Trail.18 ADT - Trilhos de Águeda

Águeda

14-January-2018

TRAIL 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	5ºC	100%
End	12:30	9ºC	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	556	Helder Lopes	dci/pedrulha-mealhada	Senior Masculino	01:04:49		04:19
2	632	Paulo Rafael dos Santos Palhinha	casa do povo de abrunheira	Senior Masculino	01:07:49	+02:59	04:31
3	523	Marco Gaspar	águeda action club | actib	Senior Masculino	01:07:58	+03:09	04:32
4	555	Diogo Pimenta	dci/pedrulha-mealhada	Senior Masculino	01:08:37	+03:48	04:35
5	543	João Moreira Santos	casa do povo alquerubim	Veterano M40	01:09:01	+04:12	04:36
6	613	João Andrade	individual	Senior Masculino	01:10:54	+06:04	04:44
7	798	Paulo Dias	clube btt de águeda	Senior Masculino	01:11:02	+06:13	04:44
8	558	António Moreira	decathlon	Senior Masculino	01:12:31	+07:42	04:50
9	711	João Vinha	jobra-associação jovens da branca	Veterano M50	01:13:38	+08:48	04:55
10	763	Tiago Jesus	recreio desportivo de águeda	Senior Masculino	01:14:07	+09:17	04:56
11	557	Toze carvalho	dci/pedrulha-mealhada	Senior Masculino	01:14:18	+09:28	04:57
12	598	Bruno Casal	individual	Senior Masculino	01:15:01	+10:11	05:00
13	803	vasco sousa	coimbra trail running	Veterano M50	01:15:13	+10:24	05:01
14	636	Pedro Tiago Ferreira Soares Borges Lopes	individual	Senior Masculino	01:17:42	+12:52	05:11
15	728	Josias Meira	onda team	Senior Masculino	01:17:59	+13:09	05:12
16	808	António José Araújo Ratola	individual	Senior Masculino	01:18:57	+14:07	05:16
17	649	Vasco Portugal	individual	Senior Masculino	01:19:00	+14:10	05:16
18	743	Mário Gonçalves	onda team	Veterano M50	01:19:06	+14:16	05:16
19	768	Inês João	saca trilhos	Senior Feminino	01:20:22	+15:32	05:21
20	699	Antonio Marques	individual	Veterano M40	01:20:32	+15:42	05:22
21	754	Joao Pereira	out 2 run/miro	Veterano M40	01:20:45	+15:55	05:23
22	517	Margarida Simões	águeda action club | actib	Senior Feminino	01:20:52	+16:02	05:23
23	629	Nuno Miuel dos Santos Mariz	individual	Senior Masculino	01:21:41	+16:51	05:27
24	756	francisco casaca	out 2 run/miro	Veterano M50	01:22:01	+17:11	05:28
25	742	Joaquim Pereira	onda team	Veterano M50	01:22:35	+17:45	05:30
26	673	Carlos Lopes	individual	Veterano M40	01:22:46	+17:56	05:31
27	676	Fernando Mendes	individual	Veterano M40	01:22:58	+18:09	05:32
28	771	DAVIDE ALMEIDA CARVALHC	seguros rodrigues	Senior Masculino	01:23:05	+18:15	05:32
29	608	Frederico Carvalho	individual	Senior Masculino	01:23:23	+18:33	05:34
30	729	Marco Marques	onda team	Senior Masculino	01:23:23	+18:33	05:34
31	686	Luis Mesquita	individual	Veterano M40	01:23:52	+19:02	05:36
32	509	Filipe Costa	adrequeixo	Senior Masculino	01:23:54	+19:04	05:36
33	581	Liliana Margarita Lopes da Silva	individual	Senior Feminino	01:23:55	+19:05	05:36
34	790	Oscar Ramalho	trail bela bela	Veterano M40	01:23:57	+19:07	05:36
35	814	Luis Rodrigues	oliveira runners	Veterano M40	01:24:03	+19:13	05:36
36	615	João Tiago Silva	individual	Senior Masculino	01:24:13	+19:23	05:37
37	689	Manuel Roseiro Ferreira	individual	Veterano M40	01:24:17	+19:28	05:37
38	717	RICARDO HENRIQUES	laac - bike & sport	Senior Masculino	01:24:27	+19:38	05:38
39	521	Luís Duarte	águeda action club | actib	Senior Masculino	01:24:39	+19:49	05:39

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	731	Tiago Rocha	onda team	Senior Masculino	01:24:48	+19:58	05:39
41	554	Maria Ramos	dci/pedrulha-mealhada	Senior Feminino	01:24:59	+20:10	05:40
42	510	Filipe MAteus	adrequeixo	Senior Masculino	01:25:02	+20:12	05:40
43	797	André Dias	tribo nr	Veterano M50	01:26:15	+21:25	05:45
44	685	Luís Lima	individual	Veterano M40	01:26:18	+21:28	05:45
45	701	Arnaldo Santos	individual	Veterano M50	01:26:22	+21:32	05:45
46	526	Tiago Silva	águeda action club | actib	Senior Masculino	01:26:28	+21:38	05:46
47	588	Renata Simões Vinagre	individual	Senior Feminino	01:27:05	+22:15	05:48
48	687	Luís Miguel Coelho dos Santos Marques	individual	Veterano M40	01:27:12	+22:22	05:49
49	606	Filipe Santos	individual	Senior Masculino	01:27:56	+23:06	05:52
50	738	Fernando Francisco	onda team	Veterano M40	01:29:04	+24:14	05:56
51	544	Manuel Silva	centro atlético póvoa pacense - cenap	Veterano M40	01:29:17	+24:27	05:57
52	719	LUIS SOARES	laac - bike & sport	Veterano M40	01:29:17	+24:27	05:57
53	522	Marcelo Silva	águeda action club | actib	Senior Masculino	01:29:32	+24:42	05:58
54	813	Luis Pinho	oliveira runners	Senior Masculino	01:29:50	+25:01	05:59
55	515	João Almada	adt	Veterano M50	01:29:59	+25:09	06:00
56	677	Frederico José Carvalho da Conceição	individual	Veterano M40	01:30:15	+25:25	06:01
57	630	Nuno Reis	individual	Senior Masculino	01:30:40	+25:50	06:03
58	541	André Silva	c. b. viseu running team	Senior Masculino	01:30:44	+25:54	06:03
59	622	Miguel Almeida	individual	Senior Masculino	01:30:48	+25:59	06:03
60	511	Ricardo Branquinho	adrequeixo	Senior Masculino	01:30:50	+26:00	06:03
61	767	José Santos	recreio desportivo de águeda	Veterano M50	01:30:50	+26:01	06:03
62	550	William Caetano	correria	Senior Masculino	01:30:53	+26:03	06:04
63	761	Ricardo Diogo	ozxtreme	Veterano M40	01:31:38	+26:48	06:07
64	793	Bruno Neves Praga	trail bela bela	Senior Masculino	01:31:54	+27:04	06:08
65	638	Ricardo Vieira	individual	Senior Masculino	01:31:57	+27:07	06:08
66	784	João Vitor Silva Sousa	solzaima	Senior Masculino	01:32:35	+27:46	06:10
67	540	Ariana Tavares	c. b. viseu running team	Senior Feminino	01:32:52	+28:02	06:12
68	740	Sérgio Amaral	onda team	Veterano M40	01:33:01	+28:11	06:12
69	781	Gonçalo Anjos	solzaima	Senior Masculino	01:33:13	+28:23	06:13
70	642	Rui Silva	individual	Senior Masculino	01:33:29	+28:39	06:14
71	715	CARLOS GARRUÇO	laac - bike & sport	Senior Masculino	01:33:32	+28:42	06:14
72	697	Antonio jose fonseca cunha	individual	Veterano M50	01:33:47	+28:57	06:15
73	612	Jhonny marques	individual	Senior Masculino	01:33:48	+28:58	06:15
74	513	Jorge Vilela	adrequeixo	Veterano M40	01:33:56	+29:06	06:16
75	635	Pedro Miguel Pereira da Silva	individual	Senior Masculino	01:33:56	+29:06	06:16
76	607	Fred Pinheiro Gomes	individual	Senior Masculino	01:34:06	+29:16	06:16
77	671	Carlos Augusto Martins da Silva	individual	Veterano M40	01:34:08	+29:18	06:17
78	704	Basilio Alberto Martins Coelho	individual	Veterano M50	01:34:43	+29:53	06:19
79	681	João Rodrigues	individual	Veterano M40	01:34:47	+29:57	06:19
80	647	Tiago Gonçalves	individual	Senior Masculino	01:35:07	+30:17	06:20
81	752	jose luis rodrigues ferreira	os estarolas	Veterano M50	01:35:07	+30:17	06:20
82	779	Bruno Marques	solzaima	Senior Masculino	01:35:47	+30:57	06:23
83	503	susana castro	acrd/psp runners viseu	Veterana F40	01:36:08	+31:18	06:25

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	502	Fernando Marques	acrd/psp runners viseu	Senior Masculino	01:36:08	+31:18	06:25
85	758	Victor Silva	out 2 run/miro	Veterano M50	01:36:24	+31:34	06:26
86	804	Joana Alves	viriathvs runners viseu	Senior Feminino	01:36:26	+31:37	06:26
87	501	André Ribeiro	#gepab	Senior Masculino	01:36:41	+31:51	06:27
88	812	Paula Aidos	oliveira runners	Senior Feminino	01:36:42	+31:52	06:27
89	634	Pedro Alexandre Farreca Loureiro	individual	Senior Masculino	01:36:42	+31:52	06:27
90	706	Joaquim Balreira	individual	Veterano M50	01:37:24	+32:34	06:30
91	585	Raissa Cristina Santos Rocha	individual	Senior Feminino	01:37:25	+32:35	06:30
92	619	Mario André Bastos Rocha	individual	Senior Masculino	01:37:25	+32:35	06:30
93	547	PAULO RIBEIRO	cmc - carapaus	Veterano M40	01:37:30	+32:40	06:30
94	103	João Manuel Santos Silva	juões	Veterano M50	01:37:30	+32:40	06:30
95	102	João Miguel Almeida da Silva	juões	Senior Masculino	01:37:30	+32:40	06:30
96	703	Avelino Silva	individual	Veterano M50	01:37:32	+32:42	06:30
97	727	Ivo Gonçalves	onda team	Senior Masculino	01:37:37	+32:48	06:31
98	698	António Manuel Fonseca Pereira	individual	Veterano M50	01:38:02	+33:12	06:32
99	732	Ana Rita Oliveira	onda team	Veterana F40	01:38:07	+33:17	06:32
100	682	João Saraiva	individual	Veterano M40	01:38:11	+33:21	06:33
101	514	Ricardo Flamengo	adrequeixo	Veterano M40	01:38:21	+33:31	06:33
102	765	Carlos Estima	recreio desportivo de águeda	Veterano M50	01:38:45	+33:55	06:35
103	645	Tiago Cruz	individual	Senior Masculino	01:39:04	+34:14	06:36
104	525	Ricardo Baptista	águeda action club | actib	Senior Masculino	01:39:07	+34:17	06:36
105	520	Hugo Guerra	águeda action club | actib	Senior Masculino	01:39:07	+34:17	06:37
106	801	Francisco André	vale de boi team	Senior Masculino	01:39:09	+34:19	06:37
107	678	HELDER MARQUES	individual	Veterano M40	01:39:22	+34:33	06:38
108	802	Hugo Oliveira	vale de boi team	Senior Masculino	01:39:27	+34:37	06:38
109	584	Patricia Lemos	individual	Senior Feminino	01:39:28	+34:38	06:38
110	667	Antonio Costa	individual	Veterano M40	01:39:28	+34:38	06:38
111	809	Pedro Alberto Madil Ratola	individual	Veterano M50	01:39:32	+34:42	06:38
112	516	Inês Teixera	águeda action club | actib	Senior Feminino	01:39:47	+34:58	06:39
113	700	António Pires	individual	Veterano M50	01:40:01	+35:11	06:40
114	545	Cristina Maria Bastos dos Santos	centro marcha águeda	Veterana F40	01:40:02	+35:13	06:40
115	648	Tiago Silva	individual	Senior Masculino	01:41:10	+36:20	06:45
116	637	Ricardo Susana	individual	Senior Masculino	01:41:18	+36:28	06:45
117	733	Carla Gonçalves	onda team	Veterana F40	01:41:19	+36:29	06:45
118	791	Vera Lito	trail bela bela	Senior Feminino	01:41:45	+36:56	06:47
119	786	Cátia Fernandes de Oliveira	trail bela bela	Senior Feminino	01:41:45	+36:56	06:47
120	650	alda cordeiro	individual	Veterana F40	01:41:52	+37:03	06:48
121	782	Gonçalo Gomes	solzaima	Senior Masculino	01:42:23	+37:33	06:50
122	660	Maria Manuel Calvo	individual	Veterana F40	01:42:27	+37:37	06:50
123	766	João Coelho	recreio desportivo de águeda	Veterano M50	01:42:44	+37:54	06:51
124	764	Amilcar Henriques	recreio desportivo de águeda	Veterano M50	01:42:44	+37:54	06:51
125	718	HERNANI SILVA	laac - bike & sport	Veterano M40	01:42:47	+37:57	06:51
126	528	Hernani Santos	águeda action club | actib	Veterano M50	01:42:58	+38:08	06:52
127	561	Pedro Tavares	desportivo atletico de recardães	Veterano M50	01:42:59	+38:09	06:52

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	716	PEDRO HENRIQUES	laac - bike & sport	Senior Masculino	01:43:41	+38:51	06:55
129	670	carlos alberto dos santos ferreira	individual	Veterano M40	01:43:56	+39:07	06:56
130	680	João Pedro Duarte Lopes	individual	Veterano M40	01:44:45	+39:55	06:59
131	799	Joaquim Amieiro	usidec - universidade sénior de cacia	Veterano M50	01:44:51	+40:01	06:59
132	620	Micael Filipe Figueiredo Marques	individual	Senior Masculino	01:45:23	+40:34	07:02
133	705	Fernando Manuel Lopes da Silva Morgado	individual	Veterano M50	01:45:26	+40:36	07:02
134	726	Davide Amaral	onda team	Senior Masculino	01:45:33	+40:43	07:02
135	572	Ana Teresa Morais de Melo	individual	Senior Feminino	01:45:47	+40:58	07:03
136	807	António Cruz	individual	Veterano M40	01:45:49	+40:59	07:03
137	570	Ana Sofia Dias de Figueiredo	individual	Senior Feminino	01:46:03	+41:14	07:04
138	611	J.Alex	individual	Senior Masculino	01:46:06	+41:16	07:04
139	773	RICARDO JOSE CAMPOS RODRIGUES	seguros rodrigues	Senior Masculino	01:46:13	+41:23	07:05
140	796	Jacqueline Dias	tribo nr	Veterana F50	01:46:59	+42:09	07:08
141	665	Maria Alice Jesus Almeida Coelho	individual	Veterana F50	01:47:20	+42:30	07:09
142	595	Vera Ferreira	individual	Senior Feminino	01:47:22	+42:32	07:09
143	730	Rafael Oliveira	onda team	Senior Masculino	01:47:27	+42:38	07:10
144	586	Raquel da Silva Matias	individual	Senior Feminino	01:48:29	+43:39	07:14
145	724	Nuno Miguel Silva Coutinho	norte e soure	Senior Masculino	01:48:29	+43:39	07:14
146	707	José António Abrantes Tavares	individual	Veterano M50	01:48:34	+43:44	07:14
147	688	Luis Ramos	individual	Veterano M40	01:48:34	+43:44	07:14
148	589	Sandra Almeida	individual	Senior Feminino	01:48:37	+43:47	07:15
149	633	Paulo vieira	individual	Senior Masculino	01:49:05	+44:15	07:16
150	641	Rui Pedro sousa Figueiredo	individual	Senior Masculino	01:49:14	+44:25	07:17
151	529	Luis Miguel Martins Dias	bike riders	Senior Masculino	01:49:15	+44:25	07:17
152	762	Tiago Carvalho	pónalama	Senior Masculino	01:49:52	+45:02	07:19
153	552	Ricardo Bruno Cabral Barbosa	d4e	Senior Masculino	01:49:52	+45:02	07:20
154	621	Miguel A. Martins	individual	Senior Masculino	01:49:56	+45:06	07:20
155	751	Rui Figueiredo	os coninhas	Veterano M40	01:50:43	+45:53	07:23
156	609	Gonçalo Silva Laranjeira	individual	Senior Masculino	01:50:43	+45:54	07:23
157	748	Alberto Jorge Madeira	os coninhas	Veterano M40	01:50:52	+46:03	07:24
158	565	ISABEL RIBAU	épicos	Veterana F40	01:51:21	+46:31	07:25
159	675	Fernando de Sousa	individual	Veterano M40	01:51:23	+46:33	07:26
160	776	ANTONIO MANUEL FARTURA TEIXEIRA	seguros rodrigues	Veterano M50	01:52:34	+47:44	07:30
161	684	José Carlos Pinhal	individual	Veterano M40	01:52:46	+47:56	07:31
162	655	Carla	individual	Veterana F40	01:53:06	+48:17	07:32
163	605	Filipe Romero	individual	Senior Masculino	01:53:30	+48:40	07:34
164	775	FERNANDO MANUEL SIMOES MARTINS	seguros rodrigues	Veterano M40	01:53:32	+48:42	07:34
165	770	BRUNO FILIPE MARTINHO SANTOS	seguros rodrigues	Senior Masculino	01:53:32	+48:42	07:34
166	587	Raquel Oliveira	individual	Senior Feminino	01:53:44	+48:54	07:35
167	639	Rui Filipe Lourenço da Cunha	individual	Senior Masculino	01:53:46	+48:57	07:35

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
168	656	Carla Nascimento	individual	Veterana F40	01:53:49	+49:00	07:35
169	789	Marlene Soares Gomes	trail bela bela	Senior Feminino	01:54:14	+49:25	07:37
170	695	Valentim Pereira	individual	Veterano M40	01:54:18	+49:28	07:37
171	575	Delfina Rodrigues	individual	Senior Feminino	01:54:38	+49:48	07:39
172	774	CARLOS MIGUEL CAMPOS RODRIGUES	seguros rodrigues	Veterano M40	01:54:46	+49:56	07:39
173	597	Alexandre Filipe dos Santos Simões	individual	Senior Masculino	01:54:47	+49:58	07:39
174	559	Pedro Gomes	desportivo atletico de recardães	Senior Masculino	01:54:55	+50:05	07:40
175	579	Jéssica Inês Vidal Pinheiro	individual	Senior Feminino	01:55:23	+50:33	07:42
176	658	Elisabete Ferrão Conde Almeida	individual	Veterana F40	01:55:37	+50:47	07:42
177	643	Sérgio Oliveira	individual	Senior Masculino	01:55:38	+50:48	07:43
178	691	Nuno Filipe Aguiar Rodrigues	individual	Veterano M40	01:55:56	+51:06	07:44
179	734	Claudia Amaro Figueiredo	onda team	Veterana F40	01:56:01	+51:12	07:44
180	539	Augusto Costa	borabora, vamos lá!	Veterano M50	01:56:35	+51:45	07:46
181	560	Arlindo Pereira Santos	desportivo atletico de recardães	Veterano M50	01:57:33	+52:43	07:50
182	507	Carla Ferreira	adrequeixo	Senior Feminino	01:57:33	+52:44	07:50
183	508	Paula Ferreira	adrequeixo	Senior Feminino	01:57:33	+52:44	07:50
184	512	Judite Dias	adrequeixo	Veterana F40	01:57:34	+52:44	07:50
185	755	Celso Ferreira	out 2 run/miro	Veterano M50	01:57:34	+52:44	07:50
186	640	Rui Pedro Marques Génio	individual	Senior Masculino	01:57:42	+52:52	07:51
187	668	Antonio Morais	individual	Veterano M40	01:58:38	+53:48	07:55
188	683	João Viterbo	individual	Veterano M40	01:58:38	+53:48	07:55
189	524	Pedro Santos	águeda action club | actib	Senior Masculino	01:58:53	+54:03	07:56
190	574	Cristina duarte	individual	Senior Feminino	01:59:05	+54:15	07:56
191	536	Eduarda Vinagre	borabora, vamos lá!	Veterana F40	01:59:12	+54:22	07:57
192	794	Vítor Dias	trail bela bela	Senior Masculino	01:59:48	+54:58	07:59
193	739	Pedro Paiva	onda team	Veterano M40	02:00:00	+55:11	08:00
194	593	Sophie Duarte	individual	Senior Feminino	02:00:11	+55:21	08:01
195	708	José Carlos Almeida	individual	Veterano M50	02:00:11	+55:21	08:01
196	604	Filipe José Cardoso de Figueiredo	individual	Senior Masculino	02:01:14	+56:24	08:05
197	760	Manuela Marques	ozxtreme	Veterana F40	02:01:28	+56:39	08:06
198	710	Rui Manuel Alves Abrantes	individual	Veterano M50	02:02:30	+57:40	08:10
199	713	MARIA JOSÉ SOARES	josé	Veterana F40	02:03:12	+58:23	08:13
200	714	JOSÉ COUTINHO	josé	Veterano M40	02:03:13	+58:23	08:13
201	712	ANA PAIVA	josé	Senior Feminino	02:03:17	+58:27	08:13
202	810	Luis Valente	oliveira runners	Veterano M40	02:03:30	+58:40	08:14
203	657	Carla Santos	individual	Veterana F40	02:03:40	+58:50	08:15
204	610	Isaac Gadanha	individual	Senior Masculino	02:04:09	+59:20	08:17
205	564	DANIELA FERREIRA	épicos	Senior Feminino	02:04:28	+59:38	08:18
206	661	Sandra Santos	individual	Veterana F40	02:04:28	+59:38	08:18
207	583	Mónica Dias	individual	Senior Feminino	02:04:29	+59:39	08:18
208	693	Raul Alvarenga	individual	Veterano M40	02:04:58	+01:00:08	08:20
209	744	Rui Ferreira	onda team	Veterano M50	02:05:04	+01:00:14	08:20
210	735	Maria Elizabete Ferreira	onda team	Veterana F40	02:05:04	+01:00:14	08:20

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
211	736	Nazaré Peixoto	onda team	Veterana F40	02:05:04	+01:00:14	08:20
212	566	Ana Sofia da Silva Torres	erineu papa tudo	Senior Feminino	02:05:04	+01:00:14	08:20
213	631	PAULO PEREIRA	individual	Senior Masculino	02:06:53	+01:02:04	08:28
214	679	Jacinto Estima	individual	Veterano M40	02:08:24	+01:03:35	08:34
215	603	Daniel Melo	individual	Senior Masculino	02:08:56	+01:04:06	08:36
216	759	Conceição Gomes	ozxtreme	Veterana F40	02:09:14	+01:04:25	08:37
217	753	luis paulo silva ferreira	os estarolas	Veterano M50	02:09:18	+01:04:29	08:37
218	578	Eva Moutinho	individual	Senior Feminino	02:09:49	+01:04:59	08:39
219	591	Sara Santos	individual	Senior Feminino	02:09:49	+01:05:00	08:39
220	778	Sérgio Marco Medeiros Tavares	sérgio marco medeiros tavares	Senior Masculino	02:09:56	+01:05:07	08:40
221	577	Dulcineia Miriam Rodrigues Oliveira Fernandes	individual	Senior Feminino	02:09:57	+01:05:07	08:40
222	746	NUNO IGREJA	os bacalhaus - polo aquático	Veterano M40	02:09:57	+01:05:07	08:40
223	747	JOAO CABRAL COSTA	os bacalhaus - polo aquático	Veterano M50	02:09:57	+01:05:07	08:40
224	745	TATIANA OLIVEIRA	os bacalhaus - polo aquático	Senior Feminino	02:09:57	+01:05:07	08:40
225	694	Sandro Sousa	individual	Veterano M40	02:10:33	+01:05:43	08:42
226	709	Luis Bandeira	individual	Veterano M50	02:10:39	+01:05:49	08:43
227	592	SMónica Fernandes	individual	Senior Feminino	02:10:42	+01:05:53	08:43
228	780	David Rodrigues	solzaima	Senior Masculino	02:11:21	+01:06:31	08:45
229	549	Rosário Capela	correria	Senior Feminino	02:11:25	+01:06:35	08:46
230	121	Vanda Carina Lucas Martins	solzaima	Senior Feminino	02:12:01	+01:07:11	08:48
231	785	Marco Santiago	solzaima	Senior Masculino	02:12:07	+01:07:17	08:48
232	602	Daniel Pinto Correia	individual	Senior Masculino	02:12:28	+01:07:38	08:50
233	644	Tiago Alexandre Gonçalves Pires	individual	Senior Masculino	02:12:28	+01:07:39	08:50
234	576	Diana Pereira	individual	Senior Feminino	02:12:58	+01:08:08	08:52
235	530	Paula Juliet's	borabora, vamos lá!	Senior Feminino	02:13:14	+01:08:24	08:53
236	749	Carlos Fernandes	os coninhas	Veterano M40	02:13:14	+01:08:25	08:53
237	590	Sara Fernandes	individual	Senior Feminino	02:13:48	+01:08:58	08:55
238	580	Joana Sousa Vieira	individual	Senior Feminino	02:14:52	+01:10:02	08:59
239	582	Mercedes reis	individual	Senior Feminino	02:15:36	+01:10:46	09:02
240	599	Bruno Simões	individual	Senior Masculino	02:15:38	+01:10:48	09:03
241	662	Sofia Costa	individual	Veterana F40	02:15:55	+01:11:05	09:04
242	518	Paula Rodrigues	águeda action club | actib	Senior Feminino	02:16:00	+01:11:10	09:04
243	538	Ana Gonçalves	borabora, vamos lá!	Veterana F50	02:17:15	+01:12:25	09:09
244	666	Marisol Valente	individual	Veterana F50	02:18:08	+01:13:18	09:13
245	546	Antonio Manuel Vidal da Silva	centro marcha águeda	Veterano M50	02:18:18	+01:13:28	09:13
246	795	Pedro Gonçalves	trailgloditas	Veterano M40	02:18:46	+01:13:56	09:15
247	769	CARLA SOFIA RODRIGUES TAVARES	seguros rodrigues	Senior Feminino	02:19:14	+01:14:24	09:17
248	659	Kelly Farias	individual	Veterana F40	02:21:57	+01:17:07	09:28
249	663	Susana Cristina Amaral Melo	individual	Veterana F40	02:23:22	+01:18:32	09:33
250	573	Andreia Isabel Lopes da Silva	individual	Senior Feminino	02:23:23	+01:18:33	09:34
251	811	Catarina Marques	oliveira runners	Senior Feminino	02:24:35	+01:19:46	09:38
252	569	Ana Raquel Leite Gomes Meira	individual	Senior Feminino	02:25:58	+01:21:08	09:44
253	721	Isabel Lopes	lion runners – g.d. leões da guarda	Veterana F50	02:33:15	+01:28:25	10:13

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
254	533	Ana Cláudia Costa	borabora, vamos lá!	Veterana F40	02:34:26	+01:29:36	10:18
255	535	Edite Fernandes	borabora, vamos lá!	Veterana F40	02:34:27	+01:29:37	10:18
256	534	Cláudia Peralta	borabora, vamos lá!	Veterana F40	02:34:27	+01:29:37	10:18
257	537	Sónia Cláudia Marques	borabora, vamos lá!	Veterana F40	02:34:27	+01:29:37	10:18
258	725	Rita Gonçalves	onda team	Senior Feminino	02:35:16	+01:30:26	10:21
259	737	Susana Cruz	onda team	Veterana F40	02:35:16	+01:30:27	10:21
260	741	João Soares Dias	onda team	Veterano M50	02:35:17	+01:30:28	10:21
261	723	Carla Sandra	mercatus	Veterana F40	02:41:33	+01:36:43	10:46
262	571	Ana Teles Pereira	individual	Senior Feminino	03:00:06	+01:55:16	12:00

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	5ºC	100%
End	12:30	9ºC	87%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	768	Inês João	Saca Trilhos	Senior Feminino	01:20:22	+15:32	05:21
2	517	Margarida Simões	Águeda Action Club | ACTIB	Senior Feminino	01:20:52	+16:02	05:23
3	581	Liliana Margarita Lopes da Silva	Individual	Senior Feminino	01:23:55	+19:05	05:36
4	554	Maria Ramos	DCI/Pedrulha-Mealhada	Senior Feminino	01:24:59	+20:10	05:40
5	588	Renata Simões Vinagre	Individual	Senior Feminino	01:27:05	+22:15	05:48
6	540	Ariana Tavares	C. B. Viseu Running Team	Senior Feminino	01:32:52	+28:02	06:12
7	804	Joana Alves	Viriathvs Runners Viseu	Senior Feminino	01:36:26	+31:37	06:26
8	812	Paula Aidos	OLIVEIRA RUNNERS	Senior Feminino	01:36:42	+31:52	06:27
9	585	Raissa Cristina Santos Rocha	Individual	Senior Feminino	01:37:25	+32:35	06:30
10	584	Patricia Lemos	Individual	Senior Feminino	01:39:28	+34:38	06:38
11	516	Inês Teixera	Águeda Action Club | ACTIB	Senior Feminino	01:39:47	+34:58	06:39
12	791	Vera Lito	TRAIL BELA BELA	Senior Feminino	01:41:45	+36:56	06:47
13	786	Cátia Fernandes de Oliveira	TRAIL BELA BELA	Senior Feminino	01:41:45	+36:56	06:47
14	572	Ana Teresa Morais de Melo	Individual	Senior Feminino	01:45:47	+40:58	07:03
15	570	Ana Sofia Dias de Figueiredo	Individual	Senior Feminino	01:46:03	+41:14	07:04
16	595	Vera Ferreira	Individual	Senior Feminino	01:47:22	+42:32	07:09
17	586	Raquel da Silva Matias	Individual	Senior Feminino	01:48:29	+43:39	07:14
18	589	Sandra Almeida	Individual	Senior Feminino	01:48:37	+43:47	07:15
19	587	Raquel Oliveira	Individual	Senior Feminino	01:53:44	+48:54	07:35
20	789	Marlene Soares Gomes	TRAIL BELA BELA	Senior Feminino	01:54:14	+49:25	07:37
21	575	Delfina Rodrigues	Individual	Senior Feminino	01:54:38	+49:48	07:39
22	579	Jéssica Inês Vidal Pinheiro	Individual	Senior Feminino	01:55:23	+50:33	07:42
23	507	Carla Ferreira	ADRequeixo	Senior Feminino	01:57:33	+52:44	07:50
24	508	Paula Ferreira	ADRequeixo	Senior Feminino	01:57:33	+52:44	07:50
25	574	Cristina duarte	Individual	Senior Feminino	01:59:05	+54:15	07:56
26	593	Sophie Duarte	Individual	Senior Feminino	02:00:11	+55:21	08:01
27	712	ANA PAIVA	José	Senior Feminino	02:03:17	+58:27	08:13
28	564	DANIELA FERREIRA	ÉPICOS	Senior Feminino	02:04:28	+59:38	08:18
29	583	Mónica Dias	Individual	Senior Feminino	02:04:29	+59:39	08:18
30	566	Ana Sofia da Silva Torres	Erineu papa tudo	Senior Feminino	02:05:04	+01:00:14	08:20
31	578	Eva Moutinho	Individual	Senior Feminino	02:09:49	+01:04:59	08:39
32	591	Sara Santos	Individual	Senior Feminino	02:09:49	+01:05:00	08:39
33	577	Dulcineia Miriam Rodrigues Oliveira Fernandes	Individual	Senior Feminino	02:09:57	+01:05:07	08:40
34	745	TATIANA OLIVEIRA	OS BACALHAUS - Polo Aquático	Senior Feminino	02:09:57	+01:05:07	08:40
35	592	SMónica Fernandes	Individual	Senior Feminino	02:10:42	+01:05:53	08:43
36	549	Rosário Capela	CorreRia	Senior Feminino	02:11:25	+01:06:35	08:46
37	121	Vanda Carina Lucas Martins	Solzaima	Senior Feminino	02:12:01	+01:07:11	08:48
38	576	Diana Pereira	Individual	Senior Feminino	02:12:58	+01:08:08	08:52
39	530	Paula Juliet's	BoraBora, Vamos Lá!	Senior Feminino	02:13:14	+01:08:24	08:53

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	590	Sara Fernandes	Individual	Senior Feminino	02:13:48	+01:08:58	08:55
41	580	Joana Sousa Vieira	Individual	Senior Feminino	02:14:52	+01:10:02	08:59
42	582	Mercedes reis	Individual	Senior Feminino	02:15:36	+01:10:46	09:02
43	518	Paula Rodrigues	Águeda Action Club | ACTIB	Senior Feminino	02:16:00	+01:11:10	09:04
44	769	CARLA SOFIA RODRIGUES TAVARES	Seguros Rodrigues	Senior Feminino	02:19:14	+01:14:24	09:17
45	573	Andreia Isabel Lopes da Silva	Individual	Senior Feminino	02:23:23	+01:18:33	09:34
46	811	Catarina Marques	OLIVEIRA RUNNERS	Senior Feminino	02:24:35	+01:19:46	09:38
47	569	Ana Raquel Leite Gomes Meira	Individual	Senior Feminino	02:25:58	+01:21:08	09:44
48	725	Rita Gonçalves	ONDA TEAM	Senior Feminino	02:35:16	+01:30:26	10:21
49	571	Ana Teles Pereira	Individual	Senior Feminino	03:00:06	+01:55:16	12:00

Senior Masculino

1	556	Helder Lopes	DCI/Pedrulha-Mealhada	Senior Masculino	01:04:49		04:19
2	632	Paulo Rafael dos Santos Palhinha	Casa do Povo de Abrunheira	Senior Masculino	01:07:49	+02:59	04:31
3	523	Marco Gaspar	Águeda Action Club | ACTIB	Senior Masculino	01:07:58	+03:09	04:32
4	555	Diogo Pimenta	DCI/Pedrulha-Mealhada	Senior Masculino	01:08:37	+03:48	04:35
5	613	João Andrade	Individual	Senior Masculino	01:10:54	+06:04	04:44
6	798	Paulo Dias	Clube BTT de Águeda	Senior Masculino	01:11:02	+06:13	04:44
7	558	António Moreira	DECATHLON	Senior Masculino	01:12:31	+07:42	04:50
8	763	Tiago Jesus	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	01:14:07	+09:17	04:56
9	557	Toze carvalho	DCI/Pedrulha-Mealhada	Senior Masculino	01:14:18	+09:28	04:57
10	598	Bruno Casal	Individual	Senior Masculino	01:15:01	+10:11	05:00
11	636	Pedro Tiago Ferreira Soares Borges Lopes	Individual	Senior Masculino	01:17:42	+12:52	05:11
12	728	Josias Meira	ONDA TEAM	Senior Masculino	01:17:59	+13:09	05:12
13	808	António José Araújo Ratola	Individual	Senior Masculino	01:18:57	+14:07	05:16
14	649	Vasco Portugal	Individual	Senior Masculino	01:19:00	+14:10	05:16
15	629	Nuno Miuel dos Santos Mariz	Individual	Senior Masculino	01:21:41	+16:51	05:27
16	771	DAVIDE ALMEIDA CARVALHO	Seguros Rodrigues	Senior Masculino	01:23:05	+18:15	05:32
17	608	Frederico Carvalho	Individual	Senior Masculino	01:23:23	+18:33	05:34
18	729	Marco Marques	ONDA TEAM	Senior Masculino	01:23:23	+18:33	05:34
19	509	Filipe Costa	ADRequeixo	Senior Masculino	01:23:54	+19:04	05:36
20	615	João Tiago Silva	Individual	Senior Masculino	01:24:13	+19:23	05:37
21	717	RICARDO HENRIQUES	LAAC - BIKE & SPORT	Senior Masculino	01:24:27	+19:38	05:38
22	521	Luís Duarte	Águeda Action Club | ACTIB	Senior Masculino	01:24:39	+19:49	05:39
23	731	Tiago Rocha	ONDA TEAM	Senior Masculino	01:24:48	+19:58	05:39
24	510	Filipe MAteus	ADRequeixo	Senior Masculino	01:25:02	+20:12	05:40
25	526	Tiago Silva	Águeda Action Club | ACTIB	Senior Masculino	01:26:28	+21:38	05:46
26	606	Filipe Santos	Individual	Senior Masculino	01:27:56	+23:06	05:52
27	522	Marcelo Silva	Águeda Action Club | ACTIB	Senior Masculino	01:29:32	+24:42	05:58
28	813	Luis Pinho	OLIVEIRA RUNNERS	Senior Masculino	01:29:50	+25:01	05:59
29	630	Nuno Reis	Individual	Senior Masculino	01:30:40	+25:50	06:03
30	541	André Silva	C. B. Viseu Running Team	Senior Masculino	01:30:44	+25:54	06:03
31	622	Miguel Almeida	Individual	Senior Masculino	01:30:48	+25:59	06:03

Trail 15K — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

32	511	Ricardo Branquinho	ADRequeixo	Senior Masculino	01:30:50	+26:00	06:03
33	550	William Caetano	CorreRia	Senior Masculino	01:30:53	+26:03	06:04
34	793	Bruno Neves Praga	TRAIL BELA BELA	Senior Masculino	01:31:54	+27:04	06:08
35	638	Ricardo Vieira	Individual	Senior Masculino	01:31:57	+27:07	06:08
36	784	João Vitor Silva Sousa	Solzaima	Senior Masculino	01:32:35	+27:46	06:10
37	781	Gonçalo Anjos	Solzaima	Senior Masculino	01:33:13	+28:23	06:13
38	642	Rui Silva	Individual	Senior Masculino	01:33:29	+28:39	06:14
39	715	CARLOS GARRUÇO	LAAC - BIKE & SPORT	Senior Masculino	01:33:32	+28:42	06:14
40	612	Jhonny marques	Individual	Senior Masculino	01:33:48	+28:58	06:15
41	635	Pedro Miguel Pereira da Silva	Individual	Senior Masculino	01:33:56	+29:06	06:16
42	607	Fred Pinheiro Gomes	Individual	Senior Masculino	01:34:06	+29:16	06:16
43	647	Tiago Gonçalves	Individual	Senior Masculino	01:35:07	+30:17	06:20
44	779	Bruno Marques	Solzaima	Senior Masculino	01:35:47	+30:57	06:23
45	502	Fernando Marques	ACRD/PSP RUNNERS VISEU	Senior Masculino	01:36:08	+31:18	06:25
46	501	André Ribeiro	#GEPAB	Senior Masculino	01:36:41	+31:51	06:27
47	634	Pedro Alexandre Farreca Loureiro	Individual	Senior Masculino	01:36:42	+31:52	06:27
48	619	Mario André Bastos Rocha	Individual	Senior Masculino	01:37:25	+32:35	06:30
49	102	João Miguel Almeida da Silva	Juões	Senior Masculino	01:37:30	+32:40	06:30
50	727	Ivo Gonçalves	ONDA TEAM	Senior Masculino	01:37:37	+32:48	06:31
51	645	Tiago Cruz	Individual	Senior Masculino	01:39:04	+34:14	06:36
52	525	Ricardo Baptista	Águeda Action Club | ACTIB	Senior Masculino	01:39:07	+34:17	06:36
53	520	Hugo Guerra	Águeda Action Club | ACTIB	Senior Masculino	01:39:07	+34:17	06:37
54	801	Francisco André	Vale de Boi team	Senior Masculino	01:39:09	+34:19	06:37
55	802	Hugo Oliveira	Vale de Boi team	Senior Masculino	01:39:27	+34:37	06:38
56	648	Tiago Silva	Individual	Senior Masculino	01:41:10	+36:20	06:45
57	637	Ricardo Susana	Individual	Senior Masculino	01:41:18	+36:28	06:45
58	782	Gonçalo Gomes	Solzaima	Senior Masculino	01:42:23	+37:33	06:50
59	716	PEDRO HENRIQUES	LAAC - BIKE & SPORT	Senior Masculino	01:43:41	+38:51	06:55
60	620	Micael Filipe Figueiredo Marques	Individual	Senior Masculino	01:45:23	+40:34	07:02
61	726	Davide Amaral	ONDA TEAM	Senior Masculino	01:45:33	+40:43	07:02
62	611	J.Alex	Individual	Senior Masculino	01:46:06	+41:16	07:04
63	773	RICARDO JOSE CAMPOS RODRIGUES	Seguros Rodrigues	Senior Masculino	01:46:13	+41:23	07:05
64	730	Rafael Oliveira	ONDA TEAM	Senior Masculino	01:47:27	+42:38	07:10
65	724	Nuno Miguel Silva Coutinho	NORTE e SOURE	Senior Masculino	01:48:29	+43:39	07:14
66	633	Paulo vieira	Individual	Senior Masculino	01:49:05	+44:15	07:16
67	641	Rui Pedro sousa Figueiredo	Individual	Senior Masculino	01:49:14	+44:25	07:17
68	529	Luis Miguel Martins Dias	Bike Riders	Senior Masculino	01:49:15	+44:25	07:17
69	762	Tiago Carvalho	PóNaLama	Senior Masculino	01:49:52	+45:02	07:19
70	552	Ricardo Bruno Cabral Barbosa	D4E	Senior Masculino	01:49:52	+45:02	07:20
71	621	Miguel A. Martins	Individual	Senior Masculino	01:49:56	+45:06	07:20
72	609	Gonçalo Silva Laranjeira	Individual	Senior Masculino	01:50:43	+45:54	07:23
73	605	Filipe Romero	Individual	Senior Masculino	01:53:30	+48:40	07:34
74	770	BRUNO FILIPE MARTINHO SANTOS	Seguros Rodrigues	Senior Masculino	01:53:32	+48:42	07:34
75	639	Rui Filipe Lourenço da Cunha	Individual	Senior Masculino	01:53:46	+48:57	07:35
76	597	Alexandre Filipe dos Santos Simões	Individual	Senior Masculino	01:54:47	+49:58	07:39
77	559	Pedro Gomes	Desportivo Atletico de Recardães	Senior Masculino	01:54:55	+50:05	07:40

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

78	643	Sérgio Oliveira	Individual	Senior Masculino	01:55:38	+50:48	07:43
79	640	Rui Pedro Marques Génio	Individual	Senior Masculino	01:57:42	+52:52	07:51
80	524	Pedro Santos	Águeda Action Club | ACTIB	Senior Masculino	01:58:53	+54:03	07:56
81	794	Vítor Dias	TRAIL BELA BELA	Senior Masculino	01:59:48	+54:58	07:59
82	604	Filipe José Cardoso de Figueiredo	Individual	Senior Masculino	02:01:14	+56:24	08:05
83	610	Isaac Gadanha	Individual	Senior Masculino	02:04:09	+59:20	08:17
84	631	PAULO PEREIRA	Individual	Senior Masculino	02:06:53	+01:02:04	08:28
85	603	Daniel Melo	Individual	Senior Masculino	02:08:56	+01:04:06	08:36
86	778	Sérgio Marco Medeiros Tavares	Sérgio Marco Medeiros Tavares	Senior Masculino	02:09:56	+01:05:07	08:40
87	780	David Rodrigues	Solzaima	Senior Masculino	02:11:21	+01:06:31	08:45
88	785	Marco Santiago	Solzaima	Senior Masculino	02:12:07	+01:07:17	08:48
89	602	Daniel Pinto Correia	Individual	Senior Masculino	02:12:28	+01:07:38	08:50
90	644	Tiago Alexandre Gonçalves Pires	Individual	Senior Masculino	02:12:28	+01:07:39	08:50
91	599	Bruno Simões	Individual	Senior Masculino	02:15:38	+01:10:48	09:03

Veterana F40

1	503	susana castro	ACRD/PSP RUNNERS VISEU	Veterana F40	01:36:08	+31:18	06:25
2	732	Ana Rita Oliveira	ONDA TEAM	Veterana F40	01:38:07	+33:17	06:32
3	545	Cristina Maria Bastos dos Santos	Centro Marcha Águeda	Veterana F40	01:40:02	+35:13	06:40
4	733	Carla Gonçalves	ONDA TEAM	Veterana F40	01:41:19	+36:29	06:45
5	650	alda cordeiro	Individual	Veterana F40	01:41:52	+37:03	06:48
6	660	Maria Manuel Calvo	Individual	Veterana F40	01:42:27	+37:37	06:50
7	565	ISABEL RIBAU	ÉPICOS	Veterana F40	01:51:21	+46:31	07:25
8	655	Carla	Individual	Veterana F40	01:53:06	+48:17	07:32
9	656	Carla Nascimento	Individual	Veterana F40	01:53:49	+49:00	07:35
10	658	Elisabete Ferrão Conde Almeida	Individual	Veterana F40	01:55:37	+50:47	07:42
11	734	Claudia Amaro Figueiredo	ONDA TEAM	Veterana F40	01:56:01	+51:12	07:44
12	512	Judite Dias	ADRequeixo	Veterana F40	01:57:34	+52:44	07:50
13	536	Eduarda Vinagre	BoraBora, Vamos Lá!	Veterana F40	01:59:12	+54:22	07:57
14	760	Manuela Marques	OZXTREME	Veterana F40	02:01:28	+56:39	08:06
15	713	MARIA JOSÉ SOARES	José	Veterana F40	02:03:12	+58:23	08:13
16	657	Carla Santos	Individual	Veterana F40	02:03:40	+58:50	08:15
17	661	Sandra Santos	Individual	Veterana F40	02:04:28	+59:38	08:18
18	735	Maria Elizabete Ferreira	ONDA TEAM	Veterana F40	02:05:04	+01:00:14	08:20
19	736	Nazaré Peixoto	ONDA TEAM	Veterana F40	02:05:04	+01:00:14	08:20
20	759	Conceição Gomes	OZXTREME	Veterana F40	02:09:14	+01:04:25	08:37
21	662	Sofia Costa	Individual	Veterana F40	02:15:55	+01:11:05	09:04
22	659	Kelly Farias	Individual	Veterana F40	02:21:57	+01:17:07	09:28
23	663	Susana Cristina Amaral Melo	Individual	Veterana F40	02:23:22	+01:18:32	09:33
24	533	Ana Cláudia Costa	BoraBora, Vamos Lá!	Veterana F40	02:34:26	+01:29:36	10:18
25	535	Edite Fernandes	BoraBora, Vamos Lá!	Veterana F40	02:34:27	+01:29:37	10:18
26	534	Cláudia Peralta	BoraBora, Vamos Lá!	Veterana F40	02:34:27	+01:29:37	10:18
27	537	Sónia Cláudia Marques	BoraBora, Vamos Lá!	Veterana F40	02:34:27	+01:29:37	10:18
28	737	Susana Cruz	ONDA TEAM	Veterana F40	02:35:16	+01:30:27	10:21
29	723	Carla Sandra	Mercatus	Veterana F40	02:41:33	+01:36:43	10:46

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F50

1	796	Jacqueline Dias	Tribo NR	Veterana F50	01:46:59	+42:09	07:08
2	665	Maria Alice Jesus Almeida Coelho	Individual	Veterana F50	01:47:20	+42:30	07:09
3	538	Ana Gonçalves	BoraBora, Vamos Lá!	Veterana F50	02:17:15	+01:12:25	09:09
4	666	Marisol Valente	Individual	Veterana F50	02:18:08	+01:13:18	09:13
5	721	Isabel Lopes	LION RUNNERS – G.D. Leões da Guarda	Veterana F50	02:33:15	+01:28:25	10:13

Veterano M40

1	543	João Moreira Santos	Casa do Povo Alquerubim	Veterano M40	01:09:01	+04:12	04:36
2	699	Antonio Marques	Individual	Veterano M40	01:20:32	+15:42	05:22
3	754	Joao Pereira	out 2 run/Miro	Veterano M40	01:20:45	+15:55	05:23
4	673	Carlos Lopes	Individual	Veterano M40	01:22:46	+17:56	05:31
5	676	Fernando Mendes	Individual	Veterano M40	01:22:58	+18:09	05:32
6	686	Luis Mesquita	Individual	Veterano M40	01:23:52	+19:02	05:36
7	790	Oscar Ramalho	TRAIL BELA BELA	Veterano M40	01:23:57	+19:07	05:36
8	814	Luis Rodrigues	OLIVEIRA RUNNERS	Veterano M40	01:24:03	+19:13	05:36
9	689	Manuel Roseiro Ferreira	Individual	Veterano M40	01:24:17	+19:28	05:37
10	685	Luís Lima	Individual	Veterano M40	01:26:18	+21:28	05:45
11	687	Luís Miguel Coelho dos Santos Marques	Individual	Veterano M40	01:27:12	+22:22	05:49
12	738	Fernando Francisco	ONDA TEAM	Veterano M40	01:29:04	+24:14	05:56
13	544	Manuel Silva	Centro Atlético Póvoa Pacense - CENAP	Veterano M40	01:29:17	+24:27	05:57
14	719	LUIS SOARES	LAAC - BIKE & SPORT	Veterano M40	01:29:17	+24:27	05:57
15	677	Frederico José Carvalho da Conceição	Individual	Veterano M40	01:30:15	+25:25	06:01
16	761	Ricardo Diogo	OZXTREME	Veterano M40	01:31:38	+26:48	06:07
17	740	Sérgio Amaral	ONDA TEAM	Veterano M40	01:33:01	+28:11	06:12
18	513	Jorge Vilela	ADRequeixo	Veterano M40	01:33:56	+29:06	06:16
19	671	Carlos Augusto Martins da Silva	Individual	Veterano M40	01:34:08	+29:18	06:17
20	681	João Rodrigues	Individual	Veterano M40	01:34:47	+29:57	06:19
21	547	PAULO RIBEIRO	CMC - CARAPAUS	Veterano M40	01:37:30	+32:40	06:30
22	682	João Saraiva	Individual	Veterano M40	01:38:11	+33:21	06:33
23	514	Ricardo Flamengo	ADRequeixo	Veterano M40	01:38:21	+33:31	06:33
24	678	HELDER MARQUES	Individual	Veterano M40	01:39:22	+34:33	06:38
25	667	Antonio Costa	Individual	Veterano M40	01:39:28	+34:38	06:38
26	718	HERNANI SILVA	LAAC - BIKE & SPORT	Veterano M40	01:42:47	+37:57	06:51
27	670	carlos alberto dos santos ferreira	Individual	Veterano M40	01:43:56	+39:07	06:56
28	680	João Pedro Duarte Lopes	Individual	Veterano M40	01:44:45	+39:55	06:59
29	807	António Cruz	Individual	Veterano M40	01:45:49	+40:59	07:03
30	688	Luis Ramos	Individual	Veterano M40	01:48:34	+43:44	07:14
31	751	Rui Figueiredo	Os Coninhas	Veterano M40	01:50:43	+45:53	07:23
32	748	Alberto Jorge Madeira	Os Coninhas	Veterano M40	01:50:52	+46:03	07:24

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

33	675	Fernando de Sousa	Individual	Veterano M40	01:51:23	+46:33	07:26
34	684	José Carlos Pinhal	Individual	Veterano M40	01:52:46	+47:56	07:31
35	775	FERNANDO MANUEL SIMOES MARTINS	Seguros Rodrigues	Veterano M40	01:53:32	+48:42	07:34
36	695	Valentim Pereira	Individual	Veterano M40	01:54:18	+49:28	07:37
37	774	CARLOS MIGUEL CAMPOS RODRIGUES	Seguros Rodrigues	Veterano M40	01:54:46	+49:56	07:39
38	691	Nuno Filipe Aguiar Rodrigues	Individual	Veterano M40	01:55:56	+51:06	07:44
39	668	Antonio Morais	Individual	Veterano M40	01:58:38	+53:48	07:55
40	683	João Viterbo	Individual	Veterano M40	01:58:38	+53:48	07:55
41	739	Pedro Paiva	ONDA TEAM	Veterano M40	02:00:00	+55:11	08:00
42	714	JOSÉ COUTINHO	José	Veterano M40	02:03:13	+58:23	08:13
43	810	Luis Valente	OLIVEIRA RUNNERS	Veterano M40	02:03:30	+58:40	08:14
44	693	Raul Alvarenga	Individual	Veterano M40	02:04:58	+01:00:08	08:20
45	679	Jacinto Estima	Individual	Veterano M40	02:08:24	+01:03:35	08:34
46	746	NUNO IGREJA	OS BACALHAUS - Polo Aquático	Veterano M40	02:09:57	+01:05:07	08:40
47	694	Sandro Sousa	Individual	Veterano M40	02:10:33	+01:05:43	08:42
48	749	Carlos Fernandes	Os Coninhas	Veterano M40	02:13:14	+01:08:25	08:53
49	795	Pedro Gonçalves	Trailgloditas	Veterano M40	02:18:46	+01:13:56	09:15

Veterano M50

1	711	João Vinha	JOBRA-Associação Jovens da Branca	Veterano M50	01:13:38	+08:48	04:55
2	803	vasco sousa	Coimbra Trail Running	Veterano M50	01:15:13	+10:24	05:01
3	743	Mário Gonçalves	ONDA TEAM	Veterano M50	01:19:06	+14:16	05:16
4	756	francisco casaca	out 2 run/Miro	Veterano M50	01:22:01	+17:11	05:28
5	742	Joaquim Pereira	ONDA TEAM	Veterano M50	01:22:35	+17:45	05:30
6	797	André Dias	Tribo NR	Veterano M50	01:26:15	+21:25	05:45
7	701	Arnaldo Santos	Individual	Veterano M50	01:26:22	+21:32	05:45
8	515	João Almada	ADT	Veterano M50	01:29:59	+25:09	06:00
9	767	José Santos	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M50	01:30:50	+26:01	06:03
10	697	Antonio jose fonseca cunha	Individual	Veterano M50	01:33:47	+28:57	06:15
11	704	Basilio Alberto Martins Coelho	Individual	Veterano M50	01:34:43	+29:53	06:19
12	752	jose luis rodrigues ferreira	os estarolas	Veterano M50	01:35:07	+30:17	06:20
13	758	Victor Silva	out 2 run/Miro	Veterano M50	01:36:24	+31:34	06:26
14	706	Joaquim Balreira	Individual	Veterano M50	01:37:24	+32:34	06:30
15	103	João Manuel Santos Silva	Juões	Veterano M50	01:37:30	+32:40	06:30
16	703	Avelino Silva	Individual	Veterano M50	01:37:32	+32:42	06:30
17	698	António Manuel Fonseca Pereira	Individual	Veterano M50	01:38:02	+33:12	06:32
18	765	Carlos Estima	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M50	01:38:45	+33:55	06:35
19	809	Pedro Alberto Madil Ratola	Individual	Veterano M50	01:39:32	+34:42	06:38
20	700	António Pires	Individual	Veterano M50	01:40:01	+35:11	06:40
21	766	João Coelho	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M50	01:42:44	+37:54	06:51

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

22	764	Amilcar Henriques	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M50	01:42:44	+37:54	06:51
23	528	Hernani Santos	Águeda Action Club | ACTIB	Veterano M50	01:42:58	+38:08	06:52
24	561	Pedro Tavares	Desportivo Atletico de Recardães	Veterano M50	01:42:59	+38:09	06:52
25	799	Joaquim Amieiro	USIDEC - Universidade Sénior de Cacia	Veterano M50	01:44:51	+40:01	06:59
26	705	Fernando Manuel Lopes da Silva Morgado	Individual	Veterano M50	01:45:26	+40:36	07:02
27	707	José António Abrantes Tavares	Individual	Veterano M50	01:48:34	+43:44	07:14
28	776	ANTONIO MANUEL FARTURA TEIXEIRA	Seguros Rodrigues	Veterano M50	01:52:34	+47:44	07:30
29	539	Augusto Costa	BoraBora, Vamos Lá!	Veterano M50	01:56:35	+51:45	07:46
30	560	Arlindo Pereira Santos	Desportivo Atletico de Recardães	Veterano M50	01:57:33	+52:43	07:50
31	755	Celso Ferreira	out 2 run/Miro	Veterano M50	01:57:34	+52:44	07:50
32	708	José Carlos Almeida	Individual	Veterano M50	02:00:11	+55:21	08:01
33	710	Rui Manuel Alves Abrantes	Individual	Veterano M50	02:02:30	+57:40	08:10
34	744	Rui Ferreira	ONDA TEAM	Veterano M50	02:05:04	+01:00:14	08:20
35	753	luis paulo silva ferreira	os estarolas	Veterano M50	02:09:18	+01:04:29	08:37
36	747	JOAO CABRAL COSTA	OS BACALHAUS - Polo Aquático	Veterano M50	02:09:57	+01:05:07	08:40
37	709	Luis Bandeira	Individual	Veterano M50	02:10:39	+01:05:49	08:43
38	546	Antonio Manuel Vidal da Silva	Centro Marcha Águeda	Veterano M50	02:18:18	+01:13:28	09:13
39	741	João Soares Dias	ONDA TEAM	Veterano M50	02:35:17	+01:30:28	10:21