Poço Negro Trail
Penafiel, PT
01-July-2018

TRAIL LONGO - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	17.7ºC	100%
End	13:38	17.7ºC	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	36	Rafael Cruz	oralklass amigos do tail	Senior Masculino	02:05:52		05:28
2	15	Mário Pinto	grupo desportivo e cultural castelo de paiva	Senior Masculino	02:06:06	+00:14	05:29
3	1	César Duarte	associação desportiva de amarante	Senior Masculino	02:06:39	+00:47	05:30
4	46	Paulo pinto	individual	Veterano M40	02:16:46	+10:54	05:57
5	75	Tozé Amorim	s.s.c.santa mª feira	Veterano M40	02:27:21	+21:29	06:24
6	10	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M50	02:31:17	+25:25	06:35
7	59	Ivan Silva	limitless	Senior Masculino	02:39:40	+33:48	06:57
8	72	António Borges	porto sentido runners	Veterano M40	02:42:36	+36:44	07:04
9	25	José Pedro	individual	Senior Masculino	02:44:15	+38:23	07:09
10	61	AGOSTINHO SOUSA	moinhos run-adrm	Veterano M50	02:46:32	+40:40	07:14
11	66	Nuno Duarte	pimentinhas	Senior Masculino	02:47:56	+42:04	07:18
12	51	adriano matias dos santos lima oliveira	individual	Veterano M50	02:51:33	+45:41	07:28
13	14	RUI TAVARES	ddt runners	Senior Masculino	02:52:14	+46:22	07:29
14	44	Paulo Costa	individual	Veterano M40	02:52:22	+46:30	07:30
15	5	Bruno Barros	a.d.sebolido trail boneca d'ouro	Senior Masculino	02:52:35	+46:43	07:30
16	9	Rui Teixeira	a.d.sebolido trail boneca d'ouro	Senior Masculino	02:57:51	+51:59	07:44
17	8	Roberto Freitas	a.d.sebolido trail boneca d'ouro	Senior Masculino	02:57:51	+51:59	07:44
18	55	Paulo Silva	individual	Veterano M50	02:59:52	+54:00	07:49
19	74	Nuno Ferreira	royal wellness center	Senior Masculino	03:00:00	+54:07	07:50
20	70	Pedro Ferreira	porto sentido runners	Senior Masculino	03:01:34	+55:42	07:54
21	7	Paulo Araújo	a.d.sebolido trail boneca d'ouro	Senior Masculino	03:10:16	+01:04:23	08:16
22	57	Sara rafael	kemedo team	Veterana F40	03:11:22	+01:05:30	08:19
23	58	Delfim Nunes	kemedo team	Veterano M40	03:11:23	+01:05:30	08:19
24	52	Fernando Abilio Santos Vieira	individual	Veterano M50	03:11:44	+01:05:52	08:20
25	31	Pedro Neves	individual	Senior Masculino	03:13:26	+01:07:34	08:25
26	63	António Oliveira	os finos	Veterano M40	03:13:49	+01:07:57	08:26
27	38	JOSE MARTINS	individual	Veterano M40	03:13:51	+01:07:59	08:26
28	48	Pedro Santos	individual	Veterano M40	03:14:09	+01:08:17	08:26
29	78	Daniela Soares	unidos à fresca	Senior Feminino	03:15:52	+01:10:00	08:31
30	32	Pedro Viana da Fonseca	individual	Senior Masculino	03:18:19	+01:12:27	08:37
31	60	Filipe Correia	melres trail running	Veterano M40	03:18:46	+01:12:54	08:39
32	19	Carla Araújo	individual	Senior Feminino	03:18:56	+01:13:04	08:39
33	39	José Paulino	individual	Veterano M40	03:20:40	+01:14:48	08:43
34	29	Nuno Almeida	individual	Senior Masculino	03:22:02	+01:16:10	08:47
35	77	Jose Oliveira	trepatrilhos trail team	Veterano M40	03:23:07	+01:17:15	08:50
36	26	Manuel Pinto	individual	Senior Masculino	03:23:46	+01:17:54	08:52
37	12	Rui Manuel Silva	clube douro e paiva	Veterano M40	03:25:54	+01:20:02	08:57
38	11	Igor José Dias Paiva	clube douro e paiva	Senior Masculino	03:26:39	+01:20:47	08:59
39	30	PAULO FERREIRA	individual	Senior Masculino	03:27:57	+01:22:05	09:03
40	43	Paulo António Pereira Duarte	individual	Veterano M40	03:29:08	+01:23:16	09:06

TRAIL LONGO - STAGE 1 — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	50	Sérgio Henrique da Rocha e Sousa	individual	Veterano M40	03:33:09	+01:27:17	09:16
42	1208	Carla Pereira	aliança de gandra	Senior Feminino	03:34:59	+01:29:07	09:21
43	13	Paulo Manuel Ferreira da Silva	cmds	Veterano M50	03:36:07	+01:30:15	09:24
44	53	Fernando Soares	individual	Veterano M50	03:39:17	+01:33:25	09:32
45	17	Banita	individual	Senior Feminino	03:43:56	+01:38:04	09:44
46	62	Ricardo Marques Moreira	mss contabilidade trail team	Senior Masculino	03:44:05	+01:38:13	09:45
47	69	Filipe Maria	porto sentido runners	Senior Masculino	03:44:41	+01:38:49	09:46
48	33	Sérgio Filipe Maia de Sousa	individual	Senior Masculino	03:47:10	+01:41:18	09:53
49	68	Bruno Ricardo Marques Guedes	porto sentido runners	Senior Masculino	03:49:00	+01:43:08	09:57
50	54	João Silva	individual	Veterano M50	03:51:18	+01:45:25	10:03
51	41	Miguel Sérgio Silva Ferreira da Rocha	individual	Veterano M40	03:51:18	+01:45:26	10:03
52	37	Henrique Bruno Santos	individual	Veterano M40	03:51:21	+01:45:29	10:04
53	34	Carla Sofia Santos	individual	Veterana F40	03:51:21	+01:45:29	10:04
54	56	Rui Sá	individual	Veterano M50	03:56:31	+01:50:39	10:17
55	35	Alberto Carlos Lima Pereira	individual	Veterano M40	03:56:32	+01:50:40	10:17
56	47	Pedro Flores de Magalhães	individual	Veterano M40	04:05:40	+01:59:47	10:41
57	73	mara freitas	reumatico trail team	Senior Feminino	04:11:46	+02:05:54	10:57
58	21	André Leite	individual	Senior Masculino	04:20:00	+02:14:08	11:18
59	24	JOÃO ALEIXO	individual	Senior Masculino	04:20:14	+02:14:22	11:19
60	76	Francisco Cunha	trepatrilhos trail team	Veterano M40	04:24:01	+02:18:09	11:29
61	65	Pedro Ferreira	p&n	Veterano M40	04:38:03	+02:32:11	12:05
62	18	Bruna Santos	individual	Senior Feminino	04:47:43	+02:41:51	12:31
63	64	Neuza Rodriges	p&n	Senior Feminino	04:53:23	+02:47:31	12:45
64	23	Bruno Pinho	individual	Senior Masculino	05:00:22	+02:54:30	13:04

Poço Negro Trail
Penafiel, PT
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Trail Longo — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	08:30	17.7ºC	100%
End	13:38	17.7ºC	100%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	78	Daniela Soares	UNIDOS À FRESCA	Senior Feminino	03:15:52	+01:10:00	08:31
2	19	Carla Araújo	Individual	Senior Feminino	03:18:56	+01:13:04	08:39
3	1208	Carla Pereira	ALIANÇA DE GANDRA	Senior Feminino	03:34:59	+01:29:07	09:21
4	17	Banita	Individual	Senior Feminino	03:43:56	+01:38:04	09:44
5	73	mara freitas	reumatico trail team	Senior Feminino	04:11:46	+02:05:54	10:57
6	18	Bruna Santos	Individual	Senior Feminino	04:47:43	+02:41:51	12:31
7	64	Neuza Rodriges	P&N	Senior Feminino	04:53:23	+02:47:31	12:45

Senior Masculino

1	36	Rafael Cruz	Oralklass Amigos do Tail	Senior Masculino	02:05:52		05:28
2	15	Mário Pinto	Grupo Desportivo e Cultural Castelo de Paiva	Senior Masculino	02:06:06	+00:14	05:29
3	1	César Duarte	Associação Desportiva de Amarante	Senior Masculino	02:06:39	+00:47	05:30
4	59	Ivan Silva	Limitless	Senior Masculino	02:39:40	+33:48	06:57
5	25	José Pedro	Individual	Senior Masculino	02:44:15	+38:23	07:09
6	66	Nuno Duarte	Pimentinhas	Senior Masculino	02:47:56	+42:04	07:18
7	14	RUI TAVARES	DDT RUNNERS	Senior Masculino	02:52:14	+46:22	07:29
8	5	Bruno Barros	A.D.Sebolido Trail Boneca D'ouro	Senior Masculino	02:52:35	+46:43	07:30
9	9	Rui Teixeira	A.D.Sebolido Trail Boneca D'ouro	Senior Masculino	02:57:51	+51:59	07:44
10	8	Roberto Freitas	A.D.Sebolido Trail Boneca D'ouro	Senior Masculino	02:57:51	+51:59	07:44
11	74	Nuno Ferreira	Royal Wellness Center	Senior Masculino	03:00:00	+54:07	07:50
12	70	Pedro Ferreira	PORTO SENTIDO RUNNERS	Senior Masculino	03:01:34	+55:42	07:54
13	7	Paulo Araújo	A.D.Sebolido Trail Boneca D'ouro	Senior Masculino	03:10:16	+01:04:23	08:16
14	31	Pedro Neves	Individual	Senior Masculino	03:13:26	+01:07:34	08:25
15	32	Pedro Viana da Fonseca	Individual	Senior Masculino	03:18:19	+01:12:27	08:37
16	29	Nuno Almeida	Individual	Senior Masculino	03:22:02	+01:16:10	08:47
17	26	Manuel Pinto	Individual	Senior Masculino	03:23:46	+01:17:54	08:52
18	11	Igor José Dias Paiva	Clube Douro e Paiva	Senior Masculino	03:26:39	+01:20:47	08:59
19	30	PAULO FERREIRA	Individual	Senior Masculino	03:27:57	+01:22:05	09:03
20	62	Ricardo Marques Moreira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	03:44:05	+01:38:13	09:45
21	69	Filipe Maria	PORTO SENTIDO RUNNERS	Senior Masculino	03:44:41	+01:38:49	09:46
22	33	Sérgio Filipe Maia de Sousa	Individual	Senior Masculino	03:47:10	+01:41:18	09:53
23	68	Bruno Ricardo Marques Guedes	PORTO SENTIDO RUNNERS	Senior Masculino	03:49:00	+01:43:08	09:57
24	21	André Leite	Individual	Senior Masculino	04:20:00	+02:14:08	11:18
25	24	JOÃO ALEIXO	Individual	Senior Masculino	04:20:14	+02:14:22	11:19
26	23	Bruno Pinho	Individual	Senior Masculino	05:00:22	+02:54:30	13:04

Trail Longo — 23 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F40

1	57	Sara rafael	KeMedo Team	Veterana F40	03:11:22	+01:05:30	08:19
2	34	Carla Sofia Santos	Individual	Veterana F40	03:51:21	+01:45:29	10:04

Veterano M40

1	46	Paulo pinto	Individual	Veterano M40	02:16:46	+10:54	05:57
2	75	Tozé Amorim	S.S.C.Santa Mª Feira	Veterano M40	02:27:21	+21:29	06:24
3	72	António Borges	PORTO SENTIDO RUNNERS	Veterano M40	02:42:36	+36:44	07:04
4	44	Paulo Costa	Individual	Veterano M40	02:52:22	+46:30	07:30
5	58	Delfim Nunes	KeMedo Team	Veterano M40	03:11:23	+01:05:30	08:19
6	63	António Oliveira	Os Finos	Veterano M40	03:13:49	+01:07:57	08:26
7	38	JOSE MARTINS	Individual	Veterano M40	03:13:51	+01:07:59	08:26
8	48	Pedro Santos	Individual	Veterano M40	03:14:09	+01:08:17	08:26
9	60	Filipe Correia	Melres Trail Running	Veterano M40	03:18:46	+01:12:54	08:39
10	39	José Paulino	Individual	Veterano M40	03:20:40	+01:14:48	08:43
11	77	Jose Oliveira	TrepaTrilhos Trail Team	Veterano M40	03:23:07	+01:17:15	08:50
12	12	Rui Manuel Silva	Clube Douro e Paiva	Veterano M40	03:25:54	+01:20:02	08:57
13	43	Paulo António Pereira Duarte	Individual	Veterano M40	03:29:08	+01:23:16	09:06
14	50	Sérgio Henrique da Rocha e Sousa	Individual	Veterano M40	03:33:09	+01:27:17	09:16
15	41	Miguel Sérgio Silva Ferreira da Rocha	Individual	Veterano M40	03:51:18	+01:45:26	10:03
16	37	Henrique Bruno Santos	Individual	Veterano M40	03:51:21	+01:45:29	10:04
17	35	Alberto Carlos Lima Pereira	Individual	Veterano M40	03:56:32	+01:50:40	10:17
18	47	Pedro Flores de Magalhães	Individual	Veterano M40	04:05:40	+01:59:47	10:41
19	76	Francisco Cunha	TrepaTrilhos Trail Team	Veterano M40	04:24:01	+02:18:09	11:29
20	65	Pedro Ferreira	P&N	Veterano M40	04:38:03	+02:32:11	12:05

Veterano M50

1	10	Jorge Manuel Barbosa Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	02:31:17	+25:25	06:35
2	61	AGOSTINHO SOUSA	Moinhos Run-ADRM	Veterano M50	02:46:32	+40:40	07:14
3	51	adriano matias dos santos lima oliveira	Individual	Veterano M50	02:51:33	+45:41	07:28
4	55	Paulo Silva	Individual	Veterano M50	02:59:52	+54:00	07:49
5	52	Fernando Abilio Santos Vieira	Individual	Veterano M50	03:11:44	+01:05:52	08:20
6	13	Paulo Manuel Ferreira da Silva	CMDS	Veterano M50	03:36:07	+01:30:15	09:24
7	53	Fernando Soares	Individual	Veterano M50	03:39:17	+01:33:25	09:32
8	54	João Silva	Individual	Veterano M50	03:51:18	+01:45:25	10:03
9	56	Rui Sá	Individual	Veterano M50	03:56:31	+01:50:39	10:17