

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1	Hermano Ferreira	00:14:21	00:30:27	00:30:27	Grupo Desportivo Da Conforlimpa	Senior
2	Tiago Costa	00:14:21	00:30:27	00:30:26	Grupo Desportivo Da Conforlimpa	Senior
3	Luís Feiteira	00:15:19	00:30:53	00:30:53		Veterano 1
3	Ricardo Ribas	00:15:01	00:30:53	00:30:52	Maratona Clube de Portugal	Senior
5	José Ramos	00:15:18	00:31:00	00:31:00	Grupo Desportivo Da Conforlimpa	Veterano 2
6	Hélio Fumo	00:15:03	00:31:07	00:31:06	Sport Lisboa e Benfica	Senior
7	Victor Reis	00:15:18	00:31:27	00:31:26	Grupo Desportivo Da Conforlimpa	Senior
8	Bruno Matheus	00:15:24	00:31:38	00:31:37	DESMOR	Senior
9	Luís Mendes	00:15:38	00:31:42	00:31:42	Cyclones-Sanitop	Senior
10	Pedro Conceição	00:15:23	00:31:44	00:31:43	GARMIN Clube Olimpico de Oeiras	Senior
11	Bruno Pais	00:15:39	00:31:57	00:31:55	Sport Lisboa e Benfica	Senior
12	Luis Lima	00:15:49	00:32:13	00:32:11	Nucleoeiras	Veterano 2
13	Emanuel Rolim	00:15:24	00:32:22	00:32:22	Sport Lisboa e Benfica	Junior
14	João Spencer	00:15:38	00:32:25	00:32:24		Veterano 2
15	Duarte Marques	00:15:39	00:32:35	00:32:33	Federação Portuguesa de Triatlo	Senior
16	Miguel Moreira	00:15:39	00:32:54	00:32:53	Sport Lisboa e Benfica	Senior
17	Dulce Félix	00:16:12	00:33:06	00:33:06	Maratona Clube de Portugal	Senior
18	Hélder Ornelas	00:16:13	00:33:26	00:33:25	Grupo Desportivo Da Conforlimpa	Veterano 1
19	Marco Mello	00:16:18	00:33:27	00:33:25	A.M. Atibá	Veterano 2
20	Ricardo Calado	00:16:29	00:33:32	00:33:31	Águias de Alpiarça	Junior
21	João Serrano	00:16:13	00:33:36	00:33:36	Federação Portuguesa de Triatlo	Senior
22	Hélder Ferreira	00:16:29	00:33:44	00:33:42	União de Tomar	Veterano 1
23	Salomé Rocha	00:16:20	00:33:47	00:33:47	Sporting Clube de Portugal	Senior
24	Rui Belo	00:16:29	00:33:47	00:33:46	A.M. Atibá	Senior
25	Paulo Martins	00:16:46	00:33:50	00:33:48	A.M. Atibá	Veterano 1
26	Pedro Gomes	00:16:13	00:33:52	00:33:51	Charity Multisport	Senior
27	Hélder Milheiras	00:16:39	00:33:52	00:33:50	Charity Multisport	Veterano 1
28	Francisco Monteiro	00:16:47	00:33:57	00:33:56	GARMIN	Veterano 1
29	Francisco Machado	00:16:38	00:33:57	00:33:55	Sport Lisboa e Benfica	Junior
30	Abdoulhaye Bary	00:15:57	00:33:57	00:33:56	Grupo Excursionista "Os Económicos"	Senior
31	Afonso Pegado	00:16:46	00:34:05	00:34:03		Senior
32	Jorge Alves	00:16:37	00:34:13	00:34:11	Gabinete de Fisioterapia no Desporto	Senior
33	Rui Duarte	00:16:47	00:34:19	00:34:17	Nucleoeiras	Veterano 2
34	Filipe Januário	00:16:43	00:34:21	00:34:19		Senior
35	José Veiga	00:16:40	00:34:25	00:34:25		Senior
36	Paulo Junior	00:16:34	00:34:27	00:34:26	DESMOR	Senior
37	João Ferreira	00:16:39	00:34:48	00:34:47	Federação Portuguesa de Triatlo	Junior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
38	José Santos	00:16:47	00:34:50	00:34:50		Veterano 3
39	Hugo Ferreira	00:16:57	00:34:51	00:34:49	GARMIN Clube Olimpico de Oeiras	Veterano 1
40	Catarina Ribeiro	00:16:51	00:34:54	00:34:54	Sporting Clube de Braga	Senior
41	José Ribeiro	00:17:00	00:35:00	00:34:58	Federação Portuguesa de Triatlo	Veterano 2
42	Mónica Silva	00:17:03	00:35:05	00:35:05	Maratona Clube de Portugal	Senior
43	Vitor Lima	00:17:20	00:35:08	00:35:06	NúcleOeiras / Sportzone	Veterano 2
44	Filomena Costa	00:17:07	00:35:10	00:35:10	Sporting Clube de Braga	Senior
45	Luis Almeida	00:17:00	00:35:14	00:35:13	GARMIN Clube Olimpico de Oeiras - Triatlo	Veterano 1
46	Ricardo Jorge	00:17:13	00:35:21	00:35:20	Águias de Alpiarça	Junior
47	Rodrigo Carrilho	00:17:02	00:35:25	00:35:23	Bombeiros Voluntários de Montemor-O-Novo	Senior
48	David Gomes	00:17:35	00:35:30	00:35:25		Veterano 1
49	Carlos Gomes	00:17:28	00:35:35	00:35:33	EDP-LX	Veterano 3
50	José Camacho	00:17:46	00:35:40	00:35:37	Linda-a-Pastora Sporting Clube	Senior
51	Virgílio Gomes	00:17:22	00:35:42	00:35:39		Veterano 2
52	Tiago Cochicho	00:17:46	00:35:48	00:35:35		Senior
53	Tiago Lobo	00:17:32	00:35:49	00:35:48		Senior
54	Luis Barata	00:17:36	00:36:03	00:36:00	NúcleOeiras / Sportzone	Veterano 1
55	António Silvestre	00:17:24	00:36:06	00:36:03		Veterano 2
56	Ernesto Ferreira	00:17:47	00:36:06	00:36:03	Gabinete de Fisioterapia no Desporto	Veterano 2
57	Daniela Cunha	00:17:11	00:36:09	00:36:09	Maratona Clube de Portugal	Senior
58	Jorge Teixeira	00:17:47	00:36:14	00:36:09		Veterano 2
59	Hugo Gonçalves	00:17:51	00:36:23	00:36:20	Gabinete de Fisioterapia no Desporto	Senior
60	Paulo Franco	00:17:06	00:36:25	00:36:24		Senior
61	Pedro Gaspar	00:17:12	00:36:30	00:36:29	Federação Portuguesa de Triatlo	Junior
62	Ricardo Reis	00:17:48	00:36:37	00:36:32		Senior
63	Rodrigo Baltazar	00:18:07	00:36:38	00:36:36	Charity Multisport	Senior
64	Antonio Pinheiro	00:18:22	00:36:42	00:36:39	Sociedade Recreativa Do Camarnal	Veterano 2
65	Miguel Cassiano	00:17:39	00:36:42	00:36:41	Águias de Alpiarça	Junior
66	Nuno Rebocho	00:17:47	00:36:45	00:36:43	Bombeiros Voluntários de Montemor-O-Novo	Senior
67	João Valente	00:17:53	00:36:53	00:36:49		Veterano 1
68	Manuel Mascarenhas	00:18:15	00:36:54	00:36:50		Senior
69	Bruno Salvador	00:18:08	00:36:56	00:36:53	Federação Portuguesa de Triatlo	Senior
70	Edmilson Santos	00:18:12	00:37:00	00:36:57		Veterano 3
71	António Costa	00:18:21	00:37:01	00:36:50	A.M. Atibá	Veterano 1
72	José Santos	00:17:57	00:37:12	00:37:09	ASICS	Veterano 4
73	José Heitor	00:17:56	00:37:13	00:37:11	A.M. Atibá	Veterano 4
74	Sérgio Marques	00:19:00	00:37:20	00:37:10	Charity Multisport	Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
75	Nuno Santos	00:17:58	00:37:21	00:37:19	Grupo Recreativo Cultural e Desportivo de Leião	Senior
76	André Januário	00:18:31	00:37:24	00:37:20		Senior
77	Marta Martins	00:18:10	00:37:29	00:37:28	Juventude Vidigalense	Junior
78	Cátia Santos	00:18:18	00:37:29	00:37:29	Sport Lisboa e Benfica	Junior
79	Ricardo Lanceiro	00:18:13	00:37:30	00:37:28	ASICS	Senior
80	Rui Gominho	00:18:48	00:37:32	00:37:24		Junior
81	Jorge Pereira	00:18:21	00:37:34	00:37:14		Senior
82	André Santos	00:17:56	00:37:35	00:37:32	Bombeiros Voluntários de Montemor-O-Novo	Junior
83	João Prisal	00:18:13	00:37:38	00:37:36	Rail Runners	Veterano 1
84	João Maia	00:18:15	00:37:40	00:37:36	Associação de Paraquedistas Tejo-Norte	Veterano 3
85	Francisco Matos	00:18:13	00:37:42	00:37:40		Senior
86	Marco Pinto	00:18:25	00:37:43	00:37:40		Junior
87	Rui Barbosa	00:18:46	00:37:45	00:37:36	Wikaboo	Veterano 1
88	José Borges	00:18:25	00:37:50	00:37:46	Associação de Paraquedistas Tejo-Norte	Veterano 1
89	Pedro Machado	00:19:30	00:37:55	00:37:38		Senior
90	Pedro Silva	00:18:34	00:37:56	00:37:54	SS CGD	Veterano 3
91	Ricardo Silva	00:18:01	00:38:00	00:37:58		Junior
92	Pedro Cunha	00:18:46	00:38:00	00:37:51		Veterano 4
93	João Colaço	00:18:30	00:38:01	00:37:56		Veterano 1
94	Rogério Azevedo	00:18:41	00:38:02	00:37:59	CCD Sintrense	Veterano 2
95	Rodolfo Lourenço	00:18:26	00:38:02	00:38:00	GARMIN Clube Olímpico de Oeiras	Senior
96	Ricardo Franco	00:18:32	00:38:03	00:37:56		Senior
97	Paulo Ferreira	00:18:21	00:38:04	00:38:02		Veterano 1
98	Paulo Benevente	00:18:35	00:38:06	00:37:57	CAAPP - Clube Atletismo Amigos Parque da Paz	Senior
99	Pedro Mestre	00:19:03	00:38:06	00:37:59	Netcourier Logistica	Veterano 2
100	Bart Vanderschoot	00:18:34	00:38:08	00:38:02	Clube do Stress	Veterano 3
101	Pedro Ferreira	00:18:41	00:38:09	00:38:04	Grupo Recreativo Cultural e Desportivo de Leião	Veterano 1
102	Luis Pereira	00:18:33	00:38:10	00:38:06		Veterano 3
103	Daniel Antunes	00:18:47	00:38:12	00:38:10	CML	Veterano 3
104	João Peixinho	00:18:32	00:38:13	00:38:12	Águias de Alpiarça	Junior
105	António Santos	00:18:58	00:38:16	00:38:13	Grupo Desportivo do INE (GDINE)	Veterano 4
106	Ricardo Ferreira	00:19:19	00:38:18	00:38:13		Senior
107	Sérgio Macatrão	00:19:09	00:38:20	00:38:12		Veterano 5
108	Ludgero Bruno	00:18:24	00:38:24	00:38:21	Wikaboo	Senior
109	Abílio Amado	00:18:22	00:38:27	00:38:23	NúcleOeiras / Sportzone	Senior
110	Tânia Cabral	00:18:33	00:38:28	00:38:28	GARMIN Clube Olímpico de Oeiras	Senior
111	Fernando Carmo	00:19:17	00:38:28	00:38:22		Veterano 2

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
112	Jose Filhó	00:18:41	00:38:29	00:38:25		Veterano 3
113	Ricardo Rodrigues	00:19:17	00:38:30	00:38:26		Veterano 1
114	Carlos Silva	00:19:20	00:38:36	00:38:31		Veterano 3
115	Sérgio Costa	00:19:11	00:38:37	00:38:34	Charity Multisport	Veterano 1
116	Luis Matos	00:18:56	00:38:39	00:38:35		Veterano 2
117	João Vasconcelos	00:19:04	00:38:40	00:38:36		Veterano 3
118	João Lourenço	00:18:59	00:38:49	00:38:45	NúcleOeiras / Sportzone	Veterano 3
119	Fernando Candeias	00:19:15	00:38:50	00:38:42	SS CGD	Veterano 2
120	Nuno Alves	00:19:32	00:38:51	00:38:41		Veterano 1
121	António Jourdan	00:19:31	00:38:52	00:38:50	Águias de Alpiarça	Veterano 2
122	Sérgio Santos	00:19:31	00:38:52	00:38:50	DESMOR	Veterano 2
123	Germano Silva	00:19:17	00:38:53	00:38:46		Veterano 4
124	António Lemos	00:19:30	00:38:54	00:38:47	Wikaboo	Veterano 4
125	Paulo Gomes	00:19:21	00:38:56	00:38:49	Amigos Atletismo Mafra	Veterano 2
126	António Simões	00:19:06	00:38:58	00:38:55	Grupo Desportivo e Cultural do Banco de Portugal	Veterano 2
127	Luis Ferreira	00:19:17	00:38:58	00:38:52	Run 4 Fun	Veterano 2
128	Saúl Rafael	00:19:03	00:38:58	00:38:50	ISOSTAR	Veterano 1
129	Jose Varela	00:19:13	00:39:01	00:38:57	Bombeiros Voluntários de Montemor-O-Novo	Veterano 1
130	Paulo Sequeira	00:19:21	00:39:03	00:38:56		Veterano 1
131	Bruno Pereira	00:19:44	00:39:04	00:39:02	ASICS	Veterano 1
132	Edgar Sequeira	00:19:20	00:39:06	00:39:00	Beckenham Running Club	Veterano 1
133	João Pinto	00:19:24	00:39:08	00:38:55		Veterano 1
134	Carlos Monteiro	00:19:06	00:39:08	00:38:58	Clube Grupo BES	Veterano 2
135	Luis Paulo	00:19:24	00:39:09	00:39:01	Bahia	Veterano 3
136	Luis Lourenco	00:20:12	00:39:09	00:38:59		Veterano 1
137	Henrique Venancio	00:19:21	00:39:12	00:39:04		Veterano 1
138	Gonçalo Cardoso	00:19:17	00:39:13	00:39:06	Wikaboo	Veterano 1
139	Nuno Rocha	00:19:27	00:39:20	00:39:08	Grupo Recreativo Cultural e Desportivo de Leião	Veterano 1
140	João Ferreira	00:19:14	00:39:21	00:39:17	G.D. Joaninhas de Leião	Senior
141	Carlos Cerqueira	00:19:45	00:39:22	00:39:01	C.D. Asas Millennium	Senior
142	Jorge Saruga	00:19:27	00:39:22	00:39:18		Veterano 2
143	Rodrigo Santos	00:19:34	00:39:25	00:39:21	NúcleOeiras / Sportzone	Veterano 1
144	Nuno Vicente	00:19:29	00:39:26	00:39:12		Senior
145	Helder Francisco	00:19:19	00:39:27	00:39:23		Veterano 1
146	António Dias	00:19:03	00:39:29	00:39:26	Associação de Paraquedistas Tejo-Norte	Veterano 4
147	Catarina Ferreira	00:21:52	00:39:30	00:39:25	G.D. Joaninhas de Leião	Senior
148	João Xavier	00:19:16	00:39:30	00:39:28		Veterano 1

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149	Mário Gomes	00:19:44	00:39:31	00:39:23	ASICS	Veterano 2
150	João Frias	00:19:34	00:39:32	00:39:29	Amigos Atletismo Mafra	Veterano 2
151	Luis Fernandes	00:18:52	00:39:32	00:39:29	El Corte Inglés	Senior
152	Manuel Alves	00:19:35	00:39:33	00:39:28	AC Porto Salvo	Veterano 3
153	Flávio Costa	00:19:45	00:39:34	00:39:19		Senior
154	David Maia	00:19:45	00:39:35	00:39:32	GARMIN Clube Olimpico de Oeiras	Junior
155	Manuel Figueiredo	00:19:08	00:39:38	00:39:37	Grupo Excursionista "Os Económicos"	Veterano 4
156	Ricardo Vicente	00:19:22	00:39:40	00:39:35	Sociedade Recreativa Do Camarnal	Senior
157	Pâmella Oliveira	00:19:31	00:39:41	00:39:41	DESMOR	Senior
158	Paulo Alves	00:19:43	00:39:41	00:39:35	Grupo Desportivo Imprensa Nacional Casa da Moeda	Senior
159	Paulo Oliveira	00:19:31	00:39:44	00:39:30		Veterano 2
160	João Ferreira	00:19:33	00:39:45	00:39:41		Veterano 2
161	João Silva	00:19:26	00:39:46	00:39:42		Veterano 2
162	Manuel Alexandre	00:19:36	00:39:46	00:39:32	Grupo Desportivo Ferroviários do Barreiro	Veterano 3
163	António Fortuna	00:19:18	00:39:47	00:39:42		Senior
164	Jorge Serra	00:19:32	00:39:48	00:39:46	ASICS	Veterano 3
165	Mário Duarte	00:19:20	00:39:48	00:39:43		Veterano 3
166	José Santos	00:19:29	00:39:48	00:39:43		Senior
167	Raffik Baldé	00:19:04	00:39:48	00:39:46	GARMIN Clube Olimpico de Oeiras	Senior
168	José Gordilho	00:19:32	00:39:49	00:39:46	Clube Atletismo Amigos de Belém-C.A.A.B.	Veterano 3
169	Ricardo Cabo	00:19:59	00:39:49	00:39:37		Senior
170	Rui Simões	00:19:23	00:39:50	00:39:38		Veterano 1
171	Paulo Palma	00:18:48	00:39:51	00:39:45		Senior
172	Mitos Figueira	00:18:56	00:39:51	00:39:48		Junior
173	António Adro	00:20:12	00:39:52	00:39:42	A.M. Atibá	Veterano 2
174	José Alcobia	00:20:27	00:39:53	00:39:29	CP - Clube Ferroviário de Portugal	Veterano 5
175	Sara Tenrinho	00:19:30	00:39:53	00:39:53	Federação Portuguesa de Triatlo	Junior
176	Peter Cooper	00:19:52	00:39:55	00:39:47	Clube Atletismo Amigos de Belém-C.A.A.B.	Veterano 3
177	Henrique Coelho	00:19:29	00:39:57	00:39:46	A.M. Atibá	Veterano 1
178	Nuno Pereira	00:19:45	00:39:57	00:39:51	Quintajense FC	Veterano 1
179	Carlos Jacinto	00:19:29	00:39:58	00:39:57	A.C.R. Soutos	Veterano 1
180	Alfredo Felicidade	00:20:05	00:39:59	00:39:20		Senior
181	Josue	00:19:23	00:40:03	00:40:00	Sociedade Recreativa Do Camarnal	Veterano 2
182	Olivier Delmote	00:19:57	00:40:04	00:39:56	Clube Vodafone	Veterano 1
183	Paulo Rodrigues	00:19:41	00:40:11	00:40:05		Veterano 2
184	Michael Brabant	00:19:05	00:40:13	00:40:11	ASICS	Senior
185	Jaime Figueiredo	00:19:56	00:40:14	00:40:01	CDR Águias Unidas	Veterano 3

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186	Rodrigo Silva	00:19:42	00:40:14	00:40:07	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 2
187	Adelino Rodrigues	00:19:43	00:40:16	00:40:13		Veterano 4
188	Marco Ricardo	00:19:45	00:40:17	00:40:05		Senior
189	João Rosa	00:19:46	00:40:18	00:40:09		Veterano 1
190	Ana Machado	00:18:57	00:40:22	00:40:22	GARMIN Clube Olimpico de Oeiras	Senior
191	Manuel Fernandes	00:20:30	00:40:24	00:40:00	A.C.R. Soutos	Veterano 5
192	Marcos Pereira	00:20:18	00:40:28	00:40:20		Veterano 5
193	Francisco Machado	00:19:44	00:40:29	00:40:27	Sport Lisboa e Benfica	Junior
194	Pedro Gabriel	00:19:51	00:40:32	00:40:23	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 1
195	Rui Honrado	00:19:56	00:40:34	00:40:30	Linda-a-Pastora Sporting Clube	Senior
196	Maria Frias	00:23:02	00:40:34	00:40:30	Amigos Atletismo Mafra	Veterana
197	Jorge Canteiro	00:19:46	00:40:39	00:40:31	ASICS	Veterano 2
198	Melchior Szczepanik	00:20:36	00:40:39	00:40:21		Senior
199	Luis Rosario	00:19:46	00:40:39	00:40:32	Ginasio Trapezius	Veterano 2
200	Luis Valente	00:19:31	00:40:39	00:40:35	Clube Oriental de Lisboa	Veterano 1
201	Carlos Pedro	00:19:28	00:40:40	00:40:35	Clube Oriental de Lisboa	Veterano 2
202	Gonçalo Ferreira	00:19:50	00:40:42	00:40:39	Grupo Desportivo do INE (GDINE)	Veterano 1
203	Severino Costa	00:20:05	00:40:45	00:40:35		Veterano 5
204	Rui Almeida	00:19:52	00:40:46	00:40:38	Clube Vodafone	Veterano 1
205	João Santos	00:19:32	00:40:47	00:40:43	G.D. Joaninhas de Leião	Senior
206	Vasco Marta	00:19:31	00:40:48	00:40:40		Senior
207	Gonçalo Pitarma	00:19:42	00:40:49	00:40:31		Junior
208	Tânia Alves	00:22:51	00:40:50	00:40:38	A.M. Atibá	Senior
209	Alberto Monteiro	00:20:09	00:40:51	00:40:47	Grupo Excursionista "Os Económicos"	Senior
210	Pedro Silva	00:20:31	00:40:52	00:40:12	ASICS	Veterano 1
211	José Geadá	00:19:50	00:40:52	00:40:39	Rock & Roll	Veterano 2
212	Rui Henriques	00:19:35	00:40:52	00:40:45		Senior
213	Leandro Reis	00:20:01	00:40:53	00:40:49	Amigos Atletismo Mafra	Veterano 2
214	Luis Silva	00:20:41	00:40:53	00:40:21		Senior
215	André Costa	00:19:53	00:40:55	00:40:49		Senior
216	Miguel Jacob	00:21:29	00:40:55	00:39:12		Senior
217	Paulo Palma	00:19:45	00:40:56	00:40:55	CML	Veterano 2
218	Carlos Teixeira	00:20:56	00:40:59	00:40:49		Veterano 1
219	Luis Sales	00:20:33	00:40:59	00:40:40		Veterano 1
220	Pedro Aguiar	00:20:35	00:41:03	00:40:45		Veterano 3
221	Antonio Gaspar	00:18:58	00:41:03	00:40:57	Bombeiros Voluntários de Montemor-O-Novo	Veterano 4
222	Nuno Ricardo	00:20:13	00:41:04	00:41:02	DESMOR	Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
223	Fernnado Jacinto	00:19:53	00:41:05	00:41:01	A.C.R. Soutos	Veterano 2
224	Carlos Lopes	00:20:30	00:41:05	00:40:49		Veterano 1
225	José Barros	00:20:36	00:41:05	00:40:32		Senior
226	Carlos Lopes	00:20:30	00:41:06	00:40:57	A.M. Atibá	Veterano 3
227	Pedro Vieira	00:20:32	00:41:06	00:40:31		Veterano 1
228	Rui Lopes	00:19:58	00:41:06	00:40:59	Clube Grupo BES	Veterano 5
229	Lino Santos	00:20:04	00:41:07	00:41:02	G. D. CARRIS	Veterano 3
230	João Guedes	00:20:02	00:41:11	00:41:09	GARMIN Clube Olímpico de Oeiras	Veterano 1
231	Diogo Santos	00:20:18	00:41:12	00:40:55	GARMIN Clube Olímpico de Oeiras	Junior
232	José Sousa	00:20:11	00:41:12	00:41:04	Associação de Atletismo "Lebres do Sado"	Veterano 1
233	Jorge Carvalho	00:20:36	00:41:14	00:41:03	Clube do Stress	Veterano 5
234	Raul Bicho	00:20:54	00:41:17	00:40:22	Casa do Benfica da Figueira Foz	Junior
235	Paulo Torrão	00:20:10	00:41:19	00:41:11	ASICS	Veterano 2
236	Nuno Almeida	00:19:47	00:41:19	00:41:14	GARMIN Clube Olímpico de Oeiras	Veterano 2
237	João Batista	00:20:08	00:41:20	00:41:18	Grupo Desportivo e Cultural do Banco de Portugal	Veterano 4
238	Alexandre Teixeira	00:20:19	00:41:20	00:41:13		Veterano 3
239	Antonio Guillén	00:20:24	00:41:22	00:41:13	Fondistas LLobregat	Veterano 2
240	Andreia Ferrum	00:19:57	00:41:23	00:41:23	Águias de Alpiarça	Junior
241	Pedro Silva	00:19:43	00:41:26	00:41:24		Junior
242	Germano Pires	00:20:27	00:41:27	00:41:22	gdoa	Veterano 4
243	Luisa Condeço	00:20:04	00:41:28	00:41:28	Águias de Alpiarça	Junior
244	Pedro Roxo	00:19:58	00:41:28	00:41:18		Senior
245	Sebastião Macias	00:17:02	00:41:28	00:41:27		Senior
246	Manuel Alves	00:19:26	00:41:28	00:41:25	Federação Portuguesa de Triatlo	Senior
247	Victor Carapelho	00:20:13	00:41:28	00:41:24		Veterano 3
248	Eugénio Ruivo	00:20:06	00:41:29	00:41:28	CML	Veterano 5
249	João Duarte	00:20:14	00:41:29	00:41:12		Veterano 1
250	Carlos Fernandes	00:20:24	00:41:30	00:41:25	gdoa	Veterano 3
251	Jorge Gameiro	00:20:23	00:41:31	00:41:14	A.C.R. Soutos	Veterano 4
252	Sérgio Bastinho	00:20:17	00:41:31	00:41:11		Senior
253	Pedro Farto	00:20:26	00:41:31	00:41:23		Senior
254	Vitor Marques	00:20:08	00:41:32	00:41:24	G. R. D. Ribeira da Lage	Senior
255	Marcos Santos	00:21:02	00:41:33	00:41:17	Clube Desportivo de Mafra	Senior
256	Paulo Silva	00:20:53	00:41:33	00:40:51	Holmes Place	Senior
257	Carlos Cardoso	00:20:51	00:41:34	00:41:25	Grupo Desportivo Banco BPI	Veterano 5
258	Manuel Chinita	00:20:12	00:41:34	00:41:25		Veterano 3
259	Romulo Teixeira	00:20:38	00:41:34	00:41:25	Clube Vodafone	Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
260	Emanuel Oliveira	00:20:34	00:41:36	00:41:26	Clube Grupo BES	Veterano 1
261	David Ferreira	00:20:18	00:41:36	00:41:23		Senior
262	André Novais	00:20:37	00:41:37	00:41:14		Senior
263	Fernando Lourenço	00:20:21	00:41:37	00:41:32		Veterano 2
264	Paulo Frade	00:20:24	00:41:40	00:41:29	Os Zatopeques	Veterano 2
265	Juraci Junior	00:20:34	00:41:42	00:41:35	DESMOR	Senior
266	Hernani Fernandes	00:20:31	00:41:42	00:41:29		Veterano 2
267	Nuno Pinto	00:20:23	00:41:43	00:41:34	Clube Grupo BES	Veterano 1
268	Ilídio Rodrigues	00:21:37	00:41:43	00:40:59	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 6
269	Paulo Santos	00:20:21	00:41:43	00:41:35	Peniche A.C. - Triatlo	Veterano 3
270	Joaquim Viegas	00:20:29	00:41:44	00:41:26		Veterano 3
271	Afonso Garcia	00:20:17	00:41:45	00:41:28	GARMIN Clube Olimpico de Oeiras	Junior
272	Nuno Lopes	00:20:24	00:41:45	00:41:38		Veterano 1
273	Fernando Soares	00:20:38	00:41:46	00:41:37		Veterano 1
274	João Lopes	00:21:07	00:41:49	00:41:18		Veterano 2
275	João Rodrigues	00:20:31	00:41:50	00:41:32	Bombeiros Voluntários de Montemor-O-Novo	Veterano 1
276	José Nobre	00:21:39	00:41:51	00:41:05	SFUAP	Veterano 3
277	Pedro Lima	00:20:44	00:41:51	00:41:35		Veterano 3
278	Diogo Rocha	00:20:26	00:41:54	00:41:45		Veterano 2
279	Jorge Nabais	00:20:53	00:41:55	00:41:42		Senior
280	Luciano Dantas	00:20:29	00:41:56	00:41:54	GARMIN Clube Olimpico de Oeiras	Veterano 2
281	Raquel Pedro	00:23:28	00:41:56	00:41:52		Senior
282	Vitor Marques	00:20:50	00:41:57	00:41:49		Veterano 2
283	João Andrade	00:20:10	00:41:58	00:41:51	GARMIN Clube Olimpico de Oeiras	Veterano 2
284	Raul Quaresma	00:20:06	00:41:59	00:41:54		Senior
285	Horst Lauw	00:20:12	00:42:02	00:41:57	Academia do Korpo	Veterano 2
286	Nuno Santo	00:20:01	00:42:04	00:42:00	ASICS	Veterano 2
287	Lúcia Oliveira	00:22:37	00:42:04	00:42:01	ASICS	Senior
288	Luis Ferreira	00:20:25	00:42:04	00:41:56		Veterano 2
289	Aires Pedro	00:20:42	00:42:05	00:42:01		Veterano 5
290	Pedro Gaspar	00:20:30	00:42:07	00:41:57		Veterano 3
291	Bruno Nunes	00:20:11	00:42:08	00:42:02	gdoa	Junior
292	Carlos Ferreira	00:20:50	00:42:09	00:41:58		Veterano 5
293	Paulo Guerreiro	00:21:13	00:42:11	00:42:06	Grupo de Atletismo «OS PATRICIOS»	Veterano 3
294	Filipe Carvalheiro	00:20:25	00:42:13	00:42:05		Veterano 3
295	André Jesus	00:21:26	00:42:21	00:41:47	Clube Oriental de Lisboa	Senior
296	Luís Prego	00:20:31	00:42:22	00:42:15	ASICS	Veterano 4

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
297	Carlos Fonseca	00:20:31	00:42:22	00:42:17	ASICS	Veterano 4
298	José Mouquinho	00:20:16	00:42:22	00:42:20		Veterano 1
299	Celso Gouveia	00:20:40	00:42:25	00:42:17		Veterano 2
300	Carlos Caetano	00:20:17	00:42:25	00:42:23		Veterano 1
301	Vitor Veloso	00:21:32	00:42:27	00:42:07	C.D. Asas Millennium	Veterano 1
302	Rui Romão	00:21:06	00:42:35	00:42:11		Senior
303	Nuno Varela	00:21:42	00:42:35	00:42:05	CML	Senior
304	Paulo Carmo	00:20:18	00:42:35	00:42:34	A BOLA	Veterano 1
305	Luis Marques	00:20:32	00:42:38	00:42:30		Veterano 1
306	Carlos Antunes	00:21:29	00:42:40	00:42:25	SS CGD	Veterano 1
307	Nuno Barradas	00:21:09	00:42:42	00:42:33	Wikaboo	Veterano 3
308	Nuno Aldinhas	00:20:31	00:42:43	00:42:38	Bombeiros Voluntários de Montemor-O-Novo	Senior
309	Gustavo Silva	00:20:29	00:42:44	00:42:31		Veterano 1
310	Pedro Romano	00:22:32	00:42:44	00:41:29		Senior
311	Nuno Jorge	00:21:14	00:42:45	00:42:28		Veterano 1
312	Carlos Martins	00:21:17	00:42:45	00:42:02		Veterano 1
313	Teotónio Neto	00:21:32	00:42:47	00:42:23	ADRC Mata de Benfica	Veterano 3
314	Miguel Frasquilho	00:21:16	00:42:47	00:42:30		Veterano 3
315	Carlos Ribeiro	00:20:37	00:42:49	00:42:39		Veterano 3
316	Fernando Vicente	00:21:52	00:42:51	00:42:37		Veterano 3
317	José Lopes	00:21:39	00:42:54	00:42:25	ASICS	Veterano 1
318	Ricardo Santo	00:21:16	00:42:55	00:42:40		Senior
319	José Teixeira	00:20:21	00:42:57	00:42:51	NúcleoOeiras / Sportzone	Veterano 1
320	Pedro Pires	00:21:14	00:42:58	00:42:49	Associação de Atletismo "Lebres do Sado"	Veterano 3
321	José Maio	00:21:24	00:42:59	00:42:52	AC Porto Salvo	Veterano 3
322	Luis Chaves	00:21:01	00:43:00	00:42:52		Veterano 3
323	José Melo	00:21:13	00:43:00	00:42:48	Run 4 Fun	Veterano 3
324	Manuel Borges	00:21:41	00:43:01	00:42:39		Veterano 2
325	Ricardo Canto	00:20:40	00:43:02	00:42:59	Águias de Alpiarça	Veterano 2
326	Nuno Santos	00:21:06	00:43:03	00:42:50		Veterano 1
327	Artur Botão	00:20:50	00:43:05	00:43:01	Academia do Lumiar	Veterano 2
328	José Oliveira	00:21:17	00:43:05	00:42:41	Núcleo Sportinguista São Miguel Açores	Veterano 2
329	José Seabra	00:20:54	00:43:06	00:42:57	Clube Grupo BES	Veterano 2
330	Nuno Martins	00:21:04	00:43:06	00:42:55	Grupo Desportivo do INE (GDINE)	Veterano 1
331	António Almeida	00:21:20	00:43:07	00:42:54	RB Running	Veterano 2
332	Nuno Carmo	00:21:25	00:43:07	00:43:05		Veterano 1
333	Luis Duarte	00:21:01	00:43:09	00:42:48	C.D. Asas Millennium	Veterano 1

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
334	Fernando Costa	00:21:39	00:43:11	00:42:53	Os amigos do Atletismo de Avis	Veterano 2
335	João Afonso	00:21:41	00:43:11	00:42:30		Veterano 1
336	Pedro Marques	00:21:27	00:43:13	00:43:03		Veterano 1
337	João Martins	00:22:12	00:43:14	00:42:11	Vizinhos	Senior
338	Paulo Lopes	00:20:54	00:43:16	00:42:48	Grupo Excursionista "Os Económicos"	Veterano 2
339	Diogo Rodrigues	00:21:25	00:43:17	00:42:58		Senior
340	Pedro Bueno	00:21:24	00:43:18	00:43:13	AC Porto Salvo	Veterano 2
341	Ivan Ramos	00:20:55	00:43:18	00:43:05		Senior
342	Pedro Madeira	00:21:12	00:43:19	00:43:15	GAPM	Veterano 3
343	David Faustino	00:21:39	00:43:21	00:42:45	SS CGD	Veterano 3
344	Luís Judícibus	00:21:15	00:43:21	00:42:51		Junior
345	Luis Lino	00:21:22	00:43:22	00:43:06	Clube Grupo BES	Veterano 2
346	Salvador Almeida	00:21:48	00:43:22	00:42:54		Junior
347	António Costa	00:22:18	00:43:24	00:43:06		Veterano 2
348	Nuno Coelho	00:21:28	00:43:26	00:43:18		Veterano 2
349	Carlos Candeias	00:21:35	00:43:26	00:43:14	ASICS	Veterano 2
350	Ricardo Baixinho	00:23:52	00:43:26	00:41:44	Árbitros	Senior
351	Maria Vidigueira	00:21:08	00:43:27	00:43:27	Águias de Alpiarça	Junior
352	Pompeu Aires	00:23:22	00:43:28	00:43:12		Veterano 3
353	Alberto Covas	00:21:31	00:43:29	00:43:02	Grupo Desportivo Ferroviários do Barreiro	Veterano 4
354	Justiniano Silva	00:20:45	00:43:29	00:43:20		Veterano 3
355	João Andrade	00:22:38	00:43:31	00:42:59		Veterano 3
356	João Veiga	00:21:01	00:43:31	00:43:27		Veterano 1
357	João Paixão	00:21:40	00:43:33	00:43:21	CDR Águias Unidas	Veterano 2
358	Eduardo Lagoa	00:21:51	00:43:33	00:43:12		Veterano 2
359	Bonnet Sylvain	00:21:24	00:43:33	00:43:20		Veterano 1
360	Valter Morais	00:20:51	00:43:34	00:43:20		Senior
361	José Clemente	00:22:36	00:43:34	00:42:58		Veterano 2
362	Pedro Alves	00:21:25	00:43:34	00:43:23	CCD Sintrense	Veterano 2
363	Luis Martins	00:22:00	00:43:36	00:42:56		Veterano 1
364	Sergi Rovira	00:22:32	00:43:37	00:43:29		Senior
365	Enric Ferre	00:22:32	00:43:37	00:43:29		Veterano 1
366	Eduardo Rodrigues	00:21:51	00:43:38	00:43:11		Veterano 4
367	Jose Veracruz	00:21:55	00:43:40	00:42:49	e-GAS Runners	Veterano 1
368	Dulcidio Marques	00:21:27	00:43:40	00:43:07	correr = - na farmacia	Veterano 1
369	Gaspar Laneiro	00:21:49	00:43:41	00:43:35	Multiflow	Veterano 4
370	João Pedro	00:21:00	00:43:41	00:43:39		Veterano 3

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
371	Manuel Silva	00:21:38	00:43:42	00:43:34	CML	Senior
372	José Dionísio	00:21:40	00:43:42	00:43:36	Multiflow	Veterano 3
373	Hugo Aguiar	00:20:50	00:43:43	00:43:40	Águias de Alpiarça	Veterano 1
374	José Carvalho	00:22:29	00:43:43	00:43:02		Veterano 4
375	José Gomes	00:21:57	00:43:44	00:43:41		Veterano 5
376	Arlindo Deus	00:22:14	00:43:45	00:43:11	Clube MILLENNIUMBCP	Veterano 6
377	Joao Marques	00:21:26	00:43:46	00:43:13	correr = - na farmacia	Veterano 4
378	Luís Silva	00:20:59	00:43:46	00:43:35		Senior
379	Simão Seica	00:21:26	00:43:47	00:43:30		Senior
380	António Lopes	00:21:30	00:43:48	00:43:37	Casa da Comarca de Arganil	Veterano 4
381	José Correia	00:21:58	00:43:48	00:43:27		Veterano 3
382	Helder Martinho	00:21:35	00:43:49	00:43:24		Senior
383	João Oliveira	00:21:27	00:43:50	00:43:25		Senior
384	Nuno Robalo	00:21:19	00:43:50	00:43:39		Senior
385	Pedro Cunha	00:22:26	00:43:51	00:43:19		Senior
386	André Cid	00:21:35	00:43:51	00:43:21	Sportlife	Veterano 1
387	Guilherme Godinho	00:22:26	00:43:51	00:42:57		Veterano 2
388	André Fidalgo	00:21:28	00:43:53	00:43:34		Senior
389	Nuno Forte	00:22:09	00:43:55	00:43:39	ASICS	Veterano 1
390	João Rosa	00:21:40	00:43:56	00:43:47	Clube Vodafone	Veterano 1
391	Jose Vitorino	00:21:13	00:43:58	00:43:50		Veterano 4
392	Manuel Almeida	00:22:22	00:44:01	00:43:47	Grupo Carmo	Veterano 4
393	Domingos Neto	00:22:17	00:44:02	00:43:47	Clube Desportivo de Mafra	Veterano 4
394	Fernando Lopes	00:22:02	00:44:03	00:43:38		Veterano 2
395	João Camacho	00:21:14	00:44:04	00:43:55	ISOSTAR	Senior
396	Vicente Carrasco	00:22:49	00:44:04	00:43:15		Senior
397	Fernando Mendes	00:21:58	00:44:05	00:44:01	GARMIN Clube Olimpico de Oeiras	Veterano 5
398	Marco Nunes	00:21:47	00:44:07	00:43:50		Veterano 1
399	Erica Cardigo	00:21:08	00:44:08	00:44:08	Águias de Alpiarça	Junior
400	Virgílio Oliveira	00:21:02	00:44:08	00:44:00	N. D. Amador de Pombal	Veterano 3
401	Paulo Ventura	00:22:09	00:44:09	00:43:53	ASICS	Veterano 2
402	Ricardo Silva	00:21:18	00:44:09	00:43:41		Senior
403	Rui Carvalho	00:21:34	00:44:10	00:43:54		Veterano 2
404	Peter Steinhausen	00:21:51	00:44:12	00:43:55		Veterano 5
405	Nuno Pimenta	00:22:19	00:44:13	00:43:36		Senior
406	Raul Rodrigues	00:22:02	00:44:13	00:43:54	Amigos do desporto	Veterano 4
407	Fernando Rodrigues	00:22:00	00:44:13	00:43:54	Clube MILLENNIUMBCP	Veterano 3

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
408	Carlos Sa	00:21:19	00:44:14	00:44:01		Veterano 2
409	Andrónico Duarte	00:22:02	00:44:14	00:43:55		Senior
410	Carlos Afonso	00:21:41	00:44:14	00:43:56		Veterano 4
411	Pedro Relha	00:21:42	00:44:14	00:44:01		Veterano 2
412	José Figueiredo	00:21:26	00:44:15	00:44:07		Veterano 2
413	Rui Assunção	00:21:20	00:44:15	00:44:11	GAPM	Veterano 2
414	Enzo Guidi	00:21:45	00:44:16	00:44:12	GAPM	Veterano 4
415	Eduardo Ribeiro	00:22:09	00:44:16	00:43:51		Senior
416	Pedro Mendonça	00:20:39	00:44:17	00:44:08	Clube Vodafone	Veterano 1
417	Marco Moutinho	00:22:54	00:44:18	00:43:48		Senior
418	Diogo Silva	00:23:29	00:44:21	00:42:39		Senior
419	Paulo Santos	00:22:31	00:44:21	00:43:51	GARMIN Clube Olimpico de Oeiras	Veterano 2
420	Orlando Silva	00:21:54	00:44:22	00:44:06	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 4
421	Ernestino Azevedo	00:21:55	00:44:23	00:44:10		Veterano 2
422	Sandro Jordão	00:21:34	00:44:24	00:44:18	Clube MILLENNIUMBCP	Senior
423	Alexandre Campino	00:22:31	00:44:24	00:44:04		Senior
424	Filipe Neves	00:21:56	00:44:28	00:44:14		Veterano 2
425	José Rua	00:22:11	00:44:28	00:44:04	Wikaboo	Senior
426	Jorge Paulino	00:22:37	00:44:29	00:44:12	Clube Desportivo de Mafra	Veterano 5
427	José Lopes	00:23:21	00:44:29	00:43:29	CARRIS	Veterano 3
428	Alexandre Silva	00:21:40	00:44:29	00:44:09		Senior
429	Luis Barata	00:21:39	00:44:29	00:44:17		Veterano 2
430	Rodrigo Cordeiro	00:22:40	00:44:30	00:43:46		Veterano 1
431	Pedro Deus	00:21:53	00:44:31	00:44:09		Junior
432	Rute Matos	00:24:17	00:44:31	00:44:28	ASICS	Veterana
433	Douglas Fry	00:21:50	00:44:32	00:44:20	Clube Desportivo de Mafra	Veterano 5
434	António Estrela	00:21:32	00:44:33	00:44:22	GARMIN Clube Olimpico de Oeiras	Veterano 3
435	Pedro Martinho	00:22:18	00:44:33	00:43:37		Veterano 2
436	Mario Silva	00:22:21	00:44:35	00:44:30		Veterano 3
437	Fernando Fernandes	00:21:53	00:44:36	00:44:22	APOGMA	Veterano 4
438	Paulo Figuiera	00:21:44	00:44:37	00:44:26		Veterano 3
439	German Sanchez	00:22:15	00:44:37	00:44:05		Senior
440	Arlindo Paixão	00:21:50	00:44:38	00:44:32	Restaurante «O Cartaxeiro» - Caneças	Veterano 3
441	Jose Nunes	00:21:22	00:44:40	00:44:34	gdoa	Veterano 2
442	Nuno Antunes	00:21:56	00:44:40	00:44:25		Veterano 2
443	Julio Ferreira	00:22:01	00:44:41	00:44:31	Clube Grupo BES	Veterano 5
444	Nuno Pereira	00:22:27	00:44:41	00:43:52		Veterano 1

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
445	Luis Monteiro	00:22:02	00:44:41	00:44:30	Clube Grupo BES	Veterano 2
446	Nuno Evangelista	00:21:25	00:44:42	00:44:34		Senior
447	Bruno Pereira	00:21:54	00:44:43	00:44:35		Senior
448	Ricardo Enguiça	00:21:21	00:44:43	00:44:31		Senior
449	Nuno Domingues	00:23:36	00:44:44	00:43:19	Casa do Benfica da Figueira Foz	Veterano 1
450	Fátima Santos	00:24:28	00:44:45	00:44:42	ASICS	Veterana
451	Luís Novo	00:22:43	00:44:45	00:44:12	El Corte Inglês	Veterano 1
452	Luis Aguiar	00:22:27	00:44:46	00:44:31		Veterano 1
453	Fernando Gaspar	00:22:52	00:44:47	00:44:14		Veterano 3
454	António Gonçalves	00:23:13	00:44:47	00:44:11	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 3
455	António Peixoto	00:21:52	00:44:48	00:44:30	El Corte Inglês	Veterano 2
456	Tiago Varanda	00:22:54	00:44:50	00:44:21		Veterano 1
457	Abilio Catarro	00:21:25	00:44:51	00:44:46	Bombeiros Voluntários de Montemor-O-Novo	Veterano 5
458	José Sousa	00:22:23	00:44:51	00:44:45	AC Porto Salvo	Veterano 6
459	Gonçalo Dinis	00:22:28	00:44:51	00:44:27	Clube MILLENNIUMBCP	Junior
460	Francisco Cunha	00:21:52	00:44:52	00:44:51	Núcleo Sportinguista São Miguel Açores	Veterano 3
461	Pedro Marinho	00:21:56	00:44:53	00:44:48		Veterano 2
462	João Fulgêncio	00:22:21	00:44:54	00:44:21		Senior
463	José Fachadas	00:22:06	00:44:56	00:44:47		Veterano 2
464	Carlos Gregório	00:22:32	00:44:57	00:44:32		Veterano 5
465	Ricardo Bexiga	00:23:05	00:44:57	00:44:20		Veterano 1
466	Pedro Ferreira	00:22:31	00:44:58	00:44:37	CUN Boston	Veterano 1
467	Tomás Borrvalho	00:22:50	00:44:58	00:43:58		Junior
468	Carlos Loureiro	00:22:05	00:44:58	00:44:50		Veterano 1
469	Jessica Blackwood	00:25:13	00:44:58	00:44:05		Senior
470	Heitor Cardoso	00:22:36	00:44:59	00:44:51	Clube Atletismo Amigos de Belém-C.A.A.B.	Veterano 3
471	Carlos Sousa	00:21:57	00:44:59	00:44:51		Veterano 4
472	Francisco Remédios	00:22:04	00:44:59	00:44:34	Esc. Sec. Caneças	Veterano 3
473	Jorge Calmeiro	00:23:09	00:45:00	00:44:26	Clube MILLENNIUMBCP	Veterano 3
474	Baar Jacques	00:21:45	00:45:00	00:44:53		Veterano 2
475	Gonçalo Santos	00:22:35	00:45:00	00:44:26		Senior
476	Paulo Pais	00:22:01	00:45:01	00:44:42	Clube MILLENNIUMBCP	Veterano 3
477	Fernando Luz	00:22:31	00:45:01	00:44:50		Veterano 2
478	Mário Lúcio	00:22:21	00:45:02	00:44:51		Veterano 3
479	José Mestre	00:22:12	00:45:03	00:44:52	CDR Águias Unidas	Veterano 6
480	Francisco Calçada	00:21:53	00:45:04	00:44:57	ASICS	Veterano 3
481	Joao Cabecas	00:22:34	00:45:04	00:44:28		Veterano 2

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
482	Jorge Pina	00:22:09	00:45:05	00:44:44		Veterano 1
483	Mário Amaro	00:22:19	00:45:05	00:45:00		Veterano 2
484	Aurélio Afonso	00:23:55	00:45:06	00:43:19		Veterano 1
485	Paulo Louro	00:22:39	00:45:07	00:44:23		Veterano 3
486	António Pedro	00:22:54	00:45:08	00:44:43		Veterano 2
487	João Miranda	00:23:15	00:45:08	00:44:32	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 4
488	Paulo Paredes	00:22:10	00:45:08	00:44:58	Associação de Atletismo "Lebres do Sado"	Veterano 1
489	Joceline Antunes	00:24:51	00:45:08	00:44:57	A.M. Atibá	Veterana
490	Celso Santos	00:22:11	00:45:09	00:44:59		Senior
491	José Maçarria	00:23:49	00:45:09	00:43:44	Casa do Benfica da Figueira Foz	Veterano 4
492	Ricardo Tavares	00:23:06	00:45:10	00:44:41		Senior
493	João Henriques	00:21:52	00:45:11	00:44:49		Junior
494	José Gomes	00:24:10	00:45:12	00:43:25	Árbitros	Senior
495	Rui Carreira	00:22:22	00:45:12	00:45:05	A.C.R. Soutos	Veterano 3
496	Pedro Proença	00:23:55	00:45:12	00:43:26	Árbitros	Veterano 2
497	Herbert Beaumont	00:22:12	00:45:13	00:44:49	O Mundo da Corrida	Veterano 4
498	Carlos D'água	00:22:01	00:45:13	00:45:01	Rail Runners	Veterano 1
499	António Maurício	00:22:47	00:45:13	00:44:44		Veterano 6
500	Armindo Santos	00:22:02	00:45:13	00:45:05	Igreja Unificação	Veterano 4
501	João Afonso	00:22:37	00:45:14	00:44:55		Veterano 2
502	Guilherme Gonçalves	00:22:01	00:45:14	00:45:09	CP - Clube Ferroviário de Portugal	Veterano 4
503	Luís Albuquerque	00:22:12	00:45:15	00:45:02	ASICS	Veterano 2
504	Nuno Vieira	00:21:24	00:45:15	00:45:08		Senior
505	António Santos	00:22:35	00:45:15	00:44:31		Veterano 2
506	Luis Constante	00:23:03	00:45:16	00:44:43		Veterano 2
507	Bento Palma	00:22:35	00:45:16	00:44:57		Veterano 1
508	Carla Martins	00:24:43	00:45:16	00:45:12	NúcleOeiras / Sportzone	Veterana
509	Sérgio Santos	00:23:02	00:45:17	00:44:28	Sportlife	Veterano 1
510	Bruno Dinis	00:22:57	00:45:18	00:44:33		Veterano 1
511	Margarida Marinho	00:26:12	00:45:18	00:44:30	Clube MILLENNIUMB	Senior
512	Tiago Correia	00:21:18	00:45:19	00:44:59		Senior
513	Tiago Avelas	00:22:11	00:45:19	00:45:01	SS CGD	Veterano 1
514	Antonio Braga	00:22:52	00:45:21	00:44:57	Clube MILLENNIUMB	Veterano 4
515	Joaquim Frade	00:22:50	00:45:22	00:44:59	SS CGD	Veterano 5
516	Pedro Pereira	00:23:19	00:45:22	00:44:34	Wikaboo	Senior
517	Eduardo Rodrigues	00:22:03	00:45:22	00:45:16		Veterano 4
518	Jorge Pinheiro	00:22:48	00:45:23	00:45:09	Run 4 Fun	Veterano 3

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
519	José Teigão	00:23:03	00:45:25	00:43:44	El Corte Inglês	Senior
520	Simon Shinn	00:22:25	00:45:26	00:45:06		Senior
521	Vasco Dias	00:22:43	00:45:26	00:45:21		Veterano 2
522	Nuno Laurentino	00:22:44	00:45:27	00:45:22		Veterano 1
523	Nuno Cunha	00:21:55	00:45:27	00:45:06		Veterano 1
524	Pedro Reis	00:22:41	00:45:27	00:45:08		Veterano 2
525	Jorge Pereira	00:23:36	00:45:28	00:44:49	Clube Grupo BES	Veterano 5
526	Paulo Brito	00:22:11	00:45:28	00:45:07		Veterano 1
527	João Borrega	00:22:30	00:45:28	00:45:10	Clube Grupo BES	Veterano 3
528	Carlos Neves	00:22:16	00:45:29	00:45:15		Veterano 2
529	João Saldanha	00:22:17	00:45:29	00:45:15		Veterano 2
530	João Marques	00:24:06	00:45:29	00:45:12		Veterano 3
531	Sandro Marques	00:22:25	00:45:29	00:45:02	Vector Mais	Veterano 2
532	Gilberto Andrade	00:22:52	00:45:32	00:45:16		Veterano 2
533	Carlos Nabiça	00:23:37	00:45:32	00:44:54	Clube Grupo BES	Veterano 3
534	Jorge Morgado	00:22:23	00:45:33	00:45:16		Veterano 4
535	Gonçalo Melo	00:22:19	00:45:34	00:45:20		Veterano 3
536	Paulo Mourão	00:21:57	00:45:35	00:45:32		Veterano 4
537	Miguel San-payo	00:22:31	00:45:35	00:45:22	Run 4 Fun	Veterano 3
538	Ana Sobreira	00:25:22	00:45:36	00:45:28		Veterana
539	Manuel Correia	00:23:26	00:45:36	00:45:08		Veterano 1
540	Pedro Cordeiro	00:22:36	00:45:38	00:45:29		Veterano 2
541	Jorge Godinho	00:23:18	00:45:41	00:45:13		Veterano 3
542	Bruno Delgado	00:22:37	00:45:41	00:45:09		Senior
543	Nuno Rodrigues	00:21:41	00:45:41	00:45:35	Clube MILLENNIUMBOP	Veterano 2
544	Joaquim Ferrão	00:22:57	00:45:42	00:45:21	Grupo Desportivo e Cultural do Banco de Portugal	Veterano 4
545	Eliseu Almeida	00:22:33	00:45:42	00:45:10		Veterano 6
546	Pedro Costa	00:23:30	00:45:43	00:45:03		Veterano 1
547	Pedro Patricio	00:22:52	00:45:43	00:45:26		Veterano 5
548	José Mira	00:23:06	00:45:44	00:45:23	C.D. Asas Millennium	Veterano 5
549	José Panóias	00:22:43	00:45:44	00:45:24		Veterano 5
550	José Oliveira	00:22:04	00:45:44	00:45:37	Ginasio Trapezius	Veterano 5
551	José Agapito	00:23:01	00:45:45	00:45:30		Veterano 3
552	Diogo Borges	00:22:56	00:45:45	00:44:58	CP - Clube Ferroviário de Portugal	Junior
553	André Branco	00:22:11	00:45:45	00:45:41	Pernas de Gafanhoto	Veterano 1
554	Nuno Tempera	00:22:41	00:45:45	00:45:38	Run 4 Fun	Veterano 2
555	Filipe Santos	00:21:43	00:45:47	00:45:33		Junior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
556	Luis Pereira	00:23:19	00:45:47	00:45:33		Veterano 2
557	Rodrigo Pinho	00:22:45	00:45:48	00:45:35	CCD Sintrense	Veterano 3
558	Carlos Marina	00:22:45	00:45:49	00:45:36	CCD Sintrense	Veterano 1
559	Óscar Oliveira	00:21:50	00:45:49	00:45:39	Os Zatopeques	Veterano 3
560	Eduardo Ferreira	00:23:09	00:45:50	00:45:15	Clube MILLENNIUMBCP	Veterano 1
561	Francisco Sanches-Osório	00:22:34	00:45:50	00:45:37	Run 4 Fun	Veterano 3
562	Nuno Marques	00:22:33	00:45:50	00:45:38	Run 4 Fun	Veterano 2
563	Pedro Cunha	00:22:18	00:45:52	00:45:31		Veterano 2
564	Sérgio Soares	00:23:57	00:45:53	00:44:24		Veterano 1
565	Luis Fortunato	00:21:57	00:45:54	00:45:34		Senior
566	Sergio Luis	00:23:03	00:45:54	00:45:28		Veterano 1
567	Dominique Gomis	00:26:21	00:45:57	00:45:12	CARRIS	Veterana
568	Antonio Gonçalves	00:22:53	00:45:57	00:45:31		Veterano 4
569	Ana Silva	00:40:59	00:45:58	00:45:04	Banco BPI	Senior
570	Paulo Luz	00:22:49	00:45:58	00:45:02	Banco BPI	Veterano 3
571	Pedro Filipe	00:22:33	00:45:59	00:45:50	Clube Atletismo Amigos de Belém-C.A.A.B.	Senior
572	Hugo Silva	00:21:51	00:45:59	00:45:54		Senior
573	Francisco Madeira	00:22:49	00:46:00	00:45:36		Veterano 3
574	Mário Carvalho	00:22:54	00:46:00	00:45:54	C.D. Asas Millennium	Veterano 5
575	Valdemar Silva	00:22:47	00:46:01	00:45:06		Veterano 1
576	José Forte	00:22:34	00:46:02	00:45:48	REPORTPRO	Veterano 4
577	Pedro Lourenço	00:22:14	00:46:03	00:45:54	Clube Vodafone	Veterano 2
578	Jose Costa	00:23:24	00:46:03	00:45:29		Veterano 3
579	Luis Mendes	00:22:05	00:46:03	00:45:51		Veterano 1
580	Fausto Isaac	00:23:09	00:46:03	00:45:58	ASICS	Veterano 2
581	Frederico Costa	00:22:48	00:46:03	00:45:36		Veterano 1
582	Manuel Peras	00:22:28	00:46:04	00:45:50		Veterano 5
583	Manuel Fonseca	00:22:21	00:46:05	00:45:57	Associação de Atletismo "Lebres do Sado"	Veterano 3
584	Luis Mendes	00:23:11	00:46:06	00:45:23		Veterano 1
585	Silvio Paiva	00:23:09	00:46:08	00:45:52	Clube Grupo BES	Veterano 6
586	Bruno Neves	00:22:46	00:46:08	00:45:52		Veterano 1
587	Roberto Martin	00:23:11	00:46:09	00:45:51		Senior
588	Ricardo Silva	00:21:55	00:46:10	00:46:06		Veterano 1
589	Tiago Martins	00:21:52	00:46:10	00:46:08		Senior
590	Tomás Gonçalves	00:22:41	00:46:11	00:45:40		Senior
591	Jorge Canelhas	00:22:26	00:46:11	00:45:40	GARMIN Clube Olímpico de Oeiras	Veterano 1
592	Rui Pereira	00:23:15	00:46:12	00:45:43	Grupo Desportivo Ferroviários do Barreiro	Veterano 1

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
593	Paulo Santos	00:22:48	00:46:13	00:45:47		Veterano 3
594	Orlando Martins	00:22:58	00:46:15	00:46:04		Veterano 5
595	João Gonçalves	00:22:55	00:46:15	00:46:03		Veterano 1
596	Joaquim Silva	00:23:26	00:46:16	00:45:45		Veterano 2
597	José Monteiro	00:21:53	00:46:17	00:46:00	Grupo Desportivo e Cultural do Banco de Portugal	Veterano 5
598	Fernando Gonçalves	00:22:58	00:46:18	00:46:06	GDCT UNICRE	Veterano 2
599	Antonio Soares	00:23:08	00:46:18	00:45:53		Veterano 3
600	João Pereira	00:22:44	00:46:18	00:46:02		Veterano 3
601	Rui Carriço	00:22:59	00:46:19	00:46:03		Senior
602	Luís Roque	00:23:18	00:46:19	00:45:56	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 2
603	Severo Melo	00:23:37	00:46:19	00:46:00		Veterano 3
604	Pedro Esteves	00:22:47	00:46:21	00:45:41		Veterano 1
605	Rui Julião	00:24:21	00:46:22	00:46:00	Georunners	Veterano 3
606	Jorge Paulo	00:22:30	00:46:23	00:46:08	Run 4 Fun	Veterano 4
607	Miguel Sousa	00:23:39	00:46:23	00:45:58	Wikaboo	Veterano 4
608	Artur Correia	00:23:05	00:46:25	00:45:52		Veterano 1
609	Francisco Caldeira	00:22:44	00:46:26	00:46:10	Grupo Desportivo do INE (GDINE)	Veterano 1
610	Manuel Francisco	00:22:06	00:46:28	00:46:20	Sociedade Recreativa Do Camarnal	Veterano 4
611	Jorge Gonçalves	00:22:06	00:46:28	00:46:21	Sociedade Recreativa Do Camarnal	Veterano 2
612	Carlos Coelho	00:22:53	00:46:29	00:46:14		Veterano 4
613	João Capinha	00:23:24	00:46:29	00:45:48		Veterano 5
614	Manuel Robalo	00:23:35	00:46:30	00:45:59		Veterano 6
615	José Carretas	00:23:25	00:46:30	00:46:06		Veterano 3
616	Luis Rocha	00:23:07	00:46:31	00:46:09		Veterano 2
617	Vitor Maneta	00:22:55	00:46:31	00:46:24	C.D. Asas Millennium	Veterano 4
618	João Chung	00:23:46	00:46:31	00:45:23	Chungs	Senior
619	Carlos Ferreira	00:23:18	00:46:32	00:46:13		Veterano 4
620	Andre Fernandes	00:23:09	00:46:32	00:46:07		Veterano 1
621	Ricardo Pereira	00:22:29	00:46:33	00:46:07	El Corte Inglês	Veterano 1
622	Miguel Pinho	00:23:27	00:46:35	00:45:56	Holmes Place	Veterano 2
623	Claudia Davo	00:25:59	00:46:35	00:45:55		Senior
624	Bruno Raposeira	00:23:59	00:46:35	00:45:26		Senior
625	Henrique Costa	00:23:02	00:46:35	00:46:14		Veterano 4
626	Nuno Roque	00:24:07	00:46:35	00:44:48		Veterano 1
627	Tiago Ramos	00:23:23	00:46:36	00:46:13	CML	Veterano 1
628	Luis Grilo	00:23:12	00:46:37	00:46:12	Wikaboo	Junior
629	António Simplício	00:24:18	00:46:37	00:45:58		Veterano 1

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
630	Bernardo Falcao	00:22:32	00:46:38	00:46:13		Junior
631	Rui Santos	00:23:22	00:46:38	00:46:11		Senior
632	Fernando Andrade	00:23:01	00:46:39	00:46:21	ASICS	Veterano 5
633	Nuno Santos	00:23:42	00:46:39	00:46:17		Veterano 2
634	Agostinho Carricho	00:22:10	00:46:39	00:46:33	C.D. Asas Millennium	Veterano 5
635	Paulo Reis	00:23:24	00:46:39	00:46:19		Veterano 2
636	João Antunes	00:23:07	00:46:39	00:46:10		Veterano 2
637	Joaquim Varanda	00:23:17	00:46:41	00:46:20	gdoa	Veterano 3
638	Armando Correia	00:22:53	00:46:42	00:46:06	Sporting Clube de Casainhos	Senior
639	Alexandra Alves	00:25:22	00:46:42	00:46:31	CCD Sintrense	Veterana
640	João Sequeira	00:24:16	00:46:43	00:46:06	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 3
641	Daniel Vilabril	00:24:05	00:46:45	00:46:06		Senior
642	Miguel Gomes	00:24:13	00:46:45	00:45:55		Veterano 2
643	José Pinto	00:23:10	00:46:46	00:45:56	Amigos do desporto	Veterano 6
644	Tiago Coelho	00:22:39	00:46:46	00:46:30	Grupo Desportivo Ferroviários do Barreiro	Senior
645	Joaquim Bacalhau	00:22:51	00:46:47	00:46:36		Veterano 5
646	Rui Araujo	00:23:19	00:46:47	00:46:24	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 4
647	Francisco Martins	00:23:32	00:46:47	00:46:02	Centro Clínico de São Lucas	Senior
648	João Nascimento	00:23:13	00:46:48	00:46:27		Veterano 3
649	Pedro Gonçalves	00:23:03	00:46:48	00:46:40		Veterano 5
650	Fernando Marques	00:23:00	00:46:49	00:46:37	Clube Pessoal EDP Carregado	Veterano 6
651	Marcelo Vieira	00:23:05	00:46:49	00:46:36	Rock & Roll	Veterano 2
652	Telmo Coelho	00:23:42	00:46:49	00:46:32		Veterano 1
653	Mário Filipe	00:22:20	00:46:50	00:46:44		Veterano 2
654	Manuel Bento	00:23:10	00:46:50	00:46:13	Sporting Clube de Casainhos	Veterano 1
655	Sérgio Pereira	00:23:28	00:46:50	00:46:09		Veterano 1
656	José Magalhães	00:23:04	00:46:51	00:46:37	Run 4 Fun	Veterano 2
657	Rui Silva	00:23:20	00:46:52	00:46:19		Veterano 1
658	Jorge Matos	00:22:58	00:46:52	00:46:42	Associação de Paraquedistas Tejo-Norte	Veterano 2
659	Paulo Patrício	00:22:32	00:46:54	00:46:31		Veterano 2
660	Glauco Louzada	00:22:51	00:46:54	00:46:35		Senior
661	Manuel Ferreira	00:23:40	00:46:54	00:46:27	Grupo Desportivo Ferroviários do Barreiro	Veterano 5
662	Carla Calçada	00:25:35	00:46:55	00:46:47	ASICS	Veterana
663	Ricardo Dias	00:24:22	00:46:55	00:45:47		Senior
664	Ivane Santos	00:25:55	00:46:55	00:46:15		Veterana
665	Jorge Rodrigues	00:22:45	00:46:55	00:46:46		Senior
666	Germano Matos	00:24:03	00:46:57	00:46:14	Linda-a-Pastora Sporting Clube	Veterano 6

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
667	José Morais	00:23:23	00:46:59	00:46:24	Holmes Place	Veterano 2
668	Nuno Rijo	00:23:23	00:46:59	00:46:25		Veterano 1
669	António Duarte	00:23:38	00:46:59	00:46:22	Clube do Stress	Veterano 6
670	Silvino Martins	00:23:16	00:46:59	00:46:38		Veterano 6
671	José Mota	00:23:54	00:47:01	00:46:36	Wikaboo	Veterano 4
672	Ismael Teixeira	00:23:14	00:47:01	00:46:42	Centro Clínico de São Lucas	Senior
673	Sérgio Wiezbicki	00:22:51	00:47:02	00:46:58		Veterano 4
674	Antero Martins	00:23:56	00:47:03	00:46:09		Junior
675	Antero Martins	00:24:14	00:47:03	00:46:09		Veterano 2
676	Carlos Santos	00:22:39	00:47:03	00:46:57		Veterano 5
677	Vitor Lourenço	00:23:59	00:47:04	00:46:39		Veterano 1
678	Herberto Monteiro	00:23:04	00:47:04	00:46:59		Veterano 2
679	Sérgio Pereira	00:22:57	00:47:04	00:46:26	CARRIS	Veterano 4
680	Filipe Nogueira	00:24:05	00:47:06	00:46:01		Veterano 2
681	Vítor Rafael	00:22:27	00:47:07	00:47:03	ASICS	Veterano 3
682	Duarte Delgado	00:21:59	00:47:08	00:46:44		Junior
683	Ricardo Damião	00:24:35	00:47:08	00:45:59		Veterano 1
684	Carlos Morais	00:23:34	00:47:09	00:46:42	Amigos Atletismo Mafra	Veterano 3
685	Luís Conceição	00:23:27	00:47:10	00:46:57		Veterano 4
686	Pedro Silva	00:23:57	00:47:10	00:46:44		Veterano 1
687	Cecília Nicolau	00:26:08	00:47:10	00:46:56	Associação de Atletismo "Lebres do Sado"	Veterana
688	Nuno Costa	00:23:50	00:47:10	00:46:31	Associação de Paraquedistas Tejo-Norte	Veterano 1
689	Custódio Elias	00:22:38	00:47:11	00:46:40	GARMIN	Veterano 1
690	Eugénia Barrio	00:22:28	00:47:11	00:47:05	El Corte Inglés	Veterano 3
691	Pedro Marques	00:24:32	00:47:13	00:46:45		Veterano 3
692	Nuno Calvo	00:24:00	00:47:13	00:46:37	Run4Water	Veterano 1
693	Egídio Silva	00:23:04	00:47:14	00:46:42	SS CGD	Veterano 3
694	João Faustino	00:23:24	00:47:14	00:46:49		Veterano 1
695	Gonçalo Almeida	00:24:00	00:47:15	00:46:47		Senior
696	Pedro Carvalho	00:24:00	00:47:15	00:46:46		Veterano 3
697	Ebrima Bayo	00:22:07	00:47:16	00:46:58	Grupo Excursionista "Os Económicos"	Senior
698	Alexandre Mateus	00:23:34	00:47:18	00:46:52		Veterano 1
699	Pedro Falcato	00:23:45	00:47:19	00:47:02	Rail Runners	Veterano 1
700	Hugo Ribeiro	00:24:28	00:47:20	00:45:33	Árbitros	Senior
701	Hugo Miguel	00:24:16	00:47:20	00:45:33	Árbitros	Senior
702	Paulo Louro	00:23:47	00:47:22	00:46:58	Grupo Desportivo Ferroviários do Barreiro	Veterano 2
703	Paulo Faria	00:24:21	00:47:22	00:46:43		Veterano 3

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
704	Carlos Esteves	00:23:25	00:47:22	00:46:56		Veterano 2
705	Ricardo Chung	00:24:29	00:47:22	00:46:44		Veterano 1
706	Abel Pina	00:24:14	00:47:23	00:46:56		Veterano 3
707	Pedro Moreira	00:22:37	00:47:23	00:47:11	Grupo Desportivo do INE (GDINE)	Veterano 1
708	Nuno Costa	00:23:31	00:47:23	00:47:08		Veterano 1
709	Miguel Colaço	00:23:32	00:47:24	00:47:16	CML	Veterano 3
710	João Soares	00:22:51	00:47:24	00:47:11	Familia	Veterano 2
711	José Serra	00:23:26	00:47:25	00:47:00		Veterano 4
712	Gonçalo Faria	00:23:12	00:47:25	00:46:53		Senior
713	José Gonçalves	00:23:51	00:47:25	00:46:54	TRI GO	Senior
714	José Santos	00:24:31	00:47:26	00:46:51	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 2
715	Manuel Gonçalves	00:23:31	00:47:27	00:47:07	Grupo de Atletismo «OS PATRICIOS»	Veterano 6
716	João Branco	00:23:18	00:47:27	00:47:15		Senior
717	Carlos Rodrigues	00:23:19	00:47:27	00:47:01	Amigos Atletismo Mafra	Veterano 5
718	Pedro Marques	00:23:41	00:47:27	00:47:09		Veterano 2
719	Sergio Santos	00:22:44	00:47:28	00:47:10		Veterano 1
720	Rodrigo Serra	00:24:16	00:47:29	00:46:34		Veterano 1
721	Joaquim Coelho	00:23:13	00:47:33	00:47:20	CCD Sintrense	Veterano 6
722	Bruno Maciel	00:23:35	00:47:33	00:46:32		Senior
723	Paulo Sousa	00:25:14	00:47:34	00:46:32	Clube MILLENNIUMBCP	Veterano 3
724	Francisco Pereira	00:24:17	00:47:35	00:46:57		Veterano 2
725	Jorge Oliveira	00:24:43	00:47:36	00:46:45		Veterano 4
726	Pedro Rodrigues	00:22:50	00:47:36	00:47:21		Veterano 1
727	Miguel Bastos	00:23:16	00:47:37	00:47:21	Grupo Desportivo do INE (GDINE)	Veterano 3
728	José Pinto	00:24:05	00:47:39	00:46:40		Veterano 5
729	Claire Monroy	00:26:45	00:47:39	00:47:13	Run 4 Fun	Senior
730	Ricardo Morgado	00:24:48	00:47:40	00:46:01		Senior
731	Alvaro Furtado	00:24:53	00:47:42	00:47:11	SS CGD	Veterano 4
732	Pedro Ferreira	00:23:00	00:47:42	00:47:14		Senior
733	Jose Alves	00:24:58	00:47:42	00:46:33	SS CGD	Veterano 6
734	Tam Afonso	00:23:53	00:47:44	00:47:36	ASICS	Veterano 5
735	Amílcar Póvoa	00:23:09	00:47:44	00:47:43	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 6
736	Paulo Mateus	00:23:44	00:47:44	00:46:56		Veterano 3
737	João Costa	00:23:21	00:47:44	00:47:27		Veterano 3
738	Antonio Rebelo	00:25:13	00:47:45	00:46:08		Veterano 2
739	António Valente	00:23:29	00:47:45	00:47:35		Veterano 1
740	Alberto Carvalho	00:24:05	00:47:45	00:47:14	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 4

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
741	Luís Pires	00:24:05	00:47:45	00:47:14	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 2
742	Fidélido Ferreira	00:22:30	00:47:46	00:47:30		Veterano 1
743	Luciano Pereira	00:24:21	00:47:47	00:46:45		Veterano 4
744	Miguel Valente	00:24:24	00:47:48	00:47:28		Veterano 1
745	Rui Dias	00:24:25	00:47:48	00:47:27		Veterano 4
746	Adriano Gominho	00:24:07	00:47:48	00:47:23		Veterano 3
747	João Sousa	00:23:24	00:47:49	00:47:38		Veterano 3
748	Avelino Piçarra	00:23:42	00:47:49	00:47:30		Veterano 6
749	Antonio Dias	00:23:53	00:47:50	00:47:30		Veterano 4
750	Nuno Ferreira	00:23:59	00:47:51	00:47:08		Senior
751	António Quintelas	00:24:27	00:47:53	00:47:19		Veterano 1
752	Rui Machado	00:23:59	00:47:53	00:47:28		Veterano 4
753	Mário Rodrigues	00:23:03	00:47:54	00:47:51	ASICS	Veterano 2
754	Joao Rosa	00:23:38	00:47:54	00:47:32		Senior
755	Eduardo Rodrigues	00:23:21	00:47:55	00:47:40		Veterano 2
756	João Boim	00:24:26	00:47:55	00:47:03	sempre a fugir...	Veterano 1
757	Paulo Marcos	00:22:48	00:47:55	00:47:41		Veterano 2
758	Minne Bouma	00:25:00	00:47:56	00:47:45		Veterano 1
759	Craig Beatty	00:25:00	00:47:57	00:47:46		Senior
760	Rui Canteiro	00:23:34	00:47:58	00:47:33	ASICS	Veterano 1
761	Ricardo Neiva	00:25:12	00:47:59	00:46:50		Veterano 2
762	Américo Santos	00:23:06	00:47:59	00:47:44		Veterano 2
763	Paulo Braga	00:23:22	00:48:01	00:47:54		Veterano 3
764	João Rupio	00:24:17	00:48:04	00:47:23		Veterano 1
765	Miguel Pereira	00:24:58	00:48:05	00:46:38		Senior
766	Urbano Salgueiro	00:23:23	00:48:05	00:47:54	O Mundo da Corrida	Veterano 1
767	António Gonçalves	00:25:04	00:48:07	00:47:24		Senior
768	José Resende	00:23:47	00:48:07	00:47:50	Rail Runners	Veterano 1
769	Hugo Lampreia	00:23:56	00:48:08	00:47:29		Veterano 1
770	Alberto Cordeiro	00:24:39	00:48:09	00:47:47		Veterano 1
771	Gustavo Bachi	00:24:31	00:48:10	00:47:25		Veterano 1
772	Carlos Borrego	00:24:31	00:48:10	00:47:25		Veterano 1
773	Jorge Aguiar	00:24:39	00:48:10	00:47:07	Atletas de Peso	Veterano 3
774	António Baptista	00:23:33	00:48:11	00:48:04	Pelegas	Veterano 3
775	António Gaspar	00:24:12	00:48:11	00:47:57	Gaspar	Veterano 2
776	Bruno Afonso	00:23:43	00:48:11	00:47:08		Senior
777	Abilio Monteiro	00:24:27	00:48:12	00:47:44		Veterano 6

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
778	Paulo Gonçalves	00:23:46	00:48:12	00:47:54	Clube Grupo BES	Veterano 2
779	Fernando Andrade	00:24:06	00:48:13	00:47:32	Linda-a-Pastora Sporting Clube	Veterano 6
780	Ana Ferreira	00:27:17	00:48:15	00:46:45		Senior
781	Yourik Rodrigues	00:25:52	00:48:16	00:46:51		Senior
782	Jorge Morgado	00:23:20	00:48:16	00:48:08		Veterano 3
783	Daniel Delgado	00:23:27	00:48:17	00:48:00		Senior
784	Carlos Moreira	00:24:08	00:48:17	00:47:54	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 5
785	Paulo Pesssoa	00:24:36	00:48:18	00:48:12	ASICS	Veterano 3
786	Ricardo Arraias	00:24:33	00:48:18	00:47:39		Veterano 1
787	Rui Martins	00:24:33	00:48:18	00:47:38		Senior
788	Bruno Sá	00:24:35	00:48:19	00:47:09		Senior
789	Queluntam Turé	00:23:33	00:48:20	00:47:11		Veterano 3
790	Bento Quaresma	00:24:04	00:48:20	00:47:46	Linda-a-Pastora Sporting Clube	Veterano 1
791	Sérgio Balixa	00:24:19	00:48:20	00:47:53		Veterano 1
792	Luís Leite	00:23:36	00:48:21	00:48:02		Veterano 1
793	Hugo Valério	00:25:18	00:48:21	00:47:29		Veterano 1
794	Miguel Velez	00:24:47	00:48:21	00:47:20	CML	Veterano 3
795	Alexandra Vicente	00:27:21	00:48:21	00:47:20	Vizinhos	Senior
796	Pedro Sousa	00:24:20	00:48:21	00:47:43	ASICS	Senior
797	João Palmela	00:24:02	00:48:21	00:47:40	Run 4 Fun	Veterano 2
798	Carlos Ferreira	00:24:08	00:48:22	00:48:11	Clube AUTOCOOPE	Veterano 4
799	João Fernando	00:23:28	00:48:23	00:47:37	Centro Clínico de São Lucas	Veterano 1
800	Luis Polido	00:24:26	00:48:23	00:47:56		Veterano 1
801	Rodolfo Rapaz	00:23:43	00:48:24	00:47:50		Veterano 2
802	Marco Henriques	00:24:25	00:48:25	00:47:50		Senior
803	Carlos Pinto	00:23:57	00:48:26	00:47:54		Veterano 1
804	Fernando Vicente	00:22:16	00:48:26	00:48:24		Veterano 4
805	Ricardo Franco	00:24:00	00:48:26	00:48:04		Veterano 1
806	Paulo Palma	00:24:30	00:48:26	00:48:02	Grupo Desportivo do INE (GDINE)	Veterano 2
807	Pedro Vieira	00:24:04	00:48:27	00:48:06		Senior
808	Rui Martins	00:24:29	00:48:28	00:48:00		Veterano 2
809	Nuno Moleiro	00:23:37	00:48:30	00:48:09		Senior
810	Pedro Dias	00:24:26	00:48:30	00:48:09	gdoa	Veterano 1
811	António Marques	00:24:52	00:48:30	00:47:55		Veterano 1
812	Miguel Azevedo	00:24:46	00:48:31	00:47:22		Veterano 2
813	José Conde	00:24:52	00:48:31	00:47:55		Veterano 2
814	Jose Marques	00:22:38	00:48:31	00:48:27	Bombeiros Voluntários de Montemor-O-Novo	Veterano 3

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
815	Rui Belo	00:24:06	00:48:31	00:47:50		Veterano 1
816	Vitor Cunha	00:24:56	00:48:31	00:46:34	Wikaboo	Veterano 2
817	Nuno Furtado	00:25:35	00:48:32	00:47:13		Veterano 1
818	Nuno Martins	00:24:31	00:48:32	00:48:05		Veterano 1
819	Miguel Lopes	00:23:10	00:48:33	00:48:27	C.D. Asas Millennium	Veterano 1
820	Diogo Lima	00:24:44	00:48:33	00:47:50		Senior
821	Paulino Pacheco	00:24:49	00:48:33	00:47:17		Veterano 5
822	José Correia	00:23:46	00:48:33	00:48:23		Veterano 4
823	Joao Matos	00:25:38	00:48:34	00:47:49		Senior
824	Gonçalo Amorim	00:24:04	00:48:35	00:47:54		Senior
825	Miguel Mateus	00:24:04	00:48:35	00:47:54		Senior
826	José Fachada	00:24:30	00:48:35	00:48:11		Veterano 5
827	João Pereira	00:24:49	00:48:36	00:48:18	Associação de Paraquedistas Tejo-Norte	Veterano 1
828	Paulo Justo	00:24:48	00:48:36	00:48:18	Associação de Paraquedistas Tejo-Norte	Veterano 1
829	Jorge Apolinario	00:24:31	00:48:36	00:48:04	Lá Vão ... de Almeirim	Veterano 2
830	Paulo Santos	00:23:46	00:48:38	00:48:22		Veterano 2
831	Susana Louro	00:26:26	00:48:38	00:48:31		Senior
832	Nelson Dias	00:23:59	00:48:39	00:48:03	Sporting Clube de Casainhos	Senior
833	Luís Paisana	00:23:17	00:48:39	00:48:33	Academia do Korpo	Veterano 1
834	João Cunha	00:25:15	00:48:40	00:47:46		Veterano 3
835	Rosa Carita	00:25:53	00:48:40	00:48:34	CCD Sintrense	Veterana
836	Maria Zacarias	00:39:39	00:48:41	00:47:02		Veterana
837	Joao Simoes	00:24:25	00:48:41	00:48:24		Senior
838	Carla Adro	00:26:33	00:48:42	00:48:31	A.M. Atibá	Veterana
839	Miguel Castillo	00:24:43	00:48:44	00:48:14		Senior
840	João Gomes	00:24:29	00:48:46	00:48:28		Veterano 2
841	Edgar Geadá	00:25:15	00:48:46	00:48:01		Veterano 3
842	André Pato	00:25:03	00:48:46	00:47:41	Atletas de Peso	Veterano 1
843	Joao Crujo	00:25:06	00:48:48	00:48:03		Veterano 1
844	Paulo Cravo	00:25:03	00:48:49	00:48:37	GARMIN	Veterano 2
845	Carlos Dinis	00:24:34	00:48:50	00:48:25	Clube MILLENNIUMBOP	Veterano 3
846	José Correia	00:24:21	00:48:51	00:48:30	El Corte Inglés	Veterano 2
847	Joaquim Viana	00:25:04	00:48:52	00:47:51		Veterano 3
848	Rui Chambel	00:24:13	00:48:53	00:48:23	Grupo Desportivo Ferroviários do Barreiro	Veterano 1
849	Daniel Santos	00:24:35	00:48:53	00:47:58		Veterano 1
850	Teresa Afonso	00:27:20	00:48:53	00:48:36		Senior
851	Rafael Franco	00:23:02	00:48:54	00:48:48	El Corte Inglés	Veterano 5

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
852	José Ribeiro	00:23:52	00:48:54	00:48:32		Senior
853	António Costa	00:25:35	00:48:55	00:48:13		Veterano 3
854	Manuel Machado	00:23:17	00:48:55	00:48:28	Grupo Recreativo Cultural e Desportivo de Leião	Veterano 2
855	Rui Moreira	00:23:16	00:48:55	00:48:28	Grupo Recreativo Cultural e Desportivo de Leião	Senior
856	Diogo Gamito	00:23:11	00:48:55	00:48:37		Veterano 2
857	Pedro Cruz	00:24:38	00:48:56	00:47:48	Gallo	Veterano 3
858	Lourenço Menezes	00:24:26	00:48:56	00:48:27		Veterano 2
859	Manuel Russo	00:25:15	00:48:57	00:48:23	Lá Vão ... de Almeirim	Veterano 6
860	Manuel Saraiva	00:24:20	00:48:57	00:48:39	Os amigos do Atletismo de Avis	Veterano 4
861	Paulo Santos	00:24:54	00:48:57	00:48:03		Veterano 3
862	Damião Santos	00:23:55	00:48:57	00:48:31		Veterano 1
863	João Rafael	00:24:52	00:48:58	00:48:15	Gym Runners	Veterano 2
864	Hugo Pinto	00:25:12	00:48:58	00:48:52	CML	Veterano 1
865	João Martins	00:25:12	00:48:58	00:48:12	Holmes Place	Veterano 3
866	Vitor Oliveira	00:24:32	00:48:59	00:48:20		Veterano 1
867	António Quaresma	00:24:05	00:48:59	00:48:25	Linda-a-Pastora Sporting Clube	Veterano 1
868	Ricardo Vinagre	00:24:38	00:49:00	00:48:26	Lá Vão ... de Almeirim	Senior
869	Paulo Barreira	00:23:56	00:49:01	00:48:28	Grupo Recreativo Cultural e Desportivo de Leião	Veterano 1
870	Bruno Carrilho	00:24:30	00:49:01	00:48:23		Veterano 1
871	Joao Hebil	00:23:43	00:49:01	00:48:43		Veterano 4
872	Herculano Domingues	00:23:46	00:49:01	00:48:50	A.M. Atibá	Veterano 5
873	Eulália Almeida	00:26:22	00:49:01	00:48:31	GARMIN	Veterana
874	Luis Carapeto	00:24:14	00:49:02	00:48:20		Senior
875	Pedro Conceição	00:24:22	00:49:02	00:48:19		Veterano 1
876	Rita Manso	00:27:00	00:49:02	00:48:26	ASICS	Veterana
877	Francisco Pereira	00:24:20	00:49:03	00:48:56	ASICS	Veterano 2
878	Carlos Souto	00:24:19	00:49:03	00:48:26	ASICS	Veterano 3
879	Oscar Vidiella	00:24:35	00:49:04	00:48:28		Senior
880	Americo Costa	00:24:32	00:49:04	00:48:40	TECNOSPIE, SA	Veterano 4
881	Manuel Brites	00:24:55	00:49:05	00:48:48	A.C.R. Soutos	Veterano 5
882	Francisco Bando	00:24:57	00:49:05	00:48:32		Veterano 6
883	Luis Almeida	00:24:27	00:49:05	00:48:29	Centro Comunitário de Linda-a-Velha	Veterano 4
884	Carlos Silva	00:23:52	00:49:06	00:48:44		Veterano 2
885	Manuel Pereira	00:25:28	00:49:06	00:48:05		Veterano 5
886	Luis Carvalho	00:24:15	00:49:07	00:48:38		Veterano 1
887	Luis Pereira	00:24:39	00:49:07	00:48:53	Clube ANACOM	Veterano 3
888	Vitor Peneda	00:28:43	00:49:08	00:48:19	Holmes Place	Veterano 1

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
889	Paulo Caetano	00:25:24	00:49:08	00:48:20	Clube MILLENNIUMBCP	Veterano 2
890	Sandro Pinto	00:23:37	00:49:08	00:48:42		Veterano 1
891	Paulo Guedes	00:24:49	00:49:09	00:48:22	GARMIN Clube Olimpico de Oeiras	Veterano 4
892	Rita Mantua	00:27:26	00:49:09	00:48:22		Veterana
893	António Inglês	00:25:05	00:49:09	00:48:27		Veterano 4
894	Ricardo Batista	00:25:42	00:49:10	00:48:14		Senior
895	Telmo Dourado	00:24:22	00:49:10	00:48:12		Veterano 1
896	Miguel Judas	00:24:23	00:49:10	00:48:11		Veterano 1
897	Carlos Silva	00:24:13	00:49:10	00:48:43		Veterano 3
898	Nuno Pereira	00:23:56	00:49:11	00:49:08	ASICS	Veterano 2
899	Luis Cocco	00:24:42	00:49:11	00:48:31	Holmes Place	Veterano 2
900	José Costa	00:24:42	00:49:11	00:48:31	Holmes Place	Veterano 2
901	Marta Leão	00:27:50	00:49:11	00:47:52	Clube MILLENNIUMBCP	Senior
902	Carlos Dias	00:25:05	00:49:12	00:48:24		Veterano 4
903	João Silva	00:24:51	00:49:12	00:48:26		Veterano 2
904	Luis Amorim	00:24:51	00:49:12	00:48:51		Veterano 2
905	Luís Rosa	00:25:18	00:49:13	00:48:41		Veterano 3
906	Luis Garcia	00:23:58	00:49:14	00:48:54		Veterano 3
907	José Filipe	00:24:19	00:49:14	00:48:52	CML	Veterano 3
908	Carlos Rangel	00:24:34	00:49:15	00:48:53		Veterano 5
909	Jorge Fernandes	00:24:29	00:49:16	00:48:52		Veterano 3
910	Ricardo Ribeiro	00:23:22	00:49:16	00:49:05		Senior
911	Maria Figueira	00:27:03	00:49:16	00:48:53	ASICS	Senior
912	Reinaldo Figueira	00:24:27	00:49:17	00:48:53	ASICS	Veterano 6
913	Gustavo Évora	00:25:16	00:49:17	00:48:48		Veterano 3
914	Carlos Benavente	00:24:20	00:49:18	00:48:39		Veterano 4
915	Paulo Pinto	00:23:47	00:49:19	00:48:59	Clube MILLENNIUMBCP	Veterano 3
916	José Duarte	00:24:49	00:49:19	00:48:56		Veterano 3
917	Jacinto Pereira	00:24:59	00:49:19	00:48:43	Centro Comunitário de Linda-a-Velha	Veterano 4
918	Renato Loureiro	00:24:16	00:49:19	00:48:55		Veterano 2
919	João Fonseca	00:25:07	00:49:20	00:48:37		Veterano 2
920	Nuno Castro	00:23:18	00:49:20	00:48:49		Senior
921	Ricardo Coelho	00:25:40	00:49:20	00:48:38	SS CGD	Veterano 2
922	Ricardo Almeida	00:24:11	00:49:20	00:48:54		Veterano 1
923	Pedro Leandro	00:24:13	00:49:21	00:48:54		Veterano 2
924	Miguel Guerra	00:24:02	00:49:21	00:49:00	Cruz & Guerra	Veterano 1
925	José Mariano	00:24:30	00:49:21	00:49:16	SFUAP	Veterano 3

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
926	Ines Parente	00:26:43	00:49:23	00:49:19		Veterana
927	Ana Almeida	00:27:16	00:49:23	00:48:54		Senior
928	Nuno Jorge	00:24:42	00:49:24	00:49:03		Senior
929	Miguel Valverde	00:25:49	00:49:25	00:48:51		Veterano 2
930	Nuno Santos	00:26:06	00:49:25	00:47:53	Sporting Clube de Casainhos	Senior
931	Jorge Pires	00:25:57	00:49:25	00:48:33		Veterano 5
932	Joaquim Pinto	00:25:58	00:49:26	00:48:32		Veterano 4
933	Julie Chatelain	00:27:52	00:49:27	00:48:27		Senior
934	Mário Silva	00:25:15	00:49:27	00:48:27		Veterano 1
935	João Benevente	00:24:52	00:49:27	00:49:04	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 5
936	Nuno Epifânio	00:25:01	00:49:27	00:49:00		Veterano 1
937	Paulo Peters	00:23:44	00:49:28	00:49:13		Veterano 3
938	José Vieira	00:24:37	00:49:28	00:49:22	ASICS	Senior
939	Bruno Martiniano	00:24:32	00:49:29	00:48:56		Veterano 1
940	João Morgado	00:23:20	00:49:29	00:49:15		Veterano 2
941	José Escudero	00:24:05	00:49:30	00:48:59		Senior
942	Luis Reis	00:24:03	00:49:30	00:48:55	Clube MILLENNIUMBGP	Veterano 2
943	José Cavaco	00:26:11	00:49:33	00:49:08	ASICS	Veterano 4
944	Ricardo Fonseca	00:24:33	00:49:33	00:48:57	Grupo Desportivo CIMPOR	Senior
945	Filipe Côte-real	00:25:38	00:49:35	00:49:00		Veterano 3
946	Jorge Fradique	00:25:02	00:49:36	00:49:09		Veterano 4
947	Domingos Janela	00:24:15	00:49:36	00:49:16		Veterano 6
948	Gonçalo Barradas	00:24:54	00:49:36	00:48:56		Veterano 1
949	Arlindo Santos	00:25:22	00:49:37	00:48:57		Veterano 3
950	Luis Jesus	00:24:41	00:49:37	00:49:19	SS CGD	Veterano 2
951	Carlos Monteiro	00:24:59	00:49:37	00:48:58		Veterano 4
952	Eduardo Ramos	00:25:32	00:49:37	00:48:53		Junior
953	Miguel Vinagre	00:25:43	00:49:38	00:48:55		Veterano 1
954	Fernando Ribeiro	00:24:43	00:49:40	00:48:59		Veterano 3
955	Jose Justo	00:25:26	00:49:40	00:48:56		Veterano 3
956	Jose Andrade	00:24:26	00:49:40	00:49:20	gdoa	Veterano 3
957	Rui Ferreira	00:24:43	00:49:40	00:49:34	El Corte Inglés	Veterano 2
958	Pedro Lopes	00:24:17	00:49:41	00:49:18		Veterano 2
959	Fernando Fernandes	00:24:32	00:49:42	00:49:03		Veterano 2
960	Luis Santos	00:24:53	00:49:42	00:49:16	Associação de Atletismo "Lebres do Sado"	Veterano 3
961	Gonçalo Silva	00:24:21	00:49:43	00:48:56		Senior
962	Luis Azevedo	00:23:31	00:49:43	00:49:38		Veterano 3

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
963	Manuel António	00:24:11	00:49:43	00:49:23	Rail Runners	Veterano 2
964	José Roseiro	00:25:16	00:49:43	00:48:57		Veterano 4
965	Rui Frango	00:25:38	00:49:43	00:49:05	GARMIN Clube Olímpico de Oeiras	Veterano 3
966	Andre Ramos	00:25:17	00:49:43	00:49:20	El Corte Inglés	Junior
967	Pedro Gouveia	00:23:38	00:49:44	00:49:39		Veterano 1
968	Tomás Pina	00:24:47	00:49:45	00:49:07		Veterano 2
969	Carlos Santos	00:24:56	00:49:45	00:48:54	Grupo Desportivo do INE (GDINE)	Veterano 2
970	Miguel Alves	00:25:41	00:49:46	00:48:58		Veterano 1
971	Pedro Pinto	00:25:06	00:49:49	00:49:28	Os Indomáveis	Veterano 6
972	Jose Bonito	00:23:47	00:49:50	00:49:13	Wikaboo	Veterano 2
973	Dennis Teixeira	00:24:26	00:49:51	00:49:22		Veterano 1
974	Antonio Reis	00:25:09	00:49:51	00:49:35	Amigos Atletismo Mafra	Veterano 5
975	Helder Palhas	00:25:30	00:49:51	00:49:09		Veterano 1
976	Antonio Correia	00:24:47	00:49:52	00:49:32		Veterano 3
977	Felix Lopes	00:24:59	00:49:53	00:48:44		Veterano 1
978	Pedro Trabucho	00:25:10	00:49:53	00:49:00		Veterano 3
979	João Pereira	00:24:42	00:49:54	00:48:48		Veterano 2
980	Pedro Queiróz	00:26:19	00:49:54	00:49:00		Senior
981	Vitor Candeias	00:25:29	00:49:55	00:49:18		Veterano 1
982	Paula Ventura	00:27:38	00:49:55	00:49:42	Clube Vodafone	Veterana
983	José Finuras	00:24:52	00:49:55	00:49:32		Veterano 2
984	Gonçalo Martins	00:25:39	00:49:55	00:49:21		Veterano 2
985	João Pereira	00:25:12	00:49:57	00:49:30	EIRAGYM	Veterano 3
986	António Prelhaz	00:25:29	00:49:58	00:49:21		Veterano 3
987	Carlos Grego	00:24:58	00:49:58	00:49:23		Veterano 2
988	Jose Lopes	00:25:29	00:49:59	00:49:01		Veterano 3
989	Jorge Crespo	00:25:29	00:49:59	00:48:56		Senior
990	José Gonçalves	00:23:35	00:50:00	00:49:42	Clube Grupo BES	Veterano 3
991	Maria Movilha	00:28:03	00:50:02	00:49:39	SS CGD	Veterana
992	Rodrigo Costeira	00:25:08	00:50:02	00:48:40		Senior
993	Rafael Pinto	00:25:00	00:50:04	00:48:40		Junior
994	Vitor Sequeira	00:24:35	00:50:05	00:49:44	El Corte Inglés	Veterano 2
995	Carlos Caetano	00:25:06	00:50:07	00:49:37	CML	Veterano 1
996	Rui Santos	00:24:30	00:50:07	00:49:36		Veterano 2
997	Eduardo Correia	00:25:21	00:50:08	00:49:39		Veterano 3
998	Luis Neves	00:24:32	00:50:10	00:50:00		Veterano 4
999	Amadeu Ramos	00:25:49	00:50:10	00:49:41		Veterano 3

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1000	Amável Luz	00:25:41	00:50:11	00:49:37		Veterano 4
1001	Nuno Fernandes	00:24:44	00:50:11	00:49:31		Veterano 1
1002	Jorge Carreiras	00:25:28	00:50:12	00:49:32		Veterano 3
1003	Luis Tavares	00:25:02	00:50:12	00:49:16	El Corte Inglés	Senior
1004	João Fernandes	00:26:07	00:50:13	00:49:06		Senior
1005	Vera Coutinho	00:27:31	00:50:13	00:49:38		Senior
1006	Miguel Costa	00:25:20	00:50:13	00:49:32	ASICS	Senior
1007	Rui Sardinheiro	00:25:02	00:50:14	00:49:37	Águias de Alpiarça	Veterano 3
1008	Luía Murteira	00:24:29	00:50:14	00:49:57		Veterano 2
1009	Frederic Serre	00:25:36	00:50:14	00:49:04	Os Zatopeques	Veterano 2
1010	Alexandre Costa	00:23:48	00:50:15	00:50:05	Clube Vodafone	Veterano 1
1011	João Vintém	00:24:55	00:50:17	00:49:48		Veterano 2
1012	Miguel Mota	00:23:54	00:50:18	00:49:57		Veterano 2
1013	Miguel Rodrigues	00:25:00	00:50:19	00:49:24		Veterano 3
1014	Vasco Ribeiro	00:25:45	00:50:20	00:48:23	Wikaboo	Senior
1015	João Lourenço	00:24:00	00:50:20	00:50:02		Veterano 3
1016	Eduardo Jorge	00:25:47	00:50:20	00:49:30		Veterano 1
1017	David Lima	00:26:08	00:50:20	00:49:14		Senior
1018	Vítor Dias	00:22:50	00:50:21	00:50:15	Amigos do desporto	Veterano 3
1019	Joaquim Guerreiro	00:25:11	00:50:21	00:50:10	ASICS	Veterano 4
1020	António Basso	00:24:17	00:50:21	00:50:03		Veterano 2
1021	Óscar Rodrigues	00:25:12	00:50:21	00:50:09	ASICS	Veterano 6
1022	Manuel Nascimento	00:24:24	00:50:22	00:49:51	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 5
1023	Luis Santos	00:26:22	00:50:22	00:48:36		Veterano 2
1024	Henrique Pereira	00:26:06	00:50:23	00:49:34		Veterano 1
1025	Júlio Robalo	00:25:13	00:50:23	00:50:08	Grupo Desportivo do INE (GDINE)	Veterano 3
1026	Sadiq Kassamo	00:23:56	00:50:23	00:49:57		Veterano 1
1027	Vasco Silva	00:26:06	00:50:24	00:49:24		Veterano 1
1028	Nuno Lopes	00:25:15	00:50:26	00:49:49	Clube do Stress	Veterano 2
1029	Vítor Antunes	00:26:51	00:50:26	00:49:18	CML	Veterano 5
1030	João Ferreira	00:25:36	00:50:26	00:49:57	Vector Mais	Veterano 1
1031	Joaquim Damas	00:24:21	00:50:26	00:50:11		Veterano 5
1032	Leonel Pires	00:26:23	00:50:27	00:48:51		Veterano 6
1033	Iker Zaldua	00:26:29	00:50:28	00:49:00		Senior
1034	Raquel Madeira	00:27:55	00:50:29	00:50:05		Senior
1035	Frederico Brito	00:22:58	00:50:29	00:50:11		Senior
1036	Carlos Luis	00:22:54	00:50:29	00:50:24		Veterano 2

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1037	Luis Afonso	00:25:39	00:50:30	00:50:11	Jaf	Veterano 2
1038	João Franco	00:25:40	00:50:31	00:49:53		Veterano 5
1039	Hugo Gonçalves	00:24:06	00:50:31	00:50:00	TRI GO	Senior
1040	Jorge Augusto	00:24:55	00:50:32	00:49:30	BilaRunners	Veterano 1
1041	Duarte Teixeira	00:24:56	00:50:32	00:49:31	BilaRunners	Senior
1042	Nuno Pinto	00:23:02	00:50:32	00:50:07	Os Carroças	Senior
1043	Francisco Rodrigues	00:24:58	00:50:33	00:49:13	Sportlife	Veterano 1
1044	Rodrigo Martins	00:24:28	00:50:33	00:50:28		Veterano 1
1045	José Silva	00:24:59	00:50:33	00:49:58	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 5
1046	Roland Hopkinson	00:26:39	00:50:33	00:49:21		Veterano 3
1047	Felix Cuenca	00:25:41	00:50:34	00:49:35	El Corte Inglés	Veterano 5
1048	Mario Romão	00:24:35	00:50:34	00:50:13	Clube MILLENNIUMBGP	Veterano 1
1049	Bernardo Barreto	00:23:33	00:50:35	00:50:04		Senior
1050	Duarte Almeida	00:24:41	00:50:35	00:50:05	GARMIN	Veterano 2
1051	Andreia Ponte	00:27:27	00:50:36	00:50:18		Senior
1052	Jorge Lemos	00:25:39	00:50:37	00:49:34		Veterano 2
1053	Rui Matos	00:25:31	00:50:37	00:50:10		Senior
1054	Carlos Silva	00:26:52	00:50:38	00:49:09		Senior
1055	João Catarino	00:25:03	00:50:38	00:49:45		Veterano 1
1056	Carlos Marques	00:26:17	00:50:39	00:49:35	Linda-a-Pastora Sporting Clube	Veterano 6
1057	Rui Melo	00:25:44	00:50:39	00:49:56		Veterano 2
1058	João Costa	00:26:05	00:50:39	00:49:25		Senior
1059	Antonio Martinho	00:25:00	00:50:40	00:50:00		Veterano 3
1060	Carlos Siva	00:25:44	00:50:40	00:50:26		Veterano 1
1061	João Gomes	00:24:49	00:50:41	00:50:07	Grupo Desportivo Banco BPI	Senior
1062	Antonio Carpinteiro	00:25:24	00:50:41	00:50:20	SS CGD	Veterano 6
1063	Diogo Caldas	00:25:56	00:50:41	00:49:34		Veterano 1
1064	Mário Ramos	00:25:13	00:50:41	00:50:17		Veterano 4
1065	Jesus Tuya	00:25:42	00:50:41	00:50:10		Veterano 1
1066	Paulo França	00:25:14	00:50:42	00:49:56	GDCT UNICRE	Veterano 3
1067	Cedric Fournier	00:24:08	00:50:42	00:50:21		Veterano 2
1068	Rui Pinto	00:27:06	00:50:42	00:49:08		Senior
1069	João Baptista	00:26:11	00:50:43	00:49:33		Veterano 3
1070	Pedro Henriques	00:25:56	00:50:44	00:49:50	e-GAS Runners	Veterano 1
1071	Paulo Azevedo	00:25:06	00:50:44	00:50:20	EIRAGYM	Veterano 2
1072	José Raposo	00:26:40	00:50:44	00:49:24		Veterano 2
1073	Jose Bagina	00:25:21	00:50:45	00:49:42		Veterano 2

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1074	Tomás Sousa	00:25:35	00:50:46	00:49:50	Os Super	Veterano 1
1075	José Almeida	00:24:55	00:50:47	00:50:13		Veterano 2
1076	Carlos Neves	00:25:43	00:50:47	00:49:39		Veterano 2
1077	Fernando Guerreiro	00:24:37	00:50:48	00:50:32		Veterano 1
1078	Pedro Fonseca	00:25:39	00:50:48	00:49:46		Senior
1079	Vítor Silva	00:25:18	00:50:51	00:50:31		Veterano 4
1080	Augusto Lourenço	00:25:48	00:50:51	00:50:28	Clube MILLENNIUMBCP	Veterano 3
1081	César Ribeiro	00:26:24	00:50:51	00:49:53		Veterano 1
1082	Fernando Almeida	00:24:57	00:50:51	00:50:33	Clube MILLENNIUMBCP	Veterano 2
1083	Fernando Mendes	00:26:25	00:50:51	00:49:53		Veterano 4
1084	Sérgio Costa	00:26:01	00:50:52	00:49:37	Ninjas da Estrada	Senior
1085	João Antunes	00:26:10	00:50:52	00:49:55		Veterano 5
1086	Luís Rosa	00:24:50	00:50:52	00:50:44	Clube Atletismo Amigos de Belém-C.A.A.B.	Veterano 5
1087	Nuno Crespo	00:24:29	00:50:52	00:50:35		Veterano 1
1088	Nuno Pinto	00:26:18	00:50:53	00:49:56		Veterano 1
1089	Manuel Balata	00:25:38	00:50:53	00:50:14		Veterano 6
1090	António Almeida	00:26:12	00:50:54	00:49:35		Veterano 3
1091	Mário Lima	00:26:12	00:50:54	00:49:36	O Mundo da Corrida	Veterano 5
1092	Teresa Palma	00:27:48	00:50:54	00:50:15		Veterana
1093	André Guerreiro	00:26:11	00:50:54	00:49:49		Junior
1094	Hugo Carradinha	00:24:05	00:50:55	00:50:14		Senior
1095	Paulo Silva	00:25:32	00:50:55	00:50:25		Veterano 3
1096	Carlos Correia	00:25:17	00:50:55	00:50:34	Grupo Excursionista "Os Económicos"	Veterano 1
1097	Paulo Lourenço	00:26:03	00:50:55	00:49:24		Senior
1098	Arlindo Brás	00:24:25	00:50:56	00:50:49	Amigos da Estrela	Veterano 3
1099	Fernando Baeta	00:24:54	00:50:56	00:50:25	construtenis	Veterano 2
1100	Raimundo Moutinho	00:25:37	00:50:56	00:50:26	Vector Mais	Veterano 3
1101	Tiago Sousa	00:27:33	00:50:56	00:49:45		Senior
1102	José Catita	00:25:27	00:50:56	00:50:41	GARMIN Clube Olimpico de Oeiras	Veterano 4
1103	Bohdan Bodyanchuk	00:25:49	00:50:57	00:49:34		Senior
1104	Tiago Vaz	00:26:20	00:50:57	00:49:13	Atleta Digital	Senior
1105	António Ferreira	00:25:34	00:50:57	00:50:15		Veterano 4
1106	Angelo Silva	00:25:34	00:50:58	00:49:58		Veterano 6
1107	Barros Costa	00:26:00	00:50:58	00:50:11	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 5
1108	Joao Batista	00:25:37	00:50:58	00:50:35		Veterano 5
1109	Paulo Fernandes	00:25:59	00:50:58	00:50:12	Associação de Atletismo "Lebres do Sado"	Veterano 1
1110	António Simões	00:27:16	00:50:58	00:50:13		Veterano 4

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1111	Hugo Costeira	00:25:31	00:50:59	00:49:36		Senior
1112	Pedro Quartin	00:25:43	00:50:59	00:50:12		Veterano 1
1113	Jose Nogueira	00:25:37	00:51:00	00:50:36		Veterano 4
1114	Joao Reis	00:25:31	00:51:00	00:50:27		Veterano 6
1115	Albert Pallas	00:25:20	00:51:00	00:50:38		Veterano 2
1116	Pedro Almeida	00:25:49	00:51:01	00:50:04		Veterano 1
1117	Nuno Espanha	00:25:24	00:51:01	00:50:16	Centro Clínico de São Lucas	Senior
1118	Guillermo Hunter	00:25:33	00:51:02	00:49:49		Senior
1119	Gisele Braun	00:28:09	00:51:02	00:49:51		Senior
1120	Fábio Pereira	00:24:58	00:51:04	00:50:28		Junior
1121	Pedro Fontes	00:25:37	00:51:05	00:50:31		Veterano 3
1122	Pedro Castro	00:24:53	00:51:06	00:50:43		Veterano 1
1123	Tiago Dionisio	00:24:23	00:51:06	00:50:30	ASICS	Veterano 1
1124	Alexandre Livério	00:25:20	00:51:08	00:50:21		Veterano 1
1125	Luis Moura	00:27:05	00:51:10	00:49:49		Veterano 1
1126	Agostinho Pinto	00:25:41	00:51:10	00:50:51	Bombeiros Voluntários de Montemor-O-Novo	Veterano 5
1127	Jorge Sebastião	00:26:07	00:51:13	00:50:30		Veterano 1
1128	Luis Amorim	00:25:42	00:51:14	00:50:39		Veterano 4
1129	José Silva	00:25:19	00:51:14	00:50:58		Veterano 2
1130	Hugo Venancio	00:24:42	00:51:14	00:50:57	SS CGD	Senior
1131	Joao Costa	00:25:51	00:51:15	00:50:39		Veterano 1
1132	Carlos Morita	00:25:45	00:51:15	00:50:31		Veterano 2
1133	Manuel Barros	00:25:39	00:51:16	00:50:56	Clube ANACOM	Veterano 4
1134	Francisco Alves	00:25:11	00:51:16	00:50:24		Junior
1135	José Freitas	00:24:23	00:51:18	00:50:26	Associação Águas Livres de Caneças	Senior
1136	Nuno Pires	00:25:58	00:51:19	00:50:58		Veterano 1
1137	Alfredo Falcão	00:24:31	00:51:19	00:51:05		Veterano 3
1138	Humberto Serpa	00:25:24	00:51:21	00:50:56	Serpa e Palma	Veterano 5
1139	Carlos Rodrigues	00:25:47	00:51:21	00:50:55		Veterano 4
1140	José Lopes	00:26:13	00:51:22	00:50:14		Veterano 5
1141	Rui Margarido	00:27:17	00:51:22	00:49:53	Equipa	Senior
1142	Arnaldo Sebastiao	00:25:25	00:51:22	00:50:50		Veterano 4
1143	Manuel Correia	00:25:30	00:51:23	00:50:28	Clube Vodafone	Veterano 4
1144	Joaquim Dias	00:27:24	00:51:24	00:50:11		Veterano 1
1145	Ricardo Silva	00:28:00	00:51:24	00:50:10		Veterano 1
1146	Nuno Gonçalves	00:25:03	00:51:25	00:50:47	GARMIN Clube Olimpico de Oeiras	Veterano 1
1147	Carlos Pereira	00:26:24	00:51:25	00:50:07		Veterano 6

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1148	Carlos Pires	00:25:56	00:51:25	00:50:32		Veterano 1
1149	Fernando Pires	00:26:17	00:51:27	00:50:19		Veterano 2
1150	Francisco Neves	00:25:40	00:51:28	00:50:35		Junior
1151	Paulo Fonseca	00:26:43	00:51:28	00:50:16		Veterano 2
1152	Luis Damião	00:26:35	00:51:29	00:50:21		Veterano 2
1153	André Carvalho	00:24:36	00:51:29	00:50:52		Veterano 2
1154	Paula Rodrigues	00:28:11	00:51:30	00:51:07		Veterana
1155	Fernando Azevedo	00:27:16	00:51:30	00:50:43	CCD SR Saúde de Lisboa	Veterano 5
1156	Manuel Teixeira	00:27:16	00:51:30	00:50:43	CCD SR Saúde de Lisboa	Veterano 5
1157	Jeremias Ribeiro	00:26:03	00:51:30	00:51:18		Veterano 6
1158	João Pereira	00:26:21	00:51:31	00:50:15		Junior
1159	José Rijo	00:27:17	00:51:31	00:50:44	CCD SR Saúde de Lisboa	Veterano 6
1160	Eduardo Vega	00:26:58	00:51:32	00:49:39		Veterano 3
1161	Álvaro Santos	00:27:18	00:51:32	00:50:36		Veterano 1
1162	Sergey Bizyaev	00:26:28	00:51:32	00:50:12		Veterano 3
1163	Manuel Faria	00:25:53	00:51:33	00:50:50		Veterano 4
1164	Rui Rodrigues	00:24:39	00:51:33	00:51:18	Charity Multisport	Veterano 3
1165	Pedro Silva	00:25:55	00:51:34	00:50:41		Veterano 2
1166	José Correia	00:25:48	00:51:34	00:50:49	Clube Veteranos de Lis Leiria	Veterano 6
1167	Miguel Mendes	00:27:15	00:51:35	00:50:23		Veterano 5
1168	Peter Coito	00:25:24	00:51:36	00:50:48	Climemma	Veterano 2
1169	Filipa Pegarinhos	00:27:21	00:51:37	00:51:30		Senior
1170	António Veiga	00:25:48	00:51:39	00:51:05	Os amigos do Atletismo de Avis	Veterano 6
1171	Manuel Clemente	00:25:57	00:51:40	00:50:56		Veterano 6
1172	Pedro Morgado	00:25:11	00:51:40	00:51:16	Clube ANA Lisboa	Senior
1173	André Costa	00:26:08	00:51:42	00:50:18		Senior
1174	Artur Monteiro	00:29:55	00:51:44	00:50:39		Veterano 2
1175	João Tomé	00:26:45	00:51:47	00:50:43		Veterano 2
1176	Vitor Aguilar	00:25:59	00:51:47	00:50:59		Veterano 6
1177	Bruno Courinha	00:25:04	00:51:48	00:50:50		Veterano 1
1178	Avelino Véstias	00:24:38	00:51:49	00:51:49	Os Indomáveis	Veterano 6
1179	Manuel António	00:25:42	00:51:50	00:51:30	Bombeiros Voluntários de Montemor-O-Novo	Veterano 4
1180	Bruno Brito	00:28:48	00:51:52	00:49:56	Associação Recreativa e Desportiva do Tejo	Veterano 1
1181	Pedro Costa	00:25:49	00:51:53	00:51:31	CML	Veterano 1
1182	Joaquim Santos	00:26:15	00:51:53	00:50:59		Veterano 6
1183	Paulo Rebocho	00:25:22	00:51:54	00:51:16	Clube MILLENNIUMBOP	Veterano 3
1184	Ricardo Ferreira	00:27:38	00:51:54	00:50:23		Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1185	Orlando Ferreira	00:26:22	00:51:55	00:51:15	Grupo Desportivo CIMPOR	Veterano 4
1186	Helder Martins	00:27:37	00:51:55	00:50:24		Senior
1187	Pedro Santos	00:25:00	00:51:56	00:51:33		Senior
1188	Carolina Brandão	00:28:04	00:51:56	00:51:44	A.M. Atibá	Junior
1189	Pedro Burguette	00:26:42	00:51:57	00:50:34	ASICS	Veterano 1
1190	Paulo Machado	00:26:42	00:51:57	00:50:35		Veterano 2
1191	Jorge Ferreira	00:26:43	00:51:57	00:50:35		Veterano 2
1192	Eduardo Rodrigues	00:25:09	00:51:58	00:51:42	Clube MILLENNIUMBCP	Veterano 3
1193	Eduardo Oliveira	00:25:50	00:51:58	00:51:14	CARRIS	Senior
1194	Carlos Alves	00:26:40	00:51:58	00:50:48		Veterano 2
1195	Gonçalo Mendes	00:25:46	00:51:59	00:51:17		Veterano 2
1196	Arsénio Fernandes	00:26:21	00:52:00	00:51:37	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 5
1197	Fernando Marques	00:26:21	00:52:02	00:50:41		Veterano 3
1198	Fernando Tomé	00:23:57	00:52:03	00:51:50		Senior
1199	Miguel Ribeiro	00:25:23	00:52:04	00:51:06		Veterano 2
1200	Nuno Avó	00:25:44	00:52:06	00:51:36	ASICS	Veterano 2
1201	João Veiga	00:24:39	00:52:06	00:51:22	Run 4 Fun	Senior
1202	Rui Gama	00:25:44	00:52:06	00:51:37	Clube Grupo BES	Veterano 2
1203	Armindo Loureiro	00:27:38	00:52:06	00:49:51		Veterano 6
1204	Nuno Costa	00:26:13	00:52:07	00:51:14		Senior
1205	Eurico Semedo	00:26:03	00:52:07	00:51:26	SS CGD	Veterano 6
1206	Sérgio Salvado	00:26:25	00:52:09	00:50:53		Veterano 1
1207	Tomás Prazeres	00:26:54	00:52:09	00:50:54	Godinho	Senior
1208	João Ralha	00:26:51	00:52:10	00:51:42	Run 4 Fun	Veterano 4
1209	João Veiga	00:26:52	00:52:10	00:51:41	Run 4 Fun	Senior
1210	António Silva	00:25:26	00:52:10	00:51:57		Veterano 3
1211	Joaquim Lima	00:26:10	00:52:11	00:51:25	Clube Vodafone	Veterano 3
1212	Diogo Simão	00:25:48	00:52:12	00:51:18		Senior
1213	Pedro Andrade	00:25:17	00:52:13	00:51:44	Clube Grupo BES	Veterano 2
1214	Lucidio Dias	00:25:30	00:52:14	00:51:41	correr = - na farmacia	Veterano 4
1215	Amilcar Santiago	00:26:57	00:52:16	00:51:22		Veterano 6
1216	José Palacios	00:26:35	00:52:16	00:50:48		Veterano 1
1217	Rodrigo Almeida	00:24:38	00:52:17	00:52:14		Veterano 1
1218	João Fernandes	00:26:26	00:52:17	00:51:10		Veterano 6
1219	Bruno Rego	00:26:14	00:52:18	00:51:47		Senior
1220	António Duarte	00:27:05	00:52:18	00:50:47	Clube do Stress	Veterano 3
1221	Ricardo Caldas	00:25:41	00:52:19	00:51:16		Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1222	Nuno Alves	00:26:13	00:52:20	00:51:47		Veterano 5
1223	Carlos Teixeira	00:25:46	00:52:20	00:51:23	Lebres e Tartarugas	Veterano 4
1224	André Machado	00:27:31	00:52:20	00:51:09		Senior
1225	Rui Chagas	00:27:11	00:52:21	00:51:39	ASICS	Senior
1226	Vitor Vicente	00:26:43	00:52:22	00:51:33		Veterano 5
1227	César Viegas	00:25:40	00:52:22	00:51:53	construtenis	Veterano 4
1228	José Marques	00:27:41	00:52:23	00:51:43	Pombalinos	Veterano 5
1229	Carlos Gonçalves	00:25:09	00:52:23	00:52:09		Veterano 5
1230	Regina Barros	00:28:36	00:52:23	00:51:42		Veterana
1231	José Silva	00:26:28	00:52:25	00:51:11		Senior
1232	Edmundo Simoes	00:26:22	00:52:25	00:51:32		Senior
1233	Luis Alvaro	00:27:02	00:52:26	00:51:30	Grupo Desportivo Banco BPI	Veterano 2
1234	Fernando Santos	00:27:01	00:52:26	00:51:30	Grupo Desportivo Banco BPI	Veterano 3
1235	Carlos Nazário	00:25:44	00:52:26	00:51:36	Climemma	Senior
1236	Filipe Prezado	00:25:54	00:52:27	00:50:49		Veterano 2
1237	Paulo Ferreira	00:26:40	00:52:27	00:51:35		Veterano 1
1238	Paulo Rato	00:27:01	00:52:27	00:51:45	Clube MILLENNIUMBCP	Veterano 3
1239	José Gabriel	00:27:16	00:52:27	00:51:41		Veterano 4
1240	Ricardo Silva	00:25:37	00:52:29	00:52:15		Veterano 2
1241	Domingos Mó	00:27:16	00:52:29	00:51:41	Grupo de Atletismo «OS PATRICIOS»	Veterano 6
1242	Marta Anselmo	00:27:57	00:52:29	00:52:14		Veterana
1243	Anibal Carvalho	00:27:01	00:52:30	00:51:55		Veterano 6
1244	Jorge Soares	00:27:44	00:52:32	00:51:01		Veterano 3
1245	Pedro Ribeiro	00:24:57	00:52:32	00:52:04		Senior
1246	Mónica Dias	00:29:07	00:52:33	00:51:58		Veterana
1247	Bruno Jesus	00:26:15	00:52:33	00:50:46	Árbitros	Senior
1248	Carlos Jesus	00:26:15	00:52:33	00:50:46	Árbitros	Veterano 4
1249	Jorge Duarte	00:28:02	00:52:34	00:51:14	CML	Veterano 3
1250	Pedro Almeida	00:26:07	00:52:34	00:51:10		Veterano 1
1251	Sérgio Cruz	00:26:40	00:52:35	00:51:12		Veterano 1
1252	Martim Figueiredo	00:27:05	00:52:36	00:51:54		Veterano 1
1253	Justino Lopes	00:26:10	00:52:36	00:52:21		Veterano 4
1254	Rui Caeiro	00:27:06	00:52:37	00:51:11		Veterano 2
1255	Pedro Borralho	00:26:16	00:52:37	00:51:37		Veterano 3
1256	José Rodrigues	00:27:21	00:52:38	00:51:10	Clube MILLENNIUMBCP	Veterano 6
1257	Manuel Vinagre	00:26:01	00:52:39	00:51:31	Grupo Excursionista "Os Económicos"	Veterano 6
1258	Vasco Taborda	00:25:41	00:52:40	00:52:05		Veterano 4

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1259	José Milagres	00:25:35	00:52:40	00:52:28	GDCT UNICRE	Veterano 5
1260	Eduardo Campelo	00:27:09	00:52:41	00:51:37		Veterano 5
1261	Tiago Mendes	00:25:22	00:52:41	00:52:22		Senior
1262	Pedro Martins	00:26:54	00:52:42	00:51:29		Veterano 1
1263	Isabel Rodrigues	00:29:58	00:52:44	00:51:34	GARMIN Clube Olimpico de Oeiras	Veterana
1264	José Guimarães	00:27:22	00:52:44	00:51:34		Veterano 1
1265	Bernardo Sá	00:25:43	00:52:44	00:51:23		Senior
1266	Susana Almeida	00:29:58	00:52:45	00:51:34	GARMIN Clube Olimpico de Oeiras	Veterana
1267	Bruno Cardoso	00:26:12	00:52:47	00:52:16		Junior
1268	Carlos Pereira	00:25:56	00:52:47	00:52:18		Veterano 2
1269	Pedro Soares	00:27:04	00:52:48	00:51:20	ASICS	Veterano 1
1270	Francisco Rato	00:27:02	00:52:48	00:52:05	Clube MILLENNIUMBCP	Junior
1271	Teresa Sepúlveda	00:28:40	00:52:48	00:52:23	GARMIN Clube Olimpico de Oeiras	Senior
1272	José Almeida	00:26:22	00:52:49	00:52:35	Clube ANA Lisboa	Veterano 3
1273	Nuno Sepúlveda	00:26:05	00:52:49	00:52:23		Veterano 1
1274	Francisco Coito	00:25:43	00:52:50	00:52:30	clube marginal	Veterano 6
1275	Daniel Valente	00:27:35	00:52:50	00:52:00	Holmes Place	Senior
1276	Nuno Brandão	00:28:07	00:52:50	00:51:16	El Corte Inglês	Junior
1277	Ricardo Pinto	00:28:06	00:52:50	00:51:17	El Corte Inglês	Veterano 1
1278	António Morgado	00:25:13	00:52:51	00:52:26	Clube ANA Lisboa	Veterano 4
1279	Ricardo Ferreira	00:24:56	00:52:51	00:51:55	Holmes Place	Senior
1280	António Flor	00:27:45	00:52:51	00:51:20		Veterano 2
1281	Cabe Monarca	00:25:32	00:52:52	00:52:47		Veterano 2
1282	Florimundo Silva	00:26:58	00:52:54	00:51:45		Veterano 5
1283	José Oliveira	00:25:42	00:52:54	00:52:06		Veterano 1
1284	Pedro Queiros	00:27:15	00:52:54	00:52:24		Veterano 4
1285	Ricardo Oliveira	00:26:38	00:52:54	00:52:04		Veterano 1
1286	Miriam Silva	00:29:35	00:52:56	00:51:47		Senior
1287	Carlos Dias	00:26:42	00:52:56	00:52:04	Grupo Desportivo do INE (GDINE)	Veterano 5
1288	Luis Gomes	00:26:31	00:52:56	00:52:16		Veterano 5
1289	António Costa	00:26:35	00:52:57	00:51:55		Veterano 6
1290	Paulo Vilão	00:24:43	00:52:57	00:52:48		Senior
1291	Filipa Coutinho	00:28:50	00:52:57	00:52:46	A.M. Atibá	Senior
1292	Rudolfo Bento	00:27:13	00:52:58	00:51:55		Senior
1293	Sérgio Ramos	00:26:58	00:52:58	00:51:37		Veterano 1
1294	Juan Cortina	00:27:20	00:52:58	00:51:46		Veterano 1
1295	Hugo Branco	00:26:25	00:52:59	00:52:22	Sociedade Recreativa Do Camarnal	Veterano 1

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1296	Arlindo Duarte	00:26:09	00:52:59	00:52:16	ASICS	Veterano 3
1297	Nuno Marques	00:25:25	00:52:59	00:52:45	Clube Pessoal EDP Carregado	Veterano 1
1298	Ana Nogueira	00:28:46	00:52:59	00:52:16		Veterana
1299	Bernardo Candelária	00:25:22	00:53:02	00:52:12		Junior
1300	Joao Ferreira	00:25:50	00:53:02	00:52:18		Veterano 3
1301	Jorge Nunes	00:26:54	00:53:02	00:51:20		Veterano 6
1302	Miguel Rangel	00:26:27	00:53:02	00:52:25	ASICS	Veterano 1
1303	Miguel Bermonte	00:25:43	00:53:04	00:52:25		Veterano 1
1304	Nuno Freitas	00:26:16	00:53:05	00:52:12	Associação Águas Livres de Caneças	Senior
1305	Fernando Alves	00:26:21	00:53:05	00:52:03	Rock & Roll	Senior
1306	Rita Marques	00:29:03	00:53:06	00:52:28	ASICS	Veterana
1307	Adolfo Salazar	00:27:19	00:53:07	00:52:08	Clube EDP - Lisboa	Veterano 6
1308	Teresa Dias	00:28:33	00:53:07	00:52:24		Senior
1309	Martins Barata	00:26:51	00:53:08	00:52:03	CP - Clube Ferroviário de Portugal	Veterano 6
1310	Rui Brás	00:25:46	00:53:12	00:52:43	Clube Grupo BES	Veterano 2
1311	João Santos	00:25:46	00:53:12	00:52:46		Veterano 4
1312	Pedro Serra	00:25:03	00:53:12	00:52:43		Veterano 1
1313	Leonardo Pedro	00:28:17	00:53:13	00:51:49		Senior
1314	Nuno Luis	00:26:53	00:53:14	00:53:07	Holmes Place	Senior
1315	João Lopes	00:27:30	00:53:15	00:51:37		Veterano 2
1316	Jose Reis	00:26:20	00:53:16	00:52:55		Veterano 4
1317	Gonçalo Seabra	00:27:25	00:53:16	00:52:07	Os Zatopeques	Senior
1318	Vítor Judicibus	00:28:02	00:53:18	00:52:26		Veterano 4
1319	Francisco Lobo	00:27:05	00:53:18	00:52:26		Junior
1320	Marcos Faustino	00:26:18	00:53:18	00:52:55	CAAPP - Clube Atletismo Amigos Parque da Paz	Veterano 4
1321	Octávio Barbosa	00:25:59	00:53:18	00:52:43		Senior
1322	Helia Santos	00:28:43	00:53:20	00:52:51		Senior
1323	Jose Baixinho	00:27:32	00:53:20	00:52:09		Veterano 4
1324	João Pacheco	00:28:29	00:53:21	00:51:50	CD Quarteira	Veterano 1
1325	Nuno Frazão	00:25:32	00:53:24	00:53:03		Veterano 4
1326	Carlos Marcos	00:27:14	00:53:25	00:51:58		Veterano 4
1327	Nuno Figueiredo	00:27:07	00:53:25	00:52:27		Veterano 1
1328	Jorge Jesus	00:27:08	00:53:25	00:52:26		Veterano 5
1329	João Pinto	00:26:40	00:53:27	00:52:43		Veterano 4
1330	Lionel Hunot	00:26:53	00:53:27	00:52:24		Veterano 3
1331	Vitor Ferreira	00:25:43	00:53:28	00:52:47	Webwise	Senior
1332	Pedro Simões	00:25:11	00:53:28	00:53:06	Clube ANA Lisboa	Veterano 2

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1333	Pedro Pereira	00:25:57	00:53:28	00:53:10		Veterano 3
1334	Jose Martins	00:27:10	00:53:28	00:52:32		Veterano 4
1335	Claudia Jassi	00:31:05	00:53:28	00:52:20	El Corte Inglés	Junior
1336	Angela Mestre	00:28:31	00:53:28	00:53:19		Veterana
1337	Jorge Marques	00:27:59	00:53:29	00:52:32		Veterano 5
1338	Paulo Faustino	00:26:46	00:53:31	00:52:45		Veterano 2
1339	Bruno Pinto	00:26:30	00:53:31	00:52:38		Senior
1340	Liliana Pedro	00:30:54	00:53:31	00:52:08		Senior
1341	Victor Silva	00:26:45	00:53:31	00:52:46		Veterano 3
1342	João Simões	00:25:57	00:53:32	00:53:10	APOGMA	Veterano 3
1343	Paulo Pires	00:25:58	00:53:33	00:53:11	APOGMA	Veterano 3
1344	Joao Saraiva	00:25:37	00:53:33	00:53:18		Veterano 3
1345	Marco Silva	00:23:52	00:53:34	00:53:22		Senior
1346	Joaquim Mamede	00:27:15	00:53:34	00:51:47		Veterano 4
1347	Antonio Moreira	00:28:26	00:53:35	00:52:17	Slow Motion	Veterano 5
1348	Margarida Pinto	00:28:55	00:53:35	00:53:16	Gabinete de Fisioterapia no Desporto	Veterana
1349	Guilherme Branquinho	00:26:54	00:53:35	00:52:54	tu&eu	Veterano 1
1350	Ana Gaspar	00:29:30	00:53:35	00:52:55	tu&eu	Veterana
1351	Sandra Silva	00:30:07	00:53:35	00:52:41		Veterana
1352	Xavier Sans	00:27:23	00:53:36	00:52:11		Veterano 2
1353	Samuel Sousa	00:27:41	00:53:37	00:52:05		Senior
1354	Luis Ferreira	00:26:13	00:53:38	00:52:37		Veterano 5
1355	Antonino Barras	00:26:13	00:53:38	00:52:38		Veterano 1
1356	Antonio Cardoso	00:25:01	00:53:39	00:53:33	Lang	Veterano 1
1357	Alexandre Gomes	00:27:03	00:53:39	00:52:30	Solar dos Presuntos	Veterano 2
1358	Agostinho Ferreira	00:26:31	00:53:39	00:52:29	Solar dos Presuntos	Veterano 4
1359	Pedro Fernandes	00:26:26	00:53:39	00:52:19	Clube MILLENNIUMBCP	Veterano 1
1360	João Abreu	00:28:03	00:53:41	00:52:43		Veterano 2
1361	Arménio Andrade	00:25:48	00:53:41	00:53:28	GARMIN	Veterano 5
1362	Verónica Vinhas	00:30:37	00:53:41	00:51:56		Veterana
1363	José Neves	00:27:12	00:53:42	00:52:56	Os Indomáveis	Veterano 5
1364	Leila Suzman	00:30:29	00:53:43	00:51:57		Veterana
1365	Vitorino Nunes	00:26:30	00:53:43	00:52:47		Veterano 5
1366	João Barros	00:28:23	00:53:44	00:52:31		Veterano 2
1367	Fernando Castanheira	00:26:19	00:53:44	00:53:25	Gabinete de Fisioterapia no Desporto	Veterano 2
1368	Rui Geraldès	00:25:43	00:53:44	00:53:12	Rail Runners	Veterano 1
1369	Maria Fernandes	00:29:24	00:53:45	00:52:42		Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1370	Francisco Franca	00:26:47	00:53:46	00:52:41		Veterano 2
1371	Nuno Marques	00:25:16	00:53:46	00:53:20		Veterano 1
1372	Egídio Gonçalves	00:25:23	00:53:48	00:53:33		Senior
1373	Hugo Dinis	00:25:42	00:53:48	00:52:45		Senior
1374	Bruno Soares	00:24:43	00:53:49	00:53:28		Veterano 1
1375	Helena Silva	00:29:24	00:53:50	00:53:10	Grupo Desportivo CIMPOR	Veterana
1376	Jorge Melo	00:27:51	00:53:50	00:53:01	Holmes Place	Senior
1377	Daniel Pires	00:29:45	00:53:51	00:52:26	Holmes Place	Veterano 2
1378	Carlos Bernardo	00:26:21	00:53:51	00:53:28		Veterano 2
1379	Lucinda Rossi	00:28:42	00:53:51	00:53:20		Senior
1380	Paulo Marques	00:27:40	00:53:51	00:52:23	El Corte Inglés	Veterano 2
1381	Daniel Carvalheiro	00:26:41	00:53:52	00:53:24		Veterano 2
1382	André Varge	00:28:16	00:53:52	00:52:20		Veterano 1
1383	João Sousa	00:27:11	00:53:53	00:53:01		Veterano 1
1384	Ana Pereira	00:29:47	00:53:53	00:53:02		Veterana
1385	Pedro Bizarro	00:25:48	00:53:55	00:52:51		Senior
1386	Jorge Vieira	00:26:16	00:53:55	00:53:42	GARMIN	Veterano 3
1387	Luís Melo	00:27:14	00:53:56	00:53:33	ASICS	Veterano 4
1388	João Torrado	00:27:22	00:53:57	00:52:57	EIRAGYM	Veterano 6
1389	Rui Durão	00:27:44	00:53:57	00:52:01	Wikaboo	Veterano 1
1390	Paulo Marmé	00:24:36	00:53:58	00:53:13	Sportlife	Veterano 3
1391	Luis Lopes	00:27:30	00:53:58	00:52:54		Veterano 4
1392	Pedro Bastos	00:26:57	00:54:00	00:52:43		Veterano 2
1393	Carlos Silva	00:29:26	00:54:00	00:52:32	RTP	Veterano 1
1394	António Ferreira	00:29:26	00:54:00	00:52:32	RTP	Veterano 1
1395	António Silva	00:26:34	00:54:00	00:53:15	Os Indomáveis	Veterano 5
1396	Vitor Gomes	00:28:08	00:54:01	00:52:58	Clube MILLENNIUMBCP	Veterano 2
1397	Arménio Silva	00:27:51	00:54:02	00:53:00		Veterano 6
1398	Luis Reino	00:27:08	00:54:02	00:53:43		Veterano 2
1399	Joana Santana	00:29:46	00:54:02	00:53:43		Senior
1400	Eduardo Rodrigues	00:25:47	00:54:02	00:53:18		Senior
1401	Tomás Pinto	00:28:19	00:54:02	00:52:32	Clube do Stress	Veterano 6
1402	Paula Machado	00:28:54	00:54:04	00:53:39		Veterana
1403	Egas Marques	00:25:57	00:54:05	00:53:55		Veterano 6
1404	Ricardo Ramos	00:26:20	00:54:06	00:52:59		Senior
1405	Hugo Tavares	00:27:16	00:54:07	00:53:10		Senior
1406	Catarina Gonçalves	00:27:33	00:54:07	00:53:11		Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1407	Oscar Marques	00:28:07	00:54:07	00:53:05	Clube MILLENNIUMBCP	Veterano 5
1408	Joao Carvalho	00:27:16	00:54:08	00:53:02		Veterano 1
1409	Jorge Barreira	00:26:29	00:54:09	00:53:36	Grupo Recreativo Cultural e Desportivo de Leião	Veterano 6
1410	Duarte Gonçalves	00:27:12	00:54:09	00:53:37	TRI GO	Veterano 4
1411	Joao Salazar	00:26:45	00:54:09	00:52:44		Veterano 2
1412	Manuel Serra	00:26:47	00:54:11	00:53:20		Veterano 6
1413	Armando Perez	00:27:06	00:54:11	00:53:29		Veterano 1
1414	Cruz Palacin	00:29:42	00:54:12	00:53:30		Veterana
1415	Daniel Palacin	00:27:05	00:54:12	00:53:30		Junior
1416	Bruno Marques	00:27:17	00:54:13	00:52:58		Senior
1417	Justino Santos	00:28:20	00:54:13	00:52:29		Senior
1418	Pedro Beltrão	00:27:17	00:54:13	00:52:59		Senior
1419	Paulo Benido	00:27:00	00:54:16	00:53:21		Veterano 4
1420	Ana Pereira	00:30:00	00:54:17	00:52:56		Senior
1421	António Hortega	00:25:48	00:54:17	00:54:03		Veterano 3
1422	Paulo Sena	00:26:31	00:54:19	00:53:22		Veterano 2
1423	Maria Knapic	00:29:39	00:54:19	00:53:59		Veterana
1424	Ricardo Palma	00:27:59	00:54:19	00:53:12		Senior
1425	Margarida Beato	00:29:13	00:54:19	00:54:08	A.M. Atibá	Junior
1426	Bernardo Bordalo	00:27:19	00:54:20	00:53:26		Senior
1427	José Ferreira	00:27:24	00:54:20	00:53:40	CUN Boston	Veterano 4
1428	Rui Lopes	00:26:47	00:54:20	00:53:36		Veterano 1
1429	António Machado	00:27:23	00:54:20	00:53:40	CUN Boston	Veterano 4
1430	Nuno Felicio	00:26:37	00:54:21	00:54:10	A.M. Atibá	Senior
1431	José Bordalo	00:27:20	00:54:21	00:53:28	O Mundo da Corrida	Veterano 5
1432	Pedro Costa	00:29:24	00:54:24	00:52:56		Veterano 1
1433	Carlos Correia	00:27:45	00:54:24	00:53:25	Carro Maluco	Veterano 5
1434	Mário Melo	00:28:40	00:54:25	00:52:53	CP - Clube Ferroviário de Portugal	Veterano 6
1435	Isabel Santos	00:29:49	00:54:26	00:53:27	Santos & Silva	Veterana
1436	Carlos Neves	00:26:23	00:54:26	00:53:41	Os Indomáveis	Veterano 6
1437	Paulo Gonçalves	00:28:06	00:54:27	00:52:52		Veterano 1
1438	João Gonçalves	00:26:28	00:54:28	00:53:59		Veterano 1
1439	Manuel Gomes	00:25:55	00:54:28	00:54:01		Veterano 3
1440	Emidio Carrapeiro	00:29:27	00:54:29	00:53:11		Veterano 4
1441	Fernando Tomaz	00:25:20	00:54:30	00:53:51		Veterano 2
1442	Guilherme Rato	00:26:06	00:54:30	00:54:19	Clube MILLENNIUMBCP	Junior
1443	Paulo Menezes	00:27:21	00:54:30	00:53:26		Veterano 1

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1444	António Major	00:28:35	00:54:31	00:53:09	Associação de Paraquedistas Tejo-Norte	Veterano 3
1445	Bruno Fonseca	00:25:31	00:54:32	00:54:14		Veterano 1
1446	Fábio Capitão	00:26:02	00:54:32	00:53:57		Senior
1447	Sandra Inês	00:30:11	00:54:32	00:53:40	Holmes Place	Veterana
1448	Joana Marques	00:28:41	00:54:33	00:51:46	GARMIN Clube Olimpico de Oeiras	Senior
1449	Carlos Silva	00:28:34	00:54:33	00:53:13		Veterano 4
1450	Paulo Pereira	00:28:31	00:54:34	00:52:39		Senior
1451	Nuno Bonifácio	00:28:29	00:54:34	00:53:10		Veterano 1
1452	Roberto Gonçalves	00:27:44	00:54:36	00:53:41		Veterano 1
1453	Antonio Ribeiro	00:27:05	00:54:36	00:53:58		Veterano 3
1454	Michel Costa	00:25:20	00:54:36	00:54:27	ASICS	Veterano 2
1455	Afonso Gois	00:27:55	00:54:36	00:54:06	Clube ANA Lisboa	Senior
1456	Daniel Eugénio	00:28:22	00:54:37	00:53:12		Senior
1457	Ricardo Luiz	00:25:14	00:54:37	00:53:34		Senior
1458	Salvador Santos	00:28:34	00:54:37	00:53:17		Veterano 4
1459	Pedro Pinto	00:29:10	00:54:38	00:53:52	Holmes Place	Veterano 2
1460	José Pedro	00:28:34	00:54:38	00:53:18		Veterano 1
1461	David Li	00:28:09	00:54:38	00:53:09		Veterano 1
1462	Nuno Ribeiro	00:28:03	00:54:39	00:53:05		Veterano 1
1463	Cesaltina Gregório	00:30:10	00:54:40	00:53:48		Veterana
1464	Paulo Soares	00:29:51	00:54:42	00:52:39		Veterano 2
1465	Ana Torrão	00:29:42	00:54:43	00:54:06		Veterana
1466	Ricardo Romba	00:25:45	00:54:43	00:54:08		Veterano 1
1467	Rodrigo Santos	00:26:08	00:54:43	00:54:28		Veterano 1
1468	André Wiborg	00:30:08	00:54:44	00:53:22	VFF1896	Veterano 4
1469	Salomé Ferreira	00:30:05	00:54:47	00:54:01	Grupo Desportivo do INE (GDINE)	Veterana
1470	Francisco Ramos	00:26:35	00:54:49	00:53:43		Veterano 2
1471	João Gameiro	00:27:35	00:54:51	00:53:46		Veterano 2
1472	Pedro Lacerda	00:28:31	00:54:51	00:53:45		Veterano 2
1473	Bruno José	00:27:25	00:54:52	00:54:16		Senior
1474	José Valentim	00:29:09	00:54:53	00:54:07	Holmes Place	Senior
1475	Ricardo Barbosa	00:26:18	00:54:53	00:54:14		Senior
1476	Francisco Afonso	00:27:14	00:54:54	00:54:15	Holmes Place	Veterano 4
1477	Fernando Correia	00:26:45	00:54:54	00:54:20		Veterano 2
1478	Rui Ferreira	00:26:34	00:54:55	00:53:51		Veterano 2
1479	Fernanda Costa	00:29:41	00:54:55	00:54:39	Amigos Atletismo Mafra	Veterana
1480	João Almeida	00:27:20	00:54:55	00:54:02	e-GAS Runners	Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1481	Sonia Arruda	00:29:57	00:54:55	00:54:02		Veterana
1482	Marcelo Dias	00:28:37	00:54:57	00:53:43		Veterano 1
1483	José Costa	00:29:37	00:54:57	00:52:59	A.M. Atibá	Veterano 6
1484	Sofia Baltazar	00:29:54	00:54:59	00:54:31	CML	Veterana
1485	Marisa Marques	00:31:19	00:55:00	00:53:51		Senior
1486	Maria Lopes	00:31:37	00:55:00	00:54:09	Holmes Place	Senior
1487	João Faustino	00:28:42	00:55:00	00:53:51		Veterano 1
1488	Nuno Rodrigues	00:30:19	00:55:01	00:54:10	Clube Grupo BES	Veterano 1
1489	Salvador Laurino	00:28:55	00:55:02	00:53:06		Veterano 3
1490	Filipe Rodrigues	00:28:06	00:55:02	00:53:50		Senior
1491	Ira Litwinoff	00:30:12	00:55:03	00:54:05	Litwinoff	Veterana
1492	Luis Bilau	00:28:38	00:55:03	00:53:43	SS CGD	Veterano 5
1493	Tomás Colaço	00:29:23	00:55:04	00:53:32		Veterano 3
1494	Paulo Quendera	00:28:05	00:55:05	00:54:14	Sportlife	Veterano 1
1495	Bruno Peixoto	00:28:06	00:55:05	00:54:15	Sportlife	Veterano 1
1496	Manuel Azedo	00:27:25	00:55:05	00:53:47		Veterano 4
1497	Adriano Neves	00:28:49	00:55:06	00:54:16		Veterano 2
1498	João Landeiro	00:27:18	00:55:06	00:54:02		Veterano 3
1499	Jorge Matinho	00:25:22	00:55:06	00:54:52		Veterano 2
1500	Rafael Santos	00:25:22	00:55:06	00:54:53		Veterano 1
1501	Luis Martins	00:29:03	00:55:08	00:53:20		Veterano 2
1502	Ricardo Sardinheiro	00:29:03	00:55:08	00:53:20		Veterano 1
1503	Joao Paul	00:28:48	00:55:08	00:53:43		Veterano 1
1504	Rui Ferreira	00:26:43	00:55:08	00:54:09		Senior
1505	Javier Costa	00:27:31	00:55:09	00:53:56		Senior
1506	Mário Espanha	00:28:47	00:55:09	00:54:04	ANL	Veterano 6
1507	António Camolino	00:28:48	00:55:09	00:54:02		Veterano 5
1508	João Almeida	00:28:33	00:55:10	00:53:27		Senior
1509	Gonçalo Pinheiro	00:27:03	00:55:10	00:54:26		Senior
1510	António Marques	00:27:44	00:55:11	00:54:24	C.D. Asas Millennium	Veterano 6
1511	Diogo Ferreira	00:26:09	00:55:11	00:54:30		Senior
1512	Sara Esteves	00:32:20	00:55:11	00:53:25	Sisters	Senior
1513	Luis Coutinho	00:26:49	00:55:11	00:54:36		Senior
1514	João Cruz	00:26:46	00:55:11	00:54:42		Veterano 3
1515	João Carvalho	00:27:45	00:55:12	00:53:49	Carvalhos	Veterano 1
1516	Esmeraldo Pereira	00:28:19	00:55:13	00:54:05	SS CGD	Veterano 6
1517	Gilberto Cardoso	00:26:52	00:55:13	00:53:54		Veterano 1

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1518	Carlos Claro	00:29:20	00:55:14	00:54:27	Jovens da Serra das Minas	Veterano 5
1519	Paulo Roxo	00:27:13	00:55:15	00:54:56		Veterano 1
1520	Fernanda Parro	00:29:01	00:55:15	00:54:44	GARMIN Clube Olimpico de Oeiras	Veterana
1521	Américo Carvalho	00:26:23	00:55:16	00:54:31		Veterano 1
1522	José Vale	00:27:17	00:55:16	00:54:24		Veterano 4
1523	António Sul	00:26:24	00:55:17	00:54:46	GARMIN Clube Olimpico de Oeiras	Veterano 4
1524	Sílvia Veracruz	00:29:57	00:55:17	00:54:25	e-GAS Runners	Senior
1525	Luis Parro	00:27:21	00:55:17	00:53:35	GARMIN Clube Olimpico de Oeiras	Veterano 4
1526	Jorge Domingues	00:27:19	00:55:18	00:54:25		Veterano 5
1527	João Belo	00:28:59	00:55:18	00:54:11		Veterano 3
1528	Fernando Graça	00:27:26	00:55:19	00:53:57		Veterano 2
1529	Mário Batista	00:29:56	00:55:19	00:53:42		Senior
1530	Helder Pereira	00:29:40	00:55:19	00:53:39		Senior
1531	Helena Nunes	00:30:34	00:55:20	00:54:06	El Corte Inglés	Veterana
1532	Nuno Bernardo	00:27:58	00:55:20	00:54:06	El Corte Inglés	Veterano 6
1533	Andreia Costa	00:30:48	00:55:20	00:53:37		Senior
1534	Miguel Peixoto	00:28:01	00:55:20	00:54:29	ASICS	Veterano 2
1535	Ana Cunha	00:30:43	00:55:20	00:54:14		Veterana
1536	Ricardo Cunha	00:28:07	00:55:20	00:54:15		Veterano 1
1537	Mário Dias	00:29:05	00:55:21	00:53:47		Veterano 2
1538	Ana Fórneas	00:29:15	00:55:21	00:55:19	Grupo Desportivo Banco BPI	Veterana
1539	António Borges	00:27:12	00:55:22	00:54:35	CP - Clube Ferroviário de Portugal	Veterano 4
1540	Filipe Rebelo	00:28:50	00:55:22	00:53:58	volley	Veterano 1
1541	Ricardo Cortez	00:28:50	00:55:22	00:53:58	volley	Veterano 1
1542	Nelson Rego	00:32:01	00:55:23	00:54:57		Veterano 1
1543	Miguel Silva	00:28:08	00:55:24	00:54:07		Senior
1544	Pedro Machado	00:27:59	00:55:24	00:54:45	Webwise	Veterano 2
1545	Ricardo Tomaz	00:27:14	00:55:25	00:53:57	El Corte Inglés	Senior
1546	Antonio Sousa	00:29:26	00:55:25	00:53:54	Clube MILLENNIUMBCP	Veterano 6
1547	João Fernandes	00:26:34	00:55:26	00:54:40		Senior
1548	José Farinha	00:28:18	00:55:27	00:54:18	Clube MILLENNIUMBCP	Veterano 1
1549	Carlos Pereira	00:28:18	00:55:27	00:54:19	Os Zatopeques	Senior
1550	João Quítalo	00:27:45	00:55:30	00:54:49		Veterano 6
1551	Sergio Pinho	00:27:36	00:55:32	00:54:48		Veterano 2
1552	Joana Fragata	00:29:56	00:55:32	00:54:40	sempre a fugir...	Veterana
1553	Miguel Prudencio	00:27:20	00:55:32	00:55:00		Veterano 5
1554	Tiago Neves	00:28:49	00:55:33	00:54:43		Junior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1555	Reinold Vrielink	00:28:23	00:55:33	00:53:55		Senior
1556	Wioletta Senda	00:30:55	00:55:33	00:54:39		Senior
1557	Nuno Rito	00:28:32	00:55:34	00:53:40		Senior
1558	Jorge Ferreira	00:27:09	00:55:35	00:55:16	Jaf	Veterano 4
1559	Manuel Pinto	00:30:24	00:55:37	00:54:49	Jovens da Serra das Minas	Veterano 5
1560	Filipe Fernandes	00:27:07	00:55:37	00:54:44		Senior
1561	Ana Carvalho	00:31:07	00:55:38	00:54:37		Veterana
1562	Ricardo Silva	00:28:30	00:55:38	00:54:39		Senior
1563	Carlos Alves	00:28:24	00:55:40	00:54:43	CP - Clube Ferroviário de Portugal	Veterano 4
1564	Luis Barroso	00:27:25	00:55:42	00:54:31		Veterano 4
1565	Firmino Marques	00:27:14	00:55:42	00:55:14		Veterano 5
1566	Miguel Rego	00:27:34	00:55:43	00:54:32		Veterano 3
1567	Duarte Costa	00:25:42	00:55:46	00:55:17		Veterano 2
1568	Maria Viegas	00:29:45	00:55:46	00:55:16	construtenis	Veterana
1569	David Booth	00:29:12	00:55:46	00:53:55		Senior
1570	Eduardo Vieira	00:28:05	00:55:47	00:54:47		Veterano 1
1571	Gualdino Martins	00:28:17	00:55:48	00:54:43	CP - Clube Ferroviário de Portugal	Veterano 6
1572	Nuno Gonçalves	00:27:30	00:55:48	00:54:47		Veterano 2
1573	Gabriel Mateus	00:30:29	00:55:49	00:54:35		Veterano 1
1574	Orlando Zacarias	00:29:17	00:55:50	00:54:26		Veterano 5
1575	Virgilio Ferraz	00:26:12	00:55:51	00:55:19		Veterano 6
1576	Rui Cavaleiro	00:25:46	00:55:51	00:55:35	Clube Grupo BES	Senior
1577	Carla Teixeira	00:29:06	00:55:51	00:55:13		Veterana
1578	Fernando Cardoso	00:29:27	00:55:51	00:54:38	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 5
1579	João Santos	00:27:26	00:55:52	00:55:46	Multiflow	Veterano 6
1580	Leonor Anjo	00:30:11	00:55:53	00:54:38		Junior
1581	Paulo Sarroeira	00:26:28	00:55:56	00:55:53		Veterano 2
1582	Tiago Martins	00:28:12	00:55:58	00:55:01		Veterano 1
1583	Luis Afonso	00:27:03	00:55:58	00:55:06	Grupo Desportivo do INE (GDINE)	Veterano 4
1584	Débora Castro	00:29:33	00:56:00	00:55:33	Academia do Korpo	Senior
1585	Joaquim Claudino	00:28:41	00:56:00	00:54:36	Pombalinos	Veterano 6
1586	Rita Moontalvão	00:30:44	00:56:01	00:54:46		Veterana
1587	João Cortesão	00:28:28	00:56:01	00:54:23		Veterano 3
1588	Roger Meintjes	00:29:16	00:56:01	00:54:51		Veterano 3
1589	Flavio Oliveira	00:27:21	00:56:02	00:55:23	G.A. "Os Tartarugas"	Veterano 3
1590	Pedro Martinho	00:28:27	00:56:02	00:54:25		Veterano 3
1591	Fernando Ferreira	00:28:27	00:56:03	00:54:24		Veterano 3

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1592	Célia Nuno	00:31:42	00:56:03	00:54:38		Veterana
1593	Pedro Ponte	00:27:27	00:56:04	00:55:43		Veterano 3
1594	Ricardo Santos	00:27:45	00:56:04	00:55:06		Veterano 2
1595	Paulo Matias	00:28:46	00:56:04	00:54:53		Veterano 2
1596	Andre Santos	00:29:31	00:56:04	00:54:36		Senior
1597	Miguel Quintanilha	00:28:52	00:56:04	00:54:48		Veterano 1
1598	Vasco Uva	00:29:40	00:56:05	00:54:51		Senior
1599	Gilberto Pereira	00:28:00	00:56:05	00:54:49		Veterano 1
1600	Paulo Marques	00:29:56	00:56:05	00:54:35		Senior
1601	Maria Caninas	00:30:51	00:56:06	00:55:08	Carro Maluco	Veterana
1602	Fernando Pipa	00:27:29	00:56:07	00:55:41		Veterano 3
1603	Pedro Bretes	00:30:27	00:56:07	00:54:51		Veterano 3
1604	Marta Vasconcelos	00:31:36	00:56:09	00:55:01		Veterana
1605	José Sequeira	00:28:07	00:56:10	00:55:33	ASICS	Veterano 4
1606	Henrique Barata	00:24:23	00:56:10	00:55:33	ASICS	Junior
1607	Nuno Ramos	00:30:36	00:56:10	00:54:52		Veterano 1
1608	Filipa Gonçalves	00:31:29	00:56:11	00:55:33		Senior
1609	André Figueiredo	00:28:39	00:56:13	00:54:54		Senior
1610	Gina Martins	00:30:10	00:56:14	00:55:29		Veterana
1611	Dheborá Bonfante	00:31:58	00:56:15	00:55:12		Veterana
1612	Claudio Bolanho	00:29:22	00:56:15	00:55:12		Veterano 2
1613	Ricardo Carvalho	00:27:11	00:56:16	00:55:49		Veterano 1
1614	Manuel Tiago	00:28:40	00:56:20	00:54:56		Veterano 6
1615	Liliana Oliveira	00:33:29	00:56:21	00:55:11		Senior
1616	Anabela Pinto	00:30:19	00:56:22	00:55:56	Devagar se vai ao longe	Veterana
1617	Sergio Pinto	00:27:42	00:56:22	00:55:56	Devagar se vai ao longe	Veterano 3
1618	Carlos Santo	00:29:01	00:56:23	00:55:39		Veterano 4
1619	Luis Leitão	00:27:29	00:56:23	00:55:46		Veterano 1
1620	Célia Azenha	00:30:06	00:56:24	00:56:15	Associação de Atletismo "Lebres do Sado"	Veterana
1621	Pedro Gaspar	00:29:57	00:56:24	00:54:39	Sportlife	Veterano 1
1622	João Valente	00:29:57	00:56:24	00:54:39	Sportlife	Veterano 2
1623	Henrique Vilhena	00:28:41	00:56:24	00:55:33		Veterano 5
1624	Fernando Alves	00:28:50	00:56:26	00:55:05	SS CGD	Veterano 4
1625	Mário Lameirão	00:27:54	00:56:27	00:56:03	Casa Benfica Algeirão Mem Martins	Veterano 6
1626	José Ramos	00:28:37	00:56:29	00:54:49	Os Caracois do Seixal	Veterano 2
1627	Ramiro Borrego	00:28:36	00:56:30	00:54:48	Os Caracois do Seixal	Veterano 3
1628	Ana Baeta	00:28:51	00:56:30	00:56:21	construtenis	Veterana

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1629	Tomás Wiborg	00:30:09	00:56:31	00:55:08	VFF1896	Veterano 2
1630	Gonçalo Faria	00:28:01	00:56:32	00:56:00	TRI GO	Senior
1631	Eduardo Castela	00:27:28	00:56:32	00:56:04		Senior
1632	Cátia Pedro	00:30:33	00:56:32	00:55:45	Grupo Desportivo do INE (GDINE)	Senior
1633	Sara Oliveira	00:31:05	00:56:33	00:55:06	Clube do Stress	Veterana
1634	Stuart Domingos	00:28:53	00:56:33	00:54:50	Palhaços	Senior
1635	João Piçarra	00:30:32	00:56:34	00:54:51	Palhaços	Senior
1636	Alexandre Costa	00:26:56	00:56:35	00:56:20		Veterano 4
1637	Maria Vaz	00:31:11	00:56:35	00:55:12	Associação de Paraquedistas Tejo-Norte	Veterana
1638	Mário Rufino	00:29:36	00:56:37	00:55:26		Veterano 2
1639	José Henriques	00:28:33	00:56:37	00:55:36		Veterano 2
1640	Etelvina Vidal	00:32:57	00:56:38	00:55:11		Veterana
1641	Arménio Patrício	00:28:11	00:56:38	00:56:23	Linda-a-Pastora Sporting Clube	Veterano 6
1642	Alexandre Pereira	00:30:29	00:56:39	00:55:19		Veterano 3
1643	Frederico Sousa	00:28:25	00:56:39	00:55:42	Lebres e Tartarugas	Veterano 3
1644	Ivo Rosa	00:28:39	00:56:40	00:54:49		Senior
1645	Ricardo Antunes	00:29:01	00:56:40	00:55:41	Holmes Place	Veterano 2
1646	Ana Ferreira	00:31:15	00:56:40	00:54:50	Clube Grupo BES	Veterana
1647	Andreia Pereira	00:31:56	00:56:40	00:55:48	Holmes Place	Senior
1648	Elsa Moreira	00:30:28	00:56:41	00:55:54		Veterana
1649	Jorge Silva	00:29:20	00:56:41	00:55:56	Holmes Place	Veterano 5
1650	Luis Rosa	00:28:47	00:56:41	00:55:43		Junior
1651	Serafim Gonçalves	00:28:01	00:56:42	00:56:04		Veterano 5
1652	Miguel Matos	00:29:26	00:56:43	00:55:25		Veterano 3
1653	Vitor Cardoso	00:27:32	00:56:44	00:56:31		Veterano 3
1654	Marcolino Verissimo	00:27:58	00:56:46	00:56:31	SS CGD	Veterano 2
1655	Joaquim Carrilho	00:27:59	00:56:46	00:56:31	SS CGD	Veterano 3
1656	Maria Fernandes	00:30:43	00:56:48	00:56:10	Grupo Desportivo CIMPOR	Veterana
1657	Pedro Gil	00:29:15	00:56:49	00:55:20		Senior
1658	Nuno Santos	00:27:59	00:56:50	00:55:28	Sportlife	Veterano 2
1659	Rui Terceiro	00:28:06	00:56:50	00:55:49		Veterano 1
1660	Rui Alvares	00:27:35	00:56:50	00:56:08	Clube Vodafone	Veterano 2
1661	Andrey Rodrigues	00:29:01	00:56:50	00:56:18		Senior
1662	António Castanheira	00:27:44	00:56:52	00:56:07	Os Indomáveis	Veterano 6
1663	Filipe Pereira	00:27:44	00:56:54	00:55:58		Veterano 3
1664	Homero Magalhães	00:27:44	00:56:54	00:55:59	Associação de Atletismo "Lebres do Sado"	Veterano 2
1665	Nuno Trovão	00:29:23	00:56:54	00:55:32	Peniche A.C. - Triatlo	Veterano 2

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1666	Carlos Moreira	00:28:04	00:56:56	00:55:46		Senior
1667	Hugo Palma	00:29:56	00:56:56	00:55:26	Serpa e Palma	Senior
1668	Miguel Cunha	00:29:34	00:56:56	00:56:43		Veterano 2
1669	Marcos Lessa	00:27:50	00:56:57	00:55:31		Veterano 3
1670	André Mendes	00:30:01	00:56:58	00:55:53		Senior
1671	André Marquet	00:29:23	00:56:58	00:56:09		Senior
1672	Lourenço Lobo	00:29:08	00:56:59	00:56:06		Veterano 3
1673	António Pimpão	00:30:01	00:56:59	00:55:22	UNICER	Veterano 1
1674	Joana Pereira	00:28:24	00:56:59	00:56:50	Clube MILLENNIUMBCP	Junior
1675	António Jesus	00:29:26	00:57:02	00:55:36	Lá Vão ... de Almeirim	Veterano 6
1676	Fernando Palha	00:29:00	00:57:02	00:55:57		Veterano 1
1677	Carlos Silva	00:28:48	00:57:03	00:56:02		Veterano 6
1678	Marcos Mendes	00:29:24	00:57:05	00:55:32		Senior
1679	Marcela Schmidt	00:32:00	00:57:05	00:55:32		Senior
1680	Conceição Alves	00:31:13	00:57:05	00:56:16	koxus	Veterana
1681	Jose Fartaria	00:28:38	00:57:05	00:56:16	koxus	Veterano 5
1682	Raul Santos	00:28:40	00:57:06	00:55:43	Pombalinos	Veterano 6
1683	Frederica Piedade	00:30:40	00:57:07	00:55:33	Holmes Place	Senior
1684	Hugo Matos	00:29:54	00:57:08	00:55:41		Senior
1685	Carolina Manuel	00:30:38	00:57:09	00:56:15		Veterana
1686	Susana Santos	00:32:18	00:57:10	00:55:55	Clube ANA Lisboa	Veterana
1687	Clara Raimundo	00:30:44	00:57:11	00:55:55		Veterana
1688	Paulo Duarte	00:26:53	00:57:11	00:57:00	GDCT UNICRE	Veterano 3
1689	Marcelo Cardoso	00:28:47	00:57:11	00:57:00	GDCT UNICRE	Veterano 2
1690	Miguel Nunes	00:28:46	00:57:14	00:55:52		Veterano 1
1691	Andre Noronha	00:29:59	00:57:16	00:56:04	SS CGD	Veterano 3
1692	Nuno Prates	00:29:49	00:57:16	00:55:39		Veterano 2
1693	José Pinto	00:29:13	00:57:17	00:55:56		Senior
1694	Alexandre Gaspar	00:28:30	00:57:18	00:56:18		Veterano 6
1695	Pedro Silva	00:27:15	00:57:18	00:56:31		Veterano 1
1696	João Dias	00:30:23	00:57:19	00:56:20	Grupo Desportivo Ferroviários do Barreiro	Veterano 1
1697	Alexandre Martinho	00:29:18	00:57:20	00:56:34	Holmes Place	Veterano 1
1698	Sofia Mendes	00:31:54	00:57:20	00:56:34	Holmes Place	Veterana
1699	João Figueiredo	00:29:35	00:57:20	00:55:18		Veterano 4
1700	Carlos Santos	00:29:01	00:57:21	00:56:09		Veterano 2
1701	Nuno Mateus	00:30:08	00:57:21	00:56:01		Senior
1702	Rui Duarte	00:28:59	00:57:23	00:56:00		Veterano 2

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1703	Tânia Valentim	00:30:24	00:57:23	00:57:12		Senior
1704	Barbara Conceição	00:31:48	00:57:23	00:56:18	CML	Veterana
1705	Teresa Menezes	00:32:11	00:57:24	00:55:23	Os Koxos	Veterana
1706	José Carlos	00:29:00	00:57:24	00:56:51	Os amigos do Atletismo de Avis	Veterano 6
1707	Luis Santos	00:25:45	00:57:24	00:57:22		Veterano 2
1708	Rui Quinta	00:30:27	00:57:28	00:56:11		Veterano 2
1709	João Correia	00:29:41	00:57:28	00:56:00		Junior
1710	José Prisal	00:28:09	00:57:29	00:56:44		Veterano 4
1711	Ivone Matos	00:32:29	00:57:29	00:56:00		Senior
1712	Carlos Fernandes	00:28:11	00:57:29	00:56:44		Veterano 4
1713	Carolina Silva	00:30:53	00:57:29	00:57:02	ASICS	Senior
1714	Pedro Viegas	00:28:24	00:57:31	00:57:01		Senior
1715	Olivia Gaspar	00:31:46	00:57:31	00:56:42	Holmes Place	Veterana
1716	Luís Januário	00:28:29	00:57:32	00:56:28		Veterano 4
1717	Jorge Gomes	00:26:51	00:57:32	00:57:03		Veterano 1
1718	Mónica Teixeira	00:29:26	00:57:32	00:57:20	A.M. Atibá	Senior
1719	Ana Pereira	00:31:19	00:57:33	00:56:38		Veterana
1720	Rosa Afonso	00:31:19	00:57:34	00:56:39		Veterana
1721	Bernardo Marques	00:28:42	00:57:35	00:56:52		Veterano 2
1722	Carlos Abreu	00:28:19	00:57:35	00:56:52		Veterano 1
1723	Marta Antas	00:31:17	00:57:36	00:56:52		Senior
1724	Jose Cal	00:30:45	00:57:37	00:56:02		Veterano 4
1725	João Camolino	00:30:23	00:57:38	00:56:32		Senior
1726	Nuno Gonçalves	00:27:28	00:57:38	00:57:17		Veterano 5
1727	José Resende	00:30:25	00:57:39	00:56:49		Senior
1728	Ricardo Marvao	00:30:25	00:57:39	00:56:50		Senior
1729	Marta Coelho	00:31:53	00:57:40	00:56:53	Holmes Place	Senior
1730	Raquel Tavares	00:31:52	00:57:40	00:56:54	Holmes Place	Senior
1731	Paulo Caldeira	00:29:16	00:57:41	00:56:53	Holmes Place	Veterano 2
1732	Ricardo Reis	00:28:52	00:57:41	00:56:50		Veterano 1
1733	Telma Esteves	00:32:30	00:57:42	00:55:56	Sisters	Senior
1734	Duarte Ferreira	00:31:06	00:57:44	00:55:31		Senior
1735	Nuno Constâncio	00:28:03	00:57:45	00:56:50		Veterano 1
1736	António Monteiro	00:29:07	00:57:45	00:56:21		Veterano 6
1737	Marta Tomada	00:31:38	00:57:48	00:56:49		Veterana
1738	Aida Fonseca	00:31:55	00:57:48	00:56:22		Veterana
1739	Isilda Barradas	00:30:54	00:57:49	00:57:35		Veterana

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1740	César Neves	00:28:11	00:57:50	00:56:45		Senior
1741	Rogério Machado	00:26:59	00:57:50	00:56:50		Senior
1742	Luísa Ralha	00:29:39	00:57:52	00:57:26	Run 4 Fun	Veterana
1743	Fernando Silva	00:29:19	00:57:53	00:56:57		Veterano 4
1744	Ricardo Tomás	00:29:24	00:57:54	00:57:48	SCP	Veterano 2
1745	Jaime Trabucho	00:29:22	00:57:54	00:57:12		Veterano 3
1746	Claudia Novais	00:31:55	00:57:54	00:56:22	Netcourier Logistica	Veterana
1747	Isabel Alpiarça	00:33:01	00:57:55	00:56:33		Veterana
1748	Nuno Gião	00:29:10	00:57:56	00:56:26		Veterano 1
1749	Ana Serpa	00:32:46	00:57:56	00:56:27	Serpa e Palma	Senior
1750	Carlos Simão	00:30:26	00:57:57	00:56:35		Veterano 2
1751	Ana Duarte	00:31:02	00:57:57	00:57:10		Senior
1752	Rodrigo Brandalise	00:29:39	00:57:57	00:56:57		Veterano 1
1753	Ana Monteiro	00:29:19	00:57:57	00:57:03		Veterana
1754	Jose Ferreira	00:28:45	00:57:58	00:57:16		Veterano 1
1755	Rui Cunha	00:29:07	00:57:59	00:56:33	Atleta Digital	Veterano 2
1756	Rui Ferreira	00:28:22	00:57:59	00:57:00	Holmes Place	Veterano 2
1757	Semiro Alves	00:28:51	00:57:59	00:57:31		Veterano 5
1758	Severino Rosa	00:29:59	00:58:00	00:56:49	SS CGD	Veterano 5
1759	Eduardo Pinheiro	00:28:04	00:58:00	00:57:37	Clube ANA Lisboa	Veterano 3
1760	João Dias	00:29:05	00:58:00	00:56:24	Clube Grupo BES	Veterano 1
1761	Luzia Lampreia	00:33:01	00:58:01	00:56:38		Junior
1762	Teresa Guedes	00:32:04	00:58:01	00:56:35		Senior
1763	Paulo Bailao	00:30:00	00:58:07	00:56:56	SS CGD	Veterano 2
1764	Albertino Semedo	00:29:39	00:58:07	00:56:59	SS CGD	Veterano 4
1765	Ana Marques	00:31:11	00:58:08	00:57:20	Falcões Selvagens	Veterana
1766	Nelson Marques	00:28:03	00:58:09	00:57:36	correr = - na farmacia	Senior
1767	Carlos Santos	00:28:44	00:58:09	00:56:55		Veterano 2
1768	Ernesto Barroso	00:30:06	00:58:10	00:57:37		Veterano 2
1769	Paula Costa	00:32:36	00:58:10	00:56:59	SS CGD	Veterana
1770	Célia Paiva	00:33:02	00:58:12	00:56:58		Veterana
1771	Miguel Rocha	00:27:15	00:58:14	00:57:52		Veterano 3
1772	Ivan Guerra	00:29:25	00:58:15	00:57:28	Holmes Place	Senior
1773	Luis Miranda	00:28:57	00:58:17	00:57:10	Atleta Digital	Senior
1774	Nuno Gomes	00:29:22	00:58:19	00:56:30		Veterano 1
1775	Luis Romão	00:29:32	00:58:22	00:57:40		Veterano 2
1776	Jorge Gois	00:28:00	00:58:22	00:57:53	Clube Grupo BES	Veterano 4

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1777	Andre Palmeiro	00:27:46	00:58:23	00:57:36		Veterano 1
1778	João Lobo	00:29:20	00:58:23	00:57:38	Holmes Place	Veterano 3
1779	Nuno Dias	00:30:07	00:58:23	00:56:45		Senior
1780	Tadeu Melo	00:31:02	00:58:24	00:57:15		Senior
1781	Cruz Marques	00:29:45	00:58:28	00:57:14	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 6
1782	Miguel Mateus	00:29:25	00:58:28	00:57:11	Mateus	Veterano 2
1783	José Pires	00:29:46	00:58:28	00:57:16	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 6
1784	Telma Lopes	00:29:45	00:58:31	00:58:21	construtenis	Senior
1785	Filipe Leão	00:33:39	00:58:32	00:56:47		Senior
1786	Sara Fonseca	00:31:55	00:58:33	00:57:15		Senior
1787	Pedro Moura	00:30:28	00:58:33	00:57:15		Veterano 3
1788	Katja Goettsche	00:32:09	00:58:34	00:56:56		Veterana
1789	João Fino	00:29:15	00:58:35	00:57:09		Veterano 3
1790	Edmundo Simoes	00:29:10	00:58:36	00:57:43		Veterano 5
1791	Agostinho Carrigo	00:29:18	00:58:37	00:56:56	CARRIS	Veterano 5
1792	Rita Valentim	00:32:31	00:58:38	00:57:01		Veterana
1793	Gina Correia	00:32:31	00:58:38	00:57:01		Senior
1794	Rui Correia	00:32:14	00:58:39	00:57:09		Veterano 3
1795	Isabel Câmara	00:31:22	00:58:43	00:58:23		Veterana
1796	Antonio Mourao	00:28:14	00:58:44	00:58:19		Veterano 3
1797	A. Mesquita	00:29:09	00:58:44	00:58:13		Veterano 6
1798	Luis Gatinho	00:30:04	00:58:45	00:57:21	Holmes Place	Veterano 2
1799	Ana Carvalho	00:32:12	00:58:46	00:57:43	Carvalhos	Senior
1800	Gilberto Gonçalves	00:30:22	00:58:47	00:57:54	Recreativo Alvorada	Veterano 6
1801	Adelaide Manhiça	00:29:59	00:58:47	00:58:44		Veterana
1802	João Fandango	00:30:22	00:58:47	00:57:55	Clube Atletismo Amigos de Belém-C.A.A.B.	Veterano 5
1803	Inês Santos	00:33:02	00:58:47	00:57:34		Senior
1804	José Simões	00:28:28	00:58:49	00:58:27	Georunners	Veterano 5
1805	Helder Diogo	00:27:35	00:58:49	00:58:32		Veterano 2
1806	Fernando Matos	00:29:04	00:58:50	00:57:48		Veterano 5
1807	Carlos Ferreira	00:30:28	00:58:50	00:57:30	CML	Veterano 3
1808	Ana Ramos	00:31:45	00:58:51	00:57:44		Senior
1809	José Andrade	00:30:10	00:58:53	00:57:53		Veterano 2
1810	Alexandre Martins	00:29:45	00:58:53	00:57:58	Holmes Place	Senior
1811	Joana Almeida	00:32:45	00:58:53	00:57:58	Holmes Place	Senior
1812	João Barros	00:30:03	00:58:53	00:57:23		Veterano 4
1813	Francisco Clerigo	00:29:50	00:58:55	00:57:46	SS CGD	Veterano 5

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1814	Luis Ribeiro	00:29:52	00:58:55	00:57:39	CARRIS	Veterano 4
1815	Célia Gil	00:32:31	00:58:59	00:57:21		Veterana
1816	Rita Vilaça	00:31:37	00:59:01	00:57:53	Gallo	Veterana
1817	Fernando Fernandes	00:28:58	00:59:01	00:57:05	Wikaboo	Senior
1818	Rita Sousa	00:32:31	00:59:02	00:57:35		Junior
1819	António Rodrigues	00:29:21	00:59:02	00:57:59	Grupo Desportivo Ferroviários do Barreiro	Veterano 6
1820	António Monteiro	00:31:43	00:59:03	00:57:45		Veterano 3
1821	Maria Coutinho	00:31:40	00:59:04	00:58:00		Veterana
1822	Isabel Neves	00:31:30	00:59:05	00:58:55		Veterana
1823	Iolanda Teixeira	00:32:24	00:59:05	00:58:15	Holmes Place	Veterana
1824	Francisco Prates	00:30:57	00:59:05	00:57:55	Associação de Atletismo "Lebres do Sado"	Veterano 6
1825	Luis Bouceiro	00:29:48	00:59:05	00:58:15	Holmes Place	Veterano 3
1826	Manuel Pardal	00:30:57	00:59:06	00:57:55	Associação de Atletismo "Lebres do Sado"	Veterano 5
1827	Jorge Dias	00:29:28	00:59:06	00:57:53		Veterano 3
1828	Pedro Sousa	00:29:55	00:59:06	00:57:40		Veterano 3
1829	Francisco Onofre	00:29:57	00:59:08	00:58:21		Junior
1830	João Onofre	00:29:57	00:59:08	00:58:21		Veterano 2
1831	Javier Arrupea	00:30:08	00:59:08	00:57:42		Veterano 1
1832	Bruno Roque	00:28:46	00:59:09	00:58:21		Veterano 1
1833	João Veiga	00:29:53	00:59:10	00:57:42		Veterano 6
1834	João Lucas	00:29:03	00:59:11	00:58:55	Paparoukos	Senior
1835	João Brito	00:29:03	00:59:11	00:58:55	Paparoukos	Senior
1836	Nuno Peralta	00:29:22	00:59:11	00:58:12		Veterano 1
1837	Dorindo Ferreira	00:28:09	00:59:12	00:58:18		Veterano 6
1838	André Piçarra	00:28:53	00:59:12	00:57:28	Palhaços	Senior
1839	Luis Policarpo	00:28:12	00:59:12	00:58:53		Veterano 3
1840	Rodrigo Pinto	00:29:44	00:59:13	00:57:32		Veterano 1
1841	Tiago Vasconcelos	00:32:23	00:59:14	00:57:22		Junior
1842	João Santos	00:31:02	00:59:14	00:57:47		Veterano 3
1843	Francisco Alves	00:29:00	00:59:15	00:58:28	Grupo Recreativo Cultural e Desportivo de Leião	Veterano 5
1844	João Rita	00:30:17	00:59:15	00:58:22	Pelegas	Senior
1845	Antonio Ferreira	00:30:57	00:59:15	00:57:53		Veterano 6
1846	António Franco	00:29:40	00:59:17	00:58:04		Senior
1847	João Oliveira	00:29:25	00:59:18	00:58:16		Veterano 3
1848	Paulo Silva	00:29:23	00:59:18	00:58:22		Veterano 3
1849	Bruno Carvalho	00:29:01	00:59:19	00:58:01		Senior
1850	Maria Fonseca	00:33:08	00:59:19	00:58:24		Veterana

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1851	Rosangela Barreto	00:33:30	00:59:19	00:57:40		Veterana
1852	Filipe Pinto	00:26:40	00:59:19	00:59:02		Senior
1853	Manuel Pereira	00:30:03	00:59:21	00:58:20	Clube MILLENNIUMBCP	Veterano 4
1854	Wilson Junior	00:29:39	00:59:21	00:58:03		Veterano 2
1855	Rui Pinto	00:30:03	00:59:21	00:58:20		Veterano 3
1856	Possidónio Cachapa	00:28:06	00:59:22	00:58:48		Veterano 3
1857	Bruno Talhadas	00:29:46	00:59:22	00:58:11		Veterano 1
1858	Ana Correia	00:32:10	00:59:23	00:58:24		Senior
1859	João Fonseca	00:30:31	00:59:24	00:58:29		Veterano 5
1860	Rui Moreira	00:30:54	00:59:25	00:57:44		Veterano 1
1861	Carlos Albano	00:32:15	00:59:25	00:57:25	SS CGD	Veterano 2
1862	João Fernandes	00:31:45	00:59:25	00:58:05		Junior
1863	Pedro Garcia	00:30:40	00:59:27	00:57:30		Veterano 5
1864	Zaida Pires	00:33:15	00:59:27	00:58:03		Veterana
1865	Francisco Pereira	00:30:36	00:59:28	00:57:41	Amigos de Peva	Veterano 6
1866	Claire Saha	00:32:19	00:59:28	00:58:29		Senior
1867	António Garcia	00:27:03	00:59:29	00:59:07		Veterano 3
1868	João Santos	00:30:42	00:59:30	00:57:58		Veterano 1
1869	Ricardo Marques	00:30:27	00:59:31	00:58:42	Holmes Place	Veterano 1
1870	Bruno Silva	00:30:04	00:59:31	00:57:50		Veterano 1
1871	Cristiana Silva	00:32:41	00:59:31	00:57:50		Senior
1872	Eduardo Sorensen	00:30:53	00:59:35	00:58:22		Senior
1873	David Aragão	00:29:59	00:59:35	00:57:47	Os Corredores	Junior
1874	Lara Silva	00:32:31	00:59:35	00:58:31		Veterana
1875	José Nunes	00:28:38	00:59:36	00:58:55		Veterano 3
1876	Sebastião Melo	00:30:01	00:59:36	00:58:10	Casa da Comarca de Arganil	Veterano 5
1877	Cristiana Fidalgo	00:31:39	00:59:37	00:58:54	Holmes Place	Veterana
1878	Jorge Oliveira	00:30:38	00:59:37	00:58:09	El Corte Inglés	Senior
1879	João Adegas	00:29:30	00:59:38	00:58:26		Veterano 2
1880	Sérgio Cruz	00:30:34	00:59:38	00:58:12	Cruz & Guerra	Veterano 6
1881	Susana Adegas	00:32:07	00:59:38	00:58:26		Veterana
1882	António Pinho	00:30:00	00:59:39	00:58:43	O Mundo da Corrida	Veterano 5
1883	Sonia Lopes	00:31:26	00:59:40	00:59:27	A.M. Atibá	Veterana
1884	Severino Cruz	00:29:58	00:59:41	00:58:22	AFIS-OVAR	Veterano 3
1885	Sónia	00:33:57	00:59:41	00:58:05	Trio	Veterana
1886	Joaquim Pereira	00:28:56	00:59:42	00:59:33	Associação de Atletismo "Lebres do Sado"	Veterano 6
1887	Zé Pedro	00:31:22	00:59:42	00:58:07	Trio	Veterano 2

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1888	Jose Abreu	00:29:38	00:59:42	00:59:05	Grupo Desportivo Imprensa Nacional Casa da Moeda	Veterano 6
1889	Ana Costa	00:32:36	00:59:44	00:58:38		Senior
1890	Vítor Goncalves	00:30:11	00:59:46	00:58:50		Veterano 2
1891	Nuno Molero	00:29:41	00:59:50	00:58:23		Senior
1892	João Rita	00:30:17	00:59:50	00:58:58	Pelegas	Veterano 4
1893	José Bernardo	00:29:42	00:59:51	00:58:56		Veterano 5
1894	José Gaspar	00:30:20	00:59:51	00:58:20		Veterano 3
1895	Ricardo Ataide	00:30:30	00:59:52	00:58:35		Senior
1896	Elizabeth Aitken	00:33:06	00:59:52	00:58:36		Senior
1897	António Glória	00:29:59	00:59:52	00:58:47		Veterano 2
1898	Paula Santos	00:32:54	00:59:52	00:58:03		Veterana
1899	Rui Duarte	00:29:58	00:59:53	00:58:47		Veterano 2
1900	Bernardo Perloiro	00:29:58	00:59:53	00:58:48		Veterano 2
1901	João Correia	00:28:50	00:59:53	00:58:46		Veterano 1
1902	Abel Almeida	00:31:27	00:59:53	00:58:09		Veterano 6
1903	Rita Margarido	00:32:54	00:59:54	00:58:04		Senior
1904	João Vaz	00:28:38	00:59:54	00:59:23	Clube do Stress	Veterano 2
1905	Pedro Silva	00:30:27	00:59:57	00:58:41		Veterano 1
1906	João Silva	00:30:44	00:59:58	00:58:24		Senior
1907	Pedro Oliveira	00:30:43	00:59:58	00:58:25		Senior
1908	Jacinto Godinho	00:30:01	00:59:59	00:58:41	Godinho	Veterano 3
1909	Catarina Dias	00:31:34	00:59:59	00:59:20	Serviços Sociais Montepio Geral	Senior
1910	Fernando Calcada	00:28:59	00:59:59	00:59:20	Serviços Sociais Montepio Geral	Veterano 1
1911	Humberto Chaves	00:30:31	01:00:00	00:58:35		Veterano 5
1912	Sara Rodriguez	00:33:18	01:00:00	00:58:14		Senior
1913	João Assunção	00:31:47	01:00:00	00:58:42		Senior
1914	José Carrilho	00:32:21	01:00:02	00:59:12		Veterano 1
1915	Rodrigo Esteves	00:30:09	01:00:02	00:58:13		Senior
1916	Paulo Batista	00:30:21	01:00:04	00:58:51		Veterano 1
1917	Carlos Correia	00:30:22	01:00:04	00:58:50		Senior
1918	João Carreiras	00:29:57	01:00:05	00:58:48	CARRIS	Veterano 5
1919	Pedro Lau	00:30:38	01:00:05	00:58:14		Veterano 1
1920	André Coelho	00:31:54	01:00:06	00:58:32		Senior
1921	Inácio Pinto	00:31:53	01:00:07	00:58:32		Senior
1922	Nelson Duarte	00:28:58	01:00:08	00:58:51		Senior
1923	João Cravo	00:28:56	01:00:08	00:58:53		Senior
1924	Ana Rodrigues	00:32:48	01:00:09	00:59:33	Clube MILLENNIUMBSP	Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1925	Hélio Godinho	00:30:12	01:00:09	00:59:34		Veterano 6
1926	José Zacarias	00:30:08	01:00:09	00:58:32		Veterano 4
1927	João Pires	00:28:58	01:00:10	00:58:53		Senior
1928	Mireia Serrano	00:34:02	01:00:10	00:59:02		Senior
1929	Maria Safara	00:32:20	01:00:11	00:58:53	Wikaboo	Senior
1930	Adelino Gonçalves	00:30:46	01:00:16	00:58:12	Amigos de Peva	Veterano 6
1931	Nelson Almeida	00:30:35	01:00:18	00:59:04		Veterano 1
1932	Luís Santos	00:34:49	01:00:18	00:58:42	CML	Veterano 3
1933	Ricardo Carvalho	00:30:57	01:00:21	00:59:19		Veterano 2
1934	Pedro Félix	00:34:49	01:00:22	00:58:43	CML	Veterano 2
1935	Dinis Melro	00:30:41	01:00:22	00:59:03		Senior
1936	Ricardo Gomes	00:30:55	01:00:26	00:59:01		Veterano 2
1937	Arsénio Facas	00:29:48	01:00:26	01:00:03	CP - Clube Ferroviário de Portugal	Veterano 6
1938	João Moreira	00:30:54	01:00:26	00:59:01		Veterano 2
1939	Márcia Salgueiro	00:33:34	01:00:26	00:59:01	Família Salgueiro	Senior
1940	Pedro Salgueiro	00:30:58	01:00:27	00:59:01	Família Salgueiro	Senior
1941	Paulo Onofre	00:29:56	01:00:28	00:59:45		Veterano 2
1942	João Gonçalves	00:30:53	01:00:28	00:58:46	GARMIN Clube Olimpico de Oeiras	Veterano 4
1943	Maria Santos	00:32:05	01:00:31	00:59:46	Mirantense Futebol Clube	Veterana
1944	Núria Bonet	00:34:01	01:00:32	00:59:24		Senior
1945	Antonio Reis	00:30:19	01:00:32	00:59:41	Clube Grupo BES	Veterano 3
1946	Ricardo Correia	00:29:21	01:00:36	00:59:46		Veterano 2
1947	Ninousca Boto	00:31:58	01:00:36	00:59:46		Veterana
1948	Rui Barata	00:29:35	01:00:39	01:00:03	ASICS	Veterano 3
1949	Luis Marques	00:31:00	01:00:42	00:59:12		Veterano 1
1950	Margarida Sequeira	00:33:21	01:00:42	00:59:31	SS CGD	Veterana
1951	Paulo Antunes	00:30:09	01:00:43	00:58:49		Veterano 2
1952	Sara Ramos	00:34:10	01:00:43	00:59:00		Senior
1953	Mónica Miguéis	00:33:12	01:00:44	00:59:11		Veterana
1954	Maria Correia	00:33:42	01:00:45	00:59:23	Associação de Paraquedistas Tejo-Norte	Veterana
1955	Rafael Castro	00:31:22	01:00:45	00:58:52	Rafajoanas	Senior
1956	Mário Pereira	00:29:33	01:00:45	01:00:15	construtenis	Veterano 2
1957	Antonio Pires	00:31:00	01:00:48	00:59:41		Senior
1958	Claudia Revez	00:33:36	01:00:48	00:59:42		Senior
1959	José Gil	00:29:58	01:00:48	00:59:21		Veterano 1
1960	Marta Reis	00:32:48	01:00:51	00:59:33		Veterana
1961	Maria Cechella	00:33:54	01:00:51	00:59:28		Veterana

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1962	Rita Machado	00:33:32	01:00:51	00:59:17	ASICS	Veterana
1963	André Simões	00:30:49	01:00:52	01:00:09		Veterano 2
1964	Raquel Monteiro	00:34:22	01:00:52	00:59:33		Junior
1965	Filipe Pereira	00:31:29	01:00:53	00:59:11		Senior
1966	Kellen Abreu	00:34:05	01:00:53	00:59:11		Veterana
1967	Fatima Fernandes	00:31:38	01:00:53	01:00:15	Papa Léguas Team	Veterana
1968	Miguel Barata	00:31:12	01:00:55	00:59:15	CP - Clube Ferroviário de Portugal	Veterano 1
1969	Fernando Manuel	00:30:04	01:00:57	00:59:59		Veterano 5
1970	Ana Carvalho	00:33:58	01:00:58	00:59:04	Rafajoanas	Senior
1971	Jose Cardoso	00:29:00	01:00:58	01:00:25		Veterano 6
1972	Paulo Ascensão	00:28:51	01:00:59	01:00:20	Grupo Desportivo CIMPOR	Veterano 2
1973	Luis Fonseca	00:30:59	01:01:00	00:59:16		Veterano 3
1974	Mário Sá	00:30:59	01:01:00	00:59:15		Senior
1975	Paula Gomes	00:33:35	01:01:02	00:59:35		Veterana
1976	Pedro Carvalho	00:31:03	01:01:03	00:59:22		Veterano 2
1977	Isabel Silva	00:31:44	01:01:03	01:00:21	Grupo Recreativo Cultural e Desportivo de Leião	Veterana
1978	Rui Calisto	00:28:40	01:01:04	01:00:22		Veterano 1
1979	Ligia Morais	00:32:23	01:01:05	00:59:30	Serviços Sociais Montepio Geral	Veterana
1980	João Branco	00:32:34	01:01:07	00:59:23	Associação Ant. Emp. BNU	Veterano 6
1981	Pedro Duarte	00:31:21	01:01:10	00:59:39	Clube do Stress	Veterano 5
1982	Susana Mendes	00:32:05	01:01:13	01:00:44	Vector Mais	Veterana
1983	Gonçalo Lopes	00:30:12	01:01:13	00:59:47	Casa do Benfica da Figueira Foz	Senior
1984	Ana Santos	00:33:05	01:01:13	00:59:50		Senior
1985	Filipe Mestre	00:29:04	01:01:13	01:00:14		Senior
1986	Maria Batista	00:31:24	01:01:15	01:00:35	G.A. "Os Tartarugas"	Veterana
1987	Antonio Almeida	00:31:05	01:01:21	01:00:13		Veterano 4
1988	Ana Ferrão	00:32:06	01:01:22	01:00:32	Climemma	Senior
1989	Alvaro Silveira	00:31:02	01:01:22	01:00:22	Macuas	Veterano 3
1990	Carla Peixe	00:33:40	01:01:22	01:00:22	Macuas	Veterana
1991	Pedro Lima	00:31:11	01:01:23	01:00:00		Veterano 4
1992	Eberhard Wilhelm	00:29:30	01:01:23	01:00:27		Veterano 6
1993	Manuel Romão	00:30:34	01:01:27	01:00:45		Veterano 6
1994	Luís Neves	00:31:05	01:01:27	01:00:01	ASICS	Veterano 1
1995	Luís Vaz	00:29:51	01:01:27	00:59:56		Veterano 2
1996	Adriano Lira	00:31:39	01:01:28	01:00:57	Rock & Roll	Veterano 2
1997	João Costa	00:30:58	01:01:29	00:59:59	Grupo Recreativo Cultural e Desportivo de Leião	Veterano 3
1998	António Pereira	00:29:56	01:01:30	01:00:13	Grupo Desportivo e Cultural do Banco de Portugal	Veterano 6

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
1999	Pedro Silva	00:29:45	01:01:31	00:59:51		Senior
2000	Elisa Canário	00:32:44	01:01:31	01:01:12		Senior
2001	Bruno Alberto	00:30:14	01:01:31	01:00:24		Veterano 1
2002	Mário Freitas	00:30:18	01:01:32	01:00:10		Veterano 2
2003	Catarina Oliveira	00:33:28	01:01:32	01:00:28		Senior
2004	Joaquim Gomes	00:30:34	01:01:33	00:59:48	Palhaços	Senior
2005	Rui Leitão	00:30:25	01:01:37	01:00:22	Sapatilhas Ardentes	Veterano 1
2006	Ana Leitão	00:33:01	01:01:38	01:00:22	Sapatilhas Ardentes	Veterana
2007	Luis Branco	00:30:25	01:01:38	01:00:22		Veterano 1
2008	Joaquim Fonseca	00:31:33	01:01:39	01:00:45	Os Super	Veterano 5
2009	Ana Duarte	00:32:01	01:01:40	01:00:54	Falcões Selvagens	Veterana
2010	Filipe Machado	00:32:49	01:01:46	01:00:28	Clube do Stress	Junior
2011	Diogo Assis	00:31:44	01:01:51	00:59:53		Senior
2012	Alexandrino Meirinhas	00:30:26	01:01:52	01:01:03	Jovens da Serra das Minas	Veterano 4
2013	Serafim Alves	00:30:37	01:01:53	01:00:48	Lang	Veterano 5
2014	Ana Santos	00:34:27	01:01:53	01:00:00	Rafajoanas	Senior
2015	Sabine Aragão	00:33:25	01:01:54	01:00:05	Os Corredores	Veterana
2016	João Cardoso	00:31:51	01:01:55	01:00:00	Rafajoanas	Senior
2017	Hassam Ibrahim	00:29:48	01:01:58	01:01:32		Senior
2018	Helena Santos	00:32:56	01:01:58	01:01:31	ASICS	Veterana
2019	Patricia Pereira	00:34:23	01:01:59	01:00:13		Veterana
2020	António Jorge	00:30:20	01:02:00	01:01:32	ASICS	Veterano 5
2021	Elisabete Rocha	00:32:43	01:02:02	01:01:29	Grupo Recreativo Cultural e Desportivo de Leião	Veterana
2022	Pedro Preto	00:31:31	01:02:05	01:00:41	CML	Veterano 2
2023	Nuno Loureiro	00:31:40	01:02:06	01:00:42		Veterano 3
2024	Rui Pereira	00:30:15	01:02:06	01:00:50		Veterano 2
2025	Ana Curto	00:34:18	01:02:06	01:00:29		Veterana
2026	José Magalhães	00:29:38	01:02:07	01:01:34	Grupo Desportivo Banco BPI	Veterano 4
2027	Nídia Silva	00:32:38	01:02:08	01:01:38		Veterana
2028	Rodolfo Lima	00:30:37	01:02:09	01:01:26	Clube MILLENNIUMBCP	Veterano 2
2029	Luis Chaves	00:31:07	01:02:09	01:01:22		Veterano 4
2030	Adelino Pires	00:30:44	01:02:11	01:01:03	CML	Veterano 3
2031	Daniel Oliveira	00:29:37	01:02:11	01:01:02	CML	Veterano 5
2032	Celia Rato	00:34:10	01:02:12	01:01:10	Clube MILLENNIUMBCP	Veterana
2033	Pedro Machado	00:29:38	01:02:15	01:01:54		Veterano 1
2034	Ana Cabaço	00:33:14	01:02:15	01:00:39		Senior
2035	Artur Dinis	00:30:52	01:02:23	01:01:12		Veterano 4

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2036	Ana Pinheiro	00:33:55	01:02:26	01:00:59		Veterana
2037	Alexandra Forte	00:32:38	01:02:30	01:01:29		Veterana
2038	Domingos Amador	00:30:06	01:02:34	01:01:54	ASICS	Veterano 1
2039	Pedro Loureiro	00:30:06	01:02:34	01:01:55	ASICS	Veterano 2
2040	Paulo Rocha	00:31:57	01:02:35	01:00:39		Veterano 1
2041	Manuel Oliveira	00:32:33	01:02:36	01:00:51	Associação Ant. Emp. BNU	Veterano 6
2042	Maria Pombo	00:34:10	01:02:39	01:01:34		Veterana
2043	Vitor Martins	00:30:31	01:02:42	01:02:18		Veterano 6
2044	Pedro Alves	00:31:40	01:02:43	01:00:43		Veterano 1
2045	Pedro Gomes	00:30:39	01:02:43	01:01:22		Veterano 1
2046	Mercedes Fonseca	00:34:14	01:02:44	01:01:50	Os Super	Veterana
2047	João Correia	00:30:51	01:02:48	01:01:47		Veterano 5
2048	Joaquim Leomaro	00:30:57	01:02:49	01:01:36	Grupo Excursionista "Os Económicos"	Veterano 4
2049	Miguel Duarte	00:33:09	01:02:49	01:01:52	Clube do Stress	Veterano 3
2050	Luís Martins	00:30:30	01:02:51	01:02:10	CUN Boston	Veterano 4
2051	Hélder Varandas	00:30:56	01:02:51	01:01:44	REPORTPRO	Veterano 6
2052	Carlos Oliveira	00:30:56	01:02:53	01:01:20		Veterano 6
2053	Eva Carvalho	00:32:43	01:02:54	01:01:52	Carvalhos	Senior
2054	Jaime Roque	00:31:49	01:02:57	01:02:17		Veterano 3
2055	Amadeu Silva	00:32:05	01:02:58	01:01:48		Veterano 6
2056	Leonel Fernandes	00:31:48	01:02:59	01:01:29	Grupo Recreativo Cultural e Desportivo de Leião	Veterano 4
2057	Susana Cruz	00:35:29	01:03:00	01:01:38		Senior
2058	Filipa Rendo	00:35:29	01:03:00	01:01:38		Senior
2059	Maria Rosa	00:34:58	01:03:00	01:02:11		Senior
2060	Dora Duarte	00:33:16	01:03:01	01:02:25		Veterana
2061	Miguel Campos	00:30:09	01:03:01	01:02:10	Holmes Place	Veterano 2
2062	Miguel Beja	00:30:16	01:03:01	01:02:02	Holmes Place	Senior
2063	Manuel Monteiro	00:32:33	01:03:06	01:01:20		Veterano 4
2064	Filipe Pereira	00:28:14	01:03:07	01:01:17	NOESIS	Senior
2065	André Diniz	00:31:33	01:03:09	01:01:43		Senior
2066	Patrícia Pino	00:34:15	01:03:09	01:01:52	Ninjas da Estrada	Senior
2067	Marco Cruz	00:30:27	01:03:11	01:02:19	Recreativo Alvorada	Senior
2068	João Pinto	00:30:49	01:03:11	01:02:19		Veterano 1
2069	Rui Domingues	00:30:43	01:03:11	01:01:58		Veterano 3
2070	Ana Domingues	00:33:19	01:03:11	01:01:58		Veterana
2071	Ana Carvalho	00:33:39	01:03:14	01:03:04		Senior
2072	Antonio Barata	00:31:35	01:03:16	01:02:02	Clube Grupo BES	Veterano 1

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2073	Luis Matias	00:32:11	01:03:17	01:01:24		Senior
2074	Rui Ramos	00:30:53	01:03:17	01:02:52		Veterano 2
2075	Madalena Janeiro	00:36:05	01:03:18	01:02:21	Clube do Stress	Senior
2076	António Nascimento	00:31:39	01:03:18	01:02:41	Grupo Desportivo Imprensa Nacional Casa da Moeda	Veterano 6
2077	Rui Ribeiro	00:30:36	01:03:20	01:02:35		Veterano 5
2078	Miguel Oliveira	00:30:37	01:03:26	01:02:28	EngenhariaLiquida	Veterano 2
2079	Raimundo Filho	00:30:54	01:03:27	01:02:29		Veterano 4
2080	Paulo Carvalho	00:30:38	01:03:27	01:02:29	EngenhariaLiquida	Veterano 2
2081	Sergio Resende	00:30:11	01:03:28	01:02:40		Veterano 2
2082	Ricardo Costa	00:30:59	01:03:30	01:02:28		Junior
2083	Marcos Madeira	00:30:56	01:03:31	01:02:35		Veterano 1
2084	Vasco Rebelo	00:30:57	01:03:32	01:02:14		Veterano 3
2085	Monica Gigante	00:34:56	01:03:32	01:02:19		Veterana
2086	Gonçalo Rosa	00:33:30	01:03:33	01:02:03		Senior
2087	Duarte Ribeiro	00:30:50	01:03:34	01:02:07	Lá Vão ... de Almeirim	Veterano 1
2088	Mario Ferreira	00:31:04	01:03:39	01:02:48		Veterano 4
2089	João Lopes	00:31:45	01:03:39	01:01:41		Veterano 2
2090	Jorge Narciso	00:32:29	01:03:39	01:02:13	Casa da Comarca de Arganil	Veterano 4
2091	Antonio Lima	00:31:25	01:03:40	01:02:49		Veterano 4
2092	Beau Moore	00:31:20	01:03:41	01:01:51		Senior
2093	Alexandre Costa	00:31:27	01:03:42	01:01:57	Atleta Digital	Veterano 1
2094	Vitor Cordeiro	00:32:15	01:03:42	01:02:12		Veterano 5
2095	Maria Queluz	00:34:21	01:03:42	01:02:06		Veterana
2096	Telma Silva	00:32:52	01:03:44	01:02:42		Senior
2097	Duarte Faria	00:34:02	01:03:47	01:01:56		Senior
2098	Ana Trindade	00:35:06	01:03:47	01:02:42		Veterana
2099	Maria Sousa	00:34:13	01:03:48	01:02:57		Veterana
2100	Claudia Barragon	00:32:11	01:03:54	01:03:42		Veterana
2101	Elisabete Cruz	00:32:49	01:03:55	01:03:25		Veterana
2102	Luis Anastacio	00:31:57	01:03:56	01:02:45		Senior
2103	António Freitas	00:30:28	01:03:57	01:02:36		Veterano 1
2104	António Novas	00:31:14	01:03:59	01:02:40	Godinho	Senior
2105	Bruno Figueiredo	00:30:33	01:04:02	01:02:18	El Corte Inglés	Senior
2106	José Figueiredo	00:30:32	01:04:03	01:02:19	El Corte Inglés	Veterano 1
2107	Conceição Grilo	00:33:52	01:04:05	01:02:54		Veterana
2108	Maria Martins	00:35:03	01:04:05	01:02:18		Veterana
2109	Hugo Silva	00:30:17	01:04:06	01:03:28	ASICS	Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2110	Manuel Prates	00:32:50	01:04:06	01:02:34		Veterano 1
2111	Carlos Cravo	00:29:49	01:04:06	01:04:02	Amigos Atletismo Serra de Sintra	Veterano 3
2112	Celeste Cunha	00:36:20	01:04:13	01:02:43		Senior
2113	Nuno Oliveira	00:31:33	01:04:13	01:03:17		Veterano 1
2114	Fernando Filipe	00:31:35	01:04:13	01:03:10	Clube Grupo BES	Veterano 2
2115	Paulo Tainha	00:30:55	01:04:13	01:03:22		Veterano 3
2116	Vanessa Reis	00:34:55	01:04:15	01:03:08	Wikaboo	Senior
2117	António Nazário	00:31:56	01:04:15	01:03:26	Climemma	Veterano 6
2118	Sandrina Encarnação	00:34:55	01:04:15	01:03:08		Senior
2119	Liliana Guerra	00:35:16	01:04:15	01:02:50	Cruz & Guerra	Veterana
2120	Maria Pereira	00:34:55	01:04:19	01:03:22		Senior
2121	Elsa Gouveia	00:33:07	01:04:20	01:04:07		Veterana
2122	Margarida	00:34:03	01:04:21	01:02:46	Trio	Veterana
2123	Veronica Penido	00:34:04	01:04:21	01:02:45		Veterana
2124	Maria Regalo	00:34:32	01:04:22	01:02:56		Veterana
2125	Marta Veiga	00:33:42	01:04:22	01:02:56		Veterana
2126	Gabriel Charrua	00:31:13	01:04:23	01:03:25		Senior
2127	Helder Magalhães	00:31:32	01:04:23	01:02:50		Veterano 6
2128	Sabrina Serra	00:33:50	01:04:23	01:03:25		Senior
2129	Orlando Sousa	00:31:50	01:04:29	01:03:15	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 3
2130	Marta Mateus	00:33:23	01:04:37	01:03:23		Junior
2131	Miguel Oliveira	00:30:22	01:04:38	01:03:09		Senior
2132	Jose Carita	00:30:03	01:04:40	01:03:22	CCD Sintrense	Veterano 4
2133	Gerardo Atienza	00:31:46	01:04:41	01:03:08	Run 4 Fun	Veterano 3
2134	Helena Durão	00:34:22	01:04:41	01:03:08	Run 4 Fun	Veterana
2135	Paulo Sousa	00:31:26	01:04:41	01:02:57		Veterano 3
2136	Rui Marinho	00:31:37	01:04:43	01:03:17		Veterano 4
2137	Luísa Casimiro	00:34:20	01:04:44	01:04:05		Senior
2138	Liliana Silva	00:33:03	01:04:44	01:03:43		Senior
2139	Jorge Correia	00:34:34	01:04:44	01:04:14		Veterano 1
2140	Andre Dias	00:30:27	01:04:44	01:03:43		Senior
2141	Luis Godinho	00:32:31	01:04:45	01:03:16		Veterano 2
2142	João Teixeira	00:31:52	01:04:46	01:04:19		Veterano 2
2143	Nuno Pinheiro	00:30:59	01:04:47	01:03:29		Veterano 1
2144	Paula Batalha	00:34:13	01:04:49	01:03:47	Clube MILLENNIUMBCP	Veterana
2145	Sara Lopes	00:36:06	01:04:50	01:03:05	EMSA Running Team	Veterana
2146	Yannick Texier	00:33:30	01:04:50	01:03:04	EMSA Running Team	Veterano 5

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2147	José Paço	00:31:53	01:04:53	01:04:43		Veterano 2
2148	Isabel Castro	00:34:46	01:04:53	01:03:44	Familia	Veterana
2149	Fernanda Marques	00:34:04	01:04:56	01:03:50	Run 4 Fun	Veterana
2150	Paulo Esteves	00:32:23	01:04:56	01:03:50		Veterano 2
2151	Pedro Cardoso	00:32:12	01:04:56	01:03:47	Solar dos Presuntos	Veterano 2
2152	Isabel Gameiro	00:34:58	01:04:56	01:03:51		Veterana
2153	Orlando Silva	00:32:56	01:04:57	01:03:24	Santos & Silva	Veterano 5
2154	Renan Barros	00:34:24	01:04:58	01:03:27		Senior
2155	Rui Ramalho	00:32:00	01:05:00	01:04:17	Clube MILLENNIUMBCP	Veterano 2
2156	Sofia Ramalho	00:34:36	01:05:00	01:04:16	Clube MILLENNIUMBCP	Junior
2157	João Veloso	00:34:00	01:05:01	01:03:38		Veterano 2
2158	Manuel Silva	00:34:00	01:05:01	01:03:39		Veterano 4
2159	Fernando Reis	00:32:55	01:05:03	01:03:46	Clube do Stress	Veterano 6
2160	Carin Isacson	00:35:19	01:05:03	01:03:46	Slow Motion	Veterana
2161	Vasco Matos	00:31:03	01:05:04	01:03:33	CARRIS	Veterano 4
2162	Marta Alves	00:34:55	01:05:07	01:04:09		Senior
2163	Isabel Oliveira	00:34:16	01:05:08	01:03:54		Veterana
2164	Fernando Leandro	00:30:37	01:05:09	01:04:38	GARMIN Clube Olimpico de Oeiras	Veterano 4
2165	Julia Carmo	00:34:01	01:05:11	01:04:32	Grupo Carmo	Veterana
2166	Philippe Durot	00:31:54	01:05:17	01:03:49		Veterano 3
2167	Claire Durot	00:34:28	01:05:17	01:03:50		Senior
2168	Jose Mateus	00:32:29	01:05:19	01:04:01	Mateus	Junior
2169	Vitor Roquette	00:32:12	01:05:23	01:04:22		Veterano 4
2170	Alexandrina Filipe	00:34:12	01:05:25	01:04:22	Clube Grupo BES	Veterana
2171	Pedro Martins	00:31:13	01:05:27	01:04:08		Veterano 1
2172	Margarida Anjo	00:32:51	01:05:29	01:04:15		Junior
2173	Marco Dias	00:31:47	01:05:30	01:03:50	Spin and Sprint	Senior
2174	Lucia Franchi	00:34:22	01:05:30	01:03:50	Spin and Sprint	Veterana
2175	Inês Chung	00:35:20	01:05:32	01:04:27	Chungs	Veterana
2176	Jose Martins	00:32:02	01:05:33	01:04:10	CTJD	Veterano 4
2177	Paulo Santos	00:31:08	01:05:35	01:04:08		Veterano 1
2178	Sonia Schalk	00:35:01	01:05:37	01:04:08	schalk02	Veterana
2179	Rui Mascarenhas	00:32:24	01:05:37	01:04:08	schalk02	Veterano 3
2180	Nuno Silva	00:31:11	01:05:37	01:05:11		Senior
2181	Paula Loureiro	00:34:09	01:05:41	01:05:13		Veterana
2182	Carla Jaime	00:35:06	01:05:41	01:05:11		Veterana
2183	Fernando Allen	00:33:41	01:05:42	01:04:42		Veterano 6

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2184	Jorge Baptista	00:32:05	01:05:42	01:04:30		Veterano 5
2185	Antonio Costa	00:31:31	01:05:45	01:04:21		Veterano 6
2186	João Simões	00:33:47	01:05:46	01:04:30		Veterano 6
2187	Antonio Castañera	00:33:47	01:05:47	01:04:31		Veterano 2
2188	Isabel Chung	00:35:16	01:05:47	01:04:41		Veterana
2189	Nuno Chung	00:32:44	01:05:47	01:04:41	Chungs	Veterano 1
2190	Pilar Luz	00:36:57	01:05:49	01:04:19		Veterana
2191	Eduardo Moreira	00:34:21	01:05:49	01:04:19		Veterano 1
2192	Mariana Fagulha	00:37:24	01:05:52	01:04:22		Senior
2193	Luis Simoes	00:34:41	01:05:52	01:04:44	Gallo	Veterano 1
2194	Jorge Boim	00:30:11	01:05:56	01:04:33	sempre a fugir...	Veterano 1
2195	Clara Câmara	00:35:18	01:05:58	01:04:36	Clube do Stress	Senior
2196	Cátia Basto	00:35:23	01:05:59	01:05:09	Holmes Place	Senior
2197	Ana Martins	00:34:31	01:06:02	01:04:36		Senior
2198	Carolina Ribeiro	00:36:24	01:06:03	01:04:06	Wikaboo	Veterana
2199	Daren Warburton	00:33:53	01:06:05	01:04:51		Veterano 2
2200	Paulo Almeida	00:32:37	01:06:07	01:04:55		Senior
2201	Rute Almeida	00:35:13	01:06:08	01:04:55		Senior
2202	Silvia Breu	00:36:54	01:06:12	01:04:49	Associação de Paraquedistas Tejo-Norte	Veterana
2203	Isabel Costa	00:36:32	01:06:12	01:04:29	Sportlife	Veterana
2204	Paulo Patricio	00:33:56	01:06:12	01:04:30	Sportlife	Veterano 2
2205	Miguel Guerreiro	00:33:55	01:06:17	01:04:33	SIS Portugal	Senior
2206	Nuno Correia	00:33:55	01:06:17	01:04:34	SIS Portugal	Senior
2207	Marta Simas	00:34:18	01:06:23	01:05:54		Veterana
2208	Maria Cesário	00:36:52	01:06:25	01:04:34		Veterana
2209	Marta Queiroz	00:36:41	01:06:26	01:04:36		Senior
2210	Clara Faria	00:36:40	01:06:26	01:04:35		Veterana
2211	Sandra Ramalho	00:38:13	01:06:27	01:05:20		Veterana
2212	Luis Gonçalves	00:32:45	01:06:28	01:05:09		Senior
2213	Rita Mota	00:36:03	01:06:30	01:04:50		Senior
2214	Cristina Lemos	00:35:58	01:06:31	01:05:39	Wikaboo	Senior
2215	Paulo Esteves	00:33:22	01:06:31	01:05:39	Wikaboo	Veterano 2
2216	Filipa Remígio	00:36:44	01:06:32	01:04:45		Veterana
2217	Mário Santos	00:31:20	01:06:36	01:05:45		Veterano 2
2218	Joao Vieira	00:34:15	01:06:37	01:04:57		Veterano 3
2219	Rita Romão	00:36:46	01:06:39	01:04:52	Clube do Stress	Veterana
2220	Maria Anjos	00:34:53	01:06:42	01:06:11	Junta de Freguesia da Portela	Veterana

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2221	Nuno Lobato	00:33:44	01:06:44	01:05:15		Senior
2222	José Soares	00:33:32	01:06:49	01:06:00		Senior
2223	José Soares	00:33:33	01:06:49	01:06:00		Veterano 3
2224	Hermenio Cunha	00:33:32	01:06:49	01:06:01		Veterano 1
2225	Carlos Fulgêncio	00:32:01	01:06:52	01:06:05		Veterano 2
2226	Ricardo Caetano	00:30:51	01:06:57	01:06:00		Veterano 2
2227	António Henriques	00:31:47	01:06:58	01:05:33		Veterano 3
2228	José Cabral	00:32:05	01:06:59	01:06:18		Veterano 1
2229	Eugénia Cid	00:32:50	01:07:07	01:06:36	Sportlife	Veterana
2230	Susana Amaro	00:34:06	01:07:08	01:05:38		Senior
2231	André Simões	00:32:49	01:07:09	01:05:30		Veterano 1
2232	Alexandre Abade	00:33:09	01:07:10	01:05:38		Veterano 1
2233	Vasco Coelho	00:33:27	01:07:10	01:05:28		Veterano 1
2234	Filipa Malheiro	00:35:46	01:07:11	01:05:39		Veterana
2235	Fernando Aragão	00:33:48	01:07:11	01:05:23	Os Corredores	Veterano 4
2236	Vanessa Aragão	00:36:24	01:07:11	01:05:22	Os Corredores	Junior
2237	Carolina Martins	00:33:50	01:07:13	01:05:47		Junior
2238	Claudia Lourenço	00:36:08	01:07:18	01:06:08	SS CGD	Veterana
2239	António Cidadão	00:33:10	01:07:19	01:05:42		Veterano 4
2240	Bruno Pinto	00:33:24	01:07:20	01:05:36		Senior
2241	Luís Costa	00:33:53	01:07:25	01:05:49		Veterano 2
2242	Sara Fulgêncio	00:36:30	01:07:25	01:05:49		Veterana
2243	António Pereira	00:31:58	01:07:27	01:06:15	Centro Cultural e Desportivo dos Trabalhadores do M	Veterano 3
2244	Hugo Manuel	00:34:49	01:07:28	01:05:56		Veterano 1
2245	Luís Sousa	00:29:30	01:07:34	01:07:01	Academia do Lumiar	Veterano 1
2246	Frederico Silva	00:35:06	01:07:34	01:05:42		Veterano 1
2247	Gonçalo Prata	00:32:48	01:07:45	01:05:58	Rusty Guys	Senior
2248	Joaquim Almeida	00:32:49	01:07:45	01:05:58	Rusty Guys	Senior
2249	Cristina Martins	00:35:06	01:07:46	01:07:28		Veterana
2250	Sérgio Lamego	00:34:14	01:07:46	01:06:03		Veterano 1
2251	Manuel Alcada	00:34:14	01:07:47	01:06:04		Veterano 1
2252	Marina Barros	00:37:01	01:07:53	01:06:23		Senior
2253	Jorge Tavares	00:34:24	01:07:54	01:06:23		Senior
2254	Núbia Crespo	00:37:48	01:07:59	01:06:22		Senior
2255	Candida Pereira	00:43:50	01:08:04	01:07:51		Veterana
2256	Elisio Monteiro	00:34:17	01:08:05	01:06:05		Veterano 3
2257	Berta Matos	00:36:32	01:08:05	01:06:35		Veterana

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2258	Joana Fonseca	00:37:35	01:08:14	01:06:40	FIAT NA VIRGE	Veterana
2259	João Marques	00:34:58	01:08:14	01:06:40	FIAT NA VIRGE	Veterano 1
2260	Vitor Franco	00:32:01	01:08:14	01:07:01		Veterano 2
2261	Luís Cabaça	00:35:21	01:08:16	01:06:38	CML	Senior
2262	Ana Ribeiro	00:34:53	01:08:18	01:07:26		Senior
2263	André T.s.morgado	00:32:50	01:08:19	01:07:53	Clube ANA Lisboa	Senior
2264	Andreia Silva	00:34:53	01:08:21	01:07:29		Senior
2265	Manuel Sequeira	00:34:33	01:08:23	01:07:35	Grupo Desportivo Cultural Trabalhadores da Repsol	Veterano 6
2266	Alberto Cano	00:35:20	01:08:24	01:07:25	Clube Atletismo Amigos de Belém-C.A.A.B.	Veterano 5
2267	Teresa Cano	00:37:58	01:08:24	01:07:26	Clube Atletismo Amigos de Belém-C.A.A.B.	Veterana
2268	Filipa Silva	00:35:39	01:08:25	01:07:32		Senior
2269	Luis Marçal	00:33:02	01:08:25	01:07:33		Senior
2270	Elisabeth Loureiro	00:37:37	01:08:26	01:06:40		Veterana
2271	Ana Pereira	00:36:14	01:08:27	01:07:22	Carapaus de Corrida	Senior
2272	Vitor Santos	00:33:38	01:08:27	01:07:22	Carapaus de Corrida	Veterano 2
2273	Cristina Santos	00:35:45	01:08:27	01:07:01		Veterana
2274	Élia Granja	00:35:34	01:08:27	01:08:08		Veterana
2275	Rita Livério	00:35:10	01:08:34	01:07:46		Veterana
2276	Amílcar Almeida	00:31:32	01:08:34	01:08:01	TRI GO	Veterano 4
2277	Mauro Manuel	00:34:13	01:08:35	01:07:15	ACAPO	Senior
2278	Inês Cardoso	00:36:46	01:08:42	01:06:43		Veterana
2279	António Costa	00:32:48	01:08:43	01:07:04		Senior
2280	Teresa Serra	00:36:58	01:08:47	01:06:56		Veterana
2281	Lucas Rincon	00:33:17	01:08:50	01:07:36		Veterano 6
2282	Saima Salé	00:36:20	01:08:53	01:07:26		Senior
2283	André Ruivo	00:32:06	01:08:58	01:07:52		Senior
2284	Lucília Brito	00:34:43	01:08:58	01:07:39		Veterana
2285	Ricardo Matos	00:31:41	01:09:08	01:07:58		Veterano 2
2286	André Gil	00:31:41	01:09:16	01:07:23		Veterano 1
2287	Jorge Pereira	00:33:25	01:09:19	01:07:48	Clube do Stress	Veterano 4
2288	Joaquim Lavado	00:33:47	01:09:20	01:08:35	SS CGD	Veterano 5
2289	Antonio Prezado	00:35:51	01:09:22	01:07:44		Veterano 1
2290	Rui Raposo	00:34:40	01:09:25	01:08:36		Veterano 3
2291	Sonia Soares	00:35:34	01:09:25	01:08:37		Senior
2292	Mário Santos	00:34:06	01:09:35	01:09:01		Veterano 6
2293	José Dionísio	00:34:05	01:09:36	01:09:02		Veterano 5
2294	Paulino Correa	00:34:15	01:09:36	01:08:22		Veterano 1

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2295	António Rodrigues	00:34:28	01:09:37	01:07:59		Veterano 3
2296	Hugo Francisco	00:34:16	01:09:37	01:08:24		Senior
2297	André Vieira	00:36:31	01:09:41	01:08:00	El Corte Inglés	Senior
2298	Manuel Bras	00:34:11	01:09:41	01:08:30	SS CGD	Veterano 2
2299	António Gaspar	00:33:13	01:09:41	01:09:05	Grupo Desportivo Imprensa Nacional Casa da Moeda	Veterano 6
2300	Henrique Madeira	00:32:16	01:09:42	01:08:58	Grupo Excursionista "Os Económicos"	Veterano 5
2301	Ma Hung	00:34:50	01:09:44	01:08:32	ASICS	Veterano 6
2302	Carla Pereira	00:38:09	01:09:48	01:08:17		Veterana
2303	Gabriela Almeida	00:37:01	01:09:53	01:08:21		Veterana
2304	Isabel Correia	00:36:20	01:10:03	01:09:56	Holmes Place	Senior
2305	Bruno Rainho	00:33:53	01:10:09	01:08:41		Senior
2306	Miguel Sardo	00:35:08	01:10:24	01:08:59		Veterano 1
2307	Alexandra Machado	00:36:49	01:10:25	01:09:31		Veterana
2308	Nuno Santiago	00:34:15	01:10:26	01:08:54	O Mundo da Corrida	Veterano 1
2309	Andreia Pereira	00:36:28	01:10:26	01:08:54		Senior
2310	Francisco Martinho	00:34:15	01:10:26	01:08:54		Senior
2311	Ana Pimenta	00:37:37	01:10:31	01:08:45		Veterana
2312	Pedro Brandão	00:33:45	01:10:35	01:09:07	ASICS	Veterano 5
2313	Paulo Valente	00:38:30	01:10:39	01:09:18		Veterano 2
2314	Rosário Oliveira	00:37:38	01:10:39	01:09:11	Equipa	Senior
2315	António Sousa	00:31:33	01:10:40	01:09:48		Veterano 6
2316	Margarida Lopes	00:36:07	01:10:42	01:08:57		Senior
2317	Manuel Moedas	00:35:06	01:10:42	01:08:50		Veterano 1
2318	Nuno Bento	00:35:29	01:10:43	01:09:23		Veterano 1
2319	Gonçalo Hortega	00:38:31	01:10:48	01:10:15	Hortega Serviços- off road camp	Veterano 3
2320	Manuel Hortega	00:32:06	01:10:48	01:09:52	Hortega Serviços- off road camp	Junior
2321	Osvaldo Santos	00:33:58	01:10:55	01:10:01		Veterano 2
2322	Juvenal Monteiro	00:31:44	01:10:56	01:10:18	Grupo Desportivo CIMPOR	Veterano 3
2323	Carla Prezado	00:39:59	01:10:56	01:09:18		Veterana
2324	António Júnior	00:33:58	01:10:57	01:10:03		Veterano 2
2325	Paula Almeida	00:36:56	01:10:59	01:09:26		Senior
2326	Ilídio Alves	00:34:27	01:11:05	01:09:29		Veterano 4
2327	Vitor Silva	00:34:22	01:11:07	01:10:12		Veterano 6
2328	Rui Cleto	00:37:04	01:11:13	01:09:43		Veterano 2
2329	Isabel Martins	00:38:23	01:11:14	01:09:48		Veterana
2330	Marco Morgado	00:34:27	01:11:16	01:10:17		Senior
2331	Ana Mateus	00:37:30	01:11:17	01:09:58		Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2332	António Ramos	00:34:54	01:11:17	01:09:58		Veterano 6
2333	Acácio Negrão	00:33:27	01:11:25	01:10:08		Veterano 1
2334	Débora Traesel	00:37:46	01:11:31	01:09:50		Senior
2335	Kátia Lopes	00:36:48	01:11:37	01:10:20		Veterana
2336	Dinis Nogueira	00:34:12	01:11:38	01:10:21		Veterano 1
2337	Ângela Morais	00:37:10	01:11:45	01:11:14		Veterana
2338	Graça Paquete	00:37:44	01:11:48	01:10:30		Veterana
2339	Ana Suarez	00:38:43	01:11:52	01:10:18		Senior
2340	Miguel Suarez	00:36:06	01:11:52	01:10:17		Senior
2341	Helena Bento	00:37:20	01:12:01	01:10:52	Gallo	Veterana
2342	Margarida Emílio	00:39:56	01:12:04	01:10:22	ASICS	Veterana
2343	Victor Liendo	00:32:46	01:12:10	01:10:56		Senior
2344	Paula Silva	00:38:25	01:12:14	01:10:22	4@fundo	Veterana
2345	Ana Santos	00:37:01	01:12:14	01:10:52		Veterana
2346	Vanessa Kuan	00:38:12	01:12:14	01:10:30		Senior
2347	Sara Gomes	00:36:43	01:12:18	01:12:06		Veterana
2348	Nuno Rodrigues	00:32:19	01:12:21	01:11:35		Senior
2349	Nuno Rodrigues	00:30:48	01:12:21	01:11:35		Senior
2350	Mafalda Carvalho	00:38:11	01:12:23	01:10:51	AFIS-OVAR	Senior
2351	Lina Cruz	00:38:14	01:12:23	01:10:52	AFIS-OVAR	Veterana
2352	Filipa Cunha	00:41:06	01:12:24	01:10:27	Wikaboo	Veterana
2353	Ana Dionísio	00:38:18	01:12:49	01:11:53	Multiflow	Veterana
2354	Bernardo Tavares	00:34:56	01:12:52	01:11:56	El Corte Inglês	Veterano 5
2355	Paulo Costa	00:35:02	01:12:54	01:11:58		Veterano 2
2356	Mário Gaspar	00:32:06	01:12:57	01:12:00	Gaspar	Veterano 3
2357	Carmo Alves	00:35:19	01:13:05	01:12:26	Papa Léguas Team	Veterana
2358	Fernando Francisco	00:39:02	01:13:09	01:11:53		Senior
2359	Assimina Camal	00:36:10	01:13:12	01:12:15	Clube do Stress	Veterana
2360	João Melo	00:34:57	01:13:15	01:12:20		Senior
2361	José Arruda	00:36:39	01:13:20	01:11:40	Clube MILLENNIUMBCP	Veterano 2
2362	Fock Chiu	00:39:15	01:13:20	01:11:40	Clube MILLENNIUMBCP	Veterana
2363	Custódio Teigão	00:35:06	01:13:22	01:11:47	El Corte Inglês	Veterano 5
2364	José Brás	00:34:36	01:13:23	01:12:01	Amigos da Estrela	Junior
2365	Joaquim Furtado	00:34:54	01:13:24	01:12:04		Veterano 6
2366	Julieta Menezes	00:39:49	01:13:29	01:11:22		Senior
2367	Magadiel Lopes	00:37:14	01:13:29	01:11:22		Veterano 2
2368	Marco Chalita	00:37:15	01:13:30	01:11:22		Veterano 2

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2369	Liliana Santos	00:39:39	01:13:31	01:12:03		Senior
2370	António Raimundo	00:45:42	01:13:38	01:12:15	Clube do Stress	Veterano 3
2371	Pedro Correia	00:40:48	01:13:54	01:12:20		Veterano 1
2372	João Sarmento	00:36:18	01:13:57	01:13:06	Holmes Place	Senior
2373	Vanessa Biléu	00:36:26	01:14:10	01:12:28		Senior
2374	João Sousa	00:33:50	01:14:10	01:12:27		Senior
2375	Dayanna	00:52:21	01:14:16	01:12:50		Senior
2376	Maria Fernandes	00:52:22	01:14:17	01:12:50		Veterana
2377	Cesar Guerra	00:36:01	01:14:23	01:12:57	CTJD	Veterano 2
2378	Isabel Bargão	00:39:54	01:14:53	01:14:10		Veterana
2379	Ernesto Lourenço	00:36:01	01:14:53	01:13:04		Senior
2380	Nátália Romano	00:40:32	01:14:59	01:13:58	EIRAGYM	Veterana
2381	Gonçalo Hortega	00:38:31	01:15:12	01:14:38	Hortega Serviços- off road camp	Junior
2382	Sofia Warburton	00:39:10	01:15:20	01:14:06		Veterana
2383	Margarida Antunes	00:39:03	01:15:22	01:14:23	Holmes Place	Veterana
2384	Eduardo Pereira	00:37:24	01:15:26	01:13:51		Veterano 3
2385	José Henriques	00:36:48	01:15:26	01:14:25	CCD Tranquilidade	Veterano 6
2386	Paulo Matos	00:35:23	01:15:39	01:15:13		Veterano 1
2387	Carlos Esteves	00:37:43	01:15:44	01:14:10		Veterano 2
2388	João Gomes	00:37:42	01:15:44	01:14:11		Veterano 2
2389	Manuel Duarte	00:36:40	01:15:50	01:14:29	Clube do Stress	Veterano 3
2390	Manuel Ferreira	00:36:40	01:15:51	01:14:53	G.D. Joaninhas de Leião	Veterano 6
2391	Dora Cordeiro	00:39:52	01:15:58	01:13:48		Senior
2392	Joana Marques	00:39:52	01:15:58	01:13:49		Senior
2393	João Fadista	00:36:40	01:16:03	01:14:03		Veterano 2
2394	Maria Ribeiro	00:40:23	01:16:06	01:14:26		Veterana
2395	Inês Almeida	00:41:47	01:16:07	01:14:58		Senior
2396	Ester Alberte	00:38:39	01:16:19	01:15:21		Veterana
2397	Eduardo Estrada	00:36:04	01:16:20	01:15:21		Veterano 1
2398	Luis Fernandes	00:37:56	01:16:21	01:14:58	Associação de Paraquedistas Tejo-Norte	Veterano 4
2399	Eugénio Manta	00:38:21	01:16:52	01:15:21		Veterano 6
2400	Daniel Silva	00:38:26	01:17:02	01:15:07		Senior
2401	Ariadne Oliveira	00:41:02	01:17:02	01:15:07		Veterana
2402	Maria Silva	00:39:10	01:17:04	01:15:17		Veterana
2403	João Lopes	00:36:34	01:17:04	01:15:16		Veterano 6
2404	Elisete Manuel	00:39:56	01:17:08	01:15:26		Veterana
2405	Laura Antonini	00:41:38	01:17:15	01:16:00		Senior

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2406	Ilídio Monteiro	00:38:06	01:17:21	01:15:43		Veterano 6
2407	Catarina Cleto	00:39:40	01:17:35	01:16:05		Junior
2408	Carla Nunes	00:40:06	01:17:39	01:16:08		Veterana
2409	Francisco Menezes	00:38:27	01:17:39	01:15:38	Os Koxos	Veterano 3
2410	Cláudia Pernencar	00:40:31	01:17:41	01:16:46		Veterana
2411	Vitor Carneiro	00:38:12	01:17:57	01:16:52		Veterano 6
2412	João Silva	00:36:33	01:18:08	01:16:44		Veterano 4
2413	António Barreto	00:36:33	01:18:08	01:16:44		Veterano 5
2414	Ana Sampaio	00:38:43	01:18:10	01:17:13		Veterana
2415	António Coelho	00:38:55	01:18:34	01:16:51		Veterano 1
2416	Ivan Carvalho	00:34:07	01:19:02	01:18:28		Senior
2417	João Carvalho	00:34:07	01:19:02	01:18:28		Veterano 6
2418	Ines Hasselberg	00:41:53	01:19:21	01:17:32		Senior
2419	José Marques	00:38:31	01:19:23	01:18:34	Holmes Place	Veterano 6
2420	Clara Júlio	00:41:15	01:19:33	01:17:58		Veterana
2421	Pedro Duarte	00:39:09	01:20:07	01:18:42	Clube do Stress	Senior
2422	Teresa Prates	00:41:20	01:20:45	01:19:34	Associação de Atletismo "Lebres do Sado"	Veterana
2423	Nilde Pinto	00:36:35	01:20:52	01:19:08		Veterana
2424	Alexandre Matos	00:39:41	01:20:54	01:19:04		Veterano 2
2425	Rui Martins	00:39:41	01:20:54	01:19:05		Veterano 2
2426	Carla Duarte	00:44:50	01:20:55	01:19:08	CML	Veterana
2427	Ana Costa	00:41:42	01:22:26	01:21:28		Senior
2428	Filipe Horta	00:40:49	01:22:42	01:21:09		Veterano 3
2429	Ângela Horta	00:43:25	01:22:42	01:21:09		Veterana
2430	Rui Santos	00:40:06	01:23:16	01:22:34	CUN Boston	Veterano 2
2431	Gonçalo Gonçalves	00:38:48	01:24:01	01:23:29	TRI GO	Senior
2432	Priscila Silva	00:41:00	01:25:08	01:23:13		Senior
2433	Rita Franca	00:47:26	01:25:17	01:23:51		Veterana
2434	David Barata	00:42:16	01:25:17	01:23:50	CTJD	Veterano 2
2435	Joao Gaspar	00:38:31	01:25:36	01:25:03	Gaspar	Veterano 3
2436	Julieta Lourenço	00:40:14	01:25:59	01:24:09		Senior
2437	Francisco Botas	00:36:02	01:25:59	01:24:09		Veterano 1
2438	Amanda Gonçalves	00:38:38	01:25:59	01:24:09		Veterana
2439	Jorge Barreira	00:42:57	01:28:11	01:27:51		Veterano 4
2440	Silvia Duarte	00:47:55	01:30:01	01:28:38	Clube do Stress	Veterana
2441	Teresa Raimundo	00:48:18	01:30:01	01:28:38	Clube do Stress	Veterana
2442	Maria Duarte	00:47:55	01:30:04	01:28:43	Clube do Stress	Veterana

Class.	Atleta	5 Km	Tempo	T. Chip	Clube	Escalão
2443	José Gomes	00:45:58	01:30:14	01:28:38		Senior
2444	Liliana Gomes	00:48:34	01:30:14	01:28:38		Senior
2445	João Pereira	00:43:22	01:32:39	01:30:59		Veterano 3
2446	Isabel Pereira	00:48:29	01:32:39	01:31:00		Veterana
2447	Ana Marcos	00:49:48	01:33:30	01:31:54		Veterana
2448	Ana Gonçalves	00:53:00	01:36:14	01:34:36		Junior
2449	Mário Silva	00:49:32	01:37:25	01:35:43		Senior
2450	Elsa Rodrigues	00:52:07	01:37:25	01:35:43		Senior
2451	Ana Rei	00:52:06	01:37:25	01:35:44		Senior
2452	Lina Mendes	00:52:59	01:38:27	01:36:49		Veterana
2453	Glorialdo Brito	00:52:11	01:42:43	01:40:57		Veterano 6