

37ª SÃO SILVESTRE DA AMADORA

31 de Dezembro de 2011

Organização: Desportivo Operário do Rangel

Patrocínio: Continente

Apoios: Câmara Municipal da Amadora e SMAS

CLASSIFICAÇÕES

GERAL MASCULINA

CLA.	NUM	ATLETA	CL.ESC	ESCALAO	EQUIPA	TEMPO	4,9KM
1	1	MANUEL DAMIAO	1	M1939	MARATONA CP	00:29:00	00:14:27
2	5	GOITOM KIFLE	2	M1939	ERITREA	00:29:02	00:00:00
3	21	EVANS KIPLAGAT	3	M1939	QUENIA	00:29:20	00:14:27
4	16	CHAVKIN NIKOLAY	4	M1939	RUSSIA	00:29:44	00:14:30
5	6	RUI PINTO	5	M1939	SL BENFICA	00:30:03	00:14:44
6	7	SERGIO SILVA	6	M1939	MARATONA CP	00:30:13	00:14:56
7	10	PEDRO RIBEIRO	7	M1939	MAIA AC	00:30:24	00:14:59
8	15	HELIO GOMES	8	M1939	SPORTING CP	00:30:27	00:15:24
9	18	BRUNO JESUS	9	M1939	MAIA AC	00:30:38	00:14:58
10	8	LUIS PINTO	10	M1939	SPORTING CP	00:30:50	00:15:11
11	19	PEDRO CRUZ	11	M1939	GDJ CRUZ IRMAO	00:31:04	00:15:25
12	4	SIMON AYEKO	12	M1939	UGANDA	00:31:22	00:14:57
13	12	HUGO PINTO	13	M1939	RB RUNNING	00:31:27	00:15:31
14	20	CARLOS SILVA	14	M1939	SPORTING CP	00:31:38	00:15:31
15	9	RICARDO VALE	15	M1939	SC BRAGA	00:31:47	00:15:35
16	11	ALBERTO CHAIÇA	16	M1939	INDIVIDUAL	00:32:08	00:16:01
17	753	AUGUSTO COSTA	1	M4044	NA JOANE	00:32:19	00:16:00
18	13	JOAO MARQUES	2	M4044	GDR REBOLEIRA	00:32:33	00:16:02
19	489	CARLOS CARDOSO	17	M1939	GDR REBOLEIRA	00:32:35	00:00:00
20	3	KASPARS BRISKA	18	M1939	LETONIA	00:32:49	00:16:07
21	751	ALEXI SCUTARO	19	M1939	CRD ARRUDENSE	00:32:51	00:16:17
22	14	RICARDO GOMES	20	M1939	J UNIDA FORNOS	00:32:56	00:16:33
23	380	PEDRO PESSOA	1	M4549	GD PRAIA SALEMA	00:32:59	00:16:16
24	482	LUIS GINJA	21	M1939	GDR REBOLEIRA	00:33:11	00:16:34
25	484	JOSE INACIO	2	M4549	GDR REBOLEIRA	00:33:13	00:16:30
26	772	PAULO ALVES	22	M1939	GDR CONFORLIMPA	00:33:16	00:16:33
27	655	DOMINGOS BARROS	3	M4044	ALDREENSE	00:33:26	00:16:33
28	682	LUIS ALLEN	4	M4044	CR LEOES P SALVO	00:33:42	00:16:40
29	788	MARCO BERNARDO	23	M1939	NA VILA REAL	00:33:47	00:00:00
30	397	EUSEBIO ROSA	5	M4044	SUC	00:33:48	00:16:52
31	485	EUGENIO NETO	3	M4549	GDR REBOLEIRA	00:33:49	00:16:42
32	49	RICARDO MESTRE	6	M4044	CD ASAS MILENIUM	00:33:50	00:16:44
33	405	JOAO GINJA	4	M4549	GD MACEDO OCULISTA	00:33:57	00:16:52
34	476	FRANCISCO PEDRO	7	M4044	GD MACEDO OCULISTA	00:34:03	00:16:43
35	404	FELIX PAULOS	1	M5054	GD MACEDO OCULISTA	00:34:08	00:16:50
36	364	RUI BALTAZAR	5	M4549	ACLIS LIBERTY SEGUROS	00:34:21	00:17:05
37	851	AMILCAR DUARTE	2	M5054	SPORTING CP	00:34:22	00:17:10
38	398	ALEXANDRE PINHEIRO	8	M4044	GD MACEDO OCULISTA	00:34:26	00:17:02
39	51	CARLOS FREITAS	24	M1939	RB RUNNING	00:34:27	00:17:06
40	488	JOSE ANTUNES	6	M4549	GDR REBOLEIRA	00:34:27	00:17:06
41	602	CARLOS ALPOIM	25	M1939	CP RTP	00:34:38	00:17:14
42	591	PEDRO MAIA	26	M1939	AA MAFRA	00:34:40	00:17:19
43	41	PAULO ANTONIO	9	M4044	DO RANGEL	00:34:42	00:17:09
44	670	ALEXANDRE SOARES	7	M4549	CR LEOES P SALVO	00:34:44	00:16:56

45	525	JOSE MARTINS	8	M4549	GRD OS FIXES	00:34:48	00:17:06
46	749	PAULO RAMOS	9	M4549	CR LEOES P SALVO	00:34:49	00:17:06
47	750	RICARDO VALE	27	M1939	CR LEOES P SALVO	00:34:49	00:17:06
48	266	SILVESTRE GOMES	1	M5559	ODIMARQ ALUMINIOS	00:34:50	00:00:00
49	585	EDUARDO EUSTAQUIO	10	M4549	AA MAFRA	00:34:51	00:17:20
50	693	HELDER REBELO	10	M4044	CR LEOES P SALVO	00:35:02	00:17:27
51	47	CUSTODIO ANTONIO	28	M1939	CD ASAS MILENIUM	00:35:08	00:17:28
52	348	JOSE FERNANDES	1	M6064	C BENFICA ALG MEM MARTINS	00:35:13	00:17:20
53	779	ALEXANDRE CAMAREZ	29	M1939	INDIVIDUAL	00:35:20	00:17:25
54	683	RICARDO PEREIRA	30	M1939	CR LEOES P SALVO	00:35:23	00:17:36
55	407	JORGE REIS	3	M5054	GD MACEDO OCULISTA	00:35:24	00:17:40
56	483	PAULO MOREIRA	11	M4044	GDR REBOLEIRA	00:35:30	00:17:50
57	265	AIRES PRATAS	2	M5559	ODIMARQ ALUMINIOS	00:35:39	00:17:31
58	347	JORGE BALTAZAR	4	M5054	C BENFICA ALG MEM MARTINS	00:35:45	00:17:41
59	361	JOAO CARDOSO	11	M4549	ACLIS LIBERTY SEGUROS	00:35:45	00:17:34
60	722	LUIS OLIVEIRA	31	M1939	CEFA MARINHA	00:35:47	00:00:00
61	63	ALVARO COSTA	5	M5054	MARATONA CP	00:35:57	00:17:50
62	401	CARLOS MENDES	12	M4044	GD MACEDO OCULISTA	00:35:59	00:18:02
63	80	ARTINO MOTA	12	M4549	GD AMAROS JOALHEIROS	00:36:02	00:17:57
64	277	JOAO LUCAS	13	M4549	ODIMARQ ALUMINIOS	00:36:10	00:17:54
65	588	JOAO MIRANDA	13	M4044	AA MAFRA	00:36:10	00:17:48
66	583	JOEL RODRIGUES	32	M1939	AA MAFRA	00:36:33	00:18:09
67	396	PEDRO PELADO	33	M1939	SUC	00:36:36	00:18:11
68	278	LUCIANO CONCEIÇÃO	14	M4549	ODIMARQ ALUMINIOS	00:36:37	00:18:08
69	669	ANTONIO MANETA	15	M4549	CR LEOES P SALVO	00:36:43	00:17:45
70	283	LUIS COELHO	34	M1939	ODIMARQ ALUMINIOS	00:36:54	00:18:28
71	309	EDUARDO FERNANDES	14	M4044	CCR ALTO MOINHO	00:36:54	00:17:52
72	280	PAULO CARVALHO	15	M4044	ODIMARQ ALUMINIOS	00:37:02	00:18:16
73	363	MANUEL VILELA	16	M4549	ACLIS LIBERTY SEGUROS	00:37:08	00:18:21
74	815	FABIO FIGUEIREDO	35	M1939	NUCLEOEIRAS/ SPORTZONE	00:37:10	00:18:34
75	44	MARIO FERREIRA	36	M1939	CD ASAS MILENIUM	00:37:23	00:18:38
76	825	FERNANDO GOMES	16	M4044	UNIDOS MANUTENÇÃO	00:37:28	00:18:17
77	34	ANTONIO VALE	6	M5054	DO RANGEL	00:37:30	00:18:38
78	270	ANTONIO HENRIQUES	7	M5054	ODIMARQ ALUMINIOS	00:37:33	00:00:00
79	640	JOAO FONTE-BOA	37	M1939	CA PATAMEIRAS	00:37:33	00:18:32
80	778	SERGIO LIMA	38	M1939	INDIVIDUAL	00:37:40	00:19:06
81	307	JOAQUIM CAPUCHO	17	M4549	PIENSE SC	00:37:45	00:18:38
82	725	HUGO RODRIGUES	39	M1939	CEFA MARINHA	00:37:50	00:18:45
83	547	TIAGO LOUSA	40	M1939	INDIVIDUAL	00:37:51	00:19:25
84	679	CARLOS MENDES	18	M4549	CR LEOES P SALVO	00:37:51	00:18:42
85	56	RUBEN A PINTO	41	M1939	RB RUNNING	00:37:52	00:18:52
86	346	VITOR SILVA	19	M4549	C BENFICA ALG MEM MARTINS	00:37:52	00:18:58
87	95	MADEIRA MOREIRA	8	M5054	C SARGENTO ARMADA	00:37:56	00:18:57
88	328	PAULO HERMEZILHA	42	M1939	C BENFICA ALG MEM MARTINS	00:38:02	00:00:00
89	723	NUNO CRUZ	43	M1939	CEFA MARINHA	00:38:03	00:18:40
90	653	ANTONIO GOUVEIA	44	M1939	SOUSA GOUVEIA	00:38:11	00:19:07
91	771	FILIFE BRAS	45	M1939	INDIVIDUAL	00:38:13	00:18:56
92	39	JORGE AMARAL	17	M4044	DO RANGEL	00:38:16	00:19:16
93	83	FILIFE SILVA	3	M5559	GD AMAROS JOALHEIROS	00:38:16	00:18:57
94	362	JAIME LAMEGO	9	M5054	ACLIS LIBERTY SEGUROS	00:38:18	00:19:06
95	865	ANTONIO PINHEIRO	18	M4044	FISYO 4 YOU	00:38:19	00:18:58
96	743	PEDRO SEREDO	46	M1939	GCA NAV PORTO SALVO	00:38:21	00:18:57
97	268	GABRIEL GONÇALVES	4	M5559	ODIMARQ ALUMINIOS	00:38:24	00:19:05
98	713	NUNO TINTIM	47	M1939	IRMANDADE PEDALEIRA	00:38:25	00:19:07
99	714	LUIS PINTO	48	M1939	INDIVIDUAL	00:38:25	00:19:07
100	296	RUI OLIVEIRA	19	M4044	AÇOREAN C BANIF	00:38:29	00:18:41
101	52	ALEXANDRE MONTEIRO	49	M1939	RB RUNNING	00:38:30	00:18:39

102	308	LUIS PEREIRA	10	M5054	PIENSE SC	00:38:32	00:00:00
103	92	FERNANDO SANTOS	20	M4044	C SARGENTO ARMADA	00:38:33	00:00:00
104	89	BRUNO CANHAO	50	M1939	C SARGENTO ARMADA	00:38:58	00:19:18
105	818	FRANCISCO GAIO	20	M4549	CCD O ALVITEJO	00:39:01	00:19:16
106	306	SERGIO CANSADO	21	M4549	PIENSE SC	00:39:04	00:19:26
107	384	JORGE RODRIGUES	22	M4549	NS SAO MIGUEL	00:39:05	00:19:25
108	329	JANICIO REIS	51	M1939	C BENFICA ALG MEM MARTINS	00:39:06	00:19:18
109	279	JOAO ESTEVES	23	M4549	ODIMARQ ALUMINIOS	00:39:08	00:19:09
110	267	FERNANDO FERNANDES	5	M5559	ODIMARQ ALUMINIOS	00:39:09	00:19:24
111	464	ANASTACIO VALADAS	6	M5559	GD SANTANDER TOTTA	00:39:11	00:19:27
112	642	JOAO BRÁS	24	M4549	CA PATAMEIRAS	00:39:22	00:19:36
113	638	NUNO DORES	52	M1939	CA PATAMEIRAS	00:39:34	00:19:56
114	589	JOSE LAGARIÇO	21	M4044	AA MAFRA	00:39:35	00:19:27
115	564	LUÍS GODINHO	25	M4549	CD GRUPO BES	00:39:41	00:19:58
116	764	RUI SANTOS	53	M1939	INDIVIDUAL	00:39:41	00:19:33
117	761	RUI FERNANDES	22	M4044	INDIVIDUAL	00:39:43	00:19:44
118	732	JOSE LEMOS	26	M4549	VALEJAS AC	00:39:45	00:19:31
119	599	JOSE TEIXEIRA	54	M1939	AM Bº CV LUMIAR	00:39:48	00:19:52
120	544	ÂNGELO SILVA	55	M1939	INDIVIDUAL	00:39:50	00:20:28
121	336	MANUEL GONÇALVES	11	M5054	C BENFICA ALG MEM MARTINS	00:39:53	00:00:00
122	720	LUIS VALVERDE	27	M4549	CEFA MARINHA	00:39:54	00:19:28
123	657	RUI M S CORREIA	56	M1939	INDIVIDUAL	00:39:57	00:19:26
124	403	FABIO FERREIRA	57	M1939	GD MACEDO OCULISTA	00:40:04	00:19:52
125	418	PEDRO GOMES	12	M5054	LINDA A PASTORA SC	00:40:07	00:19:48
126	388	PAULO NEVES	28	M4549	NS SAO MIGUEL	00:40:12	00:19:52
127	274	FERNANDO CHAMUSCA	2	M6064	ODIMARQ ALUMINIOS	00:40:22	00:19:47
128	458	JOSE MOREIRA	58	M1939	AMIGOS JAMOR	00:40:22	00:20:35
129	814	PAULINO BORGES	59	M1939	NUCLEOEIRAS/ SPORTZONE	00:40:23	00:20:25
130	78	CARLOS PIRES	23	M4044	URCA	00:40:29	00:21:03
131	668	ALMIRO FEIJÃO	13	M5054	CR LEOES P SALVO	00:40:33	00:19:57
132	587	ORLANDO REBELO	14	M5054	AA MAFRA	00:40:34	00:20:10
133	824	RUI CARDOSO	24	M4044	UNIDOS MANUTENÇÃO	00:40:35	00:19:51
134	468	AUGUSTO LOPES	7	M5559	GD SANTANDER TOTTA	00:40:42	00:20:03
135	30	JOAO ANTUNES	15	M5054	DO RANGEL	00:40:45	00:19:37
136	31	JOSE LOPES	29	M4549	DO RANGEL	00:40:47	00:20:43
137	272	JOAQUIM DELGADO	16	M5054	ODIMARQ ALUMINIOS	00:40:47	00:20:18
138	285	EMANUEL GOMES	25	M4044	ODIMARQ ALUMINIOS	00:40:47	00:20:40
139	819	ARSENIO FERNANDES	8	M5559	CCD O ALVITEJO	00:40:50	00:20:18
140	54	RUI LACERDA	60	M1939	RB RUNNING	00:40:52	00:19:58
141	282	ORLANDO CORREIA	26	M4044	ODIMARQ ALUMINIOS	00:40:52	00:20:21
142	684	JOAO SALVADO	30	M4549	CR LEOES P SALVO	00:40:54	00:20:56
143	672	ABILIO DUARTE	61	M1939	CR LEOES P SALVO	00:40:56	00:20:05
144	645	ANTONIO MARÇAL	17	M5054	INDIVIDUAL	00:40:57	00:20:18
145	667	MARIO R BARATA	27	M4044	INDIVIDUAL	00:40:58	00:20:44
146	360	PAULO LOPES	28	M4044	ACLIS LIBERTY SEGUROS	00:41:01	00:20:21
147	823	MANUEL SOARES	31	M4549	UNIDOS MANUTENÇÃO	00:41:04	00:20:41
148	690	VICENTE ROCHA	62	M1939	CR LEOES P SALVO	00:41:05	00:20:18
149	605	VITOR LOPES	29	M4044	FC DESPERTAR	00:41:09	00:20:18
150	848	ORLINDO FIGUEIREDO	3	M6064	SS CGD	00:41:09	00:20:27
151	365	SILVESTRE DEMETIO	30	M4044	ACLIS LIBERTY SEGUROS	00:41:10	00:20:20
152	853	VEASECLAV IGNAT	63	M1939	GD JOANINHAS LEIAO	00:41:10	00:19:58
153	486	JORGE CORREIA	31	M4044	GDR REBOLEIRA	00:41:11	00:20:46
154	317	CARLOS PORFIRIO	4	M6064	O MUNDO CORRIDA	00:41:15	00:20:36
155	391	JOAO SOARES	9	M5559	NS SAO MIGUEL	00:41:15	00:20:28
156	471	JOAO JESUS	64	M1939	GD SANTANDER TOTTA	00:41:17	00:20:27
157	691	AMERICO PEREIRA	32	M4549	MARATONA CP	00:41:18	00:20:32
158	313	JORGE M S R MIMOSO	32	M4044	O MUNDO CORRIDA	00:41:20	00:21:00

159	87	ALBINO NEIVA	1	M6599	GD AMAROS JOALHEIROS	00:41:21	00:20:26
160	305	JOAQUIM SANTOS	33	M4549	PIENSE SC	00:41:22	00:20:32
161	408	JOSE INOCENCIO	10	M5559	GD MACEDO OCULISTA	00:41:23	00:20:31
162	48	CIRILO SANTOS	11	M5559	CD ASAS MILENIUM	00:41:26	00:20:42
163	332	JOSE OLIVEIRA	33	M4044	C BENFICA ALG MEM MARTINS	00:41:26	00:20:17
164	28	CARLOS GONÇALVES	34	M4044	DO RANGEL	00:41:27	00:21:06
165	498	JOSE JESUS	34	M4549	GDT JF TRAFARIA	00:41:31	00:21:14
166	805	CARLOS ANTUNES	5	M6064	CA PATAMEIRAS	00:41:33	00:20:35
167	677	FERNANDO ALMEIDA	18	M5054	INDIVIDUAL	00:41:35	00:20:28
168	727	NUNO QUEIJA	65	M1939	CF OS BELENENSES	00:41:37	00:20:33
169	281	ROGERIO DUARTE	35	M4044	ODIMARQ ALUMINIOS	00:41:39	00:20:38
170	759	INDALECIO NUNEZ	66	M1939	INDIVIDUAL	00:41:40	00:20:55
171	340	JOAQUIM COSTA	6	M6064	C BENFICA ALG MEM MARTINS	00:41:42	00:20:36
172	604	JOAQUIM GUERREIRO	12	M5559	CDR AGUIAS UNIDAS	00:41:43	00:20:58
173	804	AUGUSTO CRUZ	7	M6064	CA PATAMEIRAS	00:41:45	00:00:00
174	32	JOSE CARDOSO	35	M4549	DO RANGEL	00:41:47	00:20:40
175	77	DEOLINDO ANDRE	19	M5054	URCA	00:41:49	00:21:17
176	276	ANTONIO SALSINHA	8	M6064	ODIMARQ ALUMINIOS	00:41:50	00:20:34
177	636	OSCAR SANTOS	20	M5054	CA PATAMEIRAS	00:41:50	00:00:00
178	574	LUIS GUERREIRO	36	M4044	INDIVIDUAL	00:41:53	00:20:51
179	45	CARLOS PEREIRA	9	M6064	CD ASAS MILENIUM	00:41:54	00:20:59
180	73	JOSE CUNHA	36	M4549	OS ZATOPEQUES	00:41:54	00:21:21
181	527	ANTONIO REBELO	37	M4044	INDIVIDUAL	00:41:55	00:20:59
182	553	PAULO FERNANDES	67	M1939	FALÇÕES SELVAGENS	00:41:56	00:20:40
183	681	ALCINDO ALMEIDA	21	M5054	CR LEOES P SALVO	00:42:05	00:20:47
184	275	EDUARDO TANGANHITO	10	M6064	ODIMARQ ALUMINIOS	00:42:10	00:20:55
185	40	VITOR JORGE	37	M4549	DO RANGEL	00:42:11	00:21:08
186	641	BRUNO LOURENÇO	68	M1939	CA PATAMEIRAS	00:42:11	00:20:40
187	777	PAULO ROBALO	69	M1939	INDIVIDUAL	00:42:14	00:20:58
188	263	JOAO OLIVEIRA	38	M4549	GRD RIBEIRA LAGE	00:42:15	00:20:56
189	392	AURELIANO VIDEIRA	13	M5559	NS SAO MIGUEL	00:42:18	00:21:08
190	259	MANUEL COELHO	14	M5559	GRD RIBEIRA LAGE	00:42:25	00:15:26
191	58	JOSE GUIMARAES	70	M1939	RB RUNNING	00:42:26	00:21:08
192	55	LUIS M F ANTUNES	71	M1939	RB RUNNING	00:42:29	00:21:41
193	600	JOAO CARLOS	22	M5054	AM B° CV LUMIAR	00:42:31	00:20:19
194	730	ANTONIO B FERNANDES	39	M4549	INDIVIDUAL	00:42:36	00:21:43
195	65	DAVID KARIM	72	M1939	AD REAL ACADEMIA	00:42:37	00:21:14
196	303	MARCO OLIVEIRA	73	M1939	BOLOTAOBRA	00:42:38	00:20:41
197	413	SERGIO MONTES	74	M1939	GD MACEDO OCULISTA	00:42:40	00:21:49
198	870	JANUARIO COELHO	15	M5559	DO RANGEL	00:42:43	00:21:29
199	871	ANTONIO LUIS	23	M5054	INDIVIDUAL	00:42:43	00:20:40
200	255	JOSE ANTONIO	75	M1939	GRD RIBEIRA LAGE	00:42:45	00:21:05
201	671	MANUEL ARAÚJO	24	M5054	CR LEOES P SALVO	00:42:47	00:20:51
202	57	ISIDRO DUARTE	38	M4044	RB RUNNING	00:42:48	00:21:18
203	262	LUIS BRANCO	40	M4549	GRD RIBEIRA LAGE	00:42:52	00:22:39
204	546	PAULO BRITO	39	M4044	JOMA	00:42:52	00:21:20
205	635	PAULO GAMBOA	40	M4044	CA PATAMEIRAS	00:42:53	00:21:03
206	556	JOAO PASTOR	76	M1939	AA MAFRA	00:42:59	00:21:29
207	827	MIGUEL SANTOS	77	M1939	UNIDOS MANUTENÇÃO	00:43:00	00:20:41
208	69	EDGAR JACINTO	78	M1939	OS ZATOPEQUES	00:43:03	00:21:23
209	521	RUI M S PINELA	41	M4044	BLADERUNNERS	00:43:03	00:21:26
210	402	DOMINGOS GONCALVES	16	M5559	GD MACEDO OCULISTA	00:43:06	00:21:29
211	799	JOAO CARREIRO	41	M4549	#1	00:43:07	00:22:03
212	478	DAVID PALMEIRO	42	M4549	SL CAMPOLIDE	00:43:12	00:21:15
213	318	ARTUR GONÇALVES	79	M1939	AA LEBRES SADO	00:43:13	00:21:45
214	349	VITOR SANTOS	42	M4044	C BENFICA ALG MEM MARTINS	00:43:17	00:21:13
215	688	AMÉRICO AMARO	25	M5054	CR LEOES P SALVO	00:43:18	00:21:33

216	680	LUIS AIRES	43	M4044	CR LEOES P SALVO	00:43:19	00:21:40
217	426	LUIS ORVALHO	17	M5559	CCD O ALVITEJO	00:43:23	00:21:25
218	857	BRUNO SILVA	80	M1939	GAA VILA FRANCA XIRA	00:43:24	00:22:23
219	335	JORGE SANTOS	18	M5559	C BENFICA ALG MEM MARTINS	00:43:26	00:21:45
220	33	DOMINGOS PENEDO	26	M5054	DO RANGEL	00:43:32	00:21:33
221	352	LUIS BARBOSA	44	M4044	C BENFICA ALG MEM MARTINS	00:43:34	00:22:03
222	344	CARLOS MONTEIRO	11	M6064	C BENFICA ALG MEM MARTINS	00:43:39	00:21:40
223	459	PATRICK MARTINI	81	M1939	AMIGOS JAMOR	00:43:39	00:21:07
224	570	ANTONIO COIMBRA	82	M1939	INDIVIDUAL	00:43:45	00:21:42
225	256	JOSUE FRADE	83	M1939	GRD RIBEIRA LAGE	00:43:55	00:22:02
226	663	NUNO CARRILHO	84	M1939	CR LEOES P SALVO	00:43:55	00:00:00
227	712	LICÍNIO SIMÕES	85	M1939	ATOMIC TEAM	00:43:56	00:21:59
228	637	ANTONIO MORAIS	19	M5559	CA PATAMEIRAS	00:44:00	00:22:16
229	38	DAVID FERNANDES	86	M1939	DO RANGEL	00:44:02	00:21:34
230	72	PAULO BASILIO	45	M4044	OS ZATOPEQUES	00:44:02	00:22:06
231	410	JOSE REIS	20	M5559	GD MACEDO OCULISTA	00:44:04	00:22:07
232	627	ARMENIO MENDES	43	M4549	INDIVIDUAL	00:44:04	00:21:49
233	37	FRANCISCO FERNANDES	2	M6599	DO RANGEL	00:44:06	00:21:38
234	331	MANUEL COUTO	87	M1939	C BENFICA ALG MEM MARTINS	00:44:06	00:00:00
235	367	JOSE M COSTA	3	M6599	ACLIS LIBERTY SEGUROS	00:44:08	00:21:52
236	685	CARLOS CORREIA	88	M1939	INDIVIDUAL	00:44:09	00:21:37
237	689	JOSE FAUSTINO	21	M5559	INDIVIDUAL	00:44:09	00:21:52
238	43	AUGUSTO SEMEDO	27	M5054	CD ASAS MILENIUM	00:44:10	00:22:15
239	673	FERNANDO VILELA	46	M4044	CR LEOES P SALVO	00:44:11	00:21:59
240	35	JOSE MACHADO	22	M5559	DO RANGEL	00:44:19	00:21:07
241	860	MARIO GOMES	12	M6064	INDIVIDUAL	00:44:19	00:21:34
242	454	MANUEL MENDES	44	M4549	10 PRAS 11	00:44:21	00:21:51
243	333	CARLOS VITORINO	89	M1939	C BENFICA ALG MEM MARTINS	00:44:26	00:21:42
244	327	JOAO CANDIDO	45	M4549	C BENFICA ALG MEM MARTINS	00:44:27	00:21:42
245	473	FLAVIO JULIAO	90	M1939	CD CA TE ESPERO	00:44:29	00:00:00
246	428	MANUEL PINTO	23	M5559	CRD ARRUDENSE	00:44:33	00:21:33
247	607	EDUARDO LUÍS	91	M1939	ATOMIC TEAM	00:44:36	00:22:10
248	82	JOSE GALAMBAS	4	M6599	GD AMAROS JOALHEIROS	00:44:38	00:22:11
249	320	JOSE C SOUSA	92	M1939	AA LEBRES SADO	00:44:39	00:22:32
250	321	JOSE F OLIVEIRA	93	M1939	AA LEBRES SADO	00:44:39	00:22:33
251	88	MANUEL MARTINS	5	M6599	GD AMAROS JOALHEIROS	00:44:41	00:22:13
252	491	CARLOS COELHO	28	M5054	GA MONSANTO GASCAN	00:44:43	00:22:24
253	710	RUI BOTÃO	47	M4044	CASAL	00:44:43	00:22:26
254	872	JOAO PAIVA	48	M4044	CLUBE ANACOM	00:44:44	00:21:59
255	659	JULIO MARTINS	49	M4044	INDIVIDUAL	00:44:45	00:22:22
256	767	RODRIGO CUNHA	94	M1939	INDIVIDUAL	00:44:46	00:22:23
257	50	LINO SANTOS	46	M4549	CD ASAS MILENIUM	00:44:48	00:21:48
258	64	ALVARO PINTO	29	M5054	AD REAL ACADEMIA	00:44:49	00:22:37
259	678	PEDRO GOUVEIA	50	M4044	CR LEOES P SALVO	00:44:51	00:22:16
260	769	HELIO PALMA	95	M1939	CCD TRANQUILIDADE	00:44:51	00:21:59
261	409	JOSE OLIVEIRA	47	M4549	GD MACEDO OCULISTA	00:44:52	00:22:33
262	421	VITOR MANUEL	30	M5054	LINDA A PASTORA SC	00:44:52	00:24:30
263	487	MARIO MIGUEL	13	M6064	GDR REBOLEIRA	00:44:52	00:22:29
264	496	JOSE CABRAL	31	M5054	GDT JF TRAFARIA	00:45:01	00:22:39
265	758	ANTONIO M PEREIRA	48	M4549	INDIVIDUAL	00:45:02	00:23:50
266	601	ARISTIDES MONTEIRO	51	M4044	GRD RIBEIRA LAGE	00:45:04	00:22:27
267	834	ANTONIO TABORDA	14	M6064	SS CGD	00:45:04	00:22:34
268	422	MIGUEL SILVA	32	M5054	LINDA A PASTORA SC	00:45:06	00:22:44
269	389	JOAO SANTOS	33	M5054	NS SAO MIGUEL	00:45:09	00:22:14
270	394	JOSE ALVES	15	M6064	NS SAO MIGUEL	00:45:11	00:22:18
271	27	JOSE FERREIRA	96	M1939	DO RANGEL	00:45:12	00:00:00
272	62	PAULO LOURINHO	52	M4044	CAA BELEM	00:45:13	00:23:03

273	370	ANTONIO CASTANHEIRA	34	M5054	ACLIS LIBERTY SEGUROS	00:45:15	00:22:01
274	584	JOSE GONÇALVES	53	M4044	AA MAFRA	00:45:19	00:22:31
275	837	BERNARDINO PEREIRA	6	M6599	SS CGD	00:45:20	00:22:22
276	850	ARMANDO ALDEGALEGA	7	M6599	SPORTING CP	00:45:20	00:22:22
277	97	DUARTE SARES	35	M5054	C SARGENTO ARMADA	00:45:21	00:23:35
278	93	JORGE NETO	49	M4549	C SARGENTO ARMADA	00:45:22	00:22:09
279	529	ACACIO CONCEIÇÃO	50	M4549	INDIVIDUAL	00:45:24	00:22:26
280	480	MANUEL MARTINS	24	M5559	SL CAMPOLIDE	00:45:25	00:22:49
281	299	RUI MOURA	25	M5559	FAMILIA BUGALHO	00:45:27	00:23:01
282	809	ARMANDO CORREIA	16	M6064	CR LEOES P SALVO	00:45:29	00:22:59
283	733	PEDRO MONTEIRO	97	M1939	VALEJAS AC	00:45:30	00:22:35
284	742	HUGO ROCHA	98	M1939	INDIVIDUAL	00:45:33	00:22:23
285	598	JORGE NUNES	51	M4549	INDIVIDUAL	00:45:35	00:23:30
286	739	JOAO M DOMINGUES	54	M4044	INDIVIDUAL	00:45:37	00:23:28
287	660	ORLANDO DUARTE	36	M5054	INDIVIDUAL	00:45:39	00:22:59
288	395	JOAQUIM NEIVA	8	M6599	NS SAO MIGUEL	00:45:45	00:22:13
289	536	MARIO J M SANTOS	99	M1939	INDIVIDUAL	00:45:46	00:22:40
290	664	ANTONIO TEIXEIRA	55	M4044	INDIVIDUAL	00:45:51	00:23:00
291	792	FERDINAND SCHNETTLER	17	M6064	INDIVIDUAL	00:45:55	00:23:09
292	372	DIDIER VALENTE	56	M4044	MONSANTO T RUNNING	00:45:58	00:22:30
293	412	RUBEN FERREIRA	100	M1939	GD MACEDO OCULISTA	00:45:59	00:22:50
294	74	JOSE MORAIS	37	M5054	OS ZATOPEQUES	00:46:00	00:23:28
295	507	HILARIO TORRES	38	M5054	RUN 4 FUN	00:46:00	00:23:05
296	540	CARLOS A C MENDES	39	M5054	4 AO KM	00:46:02	00:23:17
297	563	NUNO PINTO	101	M1939	CD GRUPO BES	00:46:04	00:22:53
298	456	JAIME MAGALHAES	52	M4549	AMIGOS JAMOR	00:46:08	00:23:07
299	264	CARLOS FERNANDES	102	M1939	GRD RIBEIRA LAGE	00:46:09	00:23:44
300	271	JOAO PAIS	53	M4549	ODIMARQ ALUMINIOS	00:46:12	00:00:00
301	417	PAULO ALMEIDA	57	M4044	GD BANCO BPI	00:46:13	00:22:55
302	639	ALBINO TOMÁS	26	M5559	CA PATAMEIRAS	00:46:13	00:22:58
303	452	JOSE BORGES	40	M5054	10 PRAS 11	00:46:15	00:22:53
304	648	LUIS GRAÇA	58	M4044	INDIVIDUAL	00:46:16	00:23:37
305	656	JOAO NABAIS	54	M4549	INDIVIDUAL	00:46:20	00:23:01
306	273	JOSE BRANQUINHO	27	M5559	ODIMARQ ALUMINIOS	00:46:21	00:22:41
307	451	AUGUSTO FERNANDES	55	M4549	10 PRAS 11	00:46:22	00:22:54
308	770	JOAO T SANTOS	59	M4044	INDIVIDUAL	00:46:22	00:23:40
309	368	JOSE FIGUEIREDO	28	M5559	ACLIS LIBERTY SEGUROS	00:46:28	00:22:13
310	649	HUGO M L SERAFIM	103	M1939	INDIVIDUAL	00:46:28	00:22:40
311	543	JOAO MELO	41	M5054	INDIVIDUAL	00:46:31	00:23:13
312	651	JOAO MARQUES	104	M1939	INDIVIDUAL	00:46:33	00:22:38
313	745	LUIS GOMES	105	M1939	INDIVIDUAL	00:46:36	00:23:10
314	379	TIAGO DIONISIO	106	M1939	CLUBE STRESS	00:46:39	00:24:39
315	798	CARLOS PINHEIRO	60	M4044	GRD RIBEIRA LAGE	00:46:39	00:23:36
316	393	FERNANDO SANTOS	29	M5559	NS SAO MIGUEL	00:46:40	00:23:16
317	768	NUNO CLEMENTE	56	M4549	CCD TRANQUILIDADE	00:46:40	00:00:00
318	596	TIAGO SOUSA	107	M1939	INDIVIDUAL	00:46:43	00:22:55
319	762	MIGUEL RANGEL	108	M1939	CLUBE STRESS	00:46:45	00:23:29
320	846	JOAO CHUMBINHO	109	M1939	SS CGD	00:46:50	00:24:45
321	315	JOAO MOACHO	42	M5054	O MUNDO CORRIDA	00:46:52	00:23:19
322	444	JOAO REVES	110	M1939	LESMAS ALOPRADAS	00:46:57	00:23:52
323	406	JOAQUIM MACEDO	30	M5559	GD MACEDO OCULISTA	00:46:58	00:23:43
324	411	LUIS MACEDO	111	M1939	GD MACEDO OCULISTA	00:46:58	00:23:43
325	830	ROMAO BANDARINHA	43	M5054	INDIVIDUAL	00:46:59	00:23:57
326	517	ANTONIO P ALMEIDA	44	M5054	INDIVIDUAL	00:47:00	00:23:37
327	794	RUI JULIAO	57	M4549	GEORUNNERS	00:47:02	00:24:08
328	356	HELDER ALEXANDRE	112	M1939	C BENFICA ALG MEM MARTINS	00:47:06	00:23:16
329	369	JOSE CARLOS	58	M4549	ACLIS LIBERTY SEGUROS	00:47:11	00:22:50

330	586	RUI DUARTE	113	M1939	INDIVIDUAL	00:47:14	00:24:14
331	616	FERNANDO REIS	61	M4044	INDIVIDUAL	00:47:16	00:23:31
332	566	PAULO NUNES	114	M1939	INDIVIDUAL	00:47:18	00:23:45
333	254	JOSE CORREIA	45	M5054	GRD RIBEIRA LAGE	00:47:20	00:23:37
334	634	MIGUEL PINHO	62	M4044	INDIVIDUAL	00:47:20	00:24:08
335	608	HENRIQUE NARCISO	59	M4549	INDIVIDUAL	00:47:22	00:23:34
336	614	ARMANDO MONTEIRO	115	M1939	FSG COLL BELLERIVE	00:47:24	00:24:09
337	530	ANTONIO GALHETO	18	M6064	INDIVIDUAL	00:47:27	00:23:15
338	597	BRUNO CIPRIANO	116	M1939	INDIVIDUAL	00:47:29	00:23:49
339	430	ANTONIO BATISTA	19	M6064	CD ESTRELA	00:47:31	00:23:27
340	696	FRANCISCO PAIS	46	M5054	CR LEOES P SALVO	00:47:32	00:23:00
341	503	JOSE C MELO	60	M4549	RUN 4 FUN	00:47:33	00:23:54
342	773	LUIS VIDOEIRA	47	M5054	AC PORTO SALVO	00:47:34	00:24:30
343	631	JOSE SARAIVA	63	M4044	INDIVIDUAL	00:47:35	00:23:15
344	76	ANTONIO MATEUS	9	M6599	OS ZATOPEQUES	00:47:36	00:23:50
345	499	JOSE SANTOS	64	M4044	GDT JF TRAFARIA	00:47:41	00:24:31
346	613	RAFAEL A V SANTOS	65	M4044	INDIVIDUAL	00:47:41	00:24:32
347	859	NUNO ANTONIO	117	M1939	INDIVIDUAL	00:47:45	00:24:17
348	260	VITOR REVES	48	M5054	GRD RIBEIRA LAGE	00:47:46	00:23:33
349	839	JOSE GUIA	20	M6064	SS CGD	00:47:49	00:23:58
350	697	RICARDO DUQUE	118	M1939	CR LEOES P SALVO	00:47:50	00:00:00
351	700	HELDER MOTA	119	M1939	CR LEOES P SALVO	00:47:51	00:00:00
352	831	JOAO BANDARINHA	61	M4549	INDIVIDUAL	00:47:52	00:23:58
353	736	PEDRO VIEIRA	120	M1939	VALEJAS AC	00:47:53	00:24:35
354	68	JOAO VERISSIMO	49	M5054	AD REAL ACADEMIA	00:47:59	00:24:08
355	84	JORGE RODRIGUES	50	M5054	GD AMAROS JOALHEIROS	00:48:01	00:24:08
356	366	ALVARO COELHO	51	M5054	ACLIS LIBERTY SEGUROS	00:48:01	00:24:12
357	658	ANTÓNIO FERREIRA	31	M5559	INDIVIDUAL	00:48:01	00:23:58
358	781	NELSON COELHO	121	M1939	AA PEGO LONGO	00:48:07	00:22:09
359	520	FRANCISCO M O C GAROTO	66	M4044	BLADERUNNERS	00:48:08	00:23:59
360	826	GIL ALVES	122	M1939	UNIDOS MANUTENÇÃO	00:48:10	00:23:35
361	734	SERGIO PIRES	123	M1939	VALEJAS AC	00:48:12	00:24:46
362	652	MANUEL SOBRAL	32	M5559	HAND 2 HAND	00:48:14	00:24:36
363	357	ARNALDO MACHADO	21	M6064	C BENFICA ALG MEM MARTINS	00:48:15	00:24:18
364	477	MANUEL FONSECA	62	M4549	SL CAMPOLIDE	00:48:16	00:24:36
365	558	JULIO FERREIRA	33	M5559	CD GRUPO BES	00:48:16	00:23:53
366	448	GASPAR LANDEIRO	52	M5054	MULTIFLOW	00:48:21	00:24:34
367	449	JOSE DIONISIO	63	M4549	MULTIFLOW	00:48:21	00:24:34
368	466	JOSE PEREIRA	67	M4044	GD SANTANDER TOTTA	00:48:21	00:24:14
369	595	MIGUEL MENEZES	124	M1939	INDIVIDUAL	00:48:23	00:23:52
370	375	JOSE CRESPO	64	M4549	CLUBE STRESS	00:48:24	00:25:11
371	378	PEDRO GONÇALVES	125	M1939	CLUBE STRESS	00:48:25	00:24:29
372	337	VITOR GONÇALVES	68	M4044	C BENFICA ALG MEM MARTINS	00:48:26	00:23:34
373	501	JOSE VALERIO	10	M6599	INDIVIDUAL	00:48:28	00:24:21
374	756	RUBEN COSTA	65	M4549	INDIVIDUAL	00:48:28	00:24:13
375	302	LINO OLIVEIRA	11	M6599	BOLOTAOBRA	00:48:33	00:24:06
376	339	ANTONIO BOGAS	66	M4549	C BENFICA ALG MEM MARTINS	00:48:34	00:23:56
377	708	AGOSTINHO TORRES	53	M5054	10 PRAS 11	00:48:38	00:24:40
378	621	RICARDO NABAIS	69	M4044	APOGMA	00:48:42	00:25:06
379	706	JOAO P M SILVA	70	M4044	ACADEMIA LUMIAR	00:48:43	00:24:26
380	371	GERMANO BERNARDO	34	M5559	PRAZER CORRIDA	00:48:45	00:25:22
381	442	ALBINO MARINHO	71	M4044	CD ESTRELA	00:48:47	00:24:46
382	698	JOAO PORTELA	126	M1939	CR LEOES P SALVO	00:48:48	00:00:00
383	763	DAVID M ROSA	127	M1939	INDIVIDUAL	00:48:48	00:24:31
384	828	RICARDO CEBOLA	128	M1939	UNIDOS MANUTENÇÃO	00:48:49	00:23:47
385	323	LUIS OLIVEIRA	72	M4044	AA LEBRES SADO	00:48:50	00:24:04
386	269	ANTONIO PAIAS	54	M5054	ODIMARQ ALUMINIOS	00:48:58	00:25:25

387	415	JORGE NUNES	129	M1939	GD BANCO BPI	00:48:59	00:25:15
388	494	PAULO MARTINS	73	M4044	RUNNING OF D MARIA	00:48:59	00:25:24
389	760	SERGIO BAIÃO	130	M1939	INDIVIDUAL	00:49:04	00:24:38
390	775	JORGE RODRIGUES	131	M1939	INDIVIDUAL	00:49:06	00:24:04
391	832	EDGAR DAVID	55	M5054	INDIVIDUAL	00:49:09	00:24:37
392	46	TIAGO ANDRADE	132	M1939	CD ASAS MILENIUM	00:49:10	00:24:23
393	457	JOAO FARIA	133	M1939	AMIGOS JAMOR	00:49:14	00:24:59
394	343	JOSE SILVERIO	12	M6599	C BENFICA ALG MEM MARTINS	00:49:16	00:24:13
395	26	ANDRE SAMPAIO	134	M1939	DO RANGEL	00:49:19	00:23:44
396	513	FERNANDO TAVARES	35	M5559	INDIVIDUAL	00:49:19	00:24:47
397	741	LUIS M ROQUE	74	M4044	AMIGOS PARQUE PAZ	00:49:22	00:24:38
398	500	SILVINO MARTINS	22	M6064	NA PALACIO JUSTIÇA	00:49:23	00:24:36
399	822	MIGUEL BARBOSA	36	M5559	UNIDOS MANUTENÇÃO	00:49:23	00:24:11
400	516	PEDRO VALENTE	135	M1939	INDIVIDUAL	00:49:28	00:24:43
401	835	VITOR BARATA	56	M5054	SS CGD	00:49:31	00:23:59
402	350	ANDRE GINO	136	M1939	C BENFICA ALG MEM MARTINS	00:49:42	00:26:01
403	300	ANTONIO MINA	57	M5054	CA VALE FIGUEIRA	00:49:43	00:24:54
404	338	JOAQUIM MONICA	58	M5054	C BENFICA ALG MEM MARTINS	00:49:44	00:00:00
405	704	NORBERTO A COELHO	37	M5559	ACADEMIA LUMIAR	00:49:44	00:25:25
406	718	CARLOS HENRIQUES	137	M1939	CANHOES	00:49:44	00:24:50
407	829	FERNANDO MORAIS	67	M4549	GD BANCO BPI	00:49:44	00:25:15
408	414	MIGUEL SAN-PAYO	68	M4549	RUN 4 FUN	00:49:45	00:25:10
409	802	JOAO MIGUEL	13	M6599	CD ESTRELA	00:49:48	00:24:36
410	800	MARIO ANTONIO	14	M6599	CD ESTRELA	00:49:56	00:24:59
411	96	HENRIQUE ALVAREDO	59	M5054	C SARGENTO ARMADA	00:50:02	00:24:52
412	568	GUILHERME ROSA	69	M4549	N A CNAS	00:50:02	00:24:58
413	752	PEDRO M L ALVES	75	M4044	INDIVIDUAL	00:50:05	00:25:19
414	867	MANUEL GOMES	76	M4044	GE OS ECONOMICOS	00:50:07	00:00:00
415	686	FERNANDO DIAS	60	M5054	INDIVIDUAL	00:50:08	00:24:57
416	98	FERNANDO OLIVEIRA	38	M5559	C SARGENTO ARMADA	00:50:09	00:25:45
417	554	FERNANDO SANTOS	70	M4549	FALÇÕES SELVAGENS	00:50:10	00:24:24
418	258	RUI PIRES	71	M4549	GRD RIBEIRA LAGE	00:50:21	00:24:22
419	462	SALVADOR AFONSO	39	M5559	GD SANTANDER TOTTA	00:50:23	00:25:18
420	694	JOSE REINAS	61	M5054	CR LEOES P SALVO	00:50:25	00:25:33
421	717	PAULO J S SOUSA	77	M4044	INDIVIDUAL	00:50:26	00:25:07
422	774	LUIS SILVA	78	M4044	INDIVIDUAL	00:50:26	00:25:19
423	844	MARIO COSTA	79	M4044	SS CGD	00:50:26	00:25:43
424	729	JOAO LOPES	138	M1939	INDIVIDUAL	00:50:27	00:24:32
425	325	JOAQUIM FERNANDES	72	M4549	AA LEBRES SADO	00:50:28	00:25:14
426	644	HELDER NOGUEIRA	139	M1939	INDIVIDUAL	00:50:30	00:24:43
427	381	MARIO ALVES	40	M5559	SFUAP	00:50:31	00:25:24
428	820	HENRIQUE RUAS	15	M6599	CCD O ALVITEJO	00:50:32	00:25:12
429	874	JOAO GONÇALVES	140	M1939	GINASIO C QUELUZ	00:50:32	00:23:23
430	619	RUI OLIVEIRA	141	M1939	INDIVIDUAL	00:50:33	00:25:10
431	590	MARIO SOUSA	41	M5559	INDIVIDUAL	00:50:35	00:24:40
432	796	BENTO GALAMBAS	62	M5054	SC REBOLEIRA/DAMAIA	00:50:35	00:24:52
433	359	ANTONIO COELHO	42	M5559	C BENFICA ALG MEM MARTINS	00:50:38	00:23:05
434	450	PAULO QUARESMA	43	M5559	MULTIFLOW	00:50:40	00:25:22
435	42	EDGAR SEIA	142	M1939	CD ASAS MILENIUM	00:50:45	00:25:47
436	580	SERGIO B PEDRO	143	M1939	INDIVIDUAL	00:50:49	00:24:36
437	606	PEDRO FERREIRA	80	M4044	4 A FUNDO	00:50:52	00:24:56
438	551	JORGE BICHO	63	M5054	4 A FUNDO	00:50:53	00:24:56
439	578	CARLOS AFONSO	144	M1939	4 A FUNDO	00:50:53	00:24:56
440	579	MARIO MIGUEL	145	M1939	4 A FUNDO	00:50:53	00:24:56
441	715	PEDRO GABRIEL	146	M1939	AMIGOS PARQUE PAZ	00:50:53	00:26:18
442	424	HELDER ROMANO	73	M4549	GDC ESTRELA NEGRA	00:50:54	00:26:41
443	465	ANTONIO LOURO	147	M1939	GD SANTANDER TOTTA	00:51:00	00:26:04

444	257	CARLOS PENA	81	M4044	GRD RIBEIRA LAGE	00:51:03	00:25:01
445	573	LUIS M SANTOS	148	M1939	AA MAFRA	00:51:09	00:25:53
446	518	NUNO MARQUES	82	M4044	RUN 4 FUN	00:51:10	00:25:13
447	532	NUNO M M TEMPERA	83	M4044	RUN 4 FUN	00:51:11	00:26:10
448	647	CARLOS A S CARVALHO	84	M4044	INDIVIDUAL	00:51:14	00:25:45
449	524	LEONARDO MONTEIRO	149	M1939	INDIVIDUAL	00:51:23	00:26:33
450	557	RUI PASTOR	150	M1939	AA MAFRA	00:51:25	00:25:54
451	849	ANDRE BARBOSA	151	M1939	INDIVIDUAL	00:51:25	00:24:48
452	707	LÚCIO MORAIS	64	M5054	ACADEMIA LUMIAR	00:51:26	00:25:18
453	437	RUI TRINDADE	85	M4044	CD ESTRELA	00:51:28	00:25:05
454	455	DUARTE SANTOS	23	M6064	AMIGOS JAMOR	00:51:29	00:00:00
455	611	JOSE GABRIEL	65	M5054	INDIVIDUAL	00:51:31	00:26:00
456	383	JOSE SOUSA	66	M5054	SFUAP	00:51:32	00:25:22
457	666	DANIEL VILABRIL	152	M1939	PERNAS GAFANHOTO	00:51:36	00:26:12
458	386	ANTONIO GOMES	86	M4044	NS SAO MIGUEL	00:51:37	00:22:40
459	374	JOAQUIM LEAL	74	M4549	CLUBE STRESS	00:51:38	00:26:28
460	322	LUIS SANTOS	44	M5559	AA LEBRES SADO	00:51:40	00:26:01
461	60	JOSE CASTRO	67	M5054	CAA BELEM	00:51:42	00:26:21
462	319	MANUEL FONSECA	75	M4549	AA LEBRES SADO	00:51:43	00:24:40
463	858	JORGE ALMEIDA	24	M6064	CAA BELEM	00:51:48	00:26:21
464	85	CONSTANTINO PINTO	76	M4549	GD AMAROS JOALHEIROS	00:51:53	00:25:28
465	86	HENRIQUE MATEUS	77	M4549	GD AMAROS JOALHEIROS	00:51:53	00:25:28
466	711	JORGE SILVA	153	M1939	CD ESTRELA	00:51:53	00:25:36
467	433	ANTONIO INACIO	25	M6064	CD ESTRELA	00:52:01	00:26:00
468	443	ALBINO FERREIRA	78	M4549	LESMAS ALOPRADAS	00:52:03	00:25:26
469	610	TIAGO LOPES	154	M1939	CD ASAS MILENIUM	00:52:05	00:25:06
470	789	HUGO MACEDO	155	M1939	INDIVIDUAL	00:52:08	00:26:26
471	526	TIAGO ALMEIDA	156	M1939	INDIVIDUAL	00:52:10	00:25:43
472	617	CARLOS GONÇALVES	79	M4549	RUN 4 FUN	00:52:13	00:25:40
473	534	MOISES CARDOSO	157	M1939	INDIVIDUAL	00:52:14	00:25:54
474	440	ARMANDO TAVARES	26	M6064	CD ESTRELA	00:52:19	00:25:34
475	36	CARLOS LOPES	158	M1939	DO RANGEL	00:52:21	00:26:10
476	531	CARLOS RENATO	68	M5054	CONNECT2RUN	00:52:22	00:25:18
477	435	PAULO FREIRE	159	M1939	CD ESTRELA	00:52:23	00:26:08
478	866	PAULO LOPES	87	M4044	GE OS ECONOMICOS	00:52:23	00:23:19
479	515	JORGE D PINHEIRO	80	M4549	RUN 4 FUN	00:52:24	00:24:49
480	312	PAULO PEREIRA	88	M4044	SS MONTEPIO GERAL	00:52:26	00:26:51
481	523	DIOGO LEITE	160	M1939	INDIVIDUAL	00:52:26	00:25:43
482	423	BERNARDINO ANTUNES	69	M5054	LINDA A PASTORA SC	00:52:29	00:24:56
483	731	JOAO REIS	81	M4549	VALEJAS AC	00:52:32	00:25:45
484	358	ADALBERTO GRILO	70	M5054	C BENFICA ALG MEM MARTINS	00:52:34	00:26:02
485	314	JOSE MAGRO	89	M4044	O MUNDO CORRIDA	00:52:35	00:26:45
486	492	VITOR RODRIGUES	45	M5559	GA MONSANTO GASCAN	00:52:35	00:26:42
487	552	NUNO MARQUES	161	M1939	PERNAS GAFANHOTO	00:52:36	00:26:12
488	385	QUELUNTAM TURE	82	M4549	NS SAO MIGUEL	00:52:42	00:25:30
489	876	FILIPE SOUSA	83	M4549	INDIVIDUAL	00:52:43	00:25:54
490	345	ANTONIO GINJEIRA	16	M6599	C BENFICA ALG MEM MARTINS	00:52:44	00:26:42
491	766	DIOGO LUIS	84	M4549	INDIVIDUAL	00:52:49	00:28:09
492	416	VASCO SANTOS	71	M5054	GD BANCO BPI	00:52:51	00:26:17
493	510	VIRGILIO CARLOS	85	M4549	OS INDIVIDUAIS	00:52:55	00:25:21
494	342	MANUEL CARRUDO	27	M6064	C BENFICA ALG MEM MARTINS	00:52:57	00:25:34
495	354	ANTONIO ANGELINO	90	M4044	C BENFICA ALG MEM MARTINS	00:53:00	00:26:37
496	353	FERNANDO FERREIRA	17	M6599	C BENFICA ALG MEM MARTINS	00:53:01	00:26:38
497	460	OSCAR MARQUES	46	M5559	C MILLENNIUM BCP	00:53:03	00:00:00
498	797	ABILIO TAVARES	47	M5559	INDIVIDUAL	00:53:07	00:25:23
499	821	FERNANDO NETO	28	M6064	UNIDOS MANUTENÇÃO	00:53:11	00:26:22
500	812	JOAQUIM BORRALHO	29	M6064	INDIVIDUAL	00:53:19	00:26:17

501	747	NUNO MENDES	162	M1939	INDIVIDUAL	00:53:20	00:25:46
502	420	LUIS MANUEL	163	M1939	LINDA A PASTORA SC	00:53:23	00:25:22
503	630	JOAO C BORGES	91	M4044	INDIVIDUAL	00:53:32	00:26:04
504	755	VITOR VICENTE	48	M5559	INDIVIDUAL	00:53:33	00:26:29
505	560	RICARDO PEREIRA	92	M4044	CD GRUPO BES	00:53:34	00:25:59
506	251	CARLOS FREIRE	164	M1939	ADCR POLICIA JUDICIARIA	00:53:35	00:25:36
507	833	MIGUEL REIS	165	M1939	SS CGD	00:53:35	00:26:52
508	863	ANTONIO FERNANDES	30	M6064	INDIVIDUAL	00:53:37	00:26:45
509	330	JOAQUIM HERMENEGILDO	86	M4549	C BENFICA ALG MEM MARTINS	00:53:44	00:26:50
510	427	ARMANDO LUIS	31	M6064	GA OS MATULOES	00:53:45	00:26:22
511	94	ANTONIO PEREIRA	87	M4549	C SARGENTO ARMADA	00:53:47	00:26:44
512	609	ANTONIO SOBRAL	72	M5054	CD ASAS MILENIUM	00:53:47	00:26:45
513	780	MANUEL TIAGO	73	M5054	INDIVIDUAL	00:53:48	00:26:17
514	506	PETER HOFFMANN	18	M6599	INDIVIDUAL	00:53:50	00:27:20
515	253	PAULO CARVALHO	49	M5559	CP EDP LISBOA	00:53:51	00:27:24
516	252	CARLOS MORGADO	88	M4549	CP EDP LISBOA	00:53:52	00:27:24
517	67	MAURO TEIXEIRA	166	M1939	AD REAL ACADEMIA	00:53:59	00:25:48
518	576	PEDRO SANTOS	167	M1939	INDIVIDUAL	00:54:02	00:26:32
519	474	HUGO TEIXEIRA	168	M1939	CD CA TE ESPERO	00:54:10	00:00:00
520	301	JOSE LINDO	19	M6599	CA VALE FIGUEIRA	00:54:17	00:26:51
521	836	TIAGO AVELAS	169	M1939	SS CGD	00:54:21	00:25:07
522	461	ANTONIO PEREIRA	89	M4549	GD SANTANDER TOTTA	00:54:25	00:26:20
523	376	JOSE M CONCHINHA	32	M6064	CLUBE STRESS	00:54:30	00:27:30
524	479	ANTONIO LIMA	90	M4549	SL CAMPOLIDE	00:54:33	00:26:42
525	577	NUNO SILVA	170	M1939	INDIVIDUAL	00:54:38	00:26:32
526	628	JOSE. LAMEGO	50	M5559	SMD CANEÇAS	00:54:40	00:27:31
527	561	RICARDO FERNANDES	74	M5054	CD GRUPO BES	00:54:42	00:27:02
528	748	TOMAS PINA	93	M4044	INDIVIDUAL	00:54:45	00:26:49
529	801	ARTUR MARTINS	20	M6599	CD ESTRELA	00:54:45	00:26:41
530	446	MANUEL AZEVEDO	75	M5054	MULTIFLOW	00:54:46	00:27:53
531	687	HELDER CABANA	171	M1939	INDIVIDUAL	00:54:48	00:26:58
532	432	MANUEL CARDOSO	33	M6064	CD ESTRELA	00:54:49	00:27:14
533	445	FERNANDO ANTUNES	94	M4044	LESMAS ALOPRADAS	00:54:56	00:26:24
534	816	JOAO GOMES	76	M5054	NUCLEOIRAS/ SPORTZONE	00:55:02	00:27:43
535	555	JOSE MAGALHAES	95	M4044	RUN 4 FUN	00:55:09	00:26:50
536	612	RUI P PEREIRA	96	M4044	INDIVIDUAL	00:55:13	00:28:42
537	390	MANUEL ALMEIDA	77	M5054	NS SAO MIGUEL	00:55:15	00:27:29
538	387	BLETAN IOSIF	91	M4549	NS SAO MIGUEL	00:55:16	00:26:44
539	535	PEDRO CONCEICAO	172	M1939	INDIVIDUAL	00:55:22	00:26:28
540	806	VITOR M M FERNANDES	34	M6064	CALMA	00:55:29	00:27:42
541	438	RUI SLVA	97	M4044	CD ESTRELA	00:55:50	00:29:33
542	702	BRUNO M J R P SANTOS	173	M1939	INDIVIDUAL	00:55:51	00:26:19
543	61	JULIO CASTRO	78	M5054	CAA BELEM	00:55:59	00:27:13
544	817	VITOR RODRIGUES	98	M4044	CCD O ALVITEJO	00:55:59	00:27:41
545	326	CARLOS CRESPO	92	M4549	CA PALACIO QUELUZ	00:56:02	00:28:07
546	757	CARLOS COSTA	174	M1939	CANHOES	00:56:06	00:27:49
547	643	JOAO P M COSTA	175	M1939	INDIVIDUAL	00:56:11	00:27:57
548	650	PAULO J C C L PEREIRA	176	M1939	INDIVIDUAL	00:56:11	00:27:57
549	316	HELDER JORGE	177	M1939	O MUNDO CORRIDA	00:56:22	00:28:01
550	842	ANDRE NORONHA	93	M4549	SS CGD	00:56:27	00:29:08
551	59	AMILCAR RIBEIRAL	35	M6064	CAA BELEM	00:56:34	00:25:47
552	324	PAULO FERNANDES	178	M1939	AA LEBRES SADO	00:56:37	00:27:18
553	765	PEDRO S SOUSA	79	M5054	INDIVIDUAL	00:56:40	00:28:09
554	261	ANTONIO SANTOS	21	M6599	GRD RIBEIRA LAGE	00:56:47	00:27:43
555	490	LUIS ANTUNES	94	M4549	GA MONSANTO GASCAN	00:56:49	00:27:53
556	565	RICARDO SILVA	179	M1939	CD GRUPO BES	00:56:51	00:27:22
557	838	CARLOS ALBANO	99	M4044	SS CGD	00:56:54	00:28:07

558	674	JOAO GAVANCHA	100	M4044	INDIVIDUAL	00:56:57	00:29:05
559	855	NUNO SANTOS	180	M1939	GD JOANINHAS LEIAO	00:57:09	00:28:35
560	431	VIRGILIO RODRIGUES	36	M6064	CD ESTRELA	00:57:20	00:28:17
561	856	EDUARDO P CORREIA	95	M4549	RUN 4 FUN	00:57:24	00:30:28
562	807	FRANCISCO BRANCO	22	M6599	CR LEOES P SALVO	00:57:33	00:28:41
563	803	EDMUNDO CARDEIRA	37	M6064	SMD CANEÇAS	00:57:43	00:28:36
564	288	ARLINDO DUARTE	96	M4549	AÇOREAN C BANIF	00:57:52	00:25:24
565	290	FRANCISCO PEREIRA	101	M4044	AÇOREAN C BANIF	00:57:52	00:25:24
566	291	JOAQUIM GUERREIRO	80	M5054	AÇOREAN C BANIF	00:57:52	00:25:25
567	292	JORGE SERRA	97	M4549	AÇOREAN C BANIF	00:57:52	00:25:22
568	293	NUNO E SANTO	102	M4044	AÇOREAN C BANIF	00:57:52	00:25:22
569	286	ANTONIO GUEDES	103	M4044	AÇOREAN C BANIF	00:57:53	00:25:25
570	289	FAUSTO ISAAC	104	M4044	AÇOREAN C BANIF	00:57:53	00:25:22
571	294	PAULO MORADIAS	98	M4549	AÇOREAN C BANIF	00:57:53	00:25:25
572	297	TAM AFONSO	51	M5559	AÇOREAN C BANIF	00:57:53	00:00:00
573	287	ANTONIO JORGE	52	M5559	AÇOREAN C BANIF	00:57:54	00:25:25
574	622	JOSE NETO	81	M5054	GD BV ALVERCA	00:57:56	00:28:08
575	623	JOSÉ PAJINHA	82	M5054	GD BV ALVERCA	00:57:56	00:28:12
576	624	QUIRINO NETO	83	M5054	GD BV ALVERCA	00:57:56	00:28:10
577	625	JOSE VALENTIM	53	M5559	GD BV ALVERCA	00:57:57	00:28:12
578	399	ANTONIO FERREIRA	99	M4549	GD MACEDO OCULISTA	00:58:01	00:28:07
579	71	FREDERIC SERRE	105	M4044	OS ZATOPEQUES	00:58:02	00:29:36
580	304	ANTONIO SILVA	106	M4044	PIENSE SC	00:58:05	00:00:00
581	582	GERARDO ATIENZA	100	M4549	RUN 4 FUN	00:58:06	00:28:45
582	512	JOAO P S LIMA	84	M5054	4 AO KM	00:58:40	00:29:24
583	843	VITOR ALVARO	101	M4549	SS CGD	00:58:41	00:29:22
584	676	RICARDO ALMEIDA	181	M1939	INDIVIDUAL	00:58:45	00:27:59
585	790	JORGE BRITO	107	M4044	CD QUARTEIRA	00:58:59	00:27:43
586	791	MARIO LOPES	108	M4044	CD QUARTEIRA	00:58:59	00:27:43
587	373	CARLOS P ABREU	109	M4044	CLUBE STRESS	00:59:00	00:29:00
588	854	ANTONIO HENRIQUE	85	M5054	GD JOANINHAS LEIAO	00:59:22	00:00:00
589	425	LUIS SILVA	38	M6064	GDC ESTRELA NEGRA	00:59:24	00:00:00
590	783	JOAQUIM ARAUJO	23	M6599	AA PEGO LONGO	00:59:40	00:28:34
591	852	JOSE GOUVEIA	102	M4549	GD MACEDO OCULISTA	00:59:46	00:29:58
592	493	MIGUEL SILVA	24	M6599	GA MONSANTO GASCAN	00:59:48	00:30:00
593	70	GONÇALO SEABRA	182	M1939	OS ZATOPEQUES	00:59:55	00:29:36
594	470	FABIO DIAS	110	M4044	GD SANTANDER TOTTA	01:00:07	00:29:39
595	295	PEDRO BURGUETTE	183	M1939	AÇOREAN C BANIF	01:00:08	00:29:40
596	740	ANTONIO LOPES	184	M1939	INDIVIDUAL	01:00:13	00:29:31
597	581	OSVALDO PIRES	185	M1939	INDIVIDUAL	01:00:20	00:28:38
598	559	RUI GAMEIRO	186	M1939	CD GRUPO BES	01:00:26	00:30:04
599	469	HAMILTON DIAS	187	M1939	GD SANTANDER TOTTA	01:00:27	00:30:05
600	845	DIOGO ALVARO	188	M1939	SS CGD	01:00:30	00:29:23
601	841	SEVERINO ROSA	54	M5559	SS CGD	01:00:35	00:29:54
602	497	JOAQUIM MACHADO	55	M5559	GDT JF TRAFARIA	01:00:43	00:30:35
603	548	RICARDO SOUSA	111	M4044	INDIVIDUAL	01:00:46	00:30:40
604	99	ALBANO GINJA	56	M5559	C SARGENTO ARMADA	01:00:47	00:30:39
605	100	ANTONIO NUNES	25	M6599	C SARGENTO ARMADA	01:00:47	00:30:39
606	519	ANTONIO MONTEIRO	103	M4549	INDIVIDUAL	01:00:52	00:30:17
607	868	CARLOS V NEGRAO	86	M5054	INDIVIDUAL	01:01:06	00:24:05
608	705	MANUEL R MARTINS	112	M4044	ACADEMIA LUMIAR	01:01:22	00:31:08
609	840	PAULO BAILAO	113	M4044	SS CGD	01:02:03	00:30:26
610	695	PEDRO MESQUITA	189	M1939	CR LEOES P SALVO	01:02:18	00:30:08
611	719	EDGAR FERREIRA	190	M1939	CANHOES	01:02:31	00:31:01
612	692	ANTONIO MESQUITA	104	M4549	CR LEOES P SALVO	01:02:37	00:30:08
613	355	EMIDIO ALEXANDRE	87	M5054	C BENFICA ALG MEM MARTINS	01:02:43	00:30:28
614	400	ANTONIO SANTOS	114	M4044	GD MACEDO OCULISTA	01:03:09	00:28:51

615	447	JOAO SANTOS	39	M6064	MULTIFLOW	01:03:09	00:28:51
616	441	LUIS ESTRELA	115	M4044	CD ESTRELA	01:03:18	00:29:55
617	873	CARLOS ROSA	116	M4044	GINASIO C QUELUZ	01:03:20	00:30:22
618	808	VITOR RODRIGUES	40	M6064	CR LEOES P SALVO	01:03:27	00:32:04
619	310	ANDRE GOMES	191	M1939	SS MONTEPIO GERAL	01:03:28	00:30:04
620	311	JAIME GOMES	57	M5559	SS MONTEPIO GERAL	01:03:28	00:30:03
621	91	FERNANDO PEREIRA	192	M1939	C SARGENTO ARMADA	01:03:38	00:15:32
622	90	CARLOS PEREIRA	193	M1939	C SARGENTO ARMADA	01:03:39	00:30:25
623	646	DOMINGOS B PEREIRA	117	M4044	INDIVIDUAL	01:03:45	00:30:32
624	538	ANTONIO MOURA	58	M5559	INDIVIDUAL	01:04:03	00:30:21
625	572	LUIS CRAVO	194	M1939	NAS CALMAS	01:04:04	00:31:49
626	571	NUNO ESTEVES	195	M1939	NAS CALMAS	01:04:05	00:31:49
627	75	RUI ALBERTO	41	M6064	OS ZATOPEQUES	01:04:19	00:29:38
628	537	GILBERTO GONÇALVES	42	M6064	CR ALVORADA	01:04:19	00:29:53
629	776	FRANCISCO SILVA	26	M6599	INDIVIDUAL	01:04:23	00:31:24
630	351	LUIS P PEREIRA	196	M1939	C BENFICA ALG MEM MARTINS	01:04:34	00:27:17
631	701	PAULO MARCOS	118	M4044	RUN 4 FUN	01:05:03	00:30:53
632	495	NUNO MONTEIRO	197	M1939	RUNNING OF D MARIA	01:05:37	00:30:09
633	382	JOAQUIM ALMEIDA	43	M6064	SFUAP	01:06:23	00:32:18
634	864	JORGE RIBEIRO	44	M6064	INDIVIDUAL	01:06:29	00:32:38
635	434	CASSIANO CUNHA	27	M6599	CD ESTRELA	01:06:41	00:30:27
636	810	ILIDIO TORGAL	28	M6599	VALEJAS AC	01:06:44	00:32:00
637	475	ANTONIO TEIXEIRA	105	M4549	CD CA TE ESPERO	01:07:12	00:00:00
638	509	HENRIQUE VILHENA	59	M5559	INDIVIDUAL	01:07:41	00:32:40
639	875	ANTONIO HORTEGA	106	M4549	INDIVIDUAL	01:07:43	00:32:05
640	620	EMANUEL DIAS	107	M4549	INDIVIDUAL	01:07:59	00:32:00
641	528	MARCO CRUZ	198	M1939	CR ALVORADA	01:08:10	00:33:57
642	782	ANTONIO MOURA	199	M1939	AA PEGO LONGO	01:08:10	00:32:30
643	567	ANTONIO NASCIMENTO	108	M4549	N A CNAS	01:08:23	00:33:56
644	847	JOAO P CHUMBINHO	119	M4044	SS CGD	01:08:38	00:32:12
645	436	ANTONIO CAEIRO	109	M4549	CD ESTRELA	01:08:40	00:33:46
646	439	PAULO TAVARES	200	M1939	CD ESTRELA	01:08:40	00:33:45
647	504	NUNO MARQUES	120	M4044	INDIVIDUAL	01:09:04	00:32:55
648	502	NUNO ALMEIDA	201	M1939	SPORTINGS ALMEIDA	01:09:18	00:33:45
649	508	JOAO RALHA	88	M5054	RUN 4 FUN	01:09:24	00:32:29
650	592	NUNO PERALTA	202	M1939	INDIVIDUAL	01:10:24	00:33:37
651	862	PEDRO MARQUES	121	M4044	INDIVIDUAL	01:10:25	00:33:56
652	861	MARIO LUIS	122	M4044	INDIVIDUAL	01:10:26	00:33:57
653	522	FILIPE GOULÃO	203	M1939	INDIVIDUAL	01:10:27	00:33:32
654	539	ULRICH GEUTHER	60	M5559	INDIVIDUAL	01:10:27	00:00:00
655	633	MARIO AGUILEIRA	110	M4549	TOKANDAR	01:10:59	00:33:02
656	626	EBERHARD WILHELM	45	M6064	INDIVIDUAL	01:12:22	00:34:14
657	429	FRANCISCO MOUCHINCHO	46	M6064	ACADEMIA LUMIAR	01:13:00	00:35:10

POR ESCALÕES MASCULINA

SÉNIORES

CLA.	NUM	ATLETA	ESCALAO	EQUIPA	TEMPO
1	1	MANUEL DAMIAO	M1939	MARATONA CP	00:29:00
2	5	GOITOM KIFLE	M1939	ERITREA	00:29:02
3	21	EVANS KIPLAGAT	M1939	QUENIA	00:29:20
4	16	CHAVKIN NIKOLAY	M1939	RUSSIA	00:29:44
5	6	RUI PINTO	M1939	SL BENFICA	00:30:03
6	7	SERGIO SILVA	M1939	MARATONA CP	00:30:13
7	10	PEDRO RIBEIRO	M1939	MAIA AC	00:30:24
8	15	HELIO GOMES	M1939	SPORTING CP	00:30:27
9	18	BRUNO JESUS	M1939	MAIA AC	00:30:38
10	8	LUIS PINTO	M1939	SPORTING CP	00:30:50
11	19	PEDRO CRUZ	M1939	GDJ CRUZ IRMAO	00:31:04
12	4	SIMON AYEKO	M1939	UGANDA	00:31:22
13	12	HUGO PINTO	M1939	RB RUNNING	00:31:27
14	20	CARLOS SILVA	M1939	SPORTING CP	00:31:38
15	9	RICARDO VALE	M1939	SC BRAGA	00:31:47
16	11	ALBERTO CHAIÇA	M1939	INDIVIDUAL	00:32:08
17	489	CARLOS CARDOSO	M1939	GDR REBOLEIRA	00:32:35
18	3	KASPARS BRISKA	M1939	LETONIA	00:32:49
19	751	ALEXI SCUTARO	M1939	CRD ARRUDENSE	00:32:51
20	14	RICARDO GOMES	M1939	J UNIDA FORNOS	00:32:56
21	482	LUIS GINJA	M1939	GDR REBOLEIRA	00:33:11
22	772	PAULO ALVES	M1939	GDR CONFORLIMPA	00:33:16
23	788	MARCO BERNARDO	M1939	NA VILA REAL	00:33:47
24	51	CARLOS FREITAS	M1939	RB RUNNING	00:34:27
25	602	CARLOS ALPOIM	M1939	CP RTP	00:34:38
26	591	PEDRO MAIA	M1939	AA MAFRA	00:34:40
27	750	RICARDO VALE	M1939	CR LEOES P SALVO	00:34:49
28	47	CUSTODIO ANTONIO	M1939	CD ASAS MILENIUM	00:35:08
29	779	ALEXANDRE CAMAREZ	M1939	INDIVIDUAL	00:35:20
30	683	RICARDO PEREIRA	M1939	CR LEOES P SALVO	00:35:23
31	722	LUIS OLIVEIRA	M1939	CEFA MARINHA	00:35:47
32	583	JOEL RODRIGUES	M1939	AA MAFRA	00:36:33
33	396	PEDRO PELADO	M1939	SUC	00:36:36
34	283	LUIS COELHO	M1939	ODIMARQ ALUMINIOS	00:36:54
35	815	FABIO FIGUEIREDO	M1939	NUCLEOEIRAS/ SPORTZONE	00:37:10
36	44	MARIO FERREIRA	M1939	CD ASAS MILENIUM	00:37:23
37	640	JOAO FONTE-BOA	M1939	CA PATAMEIRAS	00:37:33
38	778	SERGIO LIMA	M1939	INDIVIDUAL	00:37:40
39	725	HUGO RODRIGUES	M1939	CEFA MARINHA	00:37:50
40	547	TIAGO LOUSA	M1939	INDIVIDUAL	00:37:51
41	56	RUBEN A PINTO	M1939	RB RUNNING	00:37:52
42	328	PAULO HERMEZILHA	M1939	C BENFICA ALG MEM MARTINS	00:38:02
43	723	NUNO CRUZ	M1939	CEFA MARINHA	00:38:03
44	653	ANTONIO GOUVEIA	M1939	SOUSA GOUVEIA	00:38:11
45	771	FILIPE BRAS	M1939	INDIVIDUAL	00:38:13
46	743	PEDRO SEREDO	M1939	GCA NAV PORTO SALVO	00:38:21
47	713	NUNO TINTIM	M1939	IRMANDADE PEDALEIRA	00:38:25
48	714	LUIS PINTO	M1939	INDIVIDUAL	00:38:25
49	52	ALEXANDRE MONTEIRO	M1939	RB RUNNING	00:38:30
50	89	BRUNO CANHAO	M1939	C SARGENTO ARMADA	00:38:58

51	329	JANICIO REIS	M1939	C BENFICA ALG MEM MARTINS	00:39:06
52	638	NUNO DORES	M1939	CA PATAMEIRAS	00:39:34
53	764	RUI SANTOS	M1939	INDIVIDUAL	00:39:41
54	599	JOSE TEIXEIRA	M1939	AM B° CV LUMIAR	00:39:48
55	544	ÂNGELO SILVA	M1939	INDIVIDUAL	00:39:50
56	657	RUI M S CORREIA	M1939	INDIVIDUAL	00:39:57
57	403	FABIO FERREIRA	M1939	GD MACEDO OCULISTA	00:40:04
58	458	JOSE MOREIRA	M1939	AMIGOS JAMOR	00:40:22
59	814	PAULINO BORGES	M1939	NUCLEOEIRAS/ SPORTZONE	00:40:23
60	54	RUI LACERDA	M1939	RB RUNNING	00:40:52
61	672	ABILIO DUARTE	M1939	CR LEOES P SALVO	00:40:56
62	690	VICENTE ROCHA	M1939	CR LEOES P SALVO	00:41:05
63	853	VEASECLAV IGNAT	M1939	GD JOANINHAS LEIAO	00:41:10
64	471	JOAO JESUS	M1939	GD SANTANDER TOTTA	00:41:17
65	727	NUNO QUEIJA	M1939	CF OS BELENENSES	00:41:37
66	759	INDALECIO NUNEZ	M1939	INDIVIDUAL	00:41:40
67	553	PAULO FERNANDES	M1939	FALÇOES SELVAGENS	00:41:56
68	641	BRUNO LOURENÇO	M1939	CA PATAMEIRAS	00:42:11
69	777	PAULO ROBALO	M1939	INDIVIDUAL	00:42:14
70	58	JOSE GUIMARAES	M1939	RB RUNNING	00:42:26
71	55	LUIS M F ANTUNES	M1939	RB RUNNING	00:42:29
72	65	DAVID KARIM	M1939	AD REAL ACADEMIA	00:42:37
73	303	MARCO OLIVEIRA	M1939	BOLOTAOBRA	00:42:38
74	413	SERGIO MONTES	M1939	GD MACEDO OCULISTA	00:42:40
75	255	JOSE ANTONIO	M1939	GRD RIBEIRA LAGE	00:42:45
76	556	JOAO PASTOR	M1939	AA MAFRA	00:42:59
77	827	MIGUEL SANTOS	M1939	UNIDOS MANUTENÇÃO	00:43:00
78	69	EDGAR JACINTO	M1939	OS ZATOPEQUES	00:43:03
79	318	ARTUR GONÇALVES	M1939	AA LEBRES SADO	00:43:13
80	857	BRUNO SILVA	M1939	GAA VILA FRANCA XIRA	00:43:24
81	459	PATRICK MARTINI	M1939	AMIGOS JAMOR	00:43:39
82	570	ANTONIO COIMBRA	M1939	INDIVIDUAL	00:43:45
83	256	JOSUE FRADE	M1939	GRD RIBEIRA LAGE	00:43:55
84	663	NUNO CARRILHO	M1939	CR LEOES P SALVO	00:43:55
85	712	LICÍNIO SIMÕES	M1939	ATOMIC TEAM	00:43:56
86	38	DAVID FERNANDES	M1939	DO RANGEL	00:44:02
87	331	MANUEL COUTO	M1939	C BENFICA ALG MEM MARTINS	00:44:06
88	685	CARLOS CORREIA	M1939	INDIVIDUAL	00:44:09
89	333	CARLOS VITORINO	M1939	C BENFICA ALG MEM MARTINS	00:44:26
90	473	FLAVIO JULIAO	M1939	CD CA TE ESPERO	00:44:29
91	607	EDUARDO LUÍS	M1939	ATOMIC TEAM	00:44:36
92	320	JOSE C SOUSA	M1939	AA LEBRES SADO	00:44:39
93	321	JOSE F OLIVEIRA	M1939	AA LEBRES SADO	00:44:39
94	767	RODRIGO CUNHA	M1939	INDIVIDUAL	00:44:46
95	769	HELIO PALMA	M1939	CCD TRANQUILIDADE	00:44:51
96	27	JOSE FERREIRA	M1939	DO RANGEL	00:45:12
97	733	PEDRO MONTEIRO	M1939	VALEJAS AC	00:45:30
98	742	HUGO ROCHA	M1939	INDIVIDUAL	00:45:33
99	536	MARIO J M SANTOS	M1939	INDIVIDUAL	00:45:46
100	412	RUBEN FERREIRA	M1939	GD MACEDO OCULISTA	00:45:59
101	563	NUNO PINTO	M1939	CD GRUPO BES	00:46:04
102	264	CARLOS FERNANDES	M1939	GRD RIBEIRA LAGE	00:46:09
103	649	HUGO M L SERAFIM	M1939	INDIVIDUAL	00:46:28
104	651	JOAO MARQUES	M1939	INDIVIDUAL	00:46:33
105	745	LUIS GOMES	M1939	INDIVIDUAL	00:46:36
106	379	TIAGO DIONISIO	M1939	CLUBE STRESS	00:46:39
107	596	TIAGO SOUSA	M1939	INDIVIDUAL	00:46:43

108	762	MIGUEL RANGEL	M1939	CLUBE STRESS	00:46:45
109	846	JOAO CHUMBINHO	M1939	SS CGD	00:46:50
110	444	JOAO REVES	M1939	LESMAS ALOPRADAS	00:46:57
111	411	LUIS MACEDO	M1939	GD MACEDO OCULISTA	00:46:58
112	356	HELDER ALEXANDRE	M1939	C BENFICA ALG MEM MARTINS	00:47:06
113	586	RUI DUARTE	M1939	INDIVIDUAL	00:47:14
114	566	PAULO NUNES	M1939	INDIVIDUAL	00:47:18
115	614	ARMANDO MONTEIRO	M1939	FSG COLL BELLERIVE	00:47:24
116	597	BRUNO CIPRIANO	M1939	INDIVIDUAL	00:47:29
117	859	NUNO ANTONIO	M1939	INDIVIDUAL	00:47:45
118	697	RICARDO DUQUE	M1939	CR LEOES P SALVO	00:47:50
119	700	HELDER MOTA	M1939	CR LEOES P SALVO	00:47:51
120	736	PEDRO VIEIRA	M1939	VALEJAS AC	00:47:53
121	781	NELSON COELHO	M1939	AA PEGO LONGO	00:48:07
122	826	GIL ALVES	M1939	UNIDOS MANUTENÇÃO	00:48:10
123	734	SERGIO PIRES	M1939	VALEJAS AC	00:48:12
124	595	MIGUEL MENEZES	M1939	INDIVIDUAL	00:48:23
125	378	PEDRO GONÇALVES	M1939	CLUBE STRESS	00:48:25
126	698	JOAO PORTELA	M1939	CR LEOES P SALVO	00:48:48
127	763	DAVID M ROSA	M1939	INDIVIDUAL	00:48:48
128	828	RICARDO CEBOLA	M1939	UNIDOS MANUTENÇÃO	00:48:49
129	415	JORGE NUNES	M1939	GD BANCO BPI	00:48:59
130	760	SERGIO BAIÃO	M1939	INDIVIDUAL	00:49:04
131	775	JORGE RODRIGUES	M1939	INDIVIDUAL	00:49:06
132	46	TIAGO ANDRADE	M1939	CD ASAS MILENIUM	00:49:10
133	457	JOAO FARIA	M1939	AMIGOS JAMOR	00:49:14
134	26	ANDRE SAMPAIO	M1939	DO RANGEL	00:49:19
135	516	PEDRO VALENTE	M1939	INDIVIDUAL	00:49:28
136	350	ANDRE GINO	M1939	C BENFICA ALG MEM MARTINS	00:49:42
137	718	CARLOS HENRIQUES	M1939	CANHOES	00:49:44
138	729	JOAO LOPES	M1939	INDIVIDUAL	00:50:27
139	644	HELDER NOGUEIRA	M1939	INDIVIDUAL	00:50:30
140	874	JOAO GONÇALVES	M1939	GINASIO C QUELUZ	00:50:32
141	619	RUI OLIVEIRA	M1939	INDIVIDUAL	00:50:33
142	42	EDGAR SEIA	M1939	CD ASAS MILENIUM	00:50:45
143	580	SERGIO B PEDRO	M1939	INDIVIDUAL	00:50:49
144	578	CARLOS AFONSO	M1939	4 A FUNDO	00:50:53
145	579	MARIO MIGUEL	M1939	4 A FUNDO	00:50:53
146	715	PEDRO GABRIEL	M1939	AMIGOS PARQUE PAZ	00:50:53
147	465	ANTONIO LOURO	M1939	GD SANTANDER TOTTA	00:51:00
148	573	LUIS M SANTOS	M1939	AA MAFRA	00:51:09
149	524	LEONARDO MONTEIRO	M1939	INDIVIDUAL	00:51:23
150	557	RUI PASTOR	M1939	AA MAFRA	00:51:25
151	849	ANDRE BARBOSA	M1939	INDIVIDUAL	00:51:25
152	666	DANIEL VILABRIL	M1939	PERNAS GAFANHOTO	00:51:36
153	711	JORGE SILVA	M1939	CD ESTRELA	00:51:53
154	610	TIAGO LOPES	M1939	CD ASAS MILENIUM	00:52:05
155	789	HUGO MACEDO	M1939	INDIVIDUAL	00:52:08
156	526	TIAGO ALMEIDA	M1939	INDIVIDUAL	00:52:10
157	534	MOISES CARDOSO	M1939	INDIVIDUAL	00:52:14
158	36	CARLOS LOPES	M1939	DO RANGEL	00:52:21
159	435	PAULO FREIRE	M1939	CD ESTRELA	00:52:23
160	523	DIOGO LEITE	M1939	INDIVIDUAL	00:52:26
161	552	NUNO MARQUES	M1939	PERNAS GAFANHOTO	00:52:36
162	747	NUNO MENDES	M1939	INDIVIDUAL	00:53:20
163	420	LUIS MANUEL	M1939	LINDA A PASTORA SC	00:53:23
164	251	CARLOS FREIRE	M1939	ADCR POLICIA JUDICIARIA	00:53:35

165	833	MIGUEL REIS	M1939	SS CGD	00:53:35
166	67	MAURO TEIXEIRA	M1939	AD REAL ACADEMIA	00:53:59
167	576	PEDRO SANTOS	M1939	INDIVIDUAL	00:54:02
168	474	HUGO TEIXEIRA	M1939	CD CA TE ESPERO	00:54:10
169	836	TIAGO AVELAS	M1939	SS CGD	00:54:21
170	577	NUNO SILVA	M1939	INDIVIDUAL	00:54:38
171	687	HELDER CABANA	M1939	INDIVIDUAL	00:54:48
172	535	PEDRO CONCEICAO	M1939	INDIVIDUAL	00:55:22
173	702	BRUNO M J R P SANTOS	M1939	INDIVIDUAL	00:55:51
174	757	CARLOS COSTA	M1939	CANHOES	00:56:06
175	643	JOAO P M COSTA	M1939	INDIVIDUAL	00:56:11
176	650	PAULO J C C L PEREIRA	M1939	INDIVIDUAL	00:56:11
177	316	HELDER JORGE	M1939	O MUNDO CORRIDA	00:56:22
178	324	PAULO FERNANDES	M1939	AA LEBRES SADO	00:56:37
179	565	RICARDO SILVA	M1939	CD GRUPO BES	00:56:51
180	855	NUNO SANTOS	M1939	GD JOANINHAS LEIAO	00:57:09
181	676	RICARDO ALMEIDA	M1939	INDIVIDUAL	00:58:45
182	70	GONÇALO SEABRA	M1939	OS ZATOPEQUES	00:59:55
183	295	PEDRO BURGUETTE	M1939	AÇOREAN C BANIF	01:00:08
184	740	ANTONIO LOPES	M1939	INDIVIDUAL	01:00:13
185	581	OSVALDO PIRES	M1939	INDIVIDUAL	01:00:20
186	559	RUI GAMEIRO	M1939	CD GRUPO BES	01:00:26
187	469	HAMILTON DIAS	M1939	GD SANTANDER TOTTA	01:00:27
188	845	DIOGO ALVARO	M1939	SS CGD	01:00:30
189	695	PEDRO MESQUITA	M1939	CR LEOES P SALVO	01:02:18
190	719	EDGAR FERREIRA	M1939	CANHOES	01:02:31
191	310	ANDRE GOMES	M1939	SS MONTEPIO GERAL	01:03:28
192	91	FERNANDO PEREIRA	M1939	C SARGENTO ARMADA	01:03:38
193	90	CARLOS PEREIRA	M1939	C SARGENTO ARMADA	01:03:39
194	572	LUIS CRAVO	M1939	NAS CALMAS	01:04:04
195	571	NUNO ESTEVES	M1939	NAS CALMAS	01:04:05
196	351	LUIS P PEREIRA	M1939	C BENFICA ALG MEM MARTINS	01:04:34
197	495	NUNO MONTEIRO	M1939	RUNNING OF D MARIA	01:05:37
198	528	MARCO CRUZ	M1939	CR ALVORADA	01:08:10
199	782	ANTONIO MOURA	M1939	AA PEGO LONGO	01:08:10
200	439	PAULO TAVARES	M1939	CD ESTRELA	01:08:40
201	502	NUNO ALMEIDA	M1939	SPORTINGS ALMEIDA	01:09:18
202	592	NUNO PERALTA	M1939	INDIVIDUAL	01:10:24
203	522	FILIPE GOULÃO	M1939	INDIVIDUAL	01:10:27

VETERANOS – M4044

CLA.	NUM	ATLETA	ESCALAO EQUIPA	TEMPO
1	753	AUGUSTO COSTA	M4044 NA JOANE	00:32:19
2	13	JOAO MARQUES	M4044 GDR REBOLEIRA	00:32:33
3	655	DOMINGOS BARROS	M4044 ALDREENSE	00:33:26
4	682	LUIS ALLEN	M4044 CR LEOES P SALVO	00:33:42
5	397	EUSEBIO ROSA	M4044 SUC	00:33:48
6	49	RICARDO MESTRE	M4044 CD ASAS MILENIUM	00:33:50
7	476	FRANCISCO PEDRO	M4044 GD MACEDO OCULISTA	00:34:03
8	398	ALEXANDRE PINHEIRO	M4044 GD MACEDO OCULISTA	00:34:26
9	41	PAULO ANTONIO	M4044 DO RANGEL	00:34:42
10	693	HELDER REBELO	M4044 CR LEOES P SALVO	00:35:02
11	483	PAULO MOREIRA	M4044 GDR REBOLEIRA	00:35:30
12	401	CARLOS MENDES	M4044 GD MACEDO OCULISTA	00:35:59
13	588	JOAO MIRANDA	M4044 AA MAFRA	00:36:10
14	309	EDUARDO FERNANDES	M4044 CCR ALTO MOINHO	00:36:54
15	280	PAULO CARVALHO	M4044 ODIMARQ ALUMINIOS	00:37:02
16	825	FERNANDO GOMES	M4044 UNIDOS MANUTENÇÃO	00:37:28
17	39	JORGE AMARAL	M4044 DO RANGEL	00:38:16
18	865	ANTONIO PINHEIRO	M4044 FISYO 4 YOU	00:38:19
19	296	RUI OLIVEIRA	M4044 AÇOREAN C BANIF	00:38:29
20	92	FERNANDO SANTOS	M4044 C SARGENTO ARMADA	00:38:33
21	589	JOSE LAGARIÇO	M4044 AA MAFRA	00:39:35
22	761	RUI FERNANDES	M4044 INDIVIDUAL	00:39:43
23	78	CARLOS PIRES	M4044 URCA	00:40:29
24	824	RUI CARDOSO	M4044 UNIDOS MANUTENÇÃO	00:40:35
25	285	EMANUEL GOMES	M4044 ODIMARQ ALUMINIOS	00:40:47
26	282	ORLANDO CORREIA	M4044 ODIMARQ ALUMINIOS	00:40:52
27	667	MARIO R BARATA	M4044 INDIVIDUAL	00:40:58
28	360	PAULO LOPES	M4044 ACLIS LIBERTY SEGUROS	00:41:01
29	605	VITOR LOPES	M4044 FC DESPERTAR	00:41:09
30	365	SILVESTRE DEMETIO	M4044 ACLIS LIBERTY SEGUROS	00:41:10
31	486	JORGE CORREIA	M4044 GDR REBOLEIRA	00:41:11
32	313	JORGE M S R MIMOSO	M4044 O MUNDO CORRIDA	00:41:20
33	332	JOSE OLIVEIRA	M4044 C BENFICA ALG MEM MARTINS	00:41:26
34	28	CARLOS GONÇALVES	M4044 DO RANGEL	00:41:27
35	281	ROGERIO DUARTE	M4044 ODIMARQ ALUMINIOS	00:41:39
36	574	LUIS GUERREIRO	M4044 INDIVIDUAL	00:41:53
37	527	ANTONIO REBELO	M4044 INDIVIDUAL	00:41:55
38	57	ISIDRO DUARTE	M4044 RB RUNNING	00:42:48
39	546	PAULO BRITO	M4044 JOMA	00:42:52
40	635	PAULO GAMBOA	M4044 CA PATAMEIRAS	00:42:53
41	521	RUI M S PINELA	M4044 BLADERUNNERS	00:43:03
42	349	VITOR SANTOS	M4044 C BENFICA ALG MEM MARTINS	00:43:17
43	680	LUIS AIRES	M4044 CR LEOES P SALVO	00:43:19
44	352	LUIS BARBOSA	M4044 C BENFICA ALG MEM MARTINS	00:43:34
45	72	PAULO BASILIO	M4044 OS ZATOPQUES	00:44:02
46	673	FERNANDO VILELA	M4044 CR LEOES P SALVO	00:44:11
47	710	RUI BOTÃO	M4044 CASAL	00:44:43
48	872	JOAO PAIVA	M4044 CLUBE ANACOM	00:44:44
49	659	JULIO MARTINS	M4044 INDIVIDUAL	00:44:45
50	678	PEDRO GOUVEIA	M4044 CR LEOES P SALVO	00:44:51
51	601	ARISTIDES MONTEIRO	M4044 GRD RIBEIRA LAGE	00:45:04
52	62	PAULO LOURINHO	M4044 CAA BELEM	00:45:13
53	584	JOSE GONÇALVES	M4044 AA MAFRA	00:45:19

54	739	JOAO M DOMINGUES	M4044	INDIVIDUAL	00:45:37
55	664	ANTONIO TEIXEIRA	M4044	INDIVIDUAL	00:45:51
56	372	DIDIER VALENTE	M4044	MONSANTO T RUNNING	00:45:58
57	417	PAULO ALMEIDA	M4044	GD BANCO BPI	00:46:13
58	648	LUIS GRAÇA	M4044	INDIVIDUAL	00:46:16
59	770	JOAO T SANTOS	M4044	INDIVIDUAL	00:46:22
60	798	CARLOS PINHEIRO	M4044	GRD RIBEIRA LAGE	00:46:39
61	616	FERNANDO REIS	M4044	INDIVIDUAL	00:47:16
62	634	MIGUEL PINHO	M4044	INDIVIDUAL	00:47:20
63	631	JOSE SARAIVA	M4044	INDIVIDUAL	00:47:35
64	499	JOSE SANTOS	M4044	GDT JF TRAFARIA	00:47:41
65	613	RAFAEL A V SANTOS	M4044	INDIVIDUAL	00:47:41
66	520	FRANCISCO M O C GAROTO	M4044	BLADERUNNERS	00:48:08
67	466	JOSE PEREIRA	M4044	GD SANTANDER TOTTA	00:48:21
68	337	VITOR GONÇALVES	M4044	C BENFICA ALG MEM MARTINS	00:48:26
69	621	RICARDO NABAIS	M4044	APOGMA	00:48:42
70	706	JOAO P M SILVA	M4044	ACADEMIA LUMIAR	00:48:43
71	442	ALBINO MARINHO	M4044	CD ESTRELA	00:48:47
72	323	LUIS OLIVEIRA	M4044	AA LEBRES SADO	00:48:50
73	494	PAULO MARTINS	M4044	RUNNING OF D MARIA	00:48:59
74	741	LUIS M ROQUE	M4044	AMIGOS PARQUE PAZ	00:49:22
75	752	PEDRO M L ALVES	M4044	INDIVIDUAL	00:50:05
76	867	MANUEL GOMES	M4044	GE OS ECONOMICOS	00:50:07
77	717	PAULO J S SOUSA	M4044	INDIVIDUAL	00:50:26
78	774	LUIS SILVA	M4044	INDIVIDUAL	00:50:26
79	844	MARIO COSTA	M4044	SS CGD	00:50:26
80	606	PEDRO FERREIRA	M4044	4 A FUNDO	00:50:52
81	257	CARLOS PENA	M4044	GRD RIBEIRA LAGE	00:51:03
82	518	NUNO MARQUES	M4044	RUN 4 FUN	00:51:10
83	532	NUNO M M TEMPERA	M4044	RUN 4 FUN	00:51:11
84	647	CARLOS A S CARVALHO	M4044	INDIVIDUAL	00:51:14
85	437	RUI TRINDADE	M4044	CD ESTRELA	00:51:28
86	386	ANTONIO GOMES	M4044	NS SAO MIGUEL	00:51:37
87	866	PAULO LOPES	M4044	GE OS ECONOMICOS	00:52:23
88	312	PAULO PEREIRA	M4044	SS MONTEPIO GERAL	00:52:26
89	314	JOSE MAGRO	M4044	O MUNDO CORRIDA	00:52:35
90	354	ANTONIO ANGELINO	M4044	C BENFICA ALG MEM MARTINS	00:53:00
91	630	JOAO C BORGES	M4044	INDIVIDUAL	00:53:32
92	560	RICARDO PEREIRA	M4044	CD GRUPO BES	00:53:34
93	748	TOMAS PINA	M4044	INDIVIDUAL	00:54:45
94	445	FERNANDO ANTUNES	M4044	LESMAS ALOPRADAS	00:54:56
95	555	JOSE MAGALHAES	M4044	RUN 4 FUN	00:55:09
96	612	RUI P PEREIRA	M4044	INDIVIDUAL	00:55:13
97	438	RUI SLVA	M4044	CD ESTRELA	00:55:50
98	817	VITOR RODRIGUES	M4044	CCD O ALVITEJO	00:55:59
99	838	CARLOS ALBANO	M4044	SS CGD	00:56:54
100	674	JOAO GAVANCHA	M4044	INDIVIDUAL	00:56:57
101	290	FRANCISCO PEREIRA	M4044	AÇOREAN C BANIF	00:57:52
102	293	NUNO E SANTO	M4044	AÇOREAN C BANIF	00:57:52
103	286	ANTONIO GUEDES	M4044	AÇOREAN C BANIF	00:57:53
104	289	FAUSTO ISAAC	M4044	AÇOREAN C BANIF	00:57:53
105	71	FREDERIC SERRE	M4044	OS ZATOPEQUES	00:58:02
106	304	ANTONIO SILVA	M4044	PIENSE SC	00:58:05
107	790	JORGE BRITO	M4044	CD QUARTEIRA	00:58:59
108	791	MARIO LOPES	M4044	CD QUARTEIRA	00:58:59
109	373	CARLOS P ABREU	M4044	CLUBE STRESS	00:59:00
110	470	FABIO DIAS	M4044	GD SANTANDER TOTTA	01:00:07

111	548	RICARDO SOUSA	M4044	INDIVIDUAL	01:00:46
112	705	MANUEL R MARTINS	M4044	ACADEMIA LUMIAR	01:01:22
113	840	PAULO BILAO	M4044	SS CGD	01:02:03
114	400	ANTONIO SANTOS	M4044	GD MACEDO OCULISTA	01:03:09
115	441	LUIS ESTRELA	M4044	CD ESTRELA	01:03:18
116	873	CARLOS ROSA	M4044	GINASIO C QUELUZ	01:03:20
117	646	DOMINGOS B PEREIRA	M4044	INDIVIDUAL	01:03:45
118	701	PAULO MARCOS	M4044	RUN 4 FUN	01:05:03
119	847	JOAO P CHUMBINHO	M4044	SS CGD	01:08:38
120	504	NUNO MARQUES	M4044	INDIVIDUAL	01:09:04
121	862	PEDRO MARQUES	M4044	INDIVIDUAL	01:10:25
122	861	MARIO LUIS	M4044	INDIVIDUAL	01:10:26

VETERANOS – M4549

CLA.	NUM	ATLETA	ESCALAO EQUIPA	TEMPO
1	380	PEDRO PESSOA	M4549 GD PRAIA SALEMA	00:32:59
2	484	JOSE INACIO	M4549 GDR REBOLEIRA	00:33:13
3	485	EUGENIO NETO	M4549 GDR REBOLEIRA	00:33:49
4	405	JOAO GINJA	M4549 GD MACEDO OCULISTA	00:33:57
5	364	RUI BALTAZAR	M4549 ACLIS LIBERTY SEGUROS	00:34:21
6	488	JOSE ANTUNES	M4549 GDR REBOLEIRA	00:34:27
7	670	ALEXANDRE SOARES	M4549 CR LEOES P SALVO	00:34:44
8	525	JOSE MARTINS	M4549 GRD OS FIXES	00:34:48
9	749	PAULO RAMOS	M4549 CR LEOES P SALVO	00:34:49
10	585	EDUARDO EUSTAQUIO	M4549 AA MAFRA	00:34:51
11	361	JOAO CARDOSO	M4549 ACLIS LIBERTY SEGUROS	00:35:45
12	80	ARTINO MOTA	M4549 GD AMAROS JOALHEIROS	00:36:02
13	277	JOAO LUCAS	M4549 ODIMARQ ALUMINIOS	00:36:10
14	278	LUCIANO CONCEIÇÃO	M4549 ODIMARQ ALUMINIOS	00:36:37
15	669	ANTONIO MANETA	M4549 CR LEOES P SALVO	00:36:43
16	363	MANUEL VILELA	M4549 ACLIS LIBERTY SEGUROS	00:37:08
17	307	JOAQUIM CAPUCHO	M4549 PIENSE SC	00:37:45
18	679	CARLOS MENDES	M4549 CR LEOES P SALVO	00:37:51
19	346	VITOR SILVA	M4549 C BENFICA ALG MEM MARTINS	00:37:52
20	818	FRANCISCO GAIO	M4549 CCD O ALVITEJO	00:39:01
21	306	SERGIO CANSADO	M4549 PIENSE SC	00:39:04
22	384	JORGE RODRIGUES	M4549 NS SAO MIGUEL	00:39:05
23	279	JOAO ESTEVES	M4549 ODIMARQ ALUMINIOS	00:39:08
24	642	JOAO BRÁS	M4549 CA PATAMEIRAS	00:39:22
25	564	LUÍS GODINHO	M4549 CD GRUPO BES	00:39:41
26	732	JOSE LEMOS	M4549 VALEJAS AC	00:39:45
27	720	LUIS VALVERDE	M4549 CEFA MARINHA	00:39:54
28	388	PAULO NEVES	M4549 NS SAO MIGUEL	00:40:12
29	31	JOSE LOPES	M4549 DO RANGEL	00:40:47
30	684	JOAO SALVADO	M4549 CR LEOES P SALVO	00:40:54
31	823	MANUEL SOARES	M4549 UNIDOS MANUTENÇÃO	00:41:04
32	691	AMERICO PEREIRA	M4549 MARATONA CP	00:41:18
33	305	JOAQUIM SANTOS	M4549 PIENSE SC	00:41:22
34	498	JOSE JESUS	M4549 GDT JF TRAFARIA	00:41:31
35	32	JOSE CARDOSO	M4549 DO RANGEL	00:41:47
36	73	JOSE CUNHA	M4549 OS ZATOPÉQUES	00:41:54
37	40	VITOR JORGE	M4549 DO RANGEL	00:42:11
38	263	JOAO OLIVEIRA	M4549 GRD RIBEIRA LAGE	00:42:15
39	730	ANTONIO B FERNANDES	M4549 INDIVIDUAL	00:42:36
40	262	LUIS BRANCO	M4549 GRD RIBEIRA LAGE	00:42:52
41	799	JOAO CARREIRO	M4549 #1	00:43:07
42	478	DAVID PALMEIRO	M4549 SL CAMPOLIDE	00:43:12
43	627	ARMENIO MENDES	M4549 INDIVIDUAL	00:44:04
44	454	MANUEL MENDES	M4549 10 PRAS 11	00:44:21
45	327	JOAO CANDIDO	M4549 C BENFICA ALG MEM MARTINS	00:44:27
46	50	LINO SANTOS	M4549 CD ASAS MILENIUM	00:44:48
47	409	JOSE OLIVEIRA	M4549 GD MACEDO OCULISTA	00:44:52
48	758	ANTONIO M PEREIRA	M4549 INDIVIDUAL	00:45:02
49	93	JORGE NETO	M4549 C SARGENTO ARMADA	00:45:22
50	529	ACACIO CONCEIÇÃO	M4549 INDIVIDUAL	00:45:24
51	598	JORGE NUNES	M4549 INDIVIDUAL	00:45:35
52	456	JAIME MAGALHAES	M4549 AMIGOS JAMOR	00:46:08
53	271	JOAO PAIS	M4549 ODIMARQ ALUMINIOS	00:46:12

54	656	JOAO NABAIS	M4549	INDIVIDUAL	00:46:20
55	451	AUGUSTO FERNANDES	M4549	10 PRAS 11	00:46:22
56	768	NUNO CLEMENTE	M4549	CCD TRANQUILIDADE	00:46:40
57	794	RUI JULIAO	M4549	GEORUNNERS	00:47:02
58	369	JOSE CARLOS	M4549	ACLIS LIBERTY SEGUROS	00:47:11
59	608	HENRIQUE NARCISO	M4549	INDIVIDUAL	00:47:22
60	503	JOSE C MELO	M4549	RUN 4 FUN	00:47:33
61	831	JOAO BANDARINHA	M4549	INDIVIDUAL	00:47:52
62	477	MANUEL FONSECA	M4549	SL CAMPOLIDE	00:48:16
63	449	JOSE DIONISIO	M4549	MULTIFLOW	00:48:21
64	375	JOSE CRESPO	M4549	CLUBE STRESS	00:48:24
65	756	RUBEN COSTA	M4549	INDIVIDUAL	00:48:28
66	339	ANTONIO BOGAS	M4549	C BENFICA ALG MEM MARTINS	00:48:34
67	829	FERNANDO MORAIS	M4549	GD BANCO BPI	00:49:44
68	414	MIGUEL SAN-PAYO	M4549	RUN 4 FUN	00:49:45
69	568	GUILHERME ROSA	M4549	N A CNAS	00:50:02
70	554	FERNANDO SANTOS	M4549	FALÇOES SELVAGENS	00:50:10
71	258	RUI PIRES	M4549	GRD RIBEIRA LAGE	00:50:21
72	325	JOAQUIM FERNANDES	M4549	AA LEBRES SADO	00:50:28
73	424	HELDER ROMANO	M4549	GDC ESTRELA NEGRA	00:50:54
74	374	JOAQUIM LEAL	M4549	CLUBE STRESS	00:51:38
75	319	MANUEL FONSECA	M4549	AA LEBRES SADO	00:51:43
76	85	CONSTANTINO PINTO	M4549	GD AMAROS JOALHEIROS	00:51:53
77	86	HENRIQUE MATEUS	M4549	GD AMAROS JOALHEIROS	00:51:53
78	443	ALBINO FERREIRA	M4549	LESMAS ALOPRADAS	00:52:03
79	617	CARLOS GONÇALVES	M4549	RUN 4 FUN	00:52:13
80	515	JORGE D PINHEIRO	M4549	RUN 4 FUN	00:52:24
81	731	JOAO REIS	M4549	VALEJAS AC	00:52:32
82	385	QUELUNTAM TURE	M4549	NS SAO MIGUEL	00:52:42
83	876	FILIPPE SOUSA	M4549	INDIVIDUAL	00:52:43
84	766	DIOGO LUIS	M4549	INDIVIDUAL	00:52:49
85	510	VIRGILIO CARLOS	M4549	OS INDIVIDUAIS	00:52:55
86	330	JOAQUIM HERMENEGILDO	M4549	C BENFICA ALG MEM MARTINS	00:53:44
87	94	ANTONIO PEREIRA	M4549	C SARGENTO ARMADA	00:53:47
88	252	CARLOS MORGADO	M4549	CP EDP LISBOA	00:53:52
89	461	ANTONIO PEREIRA	M4549	GD SANTANDER TOTTA	00:54:25
90	479	ANTONIO LIMA	M4549	SL CAMPOLIDE	00:54:33
91	387	BLETAN IOSIF	M4549	NS SAO MIGUEL	00:55:16
92	326	CARLOS CRESPO	M4549	CA PALACIO QUELUZ	00:56:02
93	842	ANDRE NORONHA	M4549	SS CGD	00:56:27
94	490	LUIS ANTUNES	M4549	GA MONSANTO GASCAN	00:56:49
95	856	EDUARDO P CORREIA	M4549	RUN 4 FUN	00:57:24
96	288	ARLINDO DUARTE	M4549	AÇOREAN C BANIF	00:57:52
97	292	JORGE SERRA	M4549	AÇOREAN C BANIF	00:57:52
98	294	PAULO MORADIAS	M4549	AÇOREAN C BANIF	00:57:53
99	399	ANTONIO FERREIRA	M4549	GD MACEDO OCULISTA	00:58:01
100	582	GERARDO ATIENZA	M4549	RUN 4 FUN	00:58:06
101	843	VITOR ALVARO	M4549	SS CGD	00:58:41
102	852	JOSE GOUVEIA	M4549	GD MACEDO OCULISTA	00:59:46
103	519	ANTONIO MONTEIRO	M4549	INDIVIDUAL	01:00:52
104	692	ANTONIO MESQUITA	M4549	CR LEOES P SALVO	01:02:37
105	475	ANTONIO TEIXEIRA	M4549	CD CA TE ESPERO	01:07:12
106	875	ANTONIO HORTEGA	M4549	INDIVIDUAL	01:07:43
107	620	EMANUEL DIAS	M4549	INDIVIDUAL	01:07:59
108	567	ANTONIO NASCIMENTO	M4549	N A CNAS	01:08:23
109	436	ANTONIO CAEIRO	M4549	CD ESTRELA	01:08:40
110	633	MARIO AGUILAIRA	M4549	TOKANDAR	01:10:59

VETERANOS – M5054

CLA.	NUM	ATLETA	ESCALAO	EQUIPA	TEMPO
1	404	FELIX PAULOS	M5054	GD MACEDO OCULISTA	00:34:08
2	851	AMILCAR DUARTE	M5054	SPORTING CP	00:34:22
3	407	JORGE REIS	M5054	GD MACEDO OCULISTA	00:35:24
4	347	JORGE BALTAZAR	M5054	C BENFICA ALG MEM MARTINS	00:35:45
5	63	ALVARO COSTA	M5054	MARATONA CP	00:35:57
6	34	ANTONIO VALE	M5054	DO RANGEL	00:37:30
7	270	ANTONIO HENRIQUES	M5054	ODIMARQ ALUMINIOS	00:37:33
8	95	MADEIRA MOREIRA	M5054	C SARGENTO ARMADA	00:37:56
9	362	JAIME LAMEGO	M5054	ACLIS LIBERTY SEGUROS	00:38:18
10	308	LUIS PEREIRA	M5054	PIENSE SC	00:38:32
11	336	MANUEL GONÇALVES	M5054	C BENFICA ALG MEM MARTINS	00:39:53
12	418	PEDRO GOMES	M5054	LINDA A PASTORA SC	00:40:07
13	668	ALMIRO FEIJÃO	M5054	CR LEOES P SALVO	00:40:33
14	587	ORLANDO REBELO	M5054	AA MAFRA	00:40:34
15	30	JOAO ANTUNES	M5054	DO RANGEL	00:40:45
16	272	JOAQUIM DELGADO	M5054	ODIMARQ ALUMINIOS	00:40:47
17	645	ANTONIO MARÇAL	M5054	INDIVIDUAL	00:40:57
18	677	FERNANDO ALMEIDA	M5054	INDIVIDUAL	00:41:35
19	77	DEOLINDO ANDRE	M5054	URCA	00:41:49
20	636	OSCAR SANTOS	M5054	CA PATAMEIRAS	00:41:50
21	681	ALCINDO ALMEIDA	M5054	CR LEOES P SALVO	00:42:05
22	600	JOAO CARLOS	M5054	AM Bº CV LUMIAR	00:42:31
23	871	ANTONIO LUIS	M5054	INDIVIDUAL	00:42:43
24	671	MANUEL ARAÚJO	M5054	CR LEOES P SALVO	00:42:47
25	688	AMÉRICO AMARO	M5054	CR LEOES P SALVO	00:43:18
26	33	DOMINGOS PENEDO	M5054	DO RANGEL	00:43:32
27	43	AUGUSTO SEMEDO	M5054	CD ASAS MILENIUM	00:44:10
28	491	CARLOS COELHO	M5054	GA MONSANTO GASCAN	00:44:43
29	64	ALVARO PINTO	M5054	AD REAL ACADEMIA	00:44:49
30	421	VITOR MANUEL	M5054	LINDA A PASTORA SC	00:44:52
31	496	JOSE CABRAL	M5054	GDT JF TRAFARIA	00:45:01
32	422	MIGUEL SILVA	M5054	LINDA A PASTORA SC	00:45:06
33	389	JOAO SANTOS	M5054	NS SAO MIGUEL	00:45:09
34	370	ANTONIO CASTANHEIRA	M5054	ACLIS LIBERTY SEGUROS	00:45:15
35	97	DUARTE SARES	M5054	C SARGENTO ARMADA	00:45:21
36	660	ORLANDO DUARTE	M5054	INDIVIDUAL	00:45:39
37	74	JOSE MORAIS	M5054	OS ZATOPÉQUES	00:46:00
38	507	HILARIO TORRES	M5054	RUN 4 FUN	00:46:00
39	540	CARLOS A C MENDES	M5054	4 AO KM	00:46:02
40	452	JOSE BORGES	M5054	10 PRAS 11	00:46:15
41	543	JOAO MELO	M5054	INDIVIDUAL	00:46:31
42	315	JOAO MOACHO	M5054	O MUNDO CORRIDA	00:46:52
43	830	ROMAO BANDARINHA	M5054	INDIVIDUAL	00:46:59
44	517	ANTONIO P ALMEIDA	M5054	INDIVIDUAL	00:47:00
45	254	JOSE CORREIA	M5054	GRD RIBEIRA LAGE	00:47:20
46	696	FRANCISCO PAIS	M5054	CR LEOES P SALVO	00:47:32
47	773	LUIS VIDOEIRA	M5054	AC PORTO SALVO	00:47:34
48	260	VITOR REVES	M5054	GRD RIBEIRA LAGE	00:47:46
49	68	JOAO VERISSIMO	M5054	AD REAL ACADEMIA	00:47:59
50	84	JORGE RODRIGUES	M5054	GD AMAROS JOALHEIROS	00:48:01
51	366	ALVARO COELHO	M5054	ACLIS LIBERTY SEGUROS	00:48:01
52	448	GASPAR LANDEIRO	M5054	MULTIFLOW	00:48:21

53	708	AGOSTINHO TORRES	M5054	10 PRAS 11	00:48:38
54	269	ANTONIO PAIAS	M5054	ODIMARQ ALUMINIOS	00:48:58
55	832	EDGAR DAVID	M5054	INDIVIDUAL	00:49:09
56	835	VITOR BARATA	M5054	SS CGD	00:49:31
57	300	ANTONIO MINA	M5054	CA VALE FIGUEIRA	00:49:43
58	338	JOAQUIM MONICA	M5054	C BENFICA ALG MEM MARTINS	00:49:44
59	96	HENRIQUE ALVAREDO	M5054	C SARGENTO ARMADA	00:50:02
60	686	FERNANDO DIAS	M5054	INDIVIDUAL	00:50:08
61	694	JOSE REINAS	M5054	CR LEOES P SALVO	00:50:25
62	796	BENTO GALAMBAS	M5054	SC REBOLEIRA/DAMAIA	00:50:35
63	551	JORGE BICHO	M5054	4 A FUNDO	00:50:53
64	707	LÚCIO MORAIS	M5054	ACADEMIA LUMIAR	00:51:26
65	611	JOSE GABRIEL	M5054	INDIVIDUAL	00:51:31
66	383	JOSE SOUSA	M5054	SFUAP	00:51:32
67	60	JOSE CASTRO	M5054	CAA BELEM	00:51:42
68	531	CARLOS RENATO	M5054	CONNECT2RUN	00:52:22
69	423	BERNARDINO ANTUNES	M5054	LINDA A PASTORA SC	00:52:29
70	358	ADALBERTO GRILO	M5054	C BENFICA ALG MEM MARTINS	00:52:34
71	416	VASCO SANTOS	M5054	GD BANCO BPI	00:52:51
72	609	ANTONIO SOBRAL	M5054	CD ASAS MILENIUM	00:53:47
73	780	MANUEL TIAGO	M5054	INDIVIDUAL	00:53:48
74	561	RICARDO FERNANDES	M5054	CD GRUPO BES	00:54:42
75	446	MANUEL AZEVEDO	M5054	MULTIFLOW	00:54:46
76	816	JOAO GOMES	M5054	NUCLEOEIRAS/ SPORTZONE	00:55:02
77	390	MANUEL ALMEIDA	M5054	NS SAO MIGUEL	00:55:15
78	61	JULIO CASTRO	M5054	CAA BELEM	00:55:59
79	765	PEDRO S SOUSA	M5054	INDIVIDUAL	00:56:40
80	291	JOAQUIM GUERREIRO	M5054	AÇOREAN C BANIF	00:57:52
81	622	JOSE NETO	M5054	GD BV ALVERCA	00:57:56
82	623	JOSÉ PAJINHA	M5054	GD BV ALVERCA	00:57:56
83	624	QUIRINO NETO	M5054	GD BV ALVERCA	00:57:56
84	512	JOAO P S LIMA	M5054	4 AO KM	00:58:40
85	854	ANTONIO HENRIQUE	M5054	GD JOANINHAS LEIAO	00:59:22
86	868	CARLOS V NEGRAO	M5054	INDIVIDUAL	01:01:06
87	355	EMIDIO ALEXANDRE	M5054	C BENFICA ALG MEM MARTINS	01:02:43
88	508	JOAO RALHA	M5054	RUN 4 FUN	01:09:24

VETERANOS – M5559

CLA.	NUM	ATLETA	ESCALAO EQUIPA	TEMPO
1	266	SILVESTRE GOMES	M5559 ODIMARQ ALUMINIOS	00:34:50
2	265	AIRES PRATAS	M5559 ODIMARQ ALUMINIOS	00:35:39
3	83	FILIPE SILVA	M5559 GD AMAROS JOALHEIROS	00:38:16
4	268	GABRIEL GONÇALVES	M5559 ODIMARQ ALUMINIOS	00:38:24
5	267	FERNANDO FERNANDES	M5559 ODIMARQ ALUMINIOS	00:39:09
6	464	ANASTACIO VALADAS	M5559 GD SANTANDER TOTTA	00:39:11
7	468	AUGUSTO LOPES	M5559 GD SANTANDER TOTTA	00:40:42
8	819	ARSENIO FERNANDES	M5559 CCD O ALVITEJO	00:40:50
9	391	JOAO SOARES	M5559 NS SAO MIGUEL	00:41:15
10	408	JOSE INOCENCIO	M5559 GD MACEDO OCULISTA	00:41:23
11	48	CIRILO SANTOS	M5559 CD ASAS MILENIUM	00:41:26
12	604	JOAQUIM GUERREIRO	M5559 CDR AGUIAS UNIDAS	00:41:43
13	392	AURELIANO VIDEIRA	M5559 NS SAO MIGUEL	00:42:18
14	259	MANUEL COELHO	M5559 GRD RIBEIRA LAGE	00:42:25
15	870	JANUARIO COELHO	M5559 DO RANGEL	00:42:43
16	402	DOMINGOS GONCALVES	M5559 GD MACEDO OCULISTA	00:43:06
17	426	LUIS ORVALHO	M5559 CCD O ALVITEJO	00:43:23
18	335	JORGE SANTOS	M5559 C BENFICA ALG MEM MARTINS	00:43:26
19	637	ANTONIO MORAIS	M5559 CA PATAMEIRAS	00:44:00
20	410	JOSE REIS	M5559 GD MACEDO OCULISTA	00:44:04
21	689	JOSE FAUSTINO	M5559 INDIVIDUAL	00:44:09
22	35	JOSE MACHADO	M5559 DO RANGEL	00:44:19
23	428	MANUEL PINTO	M5559 CRD ARRUDENSE	00:44:33
24	480	MANUEL MARTINS	M5559 SL CAMPOLIDE	00:45:25
25	299	RUI MOURA	M5559 FAMILIA BUGALHO	00:45:27
26	639	ALBINO TOMÁS	M5559 CA PATAMEIRAS	00:46:13
27	273	JOSE BRANQUINHO	M5559 ODIMARQ ALUMINIOS	00:46:21
28	368	JOSE FIGUEIREDO	M5559 ACLIS LIBERTY SEGUROS	00:46:28
29	393	FERNANDO SANTOS	M5559 NS SAO MIGUEL	00:46:40
30	406	JOAQUIM MACEDO	M5559 GD MACEDO OCULISTA	00:46:58
31	658	ANTÓNIO FERREIRA	M5559 INDIVIDUAL	00:48:01
32	652	MANUEL SOBRAL	M5559 HAND 2 HAND	00:48:14
33	558	JULIO FERREIRA	M5559 CD GRUPO BES	00:48:16
34	371	GERMANO BERNARDO	M5559 PRAZER CORRIDA	00:48:45
35	513	FERNANDO TAVARES	M5559 INDIVIDUAL	00:49:19
36	822	MIGUEL BARBOSA	M5559 UNIDOS MANUTENÇÃO	00:49:23
37	704	NORBERTO A COELHO	M5559 ACADEMIA LUMIAR	00:49:44
38	98	FERNANDO OLIVEIRA	M5559 C SARGENTO ARMADA	00:50:09
39	462	SALVADOR AFONSO	M5559 GD SANTANDER TOTTA	00:50:23
40	381	MARIO ALVES	M5559 SFUAP	00:50:31
41	590	MARIO SOUSA	M5559 INDIVIDUAL	00:50:35
42	359	ANTONIO COELHO	M5559 C BENFICA ALG MEM MARTINS	00:50:38
43	450	PAULO QUARESMA	M5559 MULTIFLOW	00:50:40
44	322	LUIS SANTOS	M5559 AA LEBRES SADO	00:51:40
45	492	VITOR RODRIGUES	M5559 GA MONSANTO GASCAN	00:52:35
46	460	OSCAR MARQUES	M5559 C MILLENNIUM BCP	00:53:03
47	797	ABILIO TAVARES	M5559 INDIVIDUAL	00:53:07
48	755	VITOR VICENTE	M5559 INDIVIDUAL	00:53:33
49	253	PAULO CARVALHO	M5559 CP EDP LISBOA	00:53:51
50	628	JOSE. LAMEGO	M5559 SMD CANEÇAS	00:54:40
51	297	TAM AFONSO	M5559 AÇOREAN C BANIF	00:57:53
52	287	ANTONIO JORGE	M5559 AÇOREAN C BANIF	00:57:54
53	625	JOSE VALENTIM	M5559 GD BV ALVERCA	00:57:57
54	841	SEVERINO ROSA	M5559 SS CGD	01:00:35

55	497	JOAQUIM MACHADO	M5559	GDT JF TRAFARIA	01:00:43
56	99	ALBANO GINJA	M5559	C SARGENTO ARMADA	01:00:47
57	311	JAIME GOMES	M5559	SS MONTEPIO GERAL	01:03:28
58	538	ANTONIO MOURA	M5559	INDIVIDUAL	01:04:03
59	509	HENRIQUE VILHENA	M5559	INDIVIDUAL	01:07:41
60	539	ULRICH GEUTHER	M5559	INDIVIDUAL	01:10:27

VETERANOS – M6064

CLA.	NUM	ATLETA	ESCALAO	EQUIPA	TEMPO
1	348	JOSE FERNANDES	M6064	C BENFICA ALG MEM MARTINS	00:35:13
2	274	FERNANDO CHAMUSCA	M6064	ODIMARQ ALUMINIOS	00:40:22
3	848	ORLINDO FIGUEIREDO	M6064	SS CGD	00:41:09
4	317	CARLOS PORFIRIO	M6064	O MUNDO CORRIDA	00:41:15
5	805	CARLOS ANTUNES	M6064	CA PATAMEIRAS	00:41:33
6	340	JOAQUIM COSTA	M6064	C BENFICA ALG MEM MARTINS	00:41:42
7	804	AUGUSTO CRUZ	M6064	CA PATAMEIRAS	00:41:45
8	276	ANTONIO SALSINHA	M6064	ODIMARQ ALUMINIOS	00:41:50
9	45	CARLOS PEREIRA	M6064	CD ASAS MILENIUM	00:41:54
10	275	EDUARDO TANGANHITO	M6064	ODIMARQ ALUMINIOS	00:42:10
11	344	CARLOS MONTEIRO	M6064	C BENFICA ALG MEM MARTINS	00:43:39
12	860	MARIO GOMES	M6064	INDIVIDUAL	00:44:19
13	487	MARIO MIGUEL	M6064	GDR REBOLEIRA	00:44:52
14	834	ANTONIO TABORDA	M6064	SS CGD	00:45:04
15	394	JOSE ALVES	M6064	NS SAO MIGUEL	00:45:11
16	809	ARMANDO CORREIA	M6064	CR LEOES P SALVO	00:45:29
17	792	FERDINAND SCHNETTLER	M6064	INDIVIDUAL	00:45:55
18	530	ANTONIO GALHETO	M6064	INDIVIDUAL	00:47:27
19	430	ANTONIO BATISTA	M6064	CD ESTRELA	00:47:31
20	839	JOSE GUIA	M6064	SS CGD	00:47:49
21	357	ARNALDO MACHADO	M6064	C BENFICA ALG MEM MARTINS	00:48:15
22	500	SILVINO MARTINS	M6064	NA PALACIO JUSTIÇA	00:49:23
23	455	DUARTE SANTOS	M6064	AMIGOS JAMOR	00:51:29
24	858	JORGE ALMEIDA	M6064	CAA BELEM	00:51:48
25	433	ANTONIO INACIO	M6064	CD ESTRELA	00:52:01
26	440	ARMANDO TAVARES	M6064	CD ESTRELA	00:52:19
27	342	MANUEL CARRUDO	M6064	C BENFICA ALG MEM MARTINS	00:52:57
28	821	FERNANDO NETO	M6064	UNIDOS MANUTENÇÃO	00:53:11
29	812	JOAQUIM BORRALHO	M6064	INDIVIDUAL	00:53:19
30	863	ANTONIO FERNANDES	M6064	INDIVIDUAL	00:53:37
31	427	ARMANDO LUIS	M6064	GA OS MATULOES	00:53:45
32	376	JOSE M CONCHINHA	M6064	CLUBE STRESS	00:54:30
33	432	MANUEL CARDOSO	M6064	CD ESTRELA	00:54:49
34	806	VITOR M M FERNANDES	M6064	CALMA	00:55:29
35	59	AMILCAR RIBEIRAL	M6064	CAA BELEM	00:56:34
36	431	VIRGILIO RODRIGUES	M6064	CD ESTRELA	00:57:20
37	803	EDMUNDO CARDEIRA	M6064	SMD CANEÇAS	00:57:43
38	425	LUIS SILVA	M6064	GDC ESTRELA NEGRA	00:59:24
39	447	JOAO SANTOS	M6064	MULTIFLOW	01:03:09
40	808	VITOR RODRIGUES	M6064	CR LEOES P SALVO	01:03:27
41	75	RUI ALBERTO	M6064	OS ZATOPEQUES	01:04:19
42	537	GILBERTO GONÇALVES	M6064	CR ALVORADA	01:04:19
43	382	JOAQUIM ALMEIDA	M6064	SFUAP	01:06:23
44	864	JORGE RIBEIRO	M6064	INDIVIDUAL	01:06:29
45	626	EBERHARD WILHELM	M6064	INDIVIDUAL	01:12:22
46	429	FRANCISCO MOUCHINCHO	M6064	ACADEMIA LUMIAR	01:13:00

VETERANOS – M6599

CLA.	NUM	ATLETA	ESCALAO	EQUIPA	TEMPO
1	87	ALBINO NEIVA	M6599	GD AMAROS JOALHEIROS	00:41:21
2	37	FRANCISCO FERNANDES	M6599	DO RANGEL	00:44:06
3	367	JOSE M COSTA	M6599	ACLIS LIBERTY SEGUROS	00:44:08
4	82	JOSE GALAMBAS	M6599	GD AMAROS JOALHEIROS	00:44:38
5	88	MANUEL MARTINS	M6599	GD AMAROS JOALHEIROS	00:44:41
6	837	BERNARDINO PEREIRA	M6599	SS CGD	00:45:20
7	850	ARMANDO ALDEGALEGA	M6599	SPORTING CP	00:45:20
8	395	JOAQUIM NEIVA	M6599	NS SAO MIGUEL	00:45:45
9	76	ANTONIO MATEUS	M6599	OS ZATOPEQUES	00:47:36
10	501	JOSE VALERIO	M6599	INDIVIDUAL	00:48:28
11	302	LINO OLIVEIRA	M6599	BOLOTAOBRA	00:48:33
12	343	JOSE SILVERIO	M6599	C BENFICA ALG MEM MARTINS	00:49:16
13	802	JOAO MIGUEL	M6599	CD ESTRELA	00:49:48
14	800	MARIO ANTONIO	M6599	CD ESTRELA	00:49:56
15	820	HENRIQUE RUAS	M6599	CCD O ALVITEJO	00:50:32
16	345	ANTONIO GINJEIRA	M6599	C BENFICA ALG MEM MARTINS	00:52:44
17	353	FERNANDO FERREIRA	M6599	C BENFICA ALG MEM MARTINS	00:53:01
18	506	PETER HOFFMANN	M6599	INDIVIDUAL	00:53:50
19	301	JOSE LINDO	M6599	CA VALE FIGUEIRA	00:54:17
20	801	ARTUR MARTINS	M6599	CD ESTRELA	00:54:45
21	261	ANTONIO SANTOS	M6599	GRD RIBEIRA LAGE	00:56:47
22	807	FRANCISCO BRANCO	M6599	CR LEOES P SALVO	00:57:33
23	783	JOAQUIM ARAUJO	M6599	AA PEGO LONGO	00:59:40
24	493	MIGUEL SILVA	M6599	GA MONSANTO GASCAN	00:59:48
25	100	ANTONIO NUNES	M6599	C SARGENTO ARMADA	01:00:47
26	776	FRANCISCO SILVA	M6599	INDIVIDUAL	01:04:23
27	434	CASSIANO CUNHA	M6599	CD ESTRELA	01:06:41
28	810	ILIDIO TORGAL	M6599	VALEJAS AC	01:06:44

CLASSIFICAÇÃO COLECTIVA

SENIORES

1	SPORTING CP	32	12	UNIDOS MANUTENÇÃO	312
	8 15 HELIO GOMES			74 827 MIGUEL SANTOS	
	10 8 LUIS PINTO			116 826 GIL ALVES	
	14 20 CARLOS SILVA			122 828 RICARDO CEBOLA	
2	RB RUNNING	73	13	CLUBE STRESS	321
	13 12 HUGO PINTO			100 379 TIAGO DIONISIO	
	22 51 CARLOS FREITAS			102 762 MIGUEL RANGEL	
	38 56 RUBEN A PINTO			119 378 PEDRO GONÇALVES	
3	CR LEOES P SALVO	111	14	VALEJAS AC	322
	25 750 RICARDO VALE			91 733 PEDRO MONTEIRO	
	28 683 RICARDO PEREIRA			114 736 PEDRO VIEIRA	
	58 672 ABILIO DUARTE			117 734 SERGIO PIRES	
4	AA MAFRA	126	15	DO RANGEL	361
	24 591 PEDRO MAIA			82 38 DAVID FERNANDES	
	29 583 JOEL RODRIGUES			128 26 ANDRE SAMPAIO	
	73 556 JOAO PASTOR			151 36 CARLOS LOPES	
5	CA PATAMEIRAS	148	16	GD SANTANDER TOTTA	380
	34 640 JOAO FONTE-BOA			61 471 JOAO JESUS	
	49 638 NUNO DORES			140 465 ANTONIO LOURO	
	65 641 BRUNO LOURENÇO			179 469 HAMILTON DIAS	
6	C BENFICA ALG MEM MARTINS	170	17	C SARGENTO ARMADA	416
	39 328 PAULO HERMEZILHA			47 89 BRUNO CANHAO	
	48 329 JANICIO REIS			184 91 FERNANDO PEREIRA	
	83 331 MANUEL COUTO			185 90 CARLOS PEREIRA	
7	CD ASAS MILENIUM	185	18	SS CGD	422
	26 47 CUSTODIO ANTONIO			103 846 JOAO CHUMBINHO	
	33 44 MARIO FERREIRA			158 833 MIGUEL REIS	
	126 46 TIAGO ANDRADE			161 836 TIAGO AVELAS	
8	GD MACEDO OCULISTA	219	19	CD GRUPO BES	444
	54 403 FABIO FERREIRA			95 563 NUNO PINTO	
	71 413 SERGIO MONTES			171 565 RICARDO SILVA	
	94 412 RUBEN FERREIRA			178 559 RUI GAMEIRO	
9	GRD RIBEIRA LAGE	248	20	CANHOES	479
	72 255 JOSE ANTONIO			131 718 CARLOS HENRIQUES	
	80 256 JOSUE FRADE			166 757 CARLOS COSTA	
	96 264 CARLOS FERNANDES			182 719 EDGAR FERREIRA	
10	AA LEBRES SADO	251	21	CD ESTRELA	490
	76 318 ARTUR GONÇALVES			146 711 JORGE SILVA	
	87 320 JOSE C SOUSA			152 435 PAULO FREIRE	
	88 321 JOSE F OLIVEIRA			192 439 PAULO TAVARES	
11	AMIGOS JAMOR	260			
	55 458 JOSE MOREIRA				
	78 459 PATRICK MARTINI				
	127 457 JOAO FARIA				

VETERANOS – M4044

1	GD MACEDO OCULISTA	27	3	CR LEOES P SALVO	56
	7 476 FRANCISCO PEDRO			4 682 LUIS ALLEN	
	8 398 ALEXANDRE PINHEIRO			10 693 HELDER REBELO	
	12 401 CARLOS MENDES			42 680 LUIS AIRES	
2	GDR REBOLEIRA	43	4	DO RANGEL	59
	2 13 JOAO MARQUES			9 41 PAULO ANTONIO	
	11 483 PAULO MOREIRA			17 39 JORGE AMARAL	
	30 486 JORGE CORREIA			33 28 CARLOS GONÇALVES	

5	ODIMARQ ALUMINIOS	64	9	AÇOREAN C BANIF	220
	15 280 PAULO CARVALHO			19 296 RUI OLIVEIRA	
	24 285 EMANUEL GOMES			100 290 FRANCISCO PEREIRA	
	25 282 ORLANDO CORREIA			101 293 NUNO E SANTO	
6	AA MAFRA	85	10	CD ESTRELA	250
	13 588 JOAO MIRANDA			70 442 ALBINO MARINHO	
	20 589 JOSE LAGARIÇO			84 437 RUI TRINDADE	
	52 584 JOSE GONÇALVES			96 438 RUI SLVA	
7	C BENFICA ALG MEM MARTINS	116	11	RUN 4 FUN	257
	32 332 JOSE OLIVEIRA			81 518 NUNO MARQUES	
	41 349 VITOR SANTOS			82 532 NUNO M M TEMPERA	
	43 352 LUIS BARBOSA			94 555 JOSE MAGALHAES	
8	GRD RIBEIRA LAGE	189	12	SS CGD	288
	50 601 ARISTIDES MONTEIRO			78 844 MARIO COSTA	
	59 798 CARLOS PINHEIRO			98 838 CARLOS ALBANO	
	80 257 CARLOS PENA			112 840 PAULO BAILAO	

VETERANOS – M4549

1	GDR REBOLEIRA	11	8	NS SAO MIGUEL	132
	2 484 JOSE INACIO			22 384 JORGE RODRIGUES	
	3 485 EUGENIO NETO			28 388 PAULO NEVES	
	6 488 JOSE ANTUNES			82 385 QUELUNTAM TURE	
2	CR LEOES P SALVO	31	9	GRD RIBEIRA LAGE	149
	7 670 ALEXANDRE SOARES			38 263 JOAO OLIVEIRA	
	9 749 PAULO RAMOS			40 262 LUIS BRANCO	
	15 669 ANTONIO MANETA			71 258 RUI PIRES	
3	ACLIS LIBERTY SEGUROS	32	10	GD MACEDO OCULISTA	150
	5 364 RUI BALTAZAR			4 405 JOAO GINJA	
	11 361 JOAO CARDOSO			47 409 JOSE OLIVEIRA	
	16 363 MANUEL VILELA			99 399 ANTONIO FERREIRA	
4	ODIMARQ ALUMINIOS	50	11	GD AMAROS JOALHEIROS	165
	13 277 JOAO LUCAS			12 80 ARTINO MOTA	
	14 278 LUCIANO CONCEIÇÃO			76 85 CONSTANTINO PINTO	
	23 279 JOAO ESTEVES			77 86 HENRIQUE MATEUS	
5	PIENSE SC	71	12	SL CAMPOLIDE	194
	17 307 JOAQUIM CAPUCHO			42 478 DAVID PALMEIRO	
	21 306 SERGIO CANSADO			62 477 MANUEL FONSECA	
	33 305 JOAQUIM SANTOS			90 479 ANTONIO LIMA	
6	DO RANGEL	101	13	RUN 4 FUN	207
	29 31 JOSE LOPES			60 503 JOSE C MELO	
	35 32 JOSE CARDOSO			68 414 MIGUEL SAN-PAYO	
	37 40 VITOR JORGE			79 617 CARLOS GONÇALVES	
7	C BENFICA ALG MEM MARTINS	130	14	AÇOREAN C BANIF	291
	19 346 VITOR SILVA			96 288 ARLINDO DUARTE	
	45 327 JOAO CANDIDO			97 292 JORGE SERRA	
	66 339 ANTONIO BOGAS			98 294 PAULO MORADIAS	

VETERANOS – M5054

1	DO RANGEL	41	13	272 JOAQUIM DELGADO	
	6 34 ANTONIO VALE			50 269 ANTONIO PAIAS	
	12 30 JOAO ANTUNES		4	ACLIS LIBERTY SEGUROS	86
	23 33 DOMINGOS PENEDO			9 362 JAIME LAMEGO	
2	CR LEOES P SALVO	50		30 370 ANTONIO CASTANHEIRA	
	11 668 ALMIRO FEIJÃO			47 366 ALVARO COELHO	
	18 681 ALCINDO ALMEIDA		5	C SARGENTO ARMADA	94
	21 671 MANUEL ARAÚJO			8 95 MADEIRA MOREIRA	
3	ODIMARQ ALUMINIOS	70		31 97 DUARTE SARES	
	7 270 ANTONIO HENRIQUES			55 96 HENRIQUE ALVAREDO	

6	LINDA A PASTORA SC	102	8	GD BV ALVERCA	234
	10 418 PEDRO GOMES			77 622 JOSE NETO	
	27 421 VITOR MANUEL			78 623 JOSÉ PAJINHA	
	65 423 BERNARDINO ANTUNES			79 624 QUIRINO NETO	
7	C BENFICA ALG MEM MARTINS	124			
	4 347 JORGE BALTAZAR				
	54 338 JOAQUIM MONICA				
	66 358 ADALBERTO GRILO				

VETERANOS – M5559

1	ODIMARQ ALUMINIOS	8	3	NS SAO MIGUEL	48
	1 265 AIRES PRATAS			8 391 JOAO SOARES	
	3 268 GABRIEL GONÇALVES			12 392 AURELIANO VIDEIRA	
	4 267 FERNANDO FERNANDES			28 393 FERNANDO SANTOS	
2	GD MACEDO OCULISTA	43	4	GD SANTANDER TOTTA	49
	9 408 JOSE INOCENCIO			5 464 ANASTACIO VALADAS	
	15 402 DOMINGOS GONCALVES			6 468 AUGUSTO LOPES	
	19 410 JOSE REIS			38 462 SALVADOR AFONSO	

VETERANOS – M6064

1	C BENFICA ALG MEM MARTINS	17	3	ODIMARQ ALUMINIOS	
	1 348 JOSE FERNANDES			18	
	6 340 JOAQUIM COSTA			2 274 FERNANDO CHAMUSCA	
	10 344 CARLOS MONTEIRO			7 276 ANTONIO SALSINHA	
2	CD ESTRELA	67		9 275 EDUARDO TANGANHITO	
	18 430 ANTONIO BATISTA				
	24 433 ANTONIO INACIO				
	25 440 ARMANDO TAVARES				

VETERANOS – M6599

1	GD AMAROS JOALHEIROS	10	3	CD ESTRELA	47
	1 87 ALBINO NEIVA			13 802 JOAO MIGUEL	
	4 82 JOSE GALAMBAS			14 800 MARIO ANTONIO	
	5 88 MANUEL MARTINS			20 801 ARTUR MARTINS	
2	C BENFICA ALG MEM MARTINS	45			
	12 343 JOSE SILVERIO				
	16 345 ANTONIO GINJEIRA				
	17 353 FERNANDO FERREIRA				