II Poço Negro Trail 2017
Rio Mau Penafiel
25-June-2017

TRAIL LONGO - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	-99ºC	-99%
End	14:29	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	144	Bruno Gazela	amigos do pedal trailagares	Senior Masculino	02:27:46		05:55
2	140	Pedro Santos	fugitivos urbanos - clínica + saude	Veterano M40	02:30:56	+03:09	06:02
3	26	Hugo Gonçalves	satecnosol outdoor/la sportiva	Senior Masculino	02:32:44	+04:57	06:07
4	134	Fábio Pinto	satecnosol outdoor/la sportiva	Senior Masculino	02:38:42	+10:55	06:21
5	57	Agostinho Reis	individual	Senior Masculino	02:38:43	+10:56	06:21
6	137	José Cabral	unidos somos um	Veterano M50	02:38:58	+11:11	06:22
7	27	Carlos Ferreira	btt alegria // tubani	Veterano M40	02:39:27	+11:40	06:23
8	109	Bruno Gonçalves	marco trail	Senior Masculino	02:51:13	+23:26	06:51
9	16	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M50	02:58:26	+30:39	07:08
10	123	António Borges	porto sentido runners	Veterano M40	03:00:09	+32:22	07:12
11	18	Jorge Gomes	arcorun	Senior Masculino	03:00:45	+32:58	07:14
12	7	Roberto Freitas	a. d. sebolido trail boneca douro	Senior Masculino	03:02:38	+34:51	07:18
13	86	Bruno Cardoso Araujo	kemedo team	Veterano M40	03:02:43	+34:56	07:19
14	64	Diogo Silva	individual	Senior Masculino	03:05:56	+38:09	07:26
15	51	Manuel Silva	gondomar futsal clube	Senior Masculino	03:08:22	+40:35	07:32
16	67	Filipe rocha	individual	Senior Masculino	03:11:03	+43:16	07:39
17	47	António Rocha	factor x / s4l / medense fc	Veterano M50	03:11:58	+44:11	07:41
18	63	Carlos Gabriel Oliveira Coutinho	individual	Senior Masculino	03:13:49	+46:02	07:45
19	70	Hugo Gonçalves	individual	Senior Masculino	03:18:17	+50:30	07:56
20	101	Jose grijo	leroy merlin trail team	Senior Masculino	03:20:18	+52:31	08:01
21	65	Duarte Conceição	individual	Senior Masculino	03:23:40	+55:54	08:09
22	100	AGOSTINHO SOUSA	kunalama runners	Veterano M50	03:24:19	+56:32	08:10
23	42	Henrique Manuel Dinis Fernandes	dão nelas runners	Veterano M40	03:24:19	+56:33	08:10
24	38	Cláudio Antero Carvalho Roças	dão nelas runners	Senior Masculino	03:24:19	+56:33	08:10
25	40	Nuno Salvador	dão nelas runners	Senior Masculino	03:24:19	+56:33	08:10
26	83	André Figueiredo	individual	Veterano M40	03:24:29	+56:43	08:11
27	113	Bruno Monteiro	norte vertical	Senior Masculino	03:24:32	+56:46	08:11
28	39	Nuno Garcia	dão nelas runners	Senior Masculino	03:25:03	+57:16	08:12
29	79	Rúben Alves	individual	Senior Masculino	03:26:46	+58:59	08:16
30	34	Paulo Silva	clube zupper	Senior Masculino	03:26:53	+59:06	08:17
31	24	Maria Augusta Da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	03:27:17	+59:31	08:17
32	9	Paulo Correia	a. d. sebolido trail boneca douro	Veterano M40	03:30:28	+01:02:41	08:25
33	73	Nicola Casagrande	individual	Senior Masculino	03:30:53	+01:03:07	08:26
34	28	Paulo Nunes	btt alegria // tubani	Veterano M40	03:31:55	+01:04:09	08:29
35	50	Micael cunha	gaia trail	Senior Masculino	03:32:13	+01:04:26	08:29
36	22	Manuel Segundo	arcorun	Veterano M50	03:35:30	+01:07:43	08:37
37	96	Paulo Ribeiro	individual	Veterano M40	03:35:52	+01:08:05	08:38
38	132	RENATO OLIVEIRA	portocargo	Veterano M40	03:38:18	+01:10:31	08:44
39	126	Miguel Azevedo	porto sentido runners	Veterano M40	03:39:22	+01:11:35	08:46
40	45	ADRIANO MATIAS	energia ginasio	Veterano M50	03:40:29	+01:12:43	08:49

TRAIL LONGO - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	130	MANUELA FARIA	portocargo	Veterana F40	03:40:46	+01:12:59	08:50
42	17	Manuel Arcanjo Freitas Ferreira	amigos do pedal trailagares	Veterano M50	03:42:20	+01:14:33	08:54
43	15	Miguel Ângelo de Oliveira Pinto	amigos do pedal trailagares	Senior Masculino	03:42:20	+01:14:33	08:54
44	87	David Ferreira	individual	Veterano M40	03:42:23	+01:14:36	08:54
45	110	Rui Madureira	marco trail	Senior Masculino	03:45:52	+01:18:05	09:02
46	43	ANTONIO ALVES	energia ginasio	Veterano M40	03:45:52	+01:18:05	09:02
47	91	jose martins	individual	Veterano M40	03:47:39	+01:19:52	09:06
48	59	Antonio Carlos Tavares de Paiva	individual	Senior Masculino	03:51:10	+01:23:23	09:15
49	80	Vitor Pereira	individual	Senior Masculino	03:55:29	+01:27:42	09:25
50	78	Ricardo Pinheiro	individual	Senior Masculino	03:57:43	+01:29:56	09:31
51	13	Marco Silva	all about spirit team	Veterano M40	03:58:08	+01:30:22	09:32
52	8	Rui Teixeira	a. d. sebolido trail boneca douro	Senior Masculino	03:59:31	+01:31:44	09:35
53	119	Rui Ferreira	os marretas	Senior Masculino	04:01:16	+01:33:29	09:39
54	124	Avelino Rodrigues	porto sentido runners	Veterano M40	04:02:12	+01:34:25	09:41
55	69	Helder Manuel Santos Moreira	individual	Senior Masculino	04:02:39	+01:34:52	09:42
56	58	Alexandre Cardoso da Silva	individual	Senior Masculino	04:02:48	+01:35:01	09:43
57	139	Mitchell Miranda	will run for beer	Senior Masculino	04:04:42	+01:36:55	09:47
58	20	Carlos Couto	arcorun	Veterano M40	04:06:04	+01:38:17	09:51
59	141	Carla Pereira	aliança de gandra	Senior Feminino	04:06:30	+01:38:43	09:52
60	49	SÉRGIO SILVA	fugitivos urbanos - clínica + saude	Senior Masculino	04:07:04	+01:39:17	09:53
61	82	Maria Fernanda Freitas Ferreira	individual	Veterana F40	04:07:31	+01:39:44	09:54
62	102	Carlos Reis	leroy merlin trail team	Veterano M40	04:07:58	+01:40:11	09:55
63	85	Artur	individual	Veterano M40	04:08:35	+01:40:48	09:57
64	53	Daniela Sofia de Pinho Soares	individual	Senior Feminino	04:08:36	+01:40:49	09:57
65	121	Camila Mendes	porto sentido runners	Senior Feminino	04:12:04	+01:44:17	10:05
66	92	Mário Duarte Pereira	individual	Veterano M40	04:12:06	+01:44:19	10:05
67	75	Paulo Filipe Nunes	individual	Senior Masculino	04:13:59	+01:46:12	10:10
68	115	António Franco	os finos	Veterano M40	04:14:38	+01:46:51	10:11
69	116	António Oliveira	os finos	Veterano M40	04:14:38	+01:46:52	10:11
70	32	Américo Manuel Graça Gomes	cal - clube atletismo de lamas	Veterano M40	04:16:03	+01:48:16	10:15
71	33	Carlos Cardoso	cal - clube atletismo de lamas	Veterano M40	04:16:03	+01:48:16	10:15
72	81	Vladimir Gomes	individual	Senior Masculino	04:18:30	+01:50:43	10:20
73	93	Orlando Alves	individual	Veterano M40	04:21:34	+01:53:47	10:28
74	6	Banita	a. d. sebolido trail boneca douro	Senior Feminino	04:21:43	+01:53:56	10:28
75	48	Luís Miguel Brás Pinto	fridão sem limites	Senior Masculino	04:21:46	+01:53:59	10:28
76	90	Filipe Alferes	individual	Veterano M40	04:23:22	+01:55:36	10:32
77	29	Helena Passos	buraco negro	Senior Feminino	04:23:54	+01:56:07	10:33
78	138	Jorge Daniel Ferreira Silva	will run for beer	Senior Masculino	04:26:09	+01:58:22	10:39
79	41	Paulo Filipe Figueiredo Mendes	dão nelas runners	Senior Masculino	04:27:35	+01:59:48	10:42
80	44	PAULO DUARTE	energia ginasio	Veterano M40	04:29:23	+02:01:36	10:47
81	30	Solange Sousa	buraco negro	Senior Feminino	04:29:47	+02:02:00	10:47
82	128	Humberto Pinho	porto sentido runners	Veterano M50	04:32:00	+02:04:13	10:53

TRAIL LONGO - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
83	122	Olga Almeida	porto sentido runners	Senior Feminino	04:32:00	+02:04:13	10:53
84	118	Ricardo Ribeiro	os marretas	Senior Masculino	04:32:12	+02:04:25	10:53
85	5	Flor Madureira	leões do veneza	Veterana F50	04:32:13	+02:04:26	10:53
86	97	Pedro Daniel do Vale Rodrigues Ferreira	individual	Veterano M40	04:33:39	+02:05:52	10:57
87	108	Norberto Aguiar	mancos a vista	Senior Masculino	04:38:39	+02:10:52	11:09
88	36	João Cardoso	comdor runners	Veterano M40	04:38:56	+02:11:10	11:09
89	35	Paula Silva	comdor runners	Veterana F40	04:38:57	+02:11:10	11:09
90	107	Miguel Mendes	mancos a vista	Senior Masculino	04:40:15	+02:12:28	11:13
91	55	Neuza Isabel da Silva Rodrigues	individual	Senior Feminino	04:45:13	+02:17:26	11:25
92	72	JOSE COELHO	individual	Senior Masculino	04:45:24	+02:17:37	11:25
93	66	Filipe Moreira	individual	Senior Masculino	04:45:24	+02:17:38	11:25
94	106	Ricardo Jorge Teixeira	los fófuxos	Veterano M40	04:50:38	+02:22:51	11:38
95	105	Ana Luisa Dolores Silva	los fófuxos	Senior Feminino	04:50:38	+02:22:51	11:38
96	129	RICARDO PEREIRA	portocargo	Senior Masculino	04:50:40	+02:22:53	11:38
97	31	Fábio Moreira Jesus Vieira	buraco negro	Senior Masculino	04:50:41	+02:22:55	11:38
98	56	Rita Basto	individual	Senior Feminino	04:50:51	+02:23:04	11:38
99	61	Bruno Fernandes	individual	Senior Masculino	04:50:51	+02:23:04	11:38
100	23	Pedro Melo	arcorun	Veterano M50	04:56:04	+02:28:17	11:51
101	54	Mónica Barbosa	individual	Senior Feminino	05:00:20	+02:32:33	12:01
102	103	Carmen Magalhães	lion runners - g. d. leões da guarda	Veterana F40	05:02:02	+02:34:15	12:05
103	104	Pedro Gaio	lion runners - g. d. leões da guarda	Veterano M40	05:02:02	+02:34:15	12:05
104	99	paulo genesio	individual	Veterano M50	05:03:57	+02:36:11	12:09
105	62	Carlos	individual	Senior Masculino	05:04:08	+02:36:22	12:10
106	120	Tiago Vieira	os marretas	Senior Masculino	05:13:40	+02:45:53	12:33
107	117	Ana Branco	os marretas	Senior Feminino	05:13:41	+02:45:55	12:33
108	136	Paula Oliveira	unidos somos um	Veterana F40	05:18:50	+02:51:03	12:45
109	127	Pedro Sousa	porto sentido runners	Veterano M40	05:24:31	+02:56:44	12:59
110	98	Pedro Flores de Magalhães	individual	Veterano M40	05:27:30	+02:59:43	13:06
111	10	Miguel Pinto	activegym	Senior Masculino	05:27:41	+02:59:55	13:06
112	60	Artur Fonseca	individual	Senior Masculino	05:49:11	+03:21:25	13:58
113	95	PAULO JORGE	individual	Veterano M40	05:50:59	+03:23:12	14:02
114	2	Raquel Vasconcelos	individual	Senior Feminino	05:53:51	+03:26:04	14:09
115	1	Eduardo Pinto	individual	Veterano M40	05:54:40	+03:26:54	14:11

Obs

BIB	NOTE	NAME	TEAM	CAT
74	DNF	PAULO FERREIRA	Individual	Senior Masculino

II Poço Negro Trail 2017
Rio Mau Penafiel
25-June-2017

Trail Longo — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	-99ºC	-99%
End	14:29	-99ºC	-99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	141	Carla Pereira	Aliança de Gandra	Senior Feminino	04:06:30	+01:38:43	09:52
2	53	Daniela Sofia de Pinho Soares	Individual	Senior Feminino	04:08:36	+01:40:49	09:57
3	121	Camila Mendes	Porto Sentido Runners	Senior Feminino	04:12:04	+01:44:17	10:05
4	6	Banita	A. D. Sebolido Trail Boneca Douro	Senior Feminino	04:21:43	+01:53:56	10:28
5	29	Helena Passos	Buraco Negro	Senior Feminino	04:23:54	+01:56:07	10:33
6	30	Solange Sousa	Buraco Negro	Senior Feminino	04:29:47	+02:02:00	10:47
7	122	Olga Almeida	Porto Sentido Runners	Senior Feminino	04:32:00	+02:04:13	10:53
8	55	Neuza Isabel da Silva Rodrigues	Individual	Senior Feminino	04:45:13	+02:17:26	11:25
9	105	Ana Luisa Dolores Silva	Los Fófuxos	Senior Feminino	04:50:38	+02:22:51	11:38
10	56	Rita Basto	Individual	Senior Feminino	04:50:51	+02:23:04	11:38
11	54	Mónica Barbosa	Individual	Senior Feminino	05:00:20	+02:32:33	12:01
12	117	Ana Branco	Os Marretas	Senior Feminino	05:13:41	+02:45:55	12:33
13	2	Raquel Vasconcelos	Individual	Senior Feminino	05:53:51	+03:26:04	14:09

Senior Masculino

1	144	Bruno Gazela	Amigos do Pedal TraiLagares	Senior Masculino	02:27:46		05:55
2	26	Hugo Gonçalves	Satecnosol Outdoor/La Sportiva	Senior Masculino	02:32:44	+04:57	06:07
3	134	Fábio Pinto	Satecnosol Outdoor/La Sportiva	Senior Masculino	02:38:42	+10:55	06:21
4	57	Agostinho Reis	Individual	Senior Masculino	02:38:43	+10:56	06:21
5	109	Bruno Gonçalves	MARCO TRAIL	Senior Masculino	02:51:13	+23:26	06:51
6	18	Jorge Gomes	ARCORUN	Senior Masculino	03:00:45	+32:58	07:14
7	7	Roberto Freitas	A. D. Sebolido Trail Boneca Douro	Senior Masculino	03:02:38	+34:51	07:18
8	64	Diogo Silva	Individual	Senior Masculino	03:05:56	+38:09	07:26
9	51	Manuel Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:08:22	+40:35	07:32
10	67	Filipe rocha	Individual	Senior Masculino	03:11:03	+43:16	07:39
11	63	Carlos Gabriel Oliveira Coutinho	Individual	Senior Masculino	03:13:49	+46:02	07:45
12	70	Hugo Gonçalves	Individual	Senior Masculino	03:18:17	+50:30	07:56
13	101	Jose grijo	LEROY MERLIN TRAIL TEAM	Senior Masculino	03:20:18	+52:31	08:01
14	65	Duarte Conceição	Individual	Senior Masculino	03:23:40	+55:54	08:09
15	38	Cláudio Antero Carvalho Roças	Dão Nelas Runners	Senior Masculino	03:24:19	+56:33	08:10
16	40	Nuno Salvador	Dão Nelas Runners	Senior Masculino	03:24:19	+56:33	08:10
17	113	Bruno Monteiro	Norte Vertical	Senior Masculino	03:24:32	+56:46	08:11
18	39	Nuno Garcia	Dão Nelas Runners	Senior Masculino	03:25:03	+57:16	08:12
19	79	Rúben Alves	Individual	Senior Masculino	03:26:46	+58:59	08:16
20	34	Paulo Silva	Clube Zupper	Senior Masculino	03:26:53	+59:06	08:17
21	73	Nicola Casagrande	Individual	Senior Masculino	03:30:53	+01:03:07	08:26
22	50	Micael cunha	Gaia Trail	Senior Masculino	03:32:13	+01:04:26	08:29
23	15	Miguel Ângelo de Oliveira Pinto	Amigos do Pedal TraiLagares	Senior Masculino	03:42:20	+01:14:33	08:54

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

24	110	Rui Madureira	MARCO TRAIL	Senior Masculino	03:45:52	+01:18:05	09:02
25	59	Antonio Carlos Tavares de Paiva	Individual	Senior Masculino	03:51:10	+01:23:23	09:15
26	80	Vitor Pereira	Individual	Senior Masculino	03:55:29	+01:27:42	09:25
27	78	Ricardo Pinheiro	Individual	Senior Masculino	03:57:43	+01:29:56	09:31
28	8	Rui Teixeira	A. D. Sebolido Trail Boneca Douro	Senior Masculino	03:59:31	+01:31:44	09:35
29	119	Rui Ferreira	Os Marretas	Senior Masculino	04:01:16	+01:33:29	09:39
30	69	Helder Manuel Santos Moreira	Individual	Senior Masculino	04:02:39	+01:34:52	09:42
31	58	Alexandre Cardoso da Silva	Individual	Senior Masculino	04:02:48	+01:35:01	09:43
32	139	Mitchell Miranda	Will Run For Beer	Senior Masculino	04:04:42	+01:36:55	09:47
33	49	SÉRGIO SILVA	FUGITIVOS URBANOS - CLÍNICA + SAUDE	Senior Masculino	04:07:04	+01:39:17	09:53
34	75	Paulo Filipe Nunes	Individual	Senior Masculino	04:13:59	+01:46:12	10:10
35	81	Vladimir Gomes	Individual	Senior Masculino	04:18:30	+01:50:43	10:20
36	48	Luís Miguel Brás Pinto	Fridão Sem Limites	Senior Masculino	04:21:46	+01:53:59	10:28
37	138	Jorge Daniel Ferreira Silva	Will Run For Beer	Senior Masculino	04:26:09	+01:58:22	10:39
38	41	Paulo Filipe Figueiredo Mendes	Dão Nelas Runners	Senior Masculino	04:27:35	+01:59:48	10:42
39	118	Ricardo Ribeiro	Os Marretas	Senior Masculino	04:32:12	+02:04:25	10:53
40	108	Norberto Aguiar	Mancos a vista	Senior Masculino	04:38:39	+02:10:52	11:09
41	107	Miguel Mendes	Mancos a vista	Senior Masculino	04:40:15	+02:12:28	11:13
42	72	JOSE COELHO	Individual	Senior Masculino	04:45:24	+02:17:37	11:25
43	66	Filipe Moreira	Individual	Senior Masculino	04:45:24	+02:17:38	11:25
44	129	RICARDO PEREIRA	PORTOCARGO	Senior Masculino	04:50:40	+02:22:53	11:38
45	31	Fábio Moreira Jesus Vieira	Buraco Negro	Senior Masculino	04:50:41	+02:22:55	11:38
46	61	Bruno Fernandes	Individual	Senior Masculino	04:50:51	+02:23:04	11:38
47	62	Carlos	Individual	Senior Masculino	05:04:08	+02:36:22	12:10
48	120	Tiago Vieira	Os Marretas	Senior Masculino	05:13:40	+02:45:53	12:33
49	10	Miguel Pinto	ActiveGym	Senior Masculino	05:27:41	+02:59:55	13:06
50	60	Artur Fonseca	Individual	Senior Masculino	05:49:11	+03:21:25	13:58

Veterana F40

1	24	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	03:27:17	+59:31	08:17
2	130	MANUELA FARIA	PORTOCARGO	Veterana F40	03:40:46	+01:12:59	08:50
3	82	Maria Fernanda Freitas Ferreira	Individual	Veterana F40	04:07:31	+01:39:44	09:54
4	35	Paula Silva	ComDor Runners	Veterana F40	04:38:57	+02:11:10	11:09
5	103	Carmen Magalhães	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	05:02:02	+02:34:15	12:05
6	136	Paula Oliveira	Unidos somos UM	Veterana F40	05:18:50	+02:51:03	12:45

Veterana F50

1	5	Flor Madureira	Leões do Veneza	Veterana F50	04:32:13	+02:04:26	10:53

Trail Longo — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M40

1	140	Pedro Santos	FUGITIVOS URBANOS - CLÍNICA + SAUDE	Veterano M40	02:30:56	+03:09	06:02
2	27	Carlos Ferreira	BTT Alegria // TUBANI	Veterano M40	02:39:27	+11:40	06:23
3	123	António Borges	Porto Sentido Runners	Veterano M40	03:00:09	+32:22	07:12
4	86	Bruno Cardoso Araujo	KeMedo Team	Veterano M40	03:02:43	+34:56	07:19
5	42	Henrique Manuel Dinis Fernandes	Dão Nelas Runners	Veterano M40	03:24:19	+56:33	08:10
6	83	André Figueiredo	Individual	Veterano M40	03:24:29	+56:43	08:11
7	9	Paulo Correia	A. D. Sebolido Trail Boneca Douro	Veterano M40	03:30:28	+01:02:41	08:25
8	28	Paulo Nunes	BTT Alegria // TUBANI	Veterano M40	03:31:55	+01:04:09	08:29
9	96	Paulo Ribeiro	Individual	Veterano M40	03:35:52	+01:08:05	08:38
10	132	RENATO OLIVEIRA	PORTOCARGO	Veterano M40	03:38:18	+01:10:31	08:44
11	126	Miguel Azevedo	Porto Sentido Runners	Veterano M40	03:39:22	+01:11:35	08:46
12	87	David Ferreira	Individual	Veterano M40	03:42:23	+01:14:36	08:54
13	43	ANTONIO ALVES	ENERGIA GINASIO	Veterano M40	03:45:52	+01:18:05	09:02
14	91	jose martins	Individual	Veterano M40	03:47:39	+01:19:52	09:06
15	13	Marco Silva	ALL ABOUT SPIRIT TEAM	Veterano M40	03:58:08	+01:30:22	09:32
16	124	Avelino Rodrigues	Porto sentido Runners	Veterano M40	04:02:12	+01:34:25	09:41
17	20	Carlos Couto	ARCORUN	Veterano M40	04:06:04	+01:38:17	09:51
18	102	Carlos Reis	LEROY MERLIN TRAIL TEAM	Veterano M40	04:07:58	+01:40:11	09:55
19	85	Artur	Individual	Veterano M40	04:08:35	+01:40:48	09:57
20	92	Mário Duarte Pereira	Individual	Veterano M40	04:12:06	+01:44:19	10:05
21	115	António Franco	Os Finos	Veterano M40	04:14:38	+01:46:51	10:11
22	116	António Oliveira	Os Finos	Veterano M40	04:14:38	+01:46:52	10:11
23	32	Américo Manuel Graça Gomes	CAL - Clube Atletismo de Lamas	Veterano M40	04:16:03	+01:48:16	10:15
24	33	Carlos Cardoso	CAL - Clube Atletismo de Lamas	Veterano M40	04:16:03	+01:48:16	10:15
25	93	Orlando Alves	Individual	Veterano M40	04:21:34	+01:53:47	10:28
26	90	Filipe Alferes	Individual	Veterano M40	04:23:22	+01:55:36	10:32
27	44	PAULO DUARTE	ENERGIA GINASIO	Veterano M40	04:29:23	+02:01:36	10:47
28	97	Pedro Daniel do Vale Rodrigues Ferreira	Individual	Veterano M40	04:33:39	+02:05:52	10:57
29	36	João Cardoso	ComDor Runners	Veterano M40	04:38:56	+02:11:10	11:09
30	106	Ricardo Jorge Teixeira	Los Fófuxos	Veterano M40	04:50:38	+02:22:51	11:38
31	104	Pedro Gaio	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	05:02:02	+02:34:15	12:05
32	127	Pedro Sousa	Porto Sentido Runners	Veterano M40	05:24:31	+02:56:44	12:59
33	98	Pedro Flores de Magalhães	Individual	Veterano M40	05:27:30	+02:59:43	13:06
34	95	PAULO JORGE	Individual	Veterano M40	05:50:59	+03:23:12	14:02
35	1	Eduardo Pinto	Individual	Veterano M40	05:54:40	+03:26:54	14:11

Veterano M50

1	137	José Cabral	Unidos somos UM	Veterano M50	02:38:58	+11:11	06:22
2	16	Jorge Manuel Barbosa Moreira	Amigos do Pedal TraiLagares	Veterano M50	02:58:26	+30:39	07:08
3	47	António Rocha	Factor X / S4L / Medense FC	Veterano M50	03:11:58	+44:11	07:41
4	100	AGOSTINHO SOUSA	Kunalama Runners	Veterano M50	03:24:19	+56:32	08:10

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

5	22	Manuel Segundo	ARCORUN	Veterano M50	03:35:30	+01:07:43	08:37
6	45	ADRIANO MATIAS	ENERGIA GINASIO	Veterano M50	03:40:29	+01:12:43	08:49
7	17	Manuel Arcanjo Freitas Ferreira	Amigos do Pedal TraiLagares	Veterano M50	03:42:20	+01:14:33	08:54
8	128	Humberto Pinho	Porto Sentido Runners	Veterano M50	04:32:00	+02:04:13	10:53
9	23	Pedro Melo	ARCORUN	Veterano M50	04:56:04	+02:28:17	11:51
10	99	paulo genesio	Individual	Veterano M50	05:03:57	+02:36:11	12:09

COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Amigos do Pedal TraiLagares	1 + 9 + 42	52
2	Dão Nelas Runners	23 + 24 + 25	72
3	A. D. Sebolido Trail Boneca Douro	12 + 32 + 52	96
4	ARCORUN	11 + 36 + 58	105
5	Porto Sentido Runners	10 + 39 + 65	114
6	ENERGIA GINASIO	40 + 46 + 80	166
7	PORTOCARGO	38 + 41 + 96	175
8	Os Marretas	53 + 84 + 106	243
9	Buraco Negro	77 + 81 + 97	255