TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	26.7ºC	48%
End	13:46	34.4ºC	31%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1146	alberto da silva	individual	Veterano M40	01:25:33		05:02
2	1010	Sergio Vale	amigos atletismo povoense	Senior Masculino	01:26:19	+00:46	05:05
3	1257	MARÇAL AVELINO SALAZAR MARQUES MENDES	individual	Senior Masculino	01:26:35	+01:03	05:06
4	1031	Helder Fernandes Pereira	clube de atletismo de ferreira do zêzere	Senior Masculino	01:28:21	+02:48	05:12
5	1041	Filipe Novais	experienciar/barceltécnica/sportsonfire	Sub 25 Masculino	01:28:36	+03:04	05:13
6	1219	Paulo Tavares	kw business	Senior Masculino	01:28:48	+03:15	05:13
7	1124	Luís Manuel Gonçalves da Silva	individual	Sub 25 Masculino	01:30:22	+04:50	05:19
8	1118	Diogo Leandro Ferreira da Silva	umfca warriors	Sub 25 Masculino	01:31:48	+06:15	05:24
9	1279	Paulo Leça	paulo leça	Senior Masculino	01:32:12	+06:40	05:25
10	1113	Tiago Sousa	individual	Senior Masculino	01:34:17	+08:44	05:33
11	1188	Vasco Morais Pinheiro de Sousa	individual	Veterano M50	01:34:42	+09:10	05:34
12	1262	Eduardo Alberto Gonçalves Braga	individual	Veterano M40	01:34:53	+09:21	05:35
13	1245	José Lopes	vidaativarunners	Senior Masculino	01:36:13	+10:41	05:40
14	1040	Sérgio Ramos	edv viana trail	Senior Masculino	01:37:57	+12:25	05:46
15	1158	José Carlos Saldanha	individual	Veterano M40	01:39:38	+14:05	05:52
16	1153	João Alexandre Carlos Almeida	individual	Veterano M40	01:39:52	+14:19	05:52
17	1278	Bruno Silva	g.d. goma / andorinhas	Senior Masculino	01:40:32	+15:00	05:55
18	1277	João Vieira	g.d. goma / andorinhas	Senior Masculino	01:40:32	+15:00	05:55
19	1100	Nuno lemos	individual	Senior Masculino	01:41:08	+15:35	05:57
20	1248	Tania Covas Costa	.com-clube de orientação do minho	Senior Feminino	01:44:42	+19:09	06:10
21	1098	Nuno Caraça	umfca warriors	Senior Masculino	01:44:45	+19:13	06:10
22	1014	Silvino.A Patrão	atletismo baixo barroso-ferral montalegre	Senior Masculino	01:45:03	+19:30	06:11
23	1108	Rafael Campos dos Santos	individual	Senior Masculino	01:47:49	+22:17	06:21
24	1066	Bruno Araujo	individual	Senior Masculino	01:47:54	+22:21	06:21
25	1078	Filipe André Pereira Carneiro	individual	Senior Masculino	01:47:54	+22:22	06:21
26	1176	Rodrigo Alves	individual	Veterano M40	01:48:19	+22:46	06:22
27	1019	Nuno Joaquim de Carvalho Pires	boclip	Senior Masculino	01:48:23	+22:51	06:23
28	1272	Nuno Cáceres	individual	Veterano M40	01:48:26	+22:53	06:23
29	1214	Helder Castro	nadv.pt running team	Senior Masculino	01:48:29	+22:57	06:23
30	1256	Bruno Esteves	individual	Senior Masculino	01:48:56	+23:24	06:25
31	1237	Hélder Pereira	travassós running fafe	Senior Masculino	01:49:09	+23:37	06:25
32	1235	Joana Filipa Correia Barros	team workout 48	Sub 25 Feminino	01:51:07	+25:35	06:32
33	1234	Luis Rafael Lima Coutinho	team workout 48	Senior Masculino	01:52:11	+26:39	06:36
34	1090	João Santos	individual	Senior Masculino	01:52:22	+26:49	06:37
35	1191	João Vale	leroy merlin trail team	Senior Masculino	01:52:34	+27:02	06:37
36	1167	Orlando Alves	individual	Veterano M40	01:52:57	+27:25	06:39
37	1239	Paulo Lopes	travassós running fafe	Senior Masculino	01:52:57	+27:25	06:39
38	1070	CARLOS LUIS GUERRA OLIVEIRA	individual	Senior Masculino	01:53:13	+27:41	06:40
39	1203	Filipa Gomes	movimento de juventude de merelim	Senior Feminino	01:53:15	+27:42	06:40
40	1055	Joana Azevedo	individual	Senior Feminino	01:53:22	+27:49	06:40

TRAIL CURTO - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1273	Antonio Lourenço	individual	Veterano M50	01:53:27	+27:55	06:40
42	1162	Manuel António e Sá da Graça	individual	Veterano M40	01:53:32	+27:59	06:41
43	6	João Oliveira	amigos atletismo povoense	Veterano M50	01:53:34	+28:02	06:41
44	1043	JOSE DUARTE	familia pereira	Veterano M50	01:53:48	+28:15	06:42
45	1094	Márcio Cruz	individual	Senior Masculino	01:54:00	+28:27	06:42
46	1035	PAULO JORGE DA SILVA HENRIQUES	clube montanhismo de braga	Veterano M40	01:54:09	+28:37	06:43
47	1123	João Vítor Oliveira Vilar	individual	Sub 25 Masculino	01:54:22	+28:50	06:44
48	1276	Manuel Emídio Rocha	individual	Veterano M40	01:54:27	+28:54	06:44
49	1251	Bruno Purificação	beer squad	Senior Masculino	01:54:30	+28:57	06:44
50	1150	Domingos Martins	individual	Veterano M40	01:54:50	+29:18	06:45
51	1236	Damião Duarte	travassós running fafe	Senior Masculino	01:55:05	+29:33	06:46
52	1120	Flavio Costa	individual	Sub 25 Masculino	01:55:08	+29:36	06:46
53	1233	Bruno Daniel Morais Rodrigues	team workout 48	Senior Masculino	01:55:12	+29:39	06:47
54	1198	Vitor Almeida	milltrail	Veterano M50	01:55:16	+29:44	06:47
55	1001	Sérgio Duarte	.com-clube de orientação do minho	Sub 25 Masculino	01:55:30	+29:58	06:48
56	1159	José Ferreira	individual	Veterano M40	01:56:04	+30:31	06:50
57	1015	Daniel Oliveira	atletismo baixo barroso-ferral montalegre	Sub 25 Masculino	01:56:24	+30:52	06:51
58	1270	José Luís Marques	individual	Veterano M40	01:57:35	+32:03	06:55
59	1068	Carlos Filipe Marques Castanheira	individual	Senior Masculino	01:57:40	+32:08	06:55
60	1119	EDUARDO MARQUES	individual	Sub 25 Masculino	01:57:47	+32:14	06:56
61	1117	Carlos Miguel Pereira Gonçalves	individual	Sub 25 Masculino	01:58:33	+33:01	06:58
62	1168	Paulo Alexandre Carneiro	individual	Veterano M40	01:59:09	+33:36	07:01
63	1174	Ricardo Ribeiro	individual	Veterano M40	01:59:10	+33:37	07:01
64	1202	Joaquim Pereira	mnm's	Veterano M40	01:59:45	+34:13	07:03
65	1050	Ariana Araújo	individual	Senior Feminino	01:59:56	+34:23	07:03
66	1065	Andre Costa	individual	Senior Masculino	02:01:10	+35:37	07:08
67	1240	Filipe Bento	travassós running fafe	Veterano M40	02:01:25	+35:52	07:09
68	1152	Filipe Alferes	individual	Veterano M40	02:01:27	+35:55	07:09
69	1164	Marco Pinto	individual	Veterano M40	02:01:38	+36:05	07:09
70	1087	João Manuel Figueiredo da Silva Moreira	individual	Senior Masculino	02:01:38	+36:06	07:09
71	1229	Marcio Pereira	somos porto	Senior Masculino	02:01:42	+36:10	07:10
72	1127	Rogério de Almeida Pacheco	individual	Sub 25 Masculino	02:01:57	+36:24	07:10
73	1218	Raul Lopez	nutribarrosas	Senior Masculino	02:02:21	+36:49	07:12
74	1217	Carlos Braga	nutribarrosas	Senior Masculino	02:02:21	+36:49	07:12
75	1182	Luis Moreira	individual	Veterano M50	02:02:24	+36:51	07:12
76	1210	Joaquim Pereira	mozelos runners	Veterano M40	02:02:51	+37:18	07:14
77	1089	João Pedro Correia da Silva	individual	Senior Masculino	02:03:49	+38:16	07:17
78	1209	António Rodrigues	mozelos runners	Veterano M40	02:03:49	+38:17	07:17
79	1079	Filipe Borges	individual	Senior Masculino	02:04:03	+38:31	07:18
80	1189	Hernâni Costa	kangurus s.a.	Senior Masculino	02:04:04	+38:31	07:18
81	1107	Pedro Martins	individual	Senior Masculino	02:04:04	+38:32	07:18
82	1073	Cesar goncaves carneiro	individual	Senior Masculino	02:04:25	+38:52	07:19
83	1154	Joaquim Vidal	individual	Veterano M40	02:04:25	+38:53	07:19
84	1148	CARLOS FERNANDO ESPERANÇA	individual	Veterano M40	02:04:27	+38:54	07:19

TRAIL CURTO - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1005	Rui Costa	a.cu.r.a. 4 trail	Senior Masculino	02:04:57	+39:25	07:21
86	1004	Nuno Fonseca	a.cu.r.a. 4 trail	Senior Masculino	02:04:58	+39:25	07:21
87	1244	Luis Almeida	valecambrenses	Veterano M40	02:04:59	+39:26	07:21
88	1088	João Oliveira	individual	Senior Masculino	02:04:59	+39:27	07:21
89	1056	Luciana Raquel da Costa Fernandes	individual	Senior Feminino	02:04:59	+39:27	07:21
90	1085	Isaque Dias	individual	Senior Masculino	02:05:09	+39:36	07:22
91	1096	Miguel Anibal Cruz Gonçalves	individual	Senior Masculino	02:05:44	+40:12	07:24
92	1192	Jorge Pinheiro	leroy merlin trail team	Senior Masculino	02:05:46	+40:13	07:24
93	1074	David Fernandes Coimbra	individual	Senior Masculino	02:06:35	+41:02	07:27
94	1173	Ricardo Gonçalves	individual	Veterano M40	02:06:52	+41:19	07:28
95	1179	António Fins	individual	Veterano M50	02:07:18	+41:45	07:29
96	1126	Ricardo Pereira	individual	Sub 25 Masculino	02:07:32	+41:59	07:30
97	1238	José Carvalho	travassós running fafe	Senior Masculino	02:07:35	+42:02	07:30
98	1075	DAVID TEIXEIRA	individual	Senior Masculino	02:07:52	+42:19	07:31
99	1169	Paulo Martins	individual	Veterano M40	02:07:59	+42:26	07:32
100	1012	Antonio Pereira	amigos atletismo povoense	Veterano M50	02:08:03	+42:31	07:32
101	1193	José Pereira	leroy merlin trail team	Senior Masculino	02:08:15	+42:42	07:33
102	1247	Luis Filipe P. Rodrigues	zés	Veterano M40	02:08:18	+42:46	07:33
103	1104	PAULO JORGE ROCHA MIRANDA	individual	Senior Masculino	02:08:55	+43:23	07:35
104	1022	Marco Ferreira	braguinhas runners	Senior Masculino	02:09:39	+44:06	07:38
105	1032	CARLA DALILA LAGE VILELA MARTINS OLIVEIRA	clube montanhismo de braga	Veterana F40	02:10:19	+44:47	07:40
106	1149	David Barreira	individual	Veterano M40	02:10:25	+44:53	07:40
107	1076	Davide Machado	individual	Senior Masculino	02:10:30	+44:57	07:41
108	1184	Manuel Luis Castelo Branco Mendes Carvalho	individual	Veterano M50	02:10:49	+45:17	07:42
109	1115	Liliana Magalhães	individual	Sub 25 Feminino	02:11:01	+45:29	07:42
110	1230	Rui Valente	somos porto	Senior Masculino	02:11:20	+45:47	07:44
111	1110	Ricardo Filipe das Neves Brás	umfca warriors	Senior Masculino	02:11:39	+46:06	07:45
112	1092	Luis Manuel moreira de correia de lima	umfca warriors	Senior Masculino	02:11:40	+46:08	07:45
113	1007	Frederico Ferreira	a.cu.r.a. 4 trail	Sub 25 Masculino	02:12:02	+46:30	07:46
114	1175	Ricardo Silva	individual	Veterano M40	02:12:25	+46:52	07:47
115	1099	Nuno Fernando Ribeiro Pereira	individual	Senior Masculino	02:13:35	+48:03	07:52
116	1072	Céasr Costa	individual	Senior Masculino	02:13:45	+48:12	07:52
117	1006	Sérgio Monteiro	a.cu.r.a. 4 trail	Senior Masculino	02:14:34	+49:01	07:55
118	1080	Filipe Oliveira	individual	Senior Masculino	02:15:00	+49:27	07:56
119	1201	António Gaspar	mnm's	Senior Masculino	02:15:28	+49:56	07:58
120	1165	Mário Batista	individual	Veterano M40	02:17:32	+51:59	08:05
121	1018	José.A Azevedo	atletismo baixo barroso-ferral montalegre	Veterano M40	02:18:40	+53:07	08:09
122	1211	Bernardino Silva	mozelos runners	Veterano M50	02:19:11	+53:39	08:11
123	1029	Maria Filomena da Silva Santos	centro de marcha e corrida de vale de cambra	Veterana F40	02:19:57	+54:25	08:14
124	1030	Joaquim Fernando Soares Oliveira	centro de marcha e corrida de vale de cambra	Veterano M50	02:19:58	+54:26	08:14
125	1095	Marcos Barbosa	individual	Senior Masculino	02:20:06	+54:34	08:15
126	1282	Tony Soares	o monge do trail running	Senior Masculino	02:20:09	+54:37	08:15

TRAIL CURTO - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	1156	jorge caria	individual	Veterano M40	02:20:14	+54:41	08:15
128	1274	José Luís	individual	Senior Masculino	02:20:15	+54:42	08:15
129	1187	Raul Macedo	individual	Veterano M50	02:21:15	+55:42	08:19
130	1263	Pedro Alexandre da Silva Fernandes	individual	Veterano M40	02:21:17	+55:45	08:19
131	1259	Samuel Henrique Ferreira da Costa	individual	Senior Masculino	02:21:20	+55:47	08:19
132	1232	Manuel Moreira	ss cgd	Veterano M50	02:22:04	+56:31	08:21
133	1111	Rui miguel Rebelo gomes sousa	individual	Senior Masculino	02:22:29	+56:57	08:23
134	1049	Angela Lima	individual	Senior Feminino	02:22:32	+57:00	08:23
135	1064	Alvaro Mendes	individual	Senior Masculino	02:22:33	+57:00	08:23
136	1082	Gabriel Lobo	individual	Senior Masculino	02:22:59	+57:27	08:25
137	1215	Helder Gandarão	nadv.pt running team	Senior Masculino	02:23:15	+57:43	08:26
138	1011	Paulo Soares	amigos atletismo povoense	Veterano M40	02:23:23	+57:51	08:26
139	1086	João Amaral	individual	Senior Masculino	02:23:30	+57:57	08:26
140	1106	Pedro Ferreira	individual	Senior Masculino	02:23:32	+57:59	08:27
141	1157	José Alberto Ribeiro	individual	Veterano M40	02:23:43	+58:10	08:27
142	1204	Sónia Santiago	mozelos runners	Senior Feminino	02:23:53	+58:21	08:28
143	1208	Joana Machado	mozelos runners	Sub 25 Feminino	02:23:54	+58:21	08:28
144	1186	Paulo Gomes Gaspar	individual	Veterano M50	02:24:03	+58:31	08:28
145	1183	Manuel Craveiro	individual	Veterano M50	02:24:17	+58:44	08:29
146	1028	RUI SANTOS	casa do pessoal da rtp	Veterano M40	02:24:24	+58:51	08:30
147	1206	Michael Amaral	mozelos runners	Senior Masculino	02:24:26	+58:54	08:30
148	1009	Sergio Araujo	amigos atletismo povoense	Senior Masculino	02:24:43	+59:11	08:31
149	1025	SóniaTeresa Santos Pinto Veludo	cães & gatos	Veterana F40	02:25:18	+59:45	08:33
150	1026	João Pedro Ferreira da Silva Nogueira	cães & gatos	Veterano M40	02:25:18	+59:46	08:33
151	1052	Daniela peixoto	individual	Senior Feminino	02:25:25	+59:53	08:33
152	1128	Simão vilas boas	individual	Sub 25 Masculino	02:25:26	+59:53	08:33
153	1268	emanuel pinto pereira vale	individual	Veterano M40	02:25:36	+01:00:03	08:34
154	1143	Fernanda Almeida	individual	Veterana F50	02:25:59	+01:00:26	08:35
155	1197	Carlos Almeida	milltrail	Veterano M50	02:25:59	+01:00:27	08:35
156	1243	Sofia Bastos	valecambrenses	Veterana F40	02:26:00	+01:00:27	08:35
157	1093	Manuel Rui Costa Alves	individual	Senior Masculino	02:27:07	+01:01:35	08:39
158	1016	João.P Patrão	atletismo baixo barroso-ferral montalegre	Sub 25 Masculino	02:27:16	+01:01:43	08:40
159	1246	João Paulo P. Rodrigues	zés	Veterano M40	02:27:19	+01:01:46	08:40
160	1252	Sebastião Lages	beer squad	Senior Masculino	02:27:32	+01:01:59	08:41
161	1051	Claudia Sousa	individual	Senior Feminino	02:27:41	+01:02:09	08:41
162	1250	Patrícia Lopes	beer squad	Senior Feminino	02:27:44	+01:02:11	08:41
163	1249	Débora Silva	beer squad	Senior Feminino	02:27:51	+01:02:18	08:42
164	1260	Francisca Anhas	individual	Sub 25 Feminino	02:27:54	+01:02:22	08:42
165	1036	ALBERTO FERNANDES DE COUTO PINHAO	clube montanhismo de braga	Veterano M50	02:28:10	+01:02:38	08:43
166	1253	Jorge Sousa	bitrunners - bota p´ro monte	Senior Masculino	02:28:24	+01:02:51	08:44
167	1069	Carlos Jorge da Silva Carvalho Trigo	individual	Senior Masculino	02:28:58	+01:03:25	08:46
168	1151	Fernando Vilarinho	individual	Veterano M40	02:30:22	+01:04:50	08:51
169	1021	Roberto Luis Cid Fernández	boclip	Senior Masculino	02:30:40	+01:05:08	08:52

TRAIL CURTO - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
170	1103	Paulo Costa	individual	Senior Masculino	02:31:56	+01:06:23	08:56
171	1242	João Costa	turbulentos	Veterano M40	02:32:14	+01:06:41	08:57
172	1200	Sérgia Rocha	mnm's	Senior Feminino	02:32:14	+01:06:41	08:57
173	1199	Sandra Veloso	mnm's	Senior Feminino	02:32:14	+01:06:41	08:57
174	1166	Mario PEREIRA	individual	Veterano M40	02:33:37	+01:08:05	09:02
175	1058	Marcia Cristina da Costa Marques de Sousa	individual	Senior Feminino	02:33:55	+01:08:23	09:03
176	1044	Ana Catarina Macedo Pereira	individual	Senior Feminino	02:33:56	+01:08:23	09:03
177	1045	Ana Magalhães	individual	Senior Feminino	02:34:00	+01:08:27	09:04
178	1205	Luís Machado	mozelos runners	Senior Masculino	02:35:34	+01:10:01	09:09
179	1121	Francisco Manuel da Silva Sampaio	individual	Sub 25 Masculino	02:35:56	+01:10:23	09:10
180	1266	Luis Pinho	os bananas	Sub 25 Masculino	02:37:08	+01:11:35	09:15
181	1265	Morgana Almeida	os bananas	Sub 25 Feminino	02:37:09	+01:11:37	09:15
182	1228	José Pereira Duarte	secai/pedalar/digarda	Veterano M50	02:37:10	+01:11:38	09:15
183	1271	Luis Schumacher	individual	Veterano M40	02:37:26	+01:11:53	09:16
184	1269	Fernando Miguel Pereira	individual	Veterano M40	02:37:27	+01:11:55	09:16
185	1275	Marco Paulo Lopes Carvalho	individual	Senior Masculino	02:38:00	+01:12:28	09:18
186	1181	Joaquim Trindade	individual	Veterano M50	02:39:51	+01:14:18	09:24
187	1084	Hugo Alexandre Alves	individual	Senior Masculino	02:39:51	+01:14:19	09:24
188	1222	Bruno Silva	rexemingas team	Senior Masculino	02:39:51	+01:14:19	09:24
189	1071	Carlos Miguel da Silva Rocha	individual	Senior Masculino	02:39:51	+01:14:19	09:24
190	1196	Artur Salgueiro	manos salgueiro	Veterano M40	02:39:53	+01:14:20	09:24
191	1048	Andreia Leite	individual	Senior Feminino	02:41:50	+01:16:18	09:31
192	1142	Ângela Pinto	individual	Veterana F50	02:41:51	+01:16:18	09:31
193	1042	MARIA FATIMA PEREIRA	familia pereira	Veterana F50	02:44:29	+01:18:57	09:41
194	1195	Ricardo Salgueiro	manos salgueiro	Senior Masculino	02:44:31	+01:18:58	09:41
195	1147	Augusto Lopes	individual	Veterano M40	02:44:34	+01:19:02	09:41
196	1267	Susana Vidal	palmeira runners	Veterana F40	02:44:47	+01:19:15	09:42
197	1054	Isabel Barbosa	individual	Senior Feminino	02:44:47	+01:19:15	09:42
198	1223	Pedro Pereira	rexemingas team	Senior Masculino	02:45:12	+01:19:39	09:43
199	1061	Raquel Ramoa	individual	Senior Feminino	02:45:24	+01:19:51	09:44
200	1067	Bruno Rodrigues	individual	Senior Masculino	02:45:33	+01:20:00	09:44
201	1091	José Alves	individual	Senior Masculino	02:45:35	+01:20:02	09:44
202	1003	Paula Carneiro	a voar	Senior Feminino	02:46:31	+01:20:59	09:48
203	1002	Ana Soares	a voar	Senior Feminino	02:46:31	+01:20:59	09:48
204	1063	Tânia Moreira	individual	Senior Feminino	02:46:31	+01:20:59	09:48
205	1046	Ana Margarida Magalhães Martins	individual	Senior Feminino	02:47:02	+01:21:30	09:50
206	1081	Frederico Gil Ribeiro Gonçalves	individual	Senior Masculino	02:47:03	+01:21:30	09:50
207	1060	Maria José Tejo	individual	Senior Feminino	02:47:09	+01:21:36	09:50
208	1132	Flor Fernandes	individual	Veterana F40	02:47:09	+01:21:37	09:50
209	1160	Leonel Pedro Pinheiro rodrigues	individual	Veterano M40	02:47:43	+01:22:10	09:52
210	1255	Catarina Marques	individual	Senior Feminino	02:48:10	+01:22:38	09:54
211	1258	Porfírio Jorge	individual	Senior Masculino	02:48:13	+01:22:40	09:54
212	1283	Barbara Fonseca	individual	Senior Feminino	02:48:14	+01:22:42	09:54
213	1034	TERESA ALEXANDRA NATARIO MACEDO	clube montanhismo de braga	Veterana F50	02:49:21	+01:23:48	09:58
214	1038	Isabel Meneses	cromos da corrida	Senior Feminino	02:51:43	+01:26:11	10:06

TRAIL CURTO - STAGE 1 — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
215	1039	miguel loureiro	cromos da corrida	Veterano M40	02:51:44	+01:26:11	10:06
216	1133	Leonilde Macedo	individual	Veterana F40	02:52:07	+01:26:34	10:07
217	1135	maria lurdes mendes	individual	Veterana F40	02:52:07	+01:26:35	10:08
218	1141	Suzana Sousa	individual	Veterana F40	02:52:22	+01:26:49	10:08
219	1097	Miguel Cunha	individual	Senior Masculino	02:52:22	+01:26:49	10:08
220	1177	Vânia Cunha	individual	Veterano M40	02:52:29	+01:26:56	10:09
221	1185	Miguel Luís Martins Barbosa	individual	Veterano M50	02:52:30	+01:26:57	10:09
222	1138	Paula Alexandra Duarte Santana Alves Rodrigues	individual	Veterana F40	02:53:53	+01:28:21	10:14
223	1227	Maria do Céu Paias Couto	secai/pedalar/digarda	Veterana F40	02:56:48	+01:31:16	10:24
224	1226	Leonel José Marques Duarte	secai/pedalar/digarda	Senior Masculino	02:56:48	+01:31:16	10:24
225	1134	MARIA AUGUSTA ESPERANÇA	individual	Veterana F40	02:57:56	+01:32:24	10:28
226	1145	TERESA LANITA PINHEIRA	individual	Veterana F50	02:58:00	+01:32:28	10:28
227	1180	antonio guimaraes	individual	Veterano M50	03:00:51	+01:35:19	10:38
228	1172	Pedro Ramoa	individual	Veterano M40	03:03:31	+01:37:59	10:48
229	1281	Maria João	individual	Senior Feminino	03:03:36	+01:38:03	10:48
230	1136	Maria Pinto	individual	Veterana F40	03:10:07	+01:44:34	11:11
231	1139	Regina Carvalho	individual	Veterana F40	03:10:15	+01:44:42	11:11
232	1140	Sónia Monteiro	individual	Veterana F40	03:10:27	+01:44:54	11:12
233	1161	Luís Guilherme Machado	individual	Veterano M40	03:10:28	+01:44:55	11:12
234	1037	JOSE JOAQUIM DA SILVA FERTUZINHOS	clube montanhismo de braga	Veterano M50	03:18:21	+01:52:48	11:40
235	1033	MARIA HELENA ALVES GOMES FERNANDES	clube montanhismo de braga	Veterana F50	03:18:37	+01:53:05	11:41
236	1027	Jorge Ribeiro	cães & gatos	Veterano M40	03:29:06	+02:03:33	12:18
237	1024	Raquel Miguel	cães & gatos	Senior Feminino	03:29:06	+02:03:34	12:18
238	1137	Odete Coelho	individual	Veterana F40	03:29:06	+02:03:34	12:18
239	1023	Eugénia Alves	cães & gatos	Senior Feminino	03:29:07	+02:03:35	12:18
240	1280	Paulo Jorge Rocha Almeida	cães & gatos	Senior Masculino	03:29:10	+02:03:37	12:18
241	1190	Fernando Pinheiro	leroy merlin trail team	Senior Masculino	04:15:38	+02:50:06	15:02
242	1194	NUNO SOUSA	leroy merlin trail team	Senior Masculino	04:15:39	+02:50:06	15:02

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	26.7ºC	48%
End	13:46	34.4ºC	31%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	1248	Tania Covas Costa	.COM-Clube de Orientação do Minho	Senior Feminino	01:44:42		06:10
2	1203	Filipa Gomes	MOVIMENTO DE JUVENTUDE DE MERELIM	Senior Feminino	01:53:15	+08:33	06:40
3	1055	Joana Azevedo	Individual	Senior Feminino	01:53:22	+08:40	06:40
4	1050	Ariana Araújo	Individual	Senior Feminino	01:59:56	+15:14	07:03
5	1056	Luciana Raquel da Costa Fernandes	Individual	Senior Feminino	02:04:59	+20:18	07:21
6	1049	Angela Lima	Individual	Senior Feminino	02:22:32	+37:51	08:23
7	1204	Sónia Santiago	Mozelos Runners	Senior Feminino	02:23:53	+39:12	08:28
8	1052	Daniela peixoto	Individual	Senior Feminino	02:25:25	+40:44	08:33
9	1051	Claudia Sousa	Individual	Senior Feminino	02:27:41	+43:00	08:41
10	1250	Patrícia Lopes	Beer Squad	Senior Feminino	02:27:44	+43:02	08:41
11	1249	Débora Silva	Beer Squad	Senior Feminino	02:27:51	+43:09	08:42
12	1200	Sérgia Rocha	MNM's	Senior Feminino	02:32:14	+47:32	08:57
13	1199	Sandra Veloso	MNM's	Senior Feminino	02:32:14	+47:32	08:57
14	1058	Marcia Cristina da Costa Marques de Sousa	Individual	Senior Feminino	02:33:55	+49:14	09:03
15	1044	Ana Catarina Macedo Pereira	Individual	Senior Feminino	02:33:56	+49:14	09:03
16	1045	Ana Magalhães	Individual	Senior Feminino	02:34:00	+49:18	09:04
17	1048	Andreia Leite	Individual	Senior Feminino	02:41:50	+57:09	09:31
18	1054	Isabel Barbosa	Individual	Senior Feminino	02:44:47	+01:00:06	09:42
19	1061	Raquel Ramoa	Individual	Senior Feminino	02:45:24	+01:00:42	09:44
20	1003	Paula Carneiro	A VOAR	Senior Feminino	02:46:31	+01:01:50	09:48
21	1002	Ana Soares	A VOAR	Senior Feminino	02:46:31	+01:01:50	09:48
22	1063	Tânia Moreira	Individual	Senior Feminino	02:46:31	+01:01:50	09:48
23	1046	Ana Margarida Magalhães Martins	Individual	Senior Feminino	02:47:02	+01:02:21	09:50
24	1060	Maria José Tejo	Individual	Senior Feminino	02:47:09	+01:02:27	09:50
25	1255	Catarina Marques	Individual	Senior Feminino	02:48:10	+01:03:29	09:54
26	1283	Barbara Fonseca	Individual	Senior Feminino	02:48:14	+01:03:33	09:54
27	1038	Isabel Meneses	CROMOS DA CORRIDA	Senior Feminino	02:51:43	+01:07:02	10:06
28	1281	Maria João	Individual	Senior Feminino	03:03:36	+01:18:54	10:48
29	1024	Raquel Miguel	Cães & Gatos	Senior Feminino	03:29:06	+01:44:25	12:18
30	1023	Eugénia Alves	Cães & Gatos	Senior Feminino	03:29:07	+01:44:26	12:18
Senior Masculino							
1	1010	Sergio Vale	AMIGOS ATLETISMO POVOENSE	Senior Masculino	01:26:19		05:05
2	1257	MARÇAL AVELINO SALAZAR MARQUES MENDES	Individual	Senior Masculino	01:26:35	+00:17	05:06

Trail Curto — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	1031	Helder Fernandes Pereira	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	01:28:21	+02:02	05:12
4	1219	Paulo Tavares	KW Business	Senior Masculino	01:28:48	+02:29	05:13
5	1279	Paulo Leça	Paulo Leça	Senior Masculino	01:32:12	+05:54	05:25
6	1113	Tiago Sousa	Individual	Senior Masculino	01:34:17	+07:58	05:33
7	1245	José Lopes	Vidaativarunners	Senior Masculino	01:36:13	+09:55	05:40
8	1040	Sérgio Ramos	EDV Viana Trail	Senior Masculino	01:37:57	+11:39	05:46
9	1278	Bruno Silva	G.D. Goma / Andorinhas	Senior Masculino	01:40:32	+14:14	05:55
10	1277	João Vieira	G.D. Goma / Andorinhas	Senior Masculino	01:40:32	+14:14	05:55
11	1100	Nuno lemos	Individual	Senior Masculino	01:41:08	+14:49	05:57
12	1098	Nuno Caraça	UMFCA WARRIORS	Senior Masculino	01:44:45	+18:27	06:10
13	1014	Silvino.A Patrão	Atletismo Baixo Barroso-Ferral Montalegre	Senior Masculino	01:45:03	+18:44	06:11
14	1108	Rafael Campos dos Santos	Individual	Senior Masculino	01:47:49	+21:31	06:21
15	1066	Bruno Araujo	Individual	Senior Masculino	01:47:54	+21:35	06:21
16	1078	Filipe André Pereira Carneiro	Individual	Senior Masculino	01:47:54	+21:36	06:21
17	1019	Nuno Joaquim de Carvalho Pires	BOCLIP	Senior Masculino	01:48:23	+22:05	06:23
18	1214	Helder Castro	NADV.PT Running Team	Senior Masculino	01:48:29	+22:11	06:23
19	1256	Bruno Esteves	Individual	Senior Masculino	01:48:56	+22:38	06:25
20	1237	Hélder Pereira	Travassós Running Fafe	Senior Masculino	01:49:09	+22:51	06:25
21	1234	Luis Rafael Lima Coutinho	Team Workout 48	Senior Masculino	01:52:11	+25:53	06:36
22	1090	João Santos	Individual	Senior Masculino	01:52:22	+26:03	06:37
23	1191	João Vale	LEROY MERLIN TRAIL TEAM	Senior Masculino	01:52:34	+26:16	06:37
24	1239	Paulo Lopes	Travassós Running Fafe	Senior Masculino	01:52:57	+26:39	06:39
25	1070	CARLOS LUIS GUERRA OLIVEIRA	Individual	Senior Masculino	01:53:13	+26:55	06:40
26	1094	Márcio Cruz	Individual	Senior Masculino	01:54:00	+27:41	06:42
27	1251	Bruno Purificação	Beer Squad	Senior Masculino	01:54:30	+28:11	06:44
28	1236	Damião Duarte	Travassós Running Fafe	Senior Masculino	01:55:05	+28:47	06:46
29	1233	Bruno Daniel Morais Rodrigues	Team Workout 48	Senior Masculino	01:55:12	+28:53	06:47
30	1068	Carlos Filipe Marques Castanheira	Individual	Senior Masculino	01:57:40	+31:22	06:55
31	1065	Andre Costa	Individual	Senior Masculino	02:01:10	+34:51	07:08
32	1087	João Manuel Figueiredo da Silva Moreira	Individual	Senior Masculino	02:01:38	+35:20	07:09
33	1229	Marcio Pereira	Somos Porto	Senior Masculino	02:01:42	+35:24	07:10
34	1218	Raul Lopez	Nutribarrosas	Senior Masculino	02:02:21	+36:03	07:12
35	1217	Carlos Braga	Nutribarrosas	Senior Masculino	02:02:21	+36:03	07:12
36	1089	João Pedro Correia da Silva	Individual	Senior Masculino	02:03:49	+37:30	07:17
37	1079	Filipe Borges	Individual	Senior Masculino	02:04:03	+37:45	07:18
38	1189	Hernâni Costa	Kangurus S.A.	Senior Masculino	02:04:04	+37:45	07:18
39	1107	Pedro Martins	Individual	Senior Masculino	02:04:04	+37:46	07:18
40	1073	Cesar goncaves carneiro	Individual	Senior Masculino	02:04:25	+38:06	07:19
41	1005	Rui Costa	A.CU.R.A. 4 TRAIL	Senior Masculino	02:04:57	+38:39	07:21
42	1004	Nuno Fonseca	A.CU.R.A. 4 TRAIL	Senior Masculino	02:04:58	+38:39	07:21
43	1088	João Oliveira	Individual	Senior Masculino	02:04:59	+38:41	07:21
44	1085	Isaque Dias	Individual	Senior Masculino	02:05:09	+38:50	07:22
45	1096	Miguel Anibal Cruz Gonçalves	Individual	Senior Masculino	02:05:44	+39:26	07:24
46	1192	Jorge Pinheiro	LEROY MERLIN TRAIL TEAM	Senior Masculino	02:05:46	+39:27	07:24

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

47	1074	David Fernandes Coimbra	Individual	Senior Masculino	02:06:35	+40:16	07:27
48	1238	José Carvalho	Travassós Running Fafe	Senior Masculino	02:07:35	+41:16	07:30
49	1075	DAVID TEIXEIRA	Individual	Senior Masculino	02:07:52	+41:33	07:31
50	1193	José Pereira	Leroy Merlin Trail Team	Senior Masculino	02:08:15	+41:56	07:33
51	1104	PAULO JORGE ROCHA MIRANDA	Individual	Senior Masculino	02:08:55	+42:37	07:35
52	1022	Marco Ferreira	Braguinhas Runners	Senior Masculino	02:09:39	+43:20	07:38
53	1076	Davide Machado	Individual	Senior Masculino	02:10:30	+44:11	07:41
54	1230	Rui Valente	Somos Porto	Senior Masculino	02:11:20	+45:01	07:44
55	1110	Ricardo Filipe das Neves Brás	UMFCA WARRIORS	Senior Masculino	02:11:39	+45:20	07:45
56	1092	Luis Manuel moreira de correia de lima	UMFCA WARRIORS	Senior Masculino	02:11:40	+45:22	07:45
57	1099	Nuno Fernando Ribeiro Pereira	Individual	Senior Masculino	02:13:35	+47:17	07:52
58	1072	Céasr Costa	Individual	Senior Masculino	02:13:45	+47:26	07:52
59	1006	Sérgio Monteiro	A.CU.R.A. 4 TRAIL	Senior Masculino	02:14:34	+48:15	07:55
60	1080	Filipe Oliveira	Individual	Senior Masculino	02:15:00	+48:41	07:56
61	1201	António Gaspar	MNM's	Senior Masculino	02:15:28	+49:10	07:58
62	1095	Marcos Barbosa	Individual	Senior Masculino	02:20:06	+53:48	08:15
63	1282	Tony Soares	O Monge do Trail Running	Senior Masculino	02:20:09	+53:51	08:15
64	1274	José Luís	Individual	Senior Masculino	02:20:15	+53:56	08:15
65	1259	Samuel Henrique Ferreira da Costa	Individual	Senior Masculino	02:21:20	+55:01	08:19
66	1111	Rui miguel Rebelo gomes sousa	Individual	Senior Masculino	02:22:29	+56:11	08:23
67	1064	Alvaro Mendes	Individual	Senior Masculino	02:22:33	+56:14	08:23
68	1082	Gabriel Lobo	Individual	Senior Masculino	02:22:59	+56:41	08:25
69	1215	Helder Gandarão	NADV.PT Running Team	Senior Masculino	02:23:15	+56:57	08:26
70	1086	João Amaral	Individual	Senior Masculino	02:23:30	+57:11	08:26
71	1106	Pedro Ferreira	Individual	Senior Masculino	02:23:32	+57:13	08:27
72	1206	Michael Amaral	Mozelos Runners	Senior Masculino	02:24:26	+58:08	08:30
73	1009	Sergio Araujo	AMIGOS ATLETISMO POVOENSE	Senior Masculino	02:24:43	+58:25	08:31
74	1093	Manuel Rui Costa Alves	Individual	Senior Masculino	02:27:07	+01:00:49	08:39
75	1252	Sebastião Lages	Beer Squad	Senior Masculino	02:27:32	+01:01:13	08:41
76	1253	Jorge Sousa	BITRUNNERS - BOTA P´RO MONTE	Senior Masculino	02:28:24	+01:02:05	08:44
77	1069	Carlos Jorge da Silva Carvalho Trigo	Individual	Senior Masculino	02:28:58	+01:02:39	08:46
78	1021	Roberto Luis Cid Fernández	BOCLIP	Senior Masculino	02:30:40	+01:04:22	08:52
79	1103	Paulo Costa	Individual	Senior Masculino	02:31:56	+01:05:37	08:56
80	1205	Luís Machado	Mozelos Runners	Senior Masculino	02:35:34	+01:09:15	09:09
81	1275	Marco Paulo Lopes Carvalho	Individual	Senior Masculino	02:38:00	+01:11:42	09:18
82	1084	Hugo Alexandre Alves	Individual	Senior Masculino	02:39:51	+01:13:33	09:24
83	1222	Bruno Silva	Rexemingas Team	Senior Masculino	02:39:51	+01:13:33	09:24
84	1071	Carlos Miguel da Silva Rocha	Individual	Senior Masculino	02:39:51	+01:13:33	09:24
85	1195	Ricardo Salgueiro	manos Salgueiro	Senior Masculino	02:44:31	+01:18:12	09:41
86	1223	Pedro Pereira	Rexemingas Team	Senior Masculino	02:45:12	+01:18:53	09:43
87	1067	Bruno Rodrigues	Individual	Senior Masculino	02:45:33	+01:19:14	09:44
88	1091	José Alves	Individual	Senior Masculino	02:45:35	+01:19:16	09:44
89	1081	Frederico Gil Ribeiro Gonçalves	Individual	Senior Masculino	02:47:03	+01:20:44	09:50
90	1258	Porfírio Jorge	Individual	Senior Masculino	02:48:13	+01:21:54	09:54
91	1097	Miguel Cunha	Individual	Senior Masculino	02:52:22	+01:26:03	10:08

Trail Curto — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

92	1226	Leonel José Marques Duarte	SECAI/PEDALAR/DIGARDA	Senior Masculino	02:56:48	+01:30:30	10:24
93	1280	Paulo Jorge Rocha Almeida	Cães & Gatos	Senior Masculino	03:29:10	+02:02:51	12:18
94	1190	Fernando Pinheiro	LEROY MERLIN TRAIL TEAM	Senior Masculino	04:15:38	+02:49:20	15:02
95	1194	NUNO SOUSA	LEROY MERLIN TRAIL TEAM	Senior Masculino	04:15:39	+02:49:20	15:02

Sub 25 Feminino

1	1235	Joana Filipa Correia Barros	Team Workout 48	Sub 25 Feminino	01:51:07		06:32
2	1115	Liliana Magalhães	Individual	Sub 25 Feminino	02:11:01	+19:54	07:42
3	1208	Joana Machado	Mozelos Runners	Sub 25 Feminino	02:23:54	+32:46	08:28
4	1260	Francisca Anhas	Individual	Sub 25 Feminino	02:27:54	+36:47	08:42
5	1265	Morgana Almeida	Os Bananas	Sub 25 Feminino	02:37:09	+46:02	09:15

Sub 25 Masculino

1	1041	Filipe Novais	Experienciar/Barceltécnica/Sportsonfire	Sub 25 Masculino	01:28:36		05:13
2	1124	Luís Manuel Gonçalves da Silva	Individual	Sub 25 Masculino	01:30:22	+01:46	05:19
3	1118	Diogo Leandro Ferreira da Silva	UMFCA WARRIORS	Sub 25 Masculino	01:31:48	+03:11	05:24
4	1123	João Vítor Oliveira Vilar	Individual	Sub 25 Masculino	01:54:22	+25:46	06:44
5	1120	Flavio Costa	Individual	Sub 25 Masculino	01:55:08	+26:32	06:46
6	1001	Sérgio Duarte	.COM-Clube de Orientação do Minho	Sub 25 Masculino	01:55:30	+26:54	06:48
7	1015	Daniel Oliveira	Atletismo Baixo Barroso-Ferral Montalegre	Sub 25 Masculino	01:56:24	+27:48	06:51
8	1119	EDUARDO MARQUES	Individual	Sub 25 Masculino	01:57:47	+29:10	06:56
9	1117	Carlos Miguel Pereira Gonçalves	Individual	Sub 25 Masculino	01:58:33	+29:57	06:58
10	1127	Rogério de Almeida Pacheco	Individual	Sub 25 Masculino	02:01:57	+33:20	07:10
11	1126	Ricardo Pereira	Individual	Sub 25 Masculino	02:07:32	+38:55	07:30
12	1007	Frederico Ferreira	A.CU.R.A. 4 TRAIL	Sub 25 Masculino	02:12:02	+43:26	07:46
13	1128	Simão vilas boas	Individual	Sub 25 Masculino	02:25:26	+56:49	08:33
14	1016	João.P Patrão	Atletismo Baixo Barroso-Ferral Montalegre	Sub 25 Masculino	02:27:16	+58:39	08:40
15	1121	Francisco Manuel da Silva Sampaio	Individual	Sub 25 Masculino	02:35:56	+01:07:19	09:10
16	1266	Luis Pinho	Os Bananas	Sub 25 Masculino	02:37:08	+01:08:31	09:15

Veterana F40

1	1032	CARLA DALILA LAGE VILELA MARTINS OLIVEIRA	Clube Montanhismo de Braga	Veterana F40	02:10:19		07:40
2	1029	Maria Filomena da Silva Santos	Centro de Marcha e Corrida de Vale de Cambra	Veterana F40	02:19:57	+09:38	08:14
3	1025	SóniaTeresa Santos Pinto Veludo	Cães & Gatos	Veterana F40	02:25:18	+14:58	08:33
4	1243	Sofia Bastos	Valecambrenses	Veterana F40	02:26:00	+15:40	08:35
5	1267	Susana Vidal	Palmeira Runners	Veterana F40	02:44:47	+34:28	09:42
6	1132	Flor Fernandes	Individual	Veterana F40	02:47:09	+36:50	09:50
7	1133	Leonilde Macedo	Individual	Veterana F40	02:52:07	+41:47	10:07

Trail Curto — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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8	1135	maria lurdes mendes	Individual	Veterana F40	02:52:07	+41:48	10:08
9	1141	Suzana Sousa	Individual	Veterana F40	02:52:22	+42:02	10:08
10	1138	Paula Alexandra Duarte Santana Alves Rodrigues	Individual	Veterana F40	02:53:53	+43:34	10:14
11	1227	Maria do Céu Paias Couto	SECAI/PEDALAR/DIGARDA	Veterana F40	02:56:48	+46:29	10:24
12	1134	MARIA AUGUSTA ESPERANÇA	Individual	Veterana F40	02:57:56	+47:37	10:28
13	1136	Maria Pinto	Individual	Veterana F40	03:10:07	+59:47	11:11
14	1139	Regina Carvalho	Individual	Veterana F40	03:10:15	+59:55	11:11
15	1140	Sónia Monteiro	Individual	Veterana F40	03:10:27	+01:00:07	11:12
16	1137	Odete Coelho	Individual	Veterana F40	03:29:06	+01:18:47	12:18

Veterana F50

1	1143	Fernanda Almeida	Individual	Veterana F50	02:25:59		08:35
2	1142	Ângela Pinto	Individual	Veterana F50	02:41:51	+15:52	09:31
3	1042	MARIA FATIMA PEREIRA	FAMILIA PEREIRA	Veterana F50	02:44:29	+18:31	09:41
4	1034	TERESA ALEXANDRA NATARIO MACEDO	Clube Montanhismo de Braga	Veterana F50	02:49:21	+23:22	09:58
5	1145	TERESA LANITA PINHEIRA	Individual	Veterana F50	02:58:00	+32:02	10:28
6	1033	MARIA HELENA ALVES GOMES FERNANDES	Clube Montanhismo de Braga	Veterana F50	03:18:37	+52:39	11:41

Veterano M40

1	1146	alberto da silva	Individual	Veterano M40	01:25:33		05:02
2	1262	Eduardo Alberto Gonçalves Braga	Individual	Veterano M40	01:34:53	+09:21	05:35
3	1158	José Carlos Saldanha	Individual	Veterano M40	01:39:38	+14:05	05:52
4	1153	João Alexandre Carlos Almeida	Individual	Veterano M40	01:39:52	+14:19	05:52
5	1176	Rodrigo Alves	Individual	Veterano M40	01:48:19	+22:46	06:22
6	1272	Nuno Cáceres	Individual	Veterano M40	01:48:26	+22:53	06:23
7	1167	Orlando Alves	Individual	Veterano M40	01:52:57	+27:25	06:39
8	1162	Manuel António e Sá da Graça	Individual	Veterano M40	01:53:32	+27:59	06:41
9	1035	PAULO JORGE DA SILVA HENRIQUES	Clube Montanhismo de Braga	Veterano M40	01:54:09	+28:37	06:43
10	1276	Manuel Emídio Rocha	Individual	Veterano M40	01:54:27	+28:54	06:44
11	1150	Domingos Martins	Individual	Veterano M40	01:54:50	+29:18	06:45
12	1159	José Ferreira	Individual	Veterano M40	01:56:04	+30:31	06:50
13	1270	José Luís Marques	Individual	Veterano M40	01:57:35	+32:03	06:55
14	1168	Paulo Alexandre Carneiro	Individual	Veterano M40	01:59:09	+33:36	07:01
15	1174	Ricardo Ribeiro	Individual	Veterano M40	01:59:10	+33:37	07:01
16	1202	Joaquim Pereira	MNM's	Veterano M40	01:59:45	+34:13	07:03
17	1240	Filipe Bento	Travassós Running Fafe	Veterano M40	02:01:25	+35:52	07:09
18	1152	Filipe Alferes	Individual	Veterano M40	02:01:27	+35:55	07:09
19	1164	Marco Pinto	Individual	Veterano M40	02:01:38	+36:05	07:09
20	1210	Joaquim Pereira	Mozelos Runners	Veterano M40	02:02:51	+37:18	07:14
21	1209	António Rodrigues	Mozelos Runners	Veterano M40	02:03:49	+38:17	07:17
22	1154	Joaquim Vidal	Individual	Veterano M40	02:04:25	+38:53	07:19

Trail Curto — 17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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23	1148	CARLOS FERNANDO ESPERANÇA	Individual	Veterano M40	02:04:27	+38:54	07:19
24	1244	Luis Almeida	Valecambrenses	Veterano M40	02:04:59	+39:26	07:21
25	1173	Ricardo Gonçalves	Individual	Veterano M40	02:06:52	+41:19	07:28
26	1169	Paulo Martins	Individual	Veterano M40	02:07:59	+42:26	07:32
27	1247	Luis Filipe P. Rodrigues	ZÉS	Veterano M40	02:08:18	+42:46	07:33
28	1149	David Barreira	Individual	Veterano M40	02:10:25	+44:53	07:40
29	1175	Ricardo Silva	Individual	Veterano M40	02:12:25	+46:52	07:47
30	1165	Mário Batista	Individual	Veterano M40	02:17:32	+51:59	08:05
31	1018	José.A Azevedo	Atletismo Baixo Barroso-Ferral Montalegre	Veterano M40	02:18:40	+53:07	08:09
32	1156	jorge caria	Individual	Veterano M40	02:20:14	+54:41	08:15
33	1263	Pedro Alexandre da Silva Fernandes	Individual	Veterano M40	02:21:17	+55:45	08:19
34	1011	Paulo Soares	AMIGOS ATLETISMO POVOENSE	Veterano M40	02:23:23	+57:51	08:26
35	1157	José Alberto Ribeiro	Individual	Veterano M40	02:23:43	+58:10	08:27
36	1028	RUI SANTOS	CASA DO PESSOAL DA RTP	Veterano M40	02:24:24	+58:51	08:30
37	1026	João Pedro Ferreira da Silva Nogueira	Cães & Gatos	Veterano M40	02:25:18	+59:46	08:33
38	1268	emanuel pinto pereira vale	Individual	Veterano M40	02:25:36	+01:00:03	08:34
39	1246	João Paulo P. Rodrigues	ZÉS	Veterano M40	02:27:19	+01:01:46	08:40
40	1151	Fernando Vilarinho	Individual	Veterano M40	02:30:22	+01:04:50	08:51
41	1242	João Costa	TURBULENTOS	Veterano M40	02:32:14	+01:06:41	08:57
42	1166	Mario PEREIRA	Individual	Veterano M40	02:33:37	+01:08:05	09:02
43	1271	Luis Schumacher	Individual	Veterano M40	02:37:26	+01:11:53	09:16
44	1269	Fernando Miguel Pereira	Individual	Veterano M40	02:37:27	+01:11:55	09:16
45	1196	Artur Salgueiro	manos Salgueiro	Veterano M40	02:39:53	+01:14:20	09:24
46	1147	Augusto Lopes	Individual	Veterano M40	02:44:34	+01:19:02	09:41
47	1160	Leonel Pedro Pinheiro rodrigues	Individual	Veterano M40	02:47:43	+01:22:10	09:52
48	1039	miguel loureiro	CROMOS DA CORRIDA	Veterano M40	02:51:44	+01:26:11	10:06
49	1177	Vânia Cunha	Individual	Veterano M40	02:52:29	+01:26:56	10:09
50	1172	Pedro Ramoa	Individual	Veterano M40	03:03:31	+01:37:59	10:48
51	1161	Luís Guilherme Machado	Individual	Veterano M40	03:10:28	+01:44:55	11:12
52	1027	Jorge Ribeiro	Cães & Gatos	Veterano M40	03:29:06	+02:03:33	12:18

Veterano M50

1	1188	Vasco Morais Pinheiro de Sousa	Individual	Veterano M50	01:34:42		05:34
2	1273	Antonio Lourenço	Individual	Veterano M50	01:53:27	+18:45	06:40
3	6	João Oliveira	AMIGOS ATLETISMO POVOENSE	Veterano M50	01:53:34	+18:52	06:41
4	1043	JOSE DUARTE	FAMILIA PEREIRA	Veterano M50	01:53:48	+19:05	06:42
5	1198	Vitor Almeida	MillTrail	Veterano M50	01:55:16	+20:34	06:47
6	1182	Luis Moreira	Individual	Veterano M50	02:02:24	+27:41	07:12
7	1179	António Fins	Individual	Veterano M50	02:07:18	+32:35	07:29
8	1012	Antonio Pereira	AMIGOS ATLETISMO POVOENSE	Veterano M50	02:08:03	+33:21	07:32
9	1184	Manuel Luis Castelo Branco Mendes Carvalho	Individual	Veterano M50	02:10:49	+36:07	07:42
10	1211	Bernardino Silva	Mozelos Runners	Veterano M50	02:19:11	+44:29	08:11

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

11	1030	Joaquim Fernando Soares Oliveira	Centro de Marcha e Corrida de Vale de Cambra	Veterano M50	02:19:58	+45:16	08:14
12	1187	Raul Macedo	Individual	Veterano M50	02:21:15	+46:32	08:19
13	1232	Manuel Moreira	SS CGD	Veterano M50	02:22:04	+47:21	08:21
14	1186	Paulo Gomes Gaspar	Individual	Veterano M50	02:24:03	+49:21	08:28
15	1183	Manuel Craveiro	Individual	Veterano M50	02:24:17	+49:34	08:29
16	1197	Carlos Almeida	MillTrail	Veterano M50	02:25:59	+51:17	08:35
17	1036	ALBERTO FERNANDES DE COUTO PINHAO	Clube Montanhismo de Braga	Veterano M50	02:28:10	+53:28	08:43
18	1228	José Pereira Duarte	SECAI/PEDALAR/DIGARDA	Veterano M50	02:37:10	+01:02:28	09:15
19	1181	Joaquim Trindade	Individual	Veterano M50	02:39:51	+01:05:08	09:24
20	1185	Miguel Luís Martins Barbosa	Individual	Veterano M50	02:52:30	+01:17:47	10:09
21	1180	antonio guimaraes	Individual	Veterano M50	03:00:51	+01:26:09	10:38
22	1037	JOSE JOAQUIM DA SILVA FERTUZINHOS	Clube Montanhismo de Braga	Veterano M50	03:18:21	+01:43:38	11:40

COLETIVA - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Travassós Running Fafe	31 + 37 + 51 + 67	186
2	UMFCA WARRIORS	8 + 21 + 111 + 112	252
3	AMIGOS ATLETISMO POVOENSE	2 + 43 + 100 + 138	283
4	Atletismo Baixo Barroso-Ferral Montalegre	22 + 57 + 121 + 158	358
5	A.CU.R.A. 4 TRAIL	85 + 86 + 113 + 117	401
6	Mozelos Runners	76 + 78 + 122 + 142	418
7	MNM's	64 + 119 + 172 + 173	528
8	Clube Montanhismo de Braga	46 + 105 + 165 + 213	529
9	Beer Squad	49 + 160 + 162 + 163	534
10	LEROY MERLIN TRAIL TEAM	35 + 92 + 241 + 242	610
11	Cães & Gatos	149 + 150 + 236 + 237	772