

Lugar	Escalão	Dorsal	Atleta	Equipa	Escalão	Tempo
1	1	600	Joaquim silva	Adosa Os Santa Apolónia	M40 MASC	01:10:49
2	1	597	Avelino Macedo	Vila Verde a Correr	SENIOR MASC	01:12:14
3	2	640	Anthony Gomes	Irmãos Gomes	SENIOR MASC	01:13:38
4	2	669	JOAO LUIS FERNANDES AFONSO	Academia Desportiva Arcos de Valdevez	M40 MASC	01:14:55
5	1	641	Alexandre Gomes	Irmãos Gomes	SUB 25 MASC	01:16:45
6	3	697	Marco Santos	Adosa Os Santa Apolónia	SENIOR MASC	01:16:59
7	4	639	Garry Gomes	Irmãos Gomes	SENIOR MASC	01:19:23
8	3	677	Vítor Faria	Palmeira Runners	M40 MASC	01:22:01
9	5	557	Tiago Santos	Vila Verde a Correr	SENIOR MASC	01:23:53
10	4	681	João Paulo Pimentel	Sande a Correr	M40 MASC	01:24:13
11	6	551	Tiago Oliveira	Vila Verde a Correr	SENIOR MASC	01:25:17
12	7	590	Rui Sousa	Palmeira Runners	SENIOR MASC	01:25:29
13	5	589	Manuel Gomes	ACDAV/Trail	M40 MASC	01:25:47
14	6	555	Domingos Peixoto	Palmeira Runners	M40 MASC	01:26:33
15	8	568	Tiago Nuno Correia Veloso		SENIOR MASC	01:26:51
16	9	707	Valter Pereira	Viana do Castelo	SENIOR MASC	01:26:51
17	10	701	Ricardo Pinhão		SENIOR MASC	01:27:18
18	11	559	Nuno Barros		SENIOR MASC	01:28:38
19	12	567	miguel cruz		SENIOR MASC	01:28:57
20	7	547	Domingos Barros		M40 MASC	01:29:15
21	13	543	Octávio Rodrigues	Trilhados	SENIOR MASC	01:30:23
22	14	554	Nuno Fernandes		SENIOR MASC	01:30:39
23	8	637	Eduardo Faria		M40 MASC	01:30:42
24	1	582	Nuno Sousa	100 Espaço Trail Team	M50 MASC	01:30:47
25	9	527	José Marques		M40 MASC	01:31:13
26	1	687	Adriana Gomes	Minho Aventura	SENIOR FEM	01:31:49
27	10	666	Raul Magalhaes	OffRoadneiva TT	M40 MASC	01:32:55
28	2	702	Alexandre Ribeiro		SUB 25 MASC	01:33:03
29	11	700	José António Ramos	Tartarugas	M40 MASC	01:33:26
30	15	691	Miguel Pires		SENIOR MASC	01:33:35
31	2	629	Antonio Martins	TEAM MARTOSA	M50 MASC	01:33:58
32	12	622	Bruno Abreu	Ribeitrail	M40 MASC	01:34:41
33	16	535	Bruno Sousa	Nevogilde	SENIOR MASC	01:36:06
34	3	604	Ricardo Sousa		SUB 25 MASC	01:36:22
35	3	556	Filipe Sousa	Ribeitrail	M50 MASC	01:36:39
36	17	528	Miguel Pereira	Vieira a correr	SENIOR MASC	01:36:42
37	18	529	Nuno Gonçalves	Vieira a correr	SENIOR MASC	01:36:42
38	19	686	Tiago Pimenta	J.E.T	SENIOR MASC	01:37:00
39	20	672	Luís Ferraz		SENIOR MASC	01:38:00
40	21	569	Marco Vieira		SENIOR MASC	01:38:02
41	1	513	Elisabete Ministro	Palmeira Runners	M40 FEM	01:38:03
42	4	563	Diamantino Ribeiro	Braga	M50 MASC	01:40:25
43	22	514	Filipe Costa		SENIOR MASC	01:41:02
44	13	606	Paulo Fernandes	Braguinhas Runners	M40 MASC	01:41:33

Lugar	Escalão	Dorsal	Atleta	Equipa	Escalão	Tempo
45	23	607	Helder Barroso	Braguinhas Runners	SENIOR MASC	01:41:33
46	4	612	Sérgio Monteiro	COI	SUB 25 MASC	01:42:10
47	14	583	Estevão Peixoto	100 Espaço Trail Team	M40 MASC	01:42:40
48	15	566	Paulo Carneiro	DiveInto the Mountains	M40 MASC	01:42:54
49	5	588	Carlos Esperança	Palmeira Runners	M50 MASC	01:43:02
50	16	673	Bruno Eiras	LANHAS TT	M40 MASC	01:43:24
51	17	649	António Oliveira	A Equipa	M40 MASC	01:43:24
52	18	574	Nuno Santos	Aventureiros	M40 MASC	01:44:21
53	2	698	Nathalie Afonso	Academia arcos de valdevez	SENIOR FEM	01:44:29
54	19	544	José Cruz		M40 MASC	01:44:50
55	24	638	Maurício Sousa	Braga	SENIOR MASC	01:45:39
56	25	676	Flávio Caldas		SENIOR MASC	01:46:25
57	2	690	Helena Fernandes	Phoenix Evorun	M40 FEM	01:46:25
58	1	615	Tânia Machado	Aventureiros	SUB 25 FEM	01:46:49
59	26	665	Estevao Azevedo	OffRoadneiva TT	SENIOR MASC	01:47:09
60	27	661	Hugo Rocha	NorTrail	SENIOR MASC	01:47:18
61	3	608	Rosa Vaz	TOP TOP RUNNERS	M40 FEM	01:48:15
62	5	670	Helder Cação		SUB 25 MASC	01:48:16
63	4	594	Ana Paula Soares	Vila Verde a Correr	M40 FEM	01:49:45
64	6	619	Fernando Amaro	Clube trilheiros & amigos	M50 MASC	01:49:46
65	20	625	Vitor Araujo	Brothers Trail Team	M40 MASC	01:50:03
66	21	696	David Barreira	Patos Bravos	M40 MASC	01:50:29
67	5	651	Elisabete costa	Braguinhas Runners	M40 FEM	01:50:32
68	22	540	José Ferreira	PALMEIRA BRG	M40 MASC	01:50:33
69	23	618	Mário Vieira	Ribeitrail	M40 MASC	01:50:42
70	28	577	Octavio Barbosa	Vila Verde a Correr	SENIOR MASC	01:51:18
71	29	689	Sérgio Costa	Vila das Aves	SENIOR MASC	01:52:14
72	30	522	Toninho Mota		SENIOR MASC	01:53:05
73	24	645	Rui Silva	Os Pirikitos	M40 MASC	01:53:23
74	3	680	Tânia Araújo	Ribeitrail	SENIOR FEM	01:53:33
75	7	688	Antonio Magalhães	Braguinhas Runners	M50 MASC	01:53:33
76	31	643	Francisco Novera	AFIFENSE TRAIL	SENIOR MASC	01:54:09
77	25	683	Ernesto Macedo	Runners flylondon team	M40 MASC	01:54:24
78	6	537	Ana Luísa Oliveira	Bora Lá Correr	M40 FEM	01:54:55
79	26	539	Humberto Carvalho	Bora Lá Correr	M40 MASC	01:54:55
80	32	636	Manuel oliveira Oliveira	Braga	SENIOR MASC	01:55:02
81	4	623	Patricia Araujo	Brothers Trail Team	SENIOR FEM	01:55:49
82	33	624	Marcio Araujo	Brothers Trail Team	SENIOR MASC	01:55:50
83	5	572	Sonia Almeida	Aventureiros	SENIOR FEM	01:56:33
84	34	695	Mário Peres	TOP TOP RUNNERS	SENIOR MASC	01:57:04
85	6	578	Mónica Lopes	Vila Verde a Correr	SENIOR FEM	01:57:07
86	35	580	Ricardo Batista	100 Espaço Trail Team	SENIOR MASC	01:57:15
87	27	581	António Ferreira	100 Espaço Trail Team	M40 MASC	01:57:16
88	8	654	António Ferreira		M50 MASC	01:57:28

Lugar	Escalão	Dorsal	Atleta	Equipa	Escalão	Tempo
89	7	585	Maria Alves	CB RUN	SENIOR FEM	01:57:37
90	36	586	Nuno Oliveira	CB RUN	SENIOR MASC	01:57:37
91	9	647	José Fonseca	Braguinhas Runners	M50 MASC	01:58:11
92	37	613	Rogério Malheiro		SENIOR MASC	01:59:22
93	8	685	Mónica Domingues	LEBRES MINHOTAS	SENIOR FEM	01:59:23
94	38	692	José Pereira	Freitalho	SENIOR MASC	01:59:23
95	28	553	Francisco Ferreira		M40 MASC	01:59:58
96	7	596	Irene Silva	Trogloditas Runners	M40 FEM	02:00:16
97	8	605	Márcia Coelho	Ei Team Trail	M40 FEM	02:00:33
98	39	620	Gabriel Sousa		SENIOR MASC	02:00:42
99	9	621	Cristina Teixeira		SENIOR FEM	02:00:43
100	40	694	Rafael Pinheiro	Ribeitrail	SENIOR MASC	02:01:28
101	41	575	João Freitas	Aventureiros	SENIOR MASC	02:01:46
102	10	517	Domingos Araujo	D.A.S.Confecções	M50 MASC	02:02:28
103	6	617	Bruno Vieira	Ribeitrail	SUB 25 MASC	02:02:28
104	7	631	Ricardo Miranda	A Equipa	SUB 25 MASC	02:02:50
105	9	603	Isaura Veloso	Braguinhas Runners	M40 FEM	02:03:07
106	42	646	Pedro Silva	LANHAS TT	SENIOR MASC	02:03:12
107	11	682	António Antunes	Palmeira Runners	M50 MASC	02:03:49
108	29	630	Francisco Goncalves	A Equipa	M40 MASC	02:04:09
109	12	512	João Ministro	Palmeira Runners	M50 MASC	02:04:14
110	10	530	Rosa Vieira	minha	M40 FEM	02:04:48
111	10	679	Teresa Veloso	Let's go	SENIOR FEM	02:04:52
112	11	678	Anabela Veloso	Let's go	SENIOR FEM	02:04:52
113	11	562	Carla Ferreira	Adeca	M40 FEM	02:04:56
114	12	662	Isabel Domingues	LEBRES MINHOTAS	M40 FEM	02:05:40
115	8	650	João Costa	Ribeitrail	SUB 25 MASC	02:06:11
116	13	550	Susana Vidal	Palmeira Runners	M40 FEM	02:07:32
117	14	534	Maria Ribeiro	Braguinhas Runners	M40 FEM	02:08:33
118	43	664	Tiago Lopes	OffRoadneiva TT	SENIOR MASC	02:12:19
119	15	533	Aurora Silva	Braguinhas Runners	M40 FEM	02:12:50
120	16	598	Eufémia Landeira	Ermida Team	M40 FEM	02:12:50
121	12	660	Kamila Vieira Martins	Braguinhas Runners	SENIOR FEM	02:12:52
122	9	564	António Ribeiro	COI	SUB 25 MASC	02:13:21
123	30	595	TIAGO SANTOS	Vila Verde	M40 MASC	02:13:30
124	17	602	Elisabete Borges	Braguinhas Runners	M40 FEM	02:14:06
125	13	674	Juliana Pinheiral	ADE TRAIL RUNNING	SENIOR FEM	02:15:28
126	31	609	Anselmo Calais		M40 MASC	02:15:38
127	44	655	Rui Gomes	OffRoadneiva TT	SENIOR MASC	02:15:39
128	2	656	Diana Costa	OffRoadneiva TT	SUB 25 FEM	02:16:10
129	14	675	Margarida Rosa		SENIOR FEM	02:17:39
130	18	599	Elizabeth Ortiz	Braguinhas Runners	M40 FEM	02:18:06
131	19	635	Cristina Faustino	Palmeira Runners	M40 FEM	02:19:52
132	13	653	José Manuel Cruz		M50 MASC	02:19:55

Lugar	Escalão	Dorsal	Atleta	Equipa	Escalão	Tempo
133	10	644	José Novera		SUB 25 MASC	02:19:55
134	20	592	cecilia costa	Braguinhas Runners	M40 FEM	02:20:03
135	32	591	Victor Costa	Braguinhas Runners	M40 MASC	02:20:03
136	21	520	Ligia Fernandes	EDV Viana Trail	M40 FEM	02:23:00
137	3	658	Ana Esteves	OffRoadneiva TT	SUB 25 FEM	02:24:42
138	11	657	Paulo Soares	OffRoadneiva TT	SUB 25 MASC	02:24:42
139	22	593	Manuela Matias	Braguinhas Runners	M40 FEM	02:25:30
140	4	549	Fatima Rocha	Braguinhas Runners	SUB 25 FEM	02:25:31
141	33	659	Fernando Alves	LANHAS TT	M40 MASC	02:25:46
142	23	579	Micaela Freitas	LANHAS TT	M40 FEM	02:25:46
143	34	614	José Manuel Soares Pereira	LANHAS TT	M40 MASC	02:25:46
144	5	610	Eva Ponte	COI	SUB 25 FEM	02:27:46
145	12	611	Rui Pereira	COI	SUB 25 MASC	02:27:46
146	14	705	Antonio Caldas	Vila Verde	M50 MASC	02:29:15
147	35	663	Nuno Freitas		M40 MASC	02:29:15
148	24	704	Claudia Barreto		M40 FEM	02:29:16
149	25	571	Eugénia Pereira	Aventureiros	M40 FEM	02:29:16
150	15	573	Carla Almeida	Aventureiros	SENIOR FEM	02:29:16
151	36	703	Jose Barreto		M40 MASC	02:29:17
152	45	525	Pedro Fernandes	Trogloditas Runners	SENIOR MASC	02:29:20
153	16	684	Ivone Ferraz	Team caracoletas	SENIOR FEM	02:31:17
154	26	565	Isabel Azevedo	COI	M40 FEM	02:31:39
155	27	524	Isabel Ponte	COI	M40 FEM	02:31:39
156	6	634	Carolina Silva	A Equipa	SUB 25 FEM	02:36:28
157	17	632	Deolinda Araujo	A Equipa	SENIOR FEM	02:36:28
158	18	706	Patricia Faustino	Vila Verde	SENIOR FEM	02:40:34
159	46	570	Nelson Veloso	Aventureiros	SENIOR MASC	02:44:33
160	47	633	Helder Oliveira	A Equipa	SENIOR MASC	02:44:34
161	15	616	Rui Veloso	Aventureiros	M50 MASC	02:44:34
162	19	587	Ana Cardoso	Braguinhas Runners	SENIOR FEM	02:53:04
163	28	518	Irene Silva	D.A.S.Confecções	M40 FEM	02:53:04
164	20	519	silvia silva	D.A.S.Confecções	SENIOR FEM	02:53:05
165	48	648	Rafael Pinheiro	VVroco	SENIOR MASC	02:53:05
166	21	526	Susete Machado	Trogloditas Runners	SENIOR FEM	03:07:05
167	7	626	Ana MARTins	TEAM MARTOSA	SUB 25 FEM	03:07:47
168	22	558	Salomé Barbosa	TEAM MARTOSA	SENIOR FEM	03:07:47
169	23	627	Daniela Mendes	TEAM MARTOSA	SENIOR FEM	03:30:12
170	49	628	Jose Simoes	TEAM MARTOSA	SENIOR MASC	03:30:15