	171	Alexandre Kellen	Matilha Running	Veterano M45	06:14:00	+01:57:22	08:54
24	173	Pedro Prudencio	Monsanto Running Team	Veterano M45	06:14:37	+01:57:59	08:55
25	402	Jorge Mamede Abrantes	Individual	Veterano M45	06:14:49	+01:58:11	08:55
26	108	Luís Miguel dos Santos Emídio	COA - Clube de Orientação e Aventura	Veterano M45	06:15:31	+01:58:53	08:56
27	442	José Carlos Ferreira Nunes	Individual	Veterano M45	06:21:10	+02:04:32	09:05
28	46	Filipe Conceição	ATR - Algarve Trail Running	Veterano M45	06:23:16	+02:06:38	09:08
29	348	JOSÉ TOMÁS MICHÓA GARCÍA	Individual	Veterano M45	06:23:53	+02:07:15	09:08
30	151	Henrique Simão	JOBRINDE - MONTES SALOIOS	Veterano M45	06:25:06	+02:08:28	09:10
31	218	Antonio Caldeira	Os Trinca Espinhas	Veterano M45	06:27:05	+02:10:27	09:13
32	235	Miguel Lino	PROAVENTURAS	Veterano M45	06:38:14	+02:21:36	09:29
33	191	Mário António Pereira Alberto	Não Fazemos Nem Mais Um... Km	Veterano M45	06:38:43	+02:22:05	09:30
34	405	AUGUSTO NUNES SOUSA	Individual	Veterano M45	06:48:57	+02:32:19	09:44
35	399	João Leandro Agostinho	Individual	Veterano M45	06:49:15	+02:32:37	09:45
36	449	Luis Venancio salguero moreno	Individual	Veterano M45	06:53:53	+02:37:15	09:51
37	418	João Martins	Caracol Trail Team	Veterano M45	07:00:14	+02:43:36	10:00
38	19	Sérgio Rui da Silveira Lança Carinhas	AC PORTALEGRE / UTSM	Veterano M45	07:01:00	+02:44:22	10:01
39	341	João Cid Alves	Individual	Veterano M45	07:03:05	+02:46:27	10:04
40	258	Paulo Rita	Runners da Frente ribeirinha da Póvoa de santa iria	Veterano M45	07:08:17	+02:51:39	10:12
41	148	Vitor Afonso Quaresma Lourenço	JOBRINDE - MONTES SALOIOS	Veterano M45	07:11:12	+02:54:34	10:16
42	152	António Luis	JOBRINDE - MONTES SALOIOS	Veterano M45	07:15:54	+02:59:16	10:23
43	33	David Freitas	ADCR Polícia Judiciária	Veterano M45	07:21:58	+03:05:20	10:31
44	917	Nuno Ferreira	Individual	Veterano M45	07:23:23	+03:06:45	10:33
45	93	José Garcês	Clube Atletismo Amigos de Belém	Veterano M45	07:26:11	+03:09:33	10:37
46	397	João Paulo Santos	Individual	Veterano M45	07:27:19	+03:10:41	10:39
47	427	Pedro Nunes	Individual	Veterano M45	07:27:56	+03:11:18	10:40
48	372	Virgilio Vedor Campos Costa	Individual	Veterano M45	07:31:09	+03:14:31	10:45
49	300	José Luís Santos	Vila Seca Running Team	Veterano M45	07:32:28	+03:15:50	10:46
50	385	jose morales ruiz	Individual	Veterano M45	07:37:32	+03:20:54	10:54
51	101	JOAQUIM BEXIGA	Clube OGMA	Veterano M45	07:38:19	+03:21:41	10:55
52	370	Bruno Mesquita	Individual	Veterano M45	07:41:37	+03:24:59	10:59
53	354	Alexandre Miguel Costa Mota	Évora Night Runners	Veterano M45	08:03:56	+03:47:18	11:31
54	162	Pedro Rosa	Matilha Running	Veterano M45	08:13:58	+03:57:20	11:46
55	436	Helder Vidal	Individual	Veterano M45	08:17:43	+04:01:05	11:51
56	126	Artur Jorge Santos Pereira	Enterprom	Veterano M45	08:26:27	+04:09:49	12:03







