

Pos	Dorsal	Nome	Equipa	Escalão	Tempo	Dife.
1	241	João Santos	Boccasballs	Elite-M	01:57:21	00:00:00
2	293	Paulo Costa	ADamarante Trail Running	Elite-M	01:57:47	00:00:25
3	238	João Pereira	individual	Elite-M	02:00:04	00:02:42
4	298	Pedro Amaro	G. D. Os Ribeirinhos	Masters 40-M	02:04:57	00:07:36
5	240	João Santos	Boccasballs	Masters 40-M	02:07:56	00:10:35
6	207	André Barros	CCD Leões da Floresta / UBI	Elite-M	02:08:24	00:11:02
7	239	João Santos	PSP runner	Masters 40-M	02:08:43	00:11:21
8	234	Gabriel	Runners Lampassa	Elite-M	02:09:59	00:12:37
9	308	Ricardo Oliveira	PSP runner	Masters 40-M	02:10:03	00:12:41
10	228	Daniel Duarte	G. D. Os Ribeirinhos	Elite-M	02:14:30	00:17:08
11	257	José Pinto	Team Rede Ambiente	Elite-M	02:16:16	00:18:55
12	248	José Nunes	individual	Masters 50-M	02:16:25	00:19:03
13	202	Alexandre Santos	Clube de Montanha Alto Trilho - Javalis	Elite-M	02:16:33	00:19:11
14	311	Sérgio Carneiro	Descola	Elite-M	02:17:28	00:20:07
15	252	José Costa	individual	Masters 40-M	02:18:48	00:21:27
16	203	Alvaro Salvador	individual	Masters 40-M	02:19:05	00:21:44
17	249	José Costa	individual	Masters 40-M	02:20:44	00:23:23
18	235	Homero Lourenço	G. D. Os Ribeirinhos	Elite-M	02:21:45	00:24:23
19	303	Pedro Pontes	GDR Granja - TRUTAS DO MAU	Elite-M	02:24:56	00:27:34
20	292	Paulo Melanda	Mountain trails	Masters 40-M	02:25:51	00:28:30
21	255	José Madureira	AMIGO	Elite-M	02:25:53	00:28:32
22	291	Paulo Pires	RUNNERS DO DEMO	Elite-M	02:27:28	00:30:07
23	245	João Valério	PSP runner	Masters 40-M	02:27:37	00:30:15
24	285	Nuno Oliveira	Clube de Montanha Alto Trilho - Javalis	Masters 40-M	02:28:21	00:30:59
25	266	Luis Ferreira	Boccasballs	Elite-M	02:28:25	00:31:04
26	287	Nuno Pimpão	ROLLING TEAM	Elite-M	02:29:15	00:31:53
27	262	Luis Abadito	Viseu 2001	Elite-M	02:29:22	00:32:01
28	275	Manuel Neves	individual	Masters 50-M	02:29:32	00:32:10
29	297	Pedro Sousa	RUNNERS DO DEMO	Masters 40-M	02:30:20	00:32:59
30	264	Luis Salvador	individual	Masters 50-M	02:32:44	00:35:23
31	307	Renato Ferreira	Sport Viseu e Benfica	Masters 40-M	02:32:59	00:35:38
32	217	Carlos Almeida	Clube de Montanha Alto Trilho - Javalis	Masters 40-M	02:33:43	00:36:22
33	301	Pedro Morgado	#projecto46	Elite-M	02:34:29	00:37:08
34	276	Manuel Vieira	AMIGO	Elite-M	02:34:32	00:37:10
35	306	Ramiro Oliveira	PSP runner	Masters 40-M	02:36:50	00:39:29
36	242	João Lázaro	Boccasballs	Masters 40-M	02:37:51	00:40:30
37	213	Armando Ribeiro	AMIGO	Masters 40-M	02:38:17	00:40:56
38	231	Edgar Ribeiro	Degustar Vaidades Nazaré	Masters 40-M	02:38:44	00:41:22
39	247	Jorge Pedro	Mountain trails	Masters 40-M	02:38:50	00:41:29
40	312	Sérgio Gabriel	GDR Granja - TRUTAS DO MAU	Elite-M	02:39:24	00:42:03
41	296	Paulo Mendes	S. Joaninho	Elite-M	02:39:42	00:42:21
42	214	Augusto Trindade	individual	Masters 40-M	02:40:31	00:43:09
43	268	Luis Monteiro	www.luismonteiro.pt	Masters 40-M	02:40:33	00:43:12
44	299	Pedro Carvalho	Run Forrest Run	Masters 40-M	02:41:13	00:43:52
45	236	Hugo Costa	Viriathvs Runners Viseu	Elite-M	02:41:16	00:43:55
46	200	Alcides Pereira	GDR Granja - TRUTAS DO MAU	Masters 40-M	02:41:31	00:44:10
47	250	José Gomes	G. D. Os Ribeirinhos	Masters 40-M	02:42:01	00:44:39
48	227	Cristovão Chaves	RUNNERS DO DEMO	Elite-M	02:43:36	00:46:14
49	269	Lurdes Gil	Mountain trails	Masters 40-F	02:43:52	00:46:31
50	320	Luis Marques	Guarda Runners	Elite-M	02:48:14	00:50:53

Pos	Dorsal	Nome	Equipa	Escalão	Tempo	Dife.
51	280	Marco Silva	Clube de Montanha Alto Trilho - Javalis	Elite-M	02:48:27	00:51:06
52	319	Bruno Santos	Guarda Runners	Elite-M	02:48:30	00:51:08
53	233	Flor Madureira	Leões do Veneza	Masters 40-F	02:48:38	00:51:16
54	251	José Eufrásio	individual	Masters 50-M	02:49:27	00:52:06
55	273	Manuel Vieira	G. D. Os Ribeirinhos	Masters 40-M	02:49:54	00:52:33
56	304	Pedro Sampaio	AZULAICO	Elite-M	02:50:13	00:52:52
57	282	Miguel Campos	individual	Masters 40-M	02:50:20	00:52:59
58	271	Manuel Aguiar	PSP runner	Elite-M	02:50:40	00:53:19
59	278	Marco Formoso	PSP runner	Elite-M	02:51:01	00:53:39
60	222	Carmo Marinho	individual	Masters 50-F	02:51:13	00:53:52
61	283	Miguel Mateus	individual	Elite-M	02:53:32	00:56:10
62	219	Carlos Rocha	individual	Masters 50-M	02:53:37	00:56:15
63	229	Daniela Falcão	Runners Lampassa	Elite-F	02:53:42	00:56:21
64	325	Filipe Teles	individual	Elite-M	02:53:43	00:56:21
65	279	Marco Nunes	ADamarante Trail Running	Elite-M	02:54:28	00:57:07
66	321	Jose Fernandes	individual	Masters 40-M	02:56:12	00:58:51
67	258	José Fernandes	RUNNERS DO DEMO	Masters 40-M	02:57:34	01:00:12
68	302	Pedro Pires	RUNNERS DO DEMO	Elite-M	02:57:37	01:00:16
69	205	Ana Martins	ROLLING TEAM	Masters 40-F	02:59:26	01:02:05
70	237	Isabel Oliveira	GDR Granja - TRUTAS DO MAU	Masters 40-F	02:59:44	01:02:23
71	314	Silvério Santos	individual	Masters 40-M	03:00:13	01:02:51
72	284	Miguel Seca	individual	Elite-M	03:00:18	01:02:57
73	267	Luis Faria	individual	Masters 40-M	03:00:21	01:02:59
74	206	Ana Nascimento	Sport Viseu e Benfica	Masters 40-F	03:01:24	01:04:03
75	208	André Costa	S. Joaninho	Elite-M	03:01:25	01:04:03
76	295	Paulo Mendes	Canianos	Elite-M	03:01:29	01:04:08
77	224	Ces ·rio Rocha	individual	Masters 40-M	03:04:57	01:07:35
78	246	Joaquim Teixeira	AZULAICO	Elite-M	03:07:41	01:10:19
79	309	Rui Mendes	AZULAICO	Elite-M	03:07:45	01:10:24
80	288	Óscar Magalhães	AZULAICO	Elite-M	03:07:49	01:10:28
81	256	José Ferreira	G. D. Os Ribeirinhos	Masters 50-M	03:11:19	01:13:58
82	243	João Pinto	S. Joaninho	Elite-M	03:11:23	01:14:02
83	221	Carlos Rocha	individual	Masters 50-M	03:16:49	01:19:27
84	305	Pedro Seixas	Oralklass - Aliança - Amigos do Trail	Masters 40-M	03:18:58	01:21:36
85	281	Maria Pina	individual	Elite-F	03:21:53	01:24:32
86	209	André Nobre	Clube de Montanha Alto Trilho - Javalis	Elite-M	03:23:17	01:25:55
87	211	António Marques	individual	Masters 40-M	03:23:18	01:25:57
88	290	Paulo Casais	Clube de Montanha Alto Trilho - Javalis	Elite-M	03:23:22	01:26:01
89	230	David Assis	individual	Masters 40-M	03:29:38	01:32:16
90	218	Carlos Santos	S. Joaninho	Elite-M	03:31:45	01:34:24
91	318	Vania Amaral	individual	Elite-F	03:34:17	01:36:55
92	315	Silvio Silva	Elemento Natural PFR	Elite-M	03:34:54	01:37:33
93	220	Carlos Ribeiro	individual	Elite-M	03:35:38	01:38:17
94	277	Mara Silva	individual	Elite-F	03:36:00	01:38:39
95	310	Sandra Oliveira	G. D. Os Ribeirinhos	Masters 40-F	03:36:55	01:39:34
96	316	Sónia Martins	G. D. Os Ribeirinhos	Elite-F	03:39:52	01:42:31
97	210	Andreia Silva	individual	Elite-F	03:44:49	01:47:28
98	204	Amelia	individual	Elite-F	03:44:52	01:47:30
99	225	César Alves	individual	Elite-M	03:59:48	02:02:27
100	212	António Pereira	MULAS DA COOPERATIVA	Elite-M	03:59:58	02:02:36

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101	260	Liliana Monteiro	Elemento Natural PFR	Elite-F	04:11:32	02:14:10
102	261	Liliana Cardoso	Elemento Natural PFR	Elite-F	04:11:34	02:14:12
103	324	Joao Carlos	individual	Masters 40-M	04:23:25	02:26:03