

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1242	1	1	ADELINO SOUSA	GRUPO DESPORTIVO DA GOMA	M	37	01:26:19	MSEN
1435	2	2	VALTER PEREIRA	CYCLONES	M	34	01:30:05	MSEN
1028	3	1	FRANCISCO FONTELO	PADELA NATURAL TEAMFISIOFREIXO	M	43	01:31:54	M40
1204	4	2	FERNANDO SILVA	ALEXANDRA CARVALHO TEAM	M	43	01:31:57	M40
1088	5	3	PEIXINHO RM	ABREVALES	M	43	01:33:30	M40
1431	6	3	MARCIO FONSECA		M	30	01:33:44	MSEN
1239	7	4	ANTHONY GOMES	IRMAOS GOMES	M	30	01:34:05	MSEN
1151	8	1	CARLOS OLIVEIRA	ABREVALES	M	22	01:35:06	MSUB25
1227	9	5	HELDER FRANCO	LETHES TRAIL TEAM	M	32	01:40:45	MSEN
1368	10	1	CARLOS MAGALHAES		M	52	01:40:49	M50
1269	11	4	ALBANO SECA	SOCIEDADE DE RECREIO CEPANENSE	M	45	01:41:16	M40
1179	12	5	AUGUSTO LEITAO	ALEXANDRA CARVALHO TEAM	M	49	01:41:35	M40
1280	13	2	ABILIO TEIXEIRA	SOCIEDADE DE RECREIO CEPANENSE	M	54	01:42:17	M50
1238	14	2	ALEXANDRE GOMES	IRMAOS GOMES	M	24	01:43:23	MSUB25
1082	15	6	NUNO FERREIRA	TRAIL ME	M	38	01:43:33	MSEN
1258	16	7	JOAO MARTINS	VILA VERDE A CORRER	M	38	01:44:12	MSEN
1219	17	8	TIAGO PORTELA	ALEXANDRA CARVALHO TEAM	M	31	01:44:26	MSEN
1412	18	9	VITOR SOUSA	LANHAS TT	M	35	01:44:43	MSEN
1234	19	6	JOAO PIMENTEL		M	40	01:44:48	M40
1284	20	7	EDUARDO FARIA		M	48	01:45:29	M40
1148	21	8	CARLOS NOGUEIRA		M	45	01:46:54	M40
1345	22	10	VITOR RAMALHO	B.T.M.	M	30	01:48:25	MSEN
1341	23	11	TIAGO SANTOS		M	27	01:48:40	MSEN
1176	24	9	NUNO SENDAO	LETHES TRAIL TEAM	M	42	01:49:53	M40
1273	25	10	VICTOR MARTINS	SOCIEDADE DE RECREIO CEPANENSE	M	43	01:50:19	M40
1274	26	12	JOSE PIRES	SOCIEDADE DE RECREIO CEPANENSE	M	30	01:50:19	MSEN
1426	27	13	RUI LOBO		M	27	01:50:33	MSEN
1267	28	3	RENE TEIXEIRA	SOCIEDADE DE RECREIO CEPANENSE	M	51	01:50:36	M50
1174	29	11	VITOR FARIA	PALMEIRA RUNNERS	M	45	01:51:27	M40
1155	30	12	DOMINGOS PEIXOTO	PALMEIRA RUNNERS	M	47	01:52:58	M40
1259	31	14	DIOGO GOMES	VILA VERDE A CORRER	M	26	01:53:05	MSEN
1074	32	13	JOSE COSTA	PALMEIRA RUNNERS	M	41	01:53:15	M40
1367	33	14	FERNANDO MAGALHAES		M	48	01:53:30	M40
1032	34	4	JOAQUIM SILVA	G D OLIVEIRA DO CASTELO GUIMARAES	M	58	01:54:06	M50
1342	35	15	TIAGO AREIAS	SPIN RUN ESPOSENDE	M	32	01:54:31	MSEN
1430	36	5	ALBERTO CUNHA	OLIMPICO VIANENSE TRAIL	M	56	01:54:33	M50
1121	37	15	RUI BRAGA	XALLENGE RUNNERS	M	44	01:54:52	M40
1103	38	16	CARLOS OLIVEIRA		M	38	01:55:27	MSEN
1346	39	16	MANUEL LOMBA		M	40	01:55:45	M40
1420	40	17	AMARO COSTA		M	37	01:55:59	MSEN
1277	41	6	LUIS VILELA	SOCIEDADE DE RECREIO CEPANENSE	M	57	01:56:05	M50
1298	42	18	NUNO BARROS		M	36	01:56:39	MSEN
1305	43	1	HELENA OLIVEIRA	TURBULENTOS	F	42	01:56:40	F40
1033	44	17	BRAGAOLE HGO	AKUAFIT	M	41	01:57:29	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1402	45	18	VICTOR FERNANDES	GRUPO DESPORTIVO DA GOMA	M	43	01:58:04	M40
1226	46	19	PEDRO SENDAO	LETHES TRAIL TEAM	M	46	01:58:21	M40
1065	47	20	PAULO FERREIRA	COI	M	44	01:58:27	M40
1231	48	1	FERNANDO FERREIRA		M	65	01:58:29	
1113	49	7	ANTONIO FINS		M	57	01:58:38	M50
1294	50	19	JORGE CARDOSO		M	38	01:58:50	MSEN
1283	51	1	LUIS CORREIA	VILA VERDE A CORRER	M	17	01:59:08	MSUB17
1212	52	21	LUIS MARQUES	ALEXANDRA CARVALHO TEAM	M	44	01:59:41	M40
1094	53	20	DE SOUSA	PALMEIRA RUNNERS	M	37	01:59:45	MSEN
1251	54	2	MARIA RIBEIRO	PALMEIRA RUNNERS	F	45	01:59:46	F40
26	55	22	MILTON	TURBULENTOS	M	43	02:00:02	M40
1371	56	1	JOANA FERNANDES		F	25	02:00:19	FSUB23
1361	57	21	TIAGO OLIVEIRA		M	29	02:00:20	MSEN
1279	58	23	CARLOS LOPES	SOCIEDADE DE RECREIO CEPANENSE	M	44	02:00:40	M40
1141	59	22	PEDRO DUARTE	XALLENGE RUNNERS	M	30	02:00:42	MSEN
1073	60	24	PAULO AZEVEDO	LANHAS TT	M	48	02:01:56	M40
1293	61	25	MANUEL VALE		M	43	02:02:26	M40
1040	62	8	AUGUSTO GOMES	AMIGOS DA CORRIDA	M	54	02:02:53	M50
1211	63	2	DANIEL BARRETO	ALEXANDRA CARVALHO TEAM	M	64	02:03:08	
1027	64	1	ELIANA PEREIRA	TEAM WORKOUT 48/CAM	F	38	02:03:08	FSEN
1343	65	9	JOSE PINTO		M	52	02:03:38	M50
1072	66	3	RICARDO SOUSA		M	23	02:03:40	MSUB25
1223	67	3	ANA OLIVEIRA	BORA LA CORRER	F	45	02:03:47	F40
1428	68	26	JOSE CRUZ		M	47	02:04:02	M40
1245	69	23	JOSE CAGUANA	TROGLODITAS RUNNERS	M	34	02:04:07	MSEN
1068	70	27	JOAO MONTEIRO		M	43	02:04:14	M40
1327	71	24	LUIS CRACEL		M	26	02:04:21	MSEN
1378	72	25	LUIS SILVA		M	38	02:04:23	MSEN
1152	73	2	LUCIA DIAS	ARCA BARCELOS RUNNERS	F	26	02:05:11	FSEN
75	74	3	AMERICO MACEDO	XALLENGE RUNNERS	M	61	02:05:11	
1236	75	28	JOAO GOMES		M	48	02:05:13	M40
1419	76	29	JOSE CARLOS		M	42	02:05:13	M40
1180	77	1	ADOSINDA MACIEL	ALEXANDRA CARVALHO TEAM	F	56	02:05:22	F50
1225	78	30	HUMBERTO CARVALHO	BORA LA CORRER	M	42	02:05:22	M40
1137	79	10	DIAMANTINO RIBEIRO	BORA LA CORRER	M	52	02:05:48	M50
1186	80	31	ANTONIO VALENTE	ALEXANDRA CARVALHO TEAM	M	46	02:05:58	M40
1118	81	26	CARLOS GONCALVES		M	38	02:06:35	MSEN
1448	82	11	NUNO SOUSA		M	51	02:06:44	M50
1337	83	32	VITOR BARBOSA	EMPATAS	M	42	02:06:47	M40
1145	84	12	CARLOS MONTEIRO		M	51	02:06:54	M50
1369	85	33	ALFREDO FARIA	FLUVIAL DE MERELIM	M	41	02:07:04	M40
1246	86	4	ALVARO OLIVEIRA	BORA LA CORRER	M	70	02:07:30	
1349	87	3	SANDRINA SARAIVA	VADE TT	F	27	02:07:41	FSEN
1288	88	27	BRUNO SOUSA		M	31	02:08:01	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1080	89	13	FILIPE SOUSA		M	51	02:08:09	M50
1392	90	28	JOAO PEREIRA	ZENIT	M	35	02:08:36	MSEN
1344	91	29	FERNANDO PEREIRA		M	39	02:08:54	MSEN
1084	92	30	SERGIO FERREIRA	CAAC CLUBE DE ATLETISMO DE ARENTIM E CUNHA	M	34	02:09:23	MSEN
1272	93	34	PATRICIO RODRIGUES	SOCIEDADE DE RECREIO CEPANENSE	M	40	02:09:37	M40
1306	94	4	ANABELA NEVES	TURBULENTOS	F	48	02:09:39	F40
1307	95	5	RAQUEL LOPES	TURBULENTOS	F	40	02:09:39	F40
1166	96	6	MARIA PINHEIRO		F	46	02:09:51	F40
1189	97	35	MARIO BRAGA	ALEXANDRA CARVALHO TEAM	M	46	02:10:37	M40
1309	98	14	ALBERTO REGO	TURBULENTOS	M	52	02:10:45	M50
1377	99	36	ERNESTO MACEDO	RUNNERS FLYLONDON TEAM	M	48	02:10:50	M40
1115	100	31	SONIC RACING	TURBULENTOS	M	31	02:11:09	MSEN
1114	101	4	CRISTINA TEIXEIRA	TURBULENTOS	F	31	02:11:09	FSEN
1296	102	32	BRUNO MOTA	LANHAS TT	M	30	02:11:51	MSEN
1424	103	2	TIAGO LOPES		M	16	02:11:52	MSUB17
1025	104	37	PAULO CARNEIRO	DIVE INTO THE MOUNTAINS	M	48	02:11:56	M40
1208	105	7	SOLANGE CABRAL	ALEXANDRA CARVALHO TEAM	F	42	02:12:26	F40
1310	106	15	EMANUEL GOMES	TURBULENTOS	M	51	02:12:52	M50
1093	107	38	JOSE	PALMEIRA RUNNERS	M	45	02:13:10	M40
1276	108	16	ANTONIO MENDES	SOCIEDADE DE RECREIO CEPANENSE	M	52	02:13:44	M50
1281	109	39	FRANCISCO CUNHA	SOCIEDADE DE RECREIO CEPANENSE	M	45	02:13:44	M40
1086	110	40	LUIS ROCHA	VIEIRA A CORRER	M	46	02:13:45	M40
1099	111	8	MARIA MINISTRO		F	44	02:13:50	F40
1282	112	17	JOAO LOPES	SOCIEDADE DE RECREIO CEPANENSE	M	51	02:13:52	M50
1247	113	33	JOAO SILVA		M	38	02:13:58	MSEN
1237	114	34	CARLOS TORRES	DA ESPACO	M	28	02:14:04	MSEN
1110	115	41	LUIS OLIVEIRA	XALLENGE RUNNERS	M	41	02:14:22	M40
1030	116	42	ABEL MOTA		M	45	02:14:27	M40
109	117	5	LUIS SANTOS	VILA VERDE A CORRER	M	60	02:14:28	
1177	118	35	MANUEL TEIXEIRA		M	37	02:14:31	MSEN
1390	119	36	PAULO BRITO	ZENIT	M	35	02:14:34	MSEN
1035	120	5	LILIANA SOARES		F	30	02:14:39	FSEN
1127	121	6	NOEMIA FERREIRA	OLIMPICO VIANENSE	F	38	02:14:44	FSEN
1061	122	18	ANTONIO SANTOS	TURBULENTOS	M	55	02:15:30	M50
1149	123	9	AMANDIA ALVES		F	43	02:15:49	F40
89	124	10	TERESA SILVA	TURBULENTOS	F	48	02:15:57	F40
87	125	19	ARTUR SILVA	TURBULENTOS	M	54	02:16:01	M50
1304	126	20	RUI SANTOS	TURBULENTOS	M	54	02:16:01	M50
1156	127	21	LINO SILVA		M	52	02:16:03	M50
102	128	37	NUNO DIAS		M	30	02:16:06	MSEN
1196	129	38	ANDRE SILVA	ALEXANDRA CARVALHO TEAM	M	36	02:16:30	MSEN
1372	130	39	DIAMANTINO CARVALHO		M	32	02:16:47	MSEN
1385	131	43	FERNANDO PIMENTEL	PALMEIRA RUNNERS	M	49	02:16:50	M40
1140	132	44	VICTOR MANUEL	VIEIRA A CORRER	M	48	02:16:57	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1197	133	2	EULALIA MIRANDA	ALEXANDRA CARVALHO TEAM	F	54	02:17:00	F50
1181	134	11	SUSANA CRASTO	ALEXANDRA CARVALHO TEAM	F	46	02:17:01	F40
1373	135	4	LUIS ARAUJO	LANHAS TT	M	18	02:17:14	MSUB25
1268	136	45	SERGIO MENDES	SOCIEDADE DE RECREIO CEPANENSE	M	41	02:17:20	M40
1266	137	7	AURELIE FREITAS	SOCIEDADE DE RECREIO CEPANENSE	F	33	02:17:20	FSEN
1183	138	46	ALBERTO GRANJA	ALEXANDRA CARVALHO TEAM	M	42	02:17:22	M40
1221	139	40	DANIEL AMORIM	OLHAR ENCANTADOR	M	38	02:17:46	MSEN
1199	140	47	ANTONIO FERREIRA	ALEXANDRA CARVALHO TEAM	M	49	02:17:53	M40
1190	141	48	JORGE RIBEIRO	ALEXANDRA CARVALHO TEAM	M	47	02:17:54	M40
1163	142	41	CARLOS PINTO		M	35	02:18:10	MSEN
1105	143	22	GASPAR OLIVEIRA	ATINABRAGA RUNNING	M	55	02:18:10	M50
1271	144	49	JOAO DOELLINGER	SOCIEDADE DE RECREIO CEPANENSE	M	45	02:18:20	M40
1312	145	12	HELENA SOARES	TURBULENTOS	F	49	02:18:40	F40
1311	146	13	MARINA LEITE	TURBULENTOS	F	47	02:18:59	F40
1322	147	42	EURICO SOUSA	EQUIPA CJ	M	31	02:19:06	MSEN
1314	148	8	NADINE SILVA	EQUIPA CJ	F	27	02:19:06	FSEN
1066	149	14	LURDES MARQUES	COI	F	45	02:19:20	F40
1429	150	50	DAVID BARREIRA		M	48	02:20:16	M40
1409	151	15	SYLVIE DUARTE		F	47	02:20:22	F40
1407	152	23	FRANCISCO NOGUEIRA		M	51	02:20:22	M50
1095	153	43	MIGUEL PEREIRA	VIEIRA A CORRER	M	32	02:20:24	MSEN
1394	154	44	PEDRO LEANDRO	ZENIT	M	35	02:20:35	MSEN
1165	155	2	TANIA MACHADO		F	24	02:20:51	FSUB23
1436	156	45	PAULO FERNANDES	LANHAS TT	M	32	02:20:56	MSEN
1405	157	46	DELFINO FERNANDO	LANHAS TT	M	37	02:21:09	MSEN
1202	158	9	CARINA SILVA	ALEXANDRA CARVALHO TEAM	F	32	02:21:32	FSEN
1173	159	51	ALBERTO CODECO	DUMIENSE XALLENGE RUNNERS	M	48	02:21:35	M40
1108	160	47	ANDRE SOUSA	PAPAMEDALHAS	M	29	02:22:04	MSEN
1376	161	24	DOMINGOS MACHADO	DUMIENSE XALLENGE RUNNERS	M	59	02:22:04	M50
1335	162	48	AVELINO DIAS		M	38	02:22:08	MSEN
1111	163	25	FERNANDO BALAO		M	51	02:22:24	M50
1334	164	49	RICARDO VILELA		M	38	02:22:48	MSEN
1228	165	16	ZULMIRA OLIVEIRA	BORA LA CORRER	F	44	02:23:10	F40
1172	166	26	ANTONIO	RIBEITRAIL	M	52	02:23:16	M50
1295	167	52	NUNO VALE		M	40	02:23:57	M40
1171	168	50	MICHEL SILVA		M	27	02:24:03	MSEN
1248	169	10	ANA VIEIRA		F	37	02:25:04	FSEN
1232	170	53	MANUEL ADELINO		M	49	02:25:21	M40
1097	171	17	MARIA MAGALHAES		F	43	02:25:26	F40
1241	172	11	SILVIA SOUSA	GRUPO DESPORTIVO DA GOMA	F	37	02:25:26	FSEN
1090	173	51	BRUNO RODRIGUES		M	35	02:25:33	MSEN
1351	174	6	MANUEL ANDRADE	ALEXANDRA CARVALHO TEAM	M	64	02:26:39	
1194	175	18	ELISABETE PEREIRA	ALEXANDRA CARVALHO TEAM	F	49	02:26:39	F40
1198	176	19	SUSANA QUEIROZ	ALEXANDRA CARVALHO TEAM	F	40	02:27:09	F40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1416	177	54	MIGUEL ALMEIDA	LAMEGO TRIBO RUNNERS	M	43	02:27:21	M40
1106	178	12	MARINA	XALLENGE RUNNERS	F	37	02:27:22	FSEN
1167	179	52	ADELINO MAGALHAES	DUMIENSE XALLENGE RUNNERS	M	39	02:27:22	MSEN
1162	180	20	CRISTINA PACHECO	XALLENGE RUNNERS	F	49	02:27:22	F40
1100	181	27	JOAO MINISTRO		M	51	02:27:23	M50
1128	182	55	FRANCISCO OLIVEIRA	ABREVALES	M	44	02:27:50	M40
1041	183	21	ISABEL GOMES	AMIGOS DA CORRIDA	F	47	02:28:12	F40
1123	184	22	MARIA SILVA	AMIGOS DA CORRIDA	F	43	02:28:19	F40
1178	185	23	ISABEL LEITAO	ALEXANDRA CARVALHO TEAM	F	46	02:28:28	F40
1168	186	24	AURORA SILVA	BRAGUINHAS RUNNERS	F	47	02:28:34	F40
1153	187	28	JOSE FONSECA	BRAGUINHAS RUNNERS	M	59	02:28:34	M50
1188	188	56	EDGAR SOUSA	ALEXANDRA CARVALHO TEAM	M	46	02:28:38	M40
1432	189	7	FRANCISCO GRANJA	LOMAVE	M	63	02:28:44	
1164	190	57	PAULO NEVES		M	46	02:28:48	M40
1187	191	3	PAULA MARTINS	ALEXANDRA CARVALHO TEAM	F	51	02:29:08	F50
1150	192	8	AUGUSTO CUNHA		M	71	02:29:31	
1205	193	13	RAQUEL MAIA	ALEXANDRA CARVALHO TEAM	F	29	02:29:42	FSEN
1374	194	9	ANTONIO ANTUNES	PALMEIRA RUNNERS	M	64	02:29:47	
1326	195	53	RUI VILACA	MNM S	M	31	02:29:57	MSEN
82	196	58	DOMINGOS PINTO	AVENTUREIROS	M	44	02:29:58	M40
1119	197	14	SUSANA SILVA	PADELA NATURAL TEAMFISIOFREIXO	F	32	02:30:04	FSEN
1203	198	59	CESAR ROCHA	ALEXANDRA CARVALHO TEAM	M	40	02:30:53	M40
1206	199	15	ALEXANDRA CARVALHO	ALEXANDRA CARVALHO TEAM	F	38	02:30:53	FSEN
1220	200	54	VITOR MARTINS	BARCELOS RUNNERS	M	37	02:31:07	MSEN
1062	201	55	DANIEL VILELA		M	39	02:31:33	MSEN
1336	202	16	ISABEL DIAS		F	34	02:31:34	FSEN
1159	203	56	PAULO LAGO		M	38	02:31:35	MSEN
1243	204	3	JOAO PEREIRA	LANHAS TT	M	14	02:31:52	MSUB17
1229	205	57	DIOGO MACHADO		M	30	02:32:03	MSEN
1075	206	58	FRANCISCO ARAUJO	LANHAS TT	M	36	02:32:17	MSEN
1433	207	25	MARIA REBELO	LOMAVE	F	49	02:32:32	F40
1048	208	60	LUIS MAGALHAES	TRAILERS	M	44	02:32:39	M40
1215	209	59	FERNANDO ROCHA	ALEXANDRA CARVALHO TEAM	M	34	02:32:57	MSEN
1261	210	17	DINA SILVEIRA	AVENTUREIROS	F	35	02:33:12	FSEN
1263	211	26	ANA BRAS	AVENTUREIROS	F	43	02:33:14	F40
1404	212	27	DANIELA GOMES	GRUPO DESPORTIVO DA GOMA	F	41	02:34:03	F40
1370	213	28	MARIA VELOSO	BRAGUINHAS RUNNERS	F	47	02:34:18	F40
1064	214	29	HELENA PONTE	COI	F	44	02:34:57	F40
1347	215	5	HENRIQUE ROCHA	VADE TT	M	21	02:35:23	MSUB25
1184	216	18	ANDREIA COSTA	ALEXANDRA CARVALHO TEAM	F	39	02:35:34	FSEN
1264	217	19	SONIA ALMEIDA	AVENTUREIROS	F	32	02:35:41	FSEN
1131	218	61	PAULO MOGAS		M	48	02:35:41	M40
1222	219	20	EMA GUERRA	PALMEIRA RUNNERS	F	39	02:36:39	FSEN
1136	220	6	MANUEL OLIVEIRA		M	25	02:36:40	MSUB25

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1316	221	60	TIAGO PIMENTA	ALEXANDRA CARVALHO TEAM	M	27	02:36:40	MSEN
1109	222	61	TIAGO MARTINS		M	38	02:37:22	MSEN
1355	223	30	CIDALIA RIBEIRO	EDV VIANA TRAIL	F	43	02:37:36	F40
1292	224	62	PEDRO FREITAS		M	39	02:38:37	MSEN
1350	225	3	MARIANA BARROS	VADE TT	F	25	02:38:46	FSUB23
1348	226	7	FILIPE LOPES	VADE TT	M	25	02:38:46	MSUB25
1104	227	8	CARLOS CAMPAINHA	TEAM WORKOUT 48/CAM	M	25	02:38:59	MSUB25
1356	228	21	MARTA DUARTE	OUTSIDERS TRAIL TEAM	F	37	02:39:19	FSEN
1357	229	62	NELSON DUARTE	OUTSIDERS TRAIL TEAM	M	42	02:39:19	M40
1160	230	31	ISABEL MARTINS	DUMIENSE XALLENGE RUNNERS	F	45	02:39:20	F40
1300	231	4	EVA MONTEIRO	COI	F	18	02:40:03	FSUB23
1301	232	9	RUI PAULINO	COI	M	20	02:40:08	MSUB25
1046	233	22	ANA	SPIN RUN ESPOSENDE	F	37	02:40:35	FSEN
1049	234	63	VASCO MARTA	SPIN RUN ESPOSENDE	M	36	02:40:35	MSEN
1209	235	29	JOSE RIBEIRO	ALEXANDRA CARVALHO TEAM	M	53	02:40:39	M50
1324	236	32	SUSANA VIDAL	PALMEIRA RUNNERS	F	42	02:40:59	F40
1175	237	33	CARMO FERREIRA	PALMEIRA RUNNERS	F	41	02:40:59	F40
1254	238	63	JOSE RIBEIRO	B.T.M.	M	43	02:41:27	M40
1096	239	34	MANUELA MATIAS	BRAGUINHAS RUNNERS	F	45	02:41:40	F40
1389	240	23	ADRIANA ARAUJO	ZENIT	F	33	02:42:07	FSEN
1388	241	64	TIAGO ALMEIDA	ZENIT	M	36	02:42:08	MSEN
1070	242	24	GISELA MACHADO	LETS GO	F	36	02:42:09	FSEN
1331	243	25	ANA GOMES	VILA VERDE A CORRER	F	28	02:42:09	FSEN
1112	244	35	PAULA SOUSA	LETS GO	F	41	02:42:09	F40
1358	245	64	ANTONIO FERREIRA		M	42	02:42:09	M40
1329	246	26	CELIA SILVA	VILA VERDE A CORRER	F	37	02:42:10	FSEN
1387	247	30	PAULO FERNADES	AMARES A CORRER	M	50	02:42:31	M50
1071	248	27	CATARINA SANTOS	TRAILERS	F	28	02:43:21	FSEN
1339	249	28	SUSANA FERNANDES	ON FIT	F	39	02:43:28	FSEN
1270	250	36	AGOSTINHA GONCALVES	SOCIEDADE DE RECREIO CEPANENSE	F	48	02:43:43	F40
1275	251	29	ANA FREITAS	SOCIEDADE DE RECREIO CEPANENSE	F	39	02:43:43	FSEN
1265	252	30	SANDRINE FREITAS	SOCIEDADE DE RECREIO CEPANENSE	F	37	02:43:43	FSEN
1056	253	37	ANABELA VIEIRA	COI	F	45	02:43:46	F40
1054	254	65	SERGIO VEIGA	COI	M	36	02:43:46	MSEN
1253	255	65	FERNANDO ALVES	LANHAS TT	M	41	02:44:33	M40
1244	256	31	AGOSTINHO PEREIRA	LANHAS TT	M	50	02:44:33	M50
1235	257	66	JOSE PEREIRA	LANHAS TT	M	47	02:44:33	M40
1147	258	38	ALDA CRISTINA		F	45	02:44:41	F40
1386	259	39	CAROLINA FERNANDES	AMARES A CORRER	F	47	02:44:41	F40
1067	260	67	CARLOS MORAIS		M	47	02:45:20	M40
1233	261	66	JORGE VALE		M	29	02:45:46	MSEN
1291	262	40	ROSA VIERIA		F	43	02:45:51	F40
1401	263	41	CECILIA COSTA	BRAGUINHAS RUNNERS	F	48	02:46:25	F40
1400	264	68	VICTOR COSTA	BRAGUINHAS RUNNERS	M	47	02:46:25	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1338	265	31	CARLA MACEDO	ON FIT	F	39	02:46:53	FSEN
1290	266	42	MAFALDA CRUZ	ON FIT	F	40	02:46:53	F40
1139	267	32	MARIA JOSE		F	38	02:46:57	FSEN
1058	268	10	ANTONIO RIBEIRO	COI	M	24	02:47:25	MSUB25
1170	269	67	RUI PEREIRA	COI	M	35	02:47:25	MSEN
1425	270	69	MARIO LOPES		M	45	02:47:51	M40
1079	271	68	NUNO FERREIRA	PAPAMEDALHAS	M	38	02:47:57	MSEN
1330	272	69	LUIS FERREIRA	VILA VERDE A CORRER	M	36	02:48:12	MSEN
1410	273	70	FERNANDO RIBEIRO	ESTILO JOVEM	M	41	02:48:50	M40
1408	274	70	DANIEL PEREIRA	ESTILO JOVEM	M	30	02:48:50	MSEN
1427	275	71	PEDRO SILVA	LANHAS TT	M	31	02:48:50	MSEN
1182	276	72	PEDRO GONCALVES	ALEXANDRA CARVALHO TEAM	M	39	02:49:13	MSEN
1029	277	71	RUI SILVA		M	49	02:49:13	M40
1391	278	73	PEDRO BARROS	ZENIT	M	35	02:50:02	MSEN
1354	279	43	CLARA FERNANDES	ALEXANDRA CARVALHO TEAM	F	43	02:50:13	F40
1063	280	33	MONICA SILVA		F	38	02:50:51	FSEN
1360	281	72	JOSE PEIXOTO		M	43	02:52:01	M40
1323	282	73	MANUEL PEIXOTO		M	45	02:52:01	M40
1157	283	32	MARIO ARAUJO		M	52	02:52:15	M50
1089	284	33	AUGUSTO		M	50	02:52:38	M50
1122	285	34	BABILA CARVALHO	XALLENGE RUNNERS	F	32	02:52:43	FSEN
1126	286	74	FERNANDO OLIVEIRA	XALLENGE RUNNERS	M	31	02:52:43	MSEN
1037	287	35	ALBERTINA GONCALVES	LOUSADA RUNNERS	F	37	02:52:47	FSEN
1441	288	74	SERGIO MEIRELES	AMARES A CORRER	M	48	02:54:09	M40
1340	289	34	JOSE CARLOS		M	52	02:54:09	M50
1087	290	10	MANUEL MOURA	OS BARRIGUITAS	M	63	02:54:24	
1036	291	44	LIVIA SOUSA		F	40	02:54:26	F40
1043	292	75	SERGIO SILVA		M	44	02:54:26	M40
1366	293	5	SONIA FERNANDES	LETS GO	F	25	02:55:16	FSUB23
1434	294	75	RAFAEL PINHEIRO	VROCO	M	32	02:55:16	MSEN
1069	295	36	MARGARIDA PINHEIRO	LETS GO	F	32	02:55:16	FSEN
1055	296	45	ISABEL PONTE	COI	F	45	02:55:33	F40
1415	297	6	FATIMA MARQUES	LANHAS TT	F	19	02:55:44	FSUB23
1414	298	76	FRANCISCO MARQUES	LANHAS TT	M	34	02:55:50	MSEN
1297	299	77	LUIS PASSOS	MELGACO ALVARINHO TRAIL	M	38	02:56:09	MSEN
1195	300	46	ANABELA QUEIROZ	ALEXANDRA CARVALHO TEAM	F	45	02:56:19	F40
1213	301	47	ELSA RODRIGUES	ALEXANDRA CARVALHO TEAM	F	42	02:56:20	F40
1319	302	76	RUI DIAS	ALEXANDRA CARVALHO TEAM	M	44	02:56:20	M40
1320	303	48	SORAIA FERREIRA	ALEXANDRA CARVALHO TEAM	F	45	02:56:20	F40
1052	304	49	CARLA GOUVEIA	AMIGOS DA CORRIDA	F	42	02:56:58	F40
1132	305	77	JOSE GENTIL	OU VAI OU RACHA	M	45	02:57:13	M40
1083	306	37	TERESA VELOSO	GIRLSTRAIL	F	28	02:57:13	FSEN
1085	307	38	TANIA ARAUJO	GIRLSTRAIL	F	30	02:57:13	FSEN
1363	308	39	JULIANA PINHEIRAL	OS GALGOS DE TANCOS	F	33	03:00:06	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1362	309	40	MARGARIDA ROSA	OS GALGOS DE TANCOS	F	30	03:00:12	FSEN
1034	310	41	SUSANA ALVES		F	35	03:01:04	FSEN
1042	311	42	JOANA FERREIRA		F	35	03:01:04	FSEN
1397	312	78	NUNO SOUSA		M	36	03:01:29	MSEN
1039	313	79	TIAGO MARTINS	CICLOTURISMO DE PRADO	M	34	03:02:16	MSEN
1045	314	80	ANTONIO CERQUEIRA		M	37	03:02:16	MSEN
1375	315	50	TERESA ARAUJO	CLUBE DE MONTANHISMO DE BRAGA	F	49	03:03:10	F40
1116	316	43	MARGARIDA PIRES	LETS GO	F	39	03:03:53	FSEN
1076	317	44	ANA ANDRADE		F	26	03:03:53	FSEN
1077	318	11	SAMUEL SILVA		M	21	03:03:53	MSUB25
1098	319	78	JORGE MAGALHAES		M	48	03:03:55	M40
1250	320	45	CATARINA MENDES		F	39	03:06:24	FSEN
1406	321	46	SARA GONCALVES		F	38	03:06:24	FSEN
1317	322	81	EDUARDO SILVA	ALEXANDRA CARVALHO TEAM	M	30	03:07:12	MSEN
1129	323	1	FATIMA TEIXEIRA	BRAGA A CORRER	F	16	03:10:04	FSUB17
1130	324	51	CLAUDIA ROCHA	BRAGA A CORRER	F	43	03:10:05	F40
1214	325	4	IRENE DIAS	ALEXANDRA CARVALHO TEAM	F	53	03:11:36	F50
1303	326	11	MANUEL SILVA	TURBULENTOS	M	62	03:12:14	
1044	327	52	CRISTIANA GONCALVES	TURBULENTOS	F	40	03:12:14	F40
1313	328	5	CELESTE CRUZ	TURBULENTOS	F	52	03:12:15	F50
1302	329	1	MANUELA GONCALVES	TURBULENTOS	F	62	03:12:16	
1437	330	47	MARIANA COSTA	TURBULENTOS	F	28	03:12:16	FSEN
1081	331	79	JOCA PRATA	TURBULENTOS	M	46	03:12:16	M40
1134	332	35	JOSE FREITAS	OU VAI OU RACHA	M	52	03:12:56	M50
1051	333	53	PAULA SANTOS	TRAILERS	F	42	03:13:52	F40
1257	334	54	EMILIA GONCALVES		F	43	03:15:40	F40
1332	335	6	ALBERTINA SOUSA	PALMEIRA RUNNERS	F	54	03:18:33	F50
1210	336	7	SOFIA GONCALVES	ALEXANDRA CARVALHO TEAM	F	23	03:21:31	FSUB23
1417	337	80	PAULO MAGALHAES	OU VAI OU RACHA	M	46	03:21:31	M40
1352	338	48	RAQUEL QUEIROS	ALEXANDRA CARVALHO TEAM	F	35	03:21:32	FSEN
1124	339	55	LEONOR DIAS		F	40	03:23:25	F40
1285	340	49	PAULA CARNEIRO	A VOAR	F	39	03:23:25	FSEN
1120	341	56	ELISABETE VIEIRA		F	44	03:23:26	F40
1286	342	50	ANA SOARES	A VOAR	F	34	03:23:26	FSEN
1185	343	7	CONCEICAO FERREIRA	ALEXANDRA CARVALHO TEAM	F	55	03:25:51	F50
1299	344	51	PATRICIA MARTINS	COI	F	34	03:33:51	FSEN
1169	345	8	ISABEL AZEVEDO	LANHAS TT	F	50	03:33:51	F50
1382	346	12	JOAO SOUSA		M	18	03:43:03	MSUB25
1380	347	8	SARA COSTA		F	23	03:43:03	FSUB23
1381	348	52	VERA VELOSO		F	38	03:43:08	FSEN
15	349	82	JOAO SOUSA		M	34	03:43:10	MSEN
1078	350	53	JOANA LINHAS		F	35	03:44:51	FSEN
1038	351	54	RAQUEL VIEIRA		F	33	03:44:51	FSEN
1050	352	55	ANABELA SILVA		F	33	03:44:52	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1421	353	57	MARIA CARVALHO		F	43	03:58:09	F40
1422	354	58	MARIA CUNHA		F	43	03:58:09	F40